

HENDRICKS COUNTY

ICON

June 1-16, 2017 | myICON.info

ICON
of the
MONTH

Robbi
Caldwell

Page 25



Local

PAGES 8-10

FLAVORS

Your Hendricks County town-by-town
guide to 2017 Farmers Markets

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IDNR and residents
continue four-year battle
over neighborhood lake

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Plainfield middle
school science
team 'three-peats'

Page 12

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Car Seat Safety Check

Thursday, June 22 | 6 - 8 pm

The Shops at Perry Crossing | Movie theater parking lot



West Hospital



June 15th 6p-10p • June 16th 6p-11p • June 17th 4:30p-Midnight

ST. SUSANNA SUMMER FESTIVAL

**\$50/Ticket or
\$125/3 Tickets**

Purchase raffle tickets at the parish office or
email StSusannaFestival@gmail.com

Drawing Saturday, June 17 at 10P

**1st Prize
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All Nights

**Gambling Tent • Beer/Wine Garden • Chicken Bingo
Kiddie Games • Book Fair • Carnival Rides**

Food

**THURSDAY: Highlight on International Food
FRIDAY: Pulled Pork Dinner/International Food
SATURDAY: Steak Dinner/International Food**

All Nights

**Great Desserts • Snow Cones
Fresh Squeezed Lemonade • Beer/Wine Garden**

Entertainment

Local Performers Each Night

Thursday, June 15, 2017

**6:00pm - 11:00pm DJ - Krazy Kris from Krazy King Productions
6:30pm - Infinity Dance Academy**

Friday, June 16, 2017

**6:00pm - 11:00pm DJ - Krazy Kris from Krazy King Productions
6:00pm-8:00pm - Pacers Fan Van
6:30pm - The Flip Zone - Venom All-Star Cheerleading
8:00pm - 9:00pm Jester (Christian Rock Band)**

Saturday, June 17, 2017

**4:30pm - 12:00am DJ - Krazy Kris from Krazy King Productions
6:30pm - Avon Ariel Orioles
8:00pm - 9:00pm Kristyana Robinson & Ryan Schafhauser**

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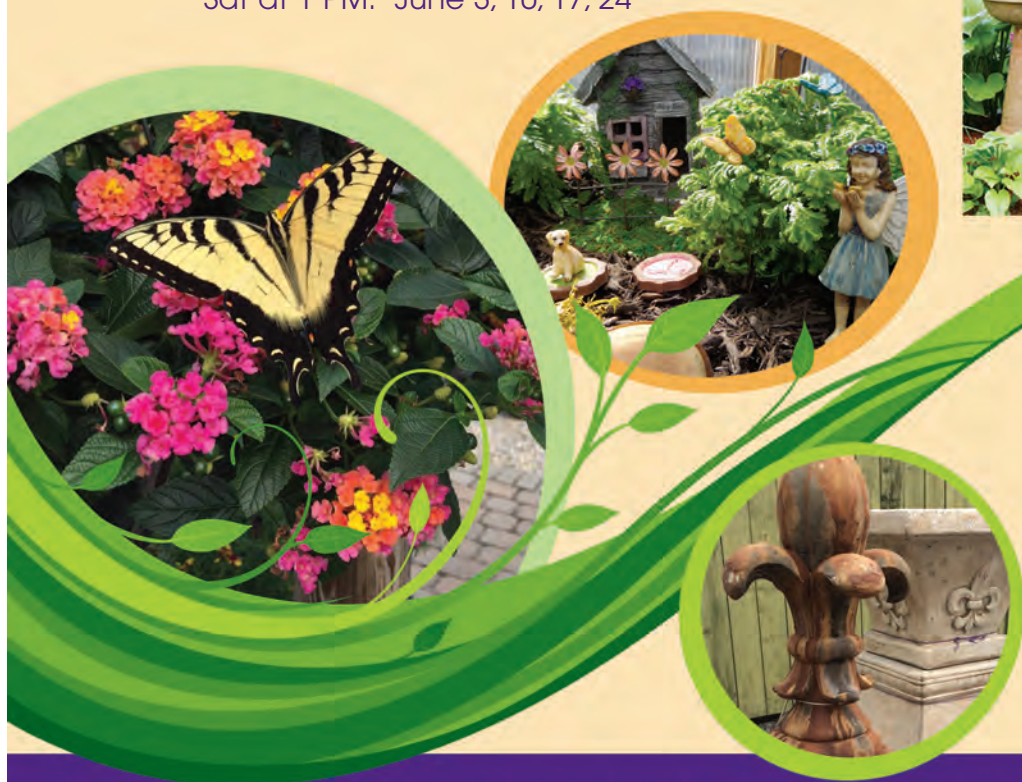
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Stories/News?

Have any news tips? Want to submit a calendar event? Have a photograph to share?

Call Chris Cornwall at 317-451-4088 or email him at news@myICON.

info. Remember, our news deadlines are several days prior to print.

**Want to Advertise?****Hendricks County ICON**

reaches a vast segment of our community. For information about reaching our readers, call Erin Schwein at 317-451-4088 or email her at erin@icontimes.com.



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**ICONIC**image

Old Glory: Gary "Whiskey" Fishel, of Avon, plants Old Glory in front of American Legion Post 145 during Memorial Day Weekend. Fishel is a member of the nationwide Patriot Guard.

Photo by Chris Cornwall

Q:

We caught up with folks during Memorial Day Weekend to ask,

"What does Memorial Day mean to you?"



To me Memorial Day means relaxing, spending time with my grandkids and going to church on Sunday. I also enjoy watching the Indianapolis 500.

Ron Fox,
North Salem



Honoring my grandfather who served in World I. I like to remember him and the stories he would tell.

That's the main thing. And of course, I honor all of my uncles that served in the other wars, and my younger friends who've recently made sacrifices.

Angie,
Avon



This day is sacred, with the almost invisible presence of those who have gone before us. We honor the memory of those who gave their lives in service of our country, and those who dropped their burdens by the wayside of life and have gone to their eternal rest...

Commander Mike Welsh,
American Legion Post 145, Avon

HC ARCHITECTURE & HISTORY



Hendricks County Power Cooperative, 86 N County Rd 500 E, Avon.

Photo by Chris Cornwall

Hendricks Power Cooperative

By Ken Sebree

Thomas Edison who invented the electric light bulb in 1879 went on to hold more than 1000 patents in his lifetime. In 1880, he founded the Edison Illuminating Company and went on to patent a system for electricity distribution. By the end of the 19th Century, electricity was available to almost every resident of all cities throughout the nation.

However, this did not mean electricity was available to people who lived in small towns or on farms. The electric utility companies did not care to run miles of electrical cables through the countryside to deliver electricity to a few scattered farms. In the 1930s, 90 percent of homes not located in big cities did not have electrical service.

This all began to change in 1933 with the passage of the TVA Act, Federal legislation creating a rural electrification program authorizing the new TVA Board to build transmission lines to supply power to rural communities at reasonable rates. The creation of the Rural Electrification Administration in 1935 helped provide further Federal funding for these projects increasing the spread of electric power to rural areas throughout the United States.

Since the big utility companies were slow or unwilling to provide electrical service to farms and small towns, customer-owned electrical cooperatives began to spring up across the country. In 1935, the Indiana Electric Cooperative was established to represent rural electric cooperatives throughout Indi-

ana and became the first such organization in the country.

Hendricks Power Cooperative was established in 1936. It all began with a meeting of twelve farmers and rural residents who had been unable to convince the local investor-owned electric utility to run power lines into the country. They claimed it simply was not profitable to provide service to such sparsely-populated areas. Construction of rural electric lines in Hendricks County began in the summer of 1937 by the new power cooperative, and on Jan. 1, 1938, the first 122 miles of line were energized. This delivered electrical power for the first time to 400 members. The name Hendricks County Rural Electric Membership Cooperative (REMC) was adopted for the new organization.

Today, after 80 years of continuous operation, Hendricks Power serves more than 40,000 member/customers throughout Hendricks County and parts of Morgan, Montgomery, and Putnam Counties. With annual revenues of \$85 Million, the hundreds of dedicated employees of Hendricks Power continue to deliver reliable and economical electricity to all its customers from their modern headquarters located along Old US Highway 36 between Avon and Danville.



Ken Sebree is a practicing architect and resident of Hendricks County for well over 40 years. Contact him at ken@sebreearchitects.com or (317) 272-7800.



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HC Icon News Quiz

How well do you know your
Hendricks County community?
Test your current event
knowledge each month
with a little Q&A!

- 1** What furry, scary toy, which has gained a national following, originated from Brownsburg's Wilbur's Lincolnwood Toy Store?
- A. Promise Monsters
 B. Thank You Demons
 C. Good Time Chuckies
 D. Teddy Beasts



- 2** The Indiana Short Film Festival is held every October at which venue?
- A. Hendricks Civic Theatre
 B. Royal Theatre
 C. Longstreet Playhouse
 D. The Biz Academy

- 3** How many counties in the United States bear the name "Hendricks?"
- A. 12
 B. 5
 C. 2
 D. 1



- 4** Which one of the following Indiana State Representatives does not cover Hendricks County?
- A. Jeff Thompson
 B. Greg Steuerwald
 C. Patrick Bauer
 D. Bob Behning

- 5** In what year was Lincoln Township organized?
- A. 1863
 B. 1921
 C. 1888
 D. 1979

ANSWERS ON PAGE 17
Compiled by Chris Cornwall

BEHINDtheBADGE



Danville Fire Department Division Chief Alan Pike at station 92, 100 Twin Bridges Road.

Photo by Chris Cornwall

'Not a career, but a lifestyle' says Danville Division Chief

Danville Fire Department Division Chief of EMS and Safety Alan Pike joined the ranks right out of high school. He said his parents weren't exactly thrilled when he signed on as an 18-year-old.

"The job can really change your perspective on life in general," Pike said. "You see both amazing and tragic things – it can be a real eye opener. It's not a career, it's a lifestyle."

The life-long Danville resident has served on the department since 1992. His current role at the department includes EMS training for all personnel, quality assurance and improvement of patient care, EMS supplies and equipment, daily staffing and payroll of all employees.

Division Chief Pike is married with two children and resides in Danville with his family.

What does a normal day consist of?

There aren't any normal days, but I like to start out at the firehouse talking with the on-duty crew about the day's activities and sit in on their shift briefing. Then I head to my office to work on quality assurance and improvement of our EMS. I work with our EMS training team to provide current and important EMS training to all personnel. I deal with insuring we have adequate EMS supplies and equipment. I usually have a meeting or two to attend. They deal with trainings, lectures and

workshops to educate myself on specific aspects of my job. I also respond to incidents that require a Chief Officer or that are "working incidents." I'm on call every third day for that response for 24 hours.

What inspired you to become a firefighter?

When I was a kid, my neighbor was on the Danville Fire Department and I became interested in doing the same. I applied for the department as soon as I graduated from high school.

What has been one of your favorite moments on the job?

I would say working toward better staffing and implementing 24/7 Paramedic service for our community.

What aspect of the job do you find most challenging?

Time management is a constant challenge. Completing my day-to-day responsibilities while looking ahead and setting goals for improvement, and achieving those goals in a timely manner.

What are your future goals, professionally and/or personally?

Professionally, I want to continue my education to be a valuable asset to the department. Personally, I want to continue to balance spending quality time with my family and handling my responsibilities with the fire department.

Compiled by Chris Cornwall



the Gathering in the Garden

June 24th, 2017
7:00 to 10:00 p.m.

Taco Bar
Live Entertainment
Beer & Wine
Silent Auction
Dessert Auction

\$35
per person



THE GATHERING TOGETHER

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Local FLAVORS

Your Hendricks County town-by-town guide to 2017 Farmers Markets

COVER STORY

LOCAL FLAVOR

From now until the end of summer residents will have the opportunity to purchase fresh produce, crafts and artisan foods from one of five Hendricks County Farmers Market locations. Avon, Brownsburg, Danville, Pittsboro and Plainfield will all play host to this uniquely local shopping experience. With so many different vendors, we've compiled a list of business names and products offered at each location. Please note the times and dates of when markets are open.

DOUBLE UP PRODUCE INCENTIVE PROGRAM

A new program is called the "Double Up Produce," an incentive program to complement the WIC/Senior Farmers' Market Nutrition Program (FMNP) gives additional money in the form of checks that can only be used at Avon, Brownsburg, Danville and Plainfield Farmers Markets to purchase fresh, local produce from WIC certified vendors.

In order to receive Double Up Produce checks, you must be a qualified WIC client or meet income eligibility for seniors. Anyone who thinks they may qualify should contact the WIC (317) 745-2027 or Senior Services (317) 745-4303 offices. The program will run June 12-September 30 for the 2017 season. All Double Up Produce checks must be deposited by vendors before November 7, 2017.

Compiled by Chris Cornwall



Tuareg Crafts from Sahara.

Photo By Chris Cornwall

Avon Farmers Market Tuesdays, 4 – 7 p.m. | June 6 – Sept. 26
Hendricks Regional Health parking lot, 8422 E. U.S. Hwy. 36

APPLES AND CIDER

- Grabow Orchards

BAKED GOODS

- Gigi's Cupcakes
- St. Athanasius Bakery
- Liberty Heritage Gardens
- Marsha's Specialty Desserts
- Mother Nobles (June – August)
- Gluten Free Creations
- Grabows Orchard
- Rolling In The Dough

BEEF JERKY

- Indiana Craft Jerky

CANDLES AND AIR FRESHENERS

- Smoky Hollow Hots

CHEESE

- Risin Creek Creamery (goat milk cheeses and caramel sauce)
- St. Athanasius (cheeses)

COFFEE

- Arcane Coffee Co

CROCK POT MEALS

- U-Relish Farms (June/Sept)

DAIRY DELIVERY

- Oberweis

DOG TREATS/TOYS

- 4 Paws Only

EGGS

- Jay Farms
- Gordon Farms
- Risin Creek Creamery

FLAVORED ITALIAN ICE

- Little Philly's Italian Ice (TBD Jun 19-July 19)

FLAVORED VINEGARS

- Mother Nobles (June – August)

FLOWERS/PLANTS

- Hitchcock Farm & Garden (cut flowers)
- Azalia Farm Market (plants)
- Neijer Farms (plants)
- Liberty Heritage (cut flowers)

FOOD TRUCKS

- Mathoo's Egg Rolls (1st Tuesday)
- Durant's BBQ (4th Tuesdays)
- The Kickstand (3rd Tuesdays)

FRESH SQUEEZED JUICE

- Be Fruity, 3 Sisters and a Pineapple

FROZEN DINNERS

- Rolling In The Dough

GOAT MILK CHEESE

- Risin Creek Creamery

GLUTEN FREE PRODUCTS

- Grabow's Orchard
- Mother Nobles (June – August)
- Gluten Free Creations

GRANOLA

- Just Granola, LLC

HAND-SEWN ITEMS

- The Family Craft Room
- Sew Cute by Mishael (children's clothing)

HERBS

- Liberty Heritage Farms
- St. Athanasius

HONEY

- My Honey's Hunny

JAMS AND JELLIES

- Jay Farms
- Grabow Orchard
- Mother Nobles
- One Of A Kind

JEWELRY

- Tuareg Craft from Sahara
- Indy Beads

KETTLE CORN

- Geno's Kettle Corn
- Lazy J's Kettle Corn

LEMONADE

- Lazy J's Kettle Corn (Shakeups)

MEAT

- Gordon Farms

MUSTARD/CONDIMENTS

- Batch No.2

PASTA AND SAUCE

- Rolling In The Dough

PRODUCE

- Grabow Orchard
- Becky's Market
- Azalia's Farm Market
- Neijer Farms (June – August)
- Weber Farms (July-Sept)
- Hitchcock Farms
- Liberty Heritage Gardens
- Jay Farms
- Gordon Farms
- Spurlock Produce
- Maze Market (Aug/Sept)
- Mother Nobles
- Liberty Heritage Gardens
- Grabow Orchard
- Kingdom Farms

SOUPS

- Rolling In The Dough

SOAPS, LOTIONS AND SALVES

- Fairie Hill
- Kristi's Soap Market
- Specialty Candies/Treats
- Louises Sweets
- T-Shirts/Sweatshirts
- Casual Creations
- Vinaigrettes
- Brickhouse Vinaigrettes

Brownsburg Farmers Market

Thursdays, 4 – 7 p.m. | June 1 – Sept. 13
Brownsburg Town Hall Green,
61 N. Green Street

MEATS

- Ram Family Farm
Pork, produce, plants, crafts
- Greene Acres Lamb
Lamb
- Diversified Dream Farms
Pork cuts, specialty produce, cherry tomatoes, garlic, berries, peaches, honey
- Red Barn Farms
Eggs, beef, chicken, pork, lamb turkey

HOME/BODY PRODUCTS

- Betty Lou's
Soy Candles, Beard Oil, Signs, Jewelry
- Candles by Brooke
Soy Candles
- Kristi's Soap Market
Handmade coconut soap milk soap, bath bombs, body butter, sugar, scrub, lip balm, face scrub
- Gilbert Soap Works
Natural bar soaps, soy candles
- Risin' Creek Creamery
Goat cheese, goat milk sauce, fudge, soap, lotion
- Stellar Creations on Main
Handmade soy candles, purses, aprons, messenger bags, pillows, embroidery

PRODUCE/GARDEN

- Ram Family Farm
Pork, produce, plants, crafts
- Kingdom Farms Indy
Vegetables
- Neier Farms
Fresh produce, cut flowers
- Hitchcock Farm and Garden
Berries, produce, cut flowers
- Hideaway Farms
Fresh produce, cut flowers
- Diversified Dream Farms
Pork cuts, specialty produce, cherry tomatoes, garlic, berries, peaches, honey
- The Makers Acres
Fresh produce
- Liberty Heritage Gardens
Seedlings, fresh produce and cut flowers
- HC Master Gardeners
Garden information, topics and answers

SPECIALTY FOODS

- Lazy J's Kettle Corn
Kettle corn, caramel corn, pork rind, lemon shake-ups, soda, bottled water
- Louise's Sweets
Gourmet chocolate covered treats, candies
- Michael's County Bakery & Cakes
Bakery items (bread, cookies, whoopee pies, pies, cupcakes)

>>>



Kristi's Soap Market.

Photo By Rick Myers

<<<

- **The Final Course**
Cupcakes, cookies, pies
- **Wayne's Kettle Corn**
Kettle corn, gourmet popcorn
- **Blondies and Brownies Bakery**
Cupcakes, cookies, brownies and blondies
- **Indiana Craft Jerky**
Variety of beef jerkies
- **Batch No. 2**
Artisan condiments, mustard, catsup, Carolina BBQ and vinegar BBQ
- **Triple Treats**
Cinnamon Rolls
- **Pop Pop's**
Baked good including breads, pies and cookies
- **Pastries Chefs**
French brioche, Italian and flax breads, challah, tarts, muffins, croissants
- **One of a Kind**
Jam filled macaroons
- **Ph3ment**
Fermented vegetables, Kvass, Kombucha
- **Risin' Creek Creamery**
Goat cheese, goat milk sauce, fudge, soap, lotion
- **The Singing Crust**
Artisan Breads and Pastries
- **Barkes and Noble Treatery**
Homemade dog treats including donuts, cinnamon rolls and biscuits
- **Mathoo's Laotian Cuisine**
Egg rolls (fired on site)

CRAFTED GOODS

- **Indy Beads**
Jewelry, handcrafted gemstone bead jewelry and copper cuff bracelets
- **K Skates Sews**
Handmade crafts, toys
- **Grandpa's Woodshop**
Intricate wooden boxes, trivets and more
- **Hoosier Culinary Sharpening**
Knife sharpening
- **Lemon Soda Designs**
Handmade paper crafts and greeting cards
- **Apple Girl Art**
Wood and metal yard art, ceramics, jewelry
- **Eagle Creek Bonsai**
Bonsai trees and supplies, handmade crafts

Danville Farmers Market Saturdays, 8 a.m. – noon | May 27 – Sept. 2
 Historic Courthouse Square, Downtown Danville
MEATS

- **Wyeth Farms**
Cuts of beef
- **Greene Acres Lamb**
Lamb meat (locally raised) -
- **Lazy S Farm**
Vegetables, eggs, poultry, honey, vegetables, hand-knitted/crocheted items

FURNITURE

- **Chicken Legs Imperfections**
Wood furniture, clocks, books etc.
- **Grandpa's Cedar Works**
Outdoor wood furniture and accessories crafted from cedar Osborne
- **Hideaway Farms**
Fresh produce, cut flowers
- **Hitchcock Farm and Garden**
Berries, produce, cut flowers
- **Homegrown Harvest**
Berries, produce, herbs, baked goods
- **Neier Farms**
Fresh produce, cut flowers
- **Liberty Heritage Gardens**
Seedlings, fresh produce and cut flowers
- **Hendricks County Master Gardeners**
Garden information, topics and answers

BODY/HOME PRODUCTS

- **Fairie Hill**
Homemade soap and body products
- **Kristi's Soap Market**
Handmade coconut soap milk soap,

bath bombs, body butter, sugar, scrub, lip balm, face scrub

- **Smokey Hallow Hots**
Hand-poured candles (soy or paraffin), incense, wax melts, air fresheners

CRAFTED GOODS

- **Indy Beads**
Handcrafted gemstone bead jewelry and copper cuff bracelets
- **Le Petit Chou Pottery**
Handmade mugs, cups, bowls, and other ceramic products
- **Lemon Soda Designs**
Handmade paper crafts and greeting cards
- **Summerfield Farm**
Perennials, herbs, blown glass, knits

SPECIALTY FOODS

- **Mother Noble Tea Breads**
Jams/jellies, seasonings, infused salts, granola, syrups, body products, vinegar
- **My Hunny's Honey**
Honey, honey comb, honey sticks, honey candy, raw honey, beeswax, bee pollen, lip balm
- **Lazy J's Kettle Corn**
Kettle corn, caramel corn, pork rind, lemon shake-ups, soda, bottled water
- **Michael's County Bakery & Cakes**
Bakery items, bread, cookies, whoopee pies, cupcakes



Michael's Country Bakery & Cakes.

Photo By Chris Cornwall

Pittsboro Farmers Market Wednesdays, 5:30 - 7:30 p.m. | July 5 - Aug. 30
 Scamahorn Park, 80 Meridian North Meridian, Pittsboro

- **Ann Crochets**
Fresh produce, crochet items, bedspreads to coasters, catnip. Proceeds go to Indiana Sheltie Rescue.

- **My Hunny's Honey**
Honey
- **Kingdom Farms**
Certified Naturally Grown produce

Plainfield Farmers Market
 Wednesdays, 5:30 – 7:30 p.m. | June 7 – Sept. 7
 Plainfield Friends Meeting Lawn, 105 S. Center Street
PRODUCE/GARDEN

- **Diversified Dream Farm**
Frozen Pork Cuts, Select specialty vegetables, raspberries, peaches, apples, cut flowers - cash only
- **Fern Valley Farm, LLC**
Vegetables, fruit, seeds, plants, salves, eggs, frozen chicken, microgreens - cash only
- **Gordon Family Farm**
Eggs, whole fryer chicken, pork, produce
- **Homegrown Harvest**
Produce, baked goods - cash only
- **Hendricks County Master Gardeners** - non profit
- **Hobbit Gardens**
Herbs
- **Krebs Natural Produce**
International heirloom tomatoes & misc. veggies - cash only
- **Lazy A Ranch**
Produce, herbs, flowers & honey - cash only
- **Liberty Heritage Gardens**
Fresh produce, home baked goods, cut flowers
- **Neier Farms**
Produce, flowers & handmade children's clothes - cash & credit
- **Nysewander Farms**
Farm produce, baked goods, canned goods - cash only
- **Patio Produce**
Fresh herbs, lettuces, leafy greens, strawberries & flowers - cash only
- **Weber's Produce**
Produce
- **Seven Hills Produce**
Produce - cash only

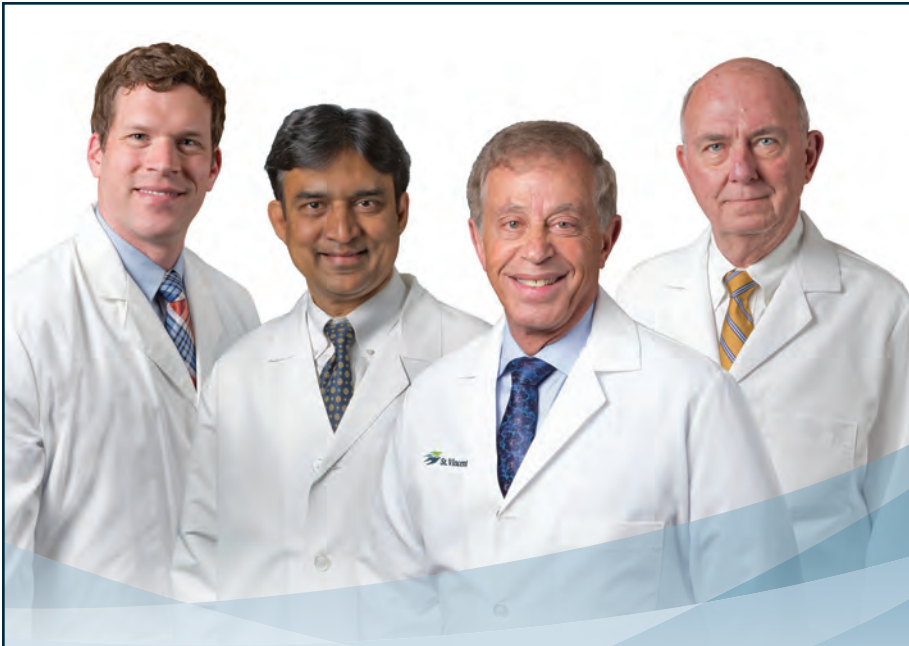
BODY/HOME PRODUCTS

- **DoTERRA Products**
Body scrubs, lotions, essential oils
- **Global Soaps**
Handcrafted goat's milk soap, hand lotion, lip balm - cash & credit
- **Kristi's Soap Market**
Handmade coconut milk soap, bath bombs, body butter, charcoal face scrubs, face cream - cash & credit
- **Land goods, LLC**
Cloth napkins, organic cotton wash cloths, alpaca dryer balls, reusable shopping bags, reusable baby wipes, un-paper towels - cash & credit
- **Wild Roses Bath & Candle, LLC**
Soap, candles & Native American handcrafted items - cash & credit

CRAFTED PRODUCTS

- **Abner Acres**
Handmade stuffed animals, dog bandanas, baby items, jewelry, dog toys, produce - cash only
- **Just Be Kind**
Handmade t-shirts with a special message made by the youth in our area.
- **Grampa's Cedar Works**
Fine outdoor furniture - cash & credit

Farmers Market continued on page 10



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From left to right:
Daniel R Green, MD
Narsing R Damera, MD
Robert D Glassman, MD
Thomas D Hughes, DO

ST. VINCENT HEART CENTER

Proud of Our Physician Owners



Farmers Market continued from page 9

- **Stitches by Anna Steely**
Handmade crocheted stuffed animals, hats scarves, jewelry, blankets, slippers, bags & bibs - cash & credit

SPECIALTY FOODS

- **Amoretto Biscotti**
Italian Biscotti - cash Only
- **Bo-Mar Farms**
Nuts, baked goods, sea salt chocolate chip cookies - cash & credit
- **Dawg House**
Hot Dogs Chips & Drinks - cash only
- **The Gathering Together**
Nonprofit - crafts & jellies
- **Goehl & Walker Raw Foods LLC**
Kombucha (fermented tea) in 12 oz. bottles and on tap for growler compostable cups - cash & credit
- **Hoosier Sugar Daddy**
Fancy, all natural syrups - cash & credit
- **Kick Stand**
Food vendor, pressed sandwiches, BBQ ribs, tacos (menu changes)
- **Lazy J's Kettle Corn**
Kettle corn, pork rinds, lemon shake-ups - cash & credit
- **Louise's Sweets**
Gourmet chocolate Oreos, chocolate covered pretzels - cash & credit
- **My Dad's Sweet Corn**
Bi-color sweet corn - cash only

- **Oberweis Dairy**
Milk delivery to your door
 - **Pastries Chefs**
Breads, tarts, Danish, muffins, croissant almond, croissant chocolate, cookies, madeleines, waffles etc. - cash & credit
 - **Pop Pop's**
Homemade Pies & baked goods
 - **Prison Greyhounds**
Non Profit
 - **Singing Crust**
Artisan Bread & pastry
 - **The Kickstand**
Food Vendor, BBQ Pork Ribs, chicken, chips, onion rings - cash & credit
 - **Voices for Change**
Nonprofit - Activism/voter registration, White Sparrow Patisserie, Baked Goods; cookie bars, cakes, fruit tarts - cash & credit
 - **Plainfield Lions Club**
Amish Microwave Popcorn, Pecans
 - **The Branches Community Church**
Nonprofit
- ### MEATS
- **Fern Valley Farm, LLC**
Vegetables, fruit, seeds, plants, salves, eggs, frozen chicken, microgreens - cash only
 - **Gordon Family Farm**
Eggs, whole fryer chicken, pork, produce
 - **Red Barn Farms**
Frozen meats & vegetables - cash & credit
 - **Sis & Bros Fancy Eggs**
Fresh farm eggs & flower seeds - cash only

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GREEN



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OUR VIEW

The whole enchilada

It seems like there is a pill for every vitamin, amino acid and mineral that we are expected to get in our daily diet. However, these dietary supplements are not intended to be a food substitute.

One of the biggest myths is that folks can benefit from antioxidants in pill form. Unfortunately, a recent Harvard study disproved this notion in that, although antioxidants may protect individuals from cancer producing free radicals, they are largely ineffective without the companion compounds found only in whole foods.

One of the biggest setbacks of going for whole foods is that they take time to prepare, and the preparation of which is something foreign to many younger persons, according to the Mindy Duckett, who works for the Hendricks County Food Coalition.

Members of the food coalition will be at this year's Farmers Markets to give cooking demonstrations. This is a perfect opportunity for area residents to start living a healthier lifestyle. The knowledge learned will not only benefit their own health, but can be passed down to their children, a tradition that has faded in recent times.

We want to encourage local residents to get out to the Farmers Market this year and take the time to learn a new, healthy cooking skill.



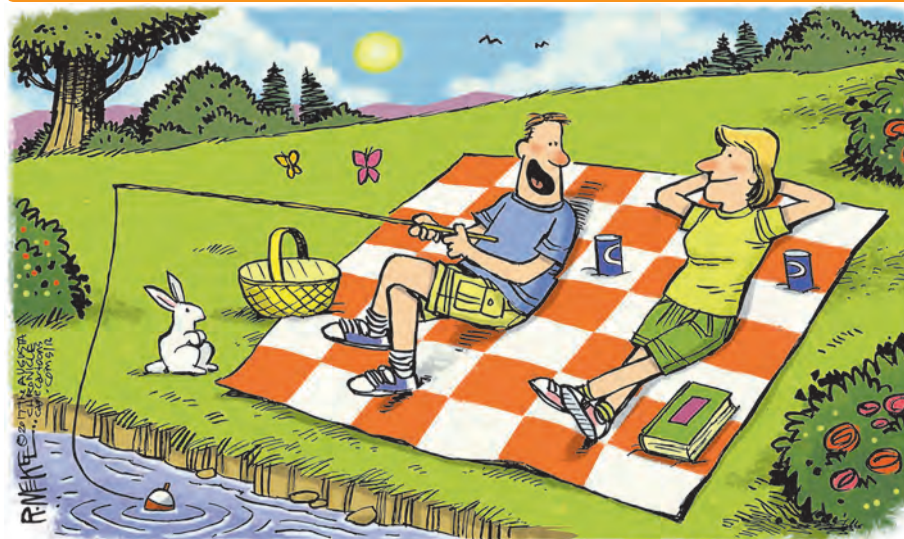
BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you ...

In Kentucky, one may not dye a duckling blue and offer it for sale unless more than six are for sale at once.

SOURCE: dumblaws.com

ICONtoon



"WHAT A GREAT DAY! THE SUN IS SHINING, THE BIRDS ARE SINGING, AND WE'RE IN A CARTOON THAT'S NOT ABOUT TRUMP!..."

Kneedy people

HUMOR

By Dick Wolfsie

As soon as Mary Ellen made plans for our last vacation, I made an appointment with the orthopedist. My left knee was killing me and I didn't want to be a drag on our daily activities. My knee problem goes back to an old football injury in college. I was drunk and fell out of the stands during Homecoming.

When I arrived at my appointment, I asked why my former doctor had unexpectedly retired. The receptionist said he wanted to devote more time to running triathlons and skiing, which is really nice for him but for the patients who were scheduled for knee surgery, this is kind of rubbing it in.

My new doctor said he needed to take a few pictures of my knee. I told him that wouldn't be necessary and showed him some great shots of myself in Bermuda shorts on my iPhone from our recent New Orleans trip. But X-rays were still required. They clearly showed the reason for my discomfort and surgery would be my only option for relief.

"Dick," said Dr. Estes, "I understand you and your wife are going on vacation. Not too strenuous, I hope, considering your knee."

"She wants to go to Canada and go hiking."

"Sounds a bit rocky to me."

"Yes, we're visiting Banff National Park."

"No, I mean your marriage. What kind of wife makes a husband endure that much pain?"

Dr. Estes confirmed I needed a new knee, but in the meantime he recommended a cortisone shot right in the problem area. Several years ago when I had a similar pain, I got the identical injection. The same nurse was still working in the practice. She walked in with the kind of big grin that only someone who was going to stick a needle directly

in your throbbing kneecap could have.

"Oh, hi, Mr. Wolfsie. Well, I guess you remember the drill." It was not my place to offer marketing advice, but I told Julie that "the drill" is not the best word choice to put a patient at ease.

The cortisone helped, but most of the trails near Banff were far too rugged for me to negotiate, so I waited in the car while my wife and son walked along the Hoodoos. I waited for them while they hiked in Johnston Canyon and I waited for them while they explored the Marsh Loop. Wait, wait, wait is pretty much what I did all week. Brett told me he took some great photos, and I even had to wait to get back to the hotel to see how much fun I missed.

I attempted to hike one trail that had a sign saying "handicapped and stroller friendly," since it was flat and paved. I question the friendliness part because while I was hobbling along as fast as I could go, a guy in a wheelchair was griping at me to speed it up, and a toddler in a stroller was shaking his fist and crabbing at me to get over to the right so he could pass. I turned around and went back to wait for my family.

When I got home, I called the doctor's office to be scheduled for knee replacement surgery. "Okay," said Leslie, Dr. Estes' assistant, "but the earliest he can fit you in is September. Will you be okay waiting?"

"Of course," I said, "I've gotten really, really good at that."



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.

THUMBS UP



Photo by Rick Myers

Doug Boles, president of the Indianapolis Motor Speedway and Danville High School graduate, for personally walking up to the very top of the Southwest Vista during the 101st running of the Indianapolis 500 to greet Russ Van Treese, who saw his 91st consecutive Indianapolis 500 May 28.

To summer break for Hendricks County educators. Besides parenting, teachers have the most important job. After imbuing our youngsters with the skills and knowledge that will serve them and society for a lifetime, they deserve a break.

To the completion of the western portion of the Vandalia Trail set for Oct. 2017. This bike and pedestrian path running from Amo to Coatesville will feature improved parking, modern restrooms and a rebuild of the Crittenden Creek Bridge.

QUOTE

"There is only one thing in life worse than being talked about, and that is not being talked about."

– Oscar Wilde



Local docs breathe life into telestroke program

FEATURE By Chris Cornwall

A pilot program aimed at reducing the time it takes for stroke patients to receive treatment has proven successful after three months of use.

Hendricks Regional Health is working to reduce the impact of stroke in our community by launching the mobile telestroke program. Telestroke allows doctors to begin a medical evaluation of suspected stroke patients via FaceTime on iPads while traveling to the hospital in an ambulance.

This connects first responders with Hendricks Regional Health physicians to determine if the patient is experiencing a stroke and activate the emergency department team to give tPA (a clot-busting medication) much faster than ever before.

Neurologist Dr. Scott Cline and emergency physician Dr. Jim Nossett brought this pilot program to life through collaboration with local EMS. Fire/rescue professionals in Plainfield, Brownsburg, Avon and Danville are currently participating in the pilot.

"I expected speedbumps," Nossett said. "But overall it has been very well received. Our EMS crews have been very engaged and excited."

With stroke patients, minutes equal brain cells. In the midst of a stroke, you lose about 2 million brain cells a minute. Every minute that goes by a stroke patient is losing nerve cells that can't come back. A prompt neurological evaluation increases the possibility that someone experiencing a stroke may receive clot-dissolving therapies in time to reduce disability or death.

"We feel like this is a game changer in stroke care," Cline said. "So far, we have seen a reduction of several minutes in the time it takes for patients to receive cell saving treatment."



The Plainfield Community Middle School Academic Superbowl Science Team proudly displays its No. 1 award – for the third year in a row.
Photo by Becky Schroer

Plainfield middle school science team 'three-peats'

FEATURE By Becky Schroer

The Chicago Bulls have nothing on Plainfield Community Middle School (PCMS)...when it comes to science. The PCMS Academic Superbowl Science Team earned its "three-peat" this year by winning its third consecutive Indiana Academic Superbowl Science Championship.

It also is the school's seventh science championship in 15 years under coach and eighth-grade science teacher Bradley DeHoff. Not to mention, four second places, one third place, one fourth place, 12th and 17th during the 15 years.

The PCMS team competed against 70 other middle schools in the Academic Superbowl, Junior Division, Class I, competition. Teams included those from nearby Avon, Brownsburg and Zionsville. There are two middle school (junior) division classes based on school size, with class I including larger schools.

"These kids feed off of each other," DeHoff said. "The kids are researching on the computer. They all contribute to the team. They all know what the end goal is," he added.

This year the Academic Superbowl theme for all subjects was the French Revolution. "Our main focus was the scientists of that time and what they were doing," DeHoff explained. In the competition, the students had to know chemical equation balancing, fossils, the Montgolfier Brothers and ballooning, temperature conversions, diseases of the time (gangrene, dysentery, malaria, typhoid fever, smallpox), and the guillotine mechanics.

DeHoff said the topics each year are very broad, and it is up to the students to

research in depth. The team began meeting once a week in November, but a month before the May competition, the students ramp it up to four times a week.

"I want to work really hard at it, and they want to work very hard at it. They are hardworking and willing to put in the time," DeHoff claims as a reason for the team's success.

The PCMS team included seventh and eighth graders. They are Salik Ahmad, Bianca Cortez, Logan Eddington, Caden McClure, Andrew Meskimen, Het Patel, Anna Price, Elizabeth Rowan, William Rulon, Rashad Saleem, Sammy Trivett, Keegan Vanevery, Erin Vaughan and Harrison Woodruff.

"I was surprised, but our team is so great," team captain Bianca Cortez said of the team's championship. Because of a swimming conflict her seventh grade year, Cortez wasn't able to join the team until this year. "I thought the topic this year was interesting, and I enjoyed the challenge," she said. She plans to continue with the Academic Superbowl in high school.

"I have always been interested in science, and Mr. DeHoff is one of my favorite teachers," said eighth grader Salik Ahmad.

"It was kind of nerve-wracking. I was so nervous," said eighth grader Andrew Meskimen, who competed for the first time this year. "It was definitely a good first experience," added.

Overall, Mr. DeHoff explained, all PCMS teams did very well in the state Academic Superbowl. In addition to finishing first in science, the school grabbed third place in social studies, finished in the top 15 in math, third in English, and fourth in the interdisciplinary competition.

Academic Super Bowl coach and science teacher named Plainfield Teacher of Year

Plainfield Community School Corporation's Teacher of the Year Bradley DeHoff traded his thriving research scientist career at Eli Lilly and Company for a classroom full of middle schoolers 15 years ago.

"A lot of things just fell into place," DeHoff said about his career change. Several things set the stage for his transition: Lilly's focus was changing which affected his research projects, his memorable experiences lecturing at the University of Illinois during his post-graduate studies and substituting during his college summers, and the need to have more home-time after the birth of his son. Plus, DeHoff said, "I've been around educators all of my life." His mother was a school secretary.

"It was God's 2x4," DeHoff said. "It was an easy decision" once he saw the light, he added. But it didn't happen overnight. DeHoff attended Indiana University-Purdue University at Indianapolis to earn his teaching certificate. And then he learned of a science teacher opening at Plainfield where DeHoff has taught since 2002.

As an eighth grade science and biology teacher, DeHoff's days are filled with classes, and outside study and review sessions. Nearly every afternoon and evening you can find him attending a concert, sporting or school event of some sort. And for about five months of the year, he coordinates the Academic Superbowl teams for PCMS while coaching the science team.

Under his guidance, PCMS has won more Academic Superbowl events than any other school in Indiana, with 20 state championship awards. Its science team has won seven of the 15 years it has competed.

When asked what made Mr. DeHoff stand out from the other Teacher of the Year finalists, two things seemed to be significant. First, the aforementioned support of his students and school, illustrated by his presence at so many events. Second, his dedication to the Academic Superbowl process. He's never taken a spring break vacation in all the years he's been the team coordinator and science coach because spring break falls in the heart of the Academic Superbowl season.



Several people reside on Lake Forest Lake, which is owned by Paul R. Walthers. The Indiana Department of Natural Resources has declared the lake's 75-year-old privately owned dam a "high hazard."

Photo by Becky Schroer

Four-year battle over lake continues

FEATURE

By Becky Schroer

After four years, a battle between an Avon-area neighborhood lake owner and the Indiana Department of Natural Resources (IDNR) continues.

In 2013, the IDNR declared the 75-year-old Lake Forest Dam a "high hazard" and claimed jurisdiction. After four years and several legal steps, a Marion County superior court denied in early May another appeal by Forest Lake and dam owner Paul R. Walthers. The court remanded the issue back to the IDNR and its administrative law judge.

According to Walthers, over the years, several developments near the lake have been approved by Hendricks County. These developments, while meeting requirements individually, have cumulatively impacted Forest Lake and Lake Forest Dam, located in Washington Township southwest of the US 36 and Avon Avenue intersection.

Walthers, 85, has owned and maintained the lake and dam for 50 years. He previously owned the land surrounding the lake, and owned homes on the lake. Today, 14 homes surround the lake and are in jeopardy of losing their lake-front status.

The IDNR citation was originally issued to three dam owners and lake-front residents, Walthers as well as Ronald D. and Carolyn A. Richards.

According to Richards, he and his wife own part of the dam, with Walthers owning the other section as well as a lake spillway. The Richards bought the land and dam section from Walthers in 1979.

The Richards have since agreed to a monetary settlement with the IDNR. "The situation we found ourselves in, we thought it best to settle. No one wants to see the lake go away," Ronald Richards said. With the financial settlement with the IDNR, Richards said he has "absolved his responsibility with the dam."

Both the Richards and the IDNR were not able to reveal the settlement amount, nor was the IDNR able to divulge the use of the funds. "I am not a liberty to discuss details of that (Lake Forest Dam) situation because it is currently in litigation," said Phil Bloom, director of communications with the IDNR,

about the continuing conflict with Walthers.

But Walthers, who no longer lives on the lake, has no plans to stop fighting to save it.

"I can't afford to do what they demand -- none of which I caused. I am really fighting for the good of the lake dwellers. I don't want to have legal problems because of a decrease in property values," Walthers explained. "I am trying to help the community. Why is the state making such an issue?" he added.

While the IDNR has declared the dam a "high hazard," it is requiring Walthers to "obtain the services of a professional registered engineer experienced in dam design, construction, repair and maintenance to evaluate the dam and spillway..." at his cost.

"State laws concerning dams have changed four times in the last decade. They now have control to make me prove the dam is safe or dewater it," Walthers said. "We have talked to several engineers, and no one thinks there is a problem except the IDNR," he added, estimating the cost to rebuild the dam would be in the neighborhood of \$500,000. Another alternative is to drain the lake completely.

"How do you prove a 75-year-old oak tree is safe and won't fall on someone's house," Walthers used as an analogy to the situation with his dam. He estimates he already spends \$2000 to \$3000 annually to maintain the lake. He added that water from the lake's dam and spillway meet and flow to a ditch that carries the water to White River, and it has never overflowed.

According to Walthers, the lake has experienced "hazard creep" over the past 40 years. This he attributes this to the cumulative development approved by Hendricks County. Walthers says the recent growth within the Town of Avon, newer nearby schools and housing subdivisions, the CXS railroad, widening of roads and the new bridge construction on Avon Avenue are increasing rain and storm water, impacting his lake -- and thus, IDNR involvement.

Walthers said he has met with county officials. Additionally, he said he has proposed less costly solutions to the IDNR which have been rejected.

Save the Date!

2017 Annual Meeting & Member Appreciation Event

July 20, 2017

This year we will host our Annual Meeting in conjunction with our Member Appreciation event at the Hendricks County 4-H Fair.




Watch your mail for your **FREE** parking pass and food voucher valid at vendors that evening.

Our booth in the Sponsor of the Day Pavilion will be open from 11:00 AM - 8:00 PM.

Members are also invited to join us for a brief business meeting at 7:30 PM in the Farm Bureau Horse Arena.

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Why is my blue spruce dying?

GARDENING

By John Chapin

Over the past few years, many homeowners have been alarmed by what seems to be a sudden decline of their blue spruce trees. Throughout the Midwest, Colorado blue spruces have been showing needle loss, dead branches, and browning foliage. The first sign of trouble is the browning of needles on the lower branches, which gradually spreads upwards. Eventually, the whole tree drops its needles and dies. This is due to a combination of factors, and unfortunately there is little that can be done to save them.

Some experts say the reason for their decline is due to the fact Colorado blue spruces are not native to the Midwest, but these trees have been successfully grown in this area since the nineteenth century, as evidenced by beautiful mature specimens in yards and public areas. Their demise is more likely due to a combination of several environmental conditions as well as poor siting when planting.

Over the past decade, the Midwest has experienced not only a serious drought, but also continuing mini-droughts, four to six weeks of very low rainfall occurring at different times of the growing season. Fortunately, each dry period has been either preceded or followed by near-record rainfall. In 2016, we had five weeks of almost no rain in late spring, extending through almost the entire month of June, followed by one of the wettest Julys on record. While none of these dry spells qualify as a drought, they do put stress on plants. Extreme temperature fluctuations, hot summers, warm winters, and late frosts add to the stress.

Colorado blue spruces perform best on moist, well-drained loam to sandy soils with a pH of 6.0-7.5 and full sunlight. Unfortunately, most soils in Central Indiana are alkaline, heavy soils, with poor drainage. Under ideal conditions, in full sunlight, spruces will grow well, but when environmental factors are unfavorable, they decline rapidly. Poor drainage will kill newly planted trees in a year or less. If the tree is planted where the ground stays saturated after a heavy rain, it's under a death sentence.

However, even with proper siting, the environmental conditions over the past decade are now causing problems for blue spruces from a combination of several disease and insect infestations. Diseases include Cytospora canker, Rhizosphaera, and Stigmina. Insect pests include bagworms and mites. Any of the diseases can



Diseased Blue Spruce.

Photo by John Chapin

be fatal, and insect infestations weaken trees to make them more susceptible to the diseases. Treatment of the diseases is expensive and not always successful.

If one is fortunate enough to have a blue spruce, properly sited and not showing signs of decline, the best procedure is prevention. Adding 3" of mulch around the tree, extending to the outermost tips of the branches increases overall health in many ways. Water deeply if dry conditions occur, and fertilize each spring. With proper siting and care, you should be able to enjoy your blue spruce for many years to come.



John Chapin is a retired school teacher and sole proprietor of Chapin Landscaping in Danville. He has over 30 years' experience in the landscaping business. Contact him at jchapinlandscaping@gmail.com



Quick, easy and tasty Leg of Lamb

RECIPE

By Jerry Renzy

If you love lamb like I do and don't want to spend a lot of time cooking it, but don't want to spend a lot of money on lamb chops or rack of lamb, this is the perfect option. I use a technique called "reverse sear" that is tender and juicy with amazing charcoal flavor.



INGREDIENTS:

(serves 6)

- 1 leg of lamb, boneless or semi-boneless (about 3.5 to 4 pounds)
- Kosher salt
- 2 teaspoons coarsely ground black pepper

DIRECTIONS:

- Preheat the oven to 250 degrees F.
- If your lamb is boneless, it's probably rolled and tied. Cut the strings and lay it out flat. If it's semi-boneless, cut down the center and cut out the center bone and lay it out flat. Sprinkle the kosher salt and pepper all over and place the lamb in a roasting pan fat side up. Place the lamb in the oven and roast for 40 minutes (until it's about 110 degrees in the middle.) After roasting for half the roasting time (about 20 minutes,) fire up the charcoal grill so it's ready when you

take it out of the oven. When the internal temp reaches around 110 degrees Fahrenheit, remove it from the roasting pan and put it on the hot grill. Grill to 130 degrees for medium rare. Remove lamb from pan and allow to rest for 10 to 15 minutes before carving. Serve it with mint jelly.

OPTIONAL:

- You can make a quick gravy with the pan drippings by deglazing with a little red wine and chicken stock over low heat, then add a little corn starch mixed with water.



Jerry Renzy lives in Avon and owns Handcrafted Beverages. He also teaches at the International Culinary School. Contact him at handcraftedbeverages@yahoo.com.

Puzzle Time



Solutions
from page 26

Answers to HOOSIER HODGEPODGE

Nutrients: CARBOHYDRATES, FAT, MINERALS, PROTEIN, VITAMINS, WATER;

Members: JACKIE, JERMAINE, MARLON, MICHAEL, TITO;

Roles: BEAST, BELLE, GASTON, LUMIERE;

Country Clubs: BROADMOOR, HIGHLAND, WOODSTOCK;

Counties: DECATUR, DE KALB;

Headliner: KEITH URBAN

HC ICON Quiz Answers

from page 6

- 1) A
- 2) B
- 3) D
- 4) C
- 5) A



4	8	9	3	1	6	5	7	2
2	1	6	5	7	9	8	3	4
3	7	5	8	4	2	6	1	9
7	9	3	6	8	4	2	5	1
8	5	2	7	3	1	9	4	6
1	6	4	2	9	5	7	8	3
6	3	1	9	5	8	4	2	7
9	4	8	1	2	7	3	6	5
5	2	7	4	6	3	1	9	8

Stopping those pesky group messages

TECH SAVVY

By Regina Miller

I love my friends but not so much at 1 a.m. when my phone is chiming with every response in a group message. How do I stop group messages so I can actually get some sleep and go to work the next day?

Well, I'm assuming you already found the mute button, but then you get a vibration instead so that's really not an acceptable solution. I've seen people ask, "Can you remove me from this group message? I am in bed." Not only does that not work but then you also risk looking like a jerk and being a buzzkill for the rest of the group's fun. So the effective and polite answer is to mute the conversation on an iPhone by going to the group message and tapping "Details" then go scroll to the bottom and tap "Do Not Disturb" to mute the conversation. You will still get the messages, but not receive notifications.

If everyone in the group is using iMessage, then you will also have the option to "Leave Group Message," but if there's even one non-iPhone user in the group this option is not available. The other bonus of just muting the conversation is you can catch back up later if you want to or just delete the thread when you are ready.

Android users have different options including settings when the originator first sends the message allowing responders to only respond to the sender and not the whole group, but that original person determines the behavior from the start. There are also apps that allow Android users to stop the multiple responses and of course you can also delete the thread or silence the conversation.

Important texting etiquette: Non-smartphone users don't actually receive group messages. They just get an annoying blank message. It's hard to imagine, but true, not everyone has unlimited texts so you could be running up your friends cell phone bill unintentionally. No one likes to be sold to in a mass group. Sending group messages for friends to buy something is a good way to go from friend to spammer in with simple push of "Send."



Regina Miller owns Geek in Pink. Contact her with tech questions at regina@geekinpink.com or (317) 882-1606.

Melaney Sargent's Story

HCCF Board Member Melaney Sargent has been passionate about art her entire life and wanted to share her love of art with kids in our community. She created a donor advised fund at the Community Foundation that gives her the ability to choose her favorite art programs to support every year. Call us today to start your own donor advised fund to give back to Hendricks County and support the causes YOU love!



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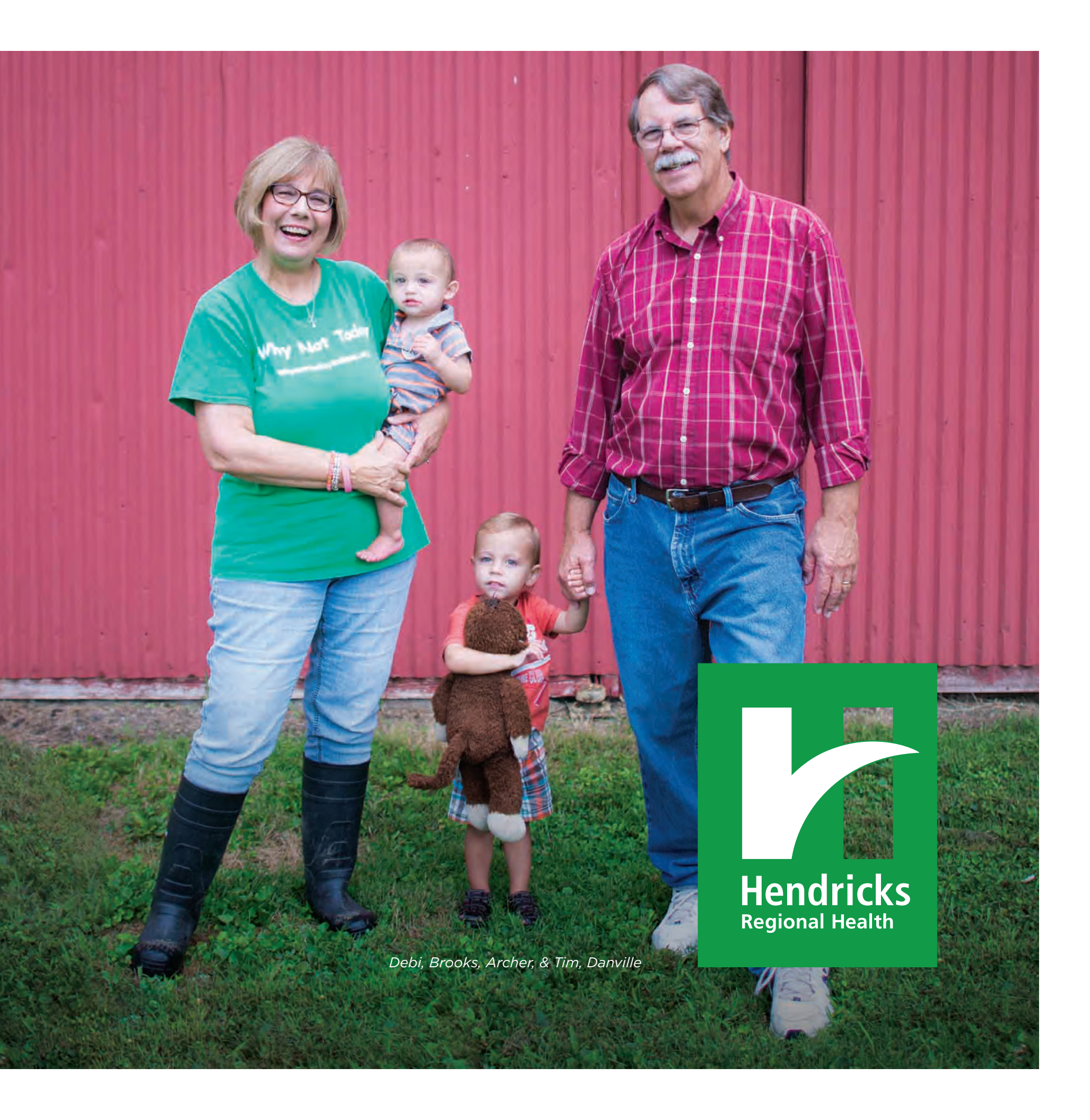
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Debi was diagnosed with breast cancer last spring. Her proactive approach to routine screenings, along with advanced 3D mammography, caught her cancer early. Thanks to her team at Hendricks Regional Health, Debi beat breast cancer and is back to enjoying life on the farm with her husband and grandkids. Every woman has a story. Define yours with early detection. Request a 3D mammogram at [HENDRICKS.ORG/MAMMOGRAM](https://www.hendricks.org/mammogram).



Why Not Today



Hendricks
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NIGHT & day LOCAL Entertainment ENTERTAINING

When they fly the coop

by Sherry Stafford Rediger, PhD

Graduations and weddings are joyous celebrations that often surprise parents with a crisis of grief and loss. After two decades of heavily investing energy and focus on children you may ask yourself, "Who am I now?" And if you're married, you may look over and ask, "Who are you?"

The psychologist, Erik Erikson, believed that the primary struggle at this stage of life is between generativity and stagnation. Generativity is about becoming increasingly invested in "making your mark" on the world and creative acts. It's about visioning and contributing to the future and nurturing posterity. Stagnation, on the other hand, leads to isolation, superficial interactions, loss of purpose, and eventually despair.

Here are some ideas to help with the transition:

Rediscover interests you had in the past. Remember that girl who couldn't stop dancing in high school? Turn up the music and dance. Create a new playlist. How about the guy who used to take photos at every opportunity? Pull out that old camera or take a class to learn new techniques.

Be intentional about what you feed your mind and what thoughts you allow yourself to nurture. Negativity can be sneaky and, left unchecked, pervasive and destructive. Develop a daily practice of gratitude.

Re-vision your family. Reevaluate traditions, holidays, and vacations and consider who you are as a family now. If you are married, talk intentionally about a new vision for your relationship. Challenge your assumptions about who your partner is by asking lots of good questions. It's a good idea to start dating your partner again - a lot has changed! Discover it!

Consider expanding your own friendship circle. Now that the heavy investment in children is no longer necessary, more time and energy is available to create friendships with other adults and couples.

Commit to contributing to your community. What sparks your passion? Education, poverty, spirituality, politics, the environment? You are in a position to shape the generations to come. You have the power to create lasting change. How will you make your mark?



Dancing under the Stars returns June 24

By Chris Cornwall

The criterion for a truly special event usually falls under one of two categories: 1) great entertainment or 2) for a great cause. The Gathering in the Garden, Dancing Under the Stars achieves both. This elegant annual event seeks to raise funds for a unique end-of-life care facility founded by Rita Florentino in 2002.



Florentino

The Gathering Together, 147 N. Center St., Plainfield, provides care, nurturing and support for end-of-life guests and their families free of charge. Florentino and her staff have served more than 35 Hendricks County residents since 2014.

The event is held at the Gathering's welcoming yet stunning home. "We would never think of holding the event anywhere else," Florentino said. "It is a time to showcase our home and people love to come here."

Last year, the event raised over \$22,000. The goal for this year's event is \$30,000 Florentino said.

Dancing under the Stars will feature

live music and Master of Ceremonies, Jeff Binkley. Hungry guests can dress their own chicken, beef and pork carnitas from the taco bar and enjoy a variety of beer and wine. For those with a sweet tooth, desserts from local bakeries and volunteers will also be available for auction.

Guests can top the night off by bidding on one-of-kind gift baskets for their date. From baking to grill master to craft beer, there will be a basket suited to everyone's interest.

"It is a place to come and meet new friends and as well reacquaint with old ones," Florentino said. "The event is special for recent guests and their families because they have an opportunity to meet the volunteers that make their stay possible."

The Gathering in the Garden, Dancing Under the Stars will be Saturday, June 24, at Gathering Together, 147 N. Center St., Plainfield. 7:00 - 10 p.m.

Tickets to the event are \$35 and can be purchased in person or online at thegatheringtogether.org. For more information, call (317)-797-2795.



2016 Gathering in the Garden.

Submitted photos

EVENTScalendar

7 Wednesday

Summer Fun Run Series

6 - 7 p.m. | HRH YMCA, 301 Satori Parkway, Avon | The 2017 Summer Fun Run Series takes you to parks all over Hendricks County to run and/or walk with family and friends. Every Wednesday we will meet you at a different park with a course map for the 1-mile or 5K course, and ice cold water to keep you hydrated. For more information, call (317) 718-6188.

8 Thursday

Amo Fish Fry Festival

5:30 - 10 p.m. | 4704 Pearl Street, Amo | The 2017 Amo Fish Fry Festival, is host-

ed by the Amo Volunteer Fire Department and Cascade Youth League. It opens Thursday June 8 and Friday June 9 at 5:30 p.m. and Noon on Saturday June 10 and close at 10 p.m. all three nights. Food, live music, games and carnival rides, BINGO, vendor tent and other special events. Saturday night is one of the largest non 4th of July Fire Work shows in the area. For more information, call Dustin Strahl at (317) 442-5357.

15-17 Thur. - Sat.

St. Susanna Parish Festival

6 - 10 p.m. (June 15), 6 - 11 p.m. (June 16): 4:30 p.m. - 12 a.m. (June 17) | 1210 E. Main Street | Great food, games, entertainment and fun.



FAITHONFOOD

by Faith Toole

AN OPTION

Clayton Cafe 76 Kentucky Street, Clayton

People love to plan a destination drive for great food. A good choice for a trip would be the Clayton Cafe. Its 'all you can eat' daily specials got my attention and had me on the road to lunch.

The Café's previous owners, the Hoops, retired in 2016 after 30 years, and handpicked Ryan and Jennifer Rash to become the new owners. Ryan and Jennifer knew about the Cafe when they started dating. Ryan asked Jennifer if she would go with him to the Café for the 'all you can eat' smelt Tuesday special. Jennifer didn't hesitate with her reply. It was "No!"

Ryan stated, "The menu is tried and true for decades, so why fix what works?" Their daily specials expand the breakfast and regular menus which are available all day. Tuesday's special is Pizza Soup, and it's delicious. They offer catfish every day, and it's 'all you can eat' on Friday. If you love



spicy and hot, take on the challenge and dare to order the Grilled Triple Threat catfish. Take a before-and-after picture to post your #ClaytonCafeTripleThreat. A must try is the western omelet with a side of Hendricks County raised pork sausage. The meatloaf is made in-house, and so are their hush puppies, slaw, sauces and deserts.

The Clayton Café is in a building that was built in 1898 and originally housed the Independent Order of Odd Fellows. They're located just west of Plainfield on Highway 39. You can't miss it.

WHERE I DINE

Sue Halsey, Brownsburg

Where do you like to dine?

Bread Basket Cafe & Bakery

What do you like there?

Favorite soup depends on the daily special. Every soup is delicious! My go-to sandwich is usually is



their grilled ham and Swiss. Love the sweetness of the apricot preserves with the salty ham, cheese and mustard.

What do you like about this place?

Desserts! Any of the chocolate cakes and pies, though I'm often too full after a delicious lunch to order dessert.

*Bread Basket Cafe & Bakery
46 South Tennessee Street
Danville, IN 46122*

BEHIND THE BARS

Papa Joe's Avon

8100 E US Highway 36
Avon

Bartender:

Stephanie Vibbert

Peach Long Island Iced Tea

1 oz vodka
1 oz Gin
1 oz Rum
1 oz Tequila
1 oz Triple Sec
Peach mix

Blended. Sugar glass rim.



Faith Toole is our Hendricks County Foodie. She can be reached at HCICONfoodie@icentimes.com. Follow on Instagram and Twitter @HCICON_foodie #HCICONfoodie

ICONICbriefs

Leadership Hendricks County announces new executive director

Kerry Tuttle has been selected as Executive Director of Leadership Hendricks County, announced Scott Slavens, President of the LHC Board of Directors. She will begin serving in that position on June 5, 2017.



Tuttle

"We were fortunate to have several excellent candidates, but as the board's Executive Committee reviewed LHC's needs, Kerry emerged as our clear choice," explained Slavens. "She is a proven nonprofit leader and skilled fundraiser who has brought success to several local organizations, and her enthusiasm for LHC is contagious."

Tuttle, a graduate of the LHC class of 2015, has been serving as the Executive Director of the Avon Education Foundation since 2014. Prior to that, she held a fundraising role with the Indianapolis Zoological Society and served as Executive Director of Prevent Child Abuse Hendricks County. Tuttle, who lives in Avon with husband Jason and daughter Lexi, received a Bachelor's Degree in History and Political Science from Indiana University in Bloomington. She is a member of the Avon Kiwanis Club and serves on the Board of Directors for the Indiana Association of Public Education Foundations.

"My year in Leadership Hendricks County was a transformative experience both personally and professionally, and I'm eager to bring that same opportunity to other adults and students in the community," Kerry said. "The organization is in excellent shape, and I look forward to building upon what previous directors Susan Rozzi and Suzanne Whicker created."

Museum to Host afternoon tea

On Saturday, June 10 from 2:30 to 4:30 pm, the Hendricks County Museum will have an afternoon tea at the Hendricks County Fairgrounds 4-H Conference Center. Take a leisurely stroll through the years and see the latest fashions actually worn by Hendricks County Ladies in the late 1800's and early 1900's. These are dresses not usually on display at the museum. Besides serving tea, delicate sandwiches and delectable desserts will be served. Tickets are \$25 each and can be purchased at the museum or the museum website at www.hendricks-countymuseum.org. For more information about the Ladies Tea, call 317-718-6158.

Brownsburg cancer survivor gives back to IU Health

Brownsburg resident Justin Hage is a testicular cancer survivor. He was treated at the IU Health Simon Cancer Center in 2014 and has been dedicated to supporting the organization since. One way he accomplishes this is through his work with 24 Indianapolis, a walking and cycling fundraiser for IU Health Simon Cancer Center and the Livestrong Foundation that works to make an immediate impact on those affected by cancer. Hage now serves as a chair of the local managing board for 24 Indianapolis and as a director of the national board for 24 Foundation.

"Plain and simple, I see my involvement in this event as a way of thanking and giving back to the people and the facility that saved my life," Hage said.

24 Indianapolis, formerly known as 24 Hours of Booty, is back for its sixth year, hosting over 400 riders and walkers at Butler University on a 3-mile loop through campus on June 23-24 from 7 p.m. – 7 p.m. The charitable, non-competitive events are open to cyclists and walkers of all abilities to raise funds and awareness in support of people affected by cancer. For more information and to register, visit www.24foundation.org.

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Successful communication

LIFE'S CHOICE

By Karl Zimmer

Communication is the beginning and end of every relationship, whether in business or in one's personal life. A key to lasting and rewarding relationships is successful communication, so it might be worthwhile to understand the truth about what makes communication between parties, successful.

Have you ever been in a conversation, regardless of the form, and felt that you were not getting your point across? Did you feel that the other party wasn't listening or trying to understand you? If so, you may have become frustrated, perhaps even angry. Whenever that happens, communication ceases to be effective, and the relationship becomes strained. Left unchecked or unresolved, resentment may ensue, and the future of the relationship becomes at risk. So, how can we prevent that from happening with our relationships?

In the field of NLP (Neurolinguistic Programming), we gauge the success of a communication by the response we get. If we say something to someone but they don't receive the message as we intend, then our communication is not successful. It is up to us to communicate so that they get what we want them to get. We don't blame the other person for not understanding us. So, when we don't get the response we want, we have to alter our communication, either the content or the delivery, so that our desired message is received as we intend. There is no

such thing as failure, only feedback.

An important component of communication is not only the intent with which we speak but also the intent with which we listen. In a loving relationship, both parties trust that the other would only communicate from a place of love and support. That may not be true in a business relationship because there are varying, sometimes competitive motives, but there must still be trust that there is no ill intent, otherwise, that is not a healthy relationship, whether in business or not. I won't do business or have a relationship with anyone I feel I can't trust and neither should you.

When you realize that you have full responsibility for getting your message across, you become more aware of how you communicate and the response you get. When you don't get the response you want, you realize that you have to make an adjustment in your communication rather than blame the other person for not understanding you. When you own that responsibility, you automatically and dramatically increase the value of the relationship and its chance for success. How cool is that?



Karl Zimmer III is a Board Certified Hypnotist. His practice, Zimmer Success Group (<http://Z-Success.com>), is in Plainfield. Information provided is for informational purposes only and is not intended to diagnose, treat, or cure any condition or illness.

How to leave a legacy The Ripple Effect

MOM'S the WORD

By Alyssa Johnson

I want to leave a legacy. How 'bout you? I want to know I left a mark on this world and not just any old mark, but one that really made a positive difference in as many lives as possible. Sound impossible? No way! Every action you take has the potential to be a ripple effect.

What do I mean by "ripple effect"? Well think about a bowl of water sitting in your sink. It's just sitting there, but then the sink drips and one drop falls into the bowl. What happens? It hits and the water ripples outward. Simple, eh? Sure it is!

You have a sphere of influence in your life. You have the people you come in contact with every day – your children, spouse, co-workers, etc. Then there are the people you see or contact regularly – your friends, the people at the bank, the grocery store, the gas station, and extended family. Finally, there are the people you randomly run into – the person you pass walking to your car, the mom with the screaming child at Wal-Mart.

All of these people represent your bowl of water. What kind of influence are you having on them? How can you leave a legacy? It's simple!

First you need to appreciate that they are a blessing (even the obnoxious ones). Next, you need to pay attention to what makes you uniquely you. Are you funny, cheerful,

kind, exuberant, shy? There is no right or wrong here – it's just YOU!

Now, BE you! Let yourself be who you authentically are and "drip" into that bowl. When you're genuine, your ripple can affect people in ways you can never imagine. But it requires you being willing to make an impact.

Want to know a secret? Your ripple effect doesn't just impact those around you. It impacts you as well because you're living your life with purpose.

One of the biggest compliments I ever received was a 3rd party telling me about a conversation he'd had with a friend of mine. This friend said, "I just love being around Alyssa. Her smile lights up a room and you just can't help but be in a better mood." Laughter and joy are my gifts and I try to use them as often as I can.

Your Vibrantly Live Challenge: So what about you? How are you going to cause a ripple effect today? Go on, leave a legacy – *I dare you!*



Alyssa Johnson is a counselor and coach exclusively for women. Learn how she can help you live the life you were created for by visiting online at: VibrantlyLive.com or by calling (317) 520-1476.



Banish backyard pests

FAMILY FEATURE

As the weather gets warmer, mosquitoes can prevent homeowners from reaping the benefits of living life outside.

According to a Harris Poll conducted on behalf of TruGreen, 85 percent of Americans say that mosquitoes limit their family's outdoor activities during the months they're most active. The same survey also found that nearly two-thirds of Americans are concerned about protecting themselves and their family from Zika or other mosquito-borne illnesses.

A majority of respondents reported using bug spray on themselves and their family members to combat mosquitoes outdoors at home. Although it's the leading preventative measure, still only half say it is most effective at preventing mosquitoes from biting.

Depending on where you live, the mosquito biting season lasts 5-7 months. If

spray isn't adequate to combat the mosquitoes at your home, it may be necessary to take additional measures.

These tips from the Centers for Disease Control and Prevention and the pest control experts at TruGreen can help combat mosquitoes outside of the home:

Remove standing water. Mosquitoes generally lay eggs near water, so once a week take time to dump anything that may hold water in the yard. This includes buckets, kiddie pools and birdbaths. Don't overlook items like toys, planters and flowerpot saucers. For containers intended to hold water, like cisterns or rain barrels, regularly check that the lid is secure so mosquitoes can't gain access. A finely woven mesh is a good alternative if there is no lid. If you can't cover the container and won't be drinking from it, use a larvicide to treat the water.

Be wary of unexpected reservoirs. Natural features such as shrubbery and tree stumps can also collect water, and they may be more difficult to remedy. Keep dense shrubs thinned and pruned. Increasing the air flow can make these areas less attractive. If removing a tree stump is impractical, a professional can guide you in proper treatment.

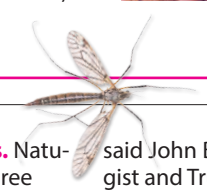
Apply a broad-application pest eliminator. Use an outdoor insect spray or professional service to kill mosquitoes in areas where they rest all over the yard. A professionally applied treatment such as TruGreen Mosquito Defense targets pests where they live, and the company's professionally trained specialists use an innovative mosquito control formula to treat all areas of the yard where mosquitoes hide, including trees, shrubs, mulched areas and all types of ground cover.

"Mosquitoes are a nuisance for many of our customers, inhibiting the time they can spend enjoying outdoor activities,"

said John Bell, board certified entomologist and TruGreen regional technical manager. "Most people protect against mosquitoes by using a repellent or citronella candles, but these methods do not target the places mosquitoes hide including low-hanging limbs, ornamental foliage, potted plants and ground cover. The TruGreen Mosquito Defense treatment program targets these places, eradicating the mosquito population in homeowners' yards and allowing people to spend more time living life outside."

Make regular rounds to spot trouble. Humans are creatures of habit, and that can mean certain areas of the yard receive much less traffic than other spots. Take time each week to tour the entire yard and keep an eye out for potential pest problems, including standing water in containers or low spots in the ground.

For more year-round lawn care tips, visit TruGreen.com/mosquito.



How to eat healthy at the ballpark

NUTRITION

By Martha Rardin, RD, CD

If you are a busy mom, dad, grandparent or a coach, this time of year can be a difficult time to eat healthy. For example, many parents find themselves rushing to leave work, pick up the kids, and dash off to the ballpark for a practice or game. Yet, even if you are spending 6 to 10 hours a week at the soccer field or Little League diamonds, it is important to keep good nutrition in focus. But how can we accomplish that?

While there aren't too many healthy selections at the concession stand, I can make a few suggestions on how you can help guide your family to make healthier choices while at the ballpark.

Bring your own snack. The best option is cut-up fruit and veggies. Strips of red, yellow, orange and green peppers are a great portable snack. Whole bananas travel well and orange wedges in a baggie will also provide a great snack while watching a practice or a game. Other great "portable" food items that can help quench appetites include cherries, grapes, melon cubes, strawberries, blueberries and cherry tomatoes.

Bring your own water in a reusable bottle rather than buy bottled water, soda or

sports drinks. Our children would be better nourished if we provided water or low-fat chocolate milk for their hydration beverage rather than a sports drink.

Choose "green light" concession items over less nutritious options. Good concession items (Green Light) can be pretzels, diet soda, popcorn and bottled water. Fair concession items (Yellow Light) include ice cream, hamburgers, or cheese pizza. Poor concession choices (Red Light – stay away!) are things like nachos and cheese, hot dogs, candy, soda, chips, and french fries.

The best advice is to eat before you get to the park, allow one snack purchase at the concession stand a week and if you need a snack, bring your snack and water from home. You and your family will save money and you'll be better nourished as a result of your smart decisions!



Martha Rardin is the Director of Nutrition and Dietetics at Hendricks Regional Health. As a registered dietitian with over 30 years of experience and an advanced master gardener, she loves to see folks interested in nutrition and paying more attention to where their food is grown. Her goal is to share ideas about how to eat healthier, increase activity and inspire others.



"Grateful 4 my beautiful wife, true love, and life partner on our 15-yr anniversary. I married way out of my league and am so blessed for it."



John Brockman Crane
@jbcleadership
posted on May 26

ICONIC TWEET

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BACKROAD
39

Saturday, June 24th • 4:00 p.m.

Kingsway Christian Church | 7981 E CR 100N in Avon



3rd Annual DWHCS results in three-way tie



Eric and Jennifer Reynolds



Penny Long and Amber Greene



Steve and Kelly Henshilwood



ICON Food Critic Faith Toole

The third annual Dancing with the Hendricks County Stars was held April 29 at the Hendricks County 4-H Fairgrounds and Conference Complex.

The contestants for this year's competition were Nina Criscuolo, Journalist, WISH TV, Yvonne Culpepper, COO Hendricks Regional Health, Dennis Dawes, retired after serving 40 years as CEO, Hendricks Regional Health, and his wife Yao-Hsin Dawes, Bible Study Fellowship Children's Leader, Bill Franklin, owner, Courthouse Grounds, Rev. Father Michael C. Fritsch, pastor, Mary Queen of Peace; Eric Hessel, Hendricks Community Foundation; Jill Lees, captain, Plainfield Police Department; Ed Martin, retired CEO Wabash Valley Power Association; Faith Toole, Food critic for Hendricks County ICON; and Tracy Whetstone, Visit Hendricks County.

Criscuolo, Franklin and Fritsch all tied for first place. Their Arthur Murray Avon dance partners were Kyle Walls, Lollie Henshilwood and Ana Fernandez respectively. Tracy Whetstone and her Arthur Murray Avon dance partner Mark Adana took second place. According to Deanna Hindsley, Hendricks County Historical Museum, the event raised over \$20,000 for the Museum and over 440 people attended.

The Museum will hold a Ladies' Afternoon Tea event, on June 10, 2:30-4:30 p.m. at the Hendricks County 4-H Fairgrounds and Conference Complex. Tickets are \$25 each. For more information, call (317) 718-6158.

Photos by Nicole Davis



Debbie Springer and Deanna Hindsley



Johnny and Phyllis Parsons



Nina Criscuolo, Rev. Father Michael C. Fritsch and Bill Franklin *Photo by Rick Myers*



From left, Melissa Luebbert, Tracy Whetstone and Sarah Ferguson



Michael and Carol Rogers

Biz Web

Guilt-ridden revelation

By Andrew Angle

To get help with a "rewards card" offer a while back, I called the customer service number from the retailer's website.

The lady who answered sounded articulate. Unlike offshore call centers, she seemed to be an American with a Midwestern accent that could have been a neighbor. She efficiently led me through my questions and quickly came up with accurate answers. When the call was done, she asked a common question we hear at the end of such calls: "On a one to five scale, with one being 'Not at all likely' and five being 'Extremely likely,' How likely are you to recommend [our store] to a friend?"

Within two seconds I said, "One".

She paused and seemed to be holding back her breath when she said, "Sir, 'One' means Extremely Unlikely". Is that what you meant? Unlikely to recommend our store to a friend?"

I said, "Yes."

She hesitated, "Why is it 'extremely unlikely' that you will recommend our store to a friend?"

I said, "Because nobody asks me about where to shop."

She let out a sigh and said, "So, your answer is 'one - extremely unlikely to recommend to a friend?'" The tension and disappointment in her voice was obvious.

I said, "Right. Everybody knows the stores around here. Nobody has ever asked for my recommendation of which store to buy stuff from. So... one."

Sometime later my sister started working in a call center for a major wireless carrier. She told me how their performance ratings are assessed. She explained that the question about how likely you are to recommend their business to a friend or family is the big question that determines the customer service agents' raises, reprimands or terminations. Upon hearing that, I told her about reporting a "one" to the CSR from the retailer. She said, "Oh, that's bad. You could have cost her a raise, or worse!"

Based upon that guilt-ridden revelation, my online review requests have now been revised to read: "If asked, is [our business] one that you would recommend to family or friends?"

Read more about getting online reviews at <http://businessleader.bz/getreviews-2>.



Andrew Angle, of Greenwood, is the owner of NetGain Associates, Inc. He can be reached at 317.534.2382.

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The power of prayer, reconsidered

DEVOTIONAL

By Michael LeFebvre

"Our Father who is in heaven, hallowed be Your name.

Your kingdom come. Your will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our debts, as we also have forgiven our debtors.

And do not lead us into temptation, but deliver us from evil.

For Yours is the kingdom and the power and the glory forever. Amen."

(MATTHEW 6:9-13 NASB)

Americans love results. We are pragmatic. We do what works. We don't like to waste time on things that don't bring measurable results. We are also stressed out. Far too often we are frustrated. And as hard as we try, things don't always go as we hope. That is why we need prayer—not to make things go as we hope, but because they often don't.

Too many books on prayer try to sell the practice as "one more way" to make your life productive. As though prayer is a way to "get things done." But notice the model prayer our Lord taught us. It is a prayer that begins with worship. It is a prayer that focuses our hopes in God's kingdom and goodness. It is a prayer that leads us into contentment with daily needs met, and includes no "make me rich and successful" petitions.

It is a prayer that leads us to examine our hearts to be mindful of our sins, and to repent of them. It is a prayer that sharpens our alertness to the temptations around us, and that prays for protection from the catastrophes that would follow if we gave ourselves to those temptations. It is a prayer that focuses our yearning upon the reign and glory of God in our lives, rather than an appeal for our own glory.

American productivity is wonderful. But let's use prayer to keep our own kingdom-building framed in the humility and grace of God's kingdom.



Michael LeFebvre is the pastor of Christ Church Reformed Presbyterian (online: ccrp.church), holds a Ph.D. in biblical studies, and has authored several books.

The Shoemakers, Our Shepard Lutheran Church

WHERE WE WORSHIP

Daren and Rebecca Shoemaker have been married for 11 years and have two children, Lydia (6) and Cora (3). Daren is a Purdue graduate and is the senior project manager at Messer Construction. He is a member of the Hendricks Regional Health YMCA Christian Emphasis Committee and is a life-long Chicago Cubs fan. His wife, Rebecca, is a graduate of IUPUI and works at Riley Hospital as a registered nurse.

What is it about your place of worship that helps you grow spiritually? There is a strong sense of fellowship. We are a growing church and as we continue to grow we still feel connected through fellowship. Whether you are a visitor or a returning member there is always someone there to greet you at the door and fellowship begins. There are many opportunities to get involved and grow spiritually outside of Sunday service; Bible studies, small groups, and volunteering within the church and community are just a few examples. We have been members for 4 years and each year we meet new people and continue to grow our church family. We have developed friendships on a spiritual level which helps us tackle the challenges that life can bring.

What is it about your place of worship that helps you feel connected to your spouse, children, parents, or other family? Family-centered church services are important to us. Our lives get busy and being able to hear God's Word together as a family every week has helped strengthen our marriage and the love for our children. The worship and education offered by Our Shepherd helps to instill the values we want to pass along to our children.

What is one meaningful event that has taken place at your place of worship? - being able to witness Lydia's spiritual development at such



Daren, Rebecca, Lydia and Cora Shoemaker.

Submitted Photo

a young age. She is learning to trust Jesus and share His love with those around her. Witnessing her eagerness to learn about Jesus has encouraged us to be better Christians. We look forward to watching Cora experience the same joy Lydia has.

Why would you recommend your place of worship to someone? Our Shepherd is very welcoming. God has blessed us with a talented pastoral and leadership staff that's friendly and able to teach the Word of God

with clarity. You will leave service with an understanding of the true Word of God. It's not a church of individuals, but a church family that wants to spread God's Word to those who do not know Him and/or want to know Him. Additionally, we are always looking for ways to improve both our Church and school. The leadership seeks the advice and input from members on pivotal decisions. Our Shepherd is not only a place of worship, but a place of comfort.

Our Shepherd Lutheran Church

9201 E. County Road 100 N., Avon, IN 46123
317-271-9103 | www.ourshepherd.org

Robbi Caldwell

Children's Librarian at Brownsburg Public Library

In high school, Robbi Caldwell became a library assistant simply because she didn't have any other classes to take. This led her to seek out a part-time job with Brownsburg Public Library after graduation in 2001. The library provided a perfect location as it was between home and college. After earning a B.A. in Media Arts in 2005 from Butler University, Caldwell continued to work at the library while searching for a job related to her field of study.

For a few years, Robbi worked part time at both the library and also for Key Broadcasting and Tracie Wells & Company/TVWebCity. During this time, Caldwell continued to grow with the library and take on different responsibilities, eventually taking on the position of the Itty Bitty (0-3 year old) programmer.

She graduated from IUPUI in 2012 with a Masters of Library Science. Caldwell is now the School Age and Teen programmer and coordinates programs for all the 6-19 year olds at the library, along with a plethora of other duties.

Caldwell also serves on the Children & Young People's Board of the Indiana Library Federation as the Second Vice Chair, is involved with her PTO and is a former member and current volunteer with the Park Board. She was also a part of the Leadership Hendricks County Class of 2015.

What do you consider your greatest virtue?

Compassion, although virtue seems to be a strong word choice. I strive to be compassionate always and, typically, I am, but don't we all need good reminders from time to time?

What do you most deplore in others?

Intolerance

What do you like most about living in Hendricks County?

I actually live right across the county line in Boone County. But what I like most about working in Hendricks County is the collective vision, not just for one town, but for the county as a whole...

If you had to live elsewhere than in Boone County, where would it be?

If I lived anywhere other than where I currently live, locally, I'd move to Brownsburg or Danville. If I were going anywhere, I'd move out west.

If you could begin life over what would you change?

Any one change could affect so many different pieces of who I am. As much as I'd like to change some of the most painful experiences I've gone through, I'd have to say my life is good... and I wouldn't be exactly who I am without those experiences. Would it be better? Maybe, but I wouldn't be willing to take that chance if it were offered. I'm not much of a risk taker and I'm inclined to try and be happy with and thankful for what I have now versus what could be.

If money were no issue, how would you spend it?

I would pay off everything, take my family on a vacation, and help people through scholarships, charity, and donations.

What makes you happiest?

My kids, even when what they're doing isn't making me happy. Haha!

What is your favorite vacation spot?

So far, Arizona. I love the heat and the views!

What do you do with idle time?

Read, of course! I also like to play with my kids and involve myself in too many projects, as my husband would say.

What is it that makes you angry?

Again, I'd say intolerance.

What do you do to escape from reality?

Read!

What or who is the greatest love of your life?

Who? My family. What? My career.

Which living person in Hendricks County do you most admire?

I'm going to name a few. I admire the passion and drive of Denise Robinson and Amie Thomas have for our library and how much they advocate for our library on a daily basis.

Alex Hershey and Cassie Martin are two of the kindest, most caring, and helpful people I've ever met who also have an intense love for what they do and for those they help and I admire their strong desire to help people in any

way they can. I admire Luke Stephenson's friendliness, ambition, compassion, and his willingness to learn, all while remaining one of the most humble people I've ever met. I admire Meghan Stritar and Beth McCreary for their dedication and compassion. Meghan is an amazing advocate for the county and she works almost non-stop, not just with Macaroni Kid, but also as a volunteer with local organizations. Beth has really pushed Brownsburg and the rest of the county this year to become more aware of youth mental health, which is near and dear to my heart. Also, I admire my teens at the library. They juggle so much more than I did as a teen and they think critically and they are kind! They inspire me daily.

What is the quality you most like in a man?

I see no reason to differentiate between men and women in this case. For both, I like a good sense of humor and honesty.

What is your greatest extravagance?

I really love my McDonald's tea. :)

What are your fears, phobias?

Claustrophobia.

What has been the happiest time of your life?

It's a toss-up. I loved being a kid but I really love being a mom, too!

Which talent would you most like to possess?

I'd like to have a talent for singing or playing drums.

What do you most value in your friends?

Loyalty and kindness

Which historical figure do you most identify with?

Margaret Fuller

What is your greatest regret?

One of my regrets is not joining a sorority in college. The Alpha Phi ladies at Butler were an awesome group of ladies when I was there and they were always finding ways to give back, which is what I like most about them.

What tenet do you live by?

I would say I live by several, but I'm going to share one that I developed through a life mission program I did with a group of friends: Believe, communicate, and embrace tolerance.



Compiled by Cathy Myers

Puzzle Time



Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

L
F Y Z
B E L L E
R U T A C E D
K C O T S D O O W
R O O M D A O R B A Z
S E T A R D Y H O B R A C
N D J V H N L L J B O F P
O E E I I A E U A E T A Z
T K R T G B A M C A I T N
S A M A H R H I K S T I M
A L A M L U C E I T E I M
G B I I A H I R E T N A R
W N N T M E O E R E
E S D I D R R L T
D N E P A O A
W K L N W
S D L
T

6 Essential Nutrients

4 Beauty & The Beast Roles

5 Jackson 5 Members

3 Indy Country Clubs

2 Indiana "D" Counties

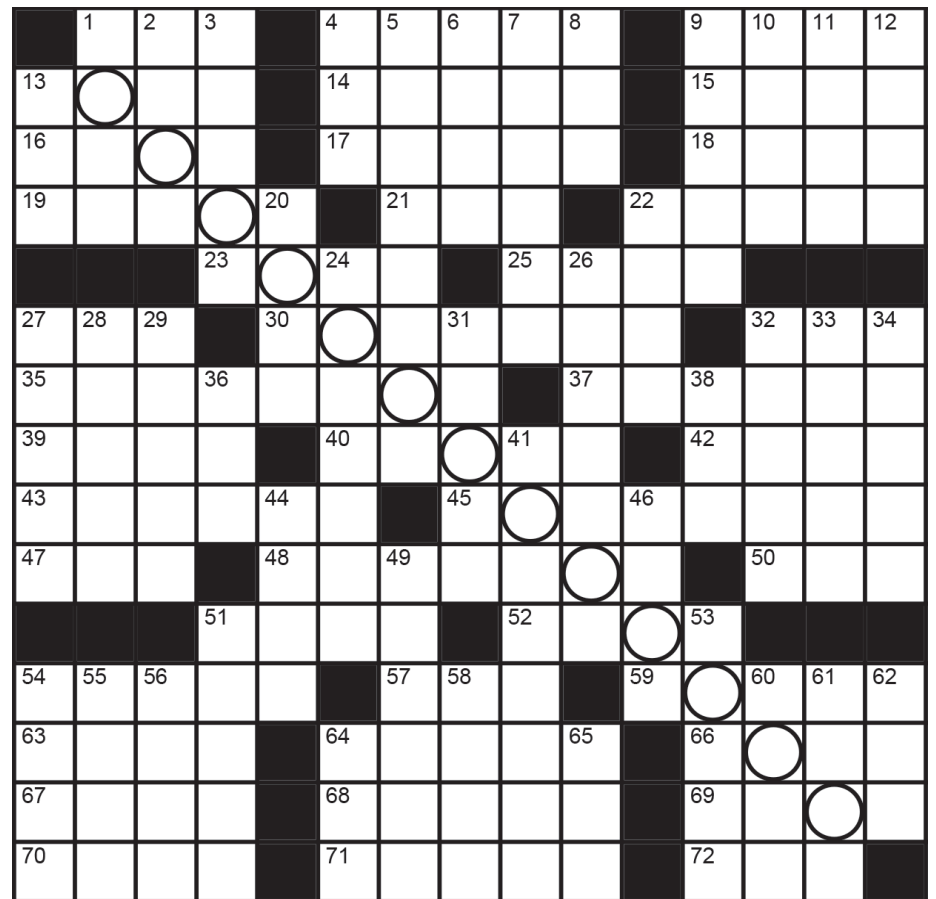
1 Indy 500 Legends (Concert) Headliner

Across

1. Ex-Indiana Supreme Court justice Boehm
4. Disney creation
9. Kind of list
13. ___ Spumante
14. Scarlett of Tara
15. Above
16. Lacking slack
17. Geeky types
18. Gordon or Hayward, e.g.
19. Hoosier Lotto payout
21. "The Aesop of Indiana"
22. Ice house
23. Shoots the breeze
25. "___ for the poor"
27. Hoosier National Forest juice
30. Like some I-70 traffic
32. Hi-tech helper
35. Unsullied
37. Acquire
39. Start of a Hendricks Civic Theatre play
40. Prepare, as tea
42. Berry variety
43. Scarcity
45. Skedaddles
47. *ICON* staffers, briefly
48. Partying
50. McAlister's Deli loaf
51. Come up short at Hinkle Fieldhouse
52. Plainfield prison overseer, initially
54. Sentimental sort
57. Chop off
59. ISU dorm beds
63. Awestruck
64. Din from Assembly Hall
66. Some Best Buy buys
67. Jimmy John's sandwich
68. Holiday times
69. Thai money
70. WTHR's net. at 13.3
71. Secret meeting
72. ___ Jose

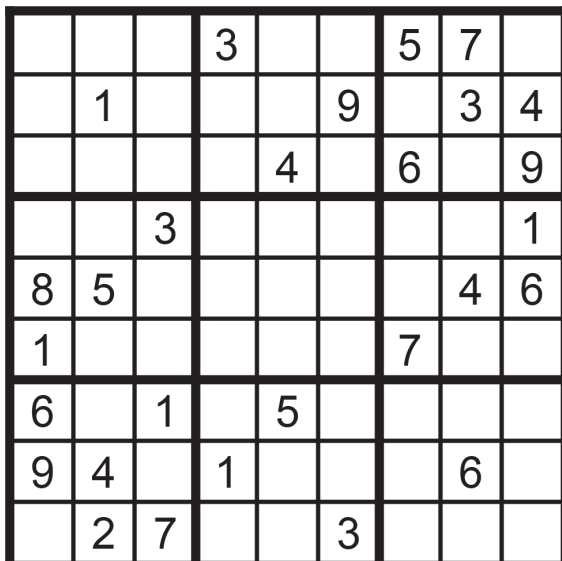
Down

1. Old Russian autocrat
2. Needle case
3. Bubble-headed
4. A long time at the Indiana Geological Survey
5. Indiana game bird
6. Jack at the Indianapolis Bridge Center
7. Trying experience
8. BSU profs' helpers
9. Dickey's Barbecue Pit grabbers



10. Avon HS track shape
11. Andy Mohr showroom model
12. Marsh sandwich cookie
13. Rejeev Ram net org.
20. Right on a Danville map
22. Website for film buffs
24. Deli offerings
26. Indianapolis Zoo cat
27. One in a black suit
28. Like a lob shot at Oak Tree Golf Course
29. OPA! breads
31. Actress Witherspoon
32. Turner or Teague
33. Personal journal
34. Licorice flavoring
36. "Dear" one
38. Brickers Pub spigot
41. Holcomb Observatory events
44. Perry County town that shares its name with a Pitt flick
46. "Butt out," briefly
49. Hancock Fabrics velvety material
51. Pos. of person found in puzzle's circles
53. Main Street borders
54. Area golf course, tavern, restaurant or park
55. S-shaped molding in a Shoopman home
56. ___ Wayne
58. Resembling fast food fries, often
60. Hall of Champions org.
61. Fine wine seller in Indy
62. Retired flier
64. Big Apple newspaper, for short
65. Brownsburg winter hrs.

Solutions on page 17



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Washington Healthcare Center
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ICONICrewind

AVON

IU Health West Names New Orthopedic Medical Director

Brian Keyes, DO, has been named Medical Director for Indiana University Health West Hospital's orthopedics/sports medicine and spine service line team. Keyes, who joined the staff in late 2013, has a primary clinical focus in total and partial joint replacement, computer-assisted surgical navigation and orthopedic fracture care. "I'm excited to lead this team and continue improving our level of care for orthopedic patients," said Keyes. "From clinic visits to surgery, and inpatient stay through rehabilitation, it really is a collaborative process." For more information about the Orthopedics & Sports Medicine program at IU Health West Hospital, please visit iuhealth.org/west/orthopedics-sports-medicine.

BROWNSBURG

Bulldogs sign

Brownsburg High School is sending four student-athletes on to continue their education and athletic prowess at the next level.

Kevin Gast will continue his education and his swimming career at Franklin College. Gast was team captain and Co-MVP for the Bulldog swimmers in his junior and senior years and helped lead the team to a Sectional Championship both years, while also competing at the state meet.

Mackayla Gordon signed a National Letter of Intent to continue her education and softball career with the Truman State University Bulldogs in Kirksville, Missouri. As a four year letter winner and starting catcher for the past two years, she batted .371 with 23 hits including six doubles and 18 RBI's during the 2016 season and was selected as team captain for 2017. Mackayla was also a member of the 2014 team that finished their season with a 20-13 record while capturing the first softball Sectional Championship since 2005. Head Coach Keith Brown said, "Mackayla has utilized her catching skills and leadership from behind the plate to propel herself from a role player as a sophomore, to the starting catcher for her final two seasons."

Kayleigh Pate signed a National Letter of Intent with the Urbana University Blue Knights softball team. Kayleigh, a two year letter winner and utility player, finished the 2016 season with .375 batting average with 14 runs and seven RBI's to go along with five appearances in the pitching circle. She was also honored as the 2016 Varsity Mental Attitude award recipient. Kaylee Propst has



Reins on my parade: To the delight of rain-soaked parade goers, Tammy Ray, owner of City Ranch in Avon, braves a downpour with her posse of volunteers at this year's Mayberry Days in the Midwest Festival, May 20, Danville Historic Square. Although many of the scheduled parade performers dropped out due to inclement weather, thankfully a few remained to put on a show.
Photo by Chris Cornwall

signed to swim for Milligan College. Propst was captain her senior season and was also selected as most improved. Coach Keith Gast shares, "Kaylee has been a great asset to our program. At the beginning of her junior year she didn't intend to continue swimming. It was my first season at Brownsburg and I talked with her several times and convinced her to give it another chance. She had a great junior season and an even better senior season. We wish her the best of luck at the collegiate level."

2017 BCSC Teacher and Staff of the Year Recognition

Brownsburg Community School Corporation (BCSC) held a reception on May 3rd to announce the 2017 corporation Teacher and Support Staff Member of the Year. Kim Ramsey, second grade teacher at Eagle Elementary School for five years, was named BCSC Teacher of the Year. Her portfolio of work will be entered into the contest for the Indiana Teacher of the Year later this summer. "I am overwhelmed and honored at being named BCSC Teacher of the Year. I am so very grateful for the wonderful teachers, students, and staff with whom I get to work every day - and from whom I have learned so much. I can't thank them enough!" Barbara Leamon, registrar at Brownsburg High School, was named Support Staff Member of the Year. Originally hired in 1967, Leamon has worked for nine different principals and eight different guidance department heads. In her late seventies, she continues to come to work with a smile on her face. "I like the people I work with in the guidance office. It's just pleasant. The job hasn't changed that much, just the space. And this is a great way to celebrate my 50th year." Teachers of the Year and Support Staff Members of the Year,

selected by their peers, were also honored for each school and department.

PLAINFIELD

Plainfield Lions Present Scholarships to PHS Students

On May 15, the Plainfield Lions Club presented Plainfield High School seniors Rochelle Adjei and Cole Chafin scholarships of \$500 each for continued education at the club's regular meeting at Goody's Restaurant. Rochelle plans to attend Indiana University and major in neuroscience, with the hope of becoming a doctor so that she can be able to give back to families that are in the same position that she was once in. Cole will attend IUPUI to study business and marketing at the Kelly School of Business. He desires to use his degree to connect his passion for people, sports and/or music and give back to the Plainfield community. For more information or to get involved with the Plainfield Lions Club, please contact Tom Iles at 317-600-5193 or t.iles@sbcglobal.net.

HENDRICKS COUNTY

Vandalia Trail Update

Preparations are underway for paving the western portion of the Vandalia Trail. The bike and pedestrian trail running from Amo to Coatesville, has an estimated completion date in October 2017. In addition to the paving of the trail, this project involves improved parking and the construction of modern restrooms at the Amo and Coatesville trailheads, and a rebuild of the Crittenden Creek bridge due to weather deterioration. For more information, go to hendrickscountyparks.org.

FOR THE RECORD HC OBITUARIES



Bledsoe



Slagle



Strauss

AVON

Bonnie Bledsoe

Bonnie Bledsoe, 74, of Avon, passed away May 20, 2017. She was born March 16, 1943. Services were held May 25 at Conkle Funeral Home, Avon.

Hilda Gail Slagle

Hilda Gail Slagle, 65, of Avon, passed away May 23, 2017. She was born Oct. 16, 1951. Services were held May 27 at Conkle Funeral Home, Avon.

Gerald L. Strauss

Gerald L. Strauss, 83, of Avon, passed away May 23, 2017. He was born Sept. 7, 1933. Services will be held May 30 at Conkle Funeral Home, Avon.

BROWNSBURG

Gloria Bates

Gloria Rose Bates, 82, of Brownsburg, passed away on May 17. She was born on Aug. 8, 1934. Services were held May 22 at St. Malachy Catholic Church.

DANVILLE

Dave "Bones" W. Spurgeon

Dave "Bones" W. Spurgeon, 62, of Danville, passed away on May 17, 2017. He was born on July 10, 1954. A graveside service was held May 25 at Danville South Cemetery.

OTHER

Diana K. Everett Walker

Diana K. Everett Walker, 72, Indianapolis, passed away May 17, 2017. She was born on Feb. 19, 1945. Services were held May 24 at Matthews Mortuary, Brownsburg.



Hendricks County obituaries are printed free of charge and published twice a month.

Funeral directors are encouraged to send obituaries and photos to info@myicon.info.

How Can You Make 2017 Your Best Year of Giving Ever?

Step 1: Learn about the Hendricks County Community Foundation



Who are we?

The Hendricks County Community Foundation (HCCF) is a local nonprofit organization that partners with generous people to realize their charitable goals while addressing community needs in meaningful and lasting ways. We provide a way for local people to come together and solve local challenges facing our community, leaving a lasting impact for good. We work as an advocate for the whole nonprofit sector in connecting caring, philanthropic-minded people and organizations across all of Hendricks County.



What do we do?

For over 20 years, the Hendricks County Community Foundation has been helping donors match their passions with community needs, awarding over \$10 million dollars in grants to nonprofit organizations and scholarships to high school seniors, and collaborating with other Hendricks County nonprofits to make a lasting impact for good.



What can we do for you?

Because of our Board's expertise and our professionally invested endowment funds, we can multiply the impact of your gift dollars for the greatest good of the community you love. We offer several types of endowment funds, including Donor Advised Funds and Legacy Funds, which offer you the most flexibility in giving back to the causes you care most about.

Check out our new website at www.hendrickscountycf.org to learn more about HCCF and how we are working towards our vision of Hendricks County as a vibrant, giving community.



Step 2: Meet donors just like you and learn how you can donate just like them!



Larry & Merrily Nilles, Annual Support Donor

Why do you give to HCCF?

"Merrily and I have been regular donors to HCCF since 1998 because we believe the Community Foundation is a great way to help local causes. HCCF is so much more knowledgeable about evaluating the needs and merits of local charities than we could ever be. They know how to put our money to the best use."

How do you donate to HCCF?

"We have benefitted greatly from the tax benefits of donating stock to the Foundation directly from our brokerage account. We get the full market value tax deduction on the day of the transfer and do not have to pay capital gains tax. It's a total win-win!"

Terri McCoy, HCCF Board Member

Why do you give to HCCF?

"I first got involved with HCCF when my son Spencer was a finalist for the Lilly Scholarship. I quickly recognized the real needs that the Foundation was meeting in the community. I was so impressed with their work that I knew I wanted to get involved myself. Over the past 11 years, I've served on 5 different HCCF committees and am now on the Board of Directors. I have met many passionate, giving people throughout my time at HCCF and am so thankful for the experiences I have had on the leadership team."

How do you donate to HCCF?

"I give monthly through automated payments generated through bill pay on my bank account. It's easy to set up, and I love knowing that I am contributing every month to an organization that is really making a difference in Hendricks County."



Call us at 317.268.6240 or email William Rhodehamel, our President and CEO at william@hendrickscountycf.org to learn more about the tax benefits of a stock donation or how to set up a recurring automatic donation. Join these donors in making your contribution to a vibrant growing Hendricks County — donate today!

Beverly Allen, HCCF Volunteer



Why do you give to HCCF?

"I was first introduced to HCCF by Deedee Daniel, HCCF's first Executive Director, more than 10 years ago. Through Deedee and other friends involved with HCCF, I learned about the many ways the Foundation was impacting our community, especially in helping families, single moms and children in need through the Habit of the Heart Fund. For many years I have volunteered on various committees of the Foundation and have been one of their biggest fans."

How do you donate to HCCF?

"I give every year to HCCF by writing a check for their annual support. On my own I don't feel like I can do much, but I know what I give to the Foundation is used to help people all over Hendricks County and that makes all the difference!"

Chris & Amber Tincher, Legacy Fund Holder

Why do you give to HCCF?

"As a family with three small children, we love how HCCF supports the youth of Hendricks County through scholarships and leadership development programs. As a family of faith, it is also important to us that the Foundation supports local faith-based nonprofits, like Get Real inC, Sheltering Wings and Hope Healthcare Services. As a local business owner, we have tremendous community support and want to give back locally. Giving through HCCF is the best way to do all of that."

How do you donate to HCCF?

"We opened a Family Legacy Fund last year and were able to take advantage of the Lilly Endowment GIFT VI match to double our money. We love knowing our fund will be a lasting way to 'pay it forward' and support youth and faith-based programs in our community for generations to come."



Open a Family Legacy Fund that will forever make a difference in the lives of those you love in this community! Call us at 317.268.6240 or email William Rhodehamel, our President and CEO at william@hendrickscountycf.org. Join these donors in making your contribution to a vibrant growing Hendricks County — donate today!



Step 3: Get Involved!



Our Get Involved event is the best way to learn how to get involved in Hendricks County! Get Involved is HCCF's volunteer fair offering members of the general public the opportunity to learn more about and volunteer for nonprofit organizations serving Hendricks County. Get Involved connects people with a passion for giving back to organizations looking for dedicated volunteers or Board members. Food trucks, breweries, and activities for the whole family will be onsite. This event is free and open to anyone who wants to Get Involved!

Join us for Get Involved 2017 on September 14th at the Hendricks County 4-H Fairgrounds. We want to help you connect to the great nonprofits serving Hendricks County — Get Involved!



Our Nonprofit Learning Series is designed to help local nonprofit organizations learn the best ways to serve our community. Through this series, HCCF provides low-cost, monthly learning opportunities for nonprofit staff, Board and volunteers covering a variety of topics, including Development, Governance, Management and Marketing. Utilizing various program styles including webinars, panel discussions/roundtables and workshops, these sessions also provide a great avenue for nonprofit leaders and volunteers to network with their peers and benefit from an open forum of ideas and discussion.

Check out our all new lineup of education workshops for 2017 by visiting our website at www.hendrickscountycf.org/non-profit-learning-series. We would love for you to join our network of community minded people desiring to learn the best practices in serving Hendricks County!



Nearly 3 of every 4 car seats are not used correctly. Is your child safe?

Car Seat Safety Check

Come by for a free car seat check. Certified Child Passenger Safety Technicians from Riley Hospital for Children at Indiana University Health can inspect your car seat and show you how to correctly install and use it. Car seats will be checked in the vehicle with the child present.

Thursday, June 22

6 - 8 pm

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West Hospital

iuhealth.org/west