

# The Southside Times



**THIS WEEK** on the **WEB**  
 Beech Grove native serves aboard a floating sea. **Page 3**

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## THE KEY TO SKILL ACQUISITION

Perry Township's Marjorie Lucas develops methods of teaching music and piano to students on the autism spectrum

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**FEATURE**  
**CCSFEST** to feature large varieties of barbecue at annual community festival.

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Contact the Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Nicole Davis at 300-8782 or email her at ndavis@southsidetimes.com. Remember, our news deadlines are several days prior to print.



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The Southside Times



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Celebrate the last troops leaving South Vietnam

**History** – Two months after signing the Vietnam peace agreement, March 29, 1973, the last U.S. combat troops left South Vietnam as Hanoi freed the remaining American prisoners of war held in North Vietnam. Vietnam veterans at Greenwood VFW Post 5864 will celebrate the anniversary for America's military with free pizza on Thursday, March 29, from 5 to 9 p.m. and reduced-price drinks from 2 p.m. to close. All veterans, whether VFW members or not, are welcome. The VFW is located at 333 S. Washington St., and the phone number is (317) 888-2488.

Student pages join Rep. Frizzell at the Statehouse

**Legislature** – State Rep. Dave Frizzell (R-Indianapolis) recently welcomed student pages to the Statehouse. As House pages, these participants toured government offices, helped staff with daily duties and joined Frizzell on the House floor during the legislative session: William Coleman, from Indianapolis, attends Perry Meridian High School; Josiah Hartman, from Indianapolis, attends Perry Meridian Middle School; Aidar Daulet Kaliev, from Indianapolis, attends Perry Meridian High School; Anna Kalscheur, from Indianapolis, is a homeschooled student; Ava Kalscheur, from Indianapolis, is a homeschooled student; Anas Khadiri, from Indianapolis, attends Perry Meridian High School; Genevieve Konijjisky, from Greenwood, attends Center Grove Middle School North; Brett Trammell, from Greenwood, attends Center Grove Middle School North; Zoey Varney, from Greenwood, attends Center Grove Middle School North; Daniel Wilson, from Indianapolis, attends Greenwood Christian Academy; and River Wright, from Indianapolis, is a homeschooled student. Frizzell said students aged 13 to 18 should consider participating as a page during the 2019 session. For more information, visit indianahousepublicans.com/pageprogram.

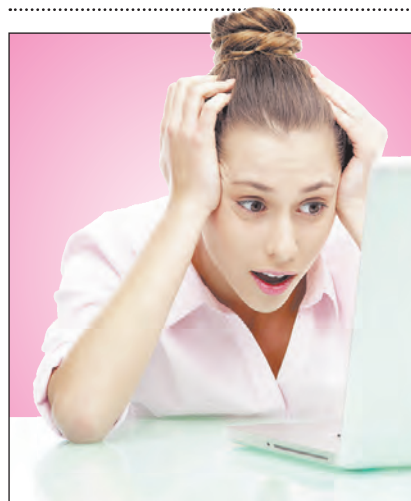
THIS WEEK on the WEB



Beech Grove native serves aboard a floating airport at sea

A Beech Grove native and 2014 Beech Grove High School graduate is serving in the U.S. Navy aboard the aircraft carrier USS George H.W. Bush. Petty Officer 3rd Class Mikaela Davis is a master-at-arms aboard the carrier, operating out of the Navy's largest base.

ss-times.com/davis-serves-aboard-floating-airport



Whatever happened to middle ground?

Have you ever seen someone committing an error in their life? Nothing fatal, just wrong-headed. Perhaps they need an attitude adjustment or they're dating the wrong person. You want to say something but don't because experience is a better teacher. That feeling is ignored on social media.

ss-times.com/middle-ground-humor

For more information on these articles and other timely news, visit [ss-times.com](http://ss-times.com). To join the conversation, visit our Facebook page or follow us on Twitter [@southsidetimes](https://twitter.com/southsidetimes).

FOR THE RECORD  
 109th BIRTHDAY

109th birthday wishes for Hilda Benson




Hilda Benson celebrated her 109th birthday on Thursday, March 22. A resident at Altenheim Family-first Senior Living from CarDon, Benson was born in 1909, the same year the Indianapolis Motor Speedway was built. Benson has lived at Altenheim, located on the Southside, for the last 30 years. The Altenheim staff and residents celebrated with refreshments and musical entertainment. Hilda was happy to enjoy her birthday cake, balloons and all the love from her loved ones.

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## Welcome and farewell

**Manda Newlin joins The Southside Times as editor Nicole Davis steps down**

Manda Newlin joins our team as editor of *The Southside Times*. She takes over for Nicole Davis, who led the publication for six years.

An Indiana native, Manda grew up in Fort Wayne and graduated from Indiana University–Bloomington with degrees in journalism and psychology. Over the last two decades, she has worked in corporate and marketing communications, and was a frequent contributor to *The Indianapolis Star*.

Manda lives on the Southside with

her husband, Jay (a Purdue grad), and three children, Drew, Seth and Gwyn-dolyn. Her favorites are many: writing, live music, road trips, photography, summer nights, piping hot beverages, BBC TV shows, afternoon naps and Hallmark movies. Manda volunteers as a camp counselor, where her primary duty is eradicating spiders, and she takes an annual mission trip with middle school students.

Connect with Manda on Twitter at @MandaNewlin or by email to manda@icontimes.com.

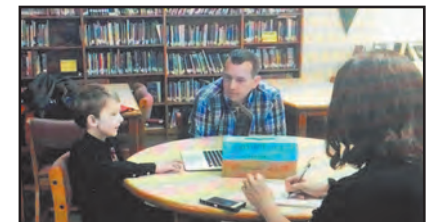
As we say hello to Manda, we must bid a bittersweet farewell to Nicole Davis.



M. Newlin



Left, Nicole Davis is presented a Citizen of the Year award from the Southport Lions Club and its president, Bob Roe, on Feb. 7, 2018. | Right, Davis interviews Beech Grove student, Jacob, about the fundraiser he started to help after the 2016 fires in Gatlinburg, Tenn. (Submitted photos)



Nicole became part of our team in 2010 as an intern, coming with a degree in journalism from Indiana University. She was promoted to editor in 2012 and has consistently managed the publication with excellence and care.

In her role as editor, Nicole has had an impact on the Southside community.

*"Your reporting was excellent and complete,"* stated Dennis Buckley, mayor of Beech Grove, in an email. *"You spent many hours out and about, and it showed in your reporting."*

*"On the behalf of the Chin Community of Indiana, I would like to voice*

*our appreciation for your interest and coverage of our community events and members of our community. You will be missed,"* stated Peter Thawngmung of the Chin Community of Indiana.

*"You could always count on Nicole to attend just about every event or meeting and then report on the happenings,"* stated James W. Coffman, Eckstein Shoe Store. *"There are a lot of good things happening, and Nicole always ensured those things and people were recognized."*

Nicole now takes on an exciting new role. She and her husband, Chris, will welcome their first child — a boy — in April.

Below, owners John and Dana Christenson. | Right top, Pump House Antiques in Bargersville. | Right bottom, the former casket viewing area (note the ceiling lights). (Photos by Rick Hinton)



## Pump House Antiques

### HAUNTS & JAUNTS

By Rick Hinton

Bargersville is a small town located just southwest of Indianapolis in Johnson County. It became a town in 1906 with the help of the railroad coming through. It has stayed small; that's its charm. Businesses through the years have come and gone, with new venues opening as others have closed. It's the cycle of life and commerce, as one generation melds into another. One thing that remains consistent, is the business of dying. The funeral home becomes the rock for those moments when we deal with the inevitable. But what happens when a former funeral home is transformed into a place of business? The history of a small town is a cycle of people coming and going, and leaving impressions that can carry on. Pump House Antiques, 158 Main St. in Bargersville, is one such establishment.

When my wife, Laura, and I entered Pump House, she held an audio recorder. The bell clinked over the door as we entered. We milled about in the front section. WFMS radio was playing country music over the PA system. I noticed Laura looked a little white. "I have goosebumps, slightly dizzy and nauseous," she said. "But the biggest feeling I have is of sadness!"

John and Dana Christenson, owning the building for six years, had initial visions of what it could become: an antique shop. Before they purchased it, the building had various incarnations as funeral homes. You can't help but wonder: Why so many?

In 1962 Arthur Walker advertised "Walker's New Funeral Home" in the Franklin *Evening Star* newspaper. Most likely the building had been built a year or so prior to that. "Plenty of

parking, and plenty of room inside," he stated. There is a progression of obituaries from the *Daily Journal* archives, with one of particular interest — Arthur Walker himself! Dying in 1970, he had his service at his own funeral parlor. That's gotta be weird! Son Clarence took over the operation, running the business for 10 years until it became Vandivier-Tutor in 1980. Clarence promptly moved to Fort Meyers, Fla.

Vandivier-Tutor had the longest tenure at the location, even holding services for former owner Clarence Walker after he passed away and was shipped back from Florida in 1991. There was a brief incarnation as Bargersville Community Funeral Home in the late 1980s until the Christensons purchased the property from Wilson St. Pierre in 2012. It was a strange start!

When John toured the building with a Realtor it had been on the market for awhile. "We came in and the overhead red lights in the casket viewing area were on. There were chairs still set up from the last funeral. Music was playing over the PA system," he declared. There had been no one in the building. The Realtor was perplexed. "It was all very strange!"

They bought the building. It got even stranger...

*Special thanks goes out to Linda Kilbert from the Johnson County Public Library for archive information.*



Rick Hinton, a Southport resident, loves researching things that go bump in the night. His articles can be read on Facebook: Rick Hinton, Southport Paranormal Examiner. Hinton conducts paranormal investigations with his team, South Central Paranormal.

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**April 7, 2018**

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- KCBS State Championship
- BBQ Competition
- Vendors & Artisan Booths
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- IBC PRAISE & Chorale
- CCS Student Choirs
- Dr. Lindel Anderson
- Rev. Tim Pealigo
- Devin Cunningham
- Jessica DiGiovanni

**LOCATION**

Saturday from 10am-6pm  
Calvary Christian School  
3639 S. Keystone Avenue  
Indianapolis, IN 46227  
Festival Communications:  
CCSPICINDY@gmail.com

## IN OUR SCHOOLS



Nativity music teacher, Mrs. Margie Hamm, with her parade recorder choir (left to right) Max Rail, Molly Resler, Gianna Miller and Sarah Jasheway.

### Nativity participates in St. Patrick's Day Parade

**Festive** – Four of Franklin Township's Nativity fifth-graders represented their school in the St. Patrick's Day Parade in downtown Indianapolis on March 16. When they weren't warming their fingers, they played recorders to entertain the crowd.



From left front, Kaylee TenBarge, Joseph Schubach and Athena Tadas; back, Miriam Maddox, Daniel Woodruff, Emily Wray and Kate McNulty.

### 7 Roncalli Rebels earn perfect ACT scores

**Testing** – Roncalli High School announced that seven members of this year's junior class registered a perfect score of 36 on sections of the ACT administered in February. Those students include Miriam Maddox (Reading), Kate McNulty (Reading), Joseph Schubach (Science), Athena Tadas (Reading), Kaylee TenBarge (Reading), Daniel Woodruff (Math and English) and Emily Wray (Reading).



From left front: Allie Pena, Emily Wray, Breanna Jaffe, Katie Minton and Natalie Stigall; back, Chris Figueroa, Adam Wolf, Grace George, Lilly Secrest and Sam Gosser; standing, Choral Director Joey Newton. Not pictured: Maggie Schoening.

### Roncalli soloists capture gold at state

**Choir** – Eleven students, led by Choral Director Joey Newton, earned a gold rating in Division I at the 2018 ISSMA Choral State Finals. Gold is the highest honor a student can earn in this statewide competition. The honor went to Natalie Stigall, Allie Pena, Breanna Jaffe, Emily Wray, Grace George, Katie Minton, Lilly Secrest, Maggie Schoening, Sam Gosser, Adam Wolf and Chris Figueroa.



From left back, Alyssa Hightower, Noah Nixon, Patrick Pranger, Aubrey Popovic; middle, Aaron Gallagher, Haley Boger, Lillian Leslie, Camille Khelseau, Katelynn Foxworthy, Zach Smith; front, Samantha Beckham, Katherine Doty (Choir Director), Abigail Curtis, Alicia May.

### SHS Premium Blend earns gold rating

**Distinction** – Southport High School's Premium Blend, led by Choir Director Katherine Doty, received a gold rating with distinction in the group competition at the ISSMA jazz contest. The group's high score qualified them for the state competition. Premium Blend was one of eight teams statewide to compete at the ISSMA 2018 State Jazz Finals at Franklin Central High School on March 16.



Left, Rich Jones. | Right, Kyle Segar at CCSFEST 2016. (Submitted photos)

## Get smokin'!

CCSFEST to draw barbecue enthusiasts from across the midwest during annual community festival

### FEATURE

By Nicole Davis

Calvary Christian School will soon attract barbecue experts from across the midwest, from competition teams with a pop-up canopy and backyard charcoal smokers to teams with a 50-foot trailer carrying an large, professional smoker.

Those who enjoy barbecue can come to the annual CCSFEST on April 7, 10 a.m. to 6 p.m., to watch the pros work during a Kansas City Barbeque Society Competition and even purchase some barbecue while supporting the school.

"One of the things that's fabulous about this event is the immense involvement of the Calvary Christian School community, the army of volunteers who make the entire weekend work well for them," said Dave Druetzler, competition rep for KCBS. "It is a tremendous outpouring of their hospitality. We don't often see that happen at all contests."

CCSFEST includes more than a dozen food trucks and barbecue vendors, 50 to 75 artisan and craft booths, a dozen game tents for kids and large bounce house area, live gospel music and more. The event will take place rain or shine, moving indoors in the case of poor weather. While admission and parking is free, there is a valet option for a small fee. Parking is available at Dollar General, behind Burger King, Bedder Way Beds, Primo and Indiana Bible College with shuttles for transport throughout the event. Kids can purchase a wrist band to play the games or enter the bounce houses.

Proceeds go to CCS, helping it purchase equipment and supplies needed to ramp up its Science, Technology, Engineering and

Mathematics (STEM) program. CCSFEST has raised \$46,000 for the school in the past three years, with last year's event raising \$21,000 of those funds.

While the event is a community festival with activities for any guest, the biggest draw is its barbecue competition. KCBS is a nonprofit with more than 20,000 barbecue and grilling enthusiast members worldwide, sanctioning more than 500 barbecue competitions. Judges must be certified to meet KCBS standards.

"Judging is not necessarily scoring to what you like but scoring to a specific standard set by the Kansas City Barbeque Society," Druetzler said. "For example, so many people love fall-off-the-bone barbecue ribs. In the Kansas City Barbeque Society, that would often times be considered overcooked because it would be too tender. The expectation is that you can bite into the rib and have it easily come off the bone but not fall off the bone."

The CCSFEST competition is capped at 50 teams, being judged on chicken, pork ribs, pork shoulder and brisket. Awards, with cash prizes and trophies, are presented about 3 p.m.

"People will find that if they approach competition cooks, they'll be pretty down-to-earth people who talk about what they do and how they do it," Druetzler said. "It gives folks exposure as to what competition barbecue is all about. They get to see that it's very accessible. You don't have to have the \$10,000 piece of equipment. You can go out there with what you cook with in your backyard. It also helps identify that there is a difference between barbecuing and grilling. To some people, barbecue is the flavor of a potato chip or sauce. But to these people, it's a cooking method, slow. Barbecue is something very specific. They put together some flavor profiles that are truly amazing. It's an incredible taste experience."

CCSFEST • 3639 S. Keystone Ave., Indianapolis, IN 46227  
April 7, 10 a.m. - 6 p.m. • ccsfest.com

## Food is powerful, accessible medicine

By Palmer MacKie, M.D.  
Medical Director  
Eskenazi Health Integrative Pain Program

The word “diet” has become a four-letter word. Fads and gimmicks are now the norm, and they don’t provide lasting effects. Because of this, there are many failed attempts to lose weight, and nutrition is not properly addressed.

Sadly, social media and popular internet sites have contributed to the diet dilemma. I’d like to plant a few seeds of knowledge and see if this food for thought can weed out some misperceptions and take you from Rx pharmacy to PBD (plant-based diet) pharmacy. Food is medicine; it is powerful, accessible medicine.

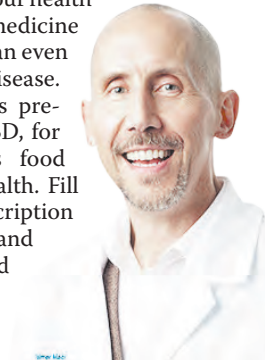
The plant-based approach is not necessarily the same as another “negative” word we often hear: veganism. However, vegans do receive the largest health benefits. Following a plant-based diet means eating mostly plants, mostly in a form you can recognize, like whole foods. One key healthful element of a PBD is eliminating processed foods, especially processed meats.

In fact, as much as 40 percent to 50 percent

of colon cancer is related to poor nutrition. By eating more fiber and reducing or cutting out highly processed, fatty meats, your risk of colon cancer will decrease. With a PBD, your immune system can become stronger, your intestinal health can increase and your blood vessels can become less reactive and clot less.

If you’re not ready to fully transition to a PBD, cut down animal consumption by 10 percent to 15 percent. With each decrease in meat consumption and each increase in eating PBD foods, we become healthier. We can get all the nutrition we need, like protein, iron, minerals and vitamins with a PBD.

Regular exercise combined with a PBD will do more for your health than any known medicine or procedure. It can even reverse heart disease. Please accept this prescription for a PBD, for healthy delicious food and improved health. Fill this PBD prescription at your pharmacy and know that food is medicine.



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## Southside News Quiz

How well do you know your Southside community?

Test your current event knowledge each week with a little Q&A!

**1** Calvary Christian School is preparing for its annual CCS Fest, a community festival featuring a large \_\_\_\_\_ competition.

- A. Dance
- B. Cupcake
- C. Barbecue
- D. Clown

**2** April is Autism Awareness Month. According to [autismspeaks.org](http://autismspeaks.org), what group is more likely to have the disorder.

- A. Boys
- B. Girls
- C. Low-income
- D. The wealthy

**3** Marjorie Lucas, of Perry Township, teaches what to students with autism to help them improve their cognitive functions?

- A. Math
- B. Music
- C. English
- D. Speech

**4** Rick Hinton writes in this week’s Haunts & Jaunts column about Pump House Antiques in Bargersville. The shop’s building used to be home to what type of business?

- A. Wedding venue
- B. Photography studio
- C. Funeral home
- D. An escape room

**5** Altenheim resident Hilda Benson recently celebrated her birthday. How old is this centennial?

- A. 100
- B. 105
- C. 109
- D. 111



SEE ANSWERS ON PAGE 18.

## AROUND TOWN



### Southside residents get advice on grief management and nutrition

**Programming** – On March 21 at Dye’s Walk Country Club in Greenwood, the Healing Path Workshop Series, a free community program for those who have experienced loss, concluded its first series of the year with the Every Day Healthy Eating workshop. The workshop was presented by Matthew Hunt, Nutrition Education Program Assistant with Purdue Extension Nutrition Education Program. The workshop focused on how grief and sadness affect hunger, meal planning strategies following the loss of a loved one and more. A free dinner event followed the presentation.

Provided to the community by Forest Lawn Community Outreach, a program of Forest Lawn Funeral Home, each week of the unique Healing Path workshop series includes a topic of interest presented by a different area professional; Register for the next series by contacting Outreach Coordinator Jessica Overstreet, (317) 535-9003.



Left, Cheryl DeBruhl, earns Volunteer of the Year. Also shown is Maureen Lindley, right, vice president of marketing at Flanner Buchanan. | Right, Jassah Kabbah, earns Caregiver of the Year. Also shown are some of Jassah’s coworkers.

### Southside residents are Volunteer and Caregiver of the Year

**Awards**– At the fifth annual Hospice Awards Banquet, Cheryl DeBruhl, a volunteer at Premier Hospice, was selected as the Volunteer of the Year, and Jassah Kabbah, a Certified Nursing Assistant with Kindred Hospice, was selected as the Caregiver of the Year. Flanner Buchanan, along with Legacy Cremation & Funeral Services, honored all 2017 Caregivers and Volunteers of the Month on March 13 at the Flanner Buchanan Geist Event Center.

## EASTER 2018



Top, participants make Easter crafts. | Middle, Southport Mayor Russell McClure and police officers pose with the Easter bunny. | Below, a child hugs the bunny as he visits Southport.

## Hopping around for eggs in Southport

**Easter** – More than 60 guests joined Southport Parks Department's annual Easter Egg Hunt on March 24 despite the late-winter snowstorm that blew through the city that day. Due to construction at the park, the event was relocated to One Christian Church, which hosted the event indoors due to the frigid weather. Parks Director Carol Bowling thanks all volunteers who helped to make the event possible, including One Christian Church members for using their facility and volunteering their time and Perry Senior Services volunteers who helped stuff the Easter Eggs.



For more local Easter happenings continue to **page 10**

# NIGHT & DAY

LOCAL ENTERTAINMENT ENTERTAINING

## CALENDAR OF EVENTS

### BEECH GROVE

**Family Storytime @ Beech Grove** • Families are invited to listen to stories. | When: April 3 and 17, 6 p.m. | Where: Beech Grove Branch, 1102 Main St., Beech Grove. | Info: (317) 275-4560.

**Macrame Bracelet Class for Children** • Ages 6 and older can use cotton fibers or paracord to create colorful patterned bracelets for themselves or as a gift. This 60-minute program is presented by Art With a Heart. Call to register. | When: April 4, 4 p.m. | Where: Beech Grove Branch, 1102 Main St., Beech Grove. | Info: (317) 275-4560.

**Preschool Storytime and Craft** • Preschoolers and an adult can join children's librarians for stories and fun activities. | When: April 5, 12, 19 and 26 at 11 a.m. | Where: Beech Grove Branch, 1102 Main St., Beech Grove. | Info: (317) 275-4560.

**Rummage Sale** • Beech Grove Senior Citizens will host a rummage sale with furniture, a collection of about 30 clocks, TV, household and miscellaneous. | When: April 7, 8:30 a.m. - 3:30 p.m. | Where: 602 Main St., Beech Grove. | Info: beechgrove.com.

### CENTER GROVE

**Major Library Gamers** • Gamers, play Minecraft, Roblox and more. Practice skills and even learn to make mini games. | When: April 3, 5:30-6:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

**Elementary School Teacher Appreciation Celebration** • A party for Elementary School Teachers! Join in for a night of games, prizes, and sweet treats as the library shows appreciation for educators. | When: April 5, 6:30-7:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

**Purse Bingo** • 20 games and 20 designer purses: All proceeds benefit The Social of Greenwood. Must be 18 years of age. | When: April 5, 5:30 p.m. doors open, 6:30 p.m. Bingo starts. | Where: Barn at Bay Horse Inn, 1468 W. Stones Crossing Rd., Greenwood. | Info: (317) 882-4810.

### FRANKLIN TOWNSHIP

**Toddler Storytime @ Franklin Road** • Toddlers 18 - 36 months and an adult can listen, clap, move and learn with Miss Karen. | When: April 3, 17, and 24 at 10:15 a.m. | Where: Franklin Road Branch, 5550 S. Franklin Road, Indianapolis. | Info: (317) 275-4380.



**Life is a Dance Preschool Workshop** • Preschoolers ages 3 - 6 are invited to an interactive presentation that is ideal for exposing them to the art of dance. Call to register. | When: April 3, 1:15 p.m. and April 4, 10:15 a.m. and 11:15 a.m. | Where: Franklin Road Branch, 5550 S. Franklin Road, Indianapolis. | Info: (317) 275-4380.

**Baby Lapsit @ Franklin Road** • Babies up to 18 months and an adult can listen, clap, bounce and learn with Miss Karen. | When: April 5, 12, 19 and 26 at 10:15 a.m. | Where: Franklin Road Branch, 5550 S. Franklin Road, Indianapolis. | Info: (317) 275-4380.

**Canine Scent Training** • A beginning-level tracking seminar, this two-day program is taught by an American Kennel Club tracking judge. Attendees will learn how to plan and lay tracks, work as a team with a dog and solve tracking problems. | When: April 14 - 15, 9 a.m. - 4 p.m. | Where: Canines In Action, Inc., near Wanamaker. | Info: Steve SeRine, steveserine@msn.com, (765) 342-1629.

### GARFIELD PARK

**IMPD Easter Event** • IMPD is hosting the annual Easter Event sponsored by Hubler Chevy. Children will hunt down 20,000 candy-filled eggs and enjoy inflatables, cotton candy and popcorn. | When: March 31, 2 p.m. | Where: Garfield Park at the baseball area by the Pagoda, south of Burrello Center. | Info: garfieldparkneighbors@gmail.com.

**Preschool Storytime on the Magic Quilt** • Preschoolers ages 3 - 5 and an adult can take a trip on the Magic Quilt for stories, songs and rhymes that promote early literacy skills. | When: April 4, 10:30 a.m. | Where: Garfield Park Branch, 2502 Shelby St., Indianapolis. | Info: (317) 275-4490.

**Special Interest: Consumer Reviews** • Families and individuals of all ages are invited to learn how

to distinguish between legitimate and illegitimate online sites when making purchases or other choices. Call to Register. | When: April 4, 1:30 - 3:30 p.m. and April 10, 5:30 - 7:30 p.m. | Where: Garfield Park Branch, 2502 Shelby St., Indianapolis. | Info: (317) 275-4490.

**Jennifer Meeker Arts Ceramic Open House** • Jennifer Meeker is a full-time artist who travels around the tri-state area, selling her ceramics at juried art fairs. She imitates the look of wood and metal into her work, making them functional yet sculptural. Check out a large inventory of more than 1,000 pieces in her Garfield Park neighborhood studio, sip on local beer and coffee, and get to see where the artist creates her wares. She will also have emerging artist, Rachel Kiernan, from Roncalli High school, feature her realistic paintings. | When: April 6, 6 p.m. | Where: Jennifer Meeker Art Ceramics, 927 E. Tabor St., Indianapolis. | Info: (317) 752-1218.

### GREENWOOD

**TeenHQ: Dungeons and Dragons Spring Breakathon** • Take spring break to a fantasy land and spend the afternoon and evening immersed in the classic tabletop role-playing game. Newbies and experts alike are welcome. Pizza will be provided around 5 p.m. Registration and a permission slip are required. The event is open to students in grades eight to 12. | When: March 30, 1 - 8 p.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: greenwoodlibrary.us.

**Free Community Easter Egg Hunt** • The Triumph Church of Greenwood is hosting a free Easter egg hunt for children up to age 10, with refreshments served after the hunt. | When: March 31, 3 p.m. | Where: The Triumph Church of Greenwood at the corners of Broadway and Brewer. | Info: Anna E. Camden, (317) 513-2251.

**Easter Egg Hunt** • Carpenter Realty and Greenwood Public Library are sponsoring an Easter egg hunt at Old City Park. This free family event features an egg hunt for ages 0 to 10. | When: March 31, 10:30 a.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: greenwoodlibrary.us.

**One-Artist-Show** • Artist Dr. Alice Harpel will exhibit impressionistic landscapes and still life subjects in oil and acrylic. Most of her paintings will be for sale. | When: April 4 - 28, 11 a.m. - 3 p.m. (closed Sunday, Monday and Tuesday) | Where: The Southside Art League, Inc. (SALI) Off Broadway Gallery, 299 E. Broadway St., Greenwood, IN 46143. | Info: (317) 882-5562.

Calendar continued on page 9



Calendar continued from page 8

**Quilt Connection Guild** • Connie Lancaster from Quilts Plus will speak about 'Better Borders.' Guests and new members are always welcome. | When: April 5, 7 - 9 p.m. | Where: Greenwood United Methodist Church, 525 N. Madison Ave., Greenwood. | Info: quiltcg.com.

**INDIANAPOLIS**

**NARFE Meeting** • Indianapolis Chapter 151 of the National Active and Retired Federal Employees Association will meet with all active and retired federal employees and their spouses welcome. | When: April 6, 12:30 p.m. | Where: Nat. Assn. of Letter Carriers Hall, 2211 E. 54th St., Indianapolis. | Info: narfe.org/chapter151.

**PERRY TOWNSHIP**

**Good Friday Fish Fry** • Boy Scout Troop 51 is hosting the annual Good Friday Fish Fry. Dinner includes a fish filet plate or sandwich; choice of macaroni and cheese, coleslaw, green beans or applesauce; a drink and dessert. Cheese pizza and grilled cheese sandwiches are available. \$9 for a two-piece meal, \$7 for a one-piece meal. Carryout is available. | When: March 30, 5 - 7 p.m. | Where: St. Jude Cafeteria, 5353 McFarland Road, Indianapolis.

**Franciscan Health Offers Support for Grieving Youngsters** • Franciscan Health Hospice offers Caterpillar Kids, a free support program that provides learning experiences for children ages 5 to 12 who've experienced the death of a loved one. | When: Four consecutive weeks on Wednesdays April 4, 11, 18 and 25, 4:30 to 6 p.m. | Where: Christ United Methodist Church, one mile north of the Greenwood Park Mall, 8540 US 31. | Info: Chaplain Karla Riggs Norton, (317) 528-2636.

**SOUTHPORT**

**Preschool Storytime at Southport** • Preschoolers ages 3 - 5 and an adult are invited for an active class featuring stories, songs and rhymes that focus on early literacy skills and school preparedness. | When: April 3 and 24, 10:30 a.m. | Where: Southport Branch, 2630 E. Stop 11 Road, Indianapolis. | Info: (317) 275-4510.

**Tot Art @ Southport!** • Babies and toddlers up to age 3 and adult are invited for a process art program. Come dressed for a mess! | When: April 4 and 5, 10:30 a.m. | Where: Southport Branch, 2630 E. Stop 11 Road, Indianapolis. | Info: (317) 275-4510.

**ENJOY YOUR WEEK!**

Visit [ss-times.com](http://ss-times.com) for weekly news and events.



Pacific Rim: Uprising. (© 2018 - Universal Pictures)

**Pacific Rim: Uprising**  
A wholly, totally unnecessary film

**MOVIE REVIEW**

By Adam Staten

There's little else the film industry loves than sequels. Sure, we'll get 15 films a year featuring characters with superhuman strength flying about as they battle some menacing villain, as they fight to save the world from total annihilation. But superhero flicks are often expensive to produce, whereas with most sequels all you have to do is throw together a story very similar to the first film and just add a number behind the title and often you're good. This weekend produced yet another Hollywood staple, the sequel.

*Pacific Rim: Uprising* is the follow up to 2013's *Pacific Rim*, a film that tells the story of a group of humans battling monstrous sea creature as the fate of their world hangs in the balance. Flash forward a few years after conclusion of the first film, add new main characters and that's where the sequel picks up. In the opening sequences, we meet our well-intentioned but troubled protagonist, Jake, during one his many illegal ventures. He's quickly apprehended by the authorities and forced to make a decision: go to prison or complete his military service. With little to no options, Jake reluctantly heads back into the military.

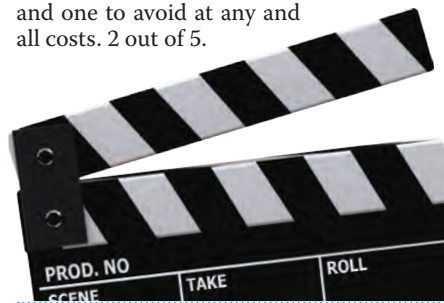
However, this time Jake is playing the role of instructor, teaching young recruits how to battle the enormous beings that threaten their very existence. As luck would have it, a character from the first film makes a turn to the dark side. The entire world is soon in

jeopardy and Jake and his ragtag group of recruits is forced to do battle against powerful, seemingly indestructible creatures. The fate of the world rests on their shoulders.

*Pacific Rim: Uprising* is a film with many, many flaws. The acting is subpar, the writing is pretty bad as well, but the pacing and direction are without a doubt its biggest issues. The film never gives the audience the chance to catch its breath; instead it jumps from one extended fight sequence to the next. In all honesty, it's essentially a Transformers flick; the only thing missing is Michael Bay behind the camera.

In addition to the terrible pacing, the film also feels incredibly rushed and unfinished. At the conclusion, you're left with a feeling of "that's it?" Simply put, *Pacific Rim: Uprising* is a film that should have never been made. It's wholly and completely unnecessary.

*Pacific Rim: Uprising* is a bad film and one to avoid at any and all costs. 2 out of 5.



Adam Staten lives in Perry Township and is a movie buff. Staten graduated from University of Southern Indiana with a degree in Communication Studies. He can be reached at [adam.staten1@gmail.com](mailto:adam.staten1@gmail.com)



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Maundy Thursday, Mar. 29 - 7 p.m.  
Good Friday, Mar. 30 - Noon & 7 p.m.  
Easter Egg Hunt, Mar. 31 - 10 a.m.  
(ages up to 12)  
Easter Sunday, Apr. 1 - 9:30 a.m.  
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*Come and go as you wish.*

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GOOD FRIDAY SERVICE: March 30th, 7 p.m. | EASTER SERVICES: April 1st, 9 a.m. & 11:15 a.m.

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WORSHIP: 9 a.m., 11:15 p.m. | SS: 10:15 a.m.

SUN. MAR. 25: Palm Sunday Masses 7:30 am, 9:30 am, 11:30 am  
TUES MAR. 27: Chrism Mass 2 pm at SS Peter and Paul Cathedral  
WEDS, MAR. 28: St. Jude School Mass 9 am | THURS., MAR. 29: Holy Thursday 7 pm  
FRI., MAR. 30: St. Jude School Presentation of The Stations of the Cross 10:30 am  
Good Friday Service with Veneration of the Cross & Communion 2 pm  
Stations of the Cross 6 pm  
SAT, MAR. 31: Easter Vigil 8 pm  
SUN., APRIL 1: Easter Sunday Masses 7:30 am, 9:30 am, 11:30 am

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Good Friday Service 6:30PM  
Saturday Easter Vigil Mass 8PM  
Easter Sunday Mass 10AM

**Good Shepherd Catholic Church**  
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goodshepherdindy.org

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March 31, 2018  
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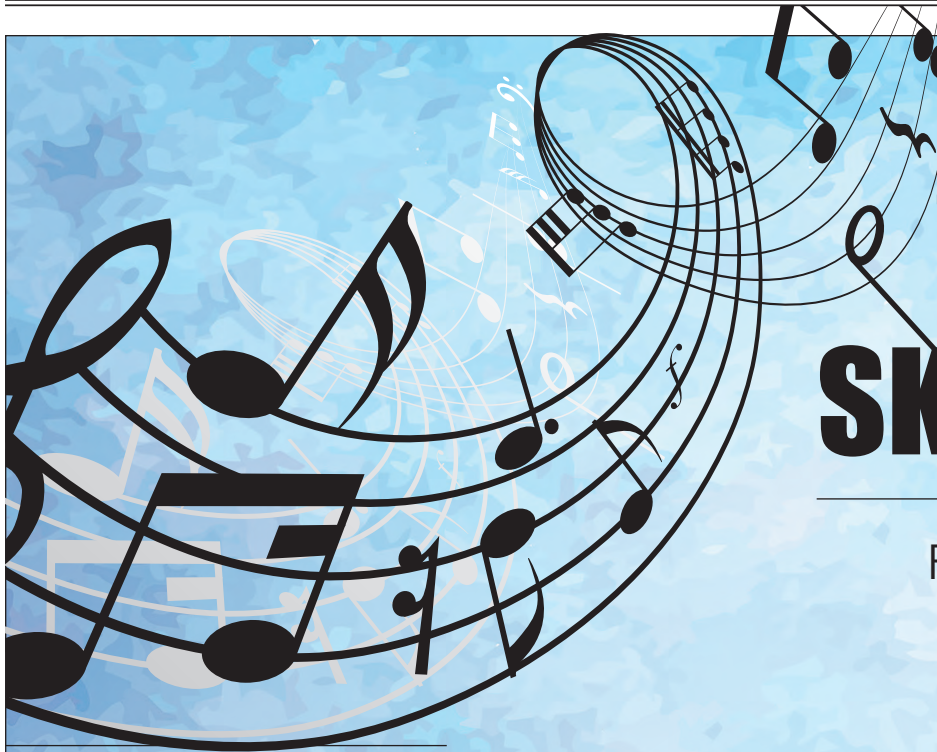


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BLUEBERRY HILL PANCAKE HOUSE  
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EXPIRATION DATE: APRIL 16, 2018



# THE KEY TO SKILL ACQUISITION

Perry Township's **Marjorie Lucas** develops methods of **teaching music and piano** to students on the **autism spectrum**

*Marjorie Lucas has students with developmental disorders such as autism color worksheets during her piano lessons through Butler, Indiana University and in her home-based business, Hidden Treasures. (Photo by Nicole Davis)*

By Nicole Davis

While giving a piano lesson to a 6-year-old boy, Marjorie Lucas began to notice him get frustrated. She was trying to get him to learn something new, but he didn't want to. He tensed up, turned to his parents and exclaimed, "I'm tired!"

His parents were amazed. The boy is autistic, and nonverbal. This was the first time he had expressed himself in that way.

"When I persist in the acquisition of a skill for them and they master it, that's what brings joy," Lucas said. "When I see that I have communicated with them, they understand and I see results in their communication with me and others, then I know I've been successful in helping them."

Lucas realized the benefits of music education to people with autism while teaching piano to students with developmental

disorders through Butler University's Community Arts School. She had decided to go back to school later in life, in the mid-'90s, already a grandmother. She earned her bachelor's degree in piano pedagogy and a double master's degree in piano. She began to work at the Community Arts School during her senior year.

"I became very interested in teaching piano to children that no one else can help," she said. "I felt very compassionate for them and wanted to help them."

Lucas felt she could better understand the students because she has Asperger's syndrome, a form of autism.

"The greatest struggle, for me, was in music because I could not read music, yet I could play," she said. "A lot of piano teachers did not understand me. One teacher told my mother I was lazy. That was not the case at all, but she didn't understand how to teach me. I thought it was really weird, that I cannot read music but I can play better than my teachers."

She can read any music now and has learned from her experiences. The interest in teaching led her to earn her education specialist degree in brain sciences and autism in 2015, allowing her to understand the brain and how to use music to promote

brain cell growth.

Music "promotes the stimulation for learning and memory," she said. "That results in improved integration in cognitive functions, which is manifested in improved expressive language, motor skills and other areas."

Lucas continues to teach with Butler in its Community Arts School, while also teaching people with autism through Indiana University Jacob's School of Music and through her own Perry Township home-based business, Hidden Treasures.

Her students currently range in age from 2 1/2 to 35 years old. Approximately half of them have a form of autism; a quarter of those are nonverbal.

Her students on the autism spectrum don't read music and often have poor motor skills, Lucas said. To accommodate their way of learning, she has had to develop many of her own lesson plans and teaching methods.

"Most of them have perfect pitch and learn very differently," she said. "They process music from a different area (of the brain). They do not focus on your agenda. Usually parental involvement is required initially. Their behavior is atypical. They are very sensitive to failure. They cannot stand to fail so you have to

*The Key continued on page 12*



A father helps his 6-year-old son play piano during a lesson with Marjorie Lucas. (Submitted photo)

*The Key* continued from page 11

be careful how you teach them something and get them to do it because a lot of times they will not try if they're afraid to fail."

Lucas keeps Lego toys on the piano bench beside her students, where they will get free time to play and take a break from the day's lesson. Sometimes she'll change activities from playing the piano to using color integration with worksheets.

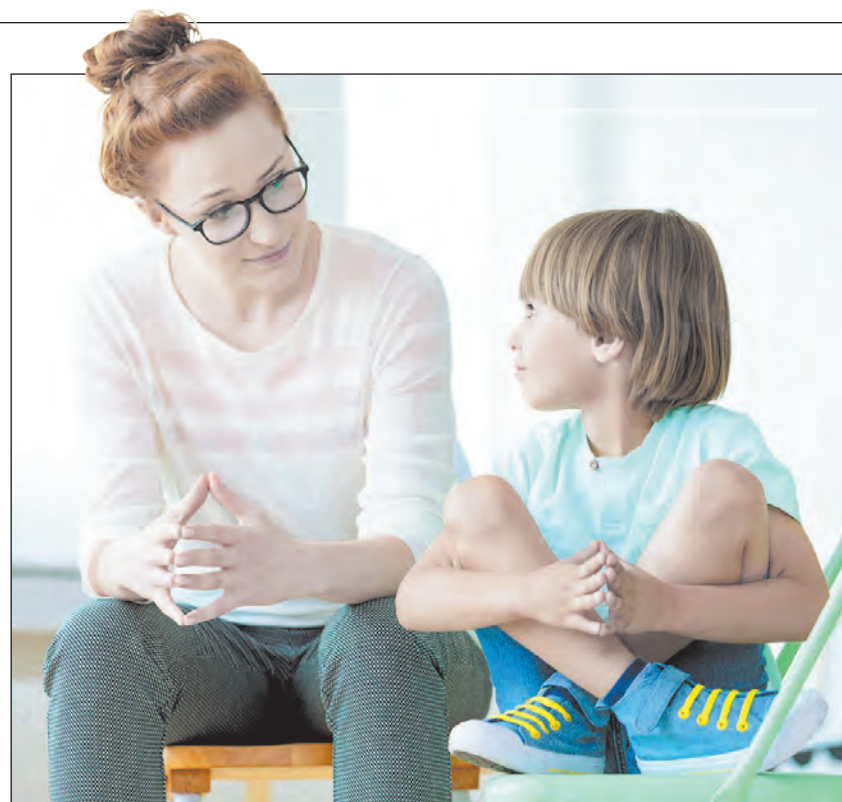
"I only use classical music for them," she said. "I've had to do a lot of digging through music archives at music libraries and universities to find classical music that's suited for

them. Most of it, I write myself, initially, to meet their needs."

Lucas plans to help create program through Butler for people with autism, and offer a certificate on how to teach music to students with autism. She is working on writing a book, developing her own teaching method for children with autism and developmental disorders.

"My ultimate goal is to develop this method of teaching to the degree that it will work for autistic people to improve their lifestyle," she said. "I know it works. It's a joy when you see it."

Those interested in Lucas' music education can contact Butler at the Community Arts School, (317) 940-5500.



## A kind word

By Donna Hammock  
Damar Parent Voices Liaison

Many of us have seen it: A child with an intellectual or developmental disability has an outburst in the grocery store ... or he or she talks loudly or laughs unexpectedly in a restaurant ... or this beautiful young person engages in some other behavior that draws attention and makes it clear to everyone that this individual is "different."

We've also seen what happens next. Shocked stares. Whispering. Cautious glances. People moving away. And we've seen how this affects the caregivers: They look around apologetically, trying to say "I'm sorry" with their eyes as they deal with the situation.

As the grandmother and primary caregiver of a child with a disability, I have experienced this kind of moment.

As a result, I feel I can offer guidance to help people know how to act when they encounter someone with special needs, whether that individual is "acting out" somehow or simply being themselves. So, here are a few tips for those times when you witness a child's outburst or unexpected behaviors.

- **Don't ignore it.** I'd prefer having people acknowledge the situation to feeling invisible. Make eye contact and give the caregiver a compassionate smile.

- **Don't shush your kids or jerk them away.** Children are naturally curious, and while some of their questions would be inappropriate coming from adults, they're understandable from a child. So, if a kiddo asks me, "Why is he acting that way?" I won't be upset.

- **Don't get angry.** "Can't you control your kid?" is not an appropriate response to a caregiver when a child is having an episode of some sort in public.

- **Do offer a kind word.** Gently touch the caregiver on the shoulder and say, "Is there anything I can do help?"

- **Do give the caregiver some grace.** If you do offer to help or simply give a little reassurance, in the heat of the moment, the parent or caregiver might snap at you, but give him or her a break. In the middle of a difficult situation, it can be hard to react the best way, but the odds are good that your compassion will be appreciated.

Respectful and humane questions do something very basic: They acknowledge us as human beings. And, as uncomfortable as it might be in the moment, I do prefer that to being avoided, berated or treated as though we're invisible.

## Did you know...

Autism spectrum disorder affects individuals differently, to varying degrees, so no two people with autism are alike. Autism signs typically appear in early childhood and can affect a person's ability to communicate and interact with others. Signs of autism include lack of or delay in spoken language, little or no eye contact, lack of interest in social relationships, lack of spontaneous play, persistent fixation on parts of objects and a tendency to repeat actions over and over again.

Here, learn some more facts about autism in recognition of National Autism Awareness Month this April.

- About **1 percent** of the world population has autism spectrum disorder.
- Autism affects **1 in 68 children**. More than

**3.5 million** Americans live with an autism spectrum disorder.

- A child can be diagnosed with autism as early as **18 months**. You can see signs as young as **6 months**.
- Autism is **one of the fastest-growing developmental disorders** in the U.S.
- Autism occurs in all racial, ethnic and socioeconomic groups but boys are **almost five times more likely** than girls to have the disorder. One in **42 boys** are diagnosed with autism versus **1 in 189 girls**.
- Children with autism do progress – **early intervention is key**. Autism is treatable, although not curable.
- People on the autism spectrum are especially vulnerable to bullying. **Nearly two-thirds** have been bullied.

Sources: autismspeaks.org, autism-society.org

YOU RUN.  
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# WHAT'S THE DIFFERENCE?

I have autism.

For kids with autism, exploring is an urge and they often don't realize when they run away. Damar Services works with individuals in reducing these behaviors to keep them safe. It's called the *Damar Difference* — and often it makes all the difference in the world. Learn more about how we're the same — *and different*.

[damar.org/differences](http://damar.org/differences)



# DAMAR

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## Cornerstone Autism Center is a magical place

By Cornerstone Autism Center

What sets Cornerstone Autism Center apart from other ABA providers? A step into one of their facilities will give you the first clue that they are unlike any other. The centers are warm and inviting, and best of all fun!



Some would

even say the atmosphere is magical. The clinical staff are highly trained and use iPads to collect data, which results in dynamic, fast-moving programs. The



company has a department of specialists to help families navigate the complexities of insurance, and they integrate speech therapy with on-staff speech-language pathologists.

To support families, Cornerstone has an intake coordinator to assist throughout the enrollment process. Parents also can seek guidance from the parent liaison, who shares resources, organizes events and plans trainings.

"Cornerstone is magic because from the very first moment we stepped into the building, we felt at home," a Cornerstone parent explains. "We've felt supported and welcome from the first interaction, and our son looks forward to going to therapy each day. We feel so lucky that we found Cornerstone."

To schedule a tour, contact [info@cornerstoneautismcenter.com](mailto:info@cornerstoneautismcenter.com) or (317) 888-1557.

## Autism and adulthood

Walking a tightrope with no net

By Dan Miller  
MA in ABA, MA in Counseling

There are thousands of research articles related to children and adolescents with Autism Spectrum Disorder (ASD). So much research is both necessary and reassuring given that in 2016 the CDC estimated that 1 in 100 children worldwide receive a diagnosis of ASD. That's the good news, but it isn't all good news when all these children become adults. There is almost no research on autism in adulthood.

Each year approximately 50 thousand persons with autism will turn 18 in the U.S (Shattuck et al, 2012). Many, like my oldest son with Asperger's, will long for college, work and families, yet very limited research has noted that few will know success in these adult pursuits. College was a disaster for my son. He, like many individuals with Asperger's, was not prepared for adult demands of increased autonomy and self-agency particularly in college. Suddenly the student must rely on alarm clocks, class schedules, independent study and coin laundry. They

must navigate all of those increasingly complex social situations without their parents, a behavioral coach, or selected peer to guide them to success and routine bathing. Only 35 percent of university students with ASD obtain a college degree (US Department of Education) and only 1 in 4 find full employment (Roux et al, 2013). Society has in effect wished my son and his fellow Aspies "best of luck" in walking the tightrope of adult life without a net and with little or no support beyond himself and his parents.

Dozens (not hundreds) of research articles note poor adult outcomes. They call for greater institutional and community awareness of the unique challenges of individuals with ASD (Stodden & Zucker, 2004) who long to be contributing, productive, independent adults just like any of us. As a community we must remind ourselves that the transition to adulthood is full of challenges and understand that this is especially so for persons with autism. They once walked life's tightrope with the safety nets of guidance and supports, then suddenly and abruptly are being required to do it all on their own with practically nothing to arrest their free fall.



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**DAN MILLER,**  
MA in ABA  
MA in Counseling

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Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

G  
 A Z W  
 R H A E I  
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**3 Indiana License Plates**  
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**2 Indiana Pulitzer Prize Writers**  
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**1 Kokomo County**  
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ACROSS

- IU Health IV amounts
- Computer operator
- Absurd
- Indiana legislature lobbying grp./Mini-Marathon tempo/Oladipo, e.g.
- Toothpaste tube letters
- Collision repair Churches, briefly
- Fall flower
- Online journal
- Nutritional fig.
- ISU deg. for a CEO
- Has a loan from
- LaGrange County township that shares its name with a South American capital
- Overhangs
- Wedding band, maybe
- Postal motto conjunction
- Walt's Barber Shop request
- No. 2 vote-getter in Indiana in 2000 U.S. Presidential election
- IND aviator
- Northside pancake house lady/Gov. Bayh/Bose McKinney & \_\_\_
- Speck of land
- Full of info
- Sufficient
- Dick Van \_\_\_
- Car czar Terry
- Beast of burden
- Angered
- Whichever
- "Good heavens!"
- Johnson County Fair critter
- Defense letters
- NASA scrub
- Monastery head
- Indiana National Guard rank (Abbr.)/Hoosier Park newborn/Luck's team
- Center Grove HS football lineman
- Design detail
- Skulk

DOWN

- Ernst & Young pro
- Lowlife
- Sign of healing
- ISO violinist's stroke
- Boot camp boss
- Prefix with friendly
- Hi-\_\_\_ monitor
- Apple product
- Kind of spray
- Perform with the Buck Creek Players
- IUPUI alumna bio word

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	68				69					70				

- |  |   |                                  |
|--|---|----------------------------------|
| 12. Be human                           | 31. Internet messages                     | 51. Matches                      |
| 18. ___ Alamos                         | 33. First game of an Indians doubleheader | 52. Eagle's descent              |
| 19. Investor's acronym                 | 36. Salon goo                             | 54. Ann ____, Mich.              |
| 20. Bumped into at Greenwood Park Mall | 37. Indiana Fertility Institute eggs      | 55. Put on hold                  |
| 21. Uncovered                          | 39. ___ Got a Secret                      | 56. Ham it up at the IRT         |
| 22. Tel ___                            | 42. Sue's Alterations line                | 59. Gawk at Purdue's Golden Girl |
| 24. Hair piece                         | 44. Indiana House Republican Morrison     | 60. BSU mil. grp.                |
| 25. Like some downtown bars            | 45. Hazard                                | 63. Elderly                      |
| 27. Acquired relative                  | 46. QB Manning                            | 65. Notre Dame's conf.           |
| 28. Holcomb Observatory orbs           | 48. Youngster                             | 66. Revery kitchen meas.         |
| 29. Fancy-schmancy                     |   |                                  |

Answers See Page 18.

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## FROM THE EDITOR



## It's time for autism acceptance

As you will read in this edition's cover story, we focus on a teacher who has developed her own methods of music instruction aimed at people with developmental disorders such as autism. April 2nd will mark the 11th annual World Autism Awareness Day. However, the month of April will also mark Autism Acceptance Month which is focused on sharing positive, respectful and accurate information about autism and autistic people.

We believe the world is amply aware of autism and what's needed now is autism acceptance.

To be clear, we are not against "lighting up blue" but feel we are now in a time when acceptance should take center stage. We encourage everyone to take part in April by listening to new voices, learning from accurate sources and sharing what you know. For more information, visit [autisticadvocacy.org](http://autisticadvocacy.org). Also check out our Autism Awareness 2018 special section for more topics related to those on the autism spectrum, pages 11-14.

The Southside Times  
welcomes letters  
to the editor in good taste.

All submissions are subject to editing.  
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All letters must be signed.  
Please include a daytime  
phone number for  
verification purposes only.



## STARS & STRIKES ON THE SOUTHSIDE

*The Southside Times is all about people and our community. What do you like in your neighborhood? What don't you like? Who has done something nice, no*

*matter how small and should be recognized? Email your "Stars and Strikes" to [news@ss-times.com](mailto:news@ss-times.com).*

★ **Stars:** To Captain Ron Hicks on his appointment to commander of Southeast District of the Indianapolis Metropolitan Police Department. Stars to Lt. Dawn Snyder for her leadership as the commander!

⚡ **Strike:** To the thief who stole the van of artist and veteran Brett Harbour. Harbour had been living out of the van, all of his belongings inside. The van was found abandoned in Fountain Square with everything missing. Stars to the community which has started a go-fundme page to help Harbour replace some of those items. It has already exceeded its \$5,000 goal!

★ **Stars:** To SoIndy for hosting a presentation by the Historic Urban Neighborhoods of Indianapolis on March 20 to inform the community about the state's plans for the I-65/I-70 interchange and how it could affect Indianapolis neighborhoods along the interstate corridor.

★ **Stars:** To Girl Scout Troop 2394 members who collected plastic caps and lids to form a bench and donated it to Beech Grove High School at the March 13 School Board meeting. It takes 400 pounds of caps and lids — 10 55-gallon trash bags full — to make a bench. The bench project was a part of the completion of the Girl Scouts Silver Award for the Troop.

## QUOTE OF THE WEEK

*"We are told to let our light shine, and if it does, we won't need to tell anybody it does. Lighthouses don't fire cannons to call attention to their shining — they just shine."*

— Dwight L. Moody,  
American evangelist and publisher connected with the Holiness Movement



## BELIEVE IT!

*Our nation has all sorts of arcane, nonsensical laws on the books. Each week, we'll share one with you ...*

In Pennsylvania, you may not catch a fish by any body part except the mouth.

Source: [dumblaws.com](http://dumblaws.com)

## HUMOR



## TOP 10 WAYS TO PREPARE FOR PARENTHOOD (THAT THE BOOKS DON'T TELL YOU)

By Torry Stiles

10. Set your alarm clock to go off every three hours.
9. Stretchy pants. Lots of stretchy pants.
8. Learn to like the taste of Cheerios and Similac.
7. Dribble maple syrup or honey throughout the house to get used to that sticky feeling.
6. Start practicing the excuses you'll be giving your childless friends for missing out on adult activities.
5. Wipeable vinyl everywhere.
4. Volunteer at the local animal shelter and learn what they use to clean up "accidents."
3. Scatter random Hot Wheels and other small toys on your bedroom floor. Don't skimp on the Legos.
2. Replace your DVD library with Disney and Veggie Tales.
1. Lock up everything that's not at least four feet off the ground.



READERS' WRITES

Take care as severe weather approaches

We survived the latest snowfall, and as milder temperatures approach we can't let down our guard concerning severe weather. A couple ideas you may want to consider are to have a plan for severe weather and to purchase a weather alert radio. Most storms occur between 2 p.m. and 10 p.m., but you never know when one will come through.

On another note: Easter is this Sunday, April 1, and Beech Grove City Hall will close for the observance of Good Friday. The Beech Grove Ministerial Society will host a community service on Friday at 7 p.m. at First Christian Church, 75 N. 10th Ave., across from Central Elementary. Everyone is invited to attend this community service.

Dennis B. Buckley, Mayor  
City of Beech Grove

UPCOMING BEECH GROVE MEETINGS & EVENTS

Greenscape Commission Meeting  
**April 2, 5 p.m.**  
Hornet Park Community Center  
5245 Hornet Ave.

City Council Meeting  
**April 2, 7 p.m.**  
City Hall Council Chambers

Board of Sanitation Meeting  
Utility Claims Docket  
**April 2, 6 p.m.**  
City Hall Council Chambers

Board of Public Works and Safety Meeting  
Corporate Claims Docket  
**April 2,**  
after the Board of Sanitation meeting  
City Hall Council Chambers



Beech Grove Board of Parks and Recreation  
**April 11, 7 p.m.**  
Hornet Park Community Center  
5245 Hornet Ave.

Redevelopment Commission Meeting  
**April 12, 7 p.m.**  
City Hall Council Chambers

Board of Sanitation Meeting  
Utility Claims Docket  
**April 16, 6 p.m.**  
City Hall Council Chambers

Board of Public Works and Safety Meeting  
Corporate Claims Docket  
**April 16,**  
after the Board of Sanitation meeting  
City Hall Council Chambers

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EVENT

First Christian Church of Beech Grove will be offering a community  
*Good Friday Worship Service* 7 p.m. • March 30  
*Easter Service* 10:30 a.m. • Easter Sunday  
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## Too much of a good thing making you sick?

### NUTRITION

By Wendell Fowler

Pick up any candy bar, grocery store cake or pastry, chips, premade meals, dressings or snacks. Read the label and you'll likely see it uses soy, corn, safflower, sunflower, cottonseed, sesame and canola — also known as omega-6 essential fatty acids. According to National Institutes of Health researchers, "The increases in omega-6 consumption over the past century may have contributed to increased societal burdens of aggression, depression, obesity, metabolic syndrome and cardiovascular mortality and nearly every inflammatory disease."

Omega 6 is everywhere, in everything. Omega-3? Meh, not so much. Over 4 million to 5 million years of evolution, man's diet was rich in seafood and other sources of omega-3, but low in omega-6 seed oils. Anthropological research suggests our hunter-gatherer ancestors consumed 6s and 3s in a ratio of roughly 1-to-1. Today it's as high as 25-to-1 in some people. What are the consequences of a 6-to-3 ratio up to 25 times higher than it should be? An increase in nearly all diseases and accelerated aging.

Ancient and modern hunter-gatherers alike were free of modern inflammatory diseases like heart disease, cancer, autoimmune disease and diabetes, the primary causes of death and morbidity today. Over the course of human evolution there's been a dramatic change in the ratio of omega-6 and omega-3 fats con-

sumed in the diet. This change, perhaps more than any other dietary factor, has contributed to the epidemic of modern disease.

Since omega-3 is available only in significant amounts in seafood, logically we should consume cold-water seafood regularly and supplement our diet with fish oil, flax oil, cold-pressed hempseed oil, walnuts, flax, chia and hemp seed.

It's quite simple, actually. A diet with a lot of omega-6 and not much omega-3 increases inflammation and disease. A diet of a lot of omega-3 and not much omega-6 reduces inflammation. Omega-6 is pro-inflammatory; omega-3 is neutral. When you eat more omega-3, less omega-6 is available to tissues to produce inflammation.

Big Pharma is aware of the unholy effect of omega-6 on inflammation. Over-the-counter and prescription ibuprofen, aspirin, Celebrex and others reduce the formation of inflammatory compounds derived from omega-6. Of course, you could eat fewer omega-6s, but drug companies don't want that.

You were given one holy temple by your creator. It's strong, sacred and beautiful. Embrace it with dietary self-love. Don't underestimate the negative effects of too much omega-6 fat.



Chef Wendell is a lecturer and food journalist. Contact him at [chefwendellfowler@gmail.com](mailto:chefwendellfowler@gmail.com).

### Foods high in omega-6 fatty acids

Vegetable oils • Salad dressings  
Mayonnaise • Snacks • Fast foods  
Cookies • Cakes • Processed pork  
Products • Fatty chicken cuts  
Dairy and eggs • Fatty beef cuts

### Good sources of omega-3

Mackerel • Salmon • Cod liver oil  
Flaxseeds • Chia seeds  
Walnuts • Soybeans • Sardines

## The slippery slope of fancy roof parties

### GRAMMAR GUY

By Curtis Honeycutt

I hope somebody invites me to a party on a roof someday. This not-quite-bucket-list dream of mine would make me feel like I've finally achieved a (literally) high social status. I can picture myself swirling a martini, talking about horses and stocks with some guy wearing a monocle. It would be so luxurious ...

... unless, of course, that party happened on a sloped roof. Inevitably someone (probably Karl, the mailman) would slip, and I'd have to burst into action, catching poor Karl as he dangled precariously from the edge. The lesson here? Make sure your party roof is flat before booking the venue.

Dangling modifiers are as scary as dangling mailmen. To understand a dangling modifier (and grasp why we should avoid them), let's begin by understanding modifiers. A modifier is a word or phrase that adds description to another word or phrase. Used correctly, modifiers are right next to the words they're describing.

When you see a dangling modifier lurking in a sentence, the results are confusing. Dangling modifiers typically show up at the beginning or end of a sentence:

*After spending a week on the solar panel,*

Mabel unsuccessfully tried to eat the melted chocolate bar. Due to the placement of the first clause, you'd assume Mabel had been on the solar panel all week.

*When in kindergarten,* my mom drove us to school. This sentence implies my mom was a kindergartner when she drove us to school. That can't be right!

With awkward sentence structure, modifiers change the meaning and twist the writer's intentions. Allow me to correct these two sentences so we can all feel better about life.

Mabel unsuccessfully tried to eat the melted chocolate bar after it spent a week on the solar panel.

*When I was in kindergarten,* my mom drove us to school.

So, in the same way you need to ensure your party is happening on a flat roof, take care to place your modifiers right next to (before or after) the word or phrase they modify. Doing so will prevent sentence catastrophes (and keep our buddy Karl alive).



Curtis Honeycutt is a freelance humor writer. Have a grammar question? Connect with him on Twitter @curtishoneycutt or at [curtishoneycutt.com](http://curtishoneycutt.com).

### Puzzles & Answers – SEE PAGE 15

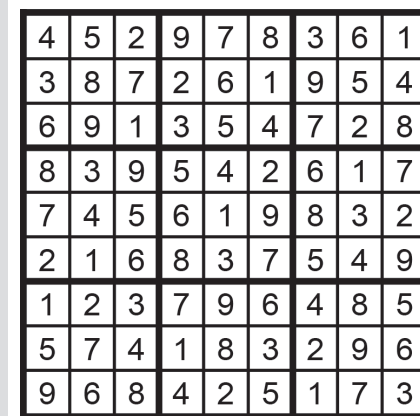
#### Answers to HOOSIER HODGEPODGE:

**Parts:** FLAP, FUSELAGE, NOSE, RUDDER, TALE, WING;  
**Words:** DEDUCTION, EXEMPTION, INCOME, INTEREST, REFUND;  
**Snakes:** BLACK RACER, GARTER, MILK, WATER;  
**Plates:** ARTS TRUST, BLACK EXPO, KIDS FIRST;  
**Writers:** PYLE, TARKINGTON; County: HOWARD

### Q&A

#### SEE PAGE 7

1. C
2. A
3. B
4. C
5. C



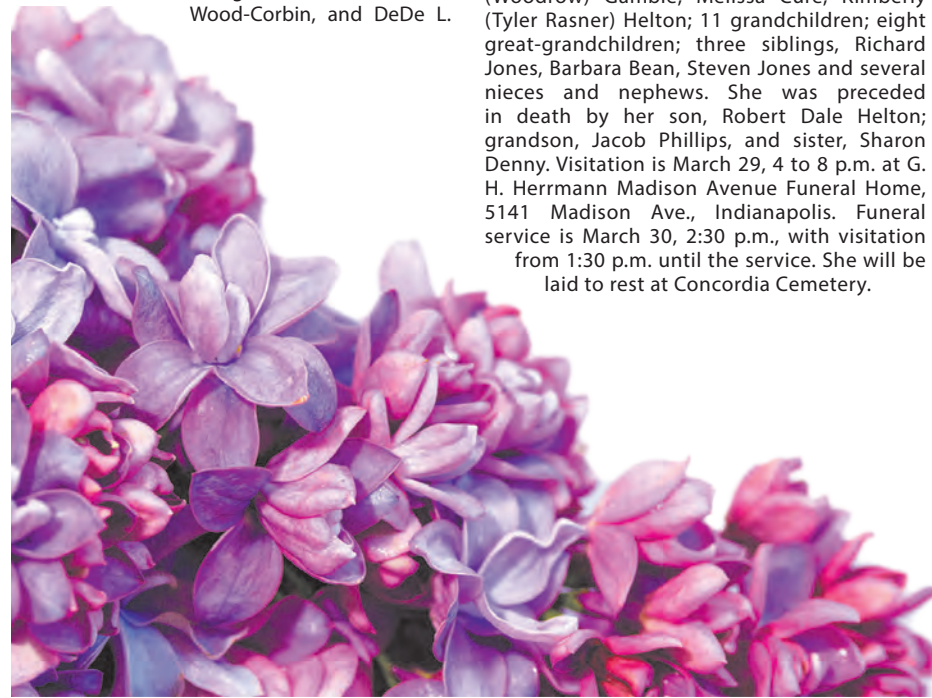
**OBITUARIES**

**LTC Cyril Bouchie, Jr.**

LTC Cyril "Bud" Bouchie, Jr., 90, of Indianapolis, died on March 21. He was born in Vincennes, Ind. on Aug. 11, 1927 to the late Cyril Maurice and Irene Marceline Mouzin Bouchie. He was a graduate of Washington Catholic High School, Washington, Ind. He spent 35 years in the Indiana National Guard and seven years in the Indiana Guard Reserve. He married Genevieve Willett on June 7, 1951, who survives. He was a member of St. Barnabas Catholic Church. In addition to his wife, he is survived by nine children, Joseph Bouchie, Doris Carson, Brenda (Gary) Shafer, Deborah Bouchie, Jim Bouchie, Cathy (John) Beyersdorfer, John (Elaine) Bouchie, David Bouchie, Rosalie (Jonathan) King; 18 grandchildren, which include Robert Jones III, Steven Carson II, Dianna White, Christopher Silbaugh, Zachary and Brooke Shafer, Brian, Christopher and Jennifer Bouchie, Jessica Page, Christine Russell, Nicole Sizemore, Aaron, Abraham and Jonah Beyersdorfer, Curtis Bouchie and Ruth and Jacob King; several great and great-great-grandchildren; sister-in-law, Carolyn (Craney) Bouchie and many nieces and nephews. He was preceded in death by his parents, Cyril and Irene (Mouzin) Bouchie; brother, Norman Bouchie; sister-in-law, Carey (Blaine) Bouchie; nephew, Ronald Bouchie. Mass of Christian Burial was March 28 at St. Barnabas Catholic Church, 8300 Rahke Road. Graveside service will be March 29, 1 p.m. at St. John's Cemetery, Washington, Ind.

**Carolyn Rae DeHoff**

Carolyn Rae DeHoff, 81, of Indianapolis, died on Wednesday, March 21, 2018. Carolyn was born on Sept. 30, 1936 in Indianapolis to the late William and Hazel (Shaffer) Marsh. She is survived by her companion, Ronald Dickerson; her daughters, Linda K. (Alan) Wood-Corbin, and DeDe L.



(George) Biro; seven grandchildren, Roxanne (Matt), Robyn (Alfie), Bobby (Sarah), Keith, Kara and Raelee, Gabe (Kelsey), Gretchen (Max); 15 great-grandchildren; brother, Bob (Sandy) Marsh and many nieces, nephews and cousins. She was preceded in death by her husband, Robert Paul DeHoff, her daughter, Geri (DeHoff) Cotton; brother, William Marsh Jr.; sisters, Rosalyn and Judy Marsh. Visitation was March 25 at Good Shepherd Catholic Church, 2905 Carson Way, Indianapolis. Mass of Christian Burial was March 26. She will be laid to rest in Calvary Cemetery.

**Frank L. Epperson Sr.**

Frank L. Epperson Sr., 78, of Indianapolis, died on March 25, 2018. Born on April 29, 1939 in Woodstock, Ky. to the late Joe Norton and Bessie Epperson. He proudly served his country in the US Army. He enjoyed playing the guitar, singing, walking at the Greenwood Park Mall, crossword puzzles, volleyball and liked watching the stock market and brokers. Survivors include his wife of 56 years, Minnie Epperson, his sons, Frank Epperson Jr. and Scott Epperson. He was preceded in death by his seven siblings. Visitation was March 28 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Funeral service is March 29, 1 p.m. Burial will be at Forest Lawn Memory Gardens.

**Billie June Helton**

Billie June Helton, 74, of Indianapolis, died on March 26, 2018. She was born on Feb. 18, 1944 in Indianapolis to the late William Jones and Helen Woolwine. She enjoyed spending time with her family, cooking, and making people laugh. She also enjoyed her church, singing, crossword puzzles and watching game shows. Survivors include her three daughters, Naomi (Woodrow) Gamble, Melissa Cure, Kimberly (Tyler Rasner) Helton; 11 grandchildren; eight great-grandchildren; three siblings, Richard Jones, Barbara Bean, Steven Jones and several nieces and nephews. She was preceded in death by her son, Robert Dale Helton; grandson, Jacob Phillips, and sister, Sharon Denny. Visitation is March 29, 4 to 8 p.m. at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Funeral service is March 30, 2:30 p.m., with visitation from 1:30 p.m. until the service. She will be laid to rest at Concordia Cemetery.

**Ronald Lee Ikemire**

Ronald Lee Ikemire, 67, of Greenwood, died on Friday, March 23, 2018. Ron was born on June 15, 1950 in Beech Grove to Cecil C. and Thelma L. (Waller) Ikemire both of whom preceded him in death. Ron is survived by his wife, Lisa M. Ikemire; children and their spouses, Christopher L. Ikemire, Michael L. and Carrie Ikemire, Paula C. (Ikemire) and Nathan Plahitko; two step-sons, Andrew and Kyle; seven grandchildren, Brittany, Hannah, Marcus, Tyler, Christopher, Brandon, Bailey; seven great-grandchildren; brothers and sisters-in-law, Cecil S. and Carolyn Ikemire, Rex and Patti Ikemire and Dennis Ikemire (Shelly) and many other family and friends. Visitation is March 30, 4 until 8 p.m. His funeral service will be March 31, 10 a.m. at Newcomer - Indianapolis Chapel, 925 E. Hanna Ave. Interment will follow at Forest Lawn Memory Garden.

**William R. Lawson**

William "Bill" R. Lawson, 62, of Greenwood, died on March 23, 2018. Born on Oct. 3, 1955, in Indianapolis, to Joseph Hayden and Ozora Mae Lawson. Bill had many jobs throughout his life, but he enjoyed the ones that involved HVAC. He proudly served his country in the United States Army. He enjoyed spending time with his family, and the family vacations. He also enjoyed, listening to music, especially Elvis and Michael Jackson, dancing, reading the bible and other publications. One of his favorite joys was woodworking and teaching others how to make furniture. Bill is survived by his wife, Jane Lawson; three children, Joseph W. Lawson, Lynde M. Lawson, and Mya M. Lawson; mother, Ozora Mae Lawson; siblings, Teresa Lawson, John Lawson, Linda Roberts, Helen Lawson, and James "Art" Lawson. He was preceded in death by his father, Joseph Hayden Lawson; brothers, Joseph F. and David Lawson. Visitation is March 29, 4 to 8 p.m. at G.H. Herrmann Greenwood Funeral Home, 1605 S. State Road 135 and Olive Branch Road. Funeral services are March 30, 1 p.m. at the funeral home, with visitation from 12 p.m. until the service. He will be laid to rest at Forest Lawn Memory Gardens.

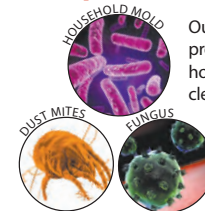
**Betty Jean (Woodard) Norman**

Betty Jean (Woodard) Norman, 90, died on March 25, 2018 in Indianapolis. Betty is survived by her children Daniel (Terri) Norman and Bruce Norman; grandchildren Danny Norman, Benjamin Norman and Victoria Norman; and sister Hazel Taylor. Betty Norman was born on Feb. 27, 1928 to Virgil and Arla Woodard. She was married to Isaac Benjamin Norman. She worked at Lowell Elementary in the cafeteria. She was the neighborhood babysitter known as Aunt Betty to everyone. Betty loved taking care of her flowers and watching birds in more recent years. A showing is scheduled on March 28, 4 to 8 p.m. at G. H. Herman Funeral home 5141 Madison Ave., Indianapolis. The funeral will be held at G. H. Herman Funeral home on March 29, 11:30 a.m.

*Obituaries continued on page 20*

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Obituaries continued from page 19

### Richard Allen Reeves

Richard Allen Reeves, 75, was born May 18, 1942, to William Homer and Mary (née Nagel) Reeves, and was a lifelong Indianapolis resident. He retired from Amtrak in Beech Grove in 2003 after 31 years of service. He is survived by his wife of 25 years, Edna Reeves; his children, Teresa (Tom) Izer, Joanne (Steve) Carr, Richard Reeves, Jr., and Curtis Reeves; stepchildren; Bradley (Christy) McClain and Christina (Mark) Percy; siblings, Delores Shay, Dorothy Mack, Judith See and Paul Reeves; 16 grandchildren and 13 great-grandchildren. He was preceded in death by his parents and one sister, Ruth Phipps. Richard was a U.S. Army veteran. He enjoyed fishing, camping, gardening, crossword puzzles, reading and astronomy. He volunteered for the United Way, where he was a reading buddy to elementary school children. He was a member of the Eagles Lodge, American Legion and Senior Center all of Beech Grove.



### Marsha J. (Collins) Sickels

Marsha J. (Collins) Sickels, 64, of Indianapolis died on March 25, 2018. Marsha worked for Shula's Restaurant in the Westin Hotel for many years and was a surgical nurse at IU Medical Center previously. Marsha was born on Sept. 23, 1953 in Beech Grove to Regis M. and Camilla Jean (Andrews) Collins. Marsha is survived by her siblings and their spouse, Mike and Barb Collins, Tim and Cathy Collins; several nieces and nephews; two step-sons, Jason and Kathy Sickels, Josh Sickels; and many other family and friends. Marsha was preceded in

death by her parents; husband, Robert Craig Sickels. Memorial visitation and Celebration of Life service was March 28 at Newcomer - Indianapolis Chapel, 925 E. Hanna Ave.

### Robert A. Stahl

Robert A. Stahl "Bunny", 95, of Indianapolis died on Wednesday, March 21, 2018. He was born on Nov. 14, 1922 in Indianapolis to the late Henry and Mary Stahl. Robert provided for his family by working as a machinist for W.S. Demoss and Son. He was a long-time member of Holy Name Catholic Church where he was a member of the Over 50 Club. He is survived by two children, Dennis J. Stahl and Paula Ann Patterson (Patrick J.); his brother, Henry Joseph Stahl; eight grandchildren; 21 great-grandchildren, and 13 great-great-grandchildren. He was preceded in death by his wife, Helen B. Stahl; son, Lawrence Stahl; and daughter-in-law, Arvina "Jackie" Stahl. A Mass of Christian Burial was celebrated March 26 in Sacred Heart Catholic Church followed with burial at Calvary Cemetery. Arrangements and care were provided by Lauck & Veldhof Funeral & Cremation Services, Indianapolis.

### Donnie Lee Taylor

Donnie Lee Taylor, 80, of Beech Grove, died on March 21, 2018. He was born on Feb. 9, 1938 in Indianapolis to Olean E. and Mary J. Taylor. Survivors include daughters, Danae (Jim) Ditchley, Donna (Jeff) Sutton; grandchildren, Brandy "Wine," Jamie Hixon, Amber Ditchley, Brittany Ramsey, Jeffrey Sutton, Donnie Sutton and Matthew Sutton; 20 great-grandchildren; and two great-great-grandchildren. He was preceded in death by his wife, Jodell Taylor and granddaughter, Tabbetha Taylor. Visitation was March 23 at G.H. Herrmann East Street Funeral Home, 1505 S. East St., Indianapolis. Funeral service was March 24. Burial will be at Mount Gilead Cemetery.

### Frances Mary Wagers

Frances Mary Wagers, 63, of Indianapolis, died on Thursday, March 22, 2018. She was born in Hyden, Ky. to the late Aley and Malvery Ledford. Frances enjoyed watching NASCAR and collecting dolls in her



spare time. Above all she enjoyed spending time with her family. She is survived by her husband Jim Wagers; three sons, Lonzo Wagers, Claude Wagers (Loretta) and Aley Wagers (Lindsay); her daughter, Julie Buntain; her 12 grandchildren, Daniel Wagers, George Wagers, Mary Wagers, Carlos Garcia, Jeremy Wagers, Dylan Wagers, Jessica Mills, Traci Wagers, Kaylar Wagers, Madison Wagers, Malia Wagers and Hunter Wagers; her 14 great-grandchildren, Elias Wagers, Gage Wagers, Nakaiah Wagers, Dominique Wagers, George Wagers, Chevy Wagers, Dale Hensley, Leon Hensley, Alan Hensley, Skyla Wagers, Alaya Wagers, Ayden Wagers, Aubrielle Garcia and Aiden Garcia; and numerous extended family and close friends. Visitation was March 27 in Lauck & Veldhof Funeral & Cremation Services, 1458 S. Meridian St. Final disposition was cremation. Arrangements and care were provided by Lauck & Veldhof Funeral & Cremation Services, Indianapolis.

### Kenny Walker

Kenny Walker, 58, of Indianapolis, died on March 25, 2018. Kenny was born in Oklahoma City on Oct. 18, 1959 to Roger and Derotha (Haydon) Doss. Kenny graduated from Harry E. Wood High School in 1978 then joined the United States Army service for four years and then served with the National Guard for eight years. Kenny most recently worked for Mobile Drill International. He was the drummer for a traveling Christian praise and worship team, as well as an avid outdoorsman, hunter and fisherman. Kenny is survived by his wife of 27 years, Toni Walker; daughters, Katie Nathan and her husband Andrew, Rachel Walker; parents, Roger and Derotha Doss; siblings and their spouses, Chris and Shalane Walker, Pamela and Dale Jenkins, Cindy and John Kent and many family and friends. Visitation is March 31, 3 p.m. until his funeral service at 5 p.m. at Newcomer Funeral Home 925 E. Hanna Ave. Indianapolis.

### Hubert A. Wilson

Hubert A. Wilson, 95, of Greenwood, died March 21, 2018. Born Aug. 22, 1922 in Owen County, Ind. to the late Fred and Velvia (Beaman) Wilson, he was a veteran of the US Navy. A farmer for the early part of his life, he prepared taxes and worked at Link Belt for 23 years. He was an avid reader, enjoyed road trips and was devoted to his family. He is survived by his wife of 73 years, Beulah J. Wilson; daughters, Patty (Bob) Thomas (died 2007) Janet Egbert, Connie Flanagan (died 1996), Sally (Dave) Nichols and Bonnie Wilson; 12 grandchildren; 17 great-grandchildren. Visitation was March 25 at G.H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch. The funeral was March 26. He will be laid to rest at Mt. Pleasant Cemetery.

Obituaries are printed free of charge. Funeral directors are encouraged to send obituaries and photos to news@ss-times.com. Information received by noon Tuesday will be published Thursday, space permitting.

✦ ASSEMBLY OF GOD

**Faith Assembly of God** • 186 Royal Road, Beech Grove | Ph: (317) 784-8566 | Pastor: Lawrence Cook | Sunday: 10:30 a.m. & 6 p.m. | Wednesday: 7 p.m.

✦ BAPTIST

**Crossroads Baptist Church** • 1120 S Arlington Ave., Indpls, 46203 | Ph: (317) 357-2971 | Pr. Guy Solarek | Sunday: 10 a.m., 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | bcindy.com

**Faith Baptist Church** • 1640 Fry Road, Greenwood | Ph: (317) 859-7964 | Pr. Steve Maxie | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:45 a.m. | Wednesday: 7 p.m. | KJV

**First Baptist Church of BG** • 5521 Churchman Ave., Indpls | Ph: (317) 784-1478 | office@fbcbeechgrove.com | Sunday: 9:30 a.m. | Sunday School: 10:50 a.m. | Wednesday: 7-8 p.m. | Childcare & programs, all ages, all services. Join Us! | fbcbeechgrove.com.

**Historic Grace Baptist Church "Since 1927"** • 1907 E. Woodlawn Ave., Indpls | Ph: (317) 638-3143 or 536-8655 | Pr. Rick J. Stone | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

**Lighthouse Baptist Church** • 6950 E. Raymond St., Indpls | Ph: (317) 359-4275 | Pr. Dan Tidd | Sunday: 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | Thursdays Youth Meeting: 6:30 p.m. | Ladies & Men's meetings (call for times) | "Independent Baptist Church"

**Ritter Avenue Baptist Church** • 23 South Ritter Avenue, Indianapolis, IN | Ph: (317) 709-1788 | Pr. Earl Chestnut | Service Times: Sunday School 10:00 a.m. | Morning Worship 11:00 a.m. | Sunday Evening 6:00 p.m. | Thursday night at 6:00 p.m.

✦ CATHOLIC

**Good Shepherd Catholic Church** • 2905 S. Carson Ave., Indpls | Ph: (317) 783-

3158 | Rev. Bob Robeson, Administrator | Rev. John Beitans, Sacramental Assistant | Saturday Mass: 4:30 p.m. | Sunday Mass: 10 a.m. | Completely Handicapped Accessible | All Welcome!

**Holy Name of Jesus** • 89 N. 17th Ave., Beech Grove | Ph: (317) 784-5454 | Rev. Robert Robeson | Worship Times & Anticipation Sunday: 7:30, 9:30 & 11:30 a.m.; Saturday Mass: 5 p.m.

**Saints Francis & Clare Catholic Church** • 5901 Olive Branch Road, Greenwood | Ph: (317) 859-4673 | Fr. Steve Giannini | Assc. Pastor Fr. James Brockmeier | Saturday Anticipation Mass: 5:30 p.m. | Sunday: 7, 8:45 & 11:30 a.m.

**St. Athanasius Byzantine Eastern - Rite Catholic Church** • Blaine Ave., Indpls, 46221 | Ph: (317) 632-4157 | Fr. Bryan Eymann | Sunday (Divine Liturgy Celebrated): 10 a.m. | Parish luncheon follows liturgy. | Visit us at saindy.com

**St. Jude** • 5353 McFarland Road, Indpls, | Ph: (317) 786-4371 | Fr. Stephen Banet | Sunday: 7:30, 9:30, 11:30 a.m. | Saturday Anticipation Mass: 5 p.m.

**St. Mark Catholic Church** • 535 East Edgewood Ave., Indpls, | Ph: (317) 787-8246 | Fr. Bill Marks | Deacon Paul Fisherkeller | Sunday: 7:30, 9:30, 11:45 a.m. | Saturday Anticipation Mass: 5:30 p.m.

✦ CHRISTIAN CHURCH

**Mount Pleasant Christian Church** • 381 N. Bluff Road, Greenwood | Senior Pr. Chris Philbeck | mpcc.info | Saturday: 6 p.m. (ASL Available) | Sunday: 8:45 a.m., 10 a.m. and 11:30 a.m. | MPCC online campus: MPCC live at 10 a.m. ET.

**Southport Heights Christian Church** • 7154 S. McFarland Road, Indpls | Pr. Steve Ferguson | Bible School 9:00 a.m. | Worship service 10:30 a.m. | Deaf Ministry: James Wines (317) 493-0414 VP or jewshdc@yahoo.com

✦ CHURCH OF CHRIST, SCIENTIST

**Sixth Church of Christ, Scientist** • 7625 McFarland Road | Ph: (317) 888-3204 | Sunday: 10 a.m. | Sunday School: 10 a.m. | Wednesday: 4 p.m. | Reading Room Hours Tues: 11 a.m.-2 p.m. & Wednesday: 2:30-3:30 p.m.

✦ CUMBERLAND PRESBYTERIAN

**Christ Cumberland Presbyterian Church** • 6140 South Meridian St., Indpls | Ph: (317) 787-9585 | Pr. Elmer Price | Sunday: 10 a.m. | Sunday School: 9 a.m. | "Come Grow With Us!"

✦ DISCIPLES OF CHRIST

**First Christian Church of Beech Grove** • 75 N. 10th Ave., Beech Grove | Ph: (317) 786-8522 | Pr. Paul Hartig | Sunday: 10:30 a.m. | Sunday Christian Education: 9:30 a.m.

✦ EVANGELICAL LUTHERAN CHURCH OF AMERICA

**Bethany Evangelical Lutheran Church** • 4702 S. East St., Indpls | Ph: (317) 786-7854 | Worship Sunday: 9:30 a.m. "We Welcome You"

✦ INDEPENDENT CHRISTIAN CHURCH

**Bethany Christian Church** • 4727 S. Sherman Dr., Indpls | Ph: (317) 787-5103 | Min. Jim Clark | Sunday: 10:15 a.m. | Sunday School: 9:15 a.m. | Bible Study Mon.: 6:30 p.m. and Weds. 7 p.m.

✦ INDEPENDENT NON DENOMINATIONAL

**Community Church at Murphy's Landing** • 7401 S. Harding St., Indpls | Ph: (317) 807-0222 | Pr. Paul Erny | Sunday: 9:30 a.m. | Sunday School: 11 a.m. | yourcml.org

✦ LUTHERAN

**Emmaus Lutheran Church & School** • 1224 Laurel St., Indpls (Inside historic

Fountain Square) | Ph: (317) 632-1486 | Pr. Raymond Smith | Worship: Sunday at 10 a.m. | ☑/emmausfountainsquare

**St. Mark's Free Lutheran Church** • 1301 E. Prospect St., Indpls (Inside the historic Fountain Square Community) | Pr. Terry Englert | Sunday: 10:30 a.m. | Adult & Children's Sunday School: 9:30 a.m. | Come join us for a traditional style worship experience followed by a time of food and fellowship!

**St. Paul's Lutheran Church** • 3932 MiCasa Ave., Indpls | Ph: (317) 787-4464 | Worship: Sunday, 9:30 a.m. & Thur, 7 p.m. | Sunday School after Worship | stpaulsindy.com | ☑/StPaulsIndy

✦ NAZARENE

**Cross-Way Community Church of the Nazarene** • 1248 Buffalo St., Beech Grove | Pr. Mark Ramsey | Sunday: 11 a.m. | ☑/CrosswayCCN

✦ NON-DENOMINATIONAL

**Church of Acts** • 3740 S. Dearborn, Indpls | Ph: (317) 783-ACTS (2287) | Pr. Bill Jenkins | Sunday: 10 a.m. | Wednesday Bible Study: 7 p.m. | Celebrate Recovery: Thursdays, 7 p.m. | churchofacts.org

**Community Church of Greenwood** • 1477 W. Main St., Greenwood | Ph: (317) 888-6024 | Sunday: 9 & 11 a.m. | Real Church. Real People. | ccgonline.org

**Tallwood Chapel Community Church** • 5560 S. Shelby St., Indpls | Ph: (317) 787-5595 | Pr. Don Foley | Sunday: 10:30 a.m., 7:00 p.m. | Wednesday: 7:00 p.m. | BIBLE CHURCH, Ministry of HOLY WORD

✦ PRESBYTERIAN

**Greenwood Presbyterian Church** • 102 W. Main St., Greenwood | Ph: (317) 881-1259 | Rev. Peter Zinn | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m.

✦ SEVENTH DAY ADVENTIST

**Southside Seventh-Day Adventist** • 4801 Shelbyville Road, Indpls | Ph: (317) 786-7002 | Pr. Brian Yensho | Services Saturday: 11 a.m. | Sabbath School: 9:30 a.m. | southsideadventist.org | Health Ministries, CHIP+: chiphealth.com

✦ SOUTHERN BAPTIST

**Calvary Baptist Church** • 200 Sunset Blvd., Greenwood | Ph: (317) 881-5743 | Josh Blight, Associate Pastor of Youth & Families | Sunday: 10:30 a.m. | Sunday School: 9 a.m. | Something for All Ages

**Southwood Baptist Church** • 501 S. 4th Ave., Beech Grove | Ph: (317) 786-2719 | Pstr. Dr. Patrick Wood | Sunday: 9:30 a.m. | Worship Service: 10:45 a.m. | Sunday & Weds. Eve Worship: 6:30 p.m.

**Trinity Baptist Church** • 375 E Southport Road, Indpls | Ph: 317-881-2122 | Pr. Douglas Rumsey | Sunday Bible Study: 9:30 a.m. | Sunday Services: 10:45 a.m. and 6 p.m. | Wednesday Bible Study: 7 p.m.

✦ UNITED CHURCH OF CHRIST

**Faith United Church of Christ** • No matter where you are on life's journey, you are welcome in our community. | 4040 E Thompson Road | Ph: (317) 784-4856 | Pr. Scott Simmons | Worship Service: 10:30 a.m. | Sermon's online at myfaithucc.org

**St. John's United Church of Christ** • 7031 S. East St., Indpls (U.S. 31, Southport Road) | Ph: (317) 881-2353 | Rev. Ross Tyler | Sunday Contemporary Worship: 9 a.m. & Traditional Worship: 10:30 a.m. | Sunday School: 10:30 a.m.

**Zion United Church of Christ** • 8916 E. Troy Ave., Indpls | Ph: (317) 862-4136 | Pr. Sarah Frische-Mouri Hannigan | Sunday: 8:15 a.m. & 10:30 a.m. | Sunday School: 9:30-10:15 a.m. | zionuccindy.net

✦ UNITED METHODIST

**Center United Methodist Church** • 5445 Bluff Road, Indpls | Ph: (317) 784-1101 or email: info@center-umc.org | Sunday Traditional Worship: 9 a.m. & Contemporary Worship: 11:15 a.m.

**Edgewood United Methodist** • 1820 East Epler Ave. | Ph: (317) 784-6086 | Rev. Paul Wagner | We are on Facebook | Sunday worship 9 a.m. | Sunday School: 10:15 a.m. | edgewoodumc.com | "The Church for The Next 100 Years"

**Greenwood United Methodist** • 525 N. Madison Ave., Greenwood | Ph: (317) 881-1653 | Rev. In Suk Peebles | Sunday: 10:15 a.m. | Sunday School: 9 a.m.

**Rosedale Hills United Methodist** • 4450 South Keystone Ave., Indpls | Ph: (317) 786-6474 or email: officerhumc@att.net | Rev. Jill Howard | Sunday: 9:30 a.m. | Sunday School: 10:45 a.m. | rosedalehillsumc.org

**Smith Valley United Methodist Church** • 5293 Old Smith Valley Rd, Greenwood | Ph: (317) 881-1641 | Sunday Worship: 9:30 a.m. | Sunday School: 11:00 a.m. | Bible Study: Wednesday, 6:30 p.m. | smithvalleyumc.org

✦ UNITY

**Unity of Indianapolis Church of the Daily Word** • 907 N. Delaware St., Indpls | Ph: (317) 635-4066 | Rev. Bob Uhlar, Senior Minister & Rev. Carla Golden, Director Lay Ministries | Celebration: 10 a.m. | unityofindy.com

✦ WESLEYAN

**Southview Wesleyan Church** • 4700 Shelbyville Road, Indpls | Ph: (317) 783-0404 | Pr. Rick Matthews | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

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Weekly Devotion



*17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.*

2 CORINTHIANS 5:17

This is a most important doctrine (teaching) of God's Word. When someone comes to an altar — whatever the altar is — he or she comes seeking Christ and a relationship with Him that will change their lives. The individual may not know

exactly what the change will look or feel like, but change is the result regardless. Most come seeking "salvation" — forgiveness for the sins they've already committed and may still be committing.

The change that occurs is spiritual. It doesn't alter outward appearance so much as it changes the inward being or, as some put it, the inward nature. The Apostle Paul tells us this change is so extreme that it makes us "new creatures" and all things about us become new. This is not physical change; it is a spiritual regenera-

tion that transforms the way we think, behave and even direct our lives. Sin is no longer inviting to us. It becomes ugly, repugnant and hideous. We no longer desire to be associated with sin. Jesus calls this "being born again"; others may describe it as "being converted."

The new creation once was a child of Satan but has become, by Christ, a child of God. No one can be both of these at the same time. No one can be both a slave to sin and a servant of Jesus Christ.

Salvation drastically changes

us from walking dead people to being alive for the first time in our existence. The wages of sin is death, but the gift of God is eternal life through Jesus Christ our Lord. A person either believes this or no. I, for one, do believe it and thank God for it. Who I was before I received Christ into my life I am no more. Praise the Lord!

*God bless and go and have a great day.*

.....  
Paul A. Kirby is the pastor at the Church of God at 3939 S. Emerson Ave.

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**PUBLIC AUCTION:** 2625 N Sherman Dr 4/13/2018 @11am 2006 Buick Rend VIN 3G5DB03L36S535690 starting at \$2250.00

**PUBLIC AUCTION:** 1204 E 24th St 4/13/2018 @11am 1995 Chevy Caprice VIN 1G1BL52W4SR155379 starting at \$2850.00

**PUBLIC AUCTION:** 6143 N Colonial Ave 4/13/2018 @10am 2015 Chevy Malibu VIN 1G11C5SL9FF325079 starting at \$5250.00

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| <input checked="" type="checkbox"/> Basement Flood Prevention & Backup Systems | <input checked="" type="checkbox"/> Sump & Sewage Pumps                          |
| <input checked="" type="checkbox"/> Drain Cleaning                             | <input checked="" type="checkbox"/> Hose Spigots Repaired or Added               |
| <input checked="" type="checkbox"/> Tankless Water Heaters - Free Estimates    | <input checked="" type="checkbox"/> Electronic Leak Detection - Under Slab Leaks |
| <input checked="" type="checkbox"/> Water Softeners & Saltless Conditioners    | <input checked="" type="checkbox"/> Garbage Disposal Replacement                 |
| <input checked="" type="checkbox"/> Gas Lines & Gas Repairs                    | <input checked="" type="checkbox"/> Trenching & Backhoe Services                 |

Schedule on line at [www.CartersMyPlumber.com](http://www.CartersMyPlumber.com)



### BUSTED HOSE BIBB?

This harsh winter may have caused your hose bibb to freeze and crack. Be sure to double check all Hose Bibbs for leaks, especially in the crawl space of your home.

## SPRING-CLEANING \$49\*

1. DRAIN WATER HEATER \*29 with repair
2. PLUMBING & SUMP PUMP EXAM
3. KITCHEN DRAIN TREATMENT - BIO CLEAN



Reg. \$129. Not valid with any other offers. Cannot combine offers. Some restrictions apply. Coupon must be presented at time of service.

## SAVE \$50

### ANY PLUMBING REPAIR OR DRAIN CLEANING



Not valid with any other offers. Cannot combine offers. Some restrictions apply. Coupon must be presented at time of service.



## FREE\*

### Plumbing Service Call



\*With repair. Some restrictions apply. Coupon must be presented at time of service. Cannot be combined with any other offers.

## \$150 OFF

### ANY GAS OR ELECTRIC WATER HEATER

### \$300 OFF TANKLESS



Not valid with any other offers. Some restrictions apply. Coupon must be presented at time of service.