

# CENTER GROVE ICON

## CREATIVITY, CRITICAL THINKING AND CODING

Code Ninjas is teaching children to code while  
preparing them for their future careers

— Page 4 —

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ICON of the Month  
Dr. Kara Guiliani Cecil

PAGE 18

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**ICONic**  
community  
PAGES 10-11

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Athlete of the Month:  
Hudson Gilstorf

PAGE 6

ICONIC Community:  
Woodside FootGolf offers  
one-of-a-kind entertainment  
in Center Grove

PAGE 10

Faith: When is the last time  
you got a handwritten note  
or letter in the mail?

PAGE 17



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The Rock the Block event took place on April 24 and had an amazing turnout. Thanks to sponsors and participants, the organization was able to grant \$23,000 to more than twenty charities and more than \$3,500 to the Mueller family fund. The kids run was a hit this year as children sprinted to the finish line. Results from the 10k and 5k races can be found at [tuxbro.com](http://tuxbro.com). (Photo courtesy of Forrest Mellott / Cindy Gilmer)

## Contact the Editorial Consultant

Have any news tips? Want to submit a calendar event? Have a photograph to share? Call Jessica Todd at (317) 550-7721 or email her at [jessica@icontimes.com](mailto:jessica@icontimes.com). And remember, our news deadlines are several days prior to print.



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Dr. Carolyn Goerner serves as ALDI's Distinguished I-Core Clinical Professor at the Kelley School of Business at Indiana University Bloomington. Prior to joining Kelley's Department of Management and Entrepreneurship faculty in 2000, she completed her PhD in Management and Human Resources at The Ohio State University. Carolyn also owns Practical Paradigms, a training and consulting company. She serves on the LJC Board of Trustees.

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Code Ninjas teaches children how to code using creative activities that are self-paced. (Photos by Josh Grow)



Josh Grow and his wife Quinn Grow are excited about the future of Code Ninjas. (Photo courtesy of Josh Grow)

# CREATIVITY, CRITICAL THINKING AND CODING

**Code Ninjas is teaching children to code while preparing them for their future careers**

## COVER STORY

By Jessica Todd

Code Ninjas, on the line of Center Grove and Greenwood, has opened its doors to open the minds of young children.

The business teaches children ages 5-14 how to code while taking part in fun and creative activities such as creating their own video games. Kids use their everyday interests to guide their path to careers in STEM and other industries. The children get challenged to think critically, solve problems and work within a team.

Josh Grow, the owner of the Greenwood location, has ten years of computer software engineering under his belt. He grew up in Lebanon and currently resides in the Greenwood area.

"I have dabbled in game development and graphical elements for years. I have always had a passion for it," said Grow.

When he came across an ad for Code Ninjas while scrolling through Facebook, he was immediately interested.

"It sparked my interest because I saw that

it teaches children using Unity 3D, which is a game and graphic engine. I began coding at the age of 22, but if I had these resources as a kid, I would have loved this program," he explained. "I spent hours with colored pencils and crayons drawing up new games, but I had no clue what I was doing. This program is for kids like that."

Grow went to a few board meetings for the program that were open to the public. After attending five or six meetings and asking questions to feel out how Code Ninjas operates, he knew it was the perfect place for him to wind up.

Code Ninjas opened its Greenwood location at the end of March. The business has run smoothly thus far, and Grow is happy with the turnout it has had.

"Our ninjas have wristbands that mimic belt colors you would see in karate. Their wristbands give them access to the facility and count down their time," said Grow.

"Wristbands mimic the children's 'belt' color. They go in and work on the curriculum at their own pace."

The average age range that the business has seen is 7-14. The curriculum involves reading and logical thinking, so it generally does not see kids under seven.

"We always have a sensei walking around and helping the children. We also encourage the older kids who are at a higher level to help the younger ninjas," explained Grow.

Code Ninjas offers many services to the public. If parents are curious to see how the facility runs, they can bring their children to a

*"If I had these resources as a kid, I would have loved this program."*

**- JOSH GROW**

free 30-minute game-building session.

"With our game building sessions, parents have the opportunity to tour the facility while their child works one-on-one with a sensei to make a game," said Grow.

The business also offers birthday parties, parent's night out and summer camps.

Birthday parties feature a game-building session where students can work on Minecraft, Roblox or scratch applications. Parent's night out is open to the public and usually takes place for two hours on Friday nights.

"We are excited to offer several types of summer camps this year. Kids can learn how to become a YouTuber, Roblox developer, design modifications with Minecraft or tell stories and make movies with Minecraft," said Grow. "Spots are going fast for the summer."

Grow is excited for the future of the business and its ninjas.

"Hearing the children squeal when they finish a lesson is so rewarding," said Grow. "Parents can know that their children are safe and learning at Code Ninjas. The kids have fun, and parents see results."

Code Ninjas is located in Greenwood at 1259 N. State Road 135 Suite B, Greenwood by Perfect Ten Gymnastics and Cheer. For more information about Code Ninja classes, camps or events, visit [codeninjas.com/Indianapolis](http://codeninjas.com/Indianapolis) or email Josh Grow at [Joshua.Grow@codeninjas.com](mailto:Joshua.Grow@codeninjas.com).



## ICONic briefs



Pictured from left, Christina Monev, Ryan Wiseman, Rahul Appaji, Partiv Patel, Lucas Embrey, Samuel Wong, Taylor Smith, Lauren Pagel, Sapna Vyas, Sydney Plowman, Sonya Vyas, Taylor Jarosinski, Emma Hoffman, Christian Durbin, Erin Clingerman, Samuel Howe, Olivia Wilder, Sarah Pack, Mackenzie Souchon and Bryce Rayner were named the Top 20 of the Class of 2021 at CGHS. (Photo courtesy of Center Grove Schools)

### Center Grove High School names Top 20 students of the Class of 2021

**Top 20** - Center Grove High School has named the Top 20 Students in the Class of 2021. The students were honored during a presentation on Thursday, April 29. Each student invited one elementary or middle school teacher and one high school teacher who inspired them during their academic career. The students spoke about those teachers during the program. "We are thankful for the opportunity to gather with family members and honored teachers of this year's CGHS Top 20 as we celebrated their brilliant minds, caring hearts and servant leadership," said Dr. Jeff Henderson, CGHS principal. "These young adults have established the work ethic and perseverance to continue their academic and personal growth, and are well on their way to making remarkable contributions to our world. We wish them every success in life as they head off to make their mark on their universities and communities."

### Parents invited for CGCS 2021 textbook adoption viewing

**Textbook Adoption** - Parents and patrons of Center Grove Community School Corporation are invited to review the Secondary Social Studies textbooks for adoption. Elementary will continue to use Reading Street and a new edition of their current text for Social Studies. These textbooks have been recommended by the 2020-2021 Textbook Adoption Committee and will be presented for approval by the Board of School Trustees at their May 20, 2021 meeting. These books will be on display from 8 a.m. to 4 p.m., April 26 through May 20 at the Education Service Center, 4800 W. Stones Crossing Rd., Greenwood.



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## ICONic briefs



Emmanuel Church's Greenwood campus welcomes Clarence Hogan as their new students pastor. (Photo submitted by Emmanuel Church)

### Emmanuel Church's Greenwood campus announces new students pastor

**New pastor** - Emmanuel Church welcomes Clarence Hogan as the new Students and 1824 Pastor of its Greenwood campus. With over 20 years of church ministry experience, Clarence will oversee all environments for fifth-grade through twelfth-grade students, as well as Emmanuel's 18-24-year-old young adult ministry. Clarence, who most recently served as youth pastor at New Life Janesville in Janesville, Wisconsin, is excited for the opportunity to help develop and train a younger generation to share the message of love and hope in Jesus Christ. "I love doing life with students," he shared. "I love their honesty, and that they're real and authentic. I just love seeing that lightbulb moment when they get it." Clarence has spent the past four weeks introducing himself to students and young adults and building relationships. Clarence will work under the direction of Greenwood campus Pastor Cody Johnson and Family Ministries Director Allison Gearries to create content and provide resources and guidance to students and young adults. "We are so excited to welcome Clarence to the team," shared Gearries. "He brings a wealth of experience and has a passion for working with students. We can't wait to see the impact he will make in the lives of our students." Clarence will also lead and support the planning of all student-related events and oversee the training and coordination of student volunteers.

## Bob Rohman's **INDY** **Athlete of the Month** **HONDA** Hudson Gilstorf

By Mark Ambrogio

Although Center Grove High School junior Hudson Gilstorf had played tennis since she was five years old, she chose to run track instead of play tennis as a freshman.

"I enjoyed it, but I wanted to get a chance to experience high school tennis. I enjoy being on the team a lot," she said of her track experience.

As a sophomore, the COVID-19 pandemic forced the cancellation of spring sports. Now Gilstorf is making the most of her junior season as she and freshman Lauren Dick have had only one loss. Center Grove girls tennis coach Debby Burton said she is thrilled to have Gilstorf on the team this year.

"I was bummed when she did not play her freshman year, but it was ultimately her decision, and I respected that as I wanted her to be happy," Burton said. "Hudson is very quiet, but she is a strong player and leads by example. She is a calming elder to her freshman partner on the court. Her doubles skills have improved rapidly, and she has become quite a threat at the net."

Gilstorf is pleased with how she has been playing.

"I've been happy with how I've been doing," Gilstorf said. "I was looking forward to playing doubles this season."

Gilstorf and Dick mesh well.

"She has an impressive serve, and it's been allowing me to poach at the net because the opposing team can get a good return off of it," Gilstorf said. "It's been working really well."

At 5-foot-9, Gilstorf said her height is an asset.

"I have learned aspects of doubles and how to play it," she said. "I have learned the different things you need to be watching for, especially when you are at the net. I've definitely made the most improvement with my net game. I've learned how to be ready at the net and know when certain types of balls are coming and when I need to back up or move in more."

Gilstorf's mother, Brittany, played tennis in high school in Ohio, so she introduced her daughter to the sport early on. In middle school, Gilstorf ran track and liked it.

"She was the country champ in the 400 and found she was good at track," said Troy Gilstorf, her father. "After running cross country as a freshman, she decided to do track. It's

neat for her mother and me to see her play tennis in high school after playing her entire life."

Gilstorf has competed in cross country for three seasons, although her junior season was shorter after she suffered a stress fracture in the left tibia at the end of June in 2020.

"I was able to come back and compete in the MIC (meet) and go to the semi-state competition," she said. "My goal is to get another personal record in my senior year and experience state."

Her record is 20:04 for 5,000 meters that she ran her freshman season.

"Both sports benefit each other a lot," she said of tennis and track.

Gilstorf played softball, volleyball and basketball while growing up. She played basketball as an eighth-grader for Center Grove Middle School North.

"She is very competitive and ultra-dependable," her father said. "All of her coaches understand that when they need the best out of her, she always shows up."



### THE GILSTORF FILE

<b>NAME</b> Hudson Gilstorf	swimming spending time with friends and family
<b>AGE</b> 17	<b>CAREER PLANS</b> Physician's assistant or something in medical field
<b>HEIGHT</b> 5-foot-9	<b>FAVORITE TV SHOW</b> "Outer Banks"
<b>SPORTS</b> Tennis and cross country	<b>FAVORITE SUBJECT</b> Math
<b>POSITION</b> No. 2 doubles on the tennis team	<b>PARENTS</b> Brittany and Troy Gilstorf
<b>HOBBIES</b> Traveling,	



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(Stock photo)

## SEND THANKS TO FRONTLINE WORKERS

By Nicole Davis

National Nurses Week was May 6 to 12, recognizing the important role nurses play in society. But the appreciation can - and should - extend beyond that one week. Nurses, doctors and all

hospital staff have continued to step up to the unforeseen challenges of the past year, through the added strain of the COVID-19 pandemic. A thank you goes a long way, so here's how that can be done:

### Johnson Memorial Health:

Frontline workers face many challenges with the Covid-19 pandemic. Johnson Memorial Health states that it also knows its community appreciates everyone who supports their patient care. That is why the hospital offers an opportunity to tell them how much you appreciate them by allowing the community to send a personalized, virtual thank you note. For more information, visit [johnsonmemorial.org/frontline-team](http://johnsonmemorial.org/frontline-team).

### Community Health Network:

Share an inspirational story and recognize the care team that made a difference. Sharing an experience can help inspire others on their journeys to health. Share those experiences and give recognition where it's due at [ecomunity.com/say-thanks](http://ecomunity.com/say-thanks).

*Your hospital not included, or have a nurse that's truly gone above and beyond? Consider visiting [daisyfoundation.org](http://daisyfoundation.org) and select the corresponding hospital to nominate that nurse for a Daisy Award.*

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## Drive to Come Alive campaign to assist access to mental health services

### By Johnson Memorial Health Foundation

Helping people get mental health services at Johnson Memorial Health is the focus of a new public fundraising campaign. The Drive to Come Alive will support patients and the community by increasing access to mental and behavioral healthcare, according to the Johnson Memorial Health Foundation.

Beyond the physical impact of COVID-19, there has been a tremendous toll on the mental well-being of the community. Organizers say the campaign provides hope to patients, families and caregivers who are dealing with the emotional aftermath of the pandemic.

The JMH Foundation first began supporting access to mental health services in 2017 after the healthcare system began seeing a greater need among JMH patients.

"The physicians on our board brought this to our attention a few years ago before the pandemic," said Doug Stewart, JMH Foundation board president. "They told us they had patients who were desperately needing mental health services, but navigating the system for help was often difficult. Our board agreed to step in."

The Foundation began hosting an annual gala to raise funds for improved access to mental health services. "The ad-

dition of mental health professionals at JMH made an immediate difference in lives," Stewart said.

Because of the current pandemic, the 2021 Gala was held virtually on April 16. The board also decided to expand the outreach and launch a public campaign so the entire community could help. Donations from the community will help provide front-line, urgent evaluation of JMH patients facing a mental health crisis; help from a professional navigator to get immediate behavioral health services; follow-up to see how JMH patients are doing.

During the past year, the JMH mental health access program has assessed and directed care for more than 1,025 people with ages ranging from 3 to 99. According to the Centers for Disease Control and Prevention, more than 45 percent of Americans say the pandemic has negatively affected them. On average, more than 1 in 3 adults in the U.S. has reported symptoms of anxiety and/or depressive disorder since May 2020. In comparison, from January to June 2019, approximately 1 in 10 adults reported symptoms of anxiety and/or depressive disorder.

Contributions can be sent online or to the Johnson Memorial Hospital Foundation, 1125 W. Jefferson St., Franklin, Indiana 46131.

## Franciscan Health's Social Impact Program to serve at-risk populations

**Applications accepted** - Franciscan Health received funds to support healthcare-related programs for non-profit, health and human service organizations in at-risk communities. These funds will be allocated through Franciscan's Social Impact Partnership Program (SIPP). SIPP funding applications will be accepted until June 11, 2021. Partner agencies will be announced July 29. Organizations may apply for up to \$10,000 in monetary support and in-kind donations. Serving populations most in need, and in accordance with Franciscan's mission, should be the focus of supported activities. These include people that have endured systemic racism, refugees and immigrants, chronically low resources, at-risk youth, and others impacted by poor societal supports. Priority health needs, as defined by Franciscan Health's Needs assessment include: 1) access to healthcare; 2) food insecurity; 3) house stability; 4) social bridging; 5) mental health; and 6) substance abuse. Organizations may complete an application located at [franciscanhealth.org/communityhealth](http://franciscanhealth.org/communityhealth).

## Walk-in vaccinations available at Johnson Memorial Health

**Vaccine** - Hoosiers age 16 and older can now get a COVID-19 vaccine without an appointment at Johnson Memorial Health from 8:30 a.m. to 2:30 p.m. Monday through Friday. When arriving at the Franklin campus for vaccination, park in Blue Lot H off West Jefferson Street and follow the signs near the old emergency entrance. Those interested also can still make an appointment by going to [ourshot.in.gov](http://ourshot.in.gov) or calling 211. For more information, visit [johnsonmemorial.org](http://johnsonmemorial.org).



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## Buy fresh, support local

### What Center Grove residents can expect from nearby farmers markets

Compiled by Jessica Todd and Nicole Davis

When shoppers buy fresh and local, they support their own community. With warm weather on the rise, farmers markets are opening for the 2021 season. Local farmers markets near Center Grove are ready to see everyone again. There is a lot to see this year from the markets including fresh produce, new vendors and many local items.

The Greenwood Farmers Market is open every Saturday from 8 a.m. to noon now through the last Saturday in September at Greenwood Methodist Church, 525 N. Madison Ave., Greenwood. The Greenwood Farmer's Market has several new

vendors appearing this year. These include AT Moore & Family, Kafeteria Pies, Liz's Plants and Produce, Tumblers Inc, Grammy's Embroidery, Yearling Farms and Spencer Veggies and Flowers. The market focuses on being a true farmers market and emphasizing produce, but it will have food and craft vendors as well.

For more information, visit [facebook.com/Greenwood-Indiana-Farmers-Market-85117929397](https://facebook.com/Greenwood-Indiana-Farmers-Market-85117929397).

The Bargersville Farmers Market will be open every Wednesday from June to August from 5 - 7 p.m. at 24 N. Main St., Bargersville. For more information, visit [bargersvillemainstreet.com](https://bargersvillemainstreet.com).



## Can you kick it?

### Woodside Community Church offers Woodside FootGolf as a way to give back to the Center Grove and surrounding community

By Nicole Davis

If you can kick a ball, you can play footgolf, a game blending the sports of soccer and golf. Woodside Foot Golf, the only standalone foot golf course in the South Indianapolis region, has league spots available, or anyone interested in playing or trying out the sport can come out and try their hand at the 18-hole course.

Woodside Community Church has been around for 17 years, although it just relocated to Center Grove three years ago. Pastor Mark Petty said they chose this location was because he and his wife regularly drove past it while taking their children to soccer practice at the Center Grove fields. The church was looking for a new property, and the location at 1811 S. Morgantown Road, Greenwood, was perfect.

Woodside Foot Golf opened in July of 2019 as an outreach for Woodside Community Church. Church volunteers helped create the foot golf course by digging the holes and making the signs.

"I've coached college soccer, all kinds of soccer, and figured this was the perfect thing for us to do since we have a big soccer background," Petty said. "My kids all play college soccer. They're the ones who have done a lot, tested out the holes, made sure it's a decent length, stuff like that."

A \$10 donation is recommended to

play on the course. Proceeds go back into the community. The church is using some of the proceeds from last year to install a frisbee disc course this summer, which will also be donation-based for community members to play. After that, Petty said they're looking at creating a dog park or something else that would benefit the community as a whole.

"We just want the people from the community to come here, connect, have fun and have a place to enjoy in this area," Petty said. "There are traditional parks out there, but we want to be something a little different."

Individuals can form their own leagues. Petty said they've also had business-sponsored events, parties and individuals of all skill levels coming to play.

"One of our first customers was a 73-year-old woman and a 76-year-old man on a date," he said. "She had one fake leg and played all 18 holes. It took six hours, and they hung out here all day. That's why we say anybody can play."

Woodside Foot Golf will host a Top Soccer tournament on June 19 to raise money for kids who are handicap to be able to play soccer. Indy Eleven will sponsor, and members will attend. Details will be posted at [woodsidefootgolf.com](https://woodsidefootgolf.com) closer to the event date. They also plan to host additional community fundraisers this year.



SageGreen plays a round of foot golf at Woodside FootGolf. (Submitted photo)



## 500 on (the INDY) 500

### Rick Shaffer pens new book featuring 500 memories from the greatest race in the world

By Mark Ambrogi

When Rick Shaffer decided to write a book about the Indianapolis 500, he wanted to include stories that wouldn't normally be mentioned in a recap of the race.

The Greenwood resident's recently released book, "500 on (the INDY) 500: Tales, Facts and Figures on 'The Greatest Race in the World,'" does just that.

Shaffer, who has been to 40 Indy 500s since his first in 1964, went to his first 11 races as a fan. Since 1981, the 1970 Southport High School graduate has attended the race as a journalist or in a public relations role.

Longtime IndyCar racing writer Robin Miller has known Shaffer for decades.

"It's the kind of book for the die-hard Indy fan that wants more," said Miller, who graduated from Southport in 1967. "It's got stuff in there that even people who know a lot about the race will be surprised to learn. Rick is such a stickler for details. Donald Davidson stepped down (as Indianapolis Motor Speedway historian), and Rick and Dave Scoggan are the two IMS historians in my mind right now if you are going to write a story or book about the Indy 500."

The coffee table book includes color and black and white photos and was published by Costal 181, which specializes in auto racing books.

"I tried to look for photos that have never been published or are rarely published," Shaffer said. "The theme of the book is 'wow, I didn't know that.'"

Shaffer, who works for Vintage Motorsport, worked on the book on and off for five years.

"I liked the idea that I was going to have

little tidbits that weren't widely known," Shaffer said. "My original plan was to have 250 items and then have Robin Miller do the other 250, but Robin was heavily involved with the Indiana Pacers book (in the ABA). So, I just compiled stories with a number and not any chronological list at that time. All of a sudden, I was up to 500 and going strong."

In his first draft, he had 570 stories and thought about changing the title, but then decided he needed to go back to his original plan of 500 tales. Shaffer compared it to when he was covering racing for The Indianapolis Star and would write a notebook with his race coverage.

"The book is like a gigantic notebook on the 500," he said. "I'm getting a lot of good feedback from readers saying it's really easy to read. It doesn't have to be a book where you start at the start and go to the finish; you can hop in anywhere you want."

The book includes how the Indianapolis Motor Speedway started.

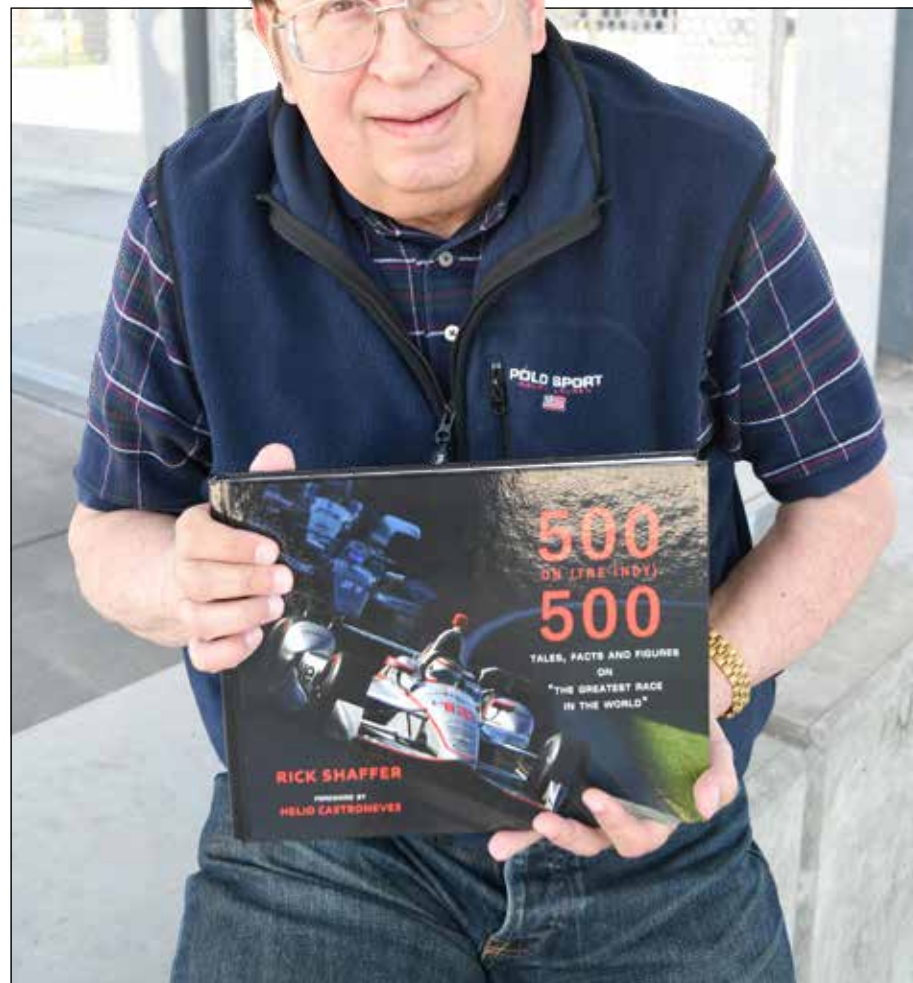
"Indianapolis in the first decade of the 20th century was a major player in the auto industry," he said. "The four guys who founded the track were all involved in one phase of the auto industry or the other. They had outgrown using a mile-track at the State Fairgrounds, so they wanted to build a 3-mile to 5-mile circular track."

Shaffer said once they found the property, they brought in an engineer who designed the track to fit the property.

"The rest is history, I guess," he said.

Three-time Indy 500 champion Helio Castroneves wrote the forward to the book. The 262-page book is available at [coastal181.com](http://coastal181.com) or by calling (877) 907-8181. The cost is \$39.95 plus shipping.

Rick Shaffer with his book at Indianapolis Motor Speedway. (Photo by Rick Myers)



From left, Patrick Carpentier, Stefan Johansson, Rick Shaffer and Helio Castroneves in 1998 at Stefan's indoor karting center in Indy. (Submitted photo)

ROMAN  
NUMERALS

77

The number jersey that Parker Ferguson wore while playing left tackle for the Air Force Academy football team. Ferguson, a Center Grove graduate, has recently signed a free agent contract with the New York Jets!

## ICONic rewind



Brent Schulz was selected by the Air Force Association as its 2021 Indiana Teacher of the Year. (Submitted photo)

### CGHS teacher named Indiana's "Teacher of the Year" by Air Force Association

**Teacher of the Year** – Brent Schulz, Engineering & Technology department chair at Center Grove High School, has been selected by the Air Force Association as its 2021 Indiana Teacher of the Year. This honor recognizes STEM (science / technology / engineering / mathematics) educators for their outstanding classroom performance, collaborative initiatives, educational outreach, leadership and significant impact in the school and community. The program, sponsored by Rolls-Royce, proudly honors the commitment and achievements of these extraordinary teachers. Schulz has taught for 18 years in the Greenwood area, and is a Project Lead the Way teacher, sponsor of Center Grove's Remote Control Flying Club and men's volleyball coach. He is a multiple recipient of the high school's "Most Influential Teacher" award and a member of the Civil Air Patrol. Schulz was nominated for state recognition by the Air Force Association's Central Indiana Roscoe Turner Chapter 150 after being awarded its chapter Teacher of the Year award.



# NIGHT & day LOCAL Entertainment ENTERTAINING

## EVENTScalendar

**Capes & Crowns Family Fun Fest** • Calling all Superheroes! Join A Kid Again - Indiana Chapter as they unite for a common cause. Activities include basketball, crafts, games and more. | When: May 16, 1 - 4 p.m. | Where: Independence Park, 2100 S. Morgantown Road, Greenwood. | Info: [ms-stride.org/capesandcrownsindiana](http://ms-stride.org/capesandcrownsindiana).

**Cirque Italia Water Circus** • Cirque Italia has pulled out all of the stops this year, taking the audience back to a time when hula hoops and soda fountains were abundant. The show features performers from Argentina, Brazil, Romania, and many other countries. Tickets: \$10-50. | When: Now to May 16, 7:30 - 9:30 p.m. | Where: Greenwood Park Mall, 1251 US 31 N., Greenwood. | Info: [gold.cirqueitalia.com](http://gold.cirqueitalia.com).

**Festival Country Kickoff** • This event takes place in downtown Franklin and marks the official start of festival season. Guests can enjoy a beer garden, food vendors and a concert from My Yellow Rickshaw. | When: May 21, 5-10 p.m. | Where: Downtown Franklin, 66 S. Water St., Franklin. | Info: (317) 736-3689

**Front Porch Music Series: White River Rambler** • Celebrate the new outdoor patio with guitar riffs and hop whiffs. Kicking off the Front Porch Music Series is local classic country band, White River Rambler. White River Rambler is a home-grown band from all parts of Indiana with an original sound that harkens back to country legends Willie, Waylon, Johnny, and Merle. | When: May 21, 6:30 - 9 p.m. | Where: MashCraft Greenwood, 1140 N. State Road 135, Greenwood. | Info: [mashcraft.com](http://mashcraft.com).

**Tinker Time Pick Apart** • Kids, bring adults and explore stuff to take apart in this outdoor program. Peek inside electronics and appliances to see how they work, and break things without getting in trouble! Tinkering is fun for grown ups too. | When: May 22, 1 - 3 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**Exploding STEAM!** • Let's have some messy fun with chemical reactions. Exploding paint, erupting chalk, and buried treasure are in store for this socially distanced outdoor STEAM program (weather dependent). | When: May 26, 4:30 - 5:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**Money as You Grow Book Club** • Introducing children to important money concepts through books. Families will enjoy Icebreakers, books, discussion, and a craft. | When: May 27, 3 - 4 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**Find Your Wild Painting Class** • Paint a beautiful canister to go with any summer decor. Class

is instructor led, but participants can go at their own pace. Grab a friend and make plans to come paint. Cost: \$32. Not feeling the group setting? Grab a to-go kit. | When: May 27, 6 - 8 p.m. | Where: uPaint Pottery Studio, 3113 W. Smith Valley Road D, Greenwood. | Info: [upaintpotterystudio.com](http://upaintpotterystudio.com).

**Banding Together: The Healing Power of Music** • The Greater Greenwood Community Band will host this concert. | When: May 29, 5 p.m. | Where: Surina Park Amphitheater, 300 S. Washington St., Greenwood. | Info: [greenwoodband.org/events](http://greenwoodband.org/events).

**2021 Picnic Concert Series Kick-off** • Join for an evening of music and wine on the lawn. Food trucks will also be lined up outside the tasting room. My Yellow Rickshaw will perform. Free admission. | When: May 29, 6 - 9 p.m. | Where: The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: [mallowrun.com](http://mallowrun.com).

**Bible Boot Camp** • Bible Boot Camp is a self-paced, online walk-through-the-Bible in a chronological way that helps participants understand the major storyline of the Scriptures. Participants will have an online instructor who will help answer any questions, and encourage everyone to complete their Boot Camp experience. | When: Classes begin June 1. | Where: Hosted by Mount Pleasant Christian Church. | Info: [mpcc.info/event/2052966-2021-06-01-bible-boot-camp](http://mpcc.info/event/2052966-2021-06-01-bible-boot-camp).

**Plant Identification for Kids** • Learn different ways to identify Indiana plants. Enjoy plant-themed games and crafts and explore nature at the library. | When: June 1, 3 - 4 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**Bargersville Farmers Market** • Join every Wednesday this summer from 5-7pm at 24 North Main Street Bargersville, IN for our annual Farmer's Market. When you Buy Fresh and Local, you support your community. | When: June 2 and Wednesdays, 5 - 7 p.m. | Where: 24 N. Main St., Bargersville. | Info: [facebook.com/Bargersville-MainStreet](http://facebook.com/Bargersville-MainStreet).

**Meet Pete the Cat & Celebrate 1000 Books Before Kindergarten** • Pete the Cat is coming to the library! Get a picture taken, count his groovy buttons and enjoy some fun stories and activities. | When: June 4, 10 - 11 a.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**31st Annual Center Grove Athletic Booster Club Golf Outing** • When: June 4, 11 a.m. registration, 11:15 a.m. putting contest and 12 p.m. shotgun start. | Where: Hickory Stick Golf Course. | Info: To register, email Rick Clark, [cgllsports@aol.com](mailto:cgllsports@aol.com).

**Summer Camp 2021: Be the Story** • This camp for children ages 10 - 14 will focus on music and dramatic excerpts from the work of Roald Dahl. It will feature music from Matilda, James and the Giant Peach, Willy Wonka and more. The camp will end with a showcase at the end of the week on Friday at 4:30 p.m. Total cost: \$200. | When: June 7 to June 11. | Where: Studio One at Greenwood Park Mall. | Info: [cgfinearts.org/summer-camps](http://cgfinearts.org/summer-camps).

**Donut You Love Painting Summer Camp** • Campers will paint a cute keepsake box: "I Love You to the Donuts and Back" and enjoy a yummy donut snack. This project day is for children 5 years and older. This is just one of 18 themed summer camp days. Camp cost: \$35 per day, \$95 for three days, \$150 for five days. | When: June 7, 1 - 3 p.m. | Where: uPaint Pottery Studio, 3113 W. Smith Valley Road D, Greenwood. | Info: [upaintpotterystudio.com](http://upaintpotterystudio.com).

**Stuffed Animal Sleepover** • Enjoy activities together before leaving stuffed animals for their sleepover. | When: June 10, 6 - 6:45 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**Picnic Concert Series: Without U2** • Part of the Hubler Automotive Group 2021 Picnic Concert Series presented by Horizon Bank, Duke Homes, Cardon & Associates and Sunbelt Rentals. This show features the U2 tribute band. Tickets \$10 in advance, \$15 day of the show. | When: June 12, 7 p.m. Gates open 5:30 p.m. | The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: [mallowrun.com](http://mallowrun.com).

**Read & Bleed @ Your Library** • Give the gift of life and roll up your sleeves while reading. All blood types are urgently needed. Ages 17 and up. | When: June 15, 9:30 - 2:30 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: To schedule an appointment, call (800) 733-2767 or visit [redcrossblood.org](http://redcrossblood.org). [pageafterpage.org](http://pageafterpage.org).

**Craft Night Felt Flower Hoop Wreath** • Pick up a kit the week before the program and then Zoom in to make a cute wreath. All supplies included, but it's easier to have a glue gun at home. | When: June 16, 7 - 8 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: [pageafterpage.org](http://pageafterpage.org).

**A Night on Broadway!** • This gala is the annual benefit for Creative Grounds Fine Arts Academy. Tickets are \$60 per person or \$400 for a table of seven. | When: June 20, 5 p.m. doors open, 6 p.m. dinner and entertainment begins. | Where: The Sycamore at Mallow Run, 7070 W. Whiteland Rd., Bargersville. | Info: [cgfinearts.org](http://cgfinearts.org).



## AN OPTION

**Jockamo  
Upper Crust Pizza**

Jockamo Upper Crust Pizza opened their doors to Greenwood in 2010, three years after opening their first store on the Eastside of Indianapolis. Jockamo is owned by two families, the Duncans and Starks, who used to be neighbors when they lived in Irvington. "The 9th Street salad on our menu is a reference to the street in Irvington where our two families lived," said Mr. Duncan. The pizzeria has three locations and a menu full of salads, pizza, sandwiches, appetizers and more. "Our most popular pizza, at all three locations, is the Slaughterhouse Five, an all-meat pizza with pepperoni, ham, sausage, Italian beef and bacon," said Mr. Duncan. The restaurant makes everything in-house when it comes to their food, with the exclusion of two light dressings.

"We have a quote on our menu that we make everything in-house except the two light dressings we offer, because we don't know how to make anything with less calories than God intended," explained Mr. Duncan. Jockamo Pizza makes their own dough, twelve different sauces, six non-light dressings and soups in-house. They also grind their cheese daily. The



The staff at Jockamo Pizza's Greenwood location makes all of their menu items fresh each day. (Photo courtesy of Jockamo Upper Crust Pizza)

owners explained that everything is made to order, and a microwave is never used at any of their locations.

"We've won numerous awards, including from Nuvo, Indy A-List and IndyStar. We're locally owned and proud to be a part of Old Town Greenwood," said Mr. Duncan. Jockamo is open for delivery, take out and dine-in services Sunday-Thursday, 11 a.m. to 9:30 p.m. and Friday and Saturday from 11 a.m. to 10:30 p.m.

**LOCATION:**

401 Market Plaza, Greenwood, IN 46142

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## SPOTLIGHT



Artwork (Detail) by Krista Swisher

### Southside Art League: Krista Swisher

Southside Art League's featured artist in May is Krista Swisher. Swisher started painting about four years ago. She paints more abstract works with little imagery because she can use colors, brush strokes, paint thickness, paint application, etc. to show emotion or passion or enthusiasm. She is inspired by the works of Willem deKooning, Frida Kahlo, Lee Krasner, Henri Matisse, Pablo Picasso, Jackson Pollock, and Mark Rothko. Stop by the gallery through May 29 to see this show! Regular gallery hours are Wednesday through Saturday from 11 a.m. to 3 p.m. Learn more about Swisher at [kas07132002.wixsite.com/kristaswisherart](http://kas07132002.wixsite.com/kristaswisherart). Visit [southsideartleague.org](http://southsideartleague.org) for more information about the upcoming gallery.

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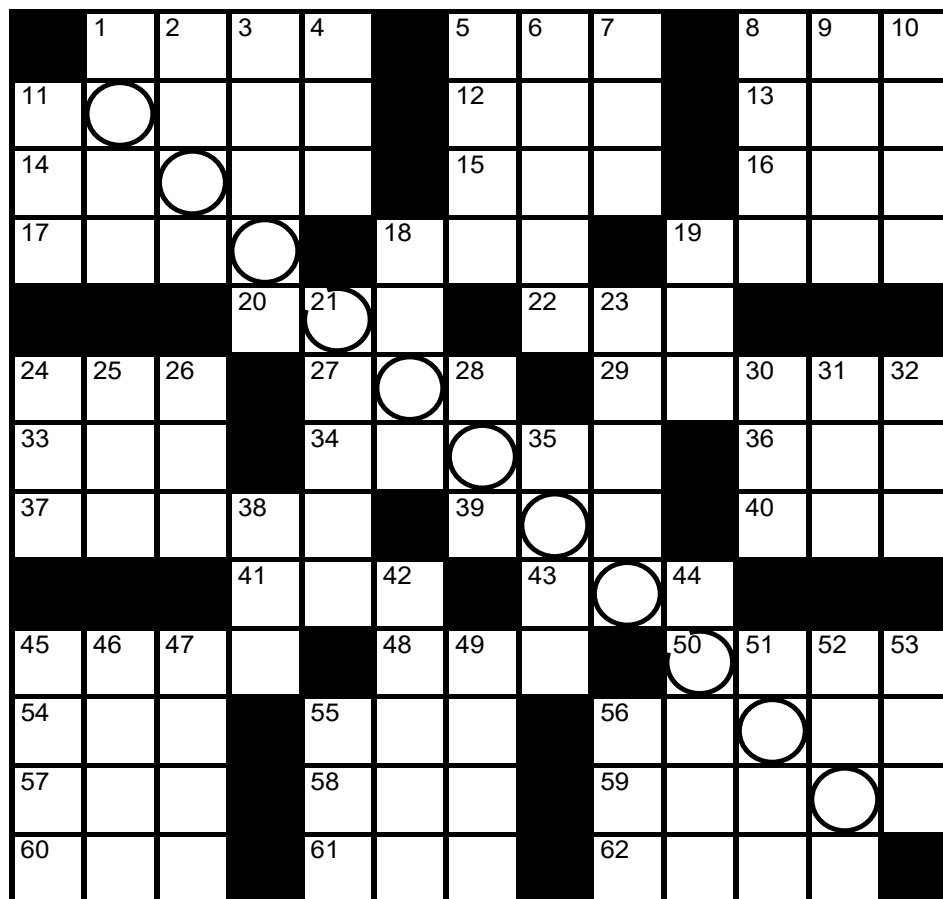
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ACROSS

1. Dermatology Center of Indiana spots
5. GPD rank
8. Back of a boat
11. Seafood dish
12. RV park chain
13. Zodiac sign
14. Black-and-white cookies
15. PC maker
16. Victory Field ump's call
17. Stitched
18. IND wanders
19. Lilly pills, briefly
20. Biblical verb ending
22. ISP choice
24. Indiana governor between Bowen and Bayh
27. Indiana House vote
29. Classic Ford
33. Unruly crowd
34. Mattress maker
36. Crooked Stick Golf Club designer
37. Insurance company with a lizard mascot
39. Dept. boss
40. "Game, \_\_\_ and match!"
41. Raggedy doll
43. Tax letters
45. Diplomatic skill
48. Greenwood Park Mall Santa's helper
50. Hoosier National Forest trees
54. Coach Parseghian
55. Earth prefix
56. Patio stone
57. Pine relative
58. Colts stats
59. Secret agents
60. Colts stats



61. Denver's winter hrs.
62. "Pronto!"

DOWN

1. Land measure
2. White River rowers
3. Nary a soul
4. ICON VIPs
5. Hits the slopes
6. Rot
7. Scottish cap
8. \_\_\_ vera
9. Clash of clans
10. Little kids
11. "Mayday!"
18. "Of \_\_\_ I Sing"
19. Cubs' org.
21. Boxing's "Iron Mike"
23. Fab Four name
24. Texter's "Wow!"
25. Fish eggs
26. Cubs stat

28. Usher's offering
30. Bouncers' requests, for short
31. Shapiro's bread
32. Pistons on a Pacers scoreboard
35. End-of-the-workweek inits.
38. Animal Shelter of Johnson County adoptee
42. Must-haves
44. Channel 4 afternoon fare
45. 300-pound US president
46. Bone-dry
47. Ray Skillman inventory
49. Misplaced
51. Nike rival
52. Maintain
53. CGHS class
55. Workout facility
56. Unpaid ad on WRTV

Puzzle Time

A  
A N P  
C B D A Y  
E U O R S A E  
T A L D E S D K H  
E R C V Q T P L S C H  
P N U C E A T O A N I A E  
I I F O R M I R I E N M N  
L L K R S A L T R P U B G  
O R N D L Z A R O T M U O  
T E A B U O C C M Y E R L  
A B R I C N K Y E O L G O  
B L F R A H A L M F I Y C  
L E T T E R M A N N N  
O C H A R L E Y S  
I S S A N A G  
C I V I C  
S J J  
L

- 6 Indy 500 Team Owners
- 4 Indy Honda Vehicle Models

_____	_____
_____	_____
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_____	_____
_____	_____

- 5 German Cities

_____	_____
_____	_____
_____	_____
_____	_____

- 3 S.R. 135 Restaurants

- 2 Worlds Longest Rivers

- 1 May 31 Holiday

\_\_\_\_\_

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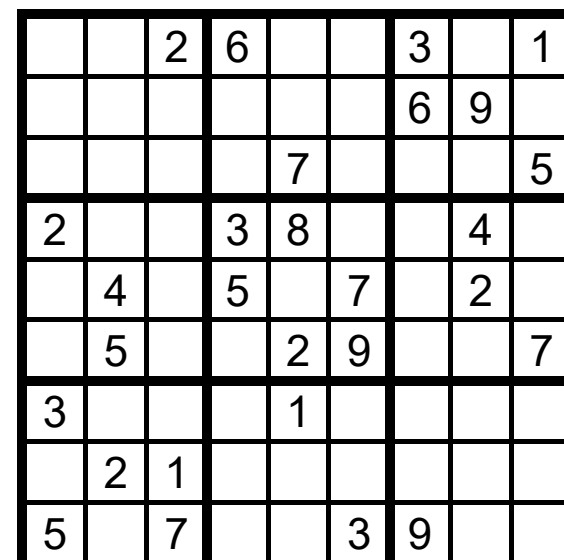
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See Answers on page 17.



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## PERSONNEL MATTERS

## Don't underestimate your mindset

By Mike Heffner

As I look back, the trials in my life have allowed me to learn or try something new. Most obstacles feel HUGE to us in the moment and often have us feeling worried, fearful or hopeless. In reality, obstacles shape our lives, force us to learn things and bring us new opportunities. Why do we allow the setbacks and detours to make life feel so bleak in the moment? What is your internal response?

- Have you allowed your mind to wander to areas that are far beyond your control? Do you allow your mind to create a storyline in your head that would sell great in Hollywood? Too many people are generating a full-length motion picture of all the bad things that could happen. Much of this negative, fictional storytelling involves characters and plot twists that aren't even realistic. Do you allow the fiction of social media to sell you a bill of goods? Do you ever look at someone's fame, fortune, success or prestige and wish your life could be more like theirs? Maybe it was their vacation or a newly remodeled kitchen that immediately invokes jealousy and feelings of inadequacy. Almost none of it is reality.

- Have you found yourself lacking belief, faith or hope? What foundation do you have to stand on if hopelessness and despair are all you have? We are supposed to love, inspire and serve others. Without faith for a greater tomorrow, it's easy to stumble and spiral.

You can overcome these obstacles by replacing fear, fiction and negative self-talk in a way that can empower and provide you and your loved ones with hope, love and gratefulness.

- Replace hopelessness with positive action – To avoid creating motion pictures in your head, look to change the storyline. Invest in yourself. Spend time each day eating well, exercising and spending time in prayer or meditation. When your body is well physically, spiritually and mentally, you are more powerful, and it's easier to stay focused on the positive.
- Replace the pressure to succeed with the dedication to the process – Do the work. Put in the time, and growth will come. Stay focused on learning and improving instead of the possible failures. Focus on what you can do. If you are focused on helping others in your work, you will find joy and positivity in

completing the tasks.

- Replace despair and discontentedness with gratitude – It is almost impossible to be grateful and stressed at the same time. Take time to look for the blessings in your life, work, and the things you get to do every day. As so many things are trying to divide us, look to build a foundation of purpose in your life. Surround yourself with others that have strong beliefs, faith or mindset.

If you have struggled with any of the above, I hope that you can move to a mindset of hope and growth. The key to seeing a future that is full of hope is staying focused on what lies ahead. Look to take advantage of the obstacles by changing what happens next. You can't undo the past, but you can change what happens tomorrow.



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros.com, @IndySouthMike on Twitter or visit ExpressIndySouth.com.

## PEER TO PEER

## Don't shoot me, I am just the piano player

By Howard Hubler

Years ago, this was the memorable line from a western movie. "Don't shoot me, I am just the piano player." Recently a friend said that he saw a similar sign in a restaurant. It said, "If the service is poor, don't blame me, I am just the guy that showed up for work."

One of the reoccurring themes in my columns is the fact that this current \$1.9 trillion "free money scheme" is a step too far.

Now that we have pizza parlors open again, as well as restaurants and service businesses in general, the cry is, "I have been wanted ads all over the internet and Facebook. I am paying more than ever in salaries. Now no one comes in to apply for a job. I am in desperate need of young, energetic people to work in my business. Now that I can be open, I am in jeopardy all over again from losing my business as there is no available help-wanted." To most Hoosier business readers, wasn't this also predictable?

For many central Indiana businesses, they have been crying for help ever since Donald Trump's Paycheck Protection Plan put cash in the pockets of the unemployed. If you give an unemployed person a month or two

of cash for living expenses, they think they are on the top of the world. The irony is that many businesses are exploding in sales. As a result, they need sales and service help badly. On the upper end, people will spend the money saved during the pandemic from a family vacation skipped and buy wanted or needed consumer items.

What about the younger people at the lower end of the economic spectrum? They are spending like drunken sailors as well. The only thing is that they are still broke. Two months of expenses do nothing in the real world of family expenses. Besides, if they get a job, go to work and make a lot of money, they will spend the rest of their working careers paying back \$1.9 trillion of federal debt.



Howard Hubler can be reached at [howard@hubler.com](mailto:howard@hubler.com).

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## ICONic briefs



Center Grove High School has chosen Jennifer Gandolph Hawk as the next head volleyball coach at Center Grove High School. (Submitted photo)

### Center Grove High School names next varsity volleyball coach

**New coach** - Center Grove High School has chosen Jennifer Gandolph Hawk as the next head volleyball coach at Center Grove High School. Hawk's appointment is pending approval by the CGCSC Board of School Trustees at its May meeting. Hawk brings 12 years of head coaching experience to CGHS. She has been the head coach at Perry Meridian High School for the past four seasons. Previously, she served as an assistant coach at the University of New Orleans, University of Georgia, Samford University (Birmingham, AL) as well as the head coach at Archbishop Chapelle High School (New Orleans, LA). Hawk received a bachelor's degree in sports management and communication in 2005 from the University of Michigan. She was a four-year starter for the Wolverines' volleyball program and an all-time leader in kills, digs, and attempts. She is a member of the Michigan 1,000-Kills and Digs Club and was selected preseason All-Big Ten in 2004. Hawk is a 2001 CGHS graduate where she earned 10 varsity letters in volleyball, basketball and softball. She was a part of Indiana state championship teams in softball (1998) and volleyball (2001) and was named All-County, All-Conference, All-State and Indy Star Suburban Female Athlete of the Year. Hawk was named one of Volleyball Magazine's Fab 50 and All-American, as well as a Fox Sports All-American as a high school player.

## "Life's too short"

### A thoughtful and moving contemporary romance

#### BOOK REVIEW

By Amy Hamilton

"Life's Too Short" by  
Abby Jimenez

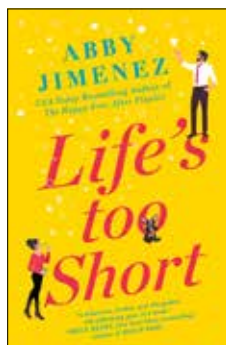
is a romantic comedy that is both a tear-jerker and heart-warming. Vanessa Price is a travel vlogger with millions of subscribers on YouTube. Since her sister died from early-onset ALS, Vanessa decides to live her life as if it's her last year alive. She genuinely appreciates living and traveling the world. Vanessa became a vlogger to raise money for ALS research and help her family put their lives back together. Everything is great until one day when Vanessa's younger sister drops off her newborn for just a few hours so she can run errands. The twist? She never came back for the baby.

Adrian Copeland is a criminal defense lawyer who is a workaholic. One night he can't sleep due to a crying baby in the apartment next door. Thus, starts the

unlikely relationship between Vanessa and Adrian. He was able to calm the baby down, and she was able to take a shower.

Over the next few days, they become friends as both do not want a romantic relationship. She's afraid that she has ALS, and he just got over a break-up. Yet, between their families, friends and baby Grace, they might get together.

"Life's Too Short" is a thoughtful and moving contemporary romance. Recommend for fans of Marisa De Los Santos, Talia Hibbert and Susan Mallery.



This review is written by Amy Hamilton, the adult/teen librarian of the Johnson County Public Library - White River Branch. She enjoys reading, knitting and taking long walks in the woods. Contact Amy at [ahamilton@jcpln.org](mailto:ahamilton@jcpln.org).

### ADDITIONAL RECOMMENDATIONS:

#### Adult:

"The Woman with the Blue Star"  
by Pam Jenoff

"That Summer"  
by Jennifer Weiner

"Malibu Rising"  
by Taylor Jenkins Reid

"The Newcomer"  
by Mary Kay Andrews

#### Young Adult:

"Excuse Me While I Ugly Cry"  
by Joya Goffney

"Indivisible"  
by Daniel Aleman

"Pumpkin"  
by Julie Murphy

"Mirrors Edge"  
by Scott Westerfield

#### Children:

"Hello, Rain!"  
by Kyo Maclear

"Laxmi's Mooch"  
by Shelly Anand

"Memory Jars" by Vera Brosgol  
"My Nana's Garden" by Dawn Casey

## Filling the pauses with ... um ... you know ... embolalia

#### GRAMMAR GUY

By Curtis Honeycutt

A few years ago, my friend Kristen and I created a podcast called "The Exotic Fruit Review." In it, we sampled exotic fruits, discussed them and interviewed people who were leading extraordinary lives. While we enjoyed having a quirky podcast, Kristen and I had to do all the scheduling, producing and editing work ourselves.

One of the things that drove me down-right batty was editing our episodes. While the content was engaging and even mildly entertaining, I hated listening to the sound of my voice. I began to notice a verbal pattern where my voice would get ahead of my brain. While I was thinking of the right words to say, I'd fill the silent voids with a steady cadence of "uhs" and "ums." While Kristen and I loved trying exotic fruits, including durian and mamey sapote, the production toll (as well as parenting our respective kids) caught up to us, and we halted production indefinitely.

There's a term for filler words and sounds we utter while navigating to the right word or thought: "embolalia" (or "embolololia"). It comes from the Greek

compound word "embolos," a combination of "emballo" (to throw in) and "lalia" (forming language with abnormal or disordered speech). Other terms to describe this type of speech include "hesitation forms," "automatic speech" and "formulaic language."

Before you recognize this pattern in

*"That is to say, um,  
we all have a couple of,  
you know, bad habits."*

yourself and think that you have some type of disorder, know that nearly everyone includes some form of embolalia in their speech, whether or not they're aware of it. Embolalia encompasses all filler words, including "like," "kind of," "you know" and "I mean," as well as non-words including "um," "uh," "er" and "em."

Formal speech courses discourage embolalia so that speakers' messages get their points across without any communi-

cation barriers. The public speaking organization Toastmasters International refers to embolalia words and sounds as "crutch words." You can even download an app called LikeSo that will tally your overused filler words and train you to drop them from your rhetoric.

Legendary Los Angeles Times columnist Jack Smith discussed embolalia back in 1991. Writing a daily column for 37 years, Smith took particular issue with the filler word "well" creeping into common parlance. He decried "the insertion of the word 'well' where it is not necessary and has no grammatical function." Well, I know what he means because I use it all the time — in newspapers, of all places! That is to say, um, we all have a couple of, you know, bad habits.



Curtis Honeycutt is a syndicated humor columnist. He is the author of *Good Grammar is the Life of the Party: Tips for a Wildly Successful Life*. Find more at [curtishoneycutt.com](http://curtishoneycutt.com).



## When is the last time you got a handwritten note or letter in the mail?

### DEVOTIONAL

By Pastor  
Chris Philbeck

Recently I read about a company called, "Handywritten" that uses what they call "handwriting robots" (that's right, I said robots) to write out your words for you. Their business slogan is, "You Type - We Write." All you do is log on, type out what you want to say, choose your preferred script and a handwriting robot will write out the words for you and send the letter to your friend or loved ones. For an extra fee, some of these businesses ("Handywritten" is just one example) will even mimic your handwriting and include a smudge or inkblot to give your note or letter a more authentic touch. I googled reviews of Handywritten and found one that said, "Great way to send heartfelt notes." In the fall of 2020, during the heart of COVID, I shared a sermon series with my church family called, "The Look of Love." This particular series was a verse-by-verse study of Romans 12:9-21. I chose the title "The Look of Love" because, more than anything else, Romans 12:9-21 is a description of what love is supposed to look like, not only among believers in a community of faith but to the world as well. The very first words of Romans 12:9-21 are, "Love must be sincere." The word "sincere" in

the original language of the New Testament is a word that means "undisguised" or "without a mask." The English word "sincere" comes from the Latin words sine and cera and means "without wax." That's a reference to the ancient practice of using wax to hide cracks in inferior pieces of pottery so they could be sold at a higher price. Now, I don't want to be too hard on services like "Handywritten" or anyone who uses them, but I would feel a little cheated to receive a hand-written note from someone that was written by a robot - even if the sentiments were real. It would just seem insincere. I wouldn't feel comfortable sending a letter or note that communicated a certain level of commitment when all I did was type it on my computer. So, here's a memory verse (a life verse) for all of us. Romans 12:9a, Love must be sincere. I don't ever want to damage the credibility of my witness or my words by taking a shortcut when it comes to loving and caring about others.



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at [inquiry@mpccministry.com](mailto:inquiry@mpccministry.com) or call (317) 881-6727.

### Puzzle Time Answers – ON PAGE 14 Answers to HOOSIER HODGEPODGE:

Teams: ANDRETTI, FOYT, GANASSI, LETTERMAN, PENSKE, RAHAL

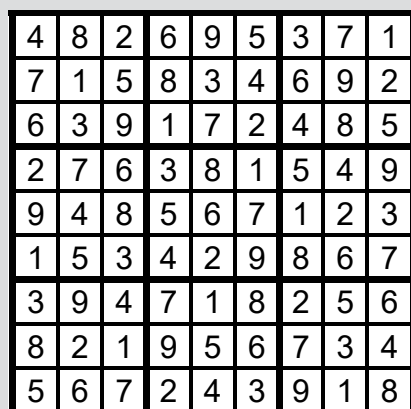
Towns: BERLIN, COLOGNE, FRANKFURT, HAMBURG, MUNICH

Models: ACCORD, CIVIC, PASSPORT, PILOT

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Rivers: AMAZON, NILE

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## Dr. Kara Guiliani Cecil

Assistant professor in the School of Public Health at the University of Indianapolis

Compiled by Jessica Todd

Dr. Kara Guiliani Cecil is an assistant professor in the School of Public Health at the University of Indianapolis. Outside of work, she is a mother of three children in the Center Grove Schools system and an active member of Mount Pleasant Christian Church. Cecil grew up in Bargersville and graduated from Center Grove High School in 2001. Cecil attended college at Transylvania University in Lexington, Kentucky. Cecil accepted the position at UIIndy on a Friday 2016 and moved her children back to her hometown by that Tuesday. Her children are very involved with sports in the Center Grove area and they all take music lessons and play various instruments. Cecil is also involved as a volunteer with Resources of Hope, a nonprofit in Johnson County serving foster families. Although the family is too busy to foster children at the moment, Cecil is able to support children in foster care without fostering. "I hope to model for my own kids and to my students what it means to be an engaged citizen. We have a responsibility to each other and our community. Someone has to volunteer for the class parties, provide the soccer snacks, set up the events, install the car seats, write the grants, and just generally invest in our community. We cannot assume someone else will do it. If you are able--you can get it done. Someone has to."

### What is your greatest virtue?

Tenacity. I am certainly not the smartest or most creative person. I can just decide to stick with something when it matters.

### What do you deplore in others?

I find it really hard when people have a strong external focus of control. In just about every situation, good or bad, there is something you can do to help yourself and help others.

### What do you like most about living in Johnson County?

Having spent most of my life here, I can tell you people who choose to live here are kind, generous and community minded. I also love driving through farmland, past old farmsteads and watching the seasonal changes in the land.

### If you had to live anywhere else other than JoCo, where would it be?

We purposefully moved back to Johnson County, and I am glad we did. But, if I had to pick another place to live it would be Western North Carolina.

### If you could begin life all over, what would you change?

I suppose there are some small things I would change like unkind words or lack of patience, but nothing major.

### If money were no issue, how would you spend it?

I would give it away. This sounds like a cliché, but it is true. My fantasy job is a philanthropist. I have been on the other side of this coin as a professional grant writer. I think it would be amazing to work as the grant maker. I would love to see and fund all the creative ways people propose to solve problems and improve their communities. It is amazing how a

small amount of money, well invested, can make a meaningful and long-term impact.

### What makes you happiest?

Happiness has everything to do with your expectations. Adjust those accordingly and you can have countless 'happiest' days.

### What is your favorite vacation spot?

There is an island off the coast of Georgia that is near and dear to my heart. I figure I have been there more than 30 times. It just never gets old for me. It is peaceful, natural and a place I instantly feel at home.

### What do you do with idle time?

I am perfectly happy with a good book on a porch. I read mostly nonfiction, and I find I get the most out of a book

(and my time) if I read with a highlighter, pen and post-it flags in hand. I keep an extensive list of books to read on Amazon. I'm always happy to buy the next one--or three.

### What is it that makes you angry?

Being underestimated makes me angry. It takes quite a bit for me to get that upset though.

### What do you do to escape from reality?

I am not a big TV person, but my husband and I will get one show to watch together on a streaming service.

### What or who is the greatest love of your life?

This one is easy. It is my Lord Jesus Christ. Apart from Him, my life would have little meaning. I am a work in progress. But,

God's arms open to everyone who seeks Him.

### Which living person in Johnson County do you most admire?

The person I most admire in Johnson County is my husband Keith. He continually amazes me with patience, perseverance, problem solving and finding a way to have a good time with our family. He works hard every single day to do his absolute best. He isn't flashy or loud, but he will outwork and out-think just about anyone.

### What is the quality you most like in a man?

The quality I most admire in men is seeking ways to serve others. We all have different gifts. We need all these gifts to work in concert to best serve each other and our communities.

### What is the quality you most like in a woman?

Just as with men, I most admire a servant's heart in women. I would encourage people to think about how to match their skills to outstanding needs in a creative way. For example, I work with Resources of Hope, a non-profit serving foster families. I am not a foster parent, but I can support the 27,000 children in foster care in Indiana indirectly by working with Resources of Hope on strategic planning, grant proposal writing and just general volunteerism. Not everyone is well positioned to foster children, but everyone has talents to share.

### What is your greatest extravagance?

I am thankful to go to a small gym that offers personal training. Corner Stone is located in Bargersville. It is critically important for everyone to take care of physical health.





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