

The Southside Times



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Senate to vote on Voluntary Emissions Testing bill. **Page 2**

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GIVE SOME SPACE

Greenhouse JoCo Executive Director Laura Kennedy explains how the new Greenwood-based nonprofit is building a coworking community

ALSO INSIDE: Southside Business Initiative prepares to revamp its coworking space.

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Stacked Pickle gives back to Perry Senior Services.



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The importance of dentals.



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There's an easier way to get through the winter

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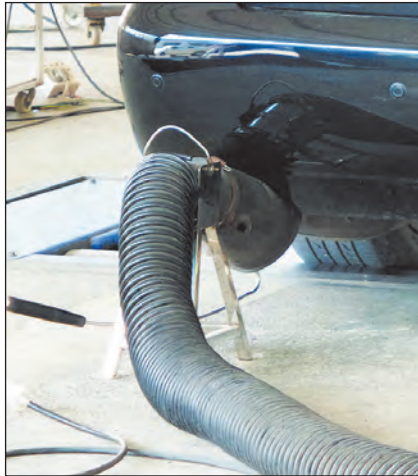
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THIS WEEK on the WEB



Senator Delph authors bill for voluntary emissions testing

State Sen. Mike Delph (R-Carmel) has authored and introduced Senate Bill 100 which would allow for the voluntary testing of vehicle emissions for Hoosier residents. SB 100 would allow fire departments, including volunteer fire departments, to provide vehicular carbon monoxide testing to motor vehicle owners at their request as a public service.

ss-times.com/voluntary-emissions-testing



Conversation focus on how big data can help fight the opioid crisis

Big data—the voluminous amount of data that's being mined and analyzed—is everywhere. It even plays a role fighting Indiana's biggest health challenge in a generation—opioids. On Jan. 24, Indiana Humanities will host a conversation about how big data is transforming public health and how it can help in the battle against the opioid scourge.

ss-times.com/fight-opioid-crisis

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The Southside Times

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IN OUR SCHOOLS

Roncalli wrestling wins second conference title

Athletics – The Roncalli wrestling team won its second straight Circle City Conference title with wins over Guerin Catholic (82-0), Brebeuf Jesuit (78-6) and Bishop Chatard (72-12) in an event held Jan. 13 at Bishop Chatard. The following Roncalli wrestlers went 3-0 on the day and earned individual conference championships: seniors Patrick Condi (132-pound class), Sam Hansen (195) and Hunter Miller (145), juniors Spencer Fears (220), Brian Keeney (138), Elijah Mahan (170), Lorenzo Salazar (182) and Trent Smith (160), sophomores Brayden Lowery (113), David Page (152), Alec Viduya (126) and freshman Luke Aldrich (106). The 13th-ranked Rebels host Franklin Central on Jan. 18, 5:20 p.m. in the annual senior night event. Thursday night's match with Franklin Central is also CYO night.



Attorney Libby Roberts swears in Collin Fultz to the school board.

Collin Fultz sworn in to Perry School board

Leadership – During January's Board of Education meeting, attorney Libby Roberts, swore in new member Collin Fultz. Fultz was chosen to replace Dr. Steve Maple, a board member of Perry Township Schools for 24 years. Dr. Maple submitted his resignation late last year after he and his wife decided to move out of the district to be closer to their grandchildren. District residency is required for all Board members. After conducting a month-long search, the Board interviewed three candidates and selected Fultz to fill the vacancy. Fultz, who attended Henry Burkhart, Perry Meridian Middle and Perry Meridian High, is also a graduate of Purdue University. He and his wife, Jenny, have two children. For more information, visit perryschools.org/news/board-highlights-new-member-new-officers.

Contact the Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Nicole Davis at 300-8782 or email her at ndavis@southsidetimes.com. Remember, our news deadlines are several days prior to print.



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Photograph of an Autopsy class at the University of Michigan. The man on the far left is believed to be Herman Mudgett (Holmes). (Photo courtesy of Alan Hunter) | Inset, Jeff Mudgett and Alan Hunter sign books at the Holmes exhibit. (Photo by R. Hinton)

The Mystery of the H.H. Holmes Collection

HAUNTS & JAUNTS

By Rick Hinton

Irvington is special to Alan Hunter. For many years he's led the historic/haunted tours each October. It's a labor of love, for him and all who volunteer their time. One of his stops along the trek is 5811 Julian Ave. to discuss the former cottage site where America's first serial killer, H.H. Holmes once took brief residence. On these tours, things sometimes happen!

Some 13 years ago, while pausing at this notorious location, an elderly couple, former participants of Alan's Greenfield walk, approached to ask if he would be interested in items relating to the Holmes crime. Well... yes, of course! They claimed the items belonged to a relative, and they "just wanted it gone!" At the end of that night's tour the couple had disappeared, vanishing into the dark. Alan shrugged it off.

The following weekend this same couple stepped up to Alan's wife Rhonda with a box of items. "This is for AL... he is expecting these." They left. Rhonda placed the box in the trunk of the car. A decade passed before the contents of the box were fully explored. This was prior to Erik Larson's book *Devil in the White City*, and the growing interest in the tale of Holmes' murder of young Howard Pitezel in the small cottage on Julian Avenue, effectively becoming the first murder in Irvington! Opening the box became a revelation of sorts...

Is it a collection that can readily be attributed to Holmes? I believe so. Some items are directly connected to the man, yet many others remain a mystery. Alan made the decision to donate the artifacts to the Irvington His-

torical Society at the Bona Thompson Memorial Center. They were on display this past fall when Laura and I viewed the collection and had the opportunity to meet the great-great-grandson of Herbert Mudgett (Holmes), Jeff Mudgett; a man on his own journey of discovery. And... what was in the box?

Photographs... Tintypes and Cabinet Cards; a lock of human hair (held together by twine and wrapped in paper); three scalpels (seemingly a surgeon's tool. Holmes?); bone artifacts (dice and an awl); handwritten notes and receipts; medicinal plants (wrapped in apothecary paper); and an autopsy class photo containing what appears to be Holmes. Could this be his stuff? Holmes, as a result of his personality quirks, was a collector of memento... possibly using these as moments of reflection between crimes? It appears that amassing an array of souvenirs fit exactly into his persona. The majority of the photos are not identified, yet the cities where they were taken coincided with Holmes' travels. Including Indianapolis...

Alan and Rhonda Hunter appeared on the History Channel's *American Ripper* series about Holmes in 2017, profiling this collection of artifacts. It brought Holmes a little closer to Indianapolis and Irvington. Alan has his own theories as to where the collection originated. You will have to read his book to find out. Information on H.H. Holmes is readily found on the internet.



Rick Hinton, a Southport resident, loves researching things that go bump in the night. His articles can be read on Facebook: Rick Hinton, Southport Paranormal Examiner. Hinton conducts paranormal investigations with his team, South Central Paranormal.

The Power of Poison is organized by the American Museum of Natural History, New York (www.amnh.org)

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GIVE SOME SPACE

Greenhouse JoCo Executive Director Laura Kennedy explains how the new Greenwood-based nonprofit is building a coworking community

Laura Kennedy, executive director of Greenhouse JoCo. (Photo by Nicole Davis)



Upcoming Greenhouse JoCo events

1530 American Way, Greenwood.

INTERNATIONAL PRODUCT SOURCING

WHAT: Angie Stocklin, co-founder of One Click Ventures, will share her experiences from a journey into sourcing eyeglasses directly from Taiwan and China.

WHEN: Jan. 30, 6:30 p.m.

EDUCATION NIGHT AT GREENHOUSE

WHAT: Learn about the future of entrepreneurial education with local leader in the space, Don Wettrick and others.

WHEN: Feb. 6, 6:30 - 8 p.m.

By Nicole Davis

Coworking spaces have increased across the country through the past decade, with more than 11,000 locations across the U.S. Until this fall, there was no such shared office space in Johnson County. Greenhouse JoCo opened in Greenwood in 2017 as a way to offer a professional work setting for entrepreneurs or employees working remotely.

"It's a growing concept," said Greenhouse Executive Director Laura Kennedy. "It's clear there is a gap in Johnson County. It's been new for the county and new for Greenwood because it's the first effort to get this community of entrepreneurs and remote employees together. We want to get people in the coffee shops, working at home. That's been a challenge because it's not been done before. It's very much a startup."

Kennedy is a graduate of Arizona State University, majoring in broadcast and journalism. She worked as a TV news reporter in a few states before moving to Indiana to work for WISH-TV. Having covered stories in Greenwood, she decided to purchase a house in the city. She always wanted to start her own business and had earned her MBA online with a goal of opening a video marketing company. When her contract with the TV station expired last year, she took that as an opportunity to get out on her own and started Tilt Up Media on a full-time basis.

"Having a startup business in Greenwood, I've become connected with the business community here," she said. "I joined the Greenwood chamber and attend about every business networking event possible. Through that, I became connected with the team that was trying to start a coworking space in Greenwood."

That team included Greenwood Mayor Mark Myers, Tilson HR Founder Brent Tilson and Greater Greenwood Chamber of Commerce President and CEO Christian Maslowski.

The idea for a coworking space had been in the works for a couple of years, but it all came together quickly in the fall of 2017. Space became available to Tilson, transitioning the

coworking space from an idea into a reality. Kennedy volunteered to serve as executive director, doing the day-to-day work, handling membership inquiries and helping to organize educational networking events.

"This space is available through April, so we're moving fast to see if there is a demand for a permanent space, what community partners we can work with to get that space funded, who will be the members that would sign on," Kennedy said.

Greenhouse JoCo, operating as a nonprofit, held its pre-launch event the last week of September and started offering memberships on Oct. 10 at its second event.

Dr. Pingnan Shi, a math teacher at Greenwood Christian Academy, was the first member to sign up for Greenhouse JoCo. He has been looking for a coworking space on the Southside for his company, Education Transformation.

"Seeing people return for event after event, that tells me they feel it's valuable and they're getting something out of it."

- Laura Kennedy
executive director of Greenhouse JoCo

"For me, I want to start some type of after-school program and teach high school students entrepreneurship skills," Shi said. "The future they are facing is that most companies will become streamlined. A lot of jobs in the future, you work for yourself. People hire you as a contractor or you try to sell your service to whatever audience you can find, which is good but it also poses a lot of challenges for high school students or even college students. We don't teach them those kind of skills. How do you sell yourself? How do you find potential customers? How do you network with other people so that you can elaborate on each other's strengths. That's what I'm trying to start is a pro-

gram like that and I was looking for a place. Greenhouse was basically what I was looking for."

So far, Shi said Greenhouse has given him a nice, professional space to work after school hours. He said he looks forward to when Greenhouse has more members and he can do more networking.

Greenhouse welcomed its 10th member on Jan. 5. The space offers wifi, a bluetooth printer, private office space and meeting rooms. More importantly, Kennedy said, they are building a community of like-minded entrepreneurs and business leaders to help grow startup companies and small businesses.

"What makes people stick around is growing that community," she said. "When they come to an event or to work, have people who are also starting businesses, working remotely or having skills that they can work on projects together. That's been our main focus, doing events to bring people together in the same place and time."

Greenhouse has hosted five such events so far. The next event is Jan. 30, 6:30 p.m. with One Click Ventures Co-Founder Angie Stocklin discussing international product outsourcing. Greenhouse will host an Education Night on Feb. 6, discussing the future of entrepreneurial education.

"The turnout we've had, we believe is good and shows that there is some demand for it," Kennedy said. "Seeing people return for event after event, that tells me they feel it's valuable and they're getting something out of it. For Greenhouse, as an organization, we want to make sure we can transfer our membership, our community and our culture to the next, hopefully more permanent space. We hope to continue to have enriching events. We don't know yet what amount of space would be needed. Launch Fishers is already five years into doing this and they're very successful. They started in the basement of the public library. We don't know if this is our library or if we need to find our own basement and get larger as the market demands it."

For more information, visit [fb/greenhousejoco](https://www.facebook.com/greenhousejoco).



Southside Business Initiative will soon celebrate re-launch of its Madison Avenue coworking space

By Nicole Davis

When Southside Business Initiative (SBI) first opened in October of 2015, the goal was to have 50 members and put them at maximum capacity at the 6825 Madison Ave., Suite B, location.



K. Wheeler

While the Southside's first coworking space got off to a good start, membership has fluctuated as the committee eventually turned focus to other projects and life events and efforts to grow SBI went dormant. The facility isn't getting the use idealized when it first opened. The committee has recently been reformed and is aggressively looking at growing the space, said newly-appointed head of the Greater Southside Business Alliance and chair of SBI, Kevin Wheeler.

"We have a new marketing person that started in December and we expect to have about three new members a month going forward," Wheeler said. "He's already got interest, to the point that we're remodeling the upstairs to have suites. While many people like the concept of open air, some people, like in the medical industry, said they need to be in a place they can have a true one-on-one meeting with a client."

SBI will host a relaunch party on Jan. 25, with an open house from 3

to 6 p.m. Currently, SBI has 16 members. "We're optimistic in 2018 we will meet our goals."

Here, Wheeler answers some additional questions about SBI and coworking spaces:

Who are your members?

Ours was designed not to be a niche. Some coworking spaces in the state are focused specifically to pharmaceuticals. We have contractors, marketing folks, attorneys, nonprofit groups, real estate and several members that use the space as well as our GSBA board.

What are some benefits that members receive from joining?

There are a large number of at-home businesses in the Perry Township area. Working from home has its advantages but it doesn't make it conducive to have customers. You have to go to a local coffee house or McDonald's to meet with someone. Here, it gives them a more professional space to meet. It gives them a conference room, wifi, a little kitchen area. For the cost we're charging you wouldn't be able to get a day at a local hotel conference room for a month here. We're part of an at-large coworking space group, Indiana Coworking Passport, which allows our members to use any coworking space in the state of Indi-

ana if they're part of our network.

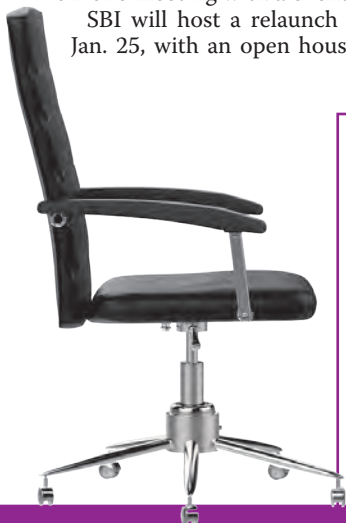
Why do you feel coworking space is beneficial to the Southside business community?

It gives a place for folks to get together and network, a place folks can be working on their laptop but they have other members in the room they can bounce ideas off of. They don't have the hassle of downtown parking. They don't have to travel miles to another space in Indianapolis. Some of our members have offices on the other side of Indianapolis and worked it out with their company to use the SBI so they don't have the commute. Employees can still be working remotely, in a professional, secure area.

We saw a lot of folks are gravitating to the coffee houses. Talking to the management at these coffee places, folks are coming in, buying a cup of coffee and planting at a table all day. Any other customer that comes in doesn't have a place to sit.

What are you looking forward to for the future of SBI?

We're anxious to get to the point where we'll have to turn people away. We're anxious to get the membership up so we have to either look at another facility or expanding. Our dream would be that if we get up to the 40, 50 members, that's about our capacity if they're all active.



Upcoming Southside Business Initiative events

6825 S. Madison Ave., Ste. B, Indianapolis.

SOUTHSIDE BUSINESS INITIATIVE 2018 RE-LAUNCH

WHAT: Light refreshments will be served. Bring plenty of business cards for networking with fellow small business owners!

WHEN: Jan. 25, 3 - 6 p.m.

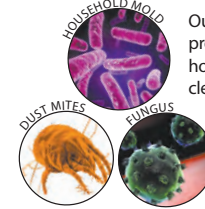
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WHAT: In this workshop, setup a powerful automation that sends a follow-up email to prospects just by adding their contact information to your work iOS, Google of Office 365 contacts. This three-hour, step-by-step training workshop is \$75.

WHEN: Jan. 31, 3 - 6 p.m. or Feb. 13, 9:30 a.m. - 12:30 p.m.

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FROM THE EDITOR



Kicking blue laws to the curb

Perhaps it's Indiana's growing passion for craft beer and microbreweries. Perhaps it's the fact that Indiana is among the few remaining states in our great nation where there are laws restricting the sale of alcohol on Sunday – and we're the only state that regulates the sale of alcohol by temperature. Whatever the reason, it's time for this archaic piece of legislation to see itself out.

For the first time in our history, the Senate Public Policy Committee has approved a measure allowing carryout Sunday alcohol sales at convenience, grocery, drug and liquor stores. Plus, they voted unanimously! SB 0001 will move to the senate soon for a second reading.

We are proud to be a unique state in many other regards, but not so much in this instance. It's time for Indiana to get with the program, the rest of the nation, and overcome this antiquated law that has come before our representatives many times, so our legislators can focus on the more important issues at hand: education, infrastructure, creating jobs and improving the lives of our citizens.

We want to know what you think about the subject! Send us your thoughts on Sunday alcohol sales to news@southsidetimes.com.

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STARS & STRIKES ON THE SOUTHSIDE

The Southside Times is all about people and our community. What do you like in your neighborhood? What don't you like? Who has done something nice, no matter how

small and should be recognized? Email your "Stars and Strikes" to news@ss-times.com. Julie Lockwood of Beech Grove contributed to this week's Stars and Strikes.

★ **Stars:** To Pastor Gossage, chaplain of the Southport Police Department, who came out in the middle of the morning for a fatal crash on Stop 11 Road on Saturday, Jan. 13.

★ **Stars:** To crews of the Beech Grove Department of Public Works who have been out working on the streets. "I drove my wife from our home in Carington Commons to her job at Beech Grove Meadows and was very pleasantly surprised by the job Indy DPW and your folks did in such a narrow window after the rain stopped to get some traction on the streets when the freezing rain begin," commented one resident to the city. The roads were wonderful throughout the winter

storm this week and they never missed a beat picking up trash!

★ **Stars:** To Southside residents who checked in on their elderly neighbors during this extreme cold spell.

★ **Stars:** To St. Barnabas Catholic School for setting aside a time each month for Stem Day. "This month's #STEM-Day was one of the best yet thanks to Notre Dame Center for STEM Education Pairs of students were able to explore coding and programming using a #Finchrobot from Birdbrain Technologies LLC. We used the drag-and-drop programming language of #Snap to explore concepts such as loops, decision statement, and variables," one teacher posted on social media.

QUOTE OF THE WEEK

"Whenever you find yourself on the side of the majority, it is time to pause and reflect."

– Mark Twain

HUMOR



TOP TEN SIGNS YOU'RE THE NEXT EX



By Torry Stiles

1. Her Facebook relationship status says, "It's complicated. ... or, at least, too complicated for HIM."
2. She knows the names of more than two lawyers.
3. His mom has been calling you, "the old one."
4. She has a new tattoo she refuses to let you see.
5. He has developed a fondness for weekly haircuts but announces they can only be from a certain barber who is only open from midnight to two in the morning.
6. She no longer calls you her biggest mistake but now just calls you "My Past."
7. His bowling bag has all the essentials: ball, towel, shoes, toothpaste, razor, deodorant, plane tickets...
8. At dinner the kids often discuss their new daddy.
9. The bank calls you asking for a forwarding address and you weren't planning to move.
10. A closer look at the family album shows that your picture has been replaced with cut-out magazine pictures of John Stamos.

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each week, we'll share one with you ...

In Nevada, it's still "legal" to hang someone for shooting your dog on your property.

Source: dumblaws.com

READERS' WRITES

Councilor at Large disappoints Southport citizens

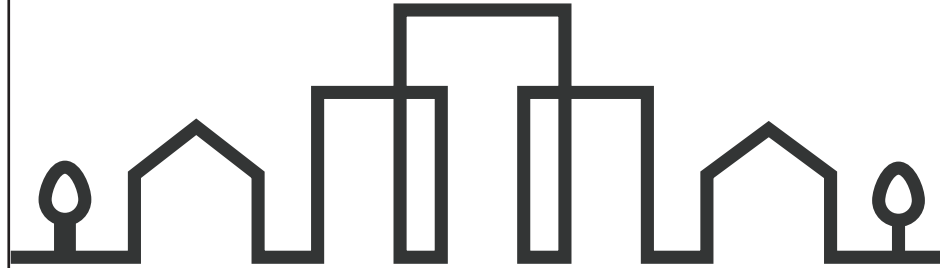
On Monday, Jan. 15, Southport councilor at large, Shara Hostetler, voted no on a number of important issues such as payroll register of claims for January, register of claims for January, encumbrance of funds resolution, as well as the Southport Park improvement project.

Ms. Hostetler explained that she voted no to the issues because the Clerk Treasurers office did not provide the council meeting agenda within three days of the scheduled meeting according to ordinance. Previously, the Clerk Treasurer had been out of the office for two weeks due to an illness.

Southport residents need to be aware of Ms. Hostetler's unprofessional approach to her appointed position as councilor at large. Ms. Hostetler is not representing the citizens of Southport. Ms. Hostetler is harming the citizens of Southport with her unprofessional behavior rather than representing the best interests of Southport.

I invite you to attend the Southport City Council meetings and voice your opinion regarding Ms. Hostetler's performance as Councilor at Large. City Council meetings are held once a month on the third Monday at 7 p.m. at city hall.

James Cooney
Councilor, District #1



Sellers lose negotiation power with lowball offers

REAL ESTATE

By Dawn Whalen
Whalen Realty Group

A lowball offer is one that's significantly below a seller's asking price, and entering into residential real estate negotiations with a lowball offer is not a good idea. This is especially true today where the market is designed for sellers, homes are selling quickly and receiving multiple offers.

In today's seller's market, lowball offers are almost always rejected; the seller doesn't want to spend time making a counter offer when chances are good that other, higher offers will come. Buyers who ask for seller concessions, such as closing costs, in addition to a lowball offer, reduce the likelihood of their offer being accepted. It's important to remember that sellers have one pool of money from which to pull, the net sale of the property, and asking them to significantly reduce the amount they receive, plus spending some of that money on closing costs creates a bad combination. If a buyer is truly interested in a property, their negotiating power will increase, along with the price of the offer.

The interior condition, location, updates and maintenance are primary reasons a potential buyer may make a lowball offer. Additionally, if homes in the area are priced lower than a seller's asking price, or prices are

falling, these could also be reasons for a low offer. An experienced real estate agent will provide the seller with comparable properties in the area in order to make an educated decision on the listing price, and will offer data if prices in the area fluctuate. A buyer's real estate agent can also provide comps to show the true market value of a property in an effort for the buyer to make a quality offer.

The current real estate market has limited inventory of move-in ready properties, but lots of potential buyers. However, with the inventory available, buyers need to make a strong offer in regards to price, closing costs and terms of possession. These elements will only increase in importance as inventory picks up as the weather gets warmer and more families look to move.

Every buyer wants to get the best deal they can, but every seller also wants to get the most from their investment. There is no right answer for every home buying situation, and ultimately the seller will determine the value of their home, but through the help of an agent, the price will attract quality offers that meet the seller's goals.



Dawn Whalen is owner of Whalen Realty Group, and has worked in commercial and residential real estate for more than 10 years. She's a licensed realtor, broker and is a member of MIBOR.

AROUND TOWN

Youth Connections' Website goes international

Service – Youth Connections, a 42-year-old 501(c)3 nonprofit, serving youth through crisis intervention, community education and mentoring has adapted its website to accommodate 14 different languages. Visitors to the site can find information in the following languages: Arabic; Chinese; Dutch; English; Filipino; French; German; Hindi; Italian; Portuguese; Punjabi; Russian; Sindhi and Spanish.

"As our demographics change, we must be able to accommodate the needs of those who may not be proficient in English but still wish to utilize our programs," said Kim Shell, Youth Connections Board President.

Youth Connections serves the needs of youth and families in Johnson, Morgan and Brown counties through its seven programs; *Children's Visitation Center, Families in Transition, Custody Evaluation, Safe Place/Host Home, JumpStart mentoring, Speakers Bureau and Community Education on Human Trafficking.* For more information about Youth Connections call (317) 738-3273 or visit youthconnections.org.

Franklin Township CERT hosts public meeting

Emergency Response – Franklin Township CERT will host a public meet and greet on Jan. 18, 6:30 - 7:30 p.m. at the Franklin Township Trustee Office Community Room, 6231 S. Arlington Ave., Indianapolis. CERT is a nationwide program designed to bridge the gap between needs of citizens in major disaster until first responders can arrive. CERT responders are trained to focus on education on disasters, preparedness for themselves and the community, training for emergency response and are organized as an extension of first responders. Anyone is welcome to attend the meeting. For more information, contact Nikie Ryan at FTIndyCERT@gmail.com.

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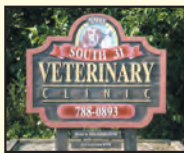
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The importance of dentals

DR. JEFF'S MEWSINGS

By Dr. Jeff Ambrous

February is National Pet Dental Health Month. Many pet owners don't give much thought to their pet's mouth or teeth until they get a whiff of some bad "doggy breath." That odor is caused by the bacteria that is growing in the mouth and is an indication that there is already a problem.

It is normal for bacteria to live in your pet's mouth. However, if left alone this will lead to the buildup of plaque and tartar around the teeth and below the gum line. This infection can lead to more problems such as loose teeth, root abscesses or even contribute to heart disease.

Once the tartar has formed on the teeth, the only real choice is treat it with a professional dental cleaning. This is done in the vet's office and includes cleaning the teeth above and below the gum line, polishing and fluoride treatment.

The best plan before there is a problem or after having a cleaning performed is to take some easy preventative steps. There are many things that can be done to help slow the plaque buildup on the teeth. There are oral rinses, dental formula food and treats such as Hill's T/D. I also recommend brushing your pet's teeth on a regular basis with a pet toothpaste, not with human toothpaste. I understand that brushing can take some getting used to and may not be to every pet's liking. Pets are all individuals and should be treated as such. If you have any questions about your own pet's teeth, please contact the office and set up a time to have us look at his or her mouth and give you some specific recommendations.



Dr. Jeff Ambrous practices at South 31 Veterinary Clinic and can be reached at (317) 788-0893.

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■ ABILENE

Abilene is 1.5-year-old, super sweet DMH kitty. Abilene gets along with everyone and is ready for her forever home. Her fee is \$50. For more information or to adopt, visit the Humane Society of Johnson County, 3827 Graham Rd., Franklin or hsjc.org.

■ BUSTER

Buster is a 2-year-old American Bulldog mix. Buster is so sweet, loves playing and enjoys walks. Buster is ready for his forever family. His fee is \$150. For more information or to adopt, visit the Humane Society of Johnson County, 3827 Graham Rd., Franklin or hsjc.org.

■ REY

Rey is a 5-month-old Rat Terrier mix. Rey is shy at first but warms up quick. This love won't last long. Her adoption fee is \$200. For more information or to adopt, visit the Humane Society of Johnson County, 3827 Graham Rd., Franklin or hsjc.org.



ON CAMPUS

Armand Curet graduates from ENMU

Degree – Armand Curet of Indianapolis, (46237), graduated from Eastern New Mexico University on Dec. 16, 2017. ENMU, a state institution offering associate, bachelor and master degree options, serves students from around the world. Courses are offered on-campus and online. For more information, contact the Office of Communication Services at 575-562-2154.

Kaitlin Tetreault named to SNHU's President's List

Academics – Kaitlin Tetreault of Indianapolis (46237) has been named to Southern New Hampshire University's fall 2017 President's List. Eligibility for the President's List requires that a student accumulate an academic grade point average (GPA) of 3.7-4.0 and earn 12 credits for the semester. Southern New Hampshire University (SNHU) is a private, nonprofit institution serving more than 85,000 students worldwide. Learn more at snhu.edu.

Beech Grove/Greenwood students make Wabash College Dean's List

Academics – Wabash College Dean Scott Feller has announced that three Beech Grove/Greenwood students are on the Dean's List for the fall 2017 semester. They are: James M. Jennings, a senior, son of Mr. and Mrs. John R. Jennings, Beech Grove; Benjamin A. Grubbs, a sophomore, son of Mr. and Mrs. Steven E. Grubbs, Greenwood; and Joseph A. Lenkey, a junior, son of Mr. and Mrs. James J. Lenkey, Greenwood. The three Beech Grove/Greenwood students are among the 297 Dean's List students who maintained a 3.5 grade point average or better on a 4.0 point scale.




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Dine at Stacked Pickle for dinner on Jan. 20 and proceeds benefit Perry Senior Services. (Submitted photo)

Southport Stacked Pickle celebrates its second anniversary with giving back to Perry Seniors

By Nicole Davis

Stacked Pickle on Southport and McFarland Roads is turning two, celebrating its anniversary with an evening of family-friendly activities and funds benefitting Perry Senior Services.

The celebration takes place Jan. 20, 7 p.m. to 1 a.m. at 7040 McFarland Blvd., Indianapolis. The evening includes free beer samplings, a live DJ, food specials, drink specials, raffle prizes and a meet and greet with Stacked Pickle CEO and former Indianapolis Colts

player Gary Brackett.

"Since we are dependent on donations and fundraisers, this would be a good one for us," said Peggy Bryson, executive director. "Everyone will need a break from this weather. It will be a beautiful weekend, so come on out. It'll just be a good time with some fellowship and good food."

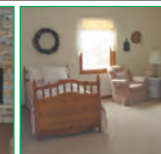
Perry Seniors, located at 6901 Derbyshire Rd., Southport, uses the funds to provide meals for Perry Township senior citizens throughout the year, take seniors to medical appointments and more. For more information, visit perryseniors.org.



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Medicare Takes Aim at Medical Identity Theft

By Seema Verna
CMS Administrator

FAMILY FEATURE - Criminals are increasingly targeting people age 65 or older for personal identity theft. In 2014 alone, there were 2.6 million such incidents among seniors, according to the Department of Justice.

A growing offshoot of identity theft is healthcare fraud, which can result when someone unlawfully uses another person's Medicare number. Medical identity theft can lead to inaccuracies in medical records, which in turn can result in delayed care, denied services and costly false claims.

That's why Medicare works with the Department of Justice, taking aim squarely at would-be thieves. In the largest law enforcement action against criminals fraudulently targeting the Medicare, Medicaid and Tricare programs, 412 people around the country, including 115 doctors, nurses and other licensed medical professionals, were charged in 2017 with bilking U.S. taxpayers out of \$1.3 billion.

The next big fraud-fighting push is well underway — and its focus is protecting the personal information of senior citizens by removing their Social Security numbers from Medicare cards.

People with Medicare don't need to take any action to get a new Medicare card. Beginning in April, 2018, the Centers for Medicare & Medicaid Services (CMS) will mail out newly designed Medicare cards to the 58 million Americans with Medicare. The cards will have a new number that will be unique for each card recipient. This will help protect personal identity and prevent fraud because identity thieves can't bill Medicare without a valid Medicare number. To help with a seamless transition to the new cards, providers will be able to use secure look up tools that will support quick access to the new card numbers when needed.

Healthcare fraud drives up costs for everyone, but healthcare consumers can be an effective first line of defense against fraud. Follow these tips to help protect yourself:

DO

- Treat your Medicare number like a credit card.

- When the new card comes in the mail next year, destroy your old card and make sure you bring your new one to your doctors' appointments.
- Be suspicious of anyone offering early bird discounts, limited time offers or encouraging you to act now for the best deal. That's an indicator of potential fraud because Medicare plans are forbidden from offering incentives.
- Be skeptical of free gifts, free medical services, discount packages or any offer that sounds too good to be true.
- Only give your Medicare number to doctors, insurers acting on your behalf or trusted people in the community who work with Medicare, like your State Health Insurance Assistance Program (SHIP).
- Report suspected instances of fraud.
- Check your Medicare statements to make sure the charges are accurate.

DON'T

- Don't share your Medicare number or other personal information with anyone who contacts you by telephone, email or approaches you in person, unless you've given them permission in advance. Medicare will never contact you uninvited and request your Medicare number or other personal information.
- Don't let anyone borrow or pay to use your Medicare number.
- Don't allow anyone, except your doctor or other Medicare providers, to review your medical records or recommend services.
- Don't let anyone persuade you to see a doctor for care or services you don't need.
- Don't accept medical supplies from a door-to-door salesman.

Learn more about how you can fight Medicare fraud at Medicare.gov/fraud, or call 1-800-MEDICARE (1-800-633-4227). You can also visit a local SHIP counselor, who can provide free, one-on-one, non-biased Medicare assistance.

With a common sense approach to protecting health information, senior citizens can be effective partners in fighting Medicare fraud.

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(Stock photo)

How the RightCare approach to dementia and cognitive support can change one person's life

By Right at Home

Lee had dementia for more than 10 years. Her husband, John, did not understand dementia, but he provided the best care he could. Like many families experience, Lee eventually became depressed and withdrawn, the opposite of her normally bubbly and outgoing personality.

Once John partnered with Right at Home, the positive change in Lee was dramatic. Right at Home's RightCare approach to dementia and cognitive

support focuses on creating abilities-driven, person-centered care experiences. Lee flourished under this approach.

Within six months, a home health nurse who had observed Lee prior to this new approach to her care, confirmed the change. "Lee is now vibrant and she smiles. She enjoys life and she will engage with you."

By empowering Lee's abilities and embracing everything that makes her unique as a person, Right at Home was able to improve the quality of life for not only Lee, but also for John who learned to connect with his wife in new ways.



BUSINESS

Cardiologist joins Franciscan Physician Network Indiana Heart Physicians

Healthcare – Louis F. Janeira, MD, has joined Franciscan Physician Network Indiana Heart Physicians. Board-certified in cardiology, cardiovascular disease and electrophysiology, he joins a team of highly regarded physicians, advanced practice providers and other cli-

nicians, who provide care to patients in Indianapolis, Franklin, Martinsville, Columbus, Shelbyville, Crawfordsville and Greencastle. Dr. Janeira holds memberships in the American Academy of Physicians and the American College of Cardiology. To schedule an appointment with Dr. Janeira, call (317) 893-1900.





(Photo courtesy of Getty Images)

7 Tips for Managing Diabetes

FAMILY FEATURE - Staying healthy can be a challenge, especially for those living with diabetes. Everyone can have conflicts finding the right balance of partaking in healthy habits, such as exercise, eating well and even keeping your teeth and gums clean. From stress to self-care, life can be up and down when you're living with diabetes.

These seven tips from Dr. Natalie Strand, the winner of season 17 of "The Amazing Race" who lives with diabetes herself, can help you stay healthy and lead a balanced life while managing your diabetes.

- **COMMUNICATE WITH YOUR CARE TEAM.** Make sure you connect with your nurse educator, endocrinologist and dietician. Reach out to them with your questions as they can often help you implement subtle changes to avoid completely overhauling your lifestyle and routine because of diabetes.

- **GET INVOLVED.** Get a local group together to fundraise, vent or just understand each other. Groups such as Diabetes Sisters, JDRE, TuDiabetes and BeyondType1 offer ways to connect with others living with diabetes in person or on social media. Connecting with the diabetes community can be a powerful way to help ease the burden of living with diabetes.

- **KEEP DOING WHAT YOU LOVE.** Just because you have diabetes doesn't mean you have to give up doing what you love. Make efforts to continue sports, travel and other hobbies, even if there is a learning curve to adapting with diabetes at first.

- **MAINTAIN GOOD ORAL HEALTH.** People living with diabetes are two times more likely to develop gum disease, according to the Centers for Disease Control. Colgate Total toothpaste is FDA-approved to help reverse and prevent gingivitis, an early form of gum disease.

- **GET INTO A ROUTINE.** Find a routine that works and stick with it. This way you don't have to make new decisions each day. Anything that can ease the mental burden of diabetes can help. For example, pick a time each year for your annual visits: eye doctor, endocrinologist, renew prescriptions, etc. Picking the same time of year every year can help ensure you don't forget to take care of yourself.

- **MAKE SELF-CARE A PRIORITY.** It can be hard to keep diabetes care in the forefront. It can be boring, exhausting and also fade into the background. Remind yourself that one of the best things you can do for yourself, and for your loved ones, is stay healthy. Use your family as motivation to exercise daily, eat better-for-you foods and maintain a healthy weight.

- **MANAGE STRESS.** Diabetes can be a big stressor. Add jobs, kids, relationships and it can become overwhelming. Find an easy and effective tool for stress relief and do it often. Even 5-10 minutes of guided meditation daily can have a big impact on stress management.

For more information and ways to lead a balanced life with diabetes, visit OralHealthandDiabetes.com.

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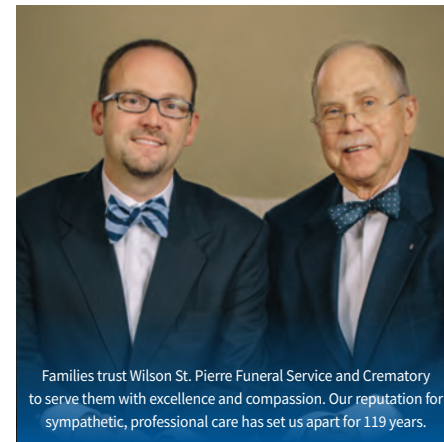
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Fractures are common among the elderly. ASC employee Donna Edwards provides care to Sharon Perkins whose femur was fractured. (Submitted photo)

Increased fractures in elderly people lead to increased hospitalizations

By EUNICE TROTTER
American Senior Communities

Rosemary Jones remembers waking up feeling very ill one morning. She felt worse as the day went on. The next thing she remembers is being in the hospital with a fractured ankle.

"I don't know how it happened," said Mrs. Jones, who rehabilitated at Forest Creek Village, one of nearly 90 locations operated by American Senior Communities. "I don't think I fell or twisted it or anything."

At age 76, Mrs. Jones is part of a growing group of seniors who are hospitalized and then must undergo rehabilitation because of fractures. And wintertime is the peak season for falls.

While most fractures result from falls, osteoporosis is often a major contributing reason for fractures among elderly people because the disease weakens bones, causing them to

break more easily.

According to statistics on aging, at least one third of people age 65 and over will fall at least once each year, and many of the falls will cause fractures. The hip, femur, hand, wrist and ankle are the most typical fracture sites. When the hip is fractured more than half of the people never regain their pre-fall level of functioning.

The goal of rehabilitation should be to return the injured person to normal functioning levels, and at the least, to an independent level of functioning, allowing the person to independently take care of daily living activities.

According to a recent study, facilities that specialize in orthopedic care, such as those operated by American Senior Communities, have better outcomes.

To learn more about orthopedic care that can be provided at any of American Senior Communities' 30 Indianapolis-area locations, visit ASCCare.com to contact the location nearest you.



Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

E
 S L N
 D A T E I
 P H O L J T A
 W D U C N U O T M
 T A N S E A N G S U O
 G O K A T J R N E U E C R
 N P E L H K S T I L R P E
 U H I S G I T E O P L A H
 O A S I I N M E I R S Y E
 Y T L R R G A M M L I G W
 G L A E W M R U D A A C E
 G U N K S A Y A Q B U L O
 O D A I N S M B X A G
 D B R R Q A E K T
 B H E C R A A
 C E T I C
 F Y S
 T

6 Leaf Vegetables _____

4 Monopoly Game Tokens _____

3 Ft. Wayne Rivers _____

5 U.S. Territories _____

2 Indiana U.S. Senators _____

1 Brain Game Host _____

	7			6	1		9	
								8
			9	3		5		
4				1	6		8	3
8								6
3	2		4	7				1
		1		5	7			
7								
	8		6	2				3

ACROSS

- Seacrest co-host
- Lucky's Pub beer barrel
- Desert plants
- British prep school
- "Evil Woman" grp.
- More verdant
- Half Price Books genre
- Scottish girls
- 100-degree days in Indy
- Throw with effort
- Greenwood hardware store
- Butler frat letter
- Harried query
- Analyze syntactically
- Indy-to-Louisville dir.
- Center Grove HS pitcher's stat
- Shoopman Homes bay window
- Unvarying
- Phrase heard close to dinnertime
- White River spring hazards
- Face-to-face exams at Purdue
- Southside Farmers Market corn unit
- Indianapolis Zoo beast
- ___ and bounds
- Cabbie's question
- Degree in math
- Not guzzle
- Skating jumps
- More scorching
- Former Japanese VIP
- "I got this under control!"
- Holy city that is 215 miles from Indy?
- Big Blue
- Lingerie fabric
- Honcho
- ___ & Johnny's
- Beautician, at times

DOWN

- Cover over
- Cornell's home
- Not as rich as the Simons
- The King ___
- Nairobi's land
- A Manning
- One dressed in black in Broad Ripple, maybe
- To whom a Muslim prays
- Tropical fruit
- Black ink item
- DVD forerunner
- Finish Line shoe spec

1	2	3	4		5	6	7		8	9	10	11	12	13
14					15				16					
17				18					19					
20						21	22							
23				24		25		26				27	28	29
30			31			32	33					34		
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42	43						44							
45						46				47		48	49	50
51				52	53	54			55	56			57	
				58				59		60		61		
62	63	64					65	66						
67							68					69		
70								71					72	

- Roncalli HS yearbook sect.
- Pronounced
- Johnson County Fair barn mother
- Like the clothing at Kids Kloset
- Straight, at Hops & Fire
- Chicago destination from IND
- United ___ of Central Indiana
- TriBeCa neighbor
- Single-masted vessel on Geist
- Indiana state officeholders
- Last word of "America, the Beautiful"
- Explain
- Lighten up
- Had on
- Small songbird
- Not very many
- "Well, ___-di-dah!"
- MSN competitor
- Off course
- 14th US president
- More agile
- Stormed
- Give forth
- Southport HS choir voice
- Culinary herb
- Do laps in a pool
- Tattled
- Letters on a Cardinal's cap
- Garden tool
- Suffix with pay-
- Game of Thrones aier

Answers See Page 21

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GOVERNMENT WATCHDOG

SOUTHPORT CITY COUNCIL

Meeting, Jan. 15

What happened:

The council approved the Southport Park Project Bid, 4-1-0. The council approved the Worman Street Project.

What it means:

• The Southport Parks Project Bid would go toward park upgrades such as installation of accessible playground equipment, bank stabilization, relocating the basketball court and baseball diamond. "This has been a long process of many faces and many hands and it's finally getting there," said Councilman Joe Haley. "With hopes in July, our kids will be playing there, with access for everybody."

• The Worman Street Project would help to improve the manhole on Worman Street.

In brief...

• Joe Haley was elected as president pro-tem for the city council for 2018.

Compiled by Nicole Davis

BUSINESS



MashCraft opens third brewery location

Over 21 – MashCraft Brewing, the locally-based craft brewer, opened the doors on a new customer experience in Fishers on Jan. 13, serving up a variety of craft beer, family fun and food to warm customers' minds and spirits. The company's third location joins established sites in Greenwood and Indianapolis. The brewery and restaurant, located just south of 116th and Allisonville, will seat 76 people inside and 30 people or dogs outside on the patio when the weather is nice.

NIGHT & day

LOCAL ENTERTAINING
ENTERTAINING

CALENDAR OF EVENTS

BEECH GROVE

Italian Dinner Fundraising Event • Stop by and support Next Stop, Beech Grove's Indiana Main Street Revitalization Project. Turn in the fundraiser flier (found with Beech Grove Parks or Next Stop participants) for 20 percent of food sales to go to the project. | When: Jan. 23, 5 - 9 p.m. | Where: Napoli Villa, 758 Main St., Beech Grove. | Info: [Facebook](#)/NextStopBeechGrove.

Family Game Night • Join for snacks, board games, puzzles and Wii games for the whole family. | When: Jan. 24, 5:30 p.m. | Where: Hornet Park Community Center, 5245 Hornet Ave., Beech Grove. | Info: [Facebook](#)@BeechGroveParks.

Computer Basics at Beech Grove • Learn about basic components of a computer, how to start and shut off the computer, as well as basic terminology. | When: Jan. 24, 10:30 a.m. - 12 p.m. | Where: Beech Grove Branch Library, 1102 Main St., Beech Grove. | Info: (317) 275-4560.

Indy South Train Show • The show includes 100 selling tables, all scales and operating layouts with free parking and food available. Admission is \$4 for adults, free for children under 14 with an adult. | When: Jan. 27, 10 a.m. - 3 p.m. | Where: Independent Nazarene Church of Beech Grove, 5152 Hornet Ave., Beech Grove. | Info: dscamihorn@marian.edu.

CENTER GROVE

Family Engineering • Build and test projects together as a family! Conquer the challenges by using problem solving and creativity. | When: Jan. 20, 10 - 11 a.m. | Where: White River Branch Library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](#).

Everyday Cosplay • Get ideas on how to put together outfits from Disney Bound to Doctor Who, and make a Shrinky Dink accessory to take home. Attendee must be between the grades of 8 and Adult. | When: Jan. 23, 5:30 - 6:30 p.m. | Where: White River Branch Library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](#).

Bingo Fun • Let's play Bingo! We will munch on snacks, win prizes, and have fun with this game to coincide with the Library Bingo Challenge. | When: Jan. 24, 4:30 - 5:30 p.m. | Where: White River Branch Library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](#).

Fitness for Your Busy Lifestyle • Exercising more and eating better are popular New Years resolutions. Join Jon Kim from Anytime Fitness as he gives tips and advice on how to



turn those resolutions into reality. | When: Jan. 24, 6:30 - 8 p.m. | Where: White River Branch Library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](#).

FRANKLIN TOWNSHIP

Baby Lapsit at Franklin Road • Babies up to 18 months and an adult are invited to listen, clap, bounce and learn with Miss Karen. | When: Jan. 18 and 25, 10:15 a.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

GARFIELD PARK

Trades Career Fair • This fair includes networking with local businesses, improving your resume and door prizes, hosted by Solndy. | When: Jan. 27, 10 a.m. - 1 p.m. | Where: Garfield Park Arts Center, 2432 Conservatory Rd., Indianapolis. | Info: [soindy.org](#).

GREENWOOD

Great Character Actors of Indiana • Adult program: Local journalist and historian Dan O'Brien will take you down memory lane during his presentation on Hoosiers who made it to the big (and little) screen. | When: Jan. 18, 6:30 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: [greenwoodlibrary.us](#).

SALI Open House • Due to the pending bad weather, the SALI Open House for the Teachers Exhibit that was to be Friday Jan. 12 has been rescheduled. | When: Jan. 19, 6-8 p.m. | Where: Southside Art League, 299 E. Broadway, Greenwood. | Info: [southsideartleague.org](#).

Self-Defense Class • Learn self defense from local martial arts expert and owner of Pilsung ATA Martial Arts, Rose Myers. This program will involve mature discussion about difficult topics such as bullying and sexual assault. Registration Required. Grades 6-12. | When: Jan. 22, 5:30 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: [greenwoodlibrary.us](#).

DIY: Movie Ticket Memento Box • Adult program: Show off with a ticket memento box! All supplies will be provided to make your very own wall hanging to collect all of your past and future tickets. | When: Jan. 23, 6 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: [greenwoodlibrary.us](#).

History Roundtable: The Progressive Era: 1890 - 1920 • Adult program: Expertise is not required... just a love of history! Discuss a new topic each month. Just come ready to summarize a non-fiction book, a documentary, or a podcast related to the main topic. | When: Jan. 25, 6:30 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: [greenwoodlibrary.us](#).

Dungeons and Dragons Night - An After-Hours Event • Newbies and experts are all welcome! Pizza will be provided. Registration and permission slip required. Grades 6-12. | When: Jan. 26, 5 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: [greenwoodlibrary.us](#).

INDIANAPOLIS

NARFE Meeting • Indianapolis Chapter 151 of the National Active and Retired Federal Employees Association will meet with all active and retired fed-

Calendar continued on page 15

Calendar continued from page 14

eral employees and their spouses welcome. Trent Theobald from the Carmel Police Department will speak on Personal Safety in Today's World. | When: Feb. 2, 12:30 p.m. The cafeteria opens for lunch at 11:30 a.m. | Where: Truman Room of the Scottish Rite Cathedral, Indianapolis. | Info: narfe.org.

PERRY TOWNSHIP

Southport Stacked Pickle 2nd Anniversary Party • The Stacked Pickle in Southport is turning two years old and on Jan 20 will host a party to celebrate. Free Beer samplings, LIVE DJ, Food specials, drink specials, raffle prizes and a meet and greet with Stacked Pickle C.E.O. and Indianapolis Colts legend Gary Brackett. All proceeds from the raffle will be donated to the Perry Senior Center. | When: Jan. 20, 7 p.m. - 1 a.m. | Where: 7040 McFarland Blvd., Indianapolis. | Info: stackedpickle.com.

Quilters Guild of Indianapolis • Quilters Guild of Indianapolis (QGIS) will host its Southside satellite meeting. Connie Lancaster, owner of Quilts Plus, longarm quilter and teacher will present a trunk show from Quilts Plus. | When: Jan. 25, 12:30 p.m. | Where: Friedens United Church of Christ, 8300 S. Meridian St., Indianapolis. | Info: quiltguildindy.net.

SOUTHPORT

Snacks with Superheroes • Children can have snacks with their favorite superheroes with this fundraiser for Southport High School's Indoor Percussion group. | When: Jan. 20, 1 - 2:30 p.m. | Where: Southport High School Auditorium Entrance. | Info: signupgenius.com/go/5080d4eaea823a2f49-snacks.

Tween Swap @ Southport • Young people ages 10 - 14 are invited to give away and take items for free. Bring clothes, games, toy, books jewelry, cards, or anything! | When: Jan. 20, 2 - 3 p.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: (317) 275-4510.

Confidence Conquers: A Prom Fashion Show Fundraiser • Sophia's Bridal, Tux and Prom will host its second annual fashion show to raise money and awareness for Girls, Inc. of Indianapolis and their Young Women in Leadership program. The theme of this year is "Confidence Conquers" and the models are a mix of local high school girls and young women from the Girl's, Inc. program. Tickets are \$20. | When: Jan. 21, 4 p.m. | Where: Sophia's Bridal, Tux and Prom, 2025 E. Southport Rd. | Info: (317) 882-1244.

ENJOY YOUR WEEK!

Visit ss-times.com for weekly news and events.



Tom Hanks, Philip Casnoff, David Cross, Pat Healy, Rick Holmes, Bob Odenkirk, and Carrie Coon in *The Post*. (Photo courtesy of © 2017 Twentieth Century Fox Film Corporation & Storyteller Distribution Co. LLC. All rights reserved.)

The Post
Hanks, Streep shine

MOVIE REVIEW

By Adam Staten

For as long as one can remember, the White House and the press have had a somewhat adversarial relationship. Both hope to use one another as a means of achieving goals. The press is looking to inform and educate the electorate on the latest happenings at the White House. On the other hand, the White House uses the press as a way to communicate with the public, push for specific policies or agenda items. However, often times these goals aren't easily achievable, at least at the same time, causing friction between the two. One recently released film details a specific, memorable time when the White House and press were on very different sides.

The Post, set in the 70s, is the story of *The Washington Post* as they get their hands on the Pentagon Papers. The top secret documents prepared by Department of Defense detail the United States' involvement, both politically and militarily, in Vietnam from the 1940s to the mid 60s. Additionally, the papers also contain a record of government officials who felt Vietnam was a lost cause, despite sending young men over to the Asian country.

Prior to *The Post* getting ahold of the classified government documents, *The New York Times* had already printed a portion. However, the government takes quick legal action against the country's most popular newspaper, threatening jail time if they continue to print the documents. Knowing this, *The Washington Post* has a dilemma on their hands: do they publish the documents and face jail time or sit on the explosive story instead? Complicating issues, *The Post* had recently gone public and a

possible indictment obviously wouldn't be the best thing for the company's IPO.

As with any film starring Tom Hanks and Meryl Streep, the performances are stellar. Both screen legends bring their A-game to this fact-based story. Neither overshadows the other as both are given adequate screen time to flex their acting muscles. The supporting performances are also strong; most notably Bob Odenkirk in a small, but critical role. Additionally, due to Steven Spielberg being behind the camera, the direction is of note as well. The film moves swiftly along, never lingering on a scene for longer than absolutely necessary.

If there is any flaw to the film it's the predictability of the story. While the story for the most part is fairly interesting and engaging, it is rather unsurprising. Most of the scenes and character decisions can be seen from a mile away.

The Post is a fantastic, but mildly predictable film highlighted by the masterful work from three film legends – Streep, Hanks and Spielberg. 4 out of 5.



Adam Staten lives in Perry Township and is a movie buff. Staten graduated from University of Southern Indiana with a degree in Communication Studies. He can be reached at adam.staten1@gmail.com

Southside News Quiz

How well do you know your Southside community?

Test your current event knowledge each week with a little Q&A!

- What is the name of the new coworking space in Greenwood?
 - A. Johnson County CoWork
 - B. Social Space
 - C. Greenhouse JoCo
 - D. Office Greenery
- Stacked Pickle is giving back to what local nonprofit as part of its 2-year anniversary celebration?
 - A. Southport Lions Club
 - B. Perry Senior Services
 - C. Beech Grove Senior Services
 - D. The Social of Greenwood



- Dawn Whalen of Whalen Realty writes in this month's Southside Marketplace column that lowball offers on homes will be, what?
 - A. Forgotten
 - B. Counter-offered
 - C. Considered
 - D. Instantly rejected

- What is NOT one thing that will be part of the Southport Parks Project this year?
 - A. Creek bed, or bank, stabilization
 - B. Relocation of the baseball diamond
 - C. Accessible equipment
 - D. Refurbishing old equipment

- Dr. Jeff writes in this month's Pet Page column that February will be National Pet _____ Month.
 - A. Dental Health
 - B. Owners Appreciation
 - C. Mental Health
 - D. Show-off



ANSWERS ON PAGE 21

OBITUARIES

Deborah Marie Agard

Deborah Marie Agard, 53, of Indianapolis, died on Jan. 10, 2018. She was born on March 20, 1964 in Indianapolis. Deborah received her Doctorate from Indiana University School of Law. She was the owner of The Law Office of Deborah M. Agard. She was named Super Lawyer and Top 25 Female Lawyers in Indiana multiple times. Deborah served as Board President for Kids' Voice of Indiana and a trainer and educator for the Guardian ad Litem program. Deborah served as a Pro Tem Judge for Marion County and surrounding counties. She loved to travel and enjoyed developing her own black and white photography in her dark room. She served in the Army as a Military Police Officer and Presidential Guard in Washington D.C. Survivors include her parents, Jack and Julia Agard; brothers, Jeffery M., Kevin A., and William S. Hoovler; stepbrothers, Chris and Jeff Agard; nieces, Jenna, Jessica, and Samantha Hoovler; nephew, Joshua Hoovler; friend, Susan D. Bennett; along with many aunts and uncles. She was preceded in death by her biological father, Patrick Hoovler; brother, Lucas Agard; grandparents, William and Elsie Baldwin and Cecil and Elsie Hoovler. Memorial Visitation was Jan. 16 with memorial service at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis.

Lisa L. Baker

Lisa L. Baker, 44, of Logansport, Ind., died Jan. 10, 2018. She was born Nov. 10, 1973 in Logansport to the late George and Sharon Baker. She is survived by her sister, Lori (Brian) Fishburn; half-sisters, Lawana Leslie, Monica Burkett, and Ann Lynch; nieces and nephew, Leigha, Chris, Susan, Janell, and Troy; several great-nieces and nephews; and her lifelong friends, Julie, Tracey, Kelly, and Erinn. Lisa loved animals, science fiction, old movies, 80's music, and enjoyed making jewelry and crafting. A celebration of life service will take place at a later date. Arrangements were entrusted to Simplicity Funeral & Cremation Care.

June Marie Behrens

June Marie Behrens, 83, of Greenwood, died on Monday, Jan. 8, 2018. Born June 21, 1934 in Indianapolis to the late Harry C. and Elsa (Behrmann) Hilgemeier, she was a graduate of Manual High School and attended Purdue University and Indiana Business College. June worked as a teachers aide at IPS #34. She was an active longtime member of Friedens United Church of Christ. Survivors include her husband, Donald Behrens, Sr.; two sons, Donald Behrens, Jr. (Patricia) and David Behrens (Sally); four grandchildren, Patrick, Jennifer, Allison and Emily; and her sister, Joyce Scheib. Visitation was Jan. 12 at G.H. Herrmann Greenwood Funeral Home, 1605 S. State Rd. 135, followed by the funeral. She will be laid to rest at Forest Lawn Memory Gardens.

Richard A. Bond

Richard A. Bond, 84, of Greenwood, died Jan. 15, 2018. He was born Feb. 22, 1933 in Indianapolis to the late Rex Bond and Alice Palmer. His memory and legacy

carry on through his wife of 34 years, Patricia (Cooper) Bond; children, Richard (Peggy) Bond, Jr., Joseph (Molly) Bond and Linda Mertz; stepchildren, Robert Cummins and Karen Oakes; eight grandchildren; and one great-grandchild. He was preceded in death by his twin brother, Robert Bond. Service is Jan. 19, 1 p.m. at Simplicity Funeral & Cremation Care, 7520 Madison Ave., Indianapolis. Friends may visit from 11 a.m. until the service. Richard will be laid to rest in New Crown Cemetery.

Ruby Florence Cravens

Ruby Florence Cravens, 79, of Indianapolis died on the morning of Jan. 13, 2018. She was born on July 1, 1938 to Gaines Oliver and Hannah Elise McKenzie Sr. in Morgan County, Ky. She married Willis B. Cravens on Jan. 22, 1954 and he precedes her in passing. Ruby enjoyed cooking, crocheting, knitting, reading, watching movies especially those in black and white, decorating for the holidays and listening to the music of Elvis Presley. She loved her family and spending time with them. Ruby attended Emmanuel Church. Ruby is survived by her only son Mike (Barb) Cravens; two grandsons Lucas (Kelle) Cravens and Robert (Kayla) Cravens; seven great-grandchildren; brothers and sisters Ragina Lee Wyatt, Emma Jane Chumbley, Harold Raymond Patrick, George Roland McKenzie, Samuel Daniel Patrick and Brenda Gayle Patrick; and several nieces and nephews. In addition to her parent she is preceded in passing by her husband; William Francis McKenzie, Wilma Agnes Lewis, Gaines Oliver McKenzie Jr., Patricia Ann Patrick. Services are Jan. 20, 1 p.m. at Singleton Community Mortuary and Memorial Center. The family will receive friends from 11 a.m. until service. Pastor Jeff Stratton will officiate. Burial will follow to Round Hill Cemetery.

Charles Eugene Gearhardt

Charles Eugene Gearhardt, 90, of Greenwood, died on Tuesday, Jan. 9, 2018. Charles was born on June 6, 1927 in Bartholomew County, Ind. to the late Charles E. Gearhart and Ethel (Dill) Gearhart. He graduated from Columbus High School and served his country in the United States Navy during WWII. On Oct. 23, 1945, he married the love of his life, Louise F. (Strahl) Gearhardt, who survives. He worked for General

Motors, Allison Division for over 35 years as a tool and die maker before retiring in 1985. Charles served as an elder at both Greenwood Christian Church and Garden City Church of Christ. He had been a supporter of missions programs around the world. He loved fishing, hunting, working in his garden, watching The Chicago Cubs, cheering on the Hoosiers and the Boilermakers. But most of all, he adored his family. Survivors include his wife of 72 years, Louise Gearhardt; three sons, Nicholas Gearhardt, Doug Gearhardt, and Paul Gearhardt (Lori); one daughter, Joyce Beheler (Rodney); 14 grandchildren; and 16 great-grandchildren. Charles was preceded in death by his parents, one brother, Donald Gearhart and Margaret Lane. Funeral services were Jan. 15 at Wilson St. Pierre Funeral Service and Crematory, Greenwood Chapel. Entombment followed at Forest Lawn Memory Gardens Cemetery.

Donald L. Gouldsberry

Donald L. Gouldsberry, 95, Greenwood, died on Jan. 12, 2018. He was formerly of Lombard, Ill. and Bozeman, Mont. Born Oct. 6, 1922 in Toledo, Ohio, he was the only child of the late Ira and Freda (Jost) Gouldsberry. Don served in the United States Army Air Corps during World War II and was a graduate of the Illinois Institute of Technology. He retired from Motorola after 38 years. An avid reader, he enjoyed model railroading. He was preceded in death by his wife of 53 years, Roberta (Stoffel) Gouldsberry. He will be loved and missed by his children, Ellen (Thomas) Davel, Bruce, Scott, Brian (Tracey) and Keith Gouldsberry; 11 grandchildren and 12 great-grandchildren, with one on the way. Arrangements were entrusted to G. H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch.

Fred Lee Ham

Fred Lee Ham, 84, of Indianapolis died on Jan. 10, 2018. He was born on Nov. 28, 1933 in Paoli, Ind. to the late Grant and Margaret Ham. Fred proudly served his country in the United States Air Force during the Korean War. On June 3, 1962 he married Jean Hawes, and she survives. Fred was a Social Studies teacher for 37 years, teaching for the Metropolitan School District of Perry Township. He was a member of North United Methodist Church and Beech Grove American Legion Post 276. Fred is survived by his wife Jean; children Lori Ham, Stephen Ham, Christopher (Jill) Ham; grandchildren Calvin, Shelbey, Olivia and Noah Ham and sister Grace Sherman. In addition to his parents he is preceded in passing by his brothers George and Oliver Ham. Services are Jan. 22, 1 p.m. at Singleton Community Mortuary and Memorial Center. Visitation is be Jan. 21, 2 - 6 p.m. and one hour prior to service time. Burial will follow with military honors at Oaklawn Memorial Gardens.



Lillie Rose Helton

Lillie Rose Helton, 75, of Indianapolis, died on Jan. 11, 2018. Born July 18, 1942 in Stoney Fork, Ky. to the late Jerome & Maudie Caldwell, she worked at Stokley Van Camp. She cherished time with her family and enjoyed cooking large family meals. Survivors include children, Larry (Tina) Helton, Darrell (Barbie) Helton, Marinda (Steve) Ellis, Malinda (Bobby) Kayler, Wayne (Bev) Helton, Steven Capps Jr and Melissa (David) Capien; grandchildren, Branden (Nick) Helton, Chris (Sarah) Helton, Chelsea Helton, ReAnna Helton, Corey Helton, Hailey Ellis, Zach Helton, Casie Helton, Alexis Ellis, Trever Capien; great grandchild, Khailib Bowers, siblings, Ada Mae (Denver) Helton, Sonny (Gerald) Caldwell, Floyd (Wanda) Caldwell, Lawrence (Shirley) Caldwell, JC Caldwell, Jimmy Ray Caldwell, Jeffrey Caldwell, Baxter Caldwell, Arthur Caldwell, Ralph Caldwell, Junior (Tina) Caldwell, Irene Wright and Christine Blevins and many nieces, nephews and loved ones. She was preceded in death by her husband, Dennis; siblings, Jarvis Caldwell, Judy Bailey, Allie Fair Jones, Dewey Helton, and Carl Caldwell. Visitation was Jan. 15 and 16 at Shelby Street Pentecostal Lighthouse, 8620 Shelby St., Indianapolis. The funeral service was Jan. 16. She will be laid to rest at Mount Pleasant Cemetery. Arrangements were entrusted to G. H. Herrmann Greenwood Funeral Home.

Kenneth W. Henderson

Kenneth W. Henderson, 79, of Indianapolis, died on Jan. 8, 2018. He was born on Jan. 22, 1938 in Martinsville, Ind. to the late Dallas and Emma Kathleen Henderson. He retired from Boise Cascade. He was a member of the Good Shepherd United Methodist Church and enjoyed playing cards, going to Vegas, watching sports especially IU. Survivors include three children, Pam LaBolle, Charles (Sheila) Henderson and Teresa (David) Schondel; three stepchildren, Calvin (Charlotte) Brown, Debbie Altman, Cheryl Mitchell; four grandchildren, Brian and Mathew LaBolle, Erin Henderson and Breanna (Anthony) Webb; two great-grandchildren, Masyn LaBolle and Lilly Jo; two siblings, Jackie (Bob) McElyea Darrell (Theresa) Henderson and his devoted companion Elsie Britton; and several nieces and nephews. He was preceded in death by his wife, Joan and his granddaughter, Nikki Jo LaBolle and four siblings, Pauline and Paul Henderson, Eileen (Eddie) Steddenbenz, and Sharon Totton. Visitation was Jan. 14 at G. H. Herrmann Greenwood Funeral Home, 1605 S. State Rd. 135. Funeral service was Jan. 15. Burial will be at Forest Lawn Memory Gardens.

William E. Koch

William E. Koch, 91, of Indianapolis, died on Jan. 9, 2018. He was born on Oct. 15, 1926 in Indianapolis to the late Elmer and Ophia Koch. Bill proudly served his country in the United States Navy. He graduated in 1948 from Purdue University with a degree in Civil Engineering. He

received his professional certificate from Indiana in 1954. He was the president and owner of Allied Aggregates, starting the business in 1967. He enjoyed spending time with his family, sailing, traveling, reading, and watching Purdue football games. Bill is survived by his children, George Koch (Terri), Susan Augenbergs (Uldis) and Julie Boese (Steve); daughter in law, Patrice Koch; 13 grandchildren and 18 great-grandchildren. He was preceded in death by his wife, Pauline D. Koch; daughter, Annie Bassett; son, Mark Koch; granddaughter, Katie Koch, and a sister, Juanita Olson. A graveside memorial service will be May 12, 1 p.m. at Akron Cemetery, Akron Ind.

Donald Neal Leonard

Donald Neal Leonard, 86, of Indianapolis, died on the evening of Jan. 12, 2018. Don was born on Oct. 2, 1931 to Arvil and Iona Leonard in Fort Wayne, Ind. He married the love of his life Gladys Hobbs on Oct. 18, 1952 and she precedes him in passing. Don was employed as an accountant/bookkeeper in the office supply business prior to his retirement. While living in Kankakee, Ill., Don was a member of the Olivet Church of the Nazarene, later a member of St. John United Church of Christ also in Kankakee where he served as president of the church board. Don enjoyed reading and along with his wife enjoyed playing the organ. He provided well for his family. Don is survived by two sons Darryl D. Leonard and Alan

J. Leonard (Karen); four grandchildren; two great-grandchildren; sister Bonnie Roth; and several nieces and nephews. He is preceded in passing by his parents and wife of 53 years Gladys. Funeral services are Jan. 19, 2 p.m. at Singleton Community Mortuary and Memorial Center. The family will receive friends from 1 p.m. until the service. Pastor Jeff Stratton will officiate. Entombment will follow at Washington Park East Cemetery.

Virgina Ann Rexroat

Virgina Ann Rexroat, 84, of Indianapolis, died on Jan. 11, 2018. She was preceded in death by her husband, Lester Rexroat and sons, Thomas and Randy Rexroat. Survivors include son, David Rexroat; five grandchildren, Leslie, Jessica, Elliot, Jacob and Alexander; six-and-a-half great-grandchildren. Visitation was Jan. 14 at G.H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch, 1605 S. State Rd, with the funeral Jan. 15. Burial is at Forest Lawn Memory Gardens.

Marcia Ruth Riley

Marcia Ruth Riley, 68, of Greenwood, died Jan. 13, 2018. She was born Feb. 6, 1949. She is survived by her son, Todd Riley; her daughter, Heidi Riley-Maison; and six grandchildren. There are no services scheduled at this time. Arrangements were entrusted to Simplicity Funeral & Cremation Care.

(Mary) Jane Wilkins Rosebrock

(Mary) Jane Wilkins Rosebrock, 86, Indianapolis, died on Jan. 12, 2018. Born March 3, 1931 in Indianapolis to the late Nelis C. and Viola Wilkins, she was a 1948 graduate of Emmerich Manuel High School. Jane was a member of St. Marks Catholic Church; and loved to play euchre. She worked at LS Ayres and Indiana National Bank off and on over a period of 25 years, while raising her family. Survivors include her husband of 68 years Edward J. Rosebrock; seven children, Mary Ann Weis (Tony Smith), Rita Gore (Thomas), Linda Sakaguchi (Rick), Joseph Rosebrock (Dena), Mark Rosebrock (Rebecca), Stephen "Pete" Rosebrock (Ellen) and Debbie Carlsen (Tom); 19 grandchildren; seven great grandchildren; sisters, Doris Smith and Nancy Wilkins and many nieces and nephews. She was preceded in death by brother Ray Wilkins. Visitation is Jan. 18, 4-8 p.m. at G.H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave. A Mass of Christian Burial is Jan. 19, 11 a.m. at St. Marks Catholic Church, with prayers conducted at the funeral home at 10:15 a.m. She will be laid to rest at Calvary Cemetery.

Obituaries are printed free of charge. Funeral directors are encouraged to send obituaries and photos to news@ss-times.com. Information received by noon Tuesday will be published Thursday, space permitting.



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✠ ASSEMBLY OF GOD

Faith Assembly of God • 186 Royal Rd., Beech Grove | Ph: (317) 784-8566 | Pastor: Lawrence Cook | Sunday: 10:30 a.m. & 6 p.m. | Wednesday: 7 p.m.

✠ BAPTIST

Crossroads Baptist Church • 1120 S Arlington Ave., Indpls, 46203 | Ph: (317) 357-2971 | Pr. Guy Solarek | Sunday: 10 a.m., 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | bcindy.com

Faith Baptist Church • 1640 Fry Rd., Greenwood | Ph: (317) 859-7964 | Pr. Steve Maxie | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:45 a.m. | Wednesday: 7 p.m. | KJV

First Baptist Church of BG • 5521 Churchman Ave., Indpls | Ph: (317) 784-1478 | office@fbcbeechgrove.com | Sunday: 9:30 a.m. | Sunday School: 10:50 a.m. | Wednesday: 7-8 p.m. | Childcare & programs, all ages, all services. Join Us! | fbcbeechgrove.com.

Historic Grace Baptist Church "Since 1927" • 1907 E. Woodlawn Ave., Indpls | Ph: (317) 638-3143 or 536-8655 | Pr. Rick J. Stone | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

Lighthouse Baptist Church • 6950 E. Raymond St., Indpls | Ph: (317) 359-4275 | Pr. Dan Tidd | Sunday: 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | Thursdays Youth Meeting: 6:30 p.m. | Ladies & Men's meetings (call for times) | "Independent Baptist Church"

Ritter Avenue Baptist Church • 23 South Ritter Avenue, Indianapolis, IN | Ph: (317) 709-1788 | Pr. Earl Chestnut | Service Times: Sunday School 10:00 a.m. | Morning Worship 11:00 a.m. | Sunday Evening 6:00 p.m. | Thursday night at 6:00 p.m.

✠ CATHOLIC

Good Shepherd Catholic Church • 2905 S. Carson Ave., Indpls | Ph: (317) 783-

3158 | Rev. Bob Robeson, Administrator | Rev. John Beitans, Sacramental Assistant | Saturday Mass: 4:30 p.m. | Sunday Mass: 10 a.m. | Completely Handicapped Accessible | All Welcome!

Holy Name of Jesus • 89 N. 17th Ave., Beech Grove | Ph: (317) 784-5454 | Rev. Robert Robeson | Worship Times & Anticipation Sunday: 7:30, 9:30 & 11:30 a.m.; Saturday Mass: 5 p.m.

Saints Francis & Clare Catholic Church • 5901 Olive Branch Rd., Greenwood | Ph: (317) 859-4673 | Fr. Steve Giannini | Assc. Pastor Fr. James Brockmeier | Saturday Anticipation Mass: 5:30 p.m. | Sunday: 7, 8:45 & 11:30 a.m.

St. Athanasius Byzantine Eastern - Rite Catholic Church • Blaine Ave., Indpls, 46221 | Ph: (317) 632-4157 | Fr. Bryan Eymann | Sunday (Divine Liturgy Celebrated): 10 a.m. | Parish luncheon follows liturgy. | Visit us at saindy.com

St. Jude • 5353 McFarland Rd., Indpls, | Ph: (317) 786-4371 | Fr. Stephen Banet | Sunday: 7:30, 9:30, 11:30 a.m. | Saturday Anticipation Mass: 5 p.m.

St. Mark Catholic Church • 535 East Edgewood Ave., Indpls, | Ph: (317) 787-8246 | Fr. Bill Marks | Deacon Paul Fisherkeller | Sunday: 7:30, 9:30, 11:45 a.m. | Saturday Anticipation Mass: 5:30 p.m.

✠ CHRISTIAN CHURCH

Mount Pleasant Christian Church • 381 N. Bluff Rd., Greenwood | Senior Pr. Chris Philbeck | mpcc.info | Saturday: 6 p.m. (ASL Available) | Sunday: 8:45 a.m., 10 a.m. and 11:30 a.m. | MPCC online campus: MPCC live at 10 a.m. ET.

Southport Heights Christian Church • 7154 S. McFarland Rd., Indpls | Pr. Steve Ferguson | Bible School 9:00 a.m. | Worship service 10:30 a.m. | Deaf Ministry: James Wines (317) 493-0414 VP or jewshdccc@yahoo.com

✠ CHURCH OF CHRIST, SCIENTIST

Sixth Church of Christ, Scientist • 7625 McFarland Rd. | Ph: (317) 888-3204 | Sunday: 10 a.m. | Sunday School: 10 a.m. | Wednesday: 4 p.m. | Reading Room Hours Tues: 11 a.m.-2 p.m. & Wednesday: 2:30-3:30 p.m.

✠ CUMBERLAND PRESBYTERIAN

Christ Cumberland Presbyterian Church • 6140 South Meridian St., Indpls | Ph: (317) 787-9585 | Pr. Elmer Price | Sunday: 10 a.m. | Sunday School: 9 a.m. | "Come Grow With Us!"

✠ DISCIPLES OF CHRIST

First Christian Church of Beech Grove • 75 N. 10th Ave., Beech Grove | Ph: (317) 786-8522 | Pr. Paul Hartig | Sunday: 10:30 a.m. | Sunday Christian Education: 9:30 a.m.

✠ EVANGELICAL LUTHERAN CHURCH OF AMERICA

Bethany Evangelical Lutheran Church • 4702 S. East St., Indpls | Ph: (317) 786-7854 | Worship Sunday: 9:30 a.m. "We Welcome You"

✠ INDEPENDENT CHRISTIAN CHURCH

Bethany Christian Church • 4727 S. Sherman Dr., Indpls | Ph: (317) 787-5103 | Min. Jim Clark | Sunday: 10:15 a.m. | Sunday School: 9:15 a.m. | Bible Study Mon.: 6:30 p.m. and Weds. 7 p.m.

✠ INDEPENDENT NON DENOMINATIONAL

Community Church at Murphy's Landing • 7401 S. Harding St., Indpls | Ph: (317) 807-0222 | Pr. Paul Erny | Sunday: 9:30 a.m. | Sunday School: 11 a.m. | yourcml.org

✠ LUTHERAN

Emmaus Lutheran Church & School • 1224 Laurel St., Indpls (Inside historic

Fountain Square) | Ph: (317) 632-1486 | Pr. Raymond Smith | Worship: Sunday at 10 a.m. | emmausfountainquare.com

St. Mark's Free Lutheran Church • 1301 E. Prospect St., Indpls (Inside the historic Fountain Square Community) | Pr. Terry Englert | Sunday: 10:30 a.m. | Adult & Children's Sunday School: 9:30 a.m. | Come join us for a traditional style worship experience followed by a time of food and fellowship!

St. Paul's Lutheran Church • 3932 MiCasa Ave., Indpls | Ph: (317) 787-4464 | Worship: Sunday, 9:30 a.m. & Thur, 7 p.m. | Sunday School after Worship | stpaulsindy.com | fb.com/StPaulsIndy

✠ NAZARENE

Cross-Way Community Church of the Nazarene • 1248 Buffalo St., Beech Grove | Pr. Mark Ramsey | Sunday: 11 a.m. | fb.com/CrosswayCCN

✠ NON-DENOMINATIONAL

Church of Acts • 3740 S. Dearborn, Indpls | Ph: (317) 783-ACTS (2287) | Pr. Bill Jenkins | Sunday: 10 a.m. | Wednesday Bible Study: 7 p.m. | Celebrate Recovery: Thursdays, 7 p.m. | churchofacts.org

Community Church of Greenwood • 1477 W. Main St., Greenwood | Ph: (317) 888-6024 | Sunday: 9 & 11 a.m. | Real Church. Real People. | ccgonline.org

Tallwood Chapel Community Church • 5560 S. Shelby St., Indpls | Ph: (317) 787-5595 | Pr. Don Foley | Sunday: 10:30 a.m., 7:00 p.m. | Wednesday: 7:00 p.m. | BIBLE CHURCH, Ministry of HOLY WORD

✠ PRESBYTERIAN

Greenwood Presbyterian Church • 102 W. Main St., Greenwood | Ph: (317) 881-1259 | Rev. Peter Zinn | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m.

✠ SEVENTH DAY ADVENTIST

Southside Seventh-Day Adventist • 4801 Shelbyville Rd., Indpls | Ph: (317) 786-7002 | Pr. Brian Yensho | Services Saturday: 11 a.m. | Sabbath School: 9:30 a.m. | southsideadventist.org | Health Ministries, CHIP+: chiphealth.com

✠ SOUTHERN BAPTIST

Calvary Baptist Church • 200 Sunset Blvd., Greenwood | Ph: (317) 881-5743 | Ernest E. James, D. Min. | Sunday: 10:30 a.m. | Sunday School: 9 a.m. | Something for All Ages

Southwood Baptist Church • 501 S. 4th Ave., Beech Grove | Ph: (317) 786-2719 | Pstr. Dr. Patrick Wood | Sunday: 9:30 a.m. | Worship Service: 10:45 a.m. | Sunday & Weds. Eve Worship: 6:30 p.m.

Trinity Baptist Church • 375 E Southport Rd., Indpls | Ph: 317-881-2122 | Pr. Douglas Rumsey | Sunday Bible Study: 9:30 a.m. | Sunday Services: 10:45 a.m. and 6 p.m. | Wednesday Bible Study: 7 p.m.

✠ UNITED CHURCH OF CHRIST

Faith United Church of Christ • No matter where you are on life's journey, you are welcome in our community. | 4040 E Thompson Rd. | Ph: (317) 784-4856 | Pr. Scott Simmons | Worship Service: 10:30 a.m. | Sermon's online at myfaithucc.org

St. John's United Church of Christ • 7031 S. East St., Indpls (U.S. 31, Southport Rd.) | Ph: (317) 881-2353 | Rev. Ross Tyler | Sunday Contemporary Worship: 9 a.m. & Traditional Worship: 10:30 a.m. | Sunday School: 10:30 a.m.

Zion United Church of Christ • 8916 E. Troy Ave., Indpls | Ph: (317) 862-4136 | Pr. Sarah Frische-Mouri Hannigan | Sunday: 8:15 a.m. & 10:30 a.m. | Sunday School: 9:30-10:15 a.m. | zionuccindy.net

✠ UNITED METHODIST

Center United Methodist Church • 5445 Bluff Road, Indpls | Ph: (317) 784-1101 or email: info@center-umc.org | Sunday Traditional Worship: 9 a.m. & Contemporary Worship: 11:15 a.m.

Edgewood United Methodist • 1820 East Epler Ave. | Ph: (317) 784-6086 | Rev. Paul Wagner | We are on Facebook | Sunday worship 9 a.m. | Sunday School: 10:15 a.m. | edgewoodumc.com | "The Church for The Next 100 Years"

Greenwood United Methodist • 525 N. Madison Ave., Greenwood | Ph: (317) 881-1653 | Rev. In Suk Peebles | Sunday: 10:15 a.m. | Sunday School: 9 a.m.

Rosedale Hills United Methodist • 4450 South Keystone Ave., Indpls | Ph: (317) 786-6474 or email: officerhumc.com | att.net | Rev. Jill Howard | Sunday: 9:30 a.m. | Sunday School: 10:45 a.m. | rosedalehillsumc.org

Smith Valley United Methodist Church • 5293 Old Smith Valley Rd, Greenwood | Ph: (317) 881-1641 | Sunday Worship: 9:30 a.m. | Sunday School: 11:00 a.m. | Bible Study: Wednesday, 6:30 p.m. | smithvalleyumc.org

✠ UNITY

Unity of Indianapolis Church of the Daily Word • 907 N. Delaware St., Indpls | Ph: (317) 635-4066 | Rev. Bob Uhlar, Senior Minister & Rev. Carla Golden, Director Lay Ministries | Celebration: 10 a.m. | unityofindy.com

✠ WESLEYAN

Southview Wesleyan Church • 4700 Shelbyville Rd., Indpls | Ph: (317) 783-0404 | Pr. Rick Matthews | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

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Weekly Devotion

12 That we should be to the praise of His glory, who first trusted in Christ.

13 In whom you also trusted, after that you heard the word of truth, the gospel of your salvation: in whom also after that you believed, you were sealed with that holy Spirit of promise,

14 Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of His glory.

EPHESIANS 1:12-14

In years past it was a common practice for retailers to ask for and get what was known as "earnest money" which was a form of down payment on something that a person was interested in purchasing but did not have sufficient funds to pay for at that time. If you gave a person "earnest money" it obligated them to hold that item for an agreed upon period of time for the person who put "earnest money" on it. If that person did not come back for the item, the money was forfeit

and the item could be sold to another person. This is the meaning of this passage.

There is so much meaning in this passage that we cannot cover in this short devotional. What we can cover is this, Christ has given His "earnest" Spirit to seal the deal (so to speak) of our salvation. One day, Christ is coming back to finish up our salvation. This means that we shall be taken by Him to heaven. He has redeemed us with His blood but He has not taken us away with Himself and won't un-

til the end of time. In the meantime, we have the Holy Spirit as a source of comfort and help. The Holy Spirit will "seal" us for Christ until He comes again to bring us forth from the earth. We shall rise up into the air and meet Him there and from there we will all go together to heaven and there we shall be forever.

God bless and go and have a great day.

Paul A. Kirby is the pastor at the Church of God at 3939 S. Emerson Ave.



It's all subjunctive

GRAMMAR GUY

By Curtis Honeycutt

Let's go back in time for a minute. It's summer, 1995. Skee-Lo's hip-hop smash hit "I Wish" is blaring in my ear from one earbud of a shared Sony Discman sporting fresh batteries. My friend Cody has the other earbud. We're riding in the back seat of Cody's parents' car en route to Sweetwater, Texas for someone's wedding (maybe his cousin—I can't remember).

I was invited along with the simple hope of splashing around in the hotel pool at Sweetwater's Holiday Inn. When we got there, we immediately found the pool...empty. Our dreams were shattered. Now we found ourselves in the middle of nowhere with a cowboy wedding to attend and a hotel pool sans water. Sweetwater—more like no water.

So we had nothing better to do but to memorize each word to Skee-Lo's Grammy-nominated song about wishing he were a little bit taller as well as wishing he were a baller so that he could date a good-looking girl. The song encapsulated everything Cody and I wished for as middle school boys. Well, all that stuff and water in the hotel pool.

It breaks my heart to look back on this

fond memory because Skee-Lo's grammar was wrong. You see, Skee-Lo was exploring a condition that was contrary to fact; he was pondering a hypothetical situation and expressing a wish. He was using the subjunctive mood. So, instead of singing "I wish I *was* a little bit taller" he should have sung "I wish I *were* a little bit taller."

Contrast Skee-Lo with Beyoncé, who nails it when she sings "If I were a boy." In both Skee-Lo's wish to be taller and Queen B's hypothetical exploration of being male, the sentences should use *were* because they aren't true. Some telltale signs of when it's time to use the subjunctive verb form include sentences starting with "If" or when you see the verb followed closely by "would" or "could."

While subjunctive verbs expand far beyond was/were, the examples containing was/were are my favorite. All I know is if I *were* in charge of an East Texas hotel in the summer, I'd make sure the pool had water in it.



Curtis Honeycutt is a freelance humor writer. Have a grammar question? Connect with him on Twitter @curtishoneycutt or at curtishoneycutt.com.

How your health rolls is a choice

NUTRITION

By Wendell Fowler

"The doctor of the future will give no medicine but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease."

- Thomas Edison

Many years ago, Sandi and I struggled getting our HDL up and LDL down, so we were prescribed statins. My research unveiled information saying only 20 percent of all heart attacks are caused by high cholesterol. Which means 80 percent of all heart attacks happen to "Inflamed" people with normal cholesterol levels. Which means something else is at play. Then why are statin drugs handed out like penny candy? Millions of Americans take statins, putting their health in jeopardy for drugs that offer little in the way of heart protection. Then it became clearer after learning the \$100 billion-dollar statin drug industry cartels are under attack by thousands of Americans filing lawsuits against the manufacturers as research continues confirming statins a threat to human health.

The FDA says statins cause memory loss and forgetfulness (Alzheimer's), confusion, erectile dysfunction (ED), liver damage, high blood sugar, and serious muscle problems. The American diabetes Association and Health Day News connects increased statin drug use with an almost 50 percent higher risk of developing

type 2 diabetes. Statins also deplete levels of coenzyme Q10 that benefits (heart) muscles.

Together, we researched "Inflammation," the true cause of cardiovascular disease. We stopped eating acid-creating sugary foods, white flour cereal, instant rice, fried foods, and AP flour bread products. We ditched cheese, artificially-flavored coffee creamers, and hydrogenated/trans-fat cooking oils and ate significantly less dead animals.

Instead, we "chose" to eat Ezekiel bread, almond butter, dates, healing spices like turmeric, raw honey, stevia, seeds, nuts, millet / quinoa or Steele-cut oatmeal porridge. We consumed more fresh plant foods, avocado oil, Bragg's Vinegar, 'grass-fed' cow butter, and take fish and flax oils caps. We switched to coconut milk coffee and then Sandi and I pinky-promised NOT to bring temptation home. After four months, we'd each lost 15 pounds. Our bad cholesterol levels plummeted while good cholesterol levels were above average for the first time. We "chose" to douse the fires of inflammation. Off statin drugs for two years, we feel infinitely better after resolutely choosing to be responsible for our holy temple's health. "Statins! We don't need no stinkin' drugs!" We simply reconnected with Mother Earth.



Chef Wendell is a lecturer and food journalist. Contact him at chefwendellfowler@gmail.com.

Puzzles & Answers - SEE PAGE 15

Answers to HOOSIER HODGEPODGE:

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Senators: DONNELLY, YOUNG;

Host: CHRIS WRIGHT

Q&A

SEE PAGE 17

1. C
2. B
3. D
4. D
5. A

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6	4	1	3	5	7	8	2	9
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9	8	5	6	2	4	1	3	7

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