

The Southside Times



face to face

Southsiders answer the question, "What emerging technology are you most excited about and most look forward to experiencing in the next five to 10 years?" **Page 4**

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Virginia Jenkins ventures into the Solution, helping people with a mental illness at a recovery center on the Southside of Indianapolis
Page 7

Virginia's Venturing

Southside News Quiz

Q&A time! See if you can pick the correct responses for our weekly five questions in the Southside News Quiz. **Page 8**

In With the Old... Caric donates pieces of his antique collection
page 16



IT'S GOLDEN

Page 13-19

PET PAGE

Pages 22-23



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Contact the Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Nicole Davis at 300-8782 or email her at ndavis@ss-times.com. Remember, our news deadlines are several days prior to print.



Want to Advertise?

The Southside Times reaches a vast segment of our community. For information about reaching our readers, call Brian Ruckle at 300-8782 or email him at bruckle@ss-times.com.



THIS WEEK on the WEB



Photo by UIndy.edu

UIndy to launch engineering program

Amid rising workforce demand, the University of Indianapolis will begin offering bachelor's degrees in engineering for Fall 2016. The first phase of the program is focused on Industrial Engineering and Software Engineering, two specialties not widely available in central Indiana.

ss-times.com/uindy-engineering-program

The Southside Times

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Nativity & National Anthem



Nativity Catholic School celebrated the birthday of the National Anthem with a program of prayer and song led by Music Director, Mrs. Margie Hamm. Nativity students gathered in front of the flagpole to hear the story of the poem written by Francis Scott Key on Sept. 13, 1814.

ss-times.com/nativity-celebrates-national-anthem

SBI opens co-working office



The Southside Business Initiative (SBI) opened its doors Thursday, Oct. 8 with a celebratory ribbon cutting at the space site, 6825 Madison Ave., Suite B. Offering co-working office space for start-ups, home-based and small businesses, the SBI will provide amenities and networking opportunities in addition to regular programming designed to help members' businesses grow.

ss-times.com/southsides-first-co-working-office

For more information on these articles and other timely news, visit ss-times.com. To join the conversation, visit our Facebook page or follow us on Twitter [@southsidetimes](https://twitter.com/southsidetimes).

Ghost stories: Spotting the doppelganger

HAUNTS & JAUNTS

By Rick Hinton

Jason Korbus, Toledo Paranormal Examiner, passes on a story that correlates to a doppelganger experience:

In 1994, a then middle school student would wait outside a certain convenience store for the bus to take her to school. One morning her mother pulled up in the familiar family 1984 Dodge Omini. She reasoned her mother had come to take her to school during that particularly cold morning. Then the mom got out of the car and her world suddenly changed.

"There was my mom...average height, curly red hair, and the same jacket she wore every morning on her way to work. But this woman, though her face was certainly my mothers in likeness, was slightly paler. Her eyes were cold and distant. Her features were like stone. There was no emotion."

The teen called to her and received no response as mom entered the store. Confused

she waited until she exited the store. The teen placed herself directly in front of her mom—who then turned abruptly, walked around her, and got back in the car. The teen felt she had done something to anger her, yet still, something was off kilter.

"...those eyes, the way she walked...it was almost robotic. I just watched as she walked by, got back into her car and drove away."

The group of friends she was with claimed not even seeing the mother. Later at home the teen confronted her mom. Mom was utterly confused—she hadn't been to the store that day!

"It was baffling. That woman...she looked just like her; same car, same face, same body shape and clothes. It was my mom...wasn't it? But, the stare that woman had given me, the lack of expression, the robotic movements.... No, that wasn't my mom at all!"

Another report states that a girl had been receiving numerous phone calls and emails from a source claiming to be her boyfriend. He denied it. She figured he was goofing on

her. One day he called and stated he was waiting outside. She went outside to meet him. It was her boyfriend, yet something was not right. He spoke like him, acted like him, but it was almost mechanical. And his clothing was from an earlier period of time. She returned rather quickly to her apartment.

The paranormal realm continues even into the daylight hours. And apparently spirit mimics have adjusted with the changing times, becoming technologically savvy in the use of driving cars, phones and email. However, it's the wardrobe that gives them away every time!



Rick Hinton, a Southport resident, loves researching things that go bump in the night. His articles can be read on Facebook: Rick Hinton, Southport Paranormal Examiner. Hinton conducts paranormal investigations with his team, South Central Paranormal.

OUR VIEW

How can they help?
BG prepares for
service day

Beech Grove High School students will be out and about later this month to earn volunteer hours as part of the school's Community Service Day. The Southside Times has featured students' actions in the past, as they were cleaning up Main Street, helping residents or businesses with yardwork or volunteering with Servant's Heart of Indy in its food pantry – just generally making the community a better place. They'll be at it again on Oct. 30 and are looking for places that students can volunteer during the day and throughout the year.

College and Career Coordinator Paige Anderson and FACS Teacher/Community Service Coordinator Tara Miller presented information to the Greater Beech Grove Chamber of Commerce on Oct. 8 on upcoming events and projects, according to a release sent by the school. Part of Mrs. Anderson's position at the high school is to help students become career and college ready, and in doing so she needs the help of the local community. She spoke about how local business leaders and owners can help become more a part of the school by volunteering to be guest speakers for classes, provide internships and job shadowing opportunities for students and open their businesses for field trips.

If you know how students can get involved, we'd encourage you to let the school know. For more information, contact Paige Anderson at panderson@bgcs.k12.in.us or Tara Miller at tmiller@bgcs.k12.in.us.

OOPS!

➡ (Cover story, Oct. 8-14 Issue, page 7) Chuck Welch's idea to start selling pumpkins while on a date was with his ex-wife, not his current wife. We regret the error.



BACKSHOP

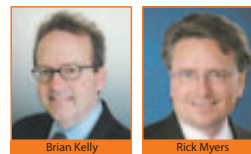
Has GOP quit
Obamacare
fight?

This is astute quizzing by a capital journalist: David M. Drucker, senior congressional correspondent for the Washington Examiner, wonders if the Republican Party has "given up on getting rid of Obamacare." Great point. We hear very little about it anymore, but hopefully it will rise and become a key component of campaigning closer to election time. Meanwhile, guys like Bobby Jindal (Louisiana governor) and Scott Walker (Wisconsin governor and candidate drop-out) were leading the charge. As for the others? Crickets.

Surprise, surprise! Hillary Rodham Clinton (D-New York) is said to have won the first debate among Democratic contenders

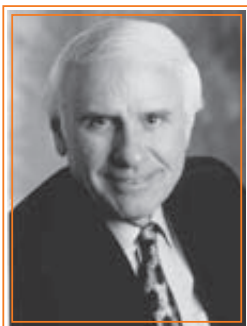
for the nomination. Couldn't have been that difficult with her fiercest challenger, Bernie Sanders, "pardoning" her over the whole e-mail server mess. And whoever is coaching Sanders needs to be fired. That was a really poor move.

Oh, yeah, Real Clear Politics polling averages show that 63.7 percent of the nation believes President Barack Obama is leading the nation down the wrong path. That's a statement result.



Brian Kelly and Rick Myers are co-owners of Times-Leader Publications, LLC (parent company of The Southside Times). Write them at news@ss-times.com.

QUOTE OF THE WEEK



"You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of."

~ Jim Rohn (1930-2009)
American entrepreneur, author and motivational speaker

HUMOR

Top ten new words and
phrases we need at the
grocery store



By Torry Stiles

10. More-ganic: Competing claims made by products in the health food aisle.
9. Pork Cops: Self-proclaimed food safety experts who sniff every package.
8. Ethnix food: Foreign food items that one refuses to even consider buying.
7. Self-swervice: The act of dodging around slower shoppers to get ahead of them at the check-out lane.
6. Stopping cart: Shopper's rolling basket with one bad wheel.
5. Skeet breads: Bread that is flat, like a Frisbee, such as pita or naan.
4. USDA: (pronounced as "yoos-da") Deeply discounted product such as meat that used to be fresh but is now almost buzzard bait.
3. Crammed Goods: A shelf of product packed so tightly that it is difficult to remove one item.
2. Nomato: The vegetable at the front of the display that's been poked, dropped and rejected by other shoppers.
1. Maybe Mama: A parent that pretends the kid sticking his hand into the bulk food bins isn't hers.

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each week, we'll share one with you...

In Georgia, it is illegal to use profanity in front of a dead body which lies in a funeral home or in a coroner's office. -dumblaws.com



Sgt. Michael Croddy

BEHIND the BADGE

Michael Croddy knew from a young age that he wanted to be a police officer in Indianapolis.

"I feel a loyalty to Indianapolis," Croddy said. "Growing up here, I have lots of opportunities to help friends and neighbors and be of service to the community in general. I get to meet new people every day."

Croddy grew up on the Southeastside of Indianapolis, attending Seccina Memorial High School. He joined the Indianapolis Police Department in 1990, which merged with the Indianapolis Metropolitan Police Department on Dec. 31, 2006. He was promoted to sergeant in 2002. He has spent the majority of his career on the Southside of Indianapolis, both Southeast and Southwest districts, and currently works on the middle shift as a supervisor in the Southwest district.

Croddy and his wife, Vicki, moved to Southport from Franklin Township two years ago to be closer to Roncalli High School where they knew they would be spending a lot of time in the future. Their son, Jason is a sophomore at Roncalli and Matthew is a seventh grader at St. Jude School.

Croddy stays active in his free time, running and riding bicycles. He is a member of IMPD's bike team, participating in group rides and charity rides. He has led the Miracle Mile Parade with the police department twice on his bicycle, including this year's event on Sept. 5.

Here, learn more about this Southside sergeant and his 25 years serving the Southside of Indianapolis:

What was your inspiration to become a police officer?

What inspired me the most happened at a very young age. Our kindergarten class was visited by an officer for an Officer Friendly program. He came in and talked to us, we got to go sit in his car, talk about his equipment. I saw a lot of the good he was doing and was inspired. Growing up, in my early years, I had an officer come to our house and help with a couple of family problems. They presented a positive role model and I decid-



Sgt. Michael Croddy is a member of IMPD bike team.

IMPD Southwest supervisor serves his Southside community for 25 years

ed to follow in their footsteps.

What has been one of your most gratifying moments on the job?

I've had a lot of different incidents over the years. It's being able to help a mother/wife escape domestic abuse. There have been different traffic accidents and being able to help people. A traffic accident, even a minor one, can be a pretty big deal to someone. I've caught lots of burglars and each one of those is gratifying. I've been a victim of a crime myself, and know how it feels. There's a personal satisfaction of getting the property back to the owner.

What aspect of the job do you find most challenging?

The most challenging aspect is simply that some citizens, some folks in the community misinterpret our intentions or have a misunderstanding of their rights, what they're permitted to do and not permitted to do under the law.

What do you enjoy doing in your off-time?

I spend a lot of time at the Baxter YMCA to keep fit and train for half marathons and triathlons. I enjoy riding bicycles. I ride road quite a bit, on the street, and mountain bikes. Most of my off-duty time is spent training. But the number one thing is being a dad, which ties in directly to the things I just mentioned. My boys are both very involved in sports. My oldest and I have done triathlons together. We've done mountain biking together. A lot of the things I do, I do to keep in shape to stay up with them.



Sgt. Michael Croddy

What are your future goals, professionally or personally?

First and foremost to stay fit and healthy. I'd like to run a half marathon in under 150 (minutes). My best time is 152. I'd like to continue in the role I've been assigned at the police department for the foreseeable future.

What would you have done if you hadn't of become a police officer?

A firefighter. I would have picked another profession that had some element of public safety.

Submitted Photos

Compiled by Nicole Davis

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The Southside Times
 CONNECTING MY SOUTHSIDE
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Virginia Jenkins ventures Into the Solution, helping people with a mental illness at a recovery center on the Southside of Indianapolis

By Nicole Davis

Virginia Jenkins had run out of options when she needed to find a place for her son to stay and receive the necessary treatment for paranoid schizophrenia; a place where she could leave home and not worry about his wellbeing.

A friend told her about Into the Solution, Inc., a nonprofit organization located near Southport Road and Madison Avenue. The recovery center houses people with a mental illness who have nowhere else to go for help. Since he began to live there in May, Jenkins says she's seen an improvement in her son's behavior.

"He's adjusting, being more responsible," Jenkins said. "He gets out and looks for jobs. He will walk to Walmart. He walks to Speedway across the street or to the dollar store. It's a good thing because it shows me he's trying to be responsible, and that means to walk to your job if need be."

Into the Solution moved from the Northside to the Southside two years ago. The facility has 31 beds and 14 people currently reside there. Jenkins, who lives in Franklin Township, took over as co-partner and director in August, with co-partner and director Adrian Bennett. She moved to the Southside of Indianapolis from Chicago in 1995. She is retired from Pepsi and continues to

work part-time for the Indiana Department of Defense. She works four days a week at Into the Solution and remains on call every day.

"I saw the condition of these people and knew if I was in the same predicament, I would want to be treated like a human, with dignity," Jenkins said. "They're people that some families are blind sighted by their illness and some families don't want to deal with it. They're welcome here with open arms."

While the families or the individual's income are responsible for providing financially for the residents, that doesn't always happen and Jenkins said they work to make those financial ends meet. Jenkins said it's her and Bennett's job to ensure the residents, who all have a form of schizophrenia, take their medication, see their counselors, provide three meals a day for them and take them to the nearby Methodist church on Sunday.

Everyone living there can leave anytime they wish, but there is a 6 p.m. curfew after which they can't get back inside. Jenkins said they administer drug tests and breathalyzers regularly to ensure that they maintaining

their sobriety. If an incident were to occur, Jenkins said they work closely with the local police.

"We want them to be productive," Jenkins said. "If they can work, we have them out looking for jobs. They have their chores they have to do. We don't want them to feel as though you can just live and not have to do anything. You have to. They get up, make their beds, do their chores. We're hoping they can get better, be able to move on and be able to adapt to society. Right now, many of the people we have, they couldn't make it out there. They couldn't adjust."

While she's still learning the ropes as a new partner, Jenkins said she continues to look forward to waking up and coming to work each day, finding ways to offer better care for the people who need it.

"They love me to death and I love them to death," Jenkins said. "This is God's will because I never would have picked this type of business to go into. Now I can't even think about not coming here. We just want people to know we're here and we care."

To learn more about Into the Solution, call Jenkins at (317) 664-6005 or Bennett at (317) 381-1801.

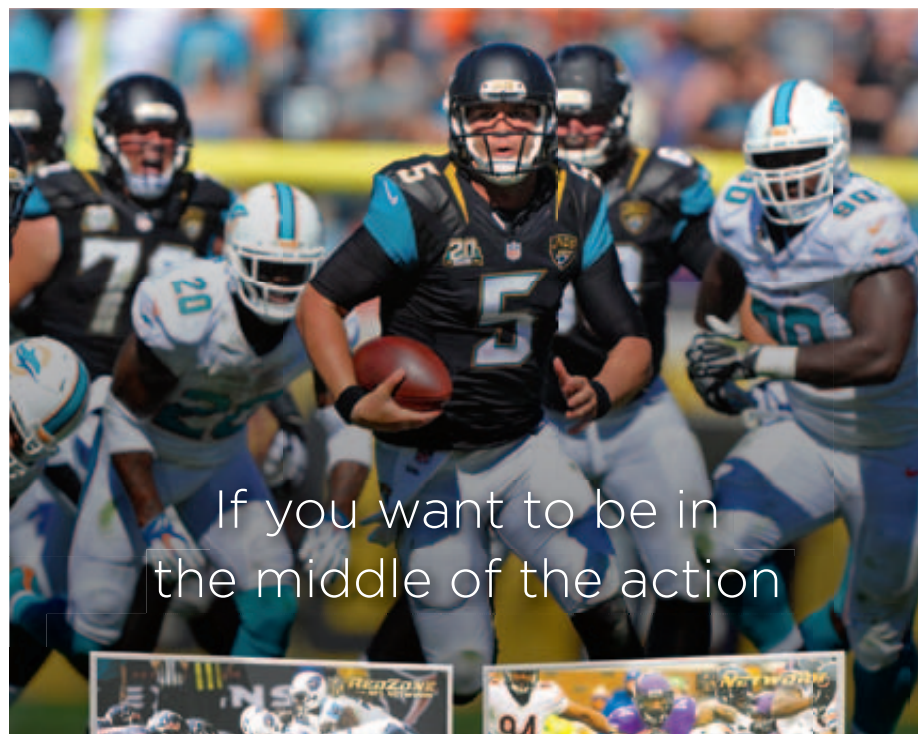
Background Image: Alfontz Grant enjoys playing the basketball on his Xbox.

Below: Virginia Jenkins and Adrian Bennett. **On the Cover:** Virginia Jenkins.

Photos by Nicole Davis

Virginia's Venturing





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Southside News Quiz

How well do you know your Southside community?
Test your current event knowledge each week with a little Q&A!



1 White River Township Fire Department's 52 B-Shift crew rescued this feline from _ on Oct. 8?

- A. Underneath a car
- B. A tree
- C. An animal shelter
- D. A crawl space



2 SBI celebrated its grand opening celebration on Oct. 8. The new organization will help develop and grow small businesses with a co-working space with amenities and networking opportunities. What does SBI stand for?

- A. Small Business Incorporated
- B. Southside Business Initiative
- C. Southside Businesses Ignite
- D. Start Building Infinitely



3 Coach Kevin Sitzman and what Perry Meridian Middle School boys' team ended with a perfect season? Sitzman's squad set a record for goals scored in a season at 82 and assists at 32. The team is also on a 30-game undefeated streak, going back to October 2013.

- A. Soccer
- B. Tennis
- C. Football
- D. Baseball



4 The Garfield Park Neighbors Association and owners of Milktooth Jonathan and Ashley Brooks were recognized by who when Oct. 2, 2015 was declared IndyMilktooth Day?

- A. Governor Mike Pence
- B. Mayor Greg Ballard
- C. Garfield Eatery & Coffee
- D. Big Car



5 Which Southside city has received a donation of \$50,000 from Renaissance Electronic Services (RES) to make improvements to the park to accommodate children with disabilities?

- A. Beech Grove
- B. Greenwood
- C. Indianapolis
- D. Southport

Answers found on page 23



Photo by Brian Ruckle

Rustic Root celebrates Beech Grove ribbon cutting

Rustic Root, an antique, repurposed and gift shop located in Beech Grove, celebrated a ribbon cutting with the Beech Grove Chamber of Commerce on Oct. 13. The store which opened Sept. 16 is owned by Tammy Hanna and her family. Rustic Root will also offer do-it-yourself workshops twice a month. Visit facebook.com/rusticrootllc for more information.



Submitted Photo

IU Health opens Greenwood Urgent Care

The IU Health Urgent Care Center in Greenwood celebrated its opening with a ribbon cutting on Oct. 13. Dignitaries from the Greenwood community and IU Health were in attendance for the event. President of the IU Health system clinical services Ron Stiver attended the event, meeting staff at the Greenwood location, and helped to cut the ribbon.

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Kiwanis Club of Perry Township officers and directors recently inducted are (from left) Dr. Jeff Udrasols, Les Branham, Stacey Dahmen, Scott Splichal, Steve Hadley, Clyde Fields and Mike Perigo. Not pictured is Bryan Hannon.

Perry Township Kiwanis officers and directors inducted

The Kiwanis Club of Perry Township recently inducted officers for the 2015-2016 year and three members of its board of directors, all beginning Oct. 1. Officers serve one-year terms and directors, three years. Inductees are: President, Dr. Jeff Udrasols, Owner/Veterinarian, Meridian Veterinary Clinic & Hospital; President-elect, Les Branham, retired Principal, Perry Township RISE Learning Center; Secretary, Stacey Dahmen,

Chemist, New Sunshine, LLC; Treasurer, Scott Splichal, Pharmacist, The Kroger Co.; Past President, Steve Hadley, Consultant and Advertising Representative, Boomer TV and Indy Boomer magazine; director, Clyde Fields, retired Administrator, IU Health Methodist Hospital; Director, Mike Perigo, Director of Development, Volunteers of America of Indiana; Director Bryan Hannon, Indiana Grassroots Manager, American Cancer Society – Cancer Action Network, was out of town and unable to attend the ceremony.

Directors already serving are Tom Jackson, CEO, Jackson Systems, LLC, and Ann C. Smith, Principal, Smith Group Communications, LLC. The Kiwanis Club of Perry Township meets at the IHOP restaurant, 7521 U.S. 31 South, Thursdays at 7 a.m. For more information, kiwanisperrytownship.org.



Katie Boyce participates at IndyRAGE.

Perry Cyber Blue hosts IndyRAGE

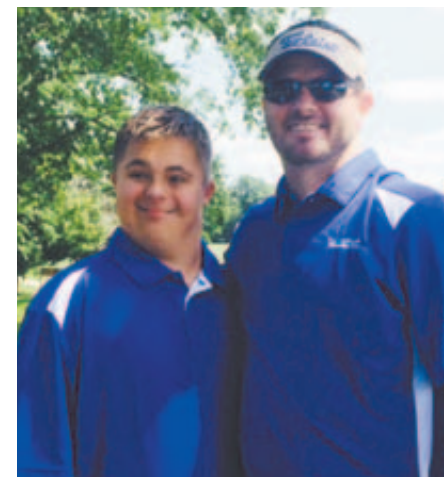
IndyRAGE, an All -Girls robotics event took place Oct. 3 at Perry Meridian High School. Cyber Blue, the robotics team at PMHS, hosted the event. Fourteen teams from around the midwest, including PMHS and the Southport CyberCards, played the FIRST Robotics Challenge game "Recycle Rush." The event was focused on removing barriers and empowering young women to pursue education and careers in STEM fields. In addition to all-girl drive teams, there was a networking luncheon and panel discussion to let the young women meet and ask questions of female professionals from several different fields. Rolfs-Royce, who has sponsored Cyber Blue since the team began in 1999, sponsored the event and provided several volunteers. AndyMark, a robotics focused company in Kokomo, donated the field and several key personnel to make the event a success.



Junior Anthony Stallings (26) and his volleyball team.

Himes, Stallings compete in Special Olympics events

Roncalli High School senior Emry Himes and junior Anthony Stallings each competed in Special Olympic events. Himes and his brother, Nick, placed fifth in the Special Olympics golf state finals on Sept. 26 at Hickory Stick Golf Club in Greenwood. Stallings' Special Olympic volleyball team took first place in the Marion County Tournament and then went on to win their division at the State Tournament. His sister, Alex, played on the team as a unified player and his mom was the coach of the team.



From left, Senior Emry Himes and his brother, Nick.

GSBA awards winners of Car Show

The Greater Southside Business Alliance hosted a Car Show on Oct. 10, with judged awards, food, games and more. Proceeds benefit GSBA/GSCA projects such as scholarships, to Perry Senior Services and Gray Park. Fifty-three cars were entered into the show. John Stockwell won Best of Show with his 1931 Ford Model A. Don Hobbs won Best Engine with his 1923 Ford Roadster. Dennis Kuchler won Best Paint for his 1968 Chevy Camaro SS. Ron Barker won Best Interior with his 1963 Chevy Nova.

For more information, visit gsbaweb.org.



Best of Show winner John Stockwell with his 1931 Ford Model A.

UPaint Pottery Studio opens in Greenwood

uPaint Pottery Studio, 3113 W. Smith Valley Rd., Greenwood, celebrated the soft opening of their Greenwood location on the corner of Smith Valley Road and SR135 on Sept. 26. An official ribbon cutting, open to the public, will be held on Oct. 20 at noon celebrating the opening. Refreshments will be provided. uPaint is a place for a creative adventure, offering paint your own pottery and warm glass fusing. All ages are welcome to create a project, no reservation needed. Classes in pottery painting and glass fusing are offered monthly at the studio. For more information, visit upaintpotterystudio.com.



Top, left: Loni Williams, Rhonda Pines, Tyra Whickum, Calvin in Background with Nyla the Dog. **Top, right:** Kelly Spears, Kim Taylor, Casey Harvey, Lori Warner, Linzi Horsley, Stacey Fishel. **Right, middle:** Laura Burger, Corbin Burger, Rebecca Burger, Lisa Delaplane. **Below, far left:** Tammie, Jerry, Logan and Violet Forler. **Below, middle:** Melonie, Eric, Trenton Collings. **Below, bottom:** Courtney & Brent Evans, Blakeley, Jamie Cocking, Tracey Cocking, Beth Evans.

Photos by David Gansert



Walk to Remember

Franciscan St. Francis hosts 30th annual event for families to remember lost children

Each fall, hundreds of families from around central Indiana who have lost children through miscarriage, still-birth or newborn death come together to remember their babies in a service of music, poetry, reading of the infants' names and balloon release. Franciscan St. Francis Health hosted this 30th annual Walk to Remember on Oct. 10.

This year's walk began at Central Elementary School at 1000 Main St. Participants were encouraged to decorate a balloon to take on the walk. Franciscan St. Francis representatives were also on hand to discuss ways to cope with pregnancy loss and to explain the hospital's Memories to Hold support group for grieving families.

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OBITUARIES

Barbara Jene Bowles

Barbara Jene Bowles, 83, of Greenwood died on Sunday, Sept. 27, 2015. Barbara was born in Indianapolis on Nov. 5, 1931 to the late Jesse Williams and Frances Elizabeth (Bisesi) Ciresi. Barbara enjoyed cooking and reading. She was active in her children's lives, and a huge advocate of the PTA. She was at the school so frequently it took her children years to figure out she wasn't a teacher. She was an avid football fan and followed many teams throughout her life. Barbara is survived by her children, Deborah Lee Bowles Pope, Delbert Dean (Patty) Bowles Jr, Stephen Michael (Suzanne) Bowles, Michael Dean Bowles, Cathy Lynn (John) Miller, Karen Sue (Timothy) Mahanes, David Richard (Jennifer) Bowles, Susan Lee Bowles; 13 grandchildren and 14 great-grandchildren. Barbara is preceded in death by her husband Delbert Dean Bowles Sr., and son Mark Edwin Bowles. Arrangements are handled by Singleton Community Mortuary and Memorial Center.

Diane C Casey

Diane C Casey, 86, of Indianapolis, died on Oct. 7, 2015. Born on May 28, 1929 in Indianapolis to Louis Steinmetz and Helen Steinmetz. She was a volunteer for American Red Cross for 34 years and was a Registered Nurse for 51 years. Survivors include her son Philip Casey, daughter-in-law Judy Casey, grandson Jason Casey and her dear friend Kelly Wurst. Diane was preceded in death by her parents. Visitation was Oct. 10 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Memorial contributions may be made to Riley Children's Hospital or Salvation Army.

Wayne Chambers

Wayne Chambers, 73 of Indianapolis died Oct. 12, 2015. He is survived by his wife, Janie Chambers; children, Marci (Lance) Aukerman and Melanie (David) Clifford; and four grandchildren. Friends may visit Oct. 15, 4 - 7 p.m. at Simplicity Funeral & Cremation Care, 7520 Madison Ave., Indianapolis. The family will have a private graveside. Wayne will be laid to rest in Mt. Pleasant Cemetery. The family has requested in lieu of flowers that you perform a random act of kindness.

Jerry Deem

Jerry Deem, 80, of Franklin, died on Oct. 11, 2015. Arrangements are pending at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis.

DaLana Joyce Dolzall

DaLana Joyce Dolzall, 70, Indianapolis, died Oct. 11, 2015. Service is Oct. 15, 1 p.m., at Sparks Cemetery, Pittsboro, Ind. Visitation was Oct. 14 at Singleton Community Mortuary and Memorial Center.

**Linda Sue Everts**

Linda Sue Everts, 69 of Indianapolis died Oct. 8, 2015. She was born April 23, 1946 in Indianapolis to the late Garnet and Gladys Ballard. She is survived by her children, Christy Williams, Cathy

Everts, Brian Everts, and Lisa Emmons; eight grandchildren; and four great-grandchildren. There are no services at this time. Arrangements were entrusted to Simplicity Funeral & Cremation Care, Indianapolis.

Norbert Herbert Kempf

Norbert Herbert Kempf, 89, Greenwood, died on Oct. 8, 2015. Born on Jan. 1, 1926 in Schnellville, Ind. to the late William F. & Veronica (Stemle) Kempf, he was a US Navy veteran of WW II. A hardworking man, he owned and operated Kempf Masonry. An outdoorsman, he enjoyed hunting, fishing, gardening, playing cards and cherished time with his family. Survivors include five children, Donna Scholz (Garry), Randy Joe Kempf (Luanne), Nena Gayer-Wheat (Dan), David Kempf (Gail) and DeAnna Kempf Wermert (John); eight grandchildren; four great-grandchildren; one great-great-granddaughter; siblings, Anthony Kempf (Verna), Charles Kempf (Susie), Eugene Kempf (Betty), Martha Horton, Ellie Hammond (Bob), Bernadette Elslager, and Stella Hart. He was preceded in death by his wife, Sally in 2013. Visitation was Oct. 11 at G. H. Herrmann Greenwood Funeral Home at The Gardens at Olive Branch, 1605 S. State Rd. 135. Mass of Christian Burial was Oct. 12 at St. Barnabas Catholic Church. Burial will be at Mount Pleasant Cemetery. Memorial contributions: American Heart Association or American Cancer Society.

Gloria Kathleen Lewis

Gloria Kathleen Lewis, 76, died Oct. 5, 2015. She was born on Aug. 8, 1939 in Indianapolis to the late Clarence and Helen Johnson. Gloria is survived by her loving husband of 56 years, Arrie F. Lewis; daughters Shelly (Scott) Bingham, and Karen (Andy) Payne; grandchildren Nathan (Kristin) Bingham, Stephanie (Chris) Barker, Brittany Bingham, Alexander Payne, and Jacob Payne; great grandson Theodore Charles Bingham; and brothers Danny and Ronnie Johnson. Funeral services were Oct. 12 at Little & Sons Funeral Home Beech Grove. Burial is in New Palestine Cemetery, New Palestine, Ind. Memorial contributions may be made to the Alzheimer's Association.

**Faye Jean Medley**

Faye Jean Medley, 73, of Indianapolis, died on Oct. 5, 2015. She was born on Sept. 3, 1942 in Indianapolis to the late Marvin Bush and Alice (Mason) Ratliff. Survivors include her children, Pamela Poole; grandchildren, Charles Turner and Shannon Joyner; great-grandchildren, Breanna Joyner, Devon Joyner, Besslin VanHuss and Shyann VanHuss. Arrangements are entrusted to G.H. Herrmann East Street Funeral Home, 1505 S. East St., Indianapolis.

Jon L. Padgett

Jon L. Padgett, 47, of Indianapolis, died on Oct. 7, 2015. He was born on Jan. 30, 1968. Jon is survived by his wife, Lisa (Hammel) Padgett; daughters, Toni Padgett (Brian), Samantha (Chris) Boyd, and Amanda Hammel; grandchildren, Isaiah and Isaac Boyd, and Alex Webb; parents, Rick and Sandy Padgett. He was preceded in death by his brother, Mike Padgett. Visitation was Oct. 11 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. A funeral service was Oct. 12 at the funeral home. Jon will be laid

to rest in Forest Lawn Memory Gardens. Memorial contributions may be made to Franciscan Alliance Foundation, memo: Cancer Care Fund, 5225 E. Stop 11 Rd., Suite 245, Indianapolis, IN 46237.

Susan Kaye Stone

Susan Kaye Stone, 63, of Indianapolis, died on Oct. 7, 2015. She was born on May 7, 1952 in Denver, Colo. to Lafe Enise Bartrum and Nancy Ann Savage. Survivors include her daughter, Antoinette (Gregory) Punch; son, Marion J. (Cynthia) Wilson; seven grandchildren; 10 great-grandchildren; sisters Karen A. Strong and Marthia J. Lane; brother, Michael Savage; mother Nancy A. Savage and step-father Howard James Savage. Susan is preceded in death by her father Lafe Enise Bartrum and a sister Susan E. Van. Visitation was Oct. 12 at G.H. Herrmann East Street Funeral Home, 1505 S. East St., Indianapolis. A graveside service was Oct. 13 at Sutherland Park Cemetery, 4201 Millersville Rd., Indianapolis, IN 46205.

Phyllis E. Truemper

Phyllis E. Truemper, 101, of Greenwood, died on Oct. 8, 2015. She was born on April 7, 1914 in Indianapolis, to the late William and Lela B. (Esmon) Pease. A homemaker, she had formerly worked at Eli Lilly and Grain Dealers. She enjoyed crocheting and ceramics. Survivors include her brother William Pease and many nieces and nephews. She was preceded in death by her husband Charles J. Truemper. Visitation was Oct. 13 at G. H. Herrmann Madison Avenue Funeral Home, 5141 Madison Ave., Indianapolis. Burial will be at Concordia Cemetery. Memorial contributions may be made to The Brown County Shoe Foundation.

Obituaries are printed free of charge. Funeral directors are encouraged to send obituaries and photos to news@ss-times.com. Information received by noon Tuesday will be published Thursday, space permitting.

AROUND TOWN

Franklin Township schools host community meeting

The Franklin Township Community School Corporation invites the community to attend a meeting on Oct. 15 or Oct. 19 to give their thoughts about the proposed options for rebalancing student enrollment in the Franklin Township Schools. Both meetings will be held at 6:30 p.m. in the Franklin Central High School Auditorium. The proposed options will be presented to the Board of Education for vote on Nov. 23. The options were created by a task force formed to review ideas to deal with township growth and overcrowding in some schools. Guidelines include to use natural boundaries when possible, move as few students as possible, keep neighborhoods together when possible and keep future planning in mind to allow for future growth. Two options will be presented. For more information, email questions@ftcsc.k12.in.us.



Pages 13-19

ITS Golden

SENIOR LIFESTYLES

SPECIAL SECTION
published by Times Leader Publications, LLC

The Southside Times

G.H. Herrmann Funeral Homes receives national recognition for innovative programming, community outreach

By G.H. Herrmann Funeral Homes

G.H. Herrmann Funeral Homes has been honored by the National Funeral Directors Association (NFDA) with the 2015 Pursuit of Excellence Award. Only 155 firms from around the world received this prestigious recognition, placing G.H. Herrmann Funeral Homes among an elite group of funeral service providers. Pursuit of Excellence Award recipients raise the bar on funeral service excellence by adhering to the highest ethical and professional standards and providing unsurpassed service to families and communities.

To earn an NFDA Pursuit of Excellence Award, a participating funeral home must meet or exceed business standards set forth by the program and demonstrate proficiency in key areas of funeral service, such as compliance with state and federal regulations; providing ongoing education and professional development opportunities for staff; offering outstanding programs and resources to bereaved families; maintaining an active level of involvement within the community; participating and actively serving in the funeral service profession; and promoting funeral home services through a variety of marketing, advertising and public relations programs. Participants are also required to adhere to a Pledge of Ethical Practices.

G.H. Herrmann Funeral Home's voluntary participation in the Pursuit of Excellence Award program reflects a clear determination to exceed the expectations of those they serve," said NFDA Chief Executive Officer Christine Pepper, CAE. "This prestigious recognition assures families of the high-quality, compassionate service they will receive the moment they walk through the fu-

neral home's front door."

For 89 years G.H. Herrmann Funeral Homes has guaranteed the finest service at the fairest price and that philosophy still holds true today. Founded in 1926 by the late George Harry Herrmann, G.H. Herrmann Funeral Homes is the premier funeral provider. We are not only the oldest, but the only family owned funeral home and cemetery on the Southside. With three locations we are sure to meet your every need. Our funeral home's dedicated staff wants to help you and can play a critical role in planning and carrying out a meaningful funeral or memorial service. Our licensed funeral directors are intimately familiar with the funeral planning process, key decisions that a grieving family must make, and necessary legal documentation that is required during this difficult time. Three generations of experience and knowledge oversee every detail of your tailored services.

More information about the NFDA Pursuit of Excellence Award program can be found on the association's website, nfda.org/pursuitofexcellence.

NFDA is the world's leading and largest funeral service association, serving 19,700 individual members who represent more than 10,000 funeral homes in the United States and 39 countries around the world. NFDA is the trusted leader, beacon for ethics and the strongest advocate for the profession. NFDA is the association of choice because it offers funeral professionals comprehensive educational resources, tools to manage successful businesses, guidance to become pillars in their communities and the expertise to foster future generations of funeral professionals.

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October is National Physical Therapy Month

By American Senior Communities

Each October, the American Physical Therapy Association hosts National Physical Therapy Month to recognize how physical therapists and physical therapist assistants can help improve and change people's lives by restoring their mobility.

Being able to move pain-free is crucial to everyday living and overall quality of life. The better you're able to move, the less likely you are to suffer a heart attack, stroke, debilitating fall that leads to a hip fracture, or become obese. You'll also be more likely to avoid surgery or prescription drugs for your chronic pain.

In the state of Indiana, there are well over 4,000 licensed physical therapists and physical therapist assistants who are dedicated to improving motion in people's lives. National Physical Therapist Month recognizes the impact these individuals make in promoting healthy and active lifestyles while providing positive outcomes for the patients with whom they work.

This year, National Physical Therapy Month is focusing on healthy aging. The APTA's #AgeWell campaign showcases the things older adults can do to age well with the help of a physical therapist. The goal is to demonstrate to adults how they can age independently by receiving an evaluation from a physical therapist who can show them how to manage and overcome their pain and maintain the mobility that is so vital to a good quality of life.

Physical therapy for seniors allows them to live their lives to the fullest and get back to an active lifestyle. One in four Americans age 65 will live to be at least 90 years old, and maintaining mobility can become a challenge. As we age, we tend to start losing some of our flexibility, strength and balance, which can make regular exercise difficult.

Some of the main ways physical therapy for seniors can be beneficial are:

- Reduce the risk of future falls. Falls are actually the leading cause of accidents among seniors and most often, as much as one out of three times, can result in a bone fracture or other injury. A fall often leads to a senior needing physical therapy. Physical therapy can teach a senior techniques to prevent a future fall.



Troy Craig and Ruth Cummings. Submitted Photo

- Reduce the risk of injury. Osteoporosis is a major concern that can also lead to injuries in seniors. Physical therapy helps seniors learn how to maintain their stability in relation to gravity and keep their postures erect and strong through extension exercises.

- Improve arthritis symptoms. Most people over the age of 65 have some arthritis in their spine, regardless of whether or not they experience any pain. Physical therapy can help offset any future symptoms while using exercises that help preserve the strength and use of the joints. Physical therapy can also help alleviate discomfort from arthritis by utilizing physical techniques and activity modifications.

- Avoid surgery and prescription drugs. If you have lower back pain, it's most often treated with medications even though physical therapy has been proven to be a more cost-effective treatment. Physical therapy has also proven to be just as effective as surgery for issues like rotator cuff tears and spinal stenosis.

- Maintain an active lifestyle. Obesity is responsible for at least 18% of adult deaths in the United States. The better you're able to move, the more active you can stay and the more weight you'll be able to keep off.

American Senior Communities has nine Southside Indianapolis-area locations. They are Beech Grove Meadows, Bethany Village and Bethany Village Assisted Living, Greenwood Meadows, Fairway Village, Forest Creek Village, Franklin Meadows and Rosegate Assisted Living and Garden Homes and Rosegate Healthcare.

For more information about the Moving Forward Rehabilitation program at American Senior Communities, visit ASCSeniorCare.com/service/mf.

Today's senior living options

By American Senior Communities

SST When seniors today are ready to make a change in their lifestyle, it can become an overwhelming decision due to all the senior living options available today. Knowing what type of senior housing is right for you or your loved one just takes a little research, as well as knowing what your needs are and what each option provides to help you make the right choice.

Senior living options vary and are certainly not "one size fits all." The needs of each senior are different, and each senior housing option offers different levels of care, amenities and services.

The main types of senior housing today include:

Independent Living

Also often called retirement communities, independent living communities offer seniors who have very few medical problems the ability to live in a community with their peers, helping to avoid the social isolation they may be feeling in their current home. Residents are able to come and go as they please and usually live in private apartments or homes, like American Senior Communities' Garden Homes. Seniors will enjoy maintenance-free living and planned social activities, and the communities also usually include other amenities like meal service and fitness centers.

Assisted Living

When a senior's health starts to decline and they need more assistance with daily living activities like eating, dressing and grooming, assisted living facilities are a senior housing option that provides a higher level of care, with medical staff being available around the clock. Like independent living communities, assisted living facilities also offer scheduled social activities as well as services like housekeeping, meals, and transportation. Residents live in private or semi-private rooms, usually with a scaled-down kitchen and many shared common areas. American Senior Communities assisted living apartments come in a variety of floor plans and our wonderful staff helps keep residents active, healthy and engaged in life.



Sandra Swircek and Ruth Rasmussen enjoy meal time at the American Senior Communities Assisted Living location where they live.

Submitted Photo

Memory Care

Memory care, or Alzheimer's care is a senior living option for those who need 24-hour support and structured activities to provide the best quality of life for those suffering from memory issues. The staff at memory care facilities is specially-trained in treating those with dementia, and these communities will often have secured areas to help prevent wandering. American Senior Communities offers memory care through our Auguste's Cottage program, where care is provided through the person-centered approach, making residents feel comfortable in a home-like setting.

Skilled Nursing Care

A skilled nursing care facility, also called a nursing home, provides the highest level of care for seniors outside of a hospital setting. Twenty-four hour medical services from licensed nurses are available around the clock for seniors who have chronic conditions that require constant monitoring.

Skilled nursing facilities often also provide short-term and long-term rehabilitation for those recovering from an illness or injury, and offer physical therapy, occupational therapy and speech therapies to help seniors get back to their normal routines. American Senior Communities Skilled Nursing Care Centers have geriatric nursing specialists on staff to provide the right level of care for the short or long-term.

American Senior Communities operates Assisted Living facilities statewide. Southside Indianapolis locations are: Beech Grove Meadows, 2002 Albany Street; Rosegate, 7525 Rosegate Dr.; and Bethany Village, 3530 S. Shelby St.

For more information about American Senior Communities, visit ascseniorcare.com.

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In with the old

Southport resident Robert Caric donates pieces of his collection of antiques to museums and libraries

FEATURE

By Nicole Davis

As other buyers were walking away with lamps, end tables and furniture of all sorts at a Greenwood estate sale, Southport resident Robert Caric caught sight of a box of books. He offered the seller \$1.50 per book – and bought them all.

Little did he know he had found quite the treasure: a book by William Shakespeare dated 1907, of 1564-1616 authored Shakespeare Sonnets. The book was in tribute to the late Dr. W.H. Page, American ambassador to the president of the Shakespearean Association. Caric contacted the association which didn't have a copy of the book, so he donated the book, in honor of his father Peter R. Caric, to the Folger Shakespeare Library in Washington D.C.

"I want to stress the importance of not throwing things of historical value away," Caric said. "A lot of people go into their parents' home after their parents pass away, and

I realize they don't have time, but sometimes they just throw things in the trash and don't realize that they have something of great value and they can pass it on to other people who would really appreciate these items. Sometimes people don't understand the significance of the historical item they have in their possession."

Caric has donated many items from his lifelong collection of antiques, including

"I want to stress the importance of not throwing things of historical value away... Sometimes people don't understand the significance of the historical item they have in their possession."

~ Robert Caric

several postcards, books and more to places such as the Indiana State Library, Beech Grove Public Library, Beech Grove Historical Society and more. He donated Bible that was more than 100 years old to the First Christian Church in Beech Grove which had celebrated its 100th birthday.

"Sometimes you just need to find a home

for things," Caric said. "Museums and libraries want things they don't have. They want something that's rare. Within the last year I began donating. I recently became retired and was able to devote more time to it. I love to find stuff and be able to pass it on to people that will appreciate it."

Caric is also a member of The Social of Greenwood, the Knights of Columbus on Thompson Road and St. Jude Catholic Church. He is retired from Sam's Club. He said he enjoys going to auctions and estate sales, and is like a kid in a candy store when he gets the opportunity to sort through old books, manuscripts, post cards and other antiques. He enjoys reading the older books, and is currently reading a 200-year-old book written by an author named Jeremy Taylor.

"I'm almost afraid to touch it sometimes because I'm afraid the paper will break on me but I enjoy looking at things that have been passed down through the ages," Caric said. "I do my little part to try to keep history alive here on the Southside."



Robert Caric with a book that he donated to the Indiana Historical Society. There was a college in Terre Haute, a teacher's college. This was a book they used on how to teach English.

Photo by Rick Myers

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By Access Mobility

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Monteith's celebrate 60th wedding anniversary

Ralph (Bud) and Carol (Rich) Monteith of Franklin Township will celebrate their 60th wedding anniversary on Oct. 16, 2015. They married on Oct. 16, 1955 at Garfield Park Baptist Church. Both are graduates of Southport High School. Bud is retired from General Motors/Allison Transmission. Carol is retired from Perry Township Schools. Both are members of the Fraternal Order of the Eagles and the American Legion. Their children are Randy, who resides in Greenwood, and Ron, who resides in Southport. They have four grandchildren and seven great-grandchildren.



Carol and Ralph Monteith

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Baroque to the Beatles, Nov. 23, 7:30 p.m.

Jazz Artist Series
Vocalist Rachel Caswell, October 14, 7:30 p.m.

Theatre Production
King Lear, October 23-31

Christel DeHaan Fine Arts Center Gallery
The Face of War: Combat Art of T. L. Harby, Nov. 9-Dec. 11; Reception: 4-6 p.m., Nov. 10

UIndy, just 10 minutes from downtown, presents more than 100 arts events a year; most are free to the public and many are family-friendly.

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Scenes from the
Perry Senior Services
2015 Golf Outing.
Submitted Photos

Perry Seniors fall golf outing sells out

FOCUS

The Perry Senior Services 2015 Golf Outing held Sept. 30 at Winding River Golf Course sold out with 152 senior golfers coming to play and more than 20 sponsors supporting the event. This event has been a cornerstone event for Perry Seniors for several years. The organization has received more than \$9,000 in donations to fulfill its mission of providing medical transportation and meals to seniors in Perry Township.

"There were so many people that we had to turn people away, so we're looking at doing two outings next year," said Perry Seniors Director Peggy Bryson. "It is so exciting. Everyone wants to be part of it."

First place winners in the men's group at

14 under par was; Ron Bray, Bob Camden, Kenny Arthur and Jim Dunigan. First place women's at two under par was Cathy Martin, Mary Adwell, Dixie Detlef and Susie Emberton. First place mixed group at nine under par went to Mike Nuckles, Jan Nuckles, Jim Daughtery and Marsha Daughtery.

The next Perry Seniors event is a presentation by Barb Miller on identity theft protection and fraud protection for seniors on Oct. 22, 11:30 a.m. Barb is an Outreach Services Specialist for the Office of the Attorney General. The free presentation will be in the community room of Perry Seniors, 6901 Derbyshire Rd., Southport.

Compiled by Nicole Davis

Seniors social networking



Submitted by **CARDON**

"I like being able to find information quickly, keep up with friends and family — and also play games online." That's what one senior said at a recent event at CarDon & Associates' Altenheim Senior Living community, located on the Southside of Indianapolis at 3525 E. Hanna Ave.

And that sentiment reflects the general statistics of how much more seniors are getting connected online and getting social in today's highly digital and wired world.

According to a study by the Pew Research Center, 59 percent of adults ages 65 and older use the Internet. And once these older individuals go online, it becomes part of their routine: 71 percent go online every day, and 82 percent go online at least weekly.

While most online seniors do use email to communicate with family and friends, half of those individuals are also turning to social media platforms such as Facebook and YouTube. In fact, Pew Research Center's Internet and American Life Project said people over the age of 65 are the fastest-growing demographic on social media.

From laptops to smartphones and tablets, digital communication is at our fingertips, making it easier for the senior population to log in and log on, joining the more than three billion Internet users across the world.

For the first time, more than half of all online adults 65 and older use Facebook. This represents 31 percent of all seniors, as noted by Pew Research Center in its 2014 Social Media Update. And while Pinterest remains popular among younger users, there was an 11-point increase from 2013 to 2014 in the demographic of those 50 and older who use the site.

Why are seniors getting social? A Forbes article said: 40 percent to connect with family and old friends; 30 percent to share photos; 20 percent for social gaming; and 10 percent for contests and games.

Each month, one of CarDon's four southside senior living communities — Altenheim, Greenwood Health & Living, University Heights and Aspen Trace — hosts the "Brunch Bunch." This group consists of people ages 55 and older who are invited to get to know the community and staff through a theme-based event complete with food and entertainment.

And during July's "Brunch Bunch," Altenheim Residential Senior Living Director of Marketing Amanda Bryan asked guests about their use of and feedback on the Internet and being involved with various social media platforms.

The majority of the seniors who responded said they are on Facebook, and almost half use YouTube.

"There were a few who use Twitter, Pinterest and Instagram, and even a couple who use LinkedIn, which I was surprised about," Bryan said. The main reasons for using the social



media platforms are because it's quick and easy to see what friends and family are doing and find out more information about events and other topics they are interested in.

"One senior went into detail about playing Words with Friends, keeping track of recipes on Pinterest, finding music on YouTube and getting needed information by searching Google," Bryan said. And as for Altenheim residents specifically, Bryan said the majority of them are using tablets to go online.

"We do have some residents with computers, but most of them use tablets bought by a family member for the sole purpose of staying connected through social media," she said. "I've given residents a few tutorials on Facebook, so that is typically the most-used platform."

Bryan has encouraged residents to like the Altenheim and CarDon pages on Facebook to look at resident photos and stay updated.

"It's a good way for them to access information and stay involved in the community they live in," Bryan said. "Keeping engaged with other residents in the community as well as family and friends benefits residents, and seniors in general, on both a mental and emotional level. The online interaction helps maintain that sense of connection so important to their health and well-being."



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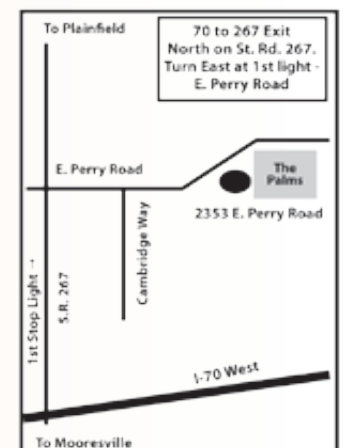
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Calvary Lutheran wins fifth consecutive soccer championship

Calvary Lutheran School's Varsity soccer team won the Calvary Lutheran Invitational on Saturday, Sept. 26 in a championship game against St. John's Lutheran School. The Knights won in a shootout victory after two overtime periods. This is their fifth consecutive year to win the tournament.

BG celebrates Performing Arts Center groundbreaking

On Oct. 6, Beech Grove City Schools hosted a Groundbreaking Ceremony for the new Performing Arts Center that will be built after the community's support of the referendum last May. Pictured are the BGCS band and choir teachers breaking ground on the new facility along. The new Performing Arts Center is expected to open August 2016.



'NDY' sculpture arrives at UIndy

The University of Indianapolis community and visitors have a chance to "Be the 'I' in Indy," as one of the city's "NDY" sculptures arrived on campus on Oct. 12 to set the stage for TEDxIndianapolis. UIndy is a presenting sponsor and host site for the Oct. 20 idea conference, which will feature 16 speakers on various topics under the theme Keep It Simple.



lated Keep It Simple art exhibition through Oct. 30, featuring artwork by graduate student Kevin Moran and interactive displays created by Big Car arts collaborative, lead organizer of TEDxIndianapolis. The NDY sculpture will remain on campus through Oct 21. More information on the conference is available at tedxindianapolis.com.

Roncalli Salutes Our Perfect Rebels



Front Row (left to right): Aliena Fox, Claire Whalen, Hannah Fikes, Erika Dow, Federica Sanchez, Shayla Cabalan
Second Row (left to right): Matthew Jones, Matthew Pluntz, Eddie Foy, Nathan Kern, Andy Reel, Michael Erickson

Roncalli High School had a record number of students register a perfect score on one or both of the spring ACT and SAT tests. Senior Hannah Fikes is the first Roncalli student in the 47-year history of the school to record a perfect score on all four components of the ACT (Math, English, Reading and Science) thereby earning a perfect score on the Composite.

Congratulations to the following scholars for their display of academic excellence and welcome to the "Perfect Rebels" Club: Shayla Cabalan – perfect ACT English and ACT English/Writing; Erika Dow – perfect ACT Math, ACT Science, ACT Composite and SAT Math; Michael Erickson - perfect SAT Math; Aliena Fox - perfect ACT Reading; Eddie Foy - perfect ACT Math, ACT Reading, ACT Science and ACT Composite; Matthew Jones - perfect ACT Reading; Nathan Kern - perfect ACT Reading; Matthew Pluntz - perfect ACT Math; Andy Reel - perfect SAT Math; Federica Sanchez - perfect ACT Reading; Claire Whalen - perfect ACT Reading.



Take a closer look. Open House - November 5, 2015
from 6-8 p.m. RONCALLI.ORG



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PETDISPATCH

Coyote sightings interactive map in Greenwood

Greenwood has posted an interactive map showing coyote incidents that have been reported to the Greenwood Police Department in the last two years. You can click on the map to report coyote sightings by visiting greenwood.in.gov/departments/division.php?structureid=373.

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PAWS for THOUGHT

By Dr. Bruce McLaughlin

Every day we as veterinarians fight the perception that cats don't require the same degree of veterinary care/visits that dogs require. This is a perception that has been perpetuated by the cat community so they don't have to go to the veterinarian...and obviously if you are a cat owner you know that all cats feel they are above the canine population anyway.

Well, the truth of the matter is that cats do need and deserve the same degree of preventative care as do their canine cousins. In some cases, they actually probably need more preventative care. Cats (unlike dogs) are masters at hiding their illnesses. It is often amazing to me to see disease problems showing up in lab work on cats and these cats don't appear to be sick. They truly can be masters at masking their medical issues.

When I say preventative care I am talking about both vaccinations AND yearly blood work. It is important that cats receive regular vaccinations. Feline leukemia is one disease that we vaccinate for. Unfortunately if your cat contracts feline leukemia it is not curable and eventually in most cases is a fatal disease. We also vaccinate for feline distemper, rhinotracheitis, calicivirus as well as rabies.

I cannot over emphasize the importance of regular laboratory testing in cats as well. Lab testing should be done prior to any surgical procedure. It should also be done regularly on any cat over the age of five. In older cats we routinely see cats with kidney issues, diabetes, and thyroid issues. If we can catch these problems early they are much more treatable. Don't wait until you see symptoms!

So, even if the feline(s) at your house say no, it is an important part of their health regime to be vaccinated and have periodic wellness laboratory blood tests run. By doing so, you truly will improve the quality of health in your cat and lengthen his/her life as well.

Feel free to call the office for any additional information or to answer any questions you may have.



Dr. Bruce McLaughlin founded South 31 Veterinary Clinic in 1977. He can be reached at (317) 788-0893.

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Canine intake at MC shelter

Indianapolis Animal Care & Control (IACC) has reached the end of a 21-day isolation period in which it didn't accept owner-surrendered or stray dogs. The temporary intake halt occurred after a dog at the shelter tested positive for distemper, a highly-contagious virus. During the isolation period, shelter staff and outside contractors deep-cleaned the dog kennels. As of Oct. 14, IACC resumed taking in dogs from Marion County. However, because of space constraints, dogs from other counties will not be accepted at this time. Marion County citizens must show proof of residence in order to surrender any animal to the shelter.

Initial symptoms of distemper mimic an upper respiratory infection, which is common in all animal shelters, making an early diagnosis difficult. Symptoms include a high fever, reddened eyes, and a watery discharge from the nose and eyes. An infected dog will become lethargic and tired. In the later stages of distemper, the virus starts attacking the other systems of the dog's body, particularly the nervous system, and the dog may start having seizures and paralysis.

IACC's Animal Intake is open from 12 noon - 6 p.m., Mon. through Sat. and operates on a first-come-first-serve basis. All cats and dogs are vaccinated upon intake and medically assessed for health or behavior concerns.



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The Southside Times
2015
Creepy Cats and Halloween Hounds Photo Contest



We know Southsiders love their pets, but we also know that they love Halloween! To celebrate this spooky and festive time of year, *The Southside Times* is holding the Creepy Cats and Halloween Hounds Photo Contest! All we need from you is your best photo of your cat, dog, or other pet dressed in their Halloween best, as well as your name and the name of your pet. Our staff will choose the top three and they'll win great prizes, not to mention your pet and all other entries will be published in the Oct. 29 Issue! Please e-mail your image to petlovers@ss-times.com by Oct. 23 or drop a photo by our office at 7670 US 31 South, Indianapolis, 46227. For more information, call (317) 300-8782.

Cleaned your temple's filter recently?

NUTRITION

By Chef Wendell Fowler

You know what a furnace filter looks like after three months or your car's filtration system after 3,000 miles? Filthy, full of accumulated crud, hence unable to effectually preform its job.

Our temple is relentlessly wide-open to many harmful environmental chemicals poisons which are broken down by your liver-acting as a filter to clean and detoxify your blood. Your liver is under siege, brutalized from street drugs, smog, chemotherapy, over-the-counter medications, excess alcohol, Tylenol, antibiotic dregs, fried and fatty foods and a constellation of unholy substances in the American food supply.

The large meaty organ processes everything we eat, breathe, absorb and plays a major role in digestion and metabolism and regulating production, storage, and release of sugar, fats and cholesterol. It also boosts immune function, thins or thickens blood, assists lymph flow, converts food to energy, removes ammonia, makes bile which breaks down fats, stores extra blood for emergencies

and filters your blood 24-7-365. Phew! It produces enzymes, hormones, blood proteins, and clotting factors. Finally, the liver assists the temple house-clean by filtering infectious organisms, and poisons from the blood and eliminating the toxic bilge. Regular medical care, a healthy plant-based diet rich in living foods, moderate daily exercise and controlling stress supports the hard working organ.

Your liver adores beets and beet greens, preferably organically grown since they are the richest source of betaine, a natural liver detoxifier and bile thinner and aren't sprayed with even more liver-stressing chemicals. Shred raw beets then combined the crimson beauties with a drizzle raw flax oil, raw honey and lemon juice or puree them in a blender for a kale and orange juice smoothie. That's right, raw.

Other foods that sustain the liver: lemon juice, turmeric, and Bragg's apple cider vinegar. Eat more high-fiber foods such as organic fresh fruits and vegetables, whole grain breads, ground flax or chia seed, brown rice and quinoa and granola. Fresh foods provide the best preventive maintenance and contain nutrition that enhances liver function. Next, get over your silly fear of healing cruciferous broccoli, cauliflower, Brussels sprouts, berries, green tea, yogurt, whole grains, beans, nuts and seeds and red grapes.

Apparently Hannibal Lecter didn't know the liver relates to almost every vital function of the holy temple, or he wouldn't have suggested it be consumed with a glass of Chianti. Respect your liver so it won't end up this Halloween in Hannibal Lecter sauté pan smothered with sautéed onions.



Chef Wendell is a lecturer and food journalist. Contact him at chefwendellfowler@gmail.com.

Pastor Cook (Bub) and LaDonna the folks at Faith Assembly appreciate God having sent you to Faith Assembly, we appreciate the genuine love that has been shown to this family since you've arrived here, also we appreciate the energy, perseverance, and the upmost importance challenging us in praying and evangelism. We love you Pastor Cook and LaDonna ~ Your Faith Family

Join us to hear from Carmen Fowler LaBerge

If ISIS is worth dying for, is Jesus worth living for? | Corinthians 15:1-12

Southport Presbyterian Church
Sunday, October 18th
8:00 AM, 9:30 AM and 11:00 AM

AROUND TOWN

Franciscan Alliance selects new VP of ambulatory services

Christopher A. DiGiusto has been appointed vice president of ambulatory services for Franciscan Alliance. Among his duties, DiGiusto will provide operational leadership and direction over Franciscan Alliance's retail sites and ambulatory services, urgent care and occupational health sites; assist with direct-to-consumer engagement; and development and oversight of all telehealth platforms and services. Since 2009, DiGiusto was the service line director for orthopedics, neurosciences and rehabilitation for Franciscan St. Francis Health, where he was responsible for strategic growth of those medical disciplines at the hospital's three campuses.



Southport receives \$50,000 donation to create accessible playground

The City of Southport has received a donation of \$50,000 from Renaissance Electronic Services (RES) to make improvements to the city park to accommodate children with disabilities.

RES, an Indiana-based business in national dental industry services, recently announced that it will renovate the former Gerdt Furniture store in Southport to house its sixth location. The expansion will bring 150 new jobs to the area.

Jonathan Raimondi, RES Vice President of Information Technology, graduated from Southport High School in 2000 and is leading the renovation of the Gerdt building, which is scheduled to open in March 2016.

"I was impressed with Mayor (Jesse) Testruth's vision to make Southport a family-friendly community with amenities that are accessible," Raimondi said. "RES is proud to partner with Southport to make sure all children are able to use the local playground regardless of physical disabilities."

Gamma Pi chapter searching for new members

The Gamma Pi chapter of Epsilon Sigma Alpha is looking for people who want to make a positive difference in people's lives as well as their own. Epsilon Sigma Alpha (ESA) is a leadership, service and philanthropic organization with thousands of members who come together to accomplish good things locally, nationally and internationally. Members will host a "Choctober" Rush party on Oct. 20th at the Benedict Inn, 1402 E. Southern Ave, Beech Grove, at 7 p.m. For more information contact Jan Rahn at jstrattan@hotmail.com, (317) 850-0114 or visit indianaesa.org

Anthem teams with Lions Club to improve Southport Park

Anthem Blue Cross and Blue Shield and local Lions Clubs are working together Oct. 17, 9 a.m. – 12 p.m. for "Volunteer Days," a series of service projects this month. Dozens of Anthem volunteers will be at Southport Park, 6901 Derbyshire Rd., working alongside volunteers from the Southport Lions Club on beautification, landscaping and fall clean-up. For more information, contact Lion AJ Johnson, ladylion438@earthlink.net.

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 H G P
 B C E E A
 R R T O E G I
 E U I A R P R J E
 R E D A W G E A D L H
 S A L Y N T E L E P E G I
 A D Y P S S H R J A C U A
 D I E A S R I E B P T O B
 E O N T O I L U A E I T M
 L K T A N F L G N R O I U
 H L R K G R P A G L N M M
 I O U L B U A E A I D E G
 Y O O L P T T L O A S
 C K U I A F O N Y
 J E A C F R H
 D J H E E
 R O J
 U

6 Cities in India

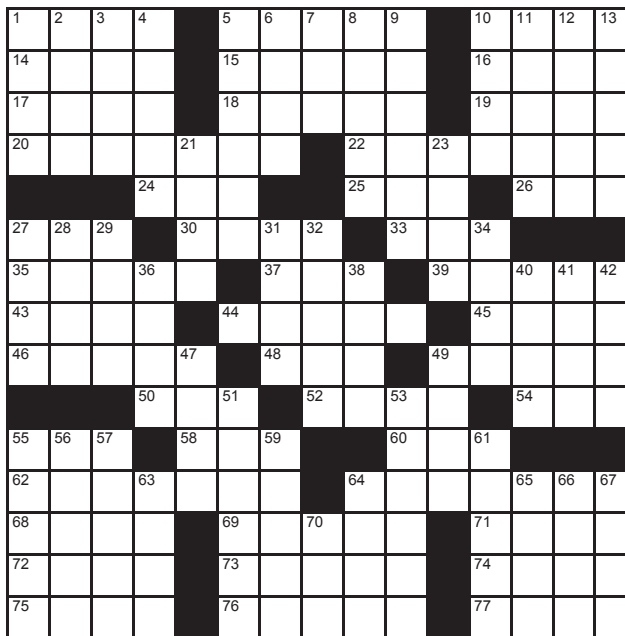
4 Indy Brunch Spots

3 NBA Players from Indiana

5 Football Movies

2 Indianapolis Flag Colors

1 November Event



Across

1. Anesthetize at IU Health
5. Prepares potatoes at Hollyhock Hill, perhaps
10. Sacred bird of ancient Egypt
14. UIndy term paper footnote abbr.
15. Like Crown Hill Cemetery at night
16. Baby's first word
17. Yellow Cab vehicle
18. Foolish
19. Greasy at Jiffy Lube
20. Apt nickname for Rising Sun HS
22. Apt nickname for Delphi HS
24. WFMS tune: "Better Than I Thought ___ Be"
25. Opposite of pos.
26. Clowes Hall box office letters
27. Circle City org. that goes to blazes
30. Zionsville artist Nancy or a Christmas tune
33. Cub Scout Pack 265 group
35. Around, in a date
37. Local printing store
39. Ball State fraternity letter
43. Worse than bad
44. Devoutly religious
45. IPL fuel
46. Indiana State Fair Train terminus
48. Bright House news channel
49. Approves
50. Tiny bit
52. Indy newspaper
54. Michael Jackson song: "Gone ___ Soon"
55. WTTV's network affiliation
58. 2016 Olympics city, briefly
60. Answering machine button
62. Apt nickname for Frankfort HS (2 wds.)
64. Apt nickname for Greenwood HS
68. Lucas Oil Stadium crowd sound
69. Religion of the Koran
71. Indiana Supreme Court justice garb
72. Capri or Man, e.g.
73. Miss Indiana crown
74. Planets and such at Holcomb Observatory
75. Conner Prairie one-dish meal
76. Denison Parking places
77. Sail holder on Eagle Creek Reservoir

Down

1. Pacers foe
2. Great Salt Lake state
3. Ann Taylor skirt for the modest
4. Russian pancakes at Babushka Deli
5. Strange person
6. Johnson County Fair fowls
7. Fifth Third Bank investment option, briefly
8. Attach, as a boutonniere for the Beech Grove HS prom (2 wds.)
9. An IU crowd in the eyes of a Purdue fan? (2 wds.)
10. Org. that oversees the Plainfield prison
11. Tries to keep a boat afloat on the White River
12. Slacker
13. Final approval
21. Butler science lab item
23. Matures, as a wine
27. Decorated at A Piece of Cake Plumbing and Drain
31. Larger-than-life
32. Apt nickname for Leo HS
34. "Parks and Recreation" actor Offerman
36. Congeal, as blood
38. Colts' fourth down option
40. Big kid in a Marion County Fair barn
41. Shapiro's spread
42. "The Sun ___ Rises"
47. Tropical tuber
49. Popular cookie at Marsh
51. 1, 2, 3, etc.
53. Paradise Bakery oven emanations
55. Channel 4 weatherman Wright
56. Give a leg up at Kaufman Stables
57. Past its prime
59. Local eye care provider
61. PC storage medium
63. Sketched in a Center Grove HS art class
64. Greenwood Dermatology concern
65. Ex-Colts coach: Jim ___
66. Retreats from shore
67. Hoosier National Forest home
70. Thai neighbor

AROUND TOWN

JCCF presents awards for local organizations

The Johnson County Community Foundation recently awarded a total of \$76,633.95 to support the vital work of organizations that are responding to the many needs in the Johnson County community. The Foundation's fall 2015 grant awards include funding for arts/culture, community & economic development, education, seniors, health & human services and youth programs. The Johnson County Community Foundation's fall grant awards reflect the Foundation's mission to enhance the quality of life for all citizens of Johnson County. A complete list of grantees can be found at jccf.org.

Free seminar on domestic violence in the workplace

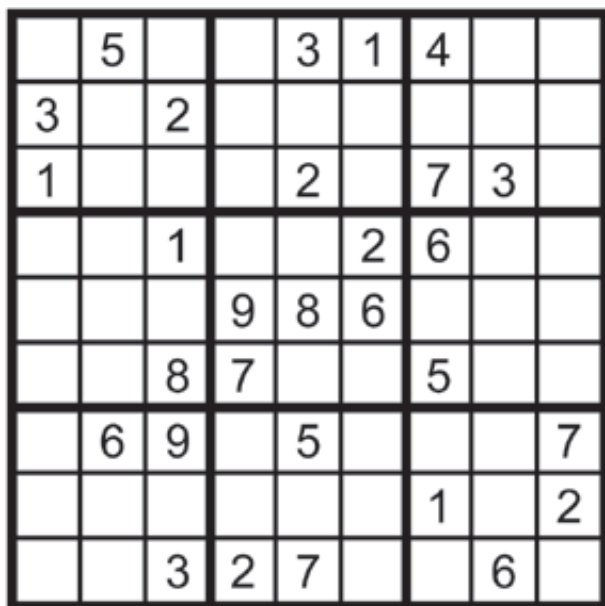
October is Domestic Violence Awareness Month and, in honor, Tilson is hosting a free "Domestic Violence and Employers" seminar for business owners on Oct. 22. Led by experts from the Indianapolis-based Domestic Violence Network, it will run from 9 a.m. to 11 a.m. at the Tilson Conference Center in Greenwood. Attendance is free but registration is required: tilsonhr.com/knowledge-center/seminars/. Employers will learn how domestic violence affects the workplace and the proper response to employees faced with this situation.

Medicare Extravaganza to educate seniors on insurance plans

It's that time of year again – that open enrollment period to help seniors choose the right Medicare Advantage plan to cover their health insurance needs. Senior Promise, a Franciscan St. Francis Health-based organization is hosting a Medicare Extravaganza Oct. 19, Oct. 23 and Oct. 26 at the hospital's Education Services and Support Center at 421 N. Emerson Ave., Greenwood, one mile south of County Line Road.

Four presentation sessions will be held at the following times: 9 to 10:15 a.m., 10:30 to 11:45 a.m., noon to 1:15 p.m. and 1:30 to 2:45 p.m. Franciscan Insurance Services staff will be joined by representatives from Humana Health Plan Inc., Anthem Blue Cross and Blue Shield and UnitedHealthcare. Each organization will give presentations on their Medicare Advantage plans to help participants make informed decisions about the right plan for their needs.

Registration is not required. For more information, call Senior Promise and Franciscan Insurance Services at (317) 528-8277.



Answers See Page 27

CALENDAR

BEECH GROVE

Fall Rummage Sale • Holy Name Church Altar Society will hold its Fall Rummage Sale with a large variety of items. | When: Oct. 17, 8 a.m. – 3 p.m. | Where: 21 N. 16th Ave., Beech Grove. | Info: Call (317) 784-6860.

Classic Movie Night • Bell, Book and Candle: hosted by Steve Nontell. | When: Oct. 19, 5:30 p.m. | Where: Beech Grove Public Library, 1102 Main St., Beech Grove. | Info: Call (317) 788-4203.

CENTER GROVE

Book Release Party with Sisters in Crime • Celebrate the release of the newest story collection "Decades of Dirt" from mystery writers the Sisters in Crime. | When: Oct. 17, 1 – 3 p.m. | Where: JCPL White River Branch, 1664 Library Blvd., Greenwood. | Info: Visit pageafterpage.org.

Pumpkin Painting • Use paint, stickers and other supplies provided by the library. | When: Oct. 21, 3:30 – 5:30 p.m. | Where: JCPL White River Branch, 1664 Library Blvd., Greenwood. | Info: Visit pageafterpage.org.

Get Away @ Your Library • Those in grades five through 12 can escape for a mini-vacation at the library and enjoy a day at the "beach." | When: Oct. 22, 4 – 5 p.m. | Where: JCPL White River Branch, 1664 Library Blvd., Greenwood. | Info: Visit pageafterpage.org.

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FRANKLIN TOWNSHIP

Meatless Cooking Tips • Franciscan St. Francis Heart Center is offering free classes focused on cardiovascular health and wellness in October. This class will help with menu planning and recipes. | When: Oct. 15, 6:30 p.m. | Where: Franciscan Heart Center, 8111 S. Emerson Ave., Indianapolis. | Info: Call (317) 782-4422 or visit MyHeartCare.net.

Quick Meals at Home • Franciscan St. Francis Heart Center is offering free classes focused on cardiovascular health and wellness in October. Learn how to fix quick and easy nutritious meals. | When: Oct. 20, 6:30 p.m. | Where: Franciscan Heart Center, 8111 S. Emerson Ave., Indianapolis. | Info: Call (317) 782-4422 or visit MyHeartCare.net.

Teen Read Week: 3Doodler Art Session • Teens are invited to sketch in 3D during this drop-in workshop featuring the 3D printing pen that can draw in the air. | When: Oct. 22, 2 – 4 p.m. | Franklin Road Branch library, 5550 S. Franklin Rd., Indianapolis. | Info: Call (317) 275-4380.

FOUNTAIN SQUARE

Preschool Art for Cool Cats: Workshop Inspired by Pete the Cat • Preschoolers ages 3 - 6 and an adult are invited for a groovy workshop presented by The Art Lab inspired by this favorite laid back feline. | When: Oct. 17, 10:30 a.m. | Where: Fountain Square Branch, 1066 Virginia Ave., Indianapolis. | Info: Call (317) 275-4390.

Third Friday's On the Plaza • Enjoy local music during this free concert series on the third Friday of the month. This month is the last of 2015. Next up is Folk Night with folk artists Achilles Tenderloin, Donn Smith, and McHalo. | When: Fri. Oct. 17 6 p.m. to 9 p.m. | Where: Fountain Square plaza, Indianapolis.

Jungle Jams: Preschool Rhythm Class • Preschoolers under the age of 6 and an adult are invited to get ready to move to the beat of their favorite jungle animals. Bongo Boy Music Center will bring animals to life by introducing basic rhythms and life skills, along with moving to the groove. | When: Oct. 19, 11 a.m. | Where: Fountain Square Branch, 1066 Virginia Ave., Indianapolis. | Info: Call (317) 275-4390.

Family Game and Craft Night • Families are invited to play board games and have fun while hanging out with friends and family. | When: Oct. 20, 6 – 7:30 p.m. | Where: Fountain Square Branch, 1066 Virginia Ave., Indianapolis. | Info: Call (317) 275-4390.

GARFIELD PARK

Oodles of Soup • Garfield Park United Church of Christ will host its annual supper with a variety of soups, crackers, cornbread, desserts, drinks and a pretty bowl. | When: Oct. 17, 5:30 – 8 p.m. | Where: 743 E. Pleasant Run Pkwy., Indianapolis. | Cost: \$10 for ages 13 and older, \$5 for 7-12 years and free under 7. | Info: Call (317) 784-8343.

Vintage Movie Night Saturday • Eric Grayson will screen Frankenstein (1931), with four minutes of previously censored scenes restored (still family-friendly). \$5 at the door. \$1 concessions available. | When: Oct. 17 at 8 p.m. | Where: Garfield Park Arts

Center July events at 2432 Conservatory Dr., Indianapolis. | Info: Call (317) 327-7135 or visit gpacarts.org.

Senior Health Speaker Series: Am I at Risk of Heart Attack? • Michael Barron, MD, a member of Franciscan Physician Network Indiana Heart Physicians, will talk about prevention and how to recognize signs and symptoms of heart attack. A box lunch will be provided to participants. Registration is required by Oct. 17. | When: Oct. 21, noon. | Where: Garfield Park Burrello Family Center, 2345 Pagoda Dr., Indianapolis. | Info: Call (317) 327-7220 or visit MyHeartCare.net.

GREENWOOD

4th Annual Kick Event • 9Round Greenwood will host the 4th Annual Kick Event. For each kick thrown, the club will donate a penny for breast cancer research and awareness. Last year 9Round clubs nationwide recorded 5.8 million kicks at 160 locations. | When: Oct. 15, all day. | Where: 9Round Greenwood, 520 N. State Rd. 135 | Info: Call (317) 300-1830 or visit 9round.com.

Local Author Fair • Meet and visit with dozens of local authors at this annual event. | When: Oct. 17, 2 – 4 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: Visit greenwoodlibrary.us or call (317) 885-5036.

Monster Mash Community Halloween Party • Greenwood Parks & Recreation and the Greenwood Public Library will host Monster Mash, a free community Halloween party. \$2 tickets will be available for purchase and include dinner and a hayride. | When: Oct. 23, 6 – 8:30 p.m. | Where: Greenwood Community Center, 100 Surina Way, Greenwood. | Info: Visit greenwood.in.gov.

PERRY TOWNSHIP

Cultivating Garden Club • Elizabeth Schleicher, Education Coordinator of Garfield Park will present "Indoor Kitchen Gardens." Bring a glass jar. | When: Oct. 15, 6 p.m. | Where: St. John's Church, US 31 and Southport Road. | Info: Call Ginny O'Brien at (317) 783-4727.

CAGE Match • Thirty high school robotics teams will showcase their mastery of STEM skills at the annual CAGE Match competition. Free to the public and family-friendly. | When: Oct. 17, 9 a.m. – 5 p.m. | Where: Southport High School Fieldhouse. | Info: Visit thecagematch.com.

The Woodsman • A Southern gospel quartet from Batesville, Ind. will be in concert and leading worship. The community is invited. A free-will offering will be taken. | When: Oct. 18, 8:15 a.m. and 10:30 a.m. | Where: Edgewood United Methodist Church, 1820 E. Epler Ave., Indianapolis. | Info: Call (317) 946-4895.

Fall Forum • Church Women United will hold its Fall Forum meeting. Rev. Andrea Lewis, Chaplain at the Women's Prison, will be the speaker. She is a graduate of Christian Theological Seminary. Mrs. Lewis has suggested a few things the women need: greeting cards, with envelopes for all occasions; and paperback Bibles, especially modern translations such as New Living Translation (NLT) or New International Translation (NIT). Everyone is invited to attend. | When: Oct. 19, 9:30 – 11:30 a.m. | Where: Center United Methodist, 5445 Bluff Rd.,

Indianapolis. | Info: Visit center-umc.org.

Catholic Charities: Caregiving, Aging & Spirituality • Catholic Charities Indianapolis sponsors monthly caregiver support groups for family members who are caregivers of older adults. | When: Oct. 19, 5:30- 7 p.m. | Where: St. Mark Catholic School, 541 E. Edgewood Ave., Indianapolis. | Info: Contact Monica Woodsworth, (317) 261-3378 or mwoodsworth@archindy.org.

Vineyard Toastmasters Club • Whether you are a professional, factory worker, student, retiree or stay-at-home parent, Toastmasters is an efficient, enjoyable and affordable way of gaining better communication and leadership skills. Join for a meeting. | When: Mondays, 7 – 8:15 p.m. | Where: Perry Township Trustee Office, 4925 Shelby St., Indianapolis. | Info: Visit vineyard.toastmastersclubs.org.

Simplify Your Life at TEDxIndianapolis • Following this year's theme, "Keep It Simple," all speakers and performances will illuminate the importance of paring things down and getting back to basics. This year's lineup will feature 17 local and national speakers as well as six performers, each focusing on keeping it simple. | When: Oct. 20. | Where: University of Indianapolis' Christel DeHaan Fine Arts Center. | Info: Visit tedxindianapolis.com.

Quilters Guild of Indianapolis • Join for the Out to Lunch Bunch meeting. Lana Russel will present a program on Cotton Theory as a unique fold-and-finish way to construct quilts. | When: Oct. 22, 11 a.m. | Where: Southside Knights of Columbus Hall, 511 E. Thompson Rd., Indianapolis. | Info: Visit quiltguildindy.net.

King Lear by William Shakespeare • Long ago in ancient Britain, King Lear contemplates retirement. He will divide his empire among his three daughters, as there are no male heirs to inherit the throne. | When: Oct. 23-24 and 29 - 31, 8 p.m. and Oct. 25, 2 p.m. Free preview Oct. 22, 8 p.m. | Where: University of Indianapolis, Ransburg Auditorium, Esch Hall. | Cost: \$12 general admission. | Info: Visit uindy.edu/arts/ETC or call (317) 788-3251.

IMPD and Hubler's Child Safety and Pumpkin Event • Parents and children of all ages are invited to this join Hubler in this annual pumpkin event. IMPD will be running the event and taking FBI quality digital fingerprints and photographs of children. | When: Oct. 23, 3 – 7 p.m. and Oct. 24, 10 a.m. – 4 p.m. | Where: 8220 U.S. 31 S., Indianapolis. | Info: Visit hublerchevy.com/safekid or call (888) 819-1606.

SOUTHPORT

Teen Game Day: Get Away @ Your Library! • Teens are invited for a day of expeditions, space journeys and legendary vacations through board games. | When: Oct. 17, 2 – 4 p.m. | Where: Southport Branch library, 2630 E. Stop 11 Rd. | Info: Call (317) 275-4510.

Southport '73 Alumni • Southport High School Class of 1973 will get together for a 60's Birthday Bash. | When: Oct. 24, 7 p.m. | Where: Fireside Brew House, County Line and Emerson Avenue. | Info: Contact Jim Daniel, (317)0372-1233 or hdrider1627@aol.com.

The Walk... intensely entertaining

MOVIE REVIEW

By Adam Staten

Throughout the existence of man, human beings have accomplished some pretty astounding feats. Man has walked on the moon, there have been feet on the top of Mt. Everest, a cure for polio was discovered, a four-minute mile was run and those are just some of the amazing things men and women have achieved. The new film, *The Walk*, starring Joseph Gordon-Levitt is about another insane human achievement.

The Walk is the story of high-wire artist Philippe Petit and his dream of walking the distance between the twin towers. The film begins with Petit (Gordon-Levitt) talking directly to the camera from atop the Statue of Liberty as he tells his story. Petit's tale is one of courage in the face of some pretty big obstacles. As a young boy, Petit comes across a circus and immediately becomes enamored with the high-wire artists. The audience then sees as Petit is shunned and eventually kicked out of the house by his parent's for following his dream of being a circus performer.

After his parents throw him out, he begins working as a street performer in Paris, juggling, riding a unicycle and doing magic just to earn a couple of bucks. Soon enough, Petit meets a legend of the high-wire act, who takes Petit under his wing and teaches him everything he knows about walking danger-

ously high on wire.

Feeling he's learned all that he needs to know, Petit has his sights set a little higher, he wants to walk from the top of one of the twin towers to the other. He begins to make his dream a reality and recruits a rag-tag group of "accomplices" to help him do it.

While the overall story for *The Walk* is extremely interesting and entertaining, some of the dialogue and character development is lacking. The film never really spends any time getting to know other characters except for Petit and some of the dialogue is a little awkward, especially at first when Petit talks to the camera. Some of his accomplices we barely even know; they are more like a means to an end than an actual character.

However, the cinematography in *The Walk* is astounding. The way in which the high-wire sequence between the towers is shot literally keeps you on the edge of your seat.

The Walk is a beautifully shot, intense thrill-ride that is more than worth the price of admission. If there was ever a film to experience in IMAX, *The Walk* is the one.

4 out of 5.



Adam Staten lives in Perry Township and is a movie buff. Staten graduated from University of Southern Indiana with a degree in Communication Studies.

BEHIND BARS

Sourpuss

Bartender: Eli Sanchez

Location: Repeal, 630 Virginia Ave., Indianapolis.

Ingredients and directions:

½ oz lemon juice, ½ oz honey vanilla syrup, ½ oz strawberry rhubarb shrub, and 1 ½ oz 12.05 Vodka.

Garnish with lemon peel.



WHERE I DINE

Charlie O'Connor, owner of Baskin Robbins in Greenwood

Where do you like to dine? El Rodeo

What do you like to eat there? The Burrito Loco is a good combination of chicken and beef. It has all the goodies with it and the guacamole is fabulous.

What do you like about this place? It is always fun. The guys are fun to be with. The service is good. The food is always good and the Wednesday margarita special is fabulous.

El Rodeo is located at 3113 W. Smith Valley Rd., Greenwood, IN 46142. The phone number is (317) 883-0379.



AN OPTION

El Azabache Mexican Restaurant

The scoop: El Azabache is located in the Southern Plaza Shopping Center north of I-465 and west of US 31. It serves huge selection of dishes and drinks. Everything on the menu is made from scratch and the servings are larger than you would expect from area restaurants. Seafood lovers will love the choices including Nachos Locos (with shrimp), Camerones Cocktail, Seafood Fajitas Del Mar, and Seafood Chimichanga. During special occasions El Azabache prepares a special dish called King Burrito offered by no other restaurants in town. Discounts are offered to current military servicemen and women and military veterans.

Type of food: Mexican food.

Specialties: Margaritas.

Recommendation: Arroz Con Pollo.

Hours: Monday to Thursday 11 a.m. to 10 p.m., Friday to Saturday 11 a.m. to 10:30 p.m., Sunday 11 a.m. to 9 p.m.



Entrées at El Azabache Mexican Restaurant

Location: 4200 S. East St., Indianapolis in the Southern Plaza Shopping Center

Phone: (317) 791-1533

*Behind Bars, Where I Dine and An Option
Compiled by Brian Ruckle*

Puzzles & Answers – See Pages 8 & 25

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Answers to HOOSIER HODGEPODGE: Cities: AGRA, BANGALORE, DELHI, JAIPUR, KOLKATA, MUMBAI; Movies: BRIAN'S SONG, PAPER LION, RADIO, RUDY, SEMI-TOUGH; Spots: FIRST WATCH, LE PEEP, PATACHOU, YOLK; Players: COURTNEY LEE, GEORGE HILL, JEFF TEAGUE; Colors: BLUE, RED; Event: ELECTION DAY

Southside News Quiz:

1. D. WRTFD shared the photo on its Facebook page.
2. B. Visit indysbi.org for more information.
3. A
4. B
5. D

✠ ASSEMBLY OF GOD

Faith Assembly of God • 186 Royal Rd., Beech Grove | Ph: (317) 784-8566 | Pastor: Lawrence Cook | Sunday: 10:30 a.m. & 6 p.m. | Wednesday: 7 p.m.

✠ BAPTIST

Crossroads Baptist Church • 1120 S Arlington Ave., Indpls, 46203 | Ph: (317) 357-2971 | Pr. Guy Solarek | Sunday: 10 a.m., 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | cbcindy.com

Faith Baptist Church • 1640 Fry Rd., Greenwood | Ph: (317) 859-7964 | Pr. Steve Maxie | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:45 a.m. | Wednesday: 7 p.m. | KJV

First Baptist Church of BG • 5521 Churchman Ave., Indpls | Ph: (317) 784-1478 | office@fbcbeechgrove.com | Sunday: 9:30 a.m. | Sunday School: 10:50 a.m. | Wednesday: 7-8 p.m. | Childcare & programs, all ages, all services. Join Us! | fbcbeechgrove.com.

Historic Grace Baptist Church "Since 1927" • 1907 E. Woodlawn Ave., Indpls | Ph: (317) 638-3143 or 536-8655 | Pr. Rick J. Stone | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m.

Lighthouse Baptist Church • 6950 E. Raymond St., Indpls | Ph: (317) 359-4275 | Pr. Dan Tidd | Sunday: 11 a.m. & 6 p.m. | Wednesday: 7 p.m. | Thursdays Youth Meeting: 6:30 p.m. | Ladies' & Men's meetings (call for times) | "Independent Baptist Church"

Southport Baptist Church • 2901 E. Banta Rd., Indpls | Ph: (317) 787-8236, Pr. Jeff Stratton | Sunday: 9:30-10:30 a.m. | Sunday School: 10:45-11:30 a.m. | "Come and Watch Us Grow" | Park Open to Public

The Rock Baptist Church • 4855 S. Emerson Ave. | Ph: (317) 222-1958 | Pstr: Steve Lawson | Sunday: 10:30 a.m. | Interactive children's & youth ministry, uplifting worship, and simple messages relevant to everyday life | therock-indy.org

✠ CATHOLIC

Good Shepherd Catholic Church • 2905 S. Carson Ave., Indpls | Ph: (317) 781-5959 | Rev. Todd Riebe, Administrator | Rev. John Beitsas, Sacramental Minister | Saturday Mass: 4:30 p.m. | Sunday Mass: 10 a.m. | Completely Handicapped Accessible | All Welcome!

Holy Name of Jesus • 89 N. 17th Ave., Beech Grove | Ph: (317) 784-5454 | Fr. William M. Williams | Worship Times & Anticipation Sunday: 7:30, 9:30 & 11:30 a.m.; Saturday Mass: 5 p.m.

St. Athanasius Byzantine Catholic Church • 1117 S. Blain Ave., Indpls, 46221 | Ph: (317) 632-4157 | Fr. Bryan Eyman | Sunday (Divine Liturgy Celebrated): 10 a.m.

Saints Francis & Clare Catholic Church • 5901 Olive Branch Rd., Greenwood | Ph: (317) 859-4673 | Fr. Steve Giannini | Asst. Pastor Fr. Tim Wyciskalla | Saturday Anticipation Mass: 5:30 p.m. | Sunday: 7, 8:45 & 11:30 a.m.

St. Jude • 5353 McFarland Rd., Indpls, | Ph: (317) 786-4371 | Fr. Stephen Banet | Sunday: 7, 8:30, 10:30 & Noon | Saturday Anticipation Mass: 5 p.m.

St. Mark Catholic Church • 535 East Edgewood Ave., Indpls, | Ph: (317) 787-8246 | Fr. Todd Riebe | Deacon Tom Horn | Sunday: 7:30, 9:30, 11:45 a.m. | Saturday Anticipation Mass: 5:30 p.m.

✠ CHRISTIAN CHURCH

Greenwood Christian Church • 2045 Averitt Rd., Greenwood | Ph: (317) 881-9336 | Pr. Matt Giebler | Saturday: 6 p.m. | Sunday: 9:30 & 11 a.m. | Sunday School: 8, 9:30 & 11 a.m.

Mount Pleasant Christian Church • 381 N. Bluff Rd., Greenwood | Senior Pr. Chris Philbeck | mccc.info | Saturday: 6 p.m. (ASL Available) | Sunday: 9 & 10:45 a.m. | Video Venue at Student Ministries: 10:45 a.m.

Southport Heights Christian Church • 7154 S. McFarland Rd., Indpls | Pr. Steve Ferguson | Sunday: 9:00 & 10:30 a.m. | Sunday School: 9:00 a.m. | Deaf Ministry: James Wines (317) 493-0414 VP or jewishdccc@yahoo.com

✠ CHURCH OF CHRIST

Madison Avenue Church of Christ • 8224 Madison Ave. | Sunday Bible Study: 10 a.m. | Sunday Worship: 11 a.m. & 6 p.m. | Wednesday Bible Study: 7 p.m.

✠ CHURCH OF CHRIST, SCIENTIST

Sixth Church of Christ, Scientist • 7625 McFarland Rd. | Ph: (317) 888-3204 | Sunday: 10 a.m. | Sunday School: 10 a.m. | Wednesday: 4 p.m. | Reading Room Hours Tues: 11 a.m.-2 p.m. & Wednesday: 2:30-3:30 p.m.

✠ CHURCH OF GOD

Church of God (Anderson) • 3939 S. Emerson Ave. (Beech Grove) Indpls | Parsonage: (317) 788-6845 or Church: (317) 787-0467 | Pr. Paul A Kirby | Sunday: 10:30 a.m. & 6 p.m. | Sunday School: 9:30 a.m. | Wednesday: 7 p.m. Youth/Adults

✠ CUMBERLAND PRESBYTERIAN

Christ Cumberland Presbyterian Church • 6140 South Meridian St., Indpls | Ph: (317) 787-9585 | Pr. Elmer Price | Sunday: 10 a.m. | Sunday School: 9 a.m. | "Come Grow With Us!" churchofacts.org

✠ DISCIPLES OF CHRIST

First Christian Church of Beech Grove • 75 N. 10th Ave., Beech Grove | Ph: (317) 786-8522 | Pr. Paul Hartig | Sunday: 10:30 a.m. | Sunday Christian Education: 9:30 a.m.

✠ EPISCOPAL CHURCH

St. Thomas Episcopal Church • 600 Paul Hand Blvd. (South of Whiteland), Franklin | Ph: (317) 535-8985 | Rev. Whitney Rice | Sunday: 10:15 a.m. | Adult Forum Sunday School (During Worship): 11 a.m. | stthomasfranklin.org

St. Timothy's Episcopal Church • 2601 E. Thompson Rd., Indpls | Ph: (317) 784-6925 | Rector: Rev. Rebecca Nickel | Sunday: 9 a.m. | Godly Play: 9 a.m. (Sept-May) | Food Pantry: 3rd Tues each month | sttimothy.indydia.org

✠ EVANGELICAL LUTHERAN CHURCH OF AMERICA

Bethany Evangelical Lutheran Church • 4702 S. East St., Indpls | Ph: (317) 786-7854, Rev. Michelle Elfers | Sunday: 9:30 a.m. | Sunday School: 8:15 a.m. (all ages) | "We Welcome You"

✠ FULL GOSPEL

The Worship Center • 90 South 7th Ave., Beech Grove | Ph: (317) 786-9802 | Rev. James Archie Strong | Sunday: 11 a.m. | Sunday School: 10 a.m. | Thursday: 6:30 p.m. | worshipcenterindy.org

✠ INDEPENDENT NON DENOMINATIONAL

Community Church at Murphy's Landing • 7401 South Harding St., Indpls | Ph: (317) 807-0222 | Pr. Paul Erny | Sunday: 9:30 a.m. | Sunday School: 11 a.m. | yourccml.org

✠ NAZARENE

Cross-Way Community Church of the Nazarene • 1248 Buffalo St., Beech Grove | Pr. Mark Ramsey | Sunday: 11 a.m. | facebook.com/CrosswayCCN

South Side Church of the Nazarene • 2447 E. Thompson Rd., Indpls | Ph: (317) 784-1373 | Pr. Ray McCrary | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m.

✠ NON-DENOMINATIONAL

Church of Acts • 3740 S. Dearborn, Indpls | Ph: (317) 783-ACTS (2287) | Pr. Bill Jenkins | Sunday: 10 a.m. | Wednesday: 7 p.m. | Club Acts Friday: 7-11 p.m. | Latin Acts Saturday: 7 p.m. churchofacts.org

The Father's House • 1600 S. Franklin Rd. (just south of Brookville Road) | Ph: (317) 358-8312 | Multi-cultural Worship Sunday: 10 a.m. | Wednesday: 7 p.m. | TheFathersHouseIndy.com

Community Church of Greenwood • 1477 West Main St., Greenwood | Ph: (317) 888-6024 | Sunday: 9 & 11 a.m. | Real Church. Real People. | ccgonline.org

✠ PRESBYTERIAN

Greenwood Presbyterian Church • 102 West Main St., Greenwood | Ph: (317) 881-1259 | Pr. Cheryl Montgomery | Sunday: 10:30 a.m. | Sunday School: 9:30 a.m. | Free Community Meal – 3rd Monday: 6:30-8 p.m.

✠ SEVENTH DAY ADVENTIST

Southside Seventh-Day Adventist • 801 Shelbyville Rd., Indpls | Ph: (317) 786-7002 | Pr. Brian Yensho | Services Saturday: 11 a.m. | Sabbath School: 9:30 a.m. | southsideadventist.org | Health Ministries, CHIP+ : chiphealth.com

✠ SOUTHERN BAPTIST

Calvary Baptist Church • 200 Sunset Blvd., Greenwood | Ph: (317) 881-5743 | Ernest E. James, D. Min. | Sunday: 10:30 a.m. | Sunday School: 9 a.m. | Something for All Ages

Southwood Baptist Church • 501 S. 4th Ave., Beech Grove | Ph: (317) 786-2719 | Adult Sunday School: 9:30 a.m. | Youth & All Age Children Worship: 10:45 a.m. | Sunday Evening Worship: 6:30 p.m.

✠ UNITED CHURCH OF CHRIST

Faith United Church of Christ • NW Corner Thompson Rd., Gray Rd. & Shelbyville Rd. | Ph: (317) 784-4856 | Pr. Kurt Walker | Adult & Jr. Church Service: 10:30 a.m. | God loves you! You are invited to worship with us. We have a pew for you. | Nursery Care

St. John's United Church of Christ • 7031 S. East St., Indpls (U.S. 31, Southport Rd.) | Ph: (317) 881-2353 | Rev. Ross Tyler | Sunday Contemporary Worship: 9 a.m. & Traditional Worship: 10:30 a.m. | Sunday School: 10:30 a.m.

Zion United Church of Christ • 8916 E. Troy Ave., Indpls | Ph: (317) 862-4136 | Sunday: 8:15 a.m. & 10:30 a.m. | Sunday School: 9:30-10:15 a.m. | ZionIndy.net

✠ UNITED METHODIST

Center United Methodist Church • 5445 Bluff Road, Indpls | Ph: (317) 784-1101 or email: info@center-umc.org | Sunday Traditional Worship: 9 a.m. & Contemporary Worship: 11:15 a.m.

Edgewood United Methodist • 1820 East Epler Ave. | Ph: (317) 784-6086 | Pr. Jim Allen | We are on Facebook | Sunday: 8:15 & 10:30 a.m. | Sunday School: 9:25 a.m. | edgewoodumc.com | "The Church for The Next 100 Years"

Greenwood United Methodist • 525 N. Madison Ave., Greenwood | Ph: (317) 881-1653 | Rev. In Suk Peebles | Sunday: 10:15 a.m. | Sunday School: 9 a.m.



To advertise in
"Places Of Worship"
Call (317) 300-8782

Weekly Devotion

"No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon." ~ Matthew 6:24

Every person I know and have ever known and ever read about in history has struggled with this one. Think about it, we all are faced with one of the things noted by Christ in the sermon delivered on the mount. For all of us there are two masters seeking dominion over our lives. There is God, of course, and then there is Satan and self. Satan seeks to elevate the "self" to such a level there is no other thing or person nearly as important to us in our lives. The Greeks labeled this thing "self" as the "ego" of every person. Our "egos" can get in the way of and, even prevent, a relationship with God all together.

All of us have met arrogant people who seem to think that the reason for all of the failures of the world to achieve perfection in the past was because they hadn't been born yet. They believe themselves to be irreplaceable. They adore themselves more than anyone else and only let people who will adore them into their small, small world of self-adulation. Their god is themselves and there is no room for any other gods to compete with that god. How sad.

God has plans for every one of us to use our lives in one way or another so that no life goes wasted. I believe that every child that is born, is born with a purpose. It is my prayer that you find that purpose in Christ.

God bless and go and have a great day.

EMPLOYMENT

EMPLOYMENT

EMPLOYMENT

EMPLOYMENT

EMPLOYMENT

EMPLOYMENT

JOB FAIR
OCT. 27TH
1:30PM-3:30PM

Stop by & apply in person
Hornet Park Community
 5245 Hornet Avenue
 Beech Grove, IN 46107
 * Bring (2) ID's for I-9

EARN UP TO \$1154 PER HOUR

- Paid Training
- Weekly paychecks
- All shifts available

apply.smjobs.com
 Job Code: 7600A | 317-736-9920

staff management | SMX
 a TRUEBLUE company

Edgewood Christian Preschool & Daycare:
 Have positions available looking to hire immediately. Must be available FULL time Mon-Fri.
 1st shift 8am-2pm.
 2nd Shift 2pm - 6:30 pm.
 Must be able to pass a drug screen & background check.
 Exp is preferred but not required. Apply in person @ 1820 E Epler Ave, Indianapolis, IN 46227
 Call to schedule interview 317-784-8466.

5302 Victory Drive, Indpls
 (I-465 Emerson Ave Exit #52, Beech Grove)

EXECUTIVE HOUSEKEEPER
BREAKFAST HOSTESS
MAINTENANCE SALES MANAGER
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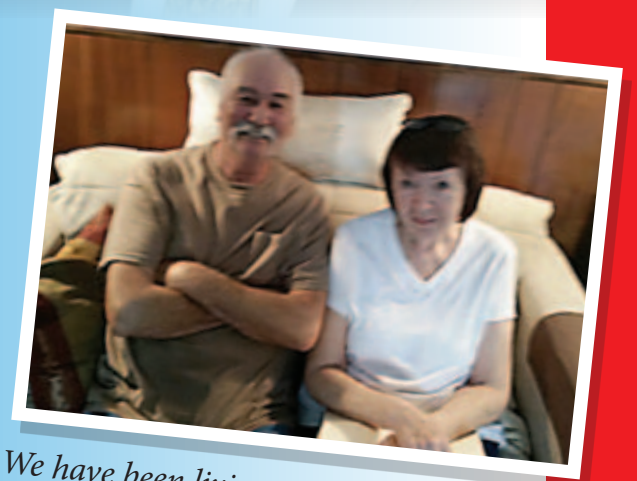
Dear Fellow Citizens:

Public Safety is a fundamental government obligation to its citizens. One of the very most important roles that I will have as Mayor is ensuring public safety. Quite frankly, as Mayor I will be accountable to you, the Citizens of Beech Grove, for the safety of our City. I will accomplish this by:

- Appointing a Police Chief that is tough on crime.
- Be proactive by emphasizing prevention and by using a problem oriented approach to address public safety concerns
- Focus on reducing drug activity in our City by providing better training and tools for our Police Officers.
- Promote an anonymous telephone hotline to report drug activity
- Reinstigate past policing policies and efforts that have been effective
- Enforce a curfew
- Strictly enforce speed limits throughout the City
- Use civil laws to move drug houses out of Beech Grove
- Support and grow the Beech Grove Crime Watch Group
- Bring back the Citizens Police Academy and Police Explorers program
- Support A Community Anti-Drug Coalition in Beech Grove
- Work with the Beech Grove Police Department in order to provide them with the necessary tools to do their jobs in the safest and most efficient ways.
- Map crime in our city for focus and develop solutions to fight criminal activity.
- Put in place an emergency communication system that will reach ALL citizens.
- Partner with Beech Grove Schools to help reduce truancy and youth crime.
- Have an increased police presence on the streets to help act as a deterrent to crime before it occurs
- Institute a policy that keeps those people that are reporting crimes anonymous whenever possible.
- Enable Citizens to file minor incident reports via mail in form, walk-in, internet, and telephone.
- Man the police station 24/7 by hiring part-time employees for second and third shift.
- Increase and promote recreational opportunities for the City's youth.
- Focus on creating strong bonds between our Police Department and our Citizens is essential.

Respectfully,

Edward A. McDonald
Lieutenant- Colonel, United States Army (retired)
Candidate for Beech Grove Mayor



We have been living a nightmare for several years with two drug houses on our block. We presented a video recording of this illegal activity to the Beech Grove Police Department and Mayor Dennis Buckley. When we met with the Mayor his only question to us was, "Do they cut their grass?" When we met with the police department they told us their hands are tied.

*~ Rex & Brenda Allen,
Beech Grove Residents*