

HENDRICKS COUNTY

ICON

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FOR THE LOVE OF THE GAME

The game of basketball has given Brownsburg's Jeff Hanni lasting friendships with some of its biggest names as well as an appreciation for the respect that folks from outside Indiana have for Hoosier basketball.

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McKinley Gray, 4, Avon, shows her affection to Noggin'. Noggin' is the sled dog to owner Karen Land - writer, oral historian, public speaker, and three-time participant in the 1,150-mile Iditarod Sled Dog Race across Alaska - who was at the Avon-Washington Township Public Library on March 7 to discuss her participation the race. McKinley is the daughter of Joe and Megan Gray.

Photo by Rick Myers

face to face

Q: How do you feel about the Avon Ave. project?



For the benefit of drivers it will improve the flow of traffic; there is no question about that. Sometimes the train stops at the crossing and just sits there. I'm just glad I don't have to cross it every day coming to work. It's unfortunate that the town has progressed to the point that it is overflowing the area here.

Gary Owens
Heritage Lake



The town has done a good job as far as trying to support local businesses. They make sure the public knows that these businesses here are still open. So I don't have any grips. I think it's going to be a nice project. Sometimes the trains there go very slow which blocks the road. So it's going to be great for people to have better access there.

J.R. Hackleman
Danville



I like that they are building a bridge over the tracks but I'm not a fan of roundabouts. I understand they're good for the flow of traffic, but I feel like they are everywhere now and I get dizzy just thinking about it. But I think the project is a good thing overall.

Trin Brock
Avon

GOP's message must be heard by a new demographic, says new county chairman

POLITICS

By Chris Cornwall

As Hendricks County continues to evolve with an ever growing population, Wes Bennett, the newly elected GOP County Chairman, is laying out a plan to ensure the party's message continues to be heard.

Bennett was elected March 4 following the departure of Michael O'Brien who held the position for eight years.

"I have big shoes to fill," Bennett said "But I think my background and experience has led me to this point where I can step in and hit the ground running."

Bennett recently capped off a 20-year-tenure as precinct chair in Plainfield, and has been a party member since he was 18. In that time, he has watched Hendricks County grow from a primarily rural area of 70,000 to our present population of over 150,000.

"A lot has changed in 40 years," Bennett said. "We're dealing with growing pains, whether it be increasing the size of our roads and schools, or public safety issues like emergency services - these are the nuts and bolts of local government."

In addition to his party experience, Bennett has been Plainfield's Clerk Treasurer

since 2005 and been active in several community-driven organizations. He is currently a member of the Plainfield Optimist Club

"We've had Republican leadership in this county for decades and we are going to continue that as long as we get the message out, and do it properly."

~ Wes Bennett

and once served as its president. Much of his charitable work has gone unnoticed since he does not consider himself, "a self-promoter."

"I don't like to advertise that," he said. "I just feel like I needed to give back to the community and that is how I choose to do it."

Bennett says our community is always in a state of "change," and has steadily become

more urbanized and diverse with the influx of new residents. One of his goals as the new county chair is to connect with more of the demographic, a task he feels Republicans (as a whole) have not done very well.

"We are going to do everything on a broad basis to get our message out, because I feel it's a good one. It's a message of quality schools and a good standard of living," he said. "Hendricks County does a lot of things right. We are a model for other counties. We've had Republican leadership in this county for decades and we are going to continue that as long as we get the message out, and do it properly."

Bennett said the party will use social media platforms like Facebook, Instagram, and Twitter, but he still believes the most effective way to make an impression is through one-on-one interaction.

"If we really want to reach people, I still think it's the old model of face-to-face that works best. I don't mean getting in your face, but building a relationship one person at a time."

"We have to realize we are dealing with different cultures," Bennett added. "I'm not saying we need to change what we believe,

but we need to message it differently - in a more modern fashion, if you will. We have to make sure we understand where they are coming from and they understand where we are coming from."



New GOP County Chairman Wes Bennett.

Photo by Chris Cornwall

Current GOP Leadership

Wes Bennett, Chairman
Anne Engelhardt, Vice Chairwoman
Sherri Haas, Secretary
Steve Blacketer, Treasurer

Don Hodson, Avon Schools District Chair
Caleb Brown, Brownsburg Schools District Chair
Greg Irby, Danville Schools District Chair
Don Allen, Mill Creek Schools District Chair
Eric Wathen, Northwest Hendricks Schools District Chair
Jerry Nadine, Plainfield Schools District Chair

Advisory Leaders (non-voting)
Jodi Smith, Hendricks County Women's Federation Chair

Hailey Nicole Aycok, Young Republicans
of Hendricks County Chair

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FOR THE LOVE OF THE GAME

The game of basketball has given Brownsburg's Jeff Hanni lasting friendships with some of its biggest names as well as an appreciation for the respect that folks from outside Indiana have for Hoosier basketball.

COVER STORY

By Mark Ambrogi

March Madness is always a special time for Jeff Hanni. In recent years, Hanni has mostly been following the NCAA Tournament runs of his friends in the college coaching world, including Oklahoma's Lon Kruger and Kansas' Bill Self.

This March is even more special as Hanni serves as a Brownsburg High School assistant coach and son Todd, a 2006 Danville High School graduate, is an assistant at his alma mater. Both teams won their sectional crowns earlier this month.

"So it was a good weekend for the Hanni guys," said Hanni, a Brownsburg resident. "Basketball has been very good to the Hanni family."

Hanni's career path crosses a who's who in basketball Indiana and around the country.

Hanni's connection to Kruger began in 1988 when he worked at a Kansas State camp. His connection began when Kruger's assistant Ron Stewart, who had coached at Cathedral and Carmel, recruited Hanni and couple of Indiana coaches to help with the K-State summer camps.

"You don't realize how well Indiana basketball is respected until you get outside of the state," Hanni said.

The relationship continued when Kruger took the University of Illinois job and Hanni began working Illinois camps. When Todd had the opportunity to play for Kruger at UNLV, he jumped at the chance. Todd redshirted his first season at UNLV and then played two seasons. He had transferred from Wabash Valley Junior College in Illinois.

"I learned a lot about basketball and myself," Todd said of being at UNLV. "It was hard being 1,800 miles from home, but it was definitely a good experience. I wouldn't trade it for anything." Todd texted Kruger to congratulate him on his 600th win last month.

"There's no one in the business that does it with as much class as he does," Todd said. "He's a stand-up guy."

When Kruger left Illinois to take Atlanta Hawks job, Hanni worked the Illinois camps for new coach Bill Self, who spent three seasons at Illinois before becoming Kansas coach.

"Bill took me in like he has known me all his life," Kruger said. "Bill has so much respect for Lon Kruger."

Hanni knew Self's Illinois successor, Bruce Weber, as well since he had worked at Purdue summer camps. Weber, now the K-State coach, was a long-time assistant to Gene Keady at Purdue.

"I've been lucky to meet some of the people I have," Hanni said. "It's that network that you build."

Another former Kruger assistant at K-State is Oregon coach Dana Altman.

Hanni and his father, Larry, usually make a trip to see two Big 12 games each year, but Larry couldn't go this year because of open heart surgery.

"You don't realize how well Indiana basketball is respected until you get outside of the state."

Last year Hanni, who is close friends with Oklahoma director of basketball operations Mike Shepherd, went to Final Four since the Sooners were playing.

The 6-foot-6 Hanni played at the University of Indianapolis (then Indiana Central). He then coached at his alma mater Franklin Central where his father was the athletic director.

"I didn't like the teaching but I liked the coaching so I walked away from it and got into the business world for five or six years," Hanni said.

After his father hired Mark James as Franklin Central coach, James, now the Ben Davis coach, asked Hanni to coach the top sixth graders in the school system.

After getting his teaching license renewed, Hanni spent a year under Bob Lovell at IUPUI in 1989-90 and then two seasons under Bill Green at the University of Indianapolis. Lovell, a Plainfield High School graduate, is the long-time radio host for Indiana Sports Talk. Green won a record six high school state championships, five with Marion and one with Indianapolis Washington.

Hanni then served an assistant at Danville (Ill.) Area Community College for two years. He then became an assistant coach for one year at Decatur Central and then four years as an Avon assistant before taking an athletic director job at Manual in 1999 before retiring in 2008.

"If you ever got in education or coaching for money, you were barking up the wrong tree," Hanni said.

"You do it for the love of the game and the kids."

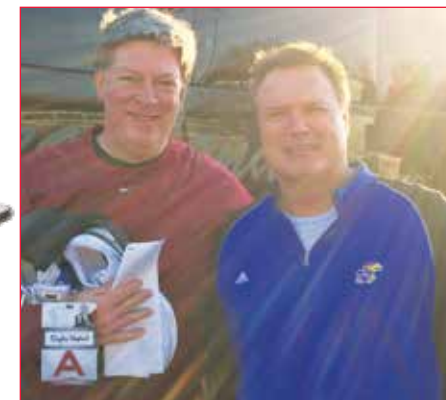
The love of the game drew him back as Hanni took over as Brownsburg East Middle School eighth grade coach this season and then joined Steve Lynch's staff as a varsity assistant when the eighth grade season ended.

"That was a one-time shot (as eighth grade coach)," Hanni said. "Those kids went 43-0 in seventh and eighth grade. It was one of those classes that doesn't come along very often. Brownsburg basketball for the next four years is going to be fun to watch. Steve Lynch is one of the best coaches I've ever been around."

Lynch played for Steve Alford at Manchester and was an assistant under Alford and Barry Hinson for seven seasons at Missouri State and one season under Tim Buckley at Ball State.



Hanni and Oklahoma's Buddy Hield, 2015-16 Naismith Trophy winner for National Player of the Year.



Hanni and Kansas coach Bill Self after Oklahoma-Kansas game in Feb. 2016.

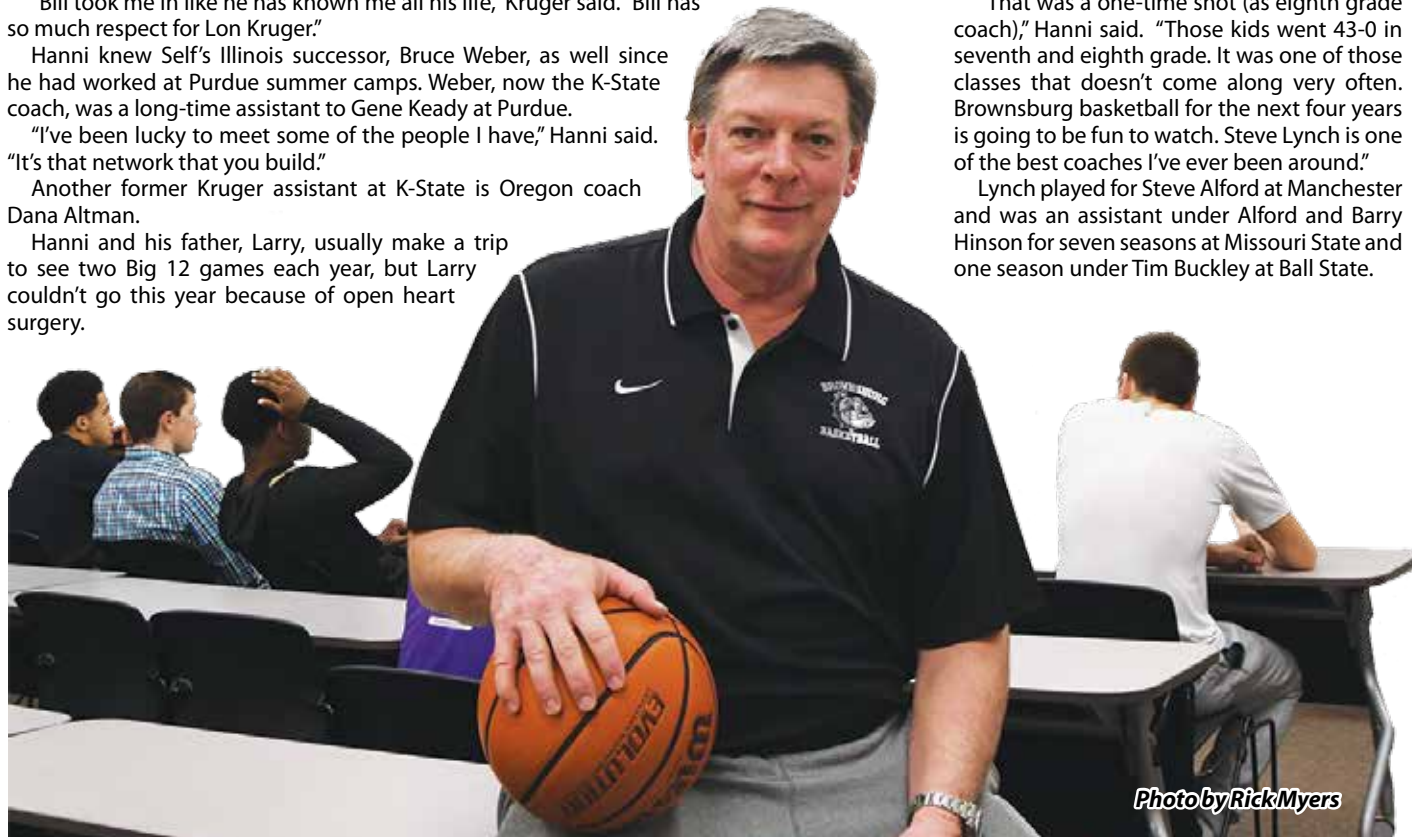


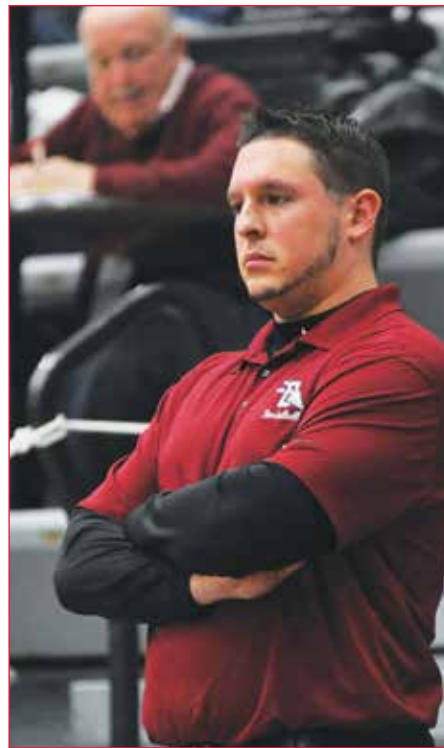
Photo by Rick Myers

Photos submitted

Continued from page 4



Hanni and ESPN analyst Jay Bilas at College Game Day at Norman, Okla., in Feb. 2016.



Jeff's son, Todd Hanni, is currently the assistant varsity basketball coach for Danville High School.
Photo by Jeff Binkley

Jeff Hanni

Age: 59

Personal: Has three sons, Nathan, 40, Christopher, 33 and Todd, 29. Married Carrie on New Year's Eve in 2011. Carrie is Partner-in-Charge for Kemper CPA Group LLP in Avon. Brother Brad played at Huntington College and was an assistant coach at Hamilton Southeastern and Carmel. His father Larry, 80, is the only play clock operator the Indianapolis Colts have had since coming to Indy in 1984. He retired after this past season with his last game being a playoff game in Green Bay. "He grew up a (former Green Bay coach Vince) Lombardi guy so he thought that was a great place to finish at Lambeau Field," Hanni said.

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2017 Legislative Breakfasts

Take advantage of this opportunity to express concerns to your representatives from the Indiana Statehouse!

- Dates:** Monday, January 30
Monday, February 27
Monday, March 27
Monday, April 24
- Time:** Complimentary breakfast served at 7:00 a.m. on the above dates
- Location:** Hendricks County 4-H Fairgrounds Conference Center
- RSVP:** Please contact the Hendricks County Farm Bureau office at 745-4463 by the Thursday prior to each breakfast

Representatives Bob Behning, Greg Steuerwald and Jeff Thompson have been invited to join us, along with Senators John Crane and Mike Young.



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ICONography



Fronting as Ray Harroun, first winner of the Indianapolis 500, is White Lick 4th-grader David O'Gara.

Start your engines!

It won't be long and we'll be hearing the roar of IndyCars coming from the Indianapolis Motor Speedway. On March 9, students from Cardinal, Reagan and White Lick Elementary schools, Brownsburg, got an up-close education on the race and all that make it as the 500 Festival selected three Hendricks County elementary schools to participate in mobile study trips for the 500 Festival and Indianapolis 500 Education Program, presented by Indiana University Health. The program, immerse Indiana 4th grade students in the world of the Indianapolis 500 and 500 Festival, exploring their important place in Indiana's history and culture. The education program is a combination of classroom work - based on an Indiana Academic Standards-based curriculum - and a study trip that brings the classroom material to life.

Photos by Rick Myers




Indy 500 festival princess Hannah Kruger, Clinton (Ind), hands out markers to students who were learning about the many careers of IndyCar drivers.



Omni Barbour, forefront, White Lick Elementary, waves a "passing flag" with other students.



Nathan Black, White Lick Elementary, along with other students, signs an Indianapolis Motor Speedway banner.



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Whitinger Scholarship winner offers advice to local students

Former Avon student, Natasha Rollings, knew from a young age that we wanted to become a vet. She is currently in her first year at Purdue's College of Veterinary Medicine, and will travel to Mexico this summer to study marine animal life.

Rollings' academic resume is impressive to say the least. One of her most notable achievements was receiving the Whitinger Scholarship during her senior year at Ball State. The scholarship is the most prestigious given out by the University, and pays eight semesters of tuition.

Her journey has not been without its challenges however. In her last year at Ball State, she learned her brother was in need of a kidney transplant. Eager to help, Rollings said she underwent testing to determine whether she was a good enough match. Although doctors initially told her that she was a match, they soon changed their minds. Rollings then opted to take part in an organ exchange program and gave her kidney to someone else so that her brother could receive one from an unknown donor.

Still sore from the operation, she returned to school only a few days later. But in May 2016, Rollings graduated cum laude from Ball State University with full honors. She was



Natasha Rollings

Submitted photo

also accepted into Purdue's College of Veterinary Medicine program last fall.

Now that she's only a few years away from achieving her life-long goal, she reflected on her time in Avon, and offers advice to young students with high aspirations.

"I was really lucky to have a great support network," she said. "There are so many opportunities in Hendricks County for students."

Although Rollings has been very successful academically, she said one of the most significant moments from high school was learning how to live outside the classroom.

"I knew how to be a good student and get good grades, but it was my first consumer and family science class that really changed my perspective," she said.

"It taught me how to be organized, balance a budget, and have relationships. I think that's when embraced the idea that there is a real world beyond being student."

Rollings joined the Family and Consumer Sciences Club as freshman, and eventually served as its president.

Her advice to current Hendricks County students is to "be curious."

"Look around and keep an open mind. Find out what you are passionate about. You will fall into a great opportunity."

Road closures announced for Plainfield

The Plainfield Town Council was briefed on two road projects planned to commence this summer at the March 13 meeting. One is the construction of a roundabout at Concord Road and Saratoga Pkwy planned to begin when the school year ends in June. The intersection will be closed for approximately 60 days according to town officials. After the roundabout is completed and open to traffic again, the county will close Hadley Road just west of Center Street. Since the county will be repairing the bridge over Hadley Road, the Town will take advantage of this closure to improve Hadley Road to CR700E. Although this will involve more detours, it will cut down on the total time that residents will have to deal with summer road construction.

YOUR TIME MATTERS

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HC ICON News Quiz

How well do you know your Hendricks County community?
Test your current event knowledge with a little Q&A!

- When Irish immigrants came to Hendricks County in the 1800s, where did they settle?
 - A. Brownsburg
 - B. Amo
 - C. Clayton
 - D. Plainfield
- Who was selected as the new GOP precinct chair for Plainfield following the departure of Wes Bennett?
 - A. Caleb Brown
 - B. Mike O'Brien
 - C. Jerry Nadine
 - D. Jodi Smith
- The 'Future Land Use Map' unveiled earlier this month is meant to guide the development of Avon through the next ___ years.
 - A. 20
 - B. 5
 - C. 100
 - D. 3
- Which two Hendricks County high schools met in the men's regional basketball tournament?
 - A. Danville and Tri-west
 - B. Brownsburg and Plainfield
 - C. Avon and Brownsburg
 - D. Plainfield and Danville
- Who was named the Town of Brownsburg's Employee of the Year?
 - A. Clerk-treasurer, Aaron Kaytar
 - B. Fire Chief, Larry Alcorn
 - C. Town Manager, Grant A. Kleinhenz
 - D. Chief of Police, Joe Grimes



TOWN OF
Brownsburg

Answers on 24
Compiled by Chris Cornwall

ICONIC Briefs

Avon Rotary offers scholarships

The Avon Rotary Club is once again offering three \$1000 scholarships to high school seniors attending Avon High School or living in the Avon school district. It has awarded scholarships to Avon-area high school students since 1989 based on a combination of academic achievement and leadership with an emphasis on community service. Students who demonstrate leadership in the

Rotary sponsored Avon High School Interact Club are given special consideration. The deadline for applications is Wednesday, April 19, and all applications must be accompanied by a copy of the student's official academic transcript. For an application, please contact Avon Rotary Public Relations Chair Pam Lyons at 317-460-0739 or lyons.pam@gmail.com.

Networking opportunity March 30

The 2017 Spring Indiana Small Business Expo will be March 30, 12-8 p.m. at the Hendricks County Fairgrounds and Conference Complex, 1900 E Main Street, Danville. The theme for this year's event is 'Essential Strategies for Business Growth' and will focus on networking, education, and forming new alliances. The event will feature exhibitors, services and resources for small business, round table sessions and expert speakers. There will also be business card tables to display your cards and gather cards of other businesses. For more information, or if you are interested in becoming an exhibitor

or sponsor, contact Cathy Padgett: (317) 590-2177, cathyp@casn.biz; or visit indianasbc.com/indiana-small-bus-expo.htm.



Learn to garden with the masters

Hendricks County Master Gardeners are offering four free "Gardening 101" sessions during their annual "Gardening for All Ages" event, April 22 from 9 a.m. to 4 p.m. at the Hendricks County 4-H Fairgrounds & Conference Complex, Danville. The Gardening 101 Sessions run from 9 a.m. to 12:30 p.m. and will include: Cool Weather Gardening (peas, lettuce, etc.) with Colletta Kosiba (a Gold Level Master Gardener and Master Naturalist), a panel discussion with "Hints, Kinks and FAQs" featuring experienced food gardeners, Warm Weather Gardening (tomatoes, peppers, etc.) with Colletta Kosiba, and Site Preparation and Raised Beds, where weather permitting, attendees will visit the new demonstration garden at the fairgrounds. Afternoon sessions are 1:30 and 2:30 p.m. and will include the Savage Garden (growing carnivorous plants) and Attracting Backyard Birds.

The first 500 visitors will receive a free tree courtesy of the Indiana Department of Natural Resources. A vegetable-themed children's booth will have crafts and educational activities for younger attendees. For more information, visit their Facebook or call (317) 745-9260.



Historic Hoosier gyms on exhibit at Plainfield gallery

The Plainfield Guilford Township Public Library is hosting an art exhibit of more than 40 photographs of Indiana's historic high school gyms now through March 31. The Hoosier Hardwood Photo Project: A Journey to Indiana's Historic High School Gyms, features the work of Michael E. Keating and Chris Smith. Keating is originally from Cannelton, IN, and is a former photographer for the Cincinnati enquirer. Smith hails from Milan, IN, and worked 33 years for such outlets

as National Geographic Traveler and Smithsonian Magazine. After teaming up, the duo visited 130 gyms and shot more than 150,000 digital frames including images of players, coaches and fans. The exhibit is free to the public and located on the library's second floor art gallery. Plainfield Guilford Township Public Library is located at 1120 Stafford Road, Plainfield. For more information about the exhibit or the photographers, visit www.plainfieldlibrary.net.



The Hoosier Hardwood Project exhibit at Plainfield Guilford Township Library features 40 photographs of Indiana high school gyms. Photo by Chris Cornwall



Hendricks County Humane Society

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FOR THE RECORD - HC OBITUARIES



Taylor



Eberwein

Dorothy M. Carroll

Dorothy M. Carroll, 90, Avon, passed away March 9, 2017. She was born Sept. 20 1926. Services were held March 15 at Conkle Funeral Home, Avon.

Doris Mae Archer

Doris Mae Archer, 91, Avon, passed away March 10, 2017. She was born June 2, 1925. Services were held March 15 at Clayton Community Church.



Wagner



Wachter

BROWNSBURG

Irene Wagner

Irene Wagner, 94, Brownsburg, passed away March 6, 2017. She was born Feb. 8, 1923. Services were held March 9 in Judah, IN.

Clyde C. Wachter Jr.

Clyde C. Wachter Jr., 89, Brownsburg, passed away March 5, 2017. He was born March 22, 1927. Memorial services were held March 8 at Matthews Mortuary, Brownsburg.

Avon

Margaret "Joan" Ausman

Margaret "Joan" Ausman, 84, Avon, passed away Feb 28, 2017. She was born July 14, 1932. Services were held March 8 at Conkle Funeral Home, Avon.

Deann M. Fruits Thomas

Deann M. Fruits Thomas, 79, Brownsburg, passed away March 11, 2017. She was born Sept. 10 1937. Services were held March 15 at Matthews Mortuary, Brownsburg.

Danville

Barbara Robertson

Barbara (McCrory) Robertson, 86, Danville, passed away Feb. 8, 2017. She was born Dec. 23, 1930. Graveside services were held Feb. 17 at Weaver & Randolph Funeral Home, Danville.

Velma L. Spears

Velma L. Spears, 78, Danville, passed away Feb. 28, 2017. She was born Dec. 19, 1938. Services were held at Springhill Cemetery in Cartersburg.

Charlotte H. Edmondson

Charlotte Edmondson, 99, Danville, passed away March 8, 2017. She was born Nov. 26, 1917. Services will be held 2 p.m. Saturday, April 1 at the Danville Friends Church.

Plainfield

Jon D. Taylor

Jon D. Taylor, 81, Plainfield, passed away March 9, 2017. He was born May 3, 1935. Services were held March 13 at Center Community Church, Plainfield.

Bonnie M. Eberwein

Bonnie M. Eberwein, 86, Plainfield, passed away March 1, 2017. She was born on Jan. 5, 1931. Services were held March 7 at Hampton-Gentry Funeral Home.

E. Gayle Barker

E. Gayle Barker, 90, formerly of Plainfield, passed away March 12, 2017. She was born June 27, 1926. Services were held March 16 at Rosedale Hills United Methodist Church, Indianapolis.

Hendricks County obituaries are printed free of charge and published twice a month. Funeral directors are encouraged to send obituaries and photos to info@myicon.info.

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**Hendricks County ICON's
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Ethel Price, Age 104



- From: Indiana- Montgomery and Boone County.
- She was an only child, remembers riding to school in a horse drawn carriage. The Depression hit when she was a senior in high school- it was hard living, but she never went hungry since they lived on a farm.
- She married at 22 to Jack Price. They were married 58 years before he passed and had twin daughters. She has 4 grandchildren, 10 great-grandchildren and 3 great-great grandchildren.
- She worked as the Deputy Clerk and then the

Deputy Auditor of Boone County. After that she worked at Allison's in their accounting department. She loves math and likes to work figures.

- She enjoyed playing the clarinet and saxophone and also piecing quilts.
- Says the biggest changes she has seen since she was young is technology-from radio to TV to airplanes to computers.
- Her advice for the next generation- Listen more than you talk and mind your parents.
- Secret to a long happy and healthy life: watch what you eat!

NOMINATE someone in Hendricks County that we should recognize as a "Greatest Generation ICON" • email: news@myicon.info



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(Top left) Hendricks County Parks & Recreation, (Bottom left) Family Promise of Hendricks County (Middle) Sheltering Wings; (Top right) Senior Services; (Bottom right) Hope Health Care Services. Photo submitted.

HCCF recognizes all-time most funded grantees

The Hendricks County Community Foundation continued to celebrate its 20th anniversary by honoring its most funded grantees. They include: Hendricks County Parks & Recreation, Family Promise of Hendricks

County, Sheltering Wings, Senior Services, and Hope Health Care Services. clerk-treasurer." For more information, visit www.brownsburg.org.

Kaytar named Brownsburg Employee of the Year

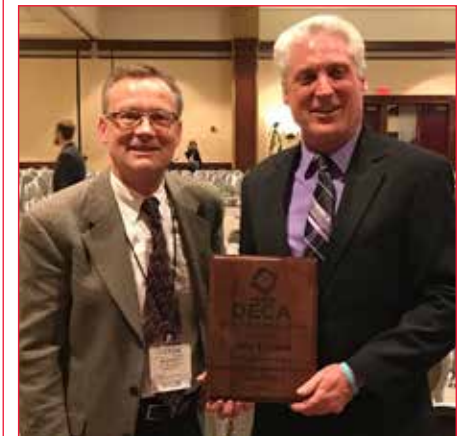


Photo submitted

Deputy Clerk-Treasurer, Aaron Kaytar was recently named the Town of Brownsburg's Employee of the Year. He was honored by the community and his co-workers at an awards luncheon hosted by the Brownsburg Rotary Club, March 3. The eight year employee was noted for his ideas to streamline operations in the clerk-treasurer's office. The nomination also praised Kaytar for being "instrumental in training and maintaining seamless and high-performing operations during the transition of the new clerk-treasurer."

'78 Brownsburg grad receives DECA Alumni Award

Brownsburg H.S. alumnus, Mike Trammel, recently received the Indiana DECA Alumni Award at its State Career Development Conference. Trammel graduated in the Class of 1978, and is owner of Big 'O Tires, Brownsburg.



(From left) BHS business teacher Steve Bennett and Mike Trammel. Photo submitted

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Contestants for this year's Dancing with the Hendricks County Stars are:

- Nina Criscuolo, journalist, WISH TV
- Jill Lees, captain, Plainfield Police Department
- Yvonne Culpepper, COO Hendricks Regional Health
- Ed Martin, retired CEO of Wabash Valley Power Association
- Dennis Dawes, retired after serving 40 years as CEO, Hendricks Regional Health, and his wife
- Faith Toole, writer, Hendricks County ICON
- Yao-Hsin Dawes, Bible Study Fellowship Children's Leader
- Tracy Whetstone, Visit Hendricks County
- Bill Franklin, owner, Courthouse Grounds
- Rev. Michael C. Fritsch, pastor, Mary Queen of Peace
- Eric Hessel, Hendricks County Community Foundation

**Saturday, April 29
5:30 p.m.**

Hendricks County 4-H Fairgrounds & Conference Complex, Danville

All proceeds benefit the Hendricks County Historical Museum. The price of tickets, \$50 each, includes dinner and the show and may be purchased at Arthur Murray, Avon or online at hendrickscountymuseum.org.

Why did you agree to participate in DWTHCS?

"I enjoy giving back to Hendricks County. I was honored to be asked to give my support to the Hendricks County Historical Museum fundraiser as a "celebrity" dancer." ~ Faith Toole

"I am a bit of a ham—give me an audience anytime. Plus, it just sounds fun and a very worthwhile cause." ~ Bill Franklin

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HENDRICKS COUNTY
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Tom Lyles, Camby



OUR VIEW

Marching forward, and looking back

Spring has long been celebrated as a time of growth and renewal, and we applaud local leaders for taking this tradition to heart.

The county as a whole has been in a perpetual state of growth for decades. Many long-time residents have seen the population double since the 1970s. And judging by the continuous construction of new homes, the trend shows no sign of slowing down.

Similar to our local farmers that plant seeds in the spring, so to must our local leaders take on the responsibility of accommodating and encouraging future growth.

Many long-time residents have seen the population double since the 70s...

We applaud the Town of Avon for putting together the "Future Land Use Map." The map is the culmination of months of research for the purpose of targeting the best areas for specific developments. It is said the map will guide growth efforts for the next 20 years.

While we believe it is important to plan for the future, spring is also an opportune time to appreciate Hendricks County's past. The Museum in Danville opened this month, and just like every March, it features new displays for visitors to enjoy.

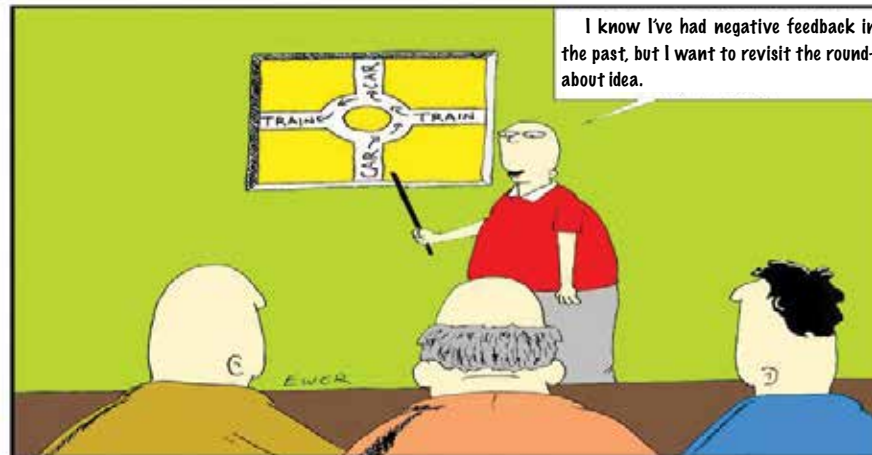
One of Indiana's most treasured traditions is also on display at Plainfield Guilford Township Public Library. They currently have an exhibit called the Hoosier Hardwood Photo Project. It features 40 photographs of Indiana's historic high school gyms through the end of March.

We encourage residents to look forward to the future, but remember to take time to appreciate the past.

OOPS

It was incorrectly reported in the 3/1/17 issue of the ICON that the Hendricks County FOP Lodge is open to the Public. It is not. Annual memberships are available for \$35. Moreover, the address is 5518 S CO RD 700 E, Plainfield. The ICON regrets the errors.

ICONtoon



The Avon Avenue bridge project gets held up by a really stupid idea.

Richard, the Goodhearted

HUMOR

By Dick Wolfsie

Richard Simmons has not been seen in public in a long time. Here is my memory of our friendship with the hope he is doing well.

It was the fall of 1983 in Indianapolis, and I remember doing the classic comedy double-take, snapping my head to the side as I looked incredulously at the cover of The Globe newspaper, one of several trashy tabloids at supermarket check-outs.

In the top left corner of the publication was a photo of exercise guru Richard Simmons, donning a sporty jogging outfit while running in Central Park. Next to him was me, at the time the new host of a morning talk show in New York. The caption read: "Jog with a Lover." This was pre-Seinfeld's "... not that there's anything wrong with that," but there was something inaccurate about it. Yes, we were friends, which is why reports of his absence from the public have been so troubling to me.

At the time, Richard was a cultural icon, dedicated to helping people battle obesity as he once had. I first met him in the '70s in Columbus, Ohio, early in his career. On my evening talk show, he chose people from the audience and counseled them on stage. My wife, Mary Ellen, admitted later that at first she was a bit skeptical of his sincerity (was it all show biz?), but at the end of the evening she witnessed Richard, off camera, consoling an overweight teen. Both Richard and the young lady were in tears.

Two years later in the Big Apple, where I hosted an evening show called New York People, I was walking with Richard to one of his favorite eateries to tape an inter-

view. As we strode along Fifth Avenue, a woman stopped us and told Richard that her mother had a terminal illness and that Richard had always been an inspiration to her. With that, he hailed a cab and sped off to the hospital to pay his fan a visit, leaving me alone on the sidewalk with an entire production crew.

In 1991 I began my 27-year stretch at WISH-TV as a morning feature reporter. That gig included what I consider to be my funniest three minutes of unscripted live TV. Richard was making an appearance at a local mall, his plane set to land very early in the morning. Because my segment was live, I had no way to ensure arrival during the broadcast. In my greatest stroke of luck, his limo pulled up while I sat on my front step interviewing a professional clown and a very overweight chef, both of whom had wanted to meet Richard.

When Simmons exited the car, we all broke into an exercise routine at 5:30 in the morning. Anchor David Barras completely lost his composure back in the studio, despite having several serious news stories still to report.


A few years back Richard agreed to write a blurb for my book of humor columns. "You'll laugh your buns off," he characteristically wrote. That's the last I've heard from him.


I hope Richard is safe and happy.





Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.

THUMBS UP, THUMBS DOWN

 The Cascade High School SADD (Students Against Destructive Decisions) club raised over \$6,000 for the Leukemia and Lymphoma Society's 'Pennies for Patients' fundraiser. The campaign was set up as a class competition and ran from Feb. 6 – Feb. 24. The winning classroom received a catered lunch that was donated by Olive Garden (Avon) manager, Paul Logdson. Cascade Middle School and East Elementary School also participated. The SADD club president is CHS student, Brooke Smith. For more information about SADD, contact CHS at (317) 539-9315.

 To Danville's Carnegie Library for topping off their renovation project with solar energy panels. By going green, the 115 year-old library is an example of moving towards the future without diminishing the historical significance our past. Despite the addition of new technology and rooms to accommodate more patrons, the original Revival Style structure is still at the heart of Danville Central Public Library, and remains a familiar face to Hendricks County residents.

 To the Brownsburg Education Foundation for raising over \$80,000 at its annual 'Rally for our Kids Gala,' March 10, which benefits the Brownsburg School Corporation. The money is a great show of support from the community which will only add to an already top-notch school system. It is just one of many examples of how Hendricks County residents recognize the importance of giving back.

 Just a few months after widening the turn lane at 625 E and US 36, some surface work needs redone - really?

Got a Thumbs Up or Thumbs Down? Send to Chris@icontimes.com.

QUOTE

"You can't live a perfect day without doing something for someone who will never be able to repay you."
~ John Wooden

Construction begins at Avon Ave. intersection



Superior Construction Project Manager, Ricky Grogan, looks on as crews demolish the old American Legion building at Avon Avenue. Photo by Chris Cornwall



Yes, we want your letters:

Readers of the HC ICON are encouraged to send letters to the editor as often as they wish. The stipulations are that the letter is timely, focused (not more than 200 words) and verifiable. Please make sure to provide your complete name and daytime and evening telephone contact numbers. All letters are subject to editing for brevity, clarity and grammar. Please direct your correspondence to: chris@icontimes.com.

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you...

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Early spring tips every home grower should know

GARDENING

By John Chapin

Even before the first official day of spring, although early daffodils and forsythias are blooming, there is still danger of frost and most plants are just beginning to break dormancy. However, there are plenty of gardening tasks that can get you outdoors and put your pent-up energy to work. Gardeners, both novice and experienced, are eager to shake off cabin fever and get their hands dirty. Pick a nice sunny day, have a hearty breakfast, get your gloves, and go for it!

Where to begin? Every garden or home landscape will have wind-blown piles of



Early spring daffodils. Photo by John Chapin

leaves, fallen sticks, and a few "surprises" that need to be collected and composted or disposed of. It's amazing what a thorough once-over will do to freshen your landscaping. Check for snow or ice damaged shrubs, and prune accordingly. Perennials should be cut back to green basal growth or to the ground, depending on the variety. It's time to put away any winter decorations and pull any overlooked annuals from last year. While you're doing these tasks, you reacquaint yourself with your gardens and can start planning new projects or plantings. And yes, there'll even be a few early weeds, but they can easily be pulled while they are small and the ground is moist.

Early spring is the best time to fertilize so nutrients will be readily available when

your trees, shrubs, flowers, ground covers, and lawn start to grow in the weeks ahead. There are many types of fertilizers to choose from, both organic and chemical. Read the instructions carefully, and remember that "more" is not better. For all plantings except turf, many people find that the time-release fertilizers are the simplest to use. One application can feed trees, shrubs, and perennials for three months or more, well into the growing season. Organic fertilizers need time to dissolve and work down to the roots, so early spring is the perfect time to apply them.

Lawns are often over-fertilized, resulting in lush growth that requires more mowings. However, lawn experts strongly recommend an early spring fertilization that includes a

"Lawns are often over-fertilized, resulting in lush growth that requires more mowings."

pre-emergent herbicide to eliminate crabgrass and perennial weeds that sprout later in the spring. This is one step homeowners don't want to skip, and it needs to be done before warmer weather arrives.

One last task that is best undertaken in early spring is mulching. Research has shown that mulching with shredded hardwood bark (or other organic material) is as effective as using expensive pre-emergent herbicides which can accumulate in the soil and have harmful effects on your plants. Organic mulch smothers sprouting weed seeds, conserves water, and decomposes to enrich the soil. Mulch is applied after the soil has thawed, making this one of the last garden chores to compete.

So, get out and make the most of nice early spring days. You and your gardens will both benefit.



John Chapin is a retired school teacher and sole proprietor of Chapin Landscaping in Danville. He has over 30 years' experience in the landscaping business.

Corned Beef and Cabbage for St. Paddy's!

RECIPE

By Jerry Renzy

What's more Irish than corned

beef and cabbage? It's actually an Irish-American dish! Ireland's traditional dish



"Ever wonder why it's called 'corned beef?'"

is bacon and cabbage, but not American bacon. The Irish have always used "back" bacon made from pork backs (loins) which should be cured, but not smoked. American bacon is made from pork bellies and is much fattier. Also, American bacon is both cured and smoked.

Ever wonder why it's called "corned beef?" It's not because of "corn fed" cattle. The American meat industry started feeding corn to cattle in the late 1930s long after large numbers of Irish immigrants started coming to the U.S. in the 1840s. Corned beef was an inexpensive cut of meat (like Irish back bacon) and was preserved with "salt corns" (very coarse chunks of salt.) There are 2 cuts of brisket, flat and point cut. Flat is leaner, point is fattier.

Ingredients (serves four):

3 lb. Corned beef brisket with spice packet,
2 bottles of Stout beer (optional),
one for the boil and one for the chef!
1 head of green cabbage quartered,
5 carrots skinned and cut 1 1/2 in,
2 lbs. small red potatoes cleaned and cut,



Jerry Renzy lives in Avon and owns Handcrafted Beverages. He also teaches at the International Culinary School. Contact him at handcraftedbeverages@yahoo.com.

Put the brisket in a large pot, pour in the spice packet. Pour one bottle of stout beer in the pot and fill your glass with the other one (optional.) Fill pot with water until it covers the brisket. Bring to a boil, then lower temp to a simmer for about 2 hours and 40 minutes or until fork tender. At about the 2-hour mark, put the potatoes in the pot to boil also.

When meat is fork-tender, take out the brisket and potatoes. Let the brisket rest, covered. Cover the potatoes to keep them warm. (You rest meat to let the juices go back into the hottest parts of the meat. If you cut the meat without resting it, the juices will escape and you will have dry beef.) Put the cut carrots and cabbage in the cooking liquid and cook until tender (about 15 minutes.) Serve immediately!



Cards, cabernet and chocolate

A winning combination on euchre night

By Mark Vickery

My wife Jo and I recently got together with friends, Merrily and Larry Nilles of Danville for an evening of food, euchre and laughs – and of course, wine.

Merrily fixed everyone a wonderful meal of 'Restaurant-style Chicken Tortilla Soup' and homemade bread with salsa in it. I asked if I could bring the wine to pair with that combo.

After some thought, I opted for a Spanish Rioja named, 'Hazana.' Spanish wines like Hazana are some of the best values on the market, costing around \$10 per bottle.

Hazana has a deep ruby/purple color and is comprised of 85 percent Tempranillo and 15 percent Graciano (a blending grape). The wine is medium to full-bodied and has soft



Larry and I paired up against Jo and Merrily for the euchre showdown. Throughout the hands, Merrily kept us supplied with Hershey's Kisses and M&Ms, which proved how good Cabernet is with chocolate.

We took a break after the second game for a special dessert Merrily made: sliced apple, cinnamon, oatmeal and other ingredients on a pizza crust and baked on a Pampered Chef stone platter. Delicious!

If you want to look up the recipe for the tortilla soup, you can find it at: Restaurant-Style Chicken Tortilla Soup-Iowa Girls Eat.

But on to the most memorable part of the evening - who won the euchre games. In all humility, I must state that Larry and I won all three games, but I'm not gloating... much.



Mark Vickery has over 35 years' experience in wholesale and retail wine. He currently manages Big Red Liquors in Plainfield. Mark can be reached at winedog@sbcglobal.net.

"I must state that Larry and I won all three games, but I'm not gloating... much."

tannins (that part of red wine that can make the back of your throat feel dry).

Hazana paired well with the food, but afterwards Merrily uncorked a bottle of Carnivore Cabernet Sauvignon from California. Carnivore is another wine that offers a good value at \$12 per bottle. It also has a deep ruby color and smooth tannins, but is fuller-bodied than the Hazana. (193)

Dispatches

Cricket flour – Want to try something a little different next time you make chocolate chip cookies? Why not add crickets! Cricket flour is crickets that are roasted, ground, and mixed with some type of grain flour, into a nutty-tasting, high-protein, high-fiber, environmentally friendly flour—the newest food trend. It can boost the nutrient value of your favorite baked goods. To try some, visit www.exoprotein.com or www.BittyFoods.com.



Source: BottomLinePersonal.com

Handy pen storage – Instead of having pens or pencils floating around loose inside your purse, put them in a plastic toothbrush holder - the cylindrical kind that closes tightly. The holder is easy to find in a crowded bag, and it will prevent a pen from accidentally losing its cap and making marks inside the bag's lining.

Source: HouseholdMagicDailyTips.com

Don't waste lemons – If you need only a few drops of lemon juice, avoid cutting the lemon in half - it will dry out quickly that way. Instead, puncture the fruit with a metal skewer and squeeze out exactly what you require.



Source: Esquire

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18 Saturday

The Blues Ambassadors at Firehouse Bar and Grill

10 p.m. | Firehouse Bar and Grill, 310 W Main St, Plainfield | Genre: Blues, Soul, Rock & Roll Members: Steve Robbins, (guitar/vocals), Frank Loyd, (percussion/vocals), Tim 'El Diego' Miller (bass/vocals), Matt Tamer (drums), Rick Mitchell (sax/vocals).

18 Saturday

Tea Tasting to Celebrate Indiana History

5:30 - 7:30pm | The Porch Café, 2411 E. Main St., Danville | Taste from over 50 different kinds of premium, loose leaf teas. Learn how to brew different types of tea while you learn about a little piece of Indiana's history.

19 Sunday

No Luck Irish Run

8:30 a.m. | Claddagh Irish Pub, 2490 Futura Park Way, Plainfield | Fundraising event to fight world hunger. Races include: Half Marathon, 5k, and Kid's Dash-a distance for all ages. Cost is \$25 and up to participate. All athletes will receive a "Be the Gold" tee, a free beer from the Irish Claddagh, and entry to all the St. Paddy's festivities throughout the weekend. For more information, visit www.claddaghirishpubs.com.

25 Saturday

Hiking Sticks

2 - 4 p.m. | McCloud Nature Park, 8518 Hughes Rd., North Salem | Make your own hiking sticks under the guidance of park naturalists. The park will supply participants with a height-appropriate wooden staff and the tools needed to personalize it. Create color changes by whittling away more or less wood; use wood-burning tools to draw unique designs; add leather grips, feathers, and beads. | Cost: \$6 per project (up to two persons) | Recommended age: 10 and up, children under age 16 must have adult supervision | Register in advance by March 23. For more information, call (317) 718-6118.

contact Katie McKinney at (317) 797-9273 or by email: artteacherkatie@gmail.com.

Consignment Bus Tour rolls through April 8

By Tiffany Giles

The Selective Seconds Consignment Bus Tour will come through Hendricks County Saturday, April 8 with stops in Brownsburg and Avon. Tour-goers will get the opportunity to shop six local stores, get exclusive discounts, and enjoy two is included the ticket price.

"This will be one of the best (tours) yet," Vena Holder said, owner of Selective Seconds. Holder has organized the event for the past 20 years and is excited about adding Brownsburg to the tour.

"We have been to Avon a few times and Suzy's Consign and Resale is always fun. This year we wanted to bring shoppers into Brownsburg. Heidi Jo has done a great job and her store is large enough to accommodate our group. It is a fun day for the women and we hope more ladies will join us."

"This experience is great for Brownsburg, for Hendricks County, for residents and businesses alike," Heidi Jo Maddix said, owner of Brownsburg's BB Consign and Design.

"Selective Seconds will bring visitors in

from other areas but it is also a great time for locals to get out and get to know the small businesses and shop owners. This is all about

"This is all about being a part of your community and increasing the footprint of Hendricks County."
~ Heidi Jo Maddix
Owner of BB Cosign and Design

being a part of your community and increasing the footprint of Hendricks County."

Maddix donates all proceeds from abandoned products to local charities, is passion-

ate about both her community and storefront.

"The power of small business is far reaching. This event will help us and our clients, but it will also help local restaurants and other shops. When people support small businesses, they support their neighbors, their town and their state. And we need to support one another."

Tickets for The Selective Seconds Consignment Bus Tour are \$59 per person and must be purchased in advance. Bus transportation, breakfast, lunch from Panera Bread, exclusive store discounts and door prizes are all included. Six stores are featured on the tour and shoppers will have approximately one hour per location. Tour-goers will get the opportunity to shop six local stores, get exclusive discounts, and have lunch catered by Panera Bread.

25 Saturday

Avocado Chic at Chateau Thomas

8 p.m. | Chateau Thomas Winery, 6291 Cambridge Way, Plainfield | Genre: a unique style American Electric | There are no permanent members of Avocado Chic.

25 Saturday

Jambox at Sidelines Sports Pub

10 p.m. | Sidelines Sports Pub Avon, 9283 E US Highway 36, Avon | Genre: 70s & 80s Classic Rock cover band | Members: Eric Rozens (lead vocals), Ritchie Wilkison (guitar/vocals), Jeff Ellison (bass guitar/vocals), Dave Lucid (keyboards), Rusty Scutt (drums/vocals).

April

1 Saturday

Spring Basket Sale & Raffle

9 a.m. - 3 p.m. | Mary Queen of Peace Catholic Church, 1005 West Main Street, Danville | Hosted by the Women's Club of Mary Queen of Peace Parish. The event will be held in the Church's Education building | For more information, call (317) 745-4284.

1 Saturday

Full Moon Dogs at Green Street

8:30 p.m. | Green Street Pub & Eatery, 911 N Green St, Brownsburg | Genre: Classic Rock, Blues Rock, Pop and Hard Rock | Members: Shelby Kelley (vocals/percussion/guitar), Chad Pollock (bass/vocals/percussion), Wade Parish (drums/vocals/percussion), Eric Grimmitt (lead guitar), Jeff Ware (keyboards/percussion/vocals).

2 Sunday

Cabin Fever Championship

12 p.m. | Lucas Oil Raceway, 10267 East U S Highway 136, Brownsburg | The Cabin Fever Championship is the kick-off event for our 2017 Oval race season. The event will feature multiple classes of racers. For information on ticket pricing, visit www.lucasoil-raceway.com/tickets.

2 Sunday

Cabin Fever Championship

12 p.m. | Lucas Oil Raceway, 10267 East U S Highway 136, Brownsburg | The Cabin Fever Championship is the kick-off event for our 2017 Oval race season. The event will feature multiple classes of racers. For information on ticket pricing, visit www.lucasoil-raceway.com/tickets.



Heidi Jo Maddix, Owner of BB Cosign and Design, is ready for spring and the Selective Seconds Bus Tour.
Photo by Tiffany Giles

HENDRICKS COUNTY
ICON
Send event news to:
Chris@icontimes.com

FAITHONFOOD

by Faith Toole

AN OPTION

The Smitten Kitten Cafe & Bakery
12 East Washington Street
Roachdale

Recently, after shopping in North Salem at the Classy Pearl Boutique inside the Garden Gate Gift & Flower Shop, I headed west to Roachdales' Main Street, just two blocks north of Highway 236 for lunch. I was pleased to see that the quaint town has maintained all of the integrity of its historical architecture. Their Main Street has several shops to stroll through including a hardware store and The Smitten Kitten Cafe & Bakery.

When inside The Smitten Kitten, be sure to look up at the ceiling. You'll see two big windows on the north and south side. Owner Holly Catt said the town history has it that they opened these windows so that arrows could be fired outside for sport!

The Smitten Kitten Cafe & Bakery is

open daily, except Sunday, for breakfast and lunch. Their menu includes deep fried bacon and house made baked goods. The delicious biscuits and sausage gravy are popular all day. These biscuits are the kind that melt in your mouth. I ordered the Triple Decker BLT with two layers of bacon, served with French fries and a freshly baked cookie. If you like Key Lime Pie, this is the place. It was delicious. Also, there are Gluten free options available.

The town of Roachdale and The Smitten Kitten Cafe & Bakery have been added to our list of stops during the Covered Bridge Festival.



WHERE I DINE

Angel Wells
Danville



Where do you like to dine?

One of my favorite places to dine at is Diesel's Sports Grille in Danville. As an agent at Mantooh Insurance Agency, this is the perfect place to take my clients to lunch or even dinner. It has a small bar and is family friendly and is a great option to go to after my sons sporting events. Diesel's Sports Grille is located in the heart of Danville.

What do you like there?

I absolutely love their Taco Salad or their Veggie Sub for lunch. My dinner

options would be their famous, boneless wings or the Tenderloin...

What do you like about this place?

The interior wall is decorated with license plates from all over the United States. It's pretty cool to see who all has been through there. The Hendricks County Arts Council asked locally born, Tiffany Black to design and paint a mural showcasing several landmarks and history of Danville on the outside wall. It adds so much character to the restaurant. My absolute favorite thing of all is the front of the Semi-trailer they use for the backdrop of the Draft beers.

Diesel's Sports Grille
20 East Main Street
Danville

BEHIND THE BARS

Barbecue & Bourbon
1414 North Main Street
Speedway



Dirty Lemonade

Add 1-1/2 oz. of Evan Williams Cherry Bourbon to Mason jar
Fill with 1/2 Sweet Tea and 1/2 Lemonade



Faith Toole is our Hendricks County Foodie. She can be reached at HClCONfoodie@icontimes.com. Follow on Instagram and Twitter @ HClCON_foodie #HClCONfoodie

To advertise in the Where We Dine section, call Debbie Abshier at (317) 443-6191.

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The danger of asking why

LIFE'S CHOICES

By Karl Zimmer
It may not actually be dangerous to ask, "Why," but it can definitely be counterproductive and may even be detrimental to your wellbeing. Why, you ask?

A "Why" question often puts the recipient on the defensive, which can get things off to a bad start. What follows can be emotionally charged and escalate into an argument unless and until one of the parties calms the waters by withdrawing and easing tensions.

"Rather than holding our attention on the past and negative events, it would be much more productive to look at making things better."

Asking "Why," keeps the focus on the past and on something that is most often negative. We seldom ask "Why," when things are perfect, do we?

Rather than holding our attention on the past and negative events, it would be much more productive to look at making things better. It is true that if we don't learn from the past, we are doomed to repeat it, but what if we don't have to know "why" from a past event to learn from it? Does it really matter why something didn't turn out the way we wanted? Might it be better to focus on how to do whatever it is that will al-



low us to reach our goals and to create the future we want?

When we look at where we are now in relation to where we want to be, does it really matter why we are where we are? Perhaps the more important and productive question is, "Where do I want to be (preferably at a specific date in the future), and how do I get there?" Both of those questions will be much more helpful than focusing on the past and the, "why" you aren't further along. Jet airplanes don't have rearview mirrors because the focus is and should be on where they are heading.

If you'd rather be further along your path to reaching your goals, one of the most important questions you can ask to get you going is, "What can I do, starting right now, to get me moving toward my goals?" From there, you can continue developing your strategy for success. When you can look forward to accomplishing your goals while enjoying each and every moment along the way, you will accomplish all you want to accomplish, more easily and more joyfully. How cool is that?



Karl Zimmer III is a Board Certified Hypnotist. His practice, Zimmer Success Group (<http://Z-Success.com>), is in Plainfield. Information provided is for informational purposes only and is not intended to diagnose, treat, or cure any condition or illness.

'So, what's for supper?'

DIETARY

By Martha Rardin
Depending upon your mood, your day or your schedule, this question can take you by surprise, irritate you or cause you to order take out! So, how do you turn this question into an answer that makes you sound calm, cool and collected?

Planning

Sounds simple but planning your meals in advance does require a small amount of time and effort. However, it pays big dividends in less stress, more efficient grocery shopping and better meals for your family.

As a "foodie" I love cookbooks and cooking magazines. You can always find recipes that are fairly simple to make in 30-45 minutes. *Cooking Light*® magazine is one of my personal favorites. I always find new and interesting recipes in the magazine or on their website. Their recipe for Spiced Pork Chops with Apple Chutney is amazing! If you like spicy, then this recipe is for you!

Chutney:

- 1 Tbsp. butter
- 5 cups (1/4") cubed peeled apples (about 3 apples)
- 1/4 cup dried cranberries
- 3 Tbsp. Brown sugar
- 3 Tbsp. cider vinegar
- 1/2 tsp. ground ginger (original recipe called for 2 tsp. minced peeled fresh ginger)
- 1/4 tsp. salt
- 1/4 tsp. ground mustard
- 1/8 tsp. ground allspice

To prepare chutney, melt butter in a nonstick skillet over medium-high heat. Add apple; sauté 4 minutes or until lightly browned. Add cranberries and the next 6

ingredients (through allspice); bring to a boil. Reduce heat, and simmer 8 minutes or until apples are tender; stir occasionally.

Pork:

- 3/4 tsp. ground chipotle chili pepper (if you don't have chipotle chili pepper and would like a "milder" version, use regular chili powder)
- 1/2 tsp. salt
- 1/2 tsp. garlic powder (I like to use 1 tsp. minced garlic in place of garlic powder.)
- 1/2 tsp. ground coriander (this is an expensive spice but a little goes a long way-buy the smallest jar possible)
- 1/4 tsp. black pepper
- 4 boneless center-cut pork loin chops, trimmed (4-ounce each)

Cooking spray

To prepare pork, while chutney simmers, heat a grill pan over medium-high heat. Combine chipotle and the next 4 ingredients (through black pepper); sprinkle over pork to coat pork with the spice. Coat grill pan with cooking spray. Add pork to pan; cook 4 minutes on each side or until done. Serve with apple chutney.

Serving Size: 1 chop and 1/3 cup chutney
321 calories, 9.6 g fat, 24.4 g protein, 34.5 g carbohydrate, 2 g fiber, 72 mg cholesterol, 1.1 mg iron, 520 mg sodium, 45 mg calcium



Martha Rardin, MSM, RDN, CD, FAND, is Director of Nutrition and Dietetics for Hendricks Regional Health.

Solutions from page 30

Answers to HOOSIER HODGEPODGE:
Sites: FACEBOOK, INSTAGRAM, LINKEDIN, PINTEREST, TWITTER, YOUTUBE

Brands: BUICK, CHEVROLET, CHRYSLER, DODGE, FORD

Tools: BROOM, MOP, SPONGE, VACUUM

Tribes: CHEROKEE, NAVAJO, SIOUX

Architects: PEI, SAARINEN

Neighborhood: IRVINGTON

HC ICON Quiz

Answers

- from page 8
1. A 2. C
 3. D 4. A
 5. A

Puzzle Time

A	P	P	S		P	A	P	A	S		G	U	A	M	
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2	4	1	8	7	5	6	9	3
1	9	8	6	4	2	3	7	5
5	3	6	9	1	7	4	2	8
7	2	4	5	8	3	9	1	6
8	7	2	3	9	6	1	5	4
4	1	3	7	5	8	2	6	9
9	6	5	4	2	1	8	3	7

HEALTH DISPATCHES

Blueberries for mental health

In the study, healthy people aged 65-77 who drank concentrated blueberry juice every day showed improvements in cognitive function, blood flow to the brain and activation of the brain while carrying out cognitive tests. Previous research has shown that risk of dementia is reduced by higher fruit and vegetable intake, and cognitive function is better preserved in healthy older adults with a diet rich in plant-based foods.

Source: University of Exeter

Proof that flu vaccines work

Vaccines are successful in preventing pandemic flu and reducing the number of patients hospitalized as a result of the illness, a study led by academics at The University of Nottingham has found. "We found that the vaccines produced against the swine flu pandemic in 2009 were very effective in both preventing influenza infection and reducing the chances of hospital admission due to flu," Professor Van Tam said.

Source: University of Nottingham

Local NP educates the public

As the nationwide shortage of family physicians continues, nurse practitioners are in high demand here in Central Indiana. However, many Hendricks County residents do not realize that they can receive the same care from family nurse practitioners as they could from a family physician. Hendricks Regional Health Nurse Practitioner Gina Leman is looking to remedy public misconception through education.

Gina is a graduate of Indiana University School of Nursing and completed her graduate studies at University of Indianapolis; she is board-certified as a family nurse practitioner by the American Nurses Credentialing Center.

Facts about Nurse Practitioners

- A Nurse Practitioner is an advanced practice nurse that has gone to additional schooling after receiving a four-year Registered Nurse Degree.
- With additional training, nurse practitioners can focus on any specialty
- Nurse practitioners prescribe medication, order testing, review test results, order home care, perform physical examinations, provide preventative healthcare services, perform minor procedures and help patients better manage chronic medical conditions.
- In order to prescribe medication in Indiana currently, a nurse practitioner needs to have a collaborating agreement with the physician, which means the physician will review five percent of the nurse practitioners' charts where they wrote a pre-

scription. There is legislation currently in consideration in the State of Indiana to allow Nurse Practitioners to practice independently.

"The stir now in Indiana is the misconception that we are trying to become MDs," Leman said. "That's simply not the case. Rather, we want to practice independently in the realm of which we are trained. We are not saying, oh yeah, I accomplished in three years everything an internist has in 12 years."

Nurse Practitioners are used in different capacities at a variety of different medical offices, including: hospitals as following the patients during their acute illness, ER, free-standing offices and as extenders to the Medical Doctors, and they can also practice independently in their own practice with a collaborative agreement that is with either a local physician or one that they work with.

Would new legislation allowing NPs to work independently benefit patients?

"Yes and No," Leman said. "The public would have better access if NPs could work independently. Because as of right now, there are certain homecare items (e.g. walkers) that we cannot write for because it requires a physician's signature."

On the flipside of the argument, Leman says that Nurses' education is inconsistent across the board.

"You can get a different education from Ball State than from the U of I, for example. They vary in how they accomplish their hours of education. But with medical schools, they are very consistent."

Chris Cornwall contributed to this article



Family Nurse Practitioner, Gina Leman, with a patient.

Photo by Chris Cornwall

Forgiveness anyone?

MOM'S THE WORD

By Alyssa Johnson

I think there's a lot of confusion about what forgiveness means and why it's important. It's

an essential step for anyone trying to reach a healthier place in her life. These are key concepts I've discovered over the years:

Forgiveness is commanded: As a Jesus follower, it's not an option, a guideline or recommendation. It's expected of me. This has nothing to do with letting the offender off the hook. It's easy to get confused, thinking that if I hold a grudge, I'll punish the offender.

Forgiveness leads to freedom: Holding on to hurt holds me prisoner. Making the choice to extend forgiveness sets me free from the burden of the ugliness I carry within me when I'm hurt or angry at someone.

Forgiveness is for the forgiver, not the forgiven: Don't confuse forgiveness with forgetting. It's not possible to forget hurts that have occurred. But forgiveness is a conscious choice not to think about it over and over

again, wish I'd reacted differently, or that the offender receive what is due him or her. Instead, it's a matter of trusting that God is in the middle of the situation and will take care of it so I don't have to.

Forgiveness isn't about pretending that a hurt wasn't a big deal: Quite the contrary! Instead, it's acknowledging that is such a big deal that it's affecting me in negative ways and I need to let it go so I can move forward with my life.

Your Vibrantly Live Challenge:

What hurt have you been holding on to? Reflect on how that's been hurting you? Is it time to let it go? Are you brave enough to lay it down?



Alyssa Johnson is a counselor and coach exclusively for women. Learn how she can help you live the life you were created for by visiting online at: VibrantlyLive.com or by calling (317) 520-1476.

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"My forensics students have been exposed to college-level instrumentation because of my BEF grant. They are able to use instruments that most students won't see until their sophomore or junior year in college chemistry, if they ever are allowed to use them in person."

~ Nick Friedman

Grant name:
**Purdue Science Express
at Brownsburg High School**
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\$900.00

This BEF grant pays for teachers to be trained on various pieces of lab equipment through Purdue University, and they then have access to over \$2 million worth of research-grade instruments to use in their classrooms throughout the year. Equipment is delivered by Purdue and left at BHS for a week, then picked back up by Purdue and returned to the University. This grant provides the students access to many sophisticated pieces of lab equipment that they otherwise would not have the opportunity to use.

Just a part of the \$100,000 in grants
that BEF awarded for the 2016-2017 school year!



Visit our website at
www.brownsburgeducationfoundation.org
to learn more about the grant projects
funded by BEF in the 2016-2017 school year.

New canvas

Former muralist turns talent into thriving business

By Chris Cornwall

Dave Sloan, tattoo artist and owner of Freehand Body Art, says his business has experienced growth every year since he took the shop over in 2011.

"It is a very popular art-form, it's probably the most popular art-form out there right now," said the former professional muralist turned tattoo-artist.

”

"Being a starving artist is one thing, but being able to make a living by doing what you love is what it's all about."

- Dave Sloan

Sloan says he fell into the business after a friend noticed his artistic talent from the murals he used to paint around the city.

Sloan said this friend had "terrible tattoos."

"I bought my own equipment and began by cleaning tattoos up for friends. So I had purpose from the start. I didn't just start from scratch."

Of all the styles of tattoos (e.g. American Traditional, Tribal, etc.), one of the most popular today is 'Japanese,' a centuries' old style that Sloan specializes in. He says he really has a passion for its history and has even given seminars on the subject at local museums.

"I help people with the myths and the legends and incorporate it into a sleeve, because tattoos should really tell a story in the Japanese style."

Over the six years that Sloan has owned the shop, he says he really hasn't seen



change in his customer demographic. The usual age of customer wanting a tattoo ranges from 20-40 year-olds, and piercing clients range from teens all the way up to 30, he says.

And although tattoos and piercings are currently a popular form of expression for these age groups, Sloan says there is more to running a successful shop than trends.

"It's all about reputation and we have good a reputation for the size of our town."

In addition to being known as a skilled artist, Sloan sponsors local youth sports teams and is a member of the Brownsburg Chamber of Commerce. He also noted the importance of finding artists who are passionate about their art - just like he is.

"Being a starving artist is one thing, but being able to make a living by doing what you love is what it's all about."

Freehand Body Art

729 N. Green Street, Brownsburg
(317) 852-7777
freehandbodyart.com



Top: Dave Sloan took over a failing tattoo shop in 2011 and renamed it Freehand Body Art. His shop has since grown, adding talented artists like Chris Summers, who specializes in body piercing.

Middle left: An example of Sloan's skilled and colorful work. The canvas belongs to piercing specialist, Chris Summers.

Middle Right: Dave Sloan tattooing customer and friend, Casey Stillabower, during a session that lasted three hours total.

Below: Beautiful palette of inks used to create art on live canvases.

Photos by Chris Cornwall



Making air-waves

Rob's list...

Five books that had an impact on Rob Kendall:

- *The Bible*
- *Art of the Deal* by Donald J. Trump
- *"Crazies to the Left of Me, Wimps to the Right"* by Bernard Goldberg
- *Atlas Shrugged* by Ayn Rand
- *Bob Dylan, Bruce Springsteen, and American Song* by Larry David Smith

How Rob did it:

What's the best advice you ever received?

My father's neighbor wished me luck when I was running for Town Council, he said he had this advice and had actually written it on a yardstick that he kept in his garage: Life is hard by the yard, but it's a cinch by the inch. I still have it hanging on my wall

Best business decision you ever made:

Helping start AudioSportsOnline.com. When I was 22 years old, I took every penny I had, and put it behind the idea of broadcasting sports on the internet. Eleven years later, the company has been successful beyond my wildest dreams.

Worst advice you ever received:

This might be controversial but it's me, it's the advice that there's nothing you can't accomplish. That might sound weird. But I think one of the best things people can do is totally believe in yourself but to do it with reasonable expectations. There is a time when people had pulled the reins back and said maybe this doesn't sound like such a good idea.

In five years, I want to ...

I want to be a great father and husband. Being able to impact your family is far more important than any professional accomplishment.

My secret to success is...

Always be true to yourself. Say exactly what you think all the time. People will respect you, even if they don't like you.

BUSINESS LEADER
Hendricks County

As originally appeared in the March 2017 issue of Hendricks County Business Leader.

By Mark Ambrogi

Rob Kendall has a microphone and he isn't afraid to use it.

"I think we've seen a transformation in our country of people being more outspoken," the 33-year-old Brownsburg resident said. "Politicians or people in the political sphere behaved in a certain way. I think people are sick of that on each side of the aisles. From the left or the right, they want people that are going to speak their mind and be direct and still polite about it. People respect that about me."

Kendall, a 2002 Brownsburg High School graduate, is host of Central Indiana Today on WYRZ-98.9 FM. He interviews different newsmakers five days-a-week on his half-hour show. Kendall, a conservative, also has filled in on WIBC in Indianapolis as a substitute guest host.

"I'm not a mean person by any means," Kendall said. "If there is a public issue that is going to affect me, my family and the people in the community, I feel I have an obligation for those that are too afraid to speak out."

"I'm trying to get people to get involved because apathy is the reason we get poor public policy."

WYRZ station manager Shane Ray said listeners respond to Kendall's plain-spoken approach.

"As the saying goes, he's always been an equal opportunity offender," Ray said. "I think it's the reason people listen to his show and he keeps getting sponsorship - he doesn't try to mask anything. When someone asks his opinion, he'll be glad to give it and not do any sugarcoating. I've always been impressed since he's been on the Town Council with his ability to explain things in layman's terms so anyone can understand exactly what the issue is. One of those things that help him keep his audience is never uses language that is talking down to someone, whether it's a law or politician. He talks plain and simple."

Why former councilman, business owner, and radio host, Rob Kendall doesn't shy away from controversy

”
“Controversy doesn't bother me. I like it. If you are doing what you say, you are being beholden to your constituents.”

- Rob Kendall



Rob Kendall, host of Central Indiana Today.

Photo by Rick Myers

Kendall's most famous guest was President Donald Trump, who appeared on his show before last year's Indiana primary.

"We were the only radio station to get Trump," Kendall said. "We got him for about 10 minutes. That was a phenomenal experience."

Kendall said the station, along with many others, inquired about interviewing Trump.

"Begging is probably a better word," he said. "I had been at it for about a month. I went through Secret Service and bomb dogs. I think there were six of us that got to do interviews that day."

Kendall, who graduated from IUPUI in 2008, served on Brownsburg's Town Council from 2012 to 2015.

"When I ran I won 65 percent of the vote, I said we wanted to do three or four things, no one believed me," Kendall said. "We did those things. I'm a firm believer in doing what you say and following through. Controversy doesn't bother me. I like it. If you are doing what you say, you are being beholden to your constituents. We talked very strongly about reducing property rates."

Kendall said when he ran initially he told people he only planned to serve for one term and no one believed him.

He took a look at running for State Senate but the opportunity at WYRZ opened up. "Pontificating on others might be better than being pontificated about," Kendall said.

He isn't sure if he'll run again.

"I'd want it to be the right position at the right time," said Kendall, who will marry Hailey Aycock on Aug. 12. "If I could really make a difference and change people's lives, I would do it again."



Rob Kendall with then presidential candidate, Donald Trump.

Photo submitted

Brownsburg Education Foundation annual Gala held March 10



Sue and David Bogan

The Brownsburg Education Foundation held its annual "Rally for our Kids Gala", March 10 at the Country Club of Indianapolis. The dinner and auction event raised over \$80,000 for the foundation's work granting funds for projects and special events outside of the allotted budget for classrooms.



Jodi and Brett Jaynes



Jeff and Kim Cottrell



Van and Chitsana Nguyen



Daniel and Amy Daly



Megan and Glenn McCain



Lindsey and Gregg Jackson



Mark and Carol Martin



Travis and Kristina Tschann

Photos by Gus Pearcy



Joni and Matt Martin

10 Questions for...

Deanna Hindsley

Since Deanna Hindsley joined the Hendricks County Historical Museum nearly a decade ago, she has witnessed a resurgence in local interest and support. Hindsley is the museum's current president and has spearheaded several successful fundraisers such as the annual 'Dancing with the Hendricks County Stars' competition. Here we ask Deanna Hindsley ten questions...



Photo by Chris Cornwall

1 Have you always been interested in History?

I really didn't like history in school – memorizing dates and products of counties, and that sort of thing. But I've always been interested in stories about people, which is what this is (Hendricks County Historical Museum).

2 So it's always been more about the people?

For me, yes. When I was a child, my father would take us to historical places and tell us stories about it - among other fun things we would do. I liked hearing those stories even as a child...

3 What prompted you to get involved with the Museum?

Back in 2008, while I was still at The Hearth of Prestwick, I did a couple fundraisers for the Museum. It was because of a booth I saw at the Hendricks County Fairgrounds during an expo. That is when somebody told me about the Museum which I never knew existed, like most people at that time. So I became interested and visited. It hadn't had much attention for a few years. So we were starting with a new group of people really interested in getting it started again. I just really wanted to see it flourish.

4 What has been your main focus throughout this resurgence?

My main focus is publicity and fundraising, but we have a lot of good volunteers who come in and research things, make displays and clean. I'm not very good at that, but I like promoting the museum because I want everybody to know what we have here.

5 What's most satisfying about the work you do for the Museum?

It comes from every event we do and every special tour that brings somebody in who has never been here before, because I've seen the public knowledge about this Museum rise. When I used to go to chamber meetings, it seemed no one knew about the Museum, but now I'll start a presentation and ask, "How many of you know about the museum?" and half the hands in the crowd go up. So that is satisfying to me.

6 What do you feel is most challenging about your work?

Getting more volunteers. We are constantly changing displays in each of these rooms, although they appear already set up. We just have a stash of things people have given us. So I think we need more members and volunteers. When people start volunteering, they love it. Right now the Museum is run by volunteers only. We want to get to a point where we have a few employees as well. We need younger people.

7 Tell me about Dancing the Hendricks County Stars. How did it get started?

This will be the third year for the event, and it's on April 29. The Four years previous to this, we had done a dinner-auction with some sort of historical entertainment, and one of our board members suggested we do Dancing with the Stars. This was the same year I retired and thought, oh, that is too much. But it is a very fun event

8 Is it a competition?

It is a competition. Dancers can either win Best Dancer or Best Fundraiser, and there is a runner-up award to each of those. So if you buy tickets, you can put a note on them to vote for whom-ever you choose. Dancers can also get company sponsorships, and that will go towards fundraising...

9 Is it difficult finding participants for a dance competition?

The first year we had trouble finding people, but I didn't know exactly where to look, but we learned from Putnam County, because Putnam County had done Dancing with the Putnam County Stars for seven years at that point. They suggested we have one person from the board to dance. So that was me (laughing). Because when I presented to the board, no one wanted to do that. We had only six dancers the first year, but everyone still had a great time. Now I have people coming up to me saying, "Hey, I would like to dance in the Dancing with the Hendricks County Stars. And when I ask people to join, it doesn't take arm-twisting to get them to agree.

10 So it has become a hit?

It has; and now we have people calling us up for tickets. They can buy tickets online at our website (Hendrickscountymuseum.org) or directly from the dancers. Dancers can also get company sponsorships or bring in silent auction items, and that will go towards fundraising.

"I've always been interested in stories about people, which is what this is."

~ Deanna Hindsley

Compiled by Chris Cornwall

Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

S
P O M
L B Q D L
B U I C K M O
T S E R E T N I P
N L I N K E D I N S N
T B O F A C E B O O K C O
R S W T R E L S Y R H C C
I U A D G B E O D Y P H B
B N R A R N J G O O E E E
I O S O R A I U N V D E I
F G O T V I T V R O K G T
S M M A A U N O R O P W E
I N U B G L E R I I S
O E U E R E N T C
U T C H A T G
X C A E M
E R V
N

6 Social Media Sites

5 US Car Brands

4 Cleaning Tools

3 Eiteljorg Tribes

2 Columbus Building Architects

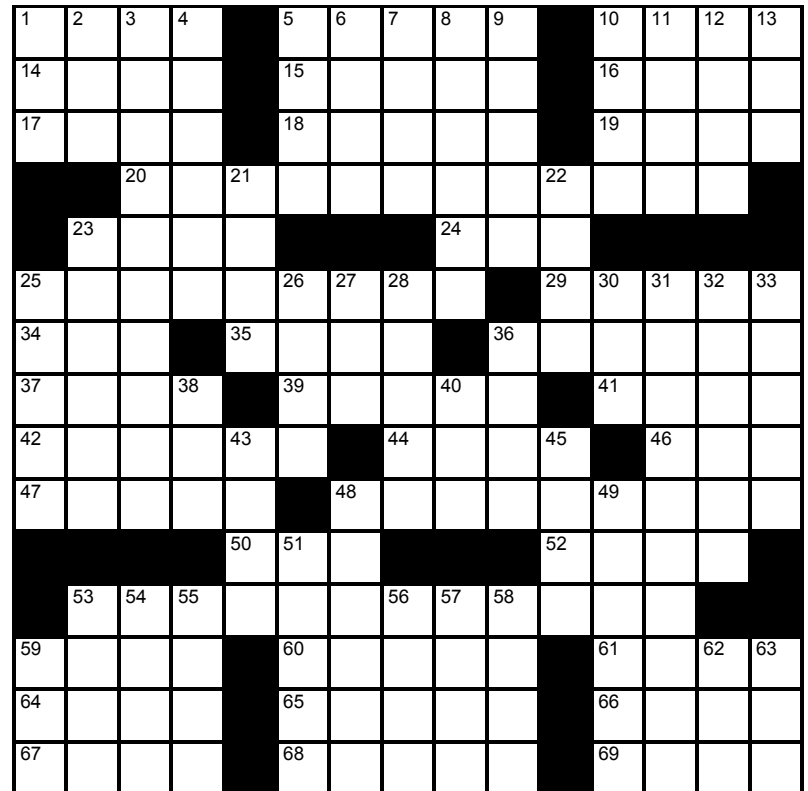
1 Historic Indianapolis Neighborhood

Across

1. Smartphone downloads
5. Dads' Club members
10. Pacific island
14. Thai money
15. Licorice flavoring
16. Ind., for Indiana
17. Arab ruler
18. Channel 13 anchor John
19. Avon HS track event
20. M
23. So Italian Restaurant good-bye
24. B1G Conference foe for IU
25. MA
29. Suit well
34. Hoosier Park feedbag morsel
35. St. Vincent Health medicine amount
36. Feast alternative
37. "The Art of Love" poet
39. MAR
41. Rajeev Ram net org.
42. Breakfast item
44. Zionsville artist Nancy
46. USSR today
47. Prepare, as tea
48. MARS
50. Duke Energy bean counter
52. Hendricks Civic Theatre part
53. MARSH
59. iPod variety
60. Japanese cartoon art
61. Narita sushi fish
64. Norway's capital
65. Walked nervously
66. Simon _____
67. ICON reporters' questions
68. Starbucks biscuit
69. Hoosier National Forest unit

Down

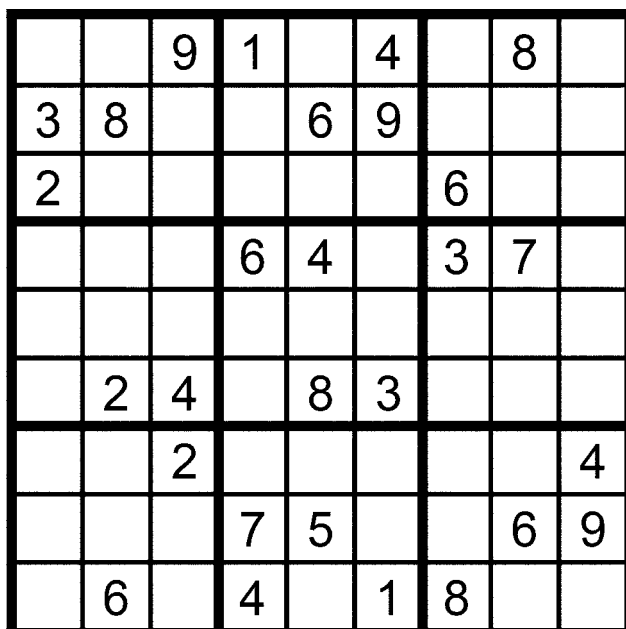
1. Indiana's Lincoln
2. WFMS singer Tillis
3. Goliath was one
4. Engage in an annual Purdue prank
5. Time gone by
6. Add to the pot at Indiana Grand Casino
7. Eagle Creek Reservoir docking spot
8. "Ain't that ____"
9. Feudal workers
10. Colts contest
11. Yellow Cab alternative



12. Cain's brother
13. The A-Team star
21. Word with pigeon or open
22. Brownsburg HS marching band instrument
23. Necktie
25. Dispositions
26. Comedy Central's ____0
27. Stone Creek kitchen meas.
28. Hotelier Helmsley
30. Indianapolis Zoo big bird
31. Katz, Sapper & Miller period
32. Eventually
33. Make frizzy at Hair & I
36. Ran from the Plainfield Police
38. Fizzle out
40. WIPX network affiliation
43. Pet lovers' grp.
45. Harp's cousin
48. French brandy
49. "____ for the weary"

51. Airplane wing parts
53. Mascara site
54. The O in SRO
55. Whispers sweet nothings
56. Puerto ____
57. Sign of things to come
58. Hand over
59. This instant
62. Soap ingredient for Indiana's Amish
63. Danville-to-Louisville dir.

Solutions on page 24



Puzzle Time



Avon 'Future Land Use Map'

A map of Avon meant to guide future land use for development was brought before the Advisory Plan Commission for approval March 6.

What is it?

The Future Land Use Map highlights eight development clusters: Agriculture, Specialty Housing, Wellness, Neighborhood, Retail, Light Industrial, and Innovation.

How it happened?

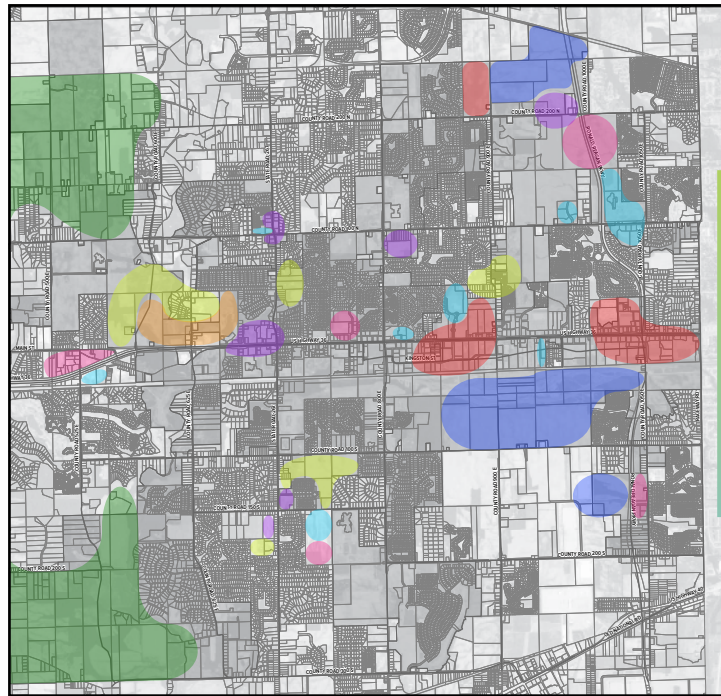
The Map has been the product of many months of work from an appointed steering committee and members of the public. It has been presented to council and plan commission for their continuing suggestions over the past few months, and is coming to the commission.

Why it's important?

The Map will help guide development over the next 20 years. Town staff and decision makers, as well as members of the town and development community will utilize the map to help steer desirable growth in the areas best suited for such growth.

What's next?

The map will come before the town council for ratification.



FUTURE LAND USE CLUSTER MAP

- Agriculture
- Specialty Housing
- Town Center
- Retail
- Innovation
- Neighborhood Retail
- Industrial
- Wellness



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ICON'S
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 readership?

94%



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