



HENDRICKS COUNTY

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*10th Year
Anniversary issue*



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BELIEVE

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Chris, Brownsburg

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ICONICrewind



Robotics teams compete in Mario Bros.- themed competition

Member of Team Red Pride Robotics Wesley Cragen gives a thumbs up during a FIRST Robotics Competition recently held at Plainfield High School. Teams assemble robots that perform actions both autonomously and under the control of an operator during a timed event. Out of the 35 teams that competed, three were from Hendricks County schools; Plainfield, Avon and Danville Community. For more information, visit firstinspires.org/robotics/frc/game-and-season.

Hendricks County Planner

AVON

- **Parks, Recreation, Beautification Council | April 4, 7 p.m.**
- **Redevelopment Commission | April 16, 6 p.m.**
- **Town Council | April 12, 7 p.m.**
- Town Council meetings are held at Avon Town Hall, BZA meetings are held in the Avon Town Courtroom, 6570 E. U.S. Highway 36. For more information, call (317) 272-0948 or visit avongov.org.

BROWNSBURG

- **Redevelopment Commission | April 3, 6 p.m.**
- **Board of Zoning Appeals | April 9, 7 p.m.**
- **Economic Development Commission | April 18, 5 p.m.**
- **Town Council | April 12, 7 p.m.**
- All meetings are held at Brownsburg Town Hall, 61 N Green Street. For more information, call (317) 852-1120 or visit brownsburg.org.

DANVILLE

- **Police Commission | April 16, 6 p.m.**
- **Board of Zoning Appeals | April 17, 7 p.m.**
- **Town Council | April 2, 7 p.m.**
- Plan Commission | April 9, 7 p.m.
- All meetings are held at Danville Town Hall, 49 N Wayne Street. For more information, call (317) 745-4180 or visit danvilleindiana.org.

GUILFORD TOWNSHIP

- **Board Meeting | April 4, 7 p.m.**
- All regular meetings are held at the Guilford Township Community Center, located at 1500 S. Center St., Plainfield. For more information, call (317) 838-0564.

PLAINFIELD

- **Redevelopment Commission | April 2, 5:30 p.m.**
- **Plan Commission | April 5, 7 p.m.**
- **Board of Zoning Appeals | April 16, 7 p.m.**
- **Town Council | April 9, 7 p.m.**
- All meetings are held at the Town of Plainfield Building, 206 W. Main Municipal Street. For more information, call (317) 839-2561 or visit townofplainfield.com.

HENDRICKS COUNTY

- **Commissioners' Meeting | April 10, 9 a.m.**
- **Sheriff's Board Meeting | April 17, 6 p.m.**
- All meetings are held at the Hendricks County Government Center, 355 S Washington Street. For more information, visit: co.hendricks.in.us. To reach the Plan Commission or Board of Zoning Appeals, call (317) 745-9255; for County Council, call (317) 745-9221; and for the Board of Health, call (317) 745-9217.



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Stories/News?

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Want to Advertise?

Hendricks County ICON reaches a vast segment of our community. For information about reaching our readers, call Rick Myers at (317) 451-4088 or email him at rick@icontimes.com.



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ICONICimage



Residents who stuck around for spring break were treated to a day of snow, sunshine and sledding on Sunday, March 25. Pictured above (from left) are Lily, Elena and Gibson Davis riding a hill at Washington Township Park in Avon. They are the children of Barkley and Jennifer Davis of Avon. (Photo by Chris Cornwall)



Q:
Do you feel your children are safe attending local schools?



"No, not all schools, especially Brownsburg. That's why I moved from Brownsburg to Pittsboro."

Taylor Steuerwald, Pittsboro



"Yes, I fully trust administrators at Avon Schools. I truly believe Superintendent Margaret Hoernemann is keeping our children safe."

Laurie Bandy, Avon



"Yes. I have faith in the school system that they will keep them safe. I am not worried about the whole gun control thing. It isn't an issue. I'm concerned about kids who are mentally ill. I would feel safer if they allowed faculty to have firearms and not a bucket of rocks."

Melissa Myers, Plainfield



Former Disney Chef rekindles fire for simple southern BBQ in Lizton

Rob Ecker, owner of Rusted Silo Southern BBQ and Brew House, Lizton. (Photo by Rick Myers)

COVER STORY

By Lindsay Doty

In the wonderful world of Mickey Mouse (let your mind picture the fireworks exploding over Cinderella's castle), they say "A dream is a wish your heart makes." For former Disney chef Rob Ecker, that dream resides somewhere between a plate of perfectly smoked beef short ribs and a cold beer served in a place where folks feel at home.



Ecker in France roasting hens over an open fire. (Submitted photo)

After much planning, Ecker's longtime vision is coming to life with the April 2nd opening of the Rusted Silo Southern BBQ and Brew House in Lizton.

"We want our guests to feel like they just stopped at a roadside BBQ joint that has been there for years, serving the same great food to thousands of travelers," explained Ecker, who is owner and Pit Master/Brewer.

The classically trained chef from Panama City, Florida, has worked in some of the swankiest restaurants in the world, but always comes back to his fond memories of barbecuing as a kid.

"We would cook out over charcoal. We didn't use gas, it was just always fun and the feeling you had whenever you cooked out (or

'barbequed' as people call it), it meant family, it meant fun and it meant good times, and that's what I want to do."

To evoke those same feelings, Ecker (along with his wife and co-owner, Tina) has been working for the last year to transform a former liquor store building into a unique southern space, from the tin walls and wood accents (they found an old barn in Frankfort, Indiana, and transported it piece by piece) to the brick fire pit or "the pit" where guests can watch their meats go round on a large plasma cut custom rotisserie.

"So it is kind of like a meat Ferris wheel and all your barbeque meats just ride all day long as they cook," he explained.

When it comes to creating an "experience,"

"Nothing about what we are doing is fancy, but it is authentically southern, down to the last crumb of the bourbon pecan pie or spoonful of Mama June's banana pudding."

— ROB ECKER

you could say Ecker learned from the master, Walt Disney. He spent years working for the ubiquitous brand.

Back in the 90s and fresh out of culinary school, Ecker landed a job with Buckhead Life Restaurant Group in Atlanta, which was known for upscale dining. While working there, two of the company's restaurants were selected to be duplicated within Euro Disney— now known as Disneyland Paris. In 1992, Ecker was chosen to be part of the crew that would help transition the launch of the Parkside Diner in Hotel New York for the resort.

"I ended up staying over there for a year and extended my stay because I just enjoyed it so much, working at Disney and being in France," Ecker recalled.

When he came back stateside, the chef remained with Buckhead Life before venturing out on his own to open a microbrewery in Florida. He said the microbrew scene wasn't a good fit at the time and remembers getting "burned out."

Meat your maker continued on page 7

Meat your maker continued from page 6

That's when he got the call from an old friend.

"He said, 'I need you down here. Can you come to Disney?'"

Ecker jumped at the chance. He moved to Orlando where he worked as one of the chefs at the Polynesian Resort's premiere Ohana restaurant for several years and later for the Animal Kingdom Lodge.

"They do such a great job of the theme, the quality, all the resorts do."

After a successful and enjoyable run, Ecker eventually traded in his Mickey ears and chef's hat for a position with Integrity Staffing Solutions where he ended up as a Midwest regional manager. He fell in love with Hendricks County and settled near Danville where he lives with his wife and daughter on a farm. Through the years, he never lost the desire for good BBQ and to have a restaurant of his own, but wanted to get it right when he took the leap.

In the days leading up to the opening, he's up in the night running the mental "checklist" and spending afternoons temperature testing "the pit." You can even find Ecker on social media sporting bib overalls and a Grizzly Adams-esque beard (he's since cut it) promoting the Rusted Silo experience.

The restaurant boasts a menu bursting with fresh products and down home sensibility, including a rich pork belly smoked in molasses, soy sauce, and bourbon, collard greens, and that aforementioned beef short rib.

"Nothing about what we are doing is fancy, but it is authentically southern, down to the last crumb of the bourbon pecan pie or spoonful of Mama June's banana pudding."

Dudley Foreman, owner of Arcane Coffee Company based in Danville, says he's impressed with what Ecker has done.

"I think the whole idea is good. I think he picked a pretty good location. It could be a destination off the Interstate and it's easy to get to. We need more restaurants in Hendricks County," Foreman said.



Ecker working as a Chef in an upscale Polynesian-style restaurant. (Submitted photo)

He and Ecker (who met in a brew club) collaborated on one of the menu items—a smoked chicken rubbed in coffee grounds (Arcane, of course).

To get the Rusted Silo off the ground, Ecker says he had some challenges coming to a small town with something different.

"There are folks that don't want the town to grow and there are folks that do."

But he has been met with plenty of community support.

"As a beer fanatic who lived in Texas for 10 years, I couldn't be more excited," wrote Assistant Superintendent for Hendricks County Parks & Recreation Eric Ivie on the Visit Hendricks County website.

For Rob Ecker, it's good food, hard work and maybe even a little bit of that Mickey magic that has brought his BBQ vision to life.

"We will try to be as close to Disney perfect as possible, we don't have such deep pockets," he joked.

"We want people to enjoy the hospitality and walk away knowing what we provided that day was the best that they could have."

For Rob Ecker, achieving that goal would be his happily ever after.

"This is my dream. A place where I can share my excitement of food and beer with friends, family and strangers alike. You'll only be a stranger once, from then on, we're kin-folk! Bone Appetit Y'all!"



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GRILLING ROB:

- 1. People would be surprised to know:** I'm a certified jeweler
- 2. Favorite ride at WDW?** The Rock N Roller Coaster at Disney's Hollywood Studios
- 3. Favorite beer:** Miller High Life
- 4. How he met his wife?** While working at Disney. She was his produce supplier. Date nights included trips to the "UK" for beers at Epcot Center.
- 5. Disney secret exposed:** When you walk down Main Street of Magic Kingdom and you smell chocolate chips baking, it is actually an artificial smell that's pumped out from the utilidor on the ground floor (underground) of Magic Kingdom. When you are walking through there, you can see the tank that holds the cookie smell. They come in every so often and refill it and it disperses that scent.
- 6. Best thing to do with family in H.C.?** "Float on our pond in the summer with a nice cold beer."
- 7. Opening day of Rusted Silo is also his 50th birthday.**

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Opening Day April 2nd**



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BIGGBY
COFFEE

April 10 at 11:00 - Story time with the Guilford Township Public Library, free kids drinks included

Lego Night is every Friday night from 6-8:00, free kids drinks included

HISTORY & ARCHITECTURE



Pittsboro's Town Hall building was originally used for the fire department. (Submitted photos)

Voters put Pittsboro on the map 175-years before Jeff Gordon

By Ken Sebree

The Town of Pittsboro, Indiana, was founded in 1834 by Simon Hadley and William Matlock and named in honor of Hadley's hometown in North Carolina. In 1906, an election was held for incorporation, and almost three-quarters of the voters were in favor. At that time, Pittsboro had a population of about 400 people. With incorporation came many infrastructure improvements and services including sidewalks, streetlights and water service.

In 2008, Pittsboro had a celebratory parade to honor local star Bridget Sloan who had recently received an Olympic Silver medal in gymnastics. Hundreds of people lined the parade route to Tri-West High School in neighboring Lizton where Bridget thanked all the fans for their support. Also, in 2009, the Town held a grand parade in honor of Jeff Gordon, famous Indy Car and NASCAR race driver who grew up in Pittsboro.

Pittsboro's celebrated its 175th birthday in 2009. The celebration included a temporary museum of the town's history, historic signs on many of the town's buildings, and early town photographs. The celebration also included food, activities, music, a parade and fireworks.

Pittsboro is incorporated as a town in the State of Indiana and thus does not have a mayor. The Town is governed by a five-member town council who is elected by the registered voters every four years and serves as the ex-

ecutive and legislative branch of local government. There is also an elected clerk-treasurer and a professional town manager/administrator who is appointed by the town council.

Various boards and commissions govern different aspects of the town. All seats are appointed by the Town Council and are residents of the town. The boards and commissioners are as follows: advisory plan commission, parks board, and utility board, redevelopment commission, board of zoning appeals, fire board and police safety board. The Pittsboro/Middle Township Fire Dept. has 12 full-time professional firefighters and about 20 volunteer reserve firefighters. Also, the town's police department consists of a Police Chief, five full-time police officers plus several reserve officers.

As our roads and highways have continued to be improved and more people discover the advantages of suburban small town living, Pittsboro has experienced rapid growth with the population doubling over the past two decades to well over 3000 residents.



Ken Sebree is a practicing architect and resident of Hendricks County for well over 40 years. Contact him at ken@sebreearchitects.com or (317) 272-7800.



The Oaks at Hoosier Village has **already** taken root. We're now accepting reservations for Phase Two.

The beautiful homes and attractive amenities at The Oaks at Hoosier Village have been so well received that we are now accepting reservations for duplexes in our newest Oaks neighborhood. Construction will begin this spring and should be completed by year's end.

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OUR VIEW

Celebrating 10 years

In April 2008, the first edition of Hendricks County ICON hit mailboxes. Since then, the publication grew in size and reputation, and then in April of 2016, doubled in frequency due to advertiser demand. ICON has operated as the only independently-owned publication in the county for the last 10 years.

Anniversaries, whether big or small, tend to put people in a variety of moods—nostalgic, proud and even wistful for some. And in a time when little seems built to last, we can say with little hesitation that pride sits in the forefront of our mind. We look forward to delivering local content for many years to come.

Quite a resume

ICON receives several submissions each month from the community nominating a leader for ICON of the Month, but we recently received a submission that was a first for us. Principal Jon Acton from Cascade High School nominated the entire student body, and rightly so.

This year, Cascade became the first Hendricks County School in history to be nominated for the National Blue Ribbon Award. For the past five years, the school has received a 4 star distinction from DOE, has the highest overall percentage letter grade in 2017-18 for all Hendricks County High Schools, have been the highest overall performing high school in the county on ECA/ISTEP scores in 2014, 2015 and 2016, received IDOE distinction awards in 2016-17 for AP and Dual Credit pass rates as well as the Champions Award for outstanding Dual Credit partner with Ivy Tech in 2016.

Principal Acton, if ICON of the Month wasn't reserved for individuals only, then your student body would be a lock. Well done.

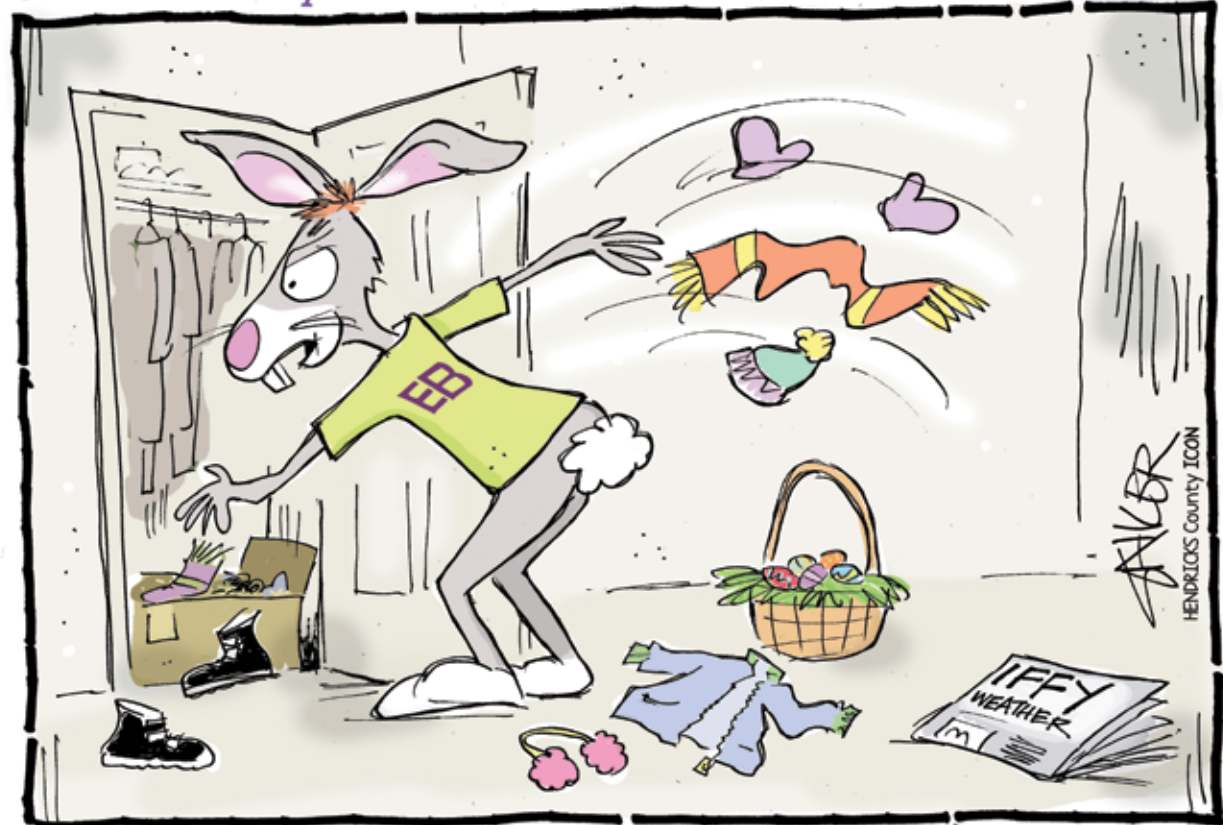


Yes, we want your letters:

Readers of the HC ICON are encouraged to send letters to the editor as often as they wish. The stipulations are that the letter is timely, focused (not more than 200 words) and verifiable. Please make sure to provide your complete name and daytime and evening telephone contact numbers. All letters are subject to editing for brevity, clarity and grammar. Please direct your correspondence to: chris@icontimes.com.

ICONtoon

Downside to Early Easter in Indiana...



Block head

HUMOR

By Dick Wolfsie

The Wolfsies are building a new house. That's a misleading statement, because while my wife is making a lot of design decisions, I'm not doing anything that could remotely be called building. The new house is only a mile from our current house. Mary Ellen saw another subdivision she really liked but it was in a different ZIP Code and she was afraid it would take me too long to find my way home.

We checked out lots of places during our house hunting. In one neighborhood, we saw a Commander Avenue, Commander Way, Commander Circle and Commander Court. Did they run out of nautical terms right after they named the development Commander Point? In another community, we saw a Sheila Road, a Shelly Court, and a Shirley Way. These must have been the builder's daughters. Or his ex-wives.

We presently live on a street with a long Native American name. My son was 10 before he could pronounce it and 17 before he could spell it, so I used to tell him that if he ever had to call 911 for me, it would be easiest just to drag me out to the highway. I told my wife I

wanted to move to a wooded area where we could find a house on Elm or Maple Avenue. She found a great place on the corner of Sas-safra and Eucalyptus, but we decided that was no improvement.

One thing we learned is to never ask for directions within a housing development. Even the people who live there are clueless. If you're not actually looking for the street you're presently on, couples out for a leisurely walk will stare at you and shrug. Even their Lhasa Apso will give you a quizzical look.

"Excuse me, can you tell me where Ernest Hemingway Drive is?"

"Uh, let's see. This is Nathaniel Hawthorne Lane and the next left is Herman Melville Court. Or maybe it's Henry Thoreau Terrace. Are you sure Ernest Hemingway Drive is around here? It may be over in the 20th-century author section next door.

The reason these people don't know the names of any of their neighboring streets is because they don't know people who live close by. All their friends live in classier places, maybe named after French writers or books, although I wouldn't want to live on Les Mis-erables Drive.

Years ago, before cell phones and GPS,

we missed a dinner party at the Habersham home after spending an hour trying to find it. We needed to get out of the subdivision before someone called the police to report suspicious loitering. We swallowed our pride and asked a guy walking his dog, "Excuse me, Sir, but can you tell me how to get to the main road? We've been driving around forever."

"Sorry, but I can't help you. I've only lived here a year. Would you like directions to the pool?"

"No, we don't want to go to the pool. We want to go home. Do you have any idea how we get out of here?"

"Okay, let's try this: turn left on the street that's named after that guy who wrote The Prince and the Pauper, then a right on the road named after the man who...what's his name?...he wrote For Whom the Bell Tolls."

We finally got home at 3 a.m. It was a frustrating but "novel" experience.



Dick Wolfsie lives in Indianapolis with his wife of 33 years. Dick is usually in the basement trying to think up something funny to write. He can be reached at: wolfsie@aol.com.

Hit the road jack

OFF THE CHAIN

By Kristin Ferklie

It's Spring Break in the HC and folks have packed their TSA approved suitcases and applied 50+SPF to protect their glowing Hoosier hides! A few are getting new stamps in their passports and putting their Rosetta Stone language series to practice. Not us.

Twice a year, at least, we take to the highways of our great nation. I plan and schedule the trips, and my hubby does the bulk of the driving (he'd rather do that than deal with his offspring). Now mind you, if money were no object, we would join the jet-setters in hot New York City. But then again, I would've missed a lot of great stuff.

In the last couple of weeks, I've enjoyed seeing pics of friends' vacations—beaches, theme parks, cultural city vacations. I especially love my friends' who are staying in Orlando and visiting Walt Disney World. They look like they are having a magical time! I know they were uber excited to go in the months leading up to it, even though it's their seventh trip.

We went to Disney. Once. Yep, pretty sure that was the gateway to hell. And before you unfriend me and call the Animated Character Cops (ACC), I'm super incredibly happy for all of you that love it. I just have a low tolerance for lines, crowds, heat, being sticky and non-stop whining kids. Magic Kingdom my arse.

In sharp contrast to Disney's sparkling, empty promises, one of our highlights was the rugged road to South Dakota and Wyoming. We stayed in an 1840's Gold Rush era miner's boarding house. But first we had a flat tire at Wall Drug, on a Sunday. We got down in the dirt at a dinosaur dig on the famous Zerbst Ranch. To access the ranch, we literally had to drive miles and miles of gravel roads and then cross a small river in our minivan.

On the road home, while getting gas, small fry dumped an XL Blue Raspberry Iced down my front. Wore that for nine hours.

My favorite? To date, it has got to be Colorado. We managed to whitewater raft in the Royal Gorge at Canon City (and keep all of our children). This was, as it turns out, far less death-defying than traversing Shelf Road from Canon City to Cripple Creek in the minivan. Everyone should do Shelf Road at least once in their life. The beauty far outweighs the potential psychological scarring to family members. On a whim, we chose to make Route 66 one of our first legs home. Picture this: twilight, kids are quiet and it's my turn to drive. Somewhere in NM or TX. I hit a skunk. (My husband loves me.)

Stay awesome (and safe) Hendricks County!



Kristin Ferklie resides in Brownsburg, is happily married to a police officer and is the mother of three highly-spirited children. Email: offthechainicon@gmail.com

THUMBS UP
THUMBS DOWN

EGG HUNTS POSTPONED: Even though the policy is usually rain or shine, the March 24th winter storm meant several local Easter egg hunts (like Brownsburg's Arbuckle Acres and Avon's Washington Township Park events) had to be rescheduled. The bunny was just too cold.

TOX AWAY: The first Hendricks County Tox Away Day of the year is April 7 at Brownsburg High School. It's a chance for folks to dump their old medicines, tires, paints and household hazards in a safe way. #Springcleaning

SPRING BREAK BUMMER: Just when you thought your staycation would mean some warmer walks outside and getting the yard spring-ready, you found yourself under a blanket of snow and sliding on the roads. Should have booked that Florida trip.

FIT HOOSIERS: For the 6th year in a row, Hendricks County has been ranked the second healthiest county in the state by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. We came in just behind Hamilton County. The rankings are based on things like hospital stays, smoking, and obesity rates. Let's go for number 1 next year.

QUOTE

"Most people have the will to win, few have the will to prepare to win."

— Bobby Knight

BELIEVE IT!

Our nation has all sorts of arcane, nonsensical laws on the books. Each issue, we'll share one with you ...

Skamania County, Washington, the harassing of Bigfoot, Sasquatch or other undiscovered subspecies is a felony punishable by a fine and/or imprisonment.

SOURCE: dumblaws.com

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Local musicians/promoters to bring annual guitar show to Hendricks County April 8

By Chris Cornwall

If finding the right guitar feels like a gift you never knew you needed, then the fairgrounds may look a lot like Christmas in April when Eddie Prather and Doug Spencer come bearing more than just the axes on their backs. The local music men look to make Hendricks County the new home of The Indiana Guitar Show which kicks off Sunday, April 8, 11 a.m. – 4 p.m., at the 4-H Fairgrounds and Conference Complex, 1900 E Main St, Danville.

“Everything you could possibly want in regards to music and the music business will be there,” Prather said.

The show draws in musicians and dealers from all over the country to buy, sell and trade guitars, fiddles, dulcimers, drums, amps, studio gear, accessories and much more. People can also bring in their old gear and walk out with a pocket full of cash. Prather said dealers come prepared to buy items on the spot and even those that fall in higher price ranges.

When Prather and Spencer bought the rights to the show 6 years ago from founder

David Baas, the goal was to scale it up in both size and notoriety.

“I wanted to make it a national show again. I said if I’m going to do this, then I’m not messing around with 20 tables in some obscure high school gym,” Prather said.

Last year’s event was held at the Wyndham Hotel Ballroom in Indianapolis, a venue he said the show has outgrown. But despite having a sizable option in his own backyard, they

thought Danville might be “too far out” and began a two-month search for viable sites before Central Indiana. Yet, the more sites they vetted, the more the 4-H Fairgrounds stood out.

“The reception we got from Steve Patterson and the rest of the staff was something we didn’t find anywhere else, and the

venue is incredible” Prather said.

The guitar show should put the facility to good use as Prather said they expect to have 90 dealers, 170 tables, and if past shows are any indicators, around 1000 in attendance at any given time.

People come from all over Indiana and even other states to attend. It begs the question, “In an age when people can shop

“If you are a real musician, the character of your instrument has to be married to your hand”

– EDDIE PRATHER



From left: Event promoters Eddie Prather, Avon, and Doug Spencer, Brownsburg. Prather is the owner of Minor Prophet Studios in Avon. Spencer is a professional musician playing mostly Americana. (Photo by Chris Cornwall)

for everything online, why spend the time and money to shop in person?”

“You might decide that you want a 1972 Telecaster, for example, so you order one from EBay, but not all 72 Telecasters play the same way. Some of them play great, but some are dogs,” Prather explained.

“If you are a real musician, the character of your instrument has to be married to your hand. There is no way to know that by looking at a photo online. But when people can hold it and say, ‘I love the way this looks and feels; I love the way it sounds, this guitar is speaking to me. And within minutes of

having it in their hands, they know whether they’re going to buy it.”

With everything The Indiana Guitar Show has to offer, it’s certainly more than just an opportunity to find that perfect instrument. But if you are in the market for a new tunes-tress, chances are you can find it Sunday, April 8, at the Hendricks County 4-H Fairgrounds.

A live auction of unsold items will start at 3 p.m. Food will be available from Hoosier Roots Catering. Admission is \$8 at the door.

For more information, check out Facebook @ The Indiana Guitar Show. For vendor information, call (317) 272-5222.

EVENTS calendar

April

7 Saturday

Fairy Gardens

When 1-4 p.m. Where: McCloud Nature Park, 8518 Hughes Rd., North Salem | Turn your garden into a fairy hotspot by providing a small landscape fit for elfin creatures using nature-provided materials to delicately craft diminutive décor. Recommended for ages 6 and up. Register in advance by April 6. For more information, call (317) 718-6118.

7 Saturday

Tox-Away Day

When: 8 a.m. – 1 p.m. Where: Brownsburg High School, 1000 S. Odell St. | Hendricks

County households can properly dispose of household hazardous waste (HHW) like pesticides/herbicides, unwanted medicines, medical sharps, batteries, fluorescent bulbs, automotive fluids, oil-based paints, solvents and much more, free of charge. Open to Hendricks residents only.

8 Sunday

Hendricks Symphony Presents Pamela Fisher Flute

When: 3 p.m. Where: Bartlett Chapel United Methodist Church, 4396 E Main St, Avon | Renowned Flutist Pamela Fisher will present a free concert with the Hendricks Symphony Orchestra under the direction of Benjamin G. Del Vecchio.

14 Saturday

Mason Bee Hotel Build

When 1-3 p.m. Where: McCloud Nature Park, 8518 Hughes Rd., North Salem | Not all bees

live in a colony. Some are solitary like the native mason bee. Build your own mason bee hotel to take home. Recommended ages 6 and up. COST: \$5 per project (up to two people).

14 Saturday

Trot the Trail 10-Miler and 5k run/walk

When: 8 a.m. Where: Richard A Carlucci Recreation and Aquatic Center 651 Vestal Rd, Plainfield | Packet pickup/day of registration starts at 7 a.m. This will be a Plainfield High School Track Team Fundraiser. \$10 under 18 registration. To register, go to racemaker.org/event/plainfield-parks-run-series.

21 Saturday

Builders Club Earth Day 5K

When: 9-10:30 a.m. Where: Danville South Elementary School, 1375 W. Lincoln Street, Danville | The run/walk event will take place on a natural grass trail and is open to all ages. There will be awards for the best times

in various age groups. All proceeds from this event will be donated by the Builders Club to Riley Hospital for Children. Register online by April 6 for a \$21 entry fee and an event t-shirt, or at the event for \$25.

21 Saturday

Dancing with the Hendricks County Stars

When: Doors open at 5 p.m. Where: Hendricks County 4-H Fairgrounds & Conference Complex, 1900 E. Main St., Danville | Will feature 10 Hendricks County residents. In addition to the dancing competition, the event will also include time for open dancing, as well as dinner and a silent auction. Tickets are \$50. To purchase tickets, visit the museum website. You can also purchase tickets from dancers. For more information, call Deanna Hindsley at (317) 695-5602.

FAITHONFOOD

by Faith Toole

AN OPTION

Jason's Deli

4026 E 82nd Street
Indianapolis

Our recent girl's shopping trip for spring break and Easter made us hungry. After a successful day of great finds, including the perfect swimsuit, a wholesome menu was needed to keep our swimsuit figures.

Jason's Deli menu contains no trans fats, high-fructose corn syrup, artificial trans fats and flavors, processed MSG, or dyes. We ordered Irish Potato Soup, the Rachel and salad bar. The soup was full of creamy goodness with bite-sized chunks of potatoes and vegetables. The Rachel was served with fresh-to-order sliced hot pastrami



and roasted turkey breast. Next visit, I'm going for the salad bar which had a smorgasbord full of fresh greens, vegetables and house made salads.

We headed home with our shopping bags driving past Maggiano's at the Fashion Mall. With a full belly, my mouth watered thinking of their crème brûlée. Another time little one.

WHERE I DINE

Mindy Duckett,
Danville

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What do you like there?

Pizza or Calzone



What do you like about this place?

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Faith Toole is our Hendricks County Foodie. She can be reached at HCICONfoodie@icontimes.com. Follow on Instagram and Twitter @HCICON_foodie #HCICONfoodie



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The more you think, you lose

LIFE'S CHOICES

By Karl Zimmer

I recently returned from a conference as part of my continuing training and education and to earn my annually required CEUs. The sessions were quite informative. The speakers and instructors were some of the most skilled and experienced hypnotists in our profession, and I always enjoy learning from them. I was also pleased to recognize the many "best-practices" I already incorporate.

Human beings have the ability to use their brains in ways that other mammals cannot, and we are blessed to be able to reason, to respond rather than merely react, and to assess with logic and creative thought. What I find most interesting, however, is that sometimes we overthink, which can get us in trouble. Yes, the more we think, the more we may lose.

Animals react to situations and move on, often in an instant, to the next moment. As an example, when animals sense danger, they immediately react to it, and as soon as that danger has passed, they go along their merry way. We humans tend to carry on for a long time about the danger we just experienced, and in our minds, we may even replay the event, over and over again, which continues to secrete cortisol and adrenaline even though we are no longer in danger and don't need to, "fight or flight."

Under appropriate circumstances, it is helpful to be cautious and vigilant. The problem is that, when unwarranted, it causes added and undue

stress on our physical and emotional wellbeing. Whenever we think negative thoughts, we cause stress to our bodies and minds. It takes 60 hours for the stress hormone, cortisol, to leave our bodies, so if we continue to think negative thoughts, we simply add to our stress. This overthinking is unnecessary, and more importantly, it is unhealthy.

If you want to overthink something, think about how grateful you are for all that you have in your life, for all the wonderful friendships, loving family, good job, warm home, and so much more. Write down all the things you are grateful for and every day, read the list over and over. Every day, spend even just a few minutes with your eyes closed, concentrating on your breathing as you breathe in and out, listening to and concentrating on your breath, feeling your lungs expand and relax, feeling the comfort of your body on your chair or bed, feeling your body relaxing as you continue concentrating on your breath and imagining yourself at your favorite vacation spot, and as you do, realize that just that simple exercise, repeated every day, will do more for your wellbeing than any negative thought ever will. How cool is that?



Karl Zimmer III is an author, speaker, and Board Certified Hypnotist. His company, Zimmer Success Group (Z-Success.com), is in Plainfield. Information provided is for informational purposes only and is not intended to diagnose, treat, or cure any condition or illness.

What you need to know about colorectal cancer

HEALTH

By Dr. Richard Foster

Approximately 50,000 people will die from colorectal cancers this year and another 140,000 will be diagnosed, regardless of it being a preventable disease. Only lung cancer, breast cancer (for women) and prostate cancer (for men) are more common than colorectal cancer, making it one of the most common cancers. Colorectal cancers are those that develop in the colon or rectum.

Unlike many other cancers, where screening is used to find and treat an early cancer, colorectal cancer screenings can actually prevent cancer from happening. This is most effectively done through a routine procedure called a colonoscopy, which examines the colon and rectum for polyps, and can remove polyps during the same procedure. Colorectal cancer develops from a polyp within the colon. Removing the polyp before it progresses prevents the development of cancer. Although a colonoscopy and polyp removal may not be 100 percent effective, it significantly reduces the chance of cancer developing. Once a polyp turns into cancer the treatment usually requires surgery, radiation and/or chemotherapy.

Unfortunately, the polyps that cause colorectal cancers do not have symptoms, which is why a routine colonoscopy is so important. When the polyp turns into cancer it grows, and as that happens it can create bloody or black stool, or block the flow of stool. Not having symptoms does not protect against colorectal cancers, and

the presence of these symptoms can often be a sign of a more advanced cancer, which might have been prevented with early screening.

There are several screening options available for people over 50 who do not have a family history of colorectal cancer, including colonoscopy, stool test and imaging test. The colonoscopy is regarded as the gold standard for both colorectal cancer prevention and detection; however, it is also the most complicated and may not be right for everyone.

Patients who undergo a colonoscopy are given a sedative so they're comfortable throughout the procedure, and as a result the recovery time is shorter and easier. There is no expected pain afterwards, even if polyps are removed.

Everyone is at risk for developing colorectal cancer, and approximately one out of every 15-20 people will be affected. Families with a history of the disease have a higher risk of developing the cancer, and parents, siblings and children of someone with colorectal cancer may need to be screened at a younger age and more frequently. However, not all colon cancer is hereditary and most people can begin screenings around age 50.



Dr. Richard Foster is a gastroenterology specialist with Hendricks Regional Health.

The importance of youth sports physicals

HEALTH

By Dr. Mark Booher

A Pre-Participation Physical Exam (PPE) is an evaluation performed on an athlete prior to the start of his or her athletic season. These evaluations are key to injury prevention in middle school and high school, and have therefore, become mandatory by the Indiana High School Athletic Association (IHSAA).

PPE's are simple exams that can be completed in three steps. First, you will fill out a questionnaire about your child's medical history and other injury risk factors. It is important to answer these questions honestly as they can help doctors diagnose any problems your child may have. Second, a nurse or athletic trainer will measure your child's height, weight, vision and blood pressure. Third, a doctor will review his or her history, both family and personal, and check for problems that could lead to serious injuries. These three steps can be completed in either a private or a group session. A private session will be done at a primary care physician's office while a group session will take place in a large, public gathering place such as a school gym.

PPE's are important because they test for the warning signs of things that could eventually

lead to major injuries. Regular examinations can show signs of scoliosis, muscle tightness or weakness, respiratory problems and even heart issues. These tests can catch minor, treatable issues before they turn into something bad. With sports putting such a strain on our children's bodies, without the test, minor aches and pains can build up into some serious injuries.

Along with testing for possible injuries, doctors give out helpful advice and information about concussions and asthma, which can both lead to serious issues if signs and symptoms are misunderstood. To learn more about what you can do to keep things operating as they should, listen to my Health Talks podcast at HENDRICKS.ORG/HEALTHTALKS. Remember, we aren't trying to keep your child from playing; we are making sure he or she can play to the best of their ability.



Mark Booher, MD, is Medical Director of the Hendricks Regional Health Sports Medicine Program

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Feeding kids isn't for the faint of heart

NUTRITION

By Martha Rardin, RD, CD

I'm sure most parents would agree that getting kids off to a great start by feeding them healthy meals is a goal that most of us has, but sometimes this can be as easy as trying to give the cat a bath in the washing machine! The evidence clearly shows us that it's worth the hassle, though. What and how much we feed our children in their early years can have a huge impact on their health the rest of their lives. Kids are inherently picky ... but they don't have to stay that way. My youngest child would have been content to live on nothing but cheeseburgers for the rest of his life, but sadly for him, he was born into a family with a determined dietitian as his mother! One of our jobs as parents is to help our children gain skills that will allow them to not only function in society, but to thrive. Though mealtime can feel like a battleground, there are tips you can follow that will allow you to win the war.

First, remember that we as parents are the best judge of what children can eat and when, but they are the best judge of how much they should eat. You don't have to panic if your child doesn't clean his plate at

lunch today. In fact, he may seem to survive on only a few bites of foods for days at a time, but suddenly he will have hungry days where he seems to eat everything in sight. Trust his internal signals to tell him that he is hungry or satisfied. Many adults discover that they never learned how to do this, which leads to overeating even when not hungry.

Additional feeding jobs for parents include:

1. Offer a variety of healthful and tasty foods. Don't be afraid to offer a wide variety. Be adventurous! Remember that it might take 15-20 tries before a food seems more comfortable to a child. Keep offering!
2. Serve meals and snacks on a regular schedule. If kids have unlimited access to snacks, it's not surprising when they aren't hungry when dinnertime rolls around. And if you think ahead to your child's future, do you really want him grazing all day long as an adult?
3. Make mealtimes pleasant. Yes, meals can feel like a battleground, but they shouldn't be allowed to stay this way. Food should be used as nourishment, not as a reward or punishment. Food bribery and constant mealtime arguments usually create more problems in the long

run than they solve. There is a wealth of research that shows us that family meals, especially pleasant ones, lead to better performance in school, less risk-taking behavior, and better health.

4. Teach good manners at the table. Again, this is yet another opportunity to teach your children skills that will allow them to function well in normal society.
5. Set a good example. "Do as I say, but not as I do" just doesn't work. If you want your child to eat his vegetables, first of all you need to buy them and offer them, but equally important, you need to eat them, too!
6. Stick to your guns! If you constantly cave in and provide your child's favorites in addition to the meal provided to the rest of the family, you have doomed yourself to a life as a short order cook. You will also have robbed your child of the opportunity to learn healthy eating habits that will serve him well for years to come. Remember that you as the parent are the boss. Today it might feel like you are losing the battle but stick to your plan and you will raise a healthy adult that likes all different foods.



Martha Rardin, MSM, RDN, CD, FAND, is Director of Nutrition and Dietetics for Hendricks Regional Health. Her goal is to share ideas about how to eat healthier, increase activity and inspire others.

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From left, Leadership Hendricks County Executive Kerry Tuttle and Dr. Margaret Hoernemann during the March 12 Avon School Board meeting. (Submitted photo)

Hoernemann receives LHC's Suzanne Whicker Distinguished Service Award

Dr. Margaret Hoernemann, superintendent of Avon Schools, was presented Leadership Hendricks County's 2017 Suzanne Whicker Distinguished Service Award on March 12 during a school board meeting.

LHC annually presents the Leader of the Year Award to a member of the community who leads by example, is a collaborator, a peacemaker, and a visionary. In February during the LHC Celebration of Leaders, the 2017 Leader of the Year Award was presented to Tim Whicker.

The Leader of the Year selection committee, comprised of previous Leader of the Year Award recipients, may also consider candidates for the Suzanne Whicker Distinguished Service Award. Named for Leadership Hendricks County's first executive director, the Suzanne Whicker Distinguished Service Award criteria are similar to those for the Leader of the Year. Service Award

winners must be servant leaders who bring out the best in others either within the scope of their employment or in the community as a whole.

Hoernemann came to Avon Schools 18 years ago as its first director of human resources. She became the superintendent in March 2012 and was named Indiana Superintendent of the Year in 2016. Stated in an LHC press release: "Her focus on community collaboration to meet the needs of students has strengthened the educational experience for the nearly 10,000 students who attend Avon's schools every day. Our recipient's impact on the community goes far beyond the walls of Avon's schools. She is a member of St. Malachy Parish, an Avon Rotary Club member, Family Promise overnight host volunteer, and a member of the Avon Chamber of Commerce Board of Directors."

Avon council candidate forum April 3

The Coalition for Responsible Growth in Avon is holding a forum for all candidates for Avon Town Council. The public is invited to hear their views on growth and Avon's future. It will be Tues, April 3 at 6:30 p.m. at Avon Community Church, 2309 N County Road 800 E. The Avon Town Council has five members. Three seats are up for reelection. Election Day is May 8th.

HRH offers appointment transportation

'HendricksGo!', a new shuttle service is being offered to help Hendricks Regional Health patients get to and from appointments. The green, wheelchair-accessible van provides transport Monday through Friday, 8:00 a.m. - 4:00 p.m. To schedule a ride, call (317) 718-4476. For more information, visit Hendricks.org/HendricksGO.



HendricksCounty
Solid Waste Management District

Think

GREEN

By the numbers:

- The amount of waste making its way to the landfill in Danville has gone from 1,000,000 tons of trash per year to now about **700,000 tons** per year.
- The District Tox-Away Days and Recycling Drop Off Centers have seen a steady increase in use and materials dropped-off.
- In 2018, Over **4200 pairs** of shoes were donated by Hendricks County students in our "Recycle: Heart and Sole" program





Editor's note: Hendricks County Solid Waste District Manager Lenn Detwiler invited the ICON to tag along with him to Ray's Trash Material Recovery Facility (MRF), which is located on Indy's west side. It is where all recycling materials collected by the Hendricks County-based trash service go. We asked Detwiler to pen his experience.

Ray's Materials Recovery Facility (MRF) reinforces that recycling really means green

It may not be immediately obvious, but recycling is all about markets. Recycling is only viable if the material collected can be sold to someone willing to make something new with it. So, when my staff and I are working to teach Hendricks County how to recycle and why it's important, we have to begin with the end in mind. That's why it's always helpful for me to make the short trip to Ray's Material Recovery Facility (MRF), 2025 Stout Field West Drive, just inside I-465, to see what happens to all the material that gets put in recycling bins across our community.

The MRF is where the cardboard, paper, glass, plastic and metal get separated from one another, baled and ultimately shipped out to buyers. The sorting process is fast, noisy, involves technology-rich machines and about 60 Ray's employees. The 140,000 square foot facility, opened in 2015, processes about 26 tons of material every hour.

During my recent visit, company representatives and I discussed the sorting process, markets for the materials they collect to sell and what challenges the MRF is facing. The number one issue impacting recycling seems to always be contamination in the recycling bin. So,

during my latest visit I asked the people that receive what we all put in the bins how we can be better recyclers. Here's what they told me:

- **Don't bag your recyclables**—the sorting system is designed to deal with loose items so place them in the bins that way. Similarly, don't nest different types of materials inside one another or that soup can you put in your cereal box may end up in a bale of paper and not with the metals where it belongs.
- **Don't recycle "tangles" like shopping bags, cords, hoses or straps**—these items end up wrapped around the sorting equipment and result in the need to shut down the machines and cut away the tangled mess. Plastic shopping bags are very recyclable, but please do so at your local grocery or big box store.
- **When in doubt, throw it out**—if you aren't sure if something can be recycled, don't put it in the bin. In general, clean paper and cardboard as well as containers (bottles, can and jars) that held food or beverage are good to go in the recycling bin. Feel free to leave labels and caps on the containers.



Top left: Newspaper readies to be recycled. Bottom, left: A worker sorts through aluminum beverage cans. Bottom right: Ray's Wes Smith stands by a delivery of recycled bales of aluminum cans. Far right: A bale of detergent bottles will eventually become material for rugs. Top center: From left, Lenn Detwiler chats with Calvin Davidson of Ray's Trash Service. (Photos by Rick Myers)



2018 Tox-Away Days

April 7 Brownsburg High School

May 19 Hendricks Co. Fairgrounds

July 28 Hickory Elementary, Avon

Sept. 15 Hendricks Co. Fairgrounds

Oct. 20 Plainfield Middle School

Tox-Away Days are opportunities for Hendricks County households to properly recycle or dispose of household hazardous waste (HHW), tires, electronics & appliances.

All HHW (chemicals, auto fluids, fluorescent bulbs, batteries, pesticides, herbicides, medicines, sharps, fire extinguishers, propane tanks, etc.) is accepted from households free of charge.

Latex paint should not be brought to Tox-Away Day for disposal. Instead, dry it out & throw it away.

Fees are charged for the recycling of TV's (\$20/\$25), appliances (\$5/\$10) and tires (over a certain number). Cash & check accepted.

Regulations prohibit wastes from businesses or other organizations from being accepted at Tox-Away Days.

Tox-Away Days are open from 8 am to 1 pm

Visit HendricksSolidWaste.com or call (317) 858-6070 for more information



From left, Avon Intermediate School East 6th graders From left, Gurleen Malhi and Addison Parent see if their trophy will hold a basketball. The two are students of Mrs. Jessica L. Rabedeau. (Submitted photo)

STEM Challenge provided a whole different hoops experience

The Hendricks County Solid Waste District put on its STEM challenge for about 1,000 3-6th graders in the county during the month of March. Students created basketball trophies using only Reused newspaper and masking tape. The trophies/towers must be constructed to be sturdy enough to hold a regulation basketball on top for a period of time.

Science, Technology, Engineering and Math are the fields of the future. The District

realizes that the environmental challenges that we are facing will be solved by today's students. With that in mind, we hope to further the message of Reuse of materials (old newspaper), Recycling (all of the towers will be recycled) and the importance and fun of learning science and engineering. Students will learn about tensile strength, balance, and weight distribution along with how to plan, construct, test, improve and re-test a concept.

Weather she's 'Worm Lady' or 'Miss Amy' Siefertman's goal is to teach benefits of recycling

Where can you go to work and play with worms, make Garbage Pizza, create STEM challenges with trash, work with awesome people and students? The Hendricks County Solid Waste Management District!

The Hendricks County Solid Waste Management District is charged with the task of promoting recycling through education programs addressing waste reduction, reuse, recycling, composting and proper disposal of Household Hazardous materials. On Average, approximately 10,000 Hendricks County students/year have participated in hands-on programs presented by the District.

I am Amy Siefertman (aka "Worm Lady"; aka "Miss Amy") and I have been teaching adults and students alike for twenty-three years about conservation and waste reduction. In that time, I have seen increased recycling amongst families and an increased environmental awareness and sense of responsibility. I no longer hear comments from students like "my family burns our trash, is that okay?"

I am far more likely to hear things like, "we do this kind of composting at home", "we reuse at our house", and recycling is mostly a given for students and their families (if not at home, most definitely at school).

Making large-scale changes like proper waste management takes education and time. Habits need to be "taught and caught". Students learn the proper way to "Reduce, Reuse, and Recycle" and the reasons why in the classroom and then they practice doing it at school every day. Students then take that knowledge home and teach their families. That's when we see real change. And we can see real evidence that education is working right here in Hendricks County.

Hendricks County Solid Waste Management District's educational programs are available to all K-12 students, clubs, scouts, and libraries. If you are interested in booking a free program for your group, give us a call (317) 858-6070 or email me at asiefertman@hendrickssolidwaste.com

ICONICbriefs



Ms. McCray with son Stephan and award presenter Dr. Brad Stutler.

BEF announces first Metamorphosis Award recipients

On March 14, the Brownsburg Education Foundation (BEF) announced the student and staff recipients for the first annual Metamorphosis Award presented by Stutler Dental Care. BEF invited students and teachers of the Brownsburg Community School Corporation to share their stories about ways that a particular grant, project, program or scholarship funded

by the Brownsburg Education Foundation has made a difference in their lives. The student recipient is East Middle School 7th grader Stephan McCray who wrote about the positive impact that the Young Men of Purpose program has had on his life. The staff recipient is BHS teacher Dawn Crone who wrote about the Veterans' Memorial dedicated in 2014 at BHS.



From left: Indianapolis 500 Princesses Ariel Gastelum, Greenwood, and Abby Zielinski, Danville, lead a classroom discussion at Cardinal Elementary in Brownsburg. (Photo by Faith Toole)

Indy 500 Princesses visit Cardinal Elementary

Two Indianapolis 500 Princesses visited Cardinal Elementary in Brownsburg to interact with 4th grade students on March 8. Abby Zielinski, a graduate of Danville Community High School and a junior at Indiana University majoring in Neuroscience and Biology, was on hand to talk with students about health and nutrition, driver equipment, flags, and the science

of an IndyCar. She is the daughter of Patti and Dan Zielinski, Hendricks County Circuit Court Judge. The 500 Festival & Indianapolis 500 Education Program, presented by Indiana University Health, is a combination of classroom work based on Indiana Academic Standards and a study trip that brings the classroom material to life.



From left: Kim Woodward, Cynthia Simmons, John McDavid, Amy Moon, Chief Allen, Pam DeWeese and Anne Engelhardt

Avon teacher recognized for saving choking student

The ACSC School Board of Trustees commended River Birch Elementary Teacher Amy Moon for saving a choking student. Moon successfully performed the Heimlich Maneuver to clear the student's airway. Avon-Washington Township Fire Division Chief Ted Allen also presented her with a certificate and medallion.

Republican candidate forum April 12

The Hendricks County Republican Women are inviting the public to a candidate forum Thursday April 12, 6-8 p.m. at the Hendricks County Government Center (Rooms 4-5), 355 S Washington St., Danville. Each Republican candidate with a primary opponent has been invited to attend. State and county candidates will begin, followed by local candidates who will reconvene in multiple rooms based on town. Light refreshments will be served.

Danville adds family summer series

Due to cost, Danville town leaders have agreed to not bring back the Indianapolis Symphony Orchestra series in Ellis Park. Instead, they will start hosting "Evenings in Ellis," a free seven-night concert and movie series. It will be held on the 1st and 2nd Fridays during May, June, July and the first Friday in August at the park amphitheater. The lineup includes a Fleetwood Mac tribute band and family movies like "Secret Life of Pets."

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(Photos by Scarlet Samm)

Does package design influence your buying decisions?

BEER

By Scarlet Samm

When you're at the store trying to decide what brand of product to buy, are you influenced by the package? Do you go for the brightly colored, intricate designs or does the somewhat plain design catch your eye? As much as I'd like to think that design does not influence my decision too much, I find myself picking things up that I know do not really fit my preferences.

Beautiful packaging that draws in the consumer's eye is a large portion of what I see working in a package store. I hear a lot of 'Oh, that can looked cool so I'll buy it' type situations. Even if I personally walk through a customer's purchase and help pick out items that will best fit their likings, a majority of the time they still throw in a "cool" item not really caring if they'll like it or not. It is quite fascinating when someone asks for stouts and porters but leave with a really cool looking IPA. The packaging really can work!

I love sleek looking cans, specifically. Straight edges and minimal front writing instantly get my attention and makes me want to know more. Is it a delicious new brew I may like? Probably not, but I looked at it and picked it up. Getting someone to even browse a brewery's delicious offerings is a majority of the struggle in package stores where there are sometimes end-

less amounts to choose from. How can one overlook the super characterized artwork of Burn 'Em brewery's offerings when they are so darn eye-catching?!

I polled twenty people (10 women and 10 men) scrutinizing the beer shelves at the Big Red Liquors in Brownsburg this past week and guess what? 17 out of the 20 participants (10 women, 7 men) indicated that a catchy looking bottle or can is the first thing they go for. They then decide if the style of beer is right for them. Of the 20 people polled, 13 (4 women, 9 men) said they'd try a brew that was out of their comfort zone based on the label artwork.

In a rapidly expanding craft beer world, sometimes that first impression on a store shelf is what sets a brewery apart from the rest. If a consumer isn't aware of the types of beer a brewery makes, the package will speak volumes to them. Half of the battle is getting the consumer to pick the product up and contemplate purchasing it.



Scarlet Samm is a wife and mother residing in Pittsboro. She is a self-certified beer geek. Scarlet can be reached at scarletsamm@gmail.com



Lenten Roses (Photos by John Chapin)

Lenten Roses hold their ground against up-and-down spring weather

GARDENING

By John Chapin

This spring has been unusually fickle for area gardeners. Warm, sunny days are followed by blustery cold spells with scattered snow showers. Although we haven't had any really bad storms (yet), the inconsistent weather has delayed the appearance of favorite spring flowers. The only good thing is that it's better than last year when we had the warmest March on record, followed by several hard freezes which damaged the early growth of perennials, shrubs and trees.

Seemingly unfazed by the ups and downs of spring weather, Lenten Roses, *Helleborus orientalis*, bloom long before the calendar date of spring. They are the earliest of non-bulb plants to bloom every year in our area, often appearing in January during mild winters, but always well before even the earliest date of Easter, hence the popular name of Lenten Rose.

The compound, leathery leaves, with fingerlike leaflets, are dramatic evergreen foliage and established clumps produce dozens of 2" nodding blooms in colors of cream, white, purple, yellow and pink. The colored "petals" of the blossoms are actually sepals, while the true petals are inconspicuously clustered in the center of each bloom. Like the familiar Christmas poinsettia, hellebore "blooms" will last for many weeks, even months, well after the centered nectararies have faded, or if fertilized, set seed.

Lenten Roses thrive in shady areas of the garden, perfect companions to hostas,

ferns and early spring-blooming bulbs. They appreciate soil amended with generous amounts of organic matter and a spring application of fertilizer or compost. The evergreen leaves often look bedraggled by late winter in Central Indiana and should be removed to better show off the emerging blooms.

Newer cultivars feature upright-facing blooms, many of which are double, speckled or bi-colored and well worth seeking out at area garden centers or online. Breeders have developed varieties with dramatically marbled foliage that add interest to shade gardens even after the blossoms eventually fade.

Hellebore clumps live for decades, resent transplanting, but can be done so carefully in very late fall. Occasionally, they will reseed and dozens of little plants will grow close to the mother plant. They can be transplanted to grow into new plants for your garden beds or as gifts to friends. No garden is complete without a few Lenten Roses. If you don't have any already, be sure to add a few to your shady perennial beds or at the edge of a woodland. You'll not regret it!



John Chapin is a retired school teacher and sole proprietor of Chapin Landscaping in Danville. He has over 30 years' experience in the landscaping business. Contact him at jchapinlandscaping@gmail.com

A Family That Gives Together

"Bonnie and I believe very strongly we need to give back where we live." The Raths Family Fund at HCCF has supported organizations and projects in Hendricks County for over 17 years.

Every year, Fred and Bonnie gathered with their children and grandchildren at Christmas to look at grant applications and decide together what organizations to support. The Raths have both passed on, but their gifts to HCCF will preserve and grow their legacy forever. You can leave a legacy like Fred and Bonnie--contact HCCF today.



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Volunteer Tammy Somers greets a rescued horse that was found abandoned in the cold last winter. (Photo by Chris Cornwall)

Exotic and farm animals get another chance in Avon

FEATURE

By Chris Cornwall

Owning and caring for an exotic animal can take a good amount of time, money and knowledge. But many of the folks who buy them find this out after the fact, and the first to suffer is the animal. Fortunately, the people of A Critter's Chance, Avon, do just what the names implies, give neglected and abandoned animals a chance to find a good home.

Kelly Thomas, vice president of the organization, said a big reason for why this has become so common is that many buyers don't know what they are getting themselves into.

"They require a lot more care than a normal dog or cat. They need a special diet, environment and habitat" she said. "These are good animals, they were just bought by people who didn't do their research, and now they are waiting on a better home."

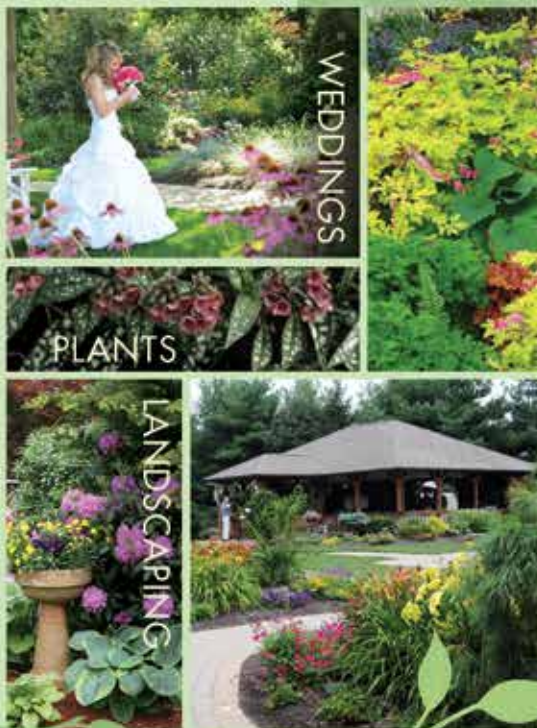
Since A Critter's Chance opened a few years ago, the group has cared for many

species—tarantulas, hermit crabs, an artic fox, a muntjac, and kudamundi, to name a few

However, Thomas said the most common types of animals in need of rescue are pigs and rabbits. Breeders of Pot-Belly Pigs often throw out names like "micro-pig" which can be misleading. The animals can grow to become bigger than most large dogs, and like all exotic animals, require care unique to them.

Another common species, domesticated rabbits, although not a wild animal, are often left out in wild by their owners who think they'll be able to fend for themselves, Thomas said. Another reason why they're abandoned so often is that they breed like, well, rabbits.

Thomas said the animals that come to A Critter's Chance are spayed and neutered, and many are adoptable. For more information, contact Kelly Thomas at (765) 430-5610.



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You want people to feel, not think

THE PERSONAL TOUCH

By Scott Flood

I've seen organizations make a lot of mistakes in marketing communications, but the most common is the belief that the best way to motivate people to a course of action is to make them think.

The most successful marketers and salespeople know there's a far more effective way to get people to buy your product, use your service, support your cause, or listen to your pitch: make them feel.

The people who try to get others to think believe that human beings are rational animals who make decisions based primarily upon a long list of facts. They believe we compare various facts and come to the most logical conclusions, and then make our choices accordingly.

The simple fact is that humans are emotional animals, and our decisions are driven primarily by our emotional responses. Oh, we'll come up with a lengthy list of rational reasons to explain those decisions, but that's only after our emotions have pointed us in a direction.

Being an emotional animal is who we are, as much a part of our makeup as the flight-or-fight response that's at the heart of what we

call stress. We need to remember that whenever we seek to communicate with humans -- and yes, that includes CEOs, accountants, attorneys, network administrators, and even engineers -- they're emotional animals.

That's just as true in the business-to-business world. Your customers buy your product or service rather than someone else's because you've managed to address some emotional need. So don't focus on making people think your company or your product is better. Instead, create messages that target emotional factors. Ask yourself what makes your customers feel fear or discomfort, and find your message in how you keep that from happening. Instead of talking about your production engineering, emphasize that customers won't have to worry about downtime due to component failure.

Facts are important, yes, but emotions ... they're far more powerful.



Scott Flood creates effective copy for companies and other organizations. You'll find more articles at sfwriting.com. ©2018 Scott Flood All rights reserved.

WHAT'S IN A NAME?

Dizzy Izzy's Food Truck

On the side of Mike Eiserman's food truck is the image of blond, diner-esque waitress, which, in addition to the classic oldies Mike plays while cooking, gives the mobile kitchen a retro feel. But the name "Dizzy Izzy" is not a blonde-joke. In fact, it was inspired by a much different kind of girl, Eiserman's late Boston Terrier Isabel.

Eiserman said it was his father-in-law that first uttered the name that would eventually grace his operation.

"For some reason, Isabel liked to run in circles a lot, and my father-in-law saw her one day and said, 'You know you're going to make yourself dizzy, right? I'm going to call you Dizzy Izzy. That's been 17-years-ago. Isabel was a rescue, all of our dogs are,'" he said.

There you have it, Dizzy Izzy was the pet name for Eiserman's, well, pet.



Mike and Lori Eiserman, owners of Dizzy Izzy's Food Truck, Danville. (Photo by Chris Cornwall)

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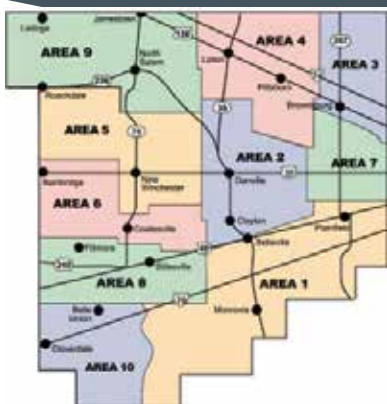
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Areas 7, 8, 9 & 10 up for election in 2018

As a cooperative, Hendricks Power is guided by an elected board of directors who represent its members' best interest when making important decisions.

Directors have a role in developing governance policies and monitoring service levels and financial condition of the the co-op by making decisions on rates, construction plans, strategies and operating policies.

Directors serve three-year terms and have monthly board meetings.

Hendricks Power's board is a democratically elected body - members have an opportunity to vote for board candidates each year at the annual meeting. **This year, the Annual Meeting is July 19 at the Hendricks County 4-H Fair.**

If you reside in Area 7, 8, 9 or 10 and are interested in being considered for the Board of Directors, contact our office at (317) 745-5473.

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FORtheRECORD - HC OBITUARIES

AVON

Virginia "Rose" Aaron

Virginia "Rose" Aaron, 78, passed away March 7, 2018. She was born Feb. 5, 1940. Services were March 12 at Conkle Funeral Home, Avon.

BROWNSBURG

Donna B. (Williams) Beyer

Donna B. (Williams) Beyer, 71, passed away March 22, 2018. She was born March 22, 1947. Services were held March 27 at St. Malachy Catholic Church, Brownsburg.

Cathy J. Horstmann

Cathy J. Horstmann, 63, passed away March 13, 2018. She was born March 3, 1955. Services were held March 16 at Matthews Mortuary, Brownsburg.

Robert J. Parsons

Robert J. Parsons, 85, passed away March 16, 2018. He was born May 7, 1932. He was a US Navy veteran. Services were held March 22 at Matthews Mortuary, Brownsburg.

Adela G. Strange

Adela G. Strange, 94, passed away March 12, 2018. She was born Feb. 8, 1924. Services will be held April 12 at St. Malachy Church, Brownsburg.

Janet Kay Thompson

Janet Kay Thompson, 70, passed away March 22, 2018. She was born Feb. 27, 1948. Services were held March 26 at Connection Pointe Christian Church, Brownsburg.

DANVILLE

John R. Choate

John R. Choate, 79, passed away March 20, 2018. He was born April 6, 1938. Services were not listed.

Jennifer R. Holdeman

Jennifer R. Holdeman, 51, passed away March 22, 2018. She was born Feb. 6, 1961. Services were held March 26 at the Clayton Christian Church.

Aletta Renee Moore

Aletta Renee Moore, 54, passed away March 11. She was born Jan. 8, 1964. Services were held March 14 at Baker Funeral Home, Danville.

James O. Winings

James O. Winings, 86, passed away March 15, 2018. He was born July 18, 1931. He served in the Air National Guard. Services were held March 21 at Conkle Funeral Home, Avon.

LIZTON

Stanley Joe Gibbs

Stanley Joe Gibbs, 59, passed away March 19, 2018. He was born July 12, 1958. Services were held March 24 at St. Malachy Catholic Church, Brownsburg.

Donald R. Landreth

Donald R. Landreth, 73, passed away March 23, 2018. He was born March 24, 1944. Services were held March 26 at David A. Hall Mortuary, Pittsboro.

PITTSBORO

Wanda J. Elliott

Wanda J. Elliott, 58, passed away March 19, 2018. She was born Oct. 1, 1959. Services were held March 31 in the Mt. Tabor Baptist Church, Lebanon.

Robert J. Williams

Robert J. Williams, 71, passed away March 15, 2018. He was born May 12, 1942. Services were held March 19 at David A. Hall Mortuary, Pittsboro.

PLAINFIELD

Merelene Bell

Merelene Bell, 83, passed away March 19, 2018. She was born July 5, 1934. Services were held March 22 at Matthews Mortuary, Brownsburg.

Richard Stephen "Dick" Hopper

Richard Stephen "Dick" Hopper, 89, passed away March 11, 2018. He was born Oct. 7, 1928. He served in the US Navy. Services were held March 18 at Hampton-Gentry Funeral Home, Plainfield.

James R. Pound

James R. Pound, 75, passed away March 15, 2018. He was born Dec. 3, 1942. He was a US Air Force veteran. Services were held March 20 in the First Baptist Church of Plainfield.

Robert Joe Templeton Sr.

Robert Joe Templeton Sr., 77, passed away March 15, 2018. He was born Aug. 29, 1940. Services were held March 31 at the Followers of Christ church in Carlisle, Indiana.

Hendricks County obituaries are printed free of charge and published twice a month. Funeral directors are encouraged to send obituaries and photos to news@myicon.info.





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LEGISLATIVE REVIEW

Behning addresses education with single-diploma bill

State Rep. Bob Behning (R-Indianapolis) authored several bills addressing Indiana's diploma system and providing flexibility for educators and schools.



State Rep.
Bob Behning
(R-Indianapolis)

House Enrolled Act 1426 will create one high school diploma with general, Core 40, Core 40 with academic honors and Core 40 with technical honors designations, replacing Indiana's current four-diploma system. Behning said the Core 40

designation would be the default diploma. There would also be an additional diploma option for students with severe disabilities.

"Last year, we took a hard look at what is truly preparing students for life after high school, and we found there were several areas in need of improvement," said Behning, chair of the House Committee on Education. "When students graduate, it's important they have tools and skills necessary to be successful in whatever path they choose, whether it's starting a career or furthering their education. Instead of taking multiple End-of-Course Assessments that have little meaning after high school, students will now take a college entrance exam like the SAT or ACT. Students will also have options to take an alternative math course in place of Algebra II, a common barrier to achieving the current Core 40 diploma."

Behning also authored House Enrolled Act 1398, allowing for the creation of a coalition comprised of 4 to 8 school corporations to explore and develop education plans to drive student success. Behning said school corporations within the coalition will be able to request flexibilities from other state laws and State Board of Education rules that impede innovation.

Behning said most schools put an emphasis on language arts and reading, unintentionally putting other critical subjects like math and science on the back burner. Under House Enrolled Act 1399, another piece of legislation authored by Behning, the State Board of Education will create at least one optional elementary school teacher content area license in math or science. These licenses will be in addition to Indiana's current general elementary teacher license.

Steuerwald's bill to expand criminal justice treatment options

State Rep. Greg Steuerwald's (R-Avon) legislation adds another angle from which to address substance abuse treatment in the justice system. It authorizes the Justice Reinvestment Advisory Council to create a pilot program opening state-supported drug treatment to individuals who have been charged with a misdemeanor drug offense.



State Rep. Greg
Steuerwald
(R-Avon)

"This proactive measure can help those individuals who need treatment and not necessarily incarceration for an extended period," Steuerwald stated in a press release. "We will be able to see if targeted interventions by state-supported addiction treatment programs can improve public health and safety."

New, existing programs like Recovery Works, which has 20,000 participants, are reserved for those who have been convicted of a felony.

In addition, the law adds probation departments, pretrial diversion programs and jail treatment eligible to the list of programs eligible to apply for a state grant for community corrections.

For more information, visit iga.in.gov/legislative/2018/bills/house.

Sen. Young's bill allows use and sale CBD oil

The bill authored by State Sen. Michael Young (R-Indianapolis) legalizing the sale and use of cannabidiol (CBD) oil containing



State Sen.
Michael Young
(R-Indianapolis)

.03 percent or less Tetrahydrocannabinol (THC). This builds on a law passed last year which legalized the use of CBD oil only for individuals diagnosed with epilepsy.

CBD oil has been shown to be an effective treatment option for those suffering from various medical conditions such as epilepsy and severe pain without the intoxicating side effects caused by THC.

"So many people have benefitted from using CBD oil to treat a variety of problems like epilepsy, cancer and anxiety," Young states in a press release. "Since we are limiting how much THC can be in the product, there is no risk for people to use this to get high. My hope with this bill is that more Hoosiers will be able to use this product to treat their ailments," Young stated in a press release.



From left: Mary Buckley, Jan Reynolds, Gail Douglas, Jeff Corder, Pat Furner and Ray Furner

Local MRC awarded \$2500 to bolster recruitment

The Hendricks County Medical Reserve Corps (MRC) was one of only 80 chapters nationwide to receive the The Challenge Award which gives \$2500 to bolster recruitment. Jeffery Corder, the Public Health Preparedness Coordinator with the Hendricks County Health Department, is also the county's MRC coordinator and said he's looking for well over 100 volunteers. The plan is to have enough trained volunteers to cover the entire county in case of a public emergency. Corder said it currently has 78 volunteers, which is good, but he wants enough to be able to set up four Points of Dispensing or PODs at a moment's notice. This would require around 170 volunteers. For more information, contact Jeff Corder at jcorder@co.hendricks.in.us. To register for MRC, visit hcapps.co.hendricks.in.us/Health/MRC_Health_Register.asp

Brownsburg Rotary names 18-year-old employee of the year

Fleet Maintenance Supervisor Aaron Starr has been named the Town of Brownsburg's Employee of the Year. Starr was honored by the community and his co-workers at an awards luncheon today hosted annually by the Brownsburg Rotary Club. Starr's nomination said that he is meticulous about his work and truly cares about the finished product.

"Aaron is a committed employee, who truly cares about his work," said Brownsburg Town Manager Grant Kleinhenz. "Due to his expertise and leadership he has worked his way up to supervisor and he continues to invest in professional development. We appreciate the Brownsburg Rotary for recognizing outstanding Town employees like him."

ICONIC IQ

How well do you know your Hendricks County community?

Test your memory of news featured in this and the previous issue of ICON.

1 Avon elementary teacher Amy Moon was recognized by the ACSC for which heroic feat?

- A. Saving a choking student
- B. Preventing a school bus accident
- C. Stopping a playground brawl
- D. Reading 300 student essays over spring break



2 Town of Brownsburg employee Aaron Starr was named 2017 Employee of the Year. How old is Starr?

- A. 87
- B. 20
- C. 18
- D. DOB unknown

3 Danville town leaders announced it will no longer host the Indianapolis Symphony summer series at Ellis Park. What will replace it?

- A. Bluegrass music festival
- B. Seven-night movie and concert series
- C. 5k family run
- D. Danville Summer Olympic Games

4 The Plainfield Lions Club recently conducted 77 free _____ screenings for local youth.

- A. Eye
- B. Mental health
- C. Respiratory
- D. Film

5 To date, Cascade High School is the only Hendricks School to be nominated to receive which national recognition?

- A. National PTA Excellence Award
- B. Blue Ribbon School
- C. National School Library of the Year
- D. Nicest detention hall



ANSWERS ON PAGE 33
Compiled by Chris Cornwall

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TsT Construction Tip of the Month By Tom S. Truesdale

Roofing Replacement

The roof system is one of the most important parts of your home as well as one of the most expensive to repair or replace. The roof system takes a great deal of abuse from hail, heat, ice and snow. If you have a damaged roof or one that is simply due for replacement here are a few topics to consider before beginning a roofing project.

- As mentioned above your roof is one of the most important parts of your home.
- Selecting a trustworthy and qualified contractor is very important.
- Your contractor should be local to your area - watch out for "out of town companies - storm chasers"
- Remember - the lowest price is NOT always best - material and workmanship may be less than desired.
- Roofing materials:
 - Generally all asphalt shingle products now carry a "limited lifetime" manufacturers warranty.
 - The quality of materials included in a bid can greatly effect the cost.
 - When evaluating bids ask your contractor to clearly specify the materials being used.
 - It is generally not a good idea to cover up an existing roof, complete tear-off and replacement will provide for a better roof system long term.
 - Decking repair - the condition of the roof decking generally cannot be determined until after the old roof has been removed.
 - Require your contractor to provide a "Unit Price" for any decking replacement that is



discovered to be necessary. Understand this potential cost prior to selecting a contractor. Also require your contractor to review this condition with you in person before proceeding with repairs.

- Roof Vents, Flashing and Gutters:
 - Gutter replacement is many times needed if a roof replacement is related to storm damage.
 - Gutters are also an important part of your roof system. Proper flow and installation is key to directing water run off from your roof.
 - If gutters are not being replaced as part of your project require your contractor to protect them during the roof replacement project.
 - Flashing around chimneys and pipes should always be updated when you are replacing a roof, make sure your contractor has included it in the scope of work.
 - Roof vents / ridge vents should also be updated when you are replacing a roof.
 - Adding an attic fan is a good thing to consider as well, make this decision prior to replacing your roof.

Please consider the dialog I have provided when planning a roof replacement project and always remember that a local contractor has a great deal more vested interest in delivering a successful project and standing behind the quality of work. If you have any concerns or questions don't hesitate to contact TsT Construction for professional help and guidance. Hope this months tips are helpful, enjoy the spring weather! It will be here soon, I HOPE! TsT

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Avon family celebrates 10-year anniversary at Harvest Bible Chapel

WHERE WE WORSHIP

Marland and Tanya Villanueva and their children—Vivian (16) and Vincent (14)—are long-time residents of Avon. They are involved in the community, but the primary means in which they serve is through their church. Harvest Bible Chapel recently celebrated its 10th anniversary. The Villanuevas were part of a handful of families instrumental in planting the church. Marland testifies, "Early on we wondered aloud whether this idea would get off the ground. But God answered prayers throughout the process, causing our faith to strengthen. We used the expression, "BIG GOD" anytime we witnessed God at work. We're comforted knowing that it's not the quantity of our faith but the power of God that accomplishes great things."

What is it about your place of worship that helps you grow spiritually?

Harvest is not a church with small groups; it's a church of small groups. Small groups are the heartbeat of our church. It is where we experience community and participate in mutual ministry. For years, we thought that we could do the Christian life alone. God used sound teaching to help us recognize the need for godly people to pour into our lives—to speak biblical truth, to hold us accountable and to encourage us as we handle life's challenges. We are blessed to have our small group walk alongside us to help us grow in our love for Jesus and others, while nurturing a desire to live out our faith in a consistent manner that brings glory to God.

What is it about your place of worship that helps you to feel connected to your spouse, children, parents or other family?

Our family connection has strengthened with a renewed understanding of worship. Previously, worship for us only took place on Sundays. Worship is now viewed as a lifestyle to be lived out every day of the week. Inevitably, we encounter competing priorities and personal struggles that distort the focus of our attention away from God. Corporate worship on Sunday mornings serves to remind us of God's goodness and to recalibrate our thinking. Contemporary worship at Harvest is vertical in its direction and saturated with biblical truth. We value worship as another means of connecting with God and consider it equal in importance to our time in His Word. Tanya admits,



Tanya, Vivian, Vincent and Marland Villanueva
(Submitted Photo)

"We sit towards the front of our auditorium to hide the truth that none of us can carry a tune. We'd like to believe that we make a joyful noise unto the Lord."

What is one meaningful event that has taken place at your place of worship?

Our children placed their faith in Jesus and were later baptized at our facility inside a large horse trough. We are grateful that Vivian and Vincent have grown spiritually from their active involvement in both Harvest Kids and Harvest Students. These ministries work in partnership with parents (not as a substitute but as a supplement) to teach age-appropriate lessons from God's Word and to encourage children to live out their faith in a way that genuinely impacts those around them. At Harvest, youth are considered not only the next generation of leaders but also integral members of our church that God can use right now.

Why would you recommend your place of worship to someone?

You'll hear about our 3 Ws—worshiping, walking with and working for Christ. This is who we are, and this is what we do. We worship Christ by making much of scripture, song and prayer. We walk with Christ TOGETHER out of an abiding love for God that encourages us to genuinely serve others. We work for Christ not out of guilt or obligation but from an overflow of our abiding in Him. This ministry philosophy fosters a culture where people humbly acknowledge that they are still works-in-progress and yet emanate a sense of joy based on the security of Jesus' finished work. At Harvest, you are loved.

Harvest Bible Chapel

420 Gable Crossing Dr., Avon, IN 46123
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Puzzle Time



Find the items in the puzzle going up, down, sideways or diagonally and list them. Each letter is used no more than once.

D
 S N R
 M T A E R
 U A R M L E P
 A C D E R L T A V
 E C O A E O I N W Q B
 X M U O M P D M E S U D R
 I A N R E D C L C L R E W
 I M E S W D M U L A S H M
 N M K S A P Y O W I I S O
 N A E G L W C R E S B T U
 A M N E K K O W K J E O T
 V I I L E F D E X S W N H
 A E B R U R S R A E E
 H X B S D R A U G
 R O B E R T S
 E S O N W
 N J L
 P

6 Cat Body Parts

4 Beer Brands

5 Best Actress Oscar Winners

3 Pacers Positions

2 Beef and Boards Shows

1 First Female Self-Made Millionaire in U.S.

ACROSS

1. John Gregg in 2016 (and '12)
6. "Mamma Mia" group
10. Egyptian snakes
14. Armistice
15. Apple product
16. Reggie Miller's coll.
17. Showroom models at Hare Honda
18. Rockville, e.g.
19. Warty hopper
20. Musical Yoko
21. Top dog in SOUTH BEND?
23. Two-tone
26. Plaything
27. ___ Aviv
28. Immigrant's subj.
29. Eli Lilly and Co. products
31. Cedar Elementary School sticky stuff
33. PU homecoming guest
35. Leb. neighbor
36. Witch's work
37. Country's McEntire
38. Scarlett of Tara
40. Brownsburg Flower Shop showy bloom
44. LBJ's successor
46. Twin Bridges Golf Club standard
47. Stitched at Lin's Alterations
48. Smoothie King blender setting
51. French Lick Casino stack
53. Ex-Notre Dame coach Holtz
54. Avon-to-New Castle dir.
55. Indianapolis Indians bat wood
57. Zilch
59. Frequently cautious in FORT WAYNE?
62. 18-wheeler on I-70
63. Beach bucket
64. Decorated a cake
65. Long stories
68. Connect
69. Perlman of Cheers
70. Brown ermine fur
71. Danville HS pitching stats
72. Lord's mate
73. Cher's ex

DOWN

1. Inc., in London
2. Wash. neighbor
3. Big wrestling group in COLUMBUS?
4. Prefix for a Downtown Indy Lodge
5. Scalped a Colts ticket

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
		20				21				22				
23	24				25			26				27		
28				29			30			31	32			
33			34		35				36					
37					38			39			40	41	42	43
				44	45			46			47			
48	49	50				51				52		53		
54				55	56			57			58			
59			60				61			62				
63					64					65			66	67
68					69					70				
71						72				73				

6. Fix a Helen Wells model's photo, maybe
7. Plainfield lodge letters
8. Toots one's horn
9. Increase
10. Terry Lee product
11. Expert knot tiers in Troop 123
12. Pluto, once
13. Hoosier Park jockey's seat
22. Hoopla
23. Indianapolis Zoo beast
24. Cruise stopover
25. Holcomb Observatory hunter
30. Chart in Anthem's annual report
32. Line on a graph in a Cascade HS math class
34. Stallion's mate at Grandview Stables
36. A Marx brother
39. Chris Wright's bad news
41. Faith in LIGONIER?
42. Gloating words at Indiana Grand Casino
43. Like a bug in a rug
45. IUPUI statistics class average
48. Us Weekly rival
49. "You cheated!"
50. Ossip Optometry eye part
51. Fast dance
52. Pressure
56. Spin around
58. Savvy about
60. 7-Down members
61. ISO saxophonist's need
66. Pink-slip
67. Farm pen

Answers See Page 33

6			1			8		
7					2			
			4	6		2	5	
		6		7	3		4	
	2		9	1		3		
	4	8		2	9			
			5					2
		3			4			9

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April 2018

Teacher of the Month



From left: Mrs. Lindsay Miller, Tenley Rice and Chris Tincher. Photo by Cathy Myers

**Miss Miller
Delaware Trail Elementary
1st Grade**

By Tenley Rice

I think my teacher, Miss Miller should be teacher of the month. Miss Miller is a 1st grade teacher at Delaware Trail Elementary. She is a great teacher and friend as well. She teaches us about respect and responsibility and how to care for everyone around us. She supports us by coming to our soccer or baseball games too! This shows me that she cares for all of her students. Our class loves how she rewards us for good behavior by having pajama or hat days. Our class loves Miss Miller and feel she is deserving of this award.

Kids, send your name, address and telephone number, along with a 100-word summary of why your teacher should be honored as the Chick-fil-A/Hendricks County Icon Teacher of the Month, to teacher@myicon.info. The deadline for nominations for the May 2018 Teacher of the Month is April 15, 2018. Your teacher will receive special recognition plus your class will win a party compliments of Chick-fil-A (Avon/Plainfield). Please take time to nominate a deserving teacher from Hendricks County.

Chick-fil-A (Avon/Plainfield)
is the official ICON
Teacher of the Month
Lunch Party supplier

At right, photos of students in
Miss Miller's 1st Grade class at
Delaware Trail Elementary enjoying a
party provided by Chick-fil-A!



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\$101-\$200	\$20
\$201-\$300	\$30
\$301-\$400	\$40
\$401-\$500	\$50
\$501-\$600	\$60
\$601-\$700	\$70
\$701-\$800	\$80
\$801-\$900	\$90
\$901-\$1000	\$100
\$1001-\$1100	\$110
\$1101-\$1200	\$120
\$1201-\$1300	\$130
\$1301-\$1400	\$140
\$1401-\$1500	\$150

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Puzzles & Answers SEE PAGE 31

Answers to HOOSIER HODGEPODGE:
Parts: EARS, LEGS, MOUTH, NOSE, PAWS,
WHISKERS
Winners: BULLOCK, MCDORMAND, ROBERTS,
STONE, STREEP
Brands: BUDWEISER, COORS, HEINEKEN, MILLER
Positions: CENTER, FORWARD, GUARD
Shows: ANNIE, MAMMA MIA
Millionaire: MADAME WALKER

L	O	S	E	R	A	B	B	A	A	S	P	S
T	R	U	C	E	I	P	O	D	U	C	L	A
D	E	M	O	S	R	O	A	D	T	O	A	D
O	N	O	B	E	S	T	H	O	U	N	D	
B	I	C	O	L	O	R	T	O	Y	T	E	L
E	S	L	D	R	U	G	S	P	A	S	T	E
A	L	U	M	I	S	R	H	E	X			
R	E	B	A	O	H	A	R	A	I	R	I	S
R	M	N	P	A	R	S	E	W	N			
P	U	R	E	E	C	H	I	P	S	L	O	U
E	N	E	A	S	H	N	O	T	H	I	N	G
O	F	T	E	N	W	A	R	Y	R	I	G	
P	A	I	L	I	C	E	D	E	P	I	C	S
L	I	N	K	R	H	E	A	S	T	O	A	T
E	R	A	S	L	A	D	Y	S	O	N	N	Y

Iconic IQ ON PAGE 29

1. A
2. C
3. B
4. A
5. B

6	5	2	1	9	7	8	3	4				
7	8	4	3	5	2	6	9	1				
1	3	9	4	6	8	2	5	7				
8	9	6	2	7	3	1	4	5				
3	7	1	8	4	5	9	2	6				
4	2	5	9	1	6	3	7	8				
5	4	8	6	2	9	7	1	3				
9	6	7	5	3	1	4	8	2				
2	1	3	7	8	4	5	6	9				

Naturalist teacher opens door to outside wonders

By Chris Cornwall

Jennifer Davies, the Avon Outdoor Learning Center's Instructional Coordinator, has a passion for sharing the wonders of the natural world. An Indiana Master Naturalist and teacher for 23 years, she provides kids with hands-on, outdoor experiences, fostering the foundation they need to become engaged learners.

"Our future, as a planet and a culture, depends on the generations we inform and inspire," Davies said. "The fact is, we are all connected and need the same basic things—fresh air, healthy soil, clean water and space to live and thrive."

Davies' accomplishments are at testament to her desire to shape young minds. She is the recipient of a Donald Lawson Conservation Education Award and was also voted 2012 Environmental Educator of the Year, which was presented by the Hendricks County Solid Waste Management District.

Jennifer's husband of 21 years, Simon, is a biologist, and their son, Rhys, is a Junior at Avon High School.

The family recently moved to Avon from Danville to become caretakers of the 200-acre Twin Bridges Natural Area. There they help maintain the trails and encourage native plant and wildlife.

With the support of Waste Management, Jennifer and the OLC will offer students ages 9-12 the chance to become Junior Indiana Naturalists through a week-long program in Avon.

What do you consider your greatest virtue? Empathy

What do you deplore in others? Selfishness

What do you like most about living in Hendricks?

We, my husband, Simon and our son, moved to Indiana in 2006 and I've only lived in Hendricks Co. We chose the Avon schools because of the strengths of the district- decent class sizes, diversity, quality of teachers/programs. We chose Hendricks County because it was convenient for my husband's job and it offered the kind of life style that appeals to us; close to the amenities and opportunities of a city, but with a close community and plenty of natural areas.

If you had to live somewhere else...

I grew up in New England and my husband in California. We miss the sea but luckily there is family on either coast to visit. As

I write this I am actually in Massachusetts riding out the 3rd big Nor'easter in 2 weeks! I've also been lucky enough to live and work in amazing places like Australia and the Galapagos Islands of Ecuador- more ocean-centric places!

If you could begin life over, what would you change?

I feel that the experiences you have inform the person you become. I like who I am, so wouldn't change anything.

If money were no issue, how would you spend it?

Travel- New Zealand, Patagonia, Alaska

What makes you happiest?

Time spent with my favorite people, usually outside

Favorite vacation spot?

Anywhere I can float in saltwater with a mask and snorkel, enjoying the sealife.

Idle time?

I teach and also run a small business making jewelry by recycling old knitting needles and crochet hooks, called Bur Oak Studio. I love tinkering with designs in my free time. I'm also an avid reader and love to knit.

What makes you angry?

Waste- waste of our planet's resources, waste of potential.

Escape from reality?

Take a hike, it calms and engages the mind at the same time.

Greatest love?

Family, all them, quirks and all!

Who do you most admire in Hendricks County?

Dr. Maggie Hoernemann- I appreciate her as one of my superiors and I admire her for the professional she is. She



leads by example, works so hard to improve education at the state level as well as in our community. Her humble approach to leadership and her approachability inspire me in my day to day interactions.

Quality you most admire in a man? Honesty

Quality you most admire in a woman? Honesty

Greatest extravagance?

Being a small business owner and maker I really appreciate hand crafted items and am willing to pay for the skill and materials. That said, anyone who knows me knows I love good yarn- natural materials like alpaca and soft wool are favorites. I have quite a stash, mostly acquired by trading for the things I make.

Fears, phobias?

Heights. I love going places, but flying makes me nervous. I'd rather take a boat, or car trip, if time allows.

Happiest time?

I'm usually happiest covered in dirt, growing things. Introducing students to the wonder of growing fresh, delicious food is one of my proudest accomplishments. Our Garden Club has @ 100 students (volunteers always welcomed!!).

Talent you possess?

I'm hopeless at backing up anything with a trailer attached, but I'm working on it!

Value most in friends?

True friendship- where they can call me on my quirks and love me even with them.

Historical figure identify with?

Anyone who has innovated, pushed boundaries. When I moved to Indiana I had 10 years of environmental education experience under my belt. I saw that the Outdoor Learning Center was an amazing resource under Carol Ford, but I saw the potential to provide a world-class program to even more students. Every grade level benefits from getting out of doors, being inspired and engaged while learning with all of their senses. Formal education is really starting to embrace this whole body approach to learning, which is gratifying to be part of, but it's been an uphill climb.

Greatest regret?

Nope, only lessons learned.

Tenet to live by?

Be kind. Simple and powerful.

For more information, call the Outdoor Learning Center at (317) 544-6400 x6482, or email at olc@avon-schools.org.

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10

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