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ICON of the Month
Linda Barnes PAGE 22

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community
PAGES 12-13

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BRINGING FIBER INTERNET TO YOUR NEIGHBORHOOD

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The streak continues

PAGE 11

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Tom Allen, head coach at Indiana University, watches as the Trojans take on the Lawrence North Wildcats. Allen attended the game to continue previous recruitment efforts, especially for senior defensive linebacker Caden Curry, who has an offer from the Hoosiers. In addition to IU, Curry also has offers from Alabama, Oregon, Clemson and Ohio State. In January, he will also play in the All-American Bowl, a game of the best 100 players in the country. (Photo by Jacob Musselman)

Contact the Managing Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Jacob Musselman at (260) 271-9728 or email him at jacob@icontimes.com. And remember, our news deadlines are several days prior to print.



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Change Management

In this session, leaders will learn what makes change visions so powerful, how to convince employees to overcome insecurities about change, and how to make change stick over time.

CHRISTOPHER FLEMING



Chris is a professor of leadership, business and statistics at Franklin College and a facilitator for Leadership Johnson County's Signature Program. His research centers on crisis and disaster management, humanitarian relief leadership and operations, and compassion fatigue. A former electrical engineer in telecommunications, Chris is also a small group leader at his church and an amateur home vintner. He lives in Johnson County with his wife and four daughters.

SESSION 1

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(Cover) JCFiber Technician Andy Meyer splices fiber optic cable into an existing fiber optic case to take JCFiber internet service to a home in a Bargersville-area subdivision. | (Above, left) JCFiber is one year into a 5-year expansion that will bring high-speed fiber-optic internet access to 5,000 underserved homes in JCREMC's electric service territory. | (Above, right) JCFiber Technician Justin Alexander completes the outdoor portion of a residential fiber installation. (Photos provided by JC REMC)

Bringing fiber internet to your neighborhood

JCREMC expands fiber internet network

By Grady Michael Gaynor

In the 1930s, electricity made its way gradually across our great nation. However, this progress was impeded by the fact many investor-owned utilities believed serving rural areas to be an unprofitable use of time and resources. It was foresight from the leaders of agricultural communities in rural America who knew that electricity was vital to the progress of our country.

With federal funding available through the newly created Rural Electrification Administration (REA), cooperatives began springing up across America. An REMC (Rural Electric Membership Cooperative) is a power option where those receiving service are a member-owner of a not-for-profit electric utility. The rates and charges of all Indiana REMCs are regulated at the local level rather than at the state level. Founded in 1935, the Johnson County Rural Electric Membership Cooperative began operations with 1,129 members. Today, the JC REMC serves over 21,000 members with over 1,650 miles of distribution line.

However, the JC REMC has not stopped looking for ways to service its rural community. In 2012, JC Fiber was launched as a

subsidiary to JC REMC with the installation of 180 miles of fiber optic cable. Fiber-optic internet, commonly called fiber internet, or simply "fiber," is a broadband connection that can reach speeds of up to 940 Megabits per second, with low lag time. The technology uses fiber-optic cable, which can send data as fast as about 70% the speed of light. JC Fiber has recently announced that it is moving towards its third stage of expanding its broadband internet infrastructure.

John Sturm, president and CEO of JC REMC said, "It's the best available technology. It's fast, it's local, it's reliable, and you are going to get the same outstanding service you get with our electricity." Sturm continued, "It really enables people to educate at home, work at home, entertain at home, and do all the things people would like to do with reliable internet while balancing a rural life. Especially as education, and even healthcare, becomes more virtual. Reliable and fast internet has become more and more a necessity."



Stainbrook



Sturm

Nick Stainbrook, director of fiber operations furthered Sturm's point.

"Back in 1935 when JC REMC was starting there was this great need for rural electricity. Over the course of time we have built up a great reputation by providing just that. Our company saw our members' needs now more than ever with the pandemic. Fast internet is lacking in these Johnson County rural areas, and our members need this service. We are proud to be taking the next step on expansion."

The newest areas of expansion are located just south of State Road 44 north up to County Road 300 N in Bargersville. The expansion zone stretches east to west from roughly N 400 W to the Johnson-Morgan county line. Also included is a section between State Road 37 and State Road 144 on the Johnson/Morgan county line.

Stainbrook feels confident in the direction the fiber internet plan has taken, "We were hearing so many cries for help from our members asking when they would

be able to receive our fiber internet. People were telling us that they can not get anything done efficiently from home until our fiber gets out here. This really is a community service project."

The JCREMC Board of Directors took action in December 2020 to expand JCFiber's network to reach 5,000 additional members over four years. Currently, approximately 950 residents and 150 businesses receive JC Fiber. This expansion plan will cover approximately 940 residents and businesses.

Sturm concluded, "It's time to bridge the digital divide separating rural and urban America, and JC Fiber is focused on bringing the absolute best technology available to our members in underserved areas. If we don't provide that high speed connection, nobody else will."

Sign up will begin in early 2022, and eligible residents and businesses in all newly served areas will be notified when service becomes available. Additional expansion zones will be announced in 2022. Learn more about JCFiber at jcfiber.com.

ICONic briefs

Roncalli announces National Merit Commended

Merit - Roncalli High School announced this week that five members of the Class of 2022 have been named National Merit Commended Students by The College Board. Being a National Merit student is the second highest national academic honor a high school student can receive. The student status means that from the over 1.5 million seniors who took the PSAT last year, these students scored in the top 3% of the country. Aidan Curtis, Jean-Luc Euzen, Ronan Euzen, Tomas Sherman and Carlie Young join the earlier announced National Merit Semi-Finalists, Adelle Burkhardt, Jack Rittenhouse and Amanda Wolf, to make eight members of this Roncalli Class of 2022 that have



The National Merit Commended students. (Photo provided by Roncalli High School)

been recognized in what is the most prestigious, competitive academic honors program in the country.

JCREMC Community Fund Operation Round-Up®

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PET LOVERS CONTEST

Congratulations to the winners of this year's Pet Lovers Contest!

We love our furry friends. This issue we celebrate our pets. The winners of this contest were chosen by our editor, Jacob Musselman, who was very happy to receive all the pet photos in his inbox.



Ivy | Alexis Gray, Center Grove



Luke | Terry and Doug Lain, Center Grove



Thunder | Tanya Hawkins, Edinburgh

Top 5 Halloween costumes

(For your pets)

By Jacob Musselman

Everybody loves pets in costumes. Sometimes, pet owners can spend more time and money on an outfit for their pet than they do themselves. Not only will you be the talk of all your friends but you'll have a great Instagram post with your pet. Make sure to always measure your pet prior to buying them a costume so you don't have any sizing problems. **If your animal seems distressed after donning their costume, take it off immediately. Make sure they can breathe easily, walk, and go to the bathroom so they are comfortable.**

Here are the top Halloween costumes for your pets according to goodhousekeeping.com:

Spider pup

No one will run away from your pup if they're wearing this costume. Warning: You may lose count of how many legs your pet has in this costume.

Delivery man

Whether your animal hates or loves when you get packages, dress them up in the thing they love or hate the most. If only all deliveries could be as cute as this.

Cowboy

Yee haw partner! Grab your cowboy boots and bandana and take on the wild west in search for candy. Dressing up like a cowboy is an easy double costume idea that you can take part in too. You can be the Bonnie and Clyde of your neighborhood.

Lion

For bigger dogs, this is a great way to add something quick but just as deceiving. Make your dog or cat roar with a lion's head. Don't be too scared though, their fluffy ears and eyes make them not as scary as the real thing.

Keeping your furry friends safe on Halloween

By Jacob Musselman

Halloween is just around the corner and you know what that means? Candy, costumes, frights and more candy! Halloween can be a fun time of the year and it is important to keep the safety of your pets in mind, just like your children. Keeping your pets away from your candy haul is important because chocolate can be harmful to your pets. According to the American Humane Society, another unknown substance called Xylitol, a low calorie sweetener found in gum can be dangerous for animals.

Here are a few tips to keep your pets safe this halloween:

Secure your candy

Putting your candy on top of your refrigerator is a quick and easy way to keep your pets out of your haul. Instead of leaving it in your candy basket or pillow case, put your haul in a cookie jar or other container not as easily accessible in case your pets do get ahold of it.

Feed your animals before guests arrive

If you're throwing a spooky get-together, feed your pets before guests arrive so they are not as tempted to beg for food. Let your guests know not to feed your pets as well.

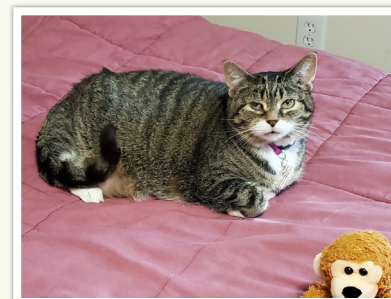
Give them a quiet space

Similar to July 4th, pets can become overwhelmed with the ringing of the doorbell and little ghouls and goblins yelling trick or treat. Make a quiet room in your house a space for your pets for the evening. Move their food and water into the room and toss in a couple of their favorite toys to keep them entertained. If you want to keep your pet out during that time, keep them on a leash so that don't

Halloween is supposed to be a fun time of the year, it kicks off the rest of the holiday season, don't let it ruin your holidays, keep your pets safe.



Ali | Tanya Hawkins, Edinburgh



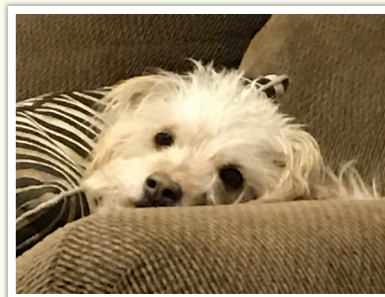
Erica | Chris Duvick, Greenwood



Cali and her kids Butterscotch, Ginger and Salem | Center Grove, Alexis Gray



Dutch | Connie Stephens, Center Grove



Gypsy Rose | Ang Parks, Center Grove



HUCK | Tanya Hawkins, Edinburgh

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Our community. Our stories.

Every month, we aim to share the best of the **Center Grove community** sharing the stories of people who make a difference every day.

What **stories** in the community deserve to be told?

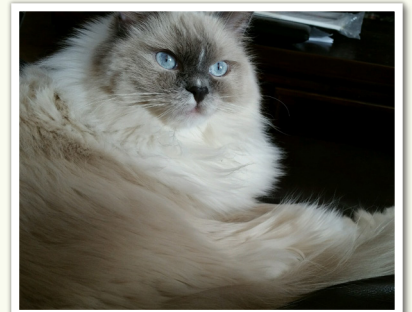
What community Icons deserve **recognition** for what they do for Southside residents and organizations?

Forward your suggestions to **Jacob Musselman** at **jacob@icontimes.com**

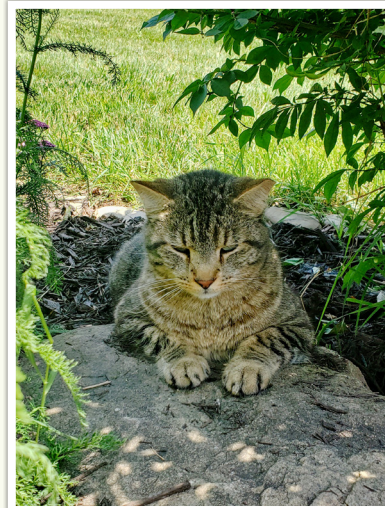
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Gretchen and Ginger | Londa Montgomery, Center Grove



Jazzie | Tanya Hawkins, Edinburgh



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Breast Cancer Awareness



Hands show the pink bracelet in support of the Franciscan Health Cancer Center. (Photo provided by Franciscan Health)

Bubba's 33 Bracelet Sales Benefit Franciscan Health Cancer Patients, Families

FEATURE

By Jacob Musselman

When customers dine at Bubba's 33 restaurant this fall, they are also feeding a program designed to help families undergoing the rigors of cancer care.

In October, patrons of the city's south side eatery are being encouraged to purchase pink bracelets at \$1 each imprinted with "Roadies against breast cancer #B33." In turn, the proceeds will be shared with Franciscan Health Cancer Center's Patient Assistance Fund and converted into restaurant gift cards and distributed among patients and their families.

The Cancer Center determines the denomination of each card and distributes them accordingly to families.

"Bubba's 33 is passionate about the community we live in and giving back to our community. We absolutely love getting to know key members of our community and the connections we can form," said Mikayla Patrick, market-

ing representative for Bubba's 33 in a press release. "Everyone needs to do their part in giving a helping hand and we are so glad we get the opportunity to partner with Franciscan each year."

Patrick said in the press release a \$5 donation nets patrons a free appetizer for their next visit to their Indianapolis restaurant, located at 7799 South, US-31. Additionally, guests who give a \$10 donation will receive a coupon for a free pizza at their next visit.

Bubba's 33 has set a goal to raise \$4,500 for this year's campaign.

"We are consistently moved by the generosity of Bubba's 33 toward our patients and staff. Their crew always stands ready to help whenever and wherever needed," said Joan Himebrook, community outreach coordinator for Franciscan Health Cancer Center in a press release. "While this is the fourth year for this October fundraiser for our Cancer Center, their generosity has had a far reach in helping feed staff many times during the COVID crisis. They've adopted us, and we're honored to be on the receiving end of their generosity."



Stock photo.

Where to get a mammogram on the Southside

FEATURE

By Jacob Musselman

October is Breast Cancer Awareness Month. According to the National Breast Cancer Foundation, one in eight women in the United States will develop breast cancer in their lifetime. One thing women can do is get a regular mammogram. They are the best test doctors have to find breast cancer early, sometimes up to three years before it can be felt according

to the Center for Disease Control. According to breastcancer.org, finding breast cancer early reduces the risk of dying from the disease by 25-30% or more. Women should begin having regular mammograms by the age of 40, or earlier if they are at a higher risk of contracting the disease. The average price of a 2D mammogram in Indiana ranges from \$180-\$280 depending on where you go.

There are many places on the Southside to get a mammogram and all can be scheduled online or over the phone.

Ascension St. Vincent-Greenwood Imaging

Location: 1300 Innovation Pkwy, Greenwood, IN, 46143

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Community Imaging Center South

Location: 333 E. County Line Rd. Suite A, Greenwood, IN, 46143

Phone: (317) 497-2843

Franciscan Stones Crossing

Location: 1703 W. Stones Crossing Suite 350, Greenwood, IN, 46143

Phone: (317) 528-5129

Stones Crossing Health Pavilion

Location: 3000 S. State Rd., Greenwood, IN 46143

Phone: (317) 355-4680

Franciscan Health Breast Center

Location: 8111 S. Emerson Ave.

Phone: Indianapolis, IN 46237

Bob Rohman's **INDY** Athlete of the Month **HONDA** Mitchell Evans

By Mark Ambrogio

In his second year as free safety, Center Grove High School senior Mitchell Evans has made consistent strides.

"I've gotten more physical and I've just gotten smarter overall," Evans said.

The Trojans were 14-0 in 2020, winning the Class 6A state football championship. Heading into the Oct. 15 regular season finale with Class 5A No. 1 Cathedral, the Class 6A No. 1 Trojans were 8-0.

"We're all really motivated to get an undefeated season," Evans said. "We've battled some injuries to key players but we're so deep, we're still really good."

The Trojans have remained focused and avoided letdowns while battling injuries and the COVID-19 pandemic the past two seasons.

"We all have the same goals and we work hard," Evans said. "We have really good

coaches."

In the first eight games, Evans had 25 tackles, including 12 solos, one fumble caused and a fumble recovery. He has 11 punt returns for a 21.5 average.

Evans and his fellow seniors were key contributors as juniors last season.

"Most of us have been playing together since second grade," he said. "We've been thinking about playing football together since the Bantam League. I played running back from second grade through sophomore year. I switched to safety last year. It was different going from running back to safety, but I think I got the hang of it pretty fast. I think it's a good thing I switched to safety. I do miss playing running back a little but."

Evans rushed for 273 yards in six games as a sophomore. He suffered a knee injury in the sixth game and missed the rest of the season.

Last season, Evans compiled 43 tackles with 27 solos. He also returned 13 punts for

an 18.2 average.

In addition to football, Evans is a stand-out center fielder for the Trojans baseball team.

"I think I like both of the sports about the same," he said.

Center Grove's baseball team, which finished 29-5, reached the regional championship last spring before losing to Jasper.

"We should be really, really good this season," said Evans, who hit .419 with seven homers and 36 runs batted in.

Evans has concentrated on football and baseball in high school, giving up playing basketball in the seventh grade.

Evans' present plan is to attempt to walk on the Indiana University football field.

"Unless another opportunity in football or baseball comes up," Evans said.

Evans, who carries a 3.95 grade average, said he'll likely major in business.

THE EVANS FILE

AGE: 18.

SPORT: Football

POSITION: Free safety

HEIGHT: 5-foot-11.

HOBBIES: Hanging out with friends, playing video games, snowboarding, and pretty much anything that involves sports.

COLLEGE PLANS: Might attend Indiana University to either play

baseball or football as a walk-on.

FAVORITE ATHLETES: Peyton Manning and Tiger Woods.

FAVORITE SUBJECT: Math.

FAVORITE TV SHOW: "Ozark," "Manifest," and "Drake & Josh."

FAVORITE MOVIES: "Fast and Furious" series.

PARENTS: Jim and Julie Evans



Mitchell Evans poses for a portrait. (Photo provided by Mitchell Evans)

ICONic briefs

Red Cross seeks blood donors due to shortage

Blood - The American Red Cross continues to experience an emergency blood shortage that has caused the blood supply to drop to the lowest post-summer level in at least six years. The Red Cross said in a press release fall is typically a time when the blood supply rebounds from summer blood shortages, but a surge in COVID-19 cases across the U.S. due to the delta variant has contributed to the lowest donor turnout of the year. To shore up inventory, the Red Cross must collect 10,000 additional blood products each week this month to meet hospital and patient needs. Donors are asked to make an appointment. All those who come to donate in October will receive a link by email to claim a free Zaxby's® Signature Sandwich reward or get a \$5 e-gift card to a merchant of their choice.* Plus, all those who come to give Oct. 11-31 will receive a bonus \$5 e-gift card to a merchant of their choice.** The Red Cross also stated in the release that blood donations can help those with breast cancer going through treatment. During Breast Cancer Awareness Month in October, the Red Cross is reminding donors of the importance of blood to those undergoing treatment. According to the National Cancer Institute, roughly 1.9 million people are expected to be diagnosed with cancer in the U.S. this year, and more than 281,000 of those individuals will have breast cancer. Patients with breast cancer and other cancers may need blood products on a regular basis during chemotherapy, surgery or treatment for complications. In fact, nearly 25% of the blood supply is used by cancer patients. In Johnson County, on Oct. 21 from 1-6 p.m. at the Community Church of Greenwood at 1477 W. Main St. there will be a blood drive. Also, on Oct. 26 from 9:30 a.m.-2:30 p.m. at the Johnson County White River Branch, 1664 Library Blvd.



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ICONography



22-0: The streak continues

By Jacob Musselman

The Center Grove Trojans continued their winning streak last week against Lawrence North. Last Friday, the Trojans battled the Lawrence North Wildcats. The Trojans came out early in the matchup, scoring two touchdowns quickly. Center Grove would go on to beat the Wildcats, 43-19. On Sunday, the IHSAA released the Sectional pairings. After the Trojans final regular season game against Cathedral Friday, the Trojans will travel to Columbus to take on Columbus North.



1. The Center Grove Trojans get ready to run on to the field before a game against Lawrence North. 2. Senior defensive lineman Caden Curry signals to the Trojan's endzone after a fourth-down stop by the defense. 3. The Trojan's student section dances to "Party in the USA" by Miley Cyrus. 4. Junior running back Drew Wheat gets tackled by a Wildcat defender. (Photos by Jacob Musselman)

Our ICONic community

We love Our Center Grove communities.

If you have something
you believe we should know
about, please send to
jessica@icontimes.com.

Halloween times in Johnson County

By Jacob Musselman

With Halloween around the corner, the Johnson County Sheriff's Office released the trick-or-treating times for the neighborhoods around the county.

Sunday, Oct. 31

Johnson County: 6 - 8:30 p.m.

Bargersville: 6 - 8:30 p.m.

Edinburgh:

Franklin: 6 - 8:30 p.m.

Greenwood: 6 - 8:30 p.m.

New Whiteland: 6 - 8:30 p.m.

Whiteland: 6 - 8:30 p.m.

The office also released a few tips to stay safe and have fun on Halloween.

- Cross the street at corners, not in between cars.
- Choose a bright costume so you can be seen easily.
- Never go into a strangers home.
- Avoid long costumes that can cause tripping.
- Carry a flashlight or other light source.
- Be aware that masks can obstruct your vision.
- Check all your candy and make sure none of it is unwrapped or looks re-sealed.
- Keep your candy away from pets.
- Stay away from homes on the offender registry: johnsoncountysheriff.com



Stock photo.

Greenwood community band to host Halloween concert

Haunted jams - Sunday evening before Halloween, Oct. 24, 2020 at 6 p.m., the stage in the Greenwood High School Auditorium will rise from the dead with music, dancing, and special effects in a concert performance by the Greater Greenwood Community Band. Under the direction of Randy Greenwell, the 80 plus piece group will be playing a spellbinding collection of Halloween music

to deliver your seasonal haunt. Experience the fun and spooky ambiance of lights, fog, and special guests on a decorated stage for musicians and dancers in full costume. Costumes are encouraged but masks are required

Admission is FREE.

Center Grove softball camps open for registration

Softball - Has your young one wanted to learn how to play softball? For one weekend a month till December, the Trojans are hosting a softball camp with members and coaches from the high school team.

Dates and times:

Oct. 23

Nov. 13

Dec. 11

All classes will go from 9-11 a.m.

The cost is \$40 for a walk-in session or \$100 for all three sessions.

New doctor joins Center Grove Family Medicine

Physician - Blake Averill, MD, CAQSM, has established a practice with Franciscan Physician Network. He will practice half time at Center Grove Family Medicine and half time with Sports Medicine Specialists. The Center Grove Family Medicine team of physicians and advanced practice providers offers a full range of medical services to residents of Johnson County. Their offices are located at 1703 W. Stones Crossing Road, Suite 200, Greenwood. Sports Medicine Specialists offers a range of primary care sports medicine treatments, such as joint injections and care for common conditions such as tennis elbow and arthritis. The Sports Medicine practice is also in the Stones Crossing location but in Suite 210. Dr. Averill completed a residency in family medicine at Franciscan Health in Indianapolis and after that trained in a sports medicine fellowship at Ohio State University. Board-certified in family medicine, he received an undergraduate degree in biology from St. Louis University in St. Louis, Missouri. He earned his medical degree from the University of Louisville



Averill. (Photo Provided by Franciscan Health Network)

School of Medicine in Louisville, Kentucky.

To schedule a family medicine appointment with Dr. Averill, call (317) 859-3737. To schedule a sports medicine appointment with him, call (317) 781-1133



ROMAN
NUMERALS

XXII

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Signs and Solutions for Memory Loss

By The Staff of Aspen Trace

As we get older, our minds grow occupied with worries and reminders of daily responsibilities. We leave our coffee on the counter, forget our keys, fail to feed the dog, etc. These are natural occurrences in life, but they can also be warning signs of a more severe condition like dementia.

- Losing keys
- Forgetting to pay bills
- Forgetting a familiar route
- Struggling to follow the steps in daily tasks
- Not knowing where you are
- Forgetting loved ones' names

Jennifer Zietlow, a speech-language pathologist for CarDon & Associates' dementia program, points to the Global Deterioration Scale as the best tool for determining someone's stage of dementia. This seven-point scale indicates the level of memory loss based on increasingly severe warning signs.

"Outsiders probably wouldn't recognize a person in stage one as someone with dementia," Zietlow said. "Stage two is slightly more progressive. Stage three is a mild cognitive impairment. Stages four through seven are moderate to severe and profound levels of memory loss."

Those in later stages likely require 24-hour

skilled nursing. Family care at home can also help a loved one adjust.

The first step is speaking candidly with your loved one.

Taking them to a neurologist is another important early step, as prescription therapies are available to prevent the progression of dementia.

Seeking home healthcare providers to assist with daily living activities can also be helpful before making the transition to a senior living community.

CarDon's Greenwood community, Aspen Trace, has a great memory care program for people in the mid-to-late stages of dementia. Secured for the safety of the residents, it provides physical, occupational and speech therapy as well as activities tailored to each resident's abilities.

CarDon's Heart of Caring program provides intensive dementia training for all of CarDon's business associates, whether they're therapists, certified nursing assistants, housekeepers or dietary staff members. Everyone at Aspen Trace is highly educated in interacting compassionately with memory care residents.

"Dementia is a progressive disease, but there are ways to easily detect it early on and keep it at bay," Zietlow said. "Family support is key along with great communities like CarDon's."



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Struggling to get back to normal after covid

By Linda P. Barnes,OTR
President Therapy On Wheels, Inc.



Many elderly adults are now experiencing difficulty with physical decline, cognitive dysfunction, fatigue, weakness, confusion, stress and anxiety. They are afraid to get back into the swing of everyday activities.

Younger adults may have the same struggles, but generally not to the same degree as older adults. Older adults are many times more isolated, less mobile, and may experience more severe symptoms and limitations.

Elderly adults can gain incredible benefits from home based therapy. Many times what's needed most for successful recovery is hands-on human contact and proper therapeutic techniques to regain their pre COVID functional independence.

Evaluation from a licensed Occupational or Physical Therapist includes an assessment of their cognitive abilities, as well as their physical abilities in the areas of mobility, balance, safety, functional independence in their own home.

Occupational and Physical Therapy can be an integral component to getting back to Pre COVID normalcy. Therapists are experienced with assistive devices and simple home modifications that can help individuals enhance their quality of life and get back to meaningful activities they enjoy. Therapy is also an integral component of being able to stay in their own home longer versus moving to an assistive living facility or nursing facility.

Therapists will educate and consult with the individual and their support team to ensure everyone is aware of their important role in relation to the designated care program.

All you need is to find the best therapist to care for you or your loved one. Therapy On Wheels, Inc. has the most dedicated, caring, and professional therapists in the Midwest.

Providing "Outpatient Therapy" in your own home environment is not only proven to provide better therapeutic outcomes, but also is very convenient and flexible for you or your loved one.

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NIGHT & day LOCAL Entertainment ENTERTAINING

EVENTScalendar



Drive-Thru Flu Shot Clinic • In association with Franciscan Health, get a flu-shot at JCPL in October. No appointment needed. Most insurance accepted. \$15 without insurance. | When: Oct. 20, 3 - 6 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Craft Along Sweater Pumpkin • Teens and adults, pick up a kit the week before the program and then Zoom in to upcycle a stylish fall. | When: Oct. 20, 7 - 8 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Monster Mash • Join the City of Greenwood for their spooktacular celebration with trick or treating, bounce houses, live music, food and more. More information will be announced later. | When: Oct. 22, from 6-8:30 p.m.. | Where: To be decided. | Info: Greenwood.in.gov

Fall Open House • Studio You Yoga will offer free yoga all day, membership specials and local vendors to check out. The first 20 guests receive door prizes. Enter to win free gifts. | When: Oct. 23, 9 a.m. - 4 p.m. | Where: Studio You Yoga & Pilates, 862 S. State Road 135, Greenwood. | Info: studioyouyoga.com

Center Grove Softball Camps • \$100 for all three sessions, \$40 for walk-up, limit 40 kids. | When: Oct. 23, Nov. 13 and Dec. 11, 9 - 11 a.m. | Where: Center Grove High School gymnasium. | Info: centergrovelassieleague.org

Read & Bleed • Give the gift of life and roll up your sleeves while you read during this American Red Cross Blood Drive. | When: Oct. 26, 9:30 a.m. - 2:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Feast Mode Painting Class • This class is instructor led, but also allows you to go at your own pace. To-go kits with instructions are available. Class reservation includes pottery, paints, supplies, and a helping hand. Cost: \$30. | When: Oct. 28, 6 - 8 p.m. | Where: UPaint Pottery Studio, 3113 W. Smith Valley Road, Suite D, Greenwood. | Info: upaintpotterystudio.com

Purse Bingo • Join us for an evening of food and fun while raising money to support Center Grove students and teachers! | When: Oct. 28, 5:30 p.m. | Where: Barn at Bay Horse Inn, 1468 W. Stones Crossing Road, Greenwood. | Info: centergrovefoundation.org

OM in the Dark • Grab a yoga mat, a friend and glow-in-the-dark gear and join for this class on All Hallows Eve. Cost: \$20 day of, \$15 if registered before Oct. 23. | When: Oct. 30, 1 - 2:15 p.m. | Where: Studio You Yoga & Pilates, 862 S. State Road 135, Greenwood. | Info: studioyouyoga.com

You Wanna Piece of Me? Painting Class • Bring a little humor to your Thanksgiving feast. Class is instructor led, but also allows you to go at your own pace. To-go kits with instructions are also available. Class reservation includes plate, paints, supplies, and a helping hand. Cost: \$27. | When: Nov. 3, 6 - 8 p.m. | Where: UPaint Pottery Studio, 3113 W. Smith Valley Road, Suite D, Greenwood. | Info: upaintpotterystudio.com

Kids Tech Fair • School age children can explore various STEM equipment, including robots and games, in a relaxed and open-ended environment. | When: Nov. 3, 4:30 - 5:15 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Holiday Budgeting • Financial representative, Erik Barber of Modern Woodmen Fraternal Financial, will discuss holiday budgeting and other money tips. | When: Nov. 3, 4:30 - 5:15 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Center Grove Craft Fair • The 39th annual CG Craft Show is coming back to CGHS. | When: Nov. 6, 5 a.m.-6 p.m. | Where: Center Grove High School 2717 S. Morgantown Rd. | Facebook: Center Grove Craft Fair

Teen Stress Buster • Teens, cuddle with some adoptable animals from the Humane Society of Johnson County, do a craft, play Nintendo or just study. Drop in anytime during the event. | When: Nov. 6, 12 - 3 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Handmade + Heartfelt • This festival celebrates local artists, creators and makers. | When: Nov. 21, 12 - 4 p.m. | Where: The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: mallow-run.com

NIGHT & day

LOCAL ENTERTAINMENT
ENTERTAINING

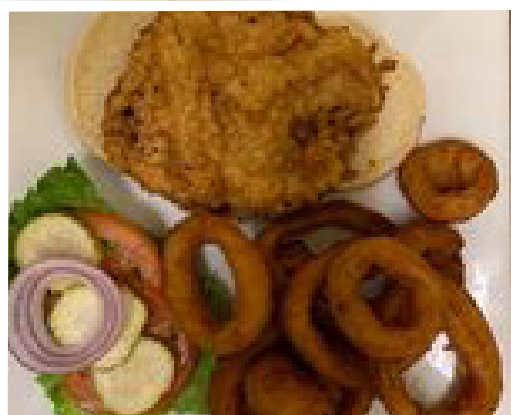
AN OPTION

Main St. Grille has something for everybody

Do you want fried pickles? What about a 1/3 lb specialty burger? Or do you want a made-to-order wood fired pizza? Can't decide? Main St. Grille has endless options for whatever taste you're feeling. In addition to various food options, Main St. also features old favorites and a rotating selection of local craft beer on draft, cans and in bottles.

Main St. is owned by Craig Spencer, of Center Grove. The restaurant features a large outdoor space as well as a family-friendly atmosphere inside.

Hours: Tuesday-Thursday and Sunday open from 11 a.m.-10 p.m.; Fridays and Saturdays



A pork tenderloin sandwich and onion rings. (Photo courtesy of Main St. Grille)

from 11-12 a.m. and closed on Mondays

LOCATION:
200 S. Emerson Ave.

SPOTLIGHT



An example of Wyatt LeGrand's work. (Photo courtesy of SALI)

New artist at the Off Broadway Gallery

Wyatt LeGrand is the new solo artist on display at the Southside Art League's Off Broadway gallery. LeGrand paints modern scenes with oil paint and most of the displayed art will be for sale. LeGrand said in a press release, "There is nothing too complicated about what I do; I only try to pay attention to what I see. My painting reflects the need to preserve desirable aesthetic experiences and communicate my human response to the subject before me. Be spontaneous, paint what interests you, paint what confuses you, paint anything you wish as long as you paint more quickly than slowly, as the moment won't last forever." LeGrand, a native of Bloomfield, currently teaches art at local schools in grades 7-12. He also graduated from Indiana University with a degree in visual arts education. His work can be seen at SALI till Oct. 29. The gallery is open Wednesday through Saturday from 11 a.m.-3 p.m.

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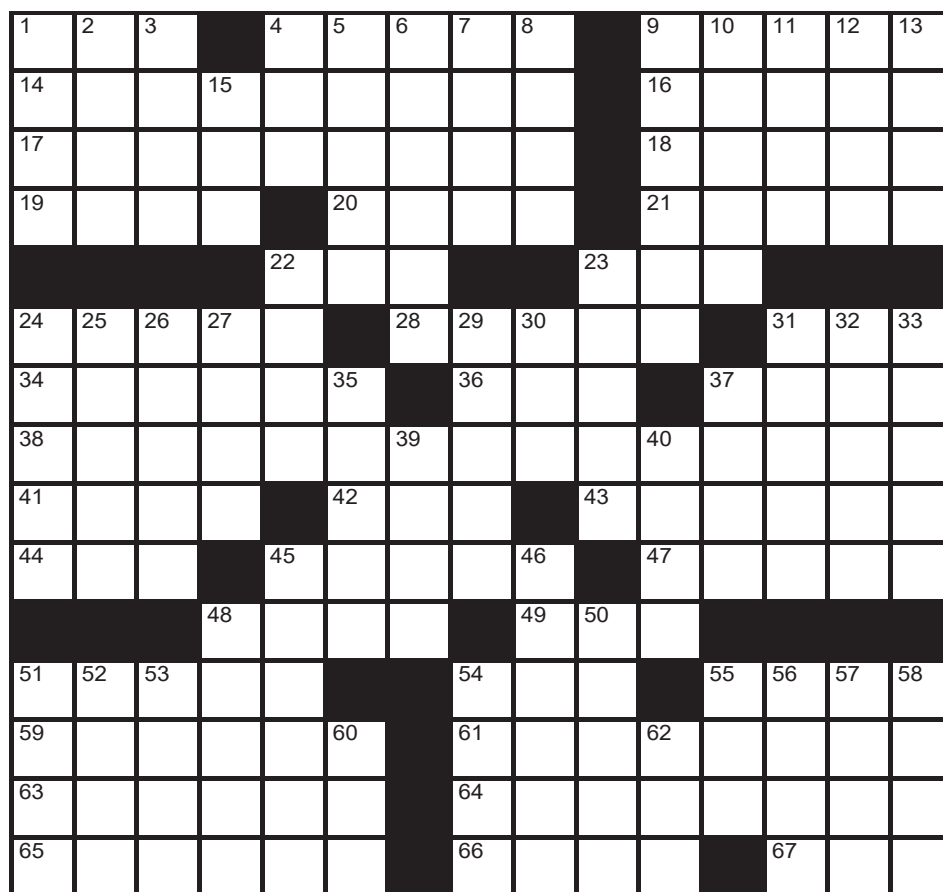


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ACROSS

1. Hoosier Hysteria mo.
4. Admit (to)
9. Tried & True soup utensil
14. CGHS football coach
16. "We ____ please"
17. Like a STOP sign
18. Every driver on I-65 but you?
19. "Batman" sound effect
20. Blockhead
21. Woodworker's tool
22. Indiana tax ID
23. Lad
24. In essence
28. Wickerwork willow
31. IND screeners
34. Boxing combo
36. Santa ____, Calif.
37. Words of denial
38. CGHS girls' basketball coach
41. Fancy jug
42. Rapscaillon
43. Tranquil
44. ISP option
45. Freak out
47. Hubbubs
48. Ice formation
49. Clean air org.
51. Old school copy machine
54. Mine find
55. Pile
59. Place to keep bees
61. Part of URL
63. Museo del Prado locale
64. CGHS boys' basketball coach
65. IU shoe sponsor
66. Hodgepodge
67. Thesaurus wd.



DOWN

1. Bit of cat chat
2. St. Louis landmark
3. Former Indiana Fever all-star Williams
4. Texter's "Yikes!"
5. Tiger on a golf course
6. "It's all wrong!"
7. Russian range
8. Trapper's trophy
9. Popeye, e.g.
10. March 14, to math nerds
11. Leave out
12. "Then again..." in a blog comment
13. Brief letter
15. Video gear, for short
22. In stitches
23. Bird bills
24. Jabbed
25. Longtime daily TV show about the rich and famous
26. Party hearty
27. Recipe instruction
29. ____ Arabia
30. Co. abbr.
31. Tinkered (with)
32. Shorthand pro
33. Buenos ____
35. Indiana Basketball Hall of Famer Robertson
37. Fiddling emperor
39. Astronaut's beverage
40. Prefix meaning "beyond"
45. Home to Bradley University
46. Breakfast fare
48. Facial hair
50. "My Cousin Vinny" star
51. Papa's mate
52. Apple tablet
53. Long skirt
54. Pasta variety
55. "What?"
56. Historical periods
57. "____ Breaky Heart"
58. Ivy League school
60. Colts stats
62. Discovery cry

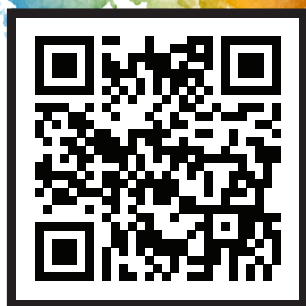
Puzzle Time

F
H O L
N A T O
P E E I R E G
S J J N E B T N E
S O U R C A W M F N N
T H R E E O S G O U O I O
T R U O F L E O I L L R S
E L B G Y U L V C H L O D
E I A C L M L L R C C A C
W S I D L B A L D R E I H
S P U E A U B A X I S R M
S U Y I B S Y B N O I N U
C T C T D E R L L E T
A O O A L E D G G
S O Y L W J E
F O O N
A V P
S

- 6 Indiana's ____ City
- 4 Numbers in CG Zipcode
- 5 CGHS Fall Sports
- 3 Tastes
- 2 October Holidays
- 1 Popular Lottery Game

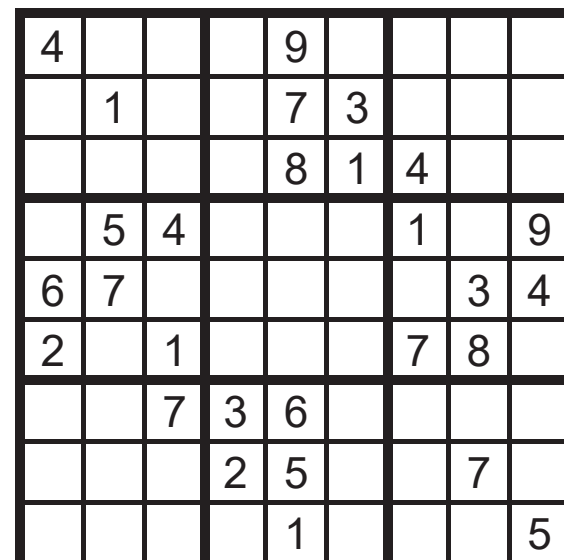
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See **Answers** on page 21.

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Greenwood, IN 46143

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(317) 978-0280

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PERSONNEL MATTERS

Creating a culture of healthy accountability

By Mike Heffner

What many leaders have asked me as of late is; how do we hold people accountable in a time when so much is changing? Most leaders are being asked to find ways to get more done in their organizations and often they are realizing they lack the help they need. Amidst the current changes and turmoil, accountability is becoming a hot topic.

In our office, we look at being accountable as being a good team player and focus on having healthy accountability. We follow the lead from Patrick Lencioni's book Ideal Team Player where he conveys that someone that is accountable to the team is humble, hungry, and smart. As a leader, I recently found myself looking at accountability as five categories:

1. **Own it** – I think at the heart of things, this is accountability. Taking responsibility for your decisions, actions and what you communicate. You set the example. Its doing what needs done even if you are not the one considered fully responsible. It's not always easy and it can take courage.

2. **Get after it** – When you see something that needs done, either do it or make sure it gets done. Don't just sit back and hope someone else fixes it. Seeing a problem but not acting doesn't help anyone. Take action. Try to find a solution so that things keep moving forward.

3. **Communicate it** – Simple communication goes a long way. It keeps things on the right path. Many problems arise because people are afraid that they are over communicating or bothering someone. This goes both ways with what needs done as well as when someone doesn't know how to do something. I believe the two most important words are – I NEED. That helps get everyone on the same page. It lets them know where you are at and gives everyone a chance to get after it.

4. **Develop it** – I have a deep passion for developing others, it's truly how we move things forward. It's also how as leaders we serve. Look for feedback on your performance and as you develop others, create a safe environment to

give feedback. We can all learn, and we all need to grow or become better in some way. Good honest communication almost always ends up helping a difficult situation.

5. **Care about it** – This comes in two forms - intentionally doing what is right and being prepared for what you know is ahead. Take pride in your work and hold yourself accountable. We must remember that we are all human, we will make mistakes, but we can also all think about the other side. We must be intentional about listening and understanding each other.

None of these things are rocket science but creating a culture of healthy accountability will lead to better results on any team.



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros.com, @IndySouthMike on Twitter or visit ExpressIndySouth.com.

PEER TO PEER

Boo, Trick-Or-Treat

By Howard Hubler

October is the month for Halloween and wearing masks to disguise who we are. As a nation, when it comes to masks, do we really know who we are? A certain percentage of our population believe if they don't wear a mask bad things are going to happen. They look at others that don't wear a mask as bad people.

My wife Janet and I just returned from a trip to Washington DC. We stayed in what is called the Wharf District where hotels are lined up and down a pedestrian street on the waterfront. The primary means of transportation are your feet. The first thing you notice if you are a Hoosier is everywhere you go everyone is wearing a mask, indoors and out. That is in stark contrast to daily life in Indiana. However the one thing I noticed is that people are particularly militant about wearing a mask. Truly, the people in restaurants and hotels are telling us to put our mask on should we forget. If you walk into a restaurant after a walk down the street and you enter without a mask on and you are a Hoosier, this is just a small mistake. You look around and within a matter of seconds you put your mask on. No big deal. Something I could not get a handle on is the fact that at this moment when your eyes are adjust-

ing to the lack of light in the bar, in your brain is telling you you might want to put on your mask, one or two employees have already approached you and asked you to put it on. I must admit it can be a little disconcerting. Some seem friendly and others seem a little "off put" by your stupidity. I did not interview anybody so I don't know what is in their brain, consideration or militancy, I simply don't know.

One thing is certain, as I went into these Washington DC businesses, I simply did not feel the presence of Hoosier hospitality. Those of us who run a business in Indiana where they require masks, we just have to be a little more delicate because Hoosiers can be a little more sensitive. If one of your employees asks someone to put on their mask, that customer must go away thinking, "Oh, they are just being courteous to me".

Boo, happy Halloween.



Howard Hubler can be reached at howard@hubler.com.

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ICONic briefs

Roncalli to host an open house and placement test

Royals - Roncalli High School will be hosting an Open House for prospective students and their families on Thursday, November 4th, from 6:00 to 8:00 p.m. at their campus, 3300 Prague Road in Indianapolis. Representatives from all academic departments will be available to present and discuss programs and courses. In addition, representatives from extracurricular programs will have information on opportunities for participation in a wide range of student activities, including athletics, fine arts, student government, recreational and social organizations and more. Get a tour of the school from a current Roncalli High School student and see what it's like to be a Royal. Two days after the open house, a High School Placement Test for incoming students will be administered for the 2022/23 school year.

- Test begins at 8:00 AM and concludes by 11:15 a.m. Please arrive 15 minutes early, and use the Fine Arts Center entrance (Door #5).
- Cost is \$10-cash or check. Students are asked to bring 2 sharpened No. 2 pencils; calculators are not allowed.
- STARS students and parents are invited to the 8th grade parent meeting on Tuesday, October 19, 2020 at 7 PM in the Roncalli Student Life Center.
- Accommodations, as designated in the student's IEP/ISP, are available only for those students who provide the appropriate documentation to Mrs. Michelle Roberts (mroberts@roncalli.org), Special Needs Director, at least 10 days prior to the HSPT.

Parents are strongly encouraged to attend an Admissions Information meeting on the morning of the High School Placement Test from 10:00 - 11:15 a.m. in the auditorium. Items covered at this meeting will include the Admissions Application, the Admissions process, the Financial Aid process and some general academic and scheduling information. Please contact Jessica Engel, School Counselor (317) 787-8277 (ext.235) or Jane Dias, Guidance Administrative Assistant (ext. 214) with questions. Contact Allie Ross at aross@roncalli.org with any questions.

"Your Heart My Sky"

BOOK REVIEW

By Amy Hamilton

"Your Heart My Sky" by Margarita Engle is

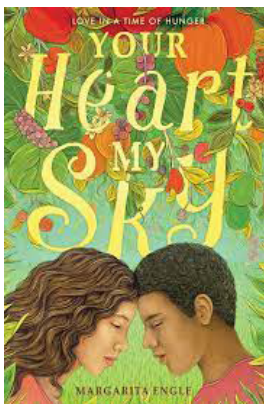
a beautiful yet bleak story written in verse. Liana and Amado two teens from Cuba in the early 1990s strive to survive "el periodo especial tiempos de paz." A time when food was scarce and tightly rationed in Cuba. To make matters worse, Cuba is hosting the Pan American Games, and all extra food is for tourists and athletes in Havana.

Liana and Amado both decided to spend their summer finding food sources instead of working in the summer work camp for teens. While not required, it could impact future jobs or education options after high school. Amado's older brother is in prison for refusing to serve in the military. As he is already under suspicion, Amado must be careful to

avoid the attention of the party leaders in their town. Liana and Amado's scavenging for food in the ocean and growing vegetables in secret are against the

law, and they must be careful not to be caught.

"Your Heart My Sky" is a moving and compelling novel. You will be rooting for Liana and Amado to do more than survive their challenging circumstances but to thrive. Recommend for fans of "The Sun is Also a Star" by Nicola Yoon, "We are not from Here" by Jenny Torres Sanchez, and "Smoke" by Ellen Hopkins.



This review is written by Amy Hamilton, the adult/teen librarian of the Johnson County Public Library - White River Branch. She enjoys reading, knitting and taking long walks in the woods. Contact Amy at ahamilton@jcpln.org.

ADDITIONAL RECOMMENDATIONS:

Adults:

"Apples Never Fall" by Liane Moriarty

"A Line to Kill" by Anthony Horowitz

"Crossroads" by Jonathan Franzen

"The Family" by Naomi Krupitsky

Young Adult:

"Once Upon a Broken Heart" by Stephanie Garber

"Steelstriker" by Marie Lu

"The Last Graduate" by Naomi Novik

"The Mirror: Shattered Midnight" by Dhonielle Clayton

Children:

"Change Sings: A Children's Anthem" by Amanda Gorman

"The Welcome Chair" by Rosemary Wells

"Ivy Lost and Found" by Cynthia Lord

"Room to Dream" by Kelly Yang

Don't read too much into it

GRAMMAR GUY

By Curtis Honeycutt

I wouldn't say I have a book problem. It's more like I have a time problem. You see, the pile of books on my bedside table keeps growing. The stack features stories and accounts I'm looking forward to reading, but I just can't find the time. But this isn't the entire story.

You see, I own this handheld digital rectangle called an Amazon Kindle. This rectangle holds hundreds of books on a simple black-and-white screen. While reading it, I can press my finger on a word I don't understand and the rectangle will define the word for me. It's fantastic.

Again, I see this less as a "book" problem and more of a "time" problem. Too many books, not enough time. There's a term for people like me: bibliobibuli. Coined by author H.L. Mencken in 1956, bibliobibuli means "the type of people

who read too much."

In "Minority Report," a compilation of Mencken's notebooks published after he had a stroke, the author writes, "There are people who read too much: bibliobibuli. I know some who are constantly drunk on books, as other men are drunk on whiskey or religion. They wander through this most diverting and stimulating of worlds in a haze, seeing nothing and hearing nothing."

While I'm also fond of whiskey and religion, but books have a special place for me. As a bibliophile (a person who either collects or has a great love for books), I go back and forth in a struggle between physical and digital books. I love how physical books have a place on the shelf. The pulpy paper of their pages reveals intentionally laid out letters forming shapely paragraphs.

On the other hand, digital books have a backlit screen, which allows me to read without the aid of my bedside

lamp. As I'm fond of reading late into the night, I find it more conscientious to have my lamp off so my wife can fall asleep more easily. And then there's always a question of ownership: do I actually own a digital book? I'm not sure.

So now you understand my dilemma. In many ways, I find it more convenient to read digital books on my Kindle. At the same time, I love a physical book. Give me a good dust jacket on a first edition and you'll find one happy word nerd. I hope I never find a cure for my need to read.



Curtis Honeycutt is a syndicated humor columnist and treasurer of the National Society of Newspaper Columnists. He is the author of Good Grammar is the Life of the Party: Tips for a Wildly Successful Life. Find more at curtishoneycutt.com.

The Power of Encouragement

DEVOTIONAL

By Pastor
Chris Philbeck

Recently I was sitting in my office when there was a knock on my door. I said, "Come in," and a woman who I've known for many years walked in. I hadn't seen her up close in a while (I see her from a distance in church), so I said, "Hey, what a surprise, how are you?" We talked for a few minutes about a variety of things. It was a pleasant and welcomed surprise in a day dominated by a long "to do" list. Finally, she said, "I have something for you." She stepped outside my office and returned with a decorative box saying, "This is a box of notes and prayers written by our Women's Ministry Leadership Team." It also contained a large bag of Peanut M&M's. She said they had been praying for me and some of the specific leadership challenges I've been facing. She also said, "We're going to continue to pray, and add notes to the box." After she left, I opened the box and discovered that the decoration on the outside didn't compare to the treasure on the inside. I read one moving encouragement and prayer after another and was reminded that what Solomon wrote in Proverbs 25:11 is true. A word aptly spoken (sometimes written) is like apples of gold in settings of silver. Think about what Solomon is saying. He's describing something that is both

beautiful and valuable – like apples of gold in settings of silver. That's a good description of words of encouragement. They are both beautiful and valuable. In his book, *The Power of Encouragement*, David Jeremiah describes the power of written words of encouragement with several specific phrases. One of my favorites is, "Written encouragement is durable." In other words, written encouragement keeps on encouraging long after it's written. Because that's true, I now have a special place in my office for that decorative box that is both beautiful and valuable. And I have already read the notes and prayers more than once. Do you know someone who needs a word of encouragement? We all know people who are going through difficult times. Why not take the time right now to write them a word of encouragement that has the power to bless them, not only today, but in the days to come? And while you're at it, throw in a big bag of M&M's. My favorite is peanut.



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at inquiry@mpccministry.com or call (317) 881-6727.

Puzzle Time Answers – ON PAGE 18 Answers to HOOSIER HODGEPODGE:

City: COLUMBIA, GAS, HARTFORD, MICHIGAN, TELL, UNION
Sports: FOOTBALL, GOLF, SOCCER, TENNIS, VOLLEYBALL
Numbers: FOUR, ONE, SIX, THREE Tastes: SALTY, SOUR, SWEET
Holidays: COLUMBUS DAY, HALLOWEEN Game: POWERBALL

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5	8	7	3	6	9	2	4	1
1	9	6	2	5	4	3	7	8
3	4	2	8	1	7	9	6	5

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Linda Barnes

Business owner, world traveler and breast cancer survivor

Compiled by Jacob Musselman

Linda Barnes has done something not many people can say they've done. She's been to all seven continents. In addition to being a world traveler, Barnes is a survivor of breast cancer. In 2011, Barnes went into the hospital with a kidney stone, and from the CAT scan they conducted, they found a spot on her breast. She said if she never went in for the kidney stone, she never would have found the spot and had been able to start treatment so soon. Barnes also owns Therapy on Wheels, a mobile occupational therapy team providing treatment to those who can't travel.

What do you consider your greatest virtue?

Having a positive attitude.

What do you most deplore in others?

When a person doesn't have any substance to them; no values.

What do you like most about living in Johnson County?

I was raised in Greenwood, no place like home.

If you had to live elsewhere than in Johnson County, where would it be?

The beach or mountains.

If you could begin life over, what would you change?

Learn more and take more risks.

If money were no issue, how would you spend it?

I would share my wealth and travel.

What makes you happiest?

Being with my family and traveling.

What is your favorite vacation spot?

Going on an African safari.

What do you do with idle time?

I curl up with a good book and sit outside to read and I must have my hot tea.

What is it that makes you angry?

When a person doesn't do what they say they are going to do.

What do you do to escape from reality?

Travel, travel, travel.

What or who is the greatest love of your life?

My spouse.

Which living person in Johnson County do you most admire?

My mother.

What is your greatest extravagance?

Traveling internationally.

What are your fears, phobias?

I'm deathly afraid of snakes.

What has been the happiest time of your life?

Anytime I'm with my friends and family, no matter what we are doing.

Which talent would you most like to possess?

Being more organized

What do you most value in your friends?

Loyalty

Which historical figure do you most identify with?

Jesus, but not that I compare myself to him, but I strive to have similar values.

What is your greatest regret?

Not taking more risks and working too much.

What tenet do you live by?

Do unto others as you would have them do unto you. The Golden Rule.



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