

CENTER GROVE ICON

September 17 - 30, 2022 mycgicon.com



ICON of the Month
Dirk Cushing PAGE 18

THE ART OF HEALING OFFERS FREE SERVICES TO VETERANS DURING THE MONTH OF SEPTEMBER

Giving back is a priority as TAOH Indy celebrates 7 years in business

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Franklin College sophomores Amy Garrido Portillo and Phebe Wolf received the esteemed Laurels and Lancers Awards during the annual Opening Convocation and Bell Ceremony on Aug. 26. Each year, two outstanding sophomore students are recognized for their first-year academic and campus-community achievements. Recipients are chosen by vote of the faculty. Both Garrido Portillo and Wolf were selected for the college's Intercultural Honors Experience, a prestigious Undergraduate Research Seminar, and they were both chosen to serve as Launch Mentors for incoming first-year students during the 2022-23 academic year. Garrido Portillo, a graduate of Center Grove High School, is the daughter of Rafael and Dulce Garrido of Greenwood. She is a political science major with a pre-law focus. During her first year on campus, she was involved as a staff writer for *The Franklin*, the student newspaper; served as a delegate for the Model UN Team; assisted as a Spanish tutor in the Academic Resource Center; and worked part-time in the Office of Career Development. Academically, she achieved a perfect 4.0 GPA both semesters, earning her a place on the President's List. Pictured from left, Franklin College President Prather, Amy Garrido Portillo and Dean Flora. (Submitted photo)

Contact the Managing Editor

Have any news tips?

Want to submit a calendar event? Have a photograph to share? Email Nicole Davis at nicole@icontimes.com. And remember, our news deadlines are several days prior to print.

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Center Grove ICON reaches a vast segment of our community.

For information about reaching our readers, call Mark Gasper at (317) 300-8782 or email him at mark@icontimes.com.



Or call Grady Michael Gaynor at (317) 674-5373 or email him at grady@icontimes.com.

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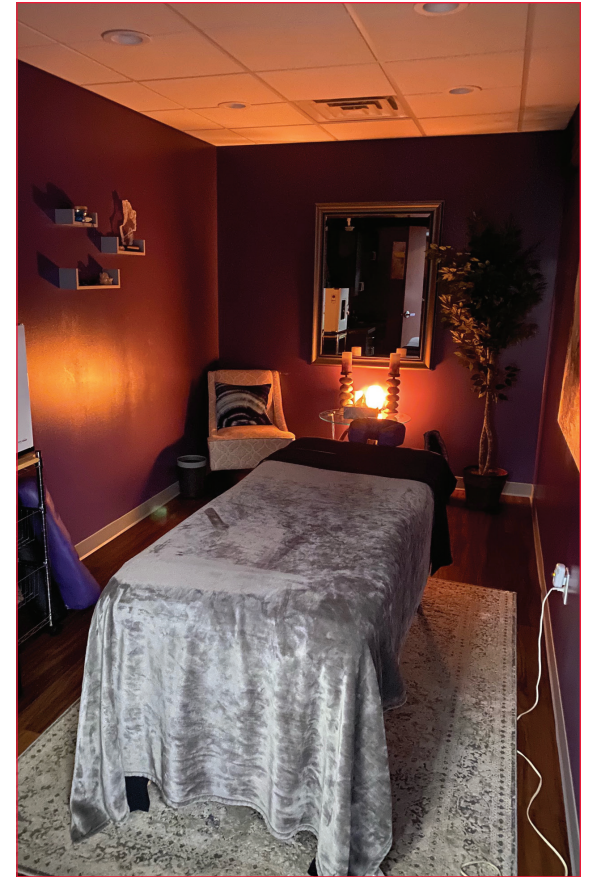
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(Cover) Cody Adkins opened The Art of Healing in September of 2015. | (Left) The Art of Healing's infrared therapy room. | (Top center) The spa is located at 3019 Meridian Meadows Road. | (Bottom center) This month, the business offers free and unlimited 30-minute float or infrared sessions for veterans. | (Right) The massage room. (Submitted photos)

The Art of Healing offers free services to veterans during the month of September

Giving back is a priority as TAOH Indy celebrates 7 years in business

COVER STORY

By Todd Travis

When Cody Adkins decided to launch The Art of Healing in Greenwood, he didn't realize he would also be going on a healing journey himself. As a former pastry chef, he wanted to branch out into a new arena after feeling burned out on making pastries. "I knew I always wanted to have my own business and do something that would impact my community in a positive way," Adkins mentioned. Going to massage school opened the doors for him to find several avenues for holistic therapy including massage therapy, floatation therapy and infrared therapy. "I wanted to bring that all together – massage therapy with floating and infrared. We also do other modalities like cupping and body wraps and energy work. Just recently, we began offering skin care, waxing and esthetics," Adkins explained.

Adkins opened The Art of Healing in September of 2015, excited to begin a new venture as an entrepreneur. Just eight months

later, he lost all feeling below his belly button and didn't know why. He was eventually diagnosed with Multiple Sclerosis (MS), an autoimmune disease that affects the nervous system. As he dealt with the effects of MS, his interest in healing and holistic therapy deepened. "It was like a blessing in disguise. It helped me dive deeper into what was causing the MS and pushed me further into the holistic world of healing. Floating and Infrared have been two of the things that have helped me manage my nerve pain and help reset my brain," Adkins said. "We have people that walk through our doors with all kinds of autoim-

mune disease and cancer. We're happy to serve people from all different walks of life."

With September being the birthday

"It's a way for me to give back to the community. I've had veterans tell me that the floating works better than their morphine, and that's just a huge statement right there. Things like that help reassure me that I'm doing the right thing and doing what I'm supposed to be doing in life."

- CODY ADKINS

month of the business, The Art of Healing offers free services to veterans all month long. "Veterans can come in and do a free 30-minute float or infrared and they can come as much as they like during the month of September. For anyone who is not a veteran, we are also taking 50% of our proceeds from our 90-minute floats and donating them to the veterans hospital downtown," Adkins noted. "It's a way for me to give back to the community. I've

better than their morphine, and that's just a huge statement right there. Things like that help reassure me that I'm doing the right thing and doing what I'm supposed to be doing in life."

Things got even more interesting for Adkins when his fiancé got a big promotion that required a move to Tennessee. As a result, he is now relying on his spa manager to help him run the business as he can only be in so often with a 4 ½-hour commute. "It's been a balancing act. I know it's what I signed up for, but it's been a challenge," Adkins said. "At the end of the day, I love my business and I love what I do. It's never been about making money for me; it's been more about how I can help change peoples' lives and make an impact."

More information can be found about massage therapy, floatation therapy and infrared therapy on The Art of Healing's website: theartofhealingindy.com, as well as a complete list of services which include facials, waxing, essential oils and more.

The Hendricks County ICON's 4th annual

Holiday Craft Show

November 12, 2022, 9AM-4PM
1900 E. MAIN STREET - Danville, IN.

presented by:



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All fees are non-refundable unless cancelled due to COVID-19 Pandemic.

Registration fee includes booth space and advertising in several media outlets. Set-up time is Friday, Nov. 11 from 4pm -7pm or Saturday, Nov. 12 at 6 am. Set-up doors will close at 8:30 am and final set-up to be completed by 9 am.

Please provide a brief description of items in booth:

***EVENT ORGANIZERS DO NOT GUARANTEE EXCLUSIVITY OF PRODUCTS.**

BOOTH FEES

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- After November 1 payment of \$100 (10' wide x 10' deep)
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_____ TOTAL PAID (must include booth fee, any rentals & electric)

*By signing up for the Craft Show, you are agreeing to abide by guidelines given to you
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Bob Rohman's **INDY** Athlete of the Month **HONDA** Evan Davis

By Mark Ambrogi

Center Grove High School senior tennis player Evan Davis has shown his versatility this season.

"Evan has been a vital part of the team's success this year," Trojans first-year boys coach David Beasley said. "Primarily, in past seasons, Evan has played singles. However, his dedication and willingness to learn new skills have allowed him to have overwhelming success this year in both doubles positions. As a testament to Evan's adaptability, he has recorded straight set wins this year against No. 3 North Central, in singles, and against No. 5 Hamilton Southeastern and No. 7 Columbus North, in doubles.

Through Sept. 10, Davis had a 14-1 record for eighth-ranked Center Grove. He was



Evan Davis has performed well at multiple spots this season for Center Grove's tennis team. (Photo courtesy of Patty Davis)

named all-state honorable mention and all-district in singles last season.

"As one of the team captains this year, he has led his peers with passion and intensity with every match he steps on the court," Beasley said. "The coaching staff is eager to watch Evan's contribution to the team's success, later this month, in the IHSAA tournament."

Davis said he has made the most improvement with his ability to play both singles and doubles.

"Since the team has had some challenges with injuries, the coach has had me play in several positions this year," Davis said. "I feel like my mental game and strategy has continued to get more accurate."

Davis said his team goal is to be able to make it to at least the state

quarterfinals.

Beasley was an assistant coach under Ivan Smith for the previous three seasons. Beasley took over as head coach this season for Smith, who had been the boys coach since 1977. Davis said it has been smooth transition.

"Coach Beasley is a great coach," Davis said. "I have been lucky to have had him on the coaching staff all four years. He brings energy and support to help you perform at your best."

Davis moved into the No. 3 singles position his sophomore year during sectional play.

"I was able to be a part of the team making it to state finals," said Davis, whose Trojans lost 3-2 to Munster in 2020 state quarterfinals. "That was extremely exciting. Last year as a junior I played No. 3 singles the entire year until an injury took me out in postseason. This year I have played multiple positions due to injuries of teammates. This has really allowed my playing to improve greatly."

THE DAVIS FILE

AGE: 17 **Curry**
HEIGHT: 5-foot-8 **FAVORITE SUBJECT:** Biology
SPORT: Tennis **FAVORITE MOVIE:** "Step Brothers"
CLASS: Senior **FAVORITE TV SHOW:** "The Office"
COLLEGE PLANS: Major in a medical-related field **IDEAL VACATION SPOT:** Na Pali, Hawaii
HOBBIES: Playing Xbox, chess, hanging out with friends **PARENTS' NAMES:** Patty and Kevin Davis
FAVORITE ATHLETE: Steph

ICONic briefs

Leadership Johnson County to host All Aboard volunteer and board fair

Volunteerism – Do you want to volunteer for an area nonprofit but don't know where to start? Do you work for a nonprofit that is looking for volunteers, committee members or board members? Leadership Johnson County will host an event designed to connect youth and adults who want to volunteer with the nonprofits who need them. The All Aboard Community Volunteer and Board Fair will be held Monday, Sept. 19, 4:30 to 6:30 p.m. in the Auxiliary Gym at Whiteland Community High School. The event is sponsored by Whiteland Community High School and the Franklin Rotary Club and is free to attend for both nonprofits and community members. For more information, contact Bea Northcott at bnorthcott@franklincollege.edu or call (317) 441-5295.

Coalition to host Johnson County State of Mental Health address

Suicide Prevention – There were 24 lives lost to suicide in Johnson County in 2020. According to data recently released from the CDC's Youth Risk Behavior Survey, in Indiana, 11.8% of youth reported a suicide attempt within 12 months of the survey. A staggering 46.9% reported they had felt sad or hopeless (almost every day for at least two weeks in a row so much that they stopped doing some usual activities). This September, in recognition of Suicide Awareness and Prevention Month, the Suicide Prevention Coalition of Johnson County will host a Johnson County State of Mental Health Address. This event will take place on Tuesday, Sept. 13, at the Clark Pleasant Branch of the Johnson County Public Library. Trainings are also posted at upstreamprevention.org/upstream-initiatives/trainings. To ensure available seating, registration is requested.



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Roncalli students bring in canned food donations. (Photo courtesy of Roncalli High School)

Roncalli 2022 Canned Food Drive is successful

Donations - Roncalli High School held its annual Canned Food Drive during the week of Aug. 22 with great success! Students, faculty and staff collected a total of 1,868 food items along with \$32,000 in cash donations. The total of money and cans collected would equal 65,868 cans. These donations will be distributed to local food pantries that serve the Indianapolis community. Sarah Rose, Roncalli chemistry teacher and student council moderator, shared her thoughts on the success of the Canned Food Drive, "I am always amazed at the outpouring of support by our student body. Time after time, they rise to the occasion and show us the amount of love and care they have for the community around them. I am very proud of our Royal family and their effort to help out those in need."



Beginning of mass at the Grandparents Day celebration. (Photo courtesy of Roncalli High School)

Roncalli welcomes more than 1,000 grandparents

Celebration - Roncalli welcomed more than 1,000 grandparents on Sept. 2, for its annual Grandparents Day celebration. Grandparents gathered in the Ascension St. Vincent Gymnasium for a day that included an all-school mass, a short program led by Roncalli President Chuck Weisenbach, speeches by senior Olivia Jackson, science teacher Ben Grimes and Roncalli Principal Kevin Banich, a pep rally and the opportunity to tour the Roncalli campus with their grandchild. "What an incredible day to share our faith and school spirit with our grandparents! Our grandparents are the foundation for our family and a pillar of our faith formation!" said Kevin Banich, principal of Roncalli High School.



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BRAIN AND SPINE

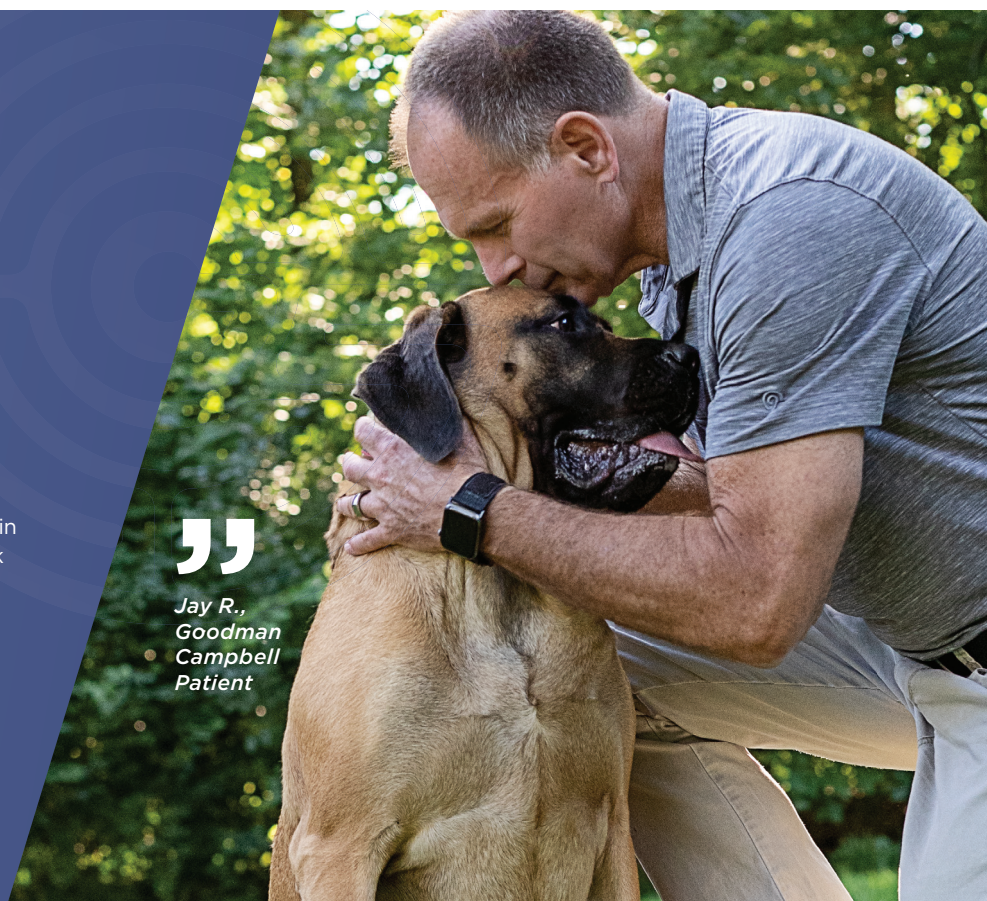
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Learn more about Jay and his story at GoodmanCampbell.com.

”

Jay R.,
Goodman
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Patient



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From left, Noah Watkins, Alejandro Gomez-Alejo, Ricky Roman, Keith Nara, Amelia Warner, Henry Howe. (Photo courtesy of Roncalli High School)

College board recognizes Roncalli seniors

Top 10% - The College Board honors underrepresented students who score in the top 10% in the state on the PSAT/NMSQT and who have a GPA of 3.5 or higher with National Recognition Awards. This year Roncalli High School has six students recognized with this honor: Roncalli High School seniors Alejandro Gomez-Alejo, Henry Howe, Ricky Roman, Amelia Warner and Noah Watkins who are National Hispanic Recognition Award scholars. Also, congratulations to senior Keith Nara who is a National African American Recognition Award scholar. Being recognized as one of these scholars will enable the students to highlight their outstanding educational achievements to top colleges and universities.



JCBank members and members of the Greenwood community break ground on a new branch. (Submitted photo)

JCBank breaks ground in Greenwood

Banking - Seymour-based JCBank is expanding its footprint in Johnson County and celebrated with a groundbreaking on Aug. 30. The 4,700 square-foot, state-of-the-art branch will be located in Greenwood's Swartz Crossing development. JCBank's targeted approach to building a solid and growing business base, guided by a team of local commercial and treasury management bankers who provide a community banking and relationship-focused model, led JCBank to the decision of locating in Johnson County. Among those in attendance were representatives from Swartz Crossing Development, CrossRoad Engineers, Duke Commercial, and members of JCBank's board of directors and leadership team. In addition to personal banking services, the banking center will feature commercial and mortgage lending, as well as wealth management services. The branch is the 12th for JCBank, with multiple Indiana locations including Seymour, North Vernon, Bedford, Bloomington, Brownstown, and Columbus.



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Greenwood Christian Academy receives largest donation in school history

Athletics – The administration of Greenwood Christian Academy announced that Ray Skillman Auto Group has contributed a sizable donation to fund advancements to indoor and outdoor athletic facilities at GCA's high school campus. This gift is the largest single donation in the school's 24-year history. Outdoor projects include the construction of or renovations to soccer,

baseball and softball fields at GCA High School. Improvements made to the indoor gymnasium include portable bleachers that doubled the seating capacity for home games, court surface upgrades, team seating, and a PA system. Two scoreboards and a scorer's table will be installed prior to basketball season. "This transformational gift will ensure that GCA's student-athletes will

have high quality courts and fields to train and compete on for many years to come," said Devin Gray, GCA's high school athletic director. "These facility enhancements will allow our teams to continue to pursue excellence and will also improve the game-day experience for our fans." Learn more at gcak12.org.



(Top) Greenwood Christian Academy boys varsity soccer team. | (Bottom left) Celebrating the groundbreaking is Community Church of Greenwood pastor Jason Gallman; GCA board chair Jared Adams; GCA High School principal Angelique Randall; GCA High School athletic director Devin Gray; Student representatives from soccer teams (Adeline Jolley, Izzy Cameron, Parker Satre, Carson Dillard); GCA superintendent Mike Chitty (pictured in front); Representatives from Ray Skillman Auto Group, Frank Williams and Lana Morton. | (Bottom right) GCA boys and girls varsity soccer teams. (Submitted photos)

Big win for Southside residents as Johnson Memorial Health joins Mayo Clinic Care Network

New opportunities open through collaboration

By Todd Travis

As of Aug. 31, Johnson Memorial Health has officially joined the Mayo Clinic Care Network, a select group of independent health care organizations carefully vetted and granted special access to Mayo Clinic knowledge, expertise and resources. "My understanding is that the discussions have been going on for a few years. Johnson Memorial started a pretty serious vetting process with Mayo Clinic earlier this year, as Mayo Clinic doesn't just lend their brand to just anyone," said Jeff Dutton, marketing director at Johnson Memorial Health.

Now that the collaboration has been finalized, the physicians at Johnson Memorial Health will have access to Mayo Clinic clinical solutions and services which include:

- **AskMayoExpert**

AskMayoExpert offers providers a database of concise clinical information on hundreds of medical conditions, and includes medical protocols, treatment recommendations and medical references.

- **eConsults**

eConsults enable physicians to contact Mayo Clinic specialists for second opinions on specific patient cases when they believe additional input will benefit their patients.

- **eBoards**

eBoards are live videoconferences that enable medical teams to virtually review and discuss complex cases with a team of Mayo Clinic specialists and doctors from Mayo Clinic Care Network health systems.

- **Health Care Consulting**

Health Care Consulting provides access

to Mayo's extensive experience, knowledge and subspecialty expertise to attain clinical, operational and business goals.

"I can speak for the community leaders that serve with me how exciting this collaboration is for our organization and for our community," said Major General R. Martin Umbarger, JMH board of trustees chairperson. "This is a major milestone in the history of Johnson Memorial Health, and I couldn't be more proud."

This collaboration is not a merger or acquisition. According to Mayo Clinic Care Network, members remain independent health care providers dedicated to serving the needs of their communities.

"We are honored to enter into this collaborative relationship with Mayo Clinic," said David Dunkle, M.D., president and CEO

of Johnson Memorial Health. "Our providers will be able to consult directly with the world's leading medical experts, enhancing the outstanding care we already provide to the people of Johnson County. Best of all, our patients will have access to Mayo Clinic's research, diagnostic and treatment resources through their Johnson Memorial Health provider at no extra cost to them."

One of the biggest benefits to Johnson County residents will be the access they are getting right here at home. "If there is a tough to resolve case, physicians at Johnson Memorial will have access to this information which is known to be the finest medical research in the world," Dutton explained.

For more information about Johnson Memorial Health visit johnsonmemorial.org.

ROMAN
NUMERALS

VII.VII

The Center Grove residential real estate market was dynamic in August, with homes selling quickly and sale prices increasing. According to F.C. Tucker Company, homes in Center Grove sold 7.7% , or one day, faster than in August 2021. The average sale price of a Center Grove home increased 2.4% to \$414,766. The average price per square foot of a home in Center Grove also increased, up 8.3% to \$181.93.



Our community. Our stories.

Every month, we aim to share the best of the Center Grove community sharing the stories of people who make a difference every day.

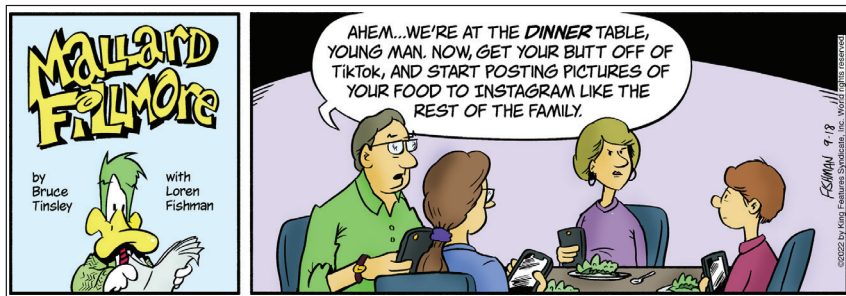
What stories in the community deserve to be told?

What community Icons deserve recognition for what they do for Southside residents and organizations?

Forward your suggestions to Nicole Davis at nicole@icontimes.com

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ICON

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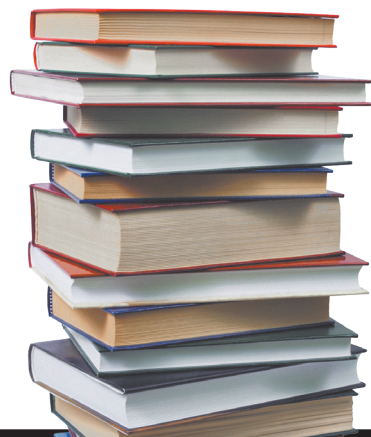


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ICONic briefs

City of Greenwood announces expanded trail system

Amenities – Later this fall, the City of Greenwood will open the Northeast Loop Trail, a 10-foot-wide, multi-use asphalt trail located around the perimeter of Northeast Park. The trail will be approximately .7 miles in length and aims to provide yet another safe public space for walkers, cyclists and park patrons within Greenwood. Funding for this project comes from the Community Development Block Grant (CDBG). “The new Northeast Loop Trail will improve the City of Greenwood’s walkability and increase accessibility for residents of all ages and abilities,” said Greenwood Parks & Recreation Executive Director Rob Taggart. “We look forward to opening this trail to the public and welcome this new addition to Greenwood’s robust outdoor recreation network.” Greenwood residents and visitors will be able to walk, jog or bike along the trail this coming fall. No motorized vehicles will be permitted along the trail. Northeast Park previously benefited from additional CDBG funding when the Parks department transformed the 25-year-old skatepark last summer. The park’s attractions include a soccer complex, playground equipment, basketball court, softball diamond, one picnic shelter that is available for rent and Greenwood’s only skatepark.



NIGHT & DAY

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AARP Driver Safety Class • Valuable defensive driving strategies will be covered as well as a refresher of rules of the road. No driving test. Some insurance companies offer a discount for taking the class. Fee: \$20 for AARP members, \$25 non-members. Class is instructed by Dick Huber. | When: Sept. 20, 12 - 4 p.m. | Where: Greenwood Public Library, 310 S. Meridian St., Greenwood. | Info: Register at greenwoodlibrary.us or call (317) 881-1953, x4.

Children’s Concert • Greater Greenwood Community Band will host a free Children’s Concert. Children and the young at heart will enjoy the musical line-up of this concert. With music from Jurassic Park, Spiderman, Willy Wonka, and children’s classics of yesteryear, this is a concert event for all ages. Children of all ages are encouraged to experience all of the instruments provided in hopes of inspiring a new generation of musicians. Free balloon animals and temporary tattoos will be provided. | When: Sept. 18, 6 - 7 p.m. Special hands-on demonstration of the instruments shortly after 5 p.m. | Where: Surina Park Amphitheater, Greenwood. | Info: GreenwoodBand.org.

Poetry Teatime • Homeschool Arts & Crafts event: Join to drink tea (or another beverage) with a treat while taking turns reading poetry aloud. | When: Sept. 21, 10 - 11 a.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Golf Outing • The Center Grove Rotary Club is hosting a traditional scramble golf outing. All proceeds go to Rotary Scholarship Fund supporting local schools. | When: Sept. 22, 11:30 a.m. sign-in and 12:30 p.m. shotgun start. | Where: Hickory Stick Golf Club, 4422 Hickory Stick Parkway, Greenwood. | Info: centergroverotary.org

12th Annual Wine at the Line • Registration for this 5-mile run and 5K run/walk includes a long sleeve event shirt, commemorative Wine at the Line glass, post-race party with

wine tasting, food and beverage, and musical entertainment. Race day registration is \$50. Proceeds from the 12th Annual Wine at the Line run/walk event will benefit Courageous Hearts Adoptions. | When: Sept. 24, 2 p.m. start. | Where: Mallow Run Winery, 6964 W. Whiteland Road, Bargersville. | Info: mallowrun.com

New Greenwood Fall Concert Series • The music continues with Greenwood’s brand new Fall Concert Series presented by Nachi! Join on Saturday nights in September and October! Living Proof will kick off this series on Sept. 24. | When: Saturdays beginning Sept. 24, 6 - 8 p.m. | Where: Surina Park Amphitheater, Greenwood. | Info: facebook.com/greenwoodparks

Movie in the Park • Johnson County Parks hosts will play “LUCA,” Rated PG, in the park. Popcorn provided. | When: Sept. 24, 7:30 p.m. | Where: Independence Park, 2100 S. Morgantown Road, Greenwood. | Info: jocoparks.com/movie-in-the-park-august-13-fffea

Naloxone Community Training • The Layperson Naloxone (NARCAN) training will teach you how to recognize the signs of an opioid overdose and how to administer the opioid overdose reversal drug Naloxone. | When: Sept. 25, 2 - 3 p.m. | Where: White River Branch library, 1664 Library Blvd., Greenwood. | Info: pageafterpage.org

Wine & Canvas at Bar Louie • Enjoy a Sunday evening sip and paint party hosted by Wine & Canvas. This class project is a fall gnome wood sign. Ticket price is \$45 and includes all art materials. No art experience is required to have a great time. Food and beverage sold separately. | When: Sept. 25, 5 - 8 p.m. | Where: Bar Louie, 1251 N. U.S. 31, Greenwood. | Info: wineandcanvas.com/Indianapolis/event/fall-gnome-wood-sign-55659/

Girls Inc. Purse Bingo • Support Girls Inc. and enjoy bingo for a chance to win designer purses. There will also be raffle items.

Doors open at 5:30 p.m. Call or email for tickets. | When: Sept. 28, 5:30 - 9:30 p.m. | Where: Greenwood Moose Lodge, 813 W. Smith Valley Road, Greenwood. | Info: franklincoc.org

Movies in the Park: The Parent Trap • Enjoy a free family movie in the park at sundown. | When: Sept. 30, 7:30 - 9 p.m. | Where: Greenwood Amphitheater, 100 Surina Way. | Info: greenwood.in.gov

Craft Fair & Bake Sale • Find holiday gift-giving ideas at this Craft Fair & Bake Sale. Booth spaces are available. Admission is free. | When: Oct. 1, 9 a.m. - 3 p.m. | Where: Providence Christian Church, 4080 W. 100 N., Bargersville. | Info: pccbargersville.org/craft-fair

37th Annual Cavalcade of Champions • Hosted by the Center Grove Band Department, this afternoon/evening contest takes place one week prior to ISSMA Open Class Regionals (also held at Center Grove). Concessions will be available for spectators. | When: Oct. 8. | Where: Center Grove High School, 2717 S. Morgantown Road, Greenwood. | Info: centergrovebands.com/cavalcade/

Harvest Festival • Celebrate the harvest season with music, food, family fun, local vendors, and wine! Food trucks will be lined up outside the tasting room offering a variety of delicious mobile eats 12-6 p.m. Vendor area and kids crafts open 12-6 p.m. Music on the Lawn 2-5 p.m.: Cornfields & Crossroads. | When: Oct. 8, 12 - 6 p.m. | Where: Mallow Run Winery, 6964 W. Whiteland Road, Bargersville. | Info: mallowrun.com

Purse Bingo • Brands include Kate Spade, Michael Kors, Coach. Proceeds benefit The Social of Greenwood. Tickets go on sale Sept. 24. Price: \$35. | When: Oct. 12, doors open 5 p.m., Bingo starts 6:30 p.m. | Where: The Barn at Bayhorse Inn, 1468 W. Stones Crossing Road, Greenwood. | Info: thesocialofgreenwood.org

NIGHT & day LOCAL Entertainment ENTERTAINING

AN OPTION



Autumn days call for warm banana bread (with or without walnuts) and a shot of espresso. (Photo courtesy of Café Euclid's Facebook page)

Café Euclid

Next Thursday, Sept. 22, marks the first day of fall. Welcome the season with a large, hot cup of coffee flavored with pumpkin spice, toffee nut or maple spice, and pair it with an egg and cheese, veggie or smoked salmon breakfast sandwich (using locally sourced bagels from Scholars Inn), warm blueberry muffin or mocha cinnamon roll. Located in downtown Greenwood, Café Euclid uses beans from Frothy Monkey Roasting Company in Nashville, Tenn. and is currently open for inside or outside dining. In addition to a variety of scones, turnovers, pastries and

cookies, there are healthier choices such as the Vegan Morning Glory Muffins, packed with pumpkin, apples, carrots, pepitas, pecans and whole wheat flour. "Warm and cozy atmosphere, extremely friendly staff, excellent prices and the coffee/food is outstanding," stated a Facebook reviewer. "The wrap-around porch is the perfect touch. I can't wait to make this place a home away from home."

HOURS: Sunday: 8 a.m. to noon; Monday through Friday: 6:30 a.m. to 3 p.m.; Saturday: 7:30 a.m. to 2 p.m. Address: 357 Euclid Ave., Greenwood. For more information, call (317) 360-9887 or go to café-euclid.com

SPOTLIGHT



"Burgandy Even Tension" in acrylic. (Art by Sylvia Gray)

SALI National Abstract Art Exhibition XVIII

The public is invited to the SALI National Abstract Art Exhibition XVIII, an annual event sponsored by the Southside Art League, Inc. and hosted by The Garfield Park Arts Center. This unique exhibit is dedicated to showcasing the best two-dimensional abstract paintings from across the USA. All artworks are for sale, so art collectors are advised to come early for the best selection. A People's Choice Award will be determined by a vote of visitors to the show. Only 46 of the 157 submitted paintings from across the United States (Ohio, Kentucky and Indiana) were selected for this exhibit by Juror Kathy Blankley Roman, who is an award-winning abstract artist from Chicago. Paintings will hang Oct. 7-29 at GPAC, 2432 Conservatory Drive, Indianapolis. Awards will be presented at an Opening Reception on Friday, Oct. 7, 6 - 8 p.m. Exhibit hours are Tuesday through Saturday 1 - 5 p.m. For more information, visit gpacarts.org.

CENTER GROVE ICON



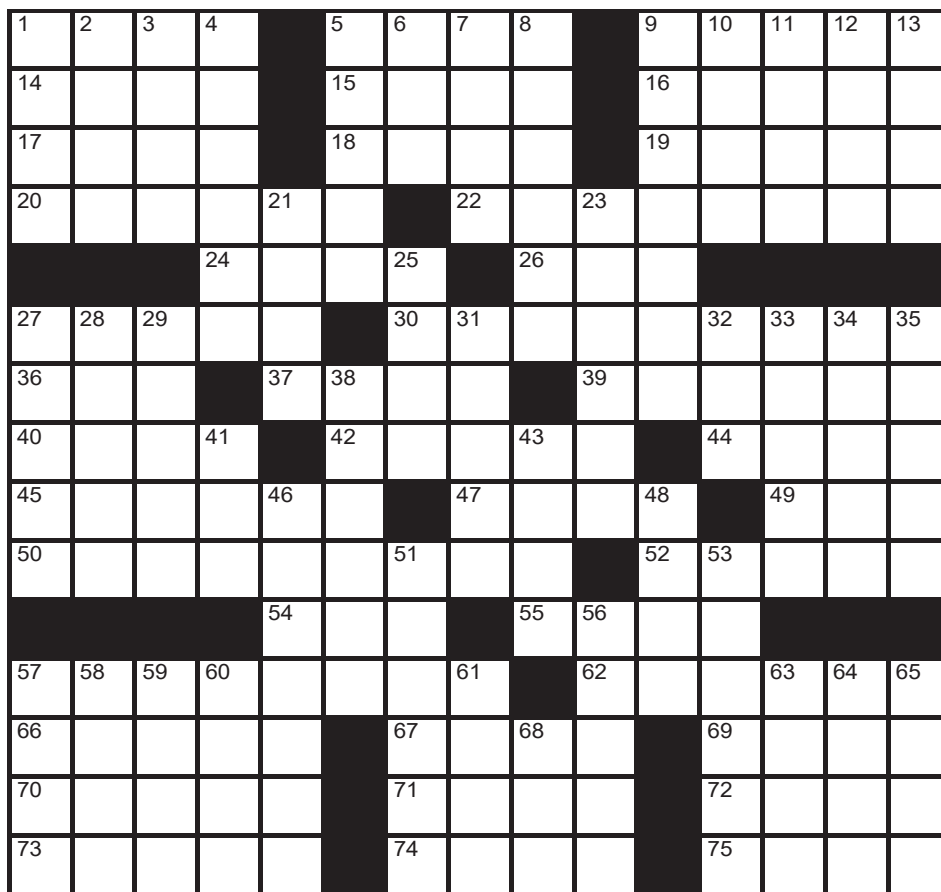
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ACROSS

- 1 A lot
- 5 Rigid
- 9 Loses color
- 14 Undiluted
- 15 Black-and-white cookie
- 16 Old Olds
- 17 Door sign
- 18 Not new
- 19 ___ Grove Elementary
- 20 ___ Grove Elementary
- 22 Furthest from the right
- 24 Right on a Center Grove map
- 26 Floral garland
- 27 Loses hair
- 30 Tried
- 36 "Evil Woman" band, briefly
- 37 Whirlpool
- 39 Reason out
- 40 Yuletide quaffs
- 42 ___ Grove Elementary
- 44 CGHS physics class bit
- 45 Overly stylish
- 47 Garner
- 49 Yoko ___
- 50 Spanish estates
- 52 Singer Neville
- 54 Regret
- 55 Little bits
- 57 Availability
- 62 ___ Grove Elementary
- 66 ___ Grove Elementary
- 67 Killer whale
- 69 Simple choice
- 70 Nary a soul
- 71 Cold War inits.
- 72 Acronym on a flight suit
- 73 Legendary Broncos quarterback
- 74 Learning method



75 "___ she blows!"

DOWN

- 1 Arbor Homes design detail, for short
- 2 Upscale
- 3 Politician Houchin
- 4 Dampened
- 5 Low poker pair
- 6 1040 org.
- 7 White River angler's gear
- 8 Best-selling 1920s car
- 9 Leisure activity
- 10 UIndy grad
- 11 Toy brick brand
- 12 Indianapolis Indians pitching stats
- 13 Put in order
- 21 Subside
- 23 It's for the birds
- 25 "Voila!"
- 27 Freedom Park seat
- 28 Honolulu hello
- 29 Spock's forte

- 31 Aggressive personality
- 32 Smooch on the bus, initially
- 33 Sylvan Learning instructor
- 34 ___ Lodge
- 35 Fiend
- 38 Near-failing grade
- 41 CGHS subj.
- 43 Bringing up the rear of the Mid-State Conference
- 46 Chocolate town, USA
- 48 Zilch
- 51 Roundabout route
- 53 Inclined
- 56 In the know
- 57 First Indiana Fever coach: ___ Donovan
- 58 Angela Buchman forecast word
- 59 Black bird
- 60 Sicilian volcano
- 61 Estimation words
- 63 Ark-itect?
- 64 Celestial bear
- 65 Skier's lift
- 68 Evansville's winter hrs.

Puzzle Time



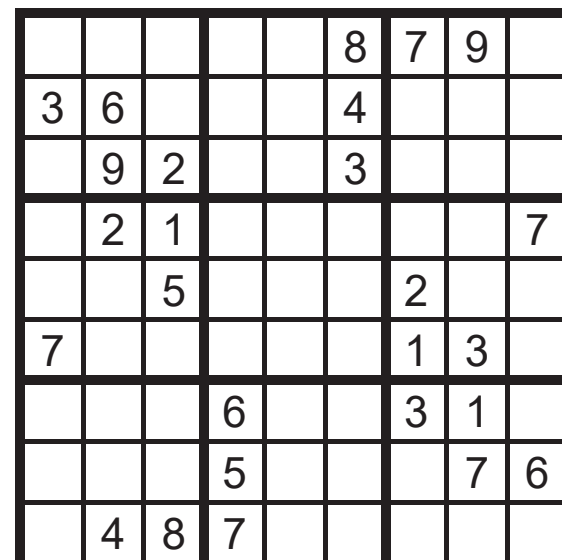
- 6 _____ Cards
- 4 Big Ten Team Nicknames
- 5 Jewelry Metals
- 3 U.K. Countries
- 2 South Indy Animal Rescues
- 1 New Stones Crossing/Honey Creek Road Feature

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See Answers on page 17.

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aspirejohnsoncounty.com

By Mike Heffner

The younger adults (ages 18-28) that are entering or recently joined the workforce (often referred to as Gen Z) are unique compared to my generation (Gen X), but they still want to work and genuinely do a good job. When it comes to leading the next generation, I've noticed five areas that are important.

- 1. Vulnerability** – I am seeing a big need post Covid for this age group to be open to failure and pain. They want leaders that can show being vulnerable is not a weakness. We should be honest when things do not go well, sharing real stories and owning up to things. This allows for trust to be built. Life is tough and full of struggles. Things will not always go right and it's OK to fail. That's how we grow.
- 2. Authenticity** – With all the "fake news" and division in the world today, Gen Z wants leaders that are genuine and transparent. They want the real you at work. They do not want a put-on persona or for you to tell them

PERSONNEL MATTERS

How do you lead today's upcoming leaders?

what you think they want to hear. Be believable and caring. They will connect with you when you are yourself.

- 3. Humble** – This age group loves to serve, and they want leaders that want to serve. They look for leaders that do not see themselves as better than others but look to help others be successful. This generation has witnessed too many leaders that take advantage of their position and power, and they are starving for autonomy and empowerment. They simply want grounded leadership.
- 4. Caring** – This upcoming generation wants to know you care and that they are valued as an individual. They want to work with and for someone that listens, looks to understand, and sees them as an individual and not just as someone that performs. They want you to inquire about their lives and take an interest in them and their overall well-being.
- 5. Direction and Support** – They want someone that invests in them. They want to grow personally and profes-

sionally. They enjoy feedback on how they are doing and how they can improve. They want you to show them what needs to be done and then follow up with support and encouragement. They want specific direction, while being empowered and free to go execute.

I enjoy leading the young adults that are going to be the upcoming leaders for our teams and companies. They know what they want and even though it is different than what I wanted at that same age, I do think they genuinely want to work and do an excellent job. Their needs and terms are different and if as employers and leaders we can offer that, then we will see a hard-working group of people that will make a difference in the future.



This article is written by Mike Heffner, the owner of the local Greenwood Express Employment Professionals franchise. Contact Mike at Mike.Heffner@expresspros.com, @IndySouthMike on Twitter or visit ExpressIndySouth.com.

PEER-TO-PEER

'I'm just watching the wheels go round and round'

By Howard Hubler

I went to college, my parents paid for my undergraduate and I paid for my graduate degrees. Why would I want to pay for anybody else's college through my taxes? If you think a college education is valuable enough that you will invest your cash, then you should invest your funds and work hard to get good grades. If you are not willing to invest your funds or your parents' funds, then go to a trade school or just enter the job market at any level you feel qualified for. See, you may not need a college degree. Which frames up the more serious point; if you're not willing to invest your parents' money or your money for your future, why should I? To me, that says it all.

I'm going back to the old adage that we'll be right back where we were before; everybody has free money so nobody is going to come to work. Businesses will suffer because of their inability to hire quality people that really want to work. At the same time we are at a tipping point that all this free money is going to only add to more inflation.

John Lennon wrote a song years ago

whereby he was on the sideline watching life go by. He simply said, "I'm just sitting here watching the wheels go round and round." That's how I feel today writing this column. I have been there several months ago. I have seen this movie before. The only variation now is there's free money but only for college kids. Is there any more naked way to buy somebody's vote? By the way, with those new IRS people, if Joe's heart were in the right place all he would have to do is give everybody a \$10k or \$20k credit against their taxes for their outstanding loans to pay down tuition debt. But no; he wants, I am sure, to put a real check in everybody's mailbox. Can you only apply that to college debt, or can you buy anything that you choose? Seems a little shaky to me! Yes, I have seen this movie before.



Howard Hubler can be reached at howard@hubler.com.

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AFFORDABILITY

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(mediaspectrum.net)

TARGETING

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The
Southside Times

'The Librarian Spy'

Historical fiction novel based on real librarians sent to Lisbon during World War II

BOOK REVIEW

By Stefanie Davis

"After all, there was nothing Ava loved more than the scent of old books – except of course, the power of the written word." Words certainly have power in "The Librarian Spy" by Madeline Martin, a historical fiction novel set in France and Portugal during World War II. The story is based on real librarians who were sent to neutral Lisbon during World War II, to gather newspapers and other printed news to retrieve intel on their enemy. Ava Harper works in the Rare Book Room at the Library of Congress and enjoys the simple and quiet nature of her job. However, Ava is soon asked by a government official to join the information gathering program called the Interdepartmental Committee for the Acquisition of Foreign Publications. Her new job will take her to Lisbon, where she will be responsible for gathering newspapers and other printed material to collect intel on the Germans. As Ava starts her new job, H el ene, who assumes the name Elaine, joins the re-

sistance after her husband is arrested in occupied France. Ava and Elaine's paths will cross via a coded message used to fight for the freedom of a Jewish mom and her son. A story of sadness, grief, death, destruction and lost dreams, but also of hope, resilience and survival. Martin shows women as strong, creative and intelligent heroines throughout the story. There is something for everyone in this story: history, strong description of place, strong female characters and the power of the written word. If you enjoy this novel, you may also enjoy "Sisters of Night and Fog" by Erika Robuck, "Under Occupation" by Alan Furst and "Churchill's Secret Messenger" by Alan Hlad.



This review is written by Stefanie Davis, the adult services librarian of the Johnson County Public Library – White River Branch. She enjoys reading, water aerobics and spending time with her German Shepherd. Contact Stefanie at sdavis@jcpin.org.

ADDITIONAL RECOMMENDATIONS:

Adult:

"The War Girls" by V.S. Alexander
"The Switchboard Soldiers" by Jennifer Chiaverini
"The Mosquito Bowl: A Game of Life and Death in World War II" by Buzz Bissinger
"Need to Know" by Nicholas Reynolds

Young Adult:

"How You Grow Wings" by Rimma Onoseta
"Great or Nothing" by Joy McCullough
"I Must Betray You" by Ruta Sepetys
"The Silent Unseen" by Amanda McCrina

Children:

"Love in the Library" by Maggie Tokuda-Hall
"Miraculous" by Caroline Starr Rose
"Loyalty" by Avi
"Lines of Courage" by Jennifer A. Nielsen

Smells like teen fake news

GRAMMAR GUY

By Curtis Honeycutt

In November 1992, the Seattle grunge music scene was exploding in its popularity. While the angsty grunge fans were rocking in their flannel shirts, Nirvana frontman Kurt Cobain was penning hits including "Smells Like Teen Spirit," "Come As You Are," and "Lithium."

If those songs don't sound familiar, that's OK. What's notable is what happened next.

While fans were riding the grunge wave, a reporter at "The New York Times" wanted to inform readers about the growing subculture. A freelance reporter named Rick Marin phoned Megan James, who, at the time was a sales representative for Seattle record label Caroline Records.

James, who had recently been laid off from legendary grunge label Sub Pop Records as its receptionist, decided to have

a little fun at the Times' expense. Marin phoned to ask about any slang terms used in the grunge subculture. James was more than happy to rattle off some fake terms, which became known as "grunge speak."

When Marin inquired about grunge terminology, James enlightened him with these made-up phrases, which soon after appeared in the pages of the Times: "wack slacks" (old ripped jeans, "cob nobbler" (loser), "fuzz" (heavy wool sweaters), "bound-and-hagged" (staying home on Friday or Saturday night) and even "swingin' on the flippity-flop" (hanging out). These terms and ten others appeared as grunge gospel in Marin's November 15 article, "Grunge: A Success Story."

This wasn't the first or last time fake news showed up in a well-respected newspaper. The fact that Marin swallowed James' made-up terms hook line and sinker surprised even James herself.

Once the article was published in the

Times, Megan James became a folk grunge legend. The grunge speak terms were copied and blown up onto t-shirts. The lexicon itself got baked into the grunge culture, first as a joke in many songs of the genre's "don't take yourself too seriously" mindset.

However, some of the terms survived into bonafide grunge speak. "Score" still means "great," a hunky dude is still known as a "dish," and "rock on" still serves as a "happy goodbye."

Whatever happened to Megan James? Sub Pop Records, the label that propelled Nirvana to fame, re-hired her; she currently serves as its CEO. Rock on, indeed.



Curtis Honeycutt is a syndicated humor columnist and treasurer of the National Society of Newspaper Columnists. He is the author of Good Grammar is the Life of the Party: Tips for a Wildly Successful Life. Find more at curtishoneycutt.com.

What's in your 'backpack of life' that hinders your relationship with God?

DEVOTIONAL

By Pastor Chris Philbeck

I learned a new term recently – “thru-hiker.” A thru-hiker is someone who sets out to walk a certain trail from start to finish. Every year about 1,500 “thru-hikers” set out to walk the entire Appalachian Trail in a single season, but only 10% complete the 2,160 miles that stretch from Georgia to Maine. One reason some people drop out early is they haven’t learned to travel light.

I read about one man who launched his thru-hike carrying a seriously overloaded backpack. He had an audio player loaded with bird calls, an air pistol to keep animals away, a camera, a radio, an alarm clock, and several batteries to keep things running. When he got to the first stop on his hike journey, an experienced hiker helped him go through his pack and decide what to keep and what to leave behind. Each item was placed on a gram scale with the question, “Is it worth it? Do you want to carry this for the next 2,000 miles?” As a result, the hiker discovered that his biggest problem was an accumulation of little things. He didn’t need half of what was in his first-aid kit or the extra tube of toothpaste. His multi-tool knife was replaced with one weighing only an ounce. A metal knife-fork-spoon set gave way to a single plastic spoon. In the end, he left behind 26 pounds of unnecessary weight.

Reading this story reminded me of these words from Hebrews 12:1. Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. It’s interesting that the Greek word translated, “everything that hinders,” is a word that simply means “a bulk or mass of something.” What’s significant is it doesn’t necessarily mean something that’s bad, even though that would be our first assumption.

Here’s my challenge: When you finish reading this devotion, find some time to go through the “backpack of your life” to identify anything that might hinder your walk with God. It could be emotional weight like guilt from the past or a spirit of unforgiveness. Maybe you’re too attached to different elements of this world – not necessarily bad things – but still, things of the world. Next, take steps to “lighten the load” and enjoy the day-to-day blessing of walking with God.



Chris Philbeck is senior pastor of Mount Pleasant Christian Church. You may email him at inquiry@mpccministry.com or call (317) 881-6727.

Puzzle Time Answers – ON PAGE 14
Answers to HOOSIER HODGEPODGE:

- Cards: BIRTHDAY, CREDIT, INDEX, PLAYING, POST, TRADING
- Metals: GOLD, PLATINUM, SILVER, TITANIUM, TUNGSTEN
- Nicknames: BADGERS, BOILERMAKERS, HOOSIERS, ILLINI
- Countries: ENGLAND, SCOTLAND, WALES
- Rescues: INDYCLAW, ROSIE’S Feature: ROUNDABOUT

S	L	E	W	F	I	R	M	P	A	L	E	S	
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9	3	5	8	1	7	2	6	4
7	8	6	4	2	5	1	3	9
5	7	9	6	4	2	3	1	8
2	1	3	5	8	9	4	7	6
6	4	8	7	3	1	9	5	2

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Dirk Cushing

Center Grove resident bikes 1,000 miles in September to raise funds for children's cancer research

By Nicole Davis

For the past six years, Dirk Cushing has biked an average of 600 miles in the month of September (previously June) for the Great Cycle Challenge, a fundraiser benefitting the Children's Cancer Research Fund. This year, he's nearly doubling that – and his fundraising goal.

Cushing will ride 1,000 miles this month in an effort to raise \$12,000 in the names of two young boys, Lucas Barrett, 14, and his brother Samuel

Barrett, 6.

Cushing, a Greenwood resident and a deputy prosecuting attorney with the Marion County Prosecutor's Office, began biking approximately eight years ago as a way to continue exercising after a running injury. He joined the Great Cycle Challenge six years ago. Cushing has ridden 4,778 miles and raised \$34,150 in that time.

Cushing heard about Samuel through a former coworker. Samuel had been diagnosed with leukemia at the age of 3. Cushing decided to bike

this year with Samuel as his inspiration, when he got a call that his brother Lucas just received a diagnosis of Hodgkin Lymphoma.

"I thought well, time to ride for two," Cushing said. "Two kids from the same family. I can't even imagine the devastation that would have on a family. Maybe in some little way, I can do something to help."

The Barrett brothers are from Valparaiso, Ind. Cushing was able to meet with them and get to know them a little better prior to taking

on this year's challenge. There, he learned that Lucas enjoys fishing and wrestling. Samuel is in a Little Ninja class and desires to be a blackbelt.

If he exceeds his goal by 50%, or \$18,000, Cushing will hand over the hair clippers to Lucas and Samuel and they can take turns shaving his head.

Anyone wishing to follow Cushing's progress or contribute, can visit greatcyclechallenge.com/Riders/Dirk-Cushing.

What do you consider your greatest virtue? I try to look for the good in all people. I impress on my younger co-workers that even good people sometimes make bad decisions.

What do you most deplore in others? When one person treats another person as though they are beneath them.

What do you like most about living in Johnson County? The fact that I have the advantages of the city so close by but have all the advantages of a smaller town. Johnson County has been a great place to raise our four children, with great schools and a friendly atmosphere all around.

If you had to live elsewhere than in Johnson County, where would it be? Right in the middle of a huge forest, with trees surrounding you as far as your eyes could see. (Nashville, Ind. would probably fit that bill.)

If you could begin life over, what would you change? I don't know that I would change anything. Life at times is a bit of a roller coaster ride, but that certainly keeps things interesting, and I would not have

wanted to end up anywhere but where I am right now.

If money were no issue, how would you spend it? I would do my best to use it to help as many people as possible.

What makes you happiest?

Spending time with my family, riding my bike and working with the young attorneys at my office, watching them grow.

What is your favorite vacation spot?

St. George Island in the Florida Panhandle up to this point, but I believe after next month it will be St. John Island in the U.S. Virgin Islands. My wife and I are heading there next month to celebrate

our 30th anniversary.

What do you do with idle time?

Ride, run (and probably surf on the internet waaaay too much).

What is it that makes you angry?

Seeing somebody treat another person with disrespect or an animal unkindly.

What or who is the greatest love of your life? Theresa Marie Cushing

What is the quality you most like in a person?

Kindness and compassion

What is your greatest extravagance?

We don't live very extravagantly, but we did buy a small parcel of land in Brown County

on a small lake. For my wife and I that was going out there a bit.

What are your fears, phobias?

I don't have many fears or phobias. I trust that the chute will open (it did) that the bike will make it around that corner with all the gravel (it always has) that my children will be happy and healthy (so far so good).

What has been the happiest time of your life?

Oct. 17, 1992 (my marriage and the "acquisition" [LOL] of my two oldest daughters); April 20, 1995 (the birth of my son); and March 3, 2003 (the birth of my youngest daughter)

Which talent would you most like to possess? The ability to dunk a basketball

What do you most value in your friends?

Honesty, loyalty and trust. But to get that you have to give it as well.

What is your greatest regret?

That I didn't invest everything I had in Amazon about 20 years ago! LOL!

What tenet do you live by? Anyone who has known me for any length of time knows that my motto



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