

HENDRICKS COUNTY

ICON

GREAT JOB!

Volume 9 • Issue 05
July 16-31, 2016
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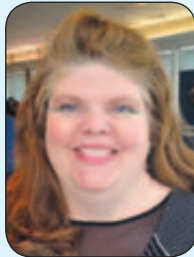
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Solo-canoe camping in Canada

ICONOGRAPHY

Photos and story by
William A. Rhodehamel

I love my job. As executive director of the Hendricks County Community Foundation, I have the opportunity each day to partner with caring people to make our community a better place. I get to work on issues that improve our county, and interact with the projects and organizations that make it happen. I'm happy to come to the office every day.

But I love vacations, too. Time away clears my head, special family time lends perspective on what is really important, and I come back reenergized for my job. I love vacations where I forget what day it is, whether it's on the beach, hiking in the mountains or wilderness canoe camping. And I especially enjoy camping vacations, where more than relaxing is required to reach your goals.

The vacation destination that's captured my heart over the past decades is Quetico Provincial Park in northwestern Ontario. Quetico is located along the US-Canada border

northwest of Lake Superior and, along with the adjoining Boundary Waters Canoe Area in northeastern Minnesota, is the finest flat-water canoe country in the world.

Quetico is over a million acres in area with a beautiful landscape. The Canadian Shield – some of the oldest exposed rock in the world – forms the base for the thousand or so tightly interconnected lakes. Travel on the lakes is at your own speed under your own power, and the rugged trails, or portages, between the lakes connect the tangled watersheds. The fishing



Ottertrack Lake, day five. Ottertrack is one of the Boarder lakes. My feet are in Canada, the far shore is the US.



Loaded up with Hank and ready to go. Saganagons Lake, day five.



Sunset, Other Man Lake, day three.

is world class and the lakes are so pure you can still drink directly out of them. It's a very special and spiritual place.

I've been to Quetico over 25 times and have paddled thousands of miles along various routes through the park. Quetico is true wilderness: the only way into the park is by canoe, no motors or gas-powered equipment is permitted, food must be in reusable containers, and there are no services in the backcountry. There is no cell phone service. Even the campsites are unimproved, though some have been in use for hundreds of years. You rely on yourself, your companions and the equipment you bring with you.

This year I decided to challenge myself in a way I haven't on any of those 25 or so trips. I decided to go by myself, a solo trip, just me and my yellow labrador Hank. I've loved sharing trips with friends and family, but I this year I wanted to see what I could do all by myself. I made my plans, drove to Ely, Minn., (the jumping off point for both the BWCA and the southern entrance to Quetico) and headed into the park early the morning of May 21. After a brief check-in at the ranger station at the border, I paddled into the wilderness of the park.

Over the next seven days I traveled over 65 miles over 25 lakes. There were days where I didn't see any other people, and it was clear that I was the first person in 2016 to traverse a number of the portages. I carried over 150 pounds of gear – along with the canoe, of course – and had a great mix of sun, rain, wind, and a lot of special dog time.

Wilderness travel, especially solo wilderness travel, is as much a trip into yourself as it is into the wilderness. This travel tests you in so many ways – physical, mental, spiritual. I was challenged in many ways, and I realized many times that I was very much on the edge, very much on my own. If something happened there was no rescue coming until someone missed me a week or so later. On the fifth day, the portage I was on dead-ended into thigh-deep mud: a bog with the lake still 150 yards away. I took almost an hour to get through those 150 yards and get paddling again. That is an experience that can break you down, but overcoming it will build you back up again and leave you stronger than before. That's part of what I cherish in wilderness canoe camping.



Hawaiian shirt night.
Carp Lake, day six.

BELIEVE

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*Chloé Dygert, Brownsburg
U.S. Olympic Cyclist*

Chloé is a 19-year-old cyclist headed to the 2016 Summer Olympics, but her road to Rio has had a few challenges along the way. After suffering from several sports injuries, and undergoing shoulder and knee surgeries, she faced extensive physical therapy. But Chloé believed in herself, and with the support of her orthopedics team, she turned these short-term obstacles into unimagined accomplishments. Believe in your possibilities. Our team can help you get there at HENDRICKS.ORG/BELIEVE.



Fun at the FAIR

County Fair kicks into entertainment mode

COVER STORY

By Gus Pearcy

The Hendricks County 4-H Fair is ready to entertain you from July 17-23 with a new money-saving ticket that will reduce the price of the grandstand events for the whole family.

"We have a huge something new called the Grand Ticket," Dawn West, fair board member said. "A Grand Ticket will get you into three grandstand events for \$20."

Grandstand events this year include the annual rodeo on Friday evening; or the 36th annual demolition derby on Saturday at 7 p.m.; the new Full Throttle Monster Trucks show on Sunday, Monday, and Tuesday evenings at 7; or the new Quad Drag Racing on Thursday at 7 p.m.

There will be no concert this year, but there will be live music every evening on the Free Stage at 8 p.m. featuring a wide variety of local music from Bluegrass and Country to Gospel to Rock and Roll.

Per usual, there will be the carnival on the field and the projects on display in the main building. And the Expo Hall will host a myriad of booths to inform you about businesses in Hendricks County.

Other entertainment on the promenade will include wood carving demonstrations, an action-packed dog show, and remote controlled airplanes and helicopters. The highlight this year is Kachunga and the Alligator Show featuring, well, live alligators. There will be multiple shows each day for all the entertainment that is free.

"Every year we try to find something new so that you have entertainment when you come out and eat food," West said. "We try to give you a little more than your \$5 to park. And it gives the 4-H kids something to look forward to during the day."

Parking collection will start earlier this year, according to West, at 10 a.m. It's \$5 to park a car filled with as many as you can get in there. Walk-ins will also be charged \$5.

There will be so much food this year, but West said the delicacy will be alligator and Cajun spice. The rest of the food will be traditional standard fair food including the pork barn and the beef barn.

The 4-H Queen Contest held July 9, crowned

Sarah Crone of Danville. West says there will be a special event Sunday for girls who want to experience a tea party with Queen Sarah and her court, at 4:30 p.m.

"The girls will get their picture taken with the queen and a little tea party and a craft," West said. "It is limited to the first 40 little girls."

That event will be at Conference Rooms 1 and 2 in the complex building.

Thursday will be the annual Neighbors Helping Neighbors food drive with all food collected going to the Hendricks County Food Pantry Coalition. Plus, each animal barn will take their turn at the dunk tank to raise money for the Heifer International, a group that helps communities around the world develop sustainable agriculture while caring for the earth.

The Cartlidge Barn will be home to the Hendricks County Antique Tractor & Machinery Association and their events. This year, the Cartlidge Barn fundraiser will be 5:30 p.m., July 23 at the barn. For a \$30 ticket, guests will be treated to appetizers, dessert and \$15 in fair bucks that can be used at any food vendor at the fair. There will also be a beer garden and a cash bar.

"(The money raised) will go to the Cartlidge Barn fund," Lou Ann Beeson, one of the organizers said. "It goes directly to that fund and used to maintain and upkeep the barn."

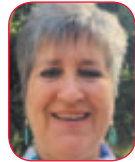
Beeson said there will also be a Tractor Poker Run for \$20 that day. Drivers will meet at 2:30 p.m. near the barn and the event will leave at 3 p.m. It will be a 14 mile route and all you need is a tractor to participate. Half of the money will be for the winners while the other half will go to the Cartlidge Barn Fund. There will also be a silent auction.

If you haven't been to a Hendricks County Fair in a while, you might be surprised at the diversity of projects. West said there is virtually a 4-H project for any interests. The county's growth has made an impact on the number of large animal projects, she said. One area of growth is in the goat projects. Since you can keep them in the backyard like a dog, the number of goat projects has expanded to the point where organizers have to erect a separate tent just for the goats.

"I think people think in order to be a 4-Her, you have to have an animal," West said. "That's not what it's about at all."



WEST



BEESON



The 2016 Little Miss and Mister are Brenley Tennery and Lucas Farmer.



The Hendricks 4-H Fair Queen and her court, from left, Courtier Makayla Schirmer, first runner up Madison Lynch, Queen Sarah Crone, Miss Congeniality Shelby Hiquet and Courtier Melanie Leichty.

Submitted Photos



Above: Shellie Kemerly of My Hunny's Honey has been selling locally-produced honey for 20 years.

Below, left: The stuffed bear attracts bees and honey candy which, according to Shellie, are great for sore throats.



Below, right: Bees wax is a real thing and good for lubricating or melting for lotions or lip balms. Carpenters soak their nails in bees wax to make it easier to penetrate wood. It contradicts the notion that it is none of your bees wax.



A honey of a time

FARMERS MARKET FINDS

Story and photos by Gus Pearcy

For a dozen years, My Hunny's Honey has been a staple at local farm markets. Owners Larry and Shellie Kemerly, of Brownsburg, have been keeping with bees for more than 20 years. The honey is produced locally and the Kemerlys do all the bottling and labeling themselves. In addition to the clover and wildflower honey, My Hunny's Honey sells bees wax, flavored honey sticks, raw honey,

bee pollen, honey candy and honey drippers.

"My father was a beekeeper before us," Shellie said.

It's hard to miss the homespun honey, the Kemerlys participate in every farmer's market in Hendricks County including the new Wednesday night market in Pittsboro at Scamahorn Park. My Hunny's Honey is also available at Frazees Garden and the Beehive in Danville.

For more info, visit myhunnychoney.com.

FOR THE RECORD - HC OBITUARIES

Clifford Frederick Adams

Clifford Frederick Adams, 84, of Avon died on June 27. He was born January 2, 1932. Services were entrusted to Conkle Funeral Home, Avon.

Mary Lou Adams

Mary Lou Adams, 84, of Brownsburg, died June 25. She was born Sept. 1, 1931. Funeral services were held July 2, at Connection Pointe Christian Church, Brownsburg.

Michael Calhoun

Michael Calhoun, 60, Brownsburg, died June 29. He was born Feb. 23, 1956. Services were held July 5, at Matthews Mortuary, Brownsburg.

Sharon Joy Chilton

Sharon Joy Chilton, 79, died June 23. She was born July 16, 1936. Funeral services were held July 2, at Abundant Life House of Mercy, Danville.

Robert E. Cockerel Sr.

Robert E. Cockerel Sr., 73, of Brownsburg died July 1. He was born July 12, 1942. Services were held July 8, at Conkle Funeral Home, Avon.



Stephen Coning

Stephen Coning, 26, of Avon died July 5. He was born April 4, 1990. Funeral services were held July 14, at Conkle Funeral Home, Avon and a military service was held July 15, at Marion National Cemetery, Marian.

Johnny Alexander Davis

Johnny Alexander Davis of Avon was born and died on July 8. Arrangements were entrusted to Conkle Funeral Home, Avon.

Janet M. Evans

Janet M. Evans, 84, of Plainfield died June 25. She was born on Dec. 16, 1931. A celebration of life service was held June 30, at Conkle Funeral Home, Avon.

Sonja Lee Fuller

Sonja Lee Fuller, 78, of Avon died June 27. She was born Aug. 21, 1937. Memorial services were held June 30, at Center Community Church, Plainfield.



Richard Graham Gordon

Richard Graham Gordon, 70, of Avon, died June 30. He was born Dec. 30, 1945. A celebration of life was held July 9, at Avon American Legion Post 145, Avon.



Richard Hawkey

Richard Hawkey, 84, Brownsburg, died June 28. He was born May 10, 1932. Visitation services were held July 5, at Connection Pointe Christian Church, Brownsburg.

Olivia Frances Hays

Olivia Frances Hays, 94, of Plainfield, died July 1. She was born Sept. 24, 1921. Services were held July 5, at Conkle Funeral Home, Avon.



Kevin Lee Hypes

Kevin Lee Hypes, 59, of Plainfield, died June 28. He was born Jan. 17, 1957. Funeral services were held July 1, at Plainfield Church of Christ.



Waymon L. Jones

Waymon L. Jones, 79, of Plainfield, died July 5. He was born Dec. 7, 1936. Services were held July 8, at Conkle Funeral Home, Avon.

David F. Perry

David F. Perry, 77, Brownsburg, passed away July 4. He was born July 17, 1938. Funeral services were held July 7, at Matthews Mortuary, Brownsburg.



Robert F. Randall

Robert F. Randall, 81, of Plainfield, died July 9. He was born March 31, 1935. Arrangements were by Hampton-Gentry Funeral Home, Plainfield.



William Dale Ward

William Dale Ward, 83, died on June 25. He was born Dec. 12, 1932. Funeral services were held July 1 at St. Malachy Church, Brownsburg.



From left: Shari Fulner, Nick Meyerrose, and Anna Webb.



Stephen Ogden and Nick Merryrose.

Brownsburg bus drivers excel in competition

BROWNSBURG BUS DRIVERS – On June 11, Brownsburg East Middle School hosted bus drivers from around the state at the annual School Transportation Association of Indiana's (STAI) School Bus Safety Competition. This safety competition was designed to recognize excellence in school bus drivers as well as afford them the opportunity to demonstrate the skills and responsible performance of their demanding jobs. The top winning special needs team came from Brownsburg schools. Anna Webb and Shari Fulner will represent Indiana at the National Safety Competition during the TSD Conference and Trade Show March 17-22 in Dallas/Frisco, Texas. Brownsburg's Stephen Ogden was named Rookie of the Year and placed second in the General Education category. The Brownsburg General Education Team of Ogden, Deb Amburgy, and Crystal Myers also placed second.



Hendricks County Comeback Athlete award winners with HRH staff.

Comeback athletes honored

STUDENT ATHLETES – Hendricks Regional Health recently recognized high school athletes in Hendricks County with the Comeback Athlete Award. One athlete from each Hendricks County High School was selected based on their return to competition after an injury, in addition to their leadership, sportsmanship and academic performance. All of the Comeback Athletes were nominated by their high school athletic directors. The Comeback Athletes honored this year are: Grace Langford, tennis for Avon High School Orioles; Allyson Carver, softball for Brownsburg High School Bulldogs; Austin Gates, football, basketball and track for Cascade High School Cadets; Brock Hudkins, two-time state champion wrestler for Danville High School Warriors; Tevin Tomlinson, football for Plainfield High School Quakers; and Abbey Gliva, basketball, soccer, volleyball, and track and field for Tri-West Bruins. All of the Comeback Athletes received a certificate of recognition and a \$500 scholarship to help with college expenses.



Charlie Heiss and Alan Filder.

Transportation department staffers win state titles

AVON BUS DRIVERS – Avon Community School Corporation's transportation department staff members Charlie Heiss and Alan Filder each won state titles at the recent School Transportation Association of Indiana (STAI) competition. Mr. Heiss won the Technician Award and Mr. Filder won the Inspector Award. They are now headed to Nationals to represent Avon.



From left Shane Ray and Bob Jenkins.

'Flashback Party' with Bob Jenkins on 98.9FM

ON THE AIR – Maybe you've heard "Flashback Party" on XRBRadio.com? Well, now you can hear legendary racing broadcaster Bob Jenkins on 98.9FM and WYRZ.org as well on Sunday's at 4 p.m. on 98.9FM and WYRZ.org. Jenkins has been doing the show on XRB for almost 8 years. Bob takes you back to the early days of Rock N Roll. Recently Jenkins wanted to take a tour of Brook Knoll Village in Avon, sponsor of "Flashback Party", since he first heard about the large print historical pictures of the Indy 500 that are posted throughout the facility. When the tour was over, WYRZ's Shane Ray presented Bob with a framed original copy of the Buddy Holly album "The Chirping Crickets" in honor of the Buddy Holly radio special he is hosting on WYRZ during Labor Day weekend of this year.

Danville and Plainfield scholarship winners

STUDENTS – The Knights of Columbus Council at Mary Queen of Peace Catholic Church in Danville recently announced the winners of their two \$1,000 senior scholarships. The council offered one scholarship for each of the parishes of Mary, Queen of Peace (Danville) and St. Susanna (Plainfield).

The winner for Mary, Queen of Peace was Nathaniel Freed. Nathaniel is a graduate of Danville High School and achieved a GPA of 4.0. He is planning to attend the University of Alabama to study Aerospace Engineering and Mechanics.

The winner for Saint Susanna was Kaylee Kerr. She is a graduate of Avon High School and achieved a GPA of 4.77. She is planning to attend High Point University in North Carolina.



FREED



KERR

HC ICON News Quiz

How well do you know your Hendricks County community?
Test your current event knowledge with a little Q&A!

1 Larry Alcorn was recently named the new Fire Chief of the Brownsburg Fire Territory. Who was the last fire chief? (Not interim)

- A. William Brown
- B. Ray Anthony
- C. Puff the Magic Dragon
- D. None of your beeswax

2 Who is the last Hendricks County native to be crowned Miss Indiana State Fair?

- A. Sarah Crone
- B. Julie Powers
- C. Madeline Hayden
- D. Judge Mary Lee Comer

3 Chloe Dygert of Brownsburg will compete next month at the Rio Olympics in what sport?

- A. Volleyball
- B. Basketball
- C. Shooting
- D. Cycling



4 What is the oldest operating restaurant in Hendricks County?

- A. The Coachman
- B. Dave's All-American Pizza & Eatery
- C. Mayberry Cafe
- D. Flap Jack's

5 What two Hendricks County towns made the safewise.com list of 20 safest cities in Indiana?

- A. Brownsburg and Danville
- B. Avon and Plainfield
- C. Ligonier and North Salem
- D. Brownsburg and Pittsboro



Answers on Page 12

Step towards city status

GOVERNMENT

By Rob Kendall
Brownsburg has taken an initial

step towards becoming Hendricks County's first city. Citizens gathered at the library on July 6 to share thoughts and gather information. The meeting was organized by Councilman Brian Jessen.

A city could give Brownsburg a chief executive who is accountable to voters, in the form of a mayor. The town currently has a manager who runs the operations and puts together the budget. The position is unelected and hired by the council. If a city referendum were passed, Brownsburg could vote on its first mayor in 2019.

"I think that while our town manager does a really good job day to day of things, when things happen in town, if you're not really thrilled about the direction of town, you as the voter don't have the right or the opportunity to change the town when it comes to the manager," said Jessen. "A chief executive is one person that is going to put themselves forward and say this is my vision for our community over the next four years."

Resident Matthew Simpson attended the meeting and believes the mayor would create a person for residents to go to when they have issues. "There would be a point person to go to when there are issues or questions

... Right now, do you call the town manager, any of the five town council members, or someone from the street department? It just adds clearly to who is in charge."

In order to become a city, Brownsburg residents would have to approve the measure via referendum. A tentative date of November 2018 was discussed. While the town council could place the city question on the ballot on its own, the group agreed it would be best for citizens to force the issue by gathering signatures. An estimated 512 signatures by registered voters who live in town would be required.

One structure of city government would consist of a mayor, along with a seven-member city council. The council would have five ward representatives and two at-large members. The city could still retain a manager to assist the mayor if desired.

"I think it is time for people to have their voice heard," Jessen observed. "I think it is time that we just have the conversation, let make people make their decision, and we move on."

Concerns from those in attendance included potential increase in crime and cost of government. The group has agreed to meet again in September, where they hope to form a committee to gather signatures.

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FROM THE PUBLISHER

Back to school daze

It's hard to believe but in a few weeks students will be heading back to school.

I want to take this time to once again thank all of the educators in the Hendricks County community who work so diligently to help provide our students with the intellectual tools that's necessary for them to be successful in life – whether public or private schools the community is blessed to have dedicated educators.

I can't help but believe this must be a difficult time to be a teacher - for variety of reasons which I will not get into. Having said that again my hat's off to these individuals and, too, to those parents who realize that education really begins in their homes – and if they don't they should. It's no secret that those children who come from homes where education is valued tend to be more successful – It's not a teacher's sole responsibility.

Look for our back-to-school section the August issue of the ICON.

Here's to a productive 2016-2017 school year for all school personnel and, of course, students as well.

.....
In my almost 55 years on this planet just when I think I've seen it all – I haven't. Case in point is the tragic deaths of the five police officers in Dallas recently.

Under no condition should a police officer be assassinated – never, ever. When this happens our society is headed for disaster. The ICON has long supported local law enforcement as is evidence of the publishing of "Behind the Badge" and we will always support these brave men and women who protect and serve. The ICON family's prayers are with the families and the entire Dallas law enforcement community. God Bless.



Rick Myers is co-owner of Times-Leader Publications, LLC., publisher of Hendricks County ICON and Hendricks County Business Leader. Write him at rick@icontimes.com.



Aering grievances

HUMOR

By Dick Wolfsie

The men who live in my cul de sac aerate their lawns. I'm telling you this because there's a good chance that because of this unnecessary demonstration of male virility, I may put my house up for sale and I'd feel guilty if someone reading this ended up in the same neighborhood.

Recently, my wife and I arrived home and saw Jeff wrestling with what appeared to be a 200-horsepower lawnmower. The really strange part was that Jeff was not aerating his own lawn but Stan's lawn, which looked like an act of great selflessness unless you take into account that he had simply lost control of the behemoth and was desperately trying to steer the machine back to his own front yard. Then Mark, watching Jeff from his living room window, came outside to request that he be given a chance to aerate. Stan also wanted in. This scam made Tom Sawyer look like an amateur.

I have never aerated my lawn. I don't think I've ever said or written the word "aerated" prior to today. If it weren't for spell check, the first line of this column would have been: "The men who live in my neigh-

borhood airrate their lawns."

After observing my neighbors gleefully involved in raising their testosterone levels, I agreed to try aeration myself. I declined doing my own lawn, having arranged several years ago for nine moles to do the job for me. I took hold of the handles, pressed the bar and was quickly propelled into action on my neighbor's impeccable grass.

Putting holes in someone else's lawn was fun, but four seconds was way long enough. Aerators make me nervous. They are potentially dangerous. I am uncomfortable with even having an aerator in the neighborhood, but Jeff put my mind at ease. "Aerators don't poke holes in lawns. People poke holes in lawns," he told me.

That made me feel a lot better.



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.

QUOTE

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer."

~ F. Scott Fitzgerald, *The Great Gatsby*

Fair experience is really top-notch

OUR VIEW

If you haven't been to a county fair for awhile, go

to this week's Hendricks County Fair. It is a great experience. Forget your diet and enjoy the food. Food vendors offer a variety of meals and refreshments, plus several local organizations benefit from the fair by selling carnival cuisine as a fundraiser.

The majority of ICON readers don't have a farm, so this is an excellent opportunity to breathe in the agricultural history of Hendricks County while learning all the work that goes into producing a champion pig or steer.

The Fair Board works tirelessly to discover new ways to bring people out this week. They secure great entertainment and showcase many locals. You won't be bored at the Hendricks County Fair.

Marvel at the facilities. The HC 4-H Fairgrounds and Conference Complex is a beautiful venue. It brings many regional and national events to the area, such as last month's Society of Creative Anachronism's 50th Anniversary Celebration that brought the Middle Ages to our county. There have been pow-wows and many, many horse competitions and shows. Our Equine Arena is the best for miles.

Finally, visit the Hendricks County 4-H Fair to see what our children can accomplish when guided and encouraged. The amount of 4-H projects will astound you. So will the variety. Note the ribbon winners and think about the amount of time and effort it takes to complete a project and then the guts to put it up for judging.

While the popularity of county fairs has dwindled they are still the place to be, to learn and to enjoy.

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you... In West Virginia, a person may not hold public office if he or she has ever participated in a duel.

SOURCE: dumblaws.com

Yes, we want your letters:

Readers of the HC ICON are encouraged to send letters to the editor as often as they wish. The stipulations are that the letter is timely, focused (not more than 200 words) and verifiable. Please make sure to provide your complete name and daytime and evening telephone contact numbers. All letters are subject to editing for brevity, clarity and grammar. Please direct your correspondence to: news@myICON.info.

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13 to vie for title of 'Distinguished Young Woman of Avon' July 30

COMPETITION – Thirteen young women will compete for the title of Distinguished Young Woman of Avon on July 30. The scholarship program, "Avon's Gone Country" will be held in the Family Life Center of Harmony Baptist Church, 5693 Broyles Rd., Avon, at 6 p.m. This year's participants (and sponsors) include: Megan Cox (Avon Optimist Club), Amber Greaney (Basically Buttercream), Kasia Crain (Shafer's Collision Repair), Lauren Crandall (Avon Tri Kappa), Samantha Selge (Avon Junior Athletic Association), Olivia Krober (Mears Machine Corporation), Abigail Handlon (Moench Engineering), Alexandra Perkins (Susan X. Conger - Attorney at Law), Cassandra Stall (Avon

Tri Kappa), Jasmine Stone (Avon Optimist Club), Nina McGrew (Kiwanis Club of Avon), Tori Swisher (Nova Sydal), and Jennifer Bair (Sinclair Communications). The winner will go on to compete with young women from across the state in the Distinguished Young Women of Indiana program in Kokomo in February. The winner of this competition will then advance to the June 2017 DYW Nationals in Mobile, Ala. as Indiana's representative.

For more information, contact Connie Leak at (317) 442-2885 or via e-mail at connielleak@gmail.com.



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News Briefs



Calling all photographers

CONTEST – Hendricks County Parks & Recreation is calling all professional and amateur photographers to help with photos to be used for a 2017 wall calendar that will feature the department's three existing facilities: McCloud Nature Park, Sodalis Nature Park and the Amo-Coatesville section of the Vandalia Trail. Photos may be submitted for consideration now through Sept. 2, and prize packages will be awarded to the 12 winning photographers whose pictures are selected for the calendar. Winners will receive a free t-shirt, three copies of the 2017 calendar, an 8-ounce bottle of McCloud Maple Syrup, free registration to a Hendricks County Parks & Recreation program in 2016 or 2017, and an additional gift donated by Roberts Camera in Indianapolis. Details about the contest and how photographs may be submitted can be found on the department's website at hendrickscountyparks.org.

Back-to-School Bash set for July 28

SCHOOL PARTY – Trine University, Ivy Tech, Hendricks College Network, and Emmy's Pancake House are holding a Back-to-School Bash on Thursday, July 28 from 4-8 p.m., Beechwood Centre, 7508 Beechwood Centre Rd. There will be food trucks, games and giveaways. Admission is free. For more information, call Trine at (317) 775-8410.

Poster contest open to Hendricks County

CONTEST – In partnership with the Hendricks County Torch Relay Committee, the Hendricks County Arts Council (HCAC) is presenting the Hendricks County Commemorative Torch Relay Poster Contest for 2016. The contest deadline is Aug. 12. The selected design will be reproduced and made available throughout Hendricks County. In addition, the poster winner will receive a \$250 cash prize and a Commemorative Bicentennial Medallion. Posters should be original works, graphically attractive and clearly display the theme "Hendricks County Torch Relay Presented by Duke Energy". The application and guidelines can be found online at hendrickscountyarts.org. For more information contact HCAC at info@hendrickscountyarts.org.

EVENTS CALENDAR

July 16 • Cruisin' in Coatesville Car Show and Street Fair | When: 10 a.m. – 6 p.m. | Downtown Coatesville | Contact: Steven Schultz (765) 386-2780 | coatesville.in.gov.

July 16 • Brownsburg Festival of the Arts | When: 8 a.m. – 3 p.m. | Cost: \$3/person | Where: Arbuckle Acres Park; 200 N. Green St., Brownsburg | Contact: Mike Arnould at (317) 852-7885 | brownsburgfota.com.

July 16 • Summer Sounds on the Square: Cari Ray | When: Gates open at 6:30 p.m. and show at 7:30 | Cost: \$5 | Where: Danville Courthouse Square | Contact: Christa Salyers at (317) 319-1492.

July 17 -23 • Hendricks County 4-H Fair | When: 10 a.m. – 10 p.m. | Where: Hendricks County 4-H Fairgrounds and Conference Complex; 1900 E. Main St., Danville | Contact: director@4hcomplex.org or (317) 718-6156 | 4Hcomplex.org.

July 20 and 27 • Summer Fun Run | When: 6-7 p.m. | Where: various Hendricks county Parks | Contact: (317) 718-6188 | hendrickscountyparks.org.

July 23 • Race Across Hendricks County | Where: Various locations | Contact: Will Lacey (317) 272-1835 or wlacey@sbcglobal.net | danvilleindiana.org/recreation.

July 23 • Dessert Fest | When: 1 – 4 p.m. | Where: White Lick Church; 2530 N. Co. Rd. 600, Avon | Contact: (317) 852-2840.

July 23 • Endless Summer Band | When: 6:30 – 9:30 p.m. | Where: Hummel Park; 1500 S. Center St., Plainfield | Contact: (317) 839-9121 | hummelpark.net/park_events.

July 29 • Danville Music Palace Concert | When: 6:30 – 10 p.m. | Cost: adults \$10; kids 12 and under free | Where: Danville Music Palace; 1225 W. Co. Rd. 100 S. | Contact: Katie Garwood at (317) 718-8874 | SupportHendricks.org.

July 30 • Avon Art in the Park | When: 4 – 10 p.m. | Where: Avon Town Hall Park; 6570 E. US Hwy. 36, Avon | Contact: Avon Town Hall (317) 272-0948.

July 30 • Play'nfield in the Park | When: noon – 9 p.m. | Where: Hummel Park Performing Arts Center; 5373 S. CR 700 E, Plainfield | Free.

July 30 • Tiki Time for Sycamore Services | When: 6 – 10 p.m. | Where: Hendricks County 4-H Fairgrounds and Conference Complex; 1900 E. Main St., Danville | Contact: Jamie Howard (317) 664-7075.

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HC ICON Quiz

Answers from page 7

1. A
2. C
3. D
4. B
5. A



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Faith on Food by Faith Toole

An Option

Jimbo's BBQ

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The scoop: Isn't it nice to go into an establishment where everyone knows your name ... "Hi, Norm!" Jimbo's BBQ isn't Cheers, but it does know your name after your first visit. Jim and Robyn love what they do and do it well: a perfect blend of flavorful woods to smoke each meat entree and making their own delicious sauces. The mouthwatering ribs, pulled chicken and beef brisket are a must for the three meat platter along homemade green beans! Their specialty is smoked meatloaf, your taste buds will be happy. My favorite is the Brunswick stew served with the best cornbread and order extra to dip. Save room for dessert from Mama P's, choose



the lemon or chocolate cake! Call ahead for takeout as you head back home from work. It's home cooking without the effort.

Where I Dine Maci Tetrick, Plainfield



Where do you like to dine? I love eating at El Meson in Plainfield! The restaurant is so popular in my town that we had to create a second one right down the road (but the original is the best in my opinion).

What do you like there? To start, I order queso to go with my chips and salsa. I love all the food there, but my go-to is the Burrito Gigante (literally, giant burrito).

What do you like about this place? You could argue that all Mexican restaurants are the same. I love El Meson though because of the friendly environment, and I love that the waiters all recognize me and challenge me to use Spanish while I am there (since they know I am studying that). Even when the restaurant is not super busy, I am guaranteed to see people that I know, because all of Plainfield turns up there, especially Friday nights. Make sure to visit once on your birthday for sombreros, loud singing, and ice cream in your face!

Behind Bars

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Faith Toole is our Hendricks County Foodie. She can be reached at #HCICONFoodie faith703@live.com.



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Concert to benefit HRH Foundation

BENEFIT

The Hendricks Regional Health Foundation is holding a benefit concert on July 29, at the Danville Music Palace, located at 1225 W. Co. Rd. 100 S., Danville. Funds from the concert will help to purchase and provide operating expenses for a wheelchair-accessible van to help get patients to and from medical appointments. This family-friendly concert features music from Joe Herr and the Blue Saloon Band and begins at 7:30 p.m. Gates open at 6:30. Admission is \$10 donation per person at the gate; kids 12 and under are free.

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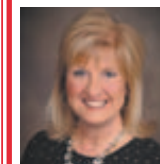
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Elegant pork tenderloin

RECIPE

By Jerry Rezny

Pork tenderloins are well known in Indiana as a slice of pork, pounded thin and breaded, then deep-fried to a golden brown. There are other, more elegant ways to use this very versatile piece of pork. Actually, the pork tenderloin (sometimes referred to as a "catfish" because they have a similar shape) is a very tender, flavorful cut of pork. It can be prepared like the much more expensive beef tenderloin for less than half the price! I like to serve it like the beef tenderloin that is often served at high-end restaurants, topped with Béarnaise sauce, a flavorful variant of Hollandaise sauce.

Pork is different today from what it was 50 years ago. Pigs used to be raised mainly for the lard and so had much more fat than today's teams of hogs. It is safe to cook the "new" pork to medium instead of well done. You should do this because with less fat,

pork can be a bit dry.

Season your pork tenderloin liberally with Lawry's Seasoned Salt. When the charcoal or gas grill is ready, put the tenderloin(s) on it for about 12 minutes, turning every 2 minutes and baste it with butter, until the internal temperature is 140 degrees.



COOKING
with Jerry

Homemade Béarnaise sauce is delicious, but it's much easier to buy a packet at the grocery store and follow the package directions. It adds great flavor and elegance to an economical, elegant dinner!



Jerry Rezny lives in Avon and owns Handcrafted Beverages. He also teaches at the International Culinary School. Contact him at handcraftedbeverages@yahoo.com.

HCCF announces scholarship deadline

SCHOLARSHIP APPLICATIONS – Hendricks County Community Foundation offers more than 50 scholarships to local high school seniors. The application to apply for these will be open from Aug. 1 – Sept. 7. The awards range from \$500 to \$10,000, with each scholarship having specific criteria. Students must apply for the scholarships online, at hendrickscountycf.org/scholarships/, where more information is also available.

Send your Hendricks County news and events to: news@myICON.info

Ethos, pathos and logos hit the campaign trail

GRAMMAR GUY

By Jordan Fischer

If ethos, pathos and logos sound like characters from the Three Musketeers, then you're surprisingly well-read for someone who's not familiar with the modes of persuasion.

First put to page by Aristotle in the 4th Century BC, the modes of persuasion (ethos, pathos and logos) are how speakers appeal to audiences. I'll let the man himself do the introductions:

"Of the modes of persuasion furnished by the spoken word there are three kinds. [...] Persuasion is achieved by the speaker's personal character when the speech was so spoken as to make us think him credible (Ethos). [...] Secondly, persuasion may come through the hearers, when the speech stirs their emotions (Pathos). [...] Thirdly, persuasion is effected through the speech itself when we have proved a truth or an apparent truth by means of the persuasive arguments suitable to the case in question (Logos)."

Repackaging that for this century, ethos is an appeal to authority – specifically the speaker's. It can come from expertise,

from an elected position or just inherent goodness. The important thing is that the speaker has authority and you should listen because of it.

Pathos is an appeal to emotion. If you're a fan of the Simpsons, you'll recognize pathos in Helen Lovejoy's frequent, handwringing appeals for "somebody to please think of the children." Won't you?

Logos is the appeal to logic – and it's often the least effective mode. If you'd like to understand why, consider that Airborne – the popular Vitamin C supplement – made its parent company \$70 million between 2011 and 2012 – a full three years after the makers admitted in a \$23 million class-action lawsuit that there was "no competent and reliable scientific evidence" to support its health claims. As of the writing of this article, a bottle of 75 Airborne gummies goes for \$23.75 on Amazon.



Jordan Fischer is a contributing columnist for The Hendricks County ICON. To ask Jordan a grammar question, write him at rjfische@gmail.com.

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— Janet F.

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Myths about GERD... and heartburn

DIGESTION

By Dr. Jamie Ulbrich
Every week 20 percent of the American population is affected by symptoms of a digestive disorder, called gastroesophageal reflux disease (GERD). The most common symptom is heartburn.

Myth: Heartburn hurts your heart. **Fact:** Despite what it's called and where it hurts, the pain has nothing to do with your heart. Heartburn happens when a muscle at the end of your esophagus – the pipe that carries food from your mouth to your stomach – doesn't close properly. Stomach acid creeps back up that pipe, causing irritation. Along with discomfort, you may also have a bitter or sour taste in your mouth and throat. Symptoms can last from a few minutes to a few hours.

Myth: You can't have GERD without having heartburn. **Fact:** If you have heartburn more than twice a week, you might have

GERD. Heartburn is a symptom of GERD, but not always. Hoarseness, a dry cough, trouble swallowing, a persistent sore throat and a feeling of something sticking in the throat are also signs of GERD.

Myth: Once you start taking medication, you have to take it for life. **Fact:** While there are some patients who experience acid reflux or heartburn on a daily basis, most people only have flare-ups occasionally. While doctors stress that these drugs are safe and that the long-term side effects are worth the gamble for people with severe acid reflux, most people can get by just taking a pill when symptoms begin or before indulging in the kind of meal that typically brings on acid reflux. Talk to your doctor to figure out your best option.

Myth: Acid reflux is just something to be tolerated. **Fact:** There's no reason to simply endure flare-ups of acid reflux. Acid reflux isn't caused by any one choice that a person makes, be it smoking, overeating or drinking coffee. Those are all triggers of the condition, but the actual condition is caused by that malfunctioning valve. About 15 percent of the people who suffer acid reflux are doing permanent damage to their esophagus. The acid can damage the esophageal lining. If you suffer acid reflux or heartburn frequently, see a doctor.



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Dr. Jamie Ulbrich is a physician for Hendricks Regional Health. She can be reached at (317) 271-6363.

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HCBL Extra

By Gus Percy

Forty-one years ago this month, a young man instead of buying a car, took \$2,400 and opened a carry-out-only pizza joint on the west side of Danville. He kept his full-time job at Indianapolis Power & Light to hedge his bet. His mom worked the store weekdays and the young man would work nights and weekends.

It was July 2, 1975, and the young man marked the occasion by naming his pizza All American. His shop was barely big enough to fit two pizza ovens and five refrigerators, but his was the only pizza shop in Danville, so he became pretty successful, pretty quickly.

By 1980, Byrdwell took an opportunity to expand his business to a sit-down restaurant. He started with a small building that seated 53 patrons. Then he had the opportunity to buy out the Westwood Inn next door. In 1987, he merged the two buildings to his current floor plan which seats 200.

Today, Dave Byrdwell, 65, has a full service restaurant with a very popular salad bar, a full menu, and pizza at Dave's All-American Pizza. He claims he's the oldest operating restaurant in Hendricks County drawing customers from 25 cities and five states.

You can't miss Dave's establishment if you drive west on Main Street towards Danville Community High School. The first thing you notice is one of the largest United States of America flags you'll ever see.

Then you notice the distinct military motif around the rustic wood-sided building. Inside you will find no less than 20 mannequins dressed in various military uniforms from U.S. armed services. Many of the uniforms were donated by customers.

One of his favorite pieces was donated by a former busboy who went to the United States Military Academy or West Point. Byrdwell gave him his first job but didn't think he could hack West Point. When Chris Rollins graduated, he invited Byrdwell to the ceremony, which Byrdwell describes as halcyon ground. A few years later, when Rollins earned the rank of lieutenant general, he was asked where he would like the bar-pinning ceremony held.

"He said, 'I want to go back to Dave's Pizza because that's where I learned to work,'" Byrdwell said. "So they flew him back and we had a little ceremony in here with General Franks."

Quietly, each November, Byrdwell invites veterans to his restaurant for a free prime



Dave Byrdwell

Photo by Gus Percy

rib dinner.

Byrdwell prides himself on shaping the work ethic of the youth. To be honest, labor has been his greatest challenge in business.

"When I started, I thought every (employee) who came through the back door wanted to be successful," he said. "I was wrong."

"If you don't set goals, you'll work for someone that does," he said.

As a role model, Byrdwell is constantly in the restaurant taking care of business. He still hand cuts the steaks every night. Some of his employees have been with him for decades.

An education advocate, Byrdwell served on the Danville Community School Board. He's earned three advanced degrees including an MBA from Butler University.

But Byrdwell's philosophy of management is shaped by what he calls an MBWA - manage by walking around.

His six years in the National Guard as well as his football and basketball days shaped his outlook on business. Every day is either an athletic event or a military operation.

"I cannot stand to lose at anything," Byrdwell said of his approach to business. "I plan to win and how we win is to satisfy every customer that comes through the door."

Byrdwell likens owning a business to "standing in a swamp full of alligators, looking for the plug." However, he can't imagine doing anything else. He has no exit plan or any plans to retire. He's made many friends through his customers.

"I enjoy my customers," he said. "They are my friends and contribute to my success."

BIZ BRIEFS

Freespeakers.org provides free speakers services

FreeSpeakers.org is a pro-bono speaker's bureau in Indianapolis and its suburbs for groups and organizations in need of speakers. The bureau has 22 local speakers with more than 35 different topics available. The website and list of speakers can be found at indianapolis.freespeakers.org/.

Under new ownership

First Light Home Care franchise in Plainfield is under new ownership. Susan Lindgren, BSN, RN is the new owner and director of First Light Home Care. Located at 2680 East Main St., Ste. 213 in Plainfield, took over ownership on June 6. First Light Home Care can be reached at (317) 586-2273 or indyagencydir@firstlighthomecare.com



Dr. Scott Wyndham named Director of Finance and Operations

The Avon Community School Corporation Board of School Trustees recently accepted the recommendation to name Dr. Scott Wyndham as Avon School's director of finance and operations effective July 1. Dr. Wyndham is currently the director of special education for Brownsburg Community School Corporation.



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Questions for...

Jeremy Weber

For a little over a month now Jeremy Weber has held the position of superintendent at Hendricks County Parks and Recreation. He came to the parks department via the Department of Natural Resources. The Purdue University grad is an avid outdoorsman and when he is not enjoying the outdoors he lives in Brownsburg with his wife and two children. Here we ask Weber 10 questions:



1 You've been the parks superintendent for Hendricks County since around June 6 what's it been like so far in this short time? It's been pretty hectic. There's been a lot of things going on. The park board and my staff have been trying to keep things going while my position was empty... so they've been doing quite a bit of project work. There were some grants that were done before my predecessor left and so they were trying to keep those going... I've been trying to get caught up on the projects and trying to see how they fit into the big picture. The way I see it right now is our parks are really good. They have a lot of potential to be real, I guess, factors in the economic growth in the county. They have a lot of potential for providing things for people to do.

2 Most people don't think of parks as an economic growth tool, elaborate just a little bit. Well, our parks, especially if you go and look at McCloud, it's like a state park in miniature. You know, obviously we don't have the camping, but we have some really nice trails and we're starting to get some really good facilities and there are some things that are up and coming that I think those in themselves will make it a good destination for people to want to come to. That one (McCloud) in particular too, I guess was voted as one of the top 10 places in the state to come and look at the fall foliage...

3 At this point in your short tenure here what do you see as a major challenge? It's trying to get all the activity coordinated and moving in one direction instead of just all the random activity that's been happening. And what I've seen so far the different park systems don't really interact very much. We have the Summer Fun Run series where we partner with some of the other parks, but there isn't a whole lot beyond that and so I would like to get to, you know, some of our other parks systems, the town parks and township parks, working together. And we like to partner with organizations like Hendricks Regional Health and maybe some of the local sporting goods stores to provide some recreation-based educational programming, too.

4 Where do you see the park system in five years, ten years? I would like to see it continue along the lines, like I said, of the state parks in miniature... and continue to make the destination-type place for people to visit... I think keeping those natural areas is important and keeping people connected to them is important.

5 How did you decide to get involved in the line of work that you're involved in? Well, when I was in college that's what I thought I wanted to do so I got into Recreation Resources at Purdue and then ended up getting into the ecology side of it more... and then I went into Extension and got the background in education and getting into parks kind of tied the two things together.

6 How do you use parks personally? My family and I really like to do things outdoors so we're into kayaking and backpacking and camping and hiking and fishing and hunting and all that.

7 Anything else you enjoy doing just to relax to get away from the job on occasion? Yes, my kids are both pretty active in sports and school activities and so we go to their things... some of the other things I guess I like to do are watch movies and read. We all read a lot, too.

8 Is there something you're working on that would be unique that would kind of be a wow to people? We're building an arboretum at McCloud. Hopefully it will be kind of a center piece for the park... We are also working on getting the Vandalia Trail expanded and paved... that's one of the priority trails in the state for development. It's supposed to eventually run all the way across the state to Richmond. We are working with the Indianapolis Airport Authority and Plainfield and the US Fish and Wildlife Service to expand Sodalis Park, too. Those are the big ones that are going on right now.

9 Public parks mean that you have to work with public officials. How will you do that? I guess the same way I always have. I just try to be straight forward with them and tell them what I need and why and generally so far I've been pretty successful at that. I've been to a few meetings here and the public officials here seem to be here to work.

10 What would you like your legacy to be? I guess as far as the legacy goes just the growth of the system, getting people to work together and seeing them (parks) become a real driver for economic development.

"I've been trying to get caught up on the projects and trying to see how they fit into the big picture."

~ Jeremy Weber

Interviewed by Rick Myers

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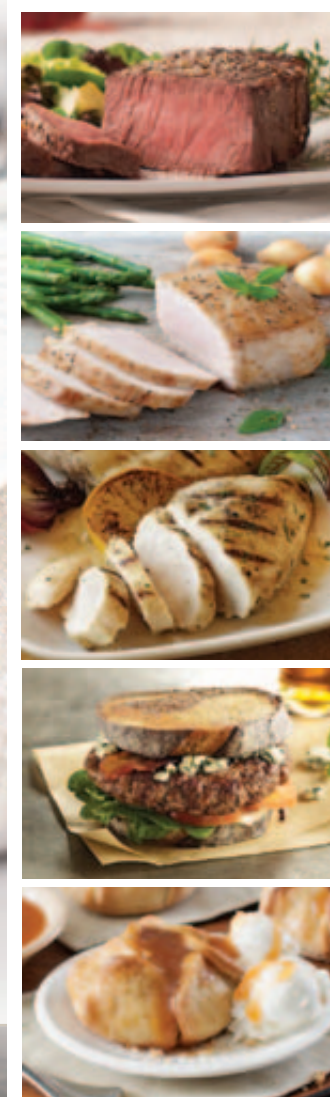
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