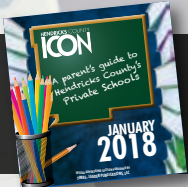




# HENDRICKS COUNTY ICON

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**GROWING HEALTHCARE FOR OUR COMMUNITY**

*Hendricks Regional Health Brownsburg Hospital*  
Now Open at 5492 N. Ronald Reagan Parkway



# GROWING HEALTH CARE FOR OUR COMMUNITY

*Hendricks Regional Health Brownsburg Hospital*

Now Open at 5492 N. Ronald Reagan Parkway



Since 1962, we've put down roots in Hendricks County with a commitment to delivering high-quality, comprehensive healthcare close to home. We are thrilled to further our mission with the opening of our new Hendricks Regional Health Brownsburg Hospital on January 8, 2018.

The new hospital, located at 5492 North Ronald Reagan Parkway (on the northwest corner of Interstate 74 and Ronald Reagan Parkway near exit 68), extends the services currently available at our facilities across Hendricks County to Brownsburg, Zionsville and surrounding areas. The innovative healthcare center will house the county's first side-by-side Emergency Department and Immediate Care Center, allowing patients the option to choose a level of care with respect to their condition and copay.

Our Brownsburg Hospital supports local families by providing a full continuum of care and enhanced sports medicine and women's services, including a New Life Associates office for OB-GYN care. It also features an inpatient unit; physical, speech and occupational therapies; cardiac rehabilitation; lab and imaging services; primary care physician offices; and much more.

Hendricks Regional Health believes in growing healthcare for our community, giving patients more opportunities to stay local with their care. Learn more at [HENDRICKS.ORG/BROWNSBURG](http://HENDRICKS.ORG/BROWNSBURG).

**Stories/News?**

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Chris Cornwall at (317) 451-4088 or email him at [chris@icontimes.com](mailto:chris@icontimes.com). Remember, our news deadlines are several days prior to print.



**Want to Advertise?**

Hendricks County ICON reaches a vast segment of our community. For information about reaching our readers, call Rick Myers at (317) 451-4088 or email him at [rick@icontimes.com](mailto:rick@icontimes.com).



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From left, Erin Engels, Board of Trustees Member; Bill Fenton, Construction Project Manager; Yvonne Culpepper, COO, CNO, and V.P. of Nursing; Terry Dillon, Board of Trustees Chairman; Kevin Speer, President & CEO; and Dr. Gordon Reed, Board of Trustees Member and Hospitalist. Photo by Chris Cornwall

**Ribbon cutting held for new Brownsburg hospital**

Hendricks Regional Health Brownsburg Hospital, 5492 North Ronald Reagan Parkway, is now officially open for business. A crowd of media, local officials and hospital staff packed into the main entrance of the new 100,000 square-foot facility Monday, Jan. 8, to witness the ribbon cutting ceremony. While the new

hospital will serve Brownsburg and surrounding areas, the existing Hendricks Regional Health medical office building, 1411 South Green St., will remain open to serve the south side of Brownsburg and northwest side of Avon. For more information, visit [hendricks.org/brownsburg](http://hendricks.org/brownsburg)



**Q:**  
**Do you follow local government? Why or why not?**



"No, I don't have time and I don't like politics."

Lisa Ward, Avon



"Yes, so we can know what is going on with our town."

Craig Maners, Brownsburg



"I keep my head in the sand. I haven't voted since 1984. When I turned 18, I voted once for Reagan and that was it."

Lisa Cornwell, Plainfield

# Note-worthy

## Avon's Ricardo Laranja: From child prodigy to professor to big-film music artist

### COVER STORY

By Peg McRoy Glover

Ricardo Laranja, Avon, is known locally as a professor of music arts and technology at IUPUI, and the music director at Mary, Queen of Peace Catholic Church, Danville. But what most of his students don't know, and neither do most of his acquaintances, is that he composes music and creates special effects for top movie and commercial producers in Hollywood and Brazil, his native country. He was also once considered a musical child prodigy.

Laranja was born in Brasilia, the capital of Brazil, and didn't begin to play the piano until he was 10-years-old. Within two years, he was considered an expert at his art and became an official card-carrying member of the music union.

Laranja recalls when he passed the test to become a professional musician.

"The man who reported the scores said, 'Is that Ricardo Laranja there? My Mom said, 'Yes that is my son.' He said that there must be some mistake because it says here he is only twelve years old. Mom said, 'No, there is no mistake.' The man responded incredulously, 'Well, congratulations. He is the youngest professional Brazilian musician because he just passed the test.'"

That same year he was invited to perform at the Brazilian capital for the President of Brazil, José Sarney. He similarly performed in the residences of ministers, judges and diplomats and earned a steady salary by regularly performing in one of the best hotels.

The Brazilian Press called him "The Genius of Music." Laranja answered, "The keyboard means to me what the lens means to the photographer and what brushes mean to the painter."

Two years later Laranja was studying music in

Laranja's first professional musician's ID card was awarded to him at 12-years-old.



Cover photo by Rick Myers

Albany, New York, under the tutelage of Robert Loveland.

"He taught me music theory, and how to be expressive in my music," Laranja said. "His teaching style and technique was unconventional in the sense that I didn't start with classical music, and typical note-reading techniques, which fit me perfectly."

Laranja later studied at the Berklee College of Music in Boston from 1989 until 1991. Then he went to the School of Recording Arts, Chillicothe, Ohio, to study studio maintenance and troubleshooting, advanced recording and media production. Once he absorbed all he could there, it was off to the Gove School of Music, in Van Nuys, California to soak up their jazz keyboard program.

It was his years at the Grove School of Music that he began to rub elbows with some of the best musicians in Hollywood. One of the teachers he encountered was Jack Smalley, a composer and orchestrator of film and television scoring, whose latest orchestration is for HBO's *Games of Thrones*. It was through Smalley that he met the late Henry Mancini, winner of four Academy Awards, a Golden Globe, and 20 Grammy Awards.

Laranja admits to being a bit star-struck when he met Mancini.

"During a workshop at the Grove School of Music, I told Mancini how much I enjoyed his songs and named a few of my favorites. I told him that I wanted to do what he did, and he said, 'You are already doing it! I couldn't believe it!'"

Further studies took him to Aquinas College in Grand Rapids where he met his wife, Julie. The IUPUI School of Informat-



*"The keyboard means to me what the lens means to the photographer and what brushes mean to the painter."*

— RICARDO LARANJA

ics called to him next where he accomplished himself in media arts and science.

It was at IUPUI that Laranja began to put down roots when he was asked to develop and teach audio production and sound design courses for the university.

"Ricardo is passionate about teaching and has great care and concern in the development of young people," said Dr. Darrell Bailey, professor of music at IUPUI, Purdue School of Arts Technology. "He is

very sophisticated in the use of technology in teaching and is an excellent keyboardist. He is very forward thinking and innovative. He is constantly learning, making his courses better each time. He has a broad understanding of classical, pop, jazz and world music. He does what he teaches and brings real-world experience to the classroom. There is a completeness to his teaching."

The IUPUI opportunity prompted Laranja and Julie to live in Hendricks County. They

now call Avon home where they happily reside with their two children.

Today, Laranja has a recording studio in Avon where he composes and produces music and sound effects. He's worked on films for big names like Sony and Pixar.

He also creates music and sound effects for commercials, video games and iPhone apps—when he isn't busy being a husband, father, professor and choir director that is.

One on One with  
Ricardo

### When you were growing up in Brasilia what did you imagine your future would be?

Like most boys, I wanted to be a race car driver or a soccer player. While in the US, I solidified my passion for music and decided that I wanted to be a musician and a teacher.

### What do you like most about living in Avon?

I have met many friendly people in the school system, churches, soccer teams, parks, and karate dojo that my family has been able to be a part of. I like Avon for the many opportunities it affords my family

### What has been the proudest moment in your career?

At the age of 17, I was selected by the President of Brazil to represent all the musicians in Brazil for "Musician's Day".

### Why did you choose to become a teacher?

I have always been a teacher. Even as a young child I taught all my cousins how to swim and ride a bike. I get great satisfaction from imparting knowledge and students gaining new useful skills that will help them in their musical careers.

# ICONography



(Left) Amando Lucio grass-dancing at the Tecumseh Lodge Mid-Winter Powwow, Saturday, Jan. 6, Hendricks County 4-H Fairgrounds, Hendricks Power Exposition Hall. Grass-Dancing is a modern Native American style inspired by the Great Plains tradition. (Top right) Kelly Ankrom aka Kintapiasha. (Bottom right) A youngster dances.  
Photos by Chris Cornwall

## Powwow dancers shake off the cold at fairgrounds

During one of the coldest weeks on record, and with little sign of life outside, rhythmic drums and singing can be heard coming from the Hendricks Power Exposition Hall. It's the Mid-Winter Powwow and many folks have come for a respite from this most confining of seasons.

"This is a social gathering for people who've been inside all winter long. It's a way to get out and have a good time," Ray Kappmeyer said.

Kappmeyer, Danville, is vice president of Tecumseh Lodge and has been active in the organization for 45 years. He said its non-native and 95 percent of folks involved do not consider themselves to be American Indian.

Kappmeyer is also the organization's



Kappmeyer

powwow chairman and said the main event is held in Tipton, Indiana, every year over Labor Day weekend. However, he mentioned that the Mid-Winter Powwow in Hendricks County still draws in people from all over the Midwest.

"My grandparents raised us to stay in touch with our traditions," said Kelly Ankrom, New Castle, Indiana. Ankrom is a teacher who works with American Indian symbols and said she is of Blackfoot heritage. "It's a much simpler way of life and a very good community. The traditions, I would say, are a lot better than the societal norms today."

For more information about Tecumseh Lodge or upcoming events, visit tecumseh lodge.org.

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## BEHINDtheBADGE

# Veteran chief started career after fateful dinner interruption

## FEATURE

Compiled by Chris Cornwall

Growing up, Chief Dan Smith never envisioned himself becoming a firefighter let alone a veteran of two local departments. However, a chance opportunity piqued his interest and set him on a course that eventually led to his serving as Fire Chief for both Brownsburg and Washington-Township Avon Fire Departments, respectively.

Smith was reared in Brownsburg and began his career in 1981 as an EMT. He worked for three years as a volunteer firefighter before getting hired on as one of the first full-time firefighters in Brownsburg. In 1996, Smith came to Avon where he climbed the ranks again to become its current Fire Chief. He obtained his Executive Fire Officer degree from the National Fire Academy in Emmitsburg, Maryland, in 2011.

### What inspired you to become a firefighter/EMT?

It's kind of interesting, when I was young, my dad was a volunteer firefighter in Brownsburg but I didn't have any interest in it at the time. I went to college and studied sociology and psychology. After I graduated from college and got married, my wife and I were having dinner with some friends of ours, the Matthews family from Brownsburg—Steve owns Matthews Mortuary—and at the time, the mortuary had an ambulance service that served the town of Avon, Pittsboro and Litzon. On the night we were eating together, there was an accident in Brownsburg and they needed a second ambulance. So they called Steve and I just happened to be there and went on the run with him. I told him I really enjoyed it so he paid for me to go to EMT school. Shortly after I got out of EMT school, Brownsburg still had a volunteer fire department. They had lost several of their volunteers so I went over and offered my services as an EMT. I began training as a volunteer firefighter...

### As Fire Chief, what is a normal day for you like?

Every day is different. Obviously, with me being in administration now, I don't make as many fire or EMS runs as I used to. Now, my job is more political and providing my people with the skills and equipment they need to do the job. But I still do responses. I'm actually one of two fire investigators on the department... I still go on every working fire in our jurisdiction. But now my job is overseeing the staff that educates and trains the firefighters.



Fire Chief Dan Smith, Washington-Township Avon Fire Department.

Photo by Chris Cornwall

### What's one of your best memories on the job?

I don't know that I can recall one instance. I've loved every day that I've done the job. Obviously, it's a thrill and an honor to serve the public, and have the public's trust—and to know that every run we go on makes a difference in a person's life. I think the one thing that makes this job special is the people I work with... The shift that you work with kind of becomes your second family. I've had the opportunity to develop relationships with a lot of great people both in administration and on the shift...

### What do you find most challenging about the job?

Probably trying to balance the financial constraints of the job and being able to provide a level of service that we want for the community we protect. We are very blessed to have a board that backs what we do; we have good equipment and are paid well. But in every government agency you deal with the constraints of tax caps, and sometimes it's hard to keep up with the growth of the community...

### Looking to the future, what are your goals professionally?

I realize I'm getting toward the end of my career, and one of the things that I'm concerned about for our organization is what we call succession planning. A lot of people probably don't know what that means, but it's basically developing and building up people to fill the roles of our organization as people transition out of the vocation. My position will be vacated at some point in time and I want to build people up to fill my position and the other leadership roles in the organization. So one of our big goals is to identify people with those skill sets and give them the education and things that they need to fill those roles...

## Hendricks County Planner

### AVON

**Redevelopment Commission** | Jan. 29, 6 p.m.  
Council meetings are held at Avon Town Hall and BZA meetings are held in the Avon Town Courtroom, 6570 E. U.S. Highway 36. For more information, call (317) 272-0948 or visit [avongov.org](http://avongov.org).

### BROWNSBURG

**Economic Development Commission** | Jan. 17, 5 p.m.  
**Park Board** | Jan. 18, 6:30 p.m.  
**Plan Commission** | Jan. 22, 6 p.m.  
**Town Council** | Jan. 25, 7 p.m.  
All meetings are held at Brownsburg Town Hall, 61 N Green Street. For more information, call (317) 852-1120 or visit [brownsburg.org](http://brownsburg.org).

### DANVILLE

**Police Commission** | Jan. 15, 6 p.m.  
**Town Council** | Jan. 15, 7 p.m.  
**Board of Zoning Appeals** | Jan. 16, 7 p.m.  
All meetings are held at Danville Town Hall, 49 N Wayne Street. For more information, call (317) 745-4180 or visit [danvilleindiana.org](http://danvilleindiana.org).

### PLAINFIELD

**Design Review Committee** | Jan. 16, 4 p.m.  
**Board of Zoning Appeals** | Jan. 18, 7 p.m.  
**Town Council** | Jan. 22, 7 p.m.  
All meetings are held at the Town of Plainfield Building, 206 W. Main Municipal Street. For more information, call (317) 839-2561 or visit [townofplainfield.com](http://townofplainfield.com).

### HENDRICKS COUNTY

**Commissioners' Meeting** | Jan. 23, 9 a.m.  
All meetings are held at the Hendricks County Government Center, 355 S Washington Street. For more information, visit: [co.hendricks.in.us](http://co.hendricks.in.us). To reach the Plan Commission or Board of Zoning Appeals, call (317) 745-9255; for County Council, call (317) 745-9221; and for the Board of Health, call (317) 745-9217.

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## ICONICbriefs

### Optimist taking submissions for scholarship essay contest

The topic is "Can Society Function without Respect?" It's open to any student 18 and under (as of Oct. 1) who attends school in the U.S., Canada or the Caribbean. The contest is sponsored by Optimist International, a volunteer service organization. The essay aims to give young people the opportunity to write about their own opinions regarding

the world in which they live. Winners advance to the District contest to compete for a \$2,500 college scholarship. Send essays to the Avon Optimist Club, 8103 E US 36, #140, Avon. Submissions are due Jan. 26. For more information, e-mail [p\\_grant@fastmail.fm](mailto:p_grant@fastmail.fm) or call Paul Grant at (317) 809-0633. You can download applications [www.optimist.org](http://www.optimist.org).

### Avon Tri Kappa will award scholarships to H.S. seniors

Avon Tri Kappa is once again giving away scholarships to area high school students. The organization is now accepting applications for their 2017-18 scholarship program. The chapter plans to award around \$3000 in scholarship money to one or more qualified high school seniors residing in the Avon-Washington Township community who plan to attend college or vocational school in fall 2018 after graduating from high school. The process includes a student essay. Last year, scholar-

ships were given to Regan Roetken, Allyssa VanBuskirk, Amber Greaney, & Humza Syed. The students have expressed how humbled they were to be chosen.

"I plan on using this money to help alleviate the financial burden of paying for college and to further my education to pursue a career in the medical field so I can help others and give back to my community like Tri Kappa does," Allyssa VanBuskirk said.

To apply for the next scholarship, go to [avontrikappa.org](http://avontrikappa.org). The deadline is 3/8/2018.

### Brownsburg teacher invites families to night of fitness fun

Brownsburg Family Fitness Night will take place Thursday, Jan. 25, 5-7 p.m. at Brownsburg West Middle School, 1555 S. Odell St. This free annual event will feature wall-climbing, healthy snacks, demonstrations, mini-classes and activities for younger kids. Guests will be able to enter a drawing for the chance to win two free

gym memberships. The night is also an opportunity to learn what resources are available locally for fitness, nutrition, sport and recreation. The event is organized by teacher, Mrs. Cassie Brooks, and student leaders. For more information, visit Brownsburg Family Fitness Night 2018 on Facebook.

### JWL Foundation will award 20k to local students

The JWL Foundation will award \$20,000 in scholarship money to three Avon Students for year 2018. Applications will be accepted starting Feb. 1. The foundation was started in honor of the late Jonathan

Legg, an Avon High School junior at the time of his passing in April 2016. For more information on the JWL Foundation, or to learn about this year's scholarship criteria, visit [4jonny.com](http://4jonny.com).

### Avon H.S. to host choir competition

The Avon High School choirs are hosting the Avon Vocal Invitational. Choirs from 15 schools across Indiana will compete in several different show choir and concert choir divisions. The event is March 2-3 at the high school. Tickets are \$10 for

Friday evening, \$15 all day Saturday, \$10 for morning or evening admission on Saturday, and \$5 for kids. Organizers are looking for adult volunteers. If you're interested, contact Meganne Masko with the Avon Choral Boosters at (319) 594-0739.

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# Teacher of the Month

Kids, we want to know who has the coolest teacher! Send your name, address and telephone number along with a 100-word summary of why your teacher should be honored as the Chick-fil-A/Hendricks County Icon Teacher of the Month to [teacher@myicon.info](mailto:teacher@myicon.info). The deadline for nominations for March Teacher of the Month are due Feb. 14th. Your teacher will receive special recognition plus your class will win a Chick-fil-A chicken party compliments of Chick-fil-A. Please take time to nominate a deserving teacher from your school.

Chick-fil-A is the official ICON  
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HENDRICKS COUNTY  
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OUR VIEW

## Yes, it's cold outside

Hendricks County, like much of the Eastern U.S., recently experienced a brutal cold snap. But this is not an editorial on how to stay warm this winter. We assume that if you live in Central Indiana, then you understand how to put on gloves and a coat, and have also come to terms with the fact that it's supposed to be cold in the winter.

But if the frigid temps still have you feeling salty, then remember it could be worse. How could we forget January of 1994 when the mercury sank to 25 below?

But despite bone-chilling winds, freezing rain and whatever else mother nature sees fit to plague us with, there are still plenty of worthwhile opportunities to enjoy time out of the house.

One place that has proven to be an asset to the community, especially in winter, is The Hendricks Power Exposition Hall. Dozens of events are held inside this climate-controlled mega space every year. It has already housed the Winter Farmers Market and the Mid-Winter Powwow this season, and Dogtona is just around the corner on Jan. 20.

If you're the more adventurous type, just look to our local parks. Hendricks County Parks and Recreation offers programs throughout the year. For example, on Jan. 27, it will offer an Animal Tracking program at Sodalis Nature Park, Plainfield, and a Family Fort Building workshop at McCloud in North Salem. Check out the events calendar on page 12 for details.

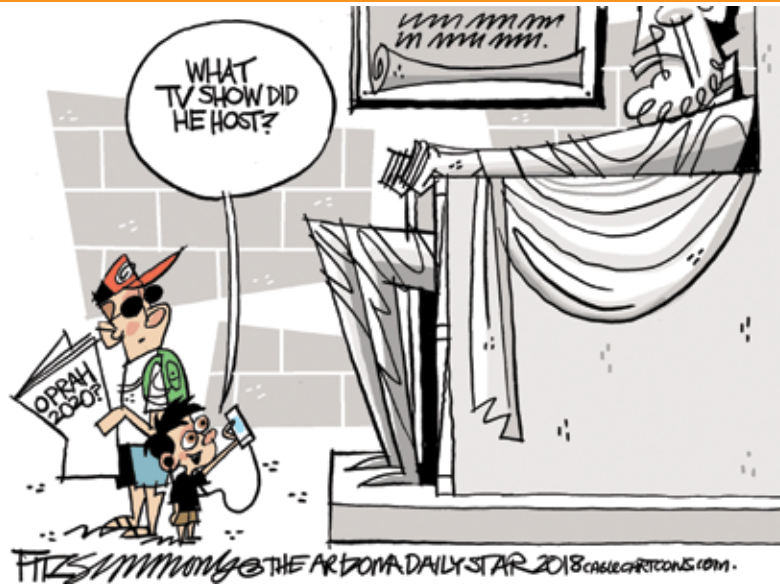
We cannot mention every local winter event here—there's not enough room—but we believe that's a good thing. Even in the middle of an especially brutal winter, the community infrastructure, with its public facilities, departments and natural areas, maintains the quality-of-life that we've come to expect from this great community. Perhaps, that will warm you up?

QUOTE

*"He who marvels at the beauty of the world in summer will find equal cause for wonder and admiration in winter"*

~ John Burroughs, *American naturalist* (b. 1837 d. 1921)

ICONtoon



## Non scents

HUMOR

By Dick Wolfsie

I have just finished reading Alexandra Horowitz's marvelous new bestseller *Inside of a Dog: What Dogs See, Know and Smell*. The book is mostly about the incredible sense of smell our canine companions have and how as humans we often overlook this sense (we always overlook our noses). In one chapter she describes a sight-seeing tour that's really more of a sniff-smelling excursion. The guide takes you through the streets of New York City and points your shnozz to all the wonderful (and not so wonderful) urban aromas—from sausage to sewage, from sourdough to subways.

That book reminded me of a medical issue I have. I mentioned it several years ago in a column about growing old. I have pretty much lost my sense of smell. And it has gotten worse. Many people wrote me and said I had a serious medical issue. Medical advice from friends usually stinks. Not that I would know what stinks.

There had been several indicators of this problem. When Mary Ellen, Brett and I used to sit in the living room watching the evening news, our dog was always at our feet. All of a sudden, both my son and my wife would start waving their hands in front of their noses. (The first time it happened, I figured I was blocking their view of the screen.) "You didn't smell that?" they'd shout.

"No, but I heard it."

I checked the Internet and it looks like I may have a disorder called anosmia, which one expert claims is sometimes caused by intra-nasal drug abuse. I could be losing my memory, too, because I have no recollection

of ever putting anything in my nose except a carrot at every New Year's Eve party. I do this just so I can say, "My doctor says I'm not eating right."

I am coping with my problem. For example, I now change my socks almost every day, because my previous technique for making that important evaluation is no longer effective. Has the cottage cheese in the fridge gone bad? Now I have to rely solely on the fuzzy green top layer to determine whether it's a bad lunch option.

By the way, if you lose your sense of smell, it does a number on your sense of taste. I told my wife I'm enjoying her cooking more than ever. I stupidly thought she would take that as a compliment.

When some of the senses begin to fail, you can buy a hearing aid or a pair of eyeglasses, but the Brookstone catalog doesn't contain a single gadget I could attach to my proboscis to help me compete with noses half my age. One website suggested that if your sense of smell is impaired, you might want to employ a "smell buddy"—a person you trust to tell you whether you have foul-smelling breath or offensive odors in your home. I called my friend Bob to see if he qualified and was willing. I promised him a big donation to his favorite charity if he'd do it.

"This deal smells fishy to me," said Bob. I hired him on the spot.



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.



THUMBS UP

THUMBS DOWN



**HRH BROWNSBURG OPENS DOORS.**

Hendricks Regional Health Brownsburg Hospital, located at the northwest corner of I-74 and Ronald Reagan Parkway, opened Jan. 8 with a ribbon cutting ceremony. It has the county's first side-by-side emergency department and immediate care.



**FEEL THE FREEZE!** While we enjoyed a white Christmas, the single-digit temps have made it a crazy chilly start to 2018. Frozen pipes, cold noses, power outages, school delays and soaring heating bills are just a few gripes. Luckily, a warm up is in the forecast.



**COUGHING, SORE THROAT, FEVER.** The flu is no joke. Plenty of H.C. residents have been slammed with this nasty bug. Hendricks Regional Health has limited patient visitation to cut down on the risk. The health department is reminding everyone of the basics: wash hands, get a flu shot and stay home if you are sick. Obvi.



**KISS-A-COP.** Avon Police are hosting an early Valentine's celebration to show officer appreciation. The event will be Jan. 23 at Harmony Baptist Church in Avon with free food and activities (Kiss-a-Cop booth). The event will raise money to buy a police dog to help fight the opioid crisis. Hendricks County alone has 1 death from a drug overdose every 22 days.



**CREEPING COYOTES.** There have been multiple coyote sightings in Brownsburg, including Hamilton Street. Some residents reported seeing the animals sniffing around homes and hanging near porches. Pets beware.



**IN NEWBORN NEWS.** Hospitals in the county were extra excited to welcome the first babies of 2018. IU Health West welcomed its first bundle of joy at 11:06 p.m. on Jan 1. BreAnna Strickland and Dee Smith of Indianapolis met their child, D'mazzi Dior Smith, after nearly nine hours of labor. The baby girl weighed 5 pounds, 13 ounces. Her NY resolution? More sleep and cuddles.



**SUSPECT CAPTURED:** Alan Hawkins, 34, from Indianapolis, has been arrested for stealing from 24 vehicles in the Avon area. The overnight break-ins have been going on since late December in different Avon neighborhoods. Police say Hawkins took guns, wallets, cash, gift cards and electronics. The Hendricks County Sheriff's Office worked hard to track him down with the help of surveillance video. They even recovered some of the stolen goods. Kudos.

BELIEVE IT!

**Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you ...**

In Wyoming, all new buildings that cost over \$100,000 to build must have 1 percent of funds spent on artwork for the building

SOURCE: [dumblaws.com](http://dumblaws.com)

# Finding help, hope and peace in Hendricks County

By Rick Barr

Heroin and its related classes of opioid drugs have reached unprecedented levels of addiction and tragedy. All involved are calling it an epidemic and immediate crisis. The lethality of these drugs and the degree to which people become addicted raises the danger level beyond any that we have seen before.

Hendricks County is not immune from the problem and can be considered in an epidemic stage as well.

Rick Morphew, Hendricks County Coroner, estimates about two opioid deaths occur every month in Hendricks County.

What is the level of crisis?

First, there is the individual death toll. The cost in human lives is staggering. In 2017, it is reported that over 65,000 people in the U.S. died of drug overdoses, more people lost than in fighting of the Vietnam War. In Indiana, opioid deaths rose 52 percent from 2015 to 2016 and more than doubled in the last three years. Drug-related arrests have increased 40 percent over the same time period.

Second, is the toll to the person caught in the cycle of addiction. The drug causes a disease by taking over proper brain function and usually ends disrupting their job, family and friends and can lead to crime.

A third toll is the devastation and turmoil to the family of everyone around the addict - husbands and wives, parents, brothers, sisters, grandparents, uncles, aunts and close friends.

In the midst of this turmoil and crisis there is a feeling of helplessness, loss of hope and a void of peace. If you find yourself in this cycle of addiction, or are a heartbroken family member trying to help your loved one, then please know that there are places in Hendricks County where you can seek help.

If you are seeking treatment, the Willow Center, 515 N. Green St. Ste. 402, Brownsburg, was recommended highly by everyone that I talked to. The number is (317) 852-3690 and the person to talk to is founder, Ashley English. For more information, visit willowcenter.com.

Parents of Addicted Loved Ones (PAL)

is a local support group that has been recommended to me several times. PAL meets weekly to educate, support and help each other with issues arising from loving someone with an addiction. There is a structure to the program with a curriculum. There is no charge to attend these meetings. PAL meets at White Lick Presbyterian Church, 2530 N. County Rd. 600 E., Avon. The local facilitator, Diane Buxton, can be reached at (317) 502-3456. Her email is DBuxton77@hotmail.com. For more information, visit pal-group.org.

Please be aware that there is a community fundraiser to combat opioids Tuesday, Jan. 23, 5:30 – 7:30 p.m., Harmony Baptist Church, 5697 Broyles Rd., Avon.



Rick Barr is the President of the Indy Defenders of Liberty. He may be reached at rickbarr1776@gmail.com.

# January is awesome possum

HUMOR

By Kristin Ferklic

"How was your Christmas?"

Bet you've been asked that one a few times this week! Well meaning, yet uninformed, people have asked me that very question as I'm staggering from my holiday nest.

"It was simply wonderful!" Right? Oy. Let's be real. Unless you celebrated inside the saccharin-sweet bubble of a Hallmark movie, under a Valium haze, you probably winced a little.

I'm pretty sure most of us endured some Cousin Eddie relatives, a few mutinous children (not mine, of course), and lots of misbegotten, yet incredibly well-packaged, toys. In my mind's eye, the last couple of weeks are a hazy, sugar-induced headache, laced with wire edged ribbon.

Predictably, the Christmas time warp has folded back upon itself. Reality has reared its frozen, ugly, ear-muffled head!! Busy school days, hectic work schedules and sub-

zero temps have once again overtaken Hendricks County.

The truth is, although I lament having to wear real pants, I do welcome January and a return to regularly scheduled public appearances (for the record, I highly advocate real pants in public, but, I feel your pain Walmart shoppers). And, I wholeheartedly, and graciously applaud the schools for reopening their doors to accept my sugared up brood. And, yes, I'm bracing for the homework arguments. I. Can. Do. This.

Bottom line, my kids are positively shiftless without the direction and incentive provided by the multiple schedules that dominate our Frigidaire stainless. It's amazing how fast the lethargy sets in once video-games and peppermint bark are introduced to children. To cap it all off, the last few days of our Christmas vacation saw a dramatic upsurge in bickering and inappropriate commentary. The kids were annoying, too. This Mama needed January. Bad.

So, to be frank, I'm relieved Christmas is over. And before I'm crucified as Ebenezer Scrooge, ya gotta know...I did ALL the "stuff," with a smile on my face and laughter in my heart! Beautiful decor with the Baby Jesus at center stage, Advent Services throughout the season, thoughtful gifts, visiting Santa at Perry Crossing, Yuletide Celebration at ISO, seeing the holiday lights at Ellis Park, baking cookies and playing hostess to friends and family. I'm no Martha Stewart, but it was a hardcore holiday extravaganza! And now, I am SO completely tapped out.

Stay awesome Hendricks County!



Kristin Ferklic resides in Brownsburg, is happily married to a police officer and is the mother of three highly-spirited children. Email: offthechainicon@gmail.com.

## ICONIC IQ

How well do you know your Hendricks County community?  
Test your memory of news featured in the previous issue of ICON.

**1** In 2019, Hendricks County will play host to which statewide conference?

- A. Indiana Conference for Women
- B. Indiana Tourism Conference
- C. Indiana Conference for Mayors
- D. Because Kids Count Conference

**2** ACSC recently received a \$98,000 grant from the Department of Education to improve academic and social-emotional supports of \_\_\_\_\_.

- A. Student athletes
- B. At-risk youth
- C. Underrepresented students
- D. Military family students

**3** Brownsburg Parks and Recreation recently hired Jonathan Blake to serve as its \_\_\_\_\_.

- A. Assistant Manager of Finance
- B. Assistant Manager of Park Programs
- C. Assistant Manager of Operations
- D. Assistant Manager of Wildlife

**4** Through her fundraising efforts, local youngster Gracie Bennett was able to collect over 5000 \_\_\_\_\_.

- A. Recyclable bottles
- B. Non-perishable food items
- C. Warm weather coats
- D. Christmas presents

**5** Hendricks County Bank & Trust has announced plans to build its headquarters in which Hendricks County town?

- A. Brownsburg
- B. Plainfield
- C. North Salem
- D. Pittsboro



ANSWERS ON PAGE 28  
Compiled by Chris Cornwall

# NIGHT & day LOCAL Entertainment ENTERTAINING

## Biggest dog party of the year returns Jan. 20

### FEATURE

Dogtona returns Saturday, Jan. 20 at the Hendricks County Fairgrounds and Conference Complex, 1900 E. Main St., Danville. The event will be held in the Hendricks Power Exposition Hall from 10 a.m. – 3 p.m. and people get in free, but dogs are \$5 each. Dogs must be leashed (no retractable), current on vaccinations and not be in heat to participate in the event.

Dogtona will include dog games, informational booths, rescue groups with adoptable dogs, stage shows featuring dogs and a cafe serving people food and beverages.

Some of the events include a talent show, the Leave It Competition and Any-Dog Dog Show. Individual awards will be given out in several categories: Best Dressed, Best Kisser, Best Tail & Best Rescue Story. There will also be an array of games that any dog can play like the Great Lick Off, A-Frame, Sidewinder and Pee Bucket Surprise, to name a few. For more information, call the Hendricks County Humane Society at (317) 745-3338.



## January

### 20 Saturday

#### Winter Bird Feeders

When: 10 a.m. & 1 p.m. Where: McCloud Nature Park, 8518 Hughes Rd., North Salem | Make a feeder, find out what birds you might see despite the snow and take home a small packet of seeds to get your feeder started. Two time slots available: 10 a.m. and 1 p.m. Recommended for age 6 and up. \$8 per feeder (up to 2 people per project) Advance registration required by Jan. 18. To register, visit [hendrickscountyparks.org](http://hendrickscountyparks.org), click on the event calendar, then on "register" button for desired event. For more information, call (765) 676-5437.

### 27 Saturday

#### Animal Tracking

When: 11 a.m. Where: Sodalis Nature Park, 7700 S. County Road 975 E., Plainfield | Help Park Naturalists find animal feeding areas, sleeping spots, and travel routes by searching for the clues they left behind. Dress for the weather and wear comfortable shoes. Hiking Terrain: easy to moderate difficulty, gravel and natural surfaces, up to 2 miles. Free to attend, appropriate for all ages, no advance registration is required. For more information, call (317) 718-6188.

### 27 Saturday

#### Family Fort Building

When: 1 p.m. Where: McCloud Nature Park, 8518 Hughes Rd., North Salem | Build a shelter or a fort using natural materials found in the woods. Dress for the weather and mud as this is a rain or shine program. Free to attend, appropriate for all ages, and no advance registration is required. For more information, call (765) 676-5437.





From left: John Perrault and Brad Uebinger.

Submitted photo

## Musical variety show in Danville

"An Evening of Variety in Music" will be presented as the first show of 2018 for the Keys, Strings & Other Things live music series. The show will be at the Unitarian Universalist Community Church in Danville on Saturday, Jan. 27. It will feature a wide variety of musical styles, including everything from Pat Benatar covers to original tunes. Music will be performed by central Indiana musicians who will donate

their talents to help fund future music events. Scheduled performers include Perrault & Uebinger, The Harshmellows, Bed & Breakfast, and the No Ampersand Band. The show starts at 7 p.m. Admission is \$10 at the door. Children 16 and under are \$5. The church is located at 95 N. Jefferson St. in Danville. In the event of bad weather, call (317) 892-4239 to check on cancellation.



## Hendricks Symphony presents Chamber Music XI Jan. 28

Hendricks Symphony and Orchestra Chorus will present its annual Chamber concert Sunday, Jan. 28, 3 p.m., at Bartlett Chapel United Methodist Church, 4396 E. Main St., Avon. Under the direction of Benjamin G. Del Vecchio, instrumental

and vocal ensembles from the Hendricks Symphony will present classical and popular music. You'll hear music from the old masters and some of the newer ones too. For more information, visit [hendrickssymphony.org](http://hendrickssymphony.org).

# FAITHONFOOD

by Faith Toole

## AN OPTION

### Devour Indy Winterfest (Now through Feb. 4)

It's that time of year again to experience your favorite eatery or find a new adventure during Devour Indy Winterfest. Last year, my husband and I took advantage of Devour Indy with more than 200 restaurants offering three-course, value-priced menus.

One of the featured eateries will be Dawson's on Main in Speedway. Their Devour Indy menu selections include Salmon with citrus chive caper butter sauce, horseradish crusted Sirloin, Blacken Chicken Pasta and my personal favorite Beef Stroganoff, with hand cut sirloin bites.

Other area restaurants participating; Cobblestone, Ralph & Ava's Café, Boulder Creek, Byrne's Pizza, Bru Burger Bar, Fogo De Choa,



Stone Creek, Barbecue and Bourbon, The Oceanaire Seafood Room, Tacos and Tequila, Main Street Poke, Scotty's Brewhouse, Iozzo's Garden of Italy. Search [devourindy.com](http://devourindy.com) for a list of eateries and menus.

Like and follow FAITH on FOOD Facebook page for Devour Indy giveaways. Drawings will be Friday, Jan. 19 at 10 a.m. Share your Devour Indy experience on social media by tagging @DevourIndy and @FAITHonFOOD on Facebook, Instagram and Twitter.

## WHERE I DINE

**Michelle Bray,**  
Avon

**Where do you like to dine?**  
I like to dine at Chili's in Plainfield

**What do you like there?**

I like the fajita, enchiladas, south western egg rolls and especially the salsa and chips.



**What do you like about this place?**

I like the atmosphere, the food and the exceptional service.

*Chili's*

*2681 East Main St., Plainfield*

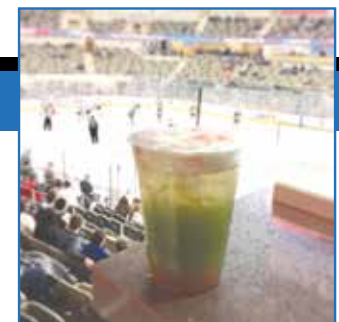
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- Pineapple juice
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Faith Toole is our Hendricks County ICON foodie. She can be reached at [HCICONfoodie@icontimes.com](mailto:HCICONfoodie@icontimes.com). Follow on Facebook, Instagram and Twitter @FAITHonFOOD.

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# None is the loneliest number

**GRAMMAR GUY**

By Curtis Honeycutt

Is none singular or plural? If any mathletes out there are reading this, they would likely interject, "False! None is zero." And then they would adjust their adult retainers and get back to discussing their theories on who Rey's parents really are.

By choosing is in the sentence, the math nerds unwittingly made none singular, grammatically speaking. So does that mean zero equals one? No. I'm not about to anger the math community more than I already have.

When none means not one or no part, use a singular verb. For example: Because I wanted my body to not hate me, none of McRib was eaten. Similarly, none can be considered singular when part of a mass noun: None of the wine was wasted. Here, wine is a mass noun (as in: I drank the entire massive box of wine all by myself with some help from my trusty twisty straw.).

The plot now thickens quicker than a malted milkshake. While many believe none is always singular, none can also be plural. When you're able to substitute none for not any, none takes a plural verb. For instance: None of the members of the

math club have ever kissed a girl. None of them were asked to the prom, so they held an alternative "prob," which is short for probability. At the prob they thought their chances were statistically decent to end the night with a smooch from the cute girl who recently got contacts. When you make none plural, it makes your syntax less awkward, just like Gwenifer (the girl with the contacts).

So, let's recap all of the none rules here. Use singular verb agreement when none quantifies a singular or mass noun. When none modifies a plural noun, to me, it sounds/reads better to use plural verb agreement, although both singular and plural are technically both acceptable. If someone suggests none always has to be singular, tell them it's none of their business. If that person is Gwenifer, try not to get lost in her suddenly unforgettable blue eyes.



Curtis Honeycutt is a freelance humor writer. Have a grammar question? Connect with him on Twitter @curtishoneycutt or at curtishoneycutt.com.



Flavian Amphitheater or Colosseum, Rome, Italy.

Stock photo

## Where Hendricks County residents are vacationing in 2018

**TRAVEL**

By Will Gott

As we look to 2018, many of us begin to think about taking some much-needed time off. Some may choose to spend this time at home, relaxing and doing some work around the house. Others may elect to spend their time in a close-to-home getaway like Chicago, St. Louis, Cincinnati or venture a little farther to Gatlinburg or even the Upper Peninsula in Michigan.

Those seeking to get away from Hendricks County look to places that are warm and sunny or exciting, educational or adventuresome. Regardless of your reason to getaway, here are some of the more popular places Hendricks County residents are visiting in 2018.

**1 Italy:** Littered with more than 3,000 years of history, Italy is a sightseer's paradise. Spend some time in Rome taking in famous sites like the Colosseum, Trevi Fountain, Spanish Steps and the Pantheon. With artworks on display from the likes of Da Vinci, Caravaggio and Botticelli, it's a visual buffet for all visitors.

**2 Ireland:** The lure of Ireland lies in its landscapes and its people, and it is through involvement with both that visitors get to experience the soul of this ancient land of saints and scholars.

**3 Punta Cana:** Punta Cana is the center of the east coast region of the Dominican Republic, and is becoming a growing holiday destination with several attractions. The 62-mile (100km) stretch of coast where the Caribbean meets the

Atlantic offers pearly-white sand sprinkled with thousands of coconut trees, and is largely unsoiled.

**4 Cancun:** Located on the northeast coast of the Yucatan Peninsula, the world-famous beach resort hub of Cancun was once a humble fishing village but has blossomed into a city which caters mostly to tourists in search of sand, sun and surf.

**5 Caribbean Cruise:** With so many islands in the Caribbean, the best way to see them and one of the best vacation values is on a cruise. Cruise lines continue to add new ships, with new innovations and new ways to enjoy your vacation time away from home.

**6 Orlando, FL:** The most famous resident of this central Florida city is Mickey Mouse, the cartoon creation of animated movie tycoon, Walt Disney, whose vision has turned Orlando, and the adjacent Lake Buena Vista and Kissimmee areas, into the world's busiest, biggest and best-known concentrated tourist paradise. There are other attractions here too, like Universal Studios, Discovery Cove, and the beloved SeaWorld, all adding to the maelstrom of thrills and pleasure palaces that this city is now renowned for.



Will and Nikki Gott are owners of Magnified Vacations CruiseOne, a locally owned and operated Travel Agency, located in Avon.

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Photo by John Chapin

## Holiday Cactus pointers

### GARDENING

By John Chapin

Holiday cactus [sic] are popular and easy-to-care-for houseplants that can live for years, even decades. They are often handed down from generation to generation and have been documented to live for over a century! If you've received or purchased a holiday cactus to brighten the dreary winter days, you should consider keeping it as a houseplant. With minimal, care, it will reward you with abundant bloom every year.

There is considerable confusion about the differences between the Christmas, Thanksgiving and Easter cacti. Although they bloom at different times of the year, luckily they all thrive with the same basic care. The only sure way to ID your cactus is by the leaf shape. Thanksgiving cactus leaves have pointy jagged edges, true Christmas cactus have rounded leaf edges, as does the Easter cactus, but with tiny bristle hairs at the tip of each leaf. (The flowers are more star-shaped, too.) All three types bloom in shades of red, pink, purples, salmon, and white.

Unlike true desert cacti, these plants are tropical epiphytes, growing in tree and rock crevices where detritus has accumulated. As houseplants, they are not dependent on soil except for anchoring, needing excellent drainage as well as watering only when dry. Use a cactus mix soil, and remember that all of the holiday cacti prefer to be pot-bound. The size of the pot need only be large enough to keep the plant from toppling over. Although rain water is best for watering all houseplants, holiday cactus don't seem to mind tap water. Fertilize with a weak solution of liquid fertilizer once a month from spring (when early growth appears) till early fall.

Place your plant where it will receive bright light, but not direct sunlight. The more light it receives, the more bloom you will be able to enjoy. Your plant will enjoy summering outside where the rain will freshen the foliage. Bring it indoors when temps fall into the low 50s at night, usually in September. The cooler autumn temps actually improve flower bud set. Note: If your plant stays indoors year round and gets dusty, a brief wash in a warm shower is beneficial.

Pruning is usually not necessary, except to control size or if your plant gets gangly. It's also a great way to start new plants for gifts! If you would like to propagate new plants, simply cut off an easily identified segment, let it dry out for a few days, then insert in a cactus mix, with about a third of the segment buried. Keep evenly moist, and in about three weeks roots will have formed and it can be transplanted to its own pot where it will quickly form a nice plant.

Holiday cacti have few disease or insect problems. The most common is stem-rot caused by overwatering. Planting in a terra-cotta (clay) pot is better than using a plastic pot as it "breathes" better to help avoid constantly wet soil. If you notice your plant taking on a reddish hue, it means it's either being under-watered or getting too much sun, or both.

With minimal care, you will enjoy these rewarding plants for many years to come. Happy gardening!



John Chapin is a retired school teacher and sole proprietor of Chapin Landscaping in Danville. He has over 30 years' experience in the landscaping business. Contact him at [jchapinlandscaping@gmail.com](mailto:jchapinlandscaping@gmail.com)

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## ICONICarts

### Brownsburg artist brushes aside critics after 22-year-hiatus

By Peg McRoy Glover

Pam Halliburton of Brownsburg knew she wanted to be an artist long before she attended kindergarten.

"Most of my favorite memories as a child are when I was creating arts, sometimes for real and sometimes make believe. I feel blessed



Pamela Halliburton found her artistic footing with representational expressionism.

to have a creative soul," Halliburton said.

No one in her family had ever attended college, but that didn't stop her from graduating from the Herron School of Art where she studied art and art history. But it seemed that diploma wasn't enough to start a professional career. Halliburton said the one

thing she was missing was self-confidence, a vital component.

Halliburton had let the words of critics stop her as an artist. The negative feedback and criticisms of her art cut so deep that she laid down her paint brushes for 22 years and nourished a career in another field.

Then, several years ago, she attended a pop-up art class offered by the Indianapolis Art Center. The class was structured on the painting style of Paul Jackson Pollock. Pollock was a major force in the abstract expressionist movement. The specific style he was known for was dripping paint.

"I had not been in an art class or art room for 22 years and I just loved what I did that night," Halliburton said. "I realized that I didn't have to paint the way other people paint. I don't have to make my work look like anyone else's. That class freed me up to be who I am as an artist. It was a break though."

"We've all had critics in our life, whether it is self-imposed for others from schools or work. After attending that pop-up class, I decided to

put all those criticisms behind me. I no longer listen to critics. I concentrate on what makes me feel good and use my art as a platform for that expression. I am finally comfortable in my own skin," she added.

Pollock stated, "Painting is self-discovery. Every good painter paints what he is."

Halliburton, who refers to her style as representational expressionism, is a perfect living example of Pollock's statement. Her art is inspired by nature though she doesn't attempt to recreate it perfectly. It leans more toward a representation of her inspiration.

Halliburton explains, "To me, nature is life and energy. These are two of the many aspects I try to capture through expressionistic techniques."

Halliburton's painting, Butterfly Whispers, is a perfect illustration. She has taken her artwork one step further by creating fashion accessories of her artwork. The artist, her art and her fashion accessories are flourishing. Her artwork can be viewed online at [www.pristmatic-expressions.com](http://www.pristmatic-expressions.com).



Halliburton's, Butterfly Whispers, is a perfect illustration of an expressionistic technique



# Dogtona!

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HENDRICKS COUNTY

# ICON

A parent's guide to  
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JANUARY  
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ERICKA BETHEL  
KINGSWAY CHRISTIAN SCHOOL

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"I send my kids to Saint Malachy School because it is very important to me to pass on my Catholic Faith. I love that attending SMS allows them to be part a community that day-in, day-out helps them interpret Catholic teaching and apply it to their daily lives."

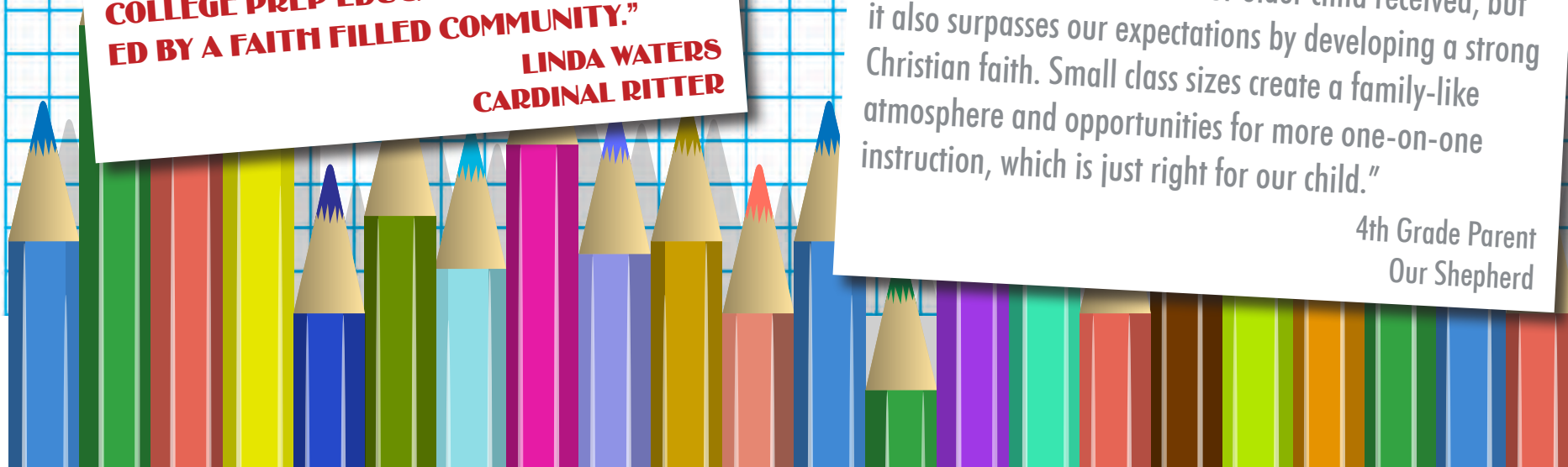
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## Educating the whole child through the process of Christ-centered learning



Saint Susanna School opened in the fall of 1953, serving 60 students in grades 1-6. Located on US 40 just west of the Dan Jones Road intersection in Plainfield, Indiana, we now faithfully serve students in preschool through eighth grade. I'm so pleased to introduce you to our program of Faith, Values, and Excellence!

Saint Susanna School students scored in the top 5% of schools in the state on the 2016 ISTEP+, and in the top 10% of schools in the Archdiocese. 100% of our third grade students passed the IREAD test in the spring of 2015 and 2017. We are accredited through AdvancEd. Saint Susanna School is becoming a "Leader in Me" school beginning in the 2017-18 school year. Our students will become the future leaders of our community, building important life skills and Christian values into everything they do!

Preschool/Prekindergarten is focused on the social, emotional, spiritual, and academic growth of 3- and 4-year-old children. Children learn the basic pre-literacy and math skills through play and hands-on activities as well as age-appropriate paper/pencil work. Full-time teachers and assistants in each of our full-day preschool and prekindergarten classrooms ensure that individuals thrive in our family-focused environment. Both full- and half-day class organizations meet the developmental needs of our youngest students. Our primary grades continue developing the basic reading, writing, and math skills of our children through hands-on activities, songs, dance, and center activities. Kindergarteners learn to write paragraphs and read independently. Second graders practice cursive writing skills. The list goes on, as all of our students are challenged to reach their potentials!

Our students learn about the world through Indiana Science Initiative STEM curriculum. Scientists from Eli Lilly partner with our teachers to provide the highest level of science instruction – from racing

cars to blowing up soda-bottle rockets. Middle school students serve as role models to younger students in both behavior and spirituality. They lead younger students in hands-on math activities and STEM science experiments. Can you design and create a container that will protect a raw egg in a fall from the top of a Plainfield Fire Department Ladder Truck? Each grade level differentiates instruction to meet the needs of each individual child with support from resource teachers while cultivating their faith.

Study trips enhance and enrich our curriculum for all of our students. Even our preschoolers investigate a farm and orchard! First graders enjoy the Nutcracker at Clowes Hall. What is it like to attend a one-room schoolhouse? Ask our third graders; they go back in time to become old-fashioned students! A three-day, two-night adventure at Bradford Woods brings academics to life for fifth through eighth grade students. Fifth grade students transition from the woods to the city when they travel to Junior Achievement's Biztown. Come run a business – or run for Mayor! – in this day of fun and learning. Eighth grade culminates with a special, regional overnight trip filled with fun and faith just for our oldest students as they prepare for the challenges of high school. These are just a few of the many study trips our students at all grade levels take throughout the year.

If a child enrolls at Saint Susanna Catholic School from preschool through grade 8, that child is in the care of the school for a minimum of 14,000 hours. To receive that same amount of time in a faith-based setting, the child would need to attend mass every Sunday for 269 years! When you weigh the cost of a Catholic education, the amount of time your child spends in a Christ-centered environment of students and teachers with shared values is priceless!

Our students learn to serve others

- whether it's collecting food to restock a local food pantry, making blankets and capes for children in hospitals, singing at the Senior Center, or collecting money or items for victims of natural disasters. All of our children learn prayers and hymns and attend weekly mass as a whole school, participating as readers, gift-bearers, servers, and members of the choir. Middle school students sit with our kindergarteners at mass to model proper behavior and participation. Our school days begin with gospel reflection before prayers and end with a prayer. Faith is ingrained in every part of our school day!

Our technology initiative has provided Smart boards in all classrooms, iPads for primary classrooms, and laptop computers for students in grades 3 through 8. Students learn presentation skills as well as digital citizenship, which keeps them safe and helps them to make wise choices when online.

Basic coding and trouble-shooting practice enable students to more fully-utilize the technology they have available to them.

Come visit Saint Susanna School! Watch children as they work together to build a Rube Goldberg machine in science or complete a math puzzle in a center activity. Join our preschoolers as they sing and dance to the sounds of the alphabet. Tap your foot to our school band playing a tune, or pray with us in weekly mass. You will feel the Faith, Values, and Excellence of Saint Susanna School the moment you walk through our doors!

**Saint Susanna Catholic School**  
1212 E Main  
Plainfield, IN 46168  
(317) 839-3713  
[saintsusannaschool.com](http://saintsusannaschool.com)



• • • • **Saint Susanna Catholic School**



*We see more than students...*

*We see a leader in every student*

The  
**Leader in Me**®



# SAINT SUSANNA CATHOLIC SCHOOL

Together with parents, parish, and community, we strive  
to educate the whole child through the process of Christ-centered learning.

Daily prayer and weekly mass

Monthly mission days and class service projects

Indiana Science Initiative STEM curriculum

1:1 laptops 5th-8th grades

Before and after care available

CYO sports, handbells, choir, band

Spanish classes PreK—8th grade

Accelerated reader and math

Now Enrolling Preschool – 8<sup>th</sup> Grade † 317.839.3713 † [www.saintsusannaschool.com/inquire](http://www.saintsusannaschool.com/inquire)

# Celebrating 63 years *learning, loving and living with Christ*



We are thrilled to be celebrating our 63rd year of implementing excellent educational opportunities for ALL students. Saint Malachy Catholic School offers instruction in Preschool through Eighth Grade. Our school meets the spiritual and academic needs of 470 children of our parish and local community, consisting of two classes per each grade level. Our academic program is enriched with art, computer, music, library, physical education and Spanish. We are an "A" school, fully accredited by Advanced Ed. Saint Malachy has a warm, family atmosphere. These qualities are a reflection of dedicated parents, a highly effective faculty, and long-standing traditions. The success of our school is demonstrated by our annual Mardi Gras fundraiser, service projects, and day-to-day teacher-student interactions. Educational changes continue to be implemented so as to enhance and improve the quality of education provided to our Saint Malachy learning community. The tireless effort of our staff is seen in their availability to our students.

In order to maintain the highest quality of instruction, the school staff follows a continuous school improvement plan by participating in and implementing on-going professional development. This plan is based on our current assessment results and focuses on continuous improvement for all. Teachers use a "center based" model which allows them to meet students where they are and move them forward. Individual learning goals are established, and teachers work to maximize achievement individually, in small groups, and in whole-class settings. Teachers continue to track each student's growth by utilizing benchmarking assessment data through the school year. When students take ownership of their learning and parents are involved with their children's progress, positive academic results can be achieved.

#### **Catholic Identity**

Catholic faith and values are at the heart of the Saint Malachy School community. This becomes immediately obvious each school morning in our school's atrium where the staff gathers for prayer. It is obvious when traveling through the school

where one can view a statue of Mary, a giant Rosary, and other art displayed on the walls. It is obvious when walking into each classroom and seeing crucifixes and prayer corners. It is obvious when one can see our priests helping serve lunch, chatting, and engaging in fist bumps with students during the day and at dismissal. We are one with our parish community, and our faith is woven into and permeates all aspects of our school, both in the curriculum and extra-curricular activities. Students are not only exposed to faith throughout each day during formal Religion instruction, but the teachers take advantage of teachable moments which occur in all areas of instruction. For instance, students can learn about the seven principles of Catholic social justice in Social Studies. They can learn about creation in Science class and beyond. Our faith is seen and felt everywhere.

#### **SPECIAL CLASSES HIGHLIGHTS**

Resource Room

Supports students with special learning needs

Team consists of special education teacher and three instructional assistants

Works with classroom teachers and students in the classroom and in small group setting

Visual Arts

Integrates art history and art principles as a means to self-expression and fine motor skills

Students given tools to explore diverse media and utilize visual arts across the curriculum

Library

Weekly visits to select books and read with the librarian

Helps students develop reading goals

Participate in Accelerated Reader program

Goal is to develop a love of reading

Music

Incorporates the Orff-Schulwerk and Kodaly methods of teaching

Explore music through speech, song, movement, listening, and playing instruments

Preschool – second grades participate in Christmas program

Third – fifth grades participate in a spring concert

## GROWING HEALTH CARE FOR OUR COMMUNITY

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**Spanish**

Kindergarten through eighth grades receive instruction through the Whole Language approach to analyzing Spanish Technology

Access through Kindles, a laptop cart, Chromebooks, and Smart Boards Health

Middle school curriculum focuses on physical, mental, and social health P.E.

Kindergarten – second grades focus on gross motor skills, body control, strength, and teamwork

Third – fifth grades focus on sport specific skills, fitness activities, and cooperative/ challenge games

Middle school's focus is on lifelong activities including, basketball, volleyball, gymnastics, and archery; participates in Presidential Physical Fitness Program Morning Care

Approximately five years ago our parents voiced a need for morning care. What started out as having 4 kids from 6:45-7:30 am each day has flourished into about 20 attendees each morning.

STEM (Science, Technology, Engineering and Math)

These cutting-edge learning centers will develop meaningful connections between other education institutions, business, industry, out-of-school educators, and the local community to create and promote STEM and STEM-related career pathways for students. An intentional focus of our STEM program is to support the professional learning of current and future educators, the implementation of innovative hands on activities in and out of the classroom. We currently offer STEM to preschool students that attend 7:50-2:30 p.m. and hope to expand through 8th grade.

**Shamrock Summer Camp**

The Saint Malachy shamrock summer camp program is for children ages 4-12. Our camp focuses on education, religion, outdoors and fun! In our first year we had an average of 37 campers each week. Just like

morning care, our parents voiced a need and we provided it. Many school families, parishioners and Hendricks County residents utilized this service.

**Preschool**

Given that our county has continued to see substantial growth, developing a preschool was in the best interest of our parish and community. Last year we opened our doors to 3 and 4 year olds. This next year, 2017-2018, we are expanding our program and welcome anyone interested in learning about our program. There are many scheduling options with our preschool.

**Teacher experience**

We have 26 certified teaching staff and together we have 384 years of experience. Of our 26, half of them hold a Masters degree. We have a total of 52 teachers and support staff making our ratio 1:9. We currently have 4 male teachers which is the most we have ever had at SMS.



**Vouchers**

We are a voucher accepting school that utilizes tax revenue of families to pay for tuition. We currently have 67 families on vouchers, 39 of which were existing SMS families that converted to vouchers once the program was implemented.

*Saint Malachy Catholic School  
7410 N CR 1000 E  
Brownsburg, IN 46112  
(317) 852-2242  
StMalachy.org/School*



• • • • **Saint Malachy Catholic School**

## For 30 years *Our Shepherd has been developing the whole child*



Our Shepherd has been providing an exceptional Christian education for children to develop spiritually, physically, intellectually, emotionally, and socially for over 30 years.

**At Our Shepherd your child will receive:**

- An exceptional, well-rounded Christian education
- Smaller teacher-to-student ratios
- Opportunities for sports team participation (PreS-8th)
- Guidance to recognize their full potential and use their God-given gifts to glorify our Lord through their individual & joint service talents.
- Dedicated and highly-trained educators and staff who will care for your child while holding them to high standards of achievement
- Multi-age Early Childhood Program (PreS/PreK) both full and half days
  - Before and after school care
  - A solid Biblical foundation and rigorous educational base to build on year after year

Our Shepherd Lutheran School is

accredited through National Lutheran Schools Accreditation and the State of Indiana.

Technology is a major part of modern life. We introduce proper use of electronics in kindergarten, and it is integrated within the curricula for all grades. Students benefit from the 25 Mac computers in the lab. Second through 8th grade students bring their own devices and utilize them daily for research, lessons, assessment, and homework. These technologies assist in the classroom instruction, broaden depth of knowledge, and create skills to promote individual learning.

Our Shepherd works to make Christian education financially feasible for all families by participating in the CHOICE scholarship program and Scholarship Granting Organization of Indiana. We also provide scholarships to qualifying families.

To learn more about how Our Shepherd can be a blessing to your entire family, schedule a tour by emailing our Admissions Director at [admissions@our-shepherd.org](mailto:admissions@our-shepherd.org)

Our Shepherd Lutheran School alumni regularly rank in the top tier of their chosen high school's class. Alumni attend Covenant, Indy Lutheran, Herron, Brebuf, Crosspointe, Avon, Brownsburg, Plainfield, and Danville High Schools.



Our Shepherd Lutheran School  
9201 E CR 100 N  
Avon, IN 46123  
(317) 271-9100  
[OurShepherd.org](http://OurShepherd.org)

••••• **Our Shepherd Lutheran School**



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## Tips on considering the right private school for your child

With so much information out there, choosing the right private school can sometimes be overwhelming. You may even be struggling with the choice, but the process will be easier, and your decision clearer, if you do the right research.

Consider the following tips as you think about what you're looking for in a private school. They can help you determine the right school for your child.

First of all, evaluate your child's educational goals and needs. Does he have natural gifts you are seeking to nurture? Are there physical or learning disabilities or behavioral issues that should be addressed? Has your child voiced an interest in science, math, sports or music?

Talk to the teachers and guidance counselors at your child's current school, as well as family and friends. All of the people may be able to offer you referrals. That should make for a strong start.

Next, think about what an ideal school ought to offer. Make a list of these features. Will your child attend a local day school or boarding school? Are there travel or budgetary restrictions? Are extracurricular activities, such as sports, band, art or debate club important?

Go online and research the Internet to find the private schools that have these attributes. Most sites will have plenty of information as well as policy summaries. Look at photo galleries and videos. Some sites may even give virtual tours of the facilities.

Think about your child's daily commute to school. Are there suitable transportation options?

After looking at these considerations, you can now make a "short list" of schools. It will consist of institutions that fit your criteria. Ask your child for his or her opinion about these schools. Talk it over to decide which ones are best.

When the list is complete, it is time to

narrow it down even further. Determine entrance requirements and ensure your child meets them before contacting a particular school.

Make a list of general questions along with a subset of specific questions for each school. Then start contacting the institutions. If their answers are satisfactory, make an appointment to visit them. While there, inquire about the enrollment paperwork and any testing your child will have to complete.

Check out the atmosphere of the school. Is it relaxed or competitive? Is there structure and discipline, or is it more free-flowing? Most importantly, will your child feel comfortable there?

Be aware of how you are treated by the staff members. They will be dealing with your child throughout the day. Are they friendly, helpful and respectful? Try to meet as many of the staff and teachers as you can.

Imagine your family engaging in school activities. Is it easy to picture your child spending them there? If your child accompanies you to these appointments, ask him or her about the school. Children often have special insights and reactions to environments.

After all tours are complete, review your findings. You should be able to start eliminating schools.

Now that you have seen the school, asked questions and met the staff, you can also develop a better understanding of the financial cost of each school. Ask about financial aid, if needed.

With diligence and forethought, you should be able to apply to the school of your choice and have your child happily accepted.

*Green Shoot Media*



## Dedicated to serving the spiritual needs of students

*Focusing not only on academic, but spiritual, artistic and athletic*



Cardinal Ritter High School is the premier Catholic high school located on the west side of Indianapolis that offers education to all students regardless of race, sex, or financial standing. With the teachings of Cardinal Joseph E. Ritter as our school's driving force, CRHS focuses not only on the academic education of students – seventh through twelfth grade - but also the spiritual, artistic, and athletic tutelage.

As a testimony to our mission, the most recent graduates of Cardinal Ritter High School netted over 14 million dollars in scholarships, planning to attend over twenty-five different colleges and universities across the nation. With specific focus on STEM programs and the arts, CRHS offers a

variety of hands-on approaches, including the use of 3D printers, centrifuge machines, kilns, pottery wheels, and more. A student to teacher ratio of 15 to one allows all students to prosper. With the addition of eight advanced placement courses and four college courses, students have the opportunity to earn many college credits. Additionally, Cardinal Ritter High School's one to one computer usage allows students to fully prepare, both academically and technologically, for the future that waits for them during their collegiate careers.

The Service Learning, Student Ambassadors, Campus Ministry allow all Cardinal Ritter Raiders to grow spiritually, serving in all-school liturgy, raising money for local charities, and educating other students on the philanthropic necessity to give back in



the local and global community.

If you are interested in fall admission, please contact Kyle Powers at 317.924.4333. To set up a Raider for a Day, please visit our website, [cardinalritter.org](http://cardinalritter.org).

*Cardinal Ritter High School*  
3360 W 30th St  
Indianapolis, IN 46222  
(317) 924-4333  
[cardinalritter.org](http://cardinalritter.org)

# Cardinal Ritter High School • • • • •



**THE CLASS OF 2017 EARNED A TOTAL OF \$14,076,465 IN MERIT-BASED SCHOLARSHIPS!**



# Find success at BCS!

## Reaching the Heart...Teaching the Mind

### Preschool 3's - Grade 12



**Bethesda Christian Junior and Senior High School** is dedicated to providing a Christ-centered education for our Junior and Senior High School students. The goal is

to produce well-rounded students who are spiritually grounded in truth and academically prepared to fulfill God's will for their lives. With over 50 years of academic excellence in Christian education, Bethesda Christian Schools is accredited by the Association of Christian Schools International (ACSI) and Indiana Department of Education (IDOE). We deliver a curricular experience in rigor and relevance that is future ready with these areas as key cornerstones:

**Spiritual** - Bible courses at each grade level and Biblical integration in all courses. Dedicated faculty who are committed to following Christ and to meeting the unique needs of Upper School students. Weekly chapels with a variety of speakers and student involvement. Opportunities to serve God through community involvement and mission trips.

**Academic** - Challenging academic programs that promote a biblical worldview. Attention to the specific needs of students in their individual learning styles. AP, Honors and a variety of elective courses available. Research-based instructional practices that

develop higher-level thinking skills. Development of technology skills in all classes.

**Physical** - Physical Education, Advanced Physical Conditioning and Health courses offered. Excellent IHSAA athletic programs in a variety of sports.

**Social** - Smaller class sizes that promote Christ-centered unity and lifelong friendships. Leadership opportunities as class officers, team captains and group leaders. Leadership camp and internship opportunities. On-campus clubs such as a Spanish club and Writing club and other extracurricular activities are strongly encouraged.

**Creative** - Courses in art, music and creative writing. ISSMA music programs in band, choir and ensembles. Drama program such as school plays, musicals and more.

**Bethesda Christian Elementary School** is dedicated to providing a Christ-centered education that produces well-rounded students who are spiritually grounded in truth and academically prepared to fulfill God's will for their lives. We provide excellent curricula, programs, activities and environments to meet the developmental needs of each student. Bethesda Christian Schools is accredited by the Association of Christian Schools International (ACSI) and Indiana Department of Education (IDOE).

• Sound Biblical curriculum, scripture application and Biblical integration in all



subject areas. Weekly chapel services with a variety of speakers and themes.

- Challenging academic programs that promote a Biblical worldview and help foster a love of learning and achievement.
  - Research-based instructional best practices that develop higher-level thinking skills.
  - Smaller class sizes that promote attention to specific needs of students in their individual learning styles.
  - Comprehensive individual collaborative group learning.
  - Minds-in-Motion exercise program that develops balance, spatial awareness and coordination enabling students to focus, comprehend and achieve during their academic lessons.
  - Beginning band, choir, music, PE, Art and Spanish classes. A variety of athletic programs available as well.
  - Safe, structured learning environments.
  - Student Centered, Gospel Inspired Learning
- Bethesda Christian Preschool** takes an active, hands-on approach to learning. We teach to a preschool student's natural bend to move and explore. Our goal is to create an integrated and balanced academic

foundation including Bible, math, phonics, reading and letters to prepare students for future educational success. We believe that preschool provides a fun and unique opportunity to build within each child a lifelong love of learning.

- Bible and scripture memory taught daily. Preschool chapel held weekly.
- Minds-in-Motion program developing balance, spatial awareness and coordination.
- Individual and cooperative group activities to strengthen fine and gross motor skills.
- "Hands-on" field trips, elective classes, parties and learning opportunities.
- Special speakers and themes throughout the year.
- Safe, structured learning environments.



Bethesda Christian Schools  
7950 N CR 650 E  
Brownsburg, IN 46112  
(317) 858-2820  
[bethedaschools.org](http://bethedaschools.org)

• • • • • **Bethesda Christian School**



**BETHESDA**  
CHRISTIAN SCHOOLS

*Reaching the Heart.....*

*Teaching the Mind.....*

**NOW ENROLLING!**  
**PRESCHOOL 3'S — GRADE 12**

- Biblical Worldview
- Dual Credit/AP Courses
- IHSAA Athletics & ISSMA Music Programs
- Internship Opportunities
- Senior Mission Trip & Leadership Conference
- Drama, Art, Creative Writing, Yearbook, Bible, Community Service Projects and a variety of Elective Courses and Extracurricular Activities
- School Choice Scholarship Vouchers Available

Bethesda Christian Schools does not discriminate on the basis of race, gender, national and ethnic origin in administration of its educational policies, admissions policies, athletic policies or other school administered programs.

**HALF DAY AND FULL DAY  
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*“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.”*  
Mark 12:30

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# Is a healthier me within reach?

## DIETARY

By Martha Rardin

What if you believed that moving more and eating a healthy diet with healthy portions could lower your risks for diabetes, heart disease and many other common chronic diseases? What if you could put that belief into action? Opportunities for a healthier you are within reach and HRH is offering Lifesteps to help support your efforts.

Lifesteps is a comprehensive 13-step program that helps adults successfully change eating habits and increase physical activity. Participants learn about metabolism, managing food choices, examining current lifestyle and identifying steps needed to lose weight. The average weight loss is 16 pounds. Lifesteps helps you develop the necessary skills to manage weight for the rest of your life.

Weight loss of about one pound per week is desired for Lifesteps participants. This slow and steady progression allows you to learn strategies that help maintain a desirable body weight for life. Participants focus attention on developing a plan to bring their weight equation to a point where calories from food and calories used by the body result first in weight loss and then balance once weight loss is attained.

Lifesteps is the perfect program for those with diabetes or heart disease and have been cleared for exercise. Lifesteps takes a solid, scientific approach to lose weight and keep it off.

Starting a weight loss initiative at any time of year is something many of us contemplate, but the next step requires action. Interested individuals are invited to attend one orientation session. HRH starts Lifesteps classes in January and August. All classes are held at the HRH YMCA, Avon.

You may register to attend our next orientation session at hendricks.org. Cost for the 16-week program is \$197.

HRH has been offering Lifesteps to our community for almost eight years. More than 400 community members have completed Lifesteps with life-changing results. Register now to attend an orientation session and start your journey to a healthier you – it is within your reach!



Martha Rardin, MSM, RDN, CD, FAND, is Director of Nutrition and Dietetics for Hendricks Regional Health. Her goal is to share ideas about how to eat healthier, increase activity and inspire others.

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Gus is a fun ball of energy!! He is looking for an active exciting home. He would love kids of his very own to play with! He is approx 2 years old and as near as we can figure, he is a Beagle/Kangaroo mix! Which would make him a Beag-aroo! Be the first in the county to own a Beag-aroo!

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<p><b>2006 Jeep Liberty</b> 4 Dr. Sport, 4WD <b>\$4,495</b></p>	<p><b>2002 Lexus ES 300</b> 4 Dr., Sedan <b>\$4,995</b></p>	<p><b>2010 CHRYSLER SEBRING</b> 4 Dr., Sdn, Touring <b>\$5,695</b></p>	<p><b>2012 DODGE AVENGER</b> 4 Dr., Sdn, SE <b>\$6,354</b></p>
<p><b>2005 FORD SUPER DUTY F-250</b> Supercab 142" XLT, 4WD <b>\$6,495</b></p>	<p><b>2005 FORD F-150</b> Reg. Cab, 126" XL <b>\$6,945</b></p>	<p><b>2007 LEXUS ES350</b> 4 Dr., Sdn <b>\$7,995</b></p>	<p><b>2013 CHRYSLER 200</b> 4 Dr., Sdn, Touring <b>\$8,695</b></p>
<p><b>2011 Hyundai Sonata Limited</b> <b>\$9,495</b></p>	<p><b>2012 Mazda3</b> 4 Dr., Sdn, Auto, Grand Touring <b>\$9,895</b></p>	<p><b>2011 LINCOLN TOWN CAR</b> 4 Dr., Sdn., Signature Lmtd. <b>\$11,395</b></p>	<p><b>2017 DODGE JOURNEY SXT, FWD</b> <b>\$15,695</b></p>
<p><b>2014 Ford Edge</b> 4 Dr., SEL, FWD <b>\$15,999</b></p>	<p><b>2011 JEEP GRAND CHEROKEE</b> 4WD, 4 Dr., Laredo <b>\$16,945</b></p>	<p><b>2014 JEEP GRAND CHEROKEE</b> 4WD, 4Dr., Limited <b>\$17,995</b></p>	<p><b>2016 CHEVROLET SILVERADO 1500</b> 4WD, Double Cab, 143.5" Custom <b>\$26,995</b></p>

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# How do you give back?

For over 20 years, the Community Foundation has been serving Hendricks County by helping donors match their passions with community needs, awarding over \$12 million in grants to nonprofits and scholarships to high school seniors, and partnering with other local nonprofits to make a lasting impact for good.

We would not be able to do any of this without the tremendous contributions from our donors and volunteers. From staffing events and serving on our Board and committees to contributing financially to our annual support, our volunteers and donors fuel all that we do.



## Talent Ryan Tanselle, Brownsburg



**Profession:** Associate Attorney at Capper Tulley & Reimondo  
**Serving with HCCF since:** 2013; Board of Directors, Board Secretary, Executive Committee, Governance and Lilly Scholarship Committee, Advisory Board  
**Family:** Wife Lauren and daughter

### How do you give?

"I was honored to receive the Lilly Community Scholarship in 2004, a scholarship administered by HCCF. After completing my education, I wanted to give back to a community that had given so much to me growing up. HCCF has been the perfect fit because of its position to help not just a single community, organization -- HCCF is able to impact multiple constituents. I have been privileged to serve the Community Foundation in several capacities, from reviewing policies and bylaws established by the Governance Committee, to interviewing scholarships finalists, to participating on the Strategic Planning Task Force. I have seen the good HCCF does for Hendricks County, and I want to help make that happen."

*Like Ryan, HCCF serves Hendricks County with expertise in grantmaking to nonprofits and charitable projects. Consider giving to HCCF today to help us continue this work.*



## Time Judy Wyeth, North Salem



**Profession:** Retired Office Manager of the Hendricks County Commissioner's Office

**Serving with HCCF since:** 2006; President of the Board of Directors, Executive Committee and Awareness Committee, Advisory Board and event committees

**Family:** Sons Dick and Dave; grandchildren Richard and Victoria; great grandson Weston

### How do you give?

"Although I receive many requests to volunteer, I have chosen to give much of my time to the Community Foundation because of our unique position in the county to help so many different people in many different ways. I have personally seen the impact of HCCF's grantmaking in the lives of our residents, from helping young athletes in the Cascade Youth League, to awarding over \$1,000,000 in scholarships to high school students, to grants that support the care of our senior citizens through the Hendricks County Senior Center. HCCF improves the quality of life right here where I live and I want to be a part of that."



*Like Judy, HCCF knows the value of giving your time. HCCF hosts "Get Involved," a volunteer fair every September designed to connect nonprofits that serve Hendricks County and community members who want to give back as a volunteer. Your annual support gift will allow us to continue to host events like Get Involved—Give today!*





## ## Ties Lori Hiatt, Plainfield



**Profession:** Philanthropy Liaison, LJ Philanthropy LLC

**Serving with HCCF since:** 2015; Board of Directors, event volunteer

**Family:** Son Jimmy and daughters, Jenny and Julie; 4 grandchildren

**How do you give?**

"I have volunteered since I was a teenager, and HCCF allows me to give back to my community in the best way possible. I have volunteered in dozens of community based organizations in my 27 years here in Hendricks County, including the Plainfield Chamber of Commerce, Plainfield Kiwanis, The Gathering Together, Hope Health Care, and the Plainfield Economic Development Commission.



I am passionate about HCCF and the good work they do here in Plainfield and throughout the whole county. The grantmaking they do in our community is significant, particularly to nonprofits. The funding and capacity building they provide these organizations enables them to serve more people in Hendricks County, and to do so more effectively. My strength is networking, and I enjoy giving back to HCCF by connecting them to people in our community who share their vision."



*Like Lori, HCCF is a convener and collaborator in our community. We work as an advocate for the whole nonprofit sector in connecting caring, philanthropic-minded people and organizations who share their passion all across Hendricks County. Join our team and give an annual support gift today to help us continue to connect our community for good!*





# Treasure

## Steve Eichenberger, Plainfield



**Profession:** Managing Partner of BGBC Partners

**Serving with HCCF since:** 2011; Board Chair, Board of Directors, Executive Committee, Governance Committee, Advisory Board

**Family:** Wife Linda, sons David and Sam; daughter Laura

### How do you give?

"Our family has a strong desire to give back to the community that has been so good to us. But we wanted to give where our gifts would be most effective. We know the Community Foundation has the expertise needed to vet the organizations and projects in our community that are worthy of our support and we can trust them to invest our money and grant it out wisely. We give to HCCF's annual support as well because we know they could not continue to impact Hendricks County for good without support for their daily work."



*Like Steve, Ryan, Lori and Judy, everyone has something to give. You can make a difference in the community you love by joining us! Contact us today to find out the best way for you to give back to your community--through your time, talent, ties or treasure. Your contribution can help us make Hendricks County a vibrant, giving community!*



BIZ FOCUS



Top, Bryce Hunt etches a stenciled pattern into granite with a high-velocity sandblaster. | Bottom left, Matt and Bryce Hunt, father and son, working on a memorial. | Bottom Right, From left: Bryce, Lori and Matt Hunt, owner/operators of Hunt and Sons Memorials in Danville. Photos by Chris Cornwall

## Family stone

Hunt and Sons continues 50-year legacy

By Chris Cornwall

With a canvas of granite, Matt Hunt has been preserving the memory of loved ones, achievements and historical events for 40 years. He, along with son, Bryce, and wife, Lori, own and operate Hunt and Sons Memorials (HSM), 2655 E. Main St., Danville.

Hunt, a second-generation memorial crafter, opened HSM in 2011 after he sold his half of the original family business, Hunt Memorial Works, Dugger, Ind., to his brother. The idea to move to Danville came about after Bryce began to show interest in the business. With a larger customer base, Hendricks County gave the father-and-son team room to expand.

"I was familiar with the area because we used to come up here and drag race," Hunt said. "So I knew there wasn't a monument place and thought it would be a good place to open one up."

Hunt said the community welcomed him with open arms.

The busiest time of year for Hunt and Sons lasts from the beginning of spring until Memorial Day. Hunt says demand rises again in the fall

as customers want to get memorials set before cold weather sets in.

Hunt started in the family business at age 13, but has seen a change in recent years in regard to customer requests. Hunt says he rarely cuts a design that is duplicated on another monument.

"People nowadays want more personalized monuments," he said. "They want something that has to do with their life history. It can be challenging to put all these ideas into one scene for the family."

The business is well-equipped to keep up with customized requests. It utilizes a computer program similar to AutoCAD which allows Hunt to etch detailed images from any photograph.

Hunt said the best thing about the memorial business is seeing his work help customers through the grieving process.

"When you get a family who has lost a child, something they never imagined they'd have to go through, and for them to sit down with us and go through the step-by-step process of picking out a memorial, making it special for them, picking out a place in the cemetery and seeing their reaction when we are done with it."

## Hunt and Sons Memorials

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mlbbbhunt@yahoo.com • huntandsonsmemorials.com

## Drink to health

### The bottled-water boom of Cartersburg Springs

By Chris Cornwall

Fiji Water from the Melanesian island of Yaqara. Evian from Lake Geneva in the French Alps. Voss from the small Norwegian village of Vatnestrøm. Springwater from Cartersburg Crystal Springs, Liberty Township, Hendricks County.

Hendricks County?

Well, not currently, but 100-years-ago, the water from Cartersburg Crystal Springs was all the rage. This bubbling source was considered among the nation's best for quality and profitability. In fact, several successful mineral water ventures existed in Indiana at the turn of the 20th century.

With "medicinal water" from French Lick, Indiana, leading the way, other Indiana bottlers were able to follow suit with higher-than-the-national-average prices.

In 1911, the Department of Interior, U.S. Geological Survey published Mineral Re-

sources of the United States. Among its findings were statistics from mineral water-based companies.

"The returns as reported from spring operators in Indiana continue to indicate an increase in output," the Survey wrote. "Sales during that year (1911) amounted to 1,084,428 gallons, valued at \$653,641 (\$16.5 million today). Compared with 1910 returns of 754,111 gallons, valued at \$514,958, these figures indicate a gain of over 48 percent in quantity and of about 27 percent in value.

The report goes on to say, "...the high comparative price in Indiana is due to large sales of French Lick water, which as medicinal water commands a high price. Over 90 percent of total sales reported by 15 Indiana mineral water companies was used for medicinal purposes."

One of the 15 companies, Cartersburg Crystal Springs Inc., was said to supply a large amount of water to the state, according to

John Vestal Hadley, author of the 1914 History of Hendricks County, Indiana.

"It is a mineral water and was first found in 1887 on Dobbin's farm, five miles southeast of Danville," Hadley wrote.

While the "curative properties" were known to white settlers in the mid-19th century, bottling of the Cartersburg water didn't begin until 1906 after a fire ravaged the health resort built around the springs. After the fire, selling the water became a steady source of income.

A new book titled Cartersburg: Then and Now, compiled by Ann Garceau, provides a wonderfully detailed description of Cartersburg Springs both before and after the fire. The book is available at several local libraries including the Plainfield-Guildford Township Public Library.

The water was collected and then trucked to Indianapolis until the 1970s.

The collection plant was eventually incor-

porated into a private residence which still stands today, but little of original health resort remains visible.

Demand for "medicinal water" peaked around 1915. The reasons for its decline include: improved public water purification and advances in medicine.

Although "medicinal water" may sound like quackery today, one must take into account the availability of clean water in the 19th and early 20th centuries. In a time when diseases like tuberculosis, Spanish flu and typhoid swept across the country, sanitation protected the afflicted who already had a weakened immune system. So in a sense, yes, it was medicinal.

The success and decline of Cartersburg Springs is a good example of the interconnectedness of business and technology. Yet, it also illustrates the power of "brand," as bottlers continued to sell the water well into the 1970s.

## OPEN 4 BIZ

## New owners give longtime floral shop a fresh look

By Lindsay Doty

New owner of Danville Florist Kelly Allen has had a busy holiday season. She splits her time somewhere between DIY renovations and assembling fragrant baskets adorned with pinecones and Poinsettias.

"I would have to say probably my favorite thing to do is the Christmas arrangements," said Allen.

She's still fairly new to the title of small business owner, but is embracing the role of florist. Kelly and her youngest daughter Megan run the shop full-time with the help of the entire family (two more daughters and a handy husband). Together, they're making some changes to the old building.

They've revamped the space with fresh paint, barn wood, custom cabinets and a new homestead style. The family even uncovered some precious hardwood underneath three layers of flooring, a big HGTV-esque moment.

"We are trying to make it our own. We've added some antiques. We've brought in more gift items, a little more farmhouse decorating. We've totally redone the inside of the business," explains owner Kelly Allen.

It's an opportunity that came about in 2016 after the longtime owners of Danville Florist, Tammy and Jim Lakin, suffered a horrible loss. Tammy passed away suddenly at the age of 50. Jim was soon looking to hand the reins over to a new owner.

"He (Jim) decided to sell the shop and try to keep it going and he made me an offer that was hard to refuse... and here I am," said Kelly Allen.

The Danville native spent her career in the medical field but always had a passion for floral arrangements, design and crafts. She's done flowers for weddings and even worked for Danville Florist part-time back in the 90s. Now, at 58, this was a chance to let her business dreams bloom.

"I won't say it hasn't been stressful, but it has been very rewarding, especially when you have customers come in and say they love what we've done and the changes we've made," Allen said.

Megan Allen, 28, decided to go all in at the floral shop after she realized it was too much to do part-time at the shop and keep up at her full-time career.

"I just said, I'm going to do it. I've got to help mom out," remembers Megan, who enjoys seeing the floral arrangements come together



Kelly and Megan Allen, Danville Florist.

Photo by Chris Cornwall

during the busy wedding season.

Her older sister handles social media and helps with busy holidays. Dad is also there to pitch in with an antique or delivery. Together, they hope the business will thrive.

"The hope is just to be successful within the town and county. We are only one within the town, but there is a lot of good competition in the county," Megan Allen said.

1. Describe your business in one sentence.

We are a full-service florist and gift shop.

2. Name one thing that could help your business.

I think word of mouth. That's the biggest thing. And that people are happy with what we do for them.

3. Why did you want to own a floral shop?

Art, design, decorating, and floral have always been a passion of mine. I can express that part of me in my floral design and what I can offer in the shop.

4. What advice would you give to others who want to own a small business?

Just be prepared for the time involvement because it becomes your life, especially a florist.

5. Many of the flowers you put together are for funerals. Does it get emotional?

Yes. The ones that do touch my heart the most are the people that I know in the community who come in and I've done the funeral flowers for their parents or husband or wife.

6. Besides renovations, what changes are there? We have added gifts, seasonal items, ornaments, stockings, home accents. We have more than just plants and flowers.



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REGAIN YOUR INDEPENDENCE TODAY!

## Resort-style living at Westside Garden Plaza of Century Park Associates



By Tina Corbin

### Westside Garden Plaza

Making the decision to leave your personal home and transition to an assisted living or independent living community can be difficult for everyone involved.

Century Park Associates understands the weight of this decision, from the fear of change to the concerns of loss of dignity and freedom. It's important to remember that there are also wonderful opportunities to be had in moving to a retirement community. New friends and fun adventures await in the luxurious, resort-like communities we operate.

### Getting Started

Everyone has their own personal questions and apprehensions as they begin the process, and we want to help. We would love to have you visit a Century Park community near you and take a tour. We'll show you what we have to offer, and more importantly, we'll sit with you and your family and discuss the entire process, answering any questions you have.

Century Park also offers resources before you visit. View our website below and use our cost comparison worksheet to ease your financial concerns. You can also watch several short videos about our communities and find the answer to our most Frequently Asked Questions.

### View Our Senior Living Community

Westside Garden Plaza, 8616 West Tenth Street, Indianapolis, thrives on the notion of community and comfort. We focus on ensuring that residents have the freedom to maintain a vibrant, active lifestyle through our numerous amenities such as a heated swimming pool and Jacuzzi, billiards room, library, putting green, beauty salon and barbershop, tastefully decorated lounging and social areas and more. Our magnificent building offers fabulous and functional architectural design, giving residents a place they're proud to call home.

### Continuum-of-Care

Residents can be secure in knowing

that Westside Garden Plaza is able to accommodate a diverse range of senior needs, all in one location.

Working with Westside Village Nursing Center, we offer independent living, assisted living, skilled nursing and rehabilitation services. Our professional staff see to each of our resident's needs, while making sure every step is taken to help them live as independently as possible.

### Core Values

Century Park Associates was established to ensure that senior living communities receive the support they need to allow them to provide outstanding service and care to their residents. To accomplish this, Century Park operates in accordance with our core values of tradition, service and excellence.

**Tradition:** Century Park Associates was founded to continue the tradition of caring for seniors. The services and care provided by our communities integrate entirely with those provided by our sister company, Life Care Centers of America.

**Service:** We show respect to our residents and associates through personal commitment, dedication to excellence and outstanding corporate citizenship.

**Excellence:** As the trusted leader in each market, we have a responsibility to be a resource for innovation and to set standards for exceptional retirement management.

We are dedicated to creating an enriching lifestyle for our residents and a rewarding work environment for our valued associates.

We take pride in providing an atmosphere where relationships of trust, leadership and personal ethics are not only valued, but expected of our employees.

And, our "people come first" focus ensures that excellence, respect and outstanding service are apparent in all we do as an organization.

For more information and to schedule a tour, contact us at (317) 271-1020 or visit [www.centurypa.com](http://www.centurypa.com).





## Increased fractures in elderly people lead to increased hospitalizations

*Caution is the best safeguard against breaking bones*



**By Eunice Trotter**  
**American Senior Communities**

Rosemary Jones remembers waking up feeling very ill one morning. She felt worse as the day went on. The next thing she remembers is being in the hospital with a fractured ankle.

"I don't know how it happened," said Mrs. Jones, who rehabilitated at Forest Creek Village, one of nearly 90 locations operated by American Senior Communities. "I don't think I fell or twisted it or anything."

At age 76, Mrs. Jones is part of a growing group of seniors who are hospitalized and then must undergo rehabilitation because of fractures. And wintertime is the peak season for falls.

While most fractures result from falls, osteoporosis is often a major contributing reason for fractures among elderly people because the disease weakens bones, caus-

ing them to break more easily.

According to statistics on aging, at least one third of people age 65 and over will fall at least once each year, and many of the falls will cause fractures. The hip, femur, hand, wrist and ankle are the most typical fracture sites. When the hip is fractured more than half of the people never regain their pre-fall level of functioning.

The goal of rehabilitation should be to return the injured person to normal functioning levels, and at the least, to an independent level of functioning, allowing the person to independently take care of daily living activities.

According to a recent study, facilities that specialize in orthopedic care, such as those operated by American Senior Communities, have better outcomes.

To learn more about orthopedic care that

can be provided at any of American Senior Communities' 30 Indianapolis-area

locations, please visit the website at [www.ASCCare.com](http://www.ASCCare.com) to contact the location nearest you.



Fractures are common among the elderly. ASC employee Donna Edwards provides care to Sharon Perkins whose femur was fractured.  
Photo submitted.

## 5 Ways to help prevent winter falls



**By Linda Jenks**  
**Park Square Manor**

It's sometimes referred to as the most wonderful time of the year, but winter can be a dangerous season for your Indiana senior loved ones. While the snow fall and icicles may shine brightly, they present serious hazards for older adults.

According to 'Learn Not to Fall', more than half of aging adults over the age of 80 will experience a fall. Injuries resulting from a fall, such as a fractured hip, are the leading cause of disability in older adults. While not all falls lead to serious injuries, 47 percent of seniors who take a tumble cannot get up without assistance.

Caregivers should always be proactive in their approach to preventing a senior loved one from falling, especially with the added hazards of winter.

Winter Fall Prevention Tips for Indiana Seniors

These winter safety tips can help you keep an older adult you love safe:

**Plan Ahead:** Seniors should allow themselves plenty of extra time to travel to doctor's appointments, church and other destinations during the winter months. Rushing around can contribute to falls.

**Ask for Help:** Encourage your senior loved one to ask for and wait for help to arrive. Trying to go it alone during snowy weather can significantly increase the odds for a fall. If your aging loved one

doesn't want to "burden" you, remind them how much tougher it will be for you if something happens to them.

**Get a Check-Up:** It's smart to schedule regular doctor visits to identify and intervene in potential problems early. According to the Mayo Clinic, treatable health conditions, such as low blood pressure, diabetes, and ear infections, can increase a senior's fall risk.

**Remove Snow As Soon As Possible:** Caregivers can help prevent their senior loved one from falling by clearing snow from sidewalks, driveways and porches for them. If you aren't able to and they can't afford to pay for snow removal services, call their local agency on aging. They often have resources that can help.

**Start an Exercise Routine:** According to CDC guidelines, an older adult's exercise plan should aim for 150 minutes of moderately vigorous cardio per week. They also recommend light strength training twice a week to increase stability. Tai Chi, Chair Yoga, swimming and walking are all good senior-friendly forms of exercise.

Winter's cold temperatures and elements including ice and snow present plenty of hazards, like more falls. By following these prevention tips, you can decrease the chance of your senior loved one taking a terrifying tumble this season.



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**SPECIAL SECTION**  
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# Puzzle Time



Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

```

      R
    K G K
  K R U O H
M L A M K T D
J X Q L D O N Z T
Y N O P C D M M N U L
R U M M Y S C O U V M I H
G E R L W R L O A J B N E
H R H E F E N U L O L C A
F A Y T T G O G G T E O R T
L M Q T S O I C L A R L T
W A R E E R L U H A R N S S
P C J R D E L P B N S O S
I T M A G A F A X C S
H A P R T G O N R
N S O S N O E
T E K R K
G B O
  
```

6 Synonyms of Horse

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4 Drinking Vessels

\_\_\_\_\_

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5 Card Games

\_\_\_\_\_

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3 Famous Hoosier "L" Men

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 Indiana "K" Cities

\_\_\_\_\_

\_\_\_\_\_

1 Southern Indiana National Park Honoree

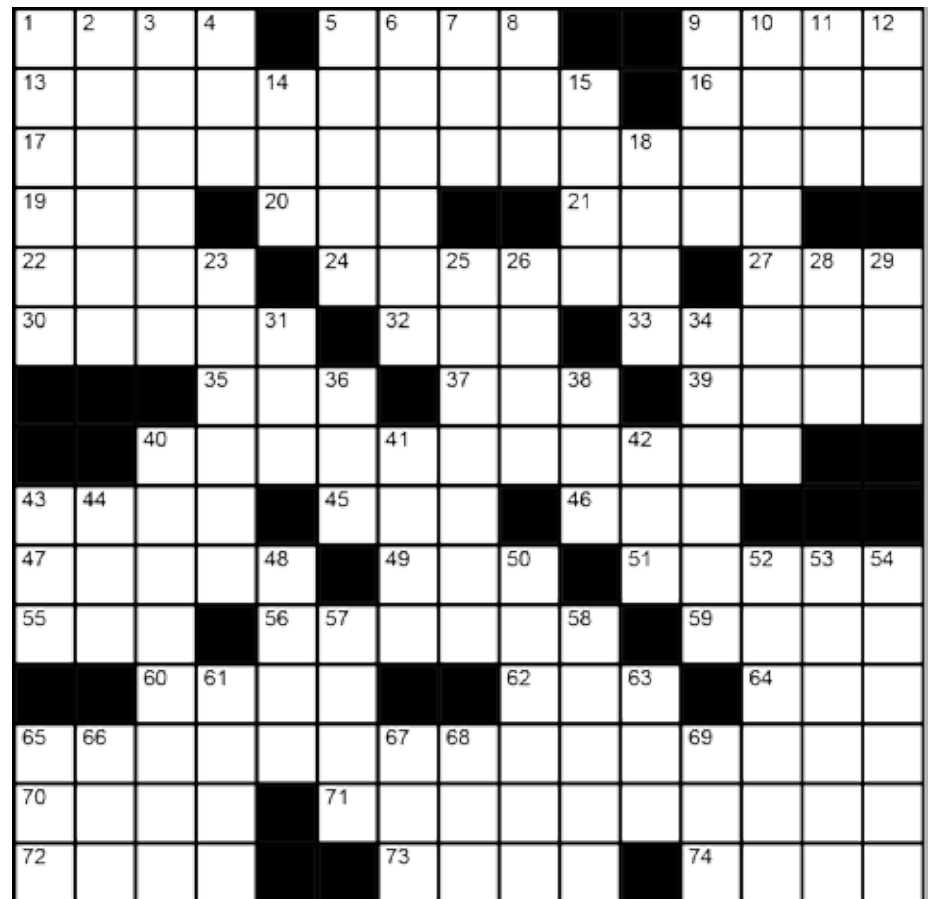
\_\_\_\_\_

## ACROSS

1. Committed perjury in Hendricks County Court
5. Hosiery problem
9. Unwanted e-mail
13. One who seeks ICON readers
16. Bone-dry
17. Anspaugh wish: Ross co-starring with Hackman?
19. Jim Mattis org.
20. Oak Tree ball prop
21. Show's partner at Maple Elementary School
22. Big-ticket \_\_\_\_
24. O'Bannon Woods evergreen
27. Numerical prefix
30. Ruhr Valley city
32. AAA handout
33. Old PC standard
35. IMPD crime lab evidence
37. Hendricks Regional Health employee, briefly
39. Sleekly designed, like an Indy race car
40. Sally of Norma Rae and Forrest Gump?
43. Taj Mahal site
45. Grazing ground
46. Chemical ending
47. Indianapolis Zoo laugher
49. Biblical suffix
51. Ambulance worker
55. Local raceway, initially
56. Meijer breakfast food section
59. Claudius' successor
60. Pacer foe
62. Colt foe
64. Part of UCLA
65. "The door's open"?
70. Danville HS track shape
71. Numbing drug
72. Prohibits
73. Use a surgical beam at St. Vincent Hospital
74. Some Fountain Square architecture: Art \_\_\_\_

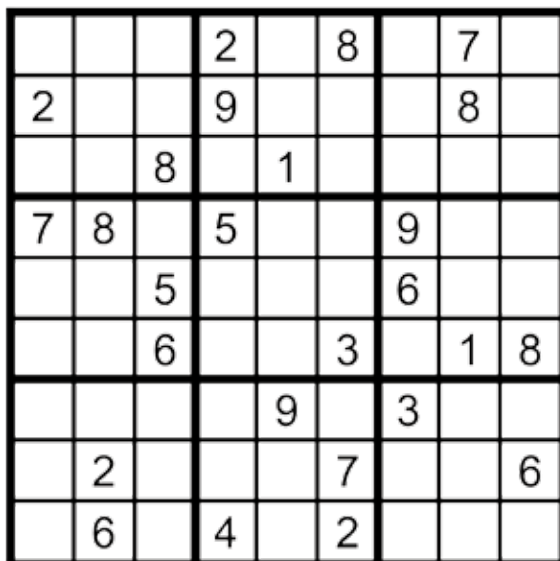
## DOWN

1. Scottish boy
2. Numbskulls
3. Gets around
4. Cub Scout Pack 306 group
5. Pignons
6. Plainfield library closing time
7. Indianapolis Indians bat wood
8. Earthy prefix
9. Use a breeze on Geist
10. Warm-ups
11. Put on WISH



12. IU Health physicians
14. Critter Control target
15. PU military group
18. Appear to be
23. US 40 divider
25. Give off
26. "Once \_\_\_\_ a time..."
28. Brownsburg Post Office motto conjunction
29. Krzysztof Urbanski's musical grp.
31. Avon-to-Ft. Wayne dir.
34. Satiny material
36. Apiece, at a Tri-West HS tennis match
38. Compadre of Fidel
40. Butler newbie
41. Animal on I-70 XING signs
42. Any doctrine
43. Yellowfin tuna
44. Cascade HS PE class locale
48. Trendy berry
50. Bother continually
52. Keyboard key
53. Like some humor
54. Sam's Club rival
57. European erupter
58. Starbucks order
61. Sushi Club fish
63. "Whatever"
65. Corn on the \_\_\_\_
66. Midwest Fertility stock
67. WTHR hit since '75 (Abbr.)
68. Darjeeling or oolong
69. Kind of school

Answers See Page 28



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## 2018 Legislative Breakfasts

- Dates:** Monday, January 29  
Monday, February 26  
Monday, March 19
- Time:** Complimentary breakfast served  
at 7:00 a.m. on the above dates
- Location:** Hendricks County 4-H Fairgrounds  
Conference Center
- RSVP:** Please contact the Hendricks County  
Farm Bureau office at 745-4463 by  
the Thursday prior to each breakfast

---

*Representatives Bob Behning, Greg Steuerwald and  
Jeff Thompson have been invited to join us,  
along with Senators John Crane and Mike Young.*

---

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## FORtheRECORD - HC OBITUARIES

### AVON

#### Matthew Cochrane

Matthew Cochrane, 59, passed away Jan. 1, 2018. He was born June 7, 1958. Services were held Jan. 5, 2018 at Weaver & Randolph Funeral Home, Danville.

#### Lena G. (Worrell) Bailey Head

Lena G. (Worrell) Bailey Head, 97, passed away Dec. 20, 2017. She was born April 20, 1920. Services were held Dec. 26 in Baker Funeral Home, Danville.

#### Vernon E. Shepherd

Vernon E. Shepherd, 81, passed away Dec. 24, 2017. He was born May 24, 1936. He was a US Air Force veteran. Services were held Dec. 28 at Matthews Mortuary, Brownsburg.

#### Michael Frederick Singer

Michael Frederick Singer, 68, passed away Dec. 25, 2017. He was born Nov. 7, 1949. He served in the US Army as a Military Police Sgt. Provost Marshall. Services were held Dec. 30, at Conkle Funeral Home, Avon.

### BROWNSBURG

#### Rodney Allen Cafouras

Rodney Allen Cafouras, 61, passed away Dec. 27, 2017. He was born March 16, 1956. Services were held Dec. 30 at Strawmyer & Drury Mortuary, Lebanon.

#### Jamie Rae Sering Hamilton

Jamie Rae Sering Hamilton, 55, passed away Dec. 28, 2017. She was born Feb. 23, 1962. Services were held Jan. 5, 2018 at Matthews Mortuary, Brownsburg.

#### Irene C. Hensley

Irene C. Hensley, 94, passed away Jan. 2, 2018. She was born Aug. 12, 1923. Services were held Jan. 5, 2018 at Matthews Mortuary, Brownsburg.

#### Clyde G. Kopp

Clyde G. Kopp, 74, passed away Dec. 29, 2017. He was born Sept. 6, 1943. There were no services.

#### Ann Otto

Ann Otto, 99, passed away Nov. 22, 2017. She was born Aug. 29, 1918. Services were held Nov. 30 at Flanner Buchanan-Washington Park, Indianapolis.

Erzsebet J. Szabo

Erzsebet J. Szabo, 83, passed away Dec. 30, 2017.

She was born Dec. 22, 1934. Private services were held.

### CLAYTON

#### Rex R. Stover

Rex R. Stover, 75, passed away Dec. 10, 2017. He was born Oct. 24, 1942. Services were held Dec. 16 at the Clayton Presbyterian Church, Clayton.

### COATESVILLE

#### Jack A. Glunt

Jack A. Glunt, 71, passed away Dec. 29, 2017. He was born May 18, 1946. He served in the US Navy during the Vietnam War. Services will be held later at the American Legion Post 500, Speedway.

### DANVILLE

#### Richard "Dick" Burrows

Richard "Dick" Burrows, 81, passed away Dec. 26, 2017. He was born March 4, 1936. Services were held Jan. 7, 2018 at Danville High School.

#### Don M. Comer

Don M. Comer, 67, passed away Jan. 1, 2018. He was born Nov. 11, 1950. Private services were held.

#### James Ross Riggs

James Ross Riggs, 89, passed away Dec. 27, 2017. He was born March 27, 1928. Services were held Jan. 3, 2018 at Danville United Methodist Church.

#### Dorothy Savoldi

Dorothy Eileen Savoldi, 83, passed away Jan. 3, 2018. She was born Jan. 21, 1934. Services were held Jan. 9, 2018 in Mary, Queen of Peace Church, Danville.

#### Donald Milton Walters

Donald Milton Walters, 75, passed away Dec. 31, 2017. He was born July 12, 1942. Services were held Jan. 5, 2018 in Hall-Baker Funeral Home, Plainfield.

### NORTH SALEM

#### Forsee Mae Ervin

Forsee Mae (Anderson) Ervin, 89, passed away Dec. 31, 2017. She was born July 14, 1928. Services were held Jan. 8, 2018 at Jones Crossing Banquet Center, Mooresville.

#### Tanya L. Sowers

Tanya L. Sowers, 43, passed away Dec. 30, 2017. She was born April 14, 1974. Services were held Jan. 4, 2018 at the Bousley Funeral Home, Coatesville.

### PLAINFIELD

#### Charlotte Clough

Charlotte Clough, 78, passed away Dec. 30, 2017. She was born Nov. 18, 1939. Services will be held later.

#### Zella M. Jones

Zella M. Jones, 96, passed away Dec. 31, 2017. She was born Sept. 21, 1921. Services were held Jan. 4, 2018 at Carlisle-Branson Funeral Service & Crematory, Mooresville.

#### Glenn E. Newby Sr.

Glenn E. Newby Sr., 93, passed away Dec. 29, 2017. He was born April 10, 1924. Services were held Jan. 6, 2018 at Center Community Church, Plainfield.

#### James E. Nicely

James E. Nicely, 88, passed away Dec. 26, 2017. He was born in 1929. He was a veteran of the Indiana Air National Guard. Services are planned for a later date.

#### Lisa Ann (Modesitt) Schuttler

Lisa Ann (Modesitt) Schuttler, 57, passed away Dec. 25, 2017. She was born Feb. 18, 1960. Services were held Dec. 29 in Hall-Baker Funeral Home, Plainfield.

#### Linda Jean Urbanic

Linda Jean Urbanic, 67, passed away Dec. 24, 2017. She was born Dec. 2, 1950. Services were held Dec. 29 at Church on the Rock, Brownsburg.

#### Jack E. Westhead

Jack E. Westhead, 92, passed away Jan. 1, 2018. He was born July 24, 1925. He was a US Navy veteran of WWII. Private services were held at Hampton-Gentry Funeral Home, Plainfield.

### PITTSBORO

#### Charles Stewart Curran

Charles Stewart Curran, 74, passed away Dec. 19, 2017. He was born April 19, 1943. Services were held Dec. 22 at St. Malachy Catholic Church, Brownsburg.

#### James R. Evans

James R. Evans, 73, passed away Dec. 22, 2017. He was born Dec. 5, 1944. He served as a US Air Force captain. Services were held Dec. 27 at Bethesda Baptist Church, Brownsburg.

#### Ronald L. Suiter

Ronald L. Suiter, 83, passed away Dec. 23, 2017. He was born Dec. 24, 1933. Services were held Dec. 29 at David A. Hall Mortuary, Pittsboro.

Hendricks County obituaries are printed free of charge and published twice a month. Funeral directors are encouraged to send obituaries and photos to [info@myicon.info](mailto:info@myicon.info).

### Puzzles & Answers SEE PAGE 26

#### Answers to HOOSIER HODGEPODGE:

Synonyms: BRONCO, COLT, MARE, NAG, PONY, STALLION

Games: HEARTS, POKER, RUMMY, SPADES, WAR

Vessels: CUP, GLASS, MUG, TUMBLER

Men: LETTERMAN, LINCOLN, LUGAR

Cities: KNOX, KOKOMO

Honoree: GEORGE ROGERS CLARK

### ICON IQ ON PAGE 11

1. B
2. C
3. C
4. D
5. A

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1	3	5	8	4	9	6	2	7
4	9	6	7	2	3	5	1	8
8	1	7	6	9	5	3	4	2
5	2	4	1	3	7	8	9	6
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# ICONICrewind

## Sycamore Services gets \$7.5 million grant

Sycamore Services, Inc., Danville, recently received a \$7.5 million grant under Lilly Endowment Inc.'s latest round of financial sustainability grants to central Indiana human services agencies.

This grant is one of 10 totaling \$80 million designed to help agencies

serve persons with disabilities and vulnerable children and youth. According to a press release, Sycamore Services will use the grant to establish an endowment fund and development program, upgrade technology and enhance staff training, recruitment and retention efforts.

## New year, new life

Long after the ball dropped in Times Square, IU Health West Hospital welcomed its first baby of 2018. Labor and delivery caregivers delivered this first bundle of joy—a baby girl—at 11:06 pm on Jan. 1. BreAnna Strickland and Dee Smith of Indianapolis met their child, D'mazzi Dior Smith, after nearly nine hours of labor. The baby girl weighed 5 lbs., 13 oz. and measured 19 inches in length. To

celebrate baby D'mazzi's arrival, the parents were presented with a Baby New Year "Welcome Basket" from IU Health West, including a safe sleep sack, spa kit, elephant bath towel, bath toys, baby book, stuffed animal rattle, spoon, baby's first year belly stickers and treats for mom and dad. IU Health West Hospital's entire team of caregivers congratulates the family on the birth of their third baby.

## Hendricks Power awards \$42k to HRH for energy efficient hospital

Hendricks Power has given Hendricks Regional Health a check for nearly \$42,000 for using energy efficient lighting and equipment during the construction of its new Brownsburg hospital. It's part of the Hendricks Power 2017 POWER MOVES program which offers energy efficiency rebates and incentives in the community. Pro-

gram leaders say the hospital opted to purchase and install energy efficient lighting and mechanical equipment upgrades. The lighting is expected to last longer and utilize less electricity than what has traditionally been used. The new Brownsburg hospital, located at the corner of I-74 and Ronald Reagan Parkway, opened Jan. 8.

## H.C. Parks employees earn promotion

Two members of the Hendricks County Parks & Recreation staff have recently been promoted. Joe Lembo is now a full-time Assistant Park Naturalist. Lembo started as a part-time seasonal naturalist at McCloud Nature Park. He's the second full-time naturalist with the department. Lembo holds a master's degree in Outdoor Recreation from Middle Tennessee State University.

Eric Ivie has also been promoted to the position of Assistant Superintendent. He will continue to handle marketing and communications and other duties. Ivie holds a bachelor's degree in Sociology from Texas A & M University and worked in the criminal justice system. Both full-time positions will absorb the part-time positions to lessen the financial strain on the department's budget.

## Avon mom joins Disney vacation panel

Missy Flint, Avon, is one of 11 new panelists chosen to serve on the Disney Parks Moms Panel. The group, which now numbers 40 individuals, is made up of moms, dads, and grandparents who provide authentic answers to guests seeking advice. Members of the panel draw from their own Disney experiences to answer questions at [disneyparksmomspanel.com](http://disneyparksmomspanel.com). Combined, the panel has taken 1,250 Disney Vacations (77,394 hours or 2,204 rides on "it's a small world").

Flint is a homeschool mom to her five

children, and a part-time music teacher.

"I am honored, humbled, and incredibly excited to be joining the Disney Parks Moms Panel in 2018," Flint said. "As a busy mom of five, I understand how important it is to make time to escape the hectic pace of everyday life and enjoy time with those we love, celebrating traditions and creating new memories. My family cherishes our vacations to the Walt Disney World Resort, and I can't wait to help other families plan magical Disney adventures filled with special moments with their loved ones."



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# 10

## Questions for... Jenna Prihoda

On how local health partnership is working to improve lives in Hendricks County

Compiled by Chris Cornwall

Jenna Prihoda is a public health education specialist for the Hendricks County Health Department, and serves as coordinator for the Hendricks County Health Partnership (HCHP), a collaborative group of health professionals and invested community members.

In early 2010, the health department invited community members, leaders and organizations to work together to address local health issues. Prihoda said that a group of about 20 local health advocates met and formed the partnership. Since then, it has expanded its membership to include various health agencies and businesses serving Hendricks County.

As coordinator, Prihoda collaborates regularly with various community organizations and entities serving Hendricks County and naturally serves as a Health Department contact person for resources and initiatives within the county.

The HCHP has implemented a Community Health Improvement Plan focused on priority areas such as substance abuse, mental wellness, accessing and utilizing health care. Here we ask Jenna Prihoda 10 Questions...

### 1 How is the HCHP working to address health needs?

The partnership is taking a three-pronged approach to addressing the health needs of the community. It will maintain county health data and identify local needs by conducting a Community Health Assessment every three years, develop and maintain an improvement plan to address the identified health needs, and support agencies and businesses working to improve health and wellness in Hendricks County by providing networking opportunities, training, and promotion of community events. The partnership hosts quarterly meetings that allow partners to network and share information while providing a free presentation on relevant public health topics. Additionally, partners can share event information through the partnership's Facebook page.

### 2 What is the 2016-2018 Community Health Improvement Plan?

It identifies the top health improvement needs in Hendricks County based on data gathered in the 2016 Community Health Assessment...

### 3 How was the data gathered?

Beginning in October 2014, HCHP established a Community Health Improvement Process Committee. The Committee formed a partnership with local hospital systems to collect health behavior data from residents, implementing the Mobilizing for Action through Planning and Partnerships (MAPP) Process to systematically gather additional data and set new health improvement priority areas with the input of local partners and the general public.

### 4 What priority areas were identified?

Partnership members reviewed the data and identified five health improvement priority areas to target the community's resources and assets through 2018: accessing and utilizing health care, mental wellness, physical activity and nutrition, tobacco use, and substance abuse. Work groups for each of these priority areas are each working through their portion of the 2016-2018 Community Health Improvement Plan...

### 5 According to health data, has Hendricks County ever experienced a substance abuse problem on this scale?

Opioid addiction is a significant growing public health challenge affecting the whole county. We have seen both the number of opioid overdose deaths and non-fatal opioid overdoses rise across the state, and in Hendricks County, each year. We have many great partners throughout the county working together to address the issue in a collaborative manner...

### 6 After one year, what has the HCHP accomplished (as it relates to the 2016-18 substance abuse work plan)?

The substance abuse work group has three main goals. The first objective completed was to create a comprehensive Central Indiana Substance Abuse Treatment Resource Guide. This guide highlights the services we have here in the county, along with other re-

sources throughout central Indiana. You can check out the guide at [hendrickshealthpartnership.org](http://hendrickshealthpartnership.org), under the "resources" tab.

The second goal is to add two new medication and/or sharps drop-off sites in underserved areas of Hendricks County as reported by the Substance Abuse work group. We have identified Brownsburg as an area in need of medication and sharps drop off sites. This goal is still in progress as we are figuring out the next best steps through working with local stakeholders.

The last goal was to train 125 Hendricks County laypersons or law enforcement officers in need of Naloxone on recognizing and responding to opioid overdose and equip them with needed resources. The Health Department leads this effort and has trained approximately 165 individuals in Hendricks County.

### 7 What are these overdose medications exactly?

Naloxone is a lifesaving medication that reverses a potentially fatal opioid overdose. It can be administered in multiple ways, but the Health Department currently is able to give out Narcan, an easy to use nasal spray, as a

part of their Naloxone for Laypersons Program...

Our program is open to any Hendricks County resident who is in close contact with someone affected by opioid addiction, or to any resident who is in recovery...

### 8 One of the strategies outlined in the improvement is to assess resource gaps.

**What did the HCHP find?** As we compiled the Central Indiana Substance Abuse Treatment Resource Guide we quickly realized that there are many great treatment resources available in our area. Something that we feel is lacking is resources/programs for preventing substance abuse, especially among youth.

### 9 What goals have been set for this year?

We are currently inviting local partners who work in the prevention area to attend our next meeting to see what we have available in the county and how to help expand and promote already existing prevention efforts. This will be one of our main focuses for this year, as most of the 2016-2018 work plan is already complete.

### 10 How can local residents assist HCHP or the community in addressing the drug issue?

The Hendricks County Health Partnership is open to anyone interested in joining. Residents are welcome to attend a Quarterly Partnership Meeting to hear recent work group updates and to learn more from a relevant speaker.

Another important part of addressing the opioid issue is to make sure residents are properly disposing unneeded or expired medications. They can attend Tox-Away Days throughout the year to do this... Residents who need to dispose of sharps can visit the Hendricks County Health Department to pick up a free sharps container to fill. Once the container is full, it can be brought back to the Health Department for proper disposal...

Lastly, the Partnership also partners with the Substance Abuse Task Force, our county's local coordinating council. Residents are also welcome to attend these meetings.

The next Quarterly HCHP meeting is Jan. 29, 1:30-3 p.m. at the Hendricks County Government Center 355 S. Washington St., Danville, Meeting Rooms 4/5. This meeting will be a "partner spotlight", highlighting the services offered in the county by three local agencies: Family Promise, Parents of Addicted Loved Ones, and Gleaners Food Bank of Indiana. Those interested in attending or learning more in attending may RSVP by Jan. 22 at [hendrickshealthpartnership.org](http://hendrickshealthpartnership.org).

Jenna Prihoda, coordinator for the Hendricks County Health Partnership.

Photo by Chris Cornwall



# *Taking Charge*

## **AGAINST BREAST CANCER**

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*Breast Surgical Oncologist*

**Megan Fish, NP**  
*Women's Health Nurse Practitioner*

**Rachel Scott, MD**  
*Plastic & Reconstructive Surgeon*



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