

HENDRICKS COUNTY

ICON

Volume 8 • Issue 12

Brownsburg High School graduate, John Armstrong, excelled in theater and progressed into filmmaking bringing his latest project back to Indiana.

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The Producer

John Armstrong



**Hendricks County
ICON of the Month** *Page 27*



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We need you... look for this survey!

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Thank you in advance for your participation, and thank you, as always, for reading Hendricks County ICON, where we're fond of saying, "News is what our readers say it is."

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HENDRICKS COUNTY
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READERS' WRITES



Two new staffers on board

A little more than two months into 2016 and we have some exciting news to share with you in regards to the Hendricks County ICON.

We proudly announce the hiring of Marka Sonoga, our first sales manager. She comes to us from El Dorado, Ark., where she was the advertising director, having previously served in a similar capacity in LaGrange, Ga. Prior to that, she was involved in ad sales for print and television in Youngstown, Ohio.



Marka
Sonoga

Needless to say, we are excited to have her aboard. We have tasked Marka with building a newer and improved sales culture here – for all of our Times-Leader Publications titles - a challenge she readily accepts.

You'll find her out in the community as often as in the office, because she wants to become immersed in all the goings-on. It's striking and energizing to sit back and realize how far this company has come with the help of incredibly talented people and valued advertising partners. We anticipate Marka only will add to it.

Moreover, we have hired Haleigh Inscore at the Times-Leader Publications' home office.

Haleigh graduated in December 2015 from The Ohio State University, where she earned a Bachelor's of Arts degree in English with a minor in Creative Writing. She is originally from Mansfield, Ohio. She will be visible in the community and we believe you will enjoy working with her. You may contact Marka or Haleigh via email at info@myicon.info or by phone at (317) 300-8786.

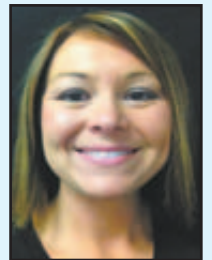


Haleigh
Inscore

Staff Report

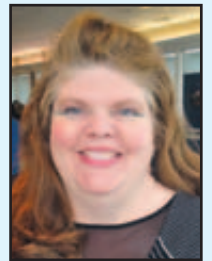
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Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Katie Mosley at 451-4088 or email her at news@myICON.info. Remember, our news deadlines are several days prior to print.



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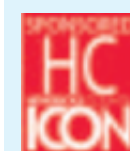
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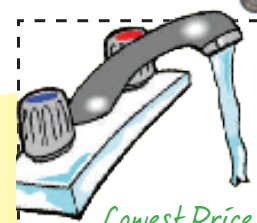
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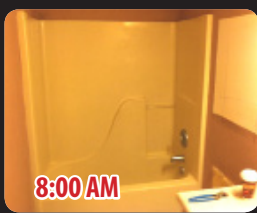


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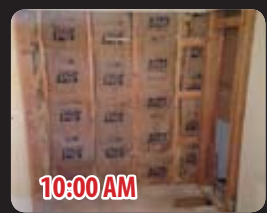
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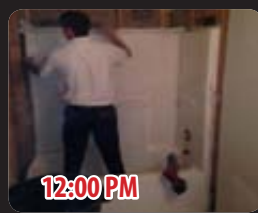
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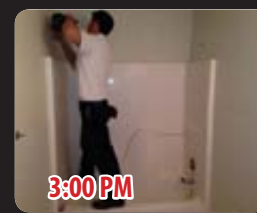
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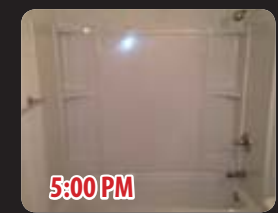
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READERS' WRITES

Adopt: Don't shop

In the journey of working with rescued animals I have learned so many things. There are many misconceptions out there about adopting from a local shelter or rescue. People seem to think that the animals in rescue or at shelters are "damaged goods". But this is so far from the truth. The majority of animals that are surrendered or end up in shelters and rescues do so from no fault of their own. The majority of "reasons" range from the family is moving, new allergies have developed, having a baby, job hours have increased, unaffordable medical issues have come up for the animal, and "the cute puppy we brought home got bigger than we expected." The list goes on and on. These aren't "damaged goods." Bringing a pet into your family needs to be considered a lifetime commitment. Training and financial aspects of bringing a pet into your family should be part of the discussion before you bring that new pet home. Life changes, but pets will adapt to longer work hours. In addition, there is a misconception that you have to go to a breeder or pet store to get a "pure bred." At least 25 percent of all animals that end up in shelters and rescues are pure bred breeds. There are also breed specific rescues for almost every breed of dog.

So let's talk about why you should adopt from a shelter or rescue. Adopting will save two lives. Not only does it save the life of the pet you are adopting but it opens up a spot for another at risk pet to come in. Adopting versus buying online or at a pet store helps stop puppy mills. Puppy mills are mass breeding operations that use live animals as a commerce product. The parents of the puppies in pet stores typically live their entire life in confined spaces and are bred as often as their bodies will produce. The con-

ditions of puppy mills range from bad to downright deplorable. Dogs are social pack animals and depriving them of affection and a family is one of the worst emotional abuses that can be inflicted upon them. Most of the dogs in puppy mills have never even felt the grass beneath their feet.

There is also a huge cost savings to you when you adopt, versus buying a pet from a breeder or pet store. When you adopt a pet from a responsible rescue or shelter, that pet will already have had all its yearly vaccinations, have been heartworm tested and placed on preventions, wormed, spayed/neutered and micro-chipped. Many pets in rescue will have gone through even more medical care to ensure they are healthy before adoption. However, pets purchased from breeder or pet stores can cost substantially more and in most cases, all the above medical care will be an additional cost for you.

The very tragic truth across our country today is that 4 - 5 million, yes I said million, domestic pets are euthanized every year. The majority of these animals would have made wonderful best friends for a family. Thankfully, with education on adoption and why spaying and neutering is so important, that number has come down from an appalling 12 - 20 million in the 1970s. However we still have a long way to go. It is believed that at least half of puppies and even more kittens that are born will end up in shelters or rescues at some point in their lives. Please be responsible and spay and neuter your pets. After all, the pet over-population problem starts with "just one litter."

Cherie Fox, Co-founder of Misty Eyes Animal Center, located in Brownsburg



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Yes, we want your letters:

Readers of the Hendricks County ICON are encouraged to send letters to the editor as often as they wish. The stipulations are that the letter is timely, focused (not more than 200 words) and verifiable. Please make sure to provide your complete name and daytime and evening telephone contact numbers. All letters are subject to editing for brevity, clarity and grammar. Please direct your correspondence to: news@myICON.info.

OUR VIEW

From town to city;
let's start talking

What's the difference between a city and a town? If you said cities have elected mayors, you'd be partially right. Recently, a Brownsburg Town Councilman wrote on Facebook that his town should explore what it means to become a city. Brian Jessen supports the conversation and we agree whole-heartedly.

Hendricks County has the third (Plainfield) and seventh (Brownsburg) largest towns in Indiana. Both municipalities could easily meet the requirements to hold a voter referendum on the matter because they meet many of the guidelines. Becoming a third-class city would mean an elected executive or mayor and probably an expansion of the city council to seven seats. Third-class cities still have an elected clerk-treasurer, too. Third class cities have a population under 35,000.

Of course, this is an expansion of government with more council seats and the salary of a mayor. There would be more election yard signs cluttering up the streets, too.

But a mayor could be a benefit to these towns. Mayors are the executives of their cities and a go-to person - an Icon if you will of their communities.

Mayors can act quickly and decisively and, in terms of economic development, may help attract larger employers who won't wait for a body of council members to publicly debate incentives.

Maybe publicly debating these issues is a good thing, too. As voters of Plainfield and Brownsburg, these are the types of questions that need to be addressed.

Voter referendums are a great platform to spur discussion, but let the conversation begin now before the pressure of a deadline starts to loom. Let's find out if it will be significantly more expensive to turn a town into a city or will it yield numerous benefits for the first town to make the jump. At the very least, having more accountability to the voters should be a consideration - and in the case of Brownsburg, can you imagine how entertaining it would be following a mayoral election? Let's start talking.

MONTHLY QUOTE

"There is no real excellence in all of this world which can be separated from right living."

~ David Starr Jordan



Whole lot of spirit

Commentary by Dick Wolfsie

My wife says I'm not a spiritual person but I believe I could be someday. I mean, you have to have faith. The most spiritual thing I do is shop at Whole Foods, a supermarket that caters to people who opt for a diet that is organic, pure and chemical-free. However, I prefer food with preservatives. It's cheaper than a face lift.

Mary Ellen is really the big fan of this store, and whenever we are headed in that direction, she says, "Let's stop at Whole Foods." Sometimes we don't even go in. We simply look in the huge window and watch people shop and eat vegan pizza. It's all about the journey, isn't it? See, I'm getting more spiritual already.

Over the years, Mary Ellen and I have shopped at various supermarket chains. I don't like buying eggs and milk in the same place you can buy snow boots, an unassembled chest of drawers and treadmills, like Super Target or Meijer. They're really Half Foods. But at Whole Foods, almost everything on the shelves is edible, except stuff that is fat-free, gluten-free or sugar-free...which, come to think of it, is almost everything.

Last week, I bought an organic bar of soap, wrapped in clear shrink-wrap. When I got out of the shower the next morning, I told my wife that I didn't think it lathered very well. "Is it because it's organic?" I asked Mary Ellen.

"No, it's because you just washed yourself with a wedge of cheese."

Mary Ellen's shopping list is a model for all Americans who want to eat healthy. She buys skim milk, low-fat cottage cheese, broccoli, skinless chicken breasts, and granola. When I have a chance to shop on my own at the traditional chain stores, I smuggle in the white bread, hard salami, doughnuts and the fro-

zen creamed spinach soufflé (which sounds healthy, but it contains an alarming 27 grams of fat). When we go shopping anywhere together, I'm on a very short leash and the chances of getting any treats are zero—even if I beg. I wish my wife would treat me more like a dog. I deserve it.

All the magazines at Whole Foods promote a healthy lifestyle. The words "yoga," "yogi" or "yogurt" are always somewhere on the cover. One that caught my eye was called Spiritual Re-awakening. If you turn the magazine over and then upside down, it reveals a totally different publication called The Road to Renewal. I thought this was another approach to reaching nirvana, but it may have been a subliminal reminder that your subscription is about to expire.

The alternative cover has a headline revealing an article with a check-list for what to take on your next journey. Already feeling my otherworldly side, I predicted they would advise bringing a positive attitude, a degree of self-reflection and a measure of introspection. Actually, the top three were underwear, white socks and sandals. These were items to take on one of the several dozen mind/body retreats they were offering around the world, and at a very lofty price, I might add.

I guess you can be a new-age, Whole-Foods-shopping, transcendental-meditation-loving, yoga-practicing, Buddha fan, and still believe in capitalism in the real world.

That's the spirit.



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.

FROM THE PUBLISHER

Take our survey
and get ready for our
twice-a-month circulation

In April of this year we will be celebrating the Hendricks County ICON's 8th anniversary. We have enjoyed, over the years, producing what we believe to be the best community news product serving the Avon, Brownsburg, Danville and Plainfield marketplaces.

After much discussion, we have decided to increase the frequency of ICON to two times per month beginning in April - launch date will be April 16. Our mission in producing the ICON has always been to provide our readers with a snapshot of the community.

You may be asking why would we want to increase frequency at a time when newspaper readership is on the decline? Great question. Unfortunately, because of the failure of major metropolitan daily newspapers, combined with a false assumption that everyone turns to electronic devices for news, there is a myth that no one reads newspapers any more.

The Pew Research Center, citing a Nielsen Scarboroughs report, shows that 56 percent of people who read a newspaper product read print exclusively. We are currently conducting research on our own, which I believe will further quantify these findings. Please see our ad in this issue, on page 2, which will direct you to <http://survey.smari.com/tc1> to take the survey. This information will go a long way in helping us create the type of community news publication that you would like to read and is an accurate mirror to your community.

The ICON is a labor of love for my staff and me and we look forward to publishing a second issue of ICON per month. If you have questions, never hesitate to contact me via email at rick@myicon.info or call me (317) 300-8782. Happy March!



Rick Myers is co-owner of Times-Leader Publications, LLC., publisher of Hendricks County ICON and Hendricks County Business Leader. Write him at news@myicon.info.

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Captain Jack Sadler Commitment to community

BEHIND THE BADGE

Born in West Virginia, Captain Jack Sadler has called Hendricks County home for a very long time. Starting school in the fifth grade at Danville, Sadler is proud to say he is a 1992 Danville High School graduate. The attraction to law enforcement though can be traced back to his roots in West Virginia.

"My step-grandfather was a Huntington Police Officer. He was so kind and so respected in the community. I would listen to his stories and was so amazed," said Sadler.

"This is what I was meant to do," he added.

After studying Law Enforcement at Vincennes University, Sadler joined the Vincennes City Police in 1996. He and his wife, who is also from Hendricks County, wanted to

come back home to be close to family. "I fell in love with my hometown and wanted to come back," explained Sadler.

After four years on the VCPD, Sadler moved back to Hendricks County and joined the Sheriff's Department. "I want to help, I want people to feel safe where I live," said Sadler.

Recently promoted captain, Sadler is busy learning his new role at the department. He and his wife are also busy raising their son who is very active in school.

What does a normal day consist of?

As the Uniform Division Commander, I am responsible for 35 merit and 10 reserve deputies. Every day is different for me, depending on the priorities of the day. A police officer's day is never routine, even when you're an administrator. I work mainly out of the office, in uniform, during the week and try to help with road coverage when able. I schedule uniformed deputies for our patrol coverage, as well as non-routine events and security. I interact with other departmental staff, the public, other agencies, and the prosecutor's office in order to share information, resolve any issues, and keep the Sheriff informed. I am responsible for ensuring all rules and regulations, of the department, are enforced within the uniform division.

What was your inspiration to become a police officer/firefighter?

As a young man, I had a family member who was a police officer in Huntington, West

Virginia. When we would visit there, I remember being so impressed with how well he treated people and was captivated when he told stories of his job. Everyone showed a great deal of respect toward him and he was a great man. As a teenager, I decided I, too,

wanted to be a police officer. I wanted to be able to protect and serve the community in which I grew up, and the Hendricks County Sheriff's Department has provided me that opportunity.

What has been one of your favorite moments on the job?

As a young police officer, I felt a sense of pride knowing I was now protecting my community. It is gratifying to be able to help the victim of a crime or take an offender off our streets. As my career has evolved, my role in

law-enforcement has changed. In my current position, I now have the same sense of pride for our deputies, knowing that they are also making a positive difference in our community. Having an opportunity to be an Emergency Response Team member, a field training officer, a detective, a road sergeant, a firearms instructor, a DARE officer and working a few years with the United Drug Task Force have all been great moments and opportunities in my career. My favorite moment thus far, is having the opportunity to serve as the Uniform Division Commander.

What aspect of the job do you find most challenging?

The job of a police officer is not an easy one in this day and age. Having the support and cooperation of the community, as we have here in Hendricks County, helps us be more effective. It is our responsibility to continue to work and improve the relationship between law-enforcement and the community in which we serve.

What are your future goals? Professionally or Personally?

I am not one to get too far ahead of myself when discussing professional goals. I hope to continually learn and improve my current assignment. As I continue to increase my knowledge and experience, I am excited to see what the future holds.

Compiled by Sherry Moodie



HC Sheriff's Department Captain Jack Sadler, Enforcement - Division Commander
Photo by Sherry Moodie

The Producer

Brownsburg High School graduate, John Armstrong, excelled in theater and progressed into filmmaking bringing his latest project back to Indiana

John Armstrong

By Gus Pearcy

In third grade, John Armstrong got the lead in a courtroom-based play called "Goldilocks vs. the Three Bears." Armstrong played an attorney and thought he wanted to be a lawyer, but years later, he jokes, he discovered he really enjoyed playing a lawyer.

Now, Armstrong is producing a feature-length film in Bloomington called "The Good Catholic." It stars Danny Glover and John C. McGinley. It also represents the latest step in a career path in the arts for the 1996 BHS grad.

"The good thing about film (making) is it's not brain surgery," Armstrong said. "No one is going to die if you screw it up."

Armstrong strongly credits his high school choir director Deborah Prather with influencing his love for the performing arts. Prather, who left Brownsburg High School and is working with a Zionsville church, says she is thrilled with Armstrong's success. She remembers one of his first musical performances in a high school production of "Crazy for You."

"When I see all these things on Facebook about him, I'm just so pleased that he's put all the pieces together and figuring out what it means to be truly involved in the arts," she said by phone from her Lebanon home. "It just becomes such an important part of your life and consumes you."

What Prather taught Armstrong was that not only a love but also a discipline is needed to succeed in the performing arts. Armstrong was in the concert choir and the show choir, where Prather said he had innate performing abilities.

"I remember he sang a solo on the song 'Stardust,'" Prather remembered, "It was pretty show-stopping when John would step up to the front and take the mic. The audience paid attention."

"The Good Catholic," written and directed by Paul Shoulberg, is loosely based on Shoulberg's parents, a priest and a nun who fell in love and decided to have babies, Armstrong said. It stars Danny Glover, John C. McGinley, Wrenn Schmidt and Zachary Spicer, a Greencastle, Ind. native who founded Pigasus Pictures along with Armstrong. The boys were able to get David Anspaugh, director of "Hoosiers" and "Rudy" to be the film's executive producer. Armstrong calls Anspaugh the "godfather" of the production. There is no shortage of big names associated with this film. Many are graduates of Indiana University and became friends there.

After graduating from Brownsburg High School, Armstrong earned a bachelor's degree in musical theater at IU and then performed with the national touring company of Seussical. He returned to IU for a master's degree in fine arts when his then-wife got

pregnant. During his first year he met Shoulberg and Spicer. They all became fast friends and artistic buddies. After earning his master's, Armstrong went to New York and then Ohio. He became an acting teacher in universities and private schools before doing movie producing. He still consults with CEOs and politicians about public speaking.

Spicer and Armstrong did two short films when they formed Pigasus (named after the mythical pig with wings created by author John Steinbeck symbolizing earthbound but aspiring). One called "At Me or With Me" starred Armstrong and can be found online at PigasusPictures.com.

The filming is wrapping up in Bloomington this month. Armstrong said the final editing should be done by the summer. Then Pigasus will market the film through film festivals in hopes of finding a distributing partner.

Part two of the business model is premiering the film in Indiana and private deals with movie houses across the state in conjunction with a promotional blitz and the movie will be available for pay-per-view online. Both routes will hopefully make the investment worthwhile and allow Pigasus to make more films.

One of the goals of Pigasus is to bring filmmaking back to Indiana, Armstrong said.

"We hope to grow the film industry in Indiana," Armstrong said. "We're natives. We're not trying to bring Hollywood here. We're trying to grow it from the ground up."

The success of "The Good Catholic" will be a barometer for the future of the company and their big goal.

"We need people to get behind what we're trying to do to make the movie successful, so we can keep making movies," Armstrong said. "So we can create a film market here and retain talent because there are a lot of talented people here that want to do film but they got to leave."



Above, top image: John Armstrong with classmates from Brownsburg High School circa 1996. **Bottom image:** On the set of "The Good Catholic" is (from left) John Armstrong, Danny Glover and John's son, Jack. **Submitted Photos**

The life of a producer

Being a film producer requires using a wide variety of skills in service of storytelling. During the interview, Armstrong had to excuse himself to get a very specific prop for the film. In the story, John C. McGinley plays a priest who is a super fan of IU basketball. This required getting permission to use footage of the games and the use of an IU basketball uniform for filming.

Armstrong did not realize that they were filming a scene that day with McGinley wearing an IU jersey over his priestly frock. But they weren't using just any uniform. They had asked IU for permission to use IU player and legend Kent Benson's uniform from the IU Henke Hall of Champions. But Armstrong had to fetch the No. 54 jersey off the mannequin before the scene was scheduled to be filmed.

He peddled over to IU Athletic Director Fred Glass's office to get the key and then to the hall of champions to retrieve the jersey. Armstrong said it is all in a day's work as a producer.

What's there to do in Hendricks County?

MARCH EVENTS

Mar. 4 – 6 and 11-13 • Joseph and the Amazing Technicolor Dreamcoat | Where: Avon Middle School South; 7199 E. US 36, Avon | Cost: \$12 (Adults 18+), \$10 Youth & Seniors (62+) | Contact: (317) 252-9626.

Mar. 5 • Plainfield Spring Fling 10k and 5k | When: Race Day Registration 7:30 – 8:30 a.m., 10k begins at 9:00 a.m., 5k begins at 9:15 a.m. | Where: Plainfield Parks & Recreation Department; 651 Vestal Rd., Plainfield | Contact: Plainfield Parks and Recreation (317) 839-7665.

Mar. 5 and 12 • All-You-Can-Eat Pancakes | When: 8 a.m. – 3 p.m. | Where: McCloud Nature Park; 8518 Hughes Rd., North Salem | Free Will Donation | Contact: Parks Foundation of Hendricks County (317) 718-6188.

Mar. 11 • Irish Festival presented by The Hendricks Symphony Chorus and the Joyful Voices Youth Choir | Where: Avon Middle School North; 1251 Dan Jones Rd. | \$15 adults, \$12 seniors, & \$7 students | Contact: Marsha Shilts (517) 403-8379.

Mar. 12 • Dogtona! | When: 11 a.m. – 3 p.m. | Where: Hendricks County 4-H Fairgrounds & Conference Complex; 1900 E. Main St., Danville | Cost: \$5 per dog | Contact: Cameron Johnson (317) 745-3338.

Mar. 12 • Tomahawk Trail Run 8k | When: 9 a.m. | Where: Blanton House Retreat & Conference Center; 625 N. Washington St., Danville | Cost: \$20 preregistration, \$30 day of registration | Contact: Nate Phipps (317) 745-3015.

Mar. 12 • GPS Scavenger Hunt | When: 10 a.m. – 1 p.m. | Where: Ellis Park and Gill Family Aquatic Center; 49 N. Wayne St. | Contact: Stan Wilson (317) 745-3015.

Mar. 19 • No Luck Run | When: 8:30 a.m. | Where: Claddagh Irish Pub, 2490 Futura Park Way, Plainfield | Cost: \$25 and up | Contact: RaceMaker Productions LLC (317) 625-2223.

Mar. 26 • Rubber Ducky Race | When: 2:30 p.m. | Where: Ellis Park Train Station, 600 E. Main St., Danville | Cost: \$1 per duck | Contact: Stan Wilson (317) 745-3015.

EASTER EGG HUNTS

Mar. 19 • Brownsburg Easter Egg Hunt | When: 11 a.m. | Where: Arbuckle Acres Park; 200 N. Green Street, Brownsburg | Contact: Brownsburg Park (317) 858-4172.

Mar. 19 • Sensory Easter Egg Hunt | When: 1 p.m. | Where: Washington Township Park Pavilion Center; 435 Whipple Ln. | Contact: Lora Lacey (317) 745-0785.

Mar. 26 • Danville Easter Egg Hunt Children | When: 2 p.m. | Where: Ellis Park Train Station, 600 E. Main St., Danville | Contact: Stan Wilson (317) 745-3015.

Mar. 26 • Avon Easter Egg Hunt | When: 11 a.m. – noon | Where: Washington Township Park; 115 South Co. Rd. 575 East, Avon | Contact: (317) 745-0785.

Mar. 26 • Plainfield Happy Easter Eggstravaganza Hunt for our Easter Eggs Underwater | When: 10 a.m. – noon | Where: Plainfield Parks & Recreation Department; 651 Vestal Rd., Plainfield.

Send your HC news and events
to news@myICON.info

Leaving a legacy through service

VISIT HC

By Josh Duke

Rotary International has followed a simple motto since its inception: Service above self.

I have no better example of living out this motto while celebrating our state's bicentennial than Danville Rotary Club's proposed Legacy Project, the Jack Willard Community Park. Talk about community collaboration and civic pride; this project oozes it.

When I took over as the Bicentennial County Coordinator last summer, the first group to request a presentation was the Danville Rotary Club. From that initial presentation, they formed a committee to do something special for their town and leave a legacy.

They quickly focused on a vacant parcel of land owned by the town west of the Courthouse Square in front of the fire station and wanted to transform that unused lot into a firefighter-themed community park.

Those Rotarians would be the first to tell you they had no clue what they were doing when they started. But within a few months that small idea became what should be the envy of all other civic groups in this county with the help of the Danville Fire Department and Danville Parks Department. You

can get more information about their project at DanvilleRotaryClub.com.

They proved a small idea can become an amazing collaboration to benefit future generations with a little ingenuity and a lot of help. They still need to raise \$97,000, but after attending their public meeting in January, I have no doubt they will reach that goal.


This one example should encourage or perhaps challenge all of us to follow suit and do our part to celebrate our state's 200 years by leaving our own legacy. Big or small, I encourage all groups to consider putting together a Legacy Project.

We even have a local Legacy Project committee that has set a goal of having 20 state-endorsed Legacy Projects this year in Hendricks County and is ready and willing to help groups with ideas or other support. We also have a few funding mechanisms in place to get you started.

For more information, visit our local Bicentennial website at www.VisitHendricksCounty.com/Bicentennial, and dare to put service above self in 2016.

Josh Duke is the Communications Manager for Visit Hendricks County. contact him at josh@visithendrickscounty.com or (317) 718-8750






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Eddie Prather



HC ARCHITECTURE & HISTORY

Greek Revival sits on Cartersburg Road

By Ken Sebree

There are eight properties in Danville that are listed on the National Register of Historic Places. We are familiar with the more prominent historic buildings, such as the courthouse, the old jail, and sheriff's residence. However, there are several old homes in town that have a great deal of historical and architectural significance.



Wilson-Courtney house.
Photo by Rick Myers

One of these homes is known as the Wilson-Courtney house. Constructed at No. 10 Cartersburg Road in 1848, well before the start of the American Civil War, the exterior and interior display many elements of Greek Revival, which was popular during this period. The pilasters on the front façade, custom entry doors, sidelights, transoms, and other classical details all present a well-preserved example of how a "well-off" farmer would have lived in Indiana during its initial settlement. The affluence of the original owners is evidenced by the existence of the servants' quarters in the rear of the house near the kitchen.

The home is constructed from native timber harvested nearby and processed in local sawmills. Original construction details can be viewed in the unfinished attic. There are hand-hewn timbers joined by wood pegs and rough sawn roof deck planks – some as wide as 22 inches. Also, there are wood doors held together by wood pegs. The chimney, fireplace, and foundations are of handmade bricks.

The original front porch was enlarged and replaced years ago after a tree fell on it; otherwise, the original layout and details remain as they were almost 170 years ago when constructed. The only departure from the original is the addition of modern bathrooms and kitchen.

The house was originally constructed for David Matlock's daughter Mary after she married David Wilson, and later went to their daughter Sarah. The property remained in the family for about 90 years until 1936, which explains its well-preserved state. The Andrews family presently owns and occupies this home and continues to maintain its original Greek Revival charm.



Ken Sebree is a practicing architect and resident of Hendricks County for well over 40 years. Contact him at ken@sebreearchitects.com or (317) 272-7800.

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Underwear drives ends March 7

"Underneath it all, we're all the same" is an interfaith campaign to provide underwear to the impoverished. New underwear (packaged or tagged) will be accepted in a donation box in the main foyer of the Hendricks County 4-H Fairgrounds and Conference Complex. The goods are distributed to Sheltering Wings, Family Promise, the Children's Bureau, the Disabled Veterans Outreach and food pantries.

Monetary donations will be accepted and used to purchase additional items at wholesale. For more information or to make a monetary donation, contact Sherry Zerbe at (317) 718-7249 or szerbe1@earthlink.net.



hendrickscivictheatre
PLAY A ROLE

'Joseph' opens March 4

Hendricks Civic Theatre will open "Joseph and the Amazing Technicolor Dreamcoat" At 7:30 p.m. March 4. Performances will continue the same time on March 5, 11 and 12 and 2:30 p.m. on March 6 and 13, all at Avon Middle School South auditorium.

The production features 76 youth performers.
Tickets may be purchased at www.hendrickscivic.com.

McCloud Park



Sodalis Park



W.S. Gibbs Park



Vandalia Trail



County parks dept. holds public meeting March 1

If you're interested in the future direction of the county parks, then you should attend the Hendricks County Parks Department public meeting to see and have input into the 5-year Comprehensive Master Plan.

The meeting will be 6:30 p.m. March 1 at the Hendricks County Government Center, 355 S. Washington St., Danville.

The plan includes projects for the Vandalia Trail, McCloud And Sodalis nature parks. It will also be a first look at the plans for the future W.S. Gibbs Memorial Park.

Photos Courtesy of hendrickscountyparks.org

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Where We Dine



Name:
Eric Ivie

Where do you like to dine?
Perillo's Pizzeria

Address: 5 S. Broadway, North Salem

Phone: (765) 676-4171.

*Perillo's Pizzeria
Photo Courtesy of
Facebook.com*



What do you like to eat there? My favorite dish at Perillo's is the sausage roll calzone. I like to add spinach to it.

What do you like about this place? I love that Perillo's is locally-owned and operated, and that the owner and chef there, Damiano Perillo, is from Sicily and graduated from culinary school in Palermo. So the food there is authentic Italian. The food is always fresh -- everything sliced and prepared each day, each dish is cooked to order, and many of the ingredients used at Perillo's are grown by the Perillo family. North Salem is a neat historical town, and Perillo's Pizzeria is a renovated building full of history, so the atmosphere there is great.

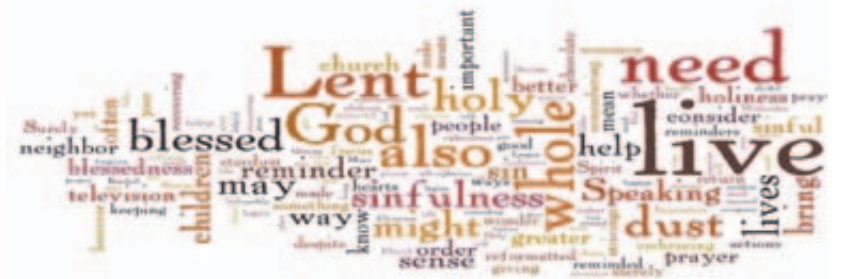


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March 20: Palm Sunday8:30am & 10:35am
March 24: Maundy Thursday Service 7:00pm
March 25: Good Friday Service..... 7:00pm
March 27: Easter Sunday7:15am (Sunrise Service)
 8:30am (Breakfast)
 9:15am (Easter Egg Hunt)
 10:00am (Alive Worship)



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**Hendricks
Regional Health**

March 2016

Teacher of the Month

Mrs. Megan Miller
by Owen Ortoleva
Cardinal Elementary, 4th Grade



From left, Andrew Schwarz from Heat & Cool, LLC, Owen Ortoleva, Mrs. Megan Miller, Chick-fil-A Cow, and Heather Painter.

Have you ever seen the best teacher in the world? Well, here are some of my reasons why Mrs. Miller is the best teacher in the world! My teacher, Mrs. Miller should be Teacher of the Month for a 1,000,000 reasons, but here are a few. Before we start a new unit, if we do something that we might not understand she says to rate it from 1 to 5, that is the first reason. Second, we have group points. What it is there are different groups of where we sit. So, if we do something good, our group gets a point. Whichever group gets the most points at the end of the day gets a piece of candy. She always comes up with fun ways to motivate us. Those are the reasons my teacher should be Teacher of the Month.

Kids, send your name, address and telephone number, along with a 100-word summary of why your teacher should be honored as the Chick-Fil-A/Heat & Cool LLC/Hendricks County Icon Teacher of the Month, to teacher@myicon.info. The deadline for nominations for the April 2016 Teacher of the Month is March 18. Your teacher will receive special recognition plus your class will win a lunch party compliments of Chick-fil-A (Avon/Plainfield). Please take time to nominate a deserving teacher from Hendricks County.

Chick-fil-A (Avon/Plainfield)
is the official ICON
Teacher of the Month
Lunch Party supplier

At right, photos of students in
Ms. Miller's 4th grade class at
Cardinal Elementary enjoying a party
provided by Chick-Fil-A!



HENDRICKS COUNTY
ICON


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HC ICON News Quiz

How well do you know your Hendricks County community?
Test your current event knowledge each week with a little Q&A!

1. What brand will the new full-service hotel and convention center carry?

- A. The Midwest Paris Hilton
- B. Embassy Suites
- C. No Tell Hotel
- D. Marriott

2. What Hendricks County town is contemplating the jump to city status?

- A. Avon
- B. Danville
- C. Coatesville
- D. Brownsburg

3. Cinda Kelley-Hutchings has resigned as the Executive Director of the Hendricks County Economic Development Partnership. Who is the interim director?

- A. Ralph Kramden
- B. Sue Ellsperman
- C. Jeff Pipkin
- D. Rob Kendall

4. There is a primary election coming May 3, In Hendricks County what is the percentage of registered voters who are declaring the Democratic Party?

- A. 42%
- B. 12%
- C. 37%
- D. Wait, there are Democrats that live and vote in Hendricks County?

5. "Dancing with the Hendricks County Stars" is 5:30 p.m. April 23 at Serendipity Event Center at the Shops at Perry Crossing in Plainfield. It will feature some of the most well-known people in the county competing to raise money for what group?

- A. Shriners
- B. Hendricks County Historical Museum
- C. Hendricks County Community Foundation
- D. Arthur Murray

6. What was the word of the year for 2015?

- A. Emoji
- B. Grunties
- C. Impacted
- D. Bieber-lievers

7. Washington Township Park is named for who?

- A. George Washington
- B. Harold Washington
- C. Denzel Washington
- D. Washington Township

8. The Ronald Reagan Parkway is eventually going to connect what major roadways?

- A. I-70 and I-74
- B. I-70 and I-65
- C. I-74 and State Road 37
- D. State Road 40 and State Road 136.

9. Last year was the inaugural Avon Balloon Glow with a bevy of hot air balloons lit up against the night sky. This year it will be paired with another event. What event will it be paired with?

- A. Hendricks County Rib Fest
- B. Avon Heritage Festival
- C. Masquerade Mayhem
- D. Fourth of July festivities



Compiled by Gus Percy

Answers on Page 20

CONGRATULATIONS

Rick Myers,
on winning the
Leadership
Hendricks County's
2015 Suzanne
Whicker
Service Award!

As this is an honor
given to someone
who has gone
above and beyond
in service to
the community,
we can't think of
anyone more deserving.



We're all proud
of you, Rick!

Your friends and colleagues at
Times-Leader Publications



John, Jamestown

Gloria, Danville





— *Rewrite* —

YOUR FAMILY HISTORY

John and Gloria grew up in a loud but loving home, surrounded by a close-knit family. After losing their dad at an early age to heart disease, they didn't want history to repeat itself. They both took action to stop heart disease from impacting the next generation of their family. Now these fun and feisty siblings are feeling healthy and strong, and ready to be here for their kids and grandkids. Visit HENDRICKS.ORG/SCAN or call **(317) 718-8500** to schedule a heart scan.

Boots & Bling raises \$154,000 for Sheltering Wings

Sheltering Wings held its premier fundraiser, Boots and Bling, on Feb. 13 at Duke Energy Event Center, Plainfield. The dinner/silent auction featured a conversation with WFMS 95.5 radio morning show personalities Jim, Deb and Kevin. Sheltering Wings Executive Director Cassie Martin reported that the event raised \$154,000. "I'm overwhelmed with gratitude for our community," she said.

Photos by Dave Gansert



John & Lisa Schmitz



Carrie Zupancic, Kevin Freeman, Deb Honeycutt



Dan Bond, Aaron Curtis, Chas Lapierre



Sue Bogan, Rhett Stuard, Tammi Stuard



Kyle & Lesley Rhoden, Anna Molitor



Alyso Lurker, John Lurker, Jackie Bradford



Casey Sadler, Jack Sadler, Karie & Brett Clark



Beth & Jeff Clark, Donna Kovey



Sheila & Tom Taulman, Macie Tindall



Holly Porter, Krista & Scott Mingus

dancing with the hendricks county stars

Saturday, April 23

Serendipity in Duke Center at Perry Crossing

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\$50 each

Hendricks County Historical Museum fundraiser



Renee's List

Five books that have had an influence on your life:

- *Atlas Shrugged* by Ayn Rand
- *Oh, The Places You'll Go* by Dr. Seuss
- *The Theory of Human Motivation* by Abraham Maslow
- *Life's Little Instruction Book* by H. Jackson Brown Jr.
- *The Wolf in the Parlor* by Jon Franklin

How Renee did it?

The best advice I ever received: From my dad, "You can do whatever you want in life, but remember you have to start with a solid foundation and just take it one day at a time."

The best business decision I ever made: Was to take the promotion that brought me to Indiana.

The worst advice I ever received: I can't think of bad advice I have received. I will say I don't like to take advice from people who don't believe in the ability of others.

In five years I would like... To see Misty Eyes be fully operational. At that point I plan to put one of my other business plans in place. One of those plans is to open Maddie's, a restaurant chain that I plan to build and one day possibly franchise.

My secret to success: Love what you do.

Misty Eyes Animal Center

640 E. Main St.
Brownsburg, IN 46112
(317) 858-8022 • Mistyeyes.org

EXTRA BUSINESS LEADER
HENDRICKS COUNTY

As originally appeared in the February 2016 issue of Hendricks County Business Leader.

The 'Eyes' have it

Renee Harlor's business savvy has helped Misty Eyes' growth in Hendricks County

By Gus Pearcy

They named him Adam because he was first. A German shepherd mix pup who was tied to a tree and left behind by his owners when they moved. A part-time Putnam County Sheriff's deputy was told to let him go or shoot the animal. The deputy took a third route and called Cherie Fox because of the new organization she just started.

Fox and Renee Harlor had just co-founded Misty Eyes, a nonprofit that has been the catalyst for change in Hendricks County when it comes to animal control.

"I believe that 98 percent of the animals that are euthanized across our country today are adoptable," Fox said. "They are animals that can go through rehabilitation and, through no fault of their own, find themselves as homeless pets."

Fox has been a champion of this idea for several years. She says that she looks for reasons to adopt to families looking for a pet. She had a career as a veterinarian technician and has volunteered to rescue animals after Hurricane Katrina in New Orleans and then spent a year away from her own family to work in a shelter in Mississippi.

Harlor grew up in Second Chance, New York (not kidding). She, like Fox, spent her childhood trying to give a home to every stray they found. When she was transferred to Indiana, she brought an adopted pup named Misty. Bonding through the trek to Hoosierland, Harlor saw a distinct change in Misty's eyes.

"I watched her go from a sad dog to a happy dog," Harlor recounted. "All of (the animals) come in with a story in their eyes. And when they leave, we hope, if we've done it the right way, they end up with smiling eyes or happy eyes."

Discouraged when she couldn't volun-



Renee Harlor
Photo by Rick Myers

teer for the Hendricks County Animal Shelter, Harlor joined the Hendricks County Humane Society as a volunteer and board member. But the Humane Society didn't house animals either.

A business major in college, Harlor spends lots of time putting together business plans. Of course, she had a plan for a nonprofit shelter.

Two years after they met, Harlor approached Fox with a proposition to start a no-kill shelter with the hopes of reducing the euthanasia rates in Hendricks County which, at the time, were more than 75

percent.

"It's been pretty much nonstop since that October day in 2011," Harlor said. "I run Misty Eyes very much like a business. It's important to me to follow all the procedures that any business would follow."

Passionate, yes, but Harlor never allows the passion to overtake the good sense necessary to keep it solvent. If budget overruns are foreseen, the organization holds another fundraiser.

Fox oversees the animals, Harlor oversees the administration.

Misty Eyes and Harlor take much of the credit for reducing Hendricks County's euthanasia rate to 7 percent as of last year. The group regularly pulls animals from animal control, pays for any medical needs, rehabilitate, create adoption information and keep them in their care until they are adopted.

Misty Eyes keeps dogs and cats in a small facility on Main Street in Brownsburg, but they recently purchased, with cash, a parcel of land in Avon that is to be renovated into

a much larger shelter on South Dan Jones Road. They also have a network of foster families that houses animals available for adoption.

Last year, Misty Eyes boasted 286 adoptions. Over the four years, they have saved more than 700 animals. But Harlor says the need is much greater than you can imagine.

"For every animal we save, we turn away approximately three," Harlor said. "And it's not because of money; it's because of space."

Harlor works in operations for a hotel chain. Misty Eyes is all volunteer. She works on Misty Eyes on nights and weekends, even some vacation days. Her employer is very flexible. Her goals are to help other counties start their own version of Misty Eyes with her and Cherie consulting and eventually educating humans about showing kindness to all living animals.

Bea Tate, Misty Eyes director of finance and Cherie Fox's mom, says the co-founders work beautifully together.

"Renee's our little pie-in-the-sky, with a vision to see it all get done," Tate said, "and Cherie's the practical let's-get-it-done, we have to do this and this and this. Renee is very good at organizing our events and Cherie focuses on what's got to be done to take care of the animals."

Harlor said she suffered heartache over any animal abuse cases, but now she can deal with it because she is doing something to help.

"We're in the business of saving animals," Harlor said, "but nonetheless, a business."



One of the first-ever fundraising events for Misty Eyes was selling baked goods in front of Speck's Pet Supplies. On the left is co-founder Cherie Fox, Misty Eyes Director of Finance Bea Tate, and co-founder Renee Harlor. Submitted Photos

BUSINESS LEADER

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MONEY MATTERS

A boring portfolio?

By Jeff Binkley

A few days into 2016 and the market seems to be doing just about what it did last year: cause a lot of emotional grief while providing very little total return. If the market isn't going to get boring, maybe it's time we do. Cash is safe and boring, but until interest rates come back, it remains a crap shoot whether returns on cash will beat even our currently low rate of inflation.

The consumer staples sector is composed of companies — Procter & Gamble, Coca-Cola, Kroger, CVS, Colgate Palmolive, and the like— whose primary lines of business are food, beverages, tobacco and other household items. In other words, pretty boring stuff. Yet that boring stuff's performance beat or tied nine out of 10 other investment sectors in 2015, including beating the overall total return of the S&P 500 by almost 500 percent. (Total return includes dividends. 2015 total return of XLP was 6.6 percent vs SPX total return of 1.38 percent. Research is from Morningstar.com and us.spindices.com as of 1/5/2016).

But Bink, that's so boring! I want to buy sexy, exciting companies that deliver high-tech gadgetry by drone. Okay, I'll agree that

those companies are indeed sexy. But if this "recovery" stalls further and our pocket-books get tight, are the masses still going to be willing to pay the extra premium price for that sexiness? Or are they gonna just run down to the corner drugstore or big box or grocer and buy the stuff that they really need?

I know that some of you loyal dear readers believe I have tempered my optimism these last few months. To be frank, nothing could be further from the truth. I still know in my heart of hearts that America's greatest successes (and American capitalism's greatest successes) are ahead. But I also know in my heart of hearts that trees don't grow to the sky. Maybe diversifying into some evergreen shrubbery makes sense in case a storm comes along and batters and breaks the lofty pines soaring above.



Jeff Binkley is the Founder and Managing Director of Binkley Wealth Management Group. He can be reached at Jeff@thebinkleygroup.com or (317) 697-1618.

BIZ BRIEFS

SBL adds Isenhower to lending team

Mike Baker, president and CEO of State Bank of Lizton, announced last month that Rick Isenhower has joined the State Bank of Lizton as vice president and ag commercial lender. Isenhower joins the bank from Bane-Welker Equipment, LLC where he served as GM/ Finance & Insurance/Sales Group. He has 21 years of banking experience, which includes 17 years with Wells Fargo. Isenhower's office will be located at 2436 N. Lebanon St., Lebanon.



Clark, Holden and Myers receive LHC honors at annual meeting

Hendricks County Sheriff Brett Clark was awarded Leadership Hendricks County's Leader of the Year award during its annual meeting Jan. 21. at the Hendricks County 4-H Fairgrounds & Conference Complex, Danville.

Clark is entering his second year as the county's sheriff. Rick Myers, publisher of the Hendricks County Business Leader and Hendricks County ICON, was the recipient of the Suzanne Whicker Distinguished Service Award, while Autumn Holden, a senior at Cascade High School, was awarded Youth Leader of the Year honors.



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It's all about the glass

WINE & DINE

By Charles R. Thomas, M.D.

Containers from which to drink wine and other beverages are not new. In fact, in The National Archeological Museum of Athens, in Greece, there is an earthen (clay) cup that was used to drink wine that has been carbonated to 6,000 years B.C.

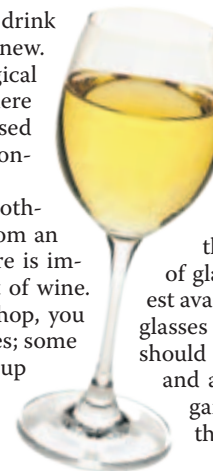
Perhaps a few of us have a brother-in-law who drinks his wine from an old green bean can, but glassware is important to the overall enjoyment of wine. If you visit a winery or a wine shop, you will likely notice all sorts of glasses; some are small and ordinary and range up to large glasses holding an entire bottle of wine, and then on to various decorated glasses made from pottery, various metals, plastic, and so on. In combating the intimidation of all those choices, my best advice for a glass should satisfy three concerns: that it is water tight, that it is transparent so that the true color of the wine can be appreciated, and that it is large enough to accommodate a reasonable amount of wine.

In order to avoid unnecessary drowning,

the glass should be filled to less than half-full. The larger the glass, the more aromas and bouquets are able to rise up from the wine so that they can be appreciated.

The anatomy of a modern wine glass is still fairly simply; a bowl, a stem, and a foot. The glass made from blown glass and the finest glasses are completely blown as one piece. There will be a noticeable joint near the bowl if the glass was made from two pieces of glass. The glass is of necessity the finest available, consistent with price. The best glasses are made of fine crystal. The stem should be as long and elegant as is practical and appropriate. The foot should be elegant, and nearly as wide in diameter as the bowl for stability.

Cheers!



Charles R. Thomas, M.D. owns Chateau Thomas Winery with locations in Plainfield, Fishers, Bloomington and Nashville. Contact him at charlest@chateauthomas.com.

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HC ICON Quiz

Answers from page 13:

- | | | |
|------|------|------|
| 1. B | 2. D | 3. C |
| 4. A | 5. B | 6. A |
| 7. D | 8. B | 9. A |

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Hendricks County's



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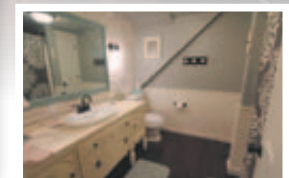
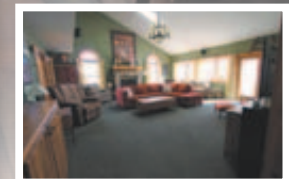


March Featured Property: Shepherd's Historic Home

On the Northwest corner of Hendricks County, sits a home built sometime in the 1870's on a 1 acre piece of land surrounded with mature trees and a peaceful view. The home is occupied by Mike and Rissa Shepherd. In 1995, The Shepherd family moved into a 1550 square foot home at 10253 E County Road 950 N in Brownsburg, IN. The big addition began in 2001 and the goal was simple...preserve the history, charm, and quality of the home while adding an additional 1000 square feet of living space. "What is unique about our home is that it's a labor of love for 20 years. We didn't want to interrupt the integrity of the home or its charm. Each room has its own use and personality," said Rissa. During the renovation a letter was found in the wall dated December 9, 1877. Written in pencil were the verses of the song, "The Little Brown Jug." While digging out the original part of the home to install a crawlspace for HVAC, the Shepherds found the main beam. A log almost in its original form with the bark still on each side still remains today. This room is now the dining room. The floors came from a 100 year old 3 story barn in Rockville, IN. Mike is

an excellent craftsman. He planed and did the tongue-and-grooving of all the boards of varying lengths and widths. The room features a large fireplace with built-ins on each side. Lunch on the porch has become quite the social gathering at the Shepherd home in the summertime. It features a 10x25 ft solid wood floor, a metal roof to enjoy the summer rain, and a light blue ceiling inspired by southern porches specifically in Savannah, Georgia. The separate shed is not typical in any fashion. Rissa and her father added a brick floor in the late 90's which was then transformed in 2014. She added a potting bench, whimsical lights, and other creative details. It is a magical place where tea parties with children and personal solitude take place. It features 2 windows, shutters and a window box. An additional feature of this home is that it is only 20 minutes from downtown and close to I465 and I65. Providing beauty, serenity, and convenience, this home will be going on the market this spring!

If you have any interest, please contact Cathy Sturm for more information at (317) 402-7177.



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Brown Township Market Analysis for 8/21/15-2/18/16 – Price Bands

Starting/Ending Price	\$0-\$100,000	\$100k-200k	\$201k-300k	\$301k-400k	\$401k-500k	\$501k-600k	\$601k-700k	\$701k-800k
Number of Active Listings	0	8	11	10	3	1	1	1
Number Closed	2	38	21	12	10	1	0	0
Number Pending	0	6	8	3	0	0	0	0
Number Expired	1	5	10	9	5	1	2	2
Average Days on the Market	105	52	76	139	61	98	0	0
Average List Price	83,900	151,719	254,547	363,642	446,788	599,900	0	0
Average Sale Price	76,540	146,562	248,879	351,879	441,058	560,000	0	0

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Our March Speaker: Joy Dietz



Joy Dietz

Joy Dietz has been with the Krannert School of Management since 1999. Since 2013, she has served as Director of Krannert's new Women in Management Program. Her prior Krannert roles include Director of the Leadership Communication Center from 2011-2013, Director of the Full-time Master's programs (MBA, MSHRM, MSIA, and MSF) from 2009-2011 and Director of Student Services in the Master's programs from 1999-2009. In all, Joy has worked in higher education for 20 years in positions that have included administration, admissions, recruiting, student services, advising, and student development. She is an enthusiastic supporter of students as they strive to reach their goals for success. Women's issues have been central to Joy's educational and career interests. She received her B.A. in Speech Communication from The Pennsylvania State University and her M.A. in Communication from Purdue University. Her undergraduate research focused on women's breast cancer treatment decisions, and her graduate research focused on how the MBA socialization process impacts women students. She is a member of Krannert's Diversity and Inclusion Committee. **Education:** B.A., Speech Communication, The Pennsylvania State University Honors Thesis: *Influences of informal information and social support on the breast cancer treatment decision*. M.A., Organizational Communication, Purdue University Thesis: *Investiture vs. Divestiture in MBA Socialization: Toward understanding its impact on women*.

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Gender-neutral 'they' comes into its own

GRAMMAR GUY

By Jordan Fischer

If you caught my last column, you will recall my bemusement – and horror – at an emoji being chosen "Word of the Year" by Oxford Dictionaries. Fortunately, the American Dialect Society provided us with a much better choice: singular, gender-neutral "they."

This is a great choice for a host of reasons, but primarily because it recognizes the natural evolution of the word. This is how people talk. You want to use "they" as a singular, gender-neutral pronoun – and most of you probably do already. It saves us as speakers and writers from awkward "he/she" constructions. It also has the benefit, as the American Dialect Society notes, of respecting folks who make the conscious choice of "rejecting the traditional gender binary of he and she."

I'll let the American Dialect Society explain further:

"The use of singular 'they' builds on centuries of usage, appearing in the work of writers such as Chaucer, Shakespeare, and Jane Austen. In 2015, singular 'they' was embraced by the Washington Post style guide. Bill Walsh, copy editor for the Post, described it as 'the only sensible solution to English's lack of a gender-neutral third-person singular personal pronoun.'"

As a grammar enthusiast – and someone who writes upward of a dozen news articles a day where the gender of a subject isn't always known – I think it's great. And, you know, at least it's not an emoji.



Jordan Fischer is a contributing columnist for The Hendricks County ICON. To ask Jordan a grammar question, write him at rjfische@gmail.com.

A glimpse of spring

INDOORS/OUT

By Pat Donovan

This is a gloomy year: no sunshine and mighty cold! I am day dreaming of spring and beautiful flowers. I am also contemplating what to do on my patio and how I want to design the entrance to my home. I think I have spring fever!

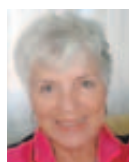
With spring just around the corner it would be a good idea to start your planning now. It will get you out of the "winter blues" and get you excited about your plan. Thinking of the patio, you might want to make a list of to do's. For example: Power wash the walkways and decks, add new mulch to the planting areas, clean and re-stain your wooden deck, and consider what plants did not do well and replace them.

Ok, now we are getting into this spring thing. I feel better already. So, what colors do you want to use for your plants? Think outside the box and be creative! Look at a color wheel and see what colors complement each other. Since spring is on the way, stop in the garden centers at local stores to check out what they have. Some of your pots may have broken or not done well through the cold winter. Replace them with larger pots and fill them with a variety of flowers. You can also spray paint them with fun colors to change up your color scheme in an economical way.



I don't know about you, but I am feeling better already. Sounds like a great idea to start my own outside planning too!

Submitted Photo



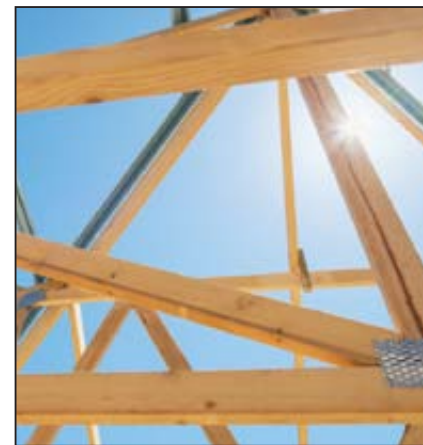
Pat Donovan is an ASID designer and is registered with the state of Indiana. She is the owner of Pat Donovan Interiors and can be reached at pat@donovansinteriors.com.

TsT Home Improvement Services Tip of the Month

By Tom S. Truesdale

Think Spring!

The winter season is almost over... I hope! Spring is right around the corner! The upcoming warm months are busy times for everyone, so if you have a home improvement project in mind or one that is needed, planning ahead is to the homeowners advantage. This month I have simply listed some general projects that are ideal for the spring and summer season. Also, I have included some planning and organizing tips as you plan your next project.



Ideal exterior, spring and summer projects:

- Gutters Replacement: Check gutters that may have been damaged by winter ice accumulation.
- Siding Repair and Replacement: Check for detached siding and rotted areas. Before painting existing siding, determine if it needs to be replaced.
- Painting: Exterior painting is a seasonal activity. If your home is in need of painting, do not wait till the end of the summer to begin getting bids.
- Window Replacement: If during the winter season you noticed icing, condensation or cold drafts around any windows, repair or replacement is most likely necessary.
- Deck Repairs, Staining and Sealing
- Deck/Patio/Paver Construction
- Roofing Replacement
- Sidewalk and Driveway Repairs and Replacement
- Attached or Detached Building Additions

The projects I have listed can range from simple to complex, therefore it is to the homeowners advantage to start the planning process as early in the spring as possible. Selecting products and a contractor can take time. Visiting local home shows is also a smart investment of your time, this type of trade show is a great way for a homeowner to research products and meet local contractors.

Spring will be here soon, my advice this month is to begin planning that spring or summer project before it is to late. As always consult with a local qualified Construction Professional before starting your project. Have a great spring season and I hope this month's tips are helpful, please do not hesitate to call if you have any questions. TsT

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The Real key to success

LIFE CHOICES

By Karl Zimmer

Success means different things to different people, so let's allow our working definition of success to be "The attainment of ones goal or goals."

For some, success is having money, for others it is being happy, having a loving relationship and family, and for still others it is having the freedom to travel and to enjoy life. Surely we can all agree that we each have our own definition and measure of success, and that we each strive to be successful, however we define it. What we may not have thought about, however, is that regardless of whose definition we use, there is a common thread that binds us all to our attaining success. We each have reached our level of and definition of success along a path, and along that path, we stumbled.

Growing up with a critical and judgmental father, I knew all too well that failure was not tolerated. Mistakes or even falling short of his expectations were not acceptable and were swiftly met with harsh words in a booming voice. It didn't take me long to learn that the best way to survive the criticism was to keep my mouth shut and even best to not be seen.

My escapes were playing outside with friends and going to school.

I do know my father had the best of intentions. I also know that even though his intentions were good, his methods were not. As I studied and learned about achievement and the mind, I also learned that the most successful people attained that success through having made many mistakes along the way. They failed, and it was through their failures that they learned how best to succeed. Failure teaches us what does not work. As long as we learn from those failures and apply that learning to our journey, we can become successful. The only ones who never fail are those who never achieve. So go out and fail, and stumble, and then get up and take one step and then another step closer to your definition of success. You will succeed! How cool is that?



Karl R. Zimmer III is a clinical hypnotist, licensed and certified by State of Indiana. Information provided is for informational purposes only and not intended to diagnose, treat, or cure any condition or illness.

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Hendricks County ICON's Greatest Generation

Christine Ardelean, 89



- Christine Ardelean grew up near Chicago in Roseland. She attended an all-girls Catholic school. One of her fondest memories was roller skating back and forth to school with her friends, especially her friend Marty.
- "We had an hour and a half for lunch and we didn't have any kind of cafeteria or anything," Ardelean said. "So we roller skated back and forth, about five or six of us would skate up and down the narrow streets."
- She had two sisters and a brother. Her father was a carpenter who would fix the street cars for the Chicago Surface Lines consortium. Her mother was a stay-at-home mom and passed away when Ardelean was only 12. Marty was a neighbor whose family would help take care of Ardelean. The two became as close as friends could become.
- She remembers The attack on Pearl Harbor. She was a sophomore and classes were suspended while the administration brought in portable radios for the class to hear what was happening in Hawaii.
- After high school, Ardelean went into the U.S. Navy to hand-draw weather maps for the military based off information from weather balloons. This is where she met her husband Oral Ardelean whom everyone called Al.
- One night, she was cooking dinner for her and Al to commemorate their one month wedding anniversary when there came a knock at the door. It was a telegram from her sister telling her that Marty had been killed in a street car accident with an oil truck.
- "I got to thinking, many times I'd meet her on the trolley when we were going home," Ardelean recalled. "We'd to get off work at about the same time. I could've very well been on that trolley too."

NOMINATE someone in Hendricks County that we should recognize as a "Greatest Generation ICON" • email: news@myICON.info

A healthy eating pattern?

WELLNESS

By **Christina Summers**

Much like the streets we drive each day and the stores we choose, our food choices also form a pattern. The latest FDA guidelines suggest Americans follow a healthy food pattern, or combination of foods and drinks you eat over time.

"The new guidelines are designed to encourage people to get more nutrients than calories out of their food," says Ty Lohmani, registered dietician at Indiana University Health West Hospital.

Building a food foundation for life

Healthy eating patterns are built on a foundation of nutritious foods like vegetables, fruits, grains, low-fat dairy, lean meats and other protein foods and oils. A healthy pattern limits things, such as saturated fats, trans fats, added sugars and sodium. These patterns are adaptable to fit your personal tastes, traditions, culture and budget.

Skip the sugar

One item the latest guidelines suggest limiting in your healthy food pattern is added sugar. These are sugars and syrups added

to foods or drinks when they're processed, which don't occur naturally. Typical examples of added sugars in American foods are cakes, soft drinks, ice cream and donuts. The guidelines suggest less than 10 percent of your daily calories should come from added sugars.

"A woman who consumes 1,500 calories a day would limit her added sugar intake to 150 calories, or about 8 to 9 teaspoons of sugar, equivalent to a can of soda," explains Lohmani.

Pattern your eating

Federal guidelines suggest adopting healthy eating patterns that include a rainbow of colorful whole fruits and vegetables.

The latest federal guidelines will affect most Americans, regardless of whether they implement the suggestions. Food policies, school nutrition and food labeling are all based on these recommendations. For more health and wellness information, like us on Facebook or follow us on Twitter at @IUHealthWest.



Chris Summers is the Regional Public Relations & Digital Engagement Coordinator for the IU Health Suburban Indianapolis Region serving IU Health North, Saxony, Tipton & West hospitals. She can be reached by email at: csummers1@iuhealth.org.

New dietary guidelines

DIETARY

By **Martha Rardin**

Every five years, the federal government issues dietary guidelines meant to influence public health education and federal food assistance programs. The dietary guidelines are jointly issued by the Health and Human Services and Department of Agriculture Secretaries.

The latest guidelines recommend we eat more fruits and vegetables, include dairy in our diets, reduce sugar and sodium, eat fewer processed foods and limit meats and saturated fats. Here are a few highlights worthy of your consideration.

° Decrease the amount of added sugar to no more than 10 percent of calories. You can achieve this goal by not drinking sugar-sweetened beverages (soda and iced tea) and eating fewer desserts.

° A specific recommendation was made for teenage boys and men to reduce the intake of protein (eggs, meat, and chicken) and increase the intake of vegetables.

° The latest guidelines removed a specific limit on cholesterol intake. We still recommend you limit the use of cholesterol but current scientific evidence no longer sup-

ports the limit of cholesterol to no more than 300 mg/day.

° Sodium recommendations were continued with the guidelines and the recommendation of sodium be limited to 2300 milligrams was continued.

° The new guidelines continue the recommendation to limit saturated fat consumption to less than 10% of daily calories.

Following a healthy eating pattern across your lifespan is the best and cheapest way to obtain and maintain your health. All foods and beverages matter. By carefully following a healthy lifestyle that includes daily physical activity as well as healthy food choices, you can achieve and maintain a healthy body weight, support your body with the nutrients it needs, and reduce your risk of chronic disease.

Call (317) 745-3768 or visit hendricks.org/nutrition to learn more about nutrition counseling at Hendricks Regional Health.



Martha Rardin, MSM, RDN, CD, FAND, is Director of Nutrition and Dietetics for Hendricks Regional Health.

Time to be 'dauntless'

MOM'S the WORD

By **Alyssa Johnson**

I like to choose one word to be my focus and anchor each year. This year I chose "dauntless." I used to struggle a lot with the fear of rejection, perfectionism and self-doubt. I knew this year it needed to come to an end.

Dauntless means not to be intimidated, bold, resolutely fearless. Those sound exciting, but how do you go from fear to dauntless?

Be clear on what you want to achieve, and why! Setting goals is great, but unless you've got a strong reason behind them, fear easily takes over. Often, we fail to achieve goals because they weren't important enough for us to be willing to push through the fear associated with that change.

Ask yourself how badly you want to achieve your goal. Reaching for any goal means stepping outside your comfort zone. The minute we do that, fear likes to try to creep in to lie to us about being "safe." But if we play it safe, we'll never move forward!

Once you're clear on why something is important to you, you begin to clearly see fear for what it is. An attempt to derail you

from the direction you want to take. Fear is not some random thing. It has its own agenda and you have to be determined to recognize that.

As you step forward in fear, recognize fear's attempts to derail you. These will be little thoughts such as "That's dumb," or "What if...I mess up, they think I'm stupid, they don't respond, I get rejected?"

And finally, watch for body sensations associated with fear. What are yours? For example mine are feeling shaky, tightness of chest, and my hands going cold.

Your Vibrantly Live Challenge:

What's been calling you for years, but you've avoided out of fear? That's part of your purpose! Use the three steps identified and take a small step forward today.



Alyssa Johnson is a counselor and coach exclusively for women. Learn how she can help you live the life you were created for by visiting online at: VibrantlyLive.com or by calling (317) 520-1476.



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Moved by faith

St. Malachy Catholic Church welcomes change which helped to motivate the Gutzweiler family's move to Brownsburg

WHERE WE WORSHIP

The Gutzweiler family, Steve, Stephanie, Mac, Alex, Grayson and Maria moved to Brownsburg in 2002. After several moves with Steve's employment, they landed in Brownsburg because of St. Malachy Catholic Church and the close proximity to Steve's employment. Stephanie volunteered to co-chair Vacation Bible School in 2002 before they were officially Brownsburg residents.

Fast forward to 2016, many changes are evident in both their home and their church. Changes at home, one child is preparing to move out on his own, one is preparing for college, and the younger two will soon be in high school. Stephanie is a staff member at St. Malachy Catholic Church and Steve is active in many fundraisers at church. Changes at church, the physical location has changed. In 2008, the parishioners dedicated a new church building and in 2014, the same parish family blessed a new school building. Change is a constant, but so is the welcoming and friendly environment at St. Malachy Catholic Church.

What is it about your place of worship that helps you grow spiritually?

At St. Malachy, there is a lot happening.



"A Walk to the Cross"

An interactive evening of worship focused on Christ's journey to the cross.

Weds., March 23 • 6:30 p.m.
Fellowship Center (Door #3)

"The Great Awakening"

Easter Service Message

6 Services: 800 Dan Jones Road
8 a.m. • 9:30 a.m. • 11 a.m. (Sanctuary)
8 a.m. • 9:30 a.m. • 11 a.m. (Fellowship Center)

1 Service: 709 Stafford Road
10 a.m. (Reunion Campus)

PLAINFIELD
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www.plainfieldchristian.com
(317) 839-2384

But the main source of our spirituality is the Eucharist that we celebrate each Sunday. It is the center of our faith. Interestingly, the center of our faith definitely helps to keep our entire family centered. In addition to the Eucharist, there is a wonderful sense of camaraderie at St. Malachy. Whether we are gathering collections for the local food pantry or sending teams of volunteers to the Cathedral Soup kitchen each Friday, the spirit of St. Malachy Catholic Church is warm and volunteer oriented.

What is it about your place of worship that helps you to feel connected to your spouse, children, parents or other family?

With almost four teenagers in our family, the week is pretty fast paced and harried. Our church serves to slow us down and gathers us – if only for an hour each week. This makes us connected. We also come together, our immediate family and our church family, to produce some wonderful community events. One of these events, St. Malachy's Country Fair is St. Malachy's biggest fundraiser. This event definitely brings us together. Our family works together and the church works together. This past year, all of the volunteers celebrated Mass at 11:30 p.m. wrapping up almost a week of intense work, preparation, and finally celebration. During that Mass for about a half hour, all of us felt connected in hard work, exhaustion, and faith.

What is one meaningful event that has taken place at your place of worship?

Many events come to mind when we ponder our years at St. Malachy Catholic Church. The sacraments celebrated that have brought us closer to Jesus Christ. The most meaningful event, though, would have to be the baptism of our youngest daughter, Maria. She struggled at the beginning of her life and had to stay in the hospital for a period of time. When she was back home and healthy, we celebrated her baptism with the entire parish family as well as much of our extended family. It was a beautiful celebration!

AROUND TOWN

'God and Government' series at Cornerstone

Cornerstone Christian Church, 8930 N. SR 267, Brownsburg, will be hosting a series of speakers on the subject of "God and Government" on March 16, 23, 30 and April 3. All programs begin at 6:30 p.m. Open to the public child care is available for children 4 years of age and younger. Call one day in advance for child care. For more information go to Cornerstonerock.org or all (317) 852-2411.

Why would you recommend your place of worship to someone?

I would recommend St. Malachy Catholic Church to anyone. We are welcoming. Because of our large parish family, there is something truly for everyone. Our focus is on the Eucharist, the Bible, and spirituality. In addition to these things, we have a school ministry, a religious education ministry, youth ministry programs, adult faith programs, athletic programs, etc.... We encourage anyone to celebrate Mass with us – Saturdays at 5:30 p.m. or Sundays at 8 a.m., 10 a.m., 12 noon.

The Gutzweiler family:
Steve, Stephanie, Mac,
Alex, Grayson and Maria. Submitted Photo



St. Malachy Catholic Church

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Brownsburg, IN 46112
Ph: (317) 852-3195
stmalachy.org

Compiled by Rick Myers

Being both heavenly minded and earthly good

DEVOTION

By Michael LeFebvre

"He has caused us to be born again ... to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you." (1 Peter 1:3-4, ESV)

When I was a child, I attended a Christian school in northeast Ohio. The principal had a poster on his wall that I can still "see" in my mind's eye.

It featured cartoon drawings of people in a line. One of them had a Bible under his arm and a very long neck. In fact, his neck was so long that his head stuck through the clouds. The caption read: "So heavenly minded, he's no earthly good."

That poster's sentiment has remained with me. Jesus has called his people to be "salt and light," ministering heaven's love to needs around us. It simply will not do for Christians to say they love God and fail to be any earthly good. But I sometimes wonder if, a generation later, the pendulum has swung the other direction. Are some of us today so determined to bring the Bible to bear on the present world that we forget that our first

love is for the kingdom of heaven? Are we so earnest to make the earth good that we are no longer heaven-minded enough?

A heaven-minded Christian keeps his or her heart invested in Jesus' kingdom. I am not suggesting Christians should reduce their "earthly good." On the contrary, the more heaven-minded we are, the greater the earthly good we will do! However, our hearts must never confuse zeal for "fixing things" here with our hope in heaven.

As wonderful as our present country is, it is futile to imagine it will ever be anything like the kingdom Jesus is preparing! We ought to pursue society's good, but with hearts longing for heaven (not supposing to build heaven ourselves). Jesus commands us to be "salt and light" here, but he also instructs us to keep our hearts fixed, first and foremost, on his kingdom.



Michael LeFebvre is the pastor of Christ Church Reformed Presbyterian (online: ccrp.church), holds a Ph.D. in biblical studies, and has authored several books.

Jerry Vornholt

Jerry Vornholt was born in Indianapolis but grew up in Dover, Delaware and moved back to Indiana when he was 25. Jerry has been married to his wife, Ginny since 1992. They have three children. Jerry began his real estate career in 1992 selling homes for Graves Realtors; he has been an independent broker since 1996. He currently serves on the boards of the Hendricks Civic Theatre, Hendricks County Arts Council and The Children's Ballet - he has also been involved with the Hendricks Symphonic Society. He moved to Danville in 2008 and says he loves living in a small community. Here we learn more about our March ICON of the month, Jerry Vornholt:

What do you consider your greatest virtue?

Working with people. I like people and I like helping them if I can.

What do you most deplore in others?

Intolerance bothers me more than anything.

What do you like most about living in Hendricks County?

The growth. Over 75,000 people have moved into our County since the late 1990s. Yes, there's been a strain on the schools and infrastructure, but the growth has brought thousands of great families here and that creates countless exciting opportunities. And we are still the 2nd fastest growing county in the state.

If you had to live elsewhere than in Hendricks County, where would it be?

Probably Delaware. I grew up there and miss the ocean and people.

If you could begin life over, what would you change?

I think I would have gotten more involved with the arts at a younger age.

If money were no issue, how would you spend it?

That's easy. I would build a Performing Arts/Community center that would be the home of Hendricks County Arts Council, Hendricks Symphonic Society, The Children's Ballet, and Hendricks Civic Theatre. This would be a center for all the arts and the community to come together.

What makes you happiest?

Family first and foremost. After that, there's a magic that occurs on opening night of an all volunteer theatrical performance that can not be described, only experienced. Watching both first time and seasoned actors taking their curtain bow on opening night makes me very happy. To know that I helped bring that feeling to them is extremely rewarding.

What is your favorite vacation spot?

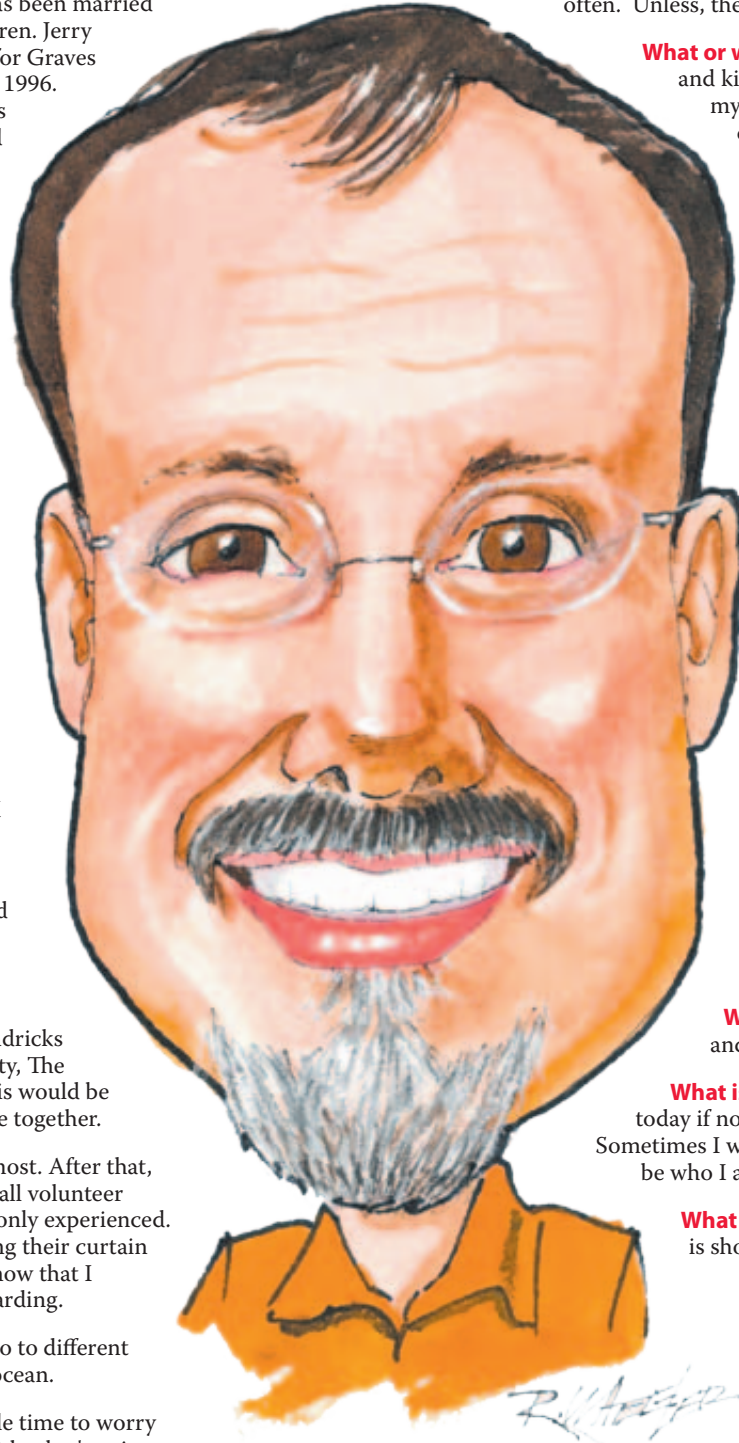
We like to go to different places, but I most enjoy vacations that involve an ocean.

What do you do with idle time?

Not too much idle time to worry about, but I like to visit with family and keep up with what's going on in the world.

What is it that makes you angry?

Angry is a big word. Not many things make me actually angry.



Realtor loves supporting the arts in Hendricks County

What do you do to escape from reality? I like reality, so I don't escape from it too often. Unless, theatre is an escape from reality, then I definitely escape often.

What or who is the greatest love of your life? Of course, my wife and kids are the most important loves of my life, but I also love my career as a commercial real estate broker and the economic development aspect of it and I love the performing arts in a major way.

Which living person in Hendricks County do you most admire? There are many that I admire. We have some great people that live in this county. From a theatre perspective, I most admire those that started Hendricks Civic Theatre more than 30 years ago. Not an easy feat and it is now stronger than ever.

What is the quality you most like in a man? Integrity.

What is the quality you most like in a woman? Integrity.

What is your greatest extravagance? It would have to be theatre/performing arts.

What are your fears, phobias? That no one will come to a show that I'm producing.

What has been the happiest time of your life? There are so many. I like being happy and doing things that make me happy, but mostly it's when I'm helping people achieve their goals.

Which historical figure do you most identify with?

I love reading about explorers that pushed the boundaries of exploration. Magellan, Amundson, Shackleton, Admiral Byrd, Jacques Cousteau. These achievements inspire the heck out of me. These people looked for ways to achieve goals that others said couldn't be done.

Which talent would you most like to possess? Being organized and playing piano. Would love to have both talents.

What do you most value in your friends? Integrity, tolerance and the ability to let go and have fun.

What is your greatest regret? No regrets. I wouldn't be where I am today if not for having all the experiences I've had, both good and bad. Sometimes I wish I had been more outgoing growing up, but then I may not be who I am today and I like who I am.

What tenet do you live by? Enjoy life, enjoy those around you. Life is short, don't be angry or hateful or intolerant.

Compiled by Cathy Myers



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