## HENDRICKS COUNTY

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myICON finfo

# Short film hits the big screen in Danville

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April 2008

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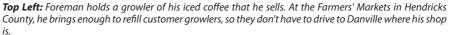
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**Top Right:** Foreman, from Danville, blends this coffee roast for his iced coffee that is popular among his

**Bottom:** The nitrogen gives the iced coffee a head that is as good as the cold brew coffee underneath.

#### Life too short for bad coffee



**Dudley Fore**man, the entrepreneur behind Arcane Coffee Co. in Danville, iokes that the reason he

started roasting coffee beans was because beer took too long to brew.

Foreman has been an artisanal coffee roaster for seven years. In 2014, he opened up his shop in Danville under the Arcane brand. He roasts small batches of single

origin or micro batches of specialty blends to please his taste buds. His motto is "Life is too short for bad coffee."

At the local Farmers' Markets, Foreman produces nitro iced coffee from his own beans, a coffee that is pushed through the tap with nitrogen. The result is a frothy head of tight foam and just a smidgen of bubbles that make the chocolate-feel brew dance on the tonque.

Story and photos

by Gus Pearcy





#### **HC ICON Quiz**

**Answers** from page 8

1. B 2. A 4. C

3. D 5. D



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#### **Design Plans reviewed for BHS and new Lincoln Elementary**

#### **SCHOOLS**

#### By Becky Schroer

Several public hearings and agenda items – ultimately impacting the proposed \$98.1-million Brownsburg High School and Lincoln Elementary building projects - were discussed at

the Brownsburg Community Schools Corporation (BCSC) board meeting Sept. 12. The board also reviewed the school system's \$96.3-million proposed 2017 budget.

BCSC Chief Operating Officer John Voigt reviewed current design plans for the two schools. Lincoln Elementary will be built adjacent to Reagan Elementary, with the two schools sharing existing common areas such as the cafeteria. The high school will undergo several updates and expansions. Among reasons for the projects are increasing enrollment and aging infrastructure. Final designs, expected to be completed in October, could be submitted Brownsburg Plan Commission for approval within the next couple of

Brownsburg High School (\$80.1 million) projects include:

- Increased classroom capacity
- Expanded existing corridors
- · New, wider central corridor
- · Expanded cafeteria
- New, wider "D" corridor extends full length of building
- Definition of future expansion locations
- Expanded auditorium seating
- Replacement of heating, cooling and building mechanicals
- Renovated classrooms
- Expanded auditorium house connects on first and second floors
- New west side addition
- Front entry renovation

The school system estimates it will take initial bids in spring 2017, with construction starting June 2017 and completion of all phases in June 2020.

Lincoln Elementary (\$18 million):

- Will be identical to existing Reagan Elementary in layout except for four additional classrooms to accommodate grade-level class sizes
- Will share Reagan Elementary's existing heating/cooling plant and kitchen/cafeteria Bids will likely be taken in early 2017, with construction beginning June 2017 and completion a year later.

The high school project was recommended by the community and approved by the school board on July 18. The recommendation is the outcome of six community-engagement meetings from January to June 2016, after a 2015 school funding referendum to finance the projects failed.

The 2017 BCSC budget was also reviewed during a public hearing Sept. 12. No public comments were made. The school system is proposing a \$96,279,314 budget for next year; the school tax rate has not yet been determined. However, based upon previous meetings, the new school projects will not increase BCSC's current tax rate of \$1.4747 for any homeowners, and 40 percent of homeowners and all businesses will see a tax rate decrease in coming years. The school projects will be funded by one or more of the following: capital projects fund, common school fund loan, general obligation bond issue, and building corporation bond issue.

The next school board meeting will be Monday, Oct. 3.



White Lick Elementary School students were honored by the Brownsburg School Board at its meeting Sept. 12. The students presented a skit on "responsibility" as part of character education. The students included Lucas Steffey, Nolan Welcher, Evelyn Baugh, Katie Smith, Brea Walters and Brenna Walters.

#### **Eagle Scout Project to update Veterans Memorial at Town Hall**



Avon Boy Scout Colin Turner kneels next to the servicemen statues he plans to add to the Veterans Memorial next to Town Hall.

Photos by Tiffany Giles

Colin Turner, a local Boy Scout, presented his request for an upcoming project at the Aug. 28 Avon Town Council meeting. The project which will aid in Turner's achieving Eagle Scout status will include a new concrete walkway, landscaping, and four solider statues at the Veterans Memorial next to Town Hall.

Turner is a member of Avon Boy Scout Troop 392 and has been working to become an Eagle Scout since joining Cub Scouts in elementary school. The project was Turner's idea and with encouragement from his father, Turner contacted the Town Council to move forward. The Avon Town Council approved his request and look forward to his improvements.

In order to raise needed funds, Turner sold candy bars, chips, and a motorized trike. He then began collecting the needed pieces for the build. The statues he selected pay tribute to all servicemen –one even includes a military dog. Irving Materials Inc. (IMI) will be assisting him with the concrete walkway while friends, family, and scouts from his troop will work on landscape.

This project has given Turner an opportunity to develop new leadership skills and he is excited about the upcoming build. He believes all the work is well worth it and is especially proud that his project will be improving upon an aging Eagle Scout project. Turner said, "When we realized this was an older Eagle Project we knew improving it was the right thing to do."

Turner is a hard worker and his Eagle Scout project is one of many service projects he has completed in scouting. His hope is that he will "create a peaceful place for veterans to sit, relax and enjoy that which they have helped to protect and preserve."

The Veteran Memorial project should be completed by the second week of October.



Avon Boy Scout Colin Turner kneels next to the servicemen statues he plans to add to the Veterans Memorial next to Town Hall.



## SHOWTIME!

## Short film hits the big screen in Danville

**COVER STORY** 

By Gus Pearcy Look at the numbers for the Indiana Short

Film Festival and it is easy to see why the sixth annual event is likely to be the best. In the last two years, the festival committee received a little more than 200 submissions each year. This year, the organizers decided to accept submissions online and received more than 6,000.

That's not a typo. Six thousand films had to be narrowed down to 105.

Additionally, this year's chosen submissions offer the best array of namedrawing actors. Actors from the new "Star Trek" movies, television shows

"Parenthood," "Weeds" and "Mad Men" are part of this year's festival.

"When we got to 200 (submissions), that was a huge leap from the year before where we had between 60 and 70," said co-chair of the festival committee and Danville Public Library Director Loren Malloy. "So we went from that to 200, it was like 'Gosh, we're having a hard time doing this.' That's why we're going to have to charge and entry fee

next year.

It's an emerging

medium that offers

a look at some of the

trends in feature films.

~ Loren Malloy

The original purpose of the festival is to be a fundraiser for the library. It still is, but the festival itself has taken on a life of its own. Two years ago, film makers voted the Indiana Short Film Festival, the 4th best in the Nation. Yet, it still struggles to find an audience, Malloy said.

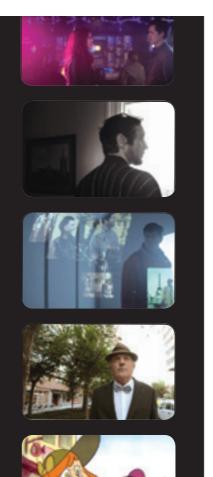
"I still run into people, here in Danville, that have never heard of the festival," Mal-

loy said. "Some are concerned with the foreign films we show. But honestly, all the films are entertaining. We have a really good line up this year."

Short films, by festival standards, run anywhere between 5-35 min-

utes. The committee picks from a variety of film types including drama, comedy, documentary, animation, and more. Overall, it picks the most compelling films regardless of genre.

While most showings have a variety of films, there are two special showings this year. First is the annual Fright Night, which will be Saturday evening at 8:30. This groups



all the scary, sci-fi, not-suitable-for-younger-viewer movies into a single showing. One movie stars Dr. Who actor Paul McGann, who is the eighth incarnation of the character. The movie is called "Polaroid."

As a nod to the opposite end of the spectrum, this year, the organizers are having a special family showing where kids under 12 get in free with a library card from any location.

Sunday's two showings are feature films made by Indiana film makers. These Sunday showings are free.

In total, there are 12 hours of entertainment in the weekend. Each film averages only 7 minutes and 5 seconds. The longest is just over 30 minutes. Several are shorter than 2 minutes. Many films are experimental in their visual elements. One is the story of a man who takes photos of insects and then prints them in large-scale to see every detail.

Another, called "Future Perfect," stars Star Trek Spock-reboot actor Zachary Quinto. He plays a hit man who struggles with a job to go back in time to kill a little boy who is patient zero for an outbreak that wipes out a majority of mankind.

Almost all famous directors, such as Steven Spielberg, David Lynch, George Lucas, Martin Scorsese and many more, got noticed with short films. Several actors were discovered the same way. "It's an emerging medium that offers a look at some of the trends in feature films," Malloy said. "This year, we definitely have the best of the best and it should be the best festival of all."



#### Film and Event Schedule

Friday, October 7th

7:00 p.m. – Screening A

9:00 p.m. – Screening B **Saturday, October 8th** 

1:00 p.m. - Family Friendly

3:00 p.m. – Screening D

4:30 p.m. – VIP Filmmakers

Meet and Greet (Must Have Weekend Pass)

6:30 p.m. – Screening E

8:30 p.m. - Fright Night\*

\*Not suggested for younger audiences

#### Sunday, October 9

**Hoosier Only** 

Join us as we honor up-and-coming filmmakers from Indiana. These showings are free to the public.

1:30 p.m. – Screening 1 4:00 p.m. – Screening 2



The Royal Theater 59 S. Washington St. Tickets and more information at www.INShortFilmFest.com

Ticket price:
\$7 for each showing
\$35 for a weekend pass to all showings
and the filmmaker meet and greet on
Saturday afternoon.
Sunday shows are free.

#### FOR THE RECORD - HC OBITUARIES

#### **Mitchell Edward Commins**

Mitchell Edward Commins, 24, of Brownsburg, died Sept. 19. He was born Mar. 12, 1992. Services were held Sept. 26 at Matthews Mortuary, Brownsburg.

#### Mary "Eileen" (Smith) Dorsey

Mary "Eileen" (Smith) Dorsey, 86, of Danville, died Sept. 23. She was born Aug. 19, 1930. Funeral services were held Sept. 26 at Emmanuel Baptist Church, North Salem. Burial of cremated remains will take place Oct. 8 at 3 p.m. at Wallace Lutheran Cemetery, Wallace, Ind.

#### Clara "Jean" Kelso Erwin

Clara "Jean" Kelso Erwin, 87, of Clayton, died Sept. 15. She was born Sept. 26, 1928. Services were held Sept. 20 at Weaver & Randolph Funeral Home, Clayton.

#### Pauline M. Fisher

Pauline M. Fisher, 77, of Plainfield, died Sept.18. She was born June 29, 1939. Memorial services were held Sept. 21 at Hampton-Gentry Funeral Home, Plainfield.

#### Joyce M. Johnson

Joyce M. Johnson, 88, of St. Petersburg, FL, formerly of Brownsburg, died Sept. 13. She was born Mar. 20, 1928. Funeral services were held Sept. 21 at Matthews Mortuary, Brownsburg.

#### **Brogan J. Lee**

Brogan J. Lee, infant, of Coatesville, died Sept. 19. He was born Sept. 5, 2016. A private family graveside service was held.

#### **Nancy McClure**

Nancy McClure, 65, of Brownsburg, died Sept. 17. She was born Mar. 17, 1951. Services were held Sept. 24 at Matthews Mortuary, Brownsburg.

#### **Connie J Sharp**

Connie J Sharp, 64, of Avon died Sept. 12. She was born July 1, 1952. Services were held Sept. 15 at Kingsway Christian Church, Avon.



Virgil Bruce Shrout, 76, of Avon, died Sept. 13. He was born June 6, 1940. Services were held Sept. 16 at West Ridge Park Cemetery, Indianapolis.



Ora Louise Stuppy, 87, of Brownsburg, died Sept. 18. She was born May 18, 1929. Services will be held at a later date.



Donna (Barnes) Sulkoske, 82, of Brownsburg, died Sept. 19. She was born May 22, 1934. A funeral mass was held Sept. 23 at St. Malachy Church, Brownsburg.

Sulkoske

McClure

#### Thelma (Avery) Walts

Thelma (Avery) Walts, 94, of Danville, died Sept. 12. She was born Aug. 16, 1922. A graveside service was held Sept. 16 at Wolfe Cemetery, Georgetown, Ind.

Hendricks County obituaries are printed free of charge and published twice a month.

Funeral directors are encouraged to send obituaries and photos to info@myicon.info.

#### McMahon appointed to State Board of Education

Governor Mike Pence recently appointed Maryanne McMahon to the State Board of Education. She will fill the vacancy left by Sarah O'Brian's departure and serve the remainder of her four-year term, which ends June 30, 2019. McMahon has been with the Avon Community School Corporation for 17 years, and most recently, served as assistant superintendent. Previously, McMahon worked for Decatur Township

Schools in Marion County as a classroom teacher, assistant principal, and consultant for staff development in the areas of curriculum and instruction. She earned her undergraduate, education specialist and doctoral degrees from Indiana State University, master's degree from Indiana University-Purdue University Indianapolis, and an administrative certification from Butler University.

## Brown Township Board takes steps to protect funds



Brown Township Trustee Thomas Kmetz (far right) reviews the proposed 2017 budget with (left to right) township attorney Steve Buschmann, township board president John Gootee, and members Jason Welsh and Nate Mantlo.

Photo by Becky Schroer

#### GOVERNMENT

By Becky Schroer In light of the June 2016 theft

and official misconduct charges against former Brown Township Trustee Troy L. Wymer, the township board's attorney Steve Buschmann recommended adoption of an internal control process during the Brown Township Board meeting Sept. 14.

The board agreed and also gave current Brown Township Trustee Thomas Kmetz approval to hire a part-time clerk. Following the internal control process requirements, Kmetz would be the first review of all expenditures and the clerk would provide a second review. The township board then has final signoff. A committee will be named to formally establish a process for transaction reviews.

Additionally, Buschmann noted that state law requires the board, regardless the reason, to report any missing funds over

\$5,000 and physical property over \$2,000 to the State Board of Accounts. Any amount of theft is required to be reported.

Wymer, who agreed to plead guilty in July this year, was charged in June with stealing \$9,739.50 from Brown Township while serving as its trustee. He has reimbursed the money to Brown Township. Wymer was elected and served as trustee from January 2011 through December 2014.

In other business, the township board reviewed the proposed 2017 budget totaling \$153,800. According to Kmetz, the budget is an estimate as it must be approved by the Town of Brownsburg. He added that the proposed budget is 50 percent lower than the township's budget around 10 years ago. He said the trustee salary was lowered a couple of years ago from \$23,000 to the current amount of \$20,000. Final budget adoption will be considered at the Brown Township board meeting Oct. 12.

## Trapuzzano will share inspirational story at St. Susanna Church

Jennifer Trapuzzano will present "Lessons of Faith, Hope, and Love," at St. Susanna Church in Plainfield on Thursday, Oct. 13 at 7 p.m. Trapuzzano became widowed after her husband was robbed and murdered in Indianapolis on April 1, 2014. This inspirational talk will cover her journey from shock and disbelief to peace. Refreshments will be provided before the presentation at 6:30 p.m. by Respect Life Ministry and Gabriel volunteers. For more information, call (317) 839-8598.



#### **Developers to invest millions in** Brownsburg, residents learn at meetings

#### **BROWNSBURG**

By Becky Schroer Two developers are planning to invest

a total \$70 - \$80 million to attract people to Brownsburg's near downtown area. A third developer is looking to construct a similar project on the other side of Green Street. Approximately 80 people attended two September informational meetings to learn about these downtown projects.

As part of the Brownsburg's comprehensive plan, the town purchased the former St. Malachy Church and School for redevelopment purposes. Two Indianapolis-based developers, Envoy Office Suites and Flaherty & Collins Properties, have plans to build there on Green Street's west side. A third developer, Scannell



The proposed developments and changes on the former St. Malachy Church and School grounds are shown here.

**Photo by Becky Schroer** 

Properties, is seeking rezoning for a third development on the east side of Green Street. While the majority of people at the informational meetings simply attended with interest,

a few people expressed concerns and approval. "\$70 million in new assessed valuation will be a tremendous boost to this area," commented Brownsburg resident John B. Rabold.

"Who's going to pay for this? Who's going to own it?" asked Patty Trout, a Brown Township resident. Brownsburg Town Manager Grant Kleinhenz answered that the town will use grant money and taxpayer funds to pay for the town's portion of the project. The town will own the projects it is completing, he added.

"This is a big hit on our sewer and water. How will that be handled?" Trout also asked. The town is currently at 87 percent capacity with its systems, Kleinhenz explained, adding that the town already has projects in the works to address current and future water/sewer sys-

Kleinhenz said the town will provide incentives to the developers committing to the commercial projects in this area; 80-85 percent of this will be done through tax increment financing (TIF) district and economic development income tax (EDIT) funds. The 10.4-acre former church property was approved as a TIF district earlier, allowing any additional incremental income to be used relative to the project.

"These developers are investing millions of dollars in these projects," Kleinhenz said, adding that the developers are interested in this project because they believe it will succeed in Brownsburg. "These are very secure companies," he said. The town has been working on agreements with these developers for 18 months, he added. There is \$80 million in private investments in the overall project. This type of development will encourage improvement in other areas. Kleinhenz added.

"These types of developments will inject value into the downtown. Sites, otherwise not attractive to developers, may become so with this new development. Economically, in 21st century, if you are not developing, you are not going to win. We are positioning ourselves for the future. And we are trying to do it the Brownsburg way," Kleinhenz said.



Flaherty and Collins Properties of Indianapolis developed The Depot at Nickel Plate complex (seen here) which opened in Fishers July 2015. The company is excited about being a part of Brownsburg with a similar development on Green Street. Web photo

#### Plainfield seeking business support to continue bus service

#### **PLAINFIELD**

**By Becky Schroer** 

Information is being sought on whether to continue the Plainfield Connector bus service that currently provides transportation for employees from Marion County to Plainfield's industrial/warehouse districts. The item was discussed during the Plainfield Town Council meeting Sept. 12.

Cinda Kelley, president and CEO of Kelley and Associates, is working with the town to determine if the industrial park businesses are interested in creating an economic improvement district (EID) to finance the employee bus service to their facilities. She explained that the three-year Central Indiana Regional Transportation Authority grant has been depleted. The grant source is largely federal dollars which have been matched by the town of Plainfield. Without the grant, the town has assumed the financing.

"We are looking for an opportunity and options with the town to ensure they (the businesses) have access to employees," said Kelley, who was originally involved in the process when she was executive director of the Hendricks County Economic Development Partnership. She hopes to have a consensus from the industrial park business owners by the end of the year. If they agree, they may petition the town of Plainfield to create the EID which would allow voluntary contributions from these businesses to fund the Plainfield Connector bus service. If this occurs, Kelley is optimistic that an EID-related organization could be functioning by July 2017. This organization, funded via the EID and overseen by the industrial park businesses, would collect the funds and operate the bus service.

The majority of the Plainfield Connector bus passengers are from Marion County. Because the Indianapolis bus system cannot cross

county lines (unless there are special contracts in place), the Plainfield industrial/warehouse employees ride an IndyGo bus to catch the Plainfield Connector near the Marion/Hendricks county line. They pay \$1 each way for the Connector, which makes approximately 15 stops within the town's industrial/warehousina districts.

Kelley is to report her findings to the town council to determine next steps.

In other council news:

Fire Chief Brian Russell introduced new EMS Division Chief Douglas Randall, replacing Michael Wolfe who retired. Also recognized were four-year-old Epplerly Cook and three-yearold Crosley Cook for their combined birthday and allowance donation of \$50 to the Plainfield Police K9 Fund. Following the girls' lead. their parents Matthew and Brittany Cook and grandmother Karen Mathews also donated a total \$400 to the fund.



Epperly, 4, and Crosley, 3, Cook receive a proclamation from Plainfield Town Council President Robin Brandgard. The girls donated \$50 in birthday and allowance money from their piggy banks to the Plainfield Police K9 Fund. The girls' efforts inspired their parents, Matthew and Brittany Cook, to donate \$200 and their arandmother Karen Matthews to donate an additional \$200 to the fund.

**Photo Submitted** 



Bicentennial Park off U.S.40 near the Oasis Diner will celebrate the state's 200th birthday. Construction is expected to begin in October with completion before the end of the year. **Photo submitted** 

Rick Myers' inaugural

# CAROLL

featuring

ta

benefit

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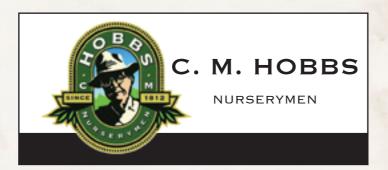
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**Hendricks County 4-H Fairgrounds** & Conference Complex For more info, call (317) 557-1111

**Tickets** at the



#### **HC ARCHITECTURE & HISTORY**



Lucas Oil Raceway, 10267 US 136, Indianapolis.

#### **Hendricks County's Hobbs Nursery** one of largest in state

By Ken Sebree

It is difficult to imagine a business which was established 140 years ago in Hendricks County and has been operating successfully ever since, but that is exactly the case with Hobbs Nursery.

Forbearers of the Hobbs and Albertson families migrated from North Carolina to Indiana in the early 19th century because of their opposition to slavery in the South, as did many Quakers during that period. These early pioneers first settled in southern Indiana around 1818 and soon established a commercial plant nursery which eventually became one of the largest retail nurseries

In 1875, Oliver Albertson moved from southern Indiana to Bridgeport and established a 20-acre nursery at the southeastern corner of Hendricks County. Cyrus Hobbs soon followed Albertson to Bridgeport to become foreman of the nursery and eventually married Albertson's daughter Anna. Oliver Albertson died around 1880, and together his son, Emery, and Cyrus Hobbs took over management of the nursery business. The nursery sold numerous varieties of fruit and ornamental trees across the country and overseas with up to 100 employees and 300 acres of nursery stock.

The nursery on the border of Hendricks and Marion counties was ideally located for trade lying along the old National Road (US Highway 40) and a railroad line.

Emery Albertson retired from the partnership in 1907, leaving the business to Cyrus Hobbs and his three sons. The Hobbs family continued to expand the business with new nurseries in New York State and Kansas. They also successfully developed several new and popular varieties of fruit trees and expanded into the now popular market of decorative trees used for landscaping.

Cyrus Hobbs died of a heart attack in 1927 at age 79 after working the morning in the nursery. The three Hobbs sons carried on with the business and by the 1960s, C.M. Hobbs and Company contained five million growing plants and was selling one million trees and shrubs each year.

By the 1990s, the fourth generation of the Hobbs family managed 350 acres of growing plants as they continued with the legacy of this successful family-owned business.



Ken Sebree is a practicing architect and resident of Hendricks County for well over 40 years. Contact him at ken@sebreearchitects.com or (317) 272-7800.

#### **Outdoor Table Tennis Tournament**

Avon Parks and Recreation will hold its 4th Annual Table Tennis Tournament Saturday. Oct. 15, at Avon Town Hall Park. The outside event is free and open to everyone. Players should register at 10:45 a.m. and play will begin at 11:00 a.m. near the Fox and Heron Shelters. The winner will take home a \$50 mystery gift card and have their name engraved on the Town's "Table Tennis" Plaque. Paddles are available but limited so players are asked to bring their own. For more information, or to pre-register, contact: Britt Woodard, Avon Parks and Recreation, Assistant Parks Programmer, at bwoodard@avongov.org or 317-272-0948.



#### **HC ICON News Quiz**

How well do you know your Hendricks County community? Test your current event knowledge with a little Q&A!

Apparently, we've been given a reprieve on phone privileges. The deadline for mandatory 10-digit dialing in the 317 area code has been extended

☐ A. Sept. 30. **□ B.** Oct. 15.

☐ C. Nov. 15.

D. Tomorrow.

A giant retailer announced a new 2 A giant retailer authorited for distribution center in Plainfield for online orders, bringing some 900 jobs to Hendricks County. Who was it?

☐ A. Kohl's

☐ B. K-Mart

☐ C. Wal-Mart □ D. The Gap

Brownsburg's Tina Gracey and Brenda Farnsworth made news this month when their rival in a court case had been dismissed. What controversial case were they involved in?

☐ A. Right to bear arms case v. Town of Plainfield

□ B. Right to freedom of assembly v. Holiday World

☐ C. Right to freedom of religion v. **Brownsburg Community School** Corporation

□ D. Right to freedom of speech v. **Brownsburg Community School** Corporation

Who is the Libertarian candidate for Governor of Indiana?

☐ A. Rupert Boneham

☐ B. Ralph Nader ☐ C. Rex Bell

D. Rex Reed

5 During the Bicenterman 1978. Ship in Hendricks County Sept. 23, who During the Bicentennial Torch Run was the last, recognized torchbearer who handed the torch off to Morgan County? Hint: He's from Plainfield.

☐ A. Robin Brandgard

☐ B. Dick Whicker

☐ C. Tim Balz

D. Rich Carlucci



## Huff named after two firefighters

#### BEHIND THE BADGE

Can a person's name determine his career? Maybe. Dan Huff of the Pittsboro Fire De-

partment was named after two firefighters. He was also reared in a home where both of his parents were firefighters and EMT's.

"I grew up listening to my dad talk about his day, and then my mom became a volunteer firefighter so she would have something in common with my dad. I would also help out at the fire station cleaning the bays," explained Huff. "I love what I am doing. I love taking care of people. I love the Pittsboro Fire Department. We are here to serve and help our community," he added.

Huff came to the Pittsboro Fire Department in 2007. He is married and enjoys spending time with his nieces and nephews.

#### What does a normal day consist of?

Our shift starts at 7 a.m., but we get in early to make sure we are prepared for the day. Emergencies aren't concerned about shift change or weather conditions so we have to be ready for anything. We make sure our apparatus are properly supplied, fueled, and maintained. Then we get the firehouse clean and ready for the day. We also train on something every day.

#### What was your inspiration to become a firefighter?

My parents were both firefighters and Emergency Medical Technicians. I saw how they helped people and impacted lives. I knew growing up that I wanted to dedicate my life to helping others. I wouldn't have felt satisfied or fulfilled from material possessions, but rather from knowing that I tried my best and hopefully left the world someday having made a difference.

#### What has been one of your most favorite moments on the job?

I like being around the kids. I was the kid the firefighters sat with or waved to when I was growing up, and who knows, maybe I am waving to my future coworker or waving to someone who will come help me someday.

#### What aspect of the job do you find most challenging?

Overall, there are always new techniques or there is new science and tools that we need to learn and stay educated about, but that also makes the job exciting because of



Dan Huff, of the Pittsboro Fire Department

Photo by Sherry Moodie

all of the new things we get to learn. The single most challenging event is having to tell a parent that their child has died. It truly wears on your soul.

#### What are your future goals?

I hope to continue to be the best husband, son, brother, uncle, friend, and patriot that I can be. My main goal as a member of the Pittsboro Fire Department is to see everyone go home safely to their families in the morning.

**Compiled by Sherry Moodie** 

#### Yes, we want your letters:

Readers of the HC ICON are encouraged to send letters to the editor as often as they wish. The stipulations are that the letter is timely, focused (not more than 200 words) and verifiable. Please make sure to provide your complete name and daytime and evening telephone contact numbers. All letters are subject to editing for brevity, clarity and grammar. Please direct your correspondence to: news@mylCON.info.

## TsT Home Improvement Services Tip of the Month By Tom S. Truesdale

#### Kitchen Renovations - Part 2

Last month, I described a wide range of ideas regarding renovations and updates to the kitchen and how investment in these projects will pay back immediately with the value and resale appeal of your home. This month, I would like to discuss some of the planning strategies and logistics involved with completing kitchen updates and renovations.

Below, I have listed some details that if addressed prior to start of construction will help your project be a success...

#### • Planning / Design:

Invest time and thought into both layout and scope development prior to beginning your project. Consult with an experienced Planning and Construction Professional to provide guidance and advice.



#### Think about logistics and interruption:

The kitchen is obviously one of the most used rooms in the home, even a small update or renovation will cause interruption that needs to be understood prior to the start of the project.

#### • Define and detail your budget hand in hand with scope development:

Consult with an experienced Planning and Construction Professional to provide guidance and advice.

#### • SAMPLES, SAMPLES:

There is a very wide variety of products, materials, colors and levels of quality to review before purchase of materials. For example... Type of countertops • Type of cabinets • Lighting fixtures • Sinks / faucets • Flooring products • Wall coverings and protection • Appliances, location, type and function.

The Kitchen can potentially be an extremely complicated room to renovate, a good deal of thought and planning needs to take place before beginning your project, hopefully the points I have provided give you a good foundation of where to start. Of course never hesitate to contact a local, qualified Construction Professional to provide development and delivery services for your Kitchen Renovation project.

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## FROM THE PUBLISHER

## Greeting the fall season

October is one of my favorite times of the year. What with the beautiful scenery it brings, I am always eager to greet it. Hey, it also helps that college football is in full gear.

Some of the most beautiful fall pictures of any place in Indiana are right here in Hendricks County. So with fall break coming up in a just a few weeks, why not save some money and spend some time here at home?

Back in March we hired SMARI, a marketing research group based out of Carmel to do a readership study for us. What we found was that 87% of our readers were interested in parks and recreation. To put that into context, SMARI also asked readers in other markets we serve (north and south suburban Indy) the same questions – in Hendricks County that number was higher than the others.

I found this interesting and then realized that we have so many great parks here that I shouldn't be surprised. Not to mention our proximity to other great places like Eagle Creek and Turkey Run just to name a few.

So, if you are not going to Gulf Shores for fall break, do yourself a favor and head to one of the many fine green spaces that make up our county - whether it's McCloud Nature Park, or Spending a Saturday at Beasley's Heartland Apple Festive, you'll be glad you did.



Rick Myers is co-owner of Times-Leader Publications, LLC., publisher of Hendricks County ICON and Hendricks County Business Leader. Write him at rick@icontimes.com.



#### Card carrying card carrier

#### **HUMOR**

By Dick Wolfsie

I have always wanted to collect

something no one else in the world collects.

That's hard to do. Over the years, I have interviewed people with very odd collections: a man with thousands of different sugar packets, someone with hundreds of mousetraps, and one person with a garage full of water sprinklers. Once I even did a report on a woman who collects stamps. How weird is that hobby?

In a way, it's kind of dumb if you're the only one collecting something. There's no one to brag to when you finally find whatever it is you've been looking for to complete your collection. And there's no one to sell it to when you realize how you have been wasting the last 20 years of your life.

The other day I was at the car wash and, of all places, and I noticed a great assortment of greeting cards — cards that are funnier, I might add, than your average Hallmark selection. Many of the cards had cartoons and greetings depicting political figures.

When I got home, I went online to find out how far back the idea of funny political greeting cards went. I Yahooed, I Googled—but I found nothing. How strange is that? Certainly a political cartoonist would know. I know one of the best, so I called him. "Drawing a blank, Dick. And that's not something most cartoonists will admit to"

I called a political science professor at IU. "Sorry, I never thought about it, Mr. Wolfsie. Actually, I think I can safely say no one has ever thought about it."

Was it possible I had found something that no one else collected? This was my big chance to get in on the ground floor of what could become a national craze.

I went back to the car wash and bought a dozen cards, and then I headed over to Hallmark, CVS and Kroger to look at their selections. By the time I was through, I had 25 different politically themed greeting cards. So, now I'm thinking of starting a club, and maybe creating a website or publishing a monthly newsletter on the topic.

And why not? Right now—I have to be honest with you—I may have the largest collection in the world. Believe me.



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.

#### QUOTE

"A good film is when the price of the dinner, the theatre admission, and the babysitter were worth it."

~ Alfred Hitchcock

#### **OUR VIEW**

## Relay represented the best of HC

**CITY STATUS** 

The Bicentennial Torch recently came through Hendricks

County as part of a state-wide celebration to honor Indiana's 200th birthday. During its four hour trip, the Torch visited multiple locations in a highly coordinated relay. It passed through the hands of 24 torchbearers selected for their contributions and significance to our area. The best of Hendricks County was certainly represented. Not only from the Torchbearers, dignitaries, and spectators – but also from the planners, coordinators, and law-enforcement who contributed to making it day for the ages. One such person who deserves special recognition is Josh Duke.

Duke was not the original selection for county coordinator. He was approached about the position after the first coordinator was unable to continue. Despite already holding a full time job, Josh took on the challenge of organizing the Torch Relay – and thankfully so. For one, he made sure that the Torch visited Brownsburg, Avon, and Plainfield. The original route chosen by the state offered little in the way of variation as it traveled to Danville.

During an interview with Duke, he mentioned looking at old newspaper articles from 100 years ago. Specifically, he found articles that covered Indiana's Centennial celebrations. Reports about Hendricks County were not flattering. He was determined not to let this become the legacy for the next 100 years.

Although instrumental in the success of the Bicentennial celebrations, Josh Duke couldn't have done it alone. It took the hard work of individuals too many to be named here. But together, they represented the best of Hendricks County – cooperation, determination, creativity, and a sense of honor for generations past and present. We applaud everyone who devoted their time and effort to this unforgettable event.

If the future county coordinator happens to read this 100 years from now, know that the precedent has been set. Take care to honor this legacy.

#### **BELIEVE IT!**

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you...

In Kansas, he state game rule prohibits the use of mules to hunt ducks.

SOURCE: dumblaws.com

## Losing weight and 'luv'ing it

#### READER'S WRITES

Losing weight and feeling great is often the number one New Year's Resolution, but

it's long forgotten about two weeks into the new year. Why is this? Most people often look at the destination or the goal and just get overwhelmed. Most have a destination or goal and press so hard to get there it turns out to be exhausting. The problem is we are going about it the wrong way!

Here are three tips to assist you in making health and feeling great a success and not a New Year's Resolution that will be long since forgotten.

#### Tip 1: Have fun

Yes, this is possible and attainable. As you set your goal, see yourself feeling lighter on your feet, strong and confident. See yourself smiling more and saying thank you to others and in return you feel good inside. We have forgotten how to have fun when

Lighten up, have fun, and learn how to nourish your body while working out and living life.

it comes to feeling great because we have been trained as Americans to think it hard, difficult, restrictive, and no fun! It's about the food, but it's not; it's who you want to be on this journey towards feeling healthy and alive.

#### **Tip 2: Primary foods**

Primary foods are what truly feed your soul! It's God, your health, family, friends, laughing, having fun, cooking, work, church; it's everything but eating! As a coach I take the client on a journey to enjoy the things that really matter in their life. Primary food is truly what makes us happy but most aren't experiencing happiness in these areas so we jump ship for the donuts and high calorie foods. For example, many are walking into their homes and missing out on the Vitamin L. Never heard of Vitamin L? It's the Love Vitamin! I can't think of one person who wouldn't like some more Vitamin L in her life! I'm going to challenge you to pick a primary food and take some time to put some Vitamin L into it!

#### TIP 3: Move your body

I signed up to a gym when I was 15, and I am now 51. I have watched hundreds of

people come and go. Why does this happen? Many people start working out and will change their food choices somewhat but won't stick with it because they're stressing over the destination or goal. An individual will turn around and just say, "Forget it!" People also won't change their food choices at all, and when this happens around the seventh or eighth month, an individual will drop out of exercise because they're not seeing the results. How can we fix this? Lighten up, have fun, and learn how to nourish your body while working out and living life. Reach out to your local nutritionist, dietician, or life and health coach. As a Christian life and health coach, I mentor a client to nourish her body for weight loss and to feel amazing and never pick up another diet book again. Lastly, as you start to move your body more, I want you to go to the feeling after a workout; it's the feeling that will keep you coming back for more!

> Laurie Runyan 46123





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#### "Thank you to all from the bottom of my heart!"

( VISIT HC

By Josh Duke

Sometimes it seems the simple phrase, "Thank you," just isn't strong enough to express your true sentiments. That's exactly how I feel today the Monday after the Indiana Bicentennial Torch Relay passed through Hendricks

We had a truly glorious day with great weather, which allowed us to showcase Lucas Oil Raceway, and the NHRA as the torch flew down the dragstrip on a Morgan Lucas Racing dragster. Brownsburg native Jeffrey James sang an amazing rendition of the National Anthem in front of roughly 300 people who came early to help celebrate.

The celebration continued in Avon as nearly 800 fourth-graders cheered on the torch and their leader, Avon Superintendent of Schools Maggie Hoernemann, who rode around Town Hall Park Lake. Then, I was completely blown away by the crowd on the historic Hendricks County Courthouse Square in Danville. In fact, we were told afterward that we broke the record for the number of people who toured the state's Bicentennial Experience with nearly 1,000 visitors passing through it!

Finally, the torch made its way along the Plainfield Trails System between Friendship Gardens Park and Hummel Park before being passed off to Morgan County.

I personally received numerous positive comments about how well the event was organized and the great job we did, which leads me back to my dilemma. You know, the one about 'thank you.'

So many people contributed to the success of this event. A torch relay logistics committee comprised of nine volunteers spent countless hours for nearly a year planning this event, 70 volunteers helped the day of the event, Duke Energy stepped up as our corporate sponsor and then there were all the people who came out on a Friday morning to help us celebrate including many of our schools bringing their fourth-

So, how do you say thank you to so many people that made this event a rousing success? It seems inadequate. It seems as if I should say or do more, but unfortunately these words will have to do:

Thank you to all of you from the bottom of my heart!



Josh Duke is the Communications Manager for Visit Hendricks County. Contact him at josh@visithendrickscounty.com or (317) 718-8750

#### **Bicentennial Trail Update**

The town of Avon continues to move closer to beginning work on the approved Bicentennial Trail as part of their Legacy Projects honoring Indiana's 200th birthday. At a mile long, the Bicentennial trail is one of the largest connectivity pieces in

the Avon trail system and will link multiple subdivisions as well as connect into Brownsburg's trail system.

The Bicentennial Trail will offer a safe means of travel for pedestrians and cyclists from Dan Jones Road at US 36 to the B&O Trail. The Bicentennial trail which will run east of the Heathermor subdivision will join into an existing trail in

Winton Meadows and then connect into Brownsburg's B&O trail. Both communities

will have a half mile added to their current trail system and they are sharing the costs to build the trail. "The Bicentennial Trail is a good way for Avon to celebrate Indiana history at the same time creating new opportunity for residents to enjoy their current community" said Ryan Cannon Public Works Director for the Town of Avon.

Construction will begin once the town completes purchase of the right of way and the trail is expected to be completed by Dec. 11, Indiana's statehood date.

Send photographs and calendar events to Chris at news@icontimes.com

presented by



**Top, left:** Emily Parsons receives the torch in front of Avon Town Hall on behalf of her great-great-grandfather, and soybean pioneer, Adrian Parsons. It was handed off by Ernie Martin, who represented his deceased wife Doris Martin.

**Top, right:** Retired Circuit Court Judge Jeffrey Boles lights the torch setting off the day's activities. Boles was representing Indiana Supreme Court Justice, John Vestal Hadley of Plainfield.

Center from Left: In front of over 700 cheering 4th graders, Dr. Maggie Hoernemann carries to the torch in style around Avon Town Hall Park. Balloons were released by Hickory Elementary students as the 1960 Corvette cruised by.

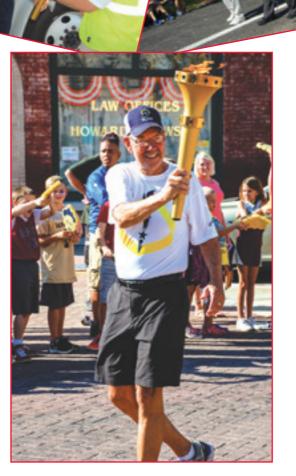
Dick Thompson arrives with the torch at Friendship Gardens in Plainfield. The former State Representative rode to the park in a Duke Energy Bucket Truck.

John Reel carries the torch through Friendship Gardens in Plainfield while Brentwood Elementary students cheer.

The "bison" -tennial art project was unveiled during the Danville torch ceremonies. Painted by Kerry Trout, the statewide project was used to bring awareness of Indiana's Bicentennial. The bison will remain in Danville on display.

Bottom: Lee Comer carries the torch around the Historic Town Square in

#### **Photos by Gus Pearcy & Chris Cornwall**



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#### **ICONOGRAPHY**

The Bicentennial Torch finally made its way through Hendricks County. Ceremonies and celebra-

tions accompanied our 24 torchbearers as they proudly passed the flame to each other.

Lucas Oil Raceway near Brownsburg hosted the opening ceremony. To kick off the celebration in style, the torch reached speeds of 300 mph aboard a Morgan Lucas race car. From there, it hitched ride with Ernie Martin to Avon Town Hall. 700 4th graders were waiting with balloons as it came around the lake in a 1960 Corvette. Although it moved at safe speeds as the students cheered, it was eventually taken in to Danville via the Maybury Car. Lee Comer walked it through Danville's Historic Sqaure where the "Bison-tennial" was unveiled to the applause of local residents. It then was taken to Plainfield by Dick Thompson in a Duke Energy Bucket Truck. John Reel took the hand-off and carried it past students from Brentwood Elementary in Friendship Gardens Park.

For those of you could not witness the Bicentennial Relay, here we share photos from each of the major locations.

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Debi was diagnosed with breast cancer last spring. Her proactive approach to routine screenings, along with advanced 3D mammography, caught her cancer early. Thanks to her team at Hendricks Regional Health, Debi beat breast cancer and is back to enjoying life on the farm with her husband and grandkids. Every woman has a story. Define yours with early detection. Schedule a 3D mammogram at **HENDRICKS.ORG/MAMMOGRAM**.

# Hendricks Regional Health

Debi, Brooks, Archer, & Tim, Danville

#### DISPATCH

#### **Facts & Figures**

#### The US Population: 65 years and older Currently, one in eight adults is over the age of 65.

- In 2011, this was 41.4 million people, an increase of 6.3 million or 18% since
- The fastest growing age group is those 85 and older, many of whom will require help and support from family members and friends.

#### About 10,000 adults turn 65 every day.

- The oldest members of the Baby Boomer generation turned 65 in 2011.
- 26% of the total U.S. population are Baby Boomers
- By 2030, one in five adults will be over the age of 65.
- This is projected to be 72 million people in 2030, or 20% of the total U.S. population
  - All members of the Baby Boomer generation will be 65 or older.

#### **Their Health Status: 65 and older** More than 50% of older adults have three or more chronic diseases.

- From 2009-2011, the top chronic diseases in the 65+ population were:
  - o arthritis (diagnosed)
  - o all types of heart disease
  - o any cancer
  - o diabetes (diagnosed)
  - o hypertension

Source: Health in Aging Foundation, www.healthinagingfoundation.org

#### Fun facts about seniors:

Here is what some seniors have contributed to our world in their later years:

- Sophocles was 89 when he wrote Oedipus at Colonus, one of his dramatic masterpieces.
- On the day of his death, at the age of 78, Galileo was said to be planning a new kind of clock that would tell time—in minutes and seconds, not just hours—using a pendulum swing instead of movement of water or sand.
- Isaac Newton, better known for his scientific achievements, became a scourge of counterfeiters as the Warden of the Royal Mint, a position he held until his death in his mid-80s.
- Benjamin Franklin only retired from public service when he was 82.
- Benjamin Disraeli was 70 when he became prime minister of England for the second time.
- Susan B. Anthony was past 80 when she formed the International Woman Suffrage Alliance.
- Henrik Ibsen was 71 when he wrote his last play, When We Dead Awaken.
- Mary Baker Eddy was 86 when she founded the Christian Science Monitor newspaper.
- · Alexander Graham Bell was 75 when he received a patent for his work on a hydrofoil boat.
- Sarah Bernhardt was 78 when she acted in her last stage performance—La Gloire by Maurice Rostand.
- Oliver Wendell Holmes, Jr. was reading Plato in Greek when he was 92.

Source: http://blog.homeseniors.org

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## Hendricks County ICON's Greatest Generation

James O'Brien, 90

James O'Brien was born in Paris, Ill., to a telegraph operator for the railroad.

As soon as he graduated from Paris High School in 1943, James entered the United States Army and fought in the Battle of the Bulge. The offensive eventually pushed the German soldiers out of France and into Germany, where the allies forced their surrender.

"It was the coldest winter Germany ever had," O'Brien said.

When he came back, he met Billie Sullivan at a dance and eventually married her. Together they raised their family in Plainfield moving there in the mid 1950's.

O'Brien went to work for Nabisco as a salesman for 30 years before retiring at age 60. Since then, he jokes, that he has been sleeping.

He has no idea how he has been so blessed to live to 90. He says he did all his drinking in the Army and hasn't even had a beer since he was

Billie and James still live in Plainfield.

**NOMINATE** someone in Hendricks County that we should recognize as a "Greatest Generation ICON" • email: news@mylCON.info



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#### To the Drakes, It's Not **Just a TV Show**

By CarDon & Associates

**SR LIVING** What do you think of when you hear the word "mash"? For most, it is likely "M\*A\*S\*H," the TV series adapted from the 1970 feature film "MASH." And that film was based on the 1968 novel "MASH: A Novel about Three Army Doctors" by Richard Hooker.

A mobile army surgical hospital — MASH — is a U.S. Army medical unit serving as a fully-functional hospital in a combat area of operations. The TV show is about a fictional U.S. MASH unit in Korea during the Korean War.

But the Drakes, who live in one of CarDon & Associates' senior living communities, know the nonfiction side of the story — as they helped write the novel based on their lives



**Photo Submitted** 

Cathy (McDonough) Drake first went to Korea in 1950 as part of the Army Nurse Corp. "I was an army nurse stationed in Walter Reed Hospital in Washington, D.C., and I got assigned to the 171st Evacuation Hospital in Korea," Cathy said. The 171st Evac was a big hospital, and I was sent over to one of the five MASH units they had

Cathy originally served with the 8076th MASH unit in South Korea and was there a few weeks before the unit was sent north to Pyongyang in North Korea. When the Chinese came in, she returned to Japan and was assigned back to South Korea. That's when she went to work for the 8055th MASH unit, right on the 38th parallel that divides North and South Korea.

"That's where one of the doctors, an anesthesiologist, was waiting for his replacement to come, and he told me 'Now that would be a nice guy for you, Cathy." Dale Drake was that replacement. Working as a chief anesthe-

siologist in Arkansas, Dale had joined the Army Reserve and was given orders for the Far East Command in 1951, where he was assigned to the 8055th unit. And he was a nice guy indeed.

"Oh she was already ready and waiting for me," Dale laughed. "She had her hooks in after

"We got pretty well acquainted in four months," Dale said. The couple met at the 8055th in 1951 and only worked together a few short months before Cathy was rotated back to the U.S., but that's all it took. When Cathy went back to the states, we corresponded for about a year until I finished up my time in South Korea in the MASH unit. When I got home in 1953, we got married in Washington, D.C."

Cathy was stationed in the Army there, and Dale returned to teach anesthesia at the University of Pennsylvania Medical School. After a year, they connected with a mutual friend living in Indiana. "Our friend from Korea was living in southern Indiana, and he knew I wanted to find a place to practice anesthesia," Dale said. "He told us one of the local hospitals was in great need of an anesthesiologist. So I applied, got the position and we moved to Indiana. We've been here ever since."

A number of years after the war ended, Cathy and Dale went to visit Dr. H. Richard Hornberger, one of the military surgeons they knew from Korea, at his home in Maine. "There was another man there as well, but Dr. Hornberger said he was just a friend who was visiting," Cathy said. The man was a writer from New York City who was working with Dr. Hornberger on a manuscript based on a MASH unit in Korea. That manuscript was published in 1968 as "MASH: A Novel about Three Army Doctors" under the pen name Richard Hooker.

A night of reminiscing turned into what became a real page turner. And then a feature film. And then one of the highest-rated shows in U.S. television history. Now at 90 and 91 years old, the Drakes can look back on how their lives were a notable part of American history. "In our MASH unit, the operating room was just one great big room," Dale said. "We got to meet Alan Alda, who played Hawkeye, and that character was based on Dr. Hornberger," Cathy said.

Married for more than 60 years, Cathy and Dale still remember the impact of wartime and the significance of the letters they wrote to each other while on opposite sides of the world. "We wrote to each other every day," Cathy said. "And I just hope people today realize how much it means to get a letter or package when you're overseas during a war.

And there's one thing in particular neither of the Drakes will forget about their time in Korea.

"In the midst of war, we found each other."



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Brownsburg

**Oct. 7 – 8 •** Book Sale | When: 10 a.m. – 6 p.m. and 10 a.m. – 4 p.m. | Where: Avon Washington Township Library; 498 N. Avon Ave., Avon

**Through Oct. 31** • Beasley's Corn Maze | When: Fridays and Saturdays 9 a.m. – 5 p.m. and Sundays noon – 5 p.m. | Where: Beasley's Orchard; 2304 E. Main St., Danville | \$8 for ages 12 and older, \$6 for ages 3 – 11 | Contact: (317) 745-4876

**Through Oct. 31 •** Scarecrow Display | When: all day | Where: Danville Courthouse Square | Contact: Christa Salyers (317) 319-1492

**Through Oct. 31 •** Prairie Maze at McCloud Nature Park | When: dawn to dusk | Where: McCloud Nature Park; 8518 N. Hughes Rd., North Salem | Cost: free | Contact: Linda Brunner at (317) 718-6188

**Oct. 1 and 2 •** Plainfield's Annual Puppy Pool Party | When: 11 a.m. – 4:30 p.m. | Where: Plainfield Aquatic Center/Splash Island; 651 Vestal Rd., Plainfield | Cost: minimum \$10 per dog

**Oct. 1, 2, 8 & 9 ·** Heartland Apple Festival | When: 9 a.m. – 6 p.m. | Where: Beasley's Orchard; 2304 E. Main St., Danville | Cost: \$5 per vehicle | Contact: (317) 745-4876 | beasleys-orchard.com

Oct. 2 • Tri Kappa BINGO | When: 2 p.m. | Where: Brownsburg American Legion; 636 E. Main St., Brownsburg | Cost: 415 in advance; \$20 at door | Must be at least 18 years or older | Contact: Melissa Reed (317) 374-0366

Oct. 11 • Longaberger Bingo | When: 2 p.m., doors open at 1:30 | Where: St. Malachy School Gym; 7410 N. 1000 E., Brownsburg | Cost: \$10 for bingo, \$20 bundle pack | Contact Sara (317) 268-4238

**Oct. 4** • Pittsboro Police Department's National Night Out | When: 5 – 8 p.m. | Where: Scamahorn Park; 80 N. Meridian St. Pittsboro | Contact: Linda Ash (317) 892-3329

## Heartland Apple Festival set to begin

**By Tiffany Giles** 

Beasley's Orchard has been family owned and operated for 70 years. In 1946, Milton and Irene Beasley bought the farm and began raising livestock while farming the land. Today, their son John and his wife Debbie along with their children continue the family business.



Inside The Market Place at Beasley's Orchard guests can purchase an assortment goods.

Calvin Beasley, the only grandson of Milton and Irene and a recent graduated of Indiana University, works to keep the orchard evolving into an agro-tourist attraction. "Families come from all over to enjoy the farm. It's my goal they have such a good time that they want to come back year after year. It's great to see multiple generations in the same family enjoying our farm. One family even came from Colorado. Our slogan has always been 'May your time spent at Beasley's be long remembered' and that's what our family is working to accomplish."

This year he worked alongside family members to reinvent The Hayloft. Once a place where he and his sister would play games, The Hayloft has been renovated into a venue for guests to host gatherings of up to 80 people. Originally built in 1868, it was important to Beasley to maintain the original character and traditional construction. Local resourced timber was used in the build as were the construction techniques of peg and beam. It is his hope The Hayloft will be as successful as last year's Heartland Apple Festival hit, The Barnyard Bonanza. The Barnyard Bonanza is a family friendly farm activity zone where guests can climb, jump, play games, throw balls or bags. Both of these attractions will be open at this year's Heartland Apple Festival.

This is the 30th year for the Heartland Apple Festival, which was the vision of Calvin's mom, Debbie Beasley, who was inspired by an orchard and wanted to share the harvest with friends and neighbors. The celebration is open to all ages and offers a variety of activities including a hayride through the 15 acre pumpkin patch, a corn maze designed by industry innovator Brett Herbst, live music and entertainment. Additionally, a variety of farm fresh foods and treats are available for purchase in

**EVENTS** 

**Oct. 7** • Free Outdoor Movies in the Park | When: 7:30 p.m. | Where: Avon

Town Hall Park; 6570 E. U.S. Hwy 36, Avon | facebook.com/AvonParksandRec/

**Oct. 7 – 9 •** Indiana Short Film Festival | Where: Royal Theater; 101 S. Indiana St., Danville | Contact: Loren (317) 745-2604 | inshortfilmfest.com

Oct. 8, 15, and 22 • Fall Harvest Days | When: 6 – 10 p.m. | Where: Nehemiah Ranch; 1420 N. 600 E., Avon | Cost: Donation | Contact: Jeff Leath (317) 849-7115

Oct. 15 • Fall Festival | When: 10 a.m. – 4 p.m. | Where: McCloud Nature Park; 8518 Hughes Rd., North Salem | Contact: HCP&R (317) 718-6188

**Oct. 15, 22, and 29 •** Haunted Hargrave Hall | When: 5 – 6:45 p.m. lights on; 7 – 11 p.m. lights off | Where: Hargrave Gym, 49 N. Wayne St., Danville | Contact: Will Lacey (317) 745-3015

the Heartland Marketplace. The four day celebration takes place over the first two weekends of October. A full list of pricing and entertainment can be found at Beasley-Orchard.com.



Beasley's Orchard, Danville Indiana.

#### Faith on Food by Faith Toole

#### **An Option Ash & Elm Cider**

2104 East Washington St. Indianapolis, IN 46201

The scoop: As Indiana celebrates its Bicentennial, we are learning about its history. Did you know that Johnny Appleseed planted tart seeds for hard cider in Indiana? Wes Homoya of Ash & Elm Cider told us about the Neidhammer building and the cider apple history. We sampled the hard cider flight, which is aromatic and full of flavor as we snacked on the Citrus Marinated Olives. We opted for the pressed Cuban sandwich. When it arrived, we heard about the fresh and local ingredients used for many items, including the freshly made ricotta cheese from Paramount Charter School.

Who knew stopping by Ash & Elm Cider would be a fun and tasty history lesson!



For our Hendricks County residents working Downtown, Ash & Elm Cider is a great place to go after work and before a concert or game. The Neidhammer Coffee Shop is located in the refurbished open concept building.

#### **Where I Dine**

**Brittany Titus** Danville, IN

#### Where do you like to dine?

One of my favorite places to eat in Hendricks County is Los Patios in Danville.

#### What do you like there?

My favorite dish is the Los Patios Burrito. as you get some of everything on one plate, which makes having to choose between dishes easier.

#### What do you like about this place?

They have an authentic taste for a good price. The food is seasoned well, always cooked to perfection, and tastes amazing. The best part is they have amazing customer service. I know when I walk in I am going to get the food that I ordered quickly and exactly how I want, which as a picky eater is a plus.

> Los Patios 50 Old Farm Rd. #190 Danville, IN 46122

#### **Behind the Bars**

#### **Titled Kilt**

141 South Meridian St. Indianapolis, IN 47225

#### **Purple Haze**

- 1.25 ounce Grape Vodka
- 3/4 ounce Blue Curação
- 3/4 ounce Peach Snapps
- · Sour mix
- Cranberry juice
- Sprite





Faith Toole is our Hendricks County Foodie. She can be reached at #HCICONFoodie faith703@live.com.

#### The Biz brings jubilation to the stage and over the rainbow

#### **By Tiffany Giles**

The Biz Academy of Musical Theatre has been bringing fun to the stage for four years and this year's offerings are certain to delight theatre lovers. Located in Prestwick Crossing, The Biz is dedicated to "developing and empowering young actors, singers and dancers in Hendricks County and beyond." Co-owner Jan Van Paris says this year's cast will be performing both Suessical Jr. and The Wizard of Oz.

First to take the stage is Suessical Jr. This musical incorporates song with several of Dr. Seuss' characters including: Cat in the Hat, Thing One & Thing Two, Horton and sweet Cindy Lou Who.

Directed by Rachel Shelton, the cast includes 55 performers under the age of

12. These performers will be singing and dancing to over thirty songs. The show runs Sept. 29, and Oct. 1 and 2 at Harmony Baptist Church, located at 5687 Broyles Rd., Avon. Tickets are currently available for all three shows and can be purchased online at The Biz Academy or at the door. Admission costs \$12 for adults, \$6 for students and children under 5 are free.

The Biz then brings the Wizard of Oz to the stage for ten shows Nov. 16 through Nov. 26. This musical features a cast of 65 students ages 6-18 and tells the story of Dorothy's trip over the rainbow to the Land of Oz. The Scarecrow, Tin-Man and Lion rally to help Dorothy and her little dog too! Tickets are available online now with the same admission pricing.

#### Tri Kappa sorority host Bingo for Brownsburg

#### **By Tiffany Giles**

The ladies of Tri Kappa are hosting their second annual Bingo philanthropy to benefit local charities. Last year, the sorority was able to donate \$8000 to a variety of Brownsburg and Hendricks County organizations. Some of those who received donations include: BHS Fine Arts student scholarships, BCSC Teacher grants, Riley Campers, Riley Cheer Guild, and Sheltering Wings.

Tri Kappa is an Indiana philanthropic sorority with 144 active chapters, 110 associate chapters, and approximately 9000 participating members. The TriKappa.org website explains the purpose of the sorority is to "bring women into a close, unselfish relationship for the promotion of charity,

culture and education." And according to local Epsilon Upsilon member Cathy Burris, that is exactly what Sunday's event has been created to do. She explained that this fundraiser is special in that one hundred percent of proceeds will go into the Brownsburg community for scholarship, grant monies, special needs camps, and other charitable organizations within Brownsburg. "Our chapter has a great group of women in different ages of life, and with different interests. We have a lot of fun working together and meeting the needs of our hometown" Burris said.

The event will be held on Sunday, Oct. 2 at the Brownsburg American Legion at 636 E. Main St. Doors open at 2 p.m. with games starting at 3. You can purchase tickets in advance for \$15 by contacting Cathy Burris at (317) 696-4015 or at the door. Tickets sold at the door are \$20, cash only. Ten games of Bingo will be played along with a basket raffle, 50/50 Drawing, and Pull Tabs. Concessions and a cash bar are also available. This is a 21 years and older event.

For more information about Brownsburg Tri Kappa call Lynn Moore (317) 752-2468 or email brownsburgtrikappa@gmail.com.



Front row (from left): Jennifer Dve, Lvnn Moore, Cathy Burris, Kim Rance, Pam Allgood. Middle: Melissa Reed, Linda Meyer, Melissa Lawrence, Sherry Garner, Susan Johnston, Bobby Hornett, Rhonda Tucker, Karen Woodall (president), Ellen Fox, Lisa Bolton. Back: Jess Hornett, Debbie Messmer, Kim Morgan, Andy Oles, Becky Stipek, Emily Abbott, Julie Kinkley.

Photos by Tiffany Giles

#### 'Self care' isn't a bad word

#### MOM'S THE WORD

#### By Alyssa Johnson

As women, we've been conditioned to take care of everybody else. The idea of self-

care makes a lot of women feel guilty. But self-care is an essential part of a healthy life. What happens when we let guilt overrule that need?

#### Guilt causes you to ignore your desire for "more"

"I should be content with the way my life is." Contentment and a desire for more can be good or bad depending on where it comes from. If your desire is just for worldly things, it can lead you toward poor decisions that will ultimately be selfish in nature. But when desire comes from your soul, it's different. All of us are here at this unique time in history to make a difference in this world. When you're not in alignment with that mission, you'll feel a yearning. That yearning is meant to get you back on track with God's desire for your life; desire to serve a greater good, not just quench a selfish thirst.

#### Guilt keeps you from verbalizing your personal needs

"I might make someone mad, if I tell them what I need." My reaction to that is, "And?"

The key in that sentence is that it is a need, not just a want. If it's truly something you need, then it needs to happen. For example, I'm an introvert so I need quiet, alone time to recharge. It's not that I just want a break from people. If I don't get that need met, I become irritable, tired, and no fun to be around! How does that help anyone?

Accept that taking care of yourself is important! Give yourself permission and understand that you're not being a bad person by needing to do it! What "it" is will be different for all of us. But before you can even begin doing "it", you've got to get past the mindset that it's wrong to need something for yourself. Self-care – it's not a bad word - it's a need.

Your Vibrantly Live Challenge: Find one thing each day you can do to take better care of yourself. Now go do it and observe how your relationships improve!



Alyssa Johnson is a counselor and coach exclusively for women. Learn how she can help you live the life you were created for by visiting online at: VibrantlyLive.com or by calling (317) 520-1476.

#### What's the rush?

#### LIFE'S **CHOICES**

#### By Karl Zimmer

Have you ever heard yourself say, "Oh, I can't wait for...?" Maybe it was a visit from a loved

one or a much anticipated vacation, or maybe it's something you say every week when you're contemplating the coming weekend. Why do we spend so much time and energy focusing on things that don't even exist, only to ignore the things that are right in front of us?

As much as I've studied and learned about the mind and language, I have to admit that I have not always applied what I know to be true. I believe we all have the knowledge to create the most wonderful life, and yet, sometimes we don't. We are human, and as human beings, our decisions are not always based on what we know but are more often influenced by how we feel. So, when we are anticipating what seems more attractive than something in the present, we may tell ourselves, "I can't wait for..." What's wrong with that?

There is absolutely nothing wrong with thinking about and looking forward to something that is going to happen in the future. We make plans for vacations and visits so that we can have the most enjoyable,

memorable time. The issue is more about the language we use and the effect that has on the present moment. You see, when you say, "I can't wait...," referring to a future event, the mind hears (it is always listening to your every thought) that you are focusing on a future event and living your current moments unconsciously. Since you "can't wait" for that future event, it's like wishing your life away until that event and not living your life as it unfolds, moment to moment.

So, how can you enjoy life to the fullest? You can enjoy your life to the fullest by enioving every moment of every single day. Find the beauty and joy in every moment. Show up in every situation and for everyone you meet. Listen to the stories that others tell, because they may well have something to teach. And absolutely share with others the wisdom you have gained in your life, because you definitely have something to teach. How cool is that?



Karl Zimmer III is a Board Certified Hypnotist. His practice, Zimmer Success Group (http://Z-Success.com), is in Plainfield. Information provided is for informational purposes only and is not intended to diagnose, treat, or cure any condition or illness.

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#### Simple ways to stop the germs and stay healthy

#### **HEALTH**

#### By Betsey Thompson MSN, CPNP

Don't get me wrong. I love this time of year!

Cooler temperatures, hot chocolate, Colts football...It's great! What I don't love is the coughing and sneezing and runny nose wiping (yuck!). How can we keep from getting all those nasty viruses?

#### The short list:

- · Get a flu vaccine
- Make sure everyone in your family gets a flu vaccine too (children younger than 6 months can't be vaccinated, so they count on everyone around them to get protected)
- Wash your hands often
- Keep your hands away from your face
- Teach everyone to cough or sneeze into their sleeve or a tissue, not into the air around them
- · Stay away from people who are sick

#### The bare essentials of washing your

- · Wet your hands with clean, running water
- · Lather the soap on your hands by rubbing them together, making sure you lather the backs of your hands, between your fingers and under your fingernails
- Scrub your hands for at least 20 seconds (about as long as it takes to sing the "Happy Birthday" song)
- · Rinse your hands well under clean, running water
- Dry your hands using a clean towel or paper towels

Staying healthy is so much easier than being sick!



Betsey Thompson MSN, CPNP is a pediatric clinical nurse specialist at Hendricks Regional

#### Cholesterol: What you need to know

#### WELLNESS

#### **By Christina Summers**

The idea of cholesterol usually conjures

up an image of waxy grease slowing blood flow in your arteries. But cholesterol itself isn't bad, and in fact, it's a necessary part of our biology.

"Cholesterol is mission critical for us-every cell in our body has it. But we don't want a lot of it swimming around in our blood vessels," says Dr. William Gill, MD, cardiologist at Indiana University Health West. "There's cholesterol in the foods we eat and our livers also make a significant amount of cholesterol, which is secreted into the blood stream and delivered to organs and tissue throughout the body."

Trouble arises when the cholesterol concentration in our blood stream rises or there's an imbalance in the types of cholesterol present in our bodies. There are two major forms of cholesterol: LDL (bad) cholesterol and HDL (good) cholesterol.

"LDL cholesterol is delivered around the body. However, if its concentration rises in our bloodstreams, it puts us at risk for depositing cholesterol along arterial walls—causing narrowing and blockages—which can lead to strokes or heart attacks," explains Dr. Gill. "HDL cholesterol, on the other hand, scoops excess cholesterol off of walls of arteries and cells and brings it back to the liver to be repurposed, redelivered, and repackaged to other places."

#### Lowering the risk

To reduce the risk of high cholesterol and problems with plaque build-up in arteries, people can:

- Eat a balanced and healthy diet
- Get plenty of exercise
- Maintain an ideal body weight
- Avoid smoking to prevent inflammation
- Control diabetes

Though limiting the amount of cholesterol you eat by cutting saturated or trans fat is important, Dr. Gill advises that eliminating cholesterol from your diet alone isn't a sure-fire way to lower high cholesterol levels.

Statin medications block the liver from making too much LDL cholesterol. Dr. Gill says statins are far more potent in lowering cholesterol in at-risk patients than simply diet alone.

Another way to learn more about your cholesterol level is through a heart scan. Learn more about eligibility and scheduling a \$49 heart scan at IU Health online at iuhealth.org/heartscan or by calling 800.265.3220.



Chris Summers is the Regional Public Relations & Digital Engagement Coordinator for the IU Health Suburban Indianapolis Region serving IU Health North, Saxony, Tipton & West hospitals. She can be reached by email at: csummers1@iuhealth.org.

#### What's your exit?

#### **RELATIONSHIPS**

#### **By Sherry Strafford** Rediger, PhD Every minute

of the day we are faced with possible distractions, options, sparkling objects, visuals or ideas. We have more access to input and stimulation than any generation of the past, but we may be increasingly less willing to be truly intimate in our relationships.

Being intimate with another person is about knowing and being known. It's creating and responding to an invitation to be transparent. It can be uncomfortable.

Avoiding pain and suffering is a natural impulse, but intimacy requires vulnerability. And vulnerability requires risk. And risk can be rewarding, and it can be painful. Rejection is a possible outcome.

Cassie and Trent struggle with communication. Trent complains that Cassie constantly "has her face in her phone." Cassie retorts that she is "just finding something to do because all Trent wants to do is watch TV."

There are a plethora of methods to exit, or escape, a relationship when faced with the risk of intimacy. Dangerous exits such as alcohol, drugs, and pornography become insidious addictions. But even socially acceptable ventures such as food, work, children, religion, social media and shopping can be exits.

Consider what your exits may be. If you have an argument with your spouse, do you immediately open the fridge looking for something to eat that might comfort you? If you know your partner is unhappy, do you find reasons to stay late at work?

When you feel the impulse to ramp off on one of your exits, take a few minutes to openly engage your partner first. It can be helpful to begin by acknowledging to yourself and then to your partner the discomfort you are feeling and the risk you are taking.

Trent began to limit television to one show at night – and only after he had intentionally taken time to talk with Cassie without other distractions.

Mindfulness practices, gratitude practices, and journaling are all resources for becoming more intentional in facing the discomfort and risk of intimacy. Professional counseling may also be helpful in establishing new habits with your partner. The rewards of intimacy – of knowing and being known - are endless. Take a look at your exits and where they lead. Decide now to stay on track with your partner.



Sherry Strafford Rediger, Ph.D. is the founder and director of Strafford Institute of Family Therapy & Training and can be reached at (317) 839-1333, at SherryRediger.com, SherryRediger@Gmail.com.

#### HRH to host community open house

Hendricks Regional Health invites the community to tour and experience the full continuum of services now available in its newly designed, patient-centered facility at a Community Open House on Wednesday, Oct. 5, from 5:30 to 7:30 p.m.at Hendricks Regional Health Danville. The event features guided tours of the facility and an opportunity to meet the physicians

and staff providing care in the new space. Guests will have the opportunity to learn about preventative screenings; the benefits of 3-D mammograms; our unique high-risk cancer screening and prevention program; new genetic testing capabilities; and more. Guests may RSVP for the event by visiting hendricks.org/OpenHouse.

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#### Halloween: The start of the holiday season

#### **DIETARY**

#### By Martha Rardin October 31 kicks off

the holiday season for us closely followed by Thanksgiving, Christmas and New Year's. It is important to plan ahead for Halloween and to make sure it doesn't turn into a frightful event that becomes a nightmare by Thanksgiving. Some candy is okay, and as a family, you can decide how much children will keep and what you will do with the leftovers.

Here are a few tips to help keep your Halloween fun and healthy at the same time.

- We adults should be the role model we want for our children. Only buy candy that you don't like and won't be tempted to eat when no one is looking.

- Buy candy the day of the trick or treating event. Refrain from buying candy days or even weeks in advance. Chances are your will power isn't strong enough to hold off a bag of candy for two weeks.

- Be sure to feed the kids before they go trick or treating. This allows them to not be hungry when out on the run. They will be less likely to eat the candy on that evening.

- Discuss ahead of time how your family

will handle the excess candy. Perhaps each child gets 3-4 pieces each day and then after 5 days your family gives the excess candy to a retirement home or the local food pantry for others to enjoy.

- As the parents we need to be walking with our children as they go from house to house. It is a good time for a walk in the neighborhood.

- Try giving alternatives to candy this year. Here are some good ideas that kids really like to receive: animal crackers, hot cocoa packet, pretzels, apples, tangerines, stickers. glow sticks, or bubbles

Taking time to plan well for Halloween can help set you up for a healthier winter season. By planning well for your family you can be the role model they need to be healthy and happy.



Martha Rardin, MSM, RDN, CD, FAND, is Director of Nutrition and Dietetics for Hendricks Regional Health.

## The grape that can stand the cold

#### **WINE & DINE**

By Charles R. Thomas, M.D. Chambour-

cin (pronounced, "shâm'-boor-sân") brings to mind the subject of cold weather grape growing. Since the first recorded attempts by man to cultivate grapes for wine, their efforts have been hampered by adverse weather conditions of one kind or other. Of the many types of climatic obstacles such as excessive heat, drought, flooding, and higher winds, the greatest of these hazards is winter's cold temperatures. With "winterkill," the extreme cold causes injury to the interior of the grapevine. Some vines can recover, but many cannot.

It pairs well with roasted red meats, stews, grilled meats, and classic sauces.

Chambourcin is a French hybrid grape that was first released for commercial use in 1963. The origin of this grape is obscure. It has great fungal resistance and is very winter hardy. It was a popular grape variety in France and also in Germany. In recent decades, this grape has become a staple in the Northeastern and Midwest areas of the United States, Canada, and also in Australia. Chambourcin is being produced by many Indiana small farm wineries. It is productive, tasty, relatively disease-free, and can be produced in many styles. The skins of this grape are thick, rot and disease-resistant, and dark in color. The most common style is the standard dry red wine style, but, Chambourcin is being produced as a red sparkling wine, a



sweet style still wine, in a Port style, and in a blush or rosé style.

Chambourcin is a fruity wine exhibiting forward aromas of cherry, blackcurrant, blackberry, plum, raspberry, strawberry, and cranberry. Many, but, not all Chambourcins are barrel-aged. Those that are may exhibit spicy, herbal tones of allspice, cinnamon, clove, licorice, black pepper, rosemary, and thyme. Aging bouquets may include cedar, dark chocolate, coffee, mocha, prune, and toasted oak. Chambourcin has a medium outlook regarding its age-worthiness. At the dinner table, Chambourcin is probably the best of the hybrid wines for flavor and food friendliness. It pairs well with roasted red meats, stews, grilled meats, and classic sauces. With its high acid, Chambourcin also has the ability to match well with many foods not suited for red wines, such as barbeque, Southern Italian tomato-based foods, plzza, and pasta. Friendly cheese matches include cheddar, Colby, Monterey Jack, Gouda, Provolone, Cheshire, Roquefort, and Stilton. Moderately priced, you can find some nice ones on the shelf. Enjoy!



Charles R. Thomas, M.D. owns Chateau Thomas Winery with locations in Plainfield, Fishers, Bloomington and Nashville. Contact him at charlest@chateauthomas.com.

#### Where's the beef?

#### **RECIPE**

A professionally grilled steak

is put on a searing hot grill and marked with grill lines. After just a few minutes, it's turned 90 degrees (1/4 turn) to make cross hatch grill marks on the steak.

Preparing a steak dinner for a group can be difficult if you are careful to cook to the temperature that each person likes. A professional chef can tell when a steak is cooked to the desired temperature by touch. He can tell the doneness level by the softness or firmness of the meat. For the average person, it's easy just using a quickread thermometer and follow the temperature guide below.

The picture is a very large bone-in ribeye. Rib eye steaks are cut from the primal rib or standing rib roast. When you order prime rib in a restaurant, the name has nothing to do with the meat grade as it is just referring to the particular primal cut.

Filet mignon is a steak cut from the beef tenderloin. The tenderloin can also be roasted whole and sliced into medallions

Porterhouse steak and T-Bone steaks are the the same cut of meat. They have a New York Strip steak on one side of the bone and a tenderloin (a.k.a. filet mignon) on the other side. The difference between the Porterhouse and the T-Bone is that the Porterhouse has a larger tenderloin.

It's time to heat up the grill!

Steak Doneness	Remove from Grill at this Temperature	Final Cooked Temperature
Rare	130 to 135°F	130 to 140°F
Medium Rare	140F	145°F
Medium	155°F	160°F
Well Done	165°F	170°F

The amount of time needed on each side is determined by the thickness of the steak.







Jerry Rezny lives in Avon and owns Handcrafted Beverages. He also teaches at the International Culinary School. Contact him at handcraftedbeverages@yahoo.com.

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#### **Top 5 Reasons to Shop at a Farmers Market**

- 1. Freshly picked, in season produce is at its peak in flavor and nutrition.

  Check out the Seasonal Produce Guide to learn what fruits and vegetables are in season.
- 2. Support your local farmers and economy.

You can help new and smaller farmers be successful and save farmland in your area. The Economic Research Service provides an overview of the economic impact of local food systems.

- **3. Fresh fruit and vegetables are full of antioxidants and phytonutrients.** What are these? Why do we need them? More information at What's in Food.
- 4. It's a great way to get your kids involved.

Let them pick out something new to try, then they can help prepare a meal or snack using these tips and recipes at Kids in the Kitchen.

5. Supporting your local farmers market strengthens your community.

Meet your local farmers, learn about foods grown in your area and catch up with friends and neighbors while stocking up with local goods. Learn how farmers markets impact your community in this section of the Know Your Farmer, Know Your Food Compass.

Source: Nutrition.gov

#### October 2016

Ms. Sarah Scott by Paige Salenda Sycamore Elementary, 1st grade



Chris Tincher, Sarah Scott, Chick-FilA Cow, Heather Painter and Paige Salenda

Kids, send your name, address and telephone number, along with a 100-word summary of why your teacher should be honored as the Chick-Fil-A/Heat & Cool LLC/Hendricks County Icon Teacher of the Month, to teacher@myicon. info. The deadline for nominations for the November 2016 Teacher of the Month is October 15. Your teacher will receive special recognition plus your class will win a lunch party compliments of Chick-fil-A (Avon/Plainfield). Please take time to nominate a deserving teacher from Hendricks County.

> Chick-fil-A (Avon/Plainfield) is the official ICON Teacher of the Month Lunch Party supplier

> > At right, photos of students in Ms. Scott's 1st grade class at Sycamore Elementary School enjoying a party provided by Chick-Fil-A!

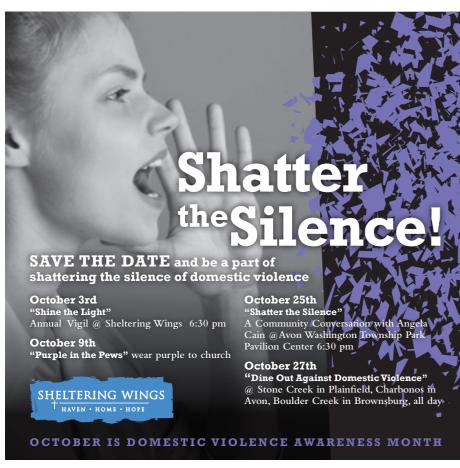
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Teacher of the Month

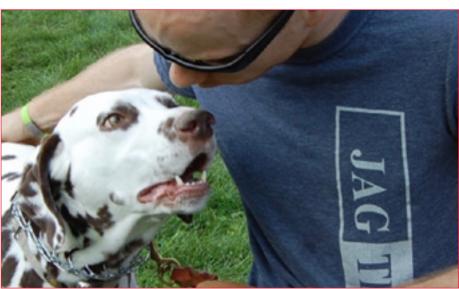
I am nominating my first grade teacher Miss Scott because she is my favorite teacher ever. She makes school fun by teaching us about nature and bringing a real caterpillar into our class. She also lets us do jobs like librarian, bathroom monitor, and lunch count. We get to write whatever we want in our journals and sit anywhere we want when we're writing. Sometimes we get to share our journals with the class. She lets us share our favorite book from home with the class too. Also, we both really love the Pioneer Woman, Ree Drummond.







#### Spotting a good time



Brandan Kelter with his dog, Lennon, at the 6th annual Bow Wow Bash, Sept. 25 at Williams Park, Brownsburg. Misty Eyes Animal Center was benefactors of the event. In October 2015, Misty Eyes purchased 3.2 acres of land at 616 S. CR 800 (Dan Jones Rd.), Avon on which to build a permanent facility. This property will house a new adoption center, an education room, a kitty building, a dog building, a dog run, a tranquility garden and administrative offices. The ground breaking was Sept. 30. Construction is expected to take up to three years to complete.

Photo by Rick Myers



the top three and all other entries will be published in the

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Avon, IN 46123 (we may not be able to return photos) For more information, call (317) 451-4088.

Oct. 15 issue. **DEADLINE IS OCTOBER 3RD** 



## Inflation is playing second job growth is shortstop the dollar's on third and the Fed? The Fed's in a pickle

#### MONEY MATTERS

By Jeff Binkley

A "pickle" for those of you not familiar, is a base-

ball term referring to when a base runner gets caught in a run down between bases. In other words, if you are in a pickle, you are in a difficult position. You have a problem with no easy answers. The Fed, dear reader, is in a pickle.

At press time (Sept. 2016) everyone and their neighbor now thinks the Fed not only won't raise rates at their September meeting but is also starting to doubt a December in-

A strong dollar makes imports cheap and keeps inflation low.

crease as well. The Fed wants a core inflation rate (core rate excludes volatile food and energy prices) around 2 percent and estimates a desirable (or at least acceptable) median unemployment rate of 4.8 percent (federalreserve.gov/faqs/money\_12848.htm). The core inflation rate sits at 2.2 percent for the 12 months ending July 2016, so the Fed would should feel confident in that number and want it to stay where it's at. To the effect that they normally would keep rates level which maintains the economy. Inflation is the second baseman.

As noted above, the Fed would like to see an unemployment rate around 4.8 percent (median). So when the Bureau of Labor Statistics (BLS) said the unemployment rate in July fell .1 percent to 4.8 percent, the Fed could potentially feel good about that. But

alas, those who dove into the numbers (like yours truly) quickly realized that the rate fell to that level only because half a million people quit looking for work. And job growth, to put it bluntly, stinks. The July jobs report estimated that the entire country created a measly 151,000 jobs in July. Job growth numbers continue to fluctuate, kind of like the shortstop backing up 2nd when 3rd has the ball or vice versa. Job growth is shortstop.

So that leaves the dollar as 3rd baseman. The dollar had been strengthening smartly since mid-2014 but has weakened year to date 2016. The Fed doesn't necessarily want a strong dollar. A strong dollar makes imports cheap and keeps inflation low. Cheap imports cause jobs and job growth to go overseas, so the declining dollar could actually make it easier for the economy to handle an increase in interest rates. Except for the fact that, generally speaking, higher interest rates cause a nation's currency to rise in value ... thus the pickle.

The Fed is the runner stuck between 2nd and 3rd. The ball goes to 3rd (strong dollar), inflation goes down, unemployment goes up, runner (the Fed) then moves back toward 2nd (i.e. lowers rates). Ball goes to 2nd (inflation), dollar loses value, exports rise, employment goes up, runner then moves toward 3rd (raises rates). And the cycle repeats.

The Fed's in a pickle.

I just hope that hard-working Americans aren't the ones who get thrown out.



Jeff Binkley is the Founder and Managing Director of Binkley Wealth Management Group. He can be reached at Jeff@ thebinkleygroup.com or (317) 697-1618.

#### **BIZ BRIEFS**

#### E-commerce distribution center opens in Plainfield

VMInnovations, a Nebraska e-commerce company, has opened a distribution center in Plainfield's warehouse district. The company is investing \$4.75 million and expects to create 75 new jobs by 2021. The company is currently hiring. Products such as home and garden, electronic, outdoor, sporting, baby, and

spa items will be distributed nationwide from the new center. VMInnovations currently employs more than 160 associates in Nebraska, Pennsylvania and Nevada. The company received up to \$400,000 in conditional tax credits from the state based on job creation and additional incentives from Plainfield.

#### 10 surprising statistics about small business

In the last 6 years, we've amassed a wealth of knowledge about the state of small business from our 38 million members and we never cease to be surprised. Here are 16 vital (and surprising) statistics we've uncovered about the small business land-scape:

- 1) The SBA defines a small business as an enterprise having fewer than 500 employees
- There are almost 28 million small businesses in the US and over 22 million are self-employed with no additional payroll or employees (these are called nonemployers)
- 3) Over 50% of the working population (120 million individuals) works in a small business
- 4) Small businesses have generated over 65% of the net new jobs since 1995
- 5) Approximately 543,000 new businesses get started each month (but more employer businesses shut down than start up each month)
- 6) 7 out of 10 new employer firms survive at least 2 years, half at least 5 years, a third at least 10 years and a quarter stay in business 15 years or more
- 7) 52% of all small businesses are home-based
- 8) There were 22.5 million nonemployer firms in 2011 (up almost 2% from the year before)
- 9) To classify as a "nonemployer" business you must have annual business receipts of \$1,000 or more and be subject to federal income taxes
- 10) Approximately 75% of all U.S. businesses are nonemployer businesses

Source: Jason Nazar, contributor of Forbes magazine, forbes.com/sites/jasonnazar



#### Bridging family, service, and worship

#### WHERE WE WORSHIP

The Drzakowski family moved to Danville a little over two years ago. Since the move, Matt and Jen, Avon natives,

have been attending West Bridge Church. Matt is an avid softball and table tennis player and is passionate about coaching at all levels. Jen loves to read and is passionate about serving and working with kids. Braden is 9 and loves to read, ride rollercoasters, play baseball and basketball, and watch sports with the family. Harper is 6 and enjoys cheerleading, reading, any type of arts and crafts, and loves all animals. The Drzakowski family also enjoys cheering on the Colts and St. Louis Cardinals.

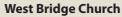
#### What is it about your place of worship that helps you to feel connected to your spouse, children, parents or other family?

At West Bridge, there are numerous opportunities throughout the year to serve together as a family, as well as just spending time together. From church work days, to eating a Thanksgiving meal together as a congregation, to the 3-on-3 basketball tournament, there is always something we can do together! Our highlight this year was when we had the opportunity to deliver meals to families on Thanksgiving. Our kids really enjoyed being able to

sit down and talk with some of these people and do something that made their day a little brighter.

#### What is one meaningful event that has taken place at your place of worship?

There are so many events throughout the year, but Summerfest stands out above all others. What a great time for the community to come out and enjoy some great food, fellowship with other believers, and experience God's love for those searching or new to the faith. The games and activities for both the kids and adults are truly a blast! However, VBS this past summer was incredible for the kids as well!



1521 S. Co. Rd. 75 W. Danville, IN 46122 (317) 745-2266 www.westbridgedanville.com



From Left Jen Matt, Harper & Branden Drzakowski

Submitted Photo

**Compiled by Cathy Myers** 

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#### The heavenly seeker

#### **DEVOTIONAL**

#### By Michael LeFebvre

"Now the tax collectors and sinners were all drawing near to

hear him. And the Pharisees and the scribes grumbled... So he told them this parable..." (Luke 15:1–10, ESV)

The other religious leaders were upset that Jesus was visiting with folk of ill repute—even eating with them. It's not that the other leaders were heartless. But they thought the way to reach those caught up in immorality was to shame them into changing. Jesus, however, was not standing aloof. That angered the others, and Jesus responded with parables.

He told a story about a lost sheep, and one about a lost coin. In each, Jesus identified three features of seeking the lost. First, a shepherd leaves all the other sheep safely behind to search for one that is lost. Likewise, a homemaker turns from the tray of secure coins to seek one lost coin. A seeker does not give attention based on perceived value, but need. The 99 sheep in the fold and the nine coins still on the shelf may seem more valuable than the lost one; but a seeker's attention is driven by need.

Second, when the sheep is found, the shepherd hoists it onto his shoulders to

carry it home. Now a sheep can be pretty heavy, but the finder joyfully shoulders the burden. Similarly, the homemaker will "sweep the house" Jesus says, seeking earnestly until the coin is found. A seeker willingly shoulders the burden of seeking.

Third, there is great joy when the lost is found. The shepherd gathers his friends to celebrate and the homemaker tells her neighbors all about her frantic search. "Just so," Jesus said, "there is joy before the angels of God over one sinner who repents" (verse 10).

Jesus embodied the joy of heaven in his devotion to the needy of his community. He would have nothing to do with the program of shaming the sinful into repentance. Jesus upheld heaven's holiness, but he did so with love. How are you showing the love of Christ to others in your community?



Michael LeFebvre is the pastor of Christ Church Reformed Presbyterian (online: ccrp. church), holds a Ph.D. in biblical studies, and has authored several books.

#### Focus on family

## Hendricks County's Autumn Bucy focuses attention to helping others' awareness of domestic violence

Autumn Bucy is the annual fund coordinator for Sheltering Wings. October is many things to many people: Breast Cancer Awareness Month, pumpkin season and the spooks all come out for Halloween. Bucy, however, has a different set of priorities in October, and year round for that matter. She is focused on one thing: raising the awareness of domestic violence.

Bucy says she truly lives her life by the quote. "Perhaps we all give the best of our hearts uncritically to those who hardly think about us in return," by T.H. White.

Here, we learn more about our October ICON of the Month, Autumn Bucy.

#### What do you consider your greatest virtue?

Kindness (can also be my worst flaw as I wear my heart on my sleeve).

What do you most deplore in others? Those who do not think of how their actions affect the lives of others. This could be large scale such as in dealing with cases of domestic violence or even in the little things, like how you treat others in your driving or in local establishments.

What do you like most about living in Hendricks County? Being close to my family; that's why I moved back here five years ago (after being in Birmingham, Ala., for 16 years). Plus, the family joke is you don't have to leave a five to 10 mile radius from home to have everything you would want access to.

If you had to live elsewhere than in Hendricks County, where would it be? I love the Seattle area or Gulf beaches.

If you could begin life over, what would you change? I would worry less about what people thought of me (especially in college) and focus more on how I can affect others.

If money were no issue, how would you spend it? I would consider adopting a child.

What makes you happiest? I love to spend time with my five-year-old nephew Noah. He has a unique perspective on life and keeps me on my toes.

What is your favorite vacation spot? I love Walt

Disney World, in fact so much that I enjoy helping others plan their trips to fill time in between my own excursions.

What do you do with idle time? I like to spend time with my gal pals shopping and eating

**What is it that makes you angry?** Any kind of child abuse or neglect; having a child is a privilege.

What do you do to escape from reality? I love to read fiction, especially about future times.

What or who is the greatest love of your life? Jesus Christ

Which living person in Hendricks County do you most admire? My mother. She is an amazing leader and one of the most Christ-like beings I have ever encountered. She is an amazing educator, friend, mother and "Nana."

What is the quality you most like in a man? Integrity

**What is the quality you most like in a woman?** Being genuine

**What is your greatest extravagance?** Food. I am a sucker for good food, especially desserts!

What are your fears, phobias? Not leaving a mark on the future, especially with the next generation. I am not afraid of death but do admit I want to be surrounded by friends and family when the time comes, so I guess to some degree a fear of being alone.

What has been the happiest time of your life? I believe it is yet to come.

Which talent would you most like to possess? I would love to pick piano playing back up and actually be good at it.

What do you most value in your friends? Reciprocation

Which historical figure do you most identify with? Rosa Parks for her bravery

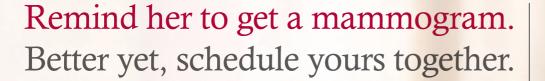
What is your greatest regret? No regrets, I believe things happen for a reason. Maybe not how you had hoped or planned, but you learn and move forward.

What tenet do you live by? Actually, I have a word that is my goal to live by, "Batach." It is Hebrew word used in the Old Testament that for me means to trust or have confidence in beyond comprehension. I want to have this kind of confidence in my future and God leading it even when things don't always make sense.



SHELTERING WINGS

Compiled by Cathy Myers



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