

CENTER GROVE ICON

JANUARY 18 - FEBRUARY 14, 2020 • MYCGICON.COM



Athlete of the Month:
Sam Howe
Page 5



ICON of the Month:
Nancy Lewark Page 22



JANUARY 26 - FEBRUARY 1, 2020

National Catholic Schools Week

Students and staff discuss the meaning
of a Catholic education. PAGES 7-14

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ICONICimage



The Center Grove Community School Corporation Board of School Trustees recently awarded Center Grove High School junior Landon Blackwell its Shining Star Award (pictured with board member Joe Hubbard). For the last two years, Landon has placed close to 3,000 flags on the graves of veterans in Johnson County. He started what he calls the "No Fallen Soldiers Left Behind" project, while using his own money. A year ago, he started accepting donations and received 500 flags from a local American Legion. This year, his goal was to place nearly 1,000 flags before Veterans Day, and to help reach this goal, his friends from his youth group came out with him to help place flags at Greenwood Cemetery. Landon plans to join the U.S. Air Force after high school. (Submitted photo)

Contact the Managing Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Nancy Price at 698-1661 or email her at nancy@icontimes.com. And remember, our news deadlines are several days prior to print.



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OUR VIEW

Local libraries provide fun for all ages this winter

Interested in finding a book club? Are you looking for indoor activities the whole family can enjoy? Your local libraries have a variety of events planned. Check out the following:

Johnson County Public Library: White River Library Branch

- **STEAM Building Challenge** – Build 2-D and 3-D shapes, solve puzzles and build famous landmarks to see how many STEAM engineering challenges you can complete! Jan. 21, 4:30-5:15 p.m.
- **Book Discussion** – *Aristotle and Dante Discover the Secrets of the Universe*: If you love talking with others about a book you've read, you'll want to attend these events. Copies of the titles will be available at the checkout desk the month before each meeting. Jan. 29, 1:30-3:30 p.m.

Greenwood Public Library

- **Family Movie Event: National Treasure**. Join us for a fun afternoon with a movie, games and snacks to celebrate "Reading Through the Ages!" All ages are welcome to attend. Games, crafts and trivia from noon-1 p.m.; relax with popcorn and the movie *National Treasure* (rated PG): from 1-3 p.m. The movie is about a historian who races to find the legendary Templar Treasure before a team of mercenaries.; go on your very own National Treasure adventure solving puzzles and finding goodies throughout the building on a family scavenger hunt from 3-4 p.m. Jan. 18, noon-4 p.m.
- **Play This Book: A Visit with Jessica Young**. Children's author and illustrator, Jessica Young, is coming to visit! Learn about her books and explore her artistic process in this fun and interactive author visit for families. Jessica's newest book, *Play This Book*, was nominated for the Indiana Early Literacy Firefly Award in 2019.

For more information, go to pageafterpage.org (White River Branch); and greenwoodlibrary.us (Greenwood Public Library).

ICONtoon



TOP 10 THOUGHTS AFTER A WEEKEND AWAY

HUMOR

By Torry Stiles

Dear readers: The mis-sus and I spent last weekend exploring parts of southwestern Indiana. Here are a few observations.

10. If the counter help at the little sandwich shop in Bloomington are red-eyed and smelling like an Australian grass fire it is probably best that you stay close to your food while it's made.
9. Folks from Loogootee don't appreciate being called, "Loogies."
8. In a world filled with smart phones and GPS units it is practically impossible to get lost. It seems I am an over-achiever.
7. People from French Lick already know that Larry Bird grew up there and roll their eyes at you when you try to explain it to them.
6. Folks at the bed & breakfast never appreciate it when guests try to redecorate. How was I supposed to know that replastering would be so hard?
5. The wife doesn't like curvy, hilly roads with all sorts of twists, turns, ups and downs. I seem to be highly skilled at finding the route most loaded with those. ... Oops.
4. The fancy hotel in West Baden is pretty classy. I almost felt guilty wearing my favorite Speedrome shirt until I spotted another guest sporting a Steve Kinser jacket.
3. On the campus of Vincennes University sits the Red Skelton museum. Clem Kadiddlehopper is practically a professor at the place.
2. You can revel in the wonders of the Circle of Life. Distracted tourists create roadkill. Vultures circle the roadkill distracting drivers who create more roadkill.
1. From Vincennes, a 30-second drive across a bridge takes you to Illinois, where you can play slot machines in diners and buy marijuana legally. When I was growing up, I thought the ultimate thrill was buying some bottle rockets.

QUOTE

"Over every mountain is a path, although it may not be seen from the valley."

– THEODORE ROETHKE,
AMERICAN POET

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you ...

In Maine, your Christmas decorations must be taken down by Jan. 14.

SOURCE: dumblaws.com



Sam Howe. (Submitted photo)

THE HOWE FILE

NAME: Sam Howe **FAVORITE MOVIE:** Star Wars: Episode III – Revenge of the Sith
SPORT: Wrestling **FAVORITE TV SHOW:** The Office
YEAR: Junior **COLLEGE PLANS:** Purdue – for Aerospace Engineering – is the biggest focus, with Michigan as a runner-up. No plan for playing sports.
HEIGHT: 5 feet 10 inches **PARENTS:** Joe & Laura Howe
AGE: 17
HOBBIES/INTERESTS: “My faith. I teach religious ed classes to fifth-graders at my church. I started playing golf. In the summer I build and fly RC aircraft with my grandfather.”

Bob Rohrman's **INDY HONDA** Athlete of the Month **Sam Howe**

By Rick Hinton

“I’ve always practiced hard, always show up for practice and try to get as much time in as I can with the coaches to try and get better,” stated Center Grove High School scholastic wrestler Sam Howe, when asked about his competitive nature.

“Earlier he played both baseball and football,” added his father Joe Howe. Sam participated in baseball until the sixth grade and held the position of linebacker on the football team all the way up through middle school. Playing sports has been a large part of his school experience, with wrestling now taking center stage.

“I started wrestling in the fifth grade, but really got going in the sixth grade when I joined the mid-

dle school wrestling team and got in a full season,” Howe said. There was a big difference, for him, between the middle school and high school teams. “High school wrestling is definitely tougher in terms of practice intensity and a bit more technical.”

“This is my second year as the head wrestling coach at Center Grove,” said boys wrestling coach Maurice Swain. “Sam has come a long way since I first met him. He has a great attitude and each day gives maximum effort, coming to practice and competition ready to compete! Last year Sam finished as the sectional runner-up. He came into the tournament as an unseeded wrestler.” Sam also has fond memories of the experience. “Wrestling in the 2019 Sectional,”

he remembered, “I had wrestled JV (junior varsity) for half the year and came in at varsity at the sectional. I won two big matches and made it into the finals!”

Coach Swain said Sam’s best move is a single leg takedown. He has plenty of opportunities to put it to use. The school season starts practicing in November and the meets are December through February. Tournaments outside of the school go until about May. Practices are held throughout the year. The Center Grove Wrestling Club is the organization they wrestle with outside of the school season. “Last spring, we went to Warren Central, Perry and Brownsburg to wrestle with their clubs. You get a feel of different wrestlers and more experience to improve,” Sam said.

Center Grove News Quiz

How well do you know your Center Grove community?

Test your current event knowledge each month with a little Q&A!

1 Center Grove High School junior Landon Blackwell was recently awarded a “Shining Star Award” for his project, “No Fallen Soldiers Left Behind.” What branch of the military does he plan to join after graduating high school?

- A. Army
- B. Marines
- C. Air Force
- D. Navy

2 The late William “Bill” Singleton got his start in the funeral business around 1959 with which local funeral home at that time?

- A. J.C. Wilson & Company
- B. Forest Lawn Memory Gardens
- C. Little & Sons
- D. Flanner Buchanan

3 From what local restaurant would you find a pizza named after Kurt Vonnegut’s book, Slaughterhouse Five?

- A. Campbell’s Highland Grille
- B. Vino Villa
- C. Greek’s Pizzeria & Tapp Room
- D. Jockamo Upper Crust Pizza

4 Nancy Lewark, ICON of the Month for January, has a greatest fear of which of the following?

- A. Public speaking
- B. Spiders
- C. Snakes
- D. Heights

5 What local gym recommends forcing yourself to add \$10 to a jar for each time you skip a workout?

- A. Orangetheory Fitness
- B. Pilsung ATA Martial Arts
- C. Studio You Yoga & Pilates
- D. 9Round Fitness

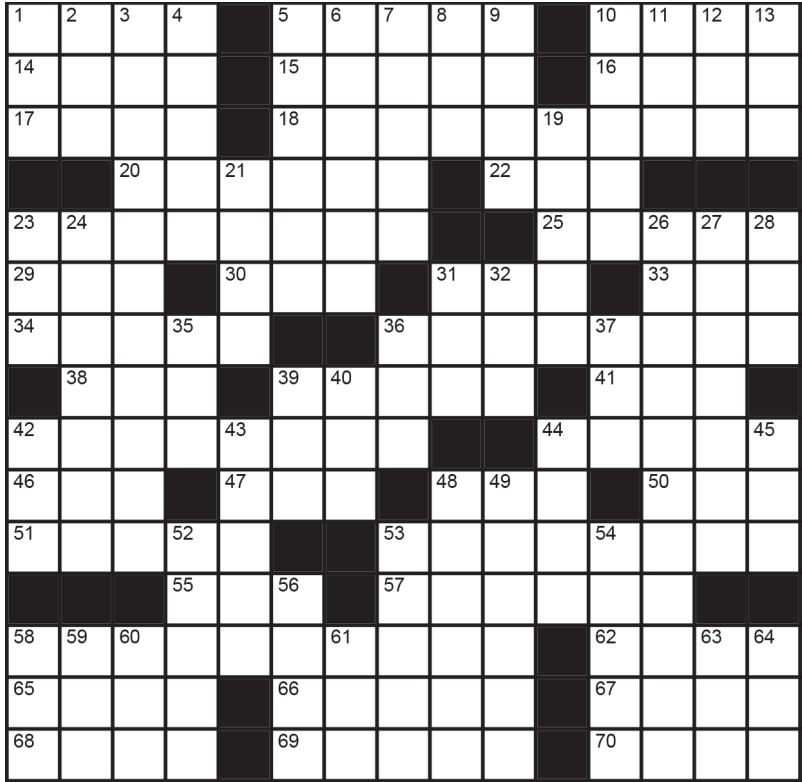
SEE ANSWERS ON PAGE 23.

Bob Rohrman's **INDY HONDA**
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ACROSS

- 1. Harmony
- 5. Peru people
- 10. Hogwash
- 14. CGHS swim meet venue
- 15. "Honest!"
- 16. Pay to play
- 17. Actress Paquin
- 18. *Type of bed
- 20. Johnson County country home
- 22. One more than bi-
- 23. *Beer buys
- 25. IU sorority letter
- 29. Hit the slopes
- 30. School org.
- 31. Merriment
- 33. Financial markets abbr. for the closing bell
- 34. Follow
- 36. Aussie hopper
- 38. UFO crew
- 39. *Time at Center Grove when it's midnight at Evansville
- 41. First ____
- 42. Posting brief online messages
- 44. Complete
- 46. Relatives
- 47. Bullfight cheer
- 48. Tax pro
- 50. In ____ time
- 51. White River romper
- 53. *Hickory Stick Golf Club group
- 55. A/C meas.
- 57. Makes known
- 58. *Decent rating
- 62. Everything
- 65. Designer Christian
- 66. '70s music
- 67. Rajah's wife



- 68. Dentist's directive
 - 69. Very pale
 - 70. Sow chow
- DOWN**
- 1. Massage Envy, e.g.
 - 2. Hither and ____
 - 3. Lacking being
 - 4. Fastener
 - 5. Actually
 - 6. Eiteljorg Museum tribe
 - 7. Hints
 - 8. Tire filler
 - 9. James Dean Festival mo.
 - 10. Pesto herb
 - 11. Toronto's prov.
 - 12. Fr. holy woman
 - 13. That girl
 - 19. Monkey's uncle?
 - 21. Sticky roll
 - 23. Hammond-to-Greenwood dir.
 - 24. "Told you so!"
 - 26. Relating to some Southport Dental work
 - 27. Petty gangster
 - 28. Hubbub
 - 31. IND watchdog

- 32. Albuquerque coll.
- 35. "What's the ____?"
- 36. Frat party staple
- 37. Satisfied sigh
- 39. Lubricant
- 40. GPS reading
- 42. Indiana Golden Gloves dec.
- 43. Rich dessert
- 44. Conflicts
- 45. Shoe width
- 48. Strong-arm
- 49. Produces a show at Buck Creek Playhouse
- 52. Thumbs-up critic
- 53. Burst of light
- 54. Shoots up
- 56. Meat inspection agcy.
- 58. Trojans' six-pt. scores
- 59. Leg joint
- 60. French king
- 61. "____ the season..."
- 63. Lennon's love
- 64. Center Grove "code" found at the start of the puzzle's starred answers



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6 NBA Stars

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3		4	8	6			2
	6						

Answers See page 23.



Every May, students from Our Lady of Greenwood participate in field day. (Submitted photo)



Saints Francis & Clare students Gavin Louthain and Nicholas Woodburn use teamwork skills to complete an activity. (Submitted photo)



Roncalli Chaplain Coordinator Father Douglas Hunter. (Submitted photo)



National Catholic Schools Week

January 26 – February 1, 2020

National Catholic Schools Week will be held Jan. 26-Feb. 1., starting the last Sunday in January and running all week. Schools typically observe the week with Masses, assemblies and other activities for students, families, parishioners and community members to celebrate and congratulate. Mark CSW your own and share your ideas with other schools using #CSW1920. To learn more about Catholic Schools Week, please visit ncea.org.

ON THE COVER: Saints Francis & Clare students Ben Cary and Holden Turner read a book to preschoolers. (Submitted photo)



Roncalli's Walkathon, a student fundraiser to raise money for needs-based tuition assistance, was held Oct. 29, 2019. (Submitted photo)



Mrs. Vincent's preschool class at Saints Francis & Clare. (Submitted photo)



Eighth-graders work a "sink and float" STEM activity with first-graders at Our Lady of Greenwood. (Submitted photo)

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Our Lady of Greenwood

LETTER from our PRINCIPAL

For nearly 60 years, Our Lady of the Greenwood Catholic School has been a vital part of the Southside. From its beginnings with the Sisters of Providence to being named a Blue Ribbon School of Excellence by the U. S. Department of Education, our students continue to develop the tenets of faith, knowledge and service.

Students attend a weekly all-school Mass. The school fosters spiritual growth through preparation for the Sacraments of First Holy Communion and First Reconciliation. Daily prayer, religion classes,

along with participation in the Mass, Sacrament, and special liturgical celebrations provide an environment where students can live their faith every day.

We invite you and your family to experience the difference and begin the journey with Our Lady of the Greenwood Catholic School at our Catholic Schools Week Open House Thursday, Jan. 30 from 6-7 p.m. Tours will be available or may be scheduled daily at your convenience. We hope to meet you soon.

Kent Clady
PRINCIPAL

STUDENT LETTER Do you like Catholic schools?



My name is Brianna Fletter. I am an eighth-grader at Our Lady of the Greenwood Catholic School. My family and I moved here when I was in first grade, and from day one, everyone at OLG made us feel so welcome.

When I feel down, I can feel God. I can feel him in everything as he helps me through my day. Through words, friends, or little actions, God is always there. Another benefit to going to a Catholic school is being able to have religion class every day; plus, we get to go to Mass once a week and spend an hour with God. I learn something new about him every time I sit inside the church. I use that information to teach others about God.

I recently got confirmed in the Catholic faith. Not only does my confirmation make me a full practicing member of my church, but I am also going to keep spreading God's good news to younger parishioners. As it is said in Deuteronomy 32:2, "Let my teach-

ing fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants." Being the second oldest to (almost) eight siblings, I have multiple opportunities to teach them about God and remind them that he is always there and watching over us.

At OLG we have many activities that the whole school participates in, and it causes all of us to bond more as a school. We take part in service opportunities such as our Catholic Schools Week collections, having a used book drive and our Faith Filled Fridays, where we donate either an item or money to a good cause. A favorite schoolwide activity is our Family Fridays. Once a month, students from younger grades unite with students from the upper grades and do activities. The eighth-graders get to be the leaders of their families. I love that!

Catholic schools have taught me to be who I really am and that I am a unique creation of God's image.

Brianna Fletter
8TH GRADE



*National Merit Semifinalists
Ryan Flick, Grace Whitaker
and Will Hawkins*



*Girls Golf Sectional Champion
Kathleen Ameis*



*All State Honor Choir
Maria Mina, Levi Ralston,
Chris Figueroa, Veronica Phillips,
Ryan Sissons and Ian Knight*



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- The Class of 2019 completed over 65,400 hours of community service during their four years at Roncalli, which averages over 206 hours per senior.
- In the past 25 years, Roncalli students have collected more than 2 million canned food items for the poor.
- Over 100 students participate in our comprehensive special needs resource program STARS – that addresses the needs of students with learning and physical disabilities.

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Roncalli High School School

LETTER from our PRINCIPAL

Roncalli High School continues to offer young people and their families a faith-filled, life-changing experience that propels them forward on a path for success in life!

We truly believe that the experience that awaits all students at our school is transformational! When you allow the Holy Spirit to be a vibrant part of your daily life, one cannot help but to be transformed. We have worked very hard to attract and retain some of the state's finest, most passionate, faith-filled educators! They are the ones that work daily with students, in and out of the classroom, helping them in their efforts to discern, develop and share their talents with the world. When done well, we are making the world a little better place while building up God's kingdom here on earth.

The following comments shared by some Roncalli teachers gives one a glimpse as to what they cherish most about the opportunity they have to teach in a dynamic, faith-filled environment:

- I cherish that it's a place where I can openly talk about science and faith and how those two interact and aren't mutually exclusive. Most of all, I appreciate that I can be myself and that my students are free and open to be themselves as well in a safe and loving environment.
- There is a strong sense of teamwork and partnership with parents in support of our students. Parents actively support what I do in the classroom, and I support the values and lessons instilled at home. It truly is a winning combination!
- Academics are important, and we work very hard in the classroom, but when I am able to be a witness to or play a role in my students' faith lives, there is nothing more meaningful. Whether it be at an all-school Mass, a retreat, or a short conversation after class, I count myself immensely blessed to be a part of their lives in such a deep, powerful way.
- It was clear to me when I was a student at Roncalli that my teachers were here for the right reasons – to be a positive influence, role model and help foster my love of learning. Now back at Ron-

calli as a teacher, it's my pleasure to have the same effect on my students – Roncalli is proud to offer the most comprehensive academic programming for any faith-based school in our state.

Roncalli offers a rigorous, challenging curriculum that meets the needs of students of all academic levels, including students with special needs as well as those seeking training for post-secondary vocational opportunities. It truly lives out its mission to be a Life Prep school!

Students find joy, fulfillment and life-impacting experiences through a dynamic performing arts program, a highly respected and successful athletic program as well as a plethora of wide-ranging clubs!

To assist in their understanding of the Biblical message that it is better to give than to receive, all students complete a minimum of community service hours by the time they graduate. The majority of these hours are spent serving those less fortunate in and around central Indiana. The overwhelming majority of our graduates far exceed the required number of 144 hours.

Here are some comments from students as to what they most cherish about their Roncalli experience:

- I appreciate the teachers as they are genuinely nice people who care about me and all of the students!
- I love the strong family feel to the school!
- It is very clear that everyone is here for each other; especially in hard times.
- There are so many different ways to get involved and meet new people and we are encouraged to do this.

Roncalli has been renowned for decades as a welcoming community! Our overarching mission is to help each person in our school and school family (students, faculty, staff, parents, etc.) in their daily walk with Christ. All parents are encouraged to consider Roncalli as they explore high school options for their child!

Charles Weisenbach
PRINCIPAL



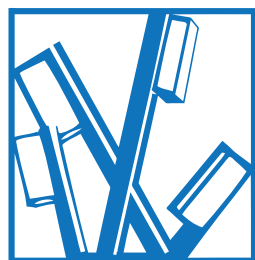
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Saints Francis & Clare

LETTER from our PRINCIPAL

This year we are encouraging families to “Discover Catholic Schools” during Catholic Schools Week. We are hosting an open house Jan. 29 from 5:30-7 p.m. All visitors that are new to our school that are interested in enrolling will receive a door prize for attending.

Our school commission and the administration are inviting every family to have small-group, face-to-face conversations about our school this year. These small meetings are intended to foster continued involvement of our parents, leverage our strengths and address questions or concerns parents have.

Families that currently attend our school are witness to the factors that make our school a fantas-

tic place to attend. They believe that the size of the school brings a strong community connection that makes us a family. They are confident that we are building great character and a strong moral compass in their children’s lives.

New family registration will open Feb. 16 and the form can be found at ss-fc.org under the school tab. Don’t miss the chance to “Discover” a great opportunity for your child to be a student in a school that fosters the whole child, academically, socially and emotionally. Tours can also be set up at any time by calling (317) 859-4673.

Happy Catholic Schools Week!

Mrs. Betty Popp
PRINCIPAL

STUDENT LETTERS Do you like Catholic schools



I do! I have been going to Catholic school for five years now, preschool through fourth grade! Overall, Catholic schools have

been a great experience. My favorite things about Catholic schools is that we can talk about our faith without being judged, they take a lot of time preparing for Mass and the fun Catholic activities. First, let’s discuss the time they give.

One thing they prepare for us is Mass, which takes a long time. Another thing they have to prepare is poster boards in the hallway, and they’re amazing. They also stay up late to grade students’ work for a long time. Now, let’s discuss the fun Catholic events.

My school does something called faith and action. That’s when we do a fun act of kindness. Those kinds of activities are hard work, but they do it for us. Now, let’s talk about being able to talk about our faith without being judged.

Believe it or not, some places do not believe in God. Some of those

places will judge people who do. Here, there is no judgement because we all do believe in God. This is my favorite thing about Catholic schools.

Anna Moreno
4TH GRADE



SSFC is a good school because they do a lot of fun things. There are also a lot of nice people and teachers. SSFC also keeps

you safe. They do lockdowns, lockouts, fire drills and tornado drills.

Audrey Iams
3RD GRADE



I like going to SSFC because you get to learn about God. I love going to mass and having communion with the wine. I also

like listening to the homily that the priest says.

Connor Petralia
3RD GRADE



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Marian University is sponsored by the Sisters of St. Francis, Oldenburg, Indiana.

Letter from Archdiocese



... Jesus said, "Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these." (Matthew 19:14) Recognizing parents as the first teachers of their children, the Office of Catholic Schools is grateful for the opportunity to serve over 22,000 young people in Catholic schools across central and southern Indiana.

To learn more about the Catholic schools in your area, please visit oce.archindy.org or set up an appointment to tour a school near you!

OUR VISION

Ours will be an archdiocese where every Catholic school community flourishes by having the professional and spiritual leadership it needs to advance the mission of the church and where every professional is supported, every family is engaged and every child, regardless of race, culture, socio-economic condition, or learning need, is nurtured in mind, body and spirit.

OUR MISSION

With open doors, open arms and open hearts, the Office of Catholic Schools supports the formation of young people through holistic, engaging and academically excellent programming that integrates faith, culture and life as modeled by our Lord and Savior, Jesus Christ.

OUR SHARED VALUES

Open doors:

- We believe that Catholic schools serve as a vital ministry of the greater church.
- We believe that Catholic schools should be accessible and affordable.
- We believe that the viability and vitality of Catholic schools are the responsibility of all the faithful.
- We believe in shared leadership with pastors, school leaders and commissions/boards under the direction of the archbishop and guidance of church teachings.

Open arms:

- We believe in fostering positive relationships that exemplify the love of God.
- We believe that Catholic school communities are enriched by the unique im-

age and likeness of God that is present in each individual.

- We believe that formation best occurs within faith-filled cultures of learning that are inclusive.
- We believe that parents are the primary educators of each young person and that it is the responsibility of Catholic schools to support the domestic church.

Open hearts:

- We believe that Catholic schools are part of the evangelizing mission of the church, forming disciples through the intentional integration of faith, culture and life.
- We believe that "excellence" is defined by and achieved through the growth and holistic development – spiritual, intellectual/academic, social, emotional and physical – of the individual within the context of community.
- We believe that professional educators in Catholic schools are valued ministers of the faith who strive to live the universal call to holiness.

Gina Kuntz Fleming
Superintendent of Catholic Schools



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Sweaty in '20

Local fitness center owners provide encouragement and variety for exercise in the new year

FEATURE Compiled by Nancy Price

According to webmd.com, there are several excuses people are most likely to give for not exercising. The most popular excuse? "I don't have time," followed by "I'm too tired" and "exercise is boring." Southside fitness facilities have heard them all and have an answer for each ex-

cuse. Feeling tired after work? Find a facility that has a penalty or fee for not showing up or cancelling your workout. If you find exercise boring, find something you enjoy doing that matches up with your goals. Whether your goal is losing weight, gaining more energy or meeting new friends in a fun group environment, the following centers offer something for everyone.

9Round Fitness

239 S. State Road 135
Greenwood, IN 46142
(317) 300-1830
9round.com

What is the key to being successful in your fitness goals?

No doubt ... first you have to find something that you enjoy doing, something that is fun, something you won't dread. 9Round offers something fun and different and the first workout is free. Once you've found something you enjoy, make sure it matches up with your goals. It's important to write your goals down and track

how you are progressing toward them. At 9Round, we offer body composition scans so that you can measure not only your weight, but lean muscle mass and body fat mass so you can see real results. Another important factor is to find a workout or accountability partner. There will be those times (even if you love your gym) that you just don't feel it. That's where an accountability partner can help. Don't have one? 9Round is a very close community and our members find new friends with similar interests in the gym. Lastly, share your goals with our trainers and they will help keep you on track and accountable as well.

Life Systems Martial Arts

520 N. Madison Ave. Ste. A
Greenwood, IN 46142
(317) 889-5556
lifesystemsmartialarts.com

What is the key to being successful in your fitness goals?

Consistency is so important. We have that thing called life that can get in the way but to reach your goals consistency is an important key element. As it is said, "Eighty percent of success is showing up." There will be days that you just don't want to work out. Believe me, I have those days too. It may not be the best workout you had but it is a workout and you showed self-discipline. Health is a very important part of healthy living and to keep fit. Health starts in the kitchen. I know many have heard this but, "You can't outwork out a bad diet." This is probably the main component to reaching your goals. You need the right fuel to feed your body and mind. It varies of course for each person, depending on their level of fitness. You need the right balance of protein, carbs and some fats. I keep that water intake every day too, taking water with me wherever I go.

Orangetheory Fitness

1675 W. Smith Valley Road, D5
Greenwood, IN 46142
(317) 247-0000
Greenwood.orangetheoryfitness.com

What advice would you give to someone who is new to fitness prior to them choosing an exercise regimen?

It's important to make yourself work out on those days when you don't want to go. Schedule your workouts and find a way to hold yourself accountable. Find a facility that has a penalty or fee for not showing up or cancelling your workout. This will help make it more difficult for you to skip when you don't feel like going. If you find a routine that you like that doesn't have a penalty to hold you accountable, do it yourself! Place a jar in your house and force yourself to add \$10 every time you skip a workout. When the jar is full, donate the amount to a charity chosen by one of your friends or family members. Bring a friend! Research shows that having a workout buddy and support system helps you stay consistent and stick with a program. If you don't have a friend or workout buddy, think about a group or class where you bond and feel encouraged by the other participants.

Pilsung ATA Martial Arts

1729 US 31 S.
Greenwood, IN 46143
(317) 881-2762
pilsungata.com

What advice would you give to someone who is new to fitness prior to them choosing an exercise regimen?

Look around, try different things and most of all, don't go it alone. Take a friend; try group classes. If you really want to stick with your new routine, whatever it is, make sure you have an accountability partner, or six. It is easy to give up when no one else is watching and counting on you, but when that friend is waiting for you or that group is expecting you, well, that is harder to skip out on!

What is the key to being successful in your fitness goals?

Choose a plan that works for you. The key to any sustainable success is enjoying what you are doing. If you are a social person then make sure you are getting into a program with others; the group environment and support makes a huge difference.

Studio You Yoga & Pilates

862 S. State Road 135, Suite 1
Greenwood, IN 46143
(317) 882-8733
Studioyouyoga.com

What is the key to being successful in your fitness goals?

At Studio You Yoga & Pilates we strive to help our community reach their fitness goals through the mind and body connection. Many start seeing the benefits of yoga and Pilates based on their consistency and commitment to their practice. It starts with the student establishing their health goals. We offer a variety of classes suited for all levels and we also offer workshops focused on the different aspects of yoga. Our students experience physical and mental benefits by combining yoga and Pilates. They notice an increase in flexibility and strength while also finding anxiety relief and alleviating stress. Our classes are low impact and our instructors offer several modifications tailored to what the student needs, making our studio accessible for anyone.



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9Round.com/IndianapolisINsouthport



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Paul St. Pierre, owner of Singleton and Herr Mortuary; with General Manager Lori Sheeler and Prearrangement Advisor Kristin St. Pierre. (Submitted photo)

Wilson St. Pierre restores Singleton and Herr mortuary name at Madison Avenue location

FEATURE

By Nancy Price

Wilson St. Pierre Funeral Service & Crematory has restored the name of a Southside funeral home to honor the late William "Bill" Singleton of Greenwood.

The facility at 7602 Madison Avenue, formerly known as Singleton Community Mortuary and Memorial Center, was renamed Singleton and Herr Mortuary after the St. Pierre family purchased the building from Bill Singleton's estate in October. Singleton passed away in 2017.

"We chose to name it Singleton and Herr in respect to Bill, primarily to ensure his name was on the building and keep the stability Bill would have wanted," said Paul St. Pierre, president of Wilson St. Pierre. "The Singleton and St. Pierre names have both been the most trusted and respected names for seven decades together on the Southside."

Singleton's first job with a funeral home was with J.C. Wilson & Company, managed at that time by fourth-generational funeral director Robert R. St. Pierre, around 1959. Robert purchased the business in 1964.

"Bill was quite a young man but gained my grandparents' trust quickly," said Paul. "He was on our board of directors in the 1960s. Quite confident, he ventured out on his own and opened Singleton and Herr Mortuary in 1974."

Hoping to retire in 1995, Singleton sold the mortuary in 1990 to a family in Illinois, yet decided to compete

against the firm he sold, building Singleton Community Mortuary and Memorial Center.

"With all that knew him, most of the families he had served decided to use Singleton Community Mortuary, not his founding firm of Singleton and Herr," said Paul. "Ironically, Wilson St. Pierre purchased Singleton and Herr from the Illinois owners in 2003. The St. Pierre's long desired to offer the lowest prices in Pery Township, so we changed the brand from Singleton and Herr to not compete so closely to Bill next door. Our Simplicity Funeral Care brand, after a few short years, is now the leading provider of funeral and cremation care in Pery Township."

Toney Edwards, Singleton's successor of the business, has moved Singleton Community Mortuary to the west side of Indianapolis, at 1202 S. Lynhurst Dr. Indiana State Law states that if a consumer purchased a prearrangement with Singleton Community, they can move it to any funeral home of their choice.

"All those prearranged with Singleton Community are now transferred to their west side location," Paul said. "If a family wants to remain on Madison Avenue in Bill's old funeral home, they will have to stop in or call to initiate documents to keep it on the Southside. The entire Singleton and Herr staff led by Paul and Kristin St. Pierre can assist with this simple process."

For more information, go to singletonandherrmortuary.com.

Paul St. Pierre, president of Wilson St. Pierre, contributed to this article.

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“Bill Singleton got his start at our funeral home back in the early 1960s. Since his passing in 2016, we’re still here to serve. We’re honored to continue the location he built.”

Paul St. Pierre
Sixth-Generation
Funeral Director

Singleton and Herr Mortuary Name Returns to Madison Avenue

Bill Singleton first opened Singleton and Herr Mortuary on Madison Ave. in the early 1970s. The St. Pierre family is proud to carry on his legacy and is pleased to restore the name of the funeral home at its location near E. Stop 11 Road in Southport.

The St. Pierre family, sixth-generation funeral directors on the Southside, offers a written service guarantee at all of their locations. They are the exclusive providers of the Cremation with Confidence™ Guarantee and are members of the selective organizations Selected Independent Funeral Homes and Preferred Funeral Directors International, along with the Indiana Funeral Directors Association.

What happens to preneed contracts?
Prearrangements made previously at this location with Singleton Community Mortuary and Memorial Center will be moved to their new westside location at Lynhurst Drive and Morris Street.

We recognize an event such as this can be confusing. If you wish for your prearrangements to remain at the Madison Ave. location, that is your right. Indiana law allows for you to be served by anyone of your choosing at the location of your choice.

Should you have any questions regarding your prearrangements, our family at Singleton and Herr is honored to assist you. Stop in the funeral home or call (317) 882-0771 to arrange an appointment.

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We Wrote the Book on Funeral Planning

Ten Mistakes to Avoid in Funeral Planning

"I don't know where to start."

For most people, planning a funeral is an unfamiliar process. It's important to select a good funeral home that offers the services and pricing that are appropriate for your family's beliefs, values, and budget.

We've prepared this simple, straightforward guide to make the process easier for you ... and to help you make the most informed choices. Of course, we will be happy to answer your questions and offer any assistance you might need to help with your decisions. We hope the ten steps in this guide will help you plan the most appropriate tribute for your loved one - or for yourself.

NOW YOU CAN READ THE CONDENSED VERSION.

There are some topics most people would rather put off. But, whether for yourself or a loved one, funeral planning is easier to do before the need arises. Call or come by for a free copy of our guide. It can make life better for your whole family.



"Our neighbors know that when facing life's most difficult moments, it's our empathetic, experienced staff who will be there for them every step of the way."

Pictured: Kristin and Paul St. Pierre

VISIT ONE OF OUR AREA LOCATIONS:

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Greenwood, IN

Franklin Township Chapel
Indianapolis, IN

Walker Cottage Family Center
Greenwood, IN



317-881-2514
WILSONSTPIERRE.COM

Why wouldn't you preplan your funeral?

By Paul St. Pierre, CFSP, President
Wilson St. Pierre Funeral Service
& Crematory, Singleton and
Herr Mortuary

Most of us don't like to think about our own mortality - let alone plan for it. Sure, we make arrangements for other events in life. Think of the planning involved when you make a major purchase or organize a vacation or party. Not to mention the thought and time you invest thinking (and, perhaps, dreaming) about retirement! When it comes to your end-of-life wishes, have you given any consideration to your funeral plans and how you'd like to be remembered? The good news is that this kind of planning takes no time at all and is a tremendous gift to give your family.

Every day, our caring staff at Wilson St. Pierre Funeral Service & Crematory talk with people in Indianapolis and Greenwood who are surprised by the option to preplan their own funeral arrangements. Some have never heard of preplanning, while others simply haven't gotten around to it or are putting it off until they're older.

Our team knows how much preplanning matters, in large part, because we meet with family after family who have to make numerous decisions on behalf of the loved one they just lost. We've seen the stress this causes during an already difficult time. We've heard families argue and disagree about what they think

their loved one would have wanted. We understand family dynamics can be difficult to navigate during the best of times, much less while in the throes of grief.

This is why we encourage everyone to put their arrangements in writing. In short, when you preplan, you remove the responsibility from your family while putting yourself in the driver's seat. You can decide whether you want a traditional burial or cremation or include specific songs or readings you'd like shared in a funeral service. Would you appreciate donations in your name to a much-loved charity or organization? You can even choose to fund your pre-arranged plans to take the financial burden off your family. Keep in mind - you don't have to pre-pay if you preplan - we can simply keep your wishes on file, if you'd like.

All of these decisions can be made in your timing, at your leisure. As you consider preplanning, remember that, with Wilson St. Pierre Funeral Service & Crematory, the process is easier than ever, and our preplanning specialists can guide you through every option.

Our caring staff at Wilson St. Pierre Funeral Service & Crematory is here for you at your convenience. Reach out to get started. You'll be surprised by the ease of the process and peace of mind it brings.

Paul St. Pierre is currently president of Wilson St. Pierre and Singleton and Herr Mortuary.

American Senior Communities honors employees

Recognition - Spencer Lawson, payroll specialist at Greenwood Meadows, was among 86 employees of American Senior Communities honored for outstanding service to patients and residents. The employees were recognized during ASC's 19th Annual Quest for Excellence Awards Banquet, held at the downtown Marriott Hotel in Indianapolis. With close to 11,000 employees across the state, the Quest for Ex-

cellence Banquet celebrates a team member from each community for their dedication to their role and exemplification of ASC's core values. Honorees included clinical staff, therapists and culinary staff, as well as business office, housekeeping and maintenance team members. ASC provides a variety of services, including Moving Forward Rehabilitation, Auguste's Cottage Memory Care, Skilled Nursing Care, Long Term Care, Respite and Hospice Care and living centers, including Garden Homes and Independent Living Apartments. For more information go to ASCCare.com.

NIGHT & DAY LOCAL ENTERTAINMENT ENTERTAINING

AN OPTION

Jockamo Upper Crust Pizza



Pizza dough and sauces are made in-house and cheeses are ground daily. (Submitted photo)

Located in Old Town Greenwood, Jockamo Upper Crust Pizza has served Southside residents for nearly a decade. Owned by Mick McGrath, his wife, Nancy Duncan, and their friends, Bob and Laura Stark, the family-friendly casual pizzeria has a separate bar area, with specials on beer and wine throughout the week. Popular pizzas include the Slaughterhouse Five, "five different meats, named in honor of Indy's own Kurt Vonnegut and the best seller at all three locations," according to McGrath; the Cheese Louise, with five different cheeses; the BBQ; and Thai, with homemade peanut sauce. A few of the more unusual choices include the Tecumseh with fresh venison sausage from the Knightstown Locker and the Creole with housemade etouffee sauce from Mama Roux on the eastside. "What makes us different is our dedication to making

everything in-house," McGrath said. "Our dough, our sauces, our salad dressings, our soups are all made fresh every day. We also grind our blend of cheeses every day." In addition, Jockamo's offers a 10-inch gluten-free crust, vegan mozzarella and lite dressings. Lunch specials offer guests a choice of five different pizzas by the slice with a salad or two breadsticks with dipping sauce and a drink. For dessert? Try the white chocolate bread pudding.

LOCATION:
401 Market Plaza, Greenwood

BEHIND BARS

Peanut Butter & Chocolate Old Fashioned



Bartender:
April Martin, Southport

Location:
997 E. County Line Road
Greenwood, IN 46143

- Ingredients and directions:**
- Two black cherries
 - 2 1/2 oz. simple syrup
 - 3 dashes Hella chocolate bitters
 - 2 oz. Skrewball Peanut Butter Whiskey

Muddle first two ingredients together in an old-fashioned glass. Add Hella chocolate bitters. Add ice. Pour Skrewball Peanut Butter Whiskey into glass. Stir and serve.



WHERE I DINE

Amy Lee, Greenwood
Where do you like to dine?
Leon's Mexican restaurant



What do you like to eat there?
At lunchtime, I enjoy the Leon bowl; it's light and delicious. The chicken fajitas are always great, too.

What do you like about this place?
I like the casual atmosphere and the décor is different than most Mexican restaurants! I highly recommend trying it.

Leon's Mexican Restaurant
1241 S. Emerson Ave. Greenwood, 46143
(317) 893-2581

Compiled by Nancy Price

What's going on Southside?
Send your news & events to:
news@ss-times.com

EVENTS calendar

FRANKLIN

Friends of JCPL Book Sale • Join us for our next Friends of JCPL Book Sale and browse our gently used selection of books, movies, music and more! We have something for every age and in every genre ... at great prices! Proceeds support the library's literacy initiatives like Explore Summer, JCPL's summer learning program - Authors at JCPL series - At Home in Johnson County series - 1,000 Books Before Kindergarten - Innovative and educational library programming year-round! | When: Jan. 23, 4-8 p.m.; Jan. 24, 9 a.m.-6 p.m.; Jan. 25, 9 a.m.-5 p.m. | Where: Johnson County Public Library - Franklin Branch, 401 S. State St. | Info: pageafterpage.org/friends.

Flannel and Frost Purse Bingo • Designer Purse BINGO, benefiting Johnson County Senior Services and VASIA. \$30 per ticket, \$280 for a table reservation of eight. \$10.25 for a Chick-fil-A dinner box. | When: Feb. 6, 5-9 p.m. | Where: Franklin Elks Lodge #1818, 56 E. Jefferson St. | Info: To purchase tickets and pre-order Chick-fil-A, call Kim at (317) 560-1707; pick up tickets at JCSS, 731 S. State St.

GREENWOOD

GriefShare • Grieving the loss of someone close to you? Find comfort and support at GriefShare. GriefShare is a 13-session seminar/support group. You can attend at any time! | When: Saturdays from Jan. 11-April 4, 10 a.m.-noon. | Where: Southland Community Church, 5800 W. Smith Valley Road. | Info: Mary and Robert Gerlach at (317) 340-3284; griefshare.org.

Monday Night Book Group • Discuss books in a fun and relaxed setting. "Forgotten Garden" by Kate Morton will be discussed. | When: Jan. 20, 7-8:30 p.m. | Where: White River Branch Library, 1664 Library Blvd., Community Room (whole room). | Info: (317) 885-1330; pageafterpage.org.

Girls FIRST Robotics • The library is hosting its first robotics team for girls ages 7-10. Build with motorized legos and learn about simple machines and coding over this series of eight programs. It's never too early to discover STEM. FIRST LEGO League Jr. is designed to introduce STEM concepts to kids while exciting them through a brand they know and love - LEGO®. Guided by coaches and FIRST® Core Values, students build models using LEGO® Education WeDo 2.0 and create Show Me posters to present what they learned. The program focuses on building interest in science, technology, engineering and math (STEM) through a real-world challenge - to be solved by research, critical thinking and imagination. Girls First is affiliated with Girl Scouts of America. | When: Jan. 24, 4:30-6 p.m. | Where: White River Branch Library, 1664 Library Blvd., Community Room (whole room). | Info: (317) 885-1330; pageafterpage.org.

Board Game Mondays • Let's play! Bring your games or let us teach you one of ours. Sponsored by Patrick Olmstead Law. All ages. Child's caregiver required. | When: Jan. 27, 6-8 p.m. | Where: White River Public Library, 1664 Library Blvd. | Info: greenwoodlibrary.evanced.info/signup/calendar.

Community Yoga for All • Want to relax and become more flexible? Join us for this fun introductory yoga class presented by Studio You. Bring a yoga mat if you have one and wear comfortable clothes. All ages welcome. | When: Jan. 28, 7:30-8:30 p.m. | Where: White River Branch Library, 1664 Library Blvd., Community Room (kitchen side). | Info: (317) 885-1330; pageafterpage.org.

Family Escape Room: Escape Wonderland • Can you solve all the puzzles and escape from Wonderland? Only the Cheshire Cat knows for sure. Please register for only one session. | When: Feb. 1, 1-1:45 p.m. | Where: White River Branch Library, 1664 Library Blvd., Community Room (whole room). | Info: (317) 885-1330; pageafterpage.org.

Quilt Connection Guild • The Quilt Connection Guild will host its annual demonstration night for the quilting community. Our topics will include "Using Inkntense Pencils on Fabric," "Quick, Easy and Fast Prairie Points," "Decorative Hangers" and "Fast, Easy Modern Improv Quilt Blocks." The program is free and open to the public. Please join us! | When: Feb. 6, 7 p.m. | Where: Greenwood United Methodist Church, 525 N. Madison Ave. | Info: Suzanne at smiller6514@gmail.com.

Solo Art Show at Southside Art League • Come experience artwork by local artist Alyssa Overton in her first solo art show. She enjoys using many different mediums including graphite, pastel, pen, colored pencil, mixed media and paint. The art will be displayed from Feb. 1-29 at the Southside Art League Inc. (SALI) Gallery and the gallery's free open house will be held Feb. 7, when you can meet Alyssa, enjoy light refreshments and her artwork. | When: Feb. 7, 6-9 p.m. | Where: SALI, 299 E. Broadway St. | Info: SALI at (317) 882-5562; Alyssa at (317) 864-8098 or alyssaovertonart@gmail.com.

Valentine's Day Sock Hop • Greenwood VFW Post 5864's Auxiliary will host a Valentine's Day Sock Hop. Entertainment will be done by "Krazy Kris and his Karaoke." There is no charge to get in, however, donations will be accepted for 15 different door prizes. There will also be a raffle and a 50/50 drawing. The post's regular menu will be available beginning at 6 p.m. The event will be open to the public. Plan to stop by and enjoy some good food and meet some new people in a non-smoking atmosphere with comfortable seating. | When: Feb. 14, 8 p.m. | Where: Greenwood VFW Post 5864, 1842 Veterans Way. | Info: Greenwood VFW post 5864 at (317) 888-2488.

PERSONNEL MATTERS

Building a trusting team

By Mike Heffner

I was recently asked to teach a session on "Creating a High Performing Team," and as I prepped for this, I asked myself, "What is the one thing that I felt most great teams had in common?" Now, I want you to know I was asked to teach this session in only 75 minutes. Most great teams are not created quickly so trying to boil it down was going to be tough. I ended up with this phrase: If you want a high-performing team, you must create an environment where people get to work at their natural best.

This type of environment can create a trusting team and be a place where individuals utilize their strengths while doing something they love. The team must be led by leaders that know that their job is to create a trusting team. A group of people that trust each other communicate well. That trust in turn generates commitment. The commitment to one another fosters teamwork and teamwork

delivers results.

Building this team takes time, commitment, training and a hiring process. Unfortunately, it takes more than reading an article or attending a 75-minute breakout session. It takes a group of people with a mindset that looks to protect the environment that has been created and live out the values of that team. That kind of team can withstand the challenges, conflicts and changes that come its way. That type of team knows its purpose and they care about each other. They find ways to invest in each other and bring out the greatness of every individual. They know what it takes to function, have fun and be at their very best.

So, how does that happen? I think the leaders create that environment over time if they look to do these five things:

- Hire to the values of the team.
- Invest in the team with the right training and tools.
- Give the team the ability to make deci-

sions and be vulnerable.

- Hold each other accountable to the values (both leaders and team members).
- Care about the success of the individual team member both personally and professionally.

When you look at any great organization that has lasted and been great over a longer period, I think they have figured out how to continually work with focus on these areas. They are building something way beyond the product or service that they supply to customers. They are constantly looking to build a trusting team and are looking to accomplish something beyond success.



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros.com, @IndySouthMike on Twitter or visit ExpressIndySouth.com.

PLANNER OF NOTE

Newly Incorporated Businesses

Ashley Hardin Agency – Ashley Hardin
710 Executive Park Dr. Ste. 12
Greenwood, IN 46143

Black Label Candles by Curly Willow
Thomas Strack
179 S. Home Ave., Franklin, IN 46131

Glitter Graphs – Chelsie Price
42 E. Main St., Greenwood, IN 46143

JAD Enterprises
David O. Ferris II
475 Austin Lane, Greenwood, IN 46142

J. Systems ESWL – Gerald A. Sittion
386 Shadow Hill Lane, Greenwood, IN 46142

Maintenance Unlimited – Lonnie Powell
580 Oakridge Way, Greenwood, IN 46142

The Quirky Paw – Rebekah Elizabeth Webster
2861 Tournament Drive, Greenwood, IN 46143

SUVCW Benjamin Harrison Camp 356
Michael W. Beck
322 Yorktown Road, Greenwood, IN 46142

**Union Village Chapter 584/
Order of the Eastern Star of Indiana DBA**
Patricia Knox
24 Whiteland Road, New Whiteland, IN 46184

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Microsoft has officially set the Windows 7 end of life date for January 14, 2020. After that, Microsoft will no longer release updates for Windows 7. Although Windows 7 will continue to work after the end of life date, your computer may be left more vulnerable to newer forms of infection. It's recommended that computers running Windows 7 be updated to Windows 10 immediately.



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Tag! You're it, aren't you?

GRAMMAR GUY

By Curtis Honeycutt

I appreciate clothing companies that have stopped adding tags to their shirts. Instead of adding the tag, they print the size and washing instructions directly on the inside of the shirt. Just like that – no more back of the neck irritation! I'm glad someone finally figured that out. If there's a sartorial equivalent of the Nobel prize, we should track down the inventor of the tagless shirt and give them one.

When it comes to grammar and tags, I really like "question tags." A question tag is a question added to the end of a sentence. This could either be to keep the flow of a conversation going, to get someone to agree with us, or to ask a question. Here's an example: You don't think I can slam dunk a basketball, do you? He's trying to bring back the sleeveless turtleneck, isn't he?

Interestingly, if the initial statement is positive, the question tag is negative; conversely, when the initial statement is negative, the question tag is positive. You never learned the Macarena, did you? You put my sta-

pler in Jell-O again, didn't you? See how that works? Let me rephrase that: you see how that works, don't you?

If the initial statement uses an auxiliary verb (like do, be, or have) or a modal verb (like could, may, or shall), the question tag uses the same verb. I couldn't win the presidential election next year, could I? He sure does like his long ties, doesn't he?

However, if the initial statement doesn't use an auxiliary or modal verb, simply use the verb "do." The Colts won the game on a last-second field goal, didn't they? Byron didn't buy another apocalypse shelter, did he?

Question tags are fun, aren't they? This is kind of like when you buy a new car – once you're aware of question tags, you'll notice them everywhere. It's kind of like a shirt with an itchy tag – it's annoying, isn't it?



Curtis Honeycutt is a nationally syndicated humor columnist. Connect with him on Twitter (@curtishoneycutt) or atcurtishoneycutt.com.

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Physical rehabilitation manager enjoys leadership opportunities and giving back to her community

By Nancy Price

Nancy Lewark has many interests. Among them are reading, scrapbooking, crafts, cooking, baking and exercising. Yet, the Center Grove resident is most passionate about her family, friends, volunteering and leading.

Lewark has been a member of the Greenwood Rotary Club for the past 25 years. "I really enjoy the members of our club, their dedication to our community and to serving others both locally and internationally," she said. "I am proud to know each member and enjoy our weekly club meetings. I feel like giving back to my community by being a part of Rotary, which is very important to me."

Lewark, who has three grown daughters with her husband, Greg, is also dedicated to the Greenwood Chamber of Commerce. "I have worked in leadership roles in the past and learned and grew in my leadership skills, leadership education and have made many friends over the years through the chamber," she said.

"I also do volunteering through my employer. Community Health Network encourages all leaders to be involved with volunteering around our community and provides many opportunities for this," she added. "I love my role as a manager, and I love investing in my knowledge and growth in this area. I want to be the best I can be for my staff."

What is your greatest virtue? I would have to say my greatest virtues are probably honesty and integrity. My parents were wonderful role models and taught my brother and me the importance of these characteristics in everyday life.

What upsets you? Bad drivers upset me ... speeding, running red lights, taking chances behind the wheel and therefore putting other lives at risk.

What do you like best about Center Grove? That is easy: I love the people in our community. It has been a wonderful place to raise our children and build wonderful long-lasting friendships. We are very blessed to be part of the Center Grove area.

What's your favorite Southside eatery? We really enjoy Stone Creek and Chick-fil-A!

If you had to live anywhere else in the Metro Indianapolis area, where would it be? If I was not in Greenwood, I believe I would enjoy living in Zionsville.

If you could begin life over, what would you change? I would have spent more time with my parents ... I miss them a lot, they were very special people and both left our world too soon. I would have our oldest daughter, Andrea, living nearby, instead of in California. It's hard to be so far away from her. Finally, my brother and his large family live in Florida. I would travel to see them more frequently.

If money were no issue, how would you spend it? I would financially support some family members that struggle at times. I would give generously to organizations that are dedicated to serving the homeless, the elderly and the hungry. I would also support research for autism, MS and cancer.

What makes you happiest? Spending time with my family, always. Secondly, working. I love my job and the people I work with. I know how fortunate I am to love the work I do; not all people are so lucky.

Pick three adjectives that best describe you.
Energetic, happy and caring.

What is your favorite vacation spot?
Myrtle Beach ... where we have spent a great deal of time vacationing with family and friends.

What do you do with idle time?
Read leadership books.

What would you change about our culture if you could? To have people in our country discuss different options harmoniously in order to resolve issues without hostility and anger.

How do you escape from reality?
Watch movies.

What do you love most in life?
My family, my faith and my work.

Which living person in Center Grove do you most admire? Christian Maslowski, president and CEO of the Greater Greenwood Chamber of Commerce. Christian is a very dedicated leader in our



community. He has and continues to build an outstanding chamber network of businesses that only continues to grow and prosper under his leadership.

What quality do you admire most in another person?
Honesty, fairness and loyalty.

What is your greatest extravagance?
Shopping ... I have always loved clothes and fashion.

What is your greatest fear?
I have arachnophobia, an unreasonable fear of spiders.

What has been the happiest time of your life? I have been fortunate to have a very happy life. But I really enjoyed the days when my daughters were involved in their elementary and high school activities. And, lately, celebrating the birth of my two grandchildren. They have brought me such joy!

Is there a special talent you really wish you had? Yes, I wish I could sing and play the piano.

What do you most value in your friends? Our effort to spend time together. We all have very busy lives and we work at making time to have dinners and celebrate the holidays. It helps to keep us close and connected.

Which historical figure do you most admire? Jesus, because of how he changed the world and the promise he gave to us.

What tenet do you live by?
Truthfulness, consideration and respect

What would people be surprised to learn about you? Several years ago, I traveled to the west coast for work where I managed several physical therapy practices, one of which was in Alaska.

The explanation of my life, as answered by the apostle Paul

DEVOTIONAL

By Pastor
Chris Philbeck

During a message preached at the 2004 Bethlehem Conference for Pastors, Randy Alcorn told of a two-month mission trip that included a visit to Egypt. While in Egypt, his host took him to visit an abandoned graveyard located at the end of a garbage-lined alley. He then pointed out one tombstone in particular that belonged to William Borden, heir to the Borden dairy estate.

Borden was a millionaire by 21, but renounced his fortune, giving nearly all his wealth to missions because his heart's desire was to take the gospel to Muslims in China. On his way to China, he stopped in Egypt to study Arabic. Four months later he contracted spinal meningitis and died at the age of 25. Alcorn said, "I dusted off the inscription on the headstone of Borden's grave. After describing his love for Christ, the Muslim people and the sacrifices he'd made for God's kingdom, the inscription ended with these words. 'Apart from faith in Christ there is no explanation for such a life.'"

By the time you receive this magazine it will be mid to late January. That means the celebrations of the New Year are over (along with most New Year's resolutions), but Alcorn's story about William Borden's grave presents a question that won't go away. What's

the explanation for my life? The apostle Paul answered the question while saying goodbye to the Ephesian elders. In Acts 20:24 he said, "However, I consider my life worth nothing to me, if only I may finish the race and complete the task the Lord Jesus has given me - the task of testifying to the gospel of God's grace." Why did Paul live the life he lived? Why did he endure suffering, hardship, rejection and betrayal? It was because the explanation of his life was found in his passion to share the truth about Jesus with as many people as possible.

As you begin the New Year, more important than another resolution is the question: What is the explanation of my life. Why do I live the way I live, value the things I value and pursue the things I pursue? The call to follow Christ is a call to live a life greater than the pursuit of anything the world has to offer. So, what would your life look like in 2020, if it could only be explained by your faith in Christ? How will you answer the question?



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at inquiry@mpccministry.com or call (317) 881-6727.

Puzzle Time Answers – ON PAGE 6 Answers to HOOSIER HODGEPODGE:

- Stars: CURRY, DAVIS, EMBIID, HARDEN, JAMES, LEONARD;
- Capitals: LONDON, MADRID, OSLO, PARIS, ROME;
- Movies: A FEW GOOD MEN, GHOST, GI JANE, STRIPTEASE;
- Wineries: BRANDYWINE CREEK, BUCK CREEK, MALLOW RUN;
- Bookstores: BOOK RACK, RED DOG BOOKS; College: IVY TECH

CG News Quiz ON PAGE 5

- 1. C, 2. A
- 3. D, 4. B
- 5. A

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