

CENTER GROVE

ICON

April 14 - May 18, 2018 • mycgicon.com



Backbone of the community Page 16

BUSINESS LEADER
SOUTHSIDE

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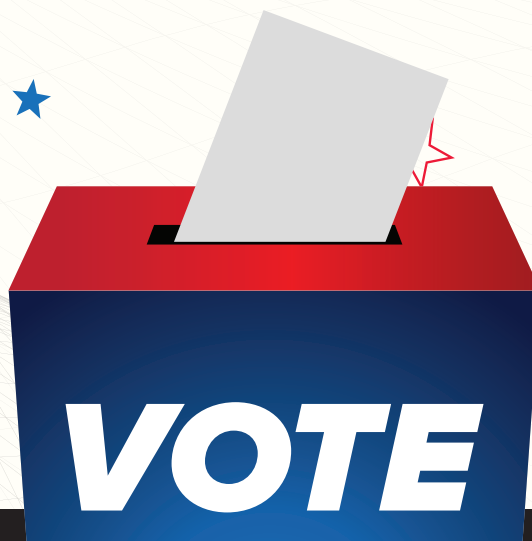
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PREVIEW

MAY PRIMARY

Meet your White River Township trustee candidates

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Welcome and farewell

Manda Newlin joins The Southside Times as editor Nicole Davis steps down

Manda Newlin joins our team as editor of *The Southside Times*. She takes over for Nicole Davis, who led the publication for six years.

An Indiana native, Manda grew up in Fort Wayne and graduated from Indiana University-Bloomington with degrees in journalism and psychology. Over the last two decades, she has worked in corporate and marketing communications, and was a frequent contributor to *The Indianapolis Star*.

Manda lives on the Southside with

her husband, Jay (a Purdue grad), and three children, Drew, Seth and Gwyn-dolyn. Her favorites are many: writing, live music, road trips, photography, summer nights, piping hot beverages, BBC TV shows, afternoon naps and Hallmark movies. Manda volunteers as a camp counselor, where her primary duty is eradicating spiders, and she takes an annual mission trip with middle school students.

Connect with Manda on Twitter at @MandaNewlin or by email to manda@icontimes.com.

As we say hello to Manda, we must bid a bittersweet farewell to Nicole Davis.



M. Newlin



Davis interviews Beech Grove student, Jacob, about the fundraiser he started to help after the 2016 fires in Gatlinburg, Tenn. (Submitted photos)

Nicole became part of our team in 2010 as an intern, coming with a degree in journalism from Indiana University. She was promoted to editor in 2012 and has consistently managed the publication with excellence and care.

In her role as editor, Nicole has had an impact on the Southside community.

"Your reporting was excellent and complete," stated Dennis Buckley, mayor of Beech Grove, in an email. "You spent many hours out and about, and it showed in your reporting."

"On the behalf of the Chin Community of Indiana, I would like to voice our appreciation for your interest and coverage of our community events and members of our community. You will be missed," stated Peter Thawnghmung of the Chin Community of Indiana.

"You could always count on Nicole to attend just about every event or meeting and then report on the happenings," stated James W. Coffman, Eckstein Shoe Store. "There are a lot of good things happening, and Nicole always ensured those things and people were recognized."

Nicole now takes on an exciting new role. She and her husband, Chris, will welcome their first child — a boy — in April.

Contact the Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Manda Newlin at 300-8782 or email her at news@myICON.info. Remember, our news deadlines are several days prior to print.



Want to Advertise?

Center Grove ICON reaches a vast segment of our community. For information about reaching our readers, call Brian Ruckle at 300-8782 or email him at bruckle@icontimes.com.



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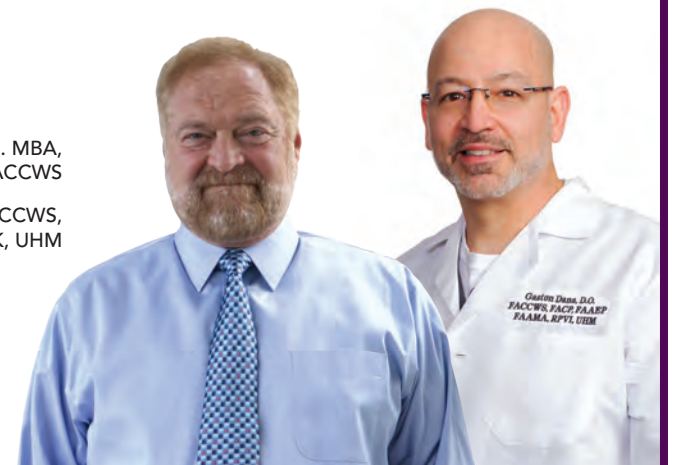
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TWEET
of the
WEEK

"CG Basketball Camp will be June 4-June 6th in the Student Activity Center for grades 1st - 9th! T-Shirt, Poster, Basketball Bag, popsicles, competitions, prizes included #Back2BackSectionalChamps #Elite8 #TrojanPride #ThisIsTrojanCountry"



Zach Hahn
@Zach3Hahn
posted on April 4, 2018



HISTORY & ARCHITECTURE



Take the long way home this Sunday and discover history while making memories. (Photo by Jeff Beck)

Bringing back the Sunday drive

By Jeff Beck

A common memory for many Center Grove residents was to enjoy a Sunday drive in the county after church and return home for a meal with family and friends. The meal sometimes took most of Saturday for mom or grandma to prepare. Memories involved gathering around a long table, chicken and dumplings, fresh green beans, mashed potatoes and gravy, and angel food cake. Homemade ice cream was a favorite treat.

The adults would share news from the week, along with a little gossip. Children played red rover, kick the can, hide-and-seek and softball. If you've never played red rover, it's a game where teams select an equal number of players and line up facing each other, holding hands, about 25 feet apart. The team leader says, "Red rover, red rover, send Sally right over." Sally would then run toward the other team and try to break through their line. If she broke the chain, she could choose one person to join her team; if not, Sally became a member of the opposing team. The player's goal was to break the chain at the weakest link and gain more members.

My wife and I travel to our church, Mount Auburn UMC in Stones Crossing, along Whiteland Road, Saddle Club and Stones Crossing. When we leave on Sundays, I always seem to drive past Center Grove High School. Our drive home brings back many memories of school, especially my fun rides home. My longtime friends Don and Joann Hendricks, attended Hopewell Presbyterian Church,

located between Bargersville and Franklin on SR 144. Joann always said after their church meal, Don would find a way to drive past Union School, where he was student until he switched to Center Grove his junior year.

Hopewell is now known for its annual corn roast in July. The price is typically about \$10 for adults and includes a ham sandwich, baked or green beans, fresh garden veggies, dessert, a drink and all the fresh sweet corn a person can eat. There's a little wait, but it's worth the short country drive. Bring your appetite and friends for enjoyable evening.

A Johnson County drive can result in a time of sharing with family and friends — and a great opportunity to make or revisit memories. The next time you go for a drive, play the A-B-C game, the license plate game, "Hi Boat" (my children's early game), or make up your own game. Make more time by heading to Edinburg, where there's a popcorn shop downtown, visit the Camp Atterbury Museum and Honkers Haven at Johnson County Park, ride the train when the weather's warm and stop at the POW Chapel. You'll learn about history and enjoy quality time before returning for your family meal.



Jeff Beck is a lifelong Bargersville resident who has a passion for the history of the Center Grove area. He has authored the books, *Bargersville* and *Center Grove: Unveiling the Past*.

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Sam Jean. (Submitted photo)

THE JEAN FILE

NAME: Sam Jean

YEAR: Senior

SPORT: Golf

EXPERIENCE:
Four-year
varsity player

AGE: 18

HOBBIES/OTHER
ACTIVITIES:
Soccer, spending
time with family
and friendsFAVORITE TV SHOW:
FriendsFAVORITE MOVIE:
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Athlete of the Month

Sam Jean

By Rick Morwick

For Sam Jean, golf at first was a recreational activity, something he enjoyed doing with his family. But it grew into a passion — one he pursued year-round.

Today, Jean is a top high school golfer in Indiana, an achievement that is no accident.

"I grew up playing golf with my grandparents and my dad," said Jean, a senior standout on the defending state champion Center Grove High School boys' golf team. "It was something fun we could all do together, so I've pretty much been around golf my entire life."

A four-year varsity player, Jean was instrumental in Center Grove's historic march to an IHSAA state title last year. Saving his best golf for last, he placed third among individuals, helping the Trojans — in second place after the first of two-day finals — rally for a state-record team score of 573 at Prairie View Golf Club in Carmel.

Jean shot a 77 on the first day and a blistering 66 on the second, helping the Trojans win their first-ever state title and set an 18-hole state finals record team score of 281. The accomplishment helped ease the disappointment of the previous year's third-place finish, when the Trojans were ranked No. 1 heading into the finals.

"We're a really close group of guys," Jean said. "We all knew we had each other's backs. To be able to show everyone else that we were finally able to fin-

ish it off was exciting."

Because the Trojans return all but one of last year's starters — including Noah Gillard, defending individual state champion — they're firmly positioned to defend their title. But Jean, one of just two seniors, insists the team isn't looking that far ahead.

"We just try to take it one tournament at a time," he said. "(The state championship) is obviously the end goal, but you can't just focus on that. You need to focus on getting better each day and pushing each other and (not focus) on the end result, but rather the process to get to that end result."

Whatever success the Trojans enjoy this season, Jean will likely play a major role, as a scorer and as a leader.

"Sam has many strengths on the golf course," said Matt Rodman, the Trojans' second-year head coach. "From a skill set standpoint, Sam is a phenomenal striker of the golf ball. He also has a wonderful short game, which allows him to save a lot of strokes during rounds. His greatest strength is his hard-working, persistent demeanor.

"He truly defines a never-give-up attitude and continues to push himself on the golf course, no matter what his most recent score was. Sam is not just a phenomenal golfer, but also a wonderful young man."

Jean will continue his golf career on scholarship at the University of Cincinnati, where he will study mechanical engineering.

Center Grove
News Quiz

How well do you know your
Center Grove community?
Test your current event
knowledge each month
with a little Q&A!

1 What happens in Indiana
on Tuesday, May 8?

- A. The primary election
 B. The Mayans predict the
end of civilization
 C. A total lunar eclipse
 D. The next Marvel
movie opens

2 What is the name of
Center Grove High
School's FIRST Robotics team?

- A. Code Red
 B. Red Alert
 C. Big Red
 D. Right Said Fred

3 What leisurely activity
does columnist Jeff Beck
recommend for your family?

- A. Saturday stroll
 B. Sunday drive
 C. Wednesday walk
 D. Tuesday trot

4 What are the last names
of the two Republican
candidates for White River
Township trustee?

- A. Madison and Meridian
 B. Lewis and Clark
 C. Siskel and Ebert
 D. Messick and Rainbolt

5 What program can help
halt the progression of
Parkinson's disease?

- A. Rock Steady Boxing
 B. Super Still Boxing
 C. Mighty Mick's Boxing
 D. Canasta

SEE ANSWERS ON PAGE 25.

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CENTER GROVE
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PRIMARY PREVIEW

Before you vote, see who's on the ballot

Compiled by Manda Newlin

When the polls open in the Indiana primary on Tuesday, May 8, you'll have your choice of Republican or Democrat candidates in several contested races: county sheriff, judge, commissioner, council and others. In this issue of *Center Grove ICON*, you'll meet the two Republican candidates for White River Township trustee, Mark Messick, the incumbent, and his challenger, Greg Rainbolt.

Also on the ballot are these candidates:

U.S. SENATOR

Mike Braun, *Republican*
Joe Donnelly, *Democrat*
Luke Messer, *Republican*
Todd Rokita, *Republican*

U.S. REPRESENTATIVE, DISTRICT 9

James Dean Alspach, *Republican*
Dan Canon, *Democrat*
Rob Chatlos, *Democrat*
Trey Hollingsworth, *Republican*
Liz Watson, *Democrat*

CIRCUIT COURT JUDGE

Ryan Dillon, *Republican*
Steven L. Kennedy, *Democrat*
Andrew Roesener, *Republican*

AUDITOR

Pamela Burton, *Republican*
Ryan Rather, *Republican*

SHERIFF

Jason Boudi, *Democrat*
Duane Burgess, *Republican*
Kirby Cochran, *Republican*
Stoney Vann, *Republican*

COUNTY COMMISSIONER, DISTRICT 2

Matthew Adams, *Republican*
Kevin Walls, *Republican*

COUNTY COUNCIL, DISTRICT 2

Steve Byerly, *Republican*
Rob Henderson, *Republican*

BARGERSVILLE TOWN COUNCIL AT-LARGE, 2 SEATS

Paulette Rae Brown, *Republican*
R. Dustin Doyle, *Republican*
Larry W. Gates, *Republican*
Roger Dale Hitz, *Republican*
Rob Lowden, *Republican*

WHITE RIVER TOWNSHIP TRUSTEE

Mark W. Messick, *Republican*
Greg Rainbolt, *Republican*

WHITE RIVER TOWNSHIP ADVISORY BOARD, 3 MEMBERS

David Heidenreich, *Democrat*
Felicia Tiritilli-Davis, *Democrat*
Larry G. Davis, *Republican*
Dick Huber, *Republican*
David S. Pollard, *Republican*
Michael G. Wycoff, *Republican*
Margaret M. (Peggy) Young, *Republican*

★ May primary: Know your candidates

★ Messick and Rainbolt face off in White River Township trustee race ★

COVER STORY

By Johnette Cruz

On Tuesday, May 8, Hoosier voters will head to the polls for the primary election. In White River Township, residents will have a choice between two candidates for trustee: Mark Messick, the incumbent, and Greg Rainbolt, the challenger and current chairman of the trustee board.

Messick has served as White River Township trustee in Johnson County the last seven years. Since 1957 he has made this community his home. In 2010, after serving on the township board for 10 years, Messick decided to run and serve as trustee. His love for the community and work experience — he's an investment executive — provide the ability to understand finances and communicate with the public, he said, so the transition seemed ideal.

Gregory (Greg) Rainbolt was elected to the White River Township board in January 2011. Each year since, he has been elected by his peers to serve as chairman. Rainbolt became involved with the board during the proposed merger of unincorporated White River Township with Greenwood. After researching the proposal and attending public forums and meetings, he came to the conclusion that the plan was flawed. As a concerned citizen, he felt a duty to make sure residents were informed about pros and cons of the proposed reorganization. Rainbolt's involvement in this issue prompted him to seek an elected seat on the board.

What does the township trustee do?

- He or she is elected to manage a variety of duties within the township:
- Administer welfare assistance.
- Prepare and manage the budget.
- Prepare an annual financial report.
- Maintain cemeteries.
- Maintain township-owned properties.
- Establish and enforce a weed-control policy.
- Oversee use of the community meeting room at the trustee office.

Center Grove ICON had the opportunity to ask Messick and Rainbolt questions about their background and experience. Take a read and get to know two individuals who love their community and are passionate about serving Center Grove.

Mark Messick

White River Township Trustee

Did you grow up in White River Township? Tell us about your school background and family life.

I was born in Indianapolis in 1953, and my family moved to a new subdivision called Mount Pleasant in the northwest corner of the township in 1957. I attended Center Grove Schools from first grade to graduating with honors in May 1971. I had two brothers and a sister. My older brother, George ("Rick"), passed away four years ago; my older sister, Barbara, lives in El Paso, Texas; and my younger brother, Bob, lives in Brown County. After graduating from Center Grove, I went to Franklin College. Since graduating in 1975, I've been blessed to have a successful life in the business world in sales and also as an entrepreneur. I spent a lot of years coaching various leagues and after my children, Matthew, Tyler and Hannah, grew too old for Dad to coach them. I became an IHSAA official for multiple sports, and I am known as "Ref" around town. I have been a member of Mount Pleasant Christian Church for 56 years.



What are you looking forward to with this race? What are your goals?

I look forward to continuing to provide our citizens with expedient assistance for shelter, utilities and basic necessities when they seek "emergency township assistance." It will be my privilege to continue to offer the township community room to citizens and organizations. Organizations such as the Girl Scouts and Center Grove Little League along with others used the room over 179 times in 2017. If elected, I will continue to do my job per the Indiana Code. It is with pride that I provide the township residents with a transparent accounting of the township business.

What motivates you?

I am motivated to strive to be the best trustee and make sure that my job is done in such a way as to make the citizens of White River Township proud to call me their trustee.

What are your hobbies?

I am a member of Dye's Walk Country

Club and enjoy golfing with my friends at Hickory Stick and fishing. I am still actively officiating IHSAA varsity and junior varsity football, volleyball, basketball and softball contests. I am a Colts, Pacers, Fever and Eleven fan.

What are you passionate about?

I am passionate about the golden rule and trying to love not only those which are easy to love but also those which require great effort. Sometimes I fail greatly but I am not so proud that I cannot to admit those failures and strive to correct them.

Name one thing that not a lot of people know about you.

My wife, Linda, and I have been married since January 2010 and we have never had an argument. I am so blessed because I am sure I have given her cause on numerous occasions!

What's your favorite food? What do you hate?

Favorite: New York strip steak. Hate: calf liver.

Gregory A. Rainbolt

White River Township Trustee Candidate

Did you grow up here? Tell us about your school background and family life.

I am originally from the Southside of Indianapolis. However, I have lived in White River Township for the past 30 years and raised my family here. I have extended family members who have been longtime White River Township residents, whom I would visit often. I graduated from Emm-erich Manual High School in 1975. My wife, Annette, and I just celebrated our 44th wedding anniversary in March. We have two daughters, Deanna (Paddock) and Amy (Williams), who graduated from Center Grove High School and reside in White River Township. All of my children and grandchildren have attended or are attending Center Grove schools.

Shortly after my retirement from trucking in 2008, I began driving a bus for Center Grove Community School Corporation. I've had the privilege of providing safe bus transportation for elementary, middle school, high school and



Know your candidates continued on page 7. ★

Know your candidates continued from page 6.

special needs children. My family and I attend services weekly at Emmanuel Church of Greenwood and are actively involved within the church community.

What are you looking forward to with this race? What are your goals?

I am looking forward to the opportunity to share my views and thoughts, as well as my respect and love for the community I live in. To be a part of the process for affecting change for the betterment of the community and the residents.

My goal is to be actively involved serving the needs of the township in the role of trustee.

Preparing and facing the challenges associated with the tremendous growth in our area.

What motivates you?

My faith and family. Providing for my family and others and giving back to others for what has been given to me. I am a people person and I enjoy having a positive influence on someone's day who might just need a smile, a kind word or a simple conversation.

What are your hobbies?

Fishing, I love being outdoors, traveling and photography. I have been actively involved in various sports with my girls and grandchildren, from coaching and volunteering to league administration.

What are you passionate about?

Personally, I am passionate about being a positive role model for my children and grandchildren, and sharing my life lessons I've learned along the way. Professionally I am passionate about serving my community and standing up for those who may not feel they have a voice, being a lifetime student and continually gaining knowledge to better myself.

Name one thing that not a lot of people know about you.

I was a published freelance sports photographer, working many years for *The Indianapolis Star* and covering major events, including high school, college and pro sports.

What's your favorite food? What do you hate?

Burgers are probably my favorite. I cannot stand oysters.



GREG RAINBOLT

White River Township

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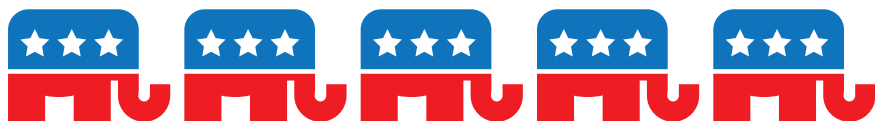


- ★ **Knowledgeable**
- ★ **Dedicated**
- ★ **Passionate about Serving White River Township**
- ★ **Proven Community Involvement**

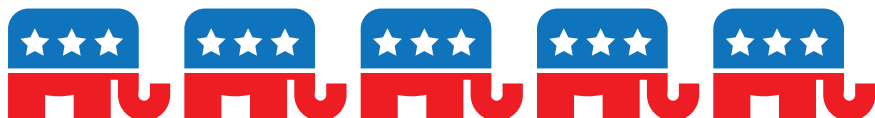
- ☑ Served as the Chairman of the White River Township Board for the past 8 years
- ☑ Resident of White River Township for past 30 years and raised my family here
- ☑ Children and grandchildren have graduated from, or are currently attending Center Grove Schools
- ☑ Committee Member for updating the planning/zoning for unincorporated White River Township
- ☑ Steering Committee Member for the I-69 Johnson County Corridor Plan
- ☑ Contributor to the Johnson County Community Foundation in Support of Independence Park
- ☑ Supporter of Center Grove Community Schools and Area Recreational and Extracurricular Activities

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Elect **Mark MESSICK** Mark
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I ask for your vote on May 8, 2018

Pamela J. Burton
Johnson County Auditor
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Red Alert Team 1741 heads into the State Championship ranked fourth in Indiana. (Submitted photos)

Southside robotics teams head to State

FEATURE

By Kristen Blankenship
and Manda Newlin

Three Southside robotics teams are among 32 to qualify for the Indiana state championship in Kokomo April 13 and 14. Ten of the competing teams will advance to the World Championship in Detroit at the end of April.

Center Grove High School's Team 1741 Red Alert Robotics, Perry Meridian's Team 234 Cyber Blue and Southport's Team 1529 Cyber Cards have been working on their team robots since Jan. 6, 2018, to prepare for this year's arcade-game-themed series.

Known as "varsity sports for the mind," the FIRST Robotics program combines the excitement of competition with the rigors of science and technology. Student teams work together within strict guidelines to build and program a robot that competes against others to perform assigned tasks in timed matches.



Red Alert Team 1741

STATE RANK: 4

SCHOOL: Center Grove High School

YEAR FOUNDED: 2005

MISSION: To inspire young people to be science and technology leaders by engaging them in exciting mentor-based programs that build science, engineering and technology skills, inspire innovation and foster well-rounded life capabilities, including self-confidence, communication and leadership.

WEBSITE: redalert1741.org

Cyber Blue Team 234

STATE RANK: 5

SCHOOL: Perry Meridian High School

YEAR FOUNDED: 1998

MISSION: To inspire students to explore studies and careers in engineering, technology and science, to motivate them seek opportunities in these fields and solve engineering design problems and to provide opportunities to work with adult leadership teams.

WEBSITE: cyberblue234.com

Cyber Cards Team 1529

STATE RANK: 31

YEAR FOUNDED: 2005

MISSION: To inspire students to become science, technology, engineering, art and math leaders in the community by engaging them in a mentor-based program. Cyber Cards enables students to establish and apply skills to prepare for college and careers.

WEBSITE: southportrobotics.org

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ICONICrewind



Center Grove Choir will perform May 10-11 at 7 p.m. (Submitted photo)

Center Grove varsity choirs close season at Heart of America Orlando

Talent – Center Grove varsity choirs closed their competitive season at the Heart of America Orlando choir competition in Orlando, Fla, March 24, 2018. CG Sound System was awarded best costumes, best male soloist (Wilson Smith) and second runner-up in the Championship Division. CG Singers were named second runner-up in the Concert Choir Division. The Debtone were the third

runner-up in the Unisex Division.

All choirs will perform at their annual Spring Spectacular at Center Grove High School May 10 – 11 at 7 p.m.

Center Grove choirs are directed by Jennifer Dice, Jared Norman and Greg Sanders, and are choreographed by Andy Haines, Anne Beck and Brandon Comer. To learn more, go to centergrovechoirs.org.

SCSA kicks off new season

Sports – South Central Soccer Academy has kicked off the spring season under a new partnership with Franciscan Health Indianapolis. The hospital is the exclusive provider of sports medicine and will have athletic trainers on hand for weekend games at the academy's indoor and outdoor facilities beginning April 14. SCSA is a sprawling 46-acre complex located at 4899 Whiteland Road, Bargersville.

"I enjoy the challenge of supporting young athletes as they hone their skills and achieve their goals at all levels," said Sean Calloway, MD, of Franciscan Physician Network Orthopedic Specialists in Indianapolis, who serves as the team physician. "We're proud join with South Central Soccer Academy, which

has a strong reputation as one of the largest youth development programs in this area."

Calloway, a lifelong soccer player, spent parts of February and March in La Manga, Spain, as head team physician for the U.S. Women's Under-18 National Soccer Team. It was his second round as head team physician for USA Soccer; last fall he was head team physician for the U.S. Women's Under-19 National Team at an international tournament in Duyun, China.

Franciscan Health trainers will conduct weekly wellness/injury checks and provide special presentations to participants, parents and league officials throughout the season.



Rock Steady Boxing positively impacts life quality for people battling Parkinson's by strengthening muscles, improving balance, building endurance and ultimately slowing progression of the disease. (Photo by Jeremy Dunn)

Taking the fight to Parkinson's

Rock Steady Boxing provides participants tools to combat Parkinson's disease

FEATURE

By Jeremy Dunn

It is a beautiful Friday afternoon. The sun is shining and, for one moment, the temperature is behaving as it should in April in Indiana. In offices and schools everywhere, minds are drifting to thoughts of wrapping up the week and starting the weekend — except at The Social of Greenwood, where the mood is markedly different.

Here, Rock Steady Boxing participants are putting in serious sweat equity as the sounds of Lynyrd Skynyrd's "Free Bird" echo through the gym. The song's tempo increases, along with heart rates and efforts in the room. If you listen closely, you can almost hear boxing gloves slamming against bags and see participants grin with confidence.

These boxers aren't training for a prize fight or major trophy. Rather they face an opponent larger than anything you've seen in a Rocky movie. This group is taking the fight to Parkinson's disease, and they don't intend to back down.

Parkinson's disease is progressive neurodegenerative disorder that attacks the nervous system. Causes are still relatively unknown and there is no cure. The disease is not fatal, but it can cause daily life challenges. Symptoms present differently in each case, but most individuals living with Parkinson's develop tremors, slow movements and difficulties with balance and coordination.

An estimated 1 million or more Americans live with Parkinson's disease, and nearly 60,000 are diagnosed each year. The condition gained national attention in 1998,

when beloved "Back to the Future" star Michael J. Fox disclosed his battle with the disease. This Michael J. Fox Foundation was formed in 2000 and has since donated more than \$700 million to Parkinson's research.

The spotlight grew larger locally when former Marion County Prosecutor Scott C. Newman was diagnosed with early-onset Parkinson's disease. Shortly after his diagnosis, Newman began participating in one-on-one boxing training — and remarkably experienced a dramatic increase in his overall quality of life. He credited the improvements to this intense boxing regimen, and in 2006 founded Rock Steady Boxing with a mission to help others with Parkinson's "fight back" through boxing classes.

Regaining balance

Research, including studies from Butler University and the University of Indianapolis, shows that fitness programs like Rock Steady Boxing positively impact life quality for people battling Parkinson's by strengthening muscles, improving balance, building endurance and ultimately slowing progression of the disease. These findings have made Rock Steady Boxing a popular, attractive option nationally.

The program caught the attention of The Social of Greenwood, and in 2014, the nonprofit decided to become the only Rock Steady Boxing affiliate in Johnson County. Director of Operations Ashley Koval said, "There was an immediate need for that program in Johnson County, and we are lucky



Rock Steady Boxing uses punching combinations to train the muscles and the mind. Research shows these types of exercises help slow the progression of Parkinson's disease. (Photos by Jeremy Dunn)

enough to be a part of it."

What began as a handful of Johnson County residents looking to combat Parkinson's has blossomed into something special. The Social of Greenwood hosts nine Rock Steady Boxing classes each week, employs four trainers and boasts over 70 participants. Each class runs for an hour and a half and is led by a Rock Steady Boxing certified trainer, along with community volunteers and caregivers lovingly dubbed "corner people."

The Beach Boys and 'Bob'

Now, the sounds of the Beach Boys resonate in the room as participants, glistening in sweat and wearing proud smiles, work their way through intense boxing stations. In this moment, the symptoms of Parkinson's cannot hold them back. Some work on speed bags. Others are punching heavy bags. One participant is striking "Bob," the resident punching dummy. At the center of the room, another participant dances and trades jabs with Christa Martin, a certified Rock Steady Boxing trainer.

Participants teasingly describe Martin as the toughest instructor, citing her reputation for challenging workouts and high expectations. Don't let the label fool you. Martin's classes are helping participants build physical strength and grow confidence to face the challenges Parkinson's disease has brought into their lives.

"This is a fun group," said Pat Roti, a three-year participant. "Boxing is really building up our strength in so many ways."

Bob Butts, who attends class twice a week, agrees. "It is very helpful. Sometimes it is things you wouldn't even think about. Nearly a year ago, I couldn't reach back to get a seatbelt. Now I can do it."

Martin says she gets as much from the experience as she gives.

"They motivate me. It is amazing to see the progress: balance, flexibility, strength, endurance ... everything. One day someone may struggle to balance on one foot, and a few weeks later they are doing it with confidence," she said.

There are boxing gloves and punching bags, but Rock Steady is not your traditional boxing class. This is a family fighting to improve their quality of life and standing up to a force they were told could not be stopped. This is Rock Steady Boxing.

Learn more about Rock Steady Boxing at rocksteadyboxing.org.

Interested in Rock Steady Boxing as a participant, trainer or volunteer? Want to know how you can help?

Contact Ashley Koval, director of operations for The Social of Greenwood, at (317) 882-4810 or ashley@thesocialofgreenwood.org.



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ICONography



1.



2.



3.

1. Greenwood Point has a new neighbor where Don Pablo's used to be. 2. Greenwood Redevelopment Commission is turning an eyesore into a city park. 3. New eateries like Giordano's are opening soon. (Photos by Drew Newlin)

Coming soon to Center Grove

By Manda Newlin

You may notice a number of new construction and commercial remodeling projects around Center Grove. Coming soon to our community are Giordano's, Greek's Pizzeria & Tapp Room, Portillo's and Five Below. At the same time, some established businesses — like Five Guys and the McDonald's on US 31 — are getting a fresh new look.

At 1265 N. Madison Ave., the former strip mall has been leveled and grading is under way. The City of Greenwood intends to engage the public as it creates plans for a park and green spaces on this highly visible corner.

What other new restaurants and business do you want in Greenwood? Go to our website or Twitter page — facebook.com/CenterGroveICON or twitter.com/MyCGICON — and tell us what you think!

ICONICbriefs



Greenwood RE/MAX associates honored for 2017 achievements

Achievement - RE/MAX Results recently recognized more than 100 associates for 2017 sales achievements. Awards for the Southside include Greenwood office top individual, Edwina Withers; Greenwood office top team, The Rob Campbell Team; top commercial agent in closed sales, Keith Turnbull, Greenwood.

Greenwood students honored

Honors - More than 200 DePauw student-athletes were named to the Tiger Pride Honor Roll for achieving a GPA of 3.40 or higher for the 2017 fall semester. The list included Emma LeMasters, Greenwood, who plays for the basketball team, and Michele Jennings, of Beech Grove, a member of the volleyball team.

At Troy University in Troy, Ala., Christy Andraesen, Greenwood, has been named to the chancellor's list. The chancellor's list honors full-time undergraduates who earn a 4.0 GPA.

A 'practically perfect' production

Entertainment - Live, local theater is returning on a magical umbrella! Center Grove Fine Arts Academy invites audiences to meet a very proper — and musical — nanny as "Mary Poppins" floats down to Indianapolis April 27 – May 6.

This production of the beloved Disney musical adaptation of P.L. Travers' character will bring Southside performers to the T.C. Howe High School stage. Mary Poppins is the practically perfect nanny who helps us learn to take our medicine with a spoonful of sugar, find the silver lining in every situation and realize that we should use the winds of change to go fly a kite. Mary brings order to the Banks household, takes young Jane and Michael on magical adventures and dispenses sage advice. And yes, Mary will fly!

CGFAA is producing this show with more than 150 students aged 8 through 19. The academy has partnered with T.C. Howe High School to bring the arts to the Southside and the Howe community. Tickets are \$5 for adults and \$3 for students at thelittleboxoffice.com/cgfinearts.

Meet best-selling author at JCPL White River Branch

Bestseller - Johnson County Public Library is hosting *New York Times* best-selling author and professional cellist Edward Kelsey Moore at the White River Branch on April 21, at 3 p.m. The first 100 library cardholders to register for the event will receive a signed copy of Moore's latest novel, "The Supremes at Earl's All-You-Can-Eat." The program is supported by a Novel Conversations grant from Indiana Humanities.

To register, go to pageafterpage.org/authors.

FedEd Ground puts the brakes on Greenwood hub

Detour - FedEx Ground no longer plans to build a hub facility in Greenwood.

In a news release, City of Greenwood representatives expressed their reaction. "We're certainly disappointed in the decision, but appreciate FedEx's transparency and collaboration throughout the evaluation process. The silver lining is that the initial decision by FedEx to explore such a large investment in Greenwood has led to interest from a number of other high-profile companies. Pitney Bowes will soon open a large facility nearby, and we anticipate several others will express interest as news spreads that this desirable property is now available."

Pa Lar joins Weichert, Realtors – Tralee Properties

Welcome - Weichert, Realtors – Tralee Properties introduces Pa Lar as the newest team member at its Greenwood office. Lar joins a dedicated group of knowledgeable agents, who bring many years of combined real estate expertise to their clients.

Weichert, Realtors – Tralee Properties, located at 500 US 31 S., is an independently owned and operated affiliate of Weichert Real Estate Affiliates, Inc.



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1918 - 2018



See to your eye health

By the Cataract & Laser Institute

Macular degeneration, or age-related macular degeneration, is the leading cause of severe vision loss in adults older than 50. According to the Centers for Diseases Control and Prevention, about 1.8 million people have AMD and another 7.3 million have a high risk for vision loss from AMD. This eye disease occurs due to changes in the macula, a small portion of the retina located on the inside back layer of the eye. AMD is a loss of central vision that can happen in two different forms: wet and dry.

If you're experiencing these symptoms, you may have AMD and should schedule a comprehensive eye exam with your Cataract & Laser Institute doctor.

- Gradual loss of ability to see objects clearly
- Loss of clear color vision
- Distorted vision
- Straight lines appear wavy or crooked
- Empty or dark areas in the central vision

The common risk factors for AMD include aging, obesity, inactivity, family history, hypertension, smoking, lighter eye color and side effects from medication.

During your comprehensive eye exam, the doctor will dilate your pupils and study your retina for signs of disease and optic nerve damage. The next step is funduscopy, a bright beam of light that helps evaluate the retina, choroid, blood vessels and optic disk. Your doctor may recommend optical coherence tomography, or fundus photography, to evaluate and measure the retina in more detail.

Making dietary changes, taking nutritional supplements and maintaining a healthy weight can slow vision loss caused by AMD and reduce the risk of developing other eye diseases. Eye-friendly nutrients are found in green leafy vegetables, fruits, fish and other vitamin-rich foods. Visit our website's blog, at cataractandlaserinstitute.net, to find eye healthy recipes.

If you think you may be at risk for AMD, calling the Cataract & Laser Institute at (317) 783-8700 to schedule an appointment.



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Golden Living Centers- Indianapolis

By Amy Harris

Golden Living Centers-Indianapolis has hired me, Amy Harris, as their Director of Business Development. I would like to take a moment to let you know how excited I am to be part of the senior community! I am always looking for ways to keep seniors active, healthy and safe. In doing so I thought about how I can create a program that would be beneficial. So I came up with our Senior Golden Club!

I know that food is a crowd pleaser, so with your membership you are entitled to free meals. One is a meal with an informational session that talks about what's important to seniors. Your other free meal you can come anytime to pick it up. Food is important in keeping us healthy. We at Golden Living Centers-Indianapolis want

to make sure that even at home you are healthy. Knowing that sometimes we have bad days, I would be more than happy to bring a meal to your home if you aren't feeling well.

We're also hosting a free raffle. While getting a wellness check, you can register to win a gift basket. We have many activities, including bingo, exercise and live music, you can be part of. You will be in the know with all the community events, fundraising efforts and more with your Senior Golden Club membership.

To register for your membership card or request more information, come to the building at 2860 Churchman Ave., Indianapolis, IN 46203. Or you can call (317) 797-3451. The Golden Living Family and I look forward to meeting you and getting to know you!

Come on in and get your card so you can be part of something fun and exciting!

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Pictured: Kristin and Paul St. Pierre

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Getting to know Dr. Kevin Storm...

- I'm a big Pacers fan.
- I love traveling with my wife. We have some great adventures, and I love that we have so many similar interests.
- We love to work out on the Southside. I am a spinning instructor and teach a couple times a week. Marie teaches yoga at Studio You Yoga.

How did he do it?

BEST ADVICE:

Go for it — and be ready to persevere, as things don't always happen right away. Make sure you have a good support network of family or friends.

KEEP IN MIND:

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WORDS TO LIVE BY:

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Storm Chiropractic Clinic

622 N. Madison Ave., Suite 9
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(317) 885-8520

stormchiroclinic.com

[f/stormchiroclinic](https://www.facebook.com/stormchiroclinic)



Above, Kevin and Marie Storm with their daughter, Claire. | Below, Kevin Storm, D.C., MSN, IACA. (Submitted photos)

Backbone of the community

Kevin Storm's mission is to improve the quality of life on the Southside

By Manda Newlin

Kevin Storm, D.C., MSN, IACA, is the kind of person others seek out when they're in pain. But his mission as a chiropractor is to help people get more out of life long before problems develop.

The name behind Storm Chiropractic Clinic, located on Madison Avenue south of Greenwood Park Mall, Storm became a chiropractor to make a difference in others' quality of life.

"We are a family-friendly and positive environment that focuses on chiropractic, acupuncture and nutrition to achieve wellness," Storm said.

A triathlete, marathon runner and fitness instructor, Storm knows that the body needs to function right, in its intended alignment, to perform well. In 2016, he completed his first IRONMAN.

The intense event requires participants to swim 2.4 miles, bike 112 miles and run 26.22 miles — in one day, without a break. The key to maximizing performance and minimizing pain and stress, he believes, is preventive health care, addressing musculoskeletal issues before they become major ailments.



Head, shoulders, knees and toes

Storm graduated from Perry Meridian High School and earned a bachelor's degree from Purdue University and a doctorate from Logan College of Chiropractic in St. Louis. He gained experience in private chiropractic clinics, the VA Medical Center's Jefferson Barracks Division, the Salvation Army Adult Rehabilitation Center and the Biofreeze Sports and Rehabilitation Clinic.

Seek wellness, support the Southside

With each new patient, Storm Chiropractic Clinic donates the appointment cost to a local charity. If you'd like to schedule an initial exam (the cost is \$35), share this article from *Center Grove ICON* and the clinic will donate \$35 to the Interchurch Food Pantry of Johnson County.

Since becoming a doctor, he has enhanced his knowledge to offer additional services, including acupuncture and nutrition, along with enzyme, Kinesio Tape and soft tissue therapies.

Chiropractic medicine is most readily associated with the spine, but Storm treats other problem-causing parts: shoulders, elbows, wrists, hands, hips, knees, ankles and feet. For people with headaches and TMJ dysfunction, he offers treatment options, along with sports injury solutions for all-age athletes.

Storm's wife, Marie, is his partner in life and in the practice. A fellow Southsider, she

earned a bachelor's degree in nursing from Purdue and worked for several years in a hospital neurology unit in St. Louis. There she cared for spinal surgery, migraine, seizure and stroke patients.

This experience fueled a desire to return to Indiana to serve the community. In 2013, the Storms opened their clinic on Madison Avenue.

"We're both originally from the Southside, so we have family here," Storm said. "We knew starting a practice from scratch would need a network of support from family and friends to get off the ground."

The practice has grown to include two additional chiropractors: Robby Jennings, D.C., and Sarah Hull, D.C. Marie Storm trained to become a certified health coach and is equipped to offer customized wellness plans for patients.

Through the clinic, the Storms are working to make chiropractic care more accessible to more people.

Today, just 11 percent of U.S. adults and children — about 35 million people — see a chiropractor each year, according to the American Chiropractic Association. Yet chiropractic care may be a viable health care solution for many ... and a way to mitigate the nation's opioid crisis.

Pain-free without pills

Prescription opioids have drastically increased in cases of chronic, non-cancer pain, such as back pain. The Centers for Disease Control and Prevention even declared an "opioid overdose epidemic" in the U.S.

Chiropractic care and acupuncture are

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SOUTHSIDE

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Backbone continued from page 10.

gaining ground as viable treatments for pain. The Department of Veterans Affairs has been moving away from prescriptions and toward these non-drug treatments to address opioid addiction and help patients cope long term.

"Opioid addiction is very real right now in America, so this is a great alternative to naturally get rid of pain without medication," Storm said. "This cost-effective, natural solution would radically impact the nation in a positive way."

If there's one misconception he'd like to clear up, it's that chiropractic care is only for adults and for people in severe pain.

"People can see a chiropractor if they aren't having any pain as a preventive care method," he said. "We use our spines every day, so we need to care for it since we have it for life. We help a lot of athletes increase their performance, as well as treat babies as young as a few days old."

Growing the community

As the Storm Chiropractic Clinic grows, so does the Southside community. The clinic's business model is to donate the charge for a new patient's consultation to a local charitable organization.

"We believe both personally and professionally that generosity is important, no matter how much or how little we make. Everything we have is a gift from God, so we think it is necessary to give back," Storm said. "It has been so much fun to give to different organizations through the past few years since we've been open. There are so many great causes on the Southside that are making a huge difference, and we're honored to partner with them."

Going for it

Storm offers encouragement and advice for aspiring entrepreneurs.

"Go for it — and be ready to persevere, as things don't always happen right away," he said. "There are lots of perks, but a lot of hard work goes into it. You never can 'clock out' ... the business is always on your mind. Make sure you have a good support network of family or friends."



Kevin and Marie Storm opened their Greenwood chiropractic clinic in 2013. Since then they've added two doctors to their practice and one daughter to their family. (Submitted photo)

PERSONNEL MATTERS

A politician or a business person in the White House?

By Howard Hubler

As business people we, like U.S. President Donald Trump, demand compliance with policies and procedures. When we have a stated policy, most people comply to the letter of the law. If an employee has a pattern of breaking the rules, we terminate them.

Critics say Trump has no essential right to be the president because he was a businessman first, not a politician. Yet one needs only look at North Korea to understand that Trump's "absolute attitude" is the key to the success the nation has experienced so far. (And it may yet blow up in our faces.) Absolutism is what will have gotten us to the negotiating table. Detractors may be prepared to knock him, to say the situation was a setup. If in fact it proves to be a setup, Trump no doubt will have a last word.

By the same token, news stories from Puerto Rico describe residents pinning their post-Hurricane Maria problems on the president. But the problems there are more clearly the result of decades of actions by local politicians. On one hand, many were "on the take"; on the other, when people were ordered to complete projects, work was not done. Years later, due to poor accountability, the territory's infrastructure was shot.

If I could choose between a politician who lives in the world of compromise and strives to make everybody happy — or in one managed by a businessman where people comply with the law or go to jail — I will take the latter.

The irony here is that Trump, with all his perceived faults, has arguably been more effective on many levels than our last president, who had far more experience as a politician. Business people might agree that we would select one of our peers over a politician the next time around, too — and the time after that. This choice would lend greater integrity in the legislative process, not unconstitutional presidential mandates. This would promise compliance with the law, or consequences nationally and internationally. Finally, once and for all, political correctness would be dead and buried as so much dust in the history books.



Howard Hubler can be reached at howard@hubler.com.



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BIZ WEB

Too soon old, too late smart

By Andrew Angle

The proverb “too soon old, too late smart,” like so many wise old sayings, reminds us to put more smart into our lives before we get old.

Remind, reconsider, repeat

Before I go farther, let me invite you to go to ss-times.com/wisdom. Please share your own life lessons in the comments. The wisest words are worth reconsidering and repeating, even if you’ve heard them countless times.

The other day a creepily relevant article appeared on my screen. The internet’s big-data snoops clearly know me, because the post was titled, “My life philosophy: 49 lessons from 49 years.” After a quick read, I decided the words deserved to be received as a daily drip of advice. The article you’re reading now is less about the author’s wisdom than the method I used to create daily reminders for myself.

You can go online and find countless reminder-focused apps cheaply or for free. In my case, email seemed like the best delivery method because I check it daily. The mind doesn’t absorb the meaning of 49 life lessons all at once. But one lesson emailed to me per day for the next 49 days? Go for it.

Making email more productive

I use Gmail and lean toward Chrome as my browser of choice. I installed Boomerang for Gmail, which lets me schedule the timing of email messages. This tool also can notify you when your messages are opened, and you can have it resend a message when the recipient doesn’t open it within a certain time. Boomerang can automatically send follow-up messages, too. Plus, if you receive a message you can’t deal with immediately but don’t want to forget, you can have messages marked as unread and moved to the top of your inbox at a better time.

Within a few minutes, I made 49 email messages, each with a different quote, and I set them to send on each of 49 days. For this exercise, I created this system simply to send the messages to myself. But you’re welcome to contact me to receive them,

too, along with tips for using Boomerang. Making email more productive? Now that’s smart!

Go to ss-times.com/wisdom and share your own life lessons in the comments. The wisest words are worth reconsidering and repeating!



Andrew Angle, of Greenwood, is the owner of NetGain Associates, Inc. He can be reached at (317) 534-2382.

PEER TO PEER

Don’t get derailed

By Mike Heffner

You began the year with new goals, and you’re now well into the second quarter. I’ll bet you’ve already had some setbacks. The key to staying on track is to stick with the foundational things you decided in the beginning would allow your team to reach success this year.

I encourage you to regularly restate your mission, vision, values and goals with your team. It’s easy to get caught in the grind and let these things fall to the wayside. Then watch for these common teamwork killers, which can try to derail your efforts:

- **Undefined goals.** Don’t let your goals get watered down and weak as the year goes on. Restate your common goals often. Goals serve not only as a target to work toward, but they also help unite team members with an understanding that their hard work impacts the company overall. Goals remind them of the commitment they made and why they made it. Employees who identify with goals are much more likely to be an engaged team players.
- **Poor leadership.** Great team leadership is essential — and it’s never easy. The most difficult but essential item is to keep the team focused on the most important tasks and build commitment toward the goals. You can do this by having brief weekly one-on-ones with every individual on your team. Look for ways to build confidence and competence. Let the team member lead the

meeting and use already established goals to drive your time together.

- **Lack of trust.** When a team communicates well and has a strong level of trust, the members work well together. Open, honest leaders show genuine interest in help team members be successful. Find time to promote teambuilding outside of the normal routine. Get to know each other and improve communication.
- **Lack of accountability.** Hold each other accountable for completing tasks. You, the leader, must establish this important group dynamic. Hold yourself accountable to your commitments and then work to do the same with your team. Nothing demotivates a team more than a team member who isn’t doing the quality or quantity of work needed to be successful.

No two teams are alike, and what works for one might not be effective for another. Being a proactive, deliberate leader with your unique team, understanding each member’s strengths and avoiding common pitfalls, you will increase your likelihood of achieving success.

I hope you are having the best year ever!



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros.com, [@IndySouthMike](https://twitter.com/IndySouthMike) on Twitter or visit ExpressIndySouth.com.

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Greenwood, IN 46142

Chase Product Concepts
Greg Hazard
888 Preakness Dr.
Greenwood, IN 46143

Fairtopia Hair Design
Kelli Fair
3056 Reflection Ct.
Greenwood, IN 46143

H4 Custom Works
Shannon and Jared Hoesel
4897 Altair Ct.
Greenwood, IN 46142

Heritage Heating and Cooling Services
Kenneth Yarnell
832 Delbrook Dr.
New Whiteland, IN 46184

Matt’s Maintenance
Megan and Matt Carter
5371 Cody Lane
Greenwood, IN 46142

Midwest Espresso Service
Robert W. Mason
1080 Wilson Way
Franklin, IN 46131

Randall L. Noblitt DBA Randy’s Upholstery and Trim Shop
Randall Noblitt
257 Creek Way Ct.
Whiteland, IN 46184

Realty HD
James Rumell II
174 E. Old Plank Road
Bargersville, IN 46106

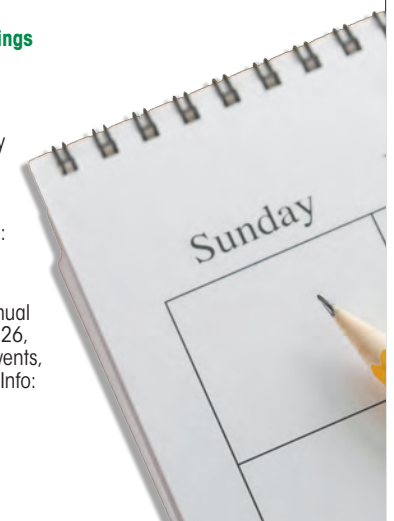
Rumell Agency
Kandeena Rumell
174 E. Old Plank Road
Bargersville, IN 46106

Sharon R. Clem DBA Clem Farms
Sharon R. Clem
4825 W. Division Road
Morgantown, IN 46160

Upcoming chamber meetings and events

18 — Greater Greenwood Chamber of Commerce/Leadership Johnson County Power of Innovation: April 18, 8:30 – 4:30 p.m., Franklin College, 101 Branigin Blvd., Franklin. Info: greenwoodchamber.com.

26 — Greater Greenwood Chamber of Commerce Annual Chamber Celebration: April 26, 11:30 – 1 p.m., The Nest Events, 400 Byrd Way, Greenwood. Info: greenwoodchamber.com.



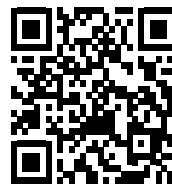


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👍 to our library workers! Tuesday, April 10, was National Library Workers Day, and we're always grateful for what you do to enhance educational experiences for children and adults.

👍 to the trainers and volunteers who work with Rock Steady Boxing participants at The Social of Greenwood. These hard workers are helping to reduce the symptoms of Parkinson's disease and improve others' quality of life.

👍 to all the volunteers who staff our polls in May and November. Thank you for your patience and kindness early in the morning, late in the afternoon and in the rush before the precincts close.

👍 to the Greenwood Redevelopment Commission for purchasing the (eyesore) property at 1265 N. Madison Ave. We can't wait to see the park and greenspace as it develops.

ICONtoon



TIWTHG (this is where the headline goes)

HUMOR

By Gus Pearcy

Since the beginning of time, man has sought to lighten the load on his existence. Tribes have developed unique rituals and traditions that separate them from "them." As Peter Gabriel sang, "How can we be in if there is no outside?"

One differentiator is language. There isn't an organization on earth that doesn't have its own language. Much of that language is acronyms.

Want to know what keeps outsiders outside? Abbreviations. PTO, ASAP, COB, CTR, NSFW, MoM, RFP and so many more. Abbreviations start as terms we don't want to type, and they become part of our common vocab. ASAP, we talk in abbrev. instead of full words.

Above, I've abbreviated my headline to TIWTHG, or "this is where the headline goes." It's not common. In fact, I may be the only one who uses it. And I just started, so I expect it will take a while to catch on.

Sometimes, we deal in acronyms when abbreviations are so cumbersome they

lend themselves to becoming new words. Think NASA and NASCAR. Then the whole idea of communication is kaput. It's like learning a foreign language.

Even if you're aware of the abbreviation, someone will turn it into an acronym and have your mind racing to define it. I recently had someone tell me about a "smee"; I thought she was talking about a Peter Pan character. I raced through my mind, breaking it down by letters to realize she was referring to a "subject matter expert."

TWWHY?

Here's another one to make you question whether the speaker has a speech impediment. TWWHY. That's right. Even Shakespeare didn't sprinkle his thous and forsooths with TWWHY. It stands for "that's why we hired you." Even snide comments can be condensed to single biting words.

We don't bother with periods to clue the reader to the abbreviation. Heck, can you remember the words that NASA stood for? Do you know that NASCAR stands for National Association for Stock Car Auto Racing? Do you think any of the drivers know?

This isn't new. Our kids are doing the same thing with texting. It's a whole new language with LOL and BRB, and don't get me started on the whole emoji equation.

It gets worse with industry-specific terms. Business has universally confusing terms. And we have office-specific shorthand that can isolate new people.

This is all fine and good for the tribe. It becomes a problem when we want to adopt (i.e., hire) a hermit or someone from a different village. Don't we ever want to have new people? The only way to move up the ladder is to replace the person holding it. Perhaps it is a rite of initiation. "Learn the new language or you'll never become one of us, kid!"

All I'm offering is awareness ... or AIOIA.



Gus Pearcy is a contributing columnist to the Center Grove ICON. He may be reached at (317) 403-6485 or pearcy.gus@sbcglobal.net. Gus blogs frequently at guspearcycommunications.wordpress.com.

QUOTE

"Success is never final; failure is never fatal. It's courage that counts."

– John Wooden

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you ...

In North Dakota, it is illegal to lie down and fall asleep with your shoes on.

SOURCE: dumblaws.com

EVENTS calendar



Homeschool Escape Room • Butterfly Braintwister (kindergarten – grade 4): Someone stole all the butterflies! Help solve this mystery and get the butterflies back to release them in the wild! Mission: Solar System (grades 5 – 12): Explore the solar system on the most ambitious mission humankind has ever attempted. The top-secret launch codes have been locked away and the crew has 45 minutes to get them or miss their launch window! | When: April 10, 1 – 2 p.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: greenwoodlibrary.us.

Calligraphy Basics • Explore the basics of italic calligraphy and add elegance to cards and invitations. No experience is necessary; all supplies are provided. | When: April 10, 4:30 – 6 p.m. | Where: Johnson County Public Library–White River Branch, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

Felt Flannelboard How-To • Felt flannelboard stories and activities promote early literacy skills. | When: April 12, 4:30-5:30 p.m. | Where: White River Branch Library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

The Wonderful World of Bird-Watching • Learn how your whole family can enjoy the hobby of bird-watching. Weather-permitting we will do a bird walk outside. Open to all ages. | When: April 14, 10 a.m. | Johnson County Public Library–White River Branch, 1664 Library Blvd., Green-

wood. | Info: pageafterpage.org.

2018 Gala for the Grove • Celebrate 20 years of supporting Center Grove Community Schools with an elegant evening complete and cocktail reception, dinner, silent auction and dancing, featuring live music by Tastes Like Chicken. | When: April 14, 6 – midnight. | Where: Indiana Roof Ballroom, Indianapolis. | Info: cgfoundation.org.

Green Screen Photography • Do you want to have a picture of you flying through space, swimming in the ocean, or standing in a volcano? Learn how to use a green screen and photography apps to make cool pictures with exciting backgrounds. | When: April 17, 4:30 p.m. | Where: Johnson County Public Library–White River Branch, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

Mary Poppins • The Center Grove Fine Arts Academy presents Disney and Cameron MacKintosh's Mary Poppins The Broadway Musical. | When: April 27, 7:30 p.m.; April 28, 2:30 p.m. and 7:30 p.m.; April 29, 3 p.m.; May 4, 7:30 p.m.; May 5, 2:30 and 7:30 p.m. and May 6, 3 p.m. | Where: T.C. Howe High School, 4900 Julian Ave., Indianapolis. | Info: cgfinearts.org/mary-poppins.

Indiana May Primary • Cast your vote at your local precinct. When: Tuesday, May 8, 6 a.m. – 6 p.m. Where: Go to indianavoters.in.gov to check your voting status and find your polling place.

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(Photo courtesy of Getty Images)

Tools to improve everyday living

FAMILY FEATURE

Most people prefer to stay in their homes as they age. It's a good plan, but what if your

home doesn't fit you as well as it used to?

With aging, you might not be able to move around in your home the same way. But that's where assistive technology – or AT – comes in. People with any mobility issue can find an AT device that helps with everyday tasks.

Most people have probably even used an assistive device without realizing it. Smartphones, voice-command technology and certain software fall under the AT umbrella. AT also includes low-tech devices, like adapted pencil grips for students with disabilities.

There's a growing variety of AT tools to help with household chores, work functions, mobility, seeing, hearing, learning and living independently in general. Devices and technology can help older adults and people with disabilities, but you

may find these tools make life easier for anyone.

AT devices and tools include:

- Hearing aids
- Vehicle modifications, such as hand controls and wheelchair lifts
- Devices that help with bathing and eating
- Software modifications for people with hearing and visual challenges
- Equipment that helps prevent falls

- Eye glasses and magnification devices for help with low vision

- Communication devices
- Wheelchairs and walkers

Where it's AT

Finding the right AT solutions could feel overwhelming. The network of State Assistive Technology Act Programs is a good place to start. Your state AT Act program can provide information to help you identify AT to meet your needs.

These programs can demonstrate devices and offer short-term loans so you can try out equipment before you buy it. They also have reuse programs, with gently used devices at cost savings. AT programs may offer financing, such as cash loan programs, when you need help getting needed devices.

Find your AT Act Program at acl.gov/AT. You'll also find information about the network of state AT programs and resources to help you find and receive AT for your needs.

With more research and awareness about AT, you have better opportunities to live independently at home.



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Battle of the Latin abbreviations

GRAMMAR GUY

By Curtis Honeycutt

You probably wouldn't be surprised to learn I was an English major for one semester in college. This week, I'm leveling up the nerd factor and divulging another academic secret of mine: I took three years of Latin in high school.

For a dead language, Latin is everywhere. Ever heard of an astronaut? Back in the Roman Empire they didn't have those, but astronaut gets its name from the Latin words for star ("astrum") and sailor ("nauta"). Boom: star sailor.

We use Latin in abbreviations all the time without really even knowing what they mean. Today I'm going to focus on i.e. and e.g. and try to help you understand when each is appropriate to use.

What i.e. means, i.e., "that is"

The abbreviation i.e. stands for id est, which is Latin for "that is." Use i.e. when you want to clarify or define what you just stated. Think of i.e. as "in essence." Here's an example: Carmel's City Council recently removed funding for the mayor's \$5 million carousel, i.e., one super-expensive horse tornado.

For example, an egg sample

The abbreviation e.g. stands for exempli gratia, which means "for example" in Latin. It's easy to remember "e" is for "example." I like to think of e.g. as "egg sample," which would be a strange item to try on sample day at Sam's Club.

Here are some other things to remem-

ber: Always add periods after each letter in i.e. and e.g. They are abbreviations, not their own words. Always add a comma after the abbreviations, even if your spell check interjects a squiggly red line beneath it.

Other Latin abbreviations that are part of our everyday lives? R.I.P., P.S., C.V., N.B., per cent and vs. They're all ticked they didn't get any attention in this article; i.e., they aren't the prettiest ponies at the petting zoo.



Curtis Honeycutt is a freelance humor writer. Have a grammar question? Connect with him on Twitter @curtishoneycutt or at curtishoneycutt.com.

Puzzle Time



Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

S
L O C
S Q C H Y
F O V A B T E
D F U T T I M Y N
L J P T H S O D G Y M
C E N O H E E L O O A E D
O M B U P T O O O L D Y O
L R E N O A C G W O H E L
B A N D R M S Y N I T R L
E C D N T A O Y E C R S A
R W A O C L R E E O A R R
T Z V L N E O U R S E L R
Y I L A P S R G E E E
S A R L E O K M T
F F A P I M A
Z C P I E
E K H
T

6 World Currencies

5 Center Grove Baseball Foes

4 Late Night TV Hosts

3 IUPUI Majors

2 Area Mexican Restaurants

1 April Celebration

ACROSS

1. Wide-eyed
5. Victory Field dirt clump
9. Salesforce Tower elevator stop
14. Bridle part at Indiana Downs
15. Part in a Buck Creek Players production
16. Stage between egg and pupa
17. Tehran's land
18. The Barbershop powder
19. Money in BMO Harris, say
20. With 21-Across, annual Indiana footrace
21. See 20-Across
23. Falling star
26. There are two in Indiana?
27. Sunken ship's locale
30. Pack down
34. Organizer of 20-Across: 500 ____
38. White River craft
39. Union demand
40. Often-replaced joint at IU Health
42. Perform better than
43. Fragrant oil
44. Distance, in miles, of 20-Across
46. PC operator
47. Demolishing the RCA Dome
49. Ages and ages at the Indiana Geological Survey
50. Individually wrapped chocolates
55. With 60-Across, location of start and finish lines of 20-Across
60. See 55-Across
61. Eiteljorg Museum home?
62. Ulndy bigwig
64. Babe in the Hoosier National Forest
65. Sleep ender
66. Ultimatum word
67. Crosby, Stills and Nash, e.g.
68. Children's hospital name
69. Kittle's bed support
70. Cell-phone button

DOWN

1. Fairy tale brother
2. Eagle's nest
3. Ben Davis HS athlete
4. Well-known orphan
5. Computer monitor, for short
6. Rich soil
7. Earthenware stewpot
8. Indiana Supreme Court order
9. High heels alternative at Journeys
10. Mascara site
11. Guesstimate phrase
12. Papa John's fixture
13. Indiana Pest Control target
22. Center Grove Elementary addition word

1	2	3	4		5	6	7	8		9	10	11	12	13	
14					15					16					
17					18					19					
20						21			22						
23					24	25			26						
					27		28	29				30	31	32	33
34	35	36	37								38				
39						40		41		42					
43								44		45					
46						47	48								
					49					50		51	52	53	54
		55	56	57				58	59			60			
61							62			63		64			
65							66					67			
68							69					70			

24. Willow for wicker
25. Gun, as an IndyCar engine
28. Sound at Massage Envy
29. Colts' all-out pass rush
30. Drawn tight
31. Hoosier Park Casino buy-in
32. Companion of mean and median in an IUPUI statistics class
33. Lowly worker
34. Woman at the Rathskeller Restaurant
35. Has a T-bone at Ruth's Chris
36. garygreenhouse.com, e.g.
37. Old Russian autocrat
38. Short-legged dog at the Johnson County shelter
41. Ball State fraternity letter
45. ICON printing supply
47. Decompose
48. Batteries Plus terminals
49. IU, to Purdue
51. Prepares flour
52. Indiana DNR trap
53. Dickens' Drood
54. Center Grove Lutheran Church council
55. Shapiro's, e.g.
56. Iridescent gem at Kay Jewelers
57. Butler fans chant: "____ number one!"
58. Place to make a wish
59. David Wolf's org.
61. Harrison Paving goo
63. Center Grove HS volleyball court divider

See **Answers** on page 25.

			3			7	
						9	4
			7	9	2	1	
			2	1			8
7							5
4		9	6				
	5	3	8	6			
1	8						
	7			2			

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A PLAN FOR ALL SEASONS SPRING CLEAN YOUR FINANCES

The springtime tradition of getting your house shipshape applies to your financial house, as well. Look back on your progress this year and discuss any outstanding to-do's with your advisor. Consider consolidating retirement accounts and requesting your credit report to see where you stand.

MARK YOUR CALENDAR

- ☐ **Sunday, April 1:** Final day to take 2017 required minimum distributions for those who turned 70½ in 2017.
- ☐ **Tuesday, April 17:** Tax day – the deadline to file your taxes or request a tax filing extension. Mark this date!
- ☐ **Tuesday, April 17:** Last day to contribute to traditional and Roth IRAs or Coverdell education savings accounts for 2017.

PLANNING TO-DO'S

- ☐ **Midyear monitoring:** Look back on your to-do list progress, follow up on your taxes, make sure your retirement plan is on track, determine if your emergency fund is adequate, and establish a regular savings plan you can stick to each month.
- ☐ **Don't delay distributions:** If over 70½, take required minimum distributions (RMDs) from your IRAs. You must begin RMDs by April 1 the year after you turn 70½. After the first distribution, IRA holders must take distributions by December 31 each year.

- ☐ **Mind your mortgage:** It's home-buying season. If you're considering buying or refinancing a home, check your finances and pay close attention to interest rates.
- ☐ **Consider an extension:** If applicable – particularly if you hold securities subject to income reallocation – ask your tax advisor if filing an extension with the IRS would be beneficial.
- ☐ **Freshen up your finances:** If you have retirement accounts with former employers, talk to your advisor about your options to consolidate your 401(k) or 403(b) plans.
- ☐ **Request your credit report:** Obtain a free copy of your credit report and conduct a midyear review.
- ☐ **Save for school:** Talk to your advisor about establishing or contributing to a 529 education savings plan for your child or grandchild.
- ☐ **Sow financial seeds:** Have a conversation about finances and budgeting with a student or recent graduate in your life. Consider introducing him or her to your financial advisor to learn the basics of saving and investing.

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OBITUARIES

Vonnie L. Pardue Billhimer, 73, of Greenwood, died March 17. She was born March 5, 1945, in Indianapolis to the late Elmer and Fletta (née Clark) Pardue. She was retired from Greenwood Village South, where she worked at the Towers with assisted living residents. Survivors include her husband of 53 years, Charles Billhimer; children Edwina Billhimer (Vincent) Caito and Charles Billhimer; grandchildren Chara Billhimer, Dennis Searles, Bobby Huertas, Michaela Caito and James Sully Billhimer; and great-grandchildren Brooklyn, Saffron and Elim Billhimer. The funeral was March 23 at G.H. Herrmann Greenwood Funeral Home; burial is at Forest Lawn Memory Gardens.

Sandra A. Bradfield, 79, of Greenwood, died March 13. She was born Nov. 17, 1938, in Indianapolis to the late Charles and Helen (née Sebastian) Robinson. She was a member of The Church of Jesus Christ of Latter-Day Saints. Survivors include her children, Pam (Bill) Heldman, Joy (Mark) Hughes and Luke Peyton (Amy Smith); 13 grandchildren; 23 great-grandchildren; and her brothers, Tom Robinson and Dick Baker. She was preceded in death by her son, Rodney Peyton. Services and visitation were March 16 at G.H. Herrmann Madison Avenue Funeral Home, and Sandra was laid to rest at New Crown Cemetery.

Thomas J. Kuhn, Sr., 87, died March 5, 2018. Tom was born in Indianapolis and raised his children in Greenwood. After retiring 30 years ago, he became a resident of Grand Island, Fla. Tom attended Purdue University and served in the U.S. Air Force during the Korean War, receiving the Korean Presidential Unit Citation Commemorative Medal. Tom retired from IBM as a customer service engineer after 33 years of employment. Tom was a member of the Greenwood Moose Lodge and volunteered with the Greenwood Fire Department. He was married to Barbara (Hawkins) Kuhn, who preceded him in death, along with his parents and two brothers, Richard and Raymond Kuhn. Survivors include his brother, Harry Kuhn; children, Lee Kuhn, Lin (Windal) Burton, Tom (Sally) Kuhn, Chris Kuhn, Doug (Kathy) Kuhn, Susie Lane and Tony (Lynette) Kuhn; stepdaughters, Ellen (Bob) Hugenschmit and Lisa (Tom) Nales; 16 grandchildren and several great-grandchildren. A memorial service honored Tom's life on March 18 at Wilson St. Pierre Funeral Service and Crematory, Greenwood Chapel.

Edna M. Mehringer, 88, of Greenwood, died March 2, 2018. Edna was born May 22, 1929, in Schnellville to the late Oscar and Cecilia Mary (née Lueken) Persohn. She married Linus Mehringer on May 3, 1949; he preceded her in death. She was a member of Our Lady of the Greenwood Catholic Church and worked in the cafeteria for Our Lady of the Greenwood Catholic Schools more than 32 years. She enjoyed playing euchre with the ladies of various card clubs. She is survived by her children, Gail (Joe) Simpson, Susie (Terry) Zeigler and Denise (Brian) Eubanks, Michael (Kathy) Mehringer, Joseph Mehringer and William (Debbie) Mehringer; eight grandchildren and eight great-grandchildren. The visitation and funeral were held March 7 at Wilson St. Pierre Funeral Service and Crematory in Greenwood. Edna is entombed in Calvary Cemetery.

Kenneth "Ken Dogg" Mills, 42, of Cincinnati, died Feb. 18, 2018. He was born in Cincinnati on Dec. 2, 1975, to Thomas and Joyce Mills. He proudly served his country in the Ohio Army National Guard and then the U.S. Navy. He loved spending time with his nephew, Thomas, and niece, Jada. He enjoyed fishing, camping, bowling, watching football and

the Miami Heat basketball team. He is survived by his father, Tom (Linda) Mills; mother, Joyce Bornhoffer; brother, Thomas H. Mills Jr. (Vickie Lam); nephew, Thomas, and niece, Jada. Ken was laid to rest in The Gardens at Olive Branch. Memorial contributions may be made to his GoFundMe at gf.me/u/gwnhhu.

Dorothy J. Nierman, 94, Greenwood, formerly of Franklin, died March 15. She was born Oct. 20, 1923, in Indianapolis to the late Robert F. and Alma (née Fischer) Ward. Dorothy graduated from Arsenal Technical High School. She was a longtime active member of Friedens United Church of Christ. She worked at Indiana Bell before starting a family and becoming a homemaker. She is survived by her children, Linda (Stacey) Burt and David (Pamela) Nierman; grandchildren, Jordan (Daniel) Vaughn, Jared Burt and Christopher Nierman; and great-grandchildren, Tanner and Ainsley Vaughn. She was preceded in death by her brother, Robert Ward, and her husband of 36 years, Herbert Nierman. She was laid to rest at Crown Hill Cemetery.

Bennie W. Schuck, 74, of Greenwood died March 1, 2018. He was born Feb. 29, 1944 in Madison, Ind., to Benjamin and Betty Schuck. Bennie married Catherine Kissel on May 31, 1996. He loved work, traveling, music and watching IU basketball. Bennie is survived by his wife of 22 years, Catherine Schuck; sons Bennie W. Schuck II and Bradley Modglin; stepchildren Tommy (Jennifer) Jackson and Tracy (Jeff) Webb; seven grandchildren; and two great-granddaughters. He is preceded in passing by his parents and brother Michael Schuck. Services will be held at the convenience of the family.

Korey J. Sprague, 24, of Greenwood, died March 14, 2018, in Huntington Beach, Calif. Korey loved music, playing guitar, reading, writing, flying and living life to the fullest. He never turned down a new adventure, whether skydiving or swimming with sharks. Korey is survived by his parents, Rob and Sheila (née Pierce) Sprague of Greenwood; his siblings, Denise Ollanketo, Elisha (Gary) Ingram and Robbie Sprague; seven nephews and one niece; his grandparents, Phillip (Marilyn) Pierce; and several aunts, uncles and cousins. Korey was preceded in death by his grandparents, Bob and Barbara Sprague and Donna Pierce. A celebration of life was held March 23 at Grace Assembly of God in Greenwood. He is buried in Mount Pleasant Cemetery.

Larry D. Unversaw, Sr., 76, of Indianapolis, died March 9, 2018. He was born Jan. 13, 1942, in Indianapolis to the late Harry and Rosemary Unversaw. He married Violet Westerfield on May 19, 1961. Larry was the deputy assessor for Marion County for more than 15 years, a member of American Legion Post 355 and a member of Emmanuel Church of Greenwood. Larry served his country in the U.S. Navy. Larry is survived by his wife, Violet; children Duane (Sally) Unversaw, Sonja (Jack) Farr, Larry (Susan) Unversaw, Jr., Sandy (Ricky) Christie, Vicky (Rick) Unversaw-Smith; brother Tom (Ann) Unversaw; 12 grandchildren and 10 great-grandchildren. Services were March 14 at Singleton Community Mortuary and Memorial Center. Interment followed at Forest Lawn Memorial Gardens.

Patsy D. Webb, 90, Greenwood, passed away March 13. Born Oct. 7, 1927, in Indianapolis to the late George Davis and Loretta Jane Taylor, she was a 1944 graduate of Arsenal Technical High School. She was a longtime member of Edgewood United Methodist Church. Patsy cherished time with her family and friends. She was preceded in death by her husband of 54 years, Lloyd William Webb and brothers, Clifford Davis and David "Skip" McCool. Survivors include her daughters, Karen (Juan) Webb, Susan (Mike) Webb, Christine Long and

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Obituaries continued from page 24.

Louise Webb; grandchildren, Abelia (Daniel) Stevenson, Chelsea (David) Contreras, Alexander Long and Emma Nissen; and her siblings, Collette (John) Mullinax, Elizabeth Robinson and Nancy (Joseph) King. The funeral was March 16 at G. H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch. Patsy was buried at Forest Lawn Memory Gardens.

Hubert A. Wilson, 95, of Greenwood, died March 21, 2018. Born Aug. 22, 1922 in Owen County, Ind. to the late Fred and Velvia (Beaman) Wilson, he was a veteran of the U.S. Navy. A farmer for the early part of his life, he prepared taxes and worked at Link Belt for 23 years. He was an avid reader, enjoyed road trips and was devoted to his family. He is survived by his wife of 73 years, Beulah J. Wilson; daughters, Patty (Bob) Thomas (died 2007) Janet Egbert, Connie Flanagan (died 1996), Sally (Dave) Nichols and Bonnie Wilson; 12 grandchildren; 17 great-grandchildren. Visitation was March 25 at G.H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch. The funeral was March 26. He was laid to rest at Mt. Pleasant Cemetery.

Randall Scott Wilson, 61, of Greenwood, died Feb. 23, 2018. Randy was born May 10, 1956 in Batesville, Ind. to the late Charles E. Wilson and Arlene V. Shackelford. He was a 1974 Southport High School graduate. On October 25, 1975, he married the love of his life, Connie J. Anderson, who survives. Randy owned and operated Creative Ceramic Tile for over 25 years. He was an avid New England Patriots fan, as well as a Tom Brady fan. He enjoyed playing golf, was a lifelong coin collector and loved music. He was always known to be compassionate, generous and kind. Survivors include his wife of 42 years, Connie J. Wilson; three daughters, Heather Brooks (Jason), Kristi Roach (Cory) and Lindsey Dresslar (Chris); five grandchildren, Taylor, Kaila, Codin, Bella and Caleb; one sister, Gayle Burton (Ed). Randy was preceded in death by his parents, one brother, Charles Wilson II; and one sister Janet Russell. Funeral services for Randy was Feb. 28 at Wilson St. Pierre Funeral Service and Crematory-Greenwood Chapel. Burial followed at Mount Pleasant Cemetery in Greenwood.

Anna M. Withered, 91, died Sunday, March 4, 2018, in Greenwood. She was born Nov. 12, 1926, in Indianapolis to the late Paul and Mildred (Harding) Armstrong. Anna worked in the secretarial field, beginning at Eli Lilly and Company and concluding at OneAmerica in 1987. She also was employed at Southport United Methodist Church. From 1982 to 2005, Anna was a volunteer at Community Hospital South. She enjoyed gardening, cross-stitch, traveling and spending time with her family. She was a member of Mount Auburn United Methodist Church in Greenwood. Anna is survived by her children, Dennis (Janet) Withered and Paula (George) Kopko; grandchildren, Shannon Pierce, Lauren Kopko-Voicu, Leslie Kopko-Galer and Alexander Kopko; five great-grandchildren; siblings, Paul (Terry) Armstrong, Helen (Bob) Davis and Doris Birch; sisters-in-law, Margie Armstrong and Donna Armstrong; and several nieces and nephews. She was preceded in death by her parents; her husband of nearly 54 years, Forrest Withered; a grandson, Chad Withered; and three siblings, John Armstrong, Robert Armstrong, Lois Coats and Mary Neal. The funeral service was March 10 at Singleton Community Mortuary and Memorial Center. Interment followed at Crown Hill Cemetery.

Center Grove obituaries are printed free of charge and published once a month. Funeral directors are encouraged to send obituaries and photos to news@myicon.info.

A commitment to rest

DEVOTIONAL

By Pastor
Chris Philbeck

I read recently that the U.S. Army conducted a study where they observed several soldiers in various conditions to determine when these individuals achieved the maximum output. The study revealed that after seven consecutive days of hard work, the soldier's performance dropped. But the most interesting discovery was this: Even though the performance dropped, the soldiers themselves were not aware of it.

Isn't it interesting that seven consecutive days of hard work led to the drop in performance? Does this remind you of anything?

In the Old Testament, when God gave Moses the Ten Commandments, he said, "Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work ..." (See Exodus 20:9-10.)

I fully understand that as a New Testament Christian, I don't live under the Old Testament law. At the same time, Romans 15:4 says, "For everything that was written in the past was written to teach us." In other words, there's value today in the "principles" of the Old Testament. And God who created us knows that we need to build times of rest into our lives — especially if we want to live at peak performance.

One of my great concerns as a pastor is the schedules of the families I serve. Often, both parents are working full-time jobs while juggling their children's school and extracurricular activities. And when it comes to these activities, our weekends — our greatest opportunities for rest — are full from morning to noon to night. But everyone needs a "Sabbath" because everyone needs rest.

Mark Buchanan, in his book *The Holy Wild: Trusting in the Character of God*, writes, "Most of the things we need to be most fully alive never come in busyness. They grow in rest." We live in a culture that emphasizes busyness. And we buy into that lie because we're afraid that if we don't we'll miss out, that our children will miss out. But the wisdom of God tells us we need rest. And if you want to operate at peak performance, if you want the members of your family to operate at peak performance, you need to create time for rest. Because it's not busyness that brings out your best, it's rest.

Trust God on this. He always knows what He's talking about.



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at inquiry@mpccministry.com or call (317) 881-6727.

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Puzzles & Answers ON PAGE 23

Answers to HOOSIER HODGEPODGE:

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Celebration: EARTH DAY

Q&A ON PAGE 5

- A
- B
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- D
- A

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Leeanne Lollar

**Mother, military veteran, business leader, mentor, volunteer —
This Center Grove resident takes time to do it all**

By Johnette Cruz

Leeanne Lollar is one busy lady with a heart for her country, family and community. Her background reflects varied interests, abilities and talents.

For 10 years, Lollar served in the U.S. Army. She was deployed twice to Iraq and spent a year there each time. She earned a bachelor's of science degree in supply chain management from Indiana University's Kelley School of Business and is a Certified Financial Planner.

Lollar is married, with one daughter and two stepchildren. She's also very involved in several organizations that exist to benefit others and enhance the community. She is the board director for the Greater Greenwood Chamber of Commerce and the Greenwood Community Development Corporation. Still, she finds time to volunteer as a mentor with Big Brothers Big Sisters, and she enjoys being an Employer Support of the Guard and Reserve volunteer.

For her professional contributions, volunteer efforts and influence in Greenwood and Center Grove, Lollar is the April ICON of the Month.

What do you consider your greatest virtue?

I care about other people. I want them to succeed and I truly want to help them in any way that I can.

What upsets you?

There are so many people hurting in our society, from women and children in sex trafficking to people addicted to drugs and prescription medications. There are no easy and fast solutions, but the problem is growing and needs all of our input in order to find a solution.

What do you like best about living in Center Grove?

I have everything I need within a few minutes of me ... and great coffee at Strange Brew!

What's your favorite Southside eatery?

I love Tried & True Alehouse. I have tried a lot of different things and have loved all of them!

If you had to live anywhere else in the Metro Indianapolis area, where would it be?

I like downtown Indianapolis, with all of the walkability and things to do.

If you could begin life over, what would you change?

I would realize that life is a journey, and you learn and grow along the way.

If money were no issue, how would you spend it?

Travel all over the world, literally every country!

What makes you happiest?

I am happiest when I figure out something difficult or make things easier for someone.

Pick three adjectives that best describe you.

Responsible, easy-going, friendly.

What is your favorite vacation spot?

Anywhere with a beach! Or places like Rome, Italy, that has a ton of history.

What do you do with idle time?

I have a 15-month-old, so there isn't a lot of idle time. But I love to read after she goes to bed.

What would you change about our culture if you could?

I wish we weren't all so busy, life seems to fly by.

How do you escape from reality?

Binge-watching Netflix.

What do you love most in life?

Learning and growing in my faith.

Which living person in Center Grove do you most admire?

I admire people who get involved — people who show up to city council meetings to voice their opinion or to become informed.

What quality do you admire most in another person?

A willingness to grow.

What is your greatest extravagance?

My coffee addiction! I am so excited to have so many great local coffee shops in our area! And donuts ... we have a lot of good donuts. Guess that makes sense!

What is your greatest fear?

I try not to have fears. I want to live life to its fullest and not let anything hold me back.

What has been the happiest time of your life?

Having a child, it made me learn more about myself than anything else ever has.

Is there a special talent you really wish you had?

Singing. I would love to be able to sing along with the radio with more than just me in the car.

What do you most value in your friends?

Dependability.

What is your greatest regret?

Everything that I have been through has shaped me into the person I am now, and I can't regret it. Besides, you can't change it anyways.

What tenet do you live by?

The old but true, Do unto others as you would want them to do unto you.

What would people be surprised to learn about you?

I am a pretty open book so I'm sure not much surprises anyone. I have heard that most people can't picture me in the Army.



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