

# The Southside Times



  
**face to face**

Southsiders answer the question,  
"Dr. Seuss's birthday is today, March 2.  
What do you think of his books?  
Which book is your favorite and why?"

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## AN AUDIBLE DIFFERENCE

Volunteers such as Southside's  
Linda Stark help grow IRIS'  
informational programming for people  
with visual or physical impairments

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# THIS WEEK on the WEB



Jessica De La Cruz

Taylor Wong

## Southside natives selected as 500 Festival Princesses

Jessica De La Cruz, Southport High School graduate, and Taylor Wong, Roncalli High School graduate, have been selected to serve as 2017 500 Festival Princesses. The 500 Festival, a nonprofit organization providing life-enriching events and programs that celebrate the legacy of the Indianapolis 500, announced 33 college-aged women from across Indiana have been selected.

[ss-times.com/southside-500-festival-princesses](http://ss-times.com/southside-500-festival-princesses)



## Franklin Central High School hosts "Novel Conversations"

The Franklin Central High School Creative Writing Club hosted Indiana poet, Adrian Matejka, on Tuesday for an "Author's Luncheon" with 20 student writers, two creative writing class workshops, and a community "Meet & Greet" which included Mayor Joe Hogsett.

[ss-times.com/franklin-central-novel-conversations](http://ss-times.com/franklin-central-novel-conversations)

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## face to face

**Q: Dr. Seuss's birthday is today, March 2. What do you think of his books? Which book is your favorite and why?**

"Oh, *The Places You'll Go!*. My mom used to read it to me when I was little and she would talk to me about my future. She gave it to me again at my college graduation."



Becca Tielking of Franklin Township

"My favorite book by Dr. Seuss has to be *One Fish Two Fish Red Fish Blue Fish*. I read that book almost every night to my son, who is 18 months old, and he really enjoys it also."



Erik Mroz of Perry Township

"*The Sleep Book*. It showed different creatures all over the world going to sleep. There was one where there was a moose lying down in bed and a goose laying down in bed. The moose dreamt of moose juice and the goose dreamt of goose juice. They would wake up screaming if the moose dreamt of goose juice and the goose dreamt of moose juice. The kids always thought that was funny."



Tony Adamo of Perry Township

### Contact the Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Nicole Davis at 300-8782 or email her at [ndavis@southsidetimes.com](mailto:ndavis@southsidetimes.com). Remember, our news deadlines are several days prior to print.



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Ghosts...fact or fiction? What do you think?

Photo by R. Hinton

## Ghosts: Fact or fiction?

### HAUNTS & JAUNTS

By Rick Hinton

Ghosts... fact or fiction? Everyone has an opinion. From polls taken, a great number of people are in the pro camp. However, many folks on this side of the fence would never admit to a belief in the supernatural world due to ridicule from friends and family. They stay quiet. On the flip side, those opposed have no problems voicing their disbelief. Whatever your view, the fact is the subject of the paranormal is a multi-million dollar market in Hollywood and television, along with countless books on the subject. This won't end anytime soon.

Basically, a ghost was once a living person or animals and pets (Fluffy the cat?) that once walked the earth, died, and for whatever reason, never moved on to the next realm of existence. Why some move on and others don't is the million dollar question. Many believe those remaining behind do so because of violent death or sudden tragic deaths such as accidents. There are thoughts that some formed such an attachment for earthly pleasures (home, parcel of ground, or a person) that when it was their time to go, they refused. Free will upon death is an interesting concept. If we could only ask them the details...

That won't happen anytime soon due to the fact that as of yet no ghost has been lassoed, tied up, and examined. After all the years of paranormal investigations, we are no closer to the truth than we were when

this pseudo science started.

Ghosts have many titles: spirits, entities, phantasms, apparitions or manifestations. While there are reports of dark shadowy figures, many feel these are a different animal. And one with implications of an evil agenda. Different ballgame here!

Ghosts in your home? Their forms have been reported to look both solid and also misty transparent. Some glow. There is often a change of ambient temperature, making a selected area colder. A sudden unusual odor (cologne, tobacco, food)? Perhaps you have been grabbed, pinched or scratched? Or... cold sweats, nausea, sleep paralysis, breathlessness or rapid heart rate? Maybe, just maybe.

Dogs have a sensitivity that we do not. Many have been used in paranormal investigations. They don't have psychological baggage, so consequently their reactions are usually quite accurate. Cats are the same, but I would never advise taking them to an investigation. I tried a dog once, but it didn't work out.

A lot of folks are very adamant about the existence of ghosts. Their numbers would indicate there is something to it all. However, those in the far corner have some convincing arguments...



Rick Hinton, a Southport resident, loves researching things that go bump in the night. His articles can be read on Facebook: Rick Hinton, Southport Paranormal Examiner. Hinton conducts paranormal investigations with his team, South Central Paranormal.

## GOVERNMENT WATCHDOG



### GREENWOOD COMMON COUNCIL

Meeting, Feb. 22

#### What happened:

Ordinance 17-07 passes first reading, Ordinance 17-04 was postponed, and Ordinance 17-13 was introduced to the council.

#### What it means:

Ordinance 17-07 will set up a separate segregated Workers' Compensation Insurance Fund to administer workers compensation insurance expenses and claim payments. The City is switching to a self-insured workers compensation program beginning Feb. 1, 2017, and this separate fund will help with the efficiency and the overall accounting of the worker's compensation fund.

Ordinance 17-04 will regulate peddlers and solicitors to protect residents from fraud and price gauging. This ordinance will prohibit door to door sales on residential properties

without prior consent from the owner or occupant. This was postponed in order to be certain that those with permits currently compliant with the law were given notice of the changes this ordinance would cause.

Ordinance 17-13 states that the Chief of Police has determined that vehicular stopping and standing while in your vehicle needs to be prohibited on Broadway Street between Meridian Street and McKinley Street for public safety. This ordinance seeks to designate this area a "No Stopping or Standing" area.

#### What's next:

Ordinance 17-13 will go before the council for its first reading, and Ordinance 17-07 and 17-04 will go for their second and final reading at the March 6th meeting.

Compiled by Beth Wade



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## An audible difference

Volunteers such as Southside's Linda Stark help grow IRIS' informational programming for people with visual or physical impairments

By Nicole Davis

As volunteers sit in recording booths, reading newspapers live over the radio for Indiana Reading & Information Services (IRIS), they may be imagining the person at the other end, listening and, hopefully, being impacted by the service.

"Because it's an invisible audience, we don't know who's listening with the live broadcast," said Linda Stark, Perry Township resident and Southport High School alumni. "From a volunteer perspective, I want to have as many listeners as I can and want feedback from listeners. We want to know what they like and enjoy."

In 2012, Stark was driving when she heard a broadcast about IRIS and the service it provides. IRIS, a service of WFYI, gives access to printed information for individuals who cannot read due to a visual, physical or learning disability. Volunteers read everything from newspapers, books and even grocery ads for members to access 24 hours a day, seven days a week.

"A lot of people quoted this the hidden gem of Indiana," said Mandy Bishop, Southside Indianapolis resident and IRIS coordinator. "A lot of people don't know about our service. When we do get new listeners, they're quick to call or send a letter that they're so thankful for our service."

Stark is no stranger to volunteering - from helping start Indy Reads (then Greater Indianapolis Literacy League) in the 80s to her 20-year service with the Indianapolis Zoo and Eiteljorg Museum, and more. She said IRIS sounded like a good cause, and fit her own talents and interests. She is a Ball State University graduate with degrees in journalism, radio and television, and is retired from a career in the publishing industry.

She auditioned in the summer of 2012 and started volunteering immediately.

She started as a book reader, recording *The Scarlet Letter* in hour-long segments. Each book is not aired until the person recording has

finished in its entirety. One day, she was asked if she would like to sit in on a live segment.

"They handed me the microphone," she said. "I didn't have a sure concept of what was expected, but I ran with it. They said, 'why don't you come in and do a live read?'"

Live reads are two-hour broadcasts.

"Now there's nothing intimidating about it, but I had not done that before," she said. "A young man came in, a Butler student. He said 'this is a piece of cake; don't worry about it.' We get in there and are doing the live broadcast. It's a tradeoff. You have to be in sync with the person. He and I had never met. We're doing the TV schedule. We're doing pretty well. All of a sudden, he looked at me and says, 'arthritis pain?' I looked at him like are you asking me if I'm in pain? ... He looked away and started laughing. The one thing you don't want is dead space or to get hysterical on a live broadcast. Because he was laughing, I started laughing. In the end, neither of us could compose ourselves. That was my very first broadcast."

That type of mishap hasn't happened to her since, but Stark said they do have to be flexible and improvise on occasion during live reads.

"The reading partners I have, we've been together a long time," she said. "We know each other really well. I think the camaraderie is added value to the listener."

Stark now reads the first, third and fifth Thursdays and third Sunday of *The Indianapolis Star* with a reading partner. She occasionally reads grocery ads and Southside newspapers. She also composes her own recorded program called *Annie-mals*, named after her dog, Annie Rose. In this program she talks about all types of animals and related issues. She intends in the near future to do an interview with Dr. Robert Shumaker, vice president of conservation and life sciences at the Indianapolis Zoo. She said she hopes other volunteers will be inspired to do their own interviews with local people, giving added value to the programming.

IRIS has approximately 100 volunteers who read 150 publications each month. The service has 2,500 registered listeners: people with Parkinson's, dyslexia, who have had a stroke or a have visual impairment.

Bishop said 75 percent of listeners have aged into blindness and the remaining 25 percent have a visual impairment or physical disability.

"It's kind of isolating for elderly people or people who are blind to be at home, especially if they don't have a lot of family and friends coming around, so I think they bond with our volunteers and our programs," Bishop said. "When I go to work events and actually have listeners come up, they're excited to see us and talk to us about how we've helped their family. It's really neat to have them ask me about different volunteers... You don't get that immediate feedback. To get feedback that there are people listening to us, it's exciting."

Since taking on the position as coordinator two years ago, Bishop said they've grown the programming to be 85 percent volunteer-based, with less than 15 percent of content downloaded from other reading services. Now that the content is where they want it to be, she said they are focusing on growing the listener base and the funding to be able to upgrade equipment. Bishop, and volunteers, are often at community events such as the upcoming Indiana Flower + Patio Show on March 11 - 19 or Walk MS: Indianapolis on April 22, 9 a.m. - 12 p.m., to promote IRIS.

"It's a good service to the community," Bishop said. To which, Stark concurred.

"My aunt, who is now deceased, in another city did rely on a reading service similar to IRIS," Stark said. "It made such a difference in her life. I can only guess that the value is shared by a small, if not a big audience. We take for granted that we can see, we can hear, we can pick up a publication and enjoy it at our leisure. If you're not able to read the words or literally can't see, there's no way you can get information other than the human voice."

### INDIANA READING & INFORMATION SERVICES (IRIS)

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Top, Linda Stark reads the Thursday newspaper. Bottom, Mandy Bishop is the IRIS coordinator. Photo by Nicole Davis







1.

## Cook-off for community

**Scott Splichal wins 2017  
Kiwanis Club of Perry  
Township Chili Cook-Off**

By Nicole Davis

Their cups filled with chili, guests of the second annual Kiwanis Club of Perry Township Chili Cook-Off and Auction cast their vote on Feb. 24. The winner with the most votes was Kiwanis treasurer and event organizer, Scott Splichal, with Aaron Allen of the Southport Police Department coming in second and Greenwood Kiwanis Team led by Tom Anthony coming in third.

“It was a lot of fun, and everyone seemed to enjoy the gathering,” said Kiwanis president Les Branham. “We had positive comments from several of our customers.”

Rick Mize of Center United Methodist Church, Greenwood Kiwanis, Kevin Wheeler of Cardinal Insurance Services and Missy Lookebill of IHOP also entered chilis into the contest.

“It’s a great thing for the community,” said Lookebill, who serves the Kiwanis club at IHOP every Thursday morning. “I listen in to their meetings. They said they need a new chili, so I did it to help. Every week their curriculum is what they’re going to do to help someone. That is so nice.”

Volunteers from the local Key Club and University of Indianapolis Circle K groups helped to serve chili and clean up.

“When I did community service by myself, it didn’t feel like I’m making an impact,” said Ring Te, Key Club member. “When I am with a big group, I feel like we’re doing something more... Tonight, so far, I like the people that are here, the energy.”

Proceeds from the fundraiser are used to help support community organizations such as Hunger Inc., Riley, college scholarships, Perry Senior Citizens Services and more.



2.



3.



4.

1. Kevin Wheeler of Cardinal Insurance, left, is the start of the line for chili cook-off guests as they get a cup of each type of chili. 2. Perry Township Kiwanis members. 3. Key Club members volunteer at the chili cook-off. From left, Ring Te, Zo Lian, Lian Nem, Hoya Kol, Aye Chaw and Sara Laithang. 4. George and Kathy Soukup of Franklin Township sit down with their chili.

Photos by Nicole Davis

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### Getting to know Eclective...

- Two of our our co-owners are sisters and three co-owners went to college together.
- Our co-owners own a few other businesses, including The Bindy Agency, The Southside Vintage Marketplace and Rooted Structure Design.
- We're all parents. We have four "shop" kids between us, who you may spy doing homework after school.

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### Upcoming Events/Classes

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- **MARCH 8, 6:30 P.M.**  
Basics to Chalk Painting!
- **MARCH 11, 12-5 P.M.**  
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March 2017 | Issue 126

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On left, from left, Piper Voge, Melinda Hess, Gina Rambow and Sarah Hendrix. Top right, a gift basket raffled off for a charity in February. Bottom right, a sampling of items found at Eclective.



Photo by Nicole Davis

## Creativity meets entrepreneurship

Six business partners look to empower entrepreneurs while building a community through their new store, Eclective

By Nicole Davis

What is the best part about an antique mall? A consignment business? A flea market? An outside marketplace?

Six local entrepreneurs with a background in these businesses, along with marketing, put their ideas together and came up with Eclective. The new store at 2915 S. Meridian St., Indianapolis, sells handmade and repurposed items from local vendors and artisans.

Eclective is owned by Melinda Hess of The Southside Vintage Marketplace, an open air market, and Piper Voge, Sarah Hendrix, Raphael Hendrix, Gina Rambow and Jessica Bupp of The Bindy Agency.

"We tinkered with the idea for a long time," Voge said. The idea never worked out, until their current building location opened up just before Thanksgiving. By Christmas, they were painting walls. The shop opened Jan. 1 with hours of operation Tuesday to Friday, 11 a.m. - 7 p.m.; Saturdays and Sundays, 12 p.m. - 5 p.m.

"We did a holiday pop-up just before Christmas as a teaser for this," Voge said. "We filled the space up. That got people excited, jazzed and saying they see this potential."

Hess had a list of vendors from The Southside Vintage Marketplace. With that as a starting point, the business partners began scouring the internet in search for other artisans from Indianapolis whose work fit their vision for the shop.

"We went across outlets to find the best mix of things," Voge said. "We didn't want to

duplicate stuff. If we have multiple bath and body products, we want there to be something different about each line of them. We want to offer the best of products. We have a paneled screening for vendors."

The shop has filled up quickly. In eight weeks, they are near full with 64 vendors. Operating with a mix of consignment and booth rentals, vendors can fill an entire booth, or simply rent one shelf.

"We have a very advanced POS, point of sales, system so our vendors can go online at any time and see how much they've sold this month," Sarah said. "We're very vendor-first oriented."

In addition to offering a place for local artisans to sell their merchandise, the owners of Eclective aim to support vendors with classes such as how to promote their business via social media, and are looking into wholesale purchasing to help the artisans keep their costs down.

"We always try to be on the edge of what's next and what people need," Sarah said. "We realize in today's society, people are missing the home touch. They're missing relationships where they come in and we're here to talk to them. I think we are filling that need. We listened to what our vendors and our community told us that they needed. We will meet those needs the best we can."

The store is organized by item type: a room for children's items, a room for all things geek related, a section for bath and body items, furniture, home decor and more. For those who want to give that perfect gift, but

aren't quite sure what to purchase, Eclective offers a gift basket service and helps customize the baskets for the recipient.

"Watching people's faces when they come in and find the perfect thing," Sarah said. "I have seen people say 'oh my gosh, I can't wait to give this to someone.' I love to give gifts, so watching other people come in and say 'yes, I finally found it,' is so cool."

Voge said Eclective will also give back to its community through various means, such as a gift basket that will be raffled off each month with proceeds donated to a different cause.

Eclective is also home to community classes such as painting workshops, card making classes around each holiday, string art classes, open mic nights, a series on home decor and even yoga classes each Thursday night. They will continue to update their calendar at [facebook.com/ShopEclective](http://facebook.com/ShopEclective) or [shopeclective.com](http://shopeclective.com).

"Our goal is if they can see it on Pinterest, if they see a DIY of it somewhere in the world, we want to bring in that," Voge said.

The space which holds these classes is also available for rent, and Sarah said they are looking at adding 'drop-in crafting' also. Beginning this year, The Southside Vintage Marketplace will alternate its location, one time at the Southport Antique Mall and the next at Eclective.

"We want to build more than a business, but build a community," Voge said. "We wanted to differentiate ourselves from other area stores by not only offering a way to shop, but a way to create as well."



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## PERSONNEL MATTERS

# Keep Chopping Wood!

By Mike Heffner

Recently, our Operations Manager, Phill Powell, used a video of Chuck Pagano in our annual planning meeting. The video was a highlight reel of Pagano and his "sayings." He showed this two minute clip of Pagano that was both entertaining and insightful. If there is one thing I agree with that Pagano does, it's to repeat the things that need to be heard over and over. Everyone should know the goal and your philosophies and be able to repeat them.

For Pagano, it's things like, "Keep working, keep chopping wood. Keep swinging the axe, the tree will fall." He also likes to say "Keep the main thing, the main thing" as well as "60 minutes, don't judge, all you got." My all time favorite is "We're gonna stick to the process."

The things Pagano says are things that his players probably repeat in their sleep. They hear it at practice, before games, during and after games. The video showed interview after interview with other players repeating Pagano's sayings. I sat and listened to the video and just smiled to myself. My team says I have lots of sayings as well.

The importance of the video in this meeting was to reinforce what was laid out as part of our annual plan. The plan includes a bit of retooling, learning some new skills and a focus on 2 or 3 things. This means we are going to need to "keep the main thing, the main thing" and "keep chopping wood." Those have now become some buzz words in the office since that time and they are added to my other sayings like "control the controllables," "stupid is as stupid does" and "put the big rocks in first."

You may not think Pagano is a good coach but I believe that he does the things a good

leader should. A good leader has the team focused on executing the fundamentals. He must be willing to stand for what he believes are the lead measures that foretell the future result.

Sean Covey, co-author of The 4 Disciplines of Execution, says that a leader must keep his team focused on the "predictive and influenceable things." The "magic" to success is in the "cadence of accountability." Covey says "Team members must be able to hold each other accountable regularly and rhythmically." This means you must "keep chopping and swinging the axe" because the things you have decided will get you to the goal are the most important things you can do. The leader's job is to create an environment where the team holds each other accountable and they stay focused on the few things that really matter.

Tim Cook, Apple CEO says, "We are the most focused company that I know of or have read of or have any knowledge of. We keep the amount of things we focus on very small in number so that we can put enormous energy behind the ones we do choose." In most cases, business gets overly complicated because we allow all the noise to move us away from what needs done. So, as Chuck Pagano says, "keep grinding, keep chopping, eliminate some mistakes here and there and do your job."



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at [Mike.Heffner@expresspros.com](mailto:Mike.Heffner@expresspros.com), [@IndySouthMike](https://twitter.com/IndySouthMike) on Twitter or visit [ExpressIndySouth.com](http://ExpressIndySouth.com).

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## PLANNER OF NOTE

### Newly Incorporated Businesses

**Advance Deck  
and Sunroom Company**  
Nicole Hile  
2029 Morning Light Lane  
Greenwood, IN 46143

**Atterbury Arms**  
John Grounds  
Ram Group Holdings LLC  
6787 S. 100 East  
Trafalgar, IN 46181

**Caitlyn Plummer Cycles**  
Caitlyn Plummer  
390 Three Notch Lane  
Bargersville, IN 46106

**Civilian Crisis  
Response Team**  
ARMA CoGnosco Vinoico G.P.  
John Grounds  
6787 S. 100 East  
Trafalgar, IN 46181

**Good Rides Now**  
George Payne III  
1135 Southbridge Dr.  
Greenwood, IN 46142

**Justin W. Jones  
Tax Services**  
Justin W. Jones  
390 Three Notch Lane  
Bargersville, IN 46106

**Family Life & Health Insurance**  
Allan E. Findlay  
1470 Colony Park Dr.  
Greenwood, IN 46143

**Handfeld Management**  
Caitlin Donefeld  
96 Plummer Ave.  
Bargersville, IN 46106

**Raised Roots  
Gravel Bed Nursery**  
Brandon Tungate  
5902 E. 300 N.  
Franklin, IN 46131

**WAH's Affordable  
Tree Service**  
Walter L. Price Jr.  
5462 W. Smokey Row Rd.  
Greenwood, IN 46143



## FEATURE

## ‘Breaking the norms of fitness’

Jennifer Sherlock demonstrates that fitness is for everyone through Life Balance Fitness in Greenwood

By Cleveland Dietz II

Since Life Balance Fitness opened for business last August, its clientele has grown more than sevenfold.

The small group studio hosts classes capped at 14 people throughout the day. Some allow parents to bring their children while they exercise.

“One of the biggest things here, and it’s on all of our information, is that we’re fitness for everyone,” owner Jennifer Sherlock said.

She has trained people with intellectual and physical limitations throughout her career. Sherlock prides herself on being able to adapt routines to the individuals without impacting the rest of the group.

Her own fitness journey began near the end of a 12-year career in construction as a project manager and custom home builder. She was laid off from her job and left the construction industry entirely.

She thought she’d study to be a nurse practitioner, but it wasn’t for her. Back then, Sherlock said, she was overweight, depressed, anxious and suicidal. Getting fit and

becoming a group trainer at the Community Life Center helped her discover her passion.

“I wanted to help people who were like me, who had hit the bottom of the barrel and didn’t know how to take themselves out of it,” she said.

By the time she graduated from IUPUI with a degree in exercise science in May 2016, she already had a lease for the studio and had been running classes out of her home.

Life Balance Fitness doesn’t cater to the “super athletic,” Sherlock said. Her goal is to show people they can be fit even if they aren’t “ripped like a fitness person.”

“I’m breaking the norms of fitness,” she said.

**Why did you open this business?**

There’s a need for small group training places for people that want personal training that can’t afford personal training, but they want to have the accountability.

**What did you do to prepare for opening your business?**

I knew I was going to have to get something

larger. Because this space has been empty for so long it wasn’t like I was biting off way more than I could chew. That was probably the biggest thing. A lot of places are so expensive and this is a very inexpensive place to lease.

**Who is your ideal customer/client?**

[People] who need more accountability, somebody who can say, ‘Why weren’t you here?’

**How do you plan to be successful?**

I plan to be successful by helping my clients reach their goals and do the things that they want to.

**What would we be surprised to learn about you or your company?**

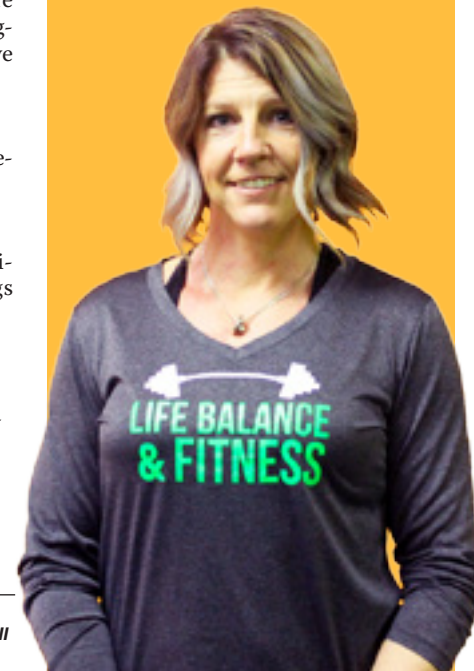
I dealt with severe depression, severe anxiety, [I was] suicidal. I was a very sick person. That’s probably the biggest surprise. My clients see who I was before and see me now. That gives them hope.

Jennifer Sherlock. Photo by Cleveland Dietz II

**LIFE BALANCE FITNESS LLC**

1259 N. State Rd. 135, Suite I,  
Greenwood, IN 46142  
(317) 893-2871

lifebalancefitnessllc@outlook.com  
lifebalancefitnessllc.com



# Let’s Talk About Transit!

## a workshop on transit fundamentals

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- » what principles create a good transit system
- » transit options for Greenwood
- » how new technologies (like Uber and driverless cars) fit into the mobility mix
- » why transit is an important part of planning for roads and bridges



Michelle Poyourow is a national expert in public transit planning and policy with Jarrett Walker & Associates. She specializes in leading community conversations about transit, and managing network redesigns for cities and towns, large and small.

Workshop Sponsored By:



Find out more about the Central Indiana Transit Plan by visiting [www.indyconnect.org](http://www.indyconnect.org)

Thursday March 9, 2017  
8 am – Noon  
Central Nine Career Center  
1999 U.S. 31 South, Greenwood

Light breakfast provided

**Cost:** Free; registration required.

**Register:**

<http://conta.cc/2krdfwD>

**Date doesn’t work?**

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(same workshop at each site)

March 10, 2017 | 11 am – 3:30 pm  
Market District Meeting Rm  
11505 N. Illinois St., Carmel

March 11, 2017 | 8 am – Noon  
The Face Conference Room  
9165 Otis Ave., Lawrence

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## SOUTHSIDE BUSINESS LEADER



# Express Employment Professionals celebrates Open house for its new Indy South office

By Nicole Davis

As Express Employment Professionals of Indy South settles into its new location at 201 S. Emerson Ave., Suite 110, Greenwood, the staff is ready to show off the new, professional look the office has now.

With an open house on March 9, 4 - 5 p.m., Express staff will be on hand to tour guests around the office, offering refreshments, giveaways and hosting a ribbon cutting with the Greater Greenwood Chamber of Commerce.

"This location is great for us," said Erin Pardue, marketing manager. "It's huge to be near the interstate. The corner of Emerson and Main Street is a very well-known area. I love the professional vibe the office gives off. We've done some upgrades and it looks like a professional building you'd

find downtown, not necessarily the home of a staffing company."

Express Employment, owned by Mike and Kelly Heffner, opened in 2005 and will celebrate 12 years this year. The Indy South office now has 16 employees, and has helped thousands of people find jobs and fill positions in local businesses. The Greenwood office was relocated, opening Jan. 3, 2017.

"We've always had a focus on some of our more industrial positions, the manufacturing," Pardue said. "Now we're focusing on the administrative positions. Not only were we growing physically with more team members but we wanted a more prominent space that allows us to grow our professional staffing."

Express plans to place an additional 1,000 associates into administrative and professional positions at more than 200 clients during the next five years due to this expansion.

All current, former and prospective customers are invited to check out the new facility during the March 9 open house.

"It's not a retail location, so there's really no other reason to come into our office," Pardue said. "With us promoting our professional services, we'd like them to see the upgrade we've done for our offices. We are looking forward to helping a lot of customers that we've always worked with, currently working with, and being able to offer additional services and a space to hold some training seminars.

For more information, visit [expressindysouth.com](http://expressindysouth.com) or [greenwoodchamber.org](http://greenwoodchamber.org).



Top, Express Employment's new Indy South office. Bottom, the team at Express. Submitted photos

EXPRESS EMPLOYMENT OPEN HOUSE • MARCH 9, 4 - 5 P.M.  
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## THEATRE CAMP

Campers will participate in a month-long, multi-faceted theatre experience. Registration begins on April 15 for this camp.

## ACADEMIC CAMPS

Roncalli will hold two math camps this summer, one for grades 4-6 and another for grades 7-8. An American Sign Language Class will also be offered!



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FOR INFORMATION ABOUT SUMMER CAMPS VISIT:  
[RONCALLI.ORG](http://RONCALLI.ORG) OR CALL 317-787-8277



## NOW IS THE TIME TO PLAN FOR FUN AND EDUCATION WITH SUMMER CAMPS

By Nicole Davis

The possibilities of a summer break are endless. With no school or homework, children might be tempted to spend every waking hour in front of a video game console, iPad or smartphone.

Use this time to show young people that there is fun to be had beyond a screen. Summer camps across central Indiana offer everything from outdoor, adventurous experiences to scientific, hands-on activities.

*The Southside Times'* special Summer Camps section provides a directory of many camp opportunities available for our Southside readers: from offerings at Indy Parks, the YMCA, local business, schools or colleges such as the University of Indianapolis or IUPUI. With an array of topics, there is sure to be something for every child.

With two to three months left until summer break, it's time to start planning before openings fill up!







## IMAGINATIONS GET THEIR ROCKET FUEL AT CAMP INVENTION!

By Camp Invention

This summer's all-new curriculum allows children in kindergarten through 6th grade to experience real-world problem solving and creative thinking as they transform a distant exoplanet, take risks as fu-

ture entrepreneurs, blast rockets and rubber chickens and wire a circuit to create their own Spy Gadget Alarm Box! Local educators lead a week of hands-on activities that will launch your child's imagination. Visit [campinvention.org](http://campinvention.org) or call 800-968-4332. Use promo code INNOVATE25 by 3/20 to save \$25 on registration.



### Locations added weekly!

- **Creekside Elementary**  
Franklin  
June 19-23
- **Center Grove Elementary School**  
Greenwood  
June 5-9
- **V.O. Isom Elementary School**  
Greenwood  
July 10-14
- **Abraham Lincoln Elementary School**  
Indianapolis  
June 19-23
- **Nativity Catholic School**  
Indianapolis  
June 12-16
- **Sidener Academy for High Ability Students**  
Indianapolis  
June 19-23
- **Heritage Christian School**  
Indianapolis  
July 17 - 21
- **St. Mark Catholic School**  
Indianapolis  
June 12-16
- **Central Elementary School**  
Indianapolis  
June 26-30
- **Center for Inquiry School 2**  
(Innovate program)  
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June 26-30
- **Center for Inquiry School 2**  
(Launch program)  
Indianapolis  
June 19-23



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DAY CAMPS - [INDYMCA.ORG](http://INDYMCA.ORG)  
OVERNIGHT CAMP - [FLATROCKYMCA.ORG](http://FLATROCKYMCA.ORG)





**CAMP INVENTION**

(800) 968-4332  
campinvention.org  
See advertisement and article on page 13 for Southside locations.

Camp Invention is where big ideas become the next big thing! Local educators lead a week of hands-on activities created especially for children entering grades 1-6. Camp Invention gives boys and girls the opportunity to investigate circuits, disassemble household appliances and much more!

**DISTINXION**

A Zeller Family Program  
1354 East Worthsville Rd., 46143  
(812)-250-9594  
dixtion.org

Elite basketball and character training is on its way to Whiteland's Clark Pleasant Middle School on March 17-18. Campers will experience a character development and basketball training program developed by former Indiana Basketball standout Luke Zeller and his family. DistinXion camps run throughout the Spring and

Summer and can be found online at [dixtion.org/programs-camps](http://dixtion.org/programs-camps).

**EAGLE CREEK PARK**

7840 W. 56th St., 46254  
(317) 327-7110

**SENSORY ADVENTURES:** Whether it is feeling soft moss, smelling bark, or listening for birds, campers will use their senses as we make our way through the forest. Ages 4-5. May 30 - June 2, 9-11 a.m., 1-3 p.m. \$55

**INSECT INVESTIGATORS:** We will focus on the fascinating little creatures that inhabit our world. We will even get to meet some of these animals up close and learn how they survive. Ages 4-5. June 12-16, 9-11 a.m., 1-3 p.m. \$65

**WILDLIFE ENCOUNTERS:** The perfect camp for animal lovers! Each day we will have a new group of animals to explore and fun, hands on ways of learning about them. Ages 4-5. July 24-28, 9-11 a.m., 1-3 p.m. \$65

**FEATHERED FRIENDS:** Together, we'll learn all about birds by exploring the park's trails, meeting live birds up close, playing with puppets, creating crafts, and singing songs! Ages 4-5. June 5-9, 9 a.m.-12p.m., \$80, July 17-21, 9-11 a.m., \$65

**TRAIL TRAVELERS:** It's time to hit the trail for some adventure! Make sure campers wear good walking shoes that can get muddy. Ages 6-7. May 30-June 2, 11:30 a.m.-4p.m., \$100

**STREAM STOMPERS:** Join us as we explore the streams around us. We will be taking a close look at the animals that call these important waterways home. Come prepared to get wet and have fun! Ages 6-7. June 12-16, 11:30 a.m.-4p.m., \$115

**YOUNG NATURALIST:** Become a Jr. Naturalist in this camp as we identify trees, study pond life, and use binoculars to spot birds. We'll go creek stomping as well! Make sure campers wear good walking shoes. Ages 6-7. July 24-28, 11:30 a.m.-4 p.m. \$115

**JUNIOR JAYS:** Learn to use binoculars and field guides to identify birds in the park, at the feeders, and inside the Ornithology Center. Campers will even get to meet our live birds of prey! Ages 6-8. June 12-16, 9 a.m.-2 p.m., \$115, July 17-21, 12:30 - 4:30 p.m. \$90

**WETLAND WONDERS:** Join us as we explore all of the wettest places in Eagle Creek Park. We will canoe on the reservoir, take a closer look at pond life, and wade

through the waters of the creek. You'll want extra clothes and shoes every day! Ages 8-9. June 5-9, 9 a.m. - 4 p.m. \$140

**DOWN AND DIRTY CAMP:** his camp promises some very muddy days, so don't forget your extra clothes and shoes! We will see how down and dirty we can get while exploring fallen logs, creating mud artwork, and finding new ways to get dirty. Ages 8-9. June 26-30, 9 a.m.-4 p.m. \$140

**STRIVE TO SURVIVE I:** This is a hands-on, fun-filled week of camp. Learn various survival techniques and wilderness tips to help you on your next outdoor adventure! We will be using compasses, building shelters, finding wild edibles, hiking, fishing, canoeing & swimming! Ages 8-9. July 11-15, 9a.m.-4p.m. \$135

**ECO-EXCURSIONS:** This camp will be a week of outdoor fun! Participants will conduct field studies in a variety of different wildlife habitats, take aim with a bow and arrow, hike, swim, fish, and keep a journal of daily activities. You don't want to miss this exciting camp! Ages 10-12. June 13-17, 9a.m.-4p.m. \$135

**STRIVE TO SURVIVE II:** This camp covers the basics of wilderness survival. We will learn how to build a shelter, use a compass, practice knot tying, identify wild edibles, and have fun! Daily outings will include canoeing, fishing, hiking, creek stomping, and swimming. July 18-22, 9a.m.-4p.m. \$135

**EMMANUEL CHURCH - GREENWOOD**

1640 W. Stones Crossing Rd., 46143  
(317) 535-9673

**EMMANUEL CHURCH - BANTA**

6602 Harding St., 46217  
(317) 535-9673  
eclife.org

**SPRING HILL DAY CAMPS:** include small group Bible teaching, high-energy large group sessions, and adventure activities such as archery, bungee trampoline, camp songs, climbing wall, crafts and more. For children who have completed Kindergarten through 3rd grade. Banta Campus Day Camp - June 12-16, Greenwood Campus Day Camp - July 10-14. For more information, visit [eclife.org](http://eclife.org).

**GARFIELD PARK ARTS CENTER**

2432 Conservatory Dr., 46203  
(317) 237-7135

**CAMP CREATE:** In this camp, kids will

work with a variety of visual art projects as well as explore art around the globe. Creativity will be emphasized as campers discover different types of art, artists, and techniques throughout the week. Ages 8-12, June 19-23, M-F 9 a.m.-4 p.m.

**CAMP ACT:** Engage imagination in this script-based acting camp. Young actors will bring a play to life from the first read-through to final production at Garfield's MacAllister Amphitheatre. Memorization is not required. Ages 10-15, June 26-30, M-F 9 a.m. - 4 p.m.

**CAMP INSPIRE (FOR TWEENS AND TEENS):** This creative camp focuses on amazing ground-breaking art movements, alternative art media challenges, and observing how art is affected by change. Ages 10-15, July 10-14, M-F 9 a.m.- 4 p.m.

**PAINT-A-PALOOZA:** The incredibly messy and completely sold-out show "Paint-a-Palooza" returns for a fourth summer. Painting with spaghetti, exploring the Masters of art history, and group collaborative projects will be among the many activities. Ages 8-12. July 17- 21, M-F 9 a.m.-4 p.m.

Campers should bring a lunch, snacks, and water bottle, and dress for a mess. \$25 deposit required at registration. Remainder of payment must be made in full two weeks prior to start date of the camp. Deposits are non-refundable. Before-and after-care options available for an extra fee.

**HOLLIDAY PARK**

6363 Spring Mill Rd., 46260  
(317) 327-7180

**HANDS-ON HABITATS:** All animals need four things to survive: food, water, shelter and space. Discover how animals find what they need in the habitats of Holliday Park. Meet the nature center animals and explore how each animal survives in the wild. Ages 8-9. June 5-9, 9 a.m.-4 p.m.

**ECO ADVENTURES:** Opportunities for discovery abound in the habitats of Holliday Park! Campers will use binoculars, bug nets, and microscopes as they investigate the streams, forest, prairie, and wetlands. Through hands-on exploration, campers will determine what makes each habitat unique. Ages 6-7. June 5-9, 9 a.m.-4 p.m.

**NATURE CSI:** Become a super sleuth! Learn to use scientific tools, solve mysteries, and investigate the natural world. Work on the daily 'Mystery Box', searching for clues that will have you making discoveries

about nature along the way. Explore the park with us and put your science-sleuthing skills to work. Ages 6-7. June 19-23, 9a.m.-4p.m.

**INSECT SAFARI:** Campers will test their abilities and make discoveries about some superstar bugs each day. Campers will catch insects using nets in the pond, creek, and prairie. Ages 6-7. July 17-21, M-F 9a.m.- 4p.m.

**BUMP IN THE NIGHT:** Nature does not go to bed when we do. In fact, it comes alive with wildlife zipping, zapping, zooming, glowing, floating, jumping, sneaking, soaring, and prowling. Discover what these amazing nocturnal animals are up to in the dark. Test adaptation skills as a night owl, learning calls and dissecting pellets at the overnight. Overnight is 9 a.m. Thursday to noon Friday. Ages 8 and 9. July 24-27, M-W 9 a.m.-4 p.m., Th 9 a.m.-midnight, ends at 12 p.m. Friday.

**INDIANAPOLIS SPORTS PARK, INC.**

6701 S. Harding St., 46217  
(317) 784-7447  
indysportspark.com

Indianapolis Sports Park is located near Interstate 465 south and State Road 37 and is a family-owned facility that has been a part of the community for nearly 30 years. Now accepting registrations for spring sports leagues for softball, volleyball, baseball, football, kickball, and cornhole. For more information or to register, visit [indysportspark.com](http://indysportspark.com) or call (317) 784-7447.

**IUPUI SUMMER CAMPS**

901 W. New York St., 46202  
(317) 274-6787

**JAGUAR CAMP:** The IUPUI Summer Day Camp offers programs for children ages 5 to 12. Children will take part in traditional camp offerings as well as unique experiences including a daily swim lesson in the world renowned IU Natatorium on the campus of IUPUI. They will also have the opportunity to take advantage of the strong collaboration we have with the departments within the IUPUI campus community. Three new unique enrichment offerings are coming this summer.

**ENRICHMENT OPTIONS:**

Green Jags Sustainability: Led by IUPUI's Director of Sustainability, this provides hands-on learning to living a sustainable lifestyle. Campers will learn about urban gardening, beekeeping, recycling and composting, natural

resource protection and biking.

**FROM THE GARDEN TO THE KITCHEN - JUNIOR CHEF CLASS:** Taught by IUPUI's Executive Chef, campers will learn basic food preparation techniques and a variety of recipes throughout the week.

**JUNIOR LIFEGUARD TRAINING:** Taught by certified, IU Natatorium lifeguards, this introduces campers to the real world of lifeguarding and water safety along with initial instruction in CPR, First Aid and water rescue.

Enrichment Camp is designed to allow children to explore their interests in a variety of activities. Campers will experience all benefits of the Jaguar Camp PLUS Enrichment curriculum starting at 9 a.m. continuing to lunch. Learn more at [camps.iupui.edu](http://camps.iupui.edu)

**LUTHERAN HIGH SCHOOL**

5555 S. Arlington Ave., 46237  
(317)787-5474  
lhsi.org

**SUMMER SPORTS CAMPS:** Lutheran High School conducts several sport camps during the month of June. All camps are open to young athletes who are in good physical health, have their parents' consent and support, and are serious about wanting to improve their skills and knowledge in the sport. The varsity coaches from each sport will conduct the respective athletic camps and will be assisted by members of the LHS coaching staff and other experienced personnel as well as Varsity athletes from LHS.

June 2017 sports camps are for students in first through 8th grades and include Co-ed Soccer, Co-ed Cross Country, Girls Volleyball, Boys and Girls Basketball, and Boys and Girls Tennis. Visit [lhsi.org/athletics/](http://lhsi.org/athletics/) for more information.

**RONCALLI HIGH SCHOOL**

3300 Prague Rd., 46227  
(317) 787-8277 • roncalli.org

**JUNIOR REBEL THEATRE CAMP:** Campers will experiment with acting, improv and music when they put on a performance of Annie Junior - a musical about a young orphan who is taken in by a wealthy millionaire. Camp will take place on weekdays over two session periods: June 5-29, and July 10-28. Find more information or to register, visit [roncalli.org](http://roncalli.org) under "fine arts"> "theatre links."

**SUMMER SPORTS CAMPS 2017:** During the months of June and July, Roncalli offers many sports camps. Campers learn the values of dedication, perseverance and commit-

ment to teamwork, while meeting new friends and having fun. All camps are led by the coaching staff at Roncalli, and are directed to the ability level of each child.

Visit [roncalli.org/athletics/summer-sports-camps](http://roncalli.org/athletics/summer-sports-camps) to see the dates and ages for the following camps: Football, Football Kicking, Boys Lacrosse, Girls Volleyball, Girls Basketball, Gymnastics, Boys Basketball, Girls Cross Country, Boys Cross Country, Softball, Baseball, Tennis, Swimming, Diving, Wrestling, Boys Soccer, Girls Soccer, Golf, Boys Volleyball and Cheerleading.

**MATH CAMPS:** Two math camps are offered this summer, one for grades 4-6 and another for grades 7-8. An American Sign Language Class will also be offered. Please contact Allie Ross, Director of Admissions, at [aross@roncalli.org](mailto:aross@roncalli.org) for more information.

**SAINTS FRANCIS AND CLARE**

5901 Olive Branch Rd., 46143  
(317)215-2826

**WOLF ADVENTURES CAMP:** This camp is a fun-filled, educational Spring Break camp for students PreK- 8th grade. The program will run March 20-24 and March 27-31. Flexible drop-off and pick-up times between 7 a.m. and 6 p.m., with breakfast, lunch and snack provided. (PreK campers must be at least 3 years old and fully potty trained by the start of their camp experience.) For more details, visit [ss-fc.org](http://ss-fc.org).

**SOUTHEASTWAY PARK**

5624 S. Carroll Rd., 46239  
(317)327-4834

**NATURE EXPLORERS:** Explore the forest, prairie and pond through this active nature camp. There will be hiking, playing games and investigating different habitats each day. Ages 8-9. June 12-16 and July 17-21. M-F 9 a.m.-3 p.m.

**OUTDOOR ADVENTURE:** Campers will go on several outdoor adventure trips and learn basic outdoor living skills. This camp may feature an overnight camping trip with rope course activities at Bradford Woods, a canoe trip on the Driftwood River and a day of mountain biking at Town Run Trail. Campers will learn how to build a shelter, cook over a fire, work a Coleman stove, paddle a canoe and more. Start and end times of each day may vary. Thursday night is usually an overnight camping trip. Ages 12-15. June 26-30, M-F 9 a.m.-3 p.m.

**SURVIVOR:** Ever eat insects? Can you build a fire? Can you find your way

with a compass? Get a chance to this and more at Survivor Camp. Learn outdoor survival skills and natural history through games, activities and exploration. Be prepared to be adventurous and competitive. Ages 10-12. June 19-23 and July 10-14, M-F 9 a.m.-3 p.m.

**TRAIL STOMPERS:** Each day is filled with games, stories, hands-on activities, and some trail-stomping fun! Bring hiking boots and prepare to get messy! Ages 6-7. June 5-9 and July 24-28, M-F 10 a.m.-2 p.m.

**WIGGLE WORMS:** Wiggle Worms is a nature camp for wiggly preschoolers! Campers will hear stories, make crafts, catch bugs, go on a creek stomp and more. Ages 4-5. May 30-June 2 and Aug 1-4. Tu-F 10 a.m.-12 p.m.

**STAGE I DANCE ACADEMY**

740 Fry Rd., Suite D, 46142  
(317) 881-2021  
stage1danceacademy.com

Don't miss out on all of our amazing summer camps at Stage I Camps and classes are available for ages 2-18. Join us for a week-long Acting/Musical Theater Camp that will have a small performance at the end of the week. The June camp will perform Peter Pan and the July camp 101 Dalmatians. Sign up today before these camps fill up. Register online, call or stop by the studio today.

**YMCA OF GREATER INDIANAPOLIS**

Multiple Locations

**FLAT ROCK RIVER YMCA CAMP:** Flat Rock is an overnight camp for kids ages 7-17, located at the Ruth Lilly YMCA Outdoor Center in St. Paul, Ind. There are nine camp sessions available from June 4-August 5, as well as Adventure (field trip) and Mini (3-day) camps. Camp activities include archery, zip lining, horseback riding, alpine tower, fire making, kayaking, swimming and more! Visit [flatrockymca.org](http://flatrockymca.org).

**YMCA DAY CAMPS:** Traditional, Enrichment and Sport Camps will be held at more than 20 locations in the greater Indianapolis area, and begin on May 29. Registration is open now. Financial assistance is available. View the catalog and register online at [OurCause-sYou.org](http://OurCause-sYou.org). Registration is also accepted via phone: (317) 484-9622 or at any of the 12 YMCA of Greater Indianapolis center locations.

*Stage I*  
**DANCE ACADEMY**

Bring in this ad to receive  
**1/2 off a Registration Fee!**

[www.stage1danceacademy.com](http://www.stage1danceacademy.com)

740 Fry Road, Suite D,  
Greenwood, IN 46142

317-881-2021



**DAY CAMP!**



Join us for five days of fun at:  
**Emmanuel Church**  
Visit [eclife.org](http://eclife.org) for info.

**CHOOSE YOUR ADVENTURE**

the **YMCA**

**YMCA OF GREATER INDIANAPOLIS DAY & OVERNIGHT CAMPS**

**DAY CAMP**  
Traditional, Sports, & Enrichment/Specialty Camps at 25+ locations.  
[INDYMCA.ORG](http://INDYMCA.ORG)

**OVERNIGHT CAMP**  
with horseback riding, zip lines, kayaking, archery and more!  
[FLATROCKYMCA.ORG](http://FLATROCKYMCA.ORG)





**IUPUI DAY CAMPS**

Ages 5 - 12  
camps.iupui.edu



**INDIANAPOLIS SPORTS PARK, INC.**  
EVERYONE'S PLAYGROUND  
WWW.INDYSPORTSPARK.COM

**SAVE \$50**  
IF YOU REGISTER YOUR ADULT SOFTBALL TEAM BY MARCH 8.  
Leagues start April 9.

Register at [indysportspark.com](http://indysportspark.com) or call (317) 784-7447 for more info.



**CHOOSE YOUR ADVENTURE**  
YMCA OF GREATER INDIANAPOLIS  
DAY CAMPS - [INDYMCA.ORG](http://INDYMCA.ORG)  
OVERNIGHT CAMP - [FLATROCKYMCA.ORG](http://FLATROCKYMCA.ORG)



## CHOOSE YOUR ADVENTURE AT THE Y!

By Raena A. Latina

Camping, like many YMCA programs, is about learning skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn both how to be more independent and how to contribute to a group as they engage in physical, social and educational activities. At the Y, we are dedicated to making sure camp is an amazing experience for every camper.

YMCA Camps are accredited by the American Camp Association (ACA), which means they have met or exceeded the highest nationally recognized standards for health, safety, staff training and program quality. We offer traditional, sports and enrichment camps with multiple popular themes. Our Day Camps provide age appropriate activities for each child, and pool time is included with all camps. Families can choose half day, full

day and overnight camp programs for their children.

Flat Rock River YMCA Camp is the Y's overnight camp, located 45 minutes southeast of Indianapolis at the beautiful 240-acre Ruth Lilly YMCA Outdoor Center in St. Paul, Ind. Flat Rock is a great way to give your child an experience away from home. All campers will enjoy amazing outdoor activities such as zip line, horseback riding, swimming, biking, kayaking, archery and more!

YMCA Day Camps will begin May 29 and run all summer, with more than 20 locations across the city. Parents can register their child by stopping by any YMCA location, at [OurCausesYou.org](http://OurCausesYou.org) or by calling (317) 484-9622. Financial assistance is available and CCDF vouchers are available at most locations.

Overnight summer camp sessions begin June 4. For more information about Flat Rock River YMCA Camp and its spring and fall break camps, call (888) 828-9622 or visit [flatrockymca.org](http://flatrockymca.org) for more information.





FROM THE EDITOR



Forward, March!

We've done it, dear Southside readers; we've survived grueling January, February and are making our way into the uncharted wilderness of March 2017.

March has been a significant month throughout history—for the Romans, Maritus was named after Mars, the god of war and father of the founders of Rome, Romulus and Remus (according to legend). There are also Ides to beware on the 15th if you're a certain dictator of the Roman Republic.

However, March is also a month celebrated as a return to farming and sailing and general merrymaking as the bitter cold of winter gives way to the first budding petals of spring – though we haven't had so much bitter cold this year and our daffodils began to bloom in late February this year. Rain washes the salt and snow from the earth; green once again fills in the brown and gray winter color palate. Kids can trade in their snow suits for rain boots – and be sure to break out the sunscreen for those spring vacations.

Oh, and don't forget to "spring" forward (arguably the worst part of spring if you're not prone to allergies) Sunday, March 12 at 2 a.m. We're excited to see all the vibrancy and rejuvenation March brings around springtime. It may not look like it now outside, but you know what they say about Indiana weather. Also, isn't there a big basketball tournament coming up?

The Southside Times welcomes letters to the editor in good taste.

All submissions are subject to editing. Please send to news@ss-times.com. All letters must be signed. Please include a daytime phone number for verification purposes only.



STARS & STRIKES ON THE SOUTHSIDE

The Southside Times is all about people and our community. What do you like in your neighborhood? What don't you like? Who has done something nice, no matter how small and should be recognized?

Email your "Stars and Strikes" to news@ss-times.com. Chad Mertz of Greenwood contributed to this week's Stars and Strikes.

★ **Stars:** To the Greenwood Development Commission for pursuing an aggressive agenda to improve and develop the community. During its February meeting, the RDC approved another G.R.O.W. participant (Clown Pediatrics), initiated creation of a master Greenwood signage plan, and approved a design contract for the new road through Old City Park connecting Market Plaza and Surina Way.

★ **Stars:** To Pam Stallard for heading an upcoming information meeting, 'Citizens Patrol BG,' March 7 at Beech Grove Our Place, 7 - 8 p.m. Community awareness not only brings people together, but helps prevent crime in our neighborhoods as well!

★ **Stars:** To David Weekly Homes for and City BBQ on US 31, who provided an appreciation lunch for Southeast District Officers on each shift.

★ **Stars:** To the Southport Redevelopment Commission on their work to purchase the former Feed and Seed property. As of Feb. 24, the RDC are now proud property owners with plans to find a developer to fit into the city's design standards and beautify the area even more!

QUOTE OF THE WEEK

"I knew that if I failed I wouldn't regret that, but I knew the one thing I might regret is not trying."

~ Jeff Bezos, Amazon founder

HUMOR



TOP TEN REASONS THE COLTS' DAVID PARRY WENT WILD ON A GOLF CART

By Torry Stiles

Dear readers - Recently Indianapolis Colts player David Parry was arrested in Arizona for stealing and crashing a golf cart while out bar hopping. Police, the Colts and the NFL are investigating but maybe this will help.

10. "Trying to get back before bed check."
9. "I blame PTSD..... Pabst, Tequila Shots and Daiquiris."
8. "It's Daytona, baby! Boogity-boogity!"
7. "I told coach that helmet was too tight. Where's my lawyer?"
6. "One of the Unser guys dared me."
5. "Brady got another ring so I figured I'd get me some bracelets."
4. "When they said 'La La Land' won over 'Moonlight' I just lost it. Kicked in the TV. Started drinkin'... Say what? A mistake? Boy, is my face red."
3. "Coach said I needed a hobby. I took up golf and demo derby. Always been an over-achiever."
2. "What? You expect my mom to come get me at this hour?"
1. "At 2AM every hole is a par three and I'm rockin' the scorecard right now... Where's my ball?"

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each week, we'll share one with you ...

In New York, it is against the law to throw a ball at someone's head for fun.

Source: dumblaws.com



# NIGHT & day LOCAL ENTERTAINMENT ENTERTAINING

## CALENDAR OF EVENTS

### BEECH GROVE

**Family Storytime @ Beech Grove** • Families are invited to the Library to listen to stories. | When: March 7, 6 p.m. | Where: Beech Grove Branch library, 1102 Main St. | Info: (317) 275-4560.

**Christian Simplicity: Care for our Common Home** • This program will offer practical opportunities for people of faith to apply the values of Christian Simplicity their lives. Fee: \$30 per session. | When: March 7, 14, 21, 28 and April 4; 7 - 9 p.m. | Where: Benedict Inn Retreat & Conference Center, 1402 Southern Ave., Beech Grove. | Info: (317) 788-7581 or benedictinn.org.

**Free Dental Clinic/Health Expo** • Southside Seventh-day Adventist Church sponsors this free clinic/expo. | When: March 11, 1:30 - 6 p.m. and March 12, 8 a.m. - 5 p.m. | Where: Hornet Park Community Center, 5245 Hornet Ave., Beech Grove. | Info: Contact Randy Griffin, (317) 409-3260, randy.griffin@lakeunion.org.

### CENTER GROVE

**Makey Makey Music** • Build a banana piano or become a human drum. Orchestrate and invent with the library's Makey Makey circuit boards. Attendee must be between grades 5 and 12. | When: March 6, 6:30 - 8 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

**Fairy Houses** • Create a fairy house. Attendee must be between the ages of 1 month and 12 years old. | When: March 7, 4:30 - 5:15 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

**Seuss Celebration** • Help celebrate Dr. Seuss' birthday with crafts, activities, and stories! | When: March 9, 4:30 - 5:15 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org.

### FRANKLIN TOWNSHIP

**Toddler Storytime at Franklin Road** • Toddlers 18 - 36 months and an adult are invited for stories, songs, finger plays and flannel board activities. | When: March 7, 14, 21 and 28, 10:15 a.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

**Preschool Storytime at Franklin Road** • Preschoolers ages 3 - 6 and an adult are invited for stories and preschool activities. | When: March 8 and 29, 10:15 a.m. and 11:15 a.m.; March 7 and 28, 1:15 p.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

**Baby Lapsit at Franklin Road** • Babies up to 18 months and an adult are invited for stories, songs, rhymes and flannel board activities. | When: March 9, 16, 23 and 30, 10:15 a.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

**Sensory Storytime @ Franklin Road** • Preschoolers ages 2 - 6 with sensory sensitivities and an adult can partake in stories and song-related activities and interact with tactile sensory toys. Register at Information Desk. | When: March 9, 1:30 p.m. | Where: Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: (317) 275-4380.

### FOUNTAIN SQUARE

**Duct Tape Craft Class** • Children ages 6 and up are invited to create their own clutch or billfold out of duct tape, presented by Art With a Heart. | When: March 4, 2 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

**Play Date Preschool Storytime at Fountain Square** • Preschoolers and an adult are invited for stories, songs, fingerplays and rhymes following by playtime. | When: March 6, 13, and 27, 11 a.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

**Evening Play Date Preschool Storytime** • Preschoolers and an adult are invited for stories, songs, finger plays and rhymes followed by playtime. | When: March 7, 6 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

**Spring Cooking Workshops: Freezer to Slow Cooker** • Learn to plan ahead, use a freezer and have meals ready to go right into the crock pot for a month! | When: March 8, 2 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave. | Info: (317) 275-4390.

### GARFIELD PARK

**CEO's Love Your Library Tour: Celebrating Central Library** • Join Library CEO Jackie Nytes for an interactive discussion about activities planned at Central Library in 2017. | When: March 2, 2 p.m. | Where: Garfield Park Branch library, 2502 Shelby St., Indianapolis. | Info: (317) 275-4490.

**Spring Bulb Show** • From classic favorites to unique hybrids of tulips, hyacinth, daffodils and more - the sneak peek of spring is here. | When: March 3 - 10, Monday - Saturday 10 a.m. - 5 p.m., Sunday 1 - 5 p.m. | Where: Garfield Park Conservatory, 2505 Conservatory Dr. | Cost: \$4 per person, \$10 families. | Info: garfieldgardenconservatory.org.

**Arts for All: Surprise Monster Drawings** • Turn a drawing of something sweet like a bunny or a goldfish into a surprise monster with huge fangs! | When: March 4 - 25, 12 - 4 p.m. | Where: Garfield Park Arts Center, 2432 Conservatory Dr., Indianapolis. | Info: gpacarts.org.

**Parent and Preschooler Yoga** • Preschoolers and their parents are invited to this 45-minute program presented by certified instructors from Greater Indianapolis YMCA. | When: March 4, 11 a.m. | Where: Garfield Park Branch library, 2502 Shelby St., Indianapolis. | Info: (317) 275-4490.

**Tribute to Dr. Seuss Magic Show** • Children of all ages and families are invited to celebrate the worlds created by Dr. Seuss in this tribute show by magician Don Miller. | When: March 6, 6:30 p.m. | Where: Garfield Park Branch library, 2502 Shelby St., Indianapolis. | Info: (317) 275-4490.

### GREENWOOD

**Featured Artist: John Manicke** • This month-long exhibit during March will feature about 30 paintings and sketches by artist John Manicke. Most of the art works are for sale. | When: Now - March

## AN OPTION

### Gold Coffee Pancake House

#### THE SCOOP:

The coffee and the pancakes are hot, and Southsiders have a new favorite breakfast restaurant just north of County Line Road and Emerson next to El Meson Mexican Restaurant and across the road from the new Kroger Marketplace. Gold Coffee Pancake House is a new locally owned breakfast and lunch destination. Bring the family and order omelettes, eggs benedicts, pancakes, frittatas, skilletts, breakfast wraps, crepes, waffles, French toast, oatmeal and more. For lunch they offer soup and salads, sandwiches and wraps, hamburgers, steaks, salmon, and much more. Their side orders are a cornucopia of goodness: country ham, sausage patties, has browns, grits, mashed potatoes, corned beef hash, turkey sausage, turkey bacon, apple sauce, cole slaw, cottage cheese, yogurt, fruit and croissants.

#### RECOMMENDATION:

Golden House Pancake Combo with pancakes, two eggs, and a choice of two sausage patties or links and two strips of bacon.



Country Fried Skillet

#### TYPE OF FOOD:

Breakfast favorites including pancakes, omelettes, biscuits, breakfast wraps and more; lunch favorites including sandwiches, wraps, steaks, burgers, soups and salads.

#### HOURS:

7 a.m. to 3 p.m. daily

#### LOCATION:

8810 S. Emerson Ave. Suite 275 in Indianapolis north of the County Line Road. intersection across the road from the new Kroger.

#### PHONE:

(317) 851-8614

## BEHIND BARS

### David's Margarita 16 oz.



**Bartender:**  
George Mendoza

**Location:**  
El Meson Mexican Restaurant

#### Ingredients and directions:

- Rim the a margarita glass with sea salt.
- In a shaker over ice add  
3 oz. Patrón Silver Tequila,  
3 oz. Patrón Citrónge Orange, and 2 oz. sweet and sour and fresh lime juice.
- Shake and pour into the margarita glass. Garnish with a lime slice.



Compiled by Brian Ruckle

## WHERE I DINE

**Laura Werner**, associate with AFLAC and Wanamaker resident



**Where do you like to dine?**  
New Bethel Ordinary Restaurant and Lounge

**What do you like to eat there?**  
Their pizza is awesome but they also have great Turkey and Beef Manhattans. They are awesome.

**What do you like about this place?**  
It is local, it has a great atmosphere and the people are very personable.

*New Bethel Ordinary Restaurant and Lounge is located at 8838 Southeastern Ave. in downtown Wanamaker. The phone number is (317) 862-5020.*

## What's going on Southside?

Send your news & events to:  
news@ss-times.com

Calendar continued on page 19





David Oyelowo and Rosamund Pike in *A United Kingdom*.

Photo courtesy of Fox Searchlight Pictures

## A United Kingdom an unconventional love story

### MOVIE REVIEW

By Adam Staten

Most people are by nature creatures of habit. These habits and routines, while they may become predictable and boring can help to provide safety and stability. Whether we'd like to admit it, we all have activities and expectations that help to get us through the day with relative ease. Disrupt these routines or stray from social norms and expectations and total chaos can ensue. One recently released film explores a situation in which veering off the beaten path led to an international crisis.

Set in the late 1940s and early 1950s, *A United Kingdom* is the true story of Seretse Khama (David Oyelowo), prince of Botswana and the international upheaval his relationship and eventual marriage to a white woman, Ruth Williams (Rosamund Pike), caused. In order to prepare for his eventual kingship of the African country, Seretse is sent off to school in England.

However while finishing up his schooling, Ruth, a lowly typist, catches Seretse's eye. They begin a whirlwind relationship and quickly fall in love. But as soon as they fall in love, Seretse is called back to take his rightful place on the throne in Botswana. Naturally, this throws a major kink into their relationship. Not wanting to be apart, Seretse proposes marriage and they are married soon after. In order to be together, Ruth gives up everything she has every known in England and off to Botswana they go, but things don't go as planned. Because of his choice in spouse, Seretse is kept from becoming king and due to their interests in Africa at the time, the English government gets involved in the matter as well.

Despite the truly fascinating political fallout that comes as a result of Seretse and

Ruth's relationship, the film is essentially about Ruth and Seretse and their love for one another. We see them fall in love, get married, have a child and then due to forces greater than themselves, kept apart. However, while the film gets into Seretse as an individual, the film never really accomplishes this with Ruth. Ruth is a typist, who early on in the film meets Seretse at a party and that's really all the background info we're ever provided on her. As the film progresses this lingering feeling that Ruth is underdeveloped as character persists.

As interesting as the love story of Ruth and Seretse is, it's the political ramifications that come as a result of their relationship that is most fascinating. Unfortunately, it takes a considerable amount of time before getting to that point. Before that it's just a lot like many other films where opposing forces are trying to keep our main characters apart simply because of their differing skin color.

*A United Kingdom* is an uplifting tale about the power of love to overcome pretty insurmountable obstacles. The story and Oyelow's inspiring performance make this one to see.

3.5 out of 5.



Adam Staten lives in Perry Township and is a movie buff. Staten graduated from University of Southern Indiana with a degree in Communication Studies. He can be reached at adam.staten1@gmail.com

Calendar continued from page 18

30, Wednesdays - Saturdays 11 a.m. - 3 p.m. Open house March 5, 2:30 - 5 p.m. | Where: Southside Art League Gallery, 229 E Broadway Street, Greenwood. | Call SALL, (317) 882-5562.

**Literary Legends & Inspiring Landscapes of Scotland & Ireland Information Session** • Adults: Find out about GPL's upcoming Literary Legends & Inspiring Landscapes of Scotland and Ireland trip set to depart this July! | When: March 7, 6:30 p.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: Register, greenwoodlibrary.us, (317) 885-5036.

**Hello Sunshine! Solar-Powered Lawn Care** • Gus Mariscal, owner of the Solar Earth Lawn Care, will share tips on green gardening practices and other tasks. Adult program. | When: March 8, 6 p.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: greenwoodlibrary.us.

**How to File Your (Simple) Taxes Yourself** • Adults: Learn some tips and tricks for filing taxes online from IRS trained volunteers. | When: March 9, 6 p.m. | Where: Greenwood Public Library, 310 S. Meridian St. | Info: greenwoodlibrary.us.

### INDIANAPOLIS

**Project Prom Annual Dress Give-Away** • Project Prom helps girls who are in financial hardship with free dresses, jewelry, shoes, evening bags and wraps. | When: March 4, 10 a.m. - 2 p.m. | Where: Flanner & Buchanan Community Life Center, 10612 E. Washington St., Indianapolis. | Info: Kim Browning, (317) 441-2409, browningk59@gmail.com.

**Free Music Concert featuring the Purdue Musical Groups** • Free concert and open to the public, which includes Heart and Soul, a mixed ensemble of 25-30 singers and Purdue Bells. | When: March 4, 2 p.m., doors open 1:30 p.m. | Where: Old Bethel United Methodist Church, 7995 E. 21st St. | Info: jhannah@oldbethel.org, (317) 696-0153.

### JOHNSON COUNTY

**Annual Spring Craft Fair** • The Johnson County Extension Homemakers Association will sponsor this fair with 50+ vendors selling craft and artisan products. | When: March 4, 9 a.m. - 3 p.m. | Where: Scott Hall, Johnson County Fairgrounds, Franklin. | Info: (317) 736-3724.

### PERRY TOWNSHIP

**Pasta for Pets** • This annual fundraiser benefits Southside Animal Shelter. | When: March 3, 7 - 10 p.m. Doors open 6:30 p.m. | Where: Primo Banquet Center, 2615 National Ave., Indianapolis. | Info: ssasi.org/pastaforpets2017.html.

### SOUTHPORT

**Boutique Sale and Fundraiser** • Shop local vendors and artisans for this Riley Dance Marathon fundraiser hosted by Southport High School's student-driven philanthropy group. | When: March 4, 9 a.m. - 2 p.m. | Where: SHS, 971 E. Banta Rd., Indianapolis. | Info: f/events/318900151844288/.

**Family Game Day at Southport** • Families and children of all ages can play board games or solve puzzles. | When: March 4, 12 - 4 p.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: (317) 275-4510.

**Owls: Preschool Art Workshop** • Preschoolers and an adult can explore sculpture, simple shapes, and drawing and painting with The Art Lab. | When: March 7, 10:30 a.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: (317) 275-4510.

### IN OUR SCHOOLS

#### Roncalli's Belcher honored by Kiwanis

**Resilient** – The Kiwanis Club of Indianapolis honored Roncalli High School senior Devon



Belcher at its 42nd annual Abe Lincoln Awards Luncheon Feb. 17. At this luncheon, the Kiwanis honor a senior from each high school in Marion County who has displayed resiliency in overcoming significant obstacles and achieving success while in high school. Belcher has endured more than 100 surgeries and two liver transplants due to complications at birth.



*Pictured from left top, Emily Jones, Rocco Meo, Lauren Franzetti, Elly Kimbual, Madison Roark, Ruth Khun, Morgan Adams, Sam Blankenship, Jennifer Michael, Tim Wolfe, Kaitlyn Gornik, Colby Sanders. Front row: Coach Brent Speraw, Josh Hoover, Ella Bennett, Ruth Gakunga, Glory Hiang, Ainslie Winton, Ally Davidson, Claire Bilodeau, Bella Sandefer, Briana Chamorro.*

#### PMMS speech team places 3rd at Riverside Invitational

**Team** – The Falcon Speech Team from Perry Meridian Middle School had 23 of 24 participants earn ribbons and placed a season high third among 17 teams at the Riverside Junior High School Invitational in Fishers Saturday. First place ribbons went to Kaitlyn Gornik in Poetry and Emily Jones for Original Oratory. Second place finishes were registered by the Duo of Bella Sandefer and Briana Chamorro, along with Ruth Gakunga in Dramatic Interpretation. Ruth Gakunga and Emily Jones placed third in Duos; third Place finishes also went to Bella Sandefer in Poetry. Earning four place ribbons were Colby Sanders in Radio Broadcasting, the Duo of Rocco Meo and Lauren Franzetti, Rocco Meo in Humor, along with Ruth Khun in Discussion. Rounding out the rest of the events and places were: Josh Hoover -ninth in Radio, In Discussion, Jennifer Michael place ninth and Sam Blankenship 10th. Ella Bennett was seventh in Extemporaneous Speaking. Impromptu saw four Falcons earn ribbons: Madison Roark fifth, Lauren Franzetti sixth, Ellie Kimbual eighth, Ainslie Winton ninth. In Poetry, Glory Hiang placed eighth, in Prose, Briana Chamorro and Morgan Adams were fifth, with Madison Roark placing sixth The Duo of Claire Bilodeau and Ally Davidson placed sixth.



Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

```

      T
    H Y R
  B E S H A
O O C C I A C
C J S N E S L P T
B U C E B R P W G F O
H F U R B A A A C W N Q R
A W F O S R U N S L Z E G
Y K E F Y N Q I S Y A E G
N J P L S E S S A C R R C
N A B N G V L H C M B U K
L E I L A N J C A F A W N
V N T L G L A N R H D V N
  S T T A R I I L I P B
    I Y I T E M R U C
      L T K I E P T
        O L P P K
          J Y A
            N
    
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4 Languages \_\_\_\_\_  
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4 Indiana Farm Things \_\_\_\_\_  
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 \_\_\_\_\_

5 Baby Animals \_\_\_\_\_  
 \_\_\_\_\_  
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 \_\_\_\_\_

3 Shapes \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2 Indiana "C" Counties \_\_\_\_\_  
 \_\_\_\_\_

1 Bobby Plump High School \_\_\_\_\_

**ACROSS**

1. Franklin lodge fellows
5. Katz, Sapper & Miller pros, for short
9. Idiot
14. "Just \_\_\_\_"
15. Ace Hardware garden tool
16. Hinkle Fieldhouse, for one
17. Legal rights org.
18. Second closest Great Lake to Indy
19. Brickyard 400 driver
20. PU president
23. Angela Buchman weather word
24. Greenwood-to-Ft. Wayne dir.
25. iPhone, e.g.
28. Monastery head
31. Falls behind
33. Tow Yard Brewing quaffs
34. Prefix with cycle
35. Responded in Marion County Court
37. Stimulants
39. IU president
42. Eiteljorg Museum tribe
43. "Uh... excuse me"
44. Beech Grove summer clock setting
45. Mo. for Indy's Labor Day parade
46. Climbing plant
48. Indiana Toll Road service areas
50. Colts 6-pters.
51. Nicoson Hall restroom sign
52. Ages and ages at the Indiana Geological Survey
54. IUPUI chancellor
59. Trojan War epic
62. Ultimatum ender
63. Doozy
64. Site of Purdue's 2000 Outback Bowl game
65. "Let's go!"
66. Indiana National Guard group
67. Closing time for some bars
68. Bear Run Coal Mine weights
69. 2015 World Series team

**DOWN**

1. Cheese choice
2. Centers of activity

1	2	3	4		5	6	7	8		9	10	11	12	13	
14					15					16					
17					18					19					
20				21					22						
			23					24				25	26	27	
28	29	30				31	32				33				
34				35	36				37	38					
39			40						41						
42							43						44		
45						46	47				48	49			
50					51					52	53				
			54						55				56	57	58
59	60	61							62				63		
64									65				66		
67									68				69		

3. Gordon Pipers attire
4. Wall plaster
5. Doctrine
6. Type of parking in downtown Indy
7. Similar
8. It's believing?
9. Hoosier National Forest tree
10. Mining finds
11. Part of AARP (Abbr.)
12. Hamilton's prov.
13. City-County Council no vote
21. Table protector under a warm dish
22. Make certain
25. Culver Military Academy freshmen
26. Pooh-pooh
27. Balance sheet items for 5-Across
28. Not more than
29. Pickled, in a way
30. Arm muscle
32. Young & Laramore worker
33. IMPD alert
36. Fall fallers
38. Cal Poly city
40. Victory Field single or double
41. Roots for the Pacers
47. Fly or flea
49. Place of refuge
51. Sir's counterpart
53. Bids one club, say, at the Indianapolis Bridge Center
54. Area auto parts giant
55. Local steak house saint
56. Lake Michigan shore thing
57. Touched down at IND
58. Dirt-road tracks
59. Addams Family cousin
60. Indiana Supreme Court's sphere
61. Texter's "I think..."

Answers See Page 21

	2	9		4	3			
4					6		5	
		3						
6	3				8		7	9
		5				4		
2	7		4				6	1
						6		
	5		9					7
			5	2		1	3	

*Puzzle time*



# Are you heart attack proof?

## NUTRITION

By Wendell Fowler

*"With what we now know... we could see the last heart attack in America."*

- CNN SONJA GUPTA

Each year about 735 K Americans suffers a heart attack (CDC). That's roughly every 34 seconds. Rejoice: eating a diet composed of grains, beans, nuts and seeds, dark leafy greens, fresh garden produce, good fats and fiber are proven to prevent heart attacks. Friends, food has everything to do with heart health. And that's the irony: most don't care what they eat; overlooking that their beautiful holy temple is a gift and a responsibility.

Are you a super-sized junk food junkie ripe for a heart attack? Can't handle plant foods? Awaken! Eat cleaner and closer to earth and exercise regularly and you'll likely never have a heart attack. Not just for the aging, Harvard Medical School reports up to 10 percent of all heart attacks today occur under the age of 45. Due to a lifetime of lousy dietary education and poor diet (processed junk food), smoking, excessive cocktail-ing and a sedentary lifestyle, diabetes, high blood pressure, high cholesterol, inflammation and obesity rates are steadily increasing.

### PLANT FOODS YOU MUST LEARN TO LOVE:

**Legumes:** 3-4 servings of legumes each week: lentils, kidney beans, Lima beans, chickpeas help remove LDL cholesterol.

**Fresh produce:** (green, red and yellow) 7-9 daily ½ cup portions of a combination of avocados, asparagus, pomegranate, cherries, blueberries, broccoli, persimmons, spirulina,

cranberries and watermelon all have positive effects on the circulatory system and clear arteries of plaque. Sweet potatoes, yellow squash, broccoli and carrots.

**Dark leafy greens:** Studies show one daily serving of green leafy vegetables and their sterols, magnesium and potassium, lowered the risk of cardiovascular disease by 11 percent. (The Adventist health study)

### DEEPLY COLORED VEGETABLES:

**Whole grains fiber:** The American Heart Association (AHA) recommends steel-cut oatmeal, oat bran, barley and rice bran are whole grains containing soluble fiber, binds to excess LDL cholesterol allowing it to pass from your temple. Whole grains contain magnesium, which dilates blood vessels, keeping blood pressure healthy.

**Nuts and seeds:** Almonds, walnuts and hazelnuts 3-4 weekly servings of nuts and seeds recommended by the AHA. Their omega-3 and omega-6 fatty acids help keep arteries healthy. Magnesium prevents plaque formation and keeps blood pressure steady. Only need a handful at a time. Nuts are high calorie.

**Oil-fats:** Unrefined, unheated coconut oil, avocado oil, extra virgin olive oil or flax and chia seed oil.

**Nutritional yeast flakes:** a source of B vitamins that can reduce death from strokes and heart disease.

*Bon Appetite.*



*Chef Wendell is a lecturer and food journalist. Contact him at [chefwendellfowler@gmail.com](mailto:chefwendellfowler@gmail.com).*

### Puzzles & Answers – SEE PAGE 20

#### Answers to HOOSIER HODGEPODGE:

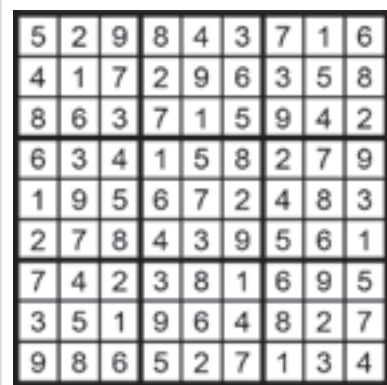
**Languages:** ENGLISH, FRENCH, GERMAN, GREEK, ITALIAN, SPANISH;  
**Animals:** CUB, FAWN, JOEY, KITTEN, PUPPY;  
**Items:** BARN, HAY, SILO, TRACTOR;  
**Shapes:** CIRCLE, SQUARE, TRIANGLE;  
**Counties:** CASS, CLARK;

High School: MILAN

### Q&A

#### SEE PAGE 23

1. B
2. C
3. A
4. A
5. B



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## OBITUARIES

**Dennis Wayne Adams**

Dennis Wayne Adams, 54, of Indianapolis, died on Feb. 17, 2017. He was born on Nov. 17, 1962, in Indianapolis to Herman H. and Betty J. Adams. Dennis enjoyed spending time outdoors, cookouts, playing horseshoes, corn hole, and doing yard work. Dennis is survived by his mother, Betty Adams; finance, Tami Deansiblins; nine siblings, Betty Goodnight, Dorothy Goodwin, Herman Adams, Larry Adams, Mary Dewitt, Theresa Hudson, Pamela Allen, Terry Adams and Robert Adams. He was preceded in death by his father, Herman Adams and a brother, Nicke Adams. Visitation was Feb. 24 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave.. Graveside services were at Floral Park Cemetery.

**Charlene Joan "Jo" (Bradshaw) Baird**

Charlene Joan "Jo" (Bradshaw) Baird, 83, died Saturday February 25, 2017. "Auntie Jo" was raised in near west Indianapolis the youngest of four sisters of John Bradshaw and Lulu Blanch (Moore) Bradshaw. Jo graduated in 1950 from Washington High School. Jo and her husband, the late Delbert Ray Baird, were married during the Korean War. They raised their three sons and daughter on the Indianapolis east side through the 1960's. Jo worked seven years as executive secretary for the downtown Building Owners and Managers Association of Indianapolis. From 1976 through retirement, in Greenwood, Jo worked at Insurance Services Organization (ISO), Inc. Following her husband's death in 2001, Jo remained a regular at the Greenwood Moose bingo nights- often toting in pies, or cakes for snack bar organizers to sell for funding. Jo is survived by her three sons, Michael Ray Baird, Kirby Alan (Amy) Baird and Jeffrey Ryan Baird. Her daughter, Paula Rae (Baird) Rohr preceded Jo in death in 2013. Jo leaves six grandchildren, five great-grandchildren and numerous nieces and nephews. Services for Jo are March 3, 1 p.m. at Singleton Community Mortuary and Memorial Center. Visitation is March 2, 4 - 8 p.m.

**James "Gabby" Allen Brooks**

James "Gabby" Allen Brooks, 87, of Beech Grove, died on Feb. 24, 2017. He was born on July 16, 1929 in Bethpage, Tenn. to the late Carsie and Nora Gladys Brooks. He enjoyed going to the casino and flea markets. The highlight of his life was being able to witness the Cubs win the World Series. Survivors include his wife of 62 years, Virginia "Jenny" Lee Brooks; children, Allen (Cheryl) Brooks and Linda Graves; grandchildren, Amanda Graves-Hazelwood, Christopher Graves, Jessica Brooks-Willsey, Joann Brooks-Stout, Jason Miller, Joshua Graves; 20 great-grandchildren; siblings Peggy Greb, Glen Brooks and Ludy Chadwick. James was preceded in death by his siblings, Carsie JR Brooks, Robert Brooks, Mary Katherine Brooks, Roy Brooks, Bobby Brooks, Thomas "Billy" Brooks and son-in-law, Ronnie

Graves. Visitation was Feb. 28 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Funeral service was March 1. Burial is at Greenwood Cemetery.

**Margaret P. Cavendish**

Margaret P. Cavendish, 86, died on Feb. 22, 2017. On Jan. 15, 1931 Marge was born in Jamestown, Ky. to Silas and Nina (Davis) Stearns. Marge is survived by her children and their spouses, Mariea and William Linville, Kimberly and Mariceo Ceballos, Cheryl Cavendish, Kevin Hollifield, Yolanda and George Lanham, Pat Hollifield, Mark and Betsie Hollifield; 28 grandchildren; several great-grandchildren and many family and friends. Marge was preceded in death by three husbands, James Miller, Earl Hollifield, Chuck Cavendish; three sons: Charles Cavendish, Jeff Hollifield, Victor Miller; daughter: Judy Miller; sister: Lucille Dickerson; brothers: Floyd Stearns and Walter Stearns. Visitation was Feb. 27 at Newcomer Funeral Home 925 E. Hanna Ave. Indianapolis. Funeral service was Feb. 28, with interment at Washington Park East Cemetery.

**Jimmy Deckard**

Jimmy Deckard, 34, of Greenwood, died on Feb. 15, 2017. He was born on Sept. 4, 1982 in Indianapolis. Survivors include his mother, Betty Deckard; sister, Patty Bowles; brothers, Barry and Eddy Deckard. Jimmy was preceded in death by his father Jimmy Deckard Sr. Private services will be observed by the family at mother's request.

**David A. Doan**

David A. Doan, 56, of Greenwood, died Thursday, Feb. 24, 2017. Born May 18, 1960 in Indianapolis to Virgil and Wanda Doan, he was a 1978 graduate of Decatur High School and served in the United States Air Force. Dave was an air craft mechanic at Bombardier. An outdoorsman, he enjoyed fishing and hiking. Survivors include his wife of 34 years, Patricia A. "Patty" Doan; son, Jacob M. Doan; stepmother, Kay Doan; siblings, Sandy (Dennis) White, Becky (John) Price, Cindy (Rod) Sheeks; Nancy Miller, Michael Doan; 16 nieces and nephews; in-laws, Marsha and Jan Urban, Mike and Sue Urban, Kelly Lloyd, Erin and Paul Burkhart. Visitation was Feb. 26 at G.H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch, 1605 S. State Rd. 135. Funeral was Feb. 27. He will be laid to rest at The Gardens at Olive Branch.

**James E. Durham**

James E. Durham died Sunday, Feb. 26, 2017. He was born in Indianapolis on Dec. 30, 1943 to Walter and Margaret Durham. He is survived by his wife Rita Durham; sister Patty McPherson; daughter Tammy Page; son James Durham Jr.; stepchildren David (Toni) Martin, Darrell Martin, Diane (Steve) Jones, Linda (Dave) Schmidt; grandchildren Brandon (Randi) Johnson, Darren Johnson, Brittney Baliga, Ashley (Jake) Durham, James (Nicole) Durham

Ill, Kayla Martin, Dylan Vondersaar, Dallas Vondersaar; and 13 great-grandchildren.

**Arvil Epley**

Arvil Epley, 88, of Indianapolis died on Thursday, Feb. 23, 2017. He is survived by his son, Charlie Epley; daughter, Carol Stepp; and five grandchildren. No services are scheduled. Arrangements were entrusted to Simplicity Funeral & Cremation Care.

**Matthew D. Gard**

Matthew D. Gard, 57, of Indianapolis, died Feb. 26, 2017. He was born Oct. 4, 1959 in Beech Grove. Graveside service was March 1 at Washington Park East Cemetery. Arrangements were entrusted to Simplicity Funeral & Cremation Care.

**Ruby (Childs) Harding**

Ruby (Childs) Harding, 86 Indianapolis, died on Feb. 20, 2017. Ruby retired from the United States Post Office as a box clerk. She was preceded in death by her husband John Harding. Survivors include sister, Alma Jean Pryor and a host of nieces and nephews. Memorial service was Feb. 25. at Pleasant Run Congregation of Jehovah's Witnesses, 4809 E. Raymond St., Indianapolis. Arrangements were entrusted to Grinsteiner Funeral Home.

**Ruby I. Lambert Harrell**

Ruby I. Lambert Harrell, 90, of Indianapolis, died Feb. 19, 2017. She was the daughter of Lorenzo and Ida Mae Lambert. She worked several years as a switchboard operator at The Indianapolis Star. She was an accomplished singer and performed under the name of Ruby Russell. She was the widow of Jack Kissel and Lee Harrell. Survivors include sons Jack (Patti) Kissel, Ralph (Lisa) Leonard, Russ (Lisa) Leonard; former husband Russ Leonard. She was preceded in death by her daughter Sherry Rainey; brothers Thornton and Dick Lambert; sisters Flo Crabtree, Dorothy Harold, Opal Schrader; 10 grandchildren; 15 great-grandchildren. Services were Feb. 25 in Simplicity Funeral & Cremation Care, 7520 Madison Ave.

**Emogene "Jean" Herner**

Emogene "Jean" Herner, 89, of Greenwood, died on Feb. 21, 2017. She was born on June 1, 1927, to the late Carl W. and Sudah U. Kessinger. Jean along with her husband, Jack enjoyed volunteering at the Damar Services. Jean and Jack also enjoyed bowling. Jean is survived by her two sisters, Carnella Morgan and Nancy Taylor; and many other nieces and nephews. She was preceded in death by her husband, John "Jack" A. Herner; parents; and six siblings, Gaye Vance, Jeraldine Thompson,

Mary Metzger, Goldie Smith, Michael Kessinger and Carlena Adkins. Funeral services were Feb. 25 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave. She will be laid to rest next to Jack at Washington Park East Cemetery.

**Joan E. Marks**

Joan E. Marks, 88, of Indianapolis, died on Feb. 27, 2017. Born on March 29, 1928 in Indianapolis to the late Frank W. and Frances B. McWhortor, she attended Arsenal Technical High School. "Jodie" met and married her first husband William E. Winingham in 1947, who preceded her in death in 1967. She raised three children and then married Richard P. Marks in 1992. Jodie worked at the Perry Township Assessors office in between her marriages and later at the Southport Senior Center. Jodie worked for decades in Republican politics on the Southside. She served as a precinct committee person for many years. Jodie loved to play cards and particularly enjoyed bridge club. Survivors include her husband Richard P. Marks, children William E. Winingham Jr. (Maureen), James A. Winingham, Susan W. Helm (James), six grandchildren and two great-grandchildren. Visitation is March 2, 11 a.m. - 1 p.m. at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis, with a funeral service at 1 p.m. Burial is at Forest Lawn Memory Gardens.

**Geraldine "Geri" Pickerell**

Geraldine "Geri" Pickerell, 79, of Indianapolis, died on Feb. 27, 2017. She was born on Oct. 3, 1937 in Evarts, Ky. She is preceded in death by parents George and Frances Carr; son Billy Witt; and sister Ruby Carr. Geri is survived by her husband of 41 years John Pickerell; stepson Mark; sisters Mae Wilson, Wilma Callahan and brother Arnold Carr; and several nieces and nephews. She was a member of One Christian Church in Southport. Services for Geri are March 3, 11 a.m. at Singleton Community Mortuary and Memorial Center. Visitation is March 2, 4 - 7 p.m. and from 10 a.m. until the service. Burial will follow at Forest Lawn Memory Gardens in Greenwood.

**Lawrence R. Shaffer Jr.**

Lawrence R. Shaffer Jr., 69, of Indianapolis, died Sept. 8, 2016. Larry was born July 18, 1947. He graduated high school at Arlington Tech. After graduation Larry enlisted in the military and became a fine Marine. He loved listening to blues music, throwing darts and horseshoes, shooting a game of pool on occasion. Larry was everybody's mechanic. Larry is survived by his wife, Tammy; daughters, Nancy and Donna Kelly; son, Joseph (Robin); and five grandchildren; dog Colt and cat, Scooby.

**Larry A. Sims**

Larry A. Sims, 62, of Indianapolis, died Feb. 23, 2017. Born Dec. 9, 1954 in Indianapolis to the late Warren "Jack" and Lorraine Sims, he was a 1973 graduate of Center Grove



High School. Larry was a tax consultant and enjoyed his trips to Vegas. Survivors include children, David (Emily) Sims, Matt (Clara) Sims; grandchildren, Samantha, Caden and Connor Sims; and sister, Regina James. Visitation was Feb. 28 at G.H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch. The funeral was March 1. He will be laid to rest at Forest Lawn Memory Gardens.

### Mary Louise Sircy

Mary Louise Sircy, 83, of Indianapolis, died on Wednesday, Feb. 22, 2017. She was born March 7, 1933 in Portland, Tenn. to Victor and Margaret (Street) Hackett. She married James D. Sircy on July 23, 1951 and he preceded her in death on June 13, 2010. Mary attended Faith Assembly of God Church in Beech Grove and Franklin Park Church in Indianapolis. She was a Machine Operator at Western Electric for many years until retirement in 1987. She loved listening to Gospel music, watching Church TV and taking care of her family. Mary is survived by her grandson, Kevin Davis; granddaughters, Karie (Ben) Riley, Danielle (Justin Burriss) Church and Jamie (Shawn) Taylor; brothers, Roy Hackett and Dan Hackett; sisters, Martha (Denzel) Long, Donna Buntin and Doris Ann Atchison; great-grandchildren, Elijah Davis, Zachery and Faith Miller, Noah Esselborn, Kelsi (Braeden) Wilson, Kaitlin Church, Brooklyn Byrne, Abigale and Paige Taylor, Ayden, Makenna and Liam Byrne; niece, Jeanette "Carolyn" Richardson and many nieces and nephews. She was also preceded in death by her parents; daughters, Marsha Davis and Linda Byrne; sister, Carol Seper. Funeral services were Feb. 24 at Forest Lawn Funeral Home, Greenwood with burial in Forest Lawn Memory Gardens.



### Larry James Short

Larry James Short, 73, of Indianapolis, died on Feb. 16, 2017. He was born on March 22, 1943 in Indianapolis to Elva and Thelma Short. Larry surrendered his life to Jesus Christ at Thompson Rd. Baptist Church. For the last 13 years he was a faithful member of this church and on staff. Survivors include his children, Lora (Randy) McPheron and Lonnie (Disty) Short; grandchildren, Nathan McPheron, Ashley McPheron, Zach Short, Jordan Short, Kristin Short and Luke Short; great grandson, Gabe McPheron; stepchildren, Laticia (Scott) Livesay, Billie

Sims and James Barnett; stepgrandchildren, Amanda Annarino, Jodena Livesay, Chad Bowman, Brad Bowman, Jewel Harris, James Barnett Jr. and Shawn Barnett. Visitation and service was Feb. 19 at Thompson Road Baptist Church, 1700 E. Thompson Rd., Indianapolis.

### Tanner D. Sipes

Tanner D. Sipes, 24, of Greenwood, died on Feb. 13, 2017. He was born on April 3, 1992 in Beech Grove to Timothy Sipes and Amie Rich. He attended Center Grove High School and then graduated from Cypress High School, Fort Myers, Fla. He enjoyed weight-lifting and loved the outdoors with fishing, riding his motorcycle and watching the beautiful sunsets. Survivors include his mother, Amie Rich; sister, Katie Hall; niece, Adalynn Grace Wilkerson; grandparents, Jed and Nettie Holt; uncle Jason Rich; and grandfather Jack Rich. He was preceded in death by his father, Timothy Sipes. Visitation was Feb. 21 at G. H. Herrmann Greenwood Funeral Home, 1605 S. State Rd. 135 and Olive Branch Road. Funeral service was Feb. 22. Burial is at Odd Fellows Cemetery.

### William F.H. Windhorst

William F.H. Windhorst, 64, of Indianapolis, died Feb. 24, 2017. There are no services scheduled. Arrangements were entrusted to Simplicity Funeral & Cremation Care.

### Kenneth Roy Wood

Kenneth Roy Wood, 84, of Franklin, died on Feb. 26, 2017. He was born on June 20, 1932 in Washington, Ind. to the late Luther and Irma Campbell Wood. He was a board member of One Body Ministries. He enjoyed gardening and spending time with his family. Survivors include his wife of 39 years, Gail Wood; six children, Deborah (Brad) Evans, Michael (Dana) Wood, Mark (Adela) Wood, Gayla Thompson, Pamela (Bryan) Smith and Brently (Lisa) Burton; grandchildren, April, Chris, Nathaniel, Jacob, Kyle, Leslie, Karen, Eric, Lindsay, Brent, Jason, Brian, Noelle and Jared; great-grandchildren, Jackson, Isaiah, Elijah, Brendan, Aiden, Brady, Lyla, Kaleb and Ariana. He is preceded in death by three siblings and grandson, Ryan Wood. Visitation was March 1 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Funeral service is March 2, 10 a.m. Burial is at Indiana Veterans Memorial Cemetery, Madison, Ind.

## Southside News Quiz

How well do you know your Southside community? Test your current event knowledge each week with a little Q&A!

**1** This week's edition of *The Southside Times* features various summer camps across the Southside and Central Indiana. Saints Francis & Clare Catholic School has a spring break camp. What is its title?

- A. Students Day Out
- B. Wolf Adventures Camp
- C. Catholic Curriculum
- D. Spring into Saints Francis & Clare

**2** Eclective is a new shop selling artistic, vintage and handmade items at 2915 S. Meridian St. How many business partners are there?

- A. Two
- B. Three
- C. Six
- D. Nine

**3** Garfield Park resident Many Bishop is coordinator for IRIS, which stands for Indiana \_\_\_\_\_ Information & Services.

- A. Reading
- B. Relay
- C. Real
- D. Remediation

**4** Who won the chili cook-off hosted by the Kiwanis of Perry Township?

- A. Kiwanis of Perry Township
- B. Kiwanis of Greenwood
- C. Southport Police Department
- D. IHOP

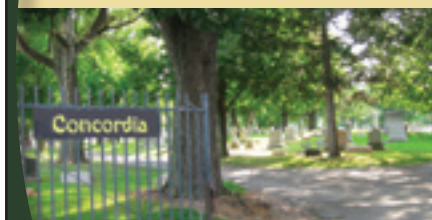
**5** Two Southside natives were selected as 2017 500 Festival Princesses: Jessica De La Cruz, Southport High School graduate, and Taylor Wong, graduate of which high school?

- A. Greenwood
- B. Roncalli
- C. Perry Meridian
- D. Center Grove

Answers on Page 21

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## ✠ ASSEMBLY OF GOD

**Faith Assembly of God** • 186 Royal Rd., Beech Grove | Ph: (317) 784-8566 | Pastor: Lawrence Cook | Sunday: 10:30 a.m. & 6 p.m. | Wednesday: 7 p.m.

## ✠ BAPTIST

**Crossroads Baptist Church** • 1120 S Arlington Ave., Indpls, 46203 | Ph: (317) 357-2971 | Pr. Guy Solarek | Sunday: 10 a.m., 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | [cbcindy.com](http://cbcindy.com)

**Faith Baptist Church** • 1640 Fry Rd., Greenwood | Ph: (317) 859-7964 | Pr. Steve Maxie | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:45 a.m. | Wednesday: 7 p.m. | KJV

**First Baptist Church of BG** • 5521 Churchman Ave., Indpls | Ph: (317) 784-1478 | [office@fbcbeechgrove.com](mailto:office@fbcbeechgrove.com) | Sunday: 9:30 a.m. | Sunday School: 10:50 a.m. | Wednesday: 7-8 p.m. | Childcare & programs, all ages, all services. Join Us! | [fbcbeechgrove.com](http://fbcbeechgrove.com).

**Historic Grace Baptist Church "Since 1927"** • 1907 E. Woodlawn Ave., Indpls | Ph: (317) 638-3143 or 536-8655 | Pr. Rick J. Stone | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

**Lighthouse Baptist Church** • 6950 E. Raymond St., Indpls | Ph: (317) 359-4275 | Pr. Dan Tidd | Sunday: 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | Thursdays Youth Meeting: 6:30 p.m. | Ladies' & Men's meetings (call for times) | "Independent Baptist Church"

## ✠ CATHOLIC

**Good Shepherd Catholic Church** • 2905 S. Carson Ave., Indpls | Ph: (317) 783-3158 | Rev. Todd Riebe, Administrator | Rev. John Beitans, Sacramental Minister | Saturday Mass: 4:30 p.m. | Sunday Mass: 10 a.m. | Completely Handicapped Accessible | All Welcome!

**Holy Name of Jesus** • 89 N. 17th Ave., Beech Grove | Ph: (317) 784-5454 | Rev. Robert Robeson | Worship Times & Anticipation Sunday: 7:30, 9:30 & 11:30 a.m.; Saturday Mass: 5 p.m.

**Saints Francis & Clare Catholic Church** • 5901 Olive Branch Rd., Greenwood | Ph: (317) 859-4673 | Fr. Steve Giannini | Assc. Pastor Fr. James Brockmeier | Saturday Anticipation Mass: 5:30 p.m. | Sunday: 7, 8:45 & 11:30 a.m.

**St. Jude** • 5353 McFarland Rd., Indpls, | Ph: (317) 786-4371 | Fr. Stephen Banet | Sunday: 7, 8:30, 10:30 & Noon | Saturday Anticipation Mass: 5 p.m.

**St. Mark Catholic Church** • 535 East Edgewood Ave., Indpls, | Ph: (317) 787-8246 | Fr. Todd Riebe | Deacon Tom Horn | Sunday: 7:30, 9:30, 11:45 a.m. | Saturday Anticipation Mass: 5:30 p.m.

## ✠ CHRISTIAN CHURCH

**Greenwood Christian Church** • 2045 Averitt Rd., Greenwood | Ph: (317) 881-9336 | Pr. Matt Giebler | Saturday: 6 p.m. | Sunday: 9:30 & 11 a.m. | Sunday School: 8, 9:30 & 11 a.m.

**Mount Pleasant Christian Church** • 381 N. Bluff Rd., Greenwood | Senior Pr. Chris Philbeck | [mpcc.info](mailto:mpcc.info) | Saturday: 6 p.m. (ASL Available) | Sunday: 8:45 a.m., 10 a.m. and 11:30 a.m. | MPCC online campus: MPCC live at 10 a.m. ET.

**Southport Heights Christian Church** • 7154 S. McFarland Rd., Indpls | Pr. Steve Ferguson | Sunday: 9:00 & 10:30 a.m. | Sunday School: 9:00 a.m. | Deaf Ministry: James Wines (317) 493-0414 VP or [jewshdccc@yahoo.com](mailto:jewshdccc@yahoo.com)

## ✠ CHURCH OF CHRIST, SCIENTIST

**Sixth Church of Christ, Scientist** • 7625 McFarland Rd. | Ph: (317) 888-3204 | Sunday: 10 a.m. | Sunday School: 10 a.m. | Wednesday: 4 p.m. | Reading Room Hours Tues: 11 a.m.-2 p.m. & Wednesday: 2:30-3:30 p.m.

## ✠ CUMBERLAND PRESBYTERIAN

**Christ Cumberland Presbyterian Church** • 6140 South Meridian St., Indpls | Ph: (317) 787-9585 | Pr. Elmer Price | Sunday: 10 a.m. | Sunday School: 9 a.m. | "Come Grow With Us!"

## ✠ DISCIPLES OF CHRIST

**First Christian Church of Beech Grove** • 75 N. 10th Ave., Beech Grove | Ph: (317) 786-8522 | Pr. Paul Hartig | Sunday: 10:30 a.m. | Sunday Christian Education: 9:30 a.m.

## ✠ EPISCOPAL CHURCH

**St. Thomas Episcopal Church** • 600 Paul Hand Blvd. (CR 400 N), Franklin | Ph: (317) 535-8985 or email: [stthomasepis@aol.com](mailto:stthomasepis@aol.com) | Rev. Whitney Rice | Sunday Schedule: 9 a.m. bible study; 10 a.m. Holy Eucharist; 11 a.m. coffee/fellowship | Children & youth classes meet at 10 a.m. | [stthomasfranklin.org](http://stthomasfranklin.org) | All are welcome here!

## ✠ EVANGELICAL LUTHERAN CHURCH OF AMERICA

**Bethany Evangelical Lutheran Church** • 4702 S. East St., Indpls | Ph: (317) 786-7854 | Worship Sunday: 9:30 a.m. "We Welcome You"

## ✠ INDEPENDENT CHRISTIAN CHURCH

**Bethany Christian Church** • 4727 S. Sherman Dr., Indpls | Ph: (317) 787-5103 | Min. Jim Clark | Sunday: 10:15 a.m. | Sunday School: 9:15 a.m. | Bible Study Mon.: 6:30 p.m. and Weds. 7 p.m.

## ✠ INDEPENDENT NON DENOMINATIONAL

**Community Church at Murphy's Landing** • 7401 S. Harding St., Indpls | Ph: (317) 807-0222 | Pr. Paul Erny | Sunday: 9:30 a.m. | Sunday School: 11 a.m. | [yourccml.org](http://yourccml.org)

## ✠ LUTHERAN

**Emmaus Lutheran Church & School** • 1224 Laurel St., Indpls (Inside historic Fountain Square) | Ph: (317) 632-1486 | Pr. Raymond Smith | Worship: Sunday at 10 a.m. | [www.emmausfountainsquare.com](http://www.emmausfountainsquare.com)

**St. Mark's Free Lutheran Church** • 1301 E. Prospect St., Indpls (Inside the historic Fountain Square Community) | Pr. Terry Englert | Sunday: 10:30 a.m. | Adult & Children's Sunday School: 9:30 a.m. | Come join us for a traditional style worship experience followed by a time of food and fellowship!

**St. Paul's Lutheran Church** • 3932 MiCasa Ave., Indpls | Ph: (317) 787-4464 | Worship: Sunday, 9:30 a.m. & Thur, 7 p.m. | Sunday School after Worship | [stpaulsindy.com](http://stpaulsindy.com) | [www.stpaulsindy.com](http://www.stpaulsindy.com)

## ✠ NAZARENE

**Cross-Way Community Church of the Nazarene** • 1248 Buffalo St., Beech Grove | Pr. Mark Ramsey | Sunday: 11 a.m. | [www.crosswayccn.com](http://www.crosswayccn.com)

## ✠ NON-DENOMINATIONAL

**Church of Acts** • 3740 S. Dearborn, Indpls | Ph: (317) 783-ACTS (2287) | Pr. Bill Jenkins | Sunday: 10 a.m. | Wednesday Bible Study: 7 p.m. | Celebrate Recovery: Thursdays, 7 p.m. | [churchofacts.org](http://www.churchofacts.org)

**Community Church of Greenwood** • 1477 W. Main St., Greenwood | Ph: (317) 888-6024 | Sunday: 9 & 11 a.m. | Real Church. Real People. | [ccgonline.org](http://ccgonline.org)

## ✠ PRESBYTERIAN

**Greenwood Presbyterian Church** • 102 W. Main St., Greenwood | Ph: (317) 881-1259 | Rev. Peter S. Zinn | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m. | Free Community Meal - 3rd Monday: 6:30-7:30 p.m.

## ✠ SEVENTH DAY ADVENTIST

**Southside Seventh-Day Adventist** • 4801 Shelbyville Rd., Indpls | Ph: (317) 786-7002 | Pr. Brian Yensho | Services Saturday: 11 a.m. | Sabbath School: 9:30 a.m. | [southsideadventist.org](http://southsideadventist.org) | Health Ministries, CHIP+: [chiphealth.com](http://chiphealth.com)

## ✠ SOUTHERN BAPTIST

**Calvary Baptist Church** • 200 Sunset Blvd., Greenwood | Ph: (317) 881-5743 | Ernest E. James, D. Min. | Sunday: 10:30 a.m. | Sunday School: 9 a.m. | Something for All Ages

**Southwood Baptist Church** • 501 S. 4th Ave., Beech Grove | Ph: (317) 786-2719 | Pstr: Dr. Patrick Wood | Sunday: 9:30 a.m. | Worship Service: 10:45 a.m. | Sunday & Weds. Eve Worship: 6:30 p.m.

## ✠ UNITED CHURCH OF CHRIST

**Faith United Church of Christ** • No matter where you are on life's journey, you are welcome in our community. | 4040 E Thompson Rd. | Ph: (317) 784-4856 | Pr. Scott Simmons | Worship Service: 10:30 a.m. | Sermon's online at [myfaithucc.org](http://myfaithucc.org)

**St. John's United Church of Christ** • 7031 S. East St., Indpls (U.S. 31, Southport Rd.) | Ph: (317) 881-2353 | Rev. Ross Tyler | Sunday Contemporary Worship: 9 a.m. & Traditional Worship: 10:30 a.m. | Sunday School: 10:30 a.m.

**Zion United Church of Christ** • 8916 E. Troy Ave., Indpls | Ph: (317) 862-4136 | Pr. Sarah Frische-Mouri Hannigan | Sunday: 8:15 a.m. & 10:30 a.m. | Sunday School: 9:30-10:15 a.m. | [zionuccindy.net](mailto:zionuccindy.net)

## ✠ UNITED METHODIST

**Center United Methodist Church** • 5445 Bluff Road, Indpls | Ph: (317) 784-1101 or email: [info@center-umc.org](mailto:info@center-umc.org) | Sunday Traditional Worship: 9 a.m. & Contemporary Worship: 11:15 a.m.

**Edgewood United Methodist** • 1820 East Epler Ave. | Ph: (317) 784-6086 | Pr. Jim Allen | We are on Facebook | Thursdays, 3 p.m. Bible Study | Sunday: 9 a.m. | Sunday School: 10:15 a.m. | [edgewoodumc.com](http://edgewoodumc.com) | "The Church for The Next 100 Years"

**Greenwood United Methodist** • 525 N. Madison Ave., Greenwood | Ph: (317) 881-1653 | Rev. In Suk Peebles | Sunday: 10:15 a.m. | Sunday School: 9 a.m.

**Rosedale Hills United Methodist** • 4450 South Keystone Ave., Indpls | Ph: (317) 786-6474 or email: [officerhumc@att.net](mailto:officerhumc@att.net) | Rev. Doug Wallace | Sunday: 9:30 a.m. | Sunday School: 10:45 a.m. | [rosedalehillsumc.org](http://rosedalehillsumc.org)

## ✠ UNITY

**Unity of Indianapolis Church of the Daily Word** • 907 N. Delaware St., Indpls | Ph: (317) 635-4066 | Rev. Bob Uhlar, Senior Minister & Rev. Carla Golden, Director Lay Ministries | Celebration: 10 a.m. | [unityofindy.com](http://unityofindy.com)

## ✠ WESLEYAN

**Southview Wesleyan Church** • 4700 Shelbyville Rd., Indpls | Ph: (317) 783-0404 | Pr. Rick Matthews | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

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## Weekly Devotion



13 And when the dragon saw that he was cast unto the earth, he persecuted the woman which brought forth the man child.

14 And to the woman were given two wings of a great eagle, that she might fly into the wilderness, into her place, where she is nourished for a time, and times, and half a time, from the face of the serpent.

15 And the serpent cast out of his mouth water as a flood after the woman, that he might cause her to be carried away of the flood.

REVELATION 12:13-15

All of the Roman Empire was opposed to the existence of the church of God. Why? Because it wouldn't budge one iota in its message that Jesus Christ is the Son of God, the one and true God and the only God in existence. All that any Christian had to do was to enter into one of Rome's recognized temples which was dedicated to one of its gods or goddesses and put a pinch of incense in flame at the altar of that temple and say, "Caesar is lord," and they could walk away free to worship any other god of their choice. But, Christians would not and could not do this and be faithful to their profession of faith in Jesus Christ. So, they

didn't and for that reason all of the political and military power of Rome was released against them. They were chased from one end of the empire to the other and even to countries and kingdoms that were no part of the empire.

Seeing that he could not defeat their faith he changed his tactics. He pretended to join them and align with them. What he really did was to re-invent the church (not the church of God) and make it acceptable to those who were weak in their faith and weak in their knowledge of the doctrines of Jesus Christ. God hid His church from the dragon and then the serpent among their numbers but

the true church of God was always there waiting for that moment in time when God would call it out from among them.

We still live with the consequences of this today. There is so much confusion and confusion is never of the Lord. God wants us all to come out from under the clouds of doubt and fear and to walk in His broad light of day. The church of God does not exist to intimidate people into submission but to love them into it.

God bless and go and have a great day.

Paul A. Kirby is the pastor at the Church of God at 3939 S. Emerson Ave.

**Public/Legal**

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Public Auction 4002 E 26th St 3/16/17 @10am 07 Chevy Colbalt 1G1AL55F877217005 starting at \$2873.00; 08 Mitsubishi Galant 4A3AB36FX8E015399 starting at \$2400.00

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**Teachers and assistant teachers needed for a licensed, accredited child care center on the southeast side of Indianapolis.**

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**Assistant teachers** must have a GED or HS diploma and some experience in child care is preferred. We will provide training and tuition assistance for those interested in the field.

All applicants must be available to work Monday-Friday 6:30 a.m. – 6:00 p.m. Send complete resume to: Director, 1315 S. Sherman Drive, Indianapolis, IN, 46203.

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**EMPLOYMENT**

**Lead Teacher & Teacher's Aides**  
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Teacher aide candidates must have a high school diploma or GED and at least 6 months of experience in child care setting.  
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VALID FOR PRODUCT OF EQUAL OR LESSER VALUE. VALID ONLY AT PARTICIPATING MCDONALD'S STORE LOCATIONS LISTED ON THIS COUPON. NOT VALID WITH ANY OTHER OFFER, DISCOUNT, COUPON OR COMBO MEAL. CASH VALUE 1/20 OF 1 CENT. LIMIT ONE COUPON PER CUSTOMER VISIT. TAX MAY APPLY. PRICE OF REQUIRED PURCHASE POSTED ON MENU BOARD. COUPON MAY NOT BE TRANSFERRED, AUCTIONED, SOLD, OR DUPLICATED IN ANY WAY OR TRANSMITTED VIA ELECTRONIC MEDIA. VALID WHEN PRODUCT SERVED. MAY NOT BE VALID FOR CUSTOM ORDERS. VOID WHERE PROHIBITED. © 2017 MCDONALD'S



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