CENTER GROVE



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ICON of the Month Blythe Potter PAGE 18

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COMMUNITY

ICONic image



Madelyn Falk and Scott Falk of Bargersville explore the driver's seat of an ambulance at Touch-A-Truck Sept. 11, 2021, at the Department of Public Works in Greenwood. Families were allowed to climb inside, honk horns, flash sirens and explore everything from construction. emergency and city vehicles. (Photo by Nicole Davis)

LUNCH AND LEARN SERIES



Businesses, organizations, and individuals are invited to join Leadership Johnson County for our monthly Lunch and

Learn sessions throughout the programming year. These workshops will include a variety of topics and speakers in a one-hour, virtual format. Finding time for continuing professional development can be difficult during different seasons of your career. These sessions are designed to help busy leaders stay connected!

> Cost to attend these workshops is \$10 per person, or \$50 for the entire series. If you would like more information on upcoming speakers, please visit our website at www.LeadershipJohnsonCounty.org or contact Bea Northcott at bnorthcott@franklincollege.edu.

All Lunch & Learn Workshops will be held from 12 noon to 1 p.m. virtually, via Zoom.

October 18, 2021 – Change Management, Christopher Fleming

November 15, 2021 – Influence Without Authority, *Marilyn Kuhn*

December 13, 2021 – FUNdamentals of a Wellness Mindset, Julie Gahimer

January 17, 2022 – From A to Gen Z: Communicating Across Ages, Amanda Stevenson-Holmes

February 14, 2022 – Positive Accountability, *Greg Pryor*

March 14, 2022 – Dynamite Promotion on a Firecracker Budget, Deana Haworth

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Contact the Managing Editor

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Jacob Musselman at (260) 271-9728 or email him at jacob@icontimes.com. And remember, our news deadlines are several days prior to print.



Want to Advertise?

Center Grove ICON reaches a vast segment of our community.

For information about reaching our readers, call Mark Gasper at (317) 300-8782 or email him at mark@icontimes.com.





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about the rules of the controlled scrimmage Aug. 13, 2021, at Ray Skillman Stadium in Greenwood. The Trojans faced off against the Avon Orioles in a controlled scrimmage where each team took turns running eight offensive plays. (Photo by Jacob Musselman) HOW A CENTER GROVE LEGEND HAS BECOME

"When he showed up, he

knew how to win."

- MIKE NEU

COVER STORY

By Jacob Musselman

Freshman running back Carson Steele, a familiar name to the Center Grove Community, has made a significant impact on the Cardinals. Steele committed to Ball State after receiving collegiate offers from other top schools like Purdue and Indiana University.

The Center Grove alumni is only a couple games into his college career and although he's the second running back on the depth chart, Steele has still been able to get his reps.

Steele said coming to Ball State has been a blessing because he gets to learn and play with older teammates.

"It's been really cool to be able to run with those older dudes because they're well-experienced and they know how to play the game," Steele said.

Steele plays behind redshirt senior running back Will Jones and was able to step up

after redshirt junior running back Tye Evans was injured.

"Even though I'm young, sometimes I'll tell them stuff and they'll tell me stuff and we can all feed off of each other and that's what helps us be successful in the running back room.

Coming from Center Grove, a winning pro-

gram, Steele said working with head coach Eric Moore helped him learn how to be tough and become a better player.

"He [Moore] was hard on me through the years but I thank him every day for it because it helps me become a better player," Steele said.

He added, "Him [Moore] being so hard on me, I always knew that he cared for me and that he always really wanted out of me was success and he kind of paved the way for me."

Family is a big motivation for Steele. Whether it's his dad pushing him to be better or his family coming to his games, he's always had the support of his family to help drive him to be better.

a Western Illinois defensive back Akil Fransisco, in the first quarter Sept. 2, 2021, at Scheumann Stadium in Muncie, Ind. Steele scored his first touchdown against the Leathernecks. (Photo Provided by Kyle Atkisson, The Ball State Daily News) | (Left) Center Grove Trojans head coach Eric Moore talks with referees

In game one against the Western Illinois Leathernecks, the Cardinals were up by one

touchdown and Steele scored on a 37 yard run, sealing the deal for Ball State to win the first game of their season, and home opener. Steele ran for 79 yards on only 7 carries.

During the post game press conference after

Steele's first touchdown, head coach Mike Neu talked about how Steele came from a winning program and was able to fit into their system seamlessly.

"When he showed up, he knew how to

win," Neu said, "And he was physically ready to go and he put up some very impressive numbers in the weight room when he got to campus. Quickly, he showed and earned the respect of his teammates with how hard he was running."

A KEY PART OF BALL STATE'S OFFENSE

In addition to winning, Neu talked about how Steele knew how to practice and gave credit to coach Moore and the program at Center Grove.

Week two of the Cardinals season took them to Pennsylvania to play the Nittany Lions of Penn State. Although the Cardinals were never able to get ahead, Steele was able to get into the end zone again, scoring Ball State's only touchdown of the game.

Redshirt senior quarterback. Drew Plitt also spoke about Carson after their first game together. Plitt described Steele as a great runner and athlete and said that he provided great depth to their team.

Steele and the Cardinals face off against the Wyoming Cowboys on Saturday, Sept. 18.

5

ICONic rewind

Center Grove unveils new natatorium

Aquatics - Center Grove unveiled the finishing of their construction on their new pool at the high school. Attendees could talk with members of (Architecture firm) about what was involved in the construction building the new pool. View photos of the new pool and some features about it.

FACILITY FACTS

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 - 97.82 tons of rebar. 113,689 total man hours.
- 864,000 gallons of water filled with 2 garden hoses.
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The Trojans first meet is Ian. 22. 2022, against the Perry Meridian Falcons. (Photos and text by Jacob Musselman)

ICONic briefs

White River mourns loss of paramedic

White River Township - Kyle Martincic, 34, was the kind of guy that everybody looked up to. His superiors at the White River Township Fire Department (WRTFD) where he was a paramedic said he was the kind of guy that people wanted to help them. Martincic died in August after experiencing a medical emergency during a routine department training drill. He was immediately provided with emergency medical care at the scene by WRTFD paramedics, firefighters and EMTs who were also involved in the training. Martincic joined WRTFD in September of 2019, stationed at Firehouse 51. "Kyle was one of those paramedics that if you were in need, you were happy that he walked into your house," said EMT Chief Ron Hayes. "He wasn't just a paramedic, he was a paramedic that took his job very seriously. He was very smart, very outgoing and without a question he loved his job."



Kyle Martincic. (Photo Courtesy of White River Fire Department)

Hayes was Martincic's direct supervisor in his time at WRTFD and he said he took that same mentality back to his home with his family. He said he loved his wife and kids more than everything and did everything possible to take care of his wife and two children. Hayes said in their time down in Bloomington together, Martincic treated everyone with respect. "He treated everyone with respect," Hayes said, "It didn't matter if you were homeless or if you lived in a \$2 million home." Hayes added.



Bob Rohiman's INDY Athlete of the Month

malten

HONDA Avery Holubar

By Mark Ambrogi

Center Grove High School senior Avery Holubar was faced with an unusual decision when she was vounger.

She had an opportunity to join an Indiana competitive jump roping team that traveled around or play volleyball.

"It's kind of weird but I almost chose jump roping over volleyball at one point in fifth grade," Holubar said. "This group would travel around and had the nationals in Florida. I went to a camp and they offered me a spot. I asked if I could play volleyball, too, and they said I couldn't. I realized you could get a scholarship for volleyball but you can't for jump roping."

Holubar chose volleyball and that has remained her focus.

"I haven't touched my jump rope in a long time," she said.

The Trojans outside hitter said her improvement on the court has been gradual because she battled injuries over her high school career.

She broke her back as a freshman, sitting out four months. As a sophomore, her play was limited because she was playing behind a senior.

As a junior, she suffered a sprain and minor fracture in her left ankle, missing four weeks.

"That was supposed to be my breakthrough season and I got hurt three games into the season," she said. "My first game that I was actually confident and comfortable in was sectionals. That was my standout game last year."

As of Sept 13, Holubar was second on the Trojans (9-5) with 139 kills.

"Avery is every coach's dream athlete," Center Grove coach Jennifer Hawk said. "She works hard in the gym every day to get better. She hustles to the next drill and is always positive. She is a court leader by example and an all around joy to have on the team."

> Holubar has set high expectations for the season. Center Grove has captured seven consecutive Metropolitan Interscholastic Conference titles and six consecutive Class 4A sectional championships. The Trojans won regional crowns in 2015 and 2019.

"With the way we've been improving this season already, our goal is to win state," Holubar said. "I feel when everybody has that mindset and the end goal is what we're reaching for instead of we

have to win this game to be considered good. If we all have the end goal in mind to win state, we all play so much better together because we are focused on progressing over the season for October."

Holubar said seeing how past seniors have led has helped her in a leadership role. Holubar and Katie Egenolf are the only seniors.

"We're always the first ones to talk in the huddle," said Holubar, who plays at The Academy Volleyball Club in the off-season. "I feel like it brings the team together because when we talk everyone listens. We always listen to each other first."

Holubar, who carries a 3.8 grade point average, said she wants to play volleyball in college and is keeping her options open as long as possible. She plans to major in biology en route to medical School.

THE HOLUBAR FILE

HEIGHT:

5-foot-9

POSITION: Outside hitter

HOBBIES:

Hanging out with friends and family, modeling, traveling

COLLEGE PLANS:

Undecided, but would like to continue my vollevball career and get a degree in biology. I Want to attend medical school to become a trauma surgeon.

FAVORITE TV SERIES: "Virgin River."

FAVORITE ATHLETE: Miami Heat basketball player Tyler Herro.

FAVORITE MOVIE: "The Last Song."

FAVORITE SUBJECT: Science/chemistry

PARENTS. Angi and Bart Holubar.

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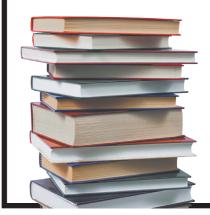
ICONic briefs



Christian Encarnado is a sophomore at Center Grove High School. (Photo Provided by Marlon Encarnado)

Center Grove student nominated for aspiring physicians award

Medical mission - Christian Encarnado, a sophomore at Center Grove high School has been nominated as a delegate to the Congress of Future Medical Leaders (CFML. CFML is an honors-only program for students in high school who want to become physicians or go into medical research fields. The event's purpose is to honor, inspire, motivate and direct the top students in the country that are interested in these careers to keep on their goals and to hopefully reach them. During the two-day congress, Encarnado will join students from across the country and hear from Nobel Laureates and National Medal of Science winners speak about leading medical research. They will also be given advice from Ivy League and top people in the medical field. The conference will be on Oct. 9 and 10.



FALL FESTIVALS & ACTIVITIES

By Jacob Musselman

Summer is almost over... boo hoo. But you know what that means? Fall is just around the corner! Pumpkin spice has already donned the menu at your favorite local coffee shop and the weather has slightly changed.

Although school is still in session, there are many fun opportunities for families to adventure out into Johnson County and try with their free time. Johnson County offers many options for fall fun no matter the weather. Here's a list of the (number) best things to do with your family this fall.

HIT UP THE BARGERSVILLE FARMERS MARKET

Hosted by Bargersville Main Street, a not-for-profit organization that tries to create a positive atmosphere as well as stimulate economic growth and create a sense of pride in the community of Bargersville. The market, which features a variety of local vendors, artists and creators every Wednesday from 5-7 p.m. at 24 N. Main Street in Bargersville.

ATTEND FRIDAY NIGHT LIGHTS

If you've never been to a Center Grove football game, you need to go. The atmosphere at CGHS is unlike any other. From the packed stands, to their game routines like runout and halftime, the Trojans really put on a show every Friday home game. Center Grove only has two home games left on Oct. 1 and 8 and both games start at 7 p.m.



VISIT MALLOW RUN WINERY

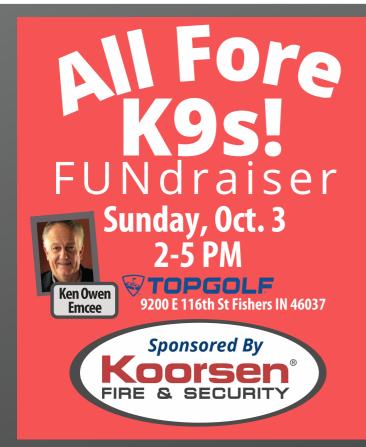
Bring your significant other or a group of friends and visit Mallow Run Winery in Bargersville. Mallow Run brings some of the biggest events to Bargersville like their Wine at the Line race and their summer picnic concert series. At the end of October, Mallow Run hosts their annual Harvest Party that features fun, food and live music all day long.

GO TO THE DRIVE-IN

Just a short drive away, Canary Creek Cinemas in Franklin is a movie madhouse. With eight indoor screens and two outdoor ones, they have more than enough screens to find your favorite movie. Tickets for the drive-in are \$8 for adults and \$5 for children ages 5-11. The Box office opens at 6:45 and the movies start around 8:45 p.m. Pack your car and enjoy a movie in your car.



Pumpkins line up in a field. (Photo courtesy of Flickr)







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ICONography



Freedom Springs hosts Puppy POOLoza

By Jacob Musselman

Furry friends and their owners took over Freedom Springs Aquatic Center last Saturday. Around 100 dogs jumped, swam, chased balls and had a blast with free range of the pool. Freedom Springs removed the chemicals in the water that would have made it harmful for the dogs. In order to keep some kind of peace at the park, small dogs were able to swim in the morning and after a small break, the big dogs got run of the park.









1. Dogs and their owners wait in line to get into Freedom Springs. **2.** Halo, a two-year-old chocolate lab, brings a ball to the edge of the pool. **3.** Dogs and their owners run around Freedom Springs **4.** A chocolate lab jumps into the water off the steps. **. 5.** A dog dives into the pool near a "no diving" sign.



We know that Center Grove residents love their pets.

To celebrate that affection, the *Center Grove Icon* will have a special section in the **October 16th edition.**

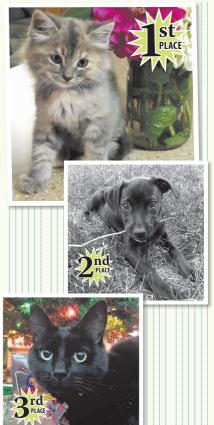
Readers are asked to submit a photo of their cat, dog or other pet. All entries will be published in this edition of the Icon.

Please email your pet's photo - along with their name and your area of residence - to **jacob@icontimes.com**. Put "Pet Lovers" in the subject line, and email it to Jacob by no later than **October 4th**. Or mail your photo to:

Center Grove Icon - Attn. Pet Lovers
7670 US 31 South, Indianapolis, IN 46227

(Must be postmarked by October 2nd. Photos will not be returned to you.)







We love Our Center Grove communities.

If you have something you believe we should know about, please send to jessica@icontimes.com.

Hubler Automotive Group will be the premier facility partner of the Greenwood Fieldhouse until 2031

Hubler Automotive Group will be the premier facility partner of the Greenwood Fieldhouse until 2031. Under the agreement, Hubler will contribute financially to the Greenwood Parks Foundation each year to further support recreational athletics at the fieldhouse and in the city as a whole. The funding will be used to maintain and increase recreational opportunities at the Fieldhouse and beyond for years to come. Along with the partnership, the Hubler Automotive Group logo will be displayed on the front of the fieldhouse when completed.

"The Parks and Recreation Department has done an outstanding job on this project, which will harmoniously blend the old with the new, exemplifying Greenwood as the city of pride and progress," said Mark Myers, Greenwood Mayor, in a press release. "I would like to extend a heartfelt thank you to the team at Hubler Automotive Group for their commitment. Partnerships like this one are critical for communities to thrive, and we are eager to bear witness to the benefits of this mutually beneficial relationship." The Fieldhouse is set to finish construction by the end of the year, and will be a modern sports and fitness complex anchoring the redevelopment of the former Greenwood Middle School site downtown. "The Greenwood Parks Foundation is beyond excited for the opening of the Greenwood Fieldhouse," said Krista Tag-

gart, president of the foundation in a press release. "Hubler's decision to invest in our parks and recreation opportunities for our community will directly benefit all Greenwood residents and will help us to continue providing diverse, authentic amenities and opportunities for all ages. We greatly look forward to the decade ahead." Once completed, the Greenwood Fieldhouse will include an elevated indoor running and walking track, two multi-purpose turf fields - which can be used for soccer, lacrosse and several other sports - basketball/volleyball courts and several indoor pickleball courts. This agreement with Hubler Automotive Group is the parks' largest publicprivate partnership ever.

Former Trojan 'killing it' with the Greyhounds

By Jacob Musselman

Redshirt junior right-side hitter Emma Jones spikes the ball over the net during a game against Winona State Sept. 11, 2021, at Ruth Lilly Fitness Center.

Former Trojan volleyball player Emma Jones has been a consistent part of the University of Indianapolis Greyhounds volleyball roster after taking a redshirt in 2018 and seeing her first action in 2019.

In High School, Jones accumulated 427 blocks and has a .338 attack percentage. She was also an all-district member in 2017 and a part of the 4A All-Star team that year as well.

Although the Greyhound's season has been off to a rocky start, Jones has been able to consistently find kills on the court. She hit her season-high 13 kills against Biola for the Greyhounds first win of the season on Sept. 4 while the team was in Alaska for a tournament.

The Greyhounds next game will be on Sept. 24 at the University of Illinois Springfield.





Emma Jones plays in the final game of the Ulndy Invitational in a game against Winona State. The Greyhounds lost 3-1. (Photos by Jacob Musselman)

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33 is freshman running back Carson Steele's new number for his first year in college. At Center Grove Steele wore 30 but when he got to Ball State, somebody already wore the number 30.

ICONic cartoon





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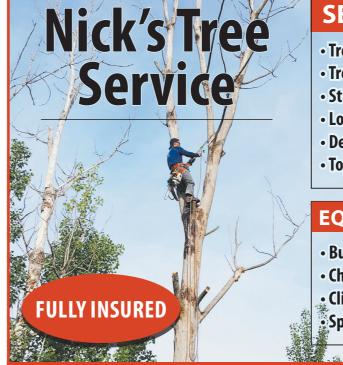
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EVENTScalendar

Bargersville Farmers Market • Browse Bargersville Main Street for your favorite local vendors. | When: Sept. 15 from 5-7 p.m. | Where: 24 N. Main St. | Info: townofbargersville.org

Movies in the Park • Pack your bag chair, bring a friend and watch "Big Hero 6" in the park with your friends. You may need to bring a sweater for the later dates with the temperature changes. | When: Sept. 17, time is yet to be determined. | Where: 10 E. Smith Valley Rd. | Info: greenwood.in.gov

Mallow Run Winery Picnic Concert Series: Karma • Pack your lawn chairs for an evening of wine and music. Food trucks will also have a variety of options available. The event is free and all ages are welcome. Wine tasting is available until 6 p.m. and is also available for purchase by the glass or bottle. The band Karma will be performing from 6-9 p.m. | When: Sept. 18 from noon-9 p.m. | Where: Mallow Run Winery 6964 Whiteland Rd, Bargersville. | Facebook: Mallow Run Winery

JoCo Pours in the Park • Sample from over 20 Indi-

ana wineries, craft breweries and distilleries with unlimited samples. The event is for people ages 21 and over. Ticket pricing information can be found on their website. | When: Sept. 19 from 4:30-6:30 p.m. | Where: Johnson County Parks and Recreation 2949 North St. | Info: townplanner.com

The Suds Saturday Cruise-In • Cars have been cruising to Suds Drive-In since 1957. So come join all the gear-heads, hot-rodders, muscle cars fans, and daily drivers enthusiasts for a night of cars and hot dogs. | When: Sept. 18 from 4-10 p.m. | Where: The Suds Drive-In 350 Market Plaza. | Info: townplanner. com

Labapalooza 2021 • Love of Labs, Indiana will host the 10th Annual family-friendly Labapalooza. The event is a celebration of LOLIN alumni and all animal lovers. | When: Sept. 19, from 1-5 p.m. | Where: Mallow Run Winery 6964 Whiteland Rd, Bargersville. | Facebook: Mallow Run Winery

Rock the Clock • Listen to live, local music, drink local beer and wine from vendors and try a variety of

different food trucks for Greenwood's downtown business community block party. The event is free to attend and all ages are welcome. | When: Sept. 25 from 3-10 p.m. | Where: 300 S. Madison Ave. | Info: greenwood.in.gov

ISSMA Regionals • When: Oct. 16 at a to-be-determined time. | Where: Center Grove High School 2717 S. Morgantown Rd. | Info: issma.net

Monster Mash • Join the City of Greenwood for their spooktacular celebration with trick or treating, bounce houses, live music, food and more. More information will be announced later. | When: Oct. 22, at a yet-to-be determined time. | Where: To be decided. | Info: Greenwood.in.gov

Trunk or Treat • When: Oct. 30 from 6-8 p.m. | Where: 24 N. Main St. Bargersville.

Center Grove Craft Fair • The 39th annual CG Craft Show is coming back to CGHS. | When: Nov. 6 from 5 a.m.-6 p.m. | Where: Center Grove High School 2717 S. Morgantown Rd. | Facebook: Center Grove Craft Fair

Burn the Cork • Visit Mallow Run Winery for their eighth-annual Burn The Cork event featuring food, drinks, music and fun to benefit the Hoosier Burn Camp and the Johnson County Professional Firefighters Charitable Foundation. | When: Sept. 17, 6-10 p.m. | Where: Mallow Run Winery 68964 W. Whiteland Rd. | Info: mallowrun.com

Picnic Concert Series: Southern Accents • Sip some wine and listen to a tribute to Tom Petty from Southern Accents. | When: Oct. 2 starting at 7 p.m. | Where: Mallow Run Winery 68964 W. Whiteland Rd. | Info: mallowrun.com

Harvest Festival • Mallow Run Winery will be having their annual Harvest Festival with food trucks, wine, obviously, and a full lineup of live music including Living Proof, Indy Annies and the Blue River Band. An exact schedule of artists can be found on their website. | When: Oct. 8 and 9 from 12 p.m.-9 p.m. | Where: Mallow Run Winery 68964 W. Whiteland Rd. | Info and schedule: mallowrun.com

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In addition to their Cubano, their menu also includes a pizzaiola which is chuck roast braised in their homemade tomato sauce until tender then topped with fresh mozzarella and arugula on an eight inch french roll.

Salamone Bros also offers daily lunch spe-



Andrew Salamone, owner of Salamone Bros said the Cubano is one of their most popular sandwich orders. (Photo Provided by Andrew Salamone)

cials if you need a quick bite to eat on your lunch break and all menu items can be customized. They are also available for mobile order on Grubhub.

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SPOTLIGHT



A photography of Wesley Montgomery-Bell's. (Photo provided by the Southsider Art League)

HDR photographer featured at SALI

Wesley Montgomery-Bell will be the Southside Art League (SALI) featured artist for September. As an artist, Montgomery-Bell has been taking photos since he was 10. From that young age, he built a passion for photography, taking photos with anything he could get his hands on from disposable to digital cameras. Falling out of interest with photography for a few years, in eighth grade, he became interested in it again and wanted to start pursuing photography again. Taking film photography in high school at Center Grove helped him learn how to shoot and

develop 35mm film as well. After Center Grove, Montgomery-Bell attended the Art Institute of Indianapolis for two semesters, learning portrait studio work, medium format shooting, and HDR photography. After school became financially unattainable, he spoke with Rocky Rothrock, the head of digital photography at Al and was encouraged that a photographer doesn't need a degree to become successful, they only needed passion and drive. Through medical issues, Montgomery-Bell started to pursue being an artist full-time and became a member of SALI. All pieces are printed on canvas and will be available for purchase through Sept. 25.



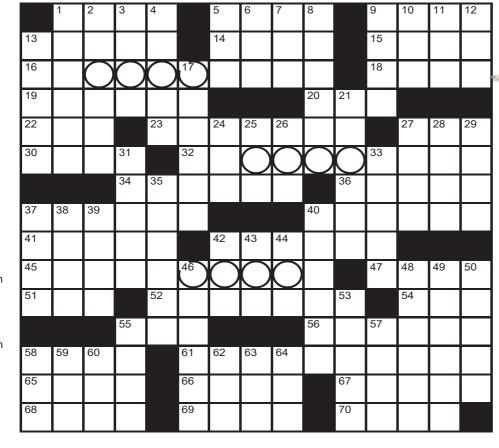
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ACROSS

- 1. Rip
- 5. "Of course, señor!"
- 9. Mini-Marathoner's tempo
- 13. Holcomb's predecessor
- 14. Rose-Hulman, e.g. (Abbr.)
- 15.6/6/44
- 16. Bolsters
- 18. Top choice, slangily
- 19. Enter gingerly
- 20. ICON VIPs
- 22. Wad found under a North Grove Elementary School desk, maybe
- 23. Citrus hybrid
- 27. Bad-mouth
- 30. Tropical fish
- 32. Endangered Amazon region
- 34. "Suppose so"
- 36. Fruity soda
- 37. Like some patches
- 40. Road between Morgantown and County Rd 400 W
- 41. Medieval quaffs
- 42. Most adorable
- 45. Plans to avenge
- 47. Possesses
- 51. Make a choice
- 52. Peeved
- 54. Garden tool
- 55. CGHS football team threepointers
- 56. Supplying weapons
- 58. Defense acronym
- 61. What you get by reading the ICON, and what 16-, 32- and
- 45-Across all contain
- 65. Farm implement
- 66. "Anna and the King of _
- 67. Bailiwicks
- 68. White River angler's gear
- 69. Sporty car roof



70. Retail place

DOWN

- 1. Ready to drive at Hickory Stick Golf Club
- 2. Real baffler
- 3. Unpopular spots at CGHS
- 4. Sew Perfect Alterations job
- 5. Indiana National Guard address
- 6. Company abbr.
- 7. Center Grove-to-Louisville

- 8. "...nothing to fear but fear
- 9. Sharable PC files
- 10. Inits. on a toothpaste tube
- 11. Pacer foe, briefly
- 12. Pupil's place
- 13. Ragu rival
- 17. Out jogging
- 21. Nincompoop
- 24. Scot's denial
- 25. PX patrons
- 26. USNA grad

- 27. Contradict
 - 28. Ratio words
 - 29. "Indiana" saxophonist Getz
 - 31. Indian language
 - 33. Totaled
 - 35. Attend without a date
 - 37. Texter's "If you ask me..."
 - 38. Harvest
 - 39. Brewery kiln
 - 40. Enjoy a book again
 - 42. Wolf Blitzer's channel
 - 43. Sci-fi craft
 - 44. Elf export
 - 46. Demand
 - 48. Complainer
 - 49. Like skim milk
 - 50. Utah state flowers
 - 53. "A Midsummer Night's 55. Chicken or turkey
 - 57. Actress Sorvino

 - 58. WFYI news inits. 59. MashCraft product

 - 60. Head opposite
 - 62. Tiny criticism
 - 63. ___ Paulo
 - 64. Little rascal

See Answers on page 17.

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5 Condiments	4 Facebook Headings
	3 CGHS Volleyball Positions
5 Insurance Companies	

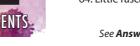
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Neighborhoods







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PERSONNEL MATTERS

It's time to change the station

Bv Mike Heffner

I enjoy escaping with a good book, but rarely does a book transform how I think as much as Jon Acuff's book Soundtrack recently did. It made me realize that I am the only one that determines what I listen to and I am the only one that can hear what I say in my head. That in itself isn't rocket science. However, Jon made it simple and it challenged me to evaluate the soundtracks playing in my head.

We all have soundtracks playing that shouldn't be on repeat. I say "we" with confidence even though I may not know you. We all think and talk to ourselves. Jon called those our soundtracks or playlists.

A memory hits play, and we all have several playlists gueued up. Some are good and some are not. It may seem impossible to control these thoughts, but at the end of the day, we are defined by the things we think about. Our outlook on life and what we end up accomplishing are direct results. So, I asked myself, why do I allow the bad soundtracks and playlists to continue to play?

Jon helped me understand how to challenge these soundtracks with three simple questions.

- 1. Is it true? This one was mind boggling that I had not figured this out on my own vet. We believe so much of what we hear. and I believe that we have the power to speak things into existence. Why are we making up things in our head like, "everyone is doing it", "you are an idiot", or "you can't accomplish that." Sounds silly when these are said out loud, but we allow these soundtracks to play unjustified and on repeat in our head and over time we start to believe them.
- 2. Is it helpful? Is the playlist or soundtrack that you are listening to helping you? Is overthinking and agonizing over the bad situation making things better? Think of how much time and energy you have spent listening to all the possible bad scenarios in your head that NEVER happened. Filter your thoughts and invest in the good things.
- 3. Is it kind? This one hit me like a ton of bricks and yet is so obvious. Would you say what is playing in your head to someone else? Would someone else appreciate and benefit from hearing "you are an idiot" or "you will never make it." Then

why are you telling yourself that? It's time to change the station. Don't be vour worst enemy but be your best ally. Stop

listening to the lies in your head and believing everything you hear. Ask yourself if its true.

Let me help you. You are not stupid, a bad husband/wife/friend. You are an awesome creation of God. God tells us we are made in His image. Your family, friends and co-workers might not know what you've been listening to, but I'm sure they will notice and appreciate the difference of you focusing on the positive. Find a few things that you love to do when those bad soundtracks start to play. Allow those good things to become your playlists and turn down the volume on the negative. Listen to good stuff, surround yourself with good people and look to serve others. Doing good will lead to better things!



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros. com, @IndySouthMike on Twitter or visit ExpressIndySouth.com.e

PEER-TO-PEER

Who's on first?

By Howard Hubler

Many people have seen online the old Abbott Costello comedy story whereby they were talking about a baseball game. One of the players' names was Who. He happened to hit a single on first base.

Today my wife Janet and I were in a car for a long drive and we called our appliance extended warranty. We had a "Who's on first" story for a grand total of one hour. My job was to sell them and make the customer happy. This appliance warranty telemarketer had only one plan for this phone call; do not pay a penny for this claim. For an hour, it was pretty much Abbot and Costello.

Why won't you pay me for my appliance claim? Because you went to another vendor, I went to another vendor because your vendor said he couldn't fix our appliance. So why don't you pay me? I can't pay you. Why can't you pay me? Because you went to another vendor. But your vendor said he couldn't fix my appliance. So then I had a new approach. I said hey, why don't you reimburse me the same amount you would pay your repair company vendor on my appliance had they fixed it? Then the lady on the phone said that she wouldn't because I went to another vendor. And then I said I went to another vendor because your vendor couldn't fix my appliance. We did this for 50 minutes. My wife was so upset she was beside herself.

I took home a teachable moment from this ridiculous circumstance. Sometimes we have customers who go out of their way to buy a premium product from us. If we don't give them a premium experience they will never buy a premium product from us again. This is just for me, I would never buy an extended warranty on an appliance again. I sell thousands of dollars worth of extended warranties a year. My job is to pay these people for any covered repairs. Their job is to give their customers on the phone a "who's on first" experience full of trick and deceit.

As business executives and owners, we need to be certain this is not going on within our organizations without us discovering it and doing something about it.





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ICONic briefs





Photos of Brown and Staley. (Photos provided by Center Grove School Corporation)

Center Grove hires new directors of elementary special education and secondary special education

Special education - Center Grove Community School Corporation has chosen Khailey Brown to serve as Director of Elementary Special Education and Reneae Staley, Ed.D. to serve as Director of Secondary Special Education. "Khailey and Reneae bring diverse experiences and expertise to their new roles, which will make up our Special Education program and Teaching & Learning department," said Nora Hoover, Ph.D., assistant superintendent of Teaching & Learning in a press release. Brown previously served as Coordinator of Special Education at Center Grove since February of 2018. Brown started her career in education as a teacher at RISE Learning Center in Perry Township. After teaching around the country, she moved to Clark Pleasant Community Schools to serve in program support before coming to Center Grove. Staley comes to Center Grove from Martinsville, where she most recently served as the director of special services. She started her career as a health education teacher in Martinsville schools before moving to Clark Pleasant Community Schools, first as an elementary physical education teacher, and then as student services coordinator and assistant principal of Clark-Pleasant Intermediate School. Brown and Staley will replace Ali Chance who resigned her position as Director of Special Education in July.

"The Maidens"

THE MAIDENS

BOOK REVIEW

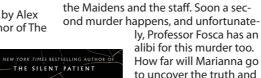
By Amy Hamilton

"The Maidens" by Alex Michaelides, author of The

Silent Patient, is a compelling and gothic psychological suspense novel.
Marianna, a group therapist in London, receives a phone call from her niece Zoe, a student at Cambridge University. Unfortunately, Zoe's friend Tara was found murdered. Marianna travels to Cambridge to stay with her niece and offer support to the community on campus.

Marianna believes that the Classics professor Edward Fosca is the mur-

derer, but there is no proof, and he has an alibi. Professor Fosca teaches Greek tragedy and leads a group of female students known as the Maidens. They are an exclusive group that Tara was a member of before her death. As Marianna starts to investigate the murder of



Tara, she discovers the secrets of both

How far will Marianna go to uncover the truth and stop the murderer before another girl dies? "The Maidens" is a gothic thriller with the right amount of suspense

gothic thriller with the right amount of suspense and creepiness to keep you reading. Recommended for fans of the "Ninth House" by Leigh Bardugo, "In a Dark Dark Wood" by Ruth Ware, and "The Girl Before" by J. P. Delaney.



This review is written by Amy Hamilton, the adult/teen librarian of the Johnson County Public Library — White River Branch. She enjoys reading, knitting and taking long walks in the woods. Contact Amy at ahamilton@jcplin.org.

ADDITIONAL RECOMMENDATIONS:

Adult:

"Cloud Cuckoo Land" by Anthony Doerr

"Bewilderment" by Richard Powers

"Harlem Shuffle" by Colson Whitehead

> "The Magician" by Colm Toibin

Young Adult:

"A Lesson in Vengeance" by Victoria Lee

"White Smoke" by Tiffany D. Jackson

"So Many Beginnings" by Bethany C. Morrow

"The Jasmine Project" by Meredith Ireland

Children:

"Thanks for Nothing!" by Ryan T. Higgins

"Pete the Cat's Groovy Imagination" by James Dean

"Amara's Farm" by JaNay Brown-Wood

"Dream Street" by Tricia Elam Walker

What's really on the menu?

GRAMMAR GUY

By Curtis Honeycutt

Restaurant menus have gone through a

rapid evolution over the past few years. Gone are the doorstop-thick novels at places like The Cheesecake Factory; they've been replaced with QR codes so we can scroll through appetizers and entrees on our smartphones. Although many paper menus have been replaced with digital devices, ridiculous restaurant terms — or what is known as "restaurantese" — abides. It's time to unpack some of these nonsensical terms.

Whether you have a physical menu or a smartphone selection, you're bound to find some French phrases that make your food sound fancier. In truth, it's a way for a restaurant to charge an extra five bucks for a dish. Have you ever seen an entree list a side of "pommes puree"? That's mashed potatoes. Don't let them fool you; they're just adding some parsley or chives on top to jack up the price. Or perhaps you've seen something with

"au jus" at the end. That's meat juice, my friend, or, as some would call it, gravy. Mashed potatoes and gravy sound much fancier "en français."

Is a menu item listed as "artisan" or "artisanal"? That's code for "needlessly artistic" combined with "we're going to charge you more." Don't fall for it.

If a server goes out of her way to describe an item as "fresh," doesn't that make you question all of the other ingredients? She certainly doesn't call the avocados "months-old avocados." "Fresh" is a filler word meant to impress you.

Of course, I can't discuss restaurantese terms without bringing up "farm-to-ta-ble." While I appreciate a movement toward sourcing items from local suppliers, the term can mean something as simple as "Chef Reggie gets our meat from the butcher shop down the street." When the ribeyes start coming with detailed biographies of the animal I'm eating, I'll be impressed.

Restauranteurs have gotten creative

with sizes. You've probably heard of "tapas," which just means "small appetizer." "Tapas" is a Spanish term that translates roughly into "give us more of your money." Then there's "family size" or "sharing" plates. These are larger portions that chefs expect for you to sample and share with the other people at your table. I think all the different-sized plate approaches are more ways to increase the price of your dinner out.

Maybe I'm a culinary cynic, or feel free to call me anti-epicurean, but I think the menu writers are leaning too heavily on restaurantese marketing ploys in order to bring home the locally sourced, grassfed, cleverly curated, slow-cured bacon.



Curtis Honeycutt is a syndicated humor columnist and treasurer of the National Society of Newspaper Columnists. He is the author of Good Grammar is the Life of the Party: Tips for a Wildly Successful Life. Find more at curtishoneycutt.com.

I needed a "yes face" today

DEVOTIONAL

By Pastor **Chris Philbeck**

During his days as President, Thomas Jefferson and a group of his companions were traveling across the country on horseback, when they came upon a flooded river that had washed the bridge away. Each rider was forced to ford the river on horseback, fighting against deadly currents. One traveler, not part of the group, was watching from a distance. After seeing several people cross the river safely, the stranger wandered up to the President, tapped his boot, and said, "Can I have a ride across the river?" President Jefferson agreed, so the man climbed onto his horse and the two of them made it safely to the other side. As the stranger slid off the back of the horse to dry ground, another man in the group looked at him with amazement, and said, "Why on earth would you ask the President of the United States for a ride across the river? Why didn't you ask one of us?"The man was shocked, and said, "I had no idea he was the President of the United States. All I knew is that written upon some of your faces was the word 'no,' but written upon his face was the word 'yes' - and I needed a 'yes' face today." When I first read that story, I remember thinking two things. First,

the world is full of people who are looking for a "yes face." Second, Jesus spent every day of his earthly life with a "yes face." In Mark's account of the feeding the 5,000 (Mark 6:30-44), Jesus was trying to get himself and his disciples to a place where they could rest. But in spite of his best effort, he couldn't escape the crowd, even though he got in a boat and took them to a "solitary" place. Mark 6:34 says, When Jesus landed and saw a large crowd, he had compassion on them because they were like sheep without a shepherd. That word "compassion" in the original language of the New Testament doesn't just describe an emotion, it describes a physical reaction. I've always thought of it as a feeling in the pit of your stomach. Maybe it could also be a look on your face that says, "Yes" to someone in need. Yes, I have time. Yes, I can listen. Yes, I can help. Yes, I can... We live like Jesus when we live mindful of the person who needs to see a "yes face today."



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at inquiry@mpccministry.com or call (317) 881-6727.

Puzzle Time Answers - on PAGE 14 **Answers to HOOSIER HODGEPODGE:**

Condiments: CHUTNEY, KETCHUP, MUSTARD, RELISH, SALSA, SOY SAUCE Companies: ALLSTATE, FARMERS, GEICO, STATE FARM, TRAVELERS Headings: ABOUT, FRIENDS, PHOTOS, POSTS Positions: BLOCKER, HITTER, SETTER Neighborhoods: KINDER, WATERS EDGE General Manager: BALLARD

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Blythe Potter

Army veteran and co-owner of Bargersville Wellness

Compiled by Jacob Musselman

Blythe Potter, Army veteran and co-owner of Bargersville Wellness, is a lifelong Southsider. Growing up between Franklin Township and Center Grove, she's always had a connection to the southside. She spent a few years at Ball State before joining the Army, After leaving the Army, she came back to the south side and couldn't find a job because "Nobody wanted to hire a female security guard."

Potter eventually found a job at a salon in Greenwood where she worked for 14 years. Coming from the military, she had money left from the GI Bill, so she went back to Ball State to finish her bachelors in massage therapy and then had the opportunity to get her masters in business administration from Ball State.

With her new degree and masters, she and one of her friends decided to open Bargersville Wellness in May of 2019. Their shop survived the initial pandemic shutdown and now, back open for business, Potter said her store is sending some of their employees to barbering school. Potter is a mother, wife, business owner, yoga teacher and much more of the community of the southside.

"Living in Johnson County, people have been so kind and welcoming to us not just as a business, but as people," Potter said.

What do you consider your greatest virtue?

I have compassion for life, all life and living beings, and an intense desire to do no harm and reduce the amount of suffering in the world.

What do you most deplore in others?

I feel frustrated when I observe the inability or refusal of a paradigm shift. We get so focused on what we were taught and believe to be true as a species, we tend to ignore anything else, cognitive dissonance.

What do you like most about living in **Johnson County?**

I enjoy the proximity to the bulk of the major highways, Indianapolis, the airport, and the people. I have high hopes that Johnson County continues to grow and diversify!

If you had to live elsewhere than in Johnson County, where would it be?

Nearly anywhere out west! Utah or Arizona likely! If it had to be Indiana. Marion County so I can be closer to my

If you could begin life over, what would you change?

Nothing. Of course, there are situations I wish I could have created a different outcome but we don't learn or grow from those. I am who I am and where I am because of my decisions and life and I would never risk changing that.

If money were no issue, how would you spend it?

Many ways! I am very passionate about environmental advocacy so I would likely start there and any number of animal

rescues. Humans do so many things that negatively affect our planet and the other creatures that we live with.

What makes you happiest?

My lazy days at home with my husband and our baby, Violet. Having her is the coolest thing I have ever done!

What is your favorite vacation spot?



I would accept any safe-to-travel-to vacation spot!

What do you do with idle time?

I love to read and meditate. I don't do idle well but I am working on that!

What is it that makes you angry?

Mean people. There is far too much garbage in the world, there is no room left for anything but

to escape from

Reading is one escapes, but I am no stranger to Netflix and binge watching shows!

What or who is the greatest love of your

Picking one, again, feels wrong. I love so many people and beings for so many reasons. I love my daughter more than anything, but I wouldn't have her without my husband so, I guess the greatest love of my life is our family (including two and four legged members)!

Which living person in Johnson County do you most admire?

Professionally, Pam Ridge. She is an amazing businesswoman, and she supports growth and change and us. She has made a significant impact on our business and our lives. Personally, my husband. He is so kind and a genuinely good human. I am a better human because of them.

What is your greatest extravagance?

When we travel, we love to eat and experience the city we are in, so probably, especially in non-COVID times, finding really great vegan food at restaurants.

What are your fears, phobias?

Losing my baby is my biggest fear.

What has been the happiest time of your

Right now. I have had so many happy times but each day I am alive is a new reason to be happy.

Which talent would you most like to

I would really love to be able to sing well. I still sing, but it certainly is not something anyone would pay to hear!

What do you most value in your friends?

Honesty and the ability to communicate. Who are we if we cannot communicate well?

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