

The Southside Times



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THIS WEEK on the WEB



Franciscan PCAs finish new course

Seven Franciscan Health employees have passed a six-week Patient Care Assistant 1 (PCA 1) program at the southside hospital to increase their basic clinical skills and health care education. The program, launched earlier this year, is designed to assist hospital patients with tasks including bathing, feeding and mobility. The PCAs spent two weeks in the classroom for training and learned hands-on, practical skills instruction and high-fidelity manikins in the simulation lab and spent four supervised weeks on various nursing units.

ss-times.com/Franciscan-pcas-finish-new-course



For more information on these articles and other timely news, visit ss-times.com. To join the conversation, visit our Facebook page or follow us on Twitter [@southsidetimes](https://twitter.com/southsidetimes).



New justice campus breaks ground

Indianapolis Mayor Joe Hogsett, along with Marion County Sheriff John Layton, members of the City-County Council, Citizens Energy Group CEO Jeff Harrison and neighborhood leaders broke ground on the site of the future Community Justice Campus. Located on the former Citizens Energy Coke Plant in the Twin Aire neighborhood, the campus will house a jail, courthouse, sheriff's office and an Assessment and Intervention center. The center will connect those suffering from mental illness and addiction with treatment and social services and keep those who don't belong in jail, out.

ss-times.com/new-justice-campus-breaks-ground

FEATURE



Fundraising events and a GoFundMe account are collecting money to help Alex Kalscheur (right), an 18-year-old Greenwood resident who fractured his vertebrae during a hike in the French Alps a week ago. *(Submitted photo)*

Community raising money for injured Greenwood teen

By Nancy Price

This summer, 18-year-old Greenwood resident Alex Kalscheur went to France on vacation.

A week ago, he fell 30 feet while hiking in the French Alps, fractured his vertebrae and is confined to a hospital in Grenoble, France, until he has the funds to come back to the U.S. Medical transportation costs between \$80,000 - \$150,000.

Travel from Grenoble to Paris is a four-hour train ride and he is required to have a nurse fly with him from Paris.

The local community is assisting to provide funds to help Alex and his mother return home. Agape Performing Arts Company is collecting donations and cards for Alex during their current musical, *Oliver!* Go to AgapeShows.org for more information.

As well, Agape is hosting a Dine and Donate at Firehouse Subs on July 26. Twenty percent of sales will go toward Alex's fund.

On July 21 & 22, a bake sale will be held after all Masses at Our Lady of the Greenwood Catholic Church.

There will also be a dinner, dance and silent auction at Our Lady of the Greenwood Parish from 6 - 11 p.m. on July 28. All attending the event are asked to register online at bit.ly/2NRjxAZ (case sensitive). Separate registrations are available for those purchasing dinner and those who are not. For more information or to donate items for the silent auction, contact Marcy Renken at (317) 489-1557 or sgtrenken@hotmail.com.

A GoFundMe account is available at go-fundme.com/982pa-bring-alex-home.

Information for this article was collected from Natalie Hoefer, Linda Kile and Tracey Rollison.

Contact the Editor/Publisher

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Rick Myers at 300-8782 or email him at rick@icontimes.com. Remember, our news deadlines are several days prior to print.



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Steve and Sharon Coffman
Celebrating 50 years of marriage on July 20th
50 years, 10 children, 26 grandchildren and counting!



Left, the back bedroom with noisy dressers.. | Bottom right, family portrait. My father and mother, along with my brother, Kerry and myself. Who could suspect what would come just a few years later. (Photos by Rick Hinton) | Top right, winter landscape with steps to the back porch of the sun room. It remains a mystery. (Photo by Lynn Hinton)

Last conversations with my mom

HAUNTS & JAUNTS

By Rick Hinton

When I pulled my mother out of the nursing home, bringing her back to her own house, I expected it to be of short duration. My sister-in-law, Lynn, expected the same, having uprooted from Florida and giving up her own life to care for her. Mom lived almost two additional years. And, with not only the physical challenges of dealing with my mother, there was also the house's reactions to it all. It took on a persona of its own, carrying over to today. Just a few examples of many:

While visiting one weekend, my wife Laura's finger was flicked hard while sleeping with her arm thrown over me. It produced a red mark; in that very bedroom, the dresser handles would lift and fall throughout the night; while using the back bathroom, Laura watched the door handle turn back and forth, with the door finally opening. No one was in the hallway; I'd left my phone in the garage when we left one day to sightsee. When we returned it was hanging on the door handle in the laundry room; Laura watched a basketball sized orb move about the backyard.

I was there on weekends. Lynn had to live with it 24/7.

She constantly heard footsteps outside her bedroom at night (being my mother's bedroom); her feet were touched in bed on occasion; she had a monitor on the nightstand beside her bed. Many nights she heard my mom in conversation, yet, speaking fluently and in a voice that seemed to be from her youth; mom would often stare at a chair in the corner of her room, stating a "man" was sitting there. She never said who it was; Lynn and a part-time caregiver, Theresa, watched a glass slide across the kitchen island; a winter experience of footsteps in the snow leading from the backyard to the door of my mom's sunroom. There were no departing footsteps!

Dementia persuasions? Sure... it could have been. The mind does funny things with a body on a downward spiral. But the other events? I don't think so. Many visits, when Mom was somewhat lucid, she asked that I kill her. She didn't want to live like that. I asked her if she wanted her son to go to prison? She would look at me with a vacant stare. Other times she would demand I help her out of bed so she could cook breakfast or drive into town. The humor kicked in. I swept back her bed covers and told her, "Sounds good, have at it!" She continued to lay prone, giving me the 'stare.' Every weekend I'd pull into her driveway on a Friday evening, I would take a deep breath and

say, "OK... I can do this!" I realize now that I really couldn't.

Our friend, Jennifer, is currently caretaking the house. She had a rough start (covered in past Southside Times articles), yet now all is quiet and whatever's still there... they co-exist. My wife, Laura, has her own impressions: the location is a portal of sorts, a vortex, a train station with spirits passing through. Personally, I believe my mother moved on when she died. She's not there!

Hospice called that July in 2015. "You need to get here!" The house felt heavier than normal. I knew it was time. Her breathing was labored and loud. I talked to her throughout the afternoon, telling her it was OK to move on. A few times I felt (or imagined) she squeezed my hand. My brother, Kerry, arrived from Florida. Around 8 p.m. that evening she took her last breath as I held her hand. I told my uncle Lewis, sitting in the chair in the corner, that she was gone. He left the house. He went to his car in the driveway to cry.

I believe the house cried also.



Rick Hinton, a Southport resident, loves researching things that go bump in the night. His articles can be read on Facebook: Rick Hinton, Southport Paranormal Examiner. Hinton conducts paranormal investigations with his team, South Central Paranormal.

FEATURE



President and CEO of the Greater Greenwood Chamber of Commerce, Christian Maslowski (right), won the Indiana Chamber Executive of the Year award at the Indiana Chamber Executives Association's (ICEA) annual conference held recently in Indianapolis. (Photos by Donna Rice Photography)

Maslowski named Indiana Chamber Executive of Year

By Nancy Price

The Indiana Chamber Executives Association (ICEA) has named Christian Maslowski, president and CEO of the Greater Greenwood Chamber of Commerce, the 2018 Executive of the Year.

Maslowski, no stranger in the chamber community, has been with the Greater Greenwood Chamber for 11 years.

"Christian serves as the ideal candidate for this recognition," said Shelli Williams, IOM, ICEA president. "He goes above-and-beyond with a willingness to help peers succeed. Peers across Indiana have great respect for what Christian brings to the profession."

Maslowski, who said he was "beyond flattered and surprised", did not even know he was up for the award until attending a recent ICEA conference held in Indianapolis. "I give gratitude to my board of directors and staff team."

As president and CEO, Maslowski focuses on community relationships and public policy efforts. In late 2016, the Greater Greenwood Chamber forged a relationship with Business Ownership Initiative of Indiana (BOI). The BOI offers free business coaching and micro-lending, business workshops and online business courses. "They come alongside you and make sure you're accessible," Maslowski said.

Maslowski said he has seen more diversity, an expansion of small businesses and a growing caliber of talent joining the chamber. In addition, he gives credit to his local chamber team's innovation, drive and success. "They put members first and they support me," he said.

On July 26, a fun event the chamber is hosting is the annual Chamber Golf Classic, which includes meals, games and prizes (greenwoodchamber.com). Maslowski is married to Michelle, an attorney for Ogletree Deakins in Indianapolis. Christian and Michelle have two daughters: Gabriella, 6 and Ainsley, 7 months.



Tell me a story...

A local doctor hopes to pass on a family tradition with the publication of his latest book By Jeremy Dunn

There will always be a place for gifted storytellers. Whether it be a long-time folktale, an enchanting story from Walt Disney or Jimmy Buffett selling out venues singing his tropical tales, people gravitate to those gifted yarns that pull at our heartstrings and inspire our imaginations. While he'd love for the end game to include a visit to "Margaritaville", local physician Bill Buffie hopes his latest book, *The Blue Ape*, brings families and students together to enjoy the long-lost art of storytelling.

5 Questions with Bill Buffie

What would you consider your greatest accomplishment so far?

Jo Ellen and I have raised four wonderful children and we are proud of instilling in them a love of travel and an appreciation for our local and globally diversity.

What is your favorite book?

Where the Red Fern Grows by Wilson Rawls. Have lots of tissues handy when you read it with your kids.

If you could only listen to one album for the next year, what would you select?

All Green's "I'm Still in Love with You."

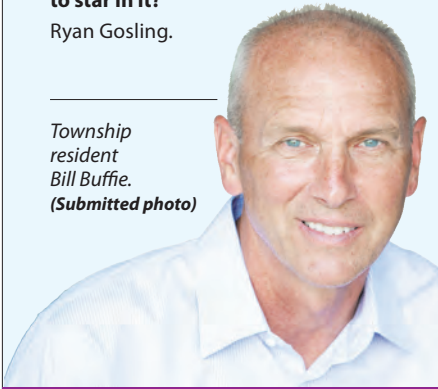
What is the best advice you've ever received?

Embrace Mahatma Gandhi's philosophy: "Be the change you wish to see in the world."

If a movie was made for *The Blue Ape*, who would you want to star in it?

Ryan Gosling.

Township resident
Bill Buffie.
(Submitted photo)

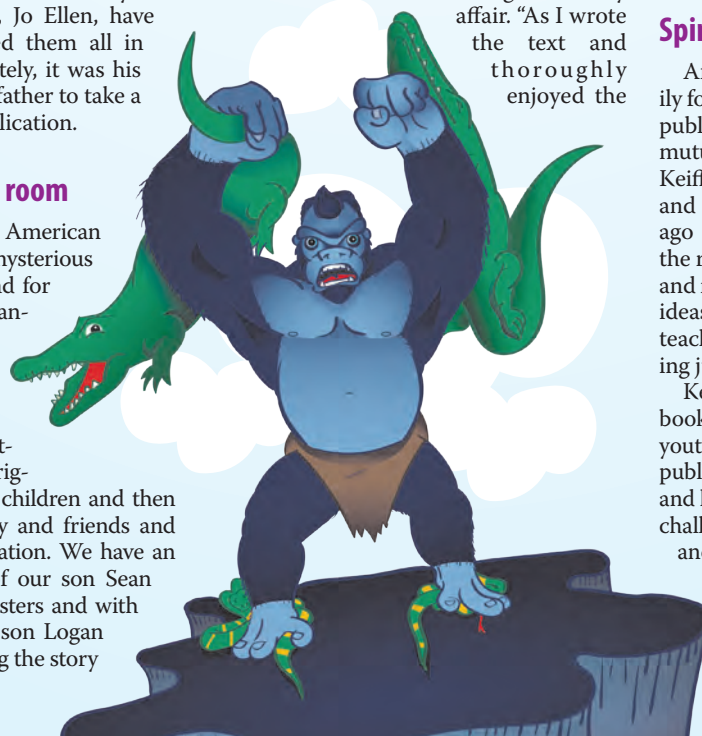


Writing is nothing new for Buffie, who has two non-fiction published works to his name. This will be his first endeavor with authoring an illustrated children's book. After attending Northwestern University on a baseball scholarship, he moved to Indianapolis in 1981 and found a home with the Indiana Internal Medicine Consultants (IIMC) as an internist/hospitalist at Franciscan Health for 34 years, also serving as the CEO of the IIMC for 19 years. Dr. Buffie and his wife, Jo Ellen, have four children and raised them all in Perry Township. Ultimately, it was his son Sean who urged his father to take a family tradition into publication.

The giant ape in the room

While the original American folktale regarding a mysterious blue ape has been around for generations, the Buffies cannot pinpoint when exactly it entered their lives. Dr. Buffie shared, "Since the 1980s, we have enjoyed countless iterations of this tale as originally told by me to our children and then collectively to our family and friends and now into the next generation. We have an old cassette recording of our son Sean telling the story to his sisters and with the next generation, his son Logan emphatically embellishing the story to his brother, Max."

Capturing the true heart of storytelling, *The Blue Ape* folktale thrives on its presentation. Hooking its audience with mounting suspense and misdirection, the saga is best told by acting it out and embracing the sounds, senses and excitement it holds. With the family's ever-evolving theatrical interpretations and love for the tale, the southside author found the transition to text to be a lot of fun and enjoyed making it a family affair. "As I wrote the text and thoroughly enjoyed the



editing process with input from all of our family as well as tweaking the illustrations as created by my son-in-law Joel, I also was moved to write the accompanying *Blue Ape Rap*," Buffie said. "I've written quite a few raps over the years for special family events and with *Hamilton* taking the country and Broadway community by storm, one may recognize the influence of this musical genre in the cadence of rap."

Spinning the yarn

After crafting a draft of the beloved family folktale, Dr. Buffie shared his vision with publisher Patricia Keiffner. He recalled, "A mutual acquaintance introduced me to Pat Keiffner, publisher of IBJ Book Publishing and I pitched the idea to her 17 months ago with early text, sketches by Joel and the rap. Her enthusiastic support validated and motivated us as we explored additional ideas on how to make the book useful for teachers and classrooms, in addition to being just plain fun for our young readers."

Keiffner immediately recognized the book's potential, citing, "With so many youth books on the market, we choose to publish those that are multidimensional and highly creative. *The Blue Ape* meets this challenge with dynamic impactful artwork and a theme boldly conveyed through suspenseful storytelling and a clever

Tell me a story... continued on page 5.



Billy serves as the curious young hero of *The Blue Ape*. The story masterfully shares his adventure while building suspense and using classic misdirection to keep readers guessing until the very end. (Submitted photo)

Buffie's son-in-law, Joel Dale, helped create the colorful illustrations that have been a powerful addition to *The Blue Ape's* appeal. (Submitted photo)



Tell me a story... continued from page 4.

rap. Kids, parents and teachers will benefit from *The Blue Ape's* educational elements, including teachable concepts, mindful exploration through feelings and emotions and a glossary of strong vocabulary."

Taking it to the classroom

With the encouragement from his publisher, Buffie was eager to share his latest adventure with another group of people close to his family's heart... educators. Aside from graduating four children through Perry Township, Jo Ellen spent eight years serving on the district's school board as well as originating and chairing the Perry Cultural Festival for five years. She still actively volunteers in her grandchildren's elementary classrooms while taking on her new role as president of the Baxter YMCA Board. The first-time children's book author explained, "We've met with a number of Perry Township respected educators and were humbled by their tremendous enthusiasm for many ways in which *The Blue Ape* may be utilized in the classroom for kids of all ages. They see it as being well-suited as a mentor text that can incorporate the many state teaching standards to which their lesson plans must adhere – lessons on vocabulary, grammar, reading inflection, creative writing with different genres, graphic design and the art of illustrating, just to name a few."

The feedback has been nothing short of impressive, as many are excited to implement *The Blue Ape* into their own classrooms. Former Teacher of the Year, Douglas MacArthur 5th grade teacher Nicole Swisher said, "*The Blue Ape* brings the pastime of storytelling into the 21st century with wonderful, real-world lessons and connections. Any age will enjoy this fun and relevant story." Veteran teacher and kindergarten

master teacher, Mita Sanghvi echoes the praise. "The Blue Ape is a fun and exciting book for all ages," Sanghvi said. "The plot had me guessing what would happen to the character Billy until the very end. I would definitely recommend this book to teachers and families!" Perry Township Schools Assistant Superintendent Vickie Carpenter agreed the book would be beneficial in the classroom. "It is an engaging heart-pounding story," she said. "Our students would certainly enjoy it. The illustrations brought the story to life!"

Unleashing the ape

With the book's website preparing to accept pre-orders, Dr. Buffie is hoping that his family's beloved folktale resonates with others like it has for his own household. "For children and their families, we hope they will have as much fun as we have had snuggling close as emphatic sound effects and a breadth of emotions build toward the surprise climax of the story. But we also hope that through *The Learning Corner* questions, there is an opportunity to open up some important conversations that lead one to embrace the take away lesson to not prejudge others. And through the *Blue Ape Glossary* and the *Rap*, we expand their vocabulary and encourage their own creativity."

When asked how his grandchildren reacted to their special story being shared with a mass audience, Buffie beamed. "Our grandchildren are so excited for us to read the book in their classrooms with their friends and teachers!"

With a little luck, this beautifully-crafted tale might inspire the next generation of Walt Disneys and Jimmy Buffetts to script their own imaginative tales, sparking a rejuvenation in the art of storytelling. And who doesn't love a good story?"

For more information and to order a book, check out blueapebook.com or email, blueapebook@gmail.com.

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It's Golden is a special section, published by *The Southside Times* each quarter to highlight issues of relevance to our senior citizen population. Geared toward those who live a healthy, active lifestyle at an older age, It's Golden provides tips and resources relevant to Southside residents.

Beech Grove Meadows to receive 2018 national award for quality care

By Eunice Trotter

Beech Grove Meadows will be recognized with the 2018 Bronze - Commitment to Quality Award, which is given to honor senior health communities dedicated to quality care of residents.



The *Bronze - Commitment to Quality Award* comes from the American Health Care Association and National Center for Assisted Living (AHCA/NCAL) as part of their National Quality Award Program.

Of the 26 communities in Indiana to receive the 2018 recognition, 10 including Beech Grove Meadows, are operated by American Senior Communities. Beech Grove Meadows is located at 2002 Albany St. in Beech Grove.

The award is the first of three distinctions possible through the AHCA/NCAL National Quality Award Program, which honors long-term and post-acute care providers that have demonstrated commitment to improving quality of care for

seniors and persons with disabilities.

"This year's Bronze Award recipients are leading the way for others in the profession in pursuing quality care," said AHCA/NCAL National Quality Award Board of Overseers Chair Alana Wolfe. "I commend them on this accomplishment and challenge them to continue making progress in quality improvement."

The association will announce the 2018 Silver - Achievement in Quality and Gold - Excellence in Quality Award recipients in the coming weeks. Nursing communities will be honored during AHCA/NCAL's 69th Annual Convention and Exposition, October 7-10, 2018 in San Diego.

American Senior Communities operates senior health and living communities throughout Indiana and in Louisville. Living options and services include Independent Living and Wellness, Assisted Living, Rehabilitation, Alzheimer's & Memory Care and Skilled Nursing Care.

For more information about Beech Grove Meadows, please visit the website at ASCCare.com.



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Forest Creek offers a variety of entertainment

By Peggy Bryson

Forest Creek Commons is a full-service senior living community offering independent and assisted living residences, as well as rehabilitation services and respite/short stays for those with specialized needs. Our elegant accommodations and beautifully landscaped grounds provide a comfortable setting for active seniors and those requiring friendly assistance with daily tasks.



Residents enjoy a variety of events and activities throughout the year, from outdoor excursions to live in-house entertainment. Our community provides restaurant-style all day dining, exercise classes, transportation, wireless Internet, a highly skilled 24-hour staff, a beauty salon, library, housekeeping and laundry.

Forest Creek Commons is conveniently located off I-465, close to restaurants, theaters, medical facilities and churches.

Watch for our name change from Forest Creek Commons to 5 Residence of Banta Point Aug. 1. We are now a fully licensed community.

Golden Living Centers - Indianapolis

By Amy Harris

Golden Living Centers – Indianapolis has hired me, Amy Harris, as their Director of Business Development. I would like to take a moment to let you know how excited I am to be part of the senior community! I am always looking for ways to keep seniors active, healthy and safe. In doing so, I thought about how I can create a program that would be beneficial, so I came up with our Senior Golden Club!

I know that food is a crowd pleaser, so with your membership you are entitled to free meals. One is a meal with an informational session that talks about what's important to seniors. You can pick up your other free meal anytime. Food is important in keeping you healthy. We at Golden Living

Centers – Indianapolis want to make sure that even at home you are healthy. Knowing that sometimes we have bad days, I would be more than happy to bring a meal to your home if you aren't feeling well.

We're also hosting a free raffle. While getting a wellness check, you can register to win a gift basket. We have many activities, including bingo, exercise and live music you can be part of. You will be in the know with all the community events, fundraising efforts and more with your Senior Golden Club membership.

To register for your membership card or request more information, come to the building at 2860 Churchman Ave., Indianapolis. Or you can call (317) 797-3451. The Golden Living Family and I look forward to meeting you and getting to know you!

Come on in and get your card so you can be part of something fun and exciting!

AROUND TOWN

IndyGo bus pass allows veterans to ride free

Military – Indianapolis Mayor Joe Hogsett, IndyGo, members of the city-county council and veterans advocacy groups have launched a free bus pass program for Indianapolis veterans, part of continued efforts to improve access to and availability of services for residents that have sacrificed for our county. The program's launch follows the recent passage

of Proposal 286, introduced by City-County Councilor Scott Kreider and City-County Council President Vop Osili. The free fare program provides unlimited access to IndyGo's fixed route bus network. Initial cards are \$2 and replacement cards cost \$5. Veterans can complete the enrollment process at the Julia Carson Transit Center's customer service desk on weekdays from 8 a.m. – 6 p.m. and Saturdays from 9 a.m. – noon. The address is 201 E. Washington St.

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Hellenic Senior Living helps seniors maintain independence

By Hannah Woodard

Hellenic Senior Living of Indianapolis is a new assisted living community that will help low-income seniors maintain their independence. The center will also be providing older adults with a wonderful alternative to a nursing home or struggling alone at home.

The community will combine residential apartment-home living with the availability of personal assistance, help with medications and a variety of convenience and support services, such as meals, housekeeping, laundry and on-site physical therapy.

Residents will live in private apartments that they will furnish and decorate

to their tastes. Each of the apartments will feature a kitchenette, spacious bathroom with shower and grab bars, individually controlled heating and air conditioning and an emergency alert system.

In addition, Hellenic Senior Living offers several areas for residents to enjoy, including an activity room, beauty salon/barber shop, convenience store, fitness room, library, TV lounges and a theater room.

Certified nursing assistants, working under the direction of a licensed nurse, will be on-duty 24 hours a day, seven days a week.

Individuals interested in reserving apartments at Hellenic Senior Living of Indianapolis should call (317) 885-4446.

For more information about the community, visit hellenicseiorliving-indianapolis.com or Facebook at [hellenicseiorlivingindianapolis](https://www.facebook.com/hellenicseiorlivingindianapolis).

AROUND TOWN

Dillman named Golden Hoosier

Awards – Steve Dillman, a retired firefighter from Greenwood, was recently presented a Golden Hoosier Award for his service and commitment to the community. Golden Hoosier Awards recognize outstanding Hoosiers for their lifetime of service to their communities and is the highest honor bestowed on those in Indiana who are at least 65 years old. A retired Indianapolis Fire Department firefighter, Dillman has served as a board member of the White River Township Fire Protection District and as a cancer mentor at Franciscan St. Francis Health. As a cancer mentor, he works as a trainer for the Firefight-



er Cancer Support Network, which provides cancer awareness, prevention and treatment support for firefighters worldwide. Pictured with Dillman is Lt. Gov. Suzanne Crouch.

Yoga great way for seniors to feel better physically and mentally

By Eunice Trotter
American Senior Communities

After taking yoga for a few months, Jim Burnett is now leaving his cane at home. Mr. Burnett believes yoga has helped him become able to do things he hasn't done in years. He's now more flexible, with fewer aches and pains. He feels good. "I'm now riding my bicycle," said the soon-to-be 67-year-old. "If I had not taken yoga, I know I wouldn't be riding my bicycle."

American Senior Communities offers yoga at most of its locations as one of the many ways to help seniors become and stay fit. Yoga is adaptable to people with a variety of physical abilities and needs, said Glenda Rowe, guest relations and activities director at an American Senior Communities location.

Is yoga for everyone?

Many people feel that you must be flexible and able to get into difficult poses to do yoga. That's not true. Yoga is for everyone," said Jessie Friskney, who teaches yoga at American Senior Communities locations.

How is yoga adaptable to people with physical limitations?

There are several kinds of yoga. The yoga you try depends on your fitness

level. For example, some communities offer chair yoga, a form practiced while seated. Many of the class members are in wheelchairs or use walkers.

What are the benefits?

Friskney said in addition to physical benefits, yoga is good for seniors with dementia or other memory illnesses. "You can just see the transformation as they close their eyes and breath. Yoga is most importantly about breathing," said Friskney. "It's amazing how quickly the mind can calm when you breathe with awareness and focus."

Some residents report they sleep better and feel better after taking classes for just a short time, Friskney said. "It's amazing the difference you see in them physically and mentally."

Friskney said she sees their range of motion improve. "They're able to reach and stretch. Posture improves. Yoga helps with osteoporosis and arthritis. Some of the pain associated with those things can be lessened."

There's a style of yoga that fits every person, said Friskney. "Yoga can make a big difference in your health and mental well being in a short amount of time."

American Senior Communities has locations statewide. While every community does not offer yoga, they all offer exercise and fitness programs, some of which are open to the public. To learn more, contact the community near you at ASCCare.com.



Caring people make the difference



When you walk into American Senior Communities, the difference is clear: There is a passion our people bring to their work that you simply won't find in any other senior healthcare community. When someone chooses to live in one of our communities, we become an extension of their family.

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American Senior Communities

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UNIVERSITY HEIGHTS HEALTH & LIVING (INDIANAPOLIS/GREENWOOD)



CarDon's Southside senior living communities sponsor two exciting concert series this summer

By Whitney Coles

It's time to break out your blankets and lawn chairs! Altenheim; Aspen Trace; Greenwood Health and Living Community; and University Heights Health and Living Community are proud to associate sponsors of two exciting outdoor concert series this summer — the **Ray Skillman Summer Concert Series** at the Greenwood Park Mall and the **Hubler Automotive Group Picnic Concert Series** at Mallow Run Winery.

The Ray Skillman Summer Concert Series features live music every Thursday night now through July 26 in the Lifestyle Center by the Greenwood Park Mall's outdoor fountain. This series is free and open to the public. Performers include local country favorites, dueling piano players, a Beatles tribute band and more!

Go to visitindy.com for more info.

The Hubler Automotive Group Picnic Concert Series features shows every Saturday night and Sunday afternoon now through September 23. You can kick back, have a glass of wine and enjoy live music on the Mallow Run Winery patio and lawn. Performers range from original artists to tribute bands that will deliver all the oldies but goodies from the Beach Boys, the Beatles, Journey, John Denver, John Mellencamp and Tom Petty, to name a few. Go to mallowrun.com for more info and pick up tickets in advance at any one of CarDon's southside locations.

"We are thrilled to sponsor these events and offer our residents and their families something fun to do this summer," said Jen Barnhart, CarDon's regional director of marketing. "These concert series provide wonderful entertainment for people of all ages."



AROUND TOWN

Franciscan Senior Promise offers free classes

Free classes – Franciscan Senior Promise, one of the largest senior community outreach programs in central Indiana, has several August classes, most of which are free and open to the public. All classes are held at the Senior Promise complex, 8778 Madison Ave., just north of the Greenwood Park Mall. The events are free but registration is required because of limited space. For more information or to register, call (317) 528-8277.

Beech Grove Senior Center's Raffle Drawing

Raffle – A raffle drawing will be held to win a basket crammed full of "goodies" for grilling and topped off with a \$50 VISA gift card. The raffle tickets are \$5 each or three for \$10. You can view the basket or purchase tickets at 602 Main St., Beech Grove, Monday through Friday from 8 a.m. – 4 p.m. The drawing will be held July 30 and the winner will be notified. For more information, call Marlene, Vice President of Beech Grove Senior Citizens, at (317) 459-9029.

Zillow vs MIBOR for online real estate searches

REAL ESTATE

By Dawn Whalen, Whalen Realty Group

One of the first things people do when beginning their real estate search is browsing one of a few popular websites or apps such as Zillow or Trulia; however, despite the marketing power behind these sites, they don't offer as large of a property database as MIBOR.com. While Zillow, which owns Trulia, does a good job offering information about neighborhoods, past sale prices and tax information, potential buyers are not seeing all available housing inventory.

Zillow's shortfalls

Zillow's interface is fairly simple to navigate but potential buyers should be cautious of listings categorized as "Make Me Move" or "For Sale by Owner" as these sellers usually want to manage the transaction themselves without getting a real estate agent involved. Buyers wishing to use their realtor for these listings could find themselves being told they'll pay a higher price to offset the realtor's professional fees or ask the buyer to pay all fees. Zillow also doesn't update changes to its inventory instantly, which means a home could be sold or pending but it's not shown as such on the site. There are instances where a brokerage as a whole, or maybe an individual agent chooses not to let their listings be syndicated to Zillow, so a buyer may not see all available properties. Additionally, foreclosed homes could show as available, when in fact they're months from being on the market.

What MIBOR offers

Properties listed on MIBOR's website all have an MLS number and are using a real estate agent as part of the transaction, which offers each side of the transaction a level of security and professionalism for obtaining the best outcome. By searching properties with an active MLS, a potential buyer is seeing all available homes in their market, except some of those for sale by owner.

Agent-generated searches

When a buyer and realtor set criteria for the desired type of property, the agent can generate an online search that pulls from MLS properties, including those that have only been on the market for a few minutes. These searches show listings currently available and not anything under contract. Licensed realtors also can receive notifications the second a home is added to the database, which can give a buyer a head start for a showing.

When the time comes to begin a home search it's easy to be drawn toward mega sites and apps such as Zillow and Trulia but to find the most accurate information and a larger database consider asking a realtor for a search or use MIBOR's app and website. Real estate agents have their client's best interests in mind and these searches offer the best results as well as the support of trusted, licensed agents.



Dawn Whalen is owner of Whalen Realty Group, and has worked in commercial and residential real estate for more than 10 years. She's a licensed realtor, broker and is a member of MIBOR.

SHOP LOCAL!



EVENT

Greater Beech Grove Chamber of Commerce
11th Annual Golf Outing Sponsors



Hole Sponsors

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EVENT

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Over 40 Vendors!

- Duck Race (\$5 entry fee all ages)
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Deadline is Tuesday by noon for print on Thursday of each week.

FROM THE EDITOR

Local man's tragedy pays off in the end

A week ago, Brandon McCowan of Indianapolis met a girl at a video game event. McCowan, a 19-year-old college student who was home for summer break, is studying ministry in Kenosha, Wisconsin. The girl recognized McCowan's kind, helpful nature and decided to take advantage of him. The two spoke over social media. She told him she needed help and he agreed to meet her at Hendricks Park near the southside of Indianapolis.

After they were talking for about 10 minutes, McCowan was jumped by two men who then began viciously beating him, leaving him with a broken nose, severe bruising and a concussion. He was in fear for his life and played dead so that the men would leave. The men then stole his car, phone and wallet.

McCowan has been recovering from his injuries at a hospital. In the meantime, a GoFundMe account was started so that he could have transportation to return to school next month. The goal was to raise \$4,000. As of yesterday, more than \$9,000 had been raised, more than double what was needed. A message on the GoFundMe account for McCowan stated:

We are so overwhelmed and full of gratitude for all of the kind words and donations from friends, family, and complete strangers. Our family is in awe of the support from the community. We were not expecting to have his first goal met, and are hoping that the generous donations will be able to provide Brandon with safe transportation to drive 300+ miles back to college when the next school semester begins. Thank you all!

A blessing and happy ending for an initially tragic story.

The Southside Times welcomes letters to the editor in good taste.

All submissions are subject to editing. Please send to news@ss-times.com.

All letters must be signed. Please include a daytime phone number for verification purposes only.



STARS & STRIKES ON THE SOUTHSIDE

The Southside Times is all about people and our community. What do you like in your neighborhood? What don't you like? Who has done something nice, no

matter how small, and should be recognized? Email your "Stars and Strikes" to news@ss-times.com.

★ **Stars:** to local back-to-school events that save families money. Don't miss Kids and Families Back to School Family Day on July 29 at the Marion County Public Health Department at 3838 N. Rural St., Indianapolis. Free school supplies, health screenings, sports physicals and immunizations.

★ **Stars:** to the Friends of JCPL's book sale next Thursday, 7/26 through Saturday, July 28 at the White River Branch. Find some great deals on books, CDs, DVDs, audiobooks and more.



★ **Stars:** to the free outdoor summer concerts, including Greenwood's summer concert series at the Amphitheater on Saturdays and Greenwood Park Mall's concerts held on Thursdays.

★ **Stars:** to the annual Alex's Lemonade Stand, hosted by Meridian Title Corporation, to help fight childhood cancer. Lemonade, hot dogs and chips will be sold on July 27.

★ **Stars:** to Johnson Country Fair. There's only a few more days left to enjoy your favorite fair food, rides, animals and contests so make sure you stop by!

QUOTE OF THE WEEK

*"Only I can change my life.
No one can do it for me."*

– Carol Burnett

HUMOR



TOP 10 REASONS THAT "PETS WELCOME" POLICY WASN'T MEANT FOR YOU

By Torry Stiles

10. No one is willing to help you find your lost tarantula nor are any of them going back into the salesroom until you catch it.
9. Richard in accounting told you he was deathly allergic to dogs. Services are Tuesday.
8. The phrase "... and the horse you rode in on," was never meant to be taken literally.
7. The folks in the IT department wish to discuss your interpretation of "chew toy." That Labradoodle of yours chomped through most of the printer access and Mr. Peterson's fax machine.
6. The company has had this pet policy in effect for 10 years. This is the first time anyone assumed it included barnyard animals.
5. Mr. Fluffy let it out in Marsha's "in" basket.
4. You drive a semi. Goldfish don't do well in the cab of a semi.
3. I think you have it backwards. Your dog is the one we want to be sure has had his shots - not the folks he bit.
2. Everyone just assumed you called him "Foamy" as a joke.
1. Mister Scales may be friendly but he is still a boa constrictor.



BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each week, we'll share one with you ...

In Utah, it is illegal not to drink milk.

Source: dumblaws.com

FOUND TOWN



Junior Achievement seeks nominations for annual event

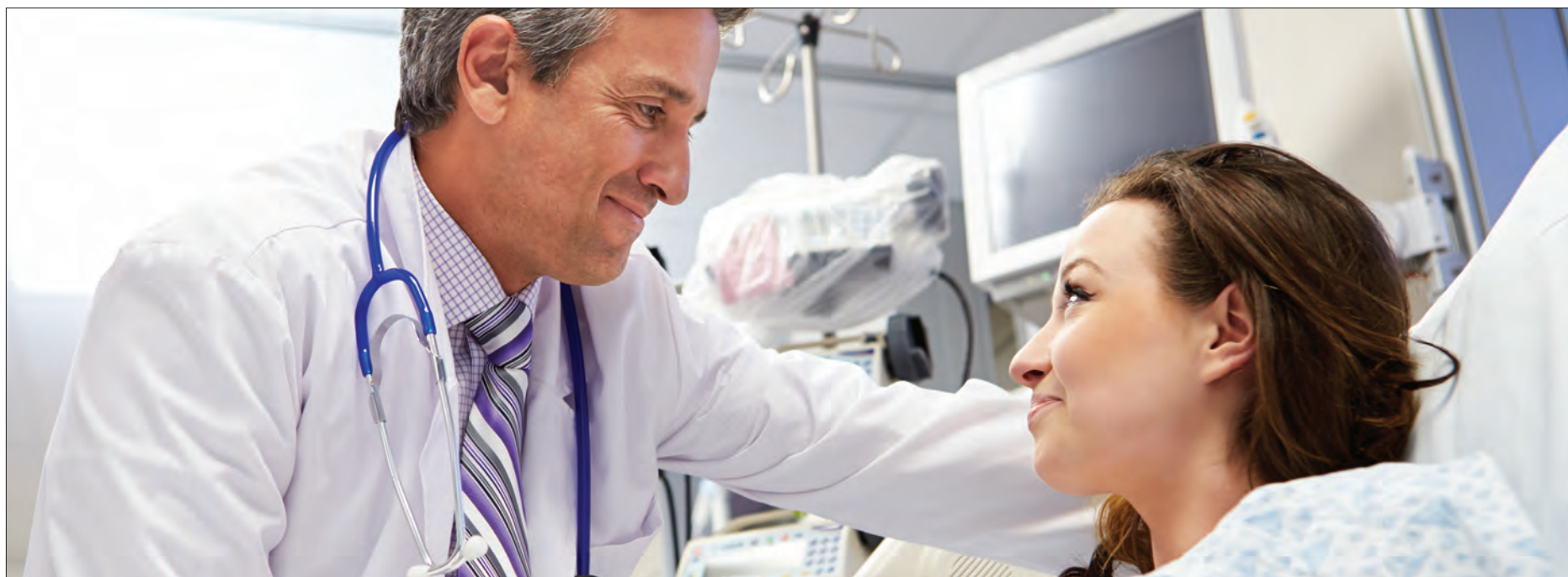
Recognition – Junior Achievement of Central Indiana is seeking nominations for their 15th annual Indy’s Best and Brightest event, presented by KPMG LLP. The event honors 100 of central Indiana’s most outstanding young professionals, age 40 and under. The Best and Brightest event was created by Junior Achievement to recognize young professionals who positively affect the Indianapolis workplace and community. Finalists

in each category are judged on professional accomplishments, civic contributions, character and leadership qualities. Please visit indysbestandbrightest.org to nominate a candidate for one of the 10 categories described. Please contact Jennifer Penix at (317) 252-5900 x10 or Jenn@jaindy.org with any questions.

Greenwood Chamber earns marketing award

Awards – The Greater Greenwood Chamber was awarded a 2018 Excellence in Communications Award from the Indiana Chamber Executives Association (ICEA). The Chamber won the award for its “Unexpected Opportunities” messaging campaign. The goal of the campaign was to communicate the value of belong to and engaging with the Chamber within the Greater Greenwood community. This campaign topic was introduced in Feb-

ruary via the Chamber’s 2017 Community Guide cover letter, mailed to each member. The message was then fully developed and delivered via a video shown to 300 business and community leaders at the April 2017 Annual Chamber Celebration, as well as shared via the Chamber’s social media channels. Lastly, the campaign ran a series of digital flips on a billboard in Greenwood, located on Interstate 65 in an industrial area primed for development. This is the sixth consecutive year the Greater Greenwood Chamber received an Excellence in Communications Award from ICEA.



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StVincentNeighborhoodHospital.org



NIGHT & DAY LOCAL ENTERTAINMENT ENTERTAINING

CALENDAR OF EVENTS

BEECH GROVE

Community Pancake Breakfast • Hosted by Faith Assembly of God Women's Ministries; includes three pancakes, two slices of bacon and choice of coffee, juice or milk for \$5.00. | When: July 21, 8 – 11 a.m. | Where: Faith Assembly of God, 186 Royal Road, Beech Grove. | Info: (317) 784-8566.

Music on Main • Music on Main is quickly becoming a premiere music event in Beech Grove.. | When: Aug. 4, 2 – 9 p.m. | Where: Main Street in Beech Grove. | Info: (317) 800-8499; beechgrovechamber.org; info@beechgrovechamber.org.

FRANKLIN

Authors at JCPL Present Thriller Writer Linwood Barclay • Johnson Country Public Library welcomes Linwood Barclay as the next author in the 2018 Authors at JCPL series.S. | When: July 27, 7 p.m. | Where: Custer Theatre (in Old Main) on the campus of Franklin College | Info: free registration pageafterpage.org/authors.

GARFIELD PARK

My Little Chickadee • Film historian Eric Grayson will screen the famous Mae West and W.C. Fields film, My Little Chickadee.. Admission is \$5; concessions cost \$1. Family-friendly and free parking. | When: July 21, 8 p.m. | Where: Garfield Park Arts Center, 2432 Conservatory Dr. | Info: gpcarts.org; (317) 327-7135.

GREENWOOD

Acoustic Catfish Live at Vino Villa • Featuring a live music performance. | When: July 19, 6 – 8 p.m. | Vino Villa, 200 N. Madison Ave. | Info: (317) 771-2814.

10th Annual Ray Skillman Summer Concert Series: Meet the Beatles Tribute Band • Fans of the Beatles will love this band. Free admission. | When: July 19, 6:30 p.m. | Greenwood Park Mall, near the outdoor fountain on the mall's north side, Greenwood. | Info: shopgreenwoodparkmall.com.

Greenwood Rock 'N Chow: Bro Slaw & Beach Bum BBQ Food Truck! • Join us in our Greenwood tap room every Thursday for live, local, and original music, as well as local grub. When: July 19, 7 – 9 p.m. | Where: MashCraft, 1140 N. State Road 135, Greenwood. | Info: Emily Ellis at (317) 215-4578; mashcraft.com/event/greenwood.

Greenwood Summer Concert Series: The Big 80s • Enjoy live performances spanning a variety of musical genres. | When: July 21, 7 p.m. | Where: Greenwood Amphitheater in Craig Park, 300 S. Washington St. | Info: (317) 881-4545.

Annual Greenwood Chamber Golf Classic. Breakfast, lunch and dinner will be provided in addition to a fun-filled day with games, prizes and camaraderie. | When: July 26, 6:30 a.m. – 6 p.m. | Where: Dye's Walk Country Club, 2080 S. State Road 135. | Info: (317) 885-3880; greenwoodchamber.com.

Annual Alex's Lemonade Stand • Meridian Title Corporation will become lemonade vendors. The business will host Alex's Lemonade Stand to fight childhood cancer one up at a time. Hot dogs and chips will be served. | When: July 27, 11 a.m. – 2 p.m. | Where: 1675 W. Smith Valley Road, Ste. E4. | Info: alexslemonade.org/mypage/14622952.

Greenwood's Got Talent Variety Show and Buffet Dinner • A variety show and buffet dinner. When: July 28; dinner is at 6 p.m. and the show is at 7 p.m. | Where: Greenwood United Methodist Church, 525 North Madison Ave. | Info: (317) 881-1653 until 1 p.m. daily or leave a message; GreenwoodUMC.org.

Quilt Connection Guild • The members will be working on projects and activities in preparation for the September quilt show. | When: Aug. 2, 7 – 9 p.m. | Where: Greenwood United Methodist Church, 525 N. Madison Ave. | Info: quiltcg.com

Indiana Elite Baseball tryouts • Tryouts for 2019 for youth for Indiana Elite Baseball, age 8 – 17. When: Friday, Aug. 3 – Sunday, Aug. 5 | Where: Smith Valley Community Center, 5157 Old Smith Valley Road & Center Grove High School, 2717 S. Morgantown Road. | Info: Jeff Amodeo at jlamodeo@gmail.com.

INDIANAPOLIS

Oliver! The Musical • *Oliver!* is a family-friendly show. The Tony and Olivier Award-winning musical won an Academy Award for Best Picture. | When: Friday and Saturday nights, July 20 and 21 at 7:30 p.m., with an additional showing on July 22 (Sunday) at 3:30 p.m. | Where: McGowan Hall, 1305 N. Delaware St. | Info: (317) 983-1965; agapeshows.org.

Quilters Guild of Indianapolis • Southside satellite meeting. Carol Stahlhut of McCordsville, will speak on the spring market in Houston's latest quilting trends, tools and fabrics available in stores in September. | When: July 26, noon. | Where: Friends United Church of Christ, 8300 S. Meridian St. | Info: quiltguildindy.net.

Meet the Beatles – A Tribute to the Beatles • From Ed Sullivan to Abbey Road and Celebrating the 50th Anniversary of "The White Album". | When: July 28, 7 p.m. | Where: Irving Theater, 5505 E. Washington St., Indianapolis. | Info: (317) 356-3355; markgasperpresents.com.



1. Matthew and Amanda Wright of Greenwood had a great time hanging out with their kids, Elijah, 9 and Emma, 4. 2. Kacey Barkdull of Greenwood and her son Max, 1, both enjoyed the evening. 3. The annual Summer Concert Series at Greenwood's Amphitheater draws 1,500 - 3,000 residents and visitors. (Photos by Bill Harter)

Free live music at Greenwood Summer Concert Series

By Nancy Price

Nearly every Saturday evening between June and September, between 1,500 and 3,000 Greenwood-area residents and visitors attend the annual Summer Concert series held at the Greenwood Amphitheater in Craig Park. They bring lawn chairs, blankets and snack-filled coolers to enjoy a live, free concert from local bands playing a variety of music.

Last Saturday, the crowd was treated to Greenwood-based band, Tastes Like Chicken, which plays rock, pop, R&B and disco.

"We try and get a variety of music to reach all types of listeners," said Nick Schwab, special event coordinator for Greenwood Parks & Recreation. "We have free entertainment that all ages can enjoy."

Attendees sway and twirl around in front of the stage with their significant others, friends and family.

The concerts have been around for

12 years and include local food and drink vendors. "Oaken Barrel and Mallow Run are great partners of the event," Schwab said. "Each drink we sell at the event a percentage of that goes back to support the concert series."

This year's title partner of the event is Century 21 Scheetz. This Saturday, July 19, the Amphitheater will host Indianapolis-based band, The Big 80s. Get ready to take a venture back in time to the big hair, big lights, big sound and music from the 80s.

All concerts begin at 7 p.m. Coolers are allowed into the Amphitheater but must enter through the designated gate located at the top of the Amphitheater stairs, be single-handed and no more than 20 inches in length. Outside alcohol and anything in a glass container is strictly prohibited and subject to confiscation upon inspection.

For more information, please visit greenwood.in.gov or call (317) 881-4545.



★★★★☆ • PG • Animation, Comedy, Family • 1 hour, 37 minutes

Steve Buscemi, Fran Drescher, Adam Sandler, David Spade, Kevin James, Molly Shannon, Genndy Tartakovsky, Keegan-Michael Key, Selena Gomez, and Andy Samberg in *Hotel Transylvania 3: Summer Vacation*. © 2018 ctmg, inc. All rights reserved. All images are property of sony pictures entertainment inc. For promotional use only.)

Hotel Transylvania 3: Summer Vacation

A big swing and a miss

MOVIE REVIEW

By Adam Staten

If one were to put a theme on this summer's box office, it would be "sequels and superhero/action films". Odds are pretty good that if you're venturing out to the theater, you're seeing either one or the other. Honestly, why not? Sequels and superhero films help lessen the uncertainty on our part, helping to ensure we aren't just throwing our money away on something we won't enjoy. We have a fairly good idea of what we're getting into with *The Incredibles 2* and *Deadpool 2*. This past weekend saw the release of what else? A sequel.

Hotel Transylvania 3: Summer Vacation, the third of the animated films featuring some of most notorious and infamous creepy creatures, brings back the entire gang. This time, Mavis (voiced by Selena Gomez), feels her and father, Dracula (voiced by Adam Sandler) are beginning to drift apart and thinks a vacation could be just the thing to strengthen their relationship. However, little does Mavis know, Dracula is feeling a tad lonely and begins browsing Tinder, which ends with disastrous results.

Taking care of all the arrangements, Mavis books a cruise for the entire gang. They soon set sail hoping for a trip filled with rest, relaxation and spending time with one another. As you can expect, their nice little vacation is anything but the restful, unevent-

ful time. Instead, Dracula falls head over of cape for the ship's cruise director. But here's the big twist: she's the great-granddaughter of Van Helsing, the famous vampire hunter. She's hoping to carry on his legacy and Dracula, too blinded by love at first bite, can't see her obvious devious plan. His total obliviousness to what the object of his infatuation is doing puts his and that of his friends and family in jeopardy.

If you've seen any of the two previous *Hotel Transylvania* films, you have a pretty good idea of what to expect with this one. And to be honest, that's exactly what you get. The film's terribly lazy writing ruins what is otherwise a somewhat clever and funny premise. The jokes are predictable, juvenile and are basically a PG-version of what you're likely to see in an average Sandler comedy. Some are mildly amusing, but most are likely to sail over the head of its intended audience.

The film has an absolutely all-star cast, but fails to use utilize their talents. Instead, Sandler and Gomez shine brightest while everyone else is relegated to small, bit parts.

Hotel Transylvania 3: Summer Vacation is a big swing and a miss. It's poorly written, unnecessary and unfunny.



Adam Staten lives in Perry Township and is a movie buff. Staten graduated from University of Southern Indiana with a degree in Communication Studies. He can be reached at adam.staten1@gmail.com

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Calendar continued from page 14.

Central Indiana Job Fair • Find your dream job at the Central Indiana Job Fair, hosted by Congressman Andre Carson in cooperation with Ivy Tech Community College. | When: Aug. 1, 9 a.m. – 3 p.m. | Where: 2820 N. Meridian St. | Info: (317) 283-6516; carson.house.gov.

Annual Daylily-Iris Sale • The Indiana Daylily-Iris Society invites you to attend their Annual Daylily-Iris Sale. | When: Aug. 18, 10 a.m. – 3 p.m. | Where: Sullivan Hardware & Garden, 6955 N. Keystone Ave. | Info: indianadaylilyirissociety.org; Indiana Daylily-Iris Society (IDIS).

Starfish Initiative's 15th Anniversary Gala • Enjoy food, starfish-themed drinks and live music from Henle & the Loops and more. | When: Aug. 30, 6 p.m. for cocktail reception and 7 p.m. for the celebration program. | Where: Indianapolis Public Library – Central Library, 40 E. St. Clair St. | Info: (317) 955-7912 or Starfish15.org.

SOUTHPORT

Kidney Talk • A support group for those living or caring for someone with kidney disease will present its fifth program of the 2018 series. | When: July 19, 2 – 3 p.m. | Where: Franciscan Senior Promise Office, 8778 Madison Ave., Ste. 200. | Info: Janice Steuri, MSW with Franciscan Health ACO at (317) 528-2006.



South 31 Veterinary Clinic

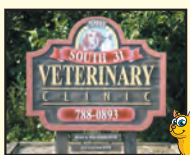
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 Sat, 8am-Noon



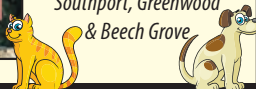
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Routine blood work important for your pet

DR. JEFF'S MEWSINGS

By Dr. Jeff Haney

Prevention is the key to a happy and healthy life for your pet. Diseases can usually be treated. But often you will not know there is a problem until things have progressed to the point where treatment is less effective and more expensive.

That is why routine examinations by the vet are so important. Your vet can often-times pick up minor signs of trouble that you would not regularly notice at home. A big part of a routine examination is a blood count and chemistry, even in a younger and apparently healthy pet.

In addition to being a good baseline for future testing, your vet can find early evi-

dence of disease. Many diseases will begin in younger pets. Some of them are low thyroid (hypothyroidism), Cushing's disease and diabetes. A blood count will also give evidence of infections, parasites and anemia.

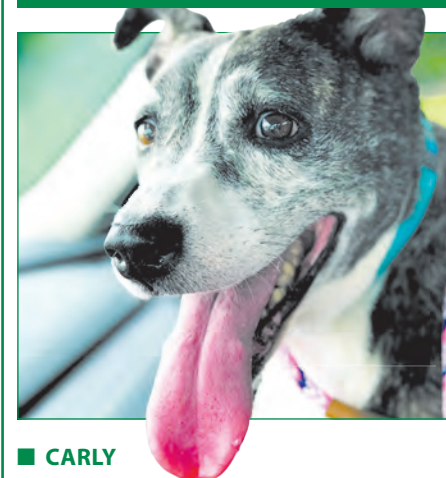
Some conditions, if caught early, can be managed with something as simple as a change of diet. If left untreated, permanent damage can sometimes occur.

So, please remember that an ounce of prevention is worth a pound of cure and have your pets examined and screening tests done.



Dr. Jeff Ambrous practices at South 31 Veterinary Clinic and can be reached at (317) 788-0893.

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Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

N
 N I R
 T A E S E
 A L A S K A T
 T B K R O Y W E N R A
 M P C I T Y M A R K E T E
 R O A E K A R B L G P P A
 N A U C C X L E A N E M D
 L E B N I T D R R O D I N
 A A W E T F Q I T R A A O
 I T I J L A I T N T L M H
 N S O R E D I C E S P I I
 I U Y O R N N C M K C
 A B O M S A O R Z
 H A T E E H A
 C R X M Y
 B U A
 D

6 Bicycle Parts _____

4 Real Housewives Locales _____

3 Japanese Cars Made in Indiana _____

5 U.S. Time Zones _____

2 IU Stadiums _____

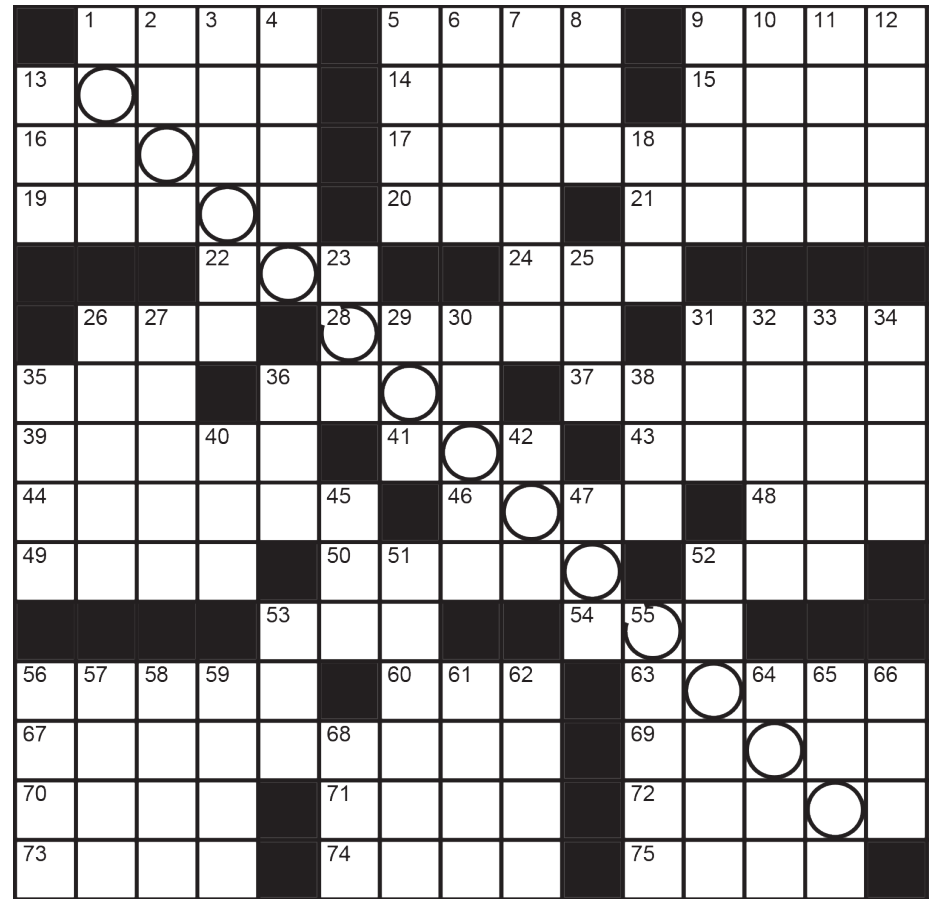
1 Indy Catacombs Location _____

ACROSS

1. Delhi wrap
5. ___ mater
9. Goddard School time-outs
13. Rubber Capital of the World
14. Fifth Third Bank deal
15. Nike rival
16. "Now you ___"
17. Overshadowing
19. Low spot of land
20. Noon, on a grandfather clock
21. Roof overhangs
22. Santa's helper
24. Greenwood Park Mall health supplement store
26. Depressed
28. Kind of question
31. Crib cry
35. IU deg.
36. Hobbling walk
37. Seriously hurt
39. Wheel spokes at Bicycle Garage Indy
41. Thanks to a Revery waiter
43. Clay brick
44. Opposed
46. Engrave a trophy at Bardach Awards
48. Our Lady of the Greenwood Church lady
49. Colts coaches Marchibroda and Monachino
50. Company with a duck in its ads
52. Metro Diner breakfast item
53. Sis' sib
54. Bashful
56. Signal, in a way
60. Simple card game
63. Junior and Senior at Purdue
67. State job of woman in circled letters
69. Proportion
70. Indianapolis Zoo critter
71. Petty quarrel
72. Actor Savalas
73. Dull person
74. Mellencamp boosters
75. Texter's ta-ta

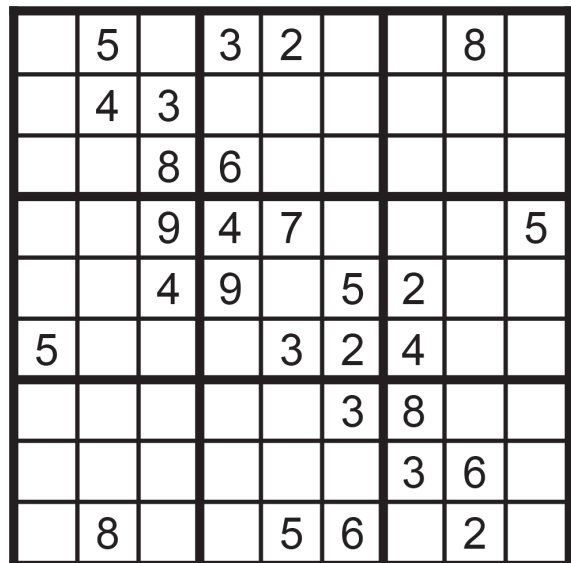
DOWN

1. Distort
2. L x W, in a Beech Grove HS math class
3. Agitated
4. Computer chip maker
5. HHS Secretary Azar
6. Central points
7. Badmouth
8. Singer DiFranco
9. Gus Grissom org.
10. Tel ___
11. Martin State Forest tree
12. Droops



13. Pack animal
18. Chest muscle, for short
23. Memo abbr.
25. ___ de plume
26. Use a razor
27. Produced a sum at Center Grove Elementary
29. CPR pro
30. Sales pitch
31. Finished
32. In the midst of
33. Fix a laptop
34. Yemeni port
35. Word before "fall"
36. PX patrons
38. Urban Euphoria sigh
40. 1040 org.
42. Indiana schools support grp.
45. Southside Farmers Market corn serving
47. St. Vincent Hospital IV units
51. Time for *Judge Judy* on WRTV
52. Lace place
53. Celtics on Bankers Life Fieldhouse scoreboards
55. Downtown Indy hotel
56. Govt. crash probers
57. Popular cookie
58. Letter starter
59. Fish story
61. Tide type
62. Table scraps
64. Confederate
65. Panera Bread item
66. Pigs' digs
68. "R.O.C.K. in the ___"

Answers See page 18.



Southside Times

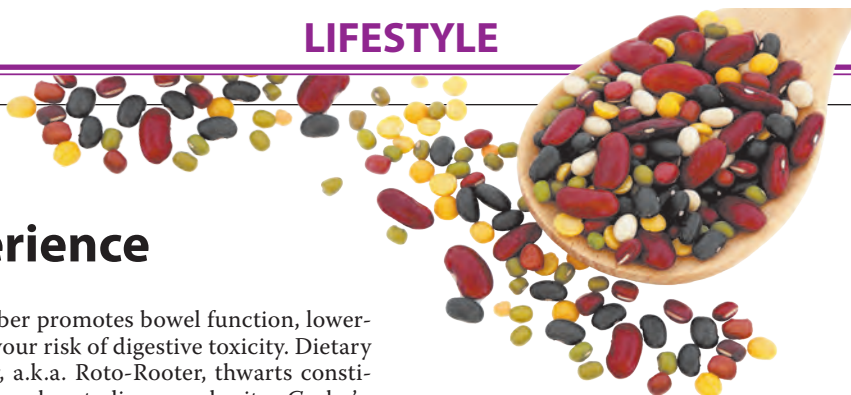
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Fiber: A moving experience

NUTRITION

By Wendell Fowler

Your last two or three meals may spend three hours in your stomach but up to three days traversing the dark recesses of your colon. Today, Americans consume too much dead, lifeless food and trust me on this one, the less time it loiters in the dark recesses of your colon the better.

What happens in the digestive track after a typical meal of steak, potato, overcooked veggies, white flour rolls and iceberg salad? If you covered these foods in a glass dome and left it at 98.6 for three days, it will begin decomposing and bacteria and mold would begin to form. Undigested plant food, proteins, carbohydrate and fats would begin to rot, go rancid, ferment and smell like something crawled up and died inside you.

I'm as weak as the next guy, so after I eat too much, I consume two tablespoons of ground flax or chia seeds with water or sprinkled on my food; therefore, the meal only lingers about 12 appropriate hours.

Fiber promotes bowel function, lowering your risk of digestive toxicity. Dietary fiber, a.k.a. Roto-Rooter, thwarts constipation, heart disease, obesity, Crohn's, embarrassing flatulence and type 2 diabetes. Fiber holds nutrients in the intestinal tract, thus slowing absorption and reducing "up and down" blood sugar levels.

Dietary fiber from plant foods, not unnatural pharmacy rubbish, gently purges your intestinal ecosystem, scouring its walls of sticky waste matter and thus reducing GI problems. Heart disease studies show a diet high in soluble fiber reduces cholesterol by 24 percent, reducing the impact of cholesterol on your arteries. Water-soluble fiber may prevent reabsorption of bile acids made from cholesterol. Fiber binds with them and escorts them out of the temple as the liver pulls cholesterol from the blood. Water-soluble fiber lowers total cholesterol and LDL without affecting HDL. Water-soluble fiber is found in oat bran, legumes, psyllium, ground flax, chia, nuts, beans, pectin and various fruits and vegetables. It forms a bulky gel in the intestine that regulates the

flow of waste materials. Psyllium in particular improves blood sugar levels in diabetics. Oat bran is most favorable.

Insoluble fiber won't dissolve in water. Our temple cannot digest the undissolvable parts of plant walls found in some cereals, bran and vegetables. The function of insoluble fiber is to collect water which increases stool bulk, promoting bowel movement.

Eat more fiber to get your internal river flowing like White River in spring and you'll have a moving experience. You are a lovable miracle.



Chef Wendell is a lecturer and food journalist. Contact him at chefwendellfowler@gmail.com.

Not for sail

GRAMMAR GUY

By Curtis Honeycutt

My name is Curtis. I'm a 33-year-old man. I can't swim.

At some point during summertime childhood swimming lessons, I flunked and didn't receive my certificate to move to the next class. As a result, I dropped out. For a pasty redhead, I already didn't like being outside in the first place. Now I can barely doggie paddle my way out of a kiddie pool.

If I were to hypothetically win a sailboat, I'd sell it as quickly as possible. I'd put that sail up for sale. The difference between the words sail, sale, sell and cell are salient. And before you can accuse me of being a sellout, let me assure you — like the theoretical sailboat — my argument will hold water.

First, let's tackle the difference between sail and sale. Sail can be used as both a noun and a verb. As a noun, sail refers to a piece of fabric attached to a boat to help steer it using wind. As a verb, sail refers to

a trip taken on a sailboat. Most of what I know about sailboats I learned from The Beach Boys' version of "Sloop John B."

A sale is a noun that refers to the act of selling, specifically when a good or service is traded for some kind of currency. For example, mattress stores all think it's a great idea to have big sales over Labor Day weekend. It's as if the store owners all got together and decided to celebrate hard work by giving people a great excuse to do the exact opposite.

Sale is different from sell. Sell is a verb; it is the act of working towards the goal of making the sale. You can sell a boat. Once you sell the boat, you have made a sale.

A cell is a noun. It can refer to a few different things. A cell is a small room in which a prisoner is locked. A cell is also a small group acting within a larger organization. A cell is basic structural unit of all organisms. A cell is a battery. "Cell" is short for "cellular", so some people refer



to their cellular or mobile phones as their "cell" or, more commonly, "cell phone".

I hope my clarification of sail, sale, sell and cell went swimmingly — which is more than I can say about my own swimming skills.



Curtis Honeycutt is a freelance humor writer. Have a grammar question? Connect with him on Twitter @curtishoneycutt or at curtishoneycutt.com.

Puzzles & Answers

SEE PAGE 17

Answers to HOOSIER HODGEPODGE:

Parts: BRAKE, CHAIN, HANDLEBAR, PEDAL, SEAT, TIRE;

Zones: ALASKA, CENTRAL, EASTERN, MOUNTAIN, PACIFIC;

Locales: ATLANTA, MIAMI, NEW JERSEY, NEW YORK;

Cars: HONDA, SUBARU, TOYOTA;

Stadiums: ARMSTRONG, MEMORIAL;

Location: CITY MARKET

Q&A

SEE PAGE 19

1. D, 2. C, 3. B, 4. C, 5. A



9	5	1	3	2	4	7	8	6
6	4	3	5	8	7	1	9	2
2	7	8	6	1	9	5	4	3
8	2	9	4	7	1	6	3	5
7	3	4	9	6	5	2	1	8
5	1	6	8	3	2	4	7	9
4	6	2	7	9	3	8	5	1
1	9	5	2	4	8	3	6	7
3	8	7	1	5	6	9	2	4

OBITUARIES

Joseph Baughn

Joseph "Joe" Baughn, 75, died on July 11, 2018. Joe was born on March 29, 1943, in Columbia City, Indiana, to the late Winston Reece Baughn and the late Martha Hauser Baughn. He grew up in New Castle, Indiana. He graduated from Walter Chrysler Memorial High School in 1961 and Ball State University in 1966 with a major in English and minors in journalism and social science. Joe was preceded in death by a half-brother, James Stamm; a brother, James Baughn; and a sister, Jane Ward Baughn (David) Solida; a nephew, Stephen Michael Kawalek; maternal grandparents, James E. and Fay Markle Hauser, paternal grandparents, Lauren and Anna Baughn; and step-father, Dr. Robert Rogers. Joe is survived by his wife; sons, Andrew and James; two daughters-in-law, Christine Baughn and Allison Baughn; and five grandchildren, Joshua, James, Kellen, David and Ellie, sister-in-law and brother-in-law, Judy and Gary Kawalek, and a great-nephew, Cameron Solida. Visitation was held July 15 at G. H. Herrmann Greenwood Funeral Home, with funeral services held on July 16. He was buried at Forest Lawn Memory Gardens.

Mark Lee Bruce

Mark Lee Bruce, 60, of Greenwood, died on July 10, 2018. He was born on March 7, 1958 in Indianapolis. He was married for 27 years to Patty Bruce; she survives, along with daughters, Heather (John) Schaefer and Hannah Bruce; granddaughter, Adalyn; father, Ron Bruce; brother, Bob Bruce; and sister, Cathy Trice. He was preceded in death by his mother, Charlotte Bruce; and his brothers, Rick and Nick Bruce. Mark was an outdoorsman who enjoyed fishing, hunting, and walking the beach. He enjoyed playing cards and was a joker who loved to have a good time. He loved being a new grandpa. Visitation was held on July 13 from 4 – 8 p.m. at G. H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch, 1605 S. State Road 135 and Olive Branch Road. A funeral service was conducted on July 14. Burial was held at The Gardens at Olive Branch.

Beki Clark

Beki Clark, 34, of Indianapolis, died on July 13, 2018. Beki is survived by her mother, Deborah L. Clark; sisters and brothers-in-law, Jessica & Johnny Godsey and Tricia & Bobby Davis, nephews, Jonathon Godsey, Kaleb Godsey, James Clark and Cannon Davis; a pet, Precious; and a host of other family and friends. Beki is predeceased by her father, James R. Clark; and a brother, James R. Clark, II. Visitation and a service was held July 17 at Newcomer-Indianapolis Chapel.

Willis Criswell

Willis Criswell, 87, of Greenwood, died on July 13, 2018 in Greenwood. He was born Oct. 25, 1930 in Monticello, Kentucky, to Marion and Lora Edna (Gregory) Criswell. He loved to build and held a long career as a self-employed contractor. He was a minister of the gospel for over 40 years and was a member of the Harmony Missionary Baptist Church in Indianapolis where he had attended for over 20 years. Willis loved playing bluegrass music and his string guitar. He also enjoyed being outdoors and loved working in his yard as well as gardening. Willis stayed busy with his projects. Willis is survived by his children Deborah, Denise, David (Brenda), Donald (Vickey) Daniel, Dennis (Landra) and Douglas (Kimberly); several grandchildren and great-grandchildren; his siblings, Kelly Criswell and Mavis Hill, as well as several nieces and nephews. In addition to his parents, he was preceded in death by his loving wife, Carol Ann Criswell; two sons, Devon and Dean; and his siblings, Irene, Jim, Leva and Lilly. Funeral services were held July 17 at Harmony Missionary Baptist Church with Brother Mike Criswell officiating. Burial followed at Washington Park East Cemetery. Singleton Community Mortuary and Memorial Center handled the arrangements.

Dorothy M. Deupree

Dorothy M. Deupree, 94, of Indianapolis, died on July 11, 2018. She was born on June 23, 1924 in Palestine, Illinois to the late Arthur H. and Flossie (Sutton) Landrith. She is survived by her daughter-in-law, Darla Deupree; grandsons, Dustin Deupree and Gary Wayne (Hodson) Deupree; five great-grandchildren, sisters, Nina Kauffman and Imogene Crozier. She was preceded in death by her husband, William Deupree and son, Gary Deupree. Dorothy retired in 1989 from the University of Indianapolis. She was a member of St. Andrews United Methodist Church and United Methodist Women. Visitation and a funeral service was held July 16 at G. H. Herrmann Madison Avenue Funeral Home. Burial was held at Forest Lawn Memory Gardens.

Patrick Joseph Downey

Patrick Joseph Downey, age 63, died on July 5, 2018 at Community Hospital South in Indianapolis. All services will be private. Simplicity Funerals and Cremation Care - Indianapolis, has been entrusted with arrangements.

Melvin Heath

Melvin "Dutch" Heath, 87, of Indianapolis, died on July 16, 2018. Melvin is survived by his daughter, Linda (Rick) Spalding; and granddaughter, Dana Spalding. A graveside service with military honors be held on July 17 at Forest Lawn Memory Gardens, Greenwood. Arrangements have been entrusted to G.H. Herrmann Funeral Homes.

Frank Hunter

Dr. Frank Hunter died on July 17, 2018. He was born in Bedford, Indiana on Sept. 27, 1925. He was the son of George and Ida Hunter and had three brothers and a sister who have preceded him in death. He is survived by his wife, Lois and two daughters, Peggy (Drew) Hawkins and Susan Hunter, as well as five grandchildren and seven great-grandchildren. Frank graduated from Heltonville High School and from Indiana University with a bachelor's degree, master's degree and a doctorate. He was a WWII veteran serving with the U.S. Eighth Army in the Pacific and Japan. He served in the Bedford Public School as an elementary principal and assistant superintendent. Dr. Hunter moved to the MSD Perry Township Schools where he was an assistant superintendent and superintendent for 12 years. He was a member of Southport Church of Christ and had been an elder with the High School Road Church of Christ. A service will be held at 11 a.m., July 21, at Singleton Community Mortuary and Memorial Center. Visitation will be held July 20 from 4 – 8 p.m. at the mortuary. Interment with military honors will follow at Forest Lawn Memory Gardens.

Gertie I. Jones

Gertie I. Jones, 78, of Riverview, Florida, died on July 10, 2018. Born on Aug. 13, 1939 in Oakville, Kentucky, to Martin and Louise (Harris) Allen, she was a member of Kings Avenue Baptist Church in Brandon, Florida, Calvary Baptist Church in Greenwood and Eli Lilly Retirement group Exodus 93. Gertie loved her family. She enjoyed traveling, cruises and visits with friends and her church family. Gertie is survived by her husband, James M. Jones; children, Mark (Shelby) Barmes, Ric (Kathy) Barmes, Christina (Mike) Higgins and Jeff (Beverly) Jones; eight grandchildren; 18 great-grandchildren; and brothers, Bill Allen and JT Allen. She was preceded in death by brothers, Harold Allen, David Allen; sisters, Becky Watkins and Elizabeth Patterson. Visitation and a service was held on July 17 at G. H. Herrmann Madison Avenue Funeral Home. Gertie was buried at Washington Park East Cemetery.

Donald Scott Raasch

Donald "Donnie" Scott Raasch, 58, died on July 9, 2018. A lifelong resident of the south side of Indianapolis, Donnie was born on Aug. 8, 1959 and graduated from Southport High School. Donnie worked for Indiana University Health at Methodist Hospital for 38 years. He was baptized at and a lifelong member of Southport Baptist Church. A sports enthusiast, he enjoyed attending Pacers games and Purdue basketball and football. He loved following the Colts and

Obituaries continued on page 20.

Southside News Quiz

How well do you know your Southside community?

Test your current event knowledge each week with a little Q&A!

- 1 Local physician Bill Buffie has written a children's book, *The Blue Ape*. If the book were to become a movie, who would Dr. Buffie choose to star in it?
- A. Ben Stiller
 B. Keanu Reeves
 C. Chris Evans
 D. Ryan Reynolds



- 2 What does Wendell Fowler eat after dinner that is a good source of fiber?
- A. Mixed nuts
 B. A boiled egg
 C. Flax seeds
 D. Popcorn

- 3 How many years has Christian Maslowski been involved with the Greater Greenwood Chamber of Commerce?
- A. Eight
 B. 11
 C. 13
 D. Five

- 4 What is a disease that can be found even in younger pets, according to local vet, Dr. Haney?
- A. Arthritis
 B. Bladder stones
 C. Hypothyroidism
 D. Heart disease



- 5 What type of exercise discussed in this week's It's Golden section is good for senior citizens?
- A. Yoga
 B. Swimming
 C. Jogging
 D. Soccer

SEE ANSWERS ON PAGE 18.

COMING AUGUST 30th

Pet Lovers Issue

We know Southsiders love their pets. To celebrate that affection, *The Southside Times* is having its fifth annual **Southside Pet Lovers** issue.

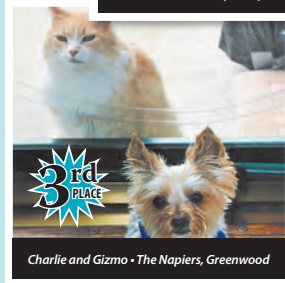
We have asked our readers to submit their best photo of their cat, dog or other pet. Our staff will choose the top three and all other entries will be published in the Aug. 31 issue.



Mr. Molesey who was rescued at Southside Animal Shelter. Thank you, Dale Jones of Greenwood.



Buddy and Purrei
Marsha Hanley, Perry Township



Charlie and Gizmo • The Napiers, Greenwood

Please e-mail your image with your name and area of residence to "Pet Lovers" at nancy@contimes.com by Aug. 17 or mail your photo to:

7670 US 31 South, Indianapolis, 46227
(We may not be able to return photos.)

For more information, call (317) 300-8782.

Presented by
The Southside Times

Obituaries continued from page 19.

being part of the Sons of Tailgating pre and postgame crew. Donnie was passionate about being around family and friends. He attended birthday parties, weddings, sporting events and holiday gatherings with those he loved. He found pleasure in going on fishing trips in Canada, weekends at his Lake Monroe trailer and until recently, being outdoor in the company of his dogs. Donnie is preceded in death by his parents, Ralph and Catherine (Katie) Raasch. He is survived by his brothers, Kenny Raasch (wife, Lynn, is deceased), Denny (Judy) and Gary (Kathryn); two nephews and six nieces; three great-nephews and nine great-nieces. Services for Donnie were held July 14 at Singleton Community Mortuary and Memorial Center. Interment followed at Mt. Pleasant Cemetery.

Mary Jane Rhodes

Mary Jane Rhodes, 80, of Indianapolis, died on July 17. She was born on Oct. 22, 1937 in Ohio to the late William Henry Jarvis Sr. and Mary Jane Jarvis. She was a member of the AARP. She enjoyed making quilts and crocheting. Survivors include her children, Linda (Nery) Cerna, Brenda Gerald, Sharon Rhodes and Donald Rhodes; two grandchildren; seven great-grandchildren, four brothers and two sisters. She was preceded in death by two grandchildren and five brothers. A Celebration of Mary Jane's life will be held at a later date. Online condolences may be shared with the family at www.ghherrmann.com.

Eugene Ryan

Eugene "Gene" Ryan, 89, of Indianapolis, died on July 14, 2018. He was born to Nancy and William Ryan on July 9, 1929. Gene was married to Vermonia Green for 65 years.

She preceded him in death. Gene retired from Link-Belt with 35 years of service and was previously employed by Spickelmeier for 20 years. Eugene is survived by his children, Iris Purdy, Joseph (Gaye) Ryan, Karen (Joseph) Naughton, Pamela (Jerry) Greeson, Eugene (Marcia) Ryan Jr. and Martin (Rhonda) Ryan; 19 grandchildren; 53 great-grandchildren; 23 great-great grandchildren; brother, Lawrence Ryan; and sister, Arzelia Cochran. He was preceded in death by his wife, Vermonia Ryan; five grandchildren; son-in-law, Jack Purdy; and six siblings. Visitation was held July 17 at G. H. Herrmann Madison Avenue Funeral Home. A funeral service was conducted on July 18 at the funeral home. Eugene will be laid to rest in Washington Park East Cemetery.

Phyllis A. Wade

Phyllis A. Wade, 87, Indianapolis, died on July 11, 2018. Born Nov. 4, 1930 in Indianapolis to the late Charles E. & Anna E. (Scarborough) Cummins, she was a 1948 graduate of Emmerich Manual High School. A lifelong member of Olive Branch Christian Church, she was a devoted wife, mother and homemaker. An avid reader, she enjoyed sewing, puzzles and the annual family cookie baking tradition. Phyllis helped her daughter start up their family business 21 years ago, Gardner Transport, where she had continued to work two days a week in billing and payroll. Survivors include two daughters, Rebecca (Mark) Landis and Kathryn (Charlie) Gardner; two granddaughters, Anna (Billie) Bowling and Sara Landis; one great-granddaughter, Emma Marie Bowling; a sister, Patricia Davaney; brother-in-law, Leslie Ray (Joyce) Wade; several nieces, nephews, close friends and neighbors. She was preceded in death by her beloved husband in 1995, Donald L. Wade and in-laws, Jim Davaney and Vivian (David) Kramer. Visitation was held July 15 at G.H. Herrmann Greenwood Funeral Home at The Gardens Of Olive Branch, 1605 S. State Road 135, Greenwood, with a funeral service held July 16 at the funeral home. Entombment was at Forest Lawn Memory Gardens.

Obituaries are printed free of charge. Funeral directors are encouraged to send obituaries and photos to news@ss-times.com. Information received by noon Tuesday will be published Thursday, space permitting.

AROUND TOWN

Huffman joins Methodist Sports Medicine

Medical – Methodist Sports Medicine (MSM), Indiana's premier provider of orthopedic services, has hired podiatrist, Dr. Lanie Huffman, the practice announced today. Huffman studied podiatric medicine at Rosalind Franklin University at The Chicago Medical School/Scholl College of Podiatric Medicine and graduated with honors. She completed her surgical residency at the University of Florida/Shands in Jacksonville, Florida, in foot and ankle, focusing on orthopedic trauma with foot and ankle reconstruction. She is board certified in foot and ankle surgery by the American Board of Foot and Ankle Surgery. Dr. Huffman will treat Achilles tendonitis, ankle sprains, arthritis of the foot and ankle, athlete's foot, blisters, bunions, callus, corns, flat feet, fungus toenails, hammertoes, heel-pain, heel-spurs, ingrown toenails, neuromas, plantar-fasciitis, shin-splints and warts. For more information, please visit methodistsports.com.



AT&T opens local pop-up store

New business – AT&T is opening its first pop-up store in Greenwood as families prepare for back-to-school shopping. The store will be opening in Greenwood Park Mall on July 16. Shoppers can start up the school year with new accessories, smartphones, data plans and a DirecTV Now streaming service. Pop-up stores look like other new AT&T stores but smaller and require less construction and wiring. The store will remain through Sept. 9. Hours of operation will be 10 a.m. – 9 p.m. Monday through Saturday and 11 a.m. – 7 p.m. on Sunday.

Brittsan joins Indiana Heart Physicians

Medical – Angela G. Brittsan, MD, PhD, has joined Franciscan Physician Network Indiana Heart Physicians. She most recently served as an assistant professor of medicine and medical director for an Indianapolis-based cardiac transplant program. Previously, she was an advanced heart failure and transplant cardiologist with Lutheran Medical Group/Lutheran Hospital in Fort Wayne and INTEGRIS Health/Baptist Medical Center, Oklahoma City. Dr. Brittsan is board-certified in advanced heart failure, transplant cardiology, cardiovascular medicine and internal medicine. To schedule an appointment with Dr. Brittsan, call (317) 893-1900.



✦ **ASSEMBLY OF GOD**

Faith Assembly of God • 186 Royal Road, Beech Grove | Ph: (317) 784-8566 | Pastor: Lawrence Cook | Sunday: 10:30 a.m. & 6 p.m. | Wednesday: 7 p.m.

✦ **BAPTIST**

Crossroads Baptist Church • 1120 S Arlington Ave., Indpls, 46203 | Ph: (317) 357-2971 | Pr. Guy Solarek | Sunday: 10 a.m., 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | bcindy.com

Faith Baptist Church • 1640 Fry Road, Greenwood | Ph: (317) 859-7964 | Pr. Steve Maxie | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:45 a.m. | Wednesday: 7 p.m. | KJV

First Baptist Church of BG • 5521 Churchman Ave., Indpls | Ph: (317) 784-1478 | office@fbcbeechgrove.com | Sunday: 9:30 a.m. | Sunday School: 10:50 a.m. | Wednesday: 7-8 p.m. | Childcare & programs, all ages, all services. Join Us! | fbcbeechgrove.com.

Historic Grace Baptist Church "Since 1927" • 1907 E. Woodlawn Ave., Indpls | Ph: (317) 638-3143 or 536-8655 | Pr. Rick J. Stone | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

Lighthouse Baptist Church • 6950 E. Raymond St., Indpls | Ph: (317) 359-4275 | Pr. Dan Tidd | Sunday: 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | Thursdays Youth Meeting: 6:30 p.m. | Ladies & Men's meetings (call for times) | "Independent Baptist Church"

Ritter Avenue Baptist Church • 23 South Ritter Avenue, Indianapolis, IN | Ph: (317) 709-1788 | Pr. Earl Chestnut | Service Times: Sunday School 10:00 a.m. | Morning Worship 11:00 a.m. | Sunday Evening 6:00 p.m. | Thursday night at 6:00 p.m.

✦ **CATHOLIC**

Good Shepherd Catholic Church • 2905 S. Carson Ave., Indpls | Ph: (317) 783-

3158 | Rev. Bob Robeson, Administrator | Rev. John Beitans, Sacramental Assistant | Saturday Mass: 4:30 p.m. | Sunday Mass: 10 a.m. | Completely Handicapped Accessible | All Welcome!

Holy Name of Jesus • 89 N. 17th Ave., Beech Grove | Ph: (317) 784-5454 | Rev. Robert Robeson | Worship Times & Anticipation Sunday: 7:30, 9:30 & 11:30 a.m.; Saturday Mass: 5 p.m.

Saints Francis & Clare Catholic Church • 5901 Olive Branch Road, Greenwood | Ph: (317) 859-4673 | Fr. Steve Giannini | Saturday Anticipation Mass: 5:30 p.m. | Sunday: 7, 8:45 & 11:30 a.m.

St. Athanasius Byzantine Eastern - Rite Catholic Church • Blaine Ave., Indpls, 46221 | Ph: (317) 632-4157 | Fr. Bryan Eyman | Sunday (Divine Liturgy Celebrated): 10 a.m. | Parish luncheon follows liturgy. | Visit us at saindy.com

St. Jude • 5353 McFarland Road, Indpls, | Ph: (317) 786-4371 | Fr. Stephen Banet | Sunday: 7:30, 9:30, 11:30 a.m. | Saturday Anticipation Mass: 5 p.m.

St. Mark Catholic Church • 535 East Edgewood Ave., Indpls, | Ph: (317) 787-8246 | Fr. Bill Marks | Deacon Paul Fisherkeller | Sunday: 7:30, 9:30, 11:45 a.m. | Saturday Anticipation Mass: 5:30 p.m.

✦ **CHRISTIAN CHURCH**

Mount Pleasant Christian Church • 381 N. Bluff Road, Greenwood | Senior Pr. Chris Philbeck | mpcc.info | Saturday: 6 p.m. (ASL Available) | Sunday: 8:45 a.m., 10 a.m. and 11:30 a.m. | MPCC online campus: MPCC live at 10 a.m. ET.

Southport Heights Christian Church • 7154 S. McFarland Road, Indpls | Pr. Steve Ferguson | Bible School 9:00 a.m. | Worship service 10:30 a.m. | Deaf Ministry: James Wines (317) 493-0414 VP or jewshdccc@yahoo.com

✦ **CHURCH OF CHRIST, SCIENTIST**

Sixth Church of Christ, Scientist • 7625 McFarland Road | Ph: (317) 888-3204 | Sunday: 10 a.m. | Sunday School: 10 a.m. | Wednesday: 4 p.m. | Reading Room Hours Tues: 11 a.m.-2 p.m. & Wednesday: 2:30-3:30 p.m.

✦ **CUMBERLAND PRESBYTERIAN**

Christ Cumberland Presbyterian Church • 6140 South Meridian St., Indpls | Ph: (317) 787-9585 | Pr. Elmer Price | Sunday: 10 a.m. | Sunday School: 9 a.m. | "Come Grow With Us!"

✦ **DISCIPLES OF CHRIST**

First Christian Church of Beech Grove • 75 N. 10th Ave., Beech Grove | Ph: (317) 786-8522 | Pr. Paul Hartig | Sunday: 10:30 a.m. | Sunday Christian Education: 9:30 a.m.

✦ **EVANGELICAL LUTHERAN CHURCH OF AMERICA**

Bethany Evangelical Lutheran Church • 4702 S. East St., Indpls | Ph: (317) 786-7854 | Worship Sunday: 9:30 a.m. "We Welcome You"

✦ **INDEPENDENT CHRISTIAN CHURCH**

Bethany Christian Church • 4727 S. Sherman Dr., Indpls | Ph: (317) 787-5103 | Min. Jim Clark | Sunday: 10:15 a.m. | Sunday School: 9:15 a.m. | Bible Study Mon.: 6:30 p.m. and Weds. 7 p.m.

✦ **INDEPENDENT NON DENOMINATIONAL**

Community Church at Murphy's Landing • 7401 S. Harding St., Indpls | Ph: (317) 807-0222 | Pr. Paul Erny | Sunday: 9:30 a.m. | Sunday School: 11 a.m. | yourcml.org

✦ **LUTHERAN**

Emmaus Lutheran Church & School • 1224 Laurel St., Indpls (Inside historic

Fountain Square) | Ph: (317) 632-1486 | Pr. Raymond Smith | Worship: Sunday at 10 a.m. | emmausfountainsquare.com

St. Mark's Free Lutheran Church • 1301 E. Prospect St., Indpls (Inside the historic Fountain Square Community) | Pr. Terry Englert | Sunday: 10:30 a.m. | Adult & Children's Sunday School: 9:30 a.m. | Come join us for a traditional style worship experience followed by a time of food and fellowship!

St. Paul's Lutheran Church • 3932 MiCasa Ave., Indpls | Ph: (317) 787-4464 | Worship: Sunday, 9:30 a.m. & Thur, 7 p.m. | Sunday School after Worship | stpaulsindy.com | fb.com/StPaulsIndy

✦ **NAZARENE**

Cross-Way Community Church of the Nazarene • 1248 Buffalo St., Beech Grove | Pr. Mark Ramsey | Sunday: 11 a.m. | [CrosswayCCN](http://CrosswayCCN.com)

✦ **NON-DENOMINATIONAL**

Church of Acts • 3740 S. Dearborn, Indpls | Ph: (317) 783-ACTS (2287) | Pr. Bill Jenkins | Sunday: 10 a.m. | Wednesday Bible Study: 7 p.m. | Celebrate Recovery: Thursdays, 7 p.m. | churchofacts.org

Community Church of Greenwood • 1477 W. Main St., Greenwood | Ph: (317) 888-6024 | Sunday: 9 & 11 a.m. | Real Church. Real People. | ccgonline.org

Tallwood Chapel Community Church • 5560 S. Shelby St., Indpls | Ph: (317) 787-5595 | Pr. Daniel Smith | Sunday: 10:30 a.m. | BIBLE CHURCH, Ministry of HOLY WORD

✦ **PRESBYTERIAN**

Greenwood Presbyterian Church • 102 W. Main St., Greenwood | Ph: (317) 881-1259 | Rev. Peter Zinn | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m.

✦ **SEVENTH DAY ADVENTIST**

Southside Seventh-Day Adventist • 4801 Shelbyville Road, Indpls | Ph: (317) 786-7002 | Pr. Brian Yensho | Services Saturday: 11 a.m. | Sabbath School: 9:30 a.m. | southsideadventist.org | Health Ministries, CHIP+: chiphealth.com

✦ **SOUTHERN BAPTIST**

Calvary Baptist Church • 200 Sunset Blvd., Greenwood | Ph: (317) 881-5743 | Josh Blight, Associate Pastor of Youth & Families | Sunday: 10:30 a.m. | Sunday School: 9 a.m. | Something for All Ages

Southwood Baptist Church • 501 S. 4th Ave., Beech Grove | Ph: (317) 786-2719 | Pstr: Dr. Patrick Wood | Sunday: 9:30 a.m. | Worship Service: 10:45 a.m. | Sunday & Weds. Eve Worship: 6:30 p.m.

Trinity Baptist Church • 375 E Southport Road, Indpls | Ph: 317-881-2122 | Pr. Douglas Rumsey | Sunday Bible Study: 9:30 a.m. | Sunday Services: 10:45 a.m. and 6 p.m. | Wednesday Bible Study: 7 p.m.

✦ **UNITED CHURCH OF CHRIST**

Faith United Church of Christ • No matter where you are on life's journey, you are welcome in our community. | 4040 E Thompson Road | Ph: (317) 784-4856 | Pr. Scott Simmons | Worship Service: 10:30 a.m. | Sermon's online at myfaithucc.org

St. John's United Church of Christ • 7031 S. East St., Indpls (U.S. 31, Southport Road) | Ph: (317) 881-2353 | Rev. Ross Tyler | Sunday Contemporary Worship: 9 a.m. & Traditional Worship: 10:30 a.m. | Sunday School: 10:30 a.m.

Zion United Church of Christ • 8916 E. Troy Ave., Indpls | Ph: (317) 862-4136 | Pr. Sarah Frische-Mouri Hannigan | Sunday: 8:15 a.m. & 10:30 a.m. | Sunday School: 9:30-10:15 a.m. | zionuccindy.net

✦ **UNITED METHODIST**

Center United Methodist Church • 5445 Bluff Road, Indpls | Ph: (317) 784-1101 or email: info@center-umc.org | Sunday Traditional Worship: 9 a.m. & Contemporary Worship: 11:15 a.m.

Edgewood United Methodist • 1820 East Epler Ave. | Ph: (317) 784-6086 | Rev. Paul Wagner | We are on Facebook | Sunday worship 9 a.m. | Sunday School: 10:15 a.m. | edgewoodumc.com | "The Church for The Next 100 Years"

Greenwood United Methodist • 525 N. Madison Ave., Greenwood | Ph: (317) 881-1653 | Rev. In Suk Peebles | Sunday: 10:15 a.m. | Sunday School: 9 a.m.

Rosedale Hills United Methodist • 4450 South Keystone Ave., Indpls | Ph: (317) 786-6474 or email: officerhumc@att.net | Rev. Jill Howard | Sunday: 9:30 a.m. | Sunday School: 10:45 a.m. | rosedalehillsumc.org

Smith Valley United Methodist Church • 5293 Old Smith Valley Rd, Greenwood | Ph: (317) 881-1641 | Sunday Worship: 9:30 a.m. | Sunday School: 11:00 a.m. | Bible Study: Wednesday, 6:30 p.m. | smithvalleyumc.org

✦ **UNITY**

Unity of Indianapolis Church of the Daily Word • 907 N. Delaware St., Indpls | Ph: (317) 635-4066 | Rev. Bob Uhlar, Senior Minister & Rev. Carla Golden, Director Lay Ministries | Celebration: 10 a.m. | unityofindy.com

✦ **WESLEYAN**

Southview Wesleyan Church • 4700 Shelbyville Road, Indpls | Ph: (317) 783-0404 | Pr. Rick Matthews | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

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Weekly Devotion



19 And it shall be, if you do at all forget the Lord your God, and walk after other gods, and serve them, and worship them, I testify against you this day that you shall surely perish.

20 As the nations which the Lord destroyed before your face, so shall you perish; because you would not be obedient unto the voice of the Lord your God.

DEUTERONOMY 8:19-20

If each and every one of us would just take the word "you" personally, we would all be better off. Just think how these two verses can impact our daily

walk with the Lord. Let me paraphrase it for you and let us see how it would read to us if we were to personalize it: "And this is how it will be if I forget God who is my Lord and my God and begin to seek other gods to worship and serve. The Lord God will witness this and I will die. Just like all others that God has destroyed and we have witnessed that destruction, I too shall be destroyed because I have been disobedient to His call upon my life."

Here's the thing. To forget means to become willfully negligent of, to mislay, to be oblivious of because of neglect. Isn't this where so many are today? They are woefully and will-

fully ignorant of God and who He is. Not because God is not with them but because they serve themselves rather than Him. They help themselves to the creation of God and never give God any glory, any recognition. They even attempt to convince others that what they are helping themselves to came into existence by happenstance or accident.

When I prepare the sermons and that I preach and the lessons that I teach, I prepare them in such a way that even the simplest person can understand. I have no intention to try to impress anyone with my mind but I do intend to impress them with God's.

People stay away from church because they do not want to be reminded of their responsibility to remember God and to honor Him and worship Him with all of their hearts. What a shame that this is the way it is. How sad. This attitude shall lead to their own destruction for which God will get the blame, of course. But the fault is solely on them and not on God. He warned Israel and He warns us. He is without blame. All the blame is on us.

God bless and go and have a great day.

Paul A. Kirby is the pastor at the Church of God at 3939 S. Emerson Ave.

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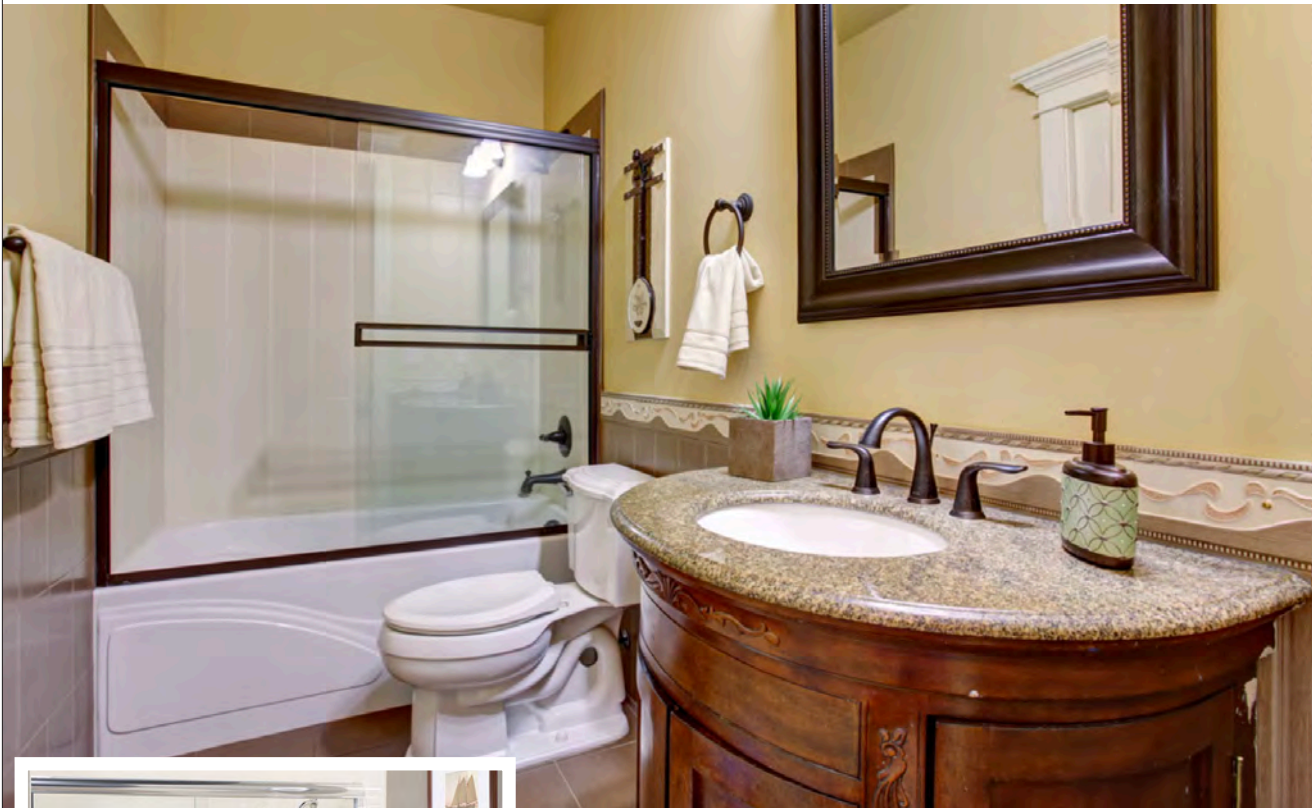
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