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ICON of the Month  
Rose Myers PAGE 18



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## TEACHING TAEKWONDO

Local resident becomes 'master instructor'

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Marching Trojans  
compete in Bands of America  
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Riley Williams

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Roncalli's new mascot

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# ICONic image



Greyhounds sophomore guard Ben Nicoson dribbles around a defender in the Greyhounds first home game of the 2021-22 season Nov. 12, 2021, at Nicoson Arena. Ben's great-grandfather was Angus Nicoson, a UIndy athletic hall-of-famer. Look in a future edition of Center Grove Icon for a full story on the Nicoson family and their legacy at UIndy.. (Photo by Jacob Musselman)

## Contact the Managing Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Jacob Musselman at (260) 271-9728 or email him at [jacob@icontimes.com](mailto:jacob@icontimes.com). And remember, our news deadlines are several days prior to print.



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(Cover) Rose Myers poses for a photo to show her dobok Oct. 31, 2021, at Pilsung Martial Arts in Greenwood. | (Left) Rose Myers, a sixth-degree black belt and master instructor at Pilsung Martial Arts, high kicks Oct. 31, 2021, at Pilsung Martial Arts in Greenwood. | (Right) Rose Myers shows the inside of her belt Oct. 31, 2021, at Pilsung Martial Arts in Greenwood. (Photos by Jacob Musselman)

## Teaching Taekwondo

### Local resident becomes 'master instructor'

#### COVER STORY

By Grady Michael Gaynor

On October 21st, Center Grove resident Rose Myers, co-owner of Pilsung ATA (American Taekwondo Association) Martial Arts in Greenwood, was named to the high honor of "Master Instructor." After over 20 years of fine tuning her martial arts abilities, reaching the sixth degree of black belt, and a full year of vigorous preparation, Myers was invited to the ATA Martial Arts headquarters in Little Rock, Arkansas. There she attended a special ceremony where she advanced, finally reaching this major milestone. In the wake of receiving this honor, Myers has reflected on the beginning of her journey in Taekwondo, and the winding path it has been to get her where she is today.

Myers was a senior pursuing her environmental engineering degree at the University of Dayton, when she witnessed a woman nearly become a victim of sexual assault outside of her home. The next day, Myers went to work at the Wright-Patterson Air Force Base, just outside of Fairborn, Ohio, where she began talking about the incident to one of her coworkers who happened to be a certified Taekwondo instructor.

"I told my coworker I refused to be a victim and I wanted to learn how to defend myself," Rose recalled. "I told him I was not jumping around or making any crazy noises. I wanted to make sure a person with bad intentions thought twice before touching me."

In 1996, Myers began training on the base, and soon after graduation began training with her husband Brian Myers, in a formal ATA school in Seymour, Indiana. In 2000, as a 1st degree black belt, Rose began training under Master Instructor Jay Martin to become a certified instructor, which she obtained in 2003.

In 2003, the Myers vacated their engineer salaries to start their Taekwondo school, Pilsung ATA Martial Arts. Pilsung's mission states that they are dedicated to changing the lives of their students one person at a time through education and coaching. They strive to provide a safe, comfortable and welcoming atmosphere for all students and family members to partake in where they will develop the confidence to live their best life.

Brian, 4th degree black belt, is also an instructor at Pilsung, while focusing a lot of his attention on the business side of the studio. He believes Taekwondo offers a program that follows an individual throughout their life, as opposed to other physical activities that often see children phased out by the school system.

"Many people you encounter speak highly of the values they learned through more traditional sports and that is great," Brian explained. "However, I think an amazing aspect of Taekwondo is the total lifelong holistic journey an individual experiences both in fitness and personal development."

Achieving the rank of sixth degree black belt does not entitle one to an invitation to become master instructor. Rose was 1 of 50 nationwide in her class. Her dedication to excellence is exemplified by the way she runs her gym and dedication to mastery of the arts. Rose wishes more people understood the value behind the personal development that happens in ATA classes,

"Yes, we punch and kick. We teach self defense and as you heard from my origin story, that's very important. I especially want my young ladies to be empowered to protect themselves. Nobody should be a victim. Most importantly, the physical art provides something fun for the kids to learn while they are really working on important life skills," Rose said. "Especially during these times of the pandemic, we had to work hard to get kids to make eye contact and to talk. When kids stop talking and interacting you see interpersonal skills get away."

Pilsung teaches "Songahm Taekwondo". Songahm translates to "Pine, Tree, and Rock." According to the ATA, Songham represents, "Evergreen strength year round, long life and a symbol of unchanging human loyalty"

In 2020, Myers was given the honor of her sixth degree black belt and extended the invitation to begin pursuing the title of Master Instructor. Over the last 12 months, Rose was given monthly projects that included books to read paired with writing assignments, an essay on what unique aspect she

brings to Taekwondo (Rose also teaches Yoga), and papers about the 7 pillars of ATA and what they mean to her (Respect, Loyalty, Knowledge, Gratitude Honor, Humility and Nobility).

Rose recalls the most significant milestones on her journey towards reaching Master Instructor as the 1st through sixth degree black belts she obtained.

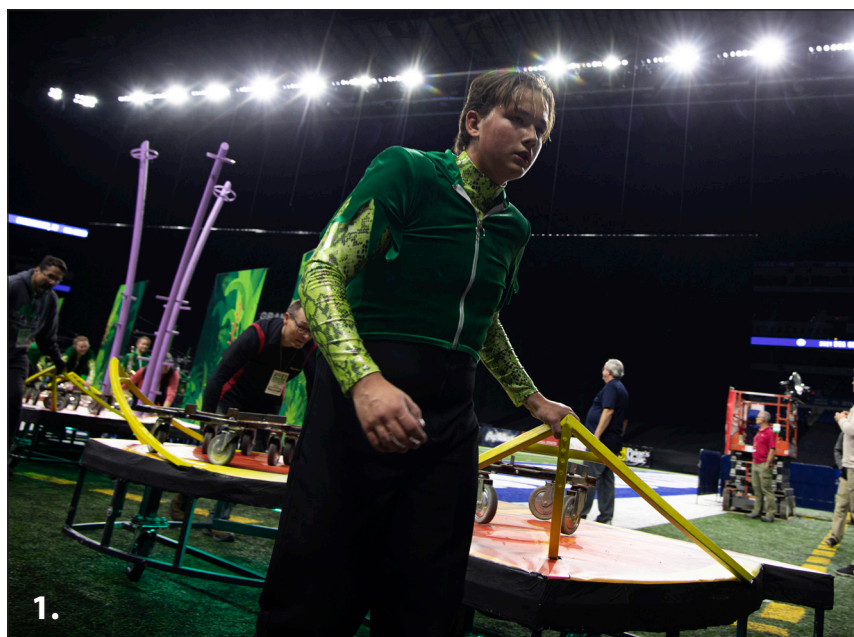
"In the martial arts every blackbelt past the first degree is a major milestone. Many set a goal of achieving blackbelt and never actually get to wear it after they get it in a ceremony. There have been times when I tested I did not "change" (advance) to the next belt," Rose said. "When I think some others may have given up, I saw this as an opportunity for growth." Rose continued "Most people don't consider a failure a milestone but it afforded me the opportunity to learn martial arts deeper and in turn better help my students."

The next rank for Rose will be to earn her seventh degree blackbelt. Once this is attained, she becomes eligible to be invited to pursue the title Senior Master Instructor. Rose is already in a very exclusive group, and with hard work and perseverance the sky's the limit to what she may achieve.

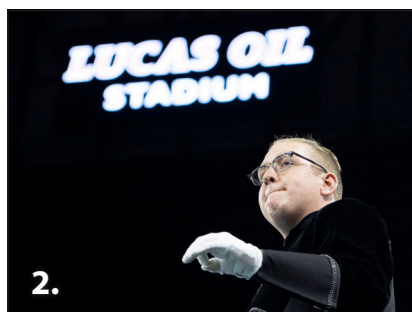
Pilsung ATA Martial Arts offers classes for students of every level from preschoolers to adults. Classes and more information can be found at <https://pilsungata.com/>.



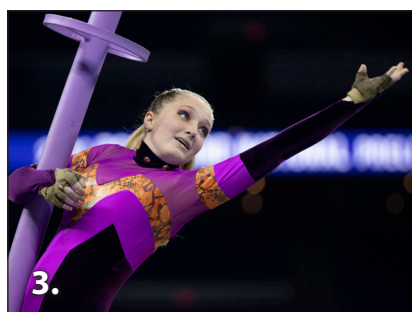
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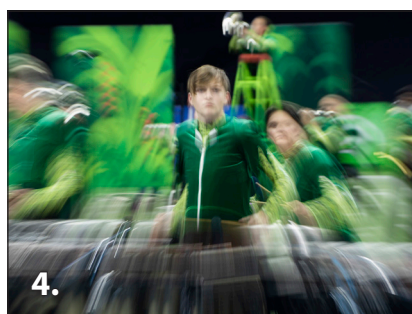
1.



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## Marching Trojans compete at Lucas Oil

By Jacob Musselman

Last week, the Center Grove Marching Trojans joined 98 other bands from across the country and competed in the Bands of America Grand National Championship at Lucas Oil Stadium. Although the Trojans did not make it past the preliminary round of competition, their season is far from over, with a trip to Orlando set for Thanksgiving break.

1. A member of the Marching Trojans carries a prop cart off of the field after their performance in the preliminary round of the Bands of America Grand National Championship. 2. One of the Marching Trojans drum majors conducts the band during their performance. 3. A member of the Marching Trojans color guard performs during their show. 4. A member of the Marching Trojans pit plays the marimba.

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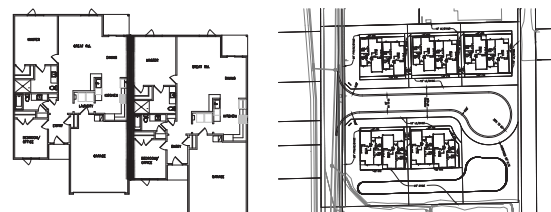
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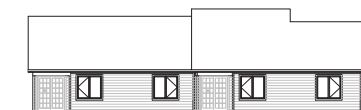
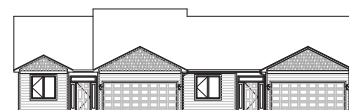
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## Bob Rohman's **INDY** Athlete of the Month **HONDA** Riley Williams

By Mark Ambrogio

Center Grove senior defender Riley Williams has made a big difference in the Center Grove High School girls soccer team's defensive prowess.

"Riley has been awesome for the CG girls soccer program since Day 1, a consummate center back," Center Grove coach Mike Bishop said. "She is the type of player who never lets the moment in games be bigger than herself. She worked incredibly hard for herself and her teammates. She was a solid player who you could count on for 80 minutes no matter the opponent. I've coached a long time, and I've had the pleasure of coaching some very good players. She has been the most consistent high performing player I've coached."



Center Grove senior center back Riley Williams led the Trojans' stingy defense. (Photo courtesy of Riley Williams)

A coachable impact player in defense? Those are hard to come by."

Quiet by nature, Williams has gradually become more vocal

"Center backs are normally the ones that have the responsibility to talk the most on the field but I've always struggled with that," said Williams, a two-year starter on the varsity. "I will always talk when I'm on the field, I'm just not one to scream at someone from across the field. Throughout the season I really improved on my communication skills because I felt like I was a lot more confident in my play and finally started to realize how much I really know about the sport which I could use to help my teammates."

The Trojans finished 10-2-6, losing in the sectional semifinals to Columbus North on penalty kicks. The game was tied 1-1 in regulation. Center Grove

had eight shutouts and gave up 12 total goals.

"I took a lot of pride knowing we played some of the best teams in the state and held them to only scoring a few goals," she said. "I feel like I improved as a leader and by the end of the season I felt like I was someone people would come up to if they needed to talk about anything. I also improved my soccer skills because I was so determined to do well in my final soccer season."

Williams started playing soccer when she was 4 years old.

"I tried basketball, softball, and gymnastics," Williams said. "I focused on soccer in fifth grade because I enjoyed it the most."

Williams has always been a defender. "Once the ball gets to me, I am in the last line of players so us defenders can't let them get by us or they have a chance of scoring," Williams said. "When I was younger, I wanted the attention offensive players get when they score, but I soon realized defense is as important as them."

### THE WILLIAMS FILE

AGE: 17

HEIGHT: 5-foot-5

COLLEGE PLANS: Undecided.

HOBBIES: Hanging with my best friends.

FAVORITE ATHLETE: U.S. Women's National Soccer team member Julie

Ertz

FAVORITE VACATION SPOT: Florida

FAVORITE SUBJECT: Math

FAVORITE TV SHOW: "The Vampire Diaries."

PARENTS' NAME: Brooke Williams and Jeff Williams

## ICONic briefs



Richard Arkanoff. (Photo provided by Center Grove High School)

### Center Grove faculty to receive pay raise

**Higher pay** - Superintendent Richard Arkanoff shared that in the recent school board meeting, an average 8% pay increase for teachers and around 7% pay increase for other staff members. "As you may know, increasing the salaries of teachers was a big focus of the 2021 Legislative Session," Arkanoff said. "We appreciate the work of our legislators, along with our Board, teachers' union, and negotiations team to make this well-deserved increase happen." He shared in a statement made to parents, that in the past 19 months, the school leadership has been working to keep the best interest of their students and staff at the center of every decision they make. He also said they will continue to work with local and state officials to navigate the ongoing COVID-19 pandemic. "We are proud of the dedication and professionalism our faculty and staff put forth every day. We appreciate the continued partnership and patience from our parents and this incredible Center Grove community," he said in closing.



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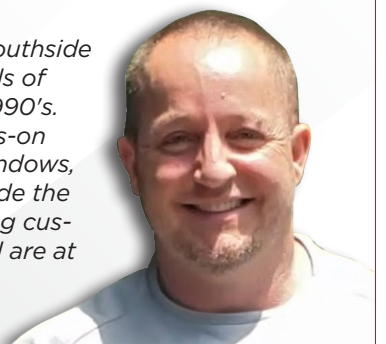
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— Jacob Musselman, Editor



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## Get 'Rowdy' for Roncalli's new mascot

By Jacob Musselman

After the school's athletics name change in January of 2021, the school was also in search of a new mascot to represent their newly-acquired name. It was announced in October the new mascot for Roncalli would be a lion, but there was one problem. He did not have a name. After a student poll and name suggestions, the school decided

on Rowdy.

The new name is more than a product of a student poll. Rowdy is also a callback to the Roncalli student section who, throughout school's history has been dubbed, The Roncalli Rowdies, hence the new name.

Rowdy will now be the face of Roncalli athletics for the future and new age of Roncalli athletics.



(Photos by Jacob Musselman)

## Roncalli repeat State Spell Bowl Champions



Roncalli Spell Bowl Team - Front row (left to right): Iang Ku, Lily Babb, Nicole Hunt, Sarah Jordan, Bryce Lowery, Jean-Luc Euzen, Sam, Sering, Coach Riedford; Back row (left to right): Lachlan Borders, Ezra Littell, Dominic Pittman, Vinny Prendergast, Ronan Euzen, Caitlynn Penollar, Adelle Burkhardt, Emily Sering. (Photo provided by Roncalli High School)

By Jacob Musselman

On Nov. 13, the Roncalli Spell Bowl Team, under the direction of Coach Jennifer Riedford, captured the Indiana State Class Two Championship title for the second year in a row. They competed against 23 teams with five teams advancing to the state competition at Purdue University.

The Royal Spellers finished with a final score of 74/90 correct words. Four Royal Spellers had near-perfect rounds, seniors Ronan Euzen and Adelle Burkhardt, sophomores Emily Sering and Caitlynn Penollar.

Junior Bryce Lowery spelled his nine words perfectly.

"I was very glad to be back at Purdue after last year being totally virtual. I have been doing spell bowl since the fourth grade, and I'm finally used to the atmosphere and pressure Purdue has given me over the years. With that being said, there was not an abundance of pressure with us being up by an entire round, so I just went out there and did my thing. This team was amazing, and I am glad I could be a part of it, with amazing freshmen coming in to fill in big shoes. This was the most talented and com-

mitted team we have had since I've been on it. Just glad I could be a part of it. Go Royals!" said junior Bryce Lowery.

Congratulations to the Roncalli Spell Bowl Team: Lily Babb, Lachlan Borders, Adelle Burkhardt, Jean Luc Euzen, Ronan Euzen, Nicole Hunt, Sarah Jordan, Iang Ku, Ezra Littell, Bryce Lowery, Caitlynn Penollar, Dominic Pittman, Vinny Prendergast, Emily Sering and Sam Sering!

"What an outstanding accomplishment for a dedicated group of students. This state championship is the result of years of excellent education and many hours of focused

work. Thank you to Coach Riedford for her high standards of excellence in leading the Roncalli Spell Bowl Team! We are extremely proud of their accomplishments!" stated Kevin Banich R'09, Interim Principal of Roncalli High School.

Cutline: Roncalli Spell Bowl Team - Front row (left to right): Iang Ku, Lily Babb, Nicole Hunt, Sarah Jordan, Bryce Lowery, Jean-Luc Euzen, Sam, Sering, Coach Riedford; Back row (left to right): Lachlan Borders, Ezra Littell, Dominic Pittman, Vinny Prendergast, Ronan Euzen, Caitlynn Penollar, Adelle Burkhardt, Emily Sering.



ROMAN  
NUMERALS

# XCVIII

98 is the number of other marching bands that competed at the Bands of America Grand National Championships at Lucas Oil Stadium.

## ICONic cartoon



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**Handmade + Heartfelt** • This festival celebrates local artists, creators and makers. | When: Nov. 21, 12 - 4 p.m. | Where: The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: mallowrun.com

**Wildlife and Your Yard** • Sarah Love from Wild Birds Unlimited will share how to use native plants and other natural items to create a habitat in your yard to support birds, butterflies and other wildlife. | When: Nov. 10, 6:30 - 7:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

**Craft Night Book Turkeys** • Teens and adults, pick up a kit the week before the program to upcycle an old, damaged book into a cute centerpiece. | When: Nov. 17, 7 - 8 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

**Alphorns** • Scott and Barb Mckowiak, members of

Midwest Alphorn Retreat, will share songs and stories about these Swiss instruments. | When: Nov. 18, 7 - 8 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

**Studio You Yoga & Wine** • Do some yoga and drink some wine. | When: Dec. 8, starting at 6:30 p.m. | Where: The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: mallowrun.com

**Pancakes with Santa** • Santa is making a special stop at The Sycamore. Kids of all ages are invited to join for a breakfast followed by photos with Santa. | When: Dec. 18, starting at 9 a.m. | Where: The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: mallowrun.com

**Paranormal Cirque at Greenwood Park Mall** • Do you love thrilling, wicked, sexy, or even dangerous things? Paranormal Cirque will expose you to

a unique creation of combined theatre, circus, and cabaret with a new European style flare. | When: Nov. 20-21, from 7:30-9 p.m. | Where: Greenwood Park Mall 1251 US Hwy 31 N. | Info: Eventbrite.com

**Stuff the Truck** • The holiday season can be tough on food pantries with the extra demand. Help HeavenEarth Church fill their pantry with extra items for the holidays. Items of need are pop-top canned soups/ravioli, Gatorade, bottled water, individually wrapped snacks & breakfast items, microwave popcorn, fast food gift cards, laundry detergent, hand soap, paper products, cleaning supplies and notes of encouragement. | When: Nov. 21, from 9 a.m.-12 p.m. | Where: HeavenEarth Church 309 Main St. Whiteland. | Info: kic-it.org

**Thanksgiving Eve Party** • Mashcraft is hosting their annual Thanksgiving Eve party. | When: Nov. 24, from 6:30-9 p.m. | Where: Mashcraft Greenwood 1140 IN-135 | Info: Mashcraft.com

**Tacos B4 Turkey** • But first tacos? For one day only, Humble Taco is bringing you all their weekly specials all in a single day. Margarita Monday, Taco Tuesday, Thirsty Thursday and Fajita Friday all on the day before Thanksgiving. | When: Nov. 24, from 11 a.m.-9:30 p.m. | Where: Humble Taco 172 Melody Ave. | Info: humbletaco.net

**Turkey Burn** • Gather your family, friends, and arch rivals for this epicly fun 5k, 5 mile, and 1.5 Mile run/walk all to celebrate community/family while honoring Jamie Sue Ramey, who lost her battle with cancer. 100% of the proceeds from this annual race go towards her four sons through "The Ramey Boys Trust Fund" to help them with college expenses. This race is full of laughter, joy, a little bit of pain (running 5M-ouch!!), and lots of Thanksgiving Day Fun. | When: Nov. 25, starting at 11 a.m. | Where: Surina Park 100 Surina Way | Info: runmob.com



# NIGHT & day LOCAL Entertainment ENTERTAINING

## AN OPTION

### Bar Louie has it all

Located on the edge of the Greenwood Park Mall, Bar Louie updates their menu quarterly to bring you coming back to try new things. This quarter, their special is a poutine burger, which blends flavors from the United States and Canada. Poutine is a traditional Canadian dish which features french fries or some form of potato topped with cheese curds and gravy. BL thought to put french fries, cheese curds and gravy on top of a burger, made with house seasoning and a burger made from a blend of beef brisket, short rib and ground chuck. If you're at the Greenwood Park Mall to do some holiday shopping, stop by for a quick lunch or stay for dinner.

#### LOCATION:

1251 US Highway 31 N. Greenwood.

#### HOURS:

Sunday-Thursday 11 a.m.-12 a.m.  
Friday and Saturday 11 a.m.-1 a.m.



From flatbreads to burgers, Bar Louie has something for everybody. (Photo by Jacob Musselman)

## SPOTLIGHT



Stock art.

### Southside Art League to host Christmas sale

The holiday season can be tough for some families. Some kids can be easy to shop for because they just tell you what they want. But we all know somebody who is impossible to shop for. What should I get for my dad who likes everything and nothing at all at the same time? The Southside Art League will be hosting a Super Christmas Sale from Dec. 1-22. The super sale will feature artwork available for purchase from SALI member artists. The sale features a wide variety of art styles and price points. Artwork to be sold is matted giclee prints, original framed and unframed art, ceramic sculpture, paper sculpture and greeting cards. The art shop will be open from Wednesday through Saturday from 11 a.m. to 3 p.m. and closed on Mondays and Tuesdays.

# Nick's Tree Service

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- Lot clearing
- Deadwooding
- Topping

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- Specialty lifts

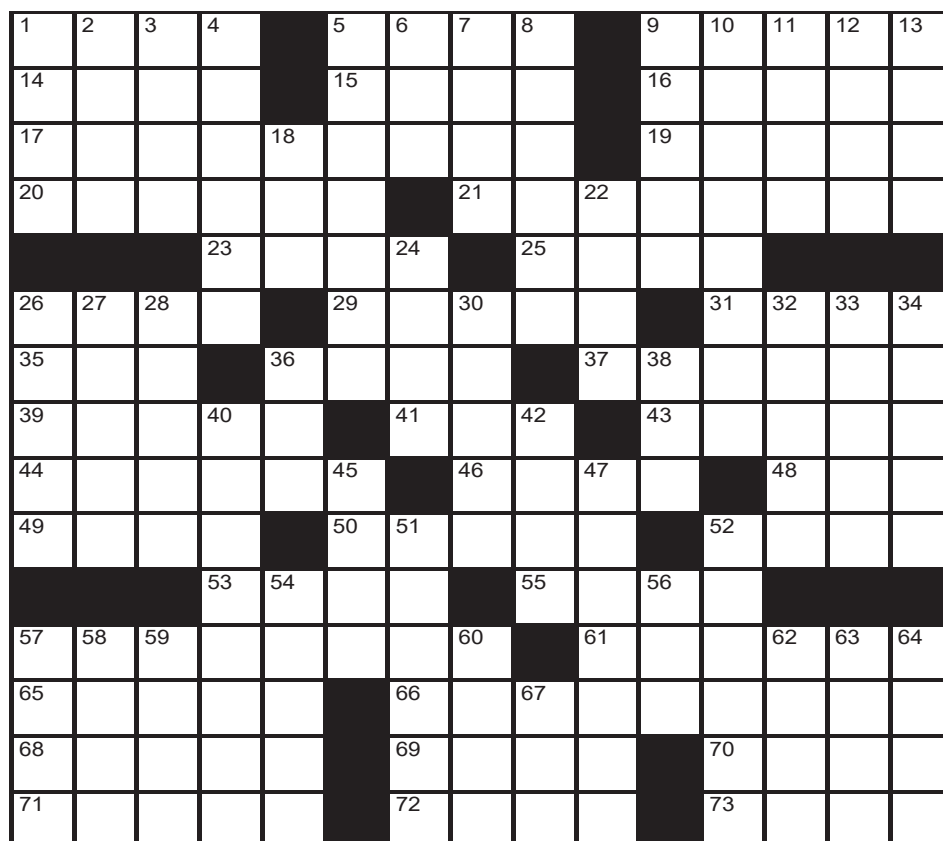
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ACROSS

1. CGHS band sheet music symbol
5. Certain Slav
9. "Star Trek" role
14. Possess
15. Draft status
16. Colt foe
17. Enthusiastic, and then some
19. Singer with the albums "21" and "30"
20. \_\_\_\_ Central HS ("The Pride of the Eastside")
21. \_\_\_\_ Central HS (its school paper is The Cub Reporter)
23. Some Colts linemen
25. Use profanity
26. Treaty
29. Kitchen fixtures
31. Capture
35. Fla. neighbor
36. "Star Wars" role
37. Enjoyed Fun Factory's rink
39. \_\_\_\_ Central HS (Mitch Daniels' alma mater)
41. \_\_\_\_-Central HS (merger of Windfall and Sharpsville-Prairie)
43. \_\_\_\_ Central HS (the Highlanders)
44. Trapped
46. 2,600 in old Rome
48. Luau garland
49. Himalayan legend
50. ICON edition
52. Ye \_\_\_\_ Shoppe
53. PDQ
55. Circus City Festival locale
57. \_\_\_\_ Central HS (its colors are royal blue and white)
61. \_\_\_\_ Central HS (it opened in 1868 in Delaware County)
65. Where Greenwood Elks gather
66. Bottom-line figure



68. Confuse

69. Prayer ending

70. Footnote abbr.

71. Assailed

72. Not short

73. Parts of mins.

DOWN

1. Grub
2. Volcanic flow
3. At any time
4. Weasel's kin
5. What's-his-name
6. Center Grove Elementary

School subj.

7. Indy Lakes fishing gear

8. Name that's Swahili for "blessed"

9. There are 13 on the Indiana flag

10. Idol's place

11. Yoked team

12. CGHS math class, for short

13. Leg joint

18. Poet's "dusk"

22. Cowardly sort

24. White River sediment

26. Spring flower

27. Unaccompanied

28. JL Johnson Fine Jewelers weight

30. Typical results

32. Coral island

33. Typed in

34. Ex-Pacer Gill

36. That woman

38. North State Road 135 fast food restaurant

40. Three-sided shape

42. "My turn to bat!"

45. Tuning knob

47. Considering

51. Kind of cord

52. Pound parts

54. Clay pigeon sport

56. Compete in Rock the Block

57. Beer belly

58. Went by IndyGo bus

59. Does sums

60. Lost little fish of film

62. Dove's home

63. 1998 Apple debut

64. Snaky fish

67. X, sometimes

Puzzle Time

J  
C Y A  
C A A G M  
G J H R R O A  
P N E U E A L L I  
L H I A N D M M I O C  
T I Y V B E A G I S S I A  
A H S I U A K L E S A L B  
D P I G R R D C L J T Y E  
N R C S A T R L I I U R C  
O D S K D H I L U U M D Y  
H P U N R O S B S J J B C Y  
A D R A O C O B R I E N M  
C T H F I N A S S I N  
U T L E A C T C V  
R O N B L B O  
A C U O G  
E C E  
L

6 Indiana Pacers Head Coaches

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\_\_\_\_\_  
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4 CGHS Core Science Classes

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5 Hubler Automotive Brands

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\_\_\_\_\_

3 Caribbean Islands

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2 Long-time Daytime TV Hosts

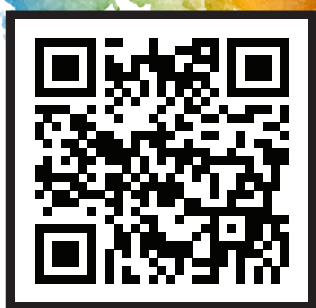
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1 November Holiday

\_\_\_\_\_

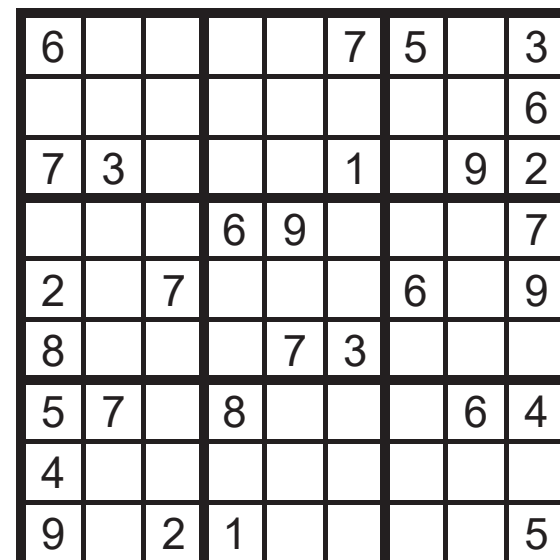
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See **Answers** on page 17.



## PLANNER OF NOTE

Aspire Johnson County  
New members

**Crossroads of America Council,  
Boy Scouts of America**  
7125 N. Fall Creek Rd.  
Indianapolis, IN 46256  
(317) 813-7114

**Elements Financial**  
225 S. East St, Suite 300  
Indianapolis, IN 46202  
(317) 957-7428

**Greenwood Christian Church**  
4297 Fox Hunt Dr.  
Bargersville, IN 46106  
(317) 313-5796

**Independence Village of  
Greenwood**  
2339 S. State Rd. 135  
Greenwood, IN 46143  
(317) 648-7863

[aspirejohnsoncounty.com](http://aspirejohnsoncounty.com)

By Mike Heffner

Winning at anything can be really hard right now with all the new obstacles. In addition to being hard, what winning looks like has changed. As a leader, we try to help our teams figure out how to move the needle towards winning. It's important to set good expectations and remind them often of what we are trying to do. It's not all about winning but we need to feel like we are moving forward and making a difference. We have to celebrate the small wins and change our mindset. Below are some ideas I have found that help with that.

**Let go of what happened today** – the things that happened today are temporary. Tomorrow is a new day. As a leader we cannot worry about what we can't change or control. Focus on being just a little better than the day before.

**Help someone else out** – when our teams are serving, it feels good. It's also the right thing to do. When we serve, we often realize that our own issues are not that big of a deal and that we are all going through something.

## PERSONNEL MATTERS

## Are we winning?

**Look at obstacles differently** – look for the advantage you might have in the adversity. How can good come from what has happened? A door that is closed may open another door that allows for even more growth.

**Don't give up easily** – encourage your team to stay the course. Competitors often give up when it gets hard. Make a small tweak and keep going, just a little extra effort can net great results.

**Expect things to work out** – this is simply the glass is half full type of thinking. Will your way to winning. I believe what you set your mind to, truly believe in and focus on, will likely happen.

**Train your mind to respond differently** – don't allow your thoughts to go to the negative place. Find someone to help hold you accountable when you are triggered. You can't change what happened, but you can change how you respond. Respond with positivity.

**Give yourself some credit and grace** – allow the small wins to count as moving forward. Don't allow others expectations or social media to have you thinking that

everyone else has it all together. You are better than you give yourself credit. Allow yourself to not sweat but celebrate the small stuff.

**Look for relationships that have transparency** – when you and your team can be candid, vulnerable, and transparent with each other, then you can get through difficult situations. We are all going to disagree or need to wrestle with things at times. Make it safe within the team. Look for common ground and collaboration.

These ideas are all easier said than done, but they can be vital to moving forward and winning. Start small! Set a meeting with your team and discuss these things. Good luck! I look forward to hearing about your future wins.



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros.com, @IndySouthMike on Twitter or visit ExpressIndySouth.com.

## PEER TO PEER

## “You Can't Always Get What You Want”

By Howard Hubler

The Rolling Stones made the song you can't always get what you want a big hit several years ago. In the song, the artist suggest, “If you look real hard, you can get what you need”. Decreasingly, you can look as hard as you want but there are things that you just won't find. The more the US depends on overseas items, the more we will be held up either by international governments or just ironic states of affairs like the international shipping mess.

As an auto dealer, the entire nation knows the story of electronic chips, those lowliest of items that we take for granted has ground an international market to a halt on billions of dollars worth of items.

One thing I learned, in the world of Covid, much of our pharmaceuticals come from China. How ironic is that? Central Indiana's economy depends to a significant extent on the raw materials in making pharmaceuticals.

I recently finished a tour of duty on the Greenwood airport board. One thing apparent was that many these names you would link to self-defense for our military are companies now owned in part or entirety by China. I'm sure that when things were set up, firewalls

were put up between what the US would use and what would China use. I could go on and on but you get the picture.

Which gets me to the central theme of Indiana. I know that we are doing an awful lot of “non-smokestack” ventures in our state. I know we're also doing a tremendous amount of warehousing in our state. The question one has to ask is what else can an aggressive state like Indiana produce inside our borders to lessen our countries dependence on international and sometimes hostile trade partners.

The next time Hoosier business people venture in the big box stores and see shelves near empty, we should ask ourselves, “What here can I produce to make money for my family and to hire fellow Hoosiers and to lessen our dependence on foreign soils”. Maybe in so doing, at least we can “get what we need.”



Howard Hubler can be reached at [howard@hubler.com](mailto:howard@hubler.com).

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## ICONic briefs



Monev. (Photo provided by Center Grove High School)

### Center Grove Graduate earns perfect score on AP exam

**Intelligence** - Center Grove High School graduate and 2021 co-valedictorian Christina Monev earned a perfect score on the college-level Advanced Placement (AP) Exam in spring 2021. Monev was one of only 62 students in the world to earn a perfect score of 5 on the AP Macroeconomics Exam. Center Grove High School offers 27 AP courses. Colleges and universities around the world received AP scores for college credit, advanced placement, and/or consideration in the admissions process.

### Johnson Memorial Health now offering vaccines to children

**Vaccines** - Since Nov. 8, JMH has offered COVID-19 vaccines to children ages 5 to 11 (Pfizer). This is a two-shot process, with the second shot scheduled three weeks after the first one. Johnson Memorial Health has a very limited supply of vaccines and will do their best to accommodate their patients. Appointments must be scheduled ahead-of-time, no walk-ins will be accepted.

Location: 1000 U.S. 31 S, Greenwood, IN, 46143

## "Cloud Cuckoo Land"

### BOOK REVIEW

By Amy Hamilton

"Cloud Cuckoo Land" by Pulitzer Prize-winning author Anthony Doerr is a complex and thought-provoking novel. Doerr weaves together three story arcs that seem to be separate stories but connect through books, stories, and libraries. First, Konstance is a teen living in the future on a spaceship traveling to a planet that can support human life after Earth is no longer able to. Second, Zeno and Seymour live in present-day Idaho. Finally, Omeir and Anna lived in Constantinople during the 1400s.

Despite its unusual name, "Cloud Cuckoo Land" is an ancient Greek story that every character interacts with throughout the different narratives. Anna discovers the book in an abandoned monastery in Constantinople. It leads her on a journey escaping the siege of Constantinople. She meets

Omeir, a boy trying to go home after fighting for the Ottoman Empire against his will. Seymour, a young man, striving to protect the environment at all costs, and Zeno, an older man who directs a children's play called "Cloud Cuckoo Land" in the local library, clash in a way that will change their lives forever.

"Cloud Cuckoo Land" is a sweeping work of fiction at over 600 pages. Yet, he paints a vivid picture of each character's world, making it authentic and compelling. Recommend for fans of "Cloud Atlas" by David Mitchell, "Smoke" by Dan Vyleta, and "The Fifth Season" by N. K. Jemisin.



This review is written by Amy Hamilton, the adult/teen librarian of the Johnson County Public Library - White River Branch. She enjoys reading, knitting and taking long walks in the woods. Contact Amy at [ahamilton@jcpln.org](mailto:ahamilton@jcpln.org).

### ADDITIONAL RECOMMENDATIONS:

#### Adult:

"Child of the Light" by Terry Brooks  
"Five Tuesdays in Winter" by Lily King  
"Love in the Big City"  
by Sang Young Park  
"The Finder of Forgotten Things"  
by Sarah Loudin Thomas

#### Young Adult:

"Aristotle and Dante Dive into the Waters of the World"  
by Benjamin Alire Saenz  
"Gilded"  
by Marissa Meyer  
"Little Thieves"  
by Margaret Owen  
"The Heartbreak Bakery"  
by A. R. Capetta

#### Children:

"Gladys the Magic Chicken"  
by Adam Rubin  
"Inside Cat"  
by Brendan Wenzel  
"Hello, Star"  
by Stephanie V. W. Lucianovic  
"Dragonboy"  
by Fabio Napoleoni

## The world of wordcraft expands yet again

### GRAMMAR GUY

By Curtis Honeycutt

The folks over at Merriam-Webster have been at it again, adding 455 new words to the dictionary. Remember, the folks at MW essentially "report the news," adding words that exist in the real world. Whether you like the words or not, they get added to the dictionary if people are using them. Here's a roundup of some of the newest words.

**Dad bod:** I appreciate this one, as I have changed from being "in shape" to "a different shape" since having kids. In my mind, I still weigh the amount that is listed on my driver's license.

**Fluffernutter:** a sandwich made with peanut butter and marshmallow creme. If a double-decker fluffernutter doesn't sound delicious, you should check to see you have a pulse.

**TBH and FTW:** a number of initialisms got added in October, including these two from online and texting culture.

"TBH" stands for "to be honest" while "FTW" stands for "for the win."

**Super-spreader:** while I always thought this term referred to a king-size duvet cover on a twin-size bed, "super-spreader" refers to an event that leads to several new cases of coronavirus. Many coronavirus-related terms are in the new word list, including "long COVID," "breakthrough medical" and "vaccine passport."

**Oobleck:** an "oobleck" is a mixture of corn starch and water that behaves like a liquid or a solid, depending on whether it's at rest or receiving pressure. The term gets its name from Dr. Seuss' 1949 book "Bartholomew and the Oobleck."

**Whataboutism:** in politics, this is when someone responds to a negative accusation by claiming the other person (or party) has done something similar or worse. In Pee-Wee Herman terms, this is akin to saying, "I know you are, but what am I?" Real mature.

**Doorbell camera:** while the words "doorbell" and "camera" both appeared on their own in the dictionary, they had never appeared together until now. A

doorbell camera has a smart doorbell that is connected to an app or device in the home that allows residents to talk to visitors who show up on their porches.

**Faux-hawk:** a faux-hawk is the mock turtleneck of hairstyles, resembling a Mohawk without fully committing to it. To achieve a faux-hawk, a person pushes the hair on top of his head upward to the middle, usually using some kind of hair gel.

I love new words; they show that our language continues to adapt and change in interesting and creative ways. Just as you shouldn't blame the meteorologist for bad weather, don't blame lexicographers for adding words you don't like to the dictionary.



Curtis Honeycutt is a syndicated humor columnist and treasurer of the National Society of Newspaper Columnists. He is the author of Good Grammar is the Life of the Party: Tips for a Wildly Successful Life. Find more at [curthoneycutt.com](http://curthoneycutt.com).



## You've got a friend in me

### DEVOTIONAL

By Pastor  
Chris Philbeck

Recently my wife, Sandy, and I attended a Pastor's and Wives retreat at a resort outside of Phoenix. We've been married almost forty years, but it was good to get away from the busyness of life and reconnect. One day, while the wives were having a separate session from their pastor husband's, there was an opportunity to share a personal prayer request. One woman asked if the other wives would pray for her to find a friend. Her husband led a large church in a western state, and yet the pressing need of her heart was a friend. That didn't surprise me for two reasons. First, being a pastor's wife, like being a pastor, can be a lonely life whether the church is large or small because it can be hard to find a friend who wants nothing more than to simply be your friend. Second, one of the most common things I have heard from people for years, besides "The music is too loud" (chuckle), is, "I don't have any friends." This absence of friendship is alarming because loneliness can be costly. Medical researchers and social scientists have pointed out that a strong link exists between friendship and well-being. People with close friends tend to have better health, are more fulfilled, and live longer. Here's an example. The

village of Roseto, Pennsylvania, contains a close-knit community of Italian immigrants who frequently stop to chat on the street, visit with one another, and even cook for each other in their backyards. Researchers have studied this village and shown that people end up living longer if they stay in Roseto than if they move away. They've even begun to call this "The Roseto Effect." So, here's what I'd like everyone reading this devotion to do. First, would you pray for this pastor's wife to find a friend? I'm not going to tell you her name, but I will tell you she has red hair. Pause right now and ask God to send a friend into the life of that red-headed pastor's wife out west. Second, make the commitment to be a friend to someone in need. Proverbs 17:17 says, A friend loves at all times, and a brother is born for a time of adversity. Who wouldn't want a friend like that? We are surrounded by lonely people every day, but each of us can be a difference-maker by simply being a friend.



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at inquiry@mpccministry.com or call (317) 881-6727.

### Puzzle Time Answers – ON PAGE 14 Answers to HOOSIER HODGEPODGE:

Coaches: BIRD, CARLISLE, MCMILLAN, O'BRIEN, RAMSAY, VOGEL

Brands: ACURA, BUICK, FORD, HONDA, NISSAN

Classes: BIOLOGY, CHEMISTRY, EARTH SCIENCE, PHYSICS

Islands: ARUBA, CUBA, JAMAICA Hosts: DR. PHIL, JUDGE JUDY Holiday: THANKSGIVING

C	L	E	F	S	E	R	B	S	P	O	C	K
H	A	V	E	O	N	E	A	T	E	X	A	N
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A	D	D	L	E	A	M	E	N	E	T	A	L
B	E	S	E	T	L	O	N	G	S	E	C	S

6	2	4	9	8	7	5	1	3
1	9	8	3	5	2	7	4	6
7	3	5	4	6	1	8	9	2
3	5	1	6	9	4	2	8	7
2	4	7	5	1	8	6	3	9
8	6	9	2	7	3	4	5	1
5	7	3	8	2	9	1	6	4
4	1	6	7	3	5	9	2	8
9	8	2	1	4	6	3	7	5

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HENDRICKS COUNTY  
4-H Fairgrounds and  
Conference Complex

**Hendricks**  
Regional Health

**Date: November 27, 2021**

**Time: 9 am - 4 pm**

**Location: Hendricks County 4-H Fairgrounds,  
1900 E. Main Street, Danville**

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Let's Bank Together!

LENDER



# Rose Myers

## Sixth-degree blackbelt and head instructor at Pilsung ATA Martial Arts

Compiled by Jacob Musselman

Rose Myers is a sixth-degree blackbelt and head instructor at Pilsung ATA Martial Arts in Greenwood. Hundreds of students have come through her program from preschool age through adults. As a teacher of Taekwondo, Myers teaches her students how to have a positive self-esteem, knowledge of self defense and have a heightened mental and physical well-being. Myers offers classes at her studio and continues to be a part of so many people's lives.

### What do you consider your greatest virtue?

Christ charged us to love one another. It's why I quit my engineering job to become a Taekwondo Instructor: too much pain in the world. It's what drives me to work every day and to reach out as much as possible. Most people need more love.

### What are your fears, phobias?

I fear failure. I hate failing others and not having the time or ability to reach those who really need help.

### If money were no issue, how would you spend it?

I would use it to support myself and family while using my knowledge and skills in a way that helps those who can't afford but truly need them.

### What is your greatest regret?

A mentor gave me awesome advice for difficult decisions: choose what would cause the greatest regret. So I have few regrets in my adult life. (Thank you Amy Billingsly!) I do regret discarding a degree and career helping others because it paid less, but God still puts us in our purpose if we're willing to listen and follow.

### If you could begin life over, what would you change?

I'm pretty happy with MY life and would be afraid to change things for fear it would change where I am now. If I could change things out of my control, I would prevent the majority of my family from contracting and dying of cancer when I was too young.

### What makes you happiest?

Living my God-given purpose. It is truly a humbling experience and gift to hear how much our program positively changes the lives of our current and "veteran" students.

### What has been the happiest time of your life?

I'm blessed to have the norms: marrying my husband 22 years ago; giving birth to a child I medically "couldn't have." Currently, reaching a 20-year career milestone earning the rank and title of Master. But few things mean as much without amazing people to celebrate these accomplishments.

### What or who is the greatest love of your life?

The answer should be God, or my husband,

or even my miracle baby. But if someone were to watch my everyday life, they would probably say taekwondo. Watching my students attain something they never thought they were able to give me joy beyond words.

### What tenet do you live by?

"Be the change you wish to see in the world." ~ Mahatma Ghandi. God has a purpose for all of us to make the world better in a way that only we uniquely can. I love watching our students learn the power they have to

positively change things and the joy it brings them. I aspire to put better leaders into the world for a brighter future.

### What is your greatest extravagance?

Me-time. It feels so selfish because there are so many other people and things wanting my attention.

### What do you do to escape from reality?

Well, I get to do what most people consider an escape daily - yell, hit things, and break things. The precious time with my friends revives my soul.

### What do you most value in your friends?

Amazing friends make life worth living by celebrating the highs and lessening the lows. Mine support, encourage, and ground me, with occasional friendly fights (sparring matches).

### What do you do with idle time?

Idle time? As a small business owner I have very little. Time with friends and family top my list, as does time with my malamutes. If I can escape, I love the peace nature provides when hiking through the woods.

### What is it that makes you angry?

Treat others the way you want to be treated. We are all human beings and should treat others as such. I CHOOSE my job because it breaks my heart to see how awful people are treated.

### Which living person in Johnson County do you most admire?

I have a couple students who are challenged by everyday things. Yet they come into my class, work harder than most people would ever realize, and NEVER complain. On my rough days when I don't want to do something hard or I want to complain, I think about them. They inspire me daily.





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