

HENDRICKS COUNTY

# DEDICATION AND A PASSION FOR NURSING SERVES AS INSPIRATION FOR OTHERS

A Challenging Career of Excellence in Nursing and Patient Care Serves as Inspiration for Others

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Indiana University Health



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Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Kate Anderson at (317) 451-4088 or

email her at kate@myiconmedia.com. Remember, our news deadlines are several days prior to print.



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# Hendricks County Sheriff's Department Pulls Off Win In Honor of a Fallen Brother

#### Source: Public News Outlet

Our own Hendricks County Jail Deputy Team WON the 12th Annual Republic Airways Plane Pull at the Indianapolis International Airport on Saturday, April 20th for the 2nd straight year. They competed against 45 other ten-person teams in a timed event pulling a 24 ton aircraft 15 feet. This year the team pulled in honor of their fallen brother Deputy Fred Fislar (32E32), who tragically lost his life in the line of duty on April 16, 2024. This fundraising event started in 2011 to honor

Tyler Frenzel and has since helped raise nearly 4.3 million dollars for kids via A Kid Again, Indiana Wish, Riley Children's Foundation, and Peyton Manning Children's Hospital at Ascension St. Vincent and other charities.

CONGRATULATION TO OUR SHERIFF'S DEPARTMENT FOR AN AMAZING JOB WELL DONE! YOU PULLED IT OFF!



# Town of Plainfield, Hendricks Regional Health, and Mr. James Wheeler announce preservation of historic Little House

#### (Submitted Press Release)

In a significant victory for historic preservation, Hendricks Regional Health, the Town of Plainfield, and Mr. James Wheeler are pleased to announce the successful preservation of the historic Thomas and Louisa Little House. This treasured Queen Anne-style home,



located along U.S. 40 in Plainfield, will now be preserved and incorporated into the community's future growth. The house was built between 1885 and 1891 by Thomas Havens for Thomas Litle, a local farmer and grandson of pioneer Alexander Little. It features distinctive elements of the Queen Anne style, such as a corner turret, a wrap-around porch, fishscale

Alexander Little. It features distinctive elements of the Queen Anne style, such as a corner turret, a wrap-around porch, fishsca shingles, and ornate wooden windows. The Little House had fallen into disrepair and was unoccupied for years before the property was purchased by Hendricks

in 2017 to expand healthcare services in Plainfield and further west. Since taking ownership, the nonprofit health system has actively sought out possible solutions to honor the home's history and consider other community uses. Preservation has also been championed by the community with the creation of a petition signed by nearly 9,000 supporters.

In a collaborative effort, the Town of Plainfield Town Council and Hendricks Regional Health have agreed to relocate the Little House to the northern edge of the Hendricks property. This relocation will make way for future development while preserving the historic structure. The house, purchased by lifelong Hendricks County resident James (Jim) Wheeler, will be restored and become his personal residence.

"This is a profound example of what can be achieved when a community comes together to preserve its history," said Plainfield's Town Council President Robin Brandgard. "We are pleased to partner with Hendricks Regional Health to relocate the Little House, ensuring it remains a part of our cultural and architectural heritage."

"At Hendricks, we believe that taking the best possible care of our neighbors happens through exceptional healthcare and partnerships," said Dr. Michelle Fenoughty, President and CEO of Hendricks. "We are so thankful to the Town of Plainfield Town Council, Mr. Wheeler, and the community for their support. This project is a great example of collaboration and we are proud to help pave the way to preserving a legacy that future generations will be able to enjoy."

The house will be moved later this summer. According to Wheeler, preparation work is underway, including stabilization of the porch. The back portion of the home that was added in the 1980s will be removed before it is relocated. Wheeler, a construction management professional, is no stranger to restoring historic homes in the community. Past projects include a Plainfield home built in 1905 by Elijah Shaw, which Wheeler restored to its original charm.

"It's an honor to bring something back to life, a dream come true," Wheeler said. "The Little House is a masterpiece, and its Queen Anne style is rarely found in a more rural area. It will be a jewel for the Town of Plainfield."

He has researched the home tirelessly and credits the Plainfield-Guilford Township Public Library for their assistance and resources in his restoration planning. Once the work is completed, Wheeler plans to host a Community Open House as a fundraiser for the library as well as Indiana Landmarks.



Rick Myers Publisher Emeritus

1961-2021

Amanda Babinec President/Publisher

# FACES OF Hope

# **Dedicated Service to Others Leads to a Thriving and Fulfilling Life**

**By Kate Anderson** 



Noah Keener is one smart cookie. He lives his life with intention, service to his community, love for his family and his job. His zest for life is contagious and his smile lights up the room. He is proving to the world that as a person with Autism it is possible to thrive and succeed in this world. To Noah, 26, there are two things that mean the most to him in his daily life: his work and his church. For the last eight years, Noah has worked for McAlister's Deli, near the corner of Raceway and U.S. 36 in Avon. He started his position with McAlister's through his work-study program while at Avon High School, but became a paid employee in May 2016. "He graduated on a Friday and started working the next Monday," joked his mother, Jen Keener. He has a very important role in preparing a treat that is loved by many. He packages the delicious cookies that tempt you at the cash register, but his talents don't end there. He takes charge of other food prep tasks, such

as portioning out chicken, helping set up certain catering items and even wrapping pickles, though he may drag out the process on that last item, as it is not his favorite by any means. He'll do it though because he is a team player. "Noah loves his job here at McAlister's and we love him too. He works hard and always does it with a smile," said Deb Laucher, Catering Manager. He is always surprising people with this initiative while there. Once, when the restaurant was packed, he took the time to prep all the used dishes for washing while other employees were occupied serving customers and bussing tables. His actions were a welcome surprise to his managers. He really didn't know what the big deal was. He was just doing what he does best, helping others. "Noah is a great person. He always makes it a point to shake my hand and say "hello" whenever he comes in for his shift. He says I have a great handshake," said Hope Nichols, store manager, smilingly.

Service to his faith community is the other outlet he has for serving his community and showing love for others. His greeting skills and style are like none other. Every Sunday at Traders Point Christian Church in Plainfield, you can find Noah warmly welcoming his fellow churchgoers like they are family. Though most members volunteer for greeting duty every other Sunday, Noah takes this job just as seriously as he does while at McAlister's. "There is no "off" Sunday for Noah. If he's there, he welcomes people into church. He is very dedicated to his position here and loves to say hello to everyone. Noah is an inspiration to all of us. My Sunday isn't complete unless I have gotten a hello from him," said Anissa Steinborn, Guest Experience Director. It can be said that his service to others motivates him more than you can imagine. "Most Sundays he is dressed and ready to go by 7 a.m. even though we aren't even leaving the house until 8:30. He's always anxious and excited to get to church, always excited at the thought of who he will see there," said

his father, Ryan Keener. He loves "saying hello to all the people" and he comes prepared with treats for those who hang out with him, though you never know if you'll be that week's recipient. He carries a pouch of Tootsie Pops with him at church and let me tell you, the word is out to all the kids that he's got candy. He has a true giving and generous spirit, even sacrificing his treasured red and purple suckers, which are his favorites. He volunteers at both services and truth be told; it is hard to get him to leave the building. "He loves it so much and is so dedicated that he would probably be there from the time the doors opened to the time everyone leaves if we let him. Sometimes it is even hard to get him to go out to lunch with us. Noah is very proud of the things he does. He has come a long way," said Ryan.

When he isn't working or volunteering, Noah is happy to be a homebody and a very helpful one at that. He does various chores around the house, most of the time without even being asked, though he dislikes being shown how to do things and prefers to figure it out on his own. He has an interest in the weather, never misses the nightly news and loves to watch "The Price is Right" and "Wheel of Fortune" while walking on the treadmill. Noah loves the simple things in life, and the nature right outside his window gives him immense joy, and although he loves dogs, he definitely doesn't want one of his own.

From the time he was diagnosed at the age of two, his parents worked tirelessly to create an environment that was completely supportive and nurturing. Collectively, they did everything they could to educate themselves and put him on the right path. "My wish is that parents of children with Autism or those who have not yet had a diagnosis never lose hope. I know they are going day by day, doing their best and trying to just get through it. There are so many questions, so many what-ifs. I just want them to know that they are doing their best. It's ok. It's going to be ok," said Jen.

Ryan and Jen worked hard to give Noah the chance to grow and learn at his own pace. As a student in the Avon School System, he was part of many helpful learning programs, but one of the most memorable to him was his High School work-study program. He started as a member of the "Breakfast Cart" team, which sold various breakfast snacks and beverages to teachers and students, building his confidence, and teaching him valuable skills along the way. That led to other work programs for Gleaners Food Bank, the Plainfield Aquatic Center, and the YMCA. Ultimately, he ended up at McAlister's where he works to this day. He attends therapy two times per week and loves to go on excursions with his group to the library, the zoo and especially Rural King for popcorn. His parents are very thankful for the opportunities he has been afforded thus far in his life and look forward to watching him continue to flourish in life. For now, the future for Noah is unwritten. Unwritten, but not unremarkable. He is thriving, exploring independence, and loving life, one cookie at a time.





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# Plainfield Police Department's K-9 Echo receives gift from fellow K-9

**Source: Public News Outlet** 

What is one way to make a K-9 smile? Echo is elated and smiling ear to ear after receiving a gift from Guilford Civil Township! What was the gift you ask? A bullet proof patrol vest made by K-9 Storm! This vest is unlike any other, as

it has been proven not to raise the K-9's internal temperature, has ultra lightweight ballistic panels, and is excellent for K-9 use whether tracking, searching, extracting, or apprehending.

When you see Echo in his new vest, you can rest assured that he is working to keep you safe. Because of this generous donation by the Guilford Civil Township, we can now ensure that Echo is well protected while on the job.

Thank you again, Guilford Civil Township and K-9 Storm. Congratulations K-9 Echo!



# Avon Police Department congratulates newest officer on achievement of graduation

**Source: Public News Outlet** 

Congratulations are in order to Officer Childers on her graduation last month from the 232nd Indiana Law Enforcement Academy. Officer Childers will now return to the Avon community where she will finish up her field training.

Congratulations Officer Childers on this achievement and good luck in your career!



# Danville Police Department congratulates newly added officers on graduation

#### **Source: Public News Outlet**

In April, Danville's newest officers graduated from the Indiana Law Enforcement Academy. Officers Brogan Heller and Jacob Perry spent 15

grueling weeks at the police academy and will now continue in our field training program on the streets of Danville with members of our field training staff.

Congratulations officers and good luck going forward in your career!





# Brownsburg Police Department congratulates newest officer on graduation

Source: Public News Outlet

In April, the Brownsburg Police Department's Chief Joseph Grimes and Sergeant Joseph Fults attended the graduation ceremony of their newest



Sgt. Fults, Officer Plichta and Chief Grimes

officer Bryce Plichta. Officer Plichta completed 15 weeks of training at the Indiana Law Enforcement Academy's 232nd class. Officer Plichta will go on to continue training with the Brownsburg Plainfield Department's Field Training Officers.

Congratulations Officer Plichta on graduation and good luck in your future endeavors!



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This Mother's Day, it's time to celebrate you

# Hendricks County ICON of the Week

# **Amanda Fulwider**

#### By Julie Brackemyre

Amanda Fulwider is the mortgage officer at North Salem State Bank, where she has worked for 10 years. Fulwider has a finance degree from Indiana State University. Fulwider and her husband, Jesse, a Captain of Investigations at the Hendricks County Sheriff's Department, grew up in Putnam County They have resided and worked in Danville for over 25 years. They have three boys, Garrett, Braxton, and Sutton. Garrett is a graduate of Purdue University, Braxton is currently a sophomore at Indiana University of Indianapolis, and Sutton is a junior at Danville Community High School. Fulwider is active in Danville Rotary, Women's Giving Circle, NSSB's Commitment to the Community, and a board member of the Danville Chamber of Commerce. Currently, Fulwider is a contestant in the Hendricks County Dancing with the Stars, which is out of her comfort zone. She always encourages her boys to step out of their comfort, so she felt she had to walk the talk.

#### 1. What do you consider your greatest virtue?

Compassion and generosity. I love to offer my assistance in any way I can. It is fulfilling to see joy in the faces of people that I can help.

#### 2. What do you most deplore in others?

Negativity. I always try to find a positive in bad situations with my boys. Life is too short to focus on the negative.

# 3. What do you like most about working in Hendricks County?

The community networking and events. The people of Hendricks County generally care about the success of our county. Everyone is welcoming and helpful.

# 4. If you had to live anywhere else, where would it be?

New York City. I grew up visiting my aunt. It is some of the best memories. I love the free spirit, fast speed, and yummy food.

# 5. If you could begin life over, what would you change?

Volunteer more. In my earlier ages, life was busy raising my family. Now that I have more time, I love spending my time volunteering.

# 6. If money weren't an issue, where would you spend it?

Traveling. Our country is full of amazing landmarks. I would spend all my time sightseeing. **7. What makes you happiest?** 

My family. We have so much fun together creating great memories. Most of our time together is spent laughing.

#### 8. What is your favorite vacation spot?

The beach. There is nothing better than the sun shining, sitting in the wind, listening to the ocean, and sand on your toes.

#### 9. What do you do with your idle time?

When I have downtime, I enjoy working in my yard, hiking, exercising, and spending time with my family and friends. I also love listening to live music.

#### 10. What is it that makes you angry?

People being disrespectful. And if you ask my boys, laziness.

#### 11. What do you do to escape from reality?

I am a nerd. Reading and crosswords are my go-to when I need a break.

#### 12. What/who is the greatest love of your life?

My husband. He has always been my biggest cheerleader. He's honest and encourages me in all my ventures.



#### 13. What is the quality you most like in a person?

Friendliness. Being around people that are friendly and loving life makes life a better place. Laughing and smiles on the face is the best.

#### 14. What is your greatest extravagance?

Adventures with my family. The most recent was the Purdue game in Arizona. It was the most amazing experience, and we all had a wonderful time. It has been one of the best times that we have had as a family....a win would have made it even better but we made it there! Boiler Up!

#### 15. What is your favorite restaurant?

Bridges in Greencastle, but Mason Inn is a close second.

# 16. Who is the person most influential in your life?

My aunt Jo, that lives in New York. She has been my inspiration in most of my life decisions. Whether it be professional decisions, raising my boys, or taking adventures, she was the role model that I wanted to be. Not only was she an amazing aunt to me, but she also is to my boys.

#### 17. What are your fears/phobias?

Heights! I hate roller coasters and waterslides..... anything that takes me up and goes down quickly. Also, I am fearful of what is beneath the deep waters of the ocean.....there are sharks out there. **18. Which talent would you most like to** 

#### possess?

Creativity. I am mathematically minded, so I lack vision for decorating and being creative. **19. What do you most value in your friends?** Loyalty

#### 20. Who is your favorite historical figure?

I do not know about my favorite because there are so many incredible figures of our history. But I recently watched a documentary about Harriet Tubman. Her bravery and determination is inspiring. She was powerful and showed no fear in her mission to help her people.

#### 21. What is your greatest regret?

Worrying too much when my children were younger. Making sure they were always on the right path. I am sure that is a part of parenthood. My boys have done well and taken those paths that made them happy, so maybe those sleepless nights helped. I wish I had been more in the moment rather than concerned about tomorrow.

#### 22. What tenet do you live by?

Make wise choices, and be grateful.

# Coatesville native Grace Montgomery, age 11, created this artwork to honor the sacrifices

Coatesville native Grace Montgomery, age 11, created this artwork to honor the sacrifices, integrity, and service of Indiana's lineworkers. Her mother, Crystal Montgomery, serves as senior business systems specialist at Duke Energy's Plainfield headquarters. Her father, Jason Montgomery, serves as supervisor of transmission construction and maintenance at the company. Grace's artwork was displayed at Duke Energy's 2024 Midwest Lineman's Rodeo, which was held on Saturday, April 27 in Plainfield.



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# Meet YOUR NEIGHBOR

#### By Julie Brackemyre

# 1. In what town do you live, and how long have you lived in Hendricks County?

Nettsie and I live in southern Guilford Township (Mooresville address) between Plainfield and Mooresville in an unincorporated area. We have lived in this location for about 25 years and have lived in Hendricks County for around 38 years.

- **2. Describe your immediate family to us.** My wife Nettsie and I have been happily married since 1985. We have four children that all graduated from Plainfield Schools – Craig, Wade, Michael, and Mary.
- 3. Does your family identify with a certain faith, and if so, can you tell us more about the traditions in your faith?

Nettsie and I attend Plainfield Christian Church and have for many years. We are involved in Sunday School, small groups, bible study, and other activities associated with the Church. We believe it is hugely important to be involved, not only in Church, but in the community. We enjoy building relationships with all of those that we come in contact with, and we each are involved in several local organizations.

#### 4. Describe your perfect family outing.

The perfect family outing is getting together and spending time playing games, listening to music, hiking, having a bonfire, eating together, and just enjoying each other's company.

- 5. What is your favorite family tradition?
- For over 30 years we have celebrated Christmas for a weekend at Whitewater State Park, renting cabins with the Banning family, decorating a small Christmas tree, eating, hiking, having a white elephant gift exchange, and spending time with the cousins.
- 6. What are three words to describe the reasons you choose to live in Hendricks County? It is home!
- 7. Ask your youngest child (or spouse or sibling to describe you.

Mary said, "My dad is a generous and gracious leader. If you've ever been his client, you know he will fight for you and your project. He's a connector and uses his connections to build stronger communities and partnerships among people. He's passionate about helping communities and doesn't work for the money. He's a 60's, 70's, and 80's music lover. You won't find him anywhere in silence; his phone always blasts a hit. He loves wandering. His brain is a map, and he'd rather take the back roads. He'll wander anywhere but prefers the tucked-away unknown Indiana nature preserves, small towns, and hole-in-the-wall restaurants. He's a follower of Christ, and that sets the tone for every personal, family, and business decision he makes. He's passionate about his work but knows when to put it aside for

# Jeff Banning

**President of Banning Engineering** 



the day—through all the years of building Banning Engineering, he never missed a family gathering, game, activity, or life event.

# Plainfield Police Department's K9 Newt visits Hendricks County Communications Center

#### **Source: Public News Outlet**

At the end of last month, Plainfield Police Department's K9 Newt took the time to visit the Hendricks County Communications Center to

celebrate National Public Safety Telecommunications Week. These men and women answer calls for help, gather essential information, and dispatch the appropriate police and fire assistance. They are often the difference in saving someone's life.

The Plainfield Police Department expressed their sincerest thanks and gratitude to these men and women for how they serve our community everyday.





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# Hendricks County tourism reaches all-time high: visitors spend \$352 million

#### **Submitted Press Release**

When Ray Embry decided to open Press Play Gaming Lounge at the height of the pandemic in 2020, he knew he had a good product that both residents and visitors would enjoy, but he couldn't predict its sustainability. "When we first started, our expenses were through the roof," Embry said. "As a small business, you worry about operations and expenses, which left us with virtually no money to reach people. Visit Hendricks County came alongside us and got us into magazines on Google listings, social media ads. If it wasn't for them, I don't know where we would be."

Press Play and other tourism gems in Hendricks County, including Lucas Oil Indianapolis Raceway Park and Mayberry Cafe, continue to thrive as Hendricks County tourism reached record marks in visitor spending, growing by more than 11% in 2022 compared to 2021, the most recent year complete data was available.

The new economic impact report by Rockport Analytics, an independent market research and consulting company, mirrored results statewide that tourism is flourishing at every level. "We continue to see positive momentum year after year in visitor spending," said Jaime Bohler Smith, Visit Hendricks County's Executive Director/CEO. "Revenues generated from tourism help our businesses and provide an improved quality of life for every resident."

Travel generated \$352.5 million of visitor spending for the Hendricks County economy. Of the 92 Indiana counties, Hendricks ranked 10th in tourism spending. The rise in visitor spending generated \$205 million in new net value added to the Hendricks County economy, according to Rockport Analytics. Tourism also supported 4,696 local jobs, making it the ninth largest industry in Hendricks County excluding government. More than 4% of local jobs were supported by visitors with 3,700 people directly employed in a tourism-related profession. Taking an even wider view, over the last 10 years Hendricks County visitor spending has ballooned by more than \$120 million annually.

So, what do the numbers mean? Tourism continues to support our communities and their residents by lowering taxes and creating jobs which enhances Hendricks County's quality of work, life, and play.

For more information about the Hendricks County economic impact report or to download it, go to www.VisitHendricksCounty.com/Report.

To learn more about tourism in Hendricks County, follow Visit Hendricks County on its website at www.VisitHendricksCounty.com, Facebook at www. Facebook.com/VisitHendricksCounty, or on Instagram at HendricksCounty.

**HENDRICKS** 

# **LETTER FROM THE EDITOR**

"A true friend is someone who thinks that you are a good egg even though she knows that you are slightly cracked." - Bernard Meltzer

#### **By Kate Anderson**

I can't tell you how many times I have been thankful for this exact sentiment. At this time of my life, I feel like I have been blessed with some of the best friends a girl could ask for. The true kind, the "ride or die" friends. The kind that will stick with you through thick and thin, no matter how hard or how complicated life gets. I'll tell you though, it hasn't always been rainbows and sunshine on the friend front. I have found that friends can sometimes drift in and out of your life. Some float into your life and are only with you for a certain season and drift back out again. Some take a different path that works better for them, and the friendship moves on and fades away. There will always be memories of these people, both good and bad, but it remains that they will always leave you with something or some lesson to be learned. I used to feel so guilty when I emotionally "moved out" or "broke up" with a friend. For some reason it feels like the time invested in cultivating that relationship is somewhat wasted, but that is never so. Sure, there can be regrets, but I try to remain thankful and realize it is time to move on. I have always aspired to be a good friend to those who have entrusted me with their time, energy, and friendship. I try hard to remember the adage, "you reap what you sow." As I have gotten older and life has gotten progressively more complicated, this has become more of a challenge. As a collective group, we are all so busy with work, families, dogs, caring for aging parents, etc. It is hard to fit true friendships in there when all I really want to do is put my feet up the minute I come in the door

after a long day. It is true that keeping and working on these relationships is very difficult, but it is also very important. In this fast-paced world, we need to find our people, those that are there for us as much as we are there for them. We need someone to be in our corner when the going gets tough and you need someone to lean on. It took me many years, but I feel like I am at the age where my friend group has boiled down to "quality over guantity" and I am okay with that. I really don't have time to faff around with fair weather friends anymore. I choose to invest my time in those that see the value in me as well. Hey, listen, I know I am a bit "cracked" in the head and a bit mad. As it is said in Alice in Wonderland, "You're entirely bonkers. But I'll tell you a secret. All of the best people are." I have always hoped I am on that level and that my friends love me despite this fact as much as I love them and their crazy ways. I love my bonkers people. Sometimes, they are the only thing that gets me through the day. What about you? Are you an "all- in" friend or do you prefer to have casual friendships? Do you have those bonkers friends that you cherish and that get you through your day? When you put your feet up after a long day, give yourself permission to call your friend, have a good laugh, and make sure to tell them how much they mean to you. After all, when life hands you lemons, who are you going to call? True friends are a blessing from above. Cherish those that are in your corner and know that you are deserving of their unconditional love and support.

#### QUOTE OF THE WEEK

"Spring won't let me stay in this house any longer! I must get out and breathe the air deeply again."

— Gustav Mahler

# Edward Jones

#### Be careful when naming beneficiaries

When you purchase insurance or open investment accounts, such as an IRA, you'll be asked to name a beneficiary — but major life events may cause you to take steps to protect that beneficiary.

If you've named your spouse as a beneficiary of an investment account or insurance policy, this beneficiary designation will be automatically revoked upon divorce in about half the states. So, if you still want your ex-spouse to get these assets, you will need to name them as a beneficiary after the divorce.

And when couples divorce in a community property state, the laws require they split their assets 50/50, but only those assets obtained while they lived in that state. Assets obtained during marriage in other states may be split differently.

You may need to work with a legal professional to sort out beneficiary designation issues and the rules that apply in your state. But you may also want to do a beneficiary review with your financial advisor whenever you experience a life event such as a marriage, divorce or the addition of a new child.

Your investments, retirement accounts and life insurance proceeds are valuable assets — so make sure they go where you intended.

#### Samuel Lowe

Financial Advisor

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# KAREN LEWIS

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National nonprofit Petco Love invests in Hendricks County Humane Society to help increase access to veterinary care for pets in Hendricks County, Indiana



#### **Source: Submitted Press Release**

The Hendricks County Humane Society is set to receive a \$2,500 grant investment from national nonprofit Petco Love in support of their life saving work for animals in the Hendricks County area.

Petco Love is a national nonprofit leading change for pets by harnessing the power of love to make communities and pet families closer, stronger, and healthier. Since its founding in 1999, Petco Love has invested \$375 million in adoption and other lifesaving efforts. And Petco Love helps find loving homes for pets in partnership with Petco and more than 4,000 organizations — like ours — across North America, with 6.75 million pets adopted and counting.

The investment in Hendricks County Humane Society is part of \$1.5M in grants recently announced by Petco Love for more than 100 spay/neuter clinics and other low-cost veterinary care providers to help increase access to veterinary care for pets in their communities. The lifesaving investments are also being granted to reduce economic euthanasia, and the surrender of pets to shelters when families are not able to afford needed veterinary treatment.

"Petco Love knows pets are family and we strive to take care of them the best we can, though the reality is not everyone has equal access to veterinary care as many pet parents face difficult financial times," said Susanne Kogut, president of Petco Love. "That's why we are proud to support our partner animal welfare organizations in providing helpful services in their communities, so we can keep pets and their families together."

"We are grateful to the many individuals and businesses who donated and volunteered their time to make this important community impact happen during this past year," remarked Carol Battistini, board president of Hendricks Humane. "In 2023, we were able to facilitate 39 spay and neuter days totaling 521 owned dogs and cats and 639 community cats (TNR). This life saving investment from Petco Love will help us continue this access to veterinary care for Hendricks County pet families."

As part of Petco Love's mission to make pet families healthier and increase access to veterinary care, in November 2023, Petco Love's Vaccinated and Loved initiative reached its goal of distributing 2 million free pet vaccines for family pets and committing an additional 1 million vaccines to make pet families healthier.

Hendricks County Humane Society is a nonprofit organization that facilitates animal welfare services including spay/neuter, microchipping, food pantry access, as well as other miscellaneous services to the Hendricks County, Indiana community. During 2023, Hendricks County Humane Society facilitated 1,160 spay and neuter surgeries, microchipped 335 dogs and cats, provided over 27,000 pounds of dry pet food serving an average of 274 dogs and cats monthly, and paid over \$8,000 in financial aid to community pet owners resulting in medical assistance for 39 pets.

# **PUZZLES**

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1 Plainfield HS tennis

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match parts 5 Dwelling 10 "Golly!" 14 Crude letters? 15 "Uncle Tom's Cabin" author 16 Make a decision, as the Indiana Supreme Court 17 White River angler's catch 18 Boss with a Monument Circle music group? 20 Hendricks Civic Theatre play start 21 Latin 101 verb 22 Lauder of cosmetics 23 Camera type, briefly 25 Prejudice 27 Cartoonist with a Newfields gallery? 32 Drunk 36 Argentine soccer star playing for Inter Miami 37 Face part 39 Haunted house sound 40 Bikini piece 41 Cheese Shop variety 44 Sr. and Jr. at BHS 45 Wicked 47 Gov. Holcomb rejection 48 Off the leash 50 Made over 52 Snake Pit attire on a hot race day? 54 Hombre's house 56 Evansville winter hrs. 57 Early Peruvians 60 tea 63 Stood up 67 Monthly jewel for a downtown Indy play producer? 69"\_\_\_\_ It Romantic?" 70 Slushy drink 71 Hefty wrestlers 72 Stylish 73 WTHR timetable, informally 74 Went on a buying spree 75 "Hell \_\_\_\_ no fury..." Down

1 Couch 2 Heroic tale 3 AHS final, e.g. 4 Great divides 5 Declare 6 A/C measures 7 "My bad!" 8 Doofus 9 Poetic contraction 10 NASA's "Gus" who was a paperboy for The Indianapolis Star 11 Expel 12 \_\_\_\_ gin fizz 13 Roll-call response

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19 Moody's **Butcher Shop** offering 24 Animal shelter 26 "A likely story!" 27 Yellow shade 28 Chutzpah 29 "To repeat..." 30 Enough, for some 31 Miniseries based on a Haley novel 33 "Happy birthday

34 Ankle bones 35 Beginning 38 Put in an overhead bin 42 Currier's partner 43 Charitable donations 46 Found the spot 49 Indy Zoo big bird 51 Bandmate of Crosby and Stills 53 Least friendly 55 Throw a tantrum

57 Heron's kin 58 Indianapolis City **Councilor Roberts** 59 Eiteljorg Museum tribe 61"\_ Alone" 62 Bard's "soon" 64 Job safety org. 65 Foul mood 66 Engrave, in a way 68 Leak sound

Answers on Page 38

# FORtheRECORD - HC OBITUARIES

#### AVON

#### **Euell Boatman**

Euell Boatman, 88, Avon, passed away April 17, 2024. He was born July 12, 1935. Memorial Services were held April 26, 2024 at Conkle Funeral Home in Avon. To honor his love of fishing, in lieu of flowers donations can be made by check to the following: Indiana Division of Fish and Wildlife and note: "Euell Boatman Memorial" on the memo line. Mail checks to: Driftwood State Fish Hatchery, 4931 S. CR 250 W., Vallonia, IN 47281.

#### **Don Randall Brinker**

Don Randall Brinker, 84, Brownsburg, passed away April 18, 2024. He was born on October 21, 1939. He was a veteran of the United States Air Force. Conkle Funeral Home is handling the arrangements.

#### Kenneth L. Clanton

Kenneth L. Clanton, 85, Avon, passed away April 15, 2024. He was born July 3, 1938. A private celebration of life will be held for the immediate family. In honor of his memory, donations can be made to The Gathering Together, 147 N Center St, Plainfield, IN, 46168. Visit:thegatheringtogether. org/donate/.

#### **Dennis Lee Hjelmeng**

Dennis Lee Hjelmeng, 74, Avon, passed away April 19, 2024. He was born September 12, 1949. Please join us for a lunch and a Celebration of Life on Saturday May 11th, 2024 at Embassy Suites banquet room at1:30 pm. Embassy Suites Plainfield, Indiana

6089 Clarks Creek Rd. 317-839-1106. Limited hotel block available under Hjelmeng Arrangements by Hampton-Gentry Funeral Home, Plainfield, IN, visit: www. hamptongentry.com. In lieu of flowers or gifts, please consider donating to a family account so we can purchase a memorial to place at our family cabin in Long Lake, Wisconsin, where we all share our happiest memories together. Venmo: @Kari-Bennett-2; Paypal: kbennett@ centier.net

#### **Robert Frank Miller**

Robert Frank Miller, Jr. "Zelmo", 71, Avon, passed away April 20, 2024. He was born January 06, 1953. Baker Funeral Home in Danville is handling the arrangements. There will be no services.

#### **Beverly S. Morgan**

Beverly S. Morgan, 77, Avon, passed away April 22, 2024. She was born December 25, 1946. Memorial services were held April 29, 2024, at Matthews Mortuary, Brownsburg. Memorial donations may be made to Accessia Health Foundation at www.accessiahealth.org/donations.

#### **Dolores A. Prevete**

Dolores A. Prevete, 88, Avon, passed away April 14, 2024. She was born October 29, 1935. Funeral mass was held Wednesday April 17, 2024, in St. Susanna Catholic Church. In lieu of flowers please make contributions to The Gathering Together, 147 North Center St. Plainfield, Indiana 46168 or online at thegatheringtogether.org/ donate/.

#### Andrew Wade Thomas

Andrew Wade Thomas, 19, Avon, passed away April 25, 2024. He was born June 25, 2004. Funeral services were held on May 4, 2024 at Matthews Mortuary in Brownsburg.

Shella Joann (Belcher) Thompson Shella Joann (Belcher) Thompson, 87, Avon, passed away April 22, 2024. She was born October 20, 1936. Funeral services were April 25, 2024 at Matthews Mortuary in Brownsburg.

#### Allan Lane Yackey

U.S. Army Veteran Allan Lane Yackey, 78, Avon, passed away April 16, 2024. He was born November 20, 1945. A Celebration of Life was held May 5, 2024, at Avon American Legion Post 145. In lieu of flowers, donations may be made to American Legion Post 145 Building Fund at 4812 E Main St, Avon, IN 46123. Conkle Funeral Home is handling the arrangements.

#### BROWNSBURG

#### Patricia Ann Bowman

Patricia Ann Bowman, 90, Brownsburg, passed away April 23, 2024. She was born February 15, 1934. A Celebration of Life was held Thursday, May 2, 2024, at the Brownsburg American Legion, 636 E. Main St., Brownsburg, IN 46112. In lieu of flowers, contributions may be made to the Alzheimer's Association at www.alz.org.

#### Teresa D. Johnson

Teresa D. Johnson, 65, Brownsburg, passed away April 22, 2024. She was born April 19, 1959. A Celebration of Life was held Saturday, May 04, 2024 at the Danville American Legion. Baker Funeral Home in Danville is handling the arrangements.

#### **Rosemary A. Schrier**

Rosemary A. Schrier, 75, Brownsburg, passed away April 22, 2024. She was born July 25, 1948. Funeral services were held May 1, 2024 at Matthews Mortuary, Brownsburg. Contributions may be made to Riley Children's Foundation at www.rileykids.org.

#### Savath Touch

Savath Touch, 62, Brownsburg, passed away April 18, 2024. He was born on October 20, 1961. Private services will be held. Matthews Mortuary in Brownsburg is handling arrangements.

#### Glen A. Waymire

Glen A. Waymire, 87, Brownsburg, passed away April 22, 2024. He was born June 8, 1936. A Celebration of Life will be held at a later date. In lieu of flowers, memorial donations can be sent to the Alzheimer's Foundation of America (alzfdn.org). Conkle Funeral Home is handling the arrangements.

#### CLAYTON

#### **Michael David Cook**

Michael David Cook, 51, Clayton, passed away April 18, 2024. He was born April 16, 1973. A Celebration of life was held Thursday, April 25, 2024, at Carlisle Branson Funeral Service & Crematory in Mooresville.

#### Mark L. Stewart

Mark L. Stewart, 62, Clayton, passed away April 23, 2024. He was born November 19, 1961. Funeral services were held May 4, 2024, at Hazelwood Christian Church in Clayton.

#### COATESVILLE

#### **Eric Bradley York** Eric Bradley York, 61, Coatesville, passed away April 19,

2024. He was born July 14, 1962. Funeral services were held April 25, 2024, at Bethel Baptist Church in Fillmore. Bousley Funeral Home is handling the arrangements. In lieu of flowers, the family has asked that you make contributions to Bethel Baptist Church.

#### DANVILLE

#### James "Jim" E. Taylor



James "Jim" E. Taylor, 82, Russiaville, went home to the lord Saturday night, April 13th, 2024, at Ascension St. Vincent Hospital Kokomo. He was born December 15, 1941, in Indianapolis, IN, the son of the late Opal (Grantham) and Archie Taylor. On September 30th, 1967, he married Karen Sue Majors in Danville, IN and she survives. He was a 1959 graduate of Clayton High School. He

first worked at Chevrolet Commercial Body from 1962 to 1975. Jim served as pastor at New London Friends Meeting, Danville Friends Meeting, and interim pastor at Danville Baptist Chapel. Jim retired from Western School Corporation in 2007 after 21 years of service. Jim also served in the Indiana National Guard. He enjoyed gardening, landscaping, and nature. He was passionate about teaching children how to share their faith in Jesus Christ. Jim helped form children's choirs at the churches where he pastored.

He is survived by sons Tom Taylor (Norma Muñoz) from Whiting IN, Seth Taylor (Devi Do) from Indianapolis IN, and daughter, Rebecca Steward (Dave) from Crawfordsville IN. Four grandchildren, Christopher Taylor from Avon, Stephanie Knotts from Brownsburg, Alex Godwin from Brownsburg, Scott Godwin from Irvine CA, eight great-grandchildren and several nieces and nephews. Preceding him in death was his brother, David A Taylor; granddaughter Krista Godwin.

Jim's family would like to extend a special thank you to Ascension St. Vincent Kokomo, Compassus, Ascension St. Vincent Indianapolis Burn Unit. Special thanks to his caregivers, Karen Voiles and Terri Scott.

Friends are invited to visit with the family from 4 to 7 pm Wednesday April 17, 2024, at Fair Havens Church, 1216 County Road 300 West Russiaville, IN 46979. Funeral service will be held 10 am Thursday April 18, 2024, at the church, with Pastor John Zwirn officiating. Private burial will be held at Mill Creek Cemetery in Danville, IN. Memorial donations may be made to Fair Havens Church, the Salvation Army, or to the Kokomo Rescue Mission. Stout & Son Funeral Home – Russiaville Chapel has been entrusted with arrangements.

#### **Charles W. Brown**

Charles W. Brown, 86, Danville, passed away April 26, 2024. He was born October 2, 1937. A Celebration Of Life will be held at a later date. In lieu of flowers donations may be made to the Zane Gray West Society, www.zgws.org.

#### **Megan Elizabeth Edwards**

Megan Elizabeth Edwards, 41, Danville, passed away April 18, 2024. She was born December 23, 1982. A Celebration

# FORtheRECORD - HC OBITUARIES CONT.

of Life will be held at a later date. To help support the family , please donate to Go Fund Me. https://www.gofundme. com/f/support-quentin-in-memory-of-sweet-meg.

#### Arvist Ray Ford Sr.

Arvist Ray Ford Sr., 88, Danville, passed away April 19, 2024. He was born January 30, 1936. Funeral services were held Wednesday April 24, 2024 at Lifespring Church in Bainbridge. Bousley Funeral Home is handling arrangements.

#### **Spencer Lee Gibbs**

Spencer Lee Gibbs, 79, Danville, passed away April 18, 2024. He was born June 27, 1944. A Celebration Of Life will be held at a later date.

#### **Michael F. Rollins**

Michael F. Rollins, 83, Danville, passed away Friday, April 26, 2024. He was born March 20, 1941. Funeral services were held May 2, 2024, at Mary Queen of Peace Catholic Church in Danville. In lieu of flowers, memorial contributions may be made in Mike's name to the Alzheimer's Foundation of America, https://alzfdn.org/.

#### LIZTON

#### Pamela Sue Nelson

Pamela Sue Nelson, 74, Lizton, passed away April 21, 2024. She was born July 3, 1949. Private services will be held.

#### PITTSBORO

#### **Tommy Smith**

U.S. Marine Veteran Tommy Smith, 76, Pittsboro, passed away April 18, 2024.

He was born July 17, 1947. Funeral Services were held April 23, 2024, at the Eric MD Bell Funeral Home. Memorial contributions may be made to Pittsboro Christian Church, P.O. Box 215, Pittsboro, IN 46167 or to Phi Beta Psi (cancer research), P.O. Box 14, Pittsboro, IN 46167.

#### PLAINFIELD

#### Megan E. Baver



Megan E. Baver, 20, of Plainfield, passed away on April 17, 2024. She was born in Hershey, Pennsylvania on February 8, 2004, to Carl L. Baver and Kim (Wilhelm) Baver. Right out of high school, she started working as a Low Voltage Technician. Megan loved alpine skiing, getting lost while driving, playing board games, especially Monopoly, restoring cars and was an avid animal lover, especially her cat Mango. Through

a tragic loss, Megan was able to be an organ donor through Indiana Donor Network to save others. A Celebration of Life will be held Saturday, May 18th at Traders Point Church (2002 Stafford Rd. Plainfield, IN 46168) at 4:00 pm, where friends may visit from 1:00 pm until the time of service. Megan is survived by her loving parents, Carl and Kim Baver; sister, Maura Baver; grandparents, Carol and Dave Baver; Trent and Janet Wilhelm; aunts and uncles, Stephany Baver, Kyle and Kathy Wilhelm, Kris and Kurt Adams. In honor of Megan, you may make a donation to the Hendricks County Humane Society. \*Link listed below. To honor Megan, we are in the process of identifying how we can help others with mental health and will provide ways to support that project soon.

#### Echo M. Echerd

U.S. Air Force Veteran Echo M. Echerd, 70, Plainfield, passed away April 16, 2024. She was born February 6, 1954. A Celebration of Life was held on

Tuesday, April 30th, 2024 at Cornerstone Christian Church in Brownsburg. In lieu of flowers, please donate to Reach India www.reachindia.org, or Wheeler Mission.

#### **Fred Anthony Fislar**

Fred Anthony Fislar, 28, of Cloverdale, passed away April 16, 2024, in Plainfield, Indiana in the line of duty. Freddy was a former Marine who served his four years in Jacksonville, NC. Freddy felt called to continue his service as a police officer and served the Hendricks County Sheriff's Department since 2021. He loved his job and the people he worked alongside. Freddy was known for his carefree and spontaneous nature, his

courage, and his strong dedication to his family. He was a loyal friend, a loving husband, and a caring father. Freddy's friends and family knew him for his infectious sense of humor and his contagious laugh. Freddy will be deeply missed by all who knew him.

Freddy leaves behind his wife, Maddy, and their two kids, Leo (6) and Bradley (6 Months). Freddy is also survived by his mother, Shannon Boswell, of Greencastle, In. as well as his older siblings: his sister, Dori Stanton (Corey) of Reelsville, IN, his brother, Brice Robertson (Ashley) of Belle Union, IN, and his brother Roger Fislar, of Cloverdale, IN, his brother James Fislar (Kim), of Auburn, IN, and his brother Jerry Fislar (Kay), of Reelsville, IN. Freddy is preceded in death by his dad, Fred Fislar and his grandma and grandpa, Jane and Max Fislar. Visitation will be held from 1:30 P.M. to 3 P.M. at Cloverdale High School 205 Market Street, Cloverdale, IN. 46120. Funeral services will follow at 3 p.m. at the high school. Burial will be private. In lieu of flowers please make a donation in Fred's memory at cipf.foundation or mail a check to the Central Indiana Police Foundation 1525 Shelby St. Indianapolis, IN. 46203. Hall-Baker Funeral Home, Plainfield is in charge of

46203. Hall-Baker Funeral Home, Plainfield is in charge of arrangements.

#### Ruth L. (Houser) Hilliard

Ruth L. (Houser) Hilliard, 80, Plainfield, passed away April 15, 2024. She was born December 18, 1943. There will be no services, Hall-Baker Funeral Home is handling arrangements.

#### Linda L. Pickens

Linda L. Pickens, 81, Plainfield, passed away April 16, 2024. She was born May 13, 1942. Visitation was held Friday, April 19, 2024, at Hall-Baker Funeral Home, Plainfield. In lieu of flowers donations may be made to the Impact Center (Mt. Pleasant Christian Church Food Pantry) 381 North Bluff Road Greenwood, Indiana 46142.

#### **Notice of Dissolution:**

The LGG Corp, an Indiana domestic for-profit corporation, hereby notifies all persons that it has dissolved. If any person has a claim against The LGG Corp, that claim must be submitted in writing to Steven W. Hardy at Caldwell, Carlson, Elliott & DeLoach, LLP, 6 Concourse Parkway, Suite 2400, Atlanta, GA 30328. To make a claim, the claimant should provide (i) the name of the claimant, (ii) the amount of the claim, (iii) the date it arose, and (iv) a brief description of the nature of the claim. If the claim arose from products ordered from The LGG Corp but not delivered, please provide copies of relevant invoices and proof of the amounts paid. A claim against The LGG Corp will be barred unless a proceeding to enforce the claim is commenced within two (2) years after the publication date of this notice.



# HELP NOT WANTED

Do you need help? I'd like to give you some. Help is unwanted in my house. I try to give help, but Mary Ellen doesn't want it.

She is totally helpless.

This is of her own choosing. If you are confused by this, let me give you a few examples that might be helpful.

First, Mary Ellen is usually in the kitchen around 6 p.m. preparing dinner. I always ask, "Anything I can help with?" It's been more than 40 years since she could think of something that I would really be of any help doing. I sometimes say:" Is there anything you can help me, help you with." Nope. Nothing.

I'm also not allowed to do the taxes anymore. One year we were audited because I had taken a deduction for pizza delivery because I ate in my home office.

I am not allowed to load dishes in the dishwasher because Mary Ellen has this crazy idea that the cups, utensils, and plates have their own special place in the machine.

But I am good at getting stubborn lids off cans and bottles. I like doing this because it makes me feel needed. Plus, I enjoy the beer.

On rare occasions, she requests that I go to the supermarket on my own, but she takes no chances with my ability to find exactly what she needs. Let's take one example.

"Dick, I need almond milk. I am sending you a text to remind you exactly what to get. It has to say UNSWEETENED; it has to say ALMOND BREEZE, and it has to say ORIGINAL on the container. It can't say VANILLA. Now I am also going to send you a picture of the package so you can't possibly make a mistake."

I ask people shopping in the dairy department if they know where almond milk is and they just shrug. Apparently, these people drink something that comes from a cow's udder. YUCK! Finally, I did see a bottle of cashew milk, so I bought it.

**VIEWS** 

"What did you buy, Dick? This is cashew milk. I don't like cashew milk?" "I figured any nutty idea was as good as the next."

Once when Mary Ellen called me, she requested canned tomatoes and said she would text me a photo and description of exactly what she wanted. But when I got to the supermarket, my phone was dead. I wasn't taking any chances. I did not want to go back to the store. So, I got tomatoes every which way: Diced, as a sauce and a soup, stewed, crushed, whole peeled, quartered, sun dried, and condensed. They were all wrong. I was back at the store an hour later. What the heck is tomato paste? At least, it doesn't sound as bad as Gorilla Glue.

Recently, Mary Ellen requested I stop and pick up, get ready for this, a container of egg whites.

"Mary Ellen, I'll never find something weird like that. I'll buy two dozen eggs and separate them myself."

"No, the package must say cage-free. It has to be 100 percent liquid, and it must be zero cholesterol."

I asked one of the clerks. "Do you sell egg whites?"

"Of course."

- "Where should I look?"
- "Inside our eggs."

Finally, later that day, Mary Ellen agreed she would extract the egg whites herself This incident did cause some conflict between us. But we made up. Now only our eggs are going to be legally separated.

> Dick Wolfsie's weekly humor column is published in more than 30 newspapers. Dick has written 14 books, including *Mornings with Barney* and *Indiana Curiosities*. His newest book, *The Right Fluff*, is a compilation of his most popular humor columns. He lives in Fishers with his wife Mary Ellen and a cat who doesn't like him.

#### DUMB LAW

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you ...

In Missouri, throwing hard objects may not be thrown by hand. Worrying squirrels is not tolerated.

Source: dumblaws.com



Join us for the Hendricks Power Member Appreciation and Annual Meeting Event at the Hendricks County 4-H Fair! Enjoy safety demonstrations, face painting, balloon animals, Silly Safaris animal shows, superheroes, and our Board of Directors election. Cast your vote for your Board of Directors by voting online or at our annual meeting. Check your email for your invitation, tickets, and additional details!



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## **VIEWS**

# Plainfield Police Department congratulates newest officers

#### Source: Public News Outlet

Last month, the Plainfield Police Department congratulated their newest officers Luke Cain and Richard Power for graduating from the 232nd class of the Indiana Law Enforcement Academy. Both officers are eager to serve the Town of Plainfield and will complete their remaining field training in the coming



weeks. Chief Kyel Prewitt and Deputy Chief Joe Smock were in attendance at this graduation ceremony.

Congratulations to both officers and good luck on your careers!





# Merriam-Webster OKs ending sentences with prepositions

In the biggest grammar news since the advent of the Oxford comma, the dictionary dignitaries at Merriam-Webster have declared it acceptable to end a sentence with a preposition. This, of course, has sparked great debate on the internet, which should not be surprising, as the internet is the primary place people go to argue with each other.

According to the wise counsel of Merriam-Webster, "If you don't like to end your sentences with prepositions, you don't have to — just don't say that it is a rule. And if you like to end your sentences with a succinct with, go right ahead and keep doing so [...]"

This is a big deal, as terminating sentences with prepositions has been considered the letter of the law for longer than I can remember.

Before I give you my take on the subject, let's revisit what prepositions are in the first place. A preposition is a word that connects a noun to another nearby word or phrase in a sentence. I know—that's confusing. But remember what most of us learned in school: a preposition is anything a squirrel can do to a tree (up, over, around, through, with, etc.) Let me give you some examples:

Mari tripped (over) the sleeping platypus.

Joe showed off his dance skills to his daughters (during) the Taylor Swift concert.

I locked my keys (inside) my car again.

Here's where the old-school grammarians will wag their fingers at the MeOrriam-Webster wonks as well as yours truly: when you have to drastically and unnaturally alter your sentence structure to avoid ending a sentence with a preposition, don't worry about it. By doing so, you either sound way too formal or like you're doing a Yoda impression. Instead of saving, "The underwater basket weaving match was rained out," people will contort their sentence into, "Rained out the underwater basket weaving match was." When I read that, my inner narrator sounds precisely like Luke Skywalker's tiny green guru.

Sure, it's important to maintain formal sentence structure when the occasion calls for it: in a job cover letter, in academic papers, and when ordering at multi-Michelin star restaurants. But, in everyday usage, ending the occasional sentence in a preposition isn't a big deal. If dramatically altering your sentences to avoid ending them in prepositions makes them sound super awkward and overly formal, you may just need to lighten the heck up.



Curtis Honeycutt is a wildly popular syndicated humor columnist. He is the author of *Good Grammar is the Life of the Party: Tips for a Wildly Successful Life*. Find more at curtishoneycutt.com



# **HENDRICKS REGIONAL HEALTH'S**

# **ICONic Athlete of Hendricks County**

# SENIOR DANVILLE TENNIS PLAYER EXCELLING ON AND OFF THE COURT

Kerrigan O'Brien – Danville Tennis

#### By Josh George

Kerrigan O'Brien did not pick up a tennis racquet until her Freshman year in high school. It was then that Danville Tennis Head Coach, Mike Burdsall, talked her into playing tennis when she was a student in his Biology class. Her rapid improvement through the years has led to quite the success story as she is excelling on the tennis court and in the classroom as she is second in her class. ICON recently did a Q&A with Kerrigan, her parents, and her Head Coach to learn more about her tennis journey.

#### Q&A with Kerrigan O'Brien:



**ICON:** When did you first start playing tennis? Do you play any other sports? If so, what sport and at what level?

**Kerrigan:** I started playing tennis Freshman year of high school, and have played varsity all 4 years. I golf as well. I started golf my Junior year of high school and played varsity the last two years. I played volleyball growing up until Sophomore year where I was JV Captain and setter.

**ICON:** How do you prepare and train during the off-season to have the success you have had in tennis?

**Kerrigan:** In the off-season, I typically take lessons once a week with my coach at the West Indy Racquet Club. I also participate in match play and clinics. Along with that, I get out and play with my friends and family any



chance I get whether that's when it's nice outside or we rent indoor courts at the WIRC.

**ICON:** Who have been your most influential coaches and why?

Kerrigan: My most influential coaches have been my private lesson coaches, Morgan Jones and Spencer Jacoby, because they both have pushed me to put in the work to get better, and have been there to support me as a player since my Freshman year. They have both put in effort outside of their job description as a coach such as coming to my matches even though they are outside the Danville program, spending extra time outside of lessons to work with me, and just getting to know me as a person. Our head coach Mike Burdsall has been a big influence in my tennis career as well because he has been there to support me all 4 years, always being there when I need him. He is always someone I can count on to cheer me up and to show up for me. He's made Danville Tennis a place that isn't just a sport, but a family.

**ICON:** How have your parents supported you through the years with your goals in tennis?

**Kerrigan:** My parents are always at my matches to support me. They are there to cheer me on and cheer me up when it does not go the way I want. Outside of just attending matches, they are actively involved

in my tennis career. As a family, we constantly go out and play tennis together to spend time together and get better (because we are all competitive!). They have also made it possible for me to gain the training I have through paying for me to take private lessons all these years and driving me to my lessons weekly (which are 45 minutes away). Their love and support have made it easy for me to enjoy tennis, and have made tennis a way for us to grow closer as a family.

**ICON:** Describe your tennis journey through the years. Some highs and lows.

Kerrigan: I joined the DCHS tennis team freshman year with my friends, Calla and Sydney, never having picked up a racquet. I played Varsity 2 Doubles and basically just figured out how to hit the ball over the net. At the end of my freshman season, I was switched to 3 Singles on Varsity and decided I wanted to be a singles player. That season was super fun, but I was very uneducated about technique. That following off-season, Sydney, Calla, and I took private lessons and thanks to our coaches we gained some technique. That season, I played Varsity 2 singles. Throughout that season, I had some success, but I had to grow in my mental game as an individual player. At the start of my Junior year season, Mr. Burdsall had the idea of putting me back on doubles with my best friend, Calla Herald. We began playing

1 Doubles, and while it took us a couple matches to get into our flow, we quickly started winning. Ever since then, we have been playing Varsity 1 Doubles together, and enjoy playing the game together!

**ICON:** What are some individual goals and team goals you have for this upcoming season?

**Kerrigan:** This season, I would love to see Calla and I win Conference in 1 Doubles. I would also love to win Sectionals in 1 Doubles. I would also like to make 1st Team All-Conference like last year. As a team, I aspire to see us win the Conference and maintain our winning record.

**ICON:** What makes playing tennis at Danville High School special?

**Kerrigan:** Playing tennis at Danville is special because of the environment. Anybody can come try out for tennis, and know that they are going to have a blast during the season. The coaches do a great job of making sure that we are still enjoying tennis instead of it being a burden. While we dramatically improved as a program in the last 4 years, we have not forgotten the most important part which is to enjoy the game.

**ICON:** What are some areas for you to improve on? What are your biggest strengths?

Kerrigan: As a doubles player, I could improve on becoming more aggressive in my net play. Playing at the net is a very important part of doubles, and while I can return the ball, I am working on being more aggressive with my net returns. My biggest strength is probably my ground stroke. I excel at the baseline where (for the most part). I am able to consistently send an aggressive ground stroke back across the net. I am also very good about placing the ball strategically where I want it on my ground stroke returns. I play more strategically than aggressively. It works because my partner, Calla, is a good balance and brings the aggressive aspect and killer net play!

**ICON:** How has Danville tennis and the coaches helped you as a student athlete and person?

### **SPORTS**



**Kerrigan:** They have helped me as a student athlete because the coaches are super good about being flexible and understanding circumstances. They always prioritize what is best for the players as people and their academics over tennis. This just shows how they actually care about us as people, not just tennis players. For example, a couple weeks ago I had an extra study session for a practical exam in my Area 31 EMS program, and the only times available were after school. Mike Burdsall allowed me to skip practice to attend. Therefore, I was better prepared for the exam.

**ICON:** Do you plan on playing in college? If so, where and what made you feel like that school was the right choice?

**Kerrigan:** I am not playing tennis in college. I am attending Cedarville University where I will major in Molecular Biology. I would like to be an active participant in my college community. Therefore, I did not want to devote the time to committed sports. However, I do plan on continuing to play tennis through intramurals and with my friends.

#### Q&A with Plainfield Quakers Head Coach, Mike Burdsall:

**ICON:** How long have you known Kerrigan and tell us a little about her tennis journey?

**Coach Burdsall:** I have known Kerrigan for 4 years, since having her in honors biology. I talked her into coming out for tennis in the spring that year. We were teaching her how to keep score the week before our first match. She has been a 4-year varsity starter and has dedicated many hours in the offseason to improving her tennis skills.

**ICON:** What makes Kerrigan a special tennis player?

**Coach Burdsall:** Kerrigan is special to us because she is incredibly flexible. She started off as a doubles player, spent a

season in singles, then came back to doubles when we needed to find a strong pairing. Through it all, she said OKAY and went where she was needed to do what's best for the team.

ICON: Describe Kerrigan as a leader. Coach Burdsall: Kerrigan leads with patience and joy. She always has a smile on her face and looks at the positives in any situation. Kerrigan is also very inclusive to the entire team. We grew from 9 players to 23 in the past couple of years. She makes them feel welcome and cheers them on whether they've played for four years or four weeks.

**ICON:** What are your expectations for Kerrigan and the tennis team this season?

**Coach Burdsall:** Kerrigan brings so much knowledge and experience to our team. We hope that she passes that along to our returners and new players started out the way she did. We are looking forward to another winning season with Kerrigan and the rest of our athletes!

From Mom (Kellie) and Dad (Casey) on what makes Kerrigan such a special player and person:

It has been fun to watch Kerrigan play over the years. One of the best things about Kerrigan as an athlete is that she usually has a smile on her face regardless of the circumstances. Kerrigan works hard in everything that she does and is competitive on the court, however, she truly is most competitive in the classroom. Kerrigan is dedicated in all aspects of her life whether that is faith, family, academics, music, or athletics. She has come a long way in tennis from learning how to keep score a week before tryouts her Freshman year to being a part of one of the best doubles teams in the conference. We could not be more proud of Kerrigan, who she is, and who she is becoming. We cannot wait to see what God has in store for her!

Good luck to Kerrigan and the Danville Warriors in their 2024 Spring Campaign and congrats to Kerrigan on being chosen as the Hendricks County ICONIC Athlete of the Week!

# **JOIN USAI TRAVEL SOCCER**

**June Travel Team Formations** 

June 4th & 5thJune 10th & 11thPlayers born 2015 to 2018Players born 2006 to 2014

Mary & John Geisse Soccer Complex 7225 W. 56th Street Indianapolis, IN 46254

For More Information:



Visit USAofIndiana.org Call 317-767-0699 Email Travel@USAofIndiana.org



**Compiled by Josh George** 

#### Softball

Avon – 12 | Brownsburg – 7 H. Sutton – 1 HR, 4 RBI L. Heath, R. Cooper, L. DeArmond – 3 Hits

Bethesda Christian – 13 | Cloverdale – 5 A.Heath – 4 RBI H. Henry –3 RBI

Cascade – 6 | South Putnam – 1 T. Gruca – 1 HR, 3 RBI, 3 Hits L. Godby – 8 K

Danville – 14 | Monrovia – 2 T. Hillman – 3 RBI M. Anderson – 4 Hits

Plainfield – 6 | Lafayette Jefferson – 0 K. Arnett – 7 K S. Parks – 7 K

> Tri-West – 4 | Carmel – 3 A. Lowry – 2 Hits, 8 K

#### <u>Baseball</u>

Avon – 13 | Brownsburg – 3 T. Thompson, G. Zollner, C. Vandever – 1 HR Each

Bethesda – 22 | Liberty Christian – 1 B. Campbell – 5 RBI I. Giegerich, E. Giegerich – 4 RBI

Cascade – 13 | Western Boone – 1 J. Johnson – 4 RBI L. Gibbs – 3 RBI

Danville – 6 | Bloomington North – 3 E. Wooten, R. Wenzel – 2 Hits N. Origer – 2 RBI

Plainfield – 6 | Decatur Central – 3 G. Hansen – 2 Hits, 2 RBI G. Broughton – 2 Hits

> Tri-West – 4 | Lebanon – 3 C. Brozak – 2 Hits, 1 RBI

## **SPORTS**

# **UNSTOPPABLE** partnership.



# WESTSIDE UNITED FC TRAVEL SOCCER TRYOUTS

FALL 2024 - SPRING 2025 SEASONS

JUNE 4 - 5 @ 6:00 - 7:15PM Birth Year 2015-2018 BOYS & GIRLS U7-U10

JUNE 10 - 11 @ 2:00 - 3:30 PM Birth Year 2006-2010 BOYS & GIRLS U15-U19

JUNE 10 - 11 @ 5:30 - 7:00 PM Birth Year 2011-2014 BOYS U11-U14

JUNE 10 - 11 @ 7:15 - 8:45 PM Birth Year 2011-2014 GIRLS U11-U14

**WWW.WSUSOCCET.COM** Arrive 30 min prior to tryouts. Bring cleats, soccer ball, guards, and water.



Scan the QR Code to Pre-Register!



# LIFESTYLE



The Pavilion Center Washington Township Park 435 Whipple Lane, Avon, IN with Guest Speaker LaTia Pollard



RSVP to Becca Thie at rebecca@myiconmedia.com

# **Pruning spring-blooming shrubs**

GARDENING

#### By John Chapin

It's been a beautiful spring in central Indiana, with spectacularly blooming magnolias, redbuds, dogwoods, flowering cherries, azaleas, and lilacs. So far, we've been fortunate to not have had any late freezes to ruin the floral parade. With plentiful rains, this looks to be a great year for gardeners.

Years ago, I planted some Dwarf Korean Lilacs for a lady who didn't have room for the larger-growing French Lilacs. She was delighted with the lush spring display of fragrant purple blooms that literally covered the shrubs from top to bottom, as even young, small Dwarf Lilacs bloom heavily. Although "dwarf" compared to French Lilacs, which mature at 10-12 feet, Dwarf Lilacs can grow to 5-6 foot tall and wide in 10 years. Fortunately, they can be pruned back, even severely, to keep them at a size fitting for the space.

About four years after planting the Dwarf Lilacs for the lady, she contacted me lamenting that her lilacs had very sparse blooms that spring. Without even needing to pay her a visit, I was 99 percent positive I knew what had happened. Sure enough, because her lilacs had grown higher than her windows, her adult son had pruned them back the previous fall. In doing so, he had pruned off nearly all of the flower buds that had formed earlier that summer!

It's very important to remember that pruning any spring-blooming shrubs needs to be done as soon as possible after the blooms fade. This goes for dwarf lilacs, fothergillas, azaleas, PJM rhododendrons, spireas, magnolias, viburnums, flowering crabapples and cherries, deutzias, forsythias, and flowering quince. All of these popular spring-flowering plants will set their flower buds by mid-summer, poised to bloom the following spring.

Following my advice, the next spring the lady was treated once again to her lilacs covered in blooms.

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Happy gardening!



John Chapin is a retired school teacher and sole proprietor of Chapin Landscaping in Danville. He has over 30 years' experience in the landscaping business. Contact him at jchapinlandscaping@gmail.com

# Summer travel tips

#### TRAVEL By Amy Maharas

According to NerdWallet's annual summer travel survey, nearly half of Americans (45 percent) plan to take a trip that requires a flight or hotel stay this summer, and they'll spend \$3,594, on average, on these expenses. If you are one of those people, here are some tips to help make your travel go smoothly:

**Check your reservations:** Always check your reservations before travel to be sure everything is still correct as flight times often change. Also check to be sure you are getting the best rate. My husband and I are traveling to Europe this summer, and I was able to upgrade to premium economy and get over \$600 in flight vouchers on United last week since fares had dropped since I'd booked. Check hotel and car rental rates a few weeks before your trip.

**Airport arrival:** For domestic flights, it is recommended to arrive at the airport at least two hours before a flight and for international flights at least three hours. If you have Global Entry or TSA PreCheck, you likely don't need to arrive as early, but don't cut it too close. For connections, I always advise at least an hour layover (personally I prefer 90 minutes or more) for domestic flights or a two-hour layover for international flights.

Packing advice: Remember not to pack anything you absolutely need (medication, passports) in checked luggage. When taking a short trip, we always take only carry-on luggage. For longer trips, we each bring a carry-on bag with enough essentials to get by for a few days in case luggage is lost, and we also check one bag. I always travel with laundry sheets (Earth Breeze or other brands) to wash clothes in a hotel sink if I don't have access to laundry.

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Amy Maharas is an Avon resident and travel planner with Hi Ho Vacations. Contact her at Amy@HiHoVacations.com

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# 2024 Summer Festivals and Farmers Market Guide

#### Avon

#### <u>Luminaria Lap</u>

Join in on this special opportunity to honor those who have been impacted by cancer. For a suggested donation of \$10, you can dedicate a luminaria that will be placed on the trail around the lake behind Town Hall. The event will be an impactful way to honor your loved one while providing much needed funds to provide hope for a world free of cancer as we know it. For more information, visit: https://raiseyourway.donordrive.com/campaign/Luminaria-Lap.

- Friday, May 10, 2024
- Time: event starts at 8:30 p.m.
- Location: Avon Town Hall Park, 6570 E. US Hwy 36, Avon

#### Summer Concert Series at Murphy Aquatic Park

Join in the fun for the 2nd Concert in the Summer Series! Come and spend the holiday weekend with great music, fireworks, and foam! Make sure to stay until the end of the concert for a stunning fireworks display. Seating is limited, so it is recommended to bring your own chairs. No outside food or drink will be permitted, but no worries! The Compass Café will have delicious treats and drinks for sale. Alcohol will also be available for purchase. For more information, visit business. avonchamber.org.

- Date: Friday, June 7 & Sunday, June 30, 2024 (Rain or Shine)
- Time: 7 10 p.m.
- Location: Murphy Aquatic Park, 753 S. CR 625 E., Avon
- Gates open at 7 p.m. and concert starts at 8 p.m.

#### Hendricks County Pride Picnic

Join the Avon-Washington Township Parks Department as they celebrate the annual Hendricks County Pride Picnic. Tons of fun is planned for the day with food trucks, live music and much more!

- Date: Sunday, June 30, 2024
- Time: 12 p.m.
- Location: Washington Township Lower Park, 435 Whipple Lane, Avon

#### Friends of Fred Food Truck Festival

The Avon-Washington Township Parks is excited to roll the Friends of Fred Food Truck Festival into the beautiful Avon- Washington Township Park for a concert in the park! Bring the entire family out for the evening and only pay for your food and drinks. The Parks Department has secured a great selection of food and beverage trucks from all over Indiana to party the night away with us. For more information visit: washingtontwpparks.org.

- Date: Friday, Aug. 23, 2024
- Time: 5:30 9:30 p.m.
- Location: Washington Township Lower Park, 435 Whipple Lane, Avon
   All ages welcome
  - o Leashed pet friendly
  - o Free parking and admission
  - o Free Family Fun Zone and free splash pad
  - o Adult beverages available for purchase
  - o Bring your own lawn chairs, appetites, and dancing shoes!
  - o All trucks accept cards and cash

#### Danville

<u>Evenings in Danville: More Than a Feeling-Boston & American Foreigner Tribute</u> Danville Chamber of Commerce, Danville Parks & Rec, and the Downtown Danville Partnership have partnered to bring you "More Than a Feeling-A Boston & American Foreigner Tribute Concert." Join the fun for food and live music. For more information and to register for a VIP table, visit: danvillechamber.org.

- Date: Friday, May 31, 2024
- Time: 7 10 p.m.
- Location: Downtown Danville-On the Square

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- Free for general attendance/ \$40 for reserved VIP tables for 8 (registration required).

#### **Destination Danville Night Market**

Destination Danville is an outdoor festival featuring local small businesses and creatives. This is an event the whole community can enjoy showcasing talented makers and artists. All ages welcome. For more information, visit: Destination Danville Night Market's Facebook page.

- Date: Saturday, June 1, 2024
  - Time: 4 10 p.m.
  - Location: Historic Courthouse Square, 1 W. Main St., Danville

#### Evenings in Ellis Park: Petty Kings-Tom Petty Tribute Band

Danville Chamber of Commerce, Danville Parks & Rec, and the Downtown Danville Partnership have partnered to bring you "Petty Kings-Tom Petty Tribute Band." Join the fun for food and live music. For more information and to register for a VIP table, visit: danvillechamber.org.

- Date: Friday, June 21, 2024
- Time: 7 10 p.m.
- Location: Ellis Park Amphitheater, 600 E. Main St., Danville
- Free for general attendance/ \$40 for reserved VIP tables for 8 (registration required).

#### Indy Tattoo Expo

Over 200 artists from around the world will be in attendance and showcasing their work. Live tattooing, live entertainment, circus, live music, vendors. Fun for the whole family! For more information, visit: indytattooexpo.com.

- Date: Friday, June 14, 2024
- Time: Friday: 12 p.m. Midnight/Saturday: 11 a.m. Midnight/Sunday: 11 a.m. – 8 p.m.
- Location: Hendricks County 4 -H Fairgrounds, 1900 E. Main St., Danville
- Price: Friday: \$30/Saturday: \$30/Sunday: \$30/ Entire weekend: \$75

#### Hendricks County Rib-Fest & BBQ

Get excited for the annual Hendricks County Rib-Fest & BBQ! Since 2005, this has been one of the best events of the summer in our county for the whole family. Games for the kids, lots of food, hot air balloons, and fireworks at dusk. To add to the fun, live music and entertainment is back this year to celebrate Hendricks County's 200 Birthday! Local and regional restaurants will compete for "Best Ribs" & "Best Sauce" bragging rights as judged by local celebrities. Don't forget about the 5k Rib Run in the morning, the Plainfield Lions Club Craft Fair, and a balloon glow to add to the excitement of the day. For more information, visit: hendrickscountyribfest.com. For more information about the 5k Rib Run, visit: www. runsignup.com.

• Date: Saturday, June 29, 2024





- Time: 10 a.m. 10 p.m.
- 5k Rib Run begins at 9 a.m.
- Location: Hendricks County 4-H Fairgrounds and Conference Complex, 1900 E. Main St., Danville
- \$5 parking fee per vehicle. Please enter at Gate 5 off North CR 200 E.

#### 4th of July Food Truck and Fireworks

Join the 4th of July fun for the annual tradition of Food Trucks and Fireworks. Food trucks from 6 – 10 p.m. and fireworks begin at 10 p.m.

- Date: Thursday, July 4, 2024
- Time: 6 10 p.m.
- Location: Hendricks County 4-H Fairgrounds & Conference Center, 1900 E. Main St., Danville

#### Evenings in Danville: The Pretender- Foo Fighters Tribute Band

Danville Chamber of Commerce, Danville Parks & Rec, and the Downtown Danville Partnership have partnered to bring you "The Pretender: Foo Fighter Tribute Band." Join the fun for food and live music. For more information and to register

- for a VIP table, visit: danvillechamber.org.
  - Date: Saturday, July 6, 2024
  - Time: 7 10 p.m.
  - Location: Downtown Danville-On the Square
  - Free for general attendance/ \$40 for reserved VIP tables for 8 (registration required).

#### Hendricks County 4-H Fair

Sports fan, animal lover, or just a kid at heart? The Hendricks County 4-H Fair has you covered. A great place where affordable family fun meets tradition with a "State Fair experience at County Fair prices." You won't want to miss fair festivities, midway rides that offer fun for all ages, great food, and lots of entertainment. Free parking. For more information and to view the full fair and midway schedules and ticket prices, visit: 4hcomplex.org or call 317-718-6153.

- Dates: July 14 20, 2024
- Time: Times for events vary
- Location: Hendricks County 4-H Fairgrounds, 1900 E. Main St., Danville

#### Evenings in Ellis Park: Victims of Love-An Eagles Tribute Band

Danville Chamber of Commerce, Danville Parks & Rec, and the Downtown Danville Partnership have partnered to bring you "Victims of Love- An Eagles Tribute Band." Join the fun for food and live music. For more information and to register for a VIP table, visit: danvillechamber.org.

- Date: Friday, July 19, 2024
- Time: 7 10 p.m.
- Ellis Park Amphitheater, 600 E. Main St., Danville
- Free for general attendance/ \$40 for reserved VIP tables for 8 (registration required).

#### Evenings in Ellis Park: Wanted-A Bon Jovi Tribute Band

Danville Chamber of Commerce, Danville Parks & Rec, and the Downtown Danville Partnership have partnered to bring you "Wanted- A Bon Jovi Tribute Band." Join the fun for food and live music. For more information and to register for a VIP table, visit: danvillechamber.org.

- Date: Friday, August 16, 2024
- Time: 7 10 p.m.
- Ellis Park Amphitheater, 600 E. Main St., Danville
- Free for general attendance/ \$40 for reserved VIP tables for 8 (registration required).

#### Brownsburg

#### Summer Soundtracks at Arbuckle Acres-Bluewater Kings Band

Get ready for a summer of fun with our Summer Soundtracks free concert series! Families are encouraged to bring chairs or blankets to the concerts to enjoy the live entertainment. In addition, fun-filled yard games will be available for kids to play. Food and drinks will be available for purchase from central Indiana's favorite food trucks. There will also be a beer and wine garden for adults 21+. Free for all ages to attend. For more information, visit: www.brownsburgparks.com.

Date: Friday, May 31, 2024

- Time: 6 p.m.
- Location: Arbuckle Acres Park, 200 N. Green St, Brownsburg

#### Movies in the Park- Featuring Space Jam: A New Legacy

Join the Brownsburg Parks Department for a brilliant space themed night featuring Space Jam: A New Legacy. For more information, visit: www.brownsburgparks.com. Date: Friday, June 21, 2024

- Time: 6 9 p.m./ Activities begin at 6 p.m., movie begins at 7 p.m.
- Location: Williams Park, 940 S. Locust Lane, Brownsburg

#### The Battle of Brownsburg

The Battle of Brownsburg is an adult field day that brings teams together for a day of friendly competition and an obstacle course, which promises laughter, team bonding, and a chance for your team to claim the coveted title of Brownsburg's ultimate champions. Note: Teams of four participants only. Must be 18+ to participate. Registration is open now. For more information, visit www. brownsburgparks.com.

- Date: Friday, July 19, 2024
- Time: 8 a.m. 1 p.m.
- Location: William's Park, 940 S. Locust Lane, Brownsburg
- Cost: \$20 per team

#### Movies in the Park: Pokemon Glow Night

Join the Brownsburg Parks Department for glow in the dark and other Pokemon themed activities featuring Detective Pikachu! For more information, visit: www. brownsburgparks.com.

- Date: Friday, July 26, 2024
- Time: 6 9 p.m./ Activities begin at 6 p.m., Movie begins at 7 p.m.
- Location: Williams Park, 940 S. Locust Lane, Brownsburg

#### Summer Soundtrack Series: John King

Get ready for a summer of fun with our Summer Soundtracks free concert series! Families are encouraged to bring chairs or blankets to the concerts to enjoy the live entertainment. In addition, fun-filled yard games will be available for kids to play. Food and drinks will be available for purchase from Central Indiana's favorite food trucks. There will also be a beer and wine garden for adults 21+. Free for all ages to attend. For more information, visit: www.brownsburgparks.com.

- Date: Saturday, August 17 ٠
- Time: 6 p.m.
- Location: Arbuckle Acres Park, 200 N. Green St., Brownsburg

#### Movies in the Park: Family Adventure Night

Has your family ever gone on an adventure so wild and unimaginable that you couldn't explain it? Join the Brownsburg Parks Department for a family adventure night double feature showing Jumanji and Honey I Shrunk the Kids back-to-back. For more information, visit: www.brownsburgparks.com.

- Date: Friday, Aug. 23, 2024
- Time: 6 11 p.m./ Activities begin at 6 p.m., Movies begin at 7 p.m.
- Location: Williams Park, 940 S. Locust Lane, Brownsburg

#### Plainfield

#### Cops & Bobbers with Plainfield Police

Get those fishing poles out and go fishing with Plainfield police officers at beautiful Sodalis/Echo Hollow Nature Park on the spring "DNR free fishing license days." No license is needed to fish, and DNR officers will be participating in this event. No agenda - just bring your family out for some fishing. Bring your own fishing poles, bait, and tackle. If you don't have supplies, they can be provided for you, if needed. For more information, visit townofplainfield.com. Free for all ages to attend.

- Date: Sunday, June 2, 2024
- Time: 1 4 p.m.
- Location: Sodalis/Echo Hollow Nature Park, 7700 S. C.R. 975 E., Plainfield

#### Public Safety Day

The Town of Plainfield will host its 4th annual Public Safety Day. This event provides the community with the opportunity to interact with those that serve or provide services and receive education, learn about services, and have lots of fun! Vendors from all over the county, the state of Indiana, and federal agencies will be in attendance as well. Free for all ages to attend. For more information, visit







townofplainfield.com.

- Date: Saturday, June 8, 2024
- Time: 11 a.m. 2 p.m.
- Location: AL & Jan Barker Sports Complex, 451 Vestal Road, Plainfield

#### Music on Main Festival

Join the community of Plainfield in an evening of music, food, and fun on the lawn of the Plainfield Friends Church. The music that is featured will be JC Clements Band, Beautiful Ammunition, and Rural Soul. Bring a picnic, your own chairs, and a blanket. Food trucks will be there, and several local restaurants will have many food specials that evening. NOTE \*\*No alcohol allowed on church property\*\*

- Date: Friday, June 14, 2024
- Time: 6 p.m.
- Location: The lawn of Plainfield Friends Church, Main St., Downtown Plainfield

#### Richard A. Carlucci Recreation and Aquatic Center Birthday Party

Happy Birthday to the Richard A. Carlucci Recreation & Aquatic Center! Join in on this special anniversary event filled with fun for the whole family, from swimming, games, and everything in between. Save the date and come make some memories with the community. Free for all to attend. For more information, visit townofplainfield.com.

- Date: Thursday, June 20, 2024
- Time: This is an all-day event: 5:30 10 p.m.
- Location: 651 Vestal Road, Plainfield

#### Indianapolis **Bottleworks Market**

Mark your calendars for the first Bottleworks Market of the Year! Join in the fun for a vibrant day of shopping, dining, and so much more! Stroll down Carrollton Avenue where local artisans will be showcasing their unique crafts, vintage finds, and art pieces. It's the perfect opportunity to snag that one-of-a-kind item you've been searching for. Don't just shop-immerse yourself in the bustling atmosphere of the district. Enjoy delicious dining at The Garage Food Hall, etc. For more information, visit: downtownindy.org.

- Date: Saturday, May 18, 2024
- Time: 11 a.m. 7 p.m.
- Location: Bottleworks Indy, 850 Massachusetts Ave., Indianapolis Free for all to attend 0
  - Leashed pet friendly 0

#### Indy Pride Festival

Get ready to celebrate love, diversity, and unity at the 2024 Indy Pride Festival! Join in the fun for a vibrant and unforgettable experience filled with music, entertainment, and a rainbow of festivities. From dazzling performances to delicious food, the Indy Pride Festival is a celebration of acceptance and pride.

- Date: Saturday, June 8, 2024
- Time: 11 a.m. 10 p.m.
- Location: Military Park, 601 W. New York St., Indianapolis



#### Slamology 2024

Get ready to rev your engines and crank up the tunes because the 21st Annual Slamology Automotive and Music Festival is back and bigger than ever! Presented by Gauge Magazine and Sky High Car Audio, and co-sponsored by Kicker Performance Audio, this year's event promises to be an adrenaline-pumping, bass-thumping extravaganza you won't want to miss. Slamology is the ultimate celebration of all things automotive and music, bringing together car enthusiasts, music lovers, and families for a weekend of high-octane fun and live entertainment. Whether you're a fan of custom cars, booming sound systems, or simply looking for a great time, Slamology has something for everyone. For more information, visit: slamology.com.

- Dates: Saturday Sunday, June 8-9, 2024
- Time: Saturday, 9 a.m. 5 p.m. & Sunday, 9 a.m. 5 p.m.
- Location: Lucas Oil Raceway Park, 10399 Cree Circle, Indianapolis

#### Talbot Street Art Fair

As one of the top art shows in the U.S., and Indiana's oldest juried art fair, the

Talbot Street Art Fair prides itself on showcasing the best in craftsmanship & artistry. Located on Talbot Street in the picturesque district of the Herron-Morton neighborhood, downtown Indy. Come to view the extraordinary art of 220 juried artists from across the country. Free to attend and all ages welcome. For more information, visit: talbotstreet.org.

- Date: Saturday/Sunday, June 15 & 16, 2024
- Time: Saturday 10 a.m. 6 p.m. & Sunday 10 a.m. 4 p.m.
- Location: Talbot Street, between 16th and 21st Streets, Indianapolis

#### Uncork Me Indiana 2024

Indiana's Favorite Wine Festival! Get set for the 2nd annual Uncork Me Indiana 2024. Your hub to try Indiana exclusive wine, cider, and mead. A variety of food trucks will be on hand to compliment your alcohol selections. Enjoy listening to live music and performances while playing yard games, and having fun with friends. VIP, Early Access, and General Admission Tickets are on sale now! For more information and to register, visit: Eventbrite.com.

- Date: June 22, 2024
- Time: 2 7 p.m.
- Location: Military Park, 601 W. New York St., Indianapolis



#### 32nd Indian Market & Festival

Experience the vibrant spirit of the Indian Market and Festival! Shop exquisite jewelry, pottery, paintings, beadwork, and beyond from over 140 talented artists spanning the United States and Canada. Immerse yourself in rich cultural performances featuring music, dance, and storytelling. Engage in family art-making activities while savoring delectable fry bread and other local delights from food vendors. Join in for a celebration of art, culture, and community like no other! All ages welcome and ages 17 and under are free. For more information on tickets, artists, and performance schedule, visit: eiteljorg.org/IndianMarketandFestival.

- Date: Saturday, June 22 & Sunday, June 23
- Times: visit website for times
- Location: Eiteljorg Museum, 500 W. Washington St., Indianapolis

#### Indianapolis Water Lantern Festival

The Indianapolis Water Lantern Festival is filled with fun, happiness, hope, and great memories that you'll cherish for a lifetime. Experience the magic of thousands of lanterns as the soft lights reflect upon the water. This is a family friendly event that can be shared by all. Enjoy food trucks and live music! Friends, family, neighbors, and many others will come together to create a peaceful, memorable experience. For more information and to purchase tickets, visit: waterlanternfestival. com.

- Date: July 13, 2024
- Time: Gates open at 6:30 p.m. and Lantern Launch starts at 9:30 p.m.
- Location: Military Park, 601 W. New York St., Indianapolis

The Indiana State Fair is the greatest showcase of education, agriculture, and entertainment in the state. The theme of the 2024 State Fair is "The Art & Nature of Fun," presented by Newfields and will be a true Hoosier Masterpiece. Over 750,000 people visit every year and family fun, rides, and games, barnyard, goat yoga, fabulous fair food, and the Indiana Beer, Wine, and Spirits Expo. The Fair will have fairgoer favorites including carnival rides, fun and wacky fair food, 4-H competitions, free entertainment, and much, much more! For more information, visit: indianastatefair.com or visitindy.com.

- Dates: Aug. 2 18, 2024
- Times: Times vary. Visit websites for more information.
- Location: Indiana State Fairgrounds and Event Center, 1202 E. 38th St, Indianapolis

#### Art Fair on The Square

Come join the fun as over 60 talented artists from across the region set up their tents on the historic Noblesville Square to display and sell their fine art. There will be art demonstrations, live music, interactive exhibits, and much more family FUN! Sponsored by the Hamilton County Artists' Association and Noblesville Creates. Free to attend and all ages welcome. For more information, visit: hcaa-in.org.

- Date: Aug. 3, 2024
- Time: 9 a.m. 5 p.m.
- Location: Historic Noblesville Square, 810 Conner St., Noblesville



Indiana State Fair





#### Feast of Lanterns

Come celebrate at this historic near eastside festival. Many local neighborhoods and community organizations will be highlighted. This year, live music will be featured as well as over 80 artisans and vendors selling their work alongside sponsor and community booths, delicious bites from food trucks, and the beer garden. Must be 21+ to enter the beer garden. For more information, visit: indvfol.org.

- Date: Aug. 24, 2024
- Time: 4 11 p.m.
- Location: 1800 Nowland Ave., Indianapolis

#### Carmel

#### Art of Wine Festival

Art of Wine returns to the picturesque Carmel Arts & Design District. The festival will feature local wines from throughout the state, food vendors, wine-related art, and live entertainment. There is a fee for wine tastings, and you must be 21 or older to participate in the tastings. All ages are welcome to attend. For more information, visit: carmelartsanddesign.com or call 317-571-2787.

- Date: May 18, 2024
- Time: 5 9 p.m.
- Location: Carmel Arts & Design District, Carmel

#### Carmel Fest

Carmel Fest is a beloved annual summer tradition for families and friends throughout Indiana. Enjoy live entertainment, Kidzone, delicious festival food, beer & wine garden, and shopping at the unique marketplace, sitting together under the spectacular fireworks, and celebrating our country's independence at our patriotic parade! Come make some special memories! Fun for all ages. For more information, visit: carmelfest.net.

- Dates: June 3 4, 2024
- Time: July 3: 1 10 p.m. & July 4: 12 10 p.m.
- Location: Carmel Civic Square, 720 S. Rangeline Rd., Carmel

#### Brews on the Boulevard

The City of Carmel, its Carmel Brews & Barrels Train, and Allied Solution presents Brews on the Boulevard, the first official beer festival in Carmel. Breweries from across the state will be serving unlimited samples of beer with the purchase of a tasting ticket. Sample selections from each brewery with the opportunity to purchase items directly from your favorites. Enjoy a variety of food vendors, exclusive Brews & Barrels Trail giveaways, live entertainment, and fun for the whole family! Attendance is free and open to the public. Only those interested in participating in the beer sampling must purchase a tasting ticket. For more information, visit: carmelbrewsandbarrels.com.

- Date: Aug. 3, 2024
- Time: 5 9 p.m.
- Location: Midtown Carmel, 365 Monon Blvd., Carmel

#### Indy Greek Fest 2024

Journey abroad as you enjoy authentic Greek foods, pastries, wines, and local craft beers. Listen and dance to Greek music and tour the Cathedral, one of central Indiana's oldest and largest ethnic festivals. Proceeds will benefit St. Basil Food Pantry, The Lord's Pantry at Anna's House, and Holy Trinity Greek Orthodox Cathedral. For more information, visit: indygreekfest.org.

- Date: Friday & Saturday, Aug. 23 & 24, 2024
- Time: Friday: 4 10 p.m./ Saturday: 11 a.m. 10 p.m.
- Location: 3500 W. 106th St., Carmel

#### Noblesville

#### Indiana Peony Festival

Mark your calendars! This year's 4th annual Indiana Peony Festival is coming to Noblesville! Shop over 50 vendors featuring peony art, flowers, plants, classes, and contests. Then shop downtown Noblesville for peony-inspired products, food, and beverages. There's something for everyone at this event! The festival is free to attend and open to the public. For more information, visit: indianapeonyfestival. com.

- Date: Saturday, May 18, 2024
- Time: 10 a.m. 4 p.m.



• Location: Seminary Park, 350 S. 10th St, Noblesville

#### Spencer Farm Wine Run 5K

Mark your calendars for this exciting event that features the scenic views of Spencer Farm Winery and did we mention the great wine? Be sure to check out the locally grown fruits, meats, and products at Spencer Berry Farm before or after the race. This race is timed and scored by J3 Timing. Results will be posted at www. J3Timing.com. For more information, visit: www.spencerberryfarm.com. To sign up for the 5K, visit: runsignup.com.

- Date: Sunday, June 23, 2024
- Time: Race starts at 9 a.m.
- Location: Spencer Farm Winery, 7015 E. 161st St., Noblesville

#### North Salem

#### Old Fashion Days

Mark your calendars! Bring back old traditions and introduce new ones all while experiencing a weekend full of live entertainment, food, arts and craft vendors, 50/50, parade, Bingo, horse pull, pie contest, truck/tractor pull, car show, 5k/10k walk/run, and bike ride. For more information, email: nsofd.com or call: 317-370-0585. Free for all ages to attend.

- Dates: Saturday Monday, Aug. 31- Sept. 2
- Time: Parade starts at 11 a.m. on Saturday Aug. 31st. Festival to follow (times for events vary)
- Location: North Salem

#### Speedway

#### Friends of Fred Food Truck Festivals Cheese Fest

Friends of Fred Food Truck kicks off their 2024 season at Daredevil Brewing Company. All participating food trucks will be featuring a signature dish featuring CHEESE! Yes, even the sweet vendors will be participating! Enjoy live music and a free family fun zone.

- Date: Friday, May 10, 2024
- Time: 5:30 9:30 p.m.
- Location: Daredevil Brewing Company, 1151 N. Main St., Speedway

   Free for all ages to attend
  - o Free parking
  - o Leashed pet friendly

#### Seafood Fest at Daredevil Brewing Co.

Seafood Fest? Yes, you read that correctly. Come on down to beautiful Speedway and enjoy delicious seafood from our food trucks, all of which will be featuring a signature seafood item on their menus. Yes, even the sweet trucks will be participating! Daredevil's adult beverages will be available for purchase as well. Enjoy free live music and a free family fun zone.

- Date: June 14, 2024
- Time: 5:30 9:30 p.m.
- Location: Daredevil Brewing Company, 1151 N. Main St., Speedway
   Free for all ages to attend
  - o Leashed pet friendly
  - o Free parking

#### Taco Fest at Daredevil Brewing Co.

You've had plenty of burgers and hotdogs on July 4th. Speedway has arranged for Indy's hottest taco trucks, ice cream, and Daredevil's adult beverages to come out for your taco enjoyment. Enjoy live bands and a free family fun zone.

- Date: Friday, July 12, 2024
- Time: 5:30 9:30 p.m.
- Location: Daredevil Brewing Company, 1151 N. Main St., Speedway
  - o Free for all ages to attend
  - o Free parking
  - o Leashed pet friendly



#### Zionsville

#### **Zionsville Street Dance**

Zionsville's biggest party, drawing up to 6,000 attendees, features a professional concert at the north end of Main Street, beverages from local breweries, wineries, and distilleries, food trucks, and a kid's area. For more information and to purchase tickets, visit: zionsvillechamber.org.

- Date: Aug. 3, 2024
- Time: 6 10 p.m. & entrance gate opens at 5 p.m. •
- Location: Main Street, Zionsville

#### **Parke County**

#### Brick Street Market

Visit downtown Rockville and enjoy shopping for antiques, boutiques, and "uniques" for shopping around the historic courthouse square. Local vendors will be showcased as well. Winery, the old-fashioned 5 & 10 store, art gallery, delicious dining, Thirty-Six Saloon, jewelry, antiques, and local artisan shops for all to enjoy. Free to attend and all ages welcome. For more information, call: 765-366-1487.

- Date: June 22, 2024
- Time: 9 a.m. 2 p.m.
- Location: Rockville Historic Courthouse Square, Rockville

# Farmers Markets

# Brownsburg Farmers Market Dates: Listed Below

- Time: 4 7 p.m.
- Location: Brownsburg Town Hall Green, 61 N. Green St., Brownsburg For information, visit: brownsburg.org. 0
  - Dates & Special Events/Theme Nights 0
    - 6/6: Artisan Night
    - 6/13: Strawberry Shortcake Festival; in partnership with Kiwanis Club
    - 6/20: For the Dogs Night
    - 6/27: Music at the Market: The Strays
    - \*\*NO MARKET THE WEEK OF JULY 4\*\*
    - 7/11: Kid Biz Night
    - 7/18: Christmas in July
    - 7/25: Music at the Market: Brad McCord
    - 8/1: Non-Profit Night
    - 8/8: Corn Roast
    - 8/15: Chamber Night
    - 8/22: Motorsport Mania
    - 8/29: Music at the Market: Nate Wolfe

#### North Salem Farmers Market

- Dates: May 9 Aug. 29: Recurring weekly on Thursdays
- Time: 5 7 p.m.
- Location: Downtown North Salem ٠
- For more information, visit their Facebook page: /FarmersMarketNorthSalem.

#### **Danville Farmers Market**

Baked goods, candy, fresh flowers, plants, treats for your beloved pets, local coffee, local honey and more!

- Dates: May 11 Aug. 31: Recurring weekly on Saturdays
- Time: 8 a.m. Noon
- Location: Historic Downtown Square in Danville
- For more information, visit: www.danvillechamber.org.

#### **Plainfield Farmers Market**

Join the Plainfield Chamber of Commerce for the 2024 Plainfield Farmers Market. For more information about the Farmers Market, contact the Plainfield Chamber at 317-839-3800.

- Dates: June 5 Sept. 11: Recurring weekly on Wednesdays
- Time: 4 7 p.m. RAIN OR SHINE (with exception of Severe Weather)

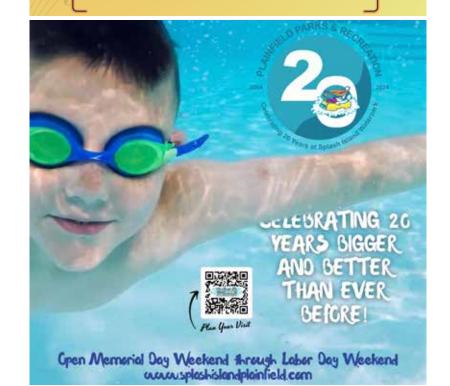
- Location: Plainfield Friends Church, 260 W. Main St., at the intersection of US 40 and SR 267 in downtown Plainfield
- For more information, visit: www.plainfield-in.com.

#### **Avon Farmers Market**

Join the Town of Avon for the 2024 Avon Farmers Market hosted by the Town of Avon. For more information about the Farmers Market, contact the Town of Avon at avonindiana.gov.

- Dates: June 4 Aug. 27: Recurring weekly on Tuesdays (with exception of Tuesday July 2nd)
- Time: 4 7 p.m.
- Location: Avon Hendricks Regional Health parking lot, 8244 E. US Hwy 36, Avon
- For more information: visit: avonindiana.gov/farmersmarket.







# Presents Farmers Market

June 5th **Opening Day!** Music: Mikey Goode

July 3rd Red White & Blue Kids Day Music: Matty & The Key

# July 31st

Back to School Day Music: Rocky LeRoe

August 28th

Dog Days of Summer Music: John Ryan

# <u>August 7th</u>

ainfie

June 12th

Kids Day

Music: Matty & The Key

July 10th

Dog Days of Summer

Music: Beautiful Ammunition

Non\_Profit Day Music: Beautiful Ammunition

September 4th

National Wildlife Day Music: Beautiful Ammunition

# August 14th

June 19th

Senior Citizens Dav

Music: Biscuits & Gravy

July 17th

Performing Arts Day

Music: Matty & The Key

Wellness Day Senior Citizens Day Music: Austin James Music: Beautiful Ammunition

September 11th

**Closing Day** Music: Mikey Goode Follow us on Facebook for updates on the activities for each day!

Every Wednesday June 5th-September 11th 4pm-7pm

## Presenting Sponsor:



# Scan Here for More Details!





June 26th Wellness Day Music: John Ryan

# July 24th

**Community Day** Music: John Ryan

# August 21st

# **BUSINESS**

#### MONEY MATTERS -

#### **To Serve Two Masters**

#### **By Jeff Binkley**

First off, let me say that I've never been comfortable quoting scripture when giving advice... to my family, to my friends, to my clients. That's why I typically don't do it, quote scripture. As for giving advice, at least of a financial nature? That's what I'm paid to do. But in these pages, I give my counsel for free. If you'd like to start getting much more of it and more of it specifically attuned to your needs... my contact information is on this page somewhere. Alright, enough of shameless selfpromotion.

What was I saying about scripture? Oh yes, I don't like to quote it. But I do find great wisdom and guidance within it. For myself specifically, and hopefully, as the Spirit moves through me, in the recommendations of scripture I may point family and friends to. Scripture, in part, says "You cannot serve two masters..." (Matthew 6:24 NIV) And we all know that that is very true. As the verse goes on to tell us, "...Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money."

Now you may ask yourself what business do I have quoting this verse in a column about money, investing and the markets? Because there is wisdom here in addition to the wisdom of guarding ourselves from making money too important in our lives.

I've written in these pages countless

times that two things rule the market: fear and greed.

A prudent investor will allow neither to become their master.

If an investor serves fear as master, then they may invest too much capital fearfully and too frugally. This leads to what growth they are able to achieve ending up being lost in inflation and declining buying power for their toofrugally- invested dollars. If an investor serves greed as master, then they invest too much capital pursuing pie in the sky returns. That strategy may work for a while but as another one of my favorite investing adages attests, "Trees don't grow to the sky." And when that tree fails, it can be very painful.

The prudent investor, like the wise servant, balances the needs of both masters. Through listening, observation, education and experience they learn how to serve and satisfy both masters. They learn to manage their all too often conflicting masters. With the result that neither throws them out of the household... or worse.



Jeff Binkley is the Founder and Managing Director of Binkley Wealth Management Group, an Independent Fee-Only Registered Investment Advisory Firm. Mr. Binkley is adding a few new select clients from those who qualify. For further information or an appointment contact him at Jeff@thebinkleygroup. com or 317-697-1618.

**RESTAURANT HIGHLIGHT** 

Arni's

#### **By Julie Brackemyre**

"Meet You at Arni's"...as the slogan says, ask anyone that lives or works in Hendricks County or the Indy Metro Area if they've eaten at Arni's, and most likely they have. The first Arni's opened in 1965, and has been going strong ever since. Arni's Restaurant is a family-owned Italian and pizza restaurant with 18 locations throughout central and southern Indiana.

Arni's is known for its signature pizzas, quality service, and family atmosphere. Wellknown for their pizzas, boasting more than 14 different types of pizzas, they also have a wide variety of food on their menu, anything from delicious and shareable appetizers, seven types of burgers to try, pasta entrees, lunch combos such as soup/ salad and salad/pizza, salads, and tasty sandwiches. Open for lunch daily at 11 a.m. It's a great place to grab lunch with a co-worker or friend.







## Banzai Interactive Financial Literacy Offered to Community By Hendricks County Bank and Trust

Hendricks County Bank and Trust Company announces a partnership with Banzai<sup>®</sup> Interactive Financial Literacy program. The Banzai partnership entails 3 facets: curriculum, customers, and community.

Banzai is a leading provider of interactive financial education, empowering students and communities with practical life skills. Banzai's curriculum aligns with state standards, while making learning fun and impactful. Each school district has been contacted with the option to utilize a license at the high school level. Teachers at sponsored schools can receive curriculum and workbooks for their classrooms. There is an interactive, on-line component along with tangible classroom tools at no cost to the sponsored schools.

When asked why this partnership was developed, Jerry Orem, President replied "Several Hendricks County teachers had already signed up and Banzai contacted us about those waiting for a sponsorship to become available. So we knew there was interest." He continued, "With the Education State Standards expecting financial literacy be addressed, we recognized this need in our local schools, with several communicating they are looking for a good and affordable solution. The added opportunity to serve our customers and the community made it an attractive solution all around."

Beyond the classroom implementation, Hendricks County Bank has made this interactive program available on their website under the Resources Menu. While the primary purpose is to serve the family of Hendricks County Bank and Trust, the access is available to anyone in the community (churches, social organizations, etc.) who can benefit from these resources.

The last facet is having licenses that will be gifted to local nonprofits to benefit their constituency. Discussions are being held with several nonprofits within the county. The ideal candidate organizations that would benefit are social welfare organizations, who often serve those who have not had a good life skills foundation. Other good candidates are those who serve a young population or those who serve a large population. These licenses can be customized based on the needs of the non-profit organization and what serves their constituents in the best manner, including releasing in phases, limiting to certain topics, etc.

"Our mission at Hendricks County Bank and Trust is to promote economic prosperity - improving the quality of life in the community we serve.," explained Marketing Director Autumn Bucy, "To that end, we are partnering with Banzai to provide the best in financial literacy materials, so that our community can be better equipped to face the financial challenges life throws their way. There are interactive and age-appropriate courses, as well as lessons on financial topics, coaching sessions and financial calculators to apply to reallife situations... free to our community as a gift from Hendricks County Bank!"

Founded in 1908, Hendricks County Bank and Trust Company has been locally owned and operated for 113 years. With five locations in the county, Hendricks County Bank provides outstanding customer service along with the latest technology and innovative products. The bank's employees from the President and Board Members to the customer service representatives are engaged in Hendricks County so they understand the local economy and the areas that are served. Visit the bank's website at **HendricksCountyBank.com** for more details.

## **BUSINESS**





# NATIONAL ELECTRICAL SAFETY MONTH 5 ESSENTIAL SAFETY TIPS



On a sunny winter day in 1994, Jeff Banning and his lovely wife Nettsie, found themselves contemplating their future as the engineering firm he had been working for was in financial trouble. So, they sat on a park bench in Swinford Park in Plainfield and said a prayer, asking that God be with them as moved forward in their plan to start a new engineering company. Sure, they both had concerns about this new venture but as Jeff told her, "The worst that can happen is that we don't succeed". Thus began the start of Banning Engineering. Their business began to grow and that leap of faith they took was starting to pay off. What started out as 5 employees using the Banning home as a base, using their personal vehicles, and utilizing the public library for a meeting space quickly morphed into the need for a more permanent workspace. Looking to set themselves apart from other engineering firms, they determined that their business remain in Plainfield, relocating from a few different locations and then to their current facility on Ronald Reagan Parkway and the rest is history. "Who would have thought that from a park bench prayer, we would become a thriving company that is now employee-owned (ESOP) with over 60 employees who have become corporate citizens in the communities we serve? We have been so blessed for the past 30 years and look forward to being even more blessed as we move forward. Thank you to all who have made Banning Engineering what it is today," said Banning.

#### Here's A Quick Q & A With Jeff: Q: What led you to start your business?

**A:** The need to find another job. I took a leap of faith and tried something new.

Q: What need did your business start out to solve or accomplish?

A: When we started out, it was to help local businesses. We loved (and still love) working with the Hendricks County Community and assist with working through the proverbial bureaucratic red tape. That has since evolved into working with larger companies on larger projects. As a company we still love working with smaller businesses but had to pivot to keep the company going.

# Q: Do you feel like that need has changed or evolved over the years?

A: Yes, the needs have changed and are ever evolving. There is a need for redevelopment or more dense/compact development within the downtown areas of our communities. There is a start to change our downtown area to a place where you can walk to the store and shops, the way it was 50-60 years ago.

**HENDRICKS COUNTY BUSINESS LEADERS** 

Banning Engineering: Celebrating 30 Years of Engineering

**Excellence and Making Your Project Their Priority** 

Q: With all that you have learned over the years, what advice would you give your younger self?

A: To tell you the truth, I've been pretty thankful and happy with the way things have turned out. I guess, if there was one thing, I would say to start thinking about the transition of the company to the next generation of leadership earlier. Don't worry, though! I am not ready to retire yet!

Q: Would that be the same advice you would give to other business owners or aspiring business owners? If not, how would you advise others?

A: Well, I have to say that I would almost hate to start a job nowadays. It is much more complicated than it used to be. So much red tape, rules, and regulations. But I will say, it goes back to that leap of faith. Jump in, start swimming, and remember why you started in the first place.

Q: In the budding years of your business, what area or areas of business do you feel like you needed the most support?

A: Probably having someone to talk through decisions, next steps, ideas, etc. After all, no one knows what you're going through like someone who is walking the same walk. Get out there and surround yourself with those that will support you and lift you up.

# Q: What inspires you in business and keeps you motivated?

A: Helping others keeps me motivated. It is very gratifying to me. As I've gotten older and I am more and more hands off the engineering part of the firm, I find that mentoring those around me is very rewarding.

Q: What does the future look like for your business and the work your company does?

A: Well, from a work standpoint, I think that there is going to be a lot more infrastructure needing updated, fixed, and replaced to keep up with new developments in our community. From a business perspective, we are always trying to evolve. We are now employee-owned (ESOP), which is important to us.

# Q: Do you have an inspirational quote or a tenet that you live by?

A: Hebrews 11:1- "Now faith is the assurance of things hoped for, the conviction of things not seen." I feel like people get caught up in the things that don't matter. We need to have more faith in humankind. We need to have more faith that things will work out.





**Emergency escape route plan**. Include children in planning. They are more likely to remember if they're involved in creating it.



**Test smoke alarms every month.** Replace batteries once a year — or sooner if indicated in the manufacturers' instructions.



**Keep appliance cords away from hot surfaces**. Toasters, ovens, and ranges can be easily damaged by excess heat, posing a significant fire hazard.



#### **Vacuum refrigerator coils** every three months to eliminate dirt buildup, which can reduce efficiency and create fire hazards.



Regularly **clean** out your **dryer vent**. Lint is easy to ignite.

Find these tips and more at hendrickspower.com/electrical-safety







# **MOKEY'S ON THE SQUARE**

# LOCAL BUSINESS SPOTLIGHT

#### **By Julie Brackemyre**

#### **CHECK OUT THE BUSINESS**

#### 1. How many years has Mokey's On the Square been in business, and what inspired you to start/purchase/ work with this business?

October will be two full years that the dining room has been open! A lot of things contributed to the business. COVID happened, time, family, and friends were precious. I fell out of love with a career I had had for 15 years and an opportunity arose. The universe spoke and I listened.

**2. Are you the original owner?** Yes, I am the original owner.

#### **3. Describe your typical work day.**

A typical day at work starts with some social media posting (which I hate), looking at the calendar to see if I have scheduled boards going out, checking emails, responding to emails, making a shopping list and making rounds to all the places to get supplies, and putting all the food and supplies away. Checking inventory of beer, wine, and liquor, making sure I have syrups made, and fresh fruit ready is also on the schedule. I get to the shop about 20 minutes before I open, I make sure the dining room is clean and ready and then I just wait.

# 4. What inspires your work, and what sets you apart from everyone else?

I love being creative with the charcuterie. None of my boards are the same. I am a small business owner of one, so I do all the things. I have some amazing people in my life that will help if I know I am going to have more than I can handle. I have a ton of support! I love connecting with my customers and I love that I get to chat with them sometimes. Everything I do comes from the heart!

#### 5. If you could go back to the beginning knowing what you know now, what would you have done differently?

I would have had a partner. It is really challenging being responsible for everything. Business is not my wheelhouse, so there is a lot I don't know, there is a lot I have to figure out every day. Could I do things differently? Better? Sure, but I do my best every day!

#### 6. What's your best advice for someone who wants to start their own business?

Life is short, take the chance! Worst case, you fail, but at least you tried! It's nice working for myself and not having someone dictate what I can and can't do. It's hard, but it's worth it!

Name: Taryn Stewart Occupation: Owner, Mokey's On the Square

#### **CHECK OUT THE OWNER**

1. How long have you worked with Mokey's On the Square? Tell me a little about your background and how you developed your skill set. I graduated from Ball State with an education degree. Until July of 2022, healthcare was my career for the past 16 years. I have no idea what I am doing, I just wing it every day! It's fun and terrifying!

# 2. What has been your biggest success to date, and what has been your biggest challenge?

Every day is a success! I am lucky that I get to do what I do, in the town that I love, for friends, family, and my community! There are a lot of challenges every day...did I buy enough flatbread, am I going to run out of red wine, did I post enough on social media, will anyone come in today?

# 3. What inspires you to hit the ground running each morning?

My family! Mokey was my dad's nickname! I feel like it is important to honor the people you love, and by doing something I love and seeing my family excited and proud of me is pretty awesome.

#### 4. Tell me some of your hobbies, outside of working for Mokey's On the Square.

I feel like I am always at Mokey! I am also the Danville Kiwanis Club president, I am a part of several committees in town, and I love trying to make Danville better! I have kids that I love and am pretty proud of, so anytime I can be with them. I also love my friends fiercely and try to stay connected with them.

# 5. What's an interesting fact about your business that most people don't know?

Not everyone knows that it is just me.

6. What's an interesting fact about you that most people don't know? I was born eight weeks premature!



# Beef & Boards Dinner Theatre Production of The King & I delivers 'something wonderful' to the stage



Reassuring her son Louis (DJ Dancler), left, Anna (Hannah Louise Fernandes) sings "I Whistle A Happy Tune" in Beef & Boards Dinner Theatre's production of The King and I, now on stage through May 19. (Submitted photos)



Princess Ying Yaowalak (Imani Dancler) recites the letter she composed to Anna, hoping to make her stay in Siam, in Beef & Boards Dinner Theatre's production of The King and I, now on stage through May 19. (Submitted photos)

In April, Beef & Boards Dinner Theatre welcomed audiences to experience the grandeur of nineteenth century Siam with the beloved musical The King and I, now on stage through May 19. Based on the novel Anna and the King of Siam by Margaret Landon, the show by Rodgers and Hammerstein won the Tony Award for Best Musical in 1952. The musical is set in Siam in the year 1862 when British widow Anna Leonowens and her young son Louis travel to the Royal Palace in Bangkok, having been summoned by King Mongkut to tutor his many children and wives. The King is often viewed as a "barbarian" by those in the West, and he seeks Anna's assistance in changing his image, if not his ways, in a modern world. With both keeping a firm grip on their respective traditions and values, Anna and the King grow to understand and respect one another and their cultures in a truly unique love story. The King and I is filled with powerful emotions, beautiful costumes, and unforgettable songs including "Getting to Know You," "Something Wonderful," and "I Whistle a Happy Tune."

In prioritizing authentic details for the Beef & Boards production, director Brian Jose

acknowledges that the real Anna Leonowens was of Anglo-Indian descent. "That slight shift makes all the difference. Instead of a story that can easily be seen as a white savior/ colonialism story, we get a more complex story about a woman who has had to suppress her culture in order to advance in society to provide for her child as a single mother," said Jose. "In a time when political wars have eliminated a middle ground and religious wars have fueled so much destruction and hatred, a show about exploring our differences and attempts to understand each other seems like just what we need," said Jose.

Making their Beef & Boards debuts are Hannah Louise Fernandes as Anna and Jae Woo as the King of Siam. Also new to the Beef & Boards stage are Bryan Chan as Lun Tha, Alice Jihyun as Tuptim, and Nathalie Cruz as Lady Thiang. Ian Cruz (Footloose) plays Kralahome, and Eddie Curry (Grumpy Old Men: The Musical, Footloose, The Addams Family), plays Sir Edward Ramsay.

#### About the Youth Performers:

DJ Dancler, who plays Louis Leonowens, and his sister Imani Dancler, who plays Princess Ying Yaowalak, attend Brownsburg schools. DJ is 9 years old and a 2/3 (high ability second grader) student at Eagle Elementary School in Brownsburg. It's his third production at Beef & Boards, playing Boy Scrooge and Peter Cratchit in A Christmas Carol and having been in the children's choir in Joseph and the Amazing Technicolor Dreamcoat (both last season). He's also been in productions at The Biz and Hendricks Civic Theater. He says he enjoys performing because "I get the opportunity to learn about acting and the stories behind each show." In particular, for The King and I, "I get to learn more about people from another culture and another time, so I can understand them. I like learning new things." DJ also enjoys reading, playing video games, solving math problems,



DJ and Imani Dancler – The King and I. (Submitted photos)

and telling "dad" jokes. As for his future, "I have been telling everyone that I want to be an actor since I saw Hugh Jackman in 'The Greatest Showman' when I was very little."

Like her brother, 6-year-old Imani is in her third Beef & Boards production, having also performed in the children's choir of Joseph and the Amazing Technicolor Dreamcoat and as Tiny Tim in A Christmas Carol last season. She's also performed at Hendricks Civic Theater, Wayne Township Community Theater, and The Biz. Imani says she thinks performing is "fun," and she likes "going to practice." Sometimes it's challenging to remember what she's supposed to do, "like not swing my legs as Tiny Tim," she said. But in The King and I, she likes that "I get to act like I'm not related to my brother!" Imani is in Kinderskills (pre-K) at Calvary Learning Academy in Brownsburg. When she's not performing, Imani likes to spend time with her family, go rock climbing, swimming, play basketball, and read. She'd like to run an animal rescue someday. They are the children of Darron and Alice Dancler, Indianapolis.

Young performers who performed April 23-May 5:



Nikki Marie Lantin 2024. (Submitted photos)

Nikki Marie Lantin, 9, is a fourth grader at Indianapolis Christian School. She says she wanted to be in The King and I, which is her first time in a production, "so I can get better with my acting skills." When asked about her favorite part of the show, Nikki said, "I like the bowing of the children because it's so fun to watch." Nikki, who is Filipino, enjoys singing, playing piano, drawing, and playing when she's not on stage. She would like to become a marine biologist, singer, or doctor someday. She is the daughter of Noel and Emillie Lantin, Avon.

#### Performing May 7-19:

Xenon Esteller, 11, is a sixth grader at St. Christopher Catholic School. Performing for the first time, he said he wanted to be in The King and I "because I thought it would be



Xenon Esteller 2024. (Submitted photos)



Amelia Villaluna 2024. (Submitted photos)

really cool to try acting." Most of all, he likes "getting to show people my talent while trying to pretend (to be) someone else." When he's not on stage, Xenon enjoys playing video games, drawing, swimming, playing the piano and doing cross fit. Someday he hopes to be an engineer. He is the son of Cherrilyn and George Esteller, Avon.

Amelia Villaluna, 8, is a third grader at South Elementary School in Danville. "I wanted to play at The King and I because we were told they are needing Asian kids and I think I look like Asian, a pretty Asian," Amelia said. "My favorite part of being in the show is the people that I work with. They are all nice." When she's not on stage, Amelia enjoys swimming, writing, shopping, playing, and reading. Amelia hopes to own a company someday. She is the daughter of Maryann Rodriguez Villaluna and Emerson Santos Villaluna, Danville.

Beef & Boards Dinner Theatre, Indiana's only year-round professional dinner theatre, has been serving up exceptional entertainment since 1973.

# May 6, 2024 Hendricks County ICON Entertainment NTERTAINI

# **VENTS**calendar

#### MAY

#### 8 Wednesday

#### **Fiber Arts Friends**

5 – 6 p.m., 435 Whipple Lane, Avon. Whether you are a knitter, crocheter, or connoisseur of another fiber art, you are invited to bring along your current project and spend the evening crafting - limited craft supplies will be available. Register here: https://wtp.recdesk.com/ Community/Program.

#### **11** Saturday

# Midwest Whimsy: an eclectic showcase

#### of our Hoosier surroundings

2 - 4 p.m., Holliday Park Nature Center, 6363 Spring Mill Road, Indianapolis. The opening reception is May 11 from 2 - 4 p.m., and the show runs May 11 -June 22. This is by Avon resident Jenna Smith. Facebook and Instagram @ **JennaSmithOriginals** 

#### 12 Sunday

#### **Spring Foraging Hike**

1 – 2 p.m., Pecar Nature Park, 5203 E. County Road 150 N., Avon. Join the park naturalist for an enlightening session on basic foraging skills for edible plants. There will also be a brief cooking segment. \$5/ person. Register here: https://wtp.recdesk. com/Community/Program.

## **12** Sunday

#### Pokémon Leaaue

6 – 8 p.m., Books & Brews, 1551 N. Green St., Brownsburg. Join us for Pokémon fun on the first and third Sunday of every month. Whether you're a seasoned trainer or just starting your journey, all ages and experience levels are welcome. Get ready for epic battles and a great time!

# 16 Thursday

#### **CP Cruise-IN**

5 – 8 p.m., Connection Pointe Christian Church, 1800 N. Green St., Brownsburg. Cruise on over on the third Thursday for Car Nights at Connection Pointe. If you have a cool car you want to show off or just want to peruse all the cars with your family, you won't want to miss it!

## 17 Friday - 18 Saturday

NDRL Hot Rod Nationals Times vary, Lucas Oil Indianapolis Raceway Park, 10267 E. U.S. Highway 136, Indianapolis. The Nostalgia Drag Racing League helps preserve the history of drag racing's most noteworthy machines, with events featuring drag racing, car shows, swap meets, and more.

#### 17 Friday **Pints & Paddles**

5 - 8 p.m., Stephens Park, 605 S. Stephens Drive, Brownsburg. Calling all pickleball enthusiasts, new and experienced players alike! Join us for an evening of friendly matches and socializing. After the games, unwind with a glass of wine or a refreshing pint and make new connections. Don't miss this exciting, free event.

#### 18 Saturday

#### **Mornina Bird Hike**

8 a.m., Virgil Park, 9145 E. County Road 300 N., Brownsburg. Join the park's naturalist on an early morning stroll through Brownsburg Parks. All birders are welcome and binoculars are encouraged. Program is free to attend.

#### 18 Saturday

#### Alpaca Yoga

9 – 10 a.m., Montrose Farms Alpaca Ranch, 3750 N. County Road 950 E., Brownsburg. Montrose Farms and Indiana Yoga Studio offer yoga classes the first and third Saturday of every month, beginning in May, weather permitting. \$30/person.

#### 18 Saturday

#### Pickleball 101

10 a.m. - 12 p.m., Washington Township Parks and Recreation Department, 498 Whipple Lane, Avon. This program is perfect for beginners - come to learn the rules of the game, learn basic fundamental skills, and put your new skills to the test in friendly matches. Register here: https:// wtp.recdesk.com/Community/Program.

#### **18** Saturday

#### Laughter Yoga with the Alpacas

11 a.m. - 12:30 p.m., Montrose Farms Alpaca Ranch, 3750 N. County Road 950 E., Brownsburg. Laughter Yoga, designed by Dr. Madan Kataria in 1995, incorporates playful group exercises with deep breathing to enhance wellness and joy.

It eases anxiety and depression, awakens happiness, and forges relationships. Laughter Yoga class can help students release stress and tension, calm their minds, improve their health, and provide an abundance of positive energy. The one-hour class, which involves minimal stretching and much laughter, will take place on the farm, followed by a visit with the alpacas. People of all ages and abilities are encouraged to participate. Tickets are \$30, register here: https://montrose-farmsbrownsburg.ticketleap.com/laughteryoga/.

### **18** Saturday Make & Take Nature Craft:

#### **Flower Stamping**

1 – 3 p.m., Virgil Park, 9145 E. County Road 300 N., Brownsburg. Embark on a colorful journey during this Make & Take Nature Craft. Little artists, get ready to dive into a world of blooming fun where real flowers become your work of art. Our naturalist will show you how to create awesome prints using nature's own designs. Join us for flower stamping and take home a garden print of your very own. Admission is free.

#### 18 Saturday - 19 Sunday

#### Indiana High School Rodeo Various times, Hendricks County 4-H Fairgrounds, 1900 E. Main St., Danville. Indiana High School Rodeo was established in 1973. Its purposes and aims are to promote high school rodeo on a statewide scale and work toward this by bringing statewide recognition to this activity for high school and junior high students, as well as promoting the highest type of conduct and sportsmanship among its members. Vendors and food trucks will be on site during the 6:45 p.m. rodeo performance on May 18 and at 10 a.m. on May 19.

#### **19** Sunday

#### Spring-Palooza Peony Festival

11 a.m. - 5 p.m., Avon Gardens, 6259 E. C.R. 91 N., Avon. Join us to celebrate one of our favorite May blooms, the peony! The perfect opportunity to enjoy our vast collection throughout the gardens. We will also have tours, an art fair, food/drinks, music, plant sales, and more. https://www. avongardens.net/.

#### 21 Tuesday

#### Pottery Classes at Pecar Nature Center

2:30 – 4 p.m., Pecar Nature Center, 5203 E.

County Road. 150 N., Avon. Unleash your creativity and join us for a pottery class. Get tickets here: https://wtp.recdesk.com/ Community/Member/Login.

#### 22 Wednesday **Hoosier River Watch**

10 a.m. – 4 p.m., Bundy Lodge at Arbuckle Park, 7024 Lucas Dr., Brownsburg. This event is in partnership with Hendricks County Partnership for Water Quality. Discover the meaning of water quality and how to measure it during this FREE workshop. Any adult who is interested in the natural world and wants to help can register and attend. Be prepared for wading because we are headed to the creek. Registration is required: https://docs.google.com/forms/d/ e/1FAIpQLSe7FGSeb8sHKoC6XjV7gwod-

SZPuuoplUm-165nZqY1Hd5f3q/viewform

# **23** Thursday

#### Full Moon Hike – Flower Moon

9 – 10 p.m., Pecar Nature Center, 5203 E. County Road. 150 N., Avon. Join an Indiana master naturalist to learn the secrets of the Flower Moon, explore the blooming trees and plants, and enjoy a guided walk. \$4/ person. Register here: https://wtp.recdesk. com/Community/Program.

#### 24 Friday **Carb Night Classic Featuring the**

#### **Hoosier Hundred**

3 p.m., Lucas Oil Indianapolis Raceway Park, 10267 E. U.S. Hwy 136, Brownsburg. Featuring multiple classes of openwheel racing on the Friday before the Indianapolis 500, it will be a night to remember! The Carb Night Classic will once again feature the 71st Anniversary Hoosier Hundred, one of the crown jewel events on the USAC Silver Crown Series calendar. This 100-mile race will kick off the evening, which also includes the USF Pro 2000 and USF2000 Championships, as well as a 30-lap National Pavement Midget Championship feature. Learn more: https:// raceirp.com/carbnightclassic/.

#### 24 Friday Last Day of School Foam Party

#### 5 – 8 p.m., Washington Township Parks, 435 Whipple Lane, Avon. We will have three foam machines, food trucks, and Kona Ice. Bring goggles, towels, and a change of clothes. Register here: https://wtp.recdesk. com/Community/Program?category=30

# **NIGHT & DAY**

#### 25 Saturday

*Mini Indy 500 Cardboard Box Race* 10 a.m. – 12 p.m., Murphy Aquatic Park, 788 S. County Road 625 E., Avon. Construct your own wearable cardboard box and put it to the test in a foot race. Racers will be split in groups of ages 6-7, 8-9, and 10-12. Winners from each age group take home a trophy. \$5/racer. Register here: https://wtp.recdesk.com/Community/ Program?category=37.

#### 29 Wednesday

#### Summer Fun Run/Walk W.S. Gibbs Memorial Park

4:30 – 6:30 p.m., W.S. Gibbs Memorial Park, 4521 Gibbs Road, Danville. Join us for the 2024 Summer Fun Run & Walk Series. Each week we will visit a different park or trail. Participants can go throughout the week when it's convenient for them or join us each Wednesday evening and run or walk with other park lovers. This event is a fundraiser to support the Parks Foundation of Hendricks County.

#### **29** Wednesday

#### **Debt Management Solutions**

6 – 7 p.m., Avon-Washington Township Library, 498 Avon Ave., Avon. This program will help attendees understand why people find themselves in debt and the most common types of debt. Attendees will also use and analyze budgeting and debt management strategies, as well as compare various debt management solutions. This class will also prepare you to create a personal plan for managing your debt.

#### **31** Friday (May) - **2** Sunday (June) Ultimate Callout Challenge

8:30 a.m., Lucas Oil Raceway at Indianapolis, 10267 E. U.S. Hwy 136, Brownsburg. Ultimate Callout Challenge features three days of action. Drag racing and dyno competitions make up the majority of the schedule on Friday and Saturday, while the sled pull competition is the headliner for Sunday. Visit website for more: https://raceirp.com/schedule/.

#### JUNE

#### 1 Saturday

#### B&O Bicycle Tour Sponsored by Hendricks Regional Health

7:30 a.m. – 3 p.m., Cardinal Elementary School, 3590 S. Hornaday Road, Brownsburg. The 32nd Annual B&O Bicycle Tour will showcase portions of the B&O Trail including our newest section, Virgil Park, as well as scenic countryside. You may choose from 11-, 17-, 25-, 45- and 62-mile loops. After the ride, stick around for lunch

and some live music. Sign-in begins at 7:30 a.m. on Saturday. No mass start of riders is planned. All riders may depart once they have completed their check-in, prepped their bikes, and donned a helmet. Please note that our event is rain or shine. No refunds are given due to the weather. Listen to live music as you enjoy a fantastic lunch catered by Smokin' J's Barbecue immediately after the ride. Once again this year, there will be a vegetarian option available. Thank you to Agua Systems for donating water, Piazza Produce for the fruit, and Eby-Brown for the snacks at the SAG stops. During the ride, take pictures and post them on Instagram using #bobikeride. We hope to show pictures on a continuous loop throughout the day back at the starting venue. You can enjoy them as you eat lunch and listen to the music. Consider giving a donation to the B&O Trail in addition to your ride entry fee or optionally cover the extra cost for the credit card processing fee. We are actively working to extend the trail to the east into Marion County in 2024. Local funds raised from generous folks like you enable this expansion along with ongoing trail maintenance. BOTA is an IRS 501(c) (3) nonprofit, so your donations are tax deductible.

Souvenir t-shirts are available to preregistered riders for an extra cost. A very limited number of shirts will be available for purchase the day of the ride. Find more information here: https:// botrailassociation.salsalabs.org/bobicyclet our2024sponsoredbyhendricksregionalhea lth/index.html.

#### **1** Saturday

#### Morning Bird Hike

8 a.m., Arbuckle Park, 200 N. Green St., Brownsburg. Join the park's naturalist on an early morning stroll through Brownsburg Parks. All birders are welcome and binoculars are encouraged. Program is free to attend.

#### 1 Saturday

#### Alpaca Yoga

9 – 10 a.m., Montrose Farms Alpaca Ranch, 3750 N. County Road 950 E., Brownsburg. Montrose Farms and Indiana Yoga Studio offer yoga classes the first and third Saturday of every month, beginning in May, weather permitting. \$30/person.

#### **1** Saturday

#### Destination Danville Night Market

9 – 10 a.m., Montrose Farms Alpaca Ranch, 3750 N. County Road 950 E., Brownsburg. Montrose Farms and Indiana Yoga Studio offer yoga classes the first and third Saturday of every month, beginning in May, weather permitting. \$30/person.

#### **1** Saturday

#### Hendricks Live! Presents: From Southern California Hotel California: A Salute to the Eagles

8 p.m., Hendricks Live!, 200 W. Main St., Plainfield. A spirited blend of originality and the pursuit of excellence have taken Hotel California "A Salute to the Eagles" to a level of recognition normally reserved for Gold and Platinum recording artists. By respectfully and accurately reproducing the Grammy award winning sounds of our generation's Greatest American Songbook, this legendary Southern California group, has touched the hearts of fans all over the world. The most successful and longest running show of its kind, Hotel California "A Salute to the Eagles" is the ONLY show to have ever received an "Official Authorization" for a live performance. So join us on a trip down a dark desert highway... Feel the cool wind in your hair ... It's time to check into ... The Hotel California. Tickets are \$40-60. https://www. hendrickslive.org/hotel-california.

# EVERY Monday

7 p.m., Nigh Brewing, 2067 Hadley Road, Plainfield. Nigh Brewing hosts trivia night every Monday at 7 p.m. Free to attend.

# EVERY Tuesday

#### Tuesday Trivia

6:30 – 8:30 p.m., The Prewitt Restaurant, 121 West Main Street, Plainfield. Bring your friends, enjoy \$4 draft beers, and put your knowledge to the test. The game will begin at 7 p.m. and the winning team will receive a \$50 gift card.

#### EVERY Thursday Gentle Slow-Flow Yoga

9:15 – 10:15 a.m., Brownsburg Public Library, 450 South Jefferson Street, Brownsburg. A 60-minute class that incorporates conscious breathwork along with a sequence of dynamic and energetic poses designed to increase strength, flexibility, and balance in the body, mind, and spirit. The teacher will provide modifications of the different poses to meet the varying skills among the students in the class. Props will be provided but please bring your own mat. Cost per class is \$10 and paid at the door. Scholarships available, if needed.

#### Chair Yoga

10:30 – 11:30 a.m., Brownsburg Public Library, 450 South Jefferson Street, Brownsburg. Find your center and get grounded in body, mind and spirit in this gentle class. Chair yoga is practiced either sitting or using chairs for support in various postures and is designed to mindfully increase range of motion while meeting students where they are. We will work on stretching, range of motion, balance, breathing, and overall a sense of wellbeing. This class is ideal for students with limited mobility or healing from injury. Appropriate for students of all levels. Cost is \$10 per class and paid at the door. Scholarships available, if needed.

#### GriefShare Series (until 5/30)

6 – 7:30 p.m., The Church by the Side of the Road, 10323 East County Road 100 South, Avon. GriefShare is a non-denominational, biblical support group, that focuses on helping people who are dealing with a loved one's death. Whether your loss is recent, or years in the past, this is a place of healing here for you! We will meet March 21 – May 30. The \$20 registration fee includes materials, and scholarships are available if needed. Find more information at www.griefshare.org.

#### North Salem Farmer's Market (5/9-8/29)

5 – 7:30 p.m., Downtown North Salem. Come join us at the North Salem Farmer's Market! Food trucks, local vendors, monthly themes, cornhole, chalk drawing, and more every Thursday May through August.

#### Ladies Clinics & Cocktails (until 5/23)

6 – 7 p.m., X-Golf Plainfield, 313 Marketplace Mile Ste. 120, Plainfield. Ladies Clinics & Cocktails is a great way to start your golf season. This is designed for ladies of all experience levels with a very flexible and broad range of topics. We will work on golf basics, short game, iron play, tee shots, course etiquette, and almost anything else if requested. Each week we will start with a drink and end with a drink. Between those we will laugh and learn together. If there are open simulators available after the sessions, the ladies will be invited to stick around and play for a discounted rate if they would like. There will also be a discounted rate for private lessons for anyone participating in the clinics. The clinics will be five weeks, \$185/session. Register here: https://www.pga.com/ things-to-do/events/ladies-clinics-andcocktails-187267.

#### **EVERY** Saturday Danville Chamber of Commerce

*Farmer's Market (5/11-8/31)* 8 a.m. – 12 p.m., 49 N. Wayne St., Danville. Located on the Hendricks County Courthouse Square, discover local treasures like fruits, vegetables, meat, and eggs, local honey, handmade soaps, and much more! This market is a producer only market. All goods sold are to be grown, made, or baked by the vendor.



**2024 YORK AUTOMOTIVE CONCERT SERIES** 

MAY 9 | 7:30 PM Stanley Clarke Band

MAY 12 7:30 PM Nashville Night: BRITNEE KELLOGG AND PRESLEY & TAYLOR

> MAY 31 | 8:00 PM Sebastian Bach

JUNE 1 | 8:00 PM HOTEL CALIFORNIA: A Salute to the Eagles

> JUNE 13 | 7:30 PM Morgan James

> JUNE 22 | 8:00 PM Mo Sabri

> JUNE 23 | 7:30 PM Robert Glasper June 26 | 7:30 PM

CHRISTOPHER CROSS

JUNE 27 | 7:30 PM Voctave

JULY 13 | 8:00 PM Sandi Patty July 29 | 7:30 PM

LISA LOEB

AUGUST 16 | 8:00 PM JIMMIE VAUGHAN & The Tilt-A-Whirl Band AUGUST 18 | 7:30 PM DAVE MASON AUGUST 31 | 8:00 PM

VEGAS MCGRAW

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# GOVERNMENT

# **Hendricks County republican party** chairman requests candidate with felony record withdraw from race

#### Source: Submitted Press Release

Hendricks County Republican Party Chair Anne Engelhardt issued a statement asking County Auditor candidate Sherri Spurlock to suspend her campaign due to an alleged criminal conviction on her record. Englehardt said, "It seems Ms. Spurlock was convicted of a felony several years ago. That felony was reduced to a misdemeanor in 2009, but a state statute says anyone convicted of a felony is disqualified from being a candidate for office in Indiana. That is true even if the court reduced that felony to a misdemeanor. The Hendricks County Republican Party learned of the allegation against Spurlock only recently."

"I communicated privately with Ms. Spurlock and asked her to suspend her campaign for this reason. I wish Ms. Spurlock well, but the Hendricks County Republican Party cannot support a candidate for office who has an alleged felony conviction on her record. Likewise, the Party feels that voters ought to know about this situation and the reason for our request."

Spurlock is one of two candidates running in the Republican primary for county auditor. Normally, the Republican Party remains neutral during contested primaries, but in this situation, the Party felt compelled to act. "I asked Ms. Spurlock to stop her campaign but have not heard whether she intends to do so," Englehardt said. In the meantime, the Party's precinct chairs and a news media outlet began asking about Spurlock's criminal record. "This is a sad situation," Englehardt said. "I hoped it wouldn't come to this. However, the Hendricks County Republican Party acknowledges political reality and the rule of law and again asks Ms. Spurlock to suspend her campaign. If you have any questions, please feel free to email me. Anne Engelhardt, Chair - chairman@hendricksgop.com.



Sherri Spurlock. (Submitted photos)

# STOP THE BLEED AND CPR/AED TRAININGS ARE FREE AND AVAILABLE NEAR YOU!

The Hendricks County MRC is hosting free trainings throughout the year to help equip the community to respond to emergencies and save lives.



Upcoming classes: May 16, June 13

Stop the Bleed courses will give participants the skills and tools to control life-threatening bleeding situations using direct pressure and tourniquets.



Upcoming classes: May 15, June 11

CPR courses will teach participants how to respond to infant-adult choking, administer CPR, and use AED (defibrillator).





# GOVERNMENT

# **Plainfield Town Council**

TOWN OF PLAINFIELD PROVIDES FUNDS TO THE PLAINFIELD COMMUNITY DEVELOPMENT CORPORATION

**Compiled by Amanda Babinec** 

The Plainfield Town Council met on April 22, 2024. The council meets at 7 p.m. on the second and fourth Monday of every month at the Plainfield Civic Center, 206 W. Main St., in the Council Chambers. The next scheduled meeting is on May 9.

WHAT HAPPENED: The town council approved the consent agenda.

**WHAT IT MEANS:** Certain 2024 appropriations have unobligated balances that will not be needed for the purposes for which they were appropriated. Those appropriations are moved into accounts where they are needed. The total town expenditures are unchanged.

WHAT HAPPENED: The Town Council approved Resolution 2024-17: A resolution confirming interest by the town to purchase real estate for public purposes.

WHAT IT MEANS: The Town of Plainfield will express interest in purchasing the James Grider property at 3299 Clover Dr. (approximately 0.5 acres) for Plainfield public purposes.

WHAT HAPPENED: The Town Council approved Resolution 2024-18: A resolution authorizing amendment to the Grant and Project Agreement with the Plainfield Community Development Corporation.

WHAT IT MEANS: The Town Council authorizes the Town Controller and Town staff to take all necessary steps to provide funds in an amount not to exceed \$2,032,600 to the Plainfield Community Development Corporation, according to the terms of the Grant and Project Agreement between the Town and Community Development Corporation (CDC). The town is pursuing an agreement to implement the Conceptual Downtown Redevelopment Plan and other redevelopment initiatives by acquiring strategic parcels of real property in the Main Street Development Area and other parts of the town.

WHAT HAPPENED: The Town of Plainfield approved the second of three readings for Ordinance 08-2024: An ordinance amending Chapter 76 of the Plainfield Town Code.

**WHAT IT MEANS:** This ordinance establishes parking regulations for the Center Parking Area in the Town of Plainfield.

**Boundary Description:** Starting at the intersection of Main St. and Avon Ave., the assigned limits are described to include the area enclosed by traveling north along Avon Ave. to the intersection of Avon Ave. and Krewson St., then traveling west along Krewson St. to the intersection of Krewson St. with Mill St., then traveling south along Mill St. to the intersection of Mill St. with Park Dr., then traveling west along Park Dr. to the intersection with West St., then traveling south to include Municipal Parking Zone #1, then traveling south along Mill St. to the intersection with Fremont St., then traveling east along Fremont St. to the intersection of Fremont St. with East St., then traveling north along East St. to the intersection of East St. and Main St., then traveling east along Main St. to the intersection of Main St. and Avon Ave.

WHAT HAPPENED: The Town Council approved the second of three readings for Ordinance 09-2024: An ordinance revising section 38.01 of the Plainfield Town Code Administrative Fee Schedule.

WHAT IT MEANS: Administrative fees will be reviewed by the Town Council under this ordinance. These fees include permits and services for residential and commercial customers.

# **Danville Town Council**

DANVILLE TOWN COUNCIL IDENTIFIES LOW ASSOCIATES TO PROVIDE FINANCIAL SERVICES

#### **Compiled by Ronald Hera**

The Danville Town Council met on April 17, 2024. These meetings can be viewed on the Town's YouTube channel. The council meets at 7 p.m. on the first and third Wednesdays of each month at Danville Town Hall, 49 N. Wayne St. The next scheduled meeting was May 1 and will be reported on in the next issue of the ICON.

The Town Council held a moment of silence to honor fallen Hendricks County Sheriff Deputy Fred Fislar. Our condolences go out to his wife and children.

WHAT HAPPENED: Representatives from Destination Danville requested that

streets be closed for The Festival on The Courtyard Square. The Town Council approved the closures.

WHAT IT MEANS: The Festival will be held in the Town Square on Saturday, June 1. Washington, Jefferson, and Marion streets on the square will be closed for the Festival from noon until 11p.m.

WHAT HAPPENED: Representatives from Destination Danville requested that the Town Council waive the fees for The Festival on The Courtyard Square this year. The Town Council agreed to waive the fees.

WHAT IT MEANS: No fees will be charged for closing the streets for the festival in 2024 because in 2023 the closures were incomplete and caused problems for the vendors and visitors. Approving this request is a form of reimbursement to Destination Danville. However, it is not to be considered a precedent.

WHAT HAPPENED: The Town Council approved Resolution 7-2024: Fiscal Plan for Annexation.

**WHAT IT MEANS:** Town Planner, Lisa Ternet, introduced the fiscal plan and policy for the "Orr-Jones Voluntary Annexation" territory for future annexation to the Town of Danville. The proposed annexation will take effect in 2025. The first assessment will be in 2026, resulting in 2027 being the first year that town taxes will be paid.

WHAT HAPPENED: The Town Council approved Ordinance 6-2024: Request for Super-Voluntary Annexation as presented by the Town Planner, Lisa Ternet.

WHAT IT MEANS: The property owners signed the petition for annexation and public hearings are complete. The annexed territory consists of two parcels located east of the Town of Danville between Petree Ct. and Victoria Ln. and in proximity to Wesleyan Retirement Center. It is commonly known as 186 South C.R. 400 E., is approximately 4.1 acres, and is contiguous to the existing town limits.

WHAT HAPPENED: The Town Council approved Ordinance 8-2024: An ordinance to amend Ordinance 18-2012 Also known as rates and charges for the use of services rendered by the Town of Danville; Sewage Works-Summer Rate.

WHAT IT MEANS: Summer sewer rates are available to provide relief for single-family residential customers who sprinkle their lawns. With the passing of Ordinance 8-2024, the summer rate will begin with the June billing and end with the October billing. New customers may apply until June 1st for this benefit at the Town Hall, 41 N. Wayne St., Danville.

WHAT HAPPENED: The Town Council approved the first reading of Ordinance 9-2024: Fee Structure.

WHAT IT MEANS: Town Manager, Mark Morgan, introduced the first reading and discussion of a new fee structure for town services. The intent is to make fees better reflect the costs to the town. Subsequent readings and discussions will take place at future Town Council Meetings

WHAT HAPPENED: Town Planner, Lisa Ternet, introduced Ordinance 10-2024: Request for Super-Voluntary Annexation (introduction).

WHAT IT MEANS: This is a Super-Voluntary Annexation, meaning the people owning the property asked to be annexed. In this case, to obtain Danville Water. James and Pamela Bryndal own the property. It is located at 571 N. Washington St. A Public Hearing concerning this annexation will be at the May 1 meeting of the Town Council.

WHAT HAPPENED: Town Planner, Lisa Ternet, introduced Ordinance 11-2024: Request for Super-Voluntary Annexation (introduction).

WHAT IT MEANS: This is a Super-Voluntary Annexation, meaning the people owning the property asked to be annexed. In this case to obtain Danville Water. Richard and Rosalind Needham own the property. It is located at 2990 Lynwood Dr. A public hearing concerning this annexation will be at the May 1 meeting of the Town Council.

WHAT HAPPENED: Clerk/Treasurer, Connie Lofton, introduced Resolution 10-2024: Bad Debt Write-Off. The Town Council approved the resolution.

# GOVERNMENT

WHAT IT MEANS: According to Indiana Law, if payment is not received for a fee or penalty within 180 days the amount due may be expensed as "bad debt." The town Clerk/Treasurer identified eleven items to be expressed as bad debt in the Town Accounts.

WHAT HAPPENED: Clerk/Treasurer, Connie Lofton, presented a proposal to change providers of finance and payroll reports along with utility billing. The proposal was accepted and approved by the Town Council.

WHAT IT MEANS: The Clerk/Treasurer identified Low Associates Incorporated, 210 N. Ironwood Dr., South Bend, Indiana as a better supplier of financial services for the Town of Danville. The Town Council approved a contract with Low Associates.

WHAT HAPPENED: The Town Manager proposed widening the rail crossing on County Road 200 East.

**WHAT IT MEANS:** After discussion, The Town Council agreed to move forward with negotiations with INDOT for widening the rail crossing South of US 36 on C.R. 200 E. This is an important gateway to the town's economic development according to Town Manager, Mark Morgan.

# **Brownsburg Town Council**

BROWNSBURG TOWN COUNCIL DISCUSSED FUTURE PROGRAM PLANNING FOR BROWNSBURG PARKS

#### **Compiled by Ronald Hera**

The Brownsburg Town Council met on Thursday, April 25th. The Council meets every second and fourth Thursday of the month at 7:00 pm in the Town Hall Council Room, 61 N Green St. The next meeting will be on Thursday, May 9th.

Travis Tschaenn, Town Council President of the Town of Brownsburg, proclaims Friday, April 26, 2024, as ARBOR DAY in the Town of Brownsburg, and urges all residents to celebrate Arbor Day, support efforts to protect our trees and woodlands, and urges all citizens to plant trees to gladden the heart and promote the well-being of this and future generations.

WHAT HAPPENED: Amber Lane, Director of Parks, presented the 2025 and 2026 Recreation Program Plan.

WHAT IT MEANS: The Town of Brownsburg Parks recreation staff focuses on program planning within the core areas outlined in the Department's strategic master plan to ensure that the Department offers the programs and activities most important to the community. These programs include Community Events, Contracted Programs, Everyday Fun (open access programs), Introductory and Intermediate Learning Programs, Out-of-School Programs, Membership Programs, Rentals, and Social Programs and Events. Participation in Parks Programs continues to increase.

WHAT HAPPENED: Amber Lane, Director of Parks, introduced Resolution #2024-19 A Resolution of the Town Council of Brownsburg Authorizing an Independent Contractor Services Agreement.

**WHAT IT MEANS:** This Resolution allows Parks staff to select Kona Ice as a vendor in the Parks of Brownsburg. The long-standing partnership, now in its fourth year, has proven mutually beneficial, offering the community refreshing treats while generating revenue for our parks. The agreement involves Kona Ice paying a monthly fee for vending rights within the parks, supplemented by a percentage of sales during special events. The Town Council approved the Resolution.

WHAT HAPPENED: Kathy Dillon, Water Utilities Director, introduced Ordinance #2024-04 - An Ordinance to amend Title XV: Land Usage Chapter 151: Stormwater Management to include language and definitions as required by IDEM (Indiana Department of Environmental Management) Proposed 2nd, and 3rd Reading, Final Adoption.

WHAT IT MEANS: Municipal Separate Storm Sewer System entities are required to review their Stormwater Management Ordinance. Town Staff, Wessler Engineering, and Legal Council reviewed the existing language in Chapter 151 and found some amendments in certain sections need clarification, modification or added language to reflect the current State and Federal Regulations. The Town Council approved the Ordinance, and the changes are now approved.

WHAT HAPPENED: Kathy Dillon, Water Utilities Director, introduced Ordinance #2024-05 - An Ordinance to amend Chapter 57 Illicit Discharges and Connections to include language and definitions as required by IDEM (Indiana Department of Environmental Management) Proposed 2nd, and 3rd Reading, Final Adoption.

WHAT IT MEANS: Municipal Separate Storm Sewer System entities are required to review their Stormwater Management Ordinance. Town Staff, Wessler Engineering, and Legal Council reviewed the existing language and found some amendments in certain sections need clarification, modification or added language to reflect the current State and Federal Regulations. The Town Council approved the Ordinance, and the changes are now approved.

WHAT HAPPENED: Deb Cook, Town Manager, introduced Resolution #2024-18 A Resolution Concerning Authorization for Execution of INDOT Community Crossing 2024-1 Agreement Documents.

WHAT IT MEANS: This is for the agreement between the Town of Brownsburg and INDOT for the Community Crossing Matching Grant fund 2024-1. The Assistant Town Manager is authorized and confirmed to have the authority to execute this and any INDOT binding agreements and all other documents related to any INDOT Grant Programs for and on behalf of Town of Brownsburg, Indiana. Expenditures are not to exceed \$1.5 million. The Town Council passed the Resolution.

WHAT HAPPENED: Ethan Pierce, Economic Development Director, moved to approve the Annual Tax Deduction/Abatement Review and Compliance Report.

WHAT IT MEANS: Per Indiana State Code and the Town of Brownsburg's Economic Development Incentive Policy (EDIP), properties that have received a tax abatement or deduction are required to file a Compliance with a Statement of Benefits (CF-1) form with the Town each year. CF-1 forms are reviewed by staff to determine if the property owner has complied with the commitments in the Statement of Benefits (SB-1) form submitted with their original tax abatement or deduction application. Following review by staff and approval by the Town Council, the CF-1 forms are sent to the Hendricks County Auditor's Office. This process must be completed before the end of April. In Fiscal Year 2024 for Pay Year 2025. The Town will have nineteen (19) active Real Property Tax Abatements, four (4) active Personal Property Tax Abatements, and one (1) active Vacant Building Deduction. The Town Council approved the report.

# **Avon Town Council**

TOWN COUNCIL ACCEPTS RESIGNATION OF FORMER COMMUNICATIONS DIRECTOR, JARED WADE

#### **Compiled by Amanda Babinec**

The Avon Town Council met April 25, 2024. Meetings can be viewed at avonindiana. gov/livestream. The council will meet at 7 p.m. the second and fourth Thursdays of the month at Avon Town Hall, 6570 E. U.S. HWY 36. The next scheduled meeting is May 9.

WHAT HAPPENED: Julie Loker presented an Arbor Day Proclamation

WHAT IT MEANS: April 26, 2024 was proclaimed Avon's Arbor Day. The town urges all citizens to plant and care for trees.

WHAT HAPPENED: During the public comment time, Linda Dobbs, Avon resident, presented to the town council.

WHAT IT MEANS: Dobbs has a concern with post pandemic driving behavior, specifically regarding the running of red lights that has caused many terrible traffic accidents within our community. She would like to know what the town council is doing to address this issue and what can be done to educate the public.

WHAT HAPPENED: The Town Council accepted the resignation of former Communications Director, Jared Wade.

WHAT IT MEANS: The Town of Avon and Mr. Wade entered into an agreement that can be found on the town's website. The resignation agreement states that, in order to avoid the expense of protracted litigation, the Town wishes to pay Mr. Wade a settlement. Wade will receive his full pay through May 17, 2024, will remain on the town's insurance until this time, as well as receive payment for accrued PTO in the amount of \$4,788.64. In return, Mr. Wade agrees not to file charges, lawsuits, or other actions against the town.

WHAT HAPPENED: Chief of Police Sean Stoops presented the Clearview proposal for a three year contract for facial recognition software.

**WHAT IT MEANS:** This is meant to help identify criminals within the community that the police have no further information regarding. This would be for lead information purposes only and the funds would come from the LIT (Local Income Tax) Public Safety Fund. The town council approved the \$11,205 for the purchase unanimously.

WHAT HAPPENED: Resolution 2024-09: Interlocal agreement for Dan Jones Road bridge.

WHAT IT MEANS: Ryan Cannon, Town Manager, presented the agreement. The town has been working with the county on the widening of the Dan Jones Road bridge. The county is responsible for the construction of the actual bridge, but the town has requested that when they build the bridge that they try to match the aesthetics that the town did on the Avon Avenue bridge. The county agreed to this, but asked that the town pay for those expenses of which the town said they were willing to do. The town will give the county approximately \$1.5 million and the county will oversee the project. The project has not been bid yet so these are just estimates at this point. This agreement has already been approved by the Redevelopment Commission as well as the County Commissioners. The town council approved unanimously.

# **Dedication and a Passion for Nursing Serves as Inspiration for Others**

"Every nurse is drawn to nursing because of a desire to care, to serve, or to help." – Christina Feist - Heilmeier, RN

#### **By Kate Anderson**

It can be said that not all angels have wings, some have scrubs. Brandi Whyel, an Intensive Care Unit Nurse at IU Health West in Avon, is one of those angels who serve. Brandi, an Avon resident for the past 27 years, has made it a goal to make every day and every moment count. Her mother, an ER Nurse, imparted to Brandi her love and dedication to the nursing profession. Brandi saw how nursing had changed her mother's life, how much joy she got from it, and knew in her heart of hearts that becoming a nurse was her calling in life. "She was my role model and inspiration", said Brandi. A born and natural caretaker, she always felt she wanted to do something rewarding that allowed her to have a purpose in her profession. Brandi started her education at IV Tech, then went on to complete her studies at Marion College. After graduation, she began working for the Community Hospitals Network, where she spent the first six years of her career building experience and making a difference in her patients' lives. Then, a position came open at IU Health West in Avon and she decided to make the change and be closer to home. For two years she worked on the Med Surgery floor, but when the hospital made the decision to expand their Intensive Care Unit, they sought out nurses to cross train in that unit and expand their skill set. She felt like it was a natural next step in her career, so she made the important move to ICU Progressive Care where she has been for the last 16 years. Though it can be said that her career in ICU has been pretty "intense", she agrees it has never been boring. "ICU is very challenging, but very rewarding. I love the journey of stabilizing my patients, caring for them and watching their condition improve. Knowing that I had a role in improving their lives is amazing, moving and life-changing, to put it simply," said Brandi. Education is an important key in her position, and she loves not only visiting and getting to know the families of her patients, but also educating them on their family member's condition.

While she loves her job, she understands the challenges that nurses are up against every day. It is widely known that since the Covid- 19 Pandemic there has been a nationwide nursing shortage that has affected nearly every hospital and medical facility in the United States. After the Pandemic, many nurses experienced serious burnout and made







the decision to leave bedside care permanently. "Lack of personnel has made our jobs very stressful, and we can be stretched too thin at times," It is no secret that mental health is a serious issue among healthcare professionals. Like most, she works hard but makes sure to take care of her own mental health and well-being by spending time with her loved ones, biking, reading, listening to music and "talking it out" with her co-workers. "I do a lot of talking. Communication is key. I find that coffee with my friends and work family is really important. My husband is very understanding, but no one truly understands what you are going through like your work family. I also talk with my mom a lot. Being a former nurse, she gets it and offers me a lot of advice and support," said Brandi. She also indulges her love of baking, which is much appreciated by her family and coworkers. The art of measuring, stirring, kneading, creating, and baking is therapeutic to her, and her creations are well-loved by both her family and co-workers. In fact, her homemade Baklava is famous in her unit at the hospital.

Her family is very important to her as well. Brandi and her husband have been married for 22 years and share 3 children, who are the lights of her life. Her two oldest are 21 & 19 and she still has a high schooler that is 16 years old. "All of my kids have been so involved in activities through the Avon School System. Now that I only have one left in school, I am not sure what I am going to do with most of my spare time when she graduates," jokes Brandi. Though she has a very busy schedule with work and her immediate family, she always makes time for her extended family. She is very close with her mom and her siblings. So much so, that they have a big family dinner once a week so that their bond never fades.

Now in her 18th year at IU Health West, she is excited about her job more now than ever. "I love what I do every day. I take joy in caring for my patients and working with my coworkers. I love it all," said Brandi. When asked what motivates her to tackle her day, she commented, "my family, my dog, and my job motivate me every day," said Brandi. It is true that attitude is most definately a state of mind. Her outlook is simply said, "When you're a nurse, you know that every day you will touch a life, or a life will touch yours."

# What exactly is prediabetes?

By Lisa Maccaroni, RDN, CSO, LD, LDE, CDCES

Chances are you or a friend may have been told you have prediabetes. Prediabetes can be sneaky. The Centers for Disease Control and Prevention (CDC) states that one in three American adults have prediabetes but have no idea.

Prediabetes is a condition where blood sugar is higher than normal, but not high enough to be diagnosed as diabetes. Your provider can order any of the following blood tests, according to the American Diabetes Association (ADA). The following ranges indicate prediabetes:

- Hemoglobin A1c level (average blood sugar over two or three months): 5.7 percent to 6.4 percent.
- Fasting plasma glucose: 100 to 125 mg/dl
- Oral glucose tolerance test: 140
   to 199 mg/dl

Be aware that health conditions such as high blood pressure, high triglycerides, and low levels of HDL cholesterol are risk factors for prediabetes. If you have prediabetes, your risk of progressing to type 2 diabetes and of developing heart disease and stroke also increases. The good news is that prediabetes can be reversed, and it does not have to lead to a type 2 diabetes diagnosis. Focus on these two strategies to lower blood sugar levels.

#### 1. Make Time for Daily Physical Activity

Being active helps muscle cells use glucose (sugar) in the bloodstream for energy. This in turn helps improve insulin sensitivity to lower blood sugar levels. The CDC recommends being active at least 150 minutes per week, which breaks down to about 30 minutes daily, five days per week.

#### 2. Follow the Diabetes Healthy Plate Method

Following a balanced eating pattern can be as easy as knowing how to fill your plate. The ADA recommends filling half your plate with non starchy vegetables (e.g., broccoli, lettuce), one-quarter with protein (e.g., meat, eggs), and one-quarter with carbohydrate foods (e.g., potatoes, pasta), all alongside a glass of water or a no-calorie beverage.

Don't let the "pre" fool you. Although it doesn't carry all the risks of the full disease, prediabetes isn't harmless. The damage diabetes can do to your body may start in the prediabetes stage. Preventing prediabetes from progressing to type 2 diabetes is vital for your long-term good health.

Lisa Maccaroni, RDN, CSO, LD, LDE, CDCES is the Clinical Nutrition Manager of Nutrition and Dietetics at Hendricks Regional Health. She is a Certified Specialist in Oncology Nutrition.



# Tips from Bax Wellness

Tips to improve our emotional health, Part 3

#### By Beth Bax, Certified Health Coach

This is the final segment in my series of articles discussing habits we can incorporate to improve our emotional wellness. So far, we have looked at ways to develop a more positive mindset, how to manage stress, how to get better quality



sleep, and how to be more mindful. Today's tips focus on coping with loss and strengthening social connections.

When someone we love dies, our world changes. There's no right or wrong way to mourn. Although the death of a loved one can feel overwhelming, most people can make it through the grieving process with the support of family and friends; however, sometimes we need additional help. According to the National Institutes of Health, the following suggestions may be beneficial:

- 1. Take care of yourself. Keep up on basic hygiene, eat regular meals, and get out of the house each day.
- 2. Talk to a caring friend. This has been a running theme throughout all of these tips in this series. Friends are an important lifeline.
- 3. Try not to make any major changes right away. Focus on simple daily activities.
- 4. Join a grief support group. These are available online and in most communities.
- 5. Consider professional support such as a grief counselor or therapist.
- 6. Be patient. Mourning takes time. I lost both of my parents in 2023, and I still find myself reaching for the phone to call them. It's not easy, but it will get better.

My final tip in this series is to strengthen social connections. Scientists are finding that our links to others can have powerful effects on our health, both emotionally and physically. Whether with romantic partners, family, friends, neighbors, or others that we meet in our daily lives, social connections can influence our biology and well-being. To build healthy support systems, consider some of the following:

- 1. Build strong relationships with your kids. Starting this when they are young and carrying it into their adulthood can add much happiness to our lives.
- 2. Get active and share healthy habits with family and friends.
- 3. If you're a family caregiver, ask for help from others. Also, many communities have organizations that can help with this.
- 4. Join a group focused on a hobby, such as reading, hiking, or painting.
- 5. Take a class to learn something new. This helps with our cognitive skills as well, especially as we age.
- 6. Volunteer for things you care about in your community, school, library, or place of worship.
- 7. Travel to different places and meet new people.

I hope you have enjoyed this series on emotional wellness. Remember, if you're not feeling your healthiest and happiest, please reach out to a health coach, life coach, therapist, or other healthcare professional for support. No one should have to suffer in silence.

# **SCHOOLS**

# Avon Board of Trustees recognized for outstanding commitment and dedication

#### **Source: Submitted Press Release**

The Avon Board of School Trustees has been recognized by the Indiana School Boards Association (ISBA) with an Exemplary Governance Award (EGA) for calendar year 2023. They earned the award because of their outstanding commitment to professional learning and student success.

The Exemplary Governance Awards (EGA) are conferred annually to school boards across four levels of distinction: commendable, advanced, distinguished, and exemplary. Only Avon and one other Indiana school board earned exemplary status.

"Our staff and students are fortunate to have such a dedicated school board," said Avon Schools Superintendent Dr. Scott Wyndham. "As this award illustrates, the members of our Board of School Trustees are deeply committed to our mission of making Avon Schools a place where all belong, learn, and grow."

"It is an honor to serve the 11,000 students and 1,600 employees of our growing school corporation," said President Kim Woodward, "not to mention parents, caregivers, and our supportive community. Collectively, we feel a deep sense of pride in our schools."

Board awards are based on points earned by each member for attending ISBA seminars, workshops, conferences, and other learning events, as well as the board's completion of certain additional criteria, such as a retreat with an outside facilitator and goal setting to elevate student achievement outcomes.



"On behalf of ISBA, I would like to commend this most exceptional group of school boards and school board members," said ISBA Executive Director Terry Spradlin. "School boards perform a vital public service for their communities, and board members who actively participate in professional learning are better equipped to perform their duties effectively and meet the needs of their students."

Honorees were formally recognized during ISBA's Spring Regional Meetings in April.

ISBA provides a full range of professional learning opportunities at dozens of events throughout the year to inform and educate school board members about best practices, legislative issues, policy development, school law, and more. For more information about ISBA's EGA program requirements and to see the full list of individual and board award recipients for the 2023 award year, please visit https://www. isba-ind.org/ega-awards.html.

# Avon High School Celebrates ISSMA Contest Results

#### Source: Public News Outlet

On April 12th, all of Avon High School Symphonic, Concert, Black and Gold Bands performed at the ISSMA Organizational Contest. Each band brought home a win for

the Avon Music Department and for their school.

Congratulations to all students on their brilliant performances this year!



 Symphonic Band

 Group II Gold Rating With Distinction

 Black Band

 Group IV Gold Rating

 Gold Band

Congratulations to all of our furthatic students in every ememble on the performances and professionalism! We are so provid all you!

#### **PUZZLES ANSWERS FROM PAGE 11**

Group IV Gold Rating

5	4	8	3	7	6	1	2	9
7	2	3	5	9	1	4	6	8
9	1	6	2	8	4	5	3	7
6	9	2	7	4	5	3	8	1
3	5	4	8	1	2	7	9	6
8	7	1	6	3	9	2	4	5
1	3	5	9	2	8	6	7	4
2	6	9	4	5	7	8	1	3
4	8	7	1	6	3	9	5	2



#### **Answers to HOOSIER HODGEPODGE:**

Countries: BOLIVIA, BRAZIL, CHILE, ECUADOR, GUYANA, PERU; Letters: ALPHA, DELTA, GAMMA, KAPPA, THETA; Square: DANCE, MEAL, ONE, ROOT; Jobs: CASHIER, COOK, SERVER; Artists: DALI, REMBRANDT; City: GREENSBURG

# Avon High School Bands Indoor Woodwinds win competition

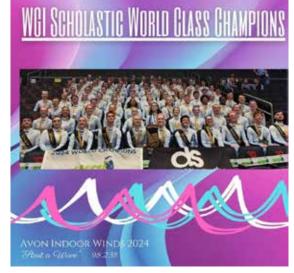
#### **Source: Public News Outlet**

Congratulations are in order for the 2024 Avon High School Indoor Winds! At the end of April, this group of exceptionally talented musicians competed in the WGI Scholastic World Class Championships and brought home the

title of "World Class Champions!" It is very clear to see that this activity continues to grow. Well done on not only two incredible performances, but a magical season as well.

Congratulations Avon High School Indoor Winds!

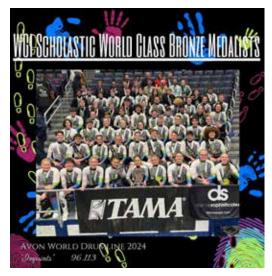




# Avon High School Bands World Drumline wins prestigious award

#### Source: Public News Outlet

Congratulations are in order for the Avon High School World Drumline



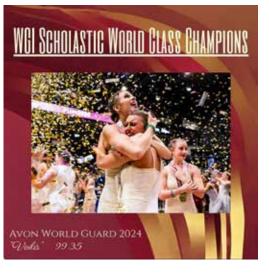
Competition! At the end of April these awesome students competed against the top drumlines in the WORLD, and they brought home the Bronze Medal! Hundreds of hours of hard work and dedication from this program have paid off. Congratulations to all designers, staff, and performers, not only for three incredible performances at this competition, but a magical season as well.

Congratulations 2024 Avon High School Drumline!

# Avon World Guard Achieves Historic Win for Avon High School

#### **Source: Public News Outlet**

Congratulations are in order for the Avon World Guard for their powerful, emotional, stunning, brilliant, gorgeous, extraordinary and historic



performance, "Voila"! Avon High School is beaming with pride! Thank you to all World Guard Directors, Staff, Parents and Performers.

CONGRATULATIONS & VOILA!



#### Plainfield Indiana School named U.S. Department of Education Green Ribbon Schools

#### Source: Submitted Press Release

Award honors schools, districts, and postsecondary institutions for reducing environmental impact and costs, improving health and wellness, offering effective sustainability education

The U.S. Department of Education announced the 2024 U.S. Department of Education Green Ribbon Schools, District Sustainability Awardees, and Postsecondary Sustainability Awardees.

In Indiana, two schools were named U.S. Department of Education Green Ribbon Schools. They include: Plainfield Community Middle School in Plainfield and Tri-North Middle School in Bloomington.

Across the country, 41 schools, 10 districts, three postsecondary institutions, and one early learning center are being honored for their innovative efforts to reduce environmental impact and utility costs, improve health and wellness, and offer effective sustainability education. The honorees were named from a pool of candidates nominated by 24 states. Half of this year's honorees are located in underserved communities.

"This year's U.S. Department of Education Green Ribbon Schools are leading school transformation in states that will help ensure all students in all communities have the opportunity to grow to become strong and healthy learners," stated U.S. Secretary of Education Miguel Cardona. "This year's awardees range from early learning centers to postsecondary institutions. Notably, half are located in under-resourced communities. These awards represent thousands of students, and countless hours of hard work in schools and on college campuses, ensuring equitable access to healthy, climate-resilient learning environments where students are prepared for the sustainability challenges of the present and future."

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