

The Southside Times



face to face

Southsiders answer the question, "Tomorrow is St. Patrick's Day. How do you participate in this traditional Irish holiday? How do you or would you like to celebrate your personal ancestry?" **Page 2**

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Saint Patrick's day 2017

McGilvery's co-owner Monica Eaton shares why the taphouse's Irish heritage was special to its owners.



Where's are some St. Patrick's Day celebrations around the Southside?

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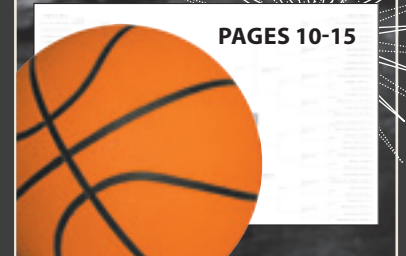
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Express Employment Indy South expands to new location.

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The truth is out there.
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Springtime pet allergies
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LIFESTYLE
Chef Wendell Fowler shares how food alters brain chemistry.
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THIS WEEK on the WEB



Freeman, Sandlin welcome Senate pages to Statehouse

State Senators Jack Sandlin and Aaron Freeman welcomed students from the Southside and across Indianapolis to the Statehouse as Senate pages in January and February. Pages spend a day at the Statehouse, touring the historic building, observing debates from the Senate floor and interacting with their state senators. Learn who these students are:

ss-times.com/2017-Feb-Senate-Pages



Autism Support Group hosts day camp

This summer teens with autism can stay physically active and mentally engaged by signing up for the Johnson County Autism Support Group's day camp; registration is now open. Camp Can Do offers a choice of three weeks in June for children with autism, ages 12-18 to attend a day camp designed just for them.

autism-support-group-day-camp

For more information on these articles and other timely news, visit ss-times.com.
To join the conversation, visit our Facebook page or follow us on Twitter [@southsidetimes](https://twitter.com/southsidetimes).

Contact the Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Nicole Davis at 300-8782 or email her at ndavis@southsidetimes.com. Remember, our news deadlines are several days prior to print.



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face to face

Q: Tomorrow is St. Patrick's Day.

How do you participate in this traditional Irish holiday? How do you or would you like to celebrate your personal ancestry?

"This year I will be going to the parade downtown. My niece will be marching in the parade for her school, Our Lady of Grace on the Northside. This will be my first time going to the parade. I do have a little bit of Irish (ancestry)."



Michelle Stephens of Franklin Township

"Usually my girlfriend and I visit Indy to watch the coloring of the canal. Sometimes St. Johns has some events that we volunteer at, too."



Jordan Sloan of the Southside

"I drink on that day and I wear green. I occasionally go to a bar. I don't know (what I'm doing this year). I haven't decided.

(Celebrating personal ancestry) I would love to go back to France. There is a Demunbrun castle there. It would be fun to go and tour it."



Donna Demunbrun of Garfield Park



Ghosts. Are they what we think they are?

Photo by Rick Hinton

The truth is out there

HAUNTS & JAUNTS

By Rick Hinton

Paranormal groups entering into the ghost hunting arena have challenges ahead. It becomes a series of trial and error, checks and balances. Techniques can often be amateurish. The worst case scenario is the tendency to support a preconceived belief in ghosts, rather than striving to discover verifiable evidence while hosting a critical eye. Eventually these groups will purchase lots of equipment to aid them in their investigation of the unknown. Is it worth it?

Photograph and filming can be manipulated to portray something not there. Or, the investigator can themselves be manipulated unintentionally by interpreting 'something' resulting from equipment flaws or the environment. Audio recordings—Electronic Voice Phenomena—can have natural explanations: the rustling of clothing, whispers, the clearing of throats, traffic or other investigators stumbling about in the dark. They can also be affected by stray radio frequencies, or magnetic or digital interference.

What continues to nag me after all these years is, if ghosts actually exist and are detected or recorded using this vast array of equipment, shouldn't we have more evidence or revelation about the existence of those departed? Evidence that would hit the scientific journals, and not just the National Enquirer? We still do not... only theories. Theories are based on assumptions, and there are a boatload of assumptions out there in

paranormal land!

I have been a paranormal investigator for many years, yet I sit on the fence with a leg on each side of the debate. On any particular day, it depends how I'm feeling. As my friend and writer Alan Hunter states, "I am para-normally challenged." I am also, and these are challenging days! What do I believe?

I have experienced 'things' over the years I cannot readily explain (visual, audio, group reactions to shared encounters). I am not on any medication. It is not My mind creating a situation that others also experience. I strongly feel no psychic projection of my mind drawing teammates into a common experience. I don't have those skills! I've been accused by an Indianapolis hack medium of being a 'psychic vampire.' I find this hilarious, yet have no idea of what that is? She doesn't know me or anything about me. Does it mean I draw spooks in upon my unsuspecting co-workers?

One common recurring thread is that of deception stated in the Bible. This is what's currently firing my cylinders! What if... it's not the spirit of great Aunt Edna or lovable Uncle Henry? Or for a personal matter, the spirit of my mother in our house in Kentucky? What if, it is completely something else?

Be safe out there!



Rick Hinton, a Southport resident, loves researching things that go bump in the night. His articles can be read on Facebook: Rick Hinton, Southport Paranormal Examiner. Hinton conducts paranormal investigations with his team, South Central Paranormal.

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SAMPLING OF SOUTHSIDE ST. PATRICK'S DAY EVENTS

All events are on March 17. This listing is not all-inclusive. Call your favorite establishment to see if it is hosting an event.

SHAMROCK THE TAPHOUSE

WHAT: Live music in the tent starts at 5 p.m. with 3:1. Dan Melvin plays at 7 p.m. and Flatland Harmony at 9 p.m. Free limo rides. Specials all day. \$5 cover charge.

WHEN: 11 a.m. - 3 a.m.

WHERE: McGilvery's Taphouse, 8249 US 31, Indianapolis
INFO: [f/mcgilverys.taphouse.5](https://www.facebook.com/mcgilverys.taphouse.5)

14TH ANNUAL ST. PATRICK'S DAY TENT PARTY

WHAT: \$5 cover charge. Corned Beef and Cabbage and Irish Stew for a \$5 donation, while supplies last.

WHEN: Pub opens at noon. Tent opens 6 p.m.

WHERE: O'Gara's Irish Pub, 522 Main St., Beech Grove
INFO: [f/OGaras-Irish-Pub-58387007028](https://www.facebook.com/OGaras-Irish-Pub-58387007028)

ST. PATRICK'S DAY

WHAT: Live music by Austin & Hanna and Blindside Boys, bagpipes, Irish food and more.

WHEN: All day

WHERE: The Corner Bar, 5506 S. Meridian St., Indianapolis
INFO: [f/The-Corner-Bar-665651843521275](https://www.facebook.com/The-Corner-Bar-665651843521275)

ST. PATRICK'S DAY BLOCK PARTY

WHAT: The city has offered to close the section of Madison Ave. in front of the Taproom. There will be The Blind Pig, live music, food, and libations. Johnson's BBQ will be on hand as well.

WHEN: 7 - 11 p.m.

WHERE: Planetary Brewing,
188 S. Madison Ave., Greenwood.
INFO: planetarybrewing.com

ST. PATRICK'S DAY IN THE BARN

WHAT: Live music by Neon Cowboys, 7 - 11 p.m. Food by Weber Grill until 3 p.m. Food trucks from 6 to 10 p.m. \$10 tickets.

WHEN: noon to midnight

WHERE: Barn at Bay Horse Inn,
1468 W. Stones Crossing Rd., Greenwood
INFO: barnatbayhorse.com

ST. PATTY'S DAY TENT PARTY

WHAT: Heated tent, full bar, NCAA tourney, photo booth and live music by Tastes Like Chicken.

WHEN: 5 p.m. - midnight

WHERE: Big Daddy's Bar & Grill,
2536 S. Meridian St., Indianapolis.
INFO: [f/bigdaddysindy](https://www.facebook.com/bigdaddysindy)

THIRD ANNUAL ST. PADDY'S DAY PARTY

WHAT: Rogues Pipes & Drums at noon. Authentic Folk Music & Entertainment will follow.

WHEN: 12:30 - 3:30 p.m.

WHERE: Murphy's PubHouse at Thompson Rd., at the corner of Thompson and Arlington Rd.
INFO: murphyspubhouse.com

Irish charm

By Nicole Davis

St. Patrick's Day fell on a Tuesday the year that Monica Eaton, Seth Eaton, Bridgette Cooper and Matt Birtchman took over McGilvery's Taphouse.

"We didn't know how it would turn out because it was mid-week," Monica said. "It started right at 11 a.m. We went all the way to 3 a.m. the next morning. It was a huge party. It was a huge success. All the planning,

stress and chaos that led to it was worth it at the end of the night. Looking around, the place was trashed. But everyone had a great time. That was the catalyst for us where we thought, this is going to be good."

McGilvery's Pub & Eatery originally opened in 1986, closing in 2013. The current owners, Greenwood residents, purchased the liquor license and relocated the McGilvery's Taphouse down the road to 8249 S. U.S. 31, Indianapolis, in 2014.

"Together we all wanted to recreate it and bring back what people loved about it, which was kind of like a Cheers type atmosphere where everybody is friends, everybody is family and it's more of a personal experience," Monica said.

The owners introduced a menu with traditional Irish, classic American and an Irish fusion of food that is all made from scratch. Some of the more popular items include breaded tenderloin, fish and chips or the Irish tacos appetizer. McGilvery's carries local beer, wine and liquors and tries to locally-source its food products as much as possible.

"Irish pubs are known for having that close, friendly atmosphere," Monica said. "It was part of what added to its charm. We wanted to stick

to that but we also wanted to bring back something to the Southside that was more than Irish in name only. We wanted to actually give people a traditional Irish experience, which I hope we accomplish with our food."

With St. Patrick's Day as a big celebration of the year, Monica said she and her business partners are continuing to build the business to bring more customers in year-round. They are looking to expand their entertainment, which currently includes live trivia on Tuesdays and Thursdays, live music on Fridays and karaoke on Saturdays. They have a few games, such as shufflepuck, as well as some arcade games and are planning to expand that selection.

This year, McGilvery's Taphouse will again be home to a tent party this St. Patrick's Day, March 17. The restaurant will open at 11, with its full bar. The live music in the tent will begin at 5 p.m., with a \$5 cover charge. In the tent, staff will pour beer and wine, with Sun King as the featured beer this year, along with traditional green beer. Inside, DJ Skyler Neal will host karaoke beginning at 8 p.m.

"It's a huge party for us," Monica said. "The staff really gets into it and dresses up. It's who we are. We're an Irish restaurant and bar. This is our holiday... No matter who you are, everyone has a good time. Everyone is Irish that day. Everyone is happy. It's a reason once a year for people to celebrate something other than a major Hallmark holiday. It's a reason for people to get together and have a good time."



Monica Eaton.
Photo by Nicole Davis



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IN OUR SCHOOLS

Roncalli's Owen appointed to Naval Academy

Military - Roncalli High School senior Chloe Owen received an appointment to the United States Naval Academy. The application process required a nomination from a local Congressman and passing a medical exam. Owen was member of the Roncalli swimming and cross-country teams and challenged herself with several AP and honors courses and maintained a high GPA. She plans to study aeronautical and astronautical engineering and hopes to serve as a naval pilot upon graduation. She is the daughter of Dean and Tammy Owen.



Center Grove show choirs named Singing Sensational Grand Champions

Music - Center Grove show choirs swept the awards at the Shelbyville Singing Sensational at Shelbyville High School on March 11, with Sound System, The Debtone, and Surround Sound named Grand Champions.

In the Large Mixed Division, Sound System was awarded Grand Champion, Best Vocals, Best Choreography, with Outstanding Performer, senior, Alex Milligan, and Best Male Soloist, junior, Wilson Smith. In the Unisex Division, The Debtone were awarded Grand Champion and Best Choreography, with Outstanding Performer, sophomore Rachel Taylor. Also in the Unisex Division, Accents earned second runner up, with freshman, Lauren Cooley, named Outstanding Performer. In the Festival Division, Surround Sound was awarded Grand Champion, Best Tech Crew, Best Choreography, Best Vocals, with Outstanding Performer, senior, Gracie Vance, and Best Male Soloist, sophomore, Subi Pandit.

Center Grove Varsity Show Choirs will compete at Show Choir Nationals at the Grand Ole Opry House in Nashville, Tenn. on March 23 - 25. Visit showchoirnationals.com/ for more information about Show Choir Nationals or centergrovechoirs.org for more information.

Miller hired as Roncalli cheerleading coach

Athletics - Roncalli High School has hired Kara Miller as its cheerleading coach. Miller is a 2009 Roncalli graduate and cheered all four years at Roncalli. She went on to attend Marian University and major in mathematics. While at Marian, she cheered for four years and was the team captain as a senior. She is in her sixth year as a cheer coach and fifth at Roncalli, where she has coached the freshmen squad. Miller is in her third year teaching mathematics at Greenwood High School.



Franklin Central High School Freshman Officers Emily Robinson, Emma Knaack, Lydia Laker, Mrs. Susan Loobie of One Mission, Rachel Loobie, and Larry Cress learn about the Bridge to Literacy Program in developing countries that their pencil driving is helping.

Bridge to Reading Literacy Community Service

Service - The Franklin Central High School Freshman Class of 2020 hosted a community service pencil drive the first week of March to benefit One Mission, whose world headquarters are located in Greenwood. The Freshman ROCKET Academy collected the most pencils for this cause thanks to teachers Mr. Kidwell, Mrs. Weis, Mr. Good, Mr. Brewer, and Ms. Ledbetter. Freshman Class Officers Lydia Laker, Larry Cress, Emma Knaack, Emily Robinson and Freshman Representative Rachel Loobie along with Sponsor Mrs. Lisa Laker, all made a presentation and took a tour of One Mission. Mrs. Susan Loobie, Communications Director, explained that the new pencils will go to help the Bridge to Reading Literacy Program. "Bridge to Reading Literacy teaches adults to read the language they speak...The volunteer tutors in the Central African Republic, Burundi, Democratic Republic of the Congo (Africa), and in Colombia (South America) are trained to teach reading, writing, and basic math..."

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FROM THE EDITOR

Them's the Spring Breaks

Here's a fun, useless fact about the idiom, "them's the breaks." A similar version, "breaks of the game"—as in reference to billiards—dates as far back as the mid-1800s. Here we were thinking it had something to do with braking!

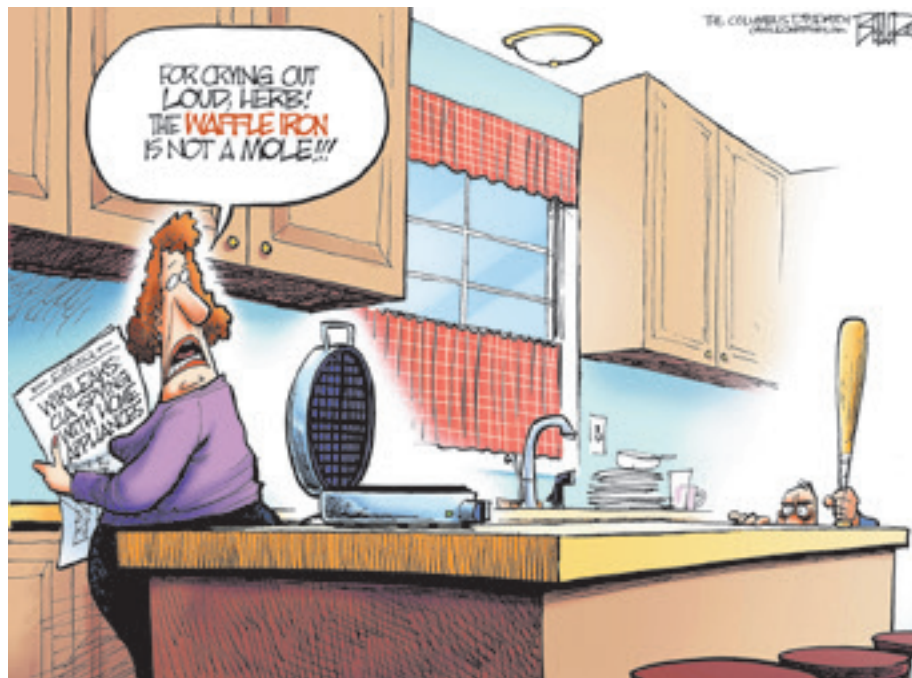
Old expressions aside, many of our Southside schools will be abnormally empty in the next couple of weeks and students are enjoying a homework hiatus or perhaps even a wholesome vacation on a faraway beach—sand between toes, bright sun in the sky, the gentle rhythm of crashing waves calling like the blissful song of the Siren...

But there's still fun to be had right here on the Southside, chilly spring days and all. Check out our Night & Day calendar for more fun, family-friendly opportunities. We'd encourage our Southside residents to get out and try something new. Our favorite upcoming offerings: Beech Grove's Hornet Park Community Center will host a Free Workout Weekend on March 24 to 26.; Watch a performance of William Shakespeare's Julius Caesar on March 17 to 25 at Garfield Park Arts Center; Roncalli is performing 'Much Ado About Nothing on March 16 to 18; or warm up with a Chili Supper by the Southport Lions Club and Indianapolis Bowling League for the Blind on March 25. Watch out for all the upcoming Easter festivities!

And even though, for many of us, the days off from school are but distant, fond memories, maybe we can get into the spring break spirit a little. Let us know your favorite springtime activities by visiting our Facebook page or emailing news@icontimes.com.

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STARS & STRIKES ON THE SOUTHSIDE

The Southside Times is all about people and our community. What do you like in your neighborhood? What don't you like? Who has done something nice, no

matter how small and should be recognized? Email your "Stars and Strikes" to news@ss-times.com.

★ **Stars:** Hilda Benson, Altenheim resident, celebrates an epic birthday, turning an astonishing 108 years old, on March 22, 2017. Please send birthday cards to 3525 E. Hanna Ave. Indianapolis, IN 46237.

★ **Stars:** To the Southside Seventh-Day Adventist Church, 4801 Shelbyville Rd, for its Free Dental Clinic and Health Expo held this past weekend at the Hornet Park Community Center. They treated 140 patients on Saturday and Sunday including cleanings, fillings and extractions.

★ **Stars:** To Beth Bigham, Amey Lupinsky, board members of the Greater Beech Grove Chamber of Commerce, and area vendors for Saturday's successful Second Annual Beech Grove Community Fair at Beech

Grove Middle School.

★ **Stars:** To the Lions Club of Southport, Inc which is inviting the parents and guardians of children aged one to six years to bring their children to a free eye screening at the Southport Branch of The Indianapolis-Marion County Public Library on March 21 through March 23 on a walk-in basis from 11 a.m. to 1 p.m. Parents will be required to sign a permission form and the screening will take less than five minutes. Thanks for carrying on this much needed service!

★ **Stars:** To the Beech Grove police officer who helped save the life of a 53-year-old man, who was critically injured in a fire in the morning of March 11 in his Beech Grove home.

QUOTE OF THE WEEK

"The best way to pay for a lovely moment is to enjoy it."

~ Richard Bach

HUMOR



TOP TEN

RANDOM THOUGHTS AS I TRY TO FIGURE OUT WHAT TO DO WITH THE 200 POUNDS OF SIDEWALK SALT I BOUGHT IN SEPTEMBER

By Torry Stiles

10. I need to work on shortening my column titles.
9. Where are the good scissors? All I can find are the pinking shears. ...and why do we have pinking shears? ...and whoever thought to call them that?
8. I need a new hobby if I have enough time to put that much thought into pinking shears.
7. I bet horseback riding was invented by some stupid caveman who lost a bet.
6. Two sounds that always make me put a little hustle into my step: The wife's car pulling in the drive when I still have laundry to get in the machine and a cat coughing up a hairball on the good couch.
5. The Groundhog wasn't any smarter than the guy who said we'd have a bad winter. Oh, wait. It was the salt salesman who said that.
4. I know I'm getting old when I no longer have the energy to complain about my lack of energy.
3. Can a snake shrug?
2. I just found another pair of pinking shears. I do not recall ever seeing anyone in this house pinking anything.
1. The neighbor lady just came to the door asking to borrow a pair of pinking shears. I give up.

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each week, we'll share one with you ...

In North Dakota, beer and pretzels can't be served at the same time in any bar or restaurant.

Source: dumblaws.com



Spring is a time for pet allergies, too

PAWS for THOUGHT

With the warm, Spring-like, days that we have had until this past week, I start to think of allergies. I know that I have been sneezing lately. Spring is a common time of year for our pets to have allergy troubles as well. While people tend to have sneezing or nasal congestion. The animals will typically have more skin related problems. Red and itchy skin is very typical. Scabs, raw skin or hair loss can be seen as well. Allergies can be a response to almost anything that your pet is exposed to. This can be air-borne like pollen, ingested in the food or contact with the skin.

There are different ways to figure out what your pet is allergic to. You can do a food trial to help eliminate various ingredients. You can also have your vet perform an allergy test. This test will tell you exactly

what allergens are a problem for your pet. You can then choose an appropriate diet and make needed changes to your pet's surroundings. If these do not take care of the symptoms, you can also use a custom created desensitizing regiment to help remove the allergic reactions from your pet.

If you choose not to do the testing, there are several medications that might be helpful to reduce unwanted symptoms.

If you have questions about these options, please contact the vet's office.

I hope that everyone can have a fun, enjoyable and allergy-free season.



Dr. Jeff Ambrous practices at South 31 Veterinary Clinic and can be reached at (317) 788-0893.

FIND A FURRY FRIEND



■ MICKEY

Mikey is a male border collie mix, about two years old. Because of an accident, Mikey is a "tripawd," but Mikey gets around just fine and is as playful and loving as can be. Mikey doesn't know a stranger—he loves to give hugs and kisses to everyone. He gets along well with most of the dogs at the rescue, but a meet and greet is necessary if there is another dog in the family. Mikey is crate-trained, and knows basic commands such as sit and down. Those interested in meeting Mikey, contact Tails and Trails Rescue, info@tailsandtrails.com. More information is available at tailsandtrails.org.



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AROUND TOWN

Atkerson promoted Baxter YMCA membership director

Promotion – The Arthur R. Baxter YMCA announced that Nick Atkerson has been promoted to Membership Director of the Baxter YMCA. Atkerson has served the YMCA of Greater Indianapolis for 13 years. His roles included membership specialist, camp director and membership director for the Witham YMCA. In addition to managing staff and creating curriculum for youth ages 6-15, Atkerson has been integral in fundraising efforts for the YMCA Annual Campaign, an effort that gives families, who would otherwise be able to afford them, access to YMCA programming and memberships. Atkerson studied Business Management at Indiana State University. He and his family reside on the Southside of Indianapolis.



Perry Seniors has lunch, Mardi Gras-style

Meal – Seniors are pictured enjoying Mardi Gras at Perry Seniors ever-growing, popular, hot lunch. From left, Greta Abella and Freda Gage. Join them by making a reservation 24 in advance at (317) 783-9231.

Greenwood releases site plan for new Mrs. Curl location

Ice Cream – Earlier this year, Mrs. Curl Ice Cream Shop announced plans to build a larger, year-round location just north of where the Greenwood icon has called home for more than 50 years. City of Greenwood officials provided more detail for public improvements to the surrounding area, including renderings and a site plan showing both the new Mrs. Curl location and planned projects. The new Mrs. Curl building will have a second outdoor sales window, year-round indoor seating and an outdoor playground for kids. Public projects include an additional turn lane on Meridian St., new, wider sidewalks, a new traffic signal and stormwater infrastructure upgrades. The Greenwood Redevelopment Commission (RDC) gave approval for city officials to purchase two properties (301 S. Meridian St. and 21 E. Main St.) late last year, paving the way for public improvements and the Mrs. Curl expansion. The new site plan will be discussed at the RDC's March meeting this evening.

Lions Club of Southport host free eye screening

Check-up – The Lions Club of Southport, Inc invites the parents and guardians of children aged 1 to 6 years to bring their children to a free eye screening at the Southport Branch of The Indianapolis-Marion County Public Library. The screening is March 21 through March 23 on a walk-in basis from 11 a.m. to 1 p.m. Parents will be required to sign a permission form and the screening will take less than five minutes. For more information, call Lion AJ Johnson, (317) 250-3556.



From top, Eric Brown, Nathan Poff, Logan Kerr, Captain Jeffrey Smith and Jennifer Smith

White River Township Fire presents annual awards

Service - The White River Township Fire Department (WRTFD) recently honored several of its staff and crew members for their outstanding service to the community and the department. The awards were presented during the WRTFD Annual Employee Recognition Banquet held on Feb. 17 at the Barn at Bay Horse Inn. The 2016 White River Township Fire Department Awards were presented to: **EMT of the Year** Eric Brown, **Paramedic of the Year** Nathan Poff, **Firefighter of the Year** Logan Kerr, **Officer of the Year** Captain Jeffrey Smith, **Employee of the Year** Jennifer Pieper. WRTFD protects an area of approximately 26 square miles in the Center Grove area. This includes the State Road 135 corridor, State Road 37, and includes approximately 28,000 residents.

Southside News Quiz

How well do you know your Southside community?

Test your current event knowledge each week with a little Q&A!

1 St. Patrick's Day is Friday, March 17. For McGilvery's Taphouse co-owner Monica Eaton, what was part of the charm that made her want to buy into the business?

- A. Its Irish Heritage
- B. The large selection of local beer
- C. The location
- D. The large St. Patrick's Day celebration



2 In his weekly movie review, Adam Staten said the, what, "is something to behold" in the newly-released Kong: Skull Island movie?

- A. Script
- B. Acting
- C. Cinematography
- D. Character development



3 Express Employment Professionals Indy South, owned by Center Grove resident Mike Heffner, recently held an open house to celebrate what?

- A. Hiring Fair
- B. Its relocation
- C. 10-year business anniversary
- D. It's 50,000th client served

4 What does Rick Hinton say his friend Alan Hunter said about the challenging days of paranormal investigating?

- A. "I am para-normally challenged!"
- B. "Hunting is for Ghost Busters."
- C. "We're spiritually-speaking."
- D. "Call it an investment."

5 Each month, *The Southside Times* features "furry friends" that are up for adoption. Mickey, a border collie mix, has appeared before and is still looking for a home. Where is Mickey currently staying?

- A. Tails and Trails Rescue
- B. Southside Animal Shelter
- C. Humane Society of Johnson County
- D. Cats Haven



ANSWERS ON PAGE 21

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Get to know two of Express Employment Professionals Indy South's longest- serving employees:

Erin Ricke

Erin Ricke was the first person Mike Heffner hired when he opened his Express Employment franchise in Greenwood in 2005.



"It's a company I can get behind," Ricke said. "I want to be passionate about anything I do. For 11 years, I have been able

to be passionate about this company. I don't own this company, but I take a lot of responsibility and pride about what we do here at Express."

A graduate of the University of Indianapolis, Ricke had served as an ambassador for the university, taking students on tours and promoting the school. She knew recruiting was the route for her. After college, she got a job with ITT Tech in online recruiting, but wasn't passionate about the online aspect of the job. She applied to Express Employment, knowing that recruiting was a part of the job.

"So I started 11 years ago," she said. "I've enjoyed it since then. I'm able to fulfill my passion of recruiting, helping the community, finding people jobs and being that resource."

Ricke said she loves that she meets new people every day, each with a different story.

"Some are looking for a job change," Ricke said. "Some are down on their luck and think it's their last resort but it's not. Express is more of a placement agency than a temporary service. We're trying to place that person into a full time job."

Ricke has gone through many roles throughout her time with the company, starting as a recruiter for the industrial team and now serving in an outside sales role.

A job for every person

Mike Heffner's dream for growth of Express Employment Professionals Indy South has come true with recent expansion

By Nicole Davis

"I say there is a job for every person and a person for every job," said Mike Heffner, owner of Express Employment Professionals Indy South.

"I truly believe that is our mindset," he continued. "We work hard when someone comes in that maybe we don't have an opening for, to go find a position with one of our client companies."

That mindset, combined with a servant's heart, dedicated employees and a shared vision for growth, Mike said, has led to the need for the Indy South location to relocate its business to a larger space which will accommodate the increasing demand. Heffner and his staff celebrated an open house on March 9, inviting the community to check out the new professional look at the 201 S. Emerson Ave., Suite 110 office.

Express Employment Professionals is an international franchise with more than 780 offices. Heffner opened the Indy South location in July 2005. The business performs in the top five percent of the franchise, having put 2,200 people into jobs in 2016, between the Indy South and Columbus locations.

"At the end of the day, what got me into this business was the desire to help people succeed," Mike said. "This was a franchise that hit all of our values. They are a faith-based organization. It allowed us to be active in the community. On top of that, it allowed me to do what I love to do. This is a sales related business. The majority of our business is sales and business-to-business. It became a good fit."

When Heffner first opened the business, there were three employees, focusing on manufacturing, warehouse and similar positions. In 2011, they opened the administrative division and near 2012, ventured into the professional division with engineering and advanced manufacturing. Heffner opened an office in Columbus in 2014. In 2015, they added accounting and finance.

"Customers kept coming to us, saying you've done a great job with this, can you help us fill this position?" Mike said. "We found



Mike Heffner celebrates the open house for the new location of Express Employment Professionals Indy South.
Photo by Brian Ruckle

the small to medium customers didn't have the ability to have an HR department and recruiting wasn't something they had the time to go do. We kept adding divisions based on demand from our customers."

The business has become a job where, at the end of the day, Heffner and his wife, Kelly, can go home and feel like they did something with purpose.

"Every individual we hire internally into our business has heart, a servant's heart," he said. "They really look to help people. They also have a drive, or an energy, for people and also have the ability to understand, read, guide and steer people. My prayer is that this place becomes a place that helps as many people find a job that is meaningful for them as possible."

Heffner said his role now is to continue to find opportunities for my team to grow with local businesses. He's involved in the Greater Greenwood Chamber of Commerce and is on the Regions Workforce Development Board, talking to senators about issues for job seekers.

"The number one thing we hear from people is transportation is the number

one reason they can't get to work," he said. "Number two is childcare. We have huge drug problem. Twenty to 25 percent of people don't pass the drug test. That's something I feel passionate about, how do we help? There is a skills gap, but if you can't get to work or childcare for your kids, then it makes it really hard. If you can't show up to work, you can't go get the skills training that you need."

He also enjoys spending his time leading his team at Express Employment and helping develop them into the next leaders of the organization.

"In the beginning, it was more about just make a living," he said. "Now it's become how do I help this group of people and how does this group of people help a number of lives.... The dream was to be where we're at, but it was a big, big dream. To have 20 employees, two locations and to have put 2,200 people to work, that was a far away island we were rowing towards. To see if happen as quickly as it did, I couldn't have orchestrated it in my head (in the beginning)."

For more information, visit expressindy-south.com.



Clockwise from top left Jerry Knoop, Greenwood Chamber Ambassador, and Erin Ricke, Express Employment Professionals team member, met during the March 9 ribbon cutting and grand opening. Express staff cut a ribbon to the new location. The new Express facade. Shelby Vogl and Kylie Fennig, Express Employment Professionals team members, greeted the visitors to the event. Becky Tilson and Ray Stapleton are Greenwood Chamber Ambassadors.

Photos by Brian Ruckle

Longest serving employees continued from page 16

Phill Powell

Phill Powell will soon celebrate his 10-year anniversary with Express Employment Professionals. When he was hired in 2007, he said he was able to find a job that fit his natural strengths, making the job all the more fulfilling.

Powell started out doing temporary staffing and placement work. He is now the operations manager for both the Indy South and Columbus offices.

“Because we’re a small business and because we’re franchised, we have all of the support and tools needed to be successful but we also get to do it our way,” Powell said. “We get to make the tweaks and the changes that we need in the moment to grow and be successful. I enjoy that, especially in my role now, leading and guiding the direction alongside Mike. If Mike sets the vision, I become the strategy of, ‘how do we get there?’ I love doing that and seeing us pull it off.”

The latest endeavor, having moved to the new office and the expansion of the professional side of the business, has been enjoyable, Powell said. Express is looking to make the professional division 50 percent of what it does, so Powell said he looks forward to the growth.

“I think that while all companies exist to make money, we have a unique opportunity to do that while helping multiple people at the same time,” Powell said. “The job seeker that comes in, we can provide hope and help in the form of a job or a resource to point them in the direction of their job search. While companies pay us to find employees, we’re providing a service that provides help and hope to them as they try to grow. When you do that together and you’re able to provide someone a with a good opportunity to work with a good company, that’s a three-way win.”

Express Employment Professionals Indy South celebrates growth through March open house

Express Employment Professionals Indy South celebrated its open house for its new office on March 9. Owners Mike and Kelly Heffner and the staff were not only able to share the aesthetics of the new professional office space, but educate about what they do, the company’s growth and the vision for the future. “Our goal was to continue to expand

the administrative and professional business,” Mike said. “We saw that as a way to help even more people find jobs. The next five years, we hope to put 1,000 additional people into jobs through that side of our business. This space allows us to help every individual that comes in no matter what type of job they’re looking for.” The Heffners purchased the 12,000 square

foot building, which has two other tenants. The Indy South office takes up 6,000 square feet. “We’ve had great feedback,” Mike said. “We want the experience to be different. We want to help them to feel respected no matter the type of position they have and we want them to feel welcome. They can come in and have a good experience at an employment agency.”

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State Farm

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NIGHT & day LOCAL ENTERTAINMENT ENTERTAINING

CALENDAR OF EVENTS

BEECH GROVE

Preschool Storytime & Craft @ Beech Grove • Preschoolers and an adult are invited for stories and activities. | When: March 16, 23, and 30, 11 a.m. | Where: Beech Grove Branch, 1102 Main St. | Info: (317) 275-4560.

Tribute to Dr. Seuss Magic Show • Children of all ages and families can celebrate the worlds created by Dr. Seuss in this magical tribute show by magician Don Miller. | When: March 22, 1 p.m. | Where: Beech Grove Branch, 1102 Main St. | Info: (317) 275-4560.

Family Movie Night • There will be popcorn, pizza, and a showing of Big Hero 6! | When: March 22, 6-8 p.m. | Where: Hornet Park Community Center, 5249 Hornet Ave., Beech Grove | Info: (317) 803-9086.

Free Workout Weekend • The Hornet Park Fitness Center will be free and open to the public all weekend. | When: March 24, 7 a.m.-7 p.m., March 25, 8 a.m.-4 p.m., March 26, 8 a.m. | Where: Hornet Park Community Center, 5245 Hornet Ave., Beech Grove | Info: (317) 803-9086.

Indy South Train Show • This show includes 100 selling tables, all scales and operating layouts. | When: March 25, 10 a.m. - 3 p.m. | Where: 5152 Hornet Ave., Beech Grove. | Cost: \$4 adults, children under 14 are free with an adult. | Info: dscamihorn@marian.edu.

CENTER GROVE

ISO Teddy Bear Concert Series: The Garden Symphony • "The Garden Symphony" is based on a story written by ISO violinist Victoria Griswold. This story will introduce children to the string instruments of the Indiana Symphony Orchestra. | When: March 18, 11 a.m. - 12 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

Spring Lawn Care Classes • Dick Huber, master gardener, will discuss the best mowing techniques, proper timing for pre-emergent crabgrass herbicide, aeration and more. | When: March 23, 6:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

FRANKLIN TOWNSHIP

Duct Tape Craft Class • Children ages 6 and up can create their own hip clutch or billfold out of duct tape during this program presented by Art With a Heart. | When: March 20, 1 p.m. and 3 p.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

Music & Motion Dance Party • Children ages 3-6 and an adult can listen, move, jump and dance with Miss Kasey. | When: March 21, 1:15 p.m.; March 22, 10:15 a.m. and 11:15 a.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

Tribute to Dr. Seuss Magic Show • Children of all ages and families can celebrate the worlds created by Dr. Seuss in this show by magician Don Miller. | When: March 23, 2 p.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

FOUNTAIN SQUARE

Parent and Preschooler Yoga • Preschoolers and their parents can enjoy the health benefits that yoga can offer during this 45-minute program. | When: March 18, 2 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

Shake, Rattle and Roll: Infant and Toddler Music Class • Infants and toddlers along with an adult can join an interactive program involving music, action songs and movement with Bongo Boy Music Center. | When: March 20, 11 a.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

Healthy Snacking Preschool Workshop • Preschoolers and an adult can join the Marion County Health Department to learn about healthy snacking options. | When: March 20, 6 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

Sing Along With Miss Bobbie • Babies, toddlers and preschoolers with an adult can join a live, interactive music experience. | When: March 21, 2 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

Family Game Night at Fountain Square • Families can play Minecraft or board games. | When: March 21, 6-7:30 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

Teens & Tweens Breakout Challenge • Teens and tweens in grades 6 - 12 can find hidden clues, solve puzzles and discover keys and combinations. | When: March 24, 3 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

GARFIELD PARK

Gnome Away from Home • Find everything in the sneaky scavenger hunt. | When: March 18 - April

AN OPTION

Don Juan Peruvian Sandwich Shop

THE SCOOP:

Don Juan Peruvian Sandwich Shop is located on East Raymond St. next to Edward's Drive-In. This authentic Peruvian sandwich shop opened in September of 2015. The owner, Martin Tarazona, opened Don Juan Sandwich Shop with the goal being that all of the food be freshly made and locally grown. He hand picks all of the meat that is used in the sandwiches. Some sandwich options include the Lechon pork sandwich, Pollo Saltado, and the local favorite, Lomo Saltado. This local sandwich shop offers a hot sauce made with actual Peruvian peppers. The empanadas are a popular appetizer. As well as having typical sodas, Don Juan offers Peruvian sodas. Stop by Don Juan's and try an authentic Peruvian sandwich.

TYPE OF FOOD:

Peruvian Sandwiches, authentic Peruvian sodas



RECOMMENDATION:

Lomo Saltado, Sweet beef empanadas

HOURS:

Tuesday to Saturday 11 a.m. to 6 p.m.; Sunday 10 a.m. to 3 p.m.; Closed Mondays.

LOCATION:

3720 E. Raymond St., Indianapolis, IN 46203

PHONE:

(317) 377-4677

BEHIND BARS

Pineapple Upside Down Cake Shot



Bartender:
Toni Martin

Location:
Ziggy's Bar and Grill

Ingredients and directions:

- Add 1 ¼ oz. vanilla vodka, ½ oz. of pineapple juice and a splash of grenadine syrup.
- Garnish with a maraschino cherry. Serve.



WHERE I DINE

Charlie Frasor, branch manager of Regions Bank in Beech Grove



Where do you like to dine?
BJ's Brewhouse

What do you like to eat there?
Avocado Egg rolls, Parmesan-crusted chicken

What do you like about this place?
Good atmosphere, always shows my Blackhawks hockey. Go Hawks.

BJ's Brewhouse is located at Greenwood Park Mall, 1251 US 31, Greenwood. The phone number is (317) 881-3500.

Compiled by Brian Ruckle

What's going on Southside?

Send your news & events to:
news@ss-times.com



John Goodman, John C. Reilly, Brie Larson and Tom Hiddleston in Kong: Skull Island. Inset, King Kong. Photo by Chuck Zlotnick - © 2015 Warner Bros. Entertainment Inc. - Image courtesy Rock Paper Photo

Kong: Skull Island

weakly written, but impressively shot

MOVIE REVIEW

By Adam Staten

Hollywood is a big fan of sequels and remakes. They help to minimize the substantial financial uncertainty most movies present at the box office. In addition to the aforementioned category of films, some characters are so legendary they can spawn quasi sequels and remakes for decades. A movie featuring one of Hollywood's most memorable characters opened this past weekend.

Set in the 1970s, at the end of the Vietnam War, *Kong: Skull Island* is the story about a group of explorers hoping to examine an uncharted island in the Pacific. After pleading and begging a U.S. senator for assistance from the government to make their exploratory dreams a reality, the men are given the go ahead. Prior to making the trip, several are recruited for their expertise in survival, combat and photography.

Upon arrival to the island, the oversized monkey doesn't exactly provide the warmest of welcomes. A

few explosions and a couple of deaths later and the group are separated on opposite ends of the island. It soon becomes apparent King Kong isn't the only gigantic creature stomping around

on the island. While several characters prove to have ulterior motives, the group finds themselves in a fight for survival from the cadre of massive mythological creatures.

While King Kong and the other beings are epically strong, the story is similarly weak. For starters, the characters are incredibly underdeveloped and the only one the film makes any real effort to flesh out isn't introduced until about halfway through. There is some semblance of a cohesive story, but it's extremely obvious that's not where the filmmaker's interest resides. Instead, the film's focus is on the gargantuan creatures and their many destructive battles.

On the positive side, the film's cinematography is something to behold. Especially in the early portion of the film, there are some nicely put together shots. The way in which the film beautifully incorporates red and blue hues helps to separate this film from other similar such films.

King Kong: Skull Island is a weakly-written film, but its likable cast and impressive cinematography are hard to overlook. 3 out of 5.



Adam Staten lives in Perry Township and is a movie buff. Staten graduated from University of Southern Indiana with a degree in Communication Studies. He can be reached at adam.staten1@gmail.com

Calendar continued from page 18

2, Monday - Saturday 10 a.m. - 5 p.m., Sunday 1 - 5 p.m. | Where: Garfield Park Conservatory, 2505 Conservatory Dr. | Cost: \$4 per person, \$10 families. | Info: garfieldgardenconservatory.org.

Foil Art Class for Kids! • Children ages 6 - 12 can use a variety of materials to create a work of art. | When: March 22, 1 p.m. | Where: Garfield Park Branch Library, 2502 Shelby St., Indianapolis. | Info: (317) 275-4490.

Julius Caesar by William Shakespeare • Inspired by fear, a host of Roman senators conspire to kill Julius Caesar before he can name himself dictator. Limited seating for performances. Reservations encouraged for this free performance. | When: March 17, 18, 23, 24 and 25 at 7:30 p.m. and March 19, 3 p.m. | Where: Garfield Park Arts Center, 2432 Conservatory Dr. | Info (317) 327-7135.

Spring Break Day Camp • The University of Indianapolis and Garfield Park create a new spring break day camp, for children ages 6-12. | When: March 27 to 31, 8:30 a.m. - 6 p.m. | Where: Garfield Park. | Cost: \$50 per child. Campers are asked to bring lunch. Snacks will be provided. | Info: Call (317) 289-6720.

GREENWOOD

St. Patrick's Day: Corned Beef & Cabbage or Irish Stew • Featured will be Corned Beef & Cabbage or Irish Stew (or similar). Karaoke starts at 8 p.m. The public is invited and encouraged to attend this event. | When: March 17, 6 - 8 p.m. | Where: Greenwood VFW Post 5864, 333 S. Washington St. | Info: (317) 888-2488.

Community Shred It Day • Scott Smith Realty Group & Keller Williams IndyMetroSouth LLC hosts this free event with on-site shredding. Donations will be accepted for Children's Miracle Network. | When: March 18, 9 a.m. - 11 a.m. | Where: 1664 Fry Rd., Greenwood. | Info: scottsmithteam.com.

Firehouse Subs Community Night • Help local firefighter Josh Collins raise funds for a mission trip to Africa. 20 percent of sales benefit the trip. | When: March 22, 4 - 8 p.m. | Where: Greenwood Firehouse Subs, 884 US 31 N., Greenwood. | Info: (317) 851-8615.

Family Film Festival: Trolls • After the Bergens invade Troll Village, Poppy, the happiest Troll ever born, and the curmudgeonly Branch set off on a journey to rescue her friends. All ages are welcome to attend. | When: March 23, 6 p.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: greenwoodlibrary.us.

PERRY TOWNSHIP

The Cultivating Garden Club • Gary Ward, owner of McCammon's Irish Market, will speak on Garden Plant Care. | When: March 16, 6:30 p.m. | Where: St. John's Church, US 31 and Southport Road. | Info: Ginny O'Brien, (317) 783-4727.

Much Ado About Nothing • The Roncalli High School Theatre Department presents multiple performances of this year's spring play, "Much Ado About Nothing." | When: March 16, 17 and 18, 7 p.m. Saturday also 2 p.m. matinee. | Where: Roncalli High School. | Cost: \$5 adults, \$2 Roncalli students and children under 14. | Info: (317) 787-8277 ext. 249, roncalli.org.

Mini Basketball Clinics • Perry Meridian Lady Falcon Basketball will host 14 Mini Basketball Clinics during the months of April and May. The cost per session is \$2.00 per player. | When: April and May. Grades 3-5 meet on Tuesdays from 6:30-7:30 p.m. and Grades 6-8 meet on Thursdays from 7-8:15 p.m. | Where: Perry Middle School. | Info: Coach Armstrong, Jarmstrong@perryschool.org or (317) 413-2576; Coach Ely, hely5@comcast.net or (317) 374-6076.

SOUTHPORT

Baby and Toddler Storytime at Southport • Babies and toddlers up to age 3 with an adult can join an active class featuring stories, songs and rhymes. | When: March 16, 22, 23, 29 and 30 at 10:30 a.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: (317) 275-4510.

Tribute to Dr. Seuss Magic Show • Children of all ages and families can celebrate the wonderful worlds created by Dr. Seuss in this magical tribute show by magician Don Miller. | When: March 18, 10:30 a.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: (317) 275-4510.

Red Letter Day • This 5-week sermon series relives Jesus' final hours and celebrates His victory on that Red Letter Day. | When: Sundays, March 19 - April 16, 9 and 10 a.m. | Where: Southport Heights Christian Church, 7154 McFarland Rd., Indianapolis. | Info: (317) 783-7714.

Sing Along With Miss Bobbie • Babies, toddlers and preschoolers with an adult are invited for a live, interactive music experience. | When: March 21, 10:30 a.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: (317) 275-4510.

Chili Supper • The Southport Lions and Indianapolis Bowling League for the Blind host this meal which includes chili, dessert, tea, lemonade and water. There will be a silent auction and door prizes. | When: March 25, 4 - 7 p.m. | Where: Southport Community Center, 6901 Derbyshire Rd.

ENJOY YOUR WEEK!

Visit ss-times.com
for weekly news and events.

Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

C
 N I S
 N O N O M
 S E A W E E D
 S E R O M A C Y S
 B L U E B E R R I E S
 E Y P N V E G E H E A P S
 L N O O I L L R T M A T
 T O L M T A L S E A S I R
 S M K L L K A I V L T S I
 A R A A A K O L L S E L P
 C A D S R E C R I T R E E
 O H O A U F R A S Z D Y S
 Z T S T I A C N T A D
 S H L R H S A I M
 C U E C U A B
 C J P C K
 E A J
 N

4 Superfoods

4 Indiana Towns: New _____

3 Clothing Patterns

5 Shades of Gray

2 Indianapolis Trails

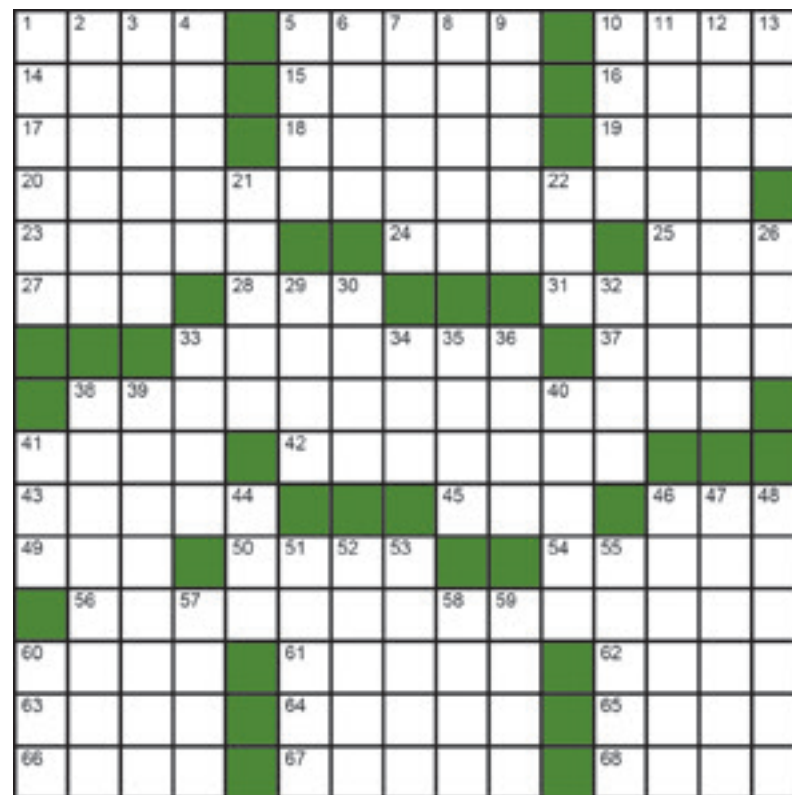
1 Indiana State University Nickname

ACROSS

1. White River floater
5. ___ Mia!
10. Computer invasion
14. Competent
15. Holcomb Observatory hunter
16. Central Elementary School desk item
17. BSU Greek group
18. Dashboard control
19. Ripped
20. Westfield HS mascot imposter?
23. Hawaiian island
24. Greenwood Park Mall unit
25. Two-finger sign
27. Beech Grove summer clock setting
28. Coach Parseghian
31. Used a Kohl's credit card
33. Nestle candy named for its white covering
37. Indy neighborhood: Chatham ____
38. Occasion pertinent to this puzzle
41. St. Vincent Health blood fluids
42. Larry Bird's former team
43. Union demand
45. Star Wars inits.
46. "___ we there yet?"
49. IMPD alert
50. UIndy psych class topics
54. Reis-Nichols gem feature
56. Good fortune near South Bend?
60. iPod variety
61. Complained about being fleeced
62. 2006 Indiana Mr. Basketball from Lawrence North HS
63. IU pre-med class
64. Easley Winery process
65. Annual May event: ___ Marathon
66. Colorworks hair goos
67. Tightly packed
68. Electrical letters

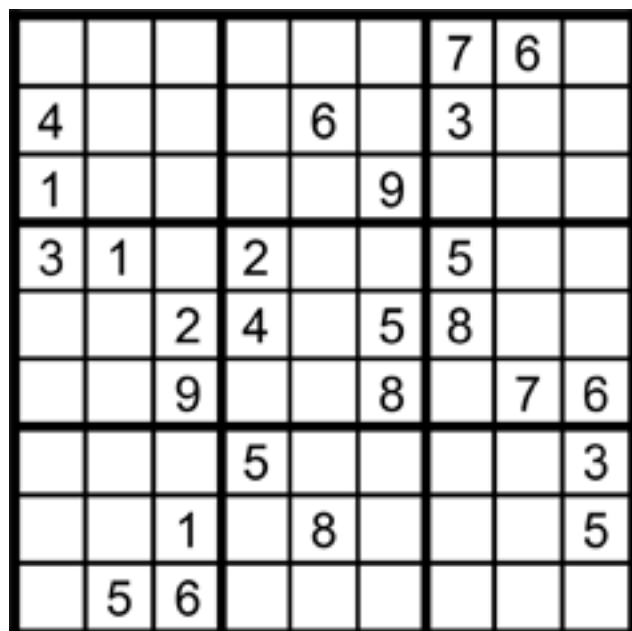
DOWN

1. Pacers Foundation fund-raiser
2. Overseas
3. Parade around



4. PetSmart fish
5. Companion of mean and median in an IUPUI statistics class
6. Carpet Country calculation
7. Irritates
8. Freeloader
9. ___-Saxon
10. Design on a Dime channel
11. Cosmetics ingredient
12. It can be exchanged at the Indy airport
13. Attorney Nunn in TV ads
21. Jungle vine and anagram of 23-Across
22. Governor Holcomb photo ___ (media events)
26. Biblical verb ending
29. PU military group
30. Hoosier farm fraction
32. Indy Fuel protective gear
33. Hot tubs
34. Seek treatment at Community Hospital South
35. Trojans free throw avgs., e.g.
36. Lose control at the Indy 500
38. Lake dweller's aircraft
39. Legal body
40. Half Price Books genre
41. Madrid Mrs.
44. Comics shriek
46. Having a low pH
47. Email again
48. Like some cuisine
51. Spoil
52. Can legally drink in Indiana
53. Tuchman cleaning challenge
55. Whisk Bakery emanation
57. Camp Atterbury beds
58. Johnson County Fair fowls
59. Barely beat the Colts
60. Unlikely winner at Indiana Downs

Answers See Page 21



Puzzle time



Alzheimer's disease brain diabetes

NUTRITION

By Wendell Fowler

Early in childhood, you begin designing the blueprint for your future mental health. The quality of the food you eat today determines what your brain may or may not be able to do in the future. Your temple's brain needs fertilizing just like colorful spring flowers. Alzheimer's Association says more than 5 million Americans are living with the disease.

It takes a lifetime of poor eating habits and lack of exercise for inflammatory disease to take root. Alzheimer's disease is not a normal part of aging. Alzheimer's is a disease of lifestyle, a processed diet lacking plant food and lack of physical activity.

The same pathological process that leads to insulin resistance and type 2 diabetes may also hold true for your brain. Alzheimer's is a brain form of diabetes. Insulin plays a big role in helping the brain take up sugar from the blood. Over-indulge in sugar and processed grains, your brain becomes overwhelmed by consistently high levels of insulin and eventually shuts down its insulin signaling, leading to impairments in your thinking and memory abilities, and eventually causing permanent brain damage.

Researchers believe vitamin deficiency plays a big role, specifically magnesium, B-12, folate, A, omega-3 and D-3. A plant foods diet has an inflammatory component in fruits and leafy green vegetables that provide folic acid and other B vitamins to

help your temple to reduce homocysteine levels. The National Institute on Aging report warns high homocysteine levels may double risk of dementia and Alzheimer's disease. Statin Drugs are shown to increase dementia risk too. *Oh my!*

Rates of Alzheimer's are four times higher in America than India. Elderly villagers in India have one of the world's lowest rates of Alzheimer's; the reason may be the turmeric in their daily curries. Turmeric is strongly anti-inflammatory. The Journal of Neuroscience had also previously published turmeric reduce plaques in the brain.

Shoot for at least three servings of whole grains a day, six servings of leafy greens a week plus one other veggie serving a day, two servings of berries a week, one serving of fish a week, three servings of legumes a week, and five servings of nuts a week

Nibble fast or fried foods and cheese less than once a week, red meat less than four times a week. Eat desserts, pastries or sweets less than five times a week. Thirty minutes of daily physical exercise lowers the risk of developing Alzheimer's by up to 50 percent.

Life is sacred and fleeting. It's clear: you control your destiny.



Chef Wendell is a lecturer and food journalist. Contact him at chefwendellfowler@gmail.com.



Luke Zeller works with children at DistinXion basketball camp.

Submitted Photo

DISTINXION BASKETBALL CAMP TURNS LOCAL YOUTH INTO CHAMPIONS

By Dan Ambrogio

Favorite DistinXion basketball camp memories can vary from camper to camper. Pleasant Grove third grader Anthony Brown enjoyed playing basketball with other campers against the coaches.

For fellow Pleasant Grove third grader LJ Brennan, it was a special game.

"When we had a contest where you had to start from half court and try to make a shot before your opponent," he said. "It was a fun game."

For LJ, there is little question the most important thing he took away from the camp.

"The CHAMPIONS acronym helps me with everything in life," he said.

That has to bring a smile to former Notre Dame and NBA player Luke Zeller's face because his DistinXion training is as much about character as it is about basketball. CHAMPIONS stands for Character Honesty Attitude Motivation Perseverance I am responsible Optimism Network of friends Serve others.

DistinXion is a non-profit organization founded by Zeller and his family to combine character development with sports training to help strengthen family relationships. The DistinXion camp comes to Whiteland on

March 17-18 at Clark Pleasant Middle School and returns to Greenwood July 24-25.

Rosa Parks Elementary second-grader Aiden Buehler and Anthony, who goes by AJ, both said they believe they have improved their shooting skills while at camp by using the method of BEEF: balance, eyes on rim, elbow 90 degrees, follow through.

Campers will engage in activities that aim to help them on and off the court. LJ said he is most looking forward to "meeting new friends, growing as a basketball player, and growing as a person."

Heather Brown, AJ's mother, loves the life lessons. The No. 1 thing her son learned from her view: "Not that he has had many opportunities to practice it, but he knows how to introduce himself to others."

She also gets a chuckle, recalling when her young son took a playful charge from the 6-11 Zeller.

Zeller, the 2005 Indiana Mr. Basketball from Washington High School, is the oldest brother in the Zeller family. His younger brothers Tyler (2008) and Cody (2011) were Mr. Basketball winners from Washington as well. Both are now in the NBA.

For more information visit distinxion.org.

Puzzles & Answers - SEE PAGE 20

Answers to HOOSIER HODGEPODGE:

Superfoods: ACAI, BLUEBERRIES, KALE, KEFIR, SALMON, SEAWEED;

Gray: ASH, CHARCOAL, SILVER, SLATE, TAUPE;

Towns: AMSTERDAM, CARLISLE, CASTLE, HARMONY;

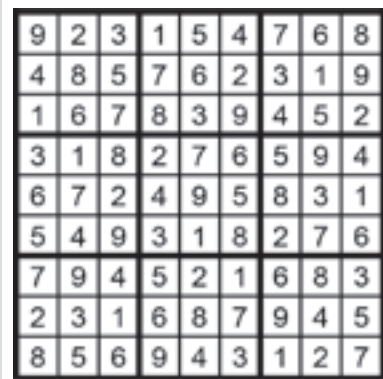
Patterns: PAISLEY, POLKA, DOTS, STRIPES;

Trails: CULTURAL, MONON;

Nickname: SYCAMORES

Q&A SEE PAGE 15

1. A
2. C
3. B
4. A
5. A



OBITUARIES

Edith Ruth Abney

Edith Ruth Abney, 86 of Indianapolis, died March 10, 2017. Calling was March 13 at Wilson St. Pierre Funeral Service & Crematory – Greenwood Chapel, 481 W. Main St., Greenwood. Funeral service was March 14. Burial is in Greenwood Cemetery.

Walter Emerson Bevis

Walter Emerson Bevis, 91, longtime resident of Beech Grove, died on March 4, 2017. Walter was born May 21, 1925 in Columbus, Ind., the son of Guy and Hazel (Stillabower) Bevis. He was a Navy veteran of WWII, and later became a supervisor at the Naval Avionics Center in Indianapolis for nearly 30 years. He retired in 1980. Many knew him as a regular and active member of St. John's United Church of Christ. He is survived by his children, Deborah, Donald, and Jeffrey Bevis; grandson, Rory Emerson Bevis. He was preceded in death by his wife, Ida A. "Millie" Bevis. Visitation was March 8 at Little & Sons Funeral Home Beech Grove Chapel. Funeral services were March 9. Burial is at Washington Park East Cemetery.

Margaret "Sharlene" Cleary

Margaret "Sharlene" Cleary died on March 2, 2017. She was born Jan. 20, 1933 to Florence Lorena (Duhamel) Tex and Orville, Texas. She was preceded in death by siblings Edith Vervaet, Freda Brown, Ruth Sare, Orville Jr, Melvin, Melcina, Tex and Larry. She is survived by her husband Richard L. Cleary, Sr.; daughters Donna M. Poteet, Joyce A. Baker, Cathy L. (James) Haines; son Richard L. Cleary, Jr.; 13 grandchildren and 13 great-grandchildren; several nieces and nephews. Throughout her life, she volunteered for several charities including St. Francis Hospital Guild. She enjoyed going to the casinos and playing games and cards with her friends. Arrangements are under the direction of Little & Sons Funeral Home, Beech Grove.

Florence Elizabeth Cox

Florence Elizabeth Cox, 98, of Indianapolis, died on March 8, 2017. She was born on Jan. 21, 1919 to Charles Holzboog and Edith Dugan in Birdseye, Ind. Florence is survived by her daughter Sue Lustro; granddaughter Nancy (James) McCrary; grandson Ron (Carol) Selhay; sisters Virginia Beckholz, Maxine (Dale) Bough; four great-grandchildren; and several nieces and nephews. She is preceded in passing by her parents and husband Robert Cox. Services were March 15 at Singleton Community Mortuary and Memorial Center. Entombment followed at Forest Lawn Memory Gardens.

Clarence W. Dawson

Clarence W. Dawson, 82, died March 10, 2017. He was a Truck Driver for A.N.R. Truck System. He was preceded in death by his wife, Winifred L. Ballard Dawson. He is survived by his children, William L. Dawson, Penny Lou Dawson and Peggy Sue Marksberry; sister, Geraldine "Ruthie" Reynolds; brother, Danny Dawson; nine grandchildren and 10 great-grandchildren. Services were March 15 at Conkle Funeral Home Speedway. Entombment is at Floral Park Cemetery.

Damon Ray East

Damon Ray East, 10 months old, of Indianapolis, died on March 3, 2017. He was born on May 2, 2016 in Indianapolis to CJ Hall and Kristina East. He is preceded in death by his grandfather, Jeffery Wayne Sullivan and older brother Cayden Mikeal Yates (Hall). Visitation was March 10 at G.H. Herrmann East Street Funeral Home, 1505 S. East St., Indianapolis.

Geneveve L. Everton

Geneveve L. Everton, 87, of Indianapolis, died on March 11, 2017. She was born on Dec. 2, 1929 in Indianapolis to the late Robert Cunningham and Minnie Bower. Geneveve worked as a Marion County court recorder for 40 years, retiring in 1993. Geneveve is survived by her children Deborah Lee, Pam Parrish; grandchildren Jeff Wilkerson, Kris (Sandy) Parish, Ashley Parrish, Brett (Terrie) Parrish; 11 siblings Patty, Chuck, Ruby, Robert, Curt, Patty Lou, Mike, Roy, Tina, Theresa, Roberta; and 11 great-grandchildren. She is preceded in passing by her parents; husband Donald Everton; and son Robert Everton. Services are March 16, 11 a.m. at Singleton Community Mortuary and Memorial Center.

Jeanette M. Gambrel

Jeanette M. Gambrel, 80, of Wanamaker, died March 4, 2017. She was preceded in death by her husband Herschel Harold Gambrel. Jeanette is survived by her children, Harold "Hal" (Linda) Gambrel, Teresa (Mark) Swartz, Greg (Michelle) Gambrel and Mike Karch; nine grandchildren and eight great-grandchildren. Calling was March 8 at Wilson St. Pierre Funeral Service & Crematory, Stirling Gerber Chapel 5950 E. Thompson Rd. Indianapolis, with a funeral March 9. Burial will be in Orchard Hill Cemetery in Wanamaker.

Charles M. Gerdt

Charles M. Gerdt, 79, of Greenwood, died March 9, 2017. Born June 1, 1937 in Southport to the late Edward and Ethelynn Gerdt, he was a 1955 graduate of Southport High School. An avid reader, he was a former member of Cottonwood Church. Survivors include his wife of 38 years, Andrea; children, Monte Johnson (Diane), Pam Arbuckle (Art), Doug Johnson (Lisa); 10 grandchildren, and one great-granddaughter, Olivia; siblings, John Gerdt (Cheri) and Phil Gerdt (Sharon). He was preceded in death by brother George. Memorial visitation and service was March 14 at G.H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch, 1605 S. State Rd. 135.

Thomas Ralph Gott

Thomas Ralph Gott, of Indianapolis, was born in Warren County, Ky. on May 5, 1929. He died on Thursday, Feb. 23, 2017. He was married to Faye Joan (Floyd) Gott for 55 years, before her passing in 2004. Ralph was a Korean War Veteran who served from 1952-1953 in Army in the 101st Airborne, Screamin Eagles 7th Infantry. He worked for Field Packing Company in Bowling Green, Ky. before moving to Indianapolis, starting as a parking garage manager for Block's before becoming a Maintenance Engineer for them until retirement. He was a member of the Southeastern Fellowship Christian Church. Ralph was a Professional Drag Racer

in the 1950's and 1960's. He is survived by his brother Byron R. Gott; sister Betty Gott Conover; sons Thomas M. Gott and Timothy J. Gott; grandchildren Joseph Gott, Leslie Gott Curry, Lindsey Gott Wisdom, Melissa Faye Gott, and Haley Renae Gott; great-grandchildren Kennedy Gott, Grant Gott, Zoe Wenzel, Cade Curry, Ellen Curry, Exton Wisdom, and Avacyn Wisdom. He was preceded in death by his wife Faye, his little sister Francis Marie (4yrs) and his parents Byron R. Gott and Mertie Ellen Catron Gott. Visitation was Feb. 27 at Little & Sons Funeral Home Stop 11 Chapel-4901 E. Stop 11 Rd., Indianapolis. Graveside services were March 1 at Penn's Chapel Cemetery, Bowling Green, Ky.

Larry C. Green

Larry C. Green, 63, died Feb. 18, 2017. He was born Jan. 8, 1953 in Beech Grove, to the late Richard and Rosemary Green. Larry was a Driver for Indianapolis Public schools for over 40 years. He is survived by his partner Beth Sullivan; daughters Adrienne and Heather; son Lawrence; 11 grandchildren. Larry was preceded in death by his sister Jacqueline Green. Visitation was Feb. 23 at Little & Sons Funeral Home Beech Grove Chapel. A Mass of Christian Burial was Feb. 24 at Holy Name Catholic Church. Burial followed at Acton Cemetery.

Dorothea C. Ilg

Dorothea C. Ilg, 97, of Indianapolis, died March 13, 2017. She is survived by her husband C. Paul Ilg; children, Ron Reifeis, Michael Reifeis, and Marene McKnight; and stepdaughter, Rebecca Quillen. Visitation is March 16, 11 a.m. - 1 p.m. at G.H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave, followed by funeral service at 1 p.m. Burial is at St. Joe Cemetery.

Lester D Jones

Lester D Jones, 92, of Indianapolis, died on March 3, 2017. Lester was born June 16, 1924 in Scottsville, Ky. to the late Lewis and Eva Jones. He was employed with RCA in the cabinet department for 30 years, retiring in 1986. He was a WW II Army Veteran. Lester is survived by his sister Frances Elizabeth Jones; his son, Timothy (Gena) Jones; six grandchildren; 14 great-grandchildren; and one great-great grandson. He is preceded in death by his wife, Nina J. Jones and daughter, Donna Christine Jackson. Visitation and funeral service was March 9 at Little and Sons Beech Grove Chapel. Funeral Burial followed at Memorial Park Cemetery.

Gordie Dean Keene

Gordie Dean Keene, 83, died Feb. 23, 2017. He was born Oct. 5, 1933 in Hillsdale, Tenn. to the late Vernon and Ida Keene. Dean retired from the Beech Grove Fire Department where he was a firefighter for 21 years. He is survived by his loving wife of 33 years Candy Keene; children Beverly (Charles) Ward, Berneda Rogers, and Jerry (Tammy) Keene; six grandchildren; 11 great-grandchildren, and nine great-great-grandchildren. He was preceded in death by his grandson Jeremy Wood. Visitation was Feb. 27 at Little & Sons Funeral Home Beech Grove Chapel. Funeral services were Feb. 28. Burial followed at Forest Lawn Cemetery, Greenwood.

Diane Marie Kidwell

Diane Marie Kidwell, age 61, of Indianapolis, died on Monday, March 6, 2017. She was born in Indianapolis on Jan. 12, 1956 to Henry and Rose (Goff) Pennington. Diane was a waitress at Jumbo's for 19 years. She was married to Thomas Kidwell on June 25, 1983. Diane loved to spend time with her family, watch the Christian TV Shows and Classic TV Shows. Diane is survived by her husband; son and daughter-in-law, Joshua and Samatha Kidwell; grandchildren, Jordan, Alex, Aubrey, Leah and Josh Jr.; siblings, Juanita, George, Charles, Wayne, Tom, Kathy, Darlene; and other family members and friends. She was preceded in death by her parents; sister, Judy Smiser; brother, David Pennington. Visitation is March 17, 4 to 8 p.m. at Newcomer Funeral Home, 925 East Hanna Ave., Indianapolis. Funeral ceremony is March 18, 11 a.m. with interment following at New Crown Cemetery.

Edwin R. A. Mader

Edwin R. A. Mader, 89, of Indianapolis, died on Tuesday, March 7, 2017. He was born on Dec. 2, 1927 to the late Ferdinand Henry and Catherine Magdalene (Hill) Mader in Fort Loramie, Ohio. Ed retired after 43 years as a supervisor for Vonnegut Hardware and was a long-time member of Good Shepherd Catholic Church. Survivors include his sisters, Agnes Hall and Viola Higgins; 36 nieces and nephews; and many neighbors and friends from church. He was preceded in death by his parents; brothers, Sylvester, Eugene and Alfred Mader; sister, Alfreda Streit; and 10 nieces and nephews. Mass of Christian Burial was March 13 in Good Shepherd Catholic Church, 2905 S. Carson Ave. Additional visitation was March 12 in Lauck & Veldhof Funeral & Cremation Services, 1458 S. Meridian St.

Ruth Jane Moats

Ruth Jane Moats, 96, of Indianapolis, died Feb. 27, 2017. Ruth was born Jan. 9, 1921 in Linton, Ind. to the late Hobart and Leona "Goble" Sanders. She was a sales associate with Meigs Publishing Co. She was a member of South Emerson Church of God and the Beech Grove Senior Center. Ruth is survived by her children, Shirley Roland, Janice Patterson and Robert Moats; sister, Leda "Skip" Summers; eight grandchildren and 12 great-grandchildren. She is preceded in death by her husband, Harold Moats. Visitation was March 2 at Little & Sons Funeral Home Beech Grove Chapel. Funeral services were March 3 at South Emerson Church of God. Burial followed at Washington Park East Cemetery.

Daniel A. Myers

Daniel A. Myers, 68, of Indianapolis, died on March 8, 2017. He was born on Oct. 4, 1948 in Indianapolis to the late Robert I. Myers and Marilyn R. Myers. He was a member of St. Barnabas Catholic Church, Martinsville Conservation Club, Indianapolis Miata Club and Mensa International. Survivors include his wife of 43 years, Tina (Guerrini) Myers; son, Dr. Jeffrey Myers; sister-in-law, Sandra (Gene) Bayless; several nieces and nephews; aunts, Karen Farrell and Joann Farrell. Daniel is preceded in death by his brother, James Myers. Memorial visitation was at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Memorial mass was March 13 at St. Barnabas Catholic Church, 8300 Rahke Rd, Indianapolis.

Grace Olive Lowdermilk Retz

Grace Olive Lowdermilk Retz, 94, of Greenwood, died on March 6, 2017. Born in Clay City, Ind. on May 30, 1922, she was the daughter of Thomas Lloyd and Bertha Irene Lankford Lowdermilk. She was preceded in death by her husband of 31 years, John O. Retz, her parents, and a sister Elva Angelia Riggs. Grace is survived by one brother, Chelsia Van Lowdermilk; two sisters, Verl Odean Banning and Vetra Louise Black; six children, Kerry (Rene) Lowdermilk, Cheryl Retz, Linda (Art) Shaw, John (Carol) Retz, Ronald Retz, and Alicia Owens; a daughter-in-law Patricia Lowdermilk; seven grandchildren, Kevin (Becky) Lowdermilk, Keith (Carie) Lowdermilk, Heather Owens, Josh (Chelsea) Retz, Lauren Retz, Andy Shaw, and Brandon Shaw; and 13 great-grandchildren. Grace graduated from Porter Business College in Indianapolis and worked at Anacomp, HRSI, Valle Vista Hospital, and Novia. Visitation was March 9 at Wilson St. Pierre Funeral Service & Crematory at 481 W. Main St., Greenwood. Funeral was March 10. Burial is in Forest Lawn Memory Gardens Cemetery.

Israel Rodriguez

Israel Rodriguez, 57, of Noblesville, died on March 8, 2017. He was born in New York, N.Y. on June 15, 1959. On Oct. 19, 2012 Israel married Christy Rodriguez in Noblesville, Ind. He was a member of Faith Apostolic Church. Israel enjoyed fishing, spending time outdoors, listening to music and woodworking. Israel is survived by his wife Christy Rodriguez; mother Juanita Rodriguez; siblings Elenita (Peter) Jamie, Benjamin (Judy) Rodriguez Jr., Alex (Carol) Rodriguez, Margaret Jackson; and several nieces and nephews. He is preceded in passing by his father Benjamin Rodriguez. Services were March 13 at Faith Apostolic Church, 1212 E. 116th St. Carmel.

Allen Glen Roth, Jr.

Allen Glen Roth, Jr., 63, of Indianapolis, died on March 9, 2017. He was born to the late Allen Glen Roth, Sr., and Alma Louise (Senges) Roth on Dec. 26, 1953, in Beech Grove at St. Francis Hospital. He was a graduate of Southport High School and was a musician and songwriter. He was a 21-year member and sponsor with Alcoholics Anonymous. Survivors include his wife of 34 years, Karen (Hodgin) Roth; daughters, Mandy (Dennis) Bennett, Samantha Corn and Lindsey (Chad) Wisdom; sister Amy (Jerry) Hillenburg; nine grandchildren; two great-grandchildren and several nieces and nephews. Visitation and funeral service was March 13 at G. H. Herrmann Funeral Home, 5141 Madison Ave., Indianapolis.

Gary Arthur Selke

Gary Arthur Selke, 57, of Greenwood, died on March 7, 2017. He was born on March 9, 1959 in Indianapolis. He loved being around his family and the great outdoors. Survivors include, mother, Marjorie L. Selke; son, Gary Selke and Shawn Shackelford; siblings, Carroll Johnson, Leroy Selke, Dennis Selke, and LaDonna Collett; best friends; Paul Darling and Jan Buse; eight grandchildren; three great-grandchildren; and several nieces and nephews. Gary is preceded by his father Leroy Fredrick. Selke, wife, Denise Selke; son, Dustin Selk; brothers, Guy David

Selke and Lanny Dean Selke. Visitation is March 25, 4 p.m. at Eagles Lodge, #3207. 5556 S. US-40 Plainfield, IN 46168.

Virginia Carol Sherrill

Virginia Carol Sherrill died on Feb. 26, 2017. She was born April 15, 1948. Arrangements are under the direction of Little & Sons Funeral Home, Beech Grove.

Mark W. Snyder

Mark W. Snyder, 66, of Indianapolis, died on March 13, 2017. He was born on June 23, 1950 in Indianapolis to the late James Snyder and Naomi Wood-Detty. Mark worked at various retail stores in the loading / unloading department. He enjoyed watching the Andy Griffith show. Mark is survived by his brother, Mike Snyder; a uncle, Robert Fischer; and numerous cousins. Graveside services are March 16, 1 p.m. at Calvary Cemetery, 435 W. Troy Ave., Indianapolis. Arrangements have been entrusted to G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis.

Patricia Rose Sullivan

Patricia Rose Sullivan, 67, of Greenwood, died on March 7, 2017. She was born in Terre Haute on Dec. 28, 1949 to Joseph and Reba Dicks. Patricia was preceded in death by her parents. Patricia was survived by her two kids William Sullivan and his wife Andrea Sullivan; Kimberly Sullivan Burger and her husband Cory Burger; grandchildren Brody and Parker Sullivan; significant other Steve Hillman. Patricia was a graduate of Wiley High School Class of 1967 and attended Gerstmeyer High School 1964-1966. She attended Indiana State University Class of 1971. Patricia was once involved in the Beta Sigma Phi of Terre Haute. She loved animals especially her two Boston terriers. A memorial service will be held at Fowler Park Barn, 3000 E Oregon Church Rd., Terre Haute on March 31, 5:30 p.m.

Janette K. Taylor

Janette K. Taylor, 32, of Indianapolis, died March 2, 2017. She was born June 20, 1984 in Beech Grove. She is survived by her parents, Tony and Robin Taylor; brothers, Ryan and Nick Taylor; and two nephews, Nicolas and Mason Taylor; several aunts, uncles and six cousins. Janette was employed by Country Charm as a dietary cook and previously she was previously with Greenwood Village South. Private services were held with family and friends. Arrangements were entrusted to Simplicity Funeral & Cremation Care.

Michelle Utz

Michelle Utz, 45, of Indianapolis, died on March 9, 2017. She was born on Sept. 5, 1971 in Indianapolis. On Oct. 1, 2016 she married Robert Utz. Michelle is survived by her husband Robert; children Tanikka Sanders, Quentin Sanders; stepchildren Darren, Daniel, Daleah Utz; parents Bob and Karla Cummins; brother Richard Summitt; brother-in-law Jack (Crystal) Vest; aunt and uncles Norman (Beth) Thompson, Vicki Mitchell, Dawn LaFara, Alice Summitt, Carol Summitt; cousins Austin (Alissa, Avery, Albany) Thompson, Angela (Ashley, Andrew) Thompson, Shawn (Brian, Ripley, Cole) Lucas and the entire Summitt family. She is preceded in passing by her daughter Jocelyn Summitt.

Clara Margaret Rosner Weber

Clara Margaret Rosner Weber, 89, of Indianapolis, died on Monday, March 6, 2017. She was born on March 9, 1927 to the late August and Geneva (Cash) Rosner in Indianapolis. Clara was a graduate of the Indiana State Teachers College in 1949 and taught for many years at both St. Catherine and Central Catholic Schools. Survivors include her children, Peter Weber (Sharon), Joseph Weber (JoAnna), Catherine Weber, Thomas Weber (Martha), Mary Ann Maloy, Matthew Weber (Teresa) and Cecelia Owens (Doug); brother, Joseph Rosner; sisters, Dortha Zore and Alice Huffman; and 16 grandchildren and 13 great-grandchildren. She was preceded in death by her husband, Paul Weber, Jr.; son Andrew; and son-in-law, Sean Maloy. Visitation is March 20, 5 to 8 p.m. in Lauck & Veldhof Funeral & Cremation Services, 1458 S. Meridian St. A Mass of Christian Burial is March 21, 10 a.m. in Holy Name Catholic Church with prayers being said prior to Mass in the funeral home at 9:15 a.m. Burial will follow in Calvary Cemetery.



Cayden Mikeal Yates (Hall)

Cayden Mikeal Yates (Hall), 5, of Indianapolis, died on March 6, 2017. He was born on Feb. 18, 2012 in Anderson, Ind. to CJ Hall and Kristina East. Visitation was March 10 at G.H. Herrmann East Street Funeral Home, 1505 S. East St., Indianapolis.

Steven G. Young

Steven G. Young, 63, of Indianapolis, died on March 10, 2017. He was born on Sept. 2, 1953, in Indianapolis to Roy and Elizabeth Toshich Young. Steve was employed as a barber at Mike's Barber, in Greenwood, for 10 years retiring in 2016. He was an avid Colt's fan, auto racing fan, audiophile and enjoyed playing his bass guitar. Steve is survived by his life partner Nancy Boring; children Jeannine Jones and Steve (Mary) Young; siblings Ferron "Poe" Young and Julie Edgcombe; six grandchildren and one great-grandchild; and dog Bella Donna. He is preceded in passing by his parents, brother Bert Young and grandson James Facker. A Celebration of Life Gathering is March 18, 1 - 4 p.m. at Singleton Community Mortuary and Memorial Center. Friends are encouraged to wear Colt's attire.

Annabella "Annie" Zakrzewski

Annabella "Annie" Zakrzewski, 90, died Feb. 19, 2017. She was born Jan. 11, 1927 in Indianapolis to the late Frank and Anna May Staudt. Annie is survived by her nieces Carole Terry, Jean Terry Caster, and Karen Terry; and several other nieces and nephews and a granddaughter. She was preceded in death by her husband's Clyde C. Young, and Daniel B. Zakrzewski; son Clyde R. Young and two sisters and two brothers. Visitation was March 3 at Little & Sons Beech Grove Chapel. A committal service was at Memorial Park Cemetery, Indianapolis.

Obituaries are printed free of charge. Funeral directors are encouraged to send obituaries and photos to news@ss-times.com. Information received by noon Tuesday will be published Thursday, space permitting.

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✠ ASSEMBLY OF GOD

Faith Assembly of God • 186 Royal Rd., Beech Grove | Ph: (317) 784-8566 | Pastor: Lawrence Cook | Sunday: 10:30 a.m. & 6 p.m. | Wednesday: 7 p.m.

✠ BAPTIST

Crossroads Baptist Church • 1120 S Arlington Ave., Indpls, 46203 | Ph: (317) 357-2971 | Pr. Guy Solarek | Sunday: 10 a.m., 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | cbcindy.com

Faith Baptist Church • 1640 Fry Rd., Greenwood | Ph: (317) 859-7964 | Pr. Steve Maxie | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:45 a.m. | Wednesday: 7 p.m. | KJV

First Baptist Church of BG • 5521 Churchman Ave., Indpls | Ph: (317) 784-1478 | office@fbcbeechgrove.com | Sunday: 9:30 a.m. | Sunday School: 10:50 a.m. | Wednesday: 7-8 p.m. | Childcare & programs, all ages, all services. Join Us! | fbcbeechgrove.com.

Historic Grace Baptist Church "Since 1927" • 1907 E. Woodlawn Ave., Indpls | Ph: (317) 638-3143 or 536-8655 | Pr. Rick J. Stone | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

Lighthouse Baptist Church • 6950 E. Raymond St., Indpls | Ph: (317) 359-4275 | Pr. Dan Tidd | Sunday: 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | Thursdays Youth Meeting: 6:30 p.m. | Ladies' & Men's meetings (call for times) | "Independent Baptist Church"

✠ CATHOLIC

Good Shepherd Catholic Church • 2905 S. Carson Ave., Indpls | Ph: (317) 783-3158 | Rev. Todd Riebe, Administrator | Rev. John Beitans, Sacramental Minister | Saturday Mass: 4:30 p.m. | Sunday Mass: 10 a.m. | Completely Handicapped Accessible | All Welcome!

Holy Name of Jesus • 89 N. 17th Ave., Beech Grove | Ph: (317) 784-5454 | Rev. Robert Robeson | Worship Times & Anticipation Sunday: 7:30, 9:30 & 11:30 a.m.; Saturday Mass: 5 p.m.

Saints Francis & Clare Catholic Church • 5901 Olive Branch Rd., Greenwood | Ph: (317) 859-4673 | Fr. Steve Giannini | Assc. Pastor Fr. James Brockmeier | Saturday Anticipation Mass: 5:30 p.m. | Sunday: 7, 8:45 & 11:30 a.m.

St. Jude • 5353 McFarland Rd., Indpls, | Ph: (317) 786-4371 | Fr. Stephen Banet | Sunday: 7, 8:30, 10:30 & Noon | Saturday Anticipation Mass: 5 p.m.

St. Mark Catholic Church • 535 East Edgewood Ave., Indpls, | Ph: (317) 787-8246 | Fr. Todd Riebe | Deacon Tom Horn | Sunday: 7:30, 9:30, 11:45 a.m. | Saturday Anticipation Mass: 5:30 p.m.

✠ CHRISTIAN CHURCH

Greenwood Christian Church • 2045 Averitt Rd., Greenwood | Ph: (317) 881-9336 | Pr. Matt Giebler | Saturday: 6 p.m. | Sunday: 9:30 & 11 a.m. | Sunday School: 8, 9:30 & 11 a.m.

Mount Pleasant Christian Church • 381 N. Bluff Rd., Greenwood | Senior Pr. Chris Philbeck | mpcc.info | Saturday: 6 p.m. (ASL Available) | Sunday: 8:45 a.m., 10 a.m. and 11:30 a.m. | MPCC online campus: MPCC live at 10 a.m. ET.

Southport Heights Christian Church • 7154 S. McFarland Rd., Indpls | Pr. Steve Ferguson | Sunday: 9:00 & 10:30 a.m. | Sunday School: 9:00 a.m. | Deaf Ministry: James Wines (317) 493-0414 VP or jewshdccc@yahoo.com

✠ CHURCH OF CHRIST, SCIENTIST

Sixth Church of Christ, Scientist • 7625 McFarland Rd. | Ph: (317) 888-3204 | Sunday: 10 a.m. | Sunday School: 10 a.m. | Wednesday: 4 p.m. | Reading Room Hours Tues: 11 a.m.-2 p.m. & Wednesday: 2:30-3:30 p.m.

✠ CUMBERLAND PRESBYTERIAN

Christ Cumberland Presbyterian Church • 6140 South Meridian St., Indpls | Ph: (317) 787-9585 | Pr. Elmer Price | Sunday: 10 a.m. | Sunday School: 9 a.m. | "Come Grow With Us!"

✠ DISCIPLES OF CHRIST

First Christian Church of Beech Grove • 75 N. 10th Ave., Beech Grove | Ph: (317) 786-8522 | Pr. Paul Hartig | Sunday: 10:30 a.m. | Sunday Christian Education: 9:30 a.m.

✠ EPISCOPAL CHURCH

St. Thomas Episcopal Church • 600 Paul Hand Blvd. (CR 400 N), Franklin | Ph: (317) 535-8985 or email: stthomasepis@aol.com | Rev. Whitney Rice | Sunday Schedule: 9 a.m. bible study; 10 a.m. Holy Eucharist; 11 a.m. coffee/fellowship | Children & youth classes meet at 10 a.m. | stthomasfranklin.org | All are welcome here!

✠ EVANGELICAL LUTHERAN CHURCH OF AMERICA

Bethany Evangelical Lutheran Church • 4702 S. East St., Indpls | Ph: (317) 786-7854 | Worship Sunday: 9:30 a.m. "We Welcome You"

✠ INDEPENDENT CHRISTIAN CHURCH

Bethany Christian Church • 4727 S. Sherman Dr., Indpls | Ph: (317) 787-5103 | Min. Jim Clark | Sunday: 10:15 a.m. | Sunday School: 9:15 a.m. | Bible Study Mon.: 6:30 p.m. and Weds. 7 p.m.

✠ INDEPENDENT NON DENOMINATIONAL

Community Church at Murphy's Landing • 7401 S. Harding St., Indpls | Ph: (317) 807-0222 | Pr. Paul Erny | Sunday: 9:30 a.m. | Sunday School: 11 a.m. | yourccml.org

✠ LUTHERAN

Emmaus Lutheran Church & School • 1224 Laurel St., Indpls (Inside historic Fountain Square) | Ph: (317) 632-1486 | Pr. Raymond Smith | Worship: Sunday at 10 a.m. | www.emmausfountainsquare.org

St. Mark's Free Lutheran Church • 1301 E. Prospect St., Indpls (Inside the historic Fountain Square Community) | Pr. Terry Englert | Sunday: 10:30 a.m. | Adult & Children's Sunday School: 9:30 a.m. | Come join us for a traditional style worship experience followed by a time of food and fellowship!

St. Paul's Lutheran Church • 3932 MiCasa Ave., Indpls | Ph: (317) 787-4464 | Worship: Sunday, 9:30 a.m. & Thur, 7 p.m. | Sunday School after Worship | stpaulsindy.com | www.stpaulsindy.com

✠ NAZARENE

Cross-Way Community Church of the Nazarene • 1248 Buffalo St., Beech Grove | Pr. Mark Ramsey | Sunday: 11 a.m. | www.crosswayccn.org

✠ NON-DENOMINATIONAL

Church of Acts • 3740 S. Dearborn, Indpls | Ph: (317) 783-ACTS (2287) | Pr. Bill Jenkins | Sunday: 10 a.m. | Wednesday Bible Study: 7 p.m. | Celebrate Recovery: Thursdays, 7 p.m. | [churchofacts.org](http://www.churchofacts.org)

Community Church of Greenwood • 1477 W. Main St., Greenwood | Ph: (317) 888-6024 | Sunday: 9 & 11 a.m. | Real Church. Real People. | ccgonline.org

✠ PRESBYTERIAN

Greenwood Presbyterian Church • 102 W. Main St., Greenwood | Ph: (317) 881-1259 | Rev. Peter S. Zinn | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m. | Free Community Meal – 3rd Monday: 6:30-7:30 p.m.

✠ SEVENTH DAY ADVENTIST

Southside Seventh-Day Adventist • 4801 Shelbyville Rd., Indpls | Ph: (317) 786-7002 | Pr. Brian Yensho | Services Saturday: 11 a.m. | Sabbath School: 9:30 a.m. | southsideadventist.org | Health Ministries, CHIP+: chiphealth.com

✠ SOUTHERN BAPTIST

Calvary Baptist Church • 200 Sunset Blvd., Greenwood | Ph: (317) 881-5743 | Ernest E. James, D. Min. | Sunday: 10:30 a.m. | Sunday School: 9 a.m. | Something for All Ages

Southwood Baptist Church • 501 S. 4th Ave., Beech Grove | Ph: (317) 786-2719 | Pstr: Dr. Patrick Wood | Sunday: 9:30 a.m. | Worship Service: 10:45 a.m. | Sunday & Weds. Eve Worship: 6:30 p.m.

✠ UNITED CHURCH OF CHRIST

Faith United Church of Christ • No matter where you are on life's journey, you are welcome in our community. | 4040 E Thompson Rd. | Ph: (317) 784-4856 | Pr. Scott Simmons | Worship Service: 10:30 a.m. | Sermon's online at myfaithucc.org

St. John's United Church of Christ • 7031 S. East St., Indpls (U.S. 31, Southport Rd.) | Ph: (317) 881-2353 | Rev. Ross Tyler | Sunday Contemporary Worship: 9 a.m. & Traditional Worship: 10:30 a.m. | Sunday School: 10:30 a.m.

Zion United Church of Christ • 8916 E. Troy Ave., Indpls | Ph: (317) 862-4136 | Pr. Sarah Frische-Mouri Hannigan | Sunday: 8:15 a.m. & 10:30 a.m. | Sunday School: 9:30-10:15 a.m. | zionuccindy.net

✠ UNITED METHODIST

Center United Methodist Church • 5445 Bluff Road, Indpls | Ph: (317) 784-1101 or email: info@center-umc.org | Sunday Traditional Worship: 9 a.m. & Contemporary Worship: 11:15 a.m.

Edgewood United Methodist • 1820 East Epler Ave. | Ph: (317) 784-6086 | Pr. Jim Allen | We are on Facebook | Thursdays, 3 p.m. Bible Study | Sunday: 9 a.m. | Sunday School: 10:15 a.m. | edgewoodumc.com | "The Church for The Next 100 Years"

Greenwood United Methodist • 525 N. Madison Ave., Greenwood | Ph: (317) 881-1653 | Rev. In Suk Peebles | Sunday: 10:15 a.m. | Sunday School: 9 a.m.

Rosedale Hills United Methodist • 4450 South Keystone Ave., Indpls | Ph: (317) 786-6474 or email: officerhumc@att.net | Rev. Doug Wallace | Sunday: 9:30 a.m. | Sunday School: 10:45 a.m. | rosedalehillsumc.org

✠ UNITY

Unity of Indianapolis Church of the Daily Word • 907 N. Delaware St., Indpls | Ph: (317) 635-4066 | Rev. Bob Uhlar, Senior Minister & Rev. Carla Golden, Director Lay Ministries | Celebration: 10 a.m. | unityofindy.com

✠ WESLEYAN

Southview Wesleyan Church • 4700 Shelbyville Rd., Indpls | Ph: (317) 783-0404 | Pr. Rick Matthews | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

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Weekly Devotion



5 For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.

ACTS 1:5

These are some of the last words that Jesus spoke to His disciples just before He ascended back into heaven. It was not just to one of them; it was to each and every one of them.

Oh, how I love Jesus and how I love His Holy Spirit. There are so

many that just don't and won't understand this but I pray that one day they will. Jesus had promised His disciples another comforter. Actually, the Holy Spirit is the third Person of the Godhead which means that He is to be seen as essential to us in our daily walk with Christ as is God the Father and God the Son. God is the Father in the sense that He started it all through creation. Jesus is the Son in the sense that He came to be one of us while at the same time being One with the Father in word and purpose. Then,

the Holy Spirit is Christ come back to us in Spiritual form to do another thing and that is to be with us no matter where we are or what we are doing as long as we are in the will of the Father and the Son.

The Holy Spirit is our energizer and our respiration and inspiration. He is the "breath" of God upon us and upon the church. His purpose in our lives is to make and keep us holy as well as to advise us along the way.

Have you every read where Paul proposed in his mind to go to Asia and take the gospel of Jesus Christ

to the people there and how the Holy Spirit spoke to him through a vision of a man from Macedonia crying out for help? Paul went to Macedonia and ministered there and succeeded there more than he would have in Asia Minor. It does pay to listen to and heed the instruction of the Holy Spirit.

God bless and go and have a great day.

Paul A. Kirby is the pastor at the Church of God at 3939 S. Emerson Ave.

Public/Legal

LEGAL/PUBLIC NOTICE

Notice is hereby given to Darek T. Sparks that Ponderosa MHC will dispose of the following mobile home at public auction: 1983 Sterling mobile home VIN #70144160 for amount owed to community. The home is located at 3514 Steer Street, Indianapolis, IN 46222 in Ponderosa MHC. You do not have permission to keep the Mobile home at the above address. Attempts to serve you notice by certified mail have failed. The auction will take place at Bluffton Woods MHC located at 404 Eastmoor Dr. Bluffton, IN 46714 on Wednesday March 22, 2017 at 9 a.m. to 9:15 a.m. Ponderosa MHC reserves the right to bid and purchase the home at auction.

Notice is hereby given to John L. Couch that Ponderosa MHC will dispose of the following mobile home at public auction: 1971 Ritz Craft mobile home VIN #FKCLR3320 for amount owed to community. The home is located at 3514 Horse Street, Indianapolis, IN 46222 in Ponderosa MHC. You do not have permission to keep the Mobile home at the above address. Attempts to serve you notice by certified mail have failed. The auction will take place at Bluffton Woods MHC located at 404 Eastmoor Dr. Bluffton, IN 46714 on Wednesday March 22, 2017 at 9 a.m. to 9:15 a.m. Ponderosa MHC reserves the right to bid and purchase the home at auction.

Notice is hereby given to Kathryn Marie Phillips that Ponderosa MHC will dispose of the following mobile home at public auction: 1982 Schooner mobile home VIN #187469 for amount owed to community. The home is located at 3517 Saddle Ridge, Indianapolis, IN 46222 in Ponderosa MHC. You do not have permission to keep the Mobile home at the above address. Attempts to serve you notice by certified mail have failed. The auction will take place at Bluffton Woods MHC located at 404 Eastmoor Dr. Bluffton, IN 46714 on Wednesday March 22, 2017 at 9 a.m. to 9:15 a.m. Ponderosa MHC reserves the right to bid and purchase the home at auction.

Notice is hereby given to Linda Zulem Quintana Cortez that Ponderosa MHC will dispose of the following mobile home at public auction: 2015 Assembled mobile home VIN #MVIN355948IND for amount owed to community. The home is located at 178 N. Exeter, Indianapolis, IN 46222 in Ponderosa MHC. You do not have permission to keep the Mobile home at the above address. Attempts to serve you notice by certified mail have failed. The auction will take place at Bluffton Woods MHC located at 404 Eastmoor Dr. Bluffton, IN 46714 on Wednesday March 22, 2017 at 9 a.m. to 9:15 a.m. Ponderosa MHC reserves the right to bid and purchase the home at auction.

Notice is hereby given to Gary and Loralyn Norris that Ponderosa MHC will dispose of the following mobile home at public auction: 1978 unknown make mobile home VIN #04320435L for amount owed to community. The home is located at 184 N. Exeter, Indianapolis, IN 46222 in Ponderosa MHC. You do not have permission to keep the Mobile home at the above address. Attempts to serve you notice by certified mail have failed. The auction will take place at Bluffton Woods MHC located at 404 Eastmoor Dr. Bluffton, IN 46714 on Wednesday March 22, 2017 at 9 a.m. to 9:15 a.m. Ponderosa MHC reserves the right to bid and purchase the home at auction.

Notice is hereby given to Cameron Scott Thober that Ponderosa MHC will dispose of the following mobile home at public auction: 1985 HSH mobile home VIN #22310447U for amount owed to community. The home is located at 190 N. Exeter, Indianapolis, IN 46222 in Ponderosa MHC. You do not have permission to keep the Mobile home at the above address. Attempts to serve you notice by certified mail have failed. The auction will take place at Bluffton Woods MHC located at 404 Eastmoor Dr. Bluffton, IN 46714 on Wednesday March 22, 2017 at 9 a.m. to 9:15 a.m. Ponderosa MHC reserves the right to bid and purchase the home at auction.

Garage Sale

INDIANAPOLIS

141 Maxwell Rd. (Off Meridian, north of Thompson Rd.) March 16-18, 8a-5p. Kid's dresser & twin bed, drawing table, metal beer signs, golf clubs, clothing, 2XL-4XL men's shirts, size 44 shorts, misc.

Adoption

ADOPTION

Adopt: A loving married couple long to adopt infant. Will provide a loving home, sensitivity and endless love. Expenses paid. Please call Diane & George 888-250-3557

EMPLOYMENT

Health Care Aide

position available, (does not require CNA certification).

Dayshift - 32 hours w/ benefits. Seeking a gentle person who enjoys caregiving.

If interested, must apply in person at Our Lady of Grace Monastery, 1402 Southern Ave. Beech Grove, IN 46107.

For questions, please call 317-787-3287 ext. 3272.

DRIVERS WANTED

Drivers: Local Dedicated, Home Daily & Weekends!

\$1,000.00 Orientation Completion Bonus!

No Touch Freight! Comprehensive Benefits. 1yr Class-A CDL with hazmat endorsement Call: 877-353-1340

Drivers CDL-A: HOME EVERY DAY!

Avg. \$180/day! Health, Dental, Vision avail. CDL-A, 6mos OTR, Good Backgrnd. 855-480-2033

FOR SALE

FISHING GEAR & FISHING RODS STORING CABINET.

Priced to sell. LOWRY CONSOLE PIANO, good condition; one owner 49 yrs. \$200 Call 317-862-4285

EMPLOYMENT



Are you currently working, but looking for a better job, higher pay, or different shift?

We have 100+ FULL TIME OPENINGS!

- Acct/Finance- \$40-80K
- Engineering- \$50-80K
- Administrative- \$12-20/hr
- Warehouse- \$12-16/hr
- Skilled Trades- \$16-25/hr
- Entry Level- \$10-12/hr

Make a career move that's right for YOU!

Call 317-888-5700 to learn more or visit ExpressIndySouth.com!

Tweet Us at The Southside Times for Quick News and Local Updates!

EMPLOYMENT

NO NIGHTS, NO WEEKENDS SOUND GOOD?

University Heights United Methodist Children's Center is seeking candidates to fill caregiver positions. The ideal candidate has an understanding of child development, is dependable, patient, able to take direction and self-motivated.

Hours vary from 30 to 40 hours per week.

Responsibilities of this position include assisting the teacher with classroom activities and responsibilities, meeting the physical and emotional needs of children, care of the learning environment, and attending staff trainings in topics related to working with children.

Other requirements include: minimum age of 18 years with high school diploma or GED, background check, fingerprinting, drug screening, physical exam with current TB test, paid for by the employer.

To apply, contact the Director by email at uhumccdir@att.net.

Attentive Home Healthcare has openings for a part-time Registered Nurse (R.N.)

Looking for a dependable, honest, skilled home healthcare nurse with a minimum of one (1) year home care experience. Must know Oasis and be proficient with admissions, recertifications, discharge. Looking for a candidate that is comfortable with speaking with the physician's office to discuss patient care plans and receive orders. The agency offers minimum essential health benefits as well as dental, vision, disability and term life. Offers competitive wages and has company vehicle during working hours for all visits.

Please call 317-652-3155 or complete application at www.attentivehhc.com for a return call from agency for immediate interviews. We are looking forward to adding new team members to our growing agency.

YOUR AD COULD BE HERE!!
317-300-8782



SECURITAS



OVER 25 POSITIONS AVAILABLE

- Customer Service/Access Control
- Security Officer
- Armed Officer
- Flexible/Mobile Officers

Full and Part-time positions, flexible schedules and advancement opportunities are available.

Apply online at securitasjobs.com | Questions? Call 812-376-0425

EMPLOYMENT

EMPLOYMENT

JANITORIAL

Evenings, Mon-Fri 5:00-9:30pm

Bring police check obtained at:
State Office bldg to
City-County bldg,
200 East Washington Street,
Room G32
Mon-Fri 8:00am-3:00pm



\$7 charge for police check will be credited on 1st paycheck.

EVENT

EVENT



It's a **BINGO PARTY**
every Friday night at

**Fridays at
7 p.m.**

Sahara Grotto

7620 Madison Ave.
Just South of Stop 10

Fun, Food, Raffles, and Pull Tabs!
License# 140194

INDY'S NEW, HOT BINGO SPOT!

RENTALS

RENTALS

**Terrace Park Apts
25th and Main St
1 BEDROOM / 2 BEDROOM
TOWNHOME AVAILABLE**

• Total Electric •

**Call Manager for Pricing Info.
and for an appointment 941-3977**

IMPD is looking for people to join our unit and become a CVP Officer.

- | | |
|--|------------------------------------|
| Requirements are: | • Valid driver's license |
| • Must be 18 years of age | and transportation |
| • Have a high school diploma or equivalent | • Pass a criminal background check |

The Civilian Volunteer Police duties are assisting pedestrians in/out of different sporting events and parades in Indianapolis such as Pacers games, Indians games, Indy 500, Brickyard 400, St. Patrick's Day, City Classic Parades.

If you are interested, please contact Captain Wayne Thompson at Richard.Thompson@indy.gov.

Lenten Breakfast

Saturday, March 18 at 7:30 a.m.
Edgewood United Methodist Church
1820 E. Epler Ave

Speaker:

Beech Grove attorney, Bill Holwager

Free admission, free will offering,
ALL ARE WELCOME.

**YOUR AD COULD BE HERE!!
317-300-8782**

BRADFORD LAKE APARTMENTS

7626 Portage Avenue
Indianapolis, IN 46227
(317) 888-2805

Office Hours: M T TH F 10:00am-5:00pm

Bradford Lake Apartments will be accepting applications from 3/20/2017 through 3/30/2017 for the Section 8 One & Two Bedroom Waiting List. We will also be accepting applications for Section 8 Three Bedroom Waiting List from 3/20/17 through 3/21/17. All adult household members must apply in person during normal office hours, and provide a valid picture ID at time of application. Applications will be accepted and processed in order of the date and time that they are received. Bradford Lake will refuse any and all applications after 3/30/2017.

Valid ID Required



ADVERTISE

ADVERTISE

We're growing again!

Looking for:

Tree Groundsman • Landscape Worker

Starting wage is based on experience,
\$12-\$15, paid weekly.

Experience preferred, transportation a must.
Part-time to full-time to overtime available.

Everything Green

Landscaping and Tree Service

317-440-6224

CLASSIFIED ADS

CLASSIFIED ADS

IT'S CLASSIFIED!

To advertise a line ad, please fill out this form. Include your name, address, phone number, dates you wish your ad to run and credit card information and mail to: The Southside Times, 7670 US 31 S. Indianapolis, IN 46227 or call: (317) 300-8782 to place your ad! Line Classified Ads are \$11.00 for the first 4 lines and each additional line is \$1.00 per line. (NOTE: 1 line is around 28 characters, spaces or punctuation. All caps changes the word count). Deadline for submissions are Tuesdays, noon.

AD CONTENT

Want to do something new in 2017?

JOIN OUR TEAM!

Seeking an Advertising Sales Representative on Southside of Indy.

SEND RESUME TO BRIAN@SOUTHSIDETIMES.COM
EXPERIENCE PREFERRED

WHY PRINT?

ENGAGEMENT

According to International News Media Association, printed newspapers boast the highest amount of ad engagement by readers.

While other mediums allow for the option to ignore or "skip" an advertisement, newspaper ads are built into the content. (inma.org)

AFFORDABILITY

Newspapers offer a lower cost per thousand readers than radio, tv and direct mail advertising. (mediaspectrum.net)

TARGETING

Loyal readers and niche audiences are easier to reach when you know the geographic area and circulation. (fedena.com)

The Southside Times **ADVERTISE TODAY!**
(317) 300-8782

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G&C Cleaning SINCE 2007
 Indianapolis-based home cleaning specialists
 Commercial & Residential
BONDED, INSURED
 OUR SERVICES ARE GUARANTEED TO PLEASE!
 Call Mike: (317) 341-2554

CLEANING SERVICES

Leave it to "D" Cleaning Service
 We'll clean all the dirDy stuff

- Residential Cleaning
- Weekly, Bi-Weekly, Monthly
- 30 Years of Experience
- Free Quotes
- References Upon Request

Dinah Kehrein (317) 627-7655

CONCRETE

CONCRETE CONSTRUCTION
 DRIVEWAYS, PATIOS, WALKS, POWER WASHING, AND CONCRETE STAINING
 NO WORK TOO SMALL
 FREE ESTIMATES • INS. Residential & Commercial
 T. Jenkins
 CELL 750-7428

YOUR AD COULD BE HERE!
 The Southside Times
 CONNECTING My SOUTHSIDE.
 BUSINESS LEADER. CENTER GROVE. ICON
TO ADVERTISE:
 (317) 300-8782

HAULING

JONES HAULING
 Honest Family Man 10% Senior Citizens Discount
 WE TOX DROP & RECYCLE
• HAULING •
 TRASH, BRUSH, PROPERTY CLEAN-OUTS, GARAGE & SHED DEMOS
 Landscaping, Mulch, Topsoil, Stone & Hand-Spread if needed
 FREE ESTIMATES
 Call AJ (317) 781-0674 God Bless

HAULING

FRED & SONS HAULING
 HAULING
 Junk Removal • Brush Piles • Property Cleanouts • Yard Waste Removal Demolition of Garages, Sheds, Fences, Decks and Swingsets
 Emergency or Scheduled Services
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 Call today!
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 Family Owned & Operated Since 1990
 Serving Indianapolis and Surrounding Areas • Commercial / Residential
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- Mowing
- Mulching
- Shrub/Tree Planting
- Shrub Trimming
- Sodding & Seeding
- Finish Grading
- Lawn Maintenance
- Spring & Fall Clean-up

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 Residential • Commercial - Full Service Mowing - Free Estimates & Insured -
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 Indy's Lawncare Professionals™
 Residential • Commercial Free Estimates • Insured Locally Owned since 1999
317-782-5855
 Call US today!
 As low as \$20 mow and trim

PLUMBING

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 The Southside Times
 CONNECTING My SOUTHSIDE.
 BUSINESS LEADER. CENTER GROVE. ICON
TO ADVERTISE:
 (317) 300-8782

Larry Stokes Plumbing
 Leaks, Water Heaters, Remodel, Upgrades & Add-ons
 NO JOB TOO SMALL
 Licensed Insured
 Over 30 years experience
782-4776

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DIAMOND RESTORATION INC.
 Locally owned and operated
FREE INSPECTIONS
 Call 786-1868
 Roofing • Siding • Gutters
 Licensed, Bonded and Insured
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TREE SERVICE

FRED & SONS HAULING
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TREE REMOVAL
 Emergency or Scheduled Services
317-626-5973

TREE SERVICE

Stewart's Tree Service
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 • Lot Cleaning
 • Stump Removal
 • Landscaping
 • Bucket Truck
 • Tree Removal
 • Topping
 • Thinning
 • Deadwooding
 • Firewood
\$30 OFF
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 1 coupon per customer
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TREE SERVICE

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24 HOUR EMERGENCY SERVICE
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 FREE ESTIMATES & FULLY INSURED • Credit Cards Accepted

YOUR AD COULD BE HERE!

CALL TODAY! ARE YOU HAVING A GARAGE SALE? **CALL TODAY!**
 The Southside Times HAS YOU COVERED!
 • Ads as low as \$10.50 • \$11 for the first 4 lines
 • Additional lines only \$1 each
 (317) 300-8782 or visit ss-times.com
 Deadline is Tuesday by noon for print on Thursday of each week.

YARD CLEAN UP

YARD CLEANUP

- ◆ MOWING
- ◆ BRUSH REMOVAL
- ◆ GUTTER CLEANING
- ◆ PRUNING
- ◆ LEAF REMOVAL (VACUUM)
- ◆ AERATING
- ◆ BRUSH CUTTING
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Double
Chocolate
160 Cal.



Blueberry
140 Cal.



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Poppy Seed
140 Cal.



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Available at these locations!

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- 5935 S. Madison Ave. • 2830 S. Madison Ave. •
- 2230 S. Sherman Dr. • 1197 SouthPark Dr. (I-65 & Main St.) •
- OPEN 24 HRS • 4541 S. Emerson Ave. • 3649 S. Keystone Ave.**