

# HENDRICKS COUNTY ICON



National  
Catholic  
School Week

Pages 10-14

**AUTO-LAB**  
COMPLETE CAR CARE CENTERS  
10750 E. US Hwy. 36, Avon  
(Next to Crew Car Wash)  
Mon.-Fri. 7:30 am - 6pm • Sat. 8am - 4pm

**OIL CHANGE**  
**\$21<sup>99</sup>** Synthetic Blend  
Lube • Oil  
Filter Change

**\$49<sup>99</sup> Full Synthetic Oil Change**  
Excludes shop supplies disposal fee, sales tax. Most cars and light trucks.  
Up to 5qts, 5W30 or 5W20 oil. Spin off filters. With coupon only.  
Not valid with any other offers. Present coupon at time of purchase.  
Expires 2/28/17  
317-667-0211 • AutolabUSA.com

Volume 9 • Issue 17, February 1-17, 2017

myICON.info



ICON of the Month  
Carol Battistini  
Page 31

## AIDING, EDUCATING AND EMPOWERING

Celebrating its 15th year, Sheltering  
Wings continues to be a force of good  
for victims of domestic abuse.

Pages 8-9

Patriot Award given to  
HRH supervisor  
Page 7

Wine and dine  
with Mark Vickery  
Page 24



Indiana University Health

TO SCHEDULE A SCAN CALL **800.265.3220**  
OR VISIT **IUHEALTH.ORG/HEARTSCANS**



# How Can You Make 2017 Your Best Year of Giving Ever?

## Step 1: Learn about the Hendricks County Community Foundation



### Who are we?

The Hendricks County Community Foundation (HCCF) is a local nonprofit organization that partners with generous people to realize their charitable goals while addressing community needs in meaningful and lasting ways. We provide a way for local people to come together and solve local challenges facing our community, leaving a lasting impact for good. We work as an advocate for the whole nonprofit sector in connecting caring, philanthropic-minded people and organizations across all of Hendricks County.



### What do we do?

For over 20 years, the Hendricks County Community Foundation has been helping donors match their passions with community needs, awarding over \$10 million dollars in grants to nonprofit organizations and scholarships to high school seniors, and collaborating with other Hendricks County nonprofits to make a lasting impact for good.



### What can we do for you?

Because of our Board's expertise and our professionally invested endowment funds, we can multiply the impact of your gift dollars for the greatest good of the community you love. We offer several types of endowment funds, including Donor Advised Funds and Legacy Funds, which offer you the most flexibility in giving back to the causes you care most about.

Check out our new website at [www.hendrickscountycf.org](http://www.hendrickscountycf.org) to learn more about HCCF and how we are working towards our vision of Hendricks County as a vibrant, giving community.





## Step 2: Meet donors just like you and learn how you can donate just like them!



### **Larry & Merrily Nilles, Annual Support Donor**

#### **Why do you give to HCCF?**

"Merrily and I have been regular donors to HCCF since 1998 because we believe the Community Foundation is a great way to help local causes. HCCF is so much more knowledgeable about evaluating the needs and merits of local charities than we could ever be. They know how to put our money to the best use."

#### **How do you donate to HCCF?**

"We have benefitted greatly from the tax benefits of donating stock to the Foundation directly from our brokerage account. We get the full market value tax deduction on the day of the transfer and do not have to pay capital gains tax. It's a total win-win!"

### **Terri McCoy, HCCF Board Member**

#### **Why do you give to HCCF?**

"I first got involved with HCCF when my son Spencer was a finalist for the Lilly Scholarship. I quickly recognized the real needs that the Foundation was meeting in the community. I was so impressed with their work that I knew I wanted to get involved myself. Over the past 11 years, I've served on 5 different HCCF committees and am now on the Board of Directors. I have met many passionate, giving people throughout my time at HCCF and am so thankful for the experiences I have had on the leadership team."

#### **How do you donate to HCCF?**

"I give monthly through automated payments generated through bill pay on my bank account. It's easy to set up, and I love knowing that I am contributing every month to an organization that is really making a difference in Hendricks County."



Call us at 317.268.6240 or email William Rhodehamel, our President and CEO at [william@hendrickscountycf.org](mailto:william@hendrickscountycf.org) to learn more about the tax benefits of a stock donation or how to set up a recurring automatic donation. Join these donors in making your contribution to a vibrant growing Hendricks County — donate today!



### **Beverly Allen, HCCF Volunteer**



#### **Why do you give to HCCF?**

"I was first introduced to HCCF by Deedee Daniel, HCCF's first Executive Director, more than 10 years ago. Through Deedee and other friends involved with HCCF, I learned about the many ways the Foundation was impacting our community, especially in helping families, single moms and children in need through the Habit of the Heart Fund. For many years I have volunteered on various committees of the Foundation and have been one of their biggest fans."

#### **How do you donate to HCCF?**

"I give every year to HCCF by writing a check for their annual support. On my own I don't feel like I can do much, but I know what I give to the Foundation is used to help people all over Hendricks County and that makes all the difference!"

### **Chris & Amber Tincher, Legacy Fund Holder**

#### **Why do you give to HCCF?**

"As a family with three small children, we love how HCCF supports the youth of Hendricks County through scholarships and leadership development programs. As a family of faith, it is also important to us that the Foundation supports local faith-based nonprofits, like Get Real inC, Sheltering Wings and Hope Healthcare Services. As a local business owner, we have tremendous community support and want to give back locally. Giving through HCCF is the best way to do all of that."

#### **How do you donate to HCCF?**

"We opened a Family Legacy Fund last year and were able to take advantage of the Lilly Endowment GIFT VI match to double our money. We love knowing our fund will be a lasting way to 'pay it forward' and support youth and faith-based programs in our community for generations to come."



Open a Family Legacy Fund that will forever make a difference in the lives of those you love in this community! Call us at 317.268.6240 or email William Rhodehamel, our President and CEO at [william@hendrickscountycf.org](mailto:william@hendrickscountycf.org). Join these donors in making your contribution to a vibrant growing Hendricks County — donate today!



### Step 3: Get Involved!



Our Get Involved event is the best way to learn how to get involved in Hendricks County! Get Involved is HCCF's volunteer fair offering members of the general public the opportunity to learn more about and volunteer for nonprofit organizations serving Hendricks County. Get Involved connects people with a passion for giving back to organizations looking for dedicated volunteers or Board members. Food trucks, breweries, and activities for the whole family will be onsite. This event is free and open to anyone who wants to Get Involved!

Join us for Get Involved 2017 on September 14th at the Hendricks County 4-H Fairgrounds. We want to help you connect to the great nonprofits serving Hendricks County — Get Involved!



Our Nonprofit Learning Series is designed to help local nonprofit organizations learn the best ways to serve our community. Through this series, HCCF provides low-cost, monthly learning opportunities for nonprofit staff, Board and volunteers covering a variety of topics, including Development, Governance, Management and Marketing. Utilizing various program styles including webinars, panel discussions/roundtables and workshops, these sessions also provide a great avenue for nonprofit leaders and volunteers to network with their peers and benefit from an open forum of ideas and discussion.

Check out our all new lineup of education workshops for 2017 by visiting our website at [www.hendrickscountycf.org/non-profit-learning-series](http://www.hendrickscountycf.org/non-profit-learning-series). We would love for you to join our network of community minded people desiring to learn the best practices in serving Hendricks County!



## Stories/News?

Have any news tips? Want to submit a calendar event? Have a photograph to share?

Call Chris Cornwall at 317-451-4088 or email him at news@myICON.info. Remember, our news deadlines are several days prior to print.



## Want to Advertise?

### Hendricks County ICON

reaches a vast segment of our community. For information about reaching our readers, call Debbie Abshier at 317-443-6191 or email her at debbie@icontimes.com.



A product of



**HENDRICKS COUNTY**  
**ICON**

Rick Myers  
Publisher

Chris Cornwall  
Editor

Brian Kelly  
Chief Executive Officer

Haleigh Inscore  
Director of Operations

Lu Graff  
Production/Art

Established  
April 2008

6319 E US Hwy 36, Ste 3C,  
Mailbox #16, Avon, IN 46123  
Ph: (317) 451-4088

Times-Leader Publications, LLC  
©2017. All Rights Reserved

The Hendricks County ICON is published



by Times-Leader Publications, LLC. Content published alongside this icon is sponsored by one of our valued advertisers. Sponsored content is produced or commissioned by advertisers working in tandem with Times-Leader's sales representatives. Sponsored content may not reflect the views of The Hendricks County ICON publisher, editorial staff or graphic design team. The Hendricks County ICON is devoted to clearly differentiating between sponsored content and editorial content. Potential advertisers interested in sponsored content should call (317) 451-4088 or email sponsored@myicon.info.

# ICONICimage



Sabrina Pedroza of Avon High School celebrates after defeating Huntington North's Amaya Sundermen at the first girl's state wrestling finals held Jan. 20 at Hamilton Heights High School in Arcadia, IN. She is Indiana's first girl's state wrestling champion in the 152 pound weight class. The event was organized by the Indiana Wrestling Coaches Association and included eight girls from each weight class who had previously qualified by winning their state regional tournament. "You work hard all season and this feels so good. So good," said Pedroza.

Photo by Chris Cornwall

## IU Health West Patient & Family Advisory Council accepting applications

Just about every business these days fields some sort of survey to help understand customers and measure experience satisfaction. Indiana University Health West Hospital takes that data collection a big step forward with its Patient and Family Advisory Council (PFAC).

"The Council gives us an opportunity to listen to the voice of our customers—patients and family members—directly. We know our patients expect the best care—safe and high quality. We also know they want to feel that care is personalized, and that they're heard when they have a suggestion for improvement," explains Linda Ryser, IU Health patient liaison and volunteer manager, and co-chair of the PFAC.

Council members commit to one year of service with meetings every other month, and have the option to return for a second year if they would like to continue serving. Over the past four years, councils have discussed everything from beverages served in the hospital's café, to wayfinding and signage, to how to best speak with patients about the medicines they're taking, or what they expect from the working relationship between their doctors and nurses.

"The ideal council member for us is someone who has had multiple experiences or interactions with the hospital. We will often say we're looking for that 'middle of the road' patient: if they loved every single thing about their experience, it is hard for them to be objective when we're talking about things we know we need to improve. Same thing for someone who feels they have had a poor experience—they sometimes have one specific thing they want us to keep coming back to because it is their personal mission to change it," Ryser says. "The best PFAC member is someone can take a positive approach to our improvement efforts, and is comfortable sharing constructive critiques."

The next IU Health West Patient and Family Advisory Council is expected to begin meeting in March. If you are interested in learning more, please contact Linda Ryser by phone at (317) 217-3183 or by email at lryser@iuhealth.org.

# Leading with compassion

## *Patriot Award given to HRH supervisor*

## FEATURE

By Chris Cornwall

Marijane Smallwood, a supervisor at Hendricks Regional Health Immediate Care in Avon, recently received the Patriot Award for her display of compassionate leadership in making sure that nurse Wendy Spears would be available to take care of her daughter while her husband is serving overseas.

Like many military families, the Spears of Indianapolis were faced with adapting to life with the absence of a parent. Matt Spears, Sergeant first class in the Army National Guard, and his wife Wendy, a Nurse at HRH Immediate Care, were posed with this same dilemma when they learned of his upcoming deployment to Afghanistan.

A major concern was the care of their first grade daughter. Wendy often worked 12 hour shifts at the hospital, not arriving home until late in the evening. While these shifts are common for nurses, it presented a problem in that Matt, who was usually home at this time, would soon be deployed. The fact that most day-cares close by 6 p.m. didn't help matters either.

However, when Wendy's supervisor, Marijane Smallwood, learned of this, she didn't hesitate to offer her support.

In a letter nominating Smallwood for the Patriot Award, SFC Spears wrote:

*She took the needed information and dates provided by my wife and immediately started calling other employees and the human resources office to come up with a schedule that would meet the needs of my family in my absence... Words will never express my gratitude for her swift actions and the care and compassion of the other employees to my family...*

During a presentation ceremony on Jan. 17, Clyde Stringer, from the Indiana Committee for Employer Support of the Guard and Reserve, presented Smallwood with a Patriot Award reflecting efforts made in support of members of the military and their family at the workplace. She began to tear up as she accepted the award. "I'm a little overwhelmed and very humbled," she said. "He is protecting our country and this is about family. I feel like Wendy and Matt are both family. And I think that is what sets Hendricks apart."

When asked how she felt about the support shown to her and her family, Wendy replied, "I feel very emotional. I'm filled with gratitude. I didn't like the idea of someone else taking care of my child."



From left: Employer Support of the Guard and Reserve Official, Clyde Stringer, HRH supervisor, Marijane Smallwood, HRH nurse, Wendy Spears, and Army SFC, Matt Spears.

## ANGEL WELLS JOINS



## MANTOOTH INSURANCE AGENCY

We're proud to announce that Angel Wells of Danville has accepted a position with the Mantooth Insurance Agency, Avon. Angel is looking forward to serving Hendricks County and the surrounding area. In her new professional role she will be able to offer a full line of insurance products, including: auto, home, commercial and life.

Give Angel a call at (317) 272-1010 or (317) 371-0305 or email her at [angel@mantoothinsurance.com](mailto:angel@mantoothinsurance.com).



Erie  
Insurance®

7378 Business Center Dr., Suite 100  
Avon, Indiana 46123  
(317) 272-1010  
[www.mantoothinsurance.com](http://www.mantoothinsurance.com)





# AIDING, EDUCATING AND EMPOWERING

## COVER STORY

By Cleveland Deitz

On March 22, 2012, Sherri Foster, not her real name, arrived at the Sheltering Wings Center for Women with only what she was wearing—a tank top, shorts and house slippers. It had been two days since she left the man who mentally and emotionally abused her for more than 30 years.

Since opening its doors 15 years ago, Danville-based Sheltering Wings has helped more than 13,000 victims of domestic abuse. The idea to start the organization came from food pantry volunteers at Cornerstone Christian Church in Brownsburg who one day helped a woman exhibiting signs of abuse. According to Sheltering Wings Executive Director Cassie Martin, volunteers were rattled by the experience and wondered how many women like her were served by the pantry. There weren't any shelters in Hendricks County to help abused women then, but there was interest in starting one. Work began in 1999 to make it happen and the 32-bed shelter at Sheltering Wings took in its first resident in 2002.

The day Foster left—March 20, 2012—she prayed. "Please God, if I'm going to have another night like I've been having, push me in the right direction. I need Your help."

She knew when she walked through the door, she was going to need it. He was in a bad mood. After he went to the bedroom that night, he took his prosthetic leg off, put his CPAP on, and set his pants and gun on a portable toilet next to the bed. Then he made a sexual advance toward Foster. She stood in the middle of the bedroom and told him no. They argued. He screamed and called her names. It escalated until, finally, he threatened to kill her. He reached toward the toilet.

"Okay, this is probably going to be it," Foster thought. "Lord, please help me. Please help me."

In that moment, something happened.

"It was like somebody had their hand and put it in the middle of my back and gently pushed me," she recalled. "My heels actually came off the floor."

She ran. By the time she collected her purse and keys and got the van started, he had put his prosthetic leg back on and started after her. She drove away and never looked back.

One in four women and one in seven men are victims of domestic violence. It can take the form of mental or emotional violence as it did for Foster, physical violence as it did for the woman at the pantry, or any number of other forms.

"It's all about one person exerting control over the other," Martin said. "So many times, that control looks like isolation."

Foster's husband wouldn't allow her to see friends. When she spoke on the phone, he had to know who it was and what they were saying. She could go work, but if she was even five minutes late, he wanted to know where she was. He even dictated the amount of time she could spend with her family—if he was there, they left when he wanted them to. He even imposed curfews for when she left the house to visit them..

"When a person feels isolated," Martin explained, "it's really hard for them to find the courage or the resources to seek assistance."

## Facts about Sheltering Wings:

- Opened in Jan. 2002 with an 11,600-square-foot facility and 11 family units
- Expanded in 2013 to a 37,000-square-foot facility with 68 beds

### Currently supported by:

- 115 churches
- 71 civic organizations
- 329 businesses
- 25 schools
- 36 foundations
- 1,200 individual contributors

Foster didn't think she would be staying at Sheltering Wings for more than a few months. She got a storage unit early on and began collecting furniture and other household items she would need.

Staff worked closely with Foster in preparation for her life after the shelter. Besides being a temporary home, Sheltering Wings offers job training; classes on education, childcare, parenting, and stress management to help men and women build the skills they need for independence. They can also provide

## Celebrating its 15th year, Sheltering Wings continues to be a force of good for victims of domestic abuse.

legal advocacy and age-specific classes for children.

At first, Foster spent much of her time with a counselor. Then Linnette Garcia, her case manager. She took an 'embracing empowerment' course and began equine therapy at Strides to Success, which helped her develop healthy relationships with others again.

"All I can say is the ladies there are wonderful. They're definitely angels to work with that kind of thing," Foster said. "I felt really close to all of them."

When she left for good on July 19, 2013, she had enough to fully furnish the three-bedroom apartment she has lived in for the last three and a half years.

"I have never felt so free in all my life," she said, adding, "It means a lot. I can actually talk to people. I can go to places. I don't have to worry."

The shelter expanded in 2014 and grew to a capacity of 68 beds. Despite more than doubling capacity, it continues to reach its maximum often. According to Martin, shelters in Indianapolis and Anderson, and probably across the state, struggle with the same issue. Part of the rising demand for shelters is increased awareness.

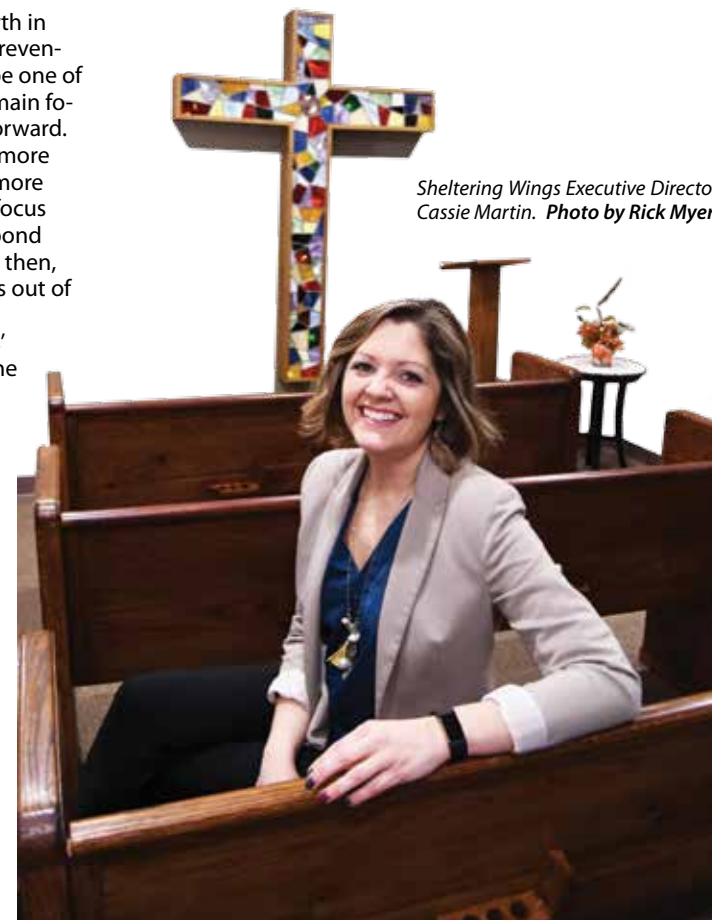
"When we bring to light just the conversation about abuse, it has this great opportunity to empower victims to understand that they're not alone, there is help available, and there's hope for them. They don't have to travel this road alone," she said.

Sheltering Wings does education and outreach through a variety of channels. It conducts workshops for businesses, churches and other organizations on domestic violence and teen dating violence. Twice a year, staff members visit nearly every high school and middle school in Hendricks County to communicate with teens about healthy relationships.

"What we're finding is we're not getting to people, teens, early enough, even when we're in middle schools," Martin said. In response, the organization is working on a children's curriculum.

Addressing growth in demand through prevention, she said, will be one of the organization's main focuses as it moves forward. "It's all about what more we can do to help more families. Our main focus is to be able to respond to the demand and then, also, work ourselves out of a job."

Sheltering Wings' 24-hour crisis hotline number is (317) 745-1496.



Sheltering Wings Executive Director, Cassie Martin. Photo by Rick Myers



## SHELTERING WINGS

HAVEN • HOME • HOPE

### From the founder ...

Sheltering Wings – those words stir within me a passion, a vision, a calling. I became introduced to domestic violence while working in the food pantry at my local church. One woman in particular, with obvious signs of physical abuse, made a profound impression on me. Her safe haven, she decided, was Wisconsin. She thought there she might have family. She and her 2 children left in the dark of the night with some food and \$30.00 for gas. How helpless one feels without the concrete means to truly assist a person in a desperate situation. I discovered there was no refuge for these families in Hendricks County.

Our pastor at Cornerstone Christian Church thought this could be a need that our congregation would embrace. After months of fact-finding, research and learning why these women stayed so long in oppressive and life threatening situations, I found others that would share the passion that was growing in me. The Christian community in this county took this work and ran with it. Any ecumenical or differences in church affiliation did not hinder the movement. We came together as the body of Christ to serve a cause greater than ourselves.

God's vision for this work was, and continues to be, much grander than anything I could have imagined. The size and dimension of this ministry astounds me. I have visited a multitude of shelters in the past and, I would venture to say, not one operates and has the success as Sheltering Wings. Maintaining our Christ-centered focus is the fundamental key to the center's success. Sheltering Wings enjoys being one of the most well respected nonprofit organizations in the state.

The professional, dedicated staff at the Shelter is a vital part of the ministry's success. They remain vigilant in the center's efforts to seek funds to implement vital services for the families they serve. They have a sense of purpose and resolve. They have found a work they believe in. Their hearts are generated by love...their souls full of grace. I honor their hard work, their sacrifice, their patience and endurance. They give those they serve a chance to see the endless possibilities and boundless opportunities that lay before them. And through Sheltering Wing's support and guidance, each future day for these families will outshine their yesterdays.

Sue Hoffeditz



Board of Directors, Ground Breaking for Sheltering Wings, March 29, 2001  
From left, Rick Sudsberry, Raylene (Bayless) Baugh, Pam Pedersen, Mike Neely, Sue Hoffeditz, Bob Leonard, Dave Blanford, Maria Larrison  
Photo submitted.

# YOU ARE INVITED

## 2017 Legislative Breakfasts

Take advantage of this opportunity to express concerns to your representatives from the Indiana Statehouse!

- Dates:** Monday, January 30  
Monday, February 27  
Monday, March 27  
Monday, April 24
- Time:** Complimentary breakfast served at 7:00 a.m. on the above dates
- Location:** Hendricks County 4-H Fairgrounds Conference Center
- RSVP:** Please contact the Hendricks County Farm Bureau office at 745-4463 by the Thursday prior to each breakfast

*Representatives Bob Behning, Greg Steuerwald and Jeff Thompson have been invited to join us, along with Senators John Crane and Mike Young.*

**HENDRICKS**  
**POWER**  
Cooperative

Sponsored by:

**Hendricks**  
County Farm Bureau

**NSSB**  
NORTH SALEM STATE BANK  
MEMBER FDIC

\*\* If schools are closed due to weather, meetings will be canceled. \*\*



# National Catholic Schools Week January 29 – February 4, 2017

## 'being called to live lives of faith, values, and excellence'

By Fr. Glenn O'Connor, Pastor of St. Susanna

I am a product of 18 years of Catholic Education. I am most grateful to my parents, my teachers, and my parish for the huge sacrifices they made in order to afford such a wonderful experience that has shaped my life to this day. I have been trying to "pay it forward" each day since my Ordination to the Priesthood in 1980.

As I was with my parents, I am still in awe of the sacrifices that our parents make to send their children to Catholic schools. It is not only

a financial commitment, but also one involving their time and living out their faith in the context of the Catholic school. They are literally practicing what they preach. And, as with any sacrifice, I have witnessed uncountable moments

"I see Catholic education as not only important for sharing our Catholic faith, but also as a wonderful gift to society."

when these parents have realized the rewards.

I also have such admiration for Catholic school teachers. They are not at the top of the salary scale, yet they are some of the most dedicated, nurturing human beings I have come to know. They go above and beyond to see that their students receive the best possible education, while also being called to live lives of faith, values, and excellence.

I see Catholic education as not only important for sharing our Catholic faith, but also as a wonderful gift to society. Our students receive a quality education and are also continually being formed into Disciples of Jesus Christ. We begin and end each school day with prayer, as well as interject prayer throughout the day. Our students celebrate weekly Mass, as well as Mass on Holy days and other important seasonal times for the church. They are also invited to learn and respond to the needs of others, especially the poor, the lonely, and various other missions here in Plainfield and beyond.

It is a result of the sacrifice and support of so many that St. Susanna School has this privilege to develop lives of faith, as well as witness the fruits of those labors. We are especially grateful to the Plainfield community for all of the support and encouragement that we have received for so many years!



Fr. Glenn O'Connor, Pastor of St. Susanna  
Catholic Church  
Photo Courtesy of St. Susanna

## Catholic schools share commonalities

By Gina Kuntz Fleming

With over 2200 public, private, and charter school options for elementary and high school students in Indiana, the task of choosing the right fit for one's child may seem like a daunting task. 69 Indiana options are Catholic schools in the Archdiocese of Indianapolis, and though each serves its unique community in its own special ways, there are a few commonalities that all of our Catholic schools share.

They are:

† **Shared Mission & Catholic Identity** – We recognize that each person is made in the image and likeness of Christ. Our doors are open to all who desire a quality Catholic education regardless of race, ethnicity, religion, gender, and socio-economic status.

† **Academic Excellence** – Our focus remains on the growth and achievement of every young person we serve. Recognizing parents as the first educators, we partner to help youth grow spiritually, socially, emo-

tionally, intellectually, and physically. With ISTEP+ scores higher than state averages at every grade level and continued excellence illustrated by other measures of performance (such as IREAD, SAT, and ACT) our students are challenged and supported as we maximize their capacity in preparation for college, careers, and heaven.

† **Quality Leadership/Governance** – We appreciate the value of local autonomy while having the broader support of our archdiocesan offices and network of Catholic schools. With lay leaders from the community serving on school boards and commissions in an advisory capacity, our school leaders are provided supports intended to directly impact youth in positive ways.

† **Operational Vitality** – Given our commitment to excellence and rigor, our Catholic schools responsibly approach personnel, financial, and operational

decisions in a way that puts children first and fortifies long-term viability for generations to come. Our cost per student, on average, is significantly lower than that of public and charter sectors, and our youth are the direct beneficiaries of the resources secured.

To learn more about our Catholic schools or to locate a Catholic school in your area, please visit our website at <http://oce.archindy.org/>. To read our most recent publication, go to <http://www.archindy.org/OCS-Special-Publication-2016-2017/index.html>.



Gina Kuntz Fleming  
Superintendent of Catholic Schools  
Archdiocese of Indianapolis

**T**  
TIMES-LEADER  
PUBLICATIONS

HENDRICKS COUNTY  
**ICON**

SPECIAL SECTION  
published by  
Times-Leader  
Publications, LLC

Pages 10-14



## Diving into Discernment

*Hendricks County natives Owen Duckett and Matthew Perronie share about their life as seminarians*

By Nicole Davis

Matthew Perronie and Owen Duckett may have had different educational experiences - one going to public school and the other Catholic - but they're on a similar path now. Here, the two seminarians from Hendricks County share about what led them into the discernment process and life as a seminarian:

### Matthew Perronie

Matthew Perronie converted to Catholicism seven years ago, during the Easter Vigil at St. Malachy Catholic Church. Now a junior at Marian University, he continues to concentrate on growing in his faith.

"Seeing the priest each weekend and what he does, I thought it would be awesome to be a priest," Perronie says. "Being an only child, I wanted to provide my parents with grandchildren. But going to church and through going to Mass, I developed this relationship with God. I became more open to the idea. I applied to the seminary my senior year and was accepted that summer."

Perronie is from Lizton, attending North Salem Elementary, Tri West Middle School and graduating from Tri West High School. He was active throughout his time there, par-

ticipating in the Fellowship of Christian Athletes for seven years, service club, student council and National Honors Society his junior and senior year.

"After I converted, I started serving at Mass," he says. "All throughout high school, I was involved in youth group. Now being a seminarian, I come back and serve when I'm home, get to know the people more."

It was participation within St. Malachy which helped him to grow in his faith and understand his relationship with God. Now, being part of the community at Bishop Simon Bruté College Seminary, he is able to continue on that path. He says it's been helpful having 40 other like-minded seminarians to go to for guidance, people who are going through a similar experience.

"Coming into a seminary, I was worried about how I would fit in," he says. "Once I came and started talking to a few guys who had common interests, it's been awesome, to see my personal growth in the past two and a half years."

With a year and a half left at Marian, Perronie intends to finish the discernment process at Saint Meinrad Seminary and School of Theology.

"I hope, God willing, that I will be a priest and I would continue to follow God's will for my life," he says. "I will continue to trust that I'm where God wants me to be."

### Owen Duckett

Owen Duckett says he loves to share about the Catholic education he received at Cardinal Ritter High School.

"(It was) the academics and the discipline I've developed," he says, "I wouldn't have crashed and burned if I stayed in public schools, but it's kind of like moving to the big leagues."

Duckett is originally from Pittsboro, later moving to Brownsburg with his family. He attended grade school at St. Malachy Catholic School, then went to Tri West Middle School. It wasn't until he transferred to the public school that he says he noticed the values of a Catholic education.

"We didn't go to Mass once a week," he says. "We're not talking about God. We're not having a moment of silence before class. Switching to a public school did a lot to help me as well, but there was this feeling of emptiness."

He enrolled at Cardinal Ritter High School his freshman year, where he graduated.

"When I transferred from Tri West to Ritter, I remember sitting in geometry class one day and I was captivated with the Catholic school feel," Duckett says. "It's a smaller class than I would have had at Tri West. Everyone is in uniform. There is something about the old wooden desks you have and the priest is teaching. It's an opportunity to practice your faith, which is important at that age. I can't emphasize enough the importance of especially young people coming together to share in the faith."

He is now a sophomore at Marian University, studying philosophy. He entered into the seminary in the fall of 2016.

"I am supposed to give a talk soon to a group of 5th graders about my vocation story," he says. "It's a very human story. A lot of people think the heavens open and there's a voice that calls you to be in the seminary. I was in the process of applying my senior year of high school. I started dat-



Owen Duckett reads a book before a Eucharistic meditation at the Bishop Chartrand Memorial Chapel on the campus of Marian University.



Matthew Perronie prays during a Eucharistic meditation at the Bishop Chartrand Memorial Chapel on the campus of Marian University.

Photos by Rick Myers.

ing and naturally that gets in the way of the discernment process. I don't think it was a bad decision. That relationship ended and there were a couple months of being stuck in limbo, not knowing what to do."

It was a conversation with his pastor that helped Duckett to make his decision to become a seminarian.

"I started dating another girl in college the first year," he says. "I was having doubts about the relationship. (My pastor) said you have this beautiful, devout Catholic girl. If you're having doubts about that, what other girl will come along for you that will make you certain? I said I don't think there is one. I started looking into the seminary again, got the application and I was on my way."

While he says he doesn't know what God has in store for him or if he will eventually enter into the priesthood, he says his experience so far is changing the way he views the world.

"I have loved every bit of that," he says. "I'm not worried or concerned about it. What I've been shown so far is if I apply myself to what God has planned for me, then there's no reason to worry. I learned that sometimes you don't know exactly what God is doing at the present moment. For now, the next two to three years, I am called to be a seminarian."

## St. Malachy builds bright futures with faith and family

By Tiffany Giles

Principal Angela Bostrom has been at St. Malachy for seven years and the last couple have emphasized how impactful a faith based education can be for faculty, students, and their families.



Bostrom

Bostrom is recovering from a traumatic brain injury. In June 2015, she was struck by a drunk driver while riding her bike. Bostrom has worked hard to regain the physical abilities she had before the accident. "I am a miracle. This recovery

is because of my faith and the support of our St. Malachy family."

The school prayed over Bostrom for many months and created Shamrock Strong t-shirts with Bostrom's favorite bible passage to help encourage her family.

"I had always dreamed of working in a catholic school and being able to share my faith with students. Being here is truly a gift. I am able to help build kind and compassionate people. Their education is faith-based and their instruction incorporates our beliefs, but the learning and practicing of what is taught never stops. We are a family that teaches math, science and English and we combine those lessons with service."

Family and service are emphasized in a St. Malachy education. Beginning in Kindergarten, children are paired into school fam-

ily groups, giving them the opportunity to help mentor one another. "Sometimes they practice reading with younger students or attend mass together but they are always learning to take care of each other. And the older students benefit as much as the younger" said Monique Smith, Literature teacher for middle school students.

The principals of faith, family, and service are loved by students of St. Malachy School.



Townsend

Emma Townsend of Mrs. Humbert's fourth grade class beamed as she said "It's awesome to go to school here. The teachers make everything fun and they encourage you. If you don't understand they help until you get it right. Service projects are

super fun, we get to work with our friends in other classes and help people."

In honor of National Catholic School Week, St. Malachy School is making scarves to be delivered to area homeless shelters and local outreach programs. The scarves are fleece and each will be tied and hand stitched by students.

St. Malachy School has 415 students enrolled in Kindergarten to eighth grade with an additional 50 students in preschool. The school is located at 7410 North County Road 100 East, Brownsburg.



Mr. Hoying's seventh-grade science class hard at work.

Photos by Tiffany Giles

## The caring culture of St. Susanna

By Chris Cornwall

Student development is more than just preparation for the next grade level at St. Susanna School in Plainfield. Students learn values that will accompany them the rest of their lives. Things like compassion, faith, and leadership are not only studied, but exemplified in the learning environment by teachers and students alike.

Academic achievement is just one of the areas in which St. Susanna students excel. In 2014, the school posted the highest ISTEP scores in Hendricks County. It also had 100 percent of its third-graders pass the IREAD test in spring 2015.

"They take that extra step to prepare us and make sure we understand what we're learning," said seventh-grader Hudson Miller.



Miller

Teachers at St. Susanna are devoted to the well-being of students on many levels. Miller praised his teachers for their caring attitude, saying they are "like second parents."



Tillery

Michele Tillery, Principal at St. Susanna, said this attitude is one of the things that set them apart from other schools – students are not only nurtured academically, but spiritually and emotionally as well. "They get that support and sympathy kids sometimes need. If a student loses a loved one

or a pet for instance, that is something they can always share with us."

Seeing students reflect this kind of compassion is particularly special for Tillery. She recalls how students rallied around a faculty member who was suddenly stricken with a serious health issue. In a show of support, the kids organized a visit and "one-by-one they offered words of encouragement or patted him on the back."

Students also try to set good examples for each other in that older students often act as mentors for their younger peers. It is not surprising to see an eighth-grader high-five a younger student in the hallway for a job well done, or make sure they remember what to do during mass. "When they get that acknowledgment, and are encouraged by older students, it really makes them feel good" she said.

For teachers and students, an education from St. Susanna School is dynamic. The culture fosters the development of capable young men and women with firm, compassionate values that will ultimately benefit the people around them.

When asked how he felt about his fellow classmates, Miller replied, "If one of us has a question, a friend who knows is always there to help."

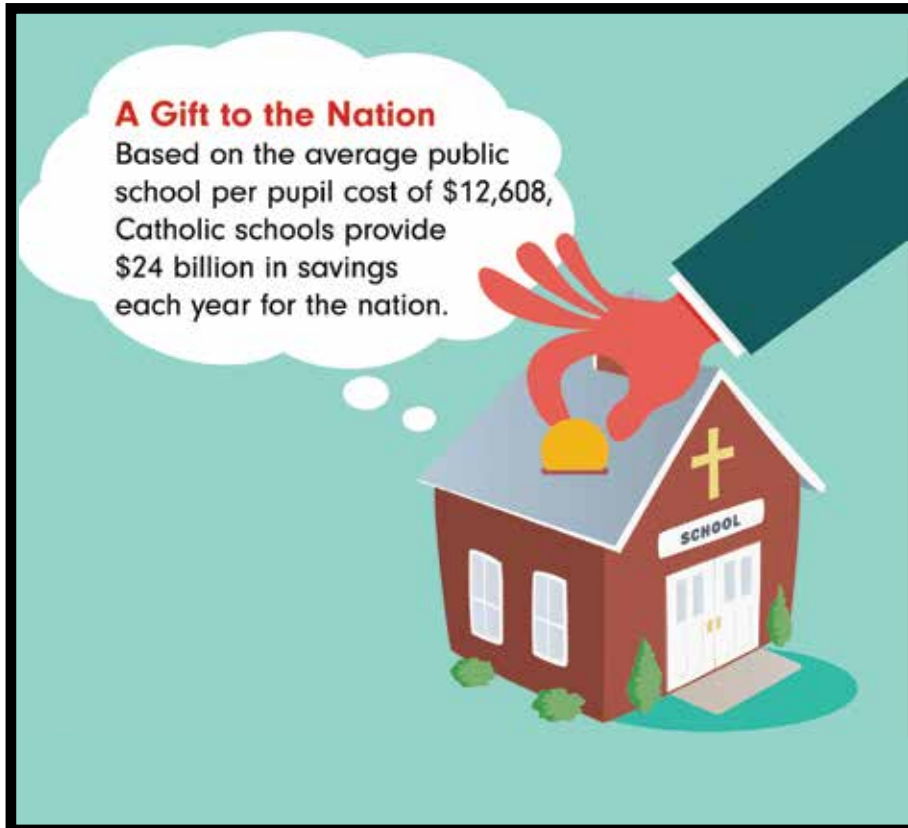
Hudson is thinking of becoming an endocrinologist – he wants to help people with diabetes.



Third-grade teacher, Lori Olejnik, explains scientific terminology to an eager group of students. Olejnik is a St. Theodora Excellence in Education finalist.

Photos by Chris Cornwall





Source: U.S. Catholic Elementary and Secondary Schools 2015-2016: The Annual Statistical Report on Schools, Enrollment and Staffing (NCEA).

**St. Malachy Catholic School**  
7410 N County Road 1000 East  
Brownsburg, IN 46112

*Then & Now!*

Preschool through 8th

**Call (317) 852-2242** [stmalachy.org/school/](http://stmalachy.org/school/)

St. Malachy Catholic School  
Brownsburg, Indiana  
Celebrating 60 years!



Proud to be Indy's **ONLY** Catholic university.

With undergraduate and graduate degrees in fields ranging from medicine to music, math, and the ministry, engineering to education, and business to biology, Marian University is where intellect meets integrity. Learn more about what we have to offer!

**MARIAN UNIVERSITY**  
Indianapolis®

[campusvisit@marian.edu](mailto:campusvisit@marian.edu) | 317.955.6300



## Students reflect on what sets Cardinal Ritter apart

By Chris Cornwall

Cardinal Ritter High School in Indianapolis seeks to provide students with a great learning environment while maintaining the core principals of a Catholic education. This means putting what is learned inside the classroom to work in the community.

When Raylin Hamilton first came to the school in seventh grade, one of the first things she noticed was the smaller classroom sizes. Hamilton, now a junior, said she immediately felt less pressure to get the teacher's attention.

"When I came here, if I had trouble understanding something, I felt like I could discuss it with my teacher anytime," she said. "Whereas before, with so many students, if you didn't get your question in before class ended, you had to figure it out on your own just to catch up."

She also said the sense of community among students at Ritter made it easy to get to know everyone. If fact, Hamilton said she knows pretty much everyone at Ritter, a dramatic change from her old school. "I felt like

I didn't know half the people at my old school. Here it seems more like a family."

Another student, Zach Yetter, who is currently a senior, said his teachers put a lot of emphasis on preparing students for college. He

is currently taking college level courses and said that some classes at Ritter are even taught in a lecture format.

Yetter was also part of two state championship football teams. "It was great seeing how the whole school came together," said the former linebacker.

But it's not just academic and athletic achievement that defines a Ritter education. Students are also active in the community. "We might go to Gleaner's Foodbank, for example, to help feed people in need." It is just really a cool experience," he said.

Zach is currently looking at Hanover College and wants to study business or law.

Showing compassion seems to be a way of life for students at Ritter, but not because it projects a favorable image. It becomes a personal passion said theology teacher, Matt Hollowell.

"We often discuss the idea of 'living your life as a gift,'" he said. "It becomes ingrained in them. Some students find they have a passion for helping the homeless, and others like working with young people. You can see faith internalize in these students where it becomes very personal."



Hollowell



Yetter



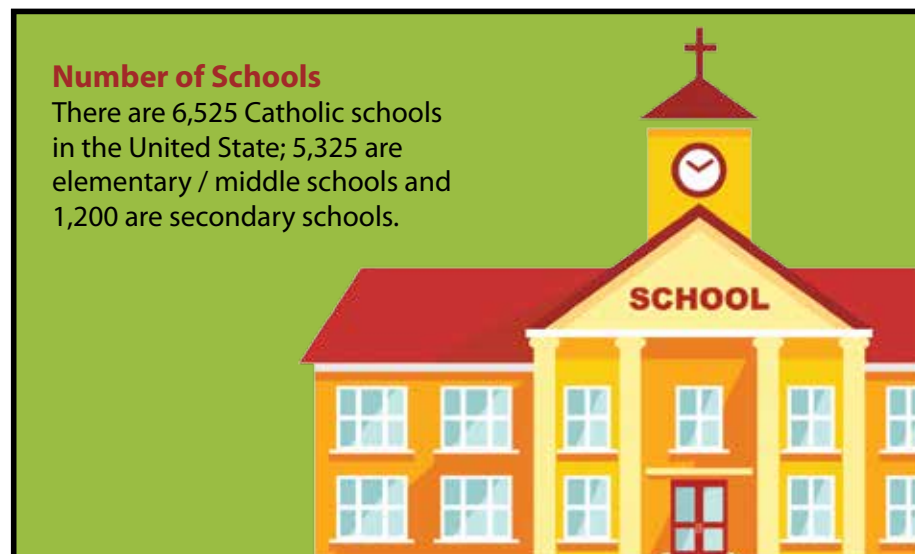
Students in Mary Pat O'Connor's microbiology class use cakes made to look like chloroplasts to better understand the parts of a plant.  
Photos by Chris Cornwall

## CATHOLIC SCHOOLS SNAPS

A quick take on issues and statistics

### Number of Schools

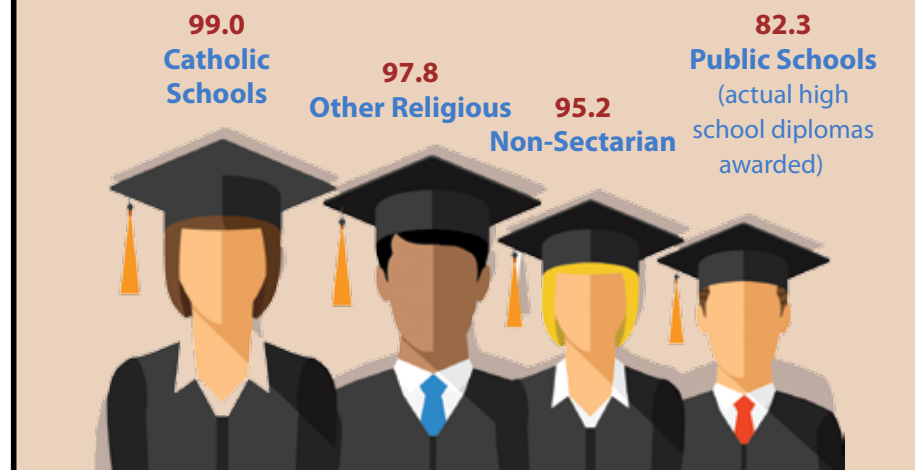
There are 6,525 Catholic schools in the United State; 5,325 are elementary / middle schools and 1,200 are secondary schools.



Source U.S. Catholic Elementary and Secondary Schools 2015-2016. The Annual Statistical Report on Schools, Enrollment and Staffing (NCEA).

### U.S. Graduation Rates

A look at national high school graduation rates



Source: Broughman, S.P., Swain, N.I. (2013); Stillwell, R., and Sable J. (2015)

## D. BRAUN & COMPANY REAL ESTATE SERVICES

Dan Braun

Private Client, REALTOR®  
Managing Broker / Owner

124 E. Northfield Dr., Ste. F, #150  
Brownsburg  
Office: (317) 691-5390  
Fax: (317) 245-2371  
dan@theindyagent.com • www.theindyagent.com



PROUDLY SUPPORTING  
CATHOLIC SCHOOL EDUCATION



Home Financing Available  
Call for a Free Consultation

**Tom Hammond**

**317.446.0736**

8190 Windfall Lane, Suite D, Camby IN 46113

NMLS # 525336

Caliber Home Loans, Inc. NMLS # 15622

Caliber Home Loans, Inc. NMLS #15622. This is not an offer to enter into an agreement. Not all customers will qualify. Information, rates, and programs are subject to change without prior notice. All products are subject to credit and property approval. Licensed by The Department of Financial Institutions under the California Residential Mortgage Lending Act. Other restrictions and limitations apply.



## FOR THE RECORD - HC OBITUARIES



Bledsoe



Cordes



Johnston



Pedigo



Pettyjohn



Thomas



Vondersaar



Zenner

## Avon

**James "Red" C. Bledsoe**

James C. Bledsoe, 75, of Avon, passed away Jan. 14, 2017. He was born June 21, 1941. Services were held Jan. 21 at Conkle Funeral Home in Avon.

**Paul R. Vondersaar**

Paul R. Vondersaar, 89, of Avon, passed away Jan. 14, 2017. He was born June 27, 1927. Services were held Jan. 20 at St. Malachy Church in Brownsburg.

**David L. Nance**

David L. Nance, 57, of Avon passed away Jan. 12, 2017. He was born Sept 9, 1959. Services were held Jan. 19 at Conkle Funeral Home in Avon.

**Seth Daniel Pettyjohn**

Seth Daniel Pettyjohn, 13, of Avon, passed away Jan. 13, 2017. He was born April 9, 2003 to Lance and Shelly Pettyjohn. Seth was in the 7th grade and attended Avon Middle School South. Services were held Jan. 19 at Plainfield Christian Church.

**Steven G. Moreland Cordes**

Steven G. Moreland Cordes, 70, of Avon, passed away Jan. 13, 2017. He was born Nov. 8, 1946. He was a US Army Veteran. Services were held Jan. 19 at Matthews Mortuary in Brownsburg.

**Bradley S. Folsom**

Bradley S. Folsom, 27 of Avon, passed away Jan. 18, 2017. He was born Dec. 28, 1989. Services were held Jan. 21 at Hazelwood Christian Church in Clayton.

## Plainfield

**Patricia L. Spielman**

Patricia L. Spielman, 82, of Plainfield, passed away Jan. 11, 2017. She was born on Oct. 30, 1934. Services will not be held until this spring.

**Alice M. Hazelgrove**

Alice M. Hazelgrove, 92, of Plainfield, passed away Jan. 12, 2017. She was born Dec. 20, 1924. Services were held Jan. 17 at Conkle Funeral Home in Avon.

**Howard Kenneth Pedigo**

Howard Kenneth Pedigo, 84, of Plainfield, Jan 12, 2017. He was born Aug. 5, 1931. He served as a 1st Lieutenant for the United States Army, 1953-1955. Services were held Jan. 18 at Hampton-Gentry Funeral Home.

**Peggy M. Thomas**

Peggy M. Thomas, 81, of Plainfield, passed away Jan. 16, 2017. She was born Oct. 16, 1935. Services were held Jan. 21 at Hampton Gentry Funeral Home in Plainfield.

## Danville

**Wesley Ray Morgan**

Wesley Ray Morgan, 83, of Danville, passed away Jan. 9, 2017. He was born Aug. 5, 1933. A U.S. Army Veteran, Morgan served in the Korean War. Services were held Jan. 12 at Weaver Randolph Funeral Home in Danville.

**Delores E. Zenner**

Delores E. Zenner, 89, of Danville, passed away Jan. 11, 2017. She was born July 6, 1927. Services were held Jan. 18, at the Plainfield Bible Church.

**Virgil R. Underwood**

Virgil R. Underwood, 90, of Danville, passed away Jan. 12, 2017. He was born June 7, 1926. A U.S. Army veteran, Underwood served in World War II. Services were held Jan. 16 at Whitestone Christian Church located west of New Winchester, IN.

**Elves "Dean" Wiggam**

Elves Wiggam, 93, of Danville, passed away Jan. 13, 2017. He was born Nov. 14, 1923. Services were held Jan. 18, at Westbridge Church in Danville.

**Jason T. Bemis**

Jason T. Bemis, 45, of Kissimmee, FL., formerly of Danville, passed away Jan. 09, 2017. He was born Dec. 28, 1971. Services were held Jan. 21 at Weaver Randolph Funeral Home in Danville.

## Brownsburg

**Jean M. Heinecke**

Jean M. Heinecke, 92, of Brownsburg, passed away Jan. 12, 2017. She was born March 15, 1924. Services were private.

**Josephine L. Shuck**

Josephine L. Shuck, 94, of Brownsburg, passed away Jan. 12, 2017. She was born Sept. 24, 1922. Services were held Jan. 20 at Connection Pointe Christian Church.

**Kaleb Joseph Johnston**

Kaleb Joseph Johnston, 7, of Brownsburg, passed away Jan. 12, 2017. He was born Oct. 9, 2009 to Kevin and Christine Johnston. Services were held Jan. 15 at Church@Main in Brownsburg.

**Bentley C. Cherry**

Bentley C. Cherry, infant son of Lillian Tobaben and Steven Cherry, passed away Jan. 12, 2017. He was born Dec. 26, 2016. Services will be held at a later date.

**Doris Borders Lewis**

Doris Borders Lewis, 62, of Brownsburg, passed away Jan. 14, 2017. She was born Dec. 14, 1954. Services were held Jan. 18 at Matthews Mortuary in Brownsburg.

**Delbert L. Duncan**

Delbert L. Duncan, 79, of Brownsburg, passed away Jan. 16, 2017. He was born Oct. 18, 1937. Services were held Jan. 23 at Matthews Mortuary in Brownsburg.

**Ivanell "Ivy" King**

Ivanell "Ivy" King, 81, of Brownsburg, passed away on Jan. 17, 2017. She was born Sept. 4, 1935. Services were held Jan. 27, 2017 at Matthews Mortuary in Brownsburg.

*Hendricks County obituaries are printed free of charge and published twice a month. Funeral directors are encouraged to send obituaries and photos to [info@myicon.info](mailto:info@myicon.info).*



Leave the hassles of **Taxes, Audits,**  
& **Business Valuations** to us.

**IT'S OUR PASSION.**  
We're guessing it's not yours.



**DONOVAN**  
CPAs | ADVISORS

**317.745.6411 • [www.CPADonovan.com](http://www.CPADonovan.com)**

Located in Avon & Indianapolis

# BELIEVE

— *In Your* —

# GREATNESS

Trey Lyles won a state championship, played in the NCAA Final Four, and was the No. 12 lottery pick in the 2015 NBA Draft, all before his 20th birthday. He relies on his team at Hendricks Regional Health for building strength, increasing agility and preventing injury on his road to becoming the most versatile player in the NBA. Believe in your possibilities. We can help. Request an evaluation at **[HENDRICKS.ORG/PHYSICALTHERAPY](https://www.hendricks.org/physicaltherapy)**.



*Trey Lyles  
Utah Jazz*



**Hendricks**  
Regional Health

# Walk away from hysteria

In fact, it has become a little humorous if you don't mind me saying. The utter hysteria sparked in some people, and maybe you know someone who does this, by breaking news of two-dozen professional protestors occupying a few blocks of public real estate seems more ridiculous every day. I don't mean to offend anyone, (it's probably too late anyway) but it's hard not to laugh when I hear historically loaded terms like "Civil War"

But one thing I whole-heartedly believe is that hysteria is real and very contagious. Sure it is natural to take cues from the people around you, like when someone sitting next to you at a baseball game looks up and covers their head. More times than not, you'll see a few people cover up as well based solely on the reaction of someone near them. And there is nothing wrong with this - the first few times it happens. But getting roped in over and over, and being constantly on edge scanning for the next sign of fear is insane.



Chris Cornwall is the editor of Hendricks County ICON and the Hendricks County Business Leader.

**CONtoon**

THE END IS NEAR

THE END IS NEAR

THE END IS NEAR

THE WORLD IS ENDING

DOOMSDAY NUTS?

LIBERAL DEMOCRATS

THE END IS NEAR!

THE END IS NEAR!

**By Dick Wolfsie**

Last week, I described how I first met Mr. Buchwald in 1967 in an encounter that lasted a mere two minutes. I was a 22-year-old college kid who read his feature every day in the Washington Post. He was one of the most successful syndicated humorists in the world. As he read my own column in his office, a flick of his wrist over my byline in my school newspaper made an indelible impression on me. There, he curmudgeonly wrote:

- Art Buchwald

For the next few days, my mailbox became the watched pot that never boiled. Finally, my sophisticated defense mechanisms took over, protecting me from disappointment. I simply forgot about the entire matter.

My tax refund? Not that year. Maybe I owed the IRS more?

*To Dick Wolfsie:*

*Anyone who writes a column about me, can't be all bad. Thanks for the column. Now I can die happy. I'm glad you went straight. I figured you'd be sticking up 7-11s.*

- Art Buchwald

This experience taught me to never underestimate the power of an act of kindness. A few brief minutes of Mr. Buchwald's time made my day. Heck, it made my decade. Mr. Buchwald knew it's never too late to touch an audience. Maybe without his regular column to write each day, he decided to do it one person at a time.

After he passed, the New York Times posted a video he made: "Hi. I'm Art Buchwald, and I just died."



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: [wolfsie@aol.com](mailto:wolfsie@aol.com).

## Founders respected rivals

What would they think today of the nation they brought forth? What would they think of the actions of their nation's current political leadership?

“Oppositional politics” has slowly changed the perception of our ruling system. Partisanship becomes more about stopping the opposition than coming together with like-minded individuals to address and resolve issues.

After winning a hard fought Primary Election in 1860 against three political rivals, President Abraham Lincoln appointed each of them to cabinet positions. Lincoln later told a reporter he felt that he had no right to deprive the country of its strongest minds simply because they sometimes disagreed with him – an act later known as, Lincoln's team of Rivals.

After winning a hard fought Presidential Election in 2016, President Trump is continuing to reach across the aisle to those who politically opposed him. That is something his immediate predecessor could not or would not do after his 2012 reelection, saying, “You don’t like a particular policy or a particular president? Then argue for your position. Go out there and win an election. Push to change it. But don’t break it. Don’t break what our predecessors spent over two centuries building. That’s not being faithful to what this country’s about.”

Now is the time for President Trump's opponents to follow Mr. Obama's advice and put opposition politics and individual disagreements aside. Should the powers that be return to the examples of sacrifice and selflessness provided so very long ago, this tide, this present current of good will and altruism will return our values and America herself back to being the model of greatness for the world.



## Foundation elects new board officers

With the vote of its board members at their January meeting, Hendricks Regional Health Foundation elected new officers to lead its efforts.

John Skelton, Stock Yards Bank, was elected board chair. Andy Wernsman, Bill Estes Ford, is vice chair, and Laura Eisenbarth, Teachers Credit Union Investment Services, was elected treasurer. They will serve two-year terms that expire December 2018.

Brett Clark is the board secretary for a one-year term expiring December 2017.

In addition, several members were re-elected to fulfill three-year terms expiring in December 2019. They are: Jeff Donovan, Donovan Advisors & CPAs; Kathy Duffer, First Internet Bank; Julia Mulholland, community volunteer; Joe Neher, retired business owner; Bob Sexton, retired oral surgeon; and John Skelton.

Gene Hostetter, Hostetter & Associates, will continue to provide legal advice to the Foundation.

Skelton noted, "I am honored to lead this group of amazing volunteers. Thanks to their dedicated efforts and the hard work of the Foundation staff, HRH Foundation has raised more than \$1.5 million since 2009 for projects and programs that make a difference in people's lives."

He continued, "From something as simple as a digital scale to as technologically advanced as a simulation manikin for education and training, we are happy to serve a hospital and health system that means so much to our community and the people who rely on it."

Hendricks Regional Health Foundation raises awareness of and provides support for initiatives to enhance community health, patient comfort, safety, and medical care at Hendricks Regional Health. Contact Executive Director Sue Bogan at 317-745-7376 or [sebogan@hendricks.org](mailto:sebogan@hendricks.org) for additional information.



Skelton



Wernsman



Eisenbarth



Clark

## QUOTE

"When times are tough and people are frustrated and angry and hurting and uncertain, the politics of constant conflict may be good, but what is good politics does not necessarily work in the real world. What works in the real world is cooperation"

~ William J. Clinton

## Closure at Avon Ave. and CSX crossing Feb. 6

Avon Ave. will close Feb. 6 at the CSX crossing and remain so for 15 months while crews are constructing a bridge over the crossing. Officials say there will be access to 25 South from Avon Ave. until this summer when construction begins on a roundabout at this intersection. During construction, there will be access on Avon Ave. to Frost Bite, Sun Spot, Hackleman, NAPA and American Electric. The detour will be 100 S and Dan Jones Rd. For more information, contact the Town of Avon at (317) 272-0948, or visit [www.avongov.org](http://www.avongov.org).

## Sheriff Brett Clark found his calling

### BEHIND THE BADGE

By Tiffany Giles

Ask Sheriff Brett Clark how he feels about being an of-

ficer, and you will hear it in his voice that he loves his job and the opportunity to serve the people of Hendricks County. A very encouraging and faith filled man, Clark represents the best in law enforcement. Having been raised in a family where service was emphasized and with a passion to help people through tough life moments, Clark is dedicated to the residents of Hendricks County. He is in his 28th year of law enforcement and has been at the Hendricks County Sheriff's Department since 1989.

### What was your inspiration for becoming a police officer?

I was raised in a police family. My dad ultimately retired after thirty-one years with the State Police. To be honest, I didn't think it was for me. I had an entirely different idea when it came to a possible career choice as a kid, but I have always said and continue to believe that God puts you where you are supposed to be. Once I got into the police job I knew that I had found my calling. I have been blessed with a very full career.

### What is your favorite moment on the job?

There are too many to list but I think it would always come back to the people. In this job you get to see folks at their very worst moments but you also get to see a tremendous amount of good. Last week a gentleman stopped me at the grocery store and said "you may not remember me, but you served a warrant at my house and took me to jail." As you can imagine, this isn't always a good way to start a conversation, but he went on to shake my hand and thanked me for caring and being decent while doing my job. I had a similar experience at one of the Heroin forums that I was able to participate in with a family who had lost a son to drugs. He and I had met in a similar situation years before and they remembered me. What is so great about this work is the opportunity to make a difference to people that you don't even know. Sometimes you get to do that and don't even realize it. Hearing from those people who have been positively affected by our work reminds me why we do this.

### What aspect of the job you find most challenging?

I think that the biggest challenge we face in law enforcement today is the opioid epidemic and the resulting problems it causes in our communities and in running our jail. We have basically become the de-facto mental health and rehabilitation center here. Jails weren't designed for this but the Sheriffs in our state are being asked to do more and more as a result. I think that when people run for Sheriff they have very high ideals and want to make their community safer by reducing crime but there is a whole other side to this entire operation that involves real people with real issues in our jail, with our employees, and the overall criminal justice system. It can also be a challenge to simply keep up. I am very hands on and trying to maintain a good work life balance is not always easy. The good news is that all of these challenges force us to rise up to them and that is rewarding.

### What are your future goals, both personal and professional?

This is something I think about a lot. For me the biggest plan is to keep working hard during this time, knowing it's limited gives me a tremendous sense of urgency to make a difference and bring my best while I have the chance. I will run again in 2018 and hope that the people will give me the opportunity to continue to serve in this role. It is hard for me to imagine not working here and being this busy but I am trying to take a long view and appreciate each moment. For now, I think I might have the best job in Hendricks County, challenges and all. The personal side is still a work in progress but there will be new adventures, and motorcycles, and yoga, and sunshine by the ocean, and family... and it will be good.



Brett Clark, Sheriff of Hendricks County.

Submitted photo.

## HC ARCHITECTURE &amp; HISTORY



St. Susanna School, 1210 E Main St. in Plainfield. Submitted photo

## St. Susanna Catholic Church and School

By Ken Sebree

In 1950, the 1900 residents of Plainfield were primarily followers of the Quaker faith with smaller numbers of other protestant denominations. It is reported that in those days there were fewer than a dozen Catholic families around Plainfield.

Plainfield demographics began to change rapidly when Public Service Company opened their new headquarters in 1951, and greater numbers of people began to move out from Indianapolis. In July of 1952, several Plainfield families came together with the goal of finding a way to build a new Catholic church and school. A committee visited the Archbishop and pleaded their case. He was receptive, and they received his blessing and the directive to raise some funds toward the construction of a new church and school. An informal census showed that there were now 82 Catholic families with 127 school-aged children in town.

At this time, Mr. Robert Gallagher was the president of Public Service Company of Indiana. The company was having trouble convincing its employees to move to Plainfield where they were now employed, which in that day was considered to be 'far away' from the city. Mr. Gallagher believed that the construction of a new Catholic church and school would convince many of his employees that a move to Plainfield would be the right thing to do, so he arranged for PSI to sell a parcel of its land to the Archdiocese for the purpose of building this new church and school.

As plans for the new facility developed, John Fuller, the owner of Fuller Stone Company, agreed to donate all of the Bedford stone required for the project in exchange for naming the new parish in honor of his granddaughter, Susanna. Construction began in the spring of 1953 with completion of the new school classrooms in October of that same year.

Although these early years were financially difficult, steady growth continued throughout the 1950s and 1960s, and in 1969 it was announced that a fundraiser would be held to finance the construction of a new church. This effort was successful and the modern new church was completed and dedicated in September of 1971.

During the first decade of the new century, the church and school were expanded to seat 950 parishioners for worship services and 350 children in classrooms.

Today the St. Susanna Parish has grown to over 1300 families, and now yet another expansion project is under way.



Ken Sebree is a practicing architect and resident of Hendricks County for well over 40 years. Contact him at [ken@sebreearchitects.com](mailto:ken@sebreearchitects.com) or (317) 272-7800.

## HC ICON News Quiz

How well do you know your Hendricks County community?  
Test your current event knowledge with a little Q&A!

- 1** Tom Pado was recently elected by precinct officials to serve on the Danville town council. What world record did he set in 1978?
- ☐ A. Deepest ocean dive in a diving bell
  - ☐ B. Deepest free dive
  - ☐ C. Fastest ocean decent
  - ☐ D. Biggest cannonball splash



- 2** The original idea to start Sheltering Wings came from members of which Brownsburg Church?
- ☐ A. Cornerstone Christian Church
  - ☐ B. Connection Pointe Christian Church of Brownsburg
  - ☐ C. Hope Community Church
  - ☐ D. Christ Lutheran Church



- 3** Which high school athlete from Hendricks County won state at the first Indiana High School Girl's Wrestling State Finals?

- ☐ A. Sophia Thompson
- ☐ B. Helen Maroulis
- ☐ C. Sabrina Pedroza
- ☐ D. Adeline Gray



- 4** Who was named the Hendricks County Community Foundation's 2017 Leader of the Year?

- ☐ A. Phyllis Palmer
- ☐ B. Carol Black Battistini
- ☐ C. Beth Groninger
- ☐ D. Madelynn Johnson



- 5** Which Governor recently fainted during their State of the State address?

- ☐ A. Mark Dayton from Minnesota
- ☐ B. Jerry Brown from California
- ☐ C. Andrew Cuomo from New York
- ☐ D. Nicki Haley from South Carolina



Compiled by Chris Cornwall  
Answers on Page 23

# GEAR UP FOR TAX TIME

Let us Help You **GEAR UP** for Your 2016 Tax Filing

625 S. Dan Jones Road  
Avon, IN 46123  
[Kempercpa.com](http://Kempercpa.com)  
317.839.9136

**KEMPER**  
CPA GROUP LLP  
Certified Public Accountants and Consultants



## New appointments for Avon Council

By Cleveland Deitz

The Avon Town Council assigned new leadership and made appointments to town boards and commissions at its Jan. 12 meeting.

On the council, councilman Aaron Tevebaugh was elected president after a 4-1 vote. Councilman Greg Zusan cast the only vote against. Councilman Steve Eisenbarth was elected vice president 5-0. Tevebaugh served as vice president last year and will replace councilman Marcus Turner in the role. There were no other nominations for either officer.

Eisenbarth resigned as council liaison to planning and building "to leave an opening for others" before board and committee assignments were made. Councilwoman Beverley Austin replaced him as liaison and took his position on the plan commission.

Several other council liaison changes were made.

Zusan moved to police department and merit board. He requested a position in the collaboration group, as well, but town manager Tom Klein was unsure if both he and Tevebaugh could serve on it.

"It's usually the chief elected officials. We need to check to see if



they'd allow two, but past protocol has been that it's just been the council president," Klein said. "No offense to Greg, but I don't want to go against what they've been doing in the past."

Eisenbarth became public works, redevelopment commission and annexation committee liaison. Tevebaugh will act as Avon Chamber of Commerce liaison and Turner will be liaison to the economic development commission.

Public works director Ryan Cannon recommended a five-member Recreation Impact Advisory Committee to the council.

"The group previously was 10 people,

but being that this is just an update on how to do impact fees, we're trying to keep the process smooth and quick," Cannon said. "We tried to pull everybody we could who was involved in the original (committee)."

He was able to get three from the original group—John Lozano, Rebecca Harpe and himself—and recommended the addition of Pat Tutsie and Grant Niemeyer. The group was unanimously approved by the council.

Other board and commission appointments included:

Plan Commission—Beverley Austin, Bill Reed, Adam Coulter

Board of Zoning Appeals—Corey Herbert, Tara Shaver

Redevelopment Commission—Dave Misner, Matt Isbell, Vahn Williams, Bill Reed, Adam Coulter

Economic Development Commission—Geoff Bradley

Parks Advisory Council—Craig Emsweller, Jennifer Thompson, Pat Tutsie

Police Merit Board—Ryan Brubaker, Don Hornaday, Jr.

## County Park Board elects 2017 officials



The Hendricks County Park Board elected its 2017 officers Jan. 4. Paul Miner will serve as Park Board president, with Bob Niemeyer as vice president and Matthew Freije as secretary. Gary Emsweller, Mike Hayden, Doug Moon and Beth Switzer also serve on the board. The parks board also is coming up on its 17th anniversary of "dedication to the preservation of green space and wildlife." According to a recent press release, major improvements are underway along the Vandalia Trail, and officials are currently planning the of W.S. Gibbs Memorial Park near Avon. For more information, visit <http://www.hendricks-countyparks.org>.

*You are cordially  
invited to celebrate  
the Grand Opening of  
our new facility  
Wed., Feb. 22, 2017  
from 5 to 7 p.m. at  
Plainfield Eye Care  
900 Edwards Drive  
Plainfield*



*RSVP to  
317-839-2368 or  
[info@plainfieldeyecare.com](mailto:info@plainfieldeyecare.com)  
by February 20, 2017*

- Enjoy light refreshments
- Meet our doctors
- Tour our new office

*Let us show you how we can detect, treat, manage and  
coordinate overall health with the primary care physician.*



Dr. Beth Groninger



Dr. Dana Donaldson



Dr. Tessa Schlickbernd



Dr. Ray Daub

# NIGHT & day LOCAL Entertainment ENTERTAINING

## EVENTS

**Feb. 1 – 14 • Chocolate Walk**  
| Business Hours | Downtown Danville | Celebrate

Valentine's Day in Downtown Danville as participating merchants offer chocolate treats for you to enjoy as you shop.

**Feb. 4 • Frosty Feet 5k** | 9:00 a.m. | Richard A. Carlucci Recreation and Aquatic Center, 651 Vestal Rd. in Plainfield | Reg. lasts 7:45 – 8:45 a.m. | Price: \$20, \$25 with shirt.

**Feb. 6 • Painting in the Park** | 6:30 p.m. | Avon Parks and Rec., 6570 East US Highway 36 | Step-by-step painting instruction of a floral picture led by local artist Jen Sutton | Registration is required | Email Britt Woodard at bwoodard@avongov.org to reserve your spot.

**Feb. 11 • Nature Crafts 2017** | 2:00 – 3:00 p.m. | McCloud Park, 8518 Hughes Rd. in North Salem | These could be perfect gifts for your valentine. | Recommended for ages 7 and up | Adv. Reg. Req. by Feb. 9. | \$6/project (up to 2 people per project) | For more information, call (317) 718-6118.

**Feb. 11 • Pack of Chihuahuas play Valentines Dance** | 8:00 p.m. | Plainfield Eagles, 5556 E US Highway 40 | For more information, call (317) 839-6178.

**Feb. 12 • Equine Educational Event** | 10:00 a.m. – 6:00 p.m. | Hendricks County 4-H Fairgrounds & Conference Complex | Educational equine clinicians, workshops, vendors, gently used horse tack, a kids' corral, and more. Admission is free. For more information, call (317) 718-6154.

**Feb. 12 • Talent Showcase** presented by Hendricks Symphony | 3:00 p.m. | Methodist Church, 4396 E. Main Street in Avon | Concert spotlighting the music students of Hendricks Symphony musicians | Free admission | For more information, call (517) 403-8379.

**Feb. 18 • Premier event** benefiting Sheltering Wings: 'Things Aren't Always As They Appear' | 5:30 – 10:00 p.m. | Top Eliminator Club at Lucas Oil Raceway Park, 10267 US-136 | Special guest illusionist David Ranalli | For more information, call (317) 745-1496.

## Cherished Valentine tradition continues

By Tiffany Giles

If you have a young girl in your life, odds are she is already smitten with the idea of being a princess, wearing a beautiful gown, and going to a fancy ball. Should you want to indulge that fantasy and spoil her for Valentines' Day there are several local events to choose from.

On Saturday February 11, Brownsburg fathers and daughters will be celebrating Valentine's Day together in the Brownsburg High School cafeteria. The Father-Daughter dance which began in 2005 is a community favorite and has grown to 500 attendees. Sponsored by the Brownsburg Parks Department, the dance is 7-9pm.

Recreation Coordinator, Mark Callaway said, "This will be a fantastic evening which I am happy to be a part of. The dance is fun and festive and it is a great way for fathers to connect with their daughters."

Dads should be prepared to dance the

night away with their little sweetheart as DJ Jason Fritz will be spinning current hits as well as playing some classic crowd favorites. This year the chocolate fountain will again be flowing with strawberries and marshmallows galore and there will be cupcakes for everyone. Capture Memories will be on site to take pictures which are available for purchase. Attendees will receive a gift bag filled with candy, coupons from local businesses, and a plush teddy bear.

"The dance is really fun" said Hadley Simpson. "I love the chocolate fountain," she said with a big smile on her face. "I like the songs because they are funny like the hokey pokey," said an equally happy Bella Lambert. Simpson and Lambert are both six and this will be their third dance.

If you were unable to get tickets to the Brownsburg Father-Daughter dance which sold out in January, you may want to consider one of these options as each one is also guaranteed to be fabulous family fun:

Plainfield's Daddy/Daughter Dance Feb. 10-12 at the Richard A. Carlucci Aquatic Center. If dad is unavailable, another adult may accompany the child. Preregistration is required, tickets are \$15 per person. Please call 317-839-7665 to reserve your date or for additional information.

The Hendricks Regional Health YMCA Date Night for families on Feb. 10 from 6-7:30. The dance features games, food, and a professional photographer. Members: \$10 per couple and \$5 for each additional



Darren and Bella Lambert dressed and ready for a night of dancing. Submitted photo



Josh and Hadley Simpson enjoy their time together at the Brownsburg Father Daughter dance. Submitted photo

child. Guests: \$15 per couple and \$5 for each additional child.

The Kiwanis Club of Danville Daddy & Daughter Dance on Feb. 25 at the Danville Community Middle School. Tickets are \$25 per couple with \$5 charge for each additional child. Registration is open until Feb. 17 and tickets can be purchased online at danvillekiwanis.org.

## Mardi gras celebration

St. Malachy celebrates their 18th annual Mardi Gras Celebration on Saturday, Feb. 4 from 6:00 - 11:00 p.m. Proceeds from this event help with the school's education funding. The evening includes dinner, a reverse raffle and both a live and silent auction. Tickets and sponsorships are available for purchase at [www.qtego.net/qmlink/stmalachy](http://www.qtego.net/qmlink/stmalachy). For more information, call (317) 650-7169.

## Free symphony series



Sunday Feb. 12 beginning at 3pm, the Hendricks Symphonic Society will perform at Bartlett Chapel United Methodist Church at 4396 East Main Street, Avon. This is a student recital and part of the Bartlett Chapel free concert series. The performance is open to all. For more information, visit: [www.hendrickssymphonic.org](http://www.hendrickssymphonic.org).

HENDRICKS COUNTY  
ICON

Send event news to:  
[Chris@icontimes.com](mailto:Chris@icontimes.com)



# FAITHONFOOD

by Faith Toole

## AN OPTION

**Tin's House, Thai Cuisine and Sushi**  
10022 E US HWY 36  
Avon

**The scoop:** I've been trying to 'broaden' my taste buds this year with new cuisines. I started with Tin's House, Thai Cuisine and Sushi. It was a delightful experience. Nyinyi Tin and his wife Sukanya opened their new Avon restaurant in April 2016. Their expert chef, Amon, is very experienced, having prepared Sushi in many countries throughout the world.

Our dinner started with Miso soup and seaweed salad. Our Simple Roll and Scallop Hotake were freshly prepared. We narrowed down our entree selections to Laad narh and Pla nin thod. Laad narh is flat rice noodles, chicken, mushrooms, broccoli, and carrots topped with homemade Tin's House gravy. Pla nin thod is deep fried whole Tilapia fish served with a light ginger sauce and freshly sautéed mixed vegetables. Our dinner was topped off with a dessert of Thai fried ice cream

with sweet sticky rice, a surprisingly rich and delicious combination.

I liked Tin's calm, relaxing atmosphere, and enjoyed watching the food being prepared and served. Tin's House has a great children's menu, and also offers American fare with a Thai twist.

At the end of my dinner, my taste buds were very happy.



## WHERE I DINE

**Libby Harper**  
Plainfield

**Where do you like to dine?**

I like to dine at Stone Creek in Plainfield



**What do you like there?**

I like to get the Calamari as an appetizer, and for the entree I like the Chicken Scaloppine or the Applewood Chicken Salad.

**What do you like about this place?**

Stone Creek has a peaceful and inviting atmosphere. The food quality is as excellent as the service.

Stone Creek Dining Company  
2498 Perry Crossing Way  
Plainfield



Faith Toole is our Hendricks County Foodie. She can be reached at #HCICONFoodie or HCICONFoodie@icontimes.com.

## BEHIND THE BARS

**Court House Grounds**  
65 S. Washington  
Danville

**Moscow Mule**

- ◆ 1 part Stolli Vodka
- ◆ 2 parts Stolli Ginger Beer
- ◆ Fresh lime wedges



## HC ICON Quiz Answers

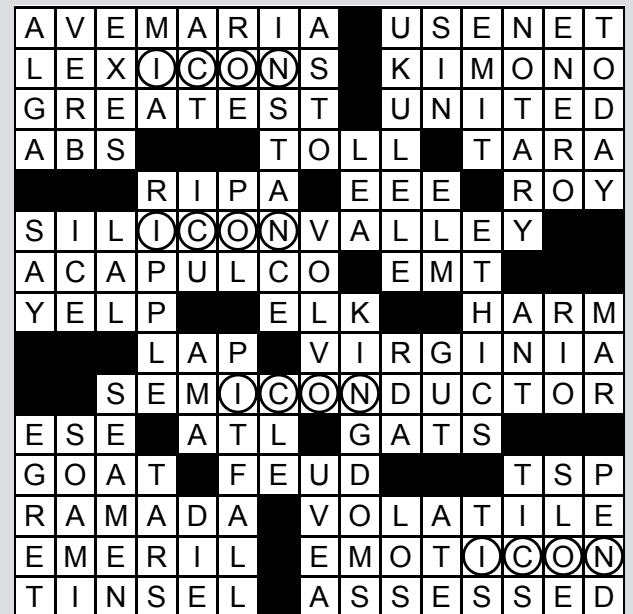
from page 20

1. A
2. A      4. D
3. C      5. A



Visit online:  
myICON.info

## Solutions from page 30



## Answers to HOOSIER HODGEPODGE:

**Words:** BLIZZARD, ICE, MITTENS, SCARF, SLED, SNOW

**Cars:** FIESTA, FOCUS, FUSION, MUSTANG, TAURUS

**Jennifers:** ANISTON, GARNER, LAWRENCE, LOPEZ

**Majors:** BUSINESS, JOURNALISM, OPTOMETRY

**Cities:** COLOGNE, TAIPEI

**City:** ELKHART

9	5	6	2	1	3	4	8	7
4	1	2	7	8	9	3	5	6
8	3	7	6	5	4	9	1	2
6	8	3	4	9	5	2	7	1
1	7	9	3	6	2	5	4	8
5	2	4	8	7	1	6	3	9
7	4	8	9	3	6	1	2	5
2	9	1	5	4	7	8	6	3
3	6	5	1	2	8	7	9	4



**Progressive Euchre  
Tournament**  
**Every Friday at 7 p.m.**

Park Square Manor  
6990 E County Road 100 N, Avon  
Donations accepted — refreshments provided

Proceeds benefit Kiwanis Club of Avon  
For more information, contact  
ljenks@5ssl.com or call (317) 272-7300.

Let us help you with:

- ◆ Filing a Claim
- ◆ Rental Arrangements
- ◆ Free Estimates

Located behind Lowe's at  
Dan Jones Rd. & Rockville Rd.  
Hours: Mon-Fri, 7:30am - 5:30pm



292 S. County Rd. 800 E. • Avon, IN 46123  
Call Today! (317) 272-6820

## TsT Home Improvement Services Tip of the Month By Tom S. Truesdale

### Bath Renovations - Part 1

The bathroom is one of the most used rooms in your home. Because of the frequent use and the presence of plumbing fixtures in multiple locations updates should be considered every 5 to 10 years. Updates and renovations to the bathroom can range from a simple shower door replacement to a plumbing fixture change or a full scale renovation.

Home sale and appraisal statistics confirm that investment in bathroom renovation pay back by immediately adding value to your home and make homes sell faster than homes that have not been updated.

As mentioned above, updates to the bathroom range greatly in scope and cost. Here are a few examples in no particular order.

- Floor surface replacement
- Simple caulking updates
- Grab Bar installation
- Conversions to stand up shower or walk in tub units
- Shower door replacement
- Sink, faucet update
- Vanity cabinet replacement
- Countertop replacement
- Light fixture updates
- Tub / shower replacement
- Addition of new plumbing fixtures, sinks and showers



- Tile surround installation, walls and floors
- Heated floor tile
- Toilet fixture replacement
- Tub, Shower, Sink, Toilet relocation / reorganization

Next month, bath renovations Part 2, will discuss the details and logistics that go into renovating the bathroom. Renovation to the bathroom is generally not as complicated as the kitchen but can potentially be disruptive to the home owner if the project is not well planned and managed. A good deal of thought and planning needs to take place before beginning your project....more to come next month!

**TsT Home Improvement Services**  
Helping people one job at a time...

**317-550-8677**

**GENERAL CONTRACTING**

Brownsburg, IN • email: [thomas\\_truesdale@yahoo.com](mailto:thomas_truesdale@yahoo.com)  
website: [tsthhomeimprovement.com](http://tsthhomeimprovement.com)

## Easy winter warming chili

### RECIPE

By Jerry Rezny  
Chili is perfect for so many

occasions. It's a great winter warmer, filling lunch and good for all day snacking on Super Bowl Sunday. You can top it with cheese, chopped onions and sour cream. Scoop it with tortilla chips for a tasty appetizer.

#### Ingredients:

- 2 pounds ground beef
- 3 cloves of garlic, crushed
- 1 medium onion, chopped
- 2 - 15 ounce cans tomato sauce
- 2 tbsp. chili powder
- 1 tsp. ground cumin
- 1 tsp. ground oregano
- 1 tsp. salt
- ¼ tsp cayenne pepper
- 2 oz. fine corn meal
- 2 - 15 oz. cans kidney beans

Brown ground beef in a large pot with the garlic and the chopped onion. Some people prefer to drain the fat before continuing. Personally, I like to use grass-fed beef because of the better Omega 3 fats. It's tasty and healthier. I don't drain it.

Pour in the tomato sauce, chili powder, cumin, oregano, salt and cayenne. Simmer covered, on low for 45 minutes.



Mix corn meal with water and pour into the chili. Add the kidney beans and simmer for 10 more minutes. Easy and ready to serve! The real beauty of making chili is that you can adapt it to your taste. You can add more tomato sauce to make it more like soup. Increase or decrease the spice to make it hotter or cooler. This batch was just a little bit spicy but even though my seven year old daughter doesn't like spice, she LOVED the chili!



Jerry Rezny lives in Avon and owns Handcrafted Beverages. He also teaches at the International Culinary School. Contact him at [handcraftedbeverages@yahoo.com](mailto:handcraftedbeverages@yahoo.com).

## Pairing with chili

### WINE & DINE

By Mark Vickery  
My family has grown big

enough, what with sons-in-law and grandkids, that we decided a few years ago to combine several birthday celebrations at one time. Last night we celebrated four, and my son-in-law, Zach, made a pot of what he hopes will be an award-winning chili along with cornbread and a vegetable tray with dip. I was asked to bring the wine.

I didn't try to pair a wine with the veggie tray, so what to do about the chili. I knew his tends toward spicy, but since my wife was going to be eating it, too, he backed off a bit (lucky for him!).

There are several ways to go when deciding on a wine to drink with chilli – a big red zinfandel, or a spicy shiraz come to mind. What I had at home, however, was a cabernet sauvignon -Noble Vines 337. Since what I normally suggest drinking with chili is a cold beer, I kept my fingers crossed that the cab would work. It did. It held up just fine against the acidity of the tomato juice and the heat of the spices, and even complemented the buttery, slightly sweet cornbread.

But even more important than the wine that we drank was the pleasure of good

conversation that seems inseparable from the wine. Somehow, the talk seems to be elevated above the mundane when gathered around the table enjoying a tasty wine.

As you may have heard, Dr. Charles Thomas is retiring from the world of winemaking and writing about wine. I've known and admired Charlie since he and his son, Steve, were making wine in the garage of a house on the Southside of Indy. I won't try to pretend to have the winemaking and technical knowledge that have been evident in Charlie's past columns, but I will make an effort to steer you in some interesting directions when pairing wines with foods. I will also be inviting some guest writers to do articles on spirits and craft beers.

So, for at least the next year or so, I plan to take you on the interesting journeys. I hope you enjoy the ride.



Mark Vickery has over 35 years' experience in wholesale and retail wine. He currently manages Big Red Liquors in Plainfield. Mark can be reached at [winedog@sbcglobal.net](mailto:winedog@sbcglobal.net).



## Judge and jury

### LIFE'S CHOICES

By Karl Zimmer

Have you ever heard that we unconsciously judge others within the first few seconds

of meeting someone? How does that fit in with what most of us have been taught, that we are to not judge others? It may be that one is unconscious and the other is conscious, but I think judgement is judgement, regardless. We don't get out of a speeding ticket because we weren't aware we were speeding, do we?

Here is a story about someone who was judged so harshly, that it nearly destroyed their self-esteem and joy. Had it not been for this person's internal wisdom, it may well have destroyed him and his ability to fulfill his purpose. You see, this person had a perfectionist, judgmental father. Every night around the dinner table, the father would quiz his young son about telling time, about geography, or would give him various problems to solve. When the boy answered carefully, his father would yell and tell him he was too slow. When the boy spoke, his father would criticize him for his grammar, for his tone, or would otherwise chastise him for being stupid or slow. Before long, the boy learned to not speak, because he learned that every time he opened his mouth, whatever came out would be wrong in the eyes of his father.

As the boy grew older, he heard his father

being critical of nearly everyone. He would correct others' grammar, and he always had an opinion about the proper phrase or words to use in any given conversation. He didn't seem to care whom he criticized. He was even critical of his own wife, the mother of the boy. This bothered the boy tremendously. He could feel himself withdraw, and he became extremely shy and unsure of himself. As he continued to grow and become a man, he realized that what he had learned from his father being so critical was that we should never be judgmental or critical the way his father was.

The young man was determined not only to allow others to be who they were, he would even help people overcome whatever obstacles they faced. He learned that it is never what happens to us that counts but how we deal with what happens. No one can change who you are without your permission, no matter what they say or do. Remember that what anyone else thinks about you is none of your business. You and only you can make you the best you. How cool is that?



Karl Zimmer III is a Board Certified Hypnotist. His practice, Zimmer Success Group (<http://Z-Success.com>), is in Plainfield. Information provided is for informational purposes only and is not intended to diagnose, treat, or cure any condition or illness.

## From exhausted to elated

### MOM'S THE WORD

By Alyssa Johnson

The holidays are over and now we're in the long, dark days of winter. It can be a little depressing!

So let's talk about 3 ways to better manage your physical energy as we wait out spring.

**Get some sleep** – Burning the candle at both ends isn't healthy. That "one more thing" you think must be done before you go to bed, will only get you puffy eyes and a sluggish brain tomorrow. If you got 7-8 hours of sleep, you could think more clearly and work more efficiently – thus – getting more done.

**Eat & drink right** – You've heard this a thousand of times, right? But what's stopping you from doing it? Is it that you don't like the taste of water? You don't have enough time to cook healthy meals? Your kids are picky eaters? I've heard every excuse! But, it comes down to quality of life. Do you want to enjoy your life and get the most out of it, or do you want to continue running on fumes? No more excuses!

**Get moving!** – Yes, I DID pull the old exercise card. Trust me, I know life's busy. I'm not

saying you've got to run a marathon here! But are you doing something??? The more you move the more energy you'll have. Stop saying "I don't have time for that" and get creative.

Have I shared anything dramatically new today? No! This is all stuff we know, but choose to live believing we'll "get around to it". But take a sec and ask yourself if you're feeling exhausted. That's NOT normal!!! It's time to do something different.

**Your Vibrantly Live Challenge:** Choose 1 area from above to focus on. Out of that decision, develop a plan of action. Then find a way to be accountable. This is why coaching is so beneficial. We're creatures of habit. Without accountability, we go right back to the bad habits we're trying to change!



Alyssa Johnson is a counselor and coach exclusively for women. Learn how she can help you live the life you were created for by visiting online at: [VibrantlyLive.com](http://VibrantlyLive.com) or by calling (317) 520-1476.

## Hands down the best diet ever!

### DIETARY

By Martha Rardin

You know I don't believe in "diets" but I do believe in healthy eating. Every week someone asks me "what is the best diet to use"? I typically respond by stating our bodies need different types of foods and a wide variety of fruits, vegetables, whole grains, dairy and lean meats. I also suggest they include all food groups and watch portion sizes. A pretty common sense and not earth shaking type of answer.

Recently I came across more research on the DASH diet. DASH stands for Dietary Approaches to Stop Hypertension. This eating plan was developed over 20 years ago and has been researched and validated many times over the years. Recent research again validated that the DASH framework helps lower blood pressure and LDL-cholesterol. U.S. News and World Report ranked DASH as No. 1 as the Best for Healthy Eating and Overall Diet for the sixth year in a row in 2016.

The premise of the DASH diet utilizes a wide variety of foods with an emphasis on including fruits and vegetables, low-fat dairy foods, whole grains, nuts and legumes and an emphasis on lowering consumption of red and processed meats, salt, sodium, sugar and sugar-sweetened beverages. The latest research shows the benefits of dairy

foods in lowering systolic blood pressure among adults. We used to think the dairy needed to be low-fat but emerging research is showing that the traditional DASH eating plan, when modified to include whole fat milk, yogurt and cheese while reducing refined carbohydrates, could benefit blood pressure and triglycerides, while having no adverse effect on HDL or LDL cholesterol.

It is important to remember that our bodies are perfectly designed to handle a wide variety of foods. When considering making dietary changes it is advisable to avoid any diet plan that eliminates a specific food group. Certainly some individuals need to eliminate food groups based on allergies but the general population needs to include all food groups.

If you would like more information on the DASH diet, please call or email me (317) 745-3768 or [mjrardi@hendricks.org](mailto:mjrardi@hendricks.org). Please leave me your name and mailing address. Try DASHing into better health with the best diet ever!



Martha Rardin, MSM, RDN, CD, FAND, is Director of Nutrition and Dietetics for Hendricks Regional Health.

## The unspoken contract of marriage

### RELATIONSHIPS

By Sherry Stafford Rediger, PhD

What can derail the strongest of couples is the unspoken - even subconscious - emotional contract.

Rachel and Tanner had been married two years when they came for counseling.

Tanner was quiet, a bit sullen. Rachel was wired, but appeared bewildered, as though surprised to find herself in a counseling office. "I don't think he loves me," she began. "I have to do everything myself. It sounds ridiculous, but I've asked him to fix the light in the bathroom for weeks."

Tanner turned to Rachel and said, "How does that mean I don't love you? I can't believe the stuff you find to complain about. What about you? You're the one who stays at your office later and later and on your phone all weekend. I don't know what you're doing, but apparently you don't want to be with me."

It wasn't until after the wedding that the unspoken emotional contract began to create destructive dynamics for the couple.

Rachel's father was a gentle man who took great pride in making sure his wife and two girls were taken care of and comfortable. Though the words, "I love you," were rarely spoken, Rachel felt loved and secure because of the constant effort her father would make

to take care of things.

Tanner's mother was an alcoholic with a bitter temper. She often blamed her unhappiness on Tanner's father and her children. When Tanner was twelve, his mom left the family and moved to a different state with another man.

Of course, Tanner and Rachel knew these stories about each other, but never guessed that their emotional impact was fueling their current difficulties. Tanner was unaware that Rachel felt insecure and unloved when he was inattentive to her physical comfort and upkeep of their home. Rachel began to realize that her complaints and long work hours created a sense of impending abandonment for Tanner.

Armed with new insight about themselves and their partner, the couple was willing to risk connecting differently. By understanding the unspoken contract and creating new dynamics, their relationship strengthened in ways that were more secure and intimate for both Tanner and Rachel.



Sherry Stafford Rediger, Ph.D. is the founder and director of Stafford Institute of Family Therapy & Training and can be reached at (317) 839-1333, at [SherryRediger.com](mailto:SherryRediger.com), [SherryRediger@gmail.com](mailto:SherryRediger@gmail.com).

# Celebration of Leaders



*Phyllis Palmer*



*Tammy Haenlein, Jason Lucas*



*Tom Klein, Don Peoples*



*Tim Whicker, Mike Hayden*



*Madelynn Johnson*



*Rachel Barnhart, Deena Albin*



*Andy Hine, Steve Bahr*



*Dana Cochran, Heather Thompson*



*Bev Joyce, Sara Nahrwold*



*Kevin Speer, Greg Zusan*



*Angie Tilton, Jennifer Davies*



*Bonnita Whicker, Emily Morris, Mary Giesting*



*Heather Olinger, Scott Flood*



*Molly Clark, Joan Mattinson, Bob Leavens*



*Ed Martin, Jeff Pipkin*



*Ony Emsweller, Gary Emsweller, Bart Beal*



*Jill Lees, Lori Hiatt*

The stars shined brightly Jan. 19 at the Hendricks County 4-H Fairgrounds & Conference Complex during the 2017 Celebration of Leaders event. Among the brightest stars were Phyllis Palmer and Madelynn Johnson. Leadership Hendricks County named Palmer Leader of the Year, and Johnson Youth Leader of the Year. LHC also awarded Johnson with a 1,000 dollar scholarship.

*Photos by Dave Gansert  
& Rick Myers*



## Defenders of Liberty members share thoughts on Trump presidency

By Gus Pearcy

The west branch of the Indy Defenders of Liberty are all smiles these days as members embrace President Donald Trump. The activist group supports the conservative agenda that Trump and Vice-President and Hoosier Mike Pence will bring to Washington D.C. and the rest of the nation.

The group began in late 2009 in response to the Obama presidency and the growing



Barr

popularity of the Tea Party. One of the organizers, Rick Barr of Avon, said he is encouraged by the new president and his agenda.

"I think most people are hopeful it will bring a more conservative approach to our government, especially with the nomination of Supreme Court justices," Barr said. "If you look at the Progressive movement and the Democrats, they're sworn to eliminate our Constitution as it exists since it's been written."

Barr says the Progressive movement is moving toward an interpretation of the Constitution that erases individual freedoms while replacing it with a dominating government.

Danville's Dave Potter has reservations about Trump's penchant for social media.



Potter

"On the big picture stuff, I hope he can do half of what he says, but I wish he would cut off the stupid tweeting," Potter said about Trump's continued use of Twitter as a platform to speak to the public. "It's about to turn me off. I voted for him, I support

him on the big picture stuff, but his thin-skin and really insensitive tweets, I find intolerable and not becoming to a President of the United States."

Sharon Flannery is a resident of Chapel Hill on the west side of Indianapolis. Her daughters live in Hendricks County. She wasn't an early supporter of Trump, but came around after the other candidates dropped out of the primaries.



Flannery

"I always thought he'd be great for the business aspect of his life," Flannery said. "The biggest thing I can think of is more jobs and help for the middle-class person, because I'm not even sure I'm in the middle class anymore. When you're retired you only have one stream of income. I worked until I was 70."

Judy York of Plainfield wants Trump to know that his constituents will be watching him to ensure he does what he claimed on the campaign trail.

"I hope that he continue to follow through on his promises," York said. "I'm very pro-life, so I definitely want pro-life issues and I certainly want everything else."



York

The Defenders meet on the fourth Monday of each month at Traditions of Reagan Park, 1076 Kingwood Dr. in Avon. More information, including how to contact the

organization, is available at [www.defenderswest.com](http://www.defenderswest.com).

## Pado elected to Danville Town Council

By Gus Pearcy

Precinct committee persons from Danville elected Tom Pado to replace the remaining three-year term of Dee Oliphant. The at-large seat was vacated by Oliphant who left for personal reasons at the end of 2016.

Pado is an entrepreneur originally from Gary, Indiana who moved here in 2011. He retired in 2013.

"I have the best intentions for Danville, and the residents," Pado said. "I have wanted to find a way to give back, and this seemed like the best opportunity."

Pado is a U.S. Navy veteran who worked on the U.S.S. Becuna, a submarine. He went to college in Florida, getting a degree from the Florida Institute of Technology. He then joined the Smithsonian Institution to do underwater exploration. In 1978, Pado and John Fike made a World Record dive in a diving bell of more than 28,000 feet. After his time at the Smithsonian, Pado went to work with the oil companies inventing remote-operated underwater vehicles that could repair

oil wells at the bottom of the ocean or sea.

Eventually, Pado moved to Australia and successfully started Total Marine Technology, which supplied ROVs to the oil industry. He sold that company after moving to Danville.

Pado will continue his entrepreneurial spirit as a part of the town council. He said one of his first projects will be to get a low-power radio station on the air for Danville residents. He plans to talk with all the business owners in the town to understand their needs and wants.

He will be the liaison to the Danville Public Works Department.



New Danville Town Council Member Tom Pado.  
Photo submitted.

## PUB THEOLOGY

relaxed conversations about life & faith

Join us for good conversation on spiritual topics and your favorite beverage!

On February 15, we welcome Faryal Khatri from the Islamic Society of North America as our guest. We'll explore ways to be in partnership together for peace and progress in our community.

Green Street Pub (911 N. Green St., Brownsburg) 6 to 8 pm.



 **GOOD SAMARITAN**  
EPISCOPAL CHURCH

Followers of Jesus, with open minds and hearts to serve.

**ChurchThatServes.org**  

**HENDRICKS COUNTY COLLEGE & CAREER FAIR**

Thursday February 23, 2017  
Workshops 5 pm - 7 pm  
Fair 6:30 pm - 8 pm

WORKSHOPS ON:  
Financial Aid  
Scholarships  
Essay Writing  
Admissions

Hendricks County Fairgrounds and Conference Complex, Danville

FOR MORE INFORMATION  
Visit [www.HendricksCollegeNetwork.org](http://www.HendricksCollegeNetwork.org)  
or call 317-762-4EDU.





February 2017

Miss Kelsie VanWynsberghe  
by Clark Finn

Delaware Trail Elementary School, Brownsburg  
3rd Grade

# Teacher of the Month



*Heather Painter, Miss VanWynsberghe, Chick-fil-A Cow,  
Clark Finn and Chris Tinch*

Kids, send your name, address and telephone number, along with a 100-word summary of why your teacher should be honored as the Chick-Fil-A/Heat & Cool LLC/Hendricks County Icon Teacher of the Month, to [teacher@myicon.info](mailto:teacher@myicon.info). The deadline for nominations for the March 2017 Teacher of the Month is February 17. Your teacher will receive special recognition plus your class will win a lunch party compliments of Chick-fil-A (Avon/Plainfield). Please take time to nominate a deserving teacher from Hendricks County.

Chick-fil-A (Avon/Plainfield)  
is the official ICON  
Teacher of the Month  
Lunch Party supplier

*At right, photos of students in  
Miss VanWynsberghe's 3rd grade class at  
Delaware Trail Elementary School enjoying a  
party provided by Chick-Fil-A!*



HENDRICKS COUNTY  
**ICON**

**Chick-fil-A**

**HEAT  
& COOL** LLC.  SINCE 1970



# 'Building HIS Body While Breaking OUR Barriers at the Feet of Christ'

## WHERE WE WORSHIP

We are the Servizzi family and have lived in Brownsburg ever since God called us to be a part of Church on the Rock. Jason Servizzi is a bi-vocational pastor working for the State of Indiana as well as being heavily involved in the community. From being on the board at the Brownsburg Girls Softball League to coaching at Bethesda Christian School, impacting the lives of our young people is a passion and desire that God has graciously given us and we will continue to work for the kingdom until God calls us home.

### What is it about your place of worship that helps you grow spiritually?

Watching our church grow from 2 families to what it is now 100+ weekly has been one of the most beautiful experiences we have witnessed. To see people come through His doors at Church on the Rock seeking something bigger, willing to share, learn, grow, and change together is inspiring. Not only have we grown as a church but we've learned to let down our walls and realize the only way to reach people is to be broken together. (Elizabeth Servizzi)

The atmosphere at Church on the Rock is amazing. We often use the phrase "Be comfortable being uncomfortable." When you are there you don't feel judged and realize that come as you are means so much more than just clothes. The staff at Church on the Rock is dedicated to "following through" with each member to ensure all questions regarding anything in their faith are answered from a Biblically bound perspective.

### What is it about your place of worship that helps you to feel connected to your spouse, children, parents or other family?

Our immediate family has grown spiritually in the last 5 years while being here. It's funny to just look at so many dynamics within the church. Kids call our older members grandma, papa and our older members treat the kids as their own grand babies. One of the most amazing things that we have seen as a family is to see our kids' Grammy (grandmother) come to know the Lord through this ministry.

### What is one meaningful event that has taken place at your place of worship?

One of the things our church does every year is child dedication. We choose to do this on Mother's Day and it means so much not just to the individual families but to the entire church family. It was once said it takes a village to raise a child but we at Church on the Rock like to say it takes a church to raise a child. Does this mean we raise the child, no but we want to come along side of each family to teach them how to be a family that loves Jesus.

### Why would you recommend your place of worship to someone?

When I tell people about our church I tell them come as you are. One thing I hear a lot is a need to change myself or the roof will cave in if I walk through the door. I chuckle and tell them my story, if the building didn't collapse when I walked in 15 years ago it won't with you either. Let God work. The people are amazing but remember we are fam



The Servizzi family (from left) Cole, Olivea, Elizabeth, Izabelle, Jason, and Natalie. Submitted Photo

ily and families sometime disagree. But if and when that happens, we disagree with love. A church that is growing is growing with real people. Real people have real problems and real problems are messy. So the growing church is a messy church! We are a messy and imperfect church who will love a messy and imperfect you. (Jason Servizzi)

## Church On The Rock Baptist of Brownsburg

6987 Donnelly Drive  
Brownsburg, IN 46112  
(317) 800-2911

[www.churchontherockbb.com](http://www.churchontherockbb.com)

Compiled by Cathy Myers

## MODERN RECYCLING IN ACTION



It's time for your business to go green. Call Ray's Trash today to find out about our wide variety of cost-effective recycling programs for businesses large and small!

**317-539-2024**

[WWW.RAYSTRASH.COM](http://WWW.RAYSTRASH.COM)

## A poem for lovers ... in the Bible

### DEVOTIONAL

By Michael LeFebvre

"... Love is strong as death, jealousy is fierce

as the grave. Its flashes are flashes of fire, the very flame of the Lord."

(Song of Solomon 8:6, ESV)

Valentine's Day brings romantic songs and movies. Many don't realize that the Bible includes a poem on love and sexuality, called the Song of Solomon.

It is actually called the "Song of Songs" in its opening verse, because it is the best love song and is supposed to be our favorite. Its style might not be as charming to modern tastes as songs written in our own day; but its beautiful ideal should be the standard by which we judge all other romantic arts.

Sadly, modern culture has degraded sex to a sport. The Song of Songs re-envisioned it as the consummation of hearts (not just bodies) in a bond that is "strong as death" creating "jealousy [that] is fierce as the grave," because the Lord made it so.

The poem follows a common couple's romance. In ancient love poetry, the male lover was called a "king" (like the modern expression, "Prince Charming"). Because this love song was penned in Solomon's court

(1:1) and poetically uses royal terms, many think it is Solomon's own love story, but that is incorrect.

The book begins with a short poem extolling love (1:1-4). It then tells its story in four sections: first, youth dreaming of love and its consummation (1:5-2:17); second, love found, a wedding procession, and its consummation realized (3:1-5:1); third, a powerful nightmare of love lost, testing the couple's consummation (5:2-6:3); fourth, a poem of love that has been tested and matured into an unbreakable bond of body and soul (6:4-8:7). The book closes with a poem encouraging communities to model such love for our youth (8:8-14).

Praise God for the grace he pours out on broken hearts and upon our failures. But this Valentine's Day, let us uphold the best love song as the standard by which all other romantic arts are measured.



Michael LeFebvre is the pastor of Christ Church Reformed Presbyterian (online: ccrp.church), holds a Ph.D. in biblical studies, and has authored several books.

Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

N  
U E O  
Y B M N T  
J G R U I G S  
S O A D T S T O I  
J U U R W E E I T L N  
T E C R N O C B M N E O A  
W L O N E N I L S O E N C  
H K F A R S L I C I T S S  
C H R L Q K W Z A E D P S  
M A K I N X E Z R P E M O  
J R F S O L C A F I L H F  
G T D M I O N R A A S I S  
N K T S P E D L T E U  
A K U E R G V S R  
T F Z W C T U  
S E A A A  
U L T  
M

6 Winter Words

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4 Actresses Named Jennifer

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3 IU Majors

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5 Ford Cars

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2 Indianapolis Sister Cities

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

1 RV Museum & Hall of Fame City

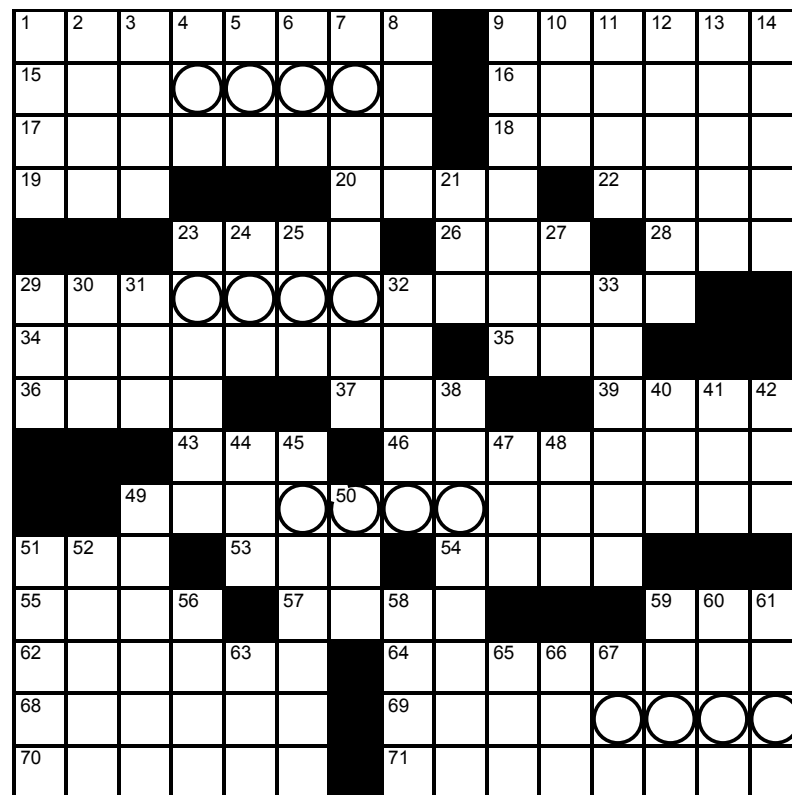
\_\_\_\_\_

# Across

1. St. Malachy Catholic Church prayer
9. Online newsgroup system
15. Word lists
16. Akira Japanese Steakhouse robe
17. Ali superlative
18. Together
19. Stomach muscles, for short
20. I-80 payment
22. Gone With the Wind plantation
23. Morning host on RTV6
26. Finish Line shoe spec
28. Ex-Pacer Hibbert
29. It's known for its start-ups
34. Mexican resort
35. CPR pro
36. Hendricks County shelter cry
37. Plainfield BPOE member
39. "No \_\_\_, no foul"
43. Once around the Brownsburg HS track
46. Downtown Indy avenue
49. Computer chip component
51. Avon-to-Connersville dir.
53. Delta destination from IND
54. Gangsters' guns
55. Big kid in a Hendricks County Fair barn
57. IU-Purdue animosity
59. The Coachman kitchen meas.
62. Indy airport hotel name
64. Easily excited
68. Chef Lagasse
69. :-), e.g.
70. Christmas tree decoration
71. Evaluated

# Down

1. Sodalis Pond organism
2. Danville HS grammar class subject
3. Former spouses
4. Mamma \_\_\_!
5. Perform at the Longstreet Playhouse
6. Big Walnut Creek fish eggs
7. Single occurrence
8. Concerning
9. Tiki Bob's instrument
10. Break a Commandment
11. Give off light, like an IU Health laser
12. Official signer
13. January, at Iguana's Mexican Restaurant
14. WTHR morning show
21. Grazing ground
23. Broad \_\_\_

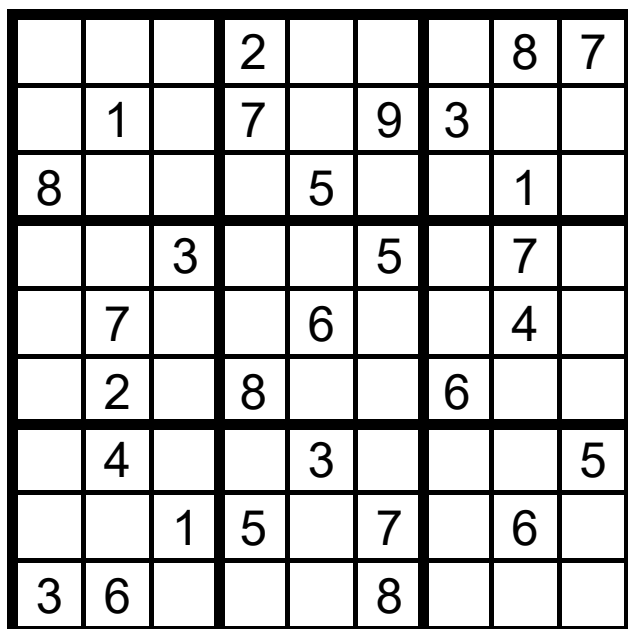


24. Post-ER place at St. Vincent Hospital
25. Holcomb or Hogsett, briefly
27. Hoosier National Forest tree
29. Utter aloud
30. Rocks, to a Doghouse bartender
31. Lakers on a Bankers Life Fieldhouse scoreboard
32. Tom Wood brand
33. Indiana State \_\_\_ Commission
38. Regal realms
40. Ellis Park picnic crasher
41. 2016 Olympics city, briefly
42. Hoosier Hysteria mo.
44. Hendricks Regional Health physicians' org.
45. Hidden hazard
47. Nutritional inits.
48. Kind of instinct
49. Mariners

50. Browns on a Lucas Oil Stadium scoreboard
51. Eagle Creek's white heron
52. "Me, too!"
56. Sticky substances
58. Eye part
59. Nervous twitches
60. Big Red Liquors gin flavor
61. Remain unsettled
63. It's spotted at Indiana Grand Casino
65. \_\_\_ Patios Mexican Restaurant
66. Had baked ziti at Frank's Place
67. "\_\_\_ the season..."

Solutions on page 23

Puzzle Time





## HCHS President, Carol Battistini puts family, community above all else

Since moving to Avon 22 years ago with husband, Peter, Carol Battistini has donated much of her time and talents for the good of our community. Battistini has an impressive professional background, which includes serving as controller for an accounting firm, and controller and CEO of an Indianapolis law firm. After stepping away from her career to care for her aging mother who was suffering from Alzheimer's, Battistini became increasingly involved in the Hendricks County Human Society. For the past two years, she has served as its president of the board.

For her valued dedication to community and family, the Hendricks County ICON names Carol Battistini our February ICON of the Month.

### What do you consider your greatest virtue?

Patience and tolerance.

### What do you most deplore in others?

Judging people by their appearance or circumstance.

### What do you like most about living in Hendricks County?

One can enjoy aspects of urban life or rural life, variety of amenities, managed growth, and vibrant communities.

### If you had to live elsewhere than in Hendricks County, where would it be?

Shenandoah Valley, Virginia

### If you could begin life over, what would you change?

Nothing, I'm far from perfect and my life has had its ups and downs, but all those experiences and choices got me to my current life that I feel is blessed.

### If money were no issue, how would you spend it?

Establish a safe haven for senior animals to live out the remainder of their lives.

### What makes you happiest?

Spending time outside, enjoying the sights and sounds of nature.

### What is your favorite vacation spot?

San Diego area.

### What do you do with idle time?

Crossword puzzles and reading detective or lawyer mystery novels.

### What is it that makes you angry?

Mistreatment of animals.

### What do you do to escape from reality?

Binge watch British TV.

### What or who is the greatest love of your life?

My wonderful husband.

### Which living person in Hendricks County do you most admire?

Since becoming a board member of Hendricks County Humane Society, I have gotten to know and admire many people who work or volunteer for non-profits. One of which is Cassie Martin, Executive Director of Sheltering Wings. Her leadership and commitment are admirable.

### What is the quality you most like in a man?

Kindness.

### What is the quality you most like in a woman?

Kindness.

### What is your greatest extravagance?

Sporty cars.

### What are your fears, phobias?

Public speaking.

### What has been the happiest time of your life?

I feel fortunate to have lived a happy life. Looking back I'd say the happiest time was growing up on a farm in the Shenandoah Valley. My passion about the treatment of animals started at that young age with experiences bottle-feeding orphan calves and lambs plus caring for our horses, dogs and cats.

### Which talent would you most like to possess?

I'd love to be able to carry a tune.

### What do you most value in your friends?

Being genuine.

### Which historical figure do you most identify with?

Jesus. I strive to follow his teachings.

### What is your greatest regret?

Not continuing to play the flute.

### What tenet do you live by?

The Golden Rule: Do unto others as you would have them do unto you.



**Compiled by  
Cathy Myers**



### IS SOMEONE TRYING TO TELL YOU SOMETHING?

If you're overweight, smoke or have a family history of heart disease, a \$49 heart scan from the leading heart and vascular experts in Indiana isn't just simple and convenient, it might save your life.

Avon | Carmel | Indianapolis | Lafayette | Muncie | Fishers | Tipton



Indiana University Health

©2017 IU Health